

SDSU AZTECS

SAN DIEGO STATE UNIVERSITY



1989



***TRACK
& FIELD***

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Credits

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**Track & Field
Corporate
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Sportsman Track

Choc Sportsman Track, named for former Aztec track coach Choc Sportsman (1947-66), is one of California's most extensive multi-event track facilities. A new state-of-the-art Mondo surface, the same surface that will be used at the 1992 Olympic Games in Barcelona, was laid last year on the track as well as all jumping and throwing areas. The stadium includes a nine-lane track (400 meters), a shot put area, 2 discus/hammer areas, a high jump pit, four long/triple jump runways, a javelin throw area, and one pole vault runway at which competitors can vault in all directions. Sportsman Track, which boasts a seating capacity of 2,000, also features a built-in public address system.

Aztecs Facts

Location	San Diego, CA 92182
Enrollment	36,000
Colors	Scarlet & Black
Conference	Western Athletic Conference (Men) Big West Conference (Women)
Facility	Choc Sportsman Track (2,000)
Athletic Director	Dr. Fred Miller
Faculty Representative	Dr. Jim Malik
Head Athletic Trainer	Brian Barry
Equipment Manager	Steve Bartel
Team Physician	Dr. Robert Straumfjord
Track & Field Director	Jim Cerveny
Phone: (619) 594-5536	
Assistant Coaches	Rahn Sheffield (619-594-5514) Gary Stathas (619-594-1951) Jim Spillers (619-594-4191)
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Considered by many the crown jewel of the California State University System, San Diego State has become one of the top centers of learning in the Western United States.

A recent survey conducted by California Higher Education magazine ranked SDSU first among California's 19 state schools.

A similar study by U.S. News and World Report rated San Diego State as one of the five best comprehensive universities in the West.

Such recognition serves to confirm what San Diegans have suspected for years; that San Diego State is growing both bigger and better all the time.

Founded in 1897, the school was located initially above a downtown drugstore. It now occupies a sprawling 300-acre campus in East San Diego and has an enrollment of more than 34,000 students.

San Diego State's School of Business is one of the largest and most highly decorated such colleges in the nation. The School of Accountancy is number one in California. The School of Education has spawned thousands of Southern California schoolteachers. In all San Diego State offers bachelor's degrees in more than 70 fields with master's degrees available in 50.

The university employs more than 2,000 faculty members, and they receive approximately \$18 million a year for research.

San Diego State is very much a part of San Diego. In addition to the physical interaction between the campus community and the community at large, there is a psychological exchange as well. More than 100,000 San Diegans are graduates of the university and they mold the very shape of the city.

Among those who have attended classes on Montezuma Mesa are Mayor Maureen O'Connor, former City Manager Ray Blair, Police Chief Bill Kolender, City Councilman Mike Gotch, Councilwoman Gloria McColl, Congressional Representatives, Jim Bates and Bill Lowery and State Assemblyman Pete Chacon.



**JIM CERVENY
DIRECTOR OF
TRACK & FIELD**

San Diego State Director of Track and Field Jim Cerveny enters his eighth season with the Aztec program and second as the director of the men's and women's squads.

Cerveny, who also heads up the SDSU cross country program, began his Aztec career in 1982 when he was named the men's distance coach. He was elevated to women's

head coach prior to the start of the 1984 season, and since that time the Aztec women have compiled a mark of 40-9 in dual meets.

In his second year as the women's head coach he took his team to its highest national finish ever when his 1985 squad placed ninth in the country at the NCAA Championships. That same year, Cerveny was named the Western Collegiate Athletic Association Coach of the Year. His 1986 team may have surpassed that ninth place national finish had not a rash of injuries hit the Aztecs.

Cerveny took over coaching duties for the men's team in 1988 when he was named the Director of Track and Field to oversee the San Diego State program. His first men's team compiled a 5-2 dual meet record and finished third at the Western Athletic Conference meet.

It is no accident that Cerveny has succeeded at every level as an athlete and coach in his years in the sport. His extensive knowledge of track and field and hard-working attitude has paid dividends since the San Diego native won the state title in the 880-yard run as a senior at Mission Bay High School in 1957.

Since that time, Cerveny has gone on to win the 1960 AAU national championship in the 800 meters with a time of 1:48.4, and he has coached at all levels of track from junior high to high school, junior college and university.

Cerveny earned his B.A. in physical edu-

cation in 1962 from Occidental College where he competed in track for four seasons. In 1969 he received his masters degree in education from Northern Arizona where he trained as a decathlete.

Following his graduation from Occidental, Cerveny served as track coach at Pater Noster High in Los Angeles before returning to San Diego where he began as track and cross country coach at Kearny High School.

After one season (1973) as cross country coach at nearby Mira Costa College, he took over the reins of the track program at Morse High where he coached from 1974 until 1981.

At Morse, his boys teams had a record of 50-8 winning three Eastern League titles, one CIF championship (1977), and finishing as CIF runner-up on two occasions. Cerveny's girls squad went 25-10 and won the CIF championship in 1980 while finishing second in both 1978 and 1981.

In recent years, Cerveny has served as the meet director for the Michelob Indoor Games in San Diego, one of the premier track and field events of the indoor season. His association with the International Sports Exchange has made him an expert in international track and field. Most recently, he was elected to the board of directors of the San Diego Track Club.



**RAHN SHEFFIELD
ASSOCIATE COACH
SPRINTS/HURDLES
RELAYS**

Now in his sixth year as a member of the SDSU coaching staff, Rahn Sheffield has made a name for himself in track circles having coached an NCAA champion and American record setter.

Sheffield was promoted to Associate Coach after serving as an assistant for the women's team in 1984. The next year he coached his younger sister, LaTanya, to an American record in the 400 hurdles as she captured that event at the NCAA Championships. Since he began coaching the Aztec sprinters, hurdlers, and relay teams, he has seen school records set in eight of the nine events for which he is directly responsible.

Sheffield himself earned All-American honors twice as an intermediate hurdler at San Diego State (1977 and 1979) and is one of only five Aztecs to earn that honor more than once.

He has twice been selected by the U.S. Olympic Training Center to assist in training American hurdlers. Sheffield heads the San Diego Track Club Elite Athlete Program and had eight athletes qualify for the 1988 Olympic Trials.



**GARY STATHAS
ASSOCIATE COACH
JUMPS
MULTI-EVENTS**

Gary Stathas returns for his sixth year on the Aztec track and field coaching staff. He began at San Diego State as a graduate assistant coach during the 1983 season, and became a fulltime coach in 1984.

Stathas' area of expertise includes the long jump, high jump, triple jump, and pole vault, and he coaches the Aztecs jumpers involved in multi-events (decathlon and heptathlon).

Under the tutelage of Japan national jump coach Yukito Muraki, Stathas has refined his coaching knowledge and technique, and his work has paid off for his athletes. Among his most recent successful jumpers was two-time WAC champion Rodney Van (long jump).

Stathas had a successful competitive career for four years at Cal Poly San Luis Obispo. CPSLO won national titles in 1979, '80, and '81 while he was a decathlete for the Mustangs.

Stathas received his Bachelor of Science (1980) and California Teaching Credential (1981) from Cal Poly SLO. He received his masters degree in exercise physiology at San Diego State in 1987.



**JIM SPILLERS
ASSOCIATE COACH
THROWS**

Former Aztec shot putter Jim Spillers is in his third year as coach of the throwing events at San Diego State including the discus, hammer, javelin, and shot put.

As an athlete at San Diego State during the 1983 and 1984 seasons, Spillers competed in the shot put and discus. As a junior he finished second in the shot put at the Western Athletic Conference championship meet, and was third in that event at the WAC meet the following year. His collegiate best throw of 57-6 ranks as fourth-best in Aztec history.

A two-time All-CIF title holder while in high school, Spillers attended Mount San Antonio College for two seasons before competing at San Diego State. He placed third in the shot at the state junior college championships in 1981 and was fourth in 1982.

After graduating from SDSU in 1985 with a degree in public administration, he coached at El Capitan High School (Lakeside, CA) where he guided shot putter Brian Bogges to a state title. In his first year at San Diego State (1987) he coached former Aztec hammer thrower Scott Hoth to All-American honors.

1989 SEASON OUTLOOK — MEN

Good depth in a majority of events will be the trademark of the 1989 Aztec men's track and field squad.

That depth begins in the sprints where veteran Floyd Barco returns looking to improve on his second-place finish in the 400 meters (46.86) at last year's WAC Championships. Barco will also run the 200m as well as both relays this spring.

Joining Barco on the Aztec sprint corps is soph Patrick Rowe, a wide receiver for the SDSU football team the past two seasons. The coaches feel Rowe could be one of the top sprinters ever at SDSU, and although spring football limited his training, he still managed to finish third in the 200m and fourth in the 100m at last year's WAC Meet.

Newcomer Osmond Swanegan from San Diego Mesa JC will compete in the relays as well as his specialty, the 400m hurdles. His lifetime best of 51.4 in that event puts him close to qualifying for the NCAA Championships.

Other who will play an important role among the sprinters are juniors Mike Robinson and Darren Huston. Both are primarily 400 meter men (Robinson-47.6, Huston-47.22) and could fill the fourth spot in the 4x400m relay.

In addition to Swanegan in the hurdles, the Aztecs will have Frank Burruel (14.7) and Stephen Seabolt (14.7) in the 110 highs. Senior Aaron Braxton (54.0) will come over from his customary triple jump event to compete in the 400 intermediates.

The Aztecs will have a quartet of middle distance performers who should be able to garner points in every meet. That foursome is led by veterans Matt Large, John Cronin, and Kevin Cahill.

Large has been a double threat in the 800m and 1500m since his arrival at SDSU three years ago. Cronin is the defending conference champion in the 800 meters (1:51.40) while Cahill has run 1:53 in the 800m and a 3:51 in the 1500m. The fourth competitor in this group is newcomer Pete Hurley who is close to breaking the 1:50 mark in the 800 meters.

SDSU's top returning distance threat is senior Ken Flint, the Aztecs' number-one cross country runner last fall who barely missed advancing to the national cross

country championships. Flint will compete in both the 5,000 meter run and the 3,000 meter steeplechase.

Others to look for in the distances include second-year man Dan Kash who ran mainly the 1500m last season. That training is expected to aid him in running the 5000m this spring. Junior Chris Martin could also move up from his customary middle distance role.

The Aztecs look to be strong in the field events, leading off with the high jump where senior Jim Cody (third at the WAC Championships) and soph Chris Henry provide a solid one-two punch. Cody, the Aztec team captain this season, has recorded the second-best leap in SDSU history (7-1 3/4) while Henry's top jump of 6-11 ranks tenth. Cody has a good chance to advance to nationals while both jumpers should score at the conference meet.

As a freshman in 1988, Wil Foster's mark of 50-4 in the triple jump was the ninth-best ever for an Aztec. After finishing third at the WAC Championships last season, he will be joined in the triple jump in 1989 by four-year football letterman Alfred Jackson who is in his first season of collegiate track and field. Jackson has not jumped since high school where he recorded a best of 49-10. Jackson (23-1 3/4) and Foster (22-



Triple Jumper Wil Foster

5) will be the Aztecs' long jumpers this season and will be joined in the triple jump by Braxton (47-11) who finished fourth at the WAC Meet in 1988.

In the pole vault, the duo of Jeff Holds (15-3) and Dave Pendell (15-3) will lead SDSU. Holds was the Aztecs' most consistent vaulter a year ago while Pendell has shown that he has the ability to jump in any kind of weather.

This spring, the Aztecs should score big points in the throwing events.

In the hammer, Pat Thiss (194-6) should qualify early in the season for the NCAA Championships. A redshirt last year, he is a top candidate for All-American honors in 1989. Newcomer Rick Engebretson, who joins the Aztecs for his senior season, will add needed depth in this event.

The discus will feature senior Karl Von Mohr who holds the number-two alltime Aztec throw (179-11). He will be backed up by soph Rich Brown (160-5) and freshman Tim Boerum.

The Aztecs will have the potential to have three scorers at the WAC Meet in the shot put. Thiss, Von Mohr, Brown, and Boerum are in this group and all four are in the 50-foot range.

Seniors Fred Morgan (207-9) and Owen Schmidt (189-8) give SDSU two legitimate threats to score in any meet in the javelin.

SDSU Head Coach Jim Cerveny thinks his men's squad will more than hold its own during the 1989 campaign.

"I think the men have a good chance to finish in the top two at the conference championships," commented Cerveny. "We aren't as deep in all events as we possibly could be, but we should be able to give somebody a good run for the WAC title.

"We'll be strong in the throws and middle distance events, but in some areas we may not be able to score big points because of numbers. Also, the conference championships will be at altitude again this season (Albuquerque, NM) and that's always a factor for us. But if we can stay healthy and maintain our team strength both mentally and physically, we should see some good results this spring."

1989 SEASON OUTLOOK — WOMEN

The 1989 San Diego State women's track and field squad will be characterized by good athletes in every event, but minimum depth all around. Part of the problem is that the SDSU women's roster is only 32 names long this spring compared to the usual 45-50 athletes comprising the squad.

Two prominent names missing from the '89 roster are Gaylen Ames and Kartsi Lepaluoto. Ames, who was runner-up in both the 100m and 400m hurdles as well as fourth in the long jump at the Big West Conference Championships last season, has decided to concentrate on her studies and redshirt this spring. Leppaluoto has decided to return to her home in Finland after competing the past two years as an Aztec.

Among the leaders for the Aztec women this coming season is senior Karen Nilson, SDSU's team captain in 1989. Nilson is a nationally-known sprinter who was a member of the SDSU 4x400 meter relay team that set a school record in 1985 with a time of 3:30.57, a mark that ranked among the top ten collegiate times in the country that season. She will likely move up to the 800 meters this season from her customary 200m and 400m events. She is a key athlete for the Aztecs this spring and the team will look to the fifth-year senior for leadership.

Joining Nilson as members of the Aztec sprint corps are Rakita Roberson and Julie Corsiglia. Roberson has a 12.2 in the 100 meters to her credit as well as a 26.00 in the 200m. She will also run the third leg of the



Distance Runners Cindi Sullivan and Annie Wynne

4x100m relay. Corsiglia, a walk-on two years ago at SDSU, has shown great improvement in both the 100m and 200m. The coaches feel she may come into her own in the sprint events this season.

In the 800 meters, Jennifer Nanista has emerged as the runner to beat. With a personal best of 2:14, the staff regards her as a fierce competitor who fights to win. She could see action in the 1500m this spring and has turned in a best of 58.0 in the 400m as well.

The distance events will feature Cindi Sullivan, SDSU's number-one cross country runner for the women last fall when she finished ninth at the Big West Championships. Last spring she was fourth in the 3000 meters at the league' track and field meet and will look to improve on that finish in 1989. Sullivan will most likely double in the 1500m and 3000m runs.

Opponents will be seeing double in some events as twins Wendy and Kristen Petersen return for their sophomore seasons. Wendy, who has broken the 18-minute barrier in the 5000 meters, is among the strongest of the Aztec distance performers and will see action in the 1500m, 3000m, and 5000m. Her sister Kristen will be mainly involved in both the 1500m and 3000m. Soph Annie Wynne will be SDSU's top representative in the 10,000 meter run.

The Aztec hurdlers will be led by returning soph Stephanie Williams who was a finalist in both the 100m and 400m hurdles at

last year's Big West Championships. JC transfer Michele Stevens and freshman Erica Prodanovich, both of whom have recorded times in the 63-second range, will also run the 400m hurdles.

SDSU's hopes in the high jump will rest with soph Marla Runyan whose personal best of 5-9 last spring ranks fourth on the Aztec alltime list. Runyan will also begin running this season and is expected to compete in the 400 meters as well as the relays. She is known for her killer instinct and the coaches believe she will be very effective in the sprints.

A pair of hurdlers will double up in the long and triple jump for the Aztec women. Michele Stevens, an ex-gymnast who transferred in from Saddleback JC, will compete in the triple jump where she has a best of 37-11. Stephanie Williams will move over to the long jump pit from her traditional role as a 400 meter hurdler.

In the javelin, senior Diane Collier returns with perhaps the team's best shot at advancing to the NCAA Championships in June. Collier's lifetime best of 151-8 ranks ninth on the SDSU list. She will be joined in this event by teammate Louise Joubert.

Joubert will also compete in the shot put along with junior Carolyn Peters who redshirted at SDSU last season. Peters is a two-time letterwinner for the Aztecs who will be a threat to score at this year's Big West Championships. Her lifetime best in the shot stands at 42-7 and is eighth on the SDSU list. Peters will also throw the discus along with transfer Shelly Squibb from Mira Costa JC.

Head Coach Jim Cerveny is concerned about the depth problem on the women's squad, but recognizes that the team does have some talented athletes.

"We have a few outstanding people in various events, but we don't have the numbers needed to challenge for a conference title," notes Cerveny.

"Karen Nilson will definitely be our team leader this spring. She's matured since her arrival here five years ago and is running better than ever.

"We probably won't be as strong in the Big West as in past years. But I do look for some good individual performances from our athletes throughout the season."

AZTECS TO WATCH — MEN

Floyd Barco Sprints 5-10, 164, Jr.



One of the Aztecs' premier sprinters... Finished second at the Western Athletic Conference championships in the 400 meters with a personal record time of 46.86... Eleventh-best mark in the 400 in Aztec history... Won the 400m at the WAC meet as a freshman in 47.1... Personal best of 11.10 in the 100m and 21.30 in the 200m... Is

expected to compete in the 200 meters, 400 meters, and both relays this spring... Attended Monterey High School (Monterey, CA) where he won league titles in the 200m (21.5), 400m (47.47), and 800m (1:55.6) both as a junior and senior... Also ran anchor leg on 4x400m relay team... Led Monterey to a pair of league titles... Set school records in 200m, 400m, and 800m... Member of 4x400m relay team that set Central Coast Section record... CCS champion in 400m as a junior and senior... Honor roll student and involved in Big Brother program in high school... Also won pair of varsity letters as tailback with Monterey HS football squad and was named the freshman outstanding back... Floyd Caleb Barco was born February 18, 1968 in Fort Ord, CA... Majoring in business at San Diego State.

Richard Brown Throws 6-4, 220, So.



Expected to compete in both the shot put and discus in his second year as an Aztec... Had lifetime bests in both events last season: 159-4 in the discus and 50-1 in the shot... Should be a scorer in both events for SDSU this season... Came to SDSU from Mission Viejo High School in Mission Viejo, CA... Was named school athlete of the year

and track athlete of the year as a senior... Diablos won league both years he competed... Played tight end and defensive end for MVHS football squad and received Most Improved Player Award... Also a member of school basketball team and was team MVP as a sophomore, all-league as a senior... Richard Gordon Brown was born March 8, 1969 in Greenbrae, CA... Majoring in business marketing at SDSU.

Kevin Cahill Middle Distance 5-10, 155, Sr.



Came to San Diego State from Saddleback Junior College where he competed for one season... Named to Dean's List at Saddleback... Has personal bests of 1:53.19 in the 800 meters and 3:51.60 in the 1500 meters, both set last year as a junior at SDSU... Winner of Western Athletic Conference student-athlete

award... Also named to dean's list every semester while at SDSU... Attended Mission Viejo High in Mission Viejo, CA, where he won two letters in track... Also played on the MVHS football and basketball squads... Kevin Fredrick Cahill was born on November 27, 1967, in Los Angeles, CA... A psychology major at San Diego State.

Jim Cody High Jump 6-6, 180, Sr.



Two-year letterman at SDSU who began his collegiate career at UC-Berkeley where he competed for one season... Placed sixth in the high jump at the Pac-10 Championships in 1985... Team was second and ranked fifth in the nation... Jump of 7-1 3/4 at SDSU ranks second on Aztec alltime list... Placed fourth at the Western Athletic Conference Cham-

pionships last season with a jump of 7-1 1/2... Second at the WAC Indoor Meet... Finished third at the WAC Championships (outdoor) in 1987... Attended Servite High in Anaheim, CA... Was third-ranked high jumper in the state while winning all-league and All-CIF honors... Team won Angelus League title and he was named Servite's Most Valuable Athlete... James L. Cody was born on June 16, 1966 in La Jolla, CA... A physical education major at SDSU who plans a career in the coaching field.

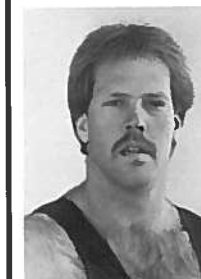
John Cronin Middle Distance 5-10, 165, Sr.



Returning Western Athletic Conference champion in the 800 meter run... Won WAC title in a time of 1:51.40... Also runs the 400m... Has lifetime bests of 47.30 in the 400m and 1:49.24 in the 800m... Came to SDSU from Saddleback Community College in Mission Viejo, CA, where he competed one year... Placed second at the state junior college meet in the 800m... Honors

included team captain, team athlete of the year, and Orange Empire League athlete of the year... Attended Mission Viejo High School winning three letters... MVHS athlete of the year as a senior... Competed in Golden West High School Nationals... Also ran cross country three years... John Patrick Cronin was born July 16, 1967 in Huntington Beach, CA... Majoring in psychology at San Diego State.

Rick Engebretson Hammer 6-3, 225, Sr.



Newcomer to the Aztec hammer corps who will add needed depth in that event during the 1989 season... Arrived at San Diego State after two seasons at Grossmont Junior College in La Mesa, CA, where he participated in both track and football... Attended local Helix High School where he received all-league and all-CIF honors as a track and field performer,

winning four letters... Also competed for the Highlander football squad... Ricky Scott Engebretson was born January 11, 1966 in Kimball, NE... Majoring in business at San Diego State.

Ken Flint Distance 6-0, 145, Jr.



Could compete in events ranging from the 800m up to the 5,000m... In 1988 ran mainly the 1500m and 3000m steeplechase... His best time in the steeplechase is 9:26.00, ranking just outside the SDSU alltime top ten list... Other personal bests include: 2:01 in the 800m, 3:59.69 in the 1500m, 15:30 in the 5,000m, and 30:10 in the 10,000m... Came to San Diego State from Righetti

High School in Santa Maria... As a frosh was all-league golfer and ran cross country... Spent junior year in Wyoming at Natrona High in Casper where he earned all-state honors in both cross country and golf... Returned to Righetti for his final year and was team captain and MVP of cross country team as well as All-Northern League... All-league golfer as a senior, finishing second at league championship tourney... Also played one season of varsity basketball (senior year) and received Righetti's Most Dedicated Player award... Good student who maintained 3.0 grade average in high school... Kenneth William Flint was born September 16, 1966 in Whittier, CA... Majoring in telecommunication and film at SDSU with plans to pursue masters in sports management... Father, Bill, pole vaulted at Stanford.

Wil Foster Jumps 6-3, 170, So.



As a freshman last season, finished third at the Western Athletic Championships in the triple jump with a leap of 49-0... Lifetime best in that event of 50-4, a mark he attained last year that stands as the ninth-best ever in the triple jump at SDSU... Will also compete in the long jump where his best mark is 22-5... Was named freshman field athlete of the year at

SDSU in 1988... Has also high jumped 6-8... Competed on the varsity track squad for four years at Edison High School in Huntington Beach... Won the Sunset League championship and Orange County championship in the triple jump as a senior... Team won Sunset League title in three of his four years there... Wilbur L. Foster was born February 3, 1969, in Japan... A sociology major at SDSU.

Chris Henry High Jump 6-3, 170, So.



Will provide the Aztecs with a good one-two punch in the high jump along with teammate Jim Cody... His personal best of 6-10 3/4, set last season at SDSU, ranks him tenth on the alltime Aztec list... As an athlete at Arcadia High School in Arcadia, CA, he set lifetime bests in both the long jump (21-8) and triple jump (42-3)... Was named to the second

team all-league squad as a senior... Christopher William Henry was born March 27, 1968 in South Carolina... He is majoring in sociology at San Diego State... Interests include playing the guitar, soccer, archery, and martial arts.

Jeff Holds Pole Vault 6-0, 170, Sr.



Joined the Aztec track and field program for the 1987 season after competing one year at Moorpark Junior College in Moorpark, CA... Was SDSU's top vaulter last season with a best mark of 15-0 in 1988... Lifetime best is 15-3... Has proven to be one of the Aztecs' most consistent performers over the past two seasons... At Moorpark JC finished second at the Western States Conference

championships... Attended Camarillo High School where he won a pair of varsity letters in track... Was selected the team's most outstanding field event athlete... Jeffrey Howard Holds was born March 18, 1965 in Monterey, CA... He is majoring in speech communications at San Diego State.

Peter Hurley 400m, 800m 6-4, 174, Sr.



Newcomer at San Diego State who could score in the 800 meter run this spring... Began his college career at the Naval Academy before enrolling at the University of Pittsburgh for one year... Won one track and field varsity letter at Pitt... Redshirted at SDSU last season... Lifetime best of 1:51.00 in the 800m... Coaches feel he could break the 1:50 barrier this

spring... Has also run a best of 47.2 in the 400 meters... Attended Cardinal O'Hara High School in Philadelphia... Won total of eight track letters (4 outdoor and 4 indoor)... Named to all-league and all-county teams... Selected his squad's most valuable athlete... Peter John Hurley was born November 25, 1967 in Philadelphia... A speech communications major at SDSU... His grandfather was an Olympic rower, winning a gold, two silver, and two bronze medals.

Matt Large Middle Distance 6-3, 170, Jr.



Runs both the 800m and 1500m events... Possesses tremendous kick... Career bests of 1:49.90 in the 800m and 3:55.31 in the 1500m... Has also recorded a 22.83 in the 200m as an Aztec... His best time in the 800m at SDSU, 1:50.36, ranks seventh on the alltime Aztec list for that event... Won four varsity letters at Desert High School in Edwards,

CA... Won CIF championships in both the 400 and 800 meters... Ran the tenth fastest high school 800m in the nation as a senior... Was third at state high school championships with a time of 1:51.47... Holds the CIF 800m record for Southern Section 1A schools... Named a prep All-America in the 800 meter run... Also earned all-league honors in football (defensive end/flanker three years) and all-area accolades in basketball (guard/forward, four varsity letters)... Life member of the National Honor Society... Has three academic scholarships in addition to track scholarship... Matthew William Large was born February 27, 1968 in Oakland, CA... He is majoring in business marketing at San Diego State.

Fred Morgan Javelin 6-4, 225, Sr.



Has a chance to qualify for the NCAA Championships in the javelin... Best throw last season measured 207-9... Came to San Diego State from San Diego Mesa Junior College where he competed for two years and was coached by former Aztec long jumper Arnie Robinson... Was Pacific Coast Conference champ in the discus both years... Had best javelin

mark of 208-0 and finished third at the state junior college championships in 1987... Was named the Olympians most valuable athlete... Won three varsity letters at nearby Mira Mesa high school where he won the CIF discus title as a senior... Also played football at Mira Mesa and was named to the All-Kiwanis team... Fred William Morgan was born October 10, 1965 in San Diego, CA.

Owen Schmidt Javelin 6-2, 225, Sr.



Was San Diego State's number-two javelin thrower last season... Personal best of 189-8 in his event... That toss represents the fourth-best mark ever for an Aztec... Considered one of three SDSU javelin throwers with a legitimate chance of qualifying for NCAA Championships... Had no previous track and field experience prior to

arriving at SDSU... Attended John Burroughs High School in Burbank, CA... Was a first-team All-South Coast League football player as a fullback and linebacker... Team was runner-up for CIF title... Also competed for Burroughs baseball squad as left fielder, leading league in home runs, stolen bases, and batting average... In addition, was goalkeeper for soccer team... Owen Paul Schmidt was born on May 4, 1964 in Los Angeles, CA... Public administration major.

Osmond Swanegan Hurdles 6-2, 183, Jr.



Standout hurdler who will compete in both the 110m and 400m hurdles for the Aztecs this spring... Is also expected to run on the 4x400m relay squad... Comes to San Diego State this season after competing for two years at San Diego Mesa Junior College... Coached there by former Aztec Olympic long jumper Arnie Robinson... Took fourth place in the 400 meter

hurdles at the state junior college championships in 1988 with a time of 51.42... That mark represents his lifetime best in that event... Has a best in the 110m hurdles of 14.5... Mesa was state JC track champion last year... Attended Morse High School in San Diego, earning three varsity letters in track... Won the CIF title in the 300 meter hurdles as a senior in 1986... Team was CIF champion in 1985, runner-up in 1986... Osmond Xavier Swanegan was born April 30, 1968 in San Diego, CA... Majoring in criminal justice administration at SDSU.

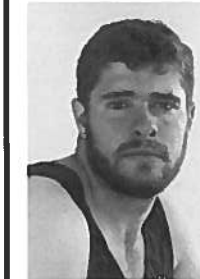
Pat Thiss Throws 6-4, 245, Jr.



Redshirted last season at San Diego State after two seasons at San Diego Mesa Junior College... Will compete in the hammer, shot put, and discus for the Aztecs this spring... Will also compete in the 35-pound weight throw at the WAC Indoor Meet... Main event is the hammer throw in which his best distance is 194-4... Personal best in the discus is 144-8... Shot put best of 48-11 1/2... At

San Diego Mesa JC was Pacific Coast Conference champ in the hammer in 1986 as a freshman... The next year he won PCC, Southern Cal, and State JC hammer titles... Attended Kearny High School in San Diego... All-league shot putter as a senior when team won Western League title... Also won two varsity letters as center for football squad and was named to All-Sentinel Kiwanis team... Patrick Joseph Thiss was born January 12, 1967 in San Diego, CA... Public administration major at SDSU... Brother of Jim Thiss, former Aztec track athlete who earned All-American honors in the hammer in 1984.

Karl Von Mohr Throws 6-5, 250, Sr.



Began his collegiate career at Brigham Young University where an ankle injury forced him to redshirt... Came to SDSU in 1985... Will compete mainly in the shot and discus this spring, but could also see action in the hammer and javelin... Personal bests entering the 1989 season included 179-11 in the discus, 46-8 3/4 in the shot, 156-8 in the javelin,

and 120-6 1/2 in the hammer... His discus best ranks second on the alltime Aztec list while his javelin toss ranks eighth... Finished sixth at the WAC Championships as a sophomore with a throw of 163-9 in the discus... Attended high school at New Mexico Military Institute in Roswell, NM... Was 1984 district and state champion in the discus... Also competed in swimming and wrestling... Member of National Honor Society and listed in Who's Who of Distinguished Young Americans... Karl Frederick Von Mohr was born May 6, 1966 in Blythe, CA... Majoring in public administration at SDSU.

AZTECS TO WATCH — WOMEN

Diane Collier Javelin 5-9, Senior



Arrived at San Diego State after two seasons at San Diego Mesa Junior College... Her personal best throw of 151-8 in the javelin set last year ranks as the ninth-best mark on the alltime Aztec list... Finished second at the Big West Conference Championships in 1988... Coaches feels she has a good chance to qualify for

nationals this spring... While at San Diego Mesa JC, won the state junior college and Southern California JC championships in the javelin... Was coached at Mesa by former San Diego State long jump standout Arnie Robinson... Also competed on the volleyball and basketball squads in junior college... Attended Serra High School in San Diego, but did not compete in track and field during her four years there... Did play both volleyball and basketball and was named to the all-league team in each sport... Diane Michelle Collier was born November 15, 1966 in San Diego, CA... Majoring in physical education at San Diego State... Plans to pursue a career as a firefighter.

Louise Joubert Throws 5-7, Sophomore



Could see action in all three throwing events this season... Has personal bests of 113-4 in the discus, 128-4 in the javelin, and 39-4 in the shot put... Won three varsity letters in track and field at Westlake High School in Westlake Village, CA... Was undefeated and won Marmonte League championship in the shot put as a

senior in 1986... Voted most improved and was named team's most valuable athlete that same season... Broke school shot put record as a freshman, then set new standards during sophomore and senior seasons... Was a setter for the Westlake High volleyball team, winning all-Marmonte League honors as well as being selected first team All-CIF... Also played forward and halfback on school soccer team, and earned all-league recognition... Louise Jeanette Joubert was born December 21, 1967 in Vancouver, British Columbia, Canada... Still maintains Canadian citizenship... Interests include music, art, and reading... Majoring in recreation systems management at San Diego State.

Jennifer Nanista Mid-Distance 5-3, Senior



Competed for the Aztecs last season in the 800m and 1500m... Also ran in the 4x400m relay... Set personal bests in both the 800m (2:15.54) and 1500m run (4:58.68) as a junior last season... Best time in the 400m is 60.3 with a 58.0 split... Consistently among the top Aztec runners in the 800m in 1988... Was also

a member of the SDSU cross country team last fall... Best time in the 5000m as a harrier is 19:00... Came to San Diego State from San Diego Mesa Junior College which she attended for one year but did not participate in track and field... Was a two-year varsity track letterwinner at Golden High School in Golden, CO... As a senior ran on the 4x400m relay team that finished second in the league, district, and state championship meets... Team won league and district titles... Lettered one year as a gymnast... Was editor of high school newspaper... Jennifer Anne Nanista was born July 27, 1966 in Bayshore, NY... Majoring in business finance at SDSU with plans to enter the personal financial management field.

Karen Nilson Sprints 5-11, Senior



Three-year letterwinner at San Diego State who red-shirted for the Aztecs in 1987 after her sophomore season... Has been selected team captain for the Aztec women this spring... Finished fifth at the Big West Conference Championships last season in both the 200 meters (24.53) and the 400 meters (55.41)... Last

season ran the 100m, 200m, 400m, and both the 4x100m and 4x400m relays... Personal bests in her events include 12.30 in the 100m, 24.70 in the 200m, and 55.60 in the 400m... Has also run a 2:17 in the 800 meters... Her best time in the 200m ranks ninth on the SDSU alltime list... Eighth in the 400 meters... As a freshman at SDSU, led off the school-record setting 4x400m relay team that ran 3:30.57 at the 1985 NCAA Championship meet... That time shattered the old Aztec mark by five seconds... Also a member of the SDSU school record sprint medley relay team (running the 200 meter leg) that ran a 1:39.19 in 1985... Attended Valhalla High School in El Cajon, CA, where she earned four varsity letters in track... All-Grossmont League four years and All-CIF her final two seasons... Was team's most valuable athlete four years... Named Scholar-Athlete of the Year for 1983-84 by the Daily Californian newspaper... Valhalla's Outstanding Female Senior Athlete... Norsemen were Grossmont League champions her final three years... Team was CIF runner-up in 1984... Won three letters for Valhalla's cross country squad... Earned all-league two years and was named second team All-CIF as a junior... Competed with the International Sports Exchange Team in Hong Kong during the summer of 1984... Karen Jean Nilson was born October 26, 1966 in La Mesa, CA... Majoring in Liberal Studies at San Diego State... Worked last summer as a trainer at the San Diego Sports Medicine Center... Planning a career as an elementary school teacher.



High Jumper Marla Runyan

Marla Runyan High Jump, Sprints 5-7, Sophomore



A high jumper as a freshman last season, her personal best of 5-9 ranks fourth on the Aztec alltime list... As a partially-sighted athlete, must adjust to each bar and to the background at different jump sites... Memorizes approach, including speed and steps... She is also expected to compete in the 400 meters this spring

and could also see action on the 4x100m and 4x400m relay squads... Personal bests of 59.4 in the 400 meters and 58.0 400m relay split were set in high school... Attended Camarillo High School where she set the school record in the high jump at 5-7 while winning four letters in track and field... Two-year Most Valuable Athlete for the Camarillo track and field squad... Team captured Marmonte League title two years... She won the Hal Conley Scholarship for Disabled Scholar-Athletes... Earned two varsity letters with the cross country team... Also played junior varsity soccer one season... Carried a 3.98 grade point average in high school... Winner of two Optimist scholar-athlete awards... Marla Lee Runyan was born January 4, 1969 in Santa Maria, CA... She has yet to declare a major at San Diego State... Hopes to pursue a career as a special education teacher... Worked last summer as a teacher's aide for a deaf class... Interests include water skiing, drawing and painting, writing, and swimming... Also plays the violin.

Cindi Sullivan Middle Distance 5-8, Junior



Two-year Aztec track letterwinner who has also competed as a member of the Aztec cross country team the past three seasons... Last year ran the 800m, 1500m, and 3000m... Finished fourth in the 3000m at the Big West Championships... Personal bests include 2:17.5 in the 800m, 4:38.60 in the 1500m, and

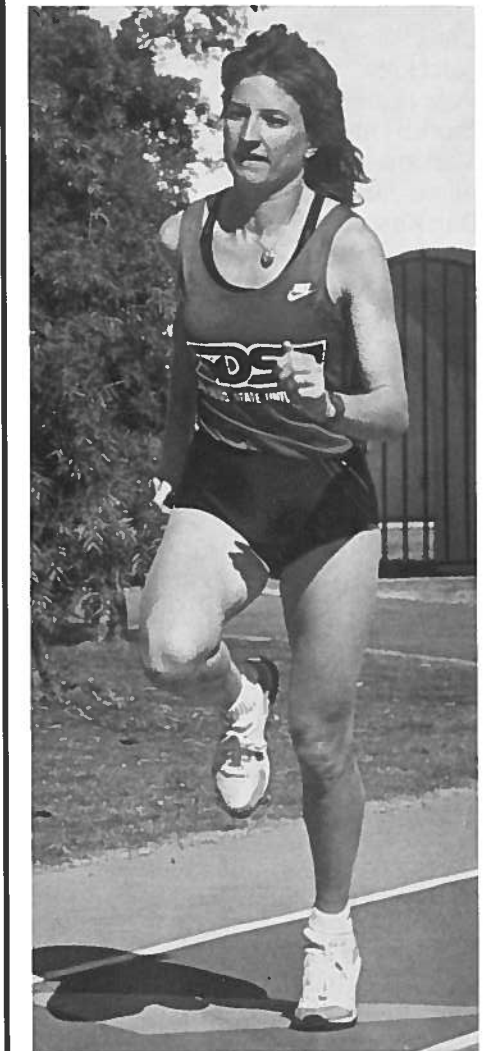
10:05.84 in the 3000m... Was SDSU's number-one cross country runner last fall... Top efforts included first at the Fullerton State Invitational, second at the UC-Santa Barbara Invitational, and tenth at the Big West Conference Championships... Voted squad's most valuable athlete in 1988 and was team captain... Was cross country team's Outstanding Freshman Athlete in 1986... Top time in a cross country 5000m is 17:50... Attended Fallbrook High School in Fallbrook, CA... Won two letters in track and one in cross country... All-CIF in cross country and track as a senior during 1985-86 school year... All-Avocado League in track in 1985... As a senior on the track team was voted most improved and most valuable athlete as well as team captain... Team tied for league title that year... Received award as Outstanding Senior Athlete and won Fallbrook HS scholar-athlete award... Won school's highest academic honors... Also won four varsity letters for Fallbrook soccer squad and competed on junior varsity field hockey and swim teams... Cynthia Michele Sullivan was born February 14, 1968 in Pensacola, FL... Majoring in business management at San Diego State.

Stephanie Williams Hurdles 5-2, Sophomore



Aztecs' top returning hurdler who also ran both the 4x100m and 4x400m relays last season... Was a finalist in both the 100 meter and 400 meter hurdles at the Big West Championships... Ran best time of 14.83 in the 100m hurdles in 1988... Best time was 14.4 in high school... Personal best in the 400 meter hurdles of 1:06.20...

Attended University City High School in San Diego... Earned four varsity letters as member of track and field team... Won All-Western League honors in the 110 meter hurdles and was all-league in the 300 meter hurdles and as member of 4x100 meter relay squad in 1987 (senior year)... Team was Western League champion that year... Honor roll student at University City HS with a 3.5 grade point average... Outside of school competed in gymnastics for ten years in soccer for eight years... Stephanie Marie Williams was born January 15, 1968 in Jersey City NJ... She is majoring in business at San Diego State.



Middle Distance Runner Jennifer Nanista



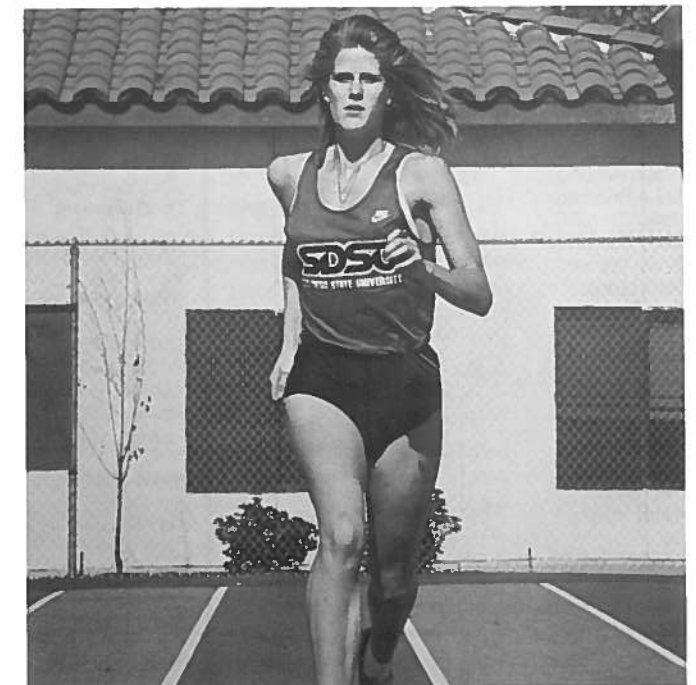
The Aztec throwers: (kneeling) Lily Varner and Carolyn Peters; (standing) Louise Joubert and Diane Collier

1989 MEN'S TRACK & FIELD ROSTER

Name	Event	Ht.	Wt.	Yr.	Hometown (Previous School)
Floyd Barco	Sprints	5-10	164	Jr.	Seaside, CA (Monterey HS)
Tim Boerum	Throws	6-5	250	Fr.	Larkspur, CA (Redwood HS)
Michael Bogoyevac	400m	6-2	190	Fr.	Thousand Oaks, CA (Thousand Oaks HS)
Michael Botek	Sprints	5-9	135	So.	Torrance, CA (West Torrance HS)
Aaron Braxton	Jumps	6-0	160	Sr.	Santa Rosa, CA (Santa Rosa JC)
Rich Brown	Throws	6-4	220	So.	Mission Viejo, CA (Mission Viejo HS)
Frank Burruel	Hurdles	6-0	165	Jr.	Mission Viejo, CA (UC-Irvine)
Kevin Cahill	Mid-Distance	5-10	155	Sr.	Mission Viejo, CA (Saddleback JC)
Joe Caswell	Hurdles	6-2	160	Fr.	Forestville, CA (El Molino HS)
Joe Cekander	Mid-Distance	6-0	170	Jr.	San Diego, CA (San Diego Mesa JC)
Brett Chappell	Throws	5-10	195	Fr.	Potter Valley, CA (Ukian HS)
Todd Clement	Hurdles	6-0	150	Jr.	Spring Valley, CA (Monte Vista HS)
Jim Cody	High Jump	6-6	180	Sr.	Fullerton, CA (Cal-Berkeley)
John Cronin	Mid-Distance	5-10	165	Sr.	Mission Viejo, CA (Saddleback JC)
Keith Davis	Hurdles	5-10	150	Jr.	Santa Ana, CA (Orange Coast JC)
Rick Engebretson	Hammer	6-3	225	Jr.	El Cajon, CA (Grossmont JC)
Cary Evans	Decathlon	6-0	170	Fr.	Irvine, CA (Irvine HS)
Ken Flint	Distance	6-0	145	Jr.	Santa Maria, CA (Righetti HS)
Wil Foster	Jumps	6-3	170	So.	Huntington Beach, CA (Edison HS)
Rich Fox	Pole Vault	6-1	165	So.	Fallbrook, CA (Fallbrook HS)
Derek Fritts	Pole Vault	6-2	180	Fr.	Tustin, CA (Foothill HS)
Tyler Gaerin	Pole Vault	5-10	155	Fr.	Lakeside, CA (El Capitan HS)
Chris Henry	High Jump	6-3	170	Jr.	Arcadia, CA (Arcadia HS)
Jeff Holds	Pole Vault	6-0	170	Sr.	Camarillo, CA (Moorpark JC)
Pete Hurley	400, 800	6-4	174	Sr.	Philadelphia, PA (Pittsburgh)
Darren Huston	Sprints	6-1	158	Jr.	Salinas, CA (Hartnell JC)
Matt Inskeep	Hurdles	6-1	165	Fr.	San Diego, CA (Valhalla HS)
Alfred Jackson	Jumps	6-1	185	Sr.	Tulare, CA (Western HS)
Dan Kash	Mid-Distance	6-1	155	So.	Westminster, CA (Westminster HS)
Paul Kliendinst	Distance	5-3	112	Fr.	Northridge, CA (Granada Hills HS)
Rob Ladner	Distance	5-8	125	So.	Torrance, CA (South Torrance HS)
Matt Large	Mid-Distance	6-3	170	Jr.	Edwards AFB, CA (Desert HS)
Dale Larue	Pole Vault	6-2	180	Fr.	Anaheim, CA (Canyon HS)
Chris Martin	Mid-Distance	6-4	175	Jr.	Pauma Valley, CA (Fallbrook HS)
Kyle McMullen	Javelin	6-1	190	Jr.	Newhall, CA (Grossmont JC)
Craig Miller	Distance	6-2	150	Jr.	San Diego, CA (Mira Mesa HS)
Fred Morgan	Throws	6-4	225	Sr.	San Diego, CA (San Diego Mesa JC)
Kevin Napper	Decathlon	6-0	170	Sr.	Castro Valley, CA (Chabot JC)
Chandler Norton	Sprints	5-10	150	Fr.	Inglewood, CA (Verbum Dei HS)
Dave Pendell	Pole Vault	6-0	168	Jr.	Vancouver, WA (Columbia River HS)
Tim Penwell	Distance	5-6	130	Sr.	Chula Vista, CA (Southwestern JC)
Keith Rabbin	Hurdles	5-11	145	So.	San Luis Obispo, CA (San Luis Obispo HS)
Jason Rem	Jumps	6-2	160	Jr.	Diamond Bar, CA (Ganesha HS)
Mike Robinson	Sprints	6-3	178	Sr.	Orlando, FL (Fallbrook HS)
Thor Rood	Sprints	6-1	160	So.	Monrovia, CA (Monrovia HS)
Tony Rossi	Long Jump	6-3	190	So.	Riverside, CA (John W. North HS)
Patrick Rowe	Sprints	6-1	180	So.	San Diego, CA (Lincoln HS)
Owen Schmidt	Javelin	6-2	225	Sr.	Van Nuys, CA (Burbank HS)
Stephen Seabolt	Hurdles	6-3	175	Fr.	Brawley, CA (Brawley Union HS)
Kurtis Shipcott	Pole Vault	5-11	170	Fr.	Tustin, CA (Foothill HS)
Osmond Swanegan	Sprints	6-2	183	So.	San Diego, CA (San Diego Mesa JC)
Pat Thiss	Throws	6-4	245	Sr.	San Diego, CA (San Diego Mesa JC)
Karl Von Mohr	Throws	6-5	250	Sr.	Blythe, CA (Brigham Young)
Chris Waight	Mid-Distance	6-1	160	Fr.	Diamond Bar, CA (Bishop Amat HS)
Steve Weinert	Throws	6-1	211	Fr.	Williston, VT (Champlain Valley HS)
D'Arcy Williams	Sprints	5-5	156	So.	Inglewood, CA (Morningside HS)
Hap Yeilding	Pole Vault	5-11	150	Fr.	San Carlos, CA (Carlmont HS)

WOMEN'S TRACK & FIELD ROSTER

Name	Event	Ht.	Yr.	Hometown (Previous School)
Kelly Balogh	Heptathlon	5-3	Jr.	Sacramento, CA (El Camino HS)
Makaila Bradley	Heptathlon	5-7	So.	Inglewood, CA (Morningside HS)
Tanya Buchanan	Hurdles	5-5	So.	Fountain Valley, CA (Fountain Valley HS)
Lan Chidester	Distance	6-2	Sr.	Salinas, CA (Hartnell JC)
Diane Collier	Throws	5-9	Sr.	San Diego, CA (San Diego Mesa JC)
Julie Corsiglia	Sprints	5-7	Jr.	Santa Clara, CA (Archbishop Mitty HS)
Maura Daly	Mid-Distance	5-7	Jr.	Mission Viejo, CA (Saddleback JC)
Victoria Ford	Triple Jump	5-7	Fr.	Carlsbad, CA (Our Lady of Peace HS)
Suzanne Herte	Throws	5-5	So.	Fountain Valley, CA (Fountain Valley HS)
Kelly Humm	Distance	5-3	Sr.	Lancaster, CA (Antelope Valley JC)
Bronwyn Jones	Mid-Distance	5-7	Sr.	Los Altos, CA (Mountain View HS)
Louise Joubert	Throws	5-7	Jr.	Westlake Village, CA (Westlake HS)
Jennifer Nanista	Mid-Distance	5-3	Sr.	Golden, CO (San Diego Mesa JC)
Karen Nilson	Sprints	5-11	Sr.	La Mesa, CA (Valhalla, HS)
Chrystee Perkins	Mid-Distance	5-5	Fr.	Lancaster, CA (Paraclete HS)
Carolyn Peters	Throws	6-0	Jr.	Escondido, CA (Orange Glen HS)
Kirsten Petersen	Distance	5-6	So.	Laguna Beach, CA (Laguna Beach HS)
Wendy Petersen	Distance	5-5	So.	Laguna Beach, CA (Laguna Beach HS)
Erica Prodanovich	Hurdles	5-3	Fr.	San Diego, CA (Mission Bay HS)
Robin Ritchie	Mid-Distance	5-4	So.	San Diego, CA (Serra HS)
Rakita Roberson	Sprints	5-5	So.	Anaheim, CA (Loara HS)
Marla Runyan	High Jump	5-7	So.	Camarillo, CA (Camarillo HS)
Heidi Schwartz	Sprints	5-6	Jr.	Mission Viejo, CA (Mission Viejo HS)
Michelle Stevens	Hurdles	5-5	Jr.	Calgary, Canada (Saddleback JC)
Shelly Squibb	Throws	5-8	Jr.	Fairbanks, AK (Mira Costa JC)
Cyndi Sullivan	Mid-Distance	5-8	Jr.	Fallbrook, CA (Fallbrook HS)
Becky Taylor	Mid-Distance	5-7	So.	San Diego, CA (Hilltop HS)
Lily Varner	Throws	5-8	Jr.	Laguna Hills, CA (Saddleback JC)
Eileen Williams	High Jump	5-9	Jr.	Cerritos, CA (Cerritos HS)
Stephanie Williams	Hurdles	5-2	So.	San Diego, CA (University City HS)
Lisa Wood	Throws	6-0	Jr.	Glosson, England (Saddleback HS)
Andrea Wynne	Distance	5-5	So.	Minneapolis, MN (Armstrong HS)



Floyd Barco and Karen Nilson will lead the Aztec sprinters in 1989.

1988 RESULTS & BESTS - MEN

TEAM RESULTS (Dual Meet Record: 5-2)

Feb. 13	at SDSU	SDSU 106, Occidental 46 (1-0)
Mar. 12	at SDSU	SDSU 87, Navy 76 (2-0)
Mar. 19	at USC	SDSU 86, USC 75 (3-0) SDSU 100, Long Beach State 62 (4-0) SDSU 110, Iowa 46 (5-0)
Apr. 16	at UC-Irvine	UC-Irvine 83, SDSU 75 (5-1) Fresno State 92, SDSU 71 (5-2)
May 4-7	WAC Championships at Brigham Young	
	1.	Brigham Young 239
	2.	New Mexico 92
	3.	SDSU 88
	4.	Texas-El Paso 67
	5.	Air Force 63
	6.	Colorado St. 34 (tie)
		Utah 34 (tie)
	8.	Wyoming 33



Jeff Holds, SDSU's most consistent vaulter last season.

INDIVIDUAL PERFORMANCES

	Season Best	Lifetime Best
100 METERS (10.29)		
Patrick Rowe	10.86	10.47
Rodney Van	11.04	10.50
Floyd Barco	11.10	
Michael Botek	11.16	10.89
200 METERS (20.64)		
Patrick Rowe	21.46	
Floyd Barco	21.59	21.30
Matt Large	22.83	
Michael Botek	23.00	22.60
Brent Haines	23.01	21.90
Mike Robinson	23.09	21.86
Doug Toliver	24.14	22.5
400 METERS (46.10)		
Floyd Barco	46.86	
Mike Robinson	49.70	47.60
John Cronin	49.81	47.30
Seth Serriano	50.40	
Brent Haines	50.74	48.89
Paul Greer	52.31	
Eric Pamperin	52.89	50.10
Doug Tolliver	53.42	
800 METERS (1:47.86)		
Matt Large	1:50.36	1:49.90
John Cronin	1:51.40	1:49.24
Seth Serriano	1:51.85	
Kevin Cahill	1:53.19	
Paul Greer	1:53.66	1:51.70
Peter Hurley	1:53.80	1:50.60
1500 METERS (3:42.20)		
Paul Greer	3:47.87	3:42:44
Kevin Cahill	3:51.60	
Matt Large	3:55.31	
Matt Clayton	3:55.41	
Seth Serriano	3:58.00	
Ken Flint	3:59.69	
Juan Naranjo	4:01.83	3:57.00
Dan Kash	4:04.95	3:59.00
Murray Williams	4:15.24	4:11.00

	Season Best	Lifetime Best
STEEPLECHASE (8:48.00)		
Ken Flint	9:26.00	
5000 METERS (13:57.00)		
Matt Clayton	14:38.17	14:05.50
Juan Naranjo	14:50.09	
Ari Schauder	15:17.00	14:38.00
Murray Williams	16:16.00	15:22.00
10,000 METERS (29:17.00)		
Matt Clayton	*29:14.23	
Juan Naranjo	31.01.00	
110M HURDLES (13.84)		
Steve Nuchols	16.01	
Aaron Braxton	16.17	
400M HURDLES (50.85)		
Jim Montague	55.84	
Todd Clement	58.52	
400M RELAY (39.85)		
Van, Rowe, Barco, Robinson	42.07	
1600M RELAY (3:05.72)		
Cronin, Serriano, Large, Barco	3:13.50	
Rowe, Robinson, Large, Barco	3:13.56	
HIGH JUMP (25-10 1/4)		
Jim Cody	7-1 1/2	7-1 3/4
Alan Hodgert	7-0 1/4	7-0 1/2
Chris Henry	6-10 3/4	
Paul Mobius	6-4	6-9
Steve Nuchols	6-4	6-9
Kevin Napper	6-2	6-9
POLE VAULT (17-4 1/2)		
Jeff Holds	15-0	15-3
Skot Kirshbaum	13-7 1/2	
Rich Fox	13-6	14-0

	Season Best	Lifetime Best
LONG JUMP (25-10 1/4)		
Rodney Van	25-5 1/2	
Chris Alarcon	24-3 1/4	
Will Foster	22-5	
Tony Rossi	22-2 1/2	22-2 3/4
Steve Nuchols	21-11 3/4	22-3
Eric McCombs	21-4	21-6
TRIPLE JUMP (53-0)		
Rodney Van	50-10 1/4	
Wil Foster	50-4	
Aaron Braxton	47-8 1/2	47-11
Tony Rossi	42-5 3/4	
SHOT PUT (60-0 1/4)		
Mike Fine	54-8 3/4	
Rich Brown	50-1	
HAMMER (200-2)		
Doug Novak	174-6	180-0
Karl Von Mohr	120-6 1/2	
Rich Brown	110-5	
Fred Morgan	108-3 1/2	
DISCUS (190-0)		
Karl Von Mohr	179-11	
Richard Brown	159-4	
Mike Fine	153-2	
Fred Morgan	142-7	150-0
JAVELIN (225-0)		
Fred Morgan	207-9	208-0
Owen Schmidt	189-8	
Steve Nuchols	169-1	
Karl Von Mohr	156-8	
Kevin Napper	138-1	
Scott McLeod	127-0	
DECATHLON (7,400 pts)		
Steve Nuchols	6,975	

Numbers in parentheses indicate NCAA qualifying standards
(Lifetime best listed if different from season best)
* Denotes NCAA Qualifier

1988 RESULTS & BESTS - WOMEN

TEAM RESULTS (Dual Meet Record: 3-3)

Feb. 13	at SDSU	SDSU 89, Occidental 21 (1-0)
Mar. 19	at USC	USC 89, SDSU 46 (1-1) SDSU 83, Long Beach State 46 (2-1)
Mar. 26	at SDSU	SDSU 99, St. Thomas (MN) 53 (3-1)
Apr. 16	at UC-Irvine	UC-Irvine 70, SDSU 66 (3-2) Fresno State 80, SDSU 66 (3-3)
May 13-14	Big West Championships at Utah State	
	1.	Fresno State 169
	2.	UC-Irvine 126
	3.	SDSU 106
	4.	Nevada-Las Vegas 91
	5.	Long Beach State 73
	6.	CSU-Fullerton 12
	7.	UC-Santa Barbara 11



Stephanie Williams is the Aztecs' top returning hurdler.

INDIVIDUAL PERFORMANCES

	Season Best	Lifetime Best
100 METERS (11.48)		
Rakita Roberson	12.51	12.10
Stephanie Williams	13.21	
Angie McKnight	12.50	
Karen Nilson	12.30	
Lora Stowe	12.99	
200 METERS (23.30)		
Karen Nilson	24.99	24.70
Rakita Roberson	26.49	26.00
Karla Briscoe	27.12	
Stephanie Williams	27.28	
400 METERS (53.24)		
Karen Nilson	56.45	55.60
Makaila Bradley	1:02.02	58.0
Karla Briscoe	1:02.15	
Karen Harnett	1:05.28	
800 METERS (2:05.24)		
Linda Duarte	2:14.93	2:13.60
Jennifer Nanista	2:15.54	
Robin Ritchie	2:19.31	
Cynthia Sullivan	2:21.63	2:17.5
1500 METERS (4:19.75)		
Jennifer Sheffo	4:36.98	4:35.5
Cynthia Sullivan	4:38.60	
Linda Duarte	4:39.34	
Kristen Petersen	4:51.49	
Kim Currie	4:55.15	4:43.00
Jennifer Nanista	4:58.68	
Robin Ritchie	5:10.91	

	Season Best	Lifetime Best
3000 METERS (9:22.24)		
Cynthia Sullivan	10:05.84	
Kristen Petersen	10:13.12	
Kim Currie	10:20.17	9:57.0
Sharon Yaninek	10:57.71	
Alison Williams	11:24.00	10:32.0
100 M HURDLES (13.60)		
Gaylen Ames	14.21	
Stephanie Williams	14.83	14.4
Kartsi Leppaluoto	15.8	
Karla Briscoe	16.25	14.3
400M HURDLES (58.50)		
Gaylen Ames	59.51	
Stephanie Williams	1:06.20	
Karla Briscoe	1:11.15	
400M RELAY (45.34)		
Williams, Ames, Roberson, Nilson	47.41	
1600M RELAY (3:36.64)		
Nilson, Ames, Nanista, Williams	3:51.41	
HIGH JUMP (6-0)		
Marla Runyan	5-9	
Veronica Wuerful	5-9	
Lora Stowe	5-6	
Kelly Balogh	4-10	5-0
Angie McKnight	4-10	

	Season Best	Lifetime Best
TRIPLE JUMP (41-4 1/4)		
Gaylen Ames	*41-9 1/4	
Angie McKnight	*41-8	
Sharie Green	40-6 3/4	
Kartsi Leppaluoto	34-11	
SHOT PUT (50-0)		
Kartsi Leppaluoto	45-3	45-9 3/4
Laura Standring	41-10	42-4
Louise Joubert	39-4	
Sunny Limuti	36-4	38-8
Darcy Broden	29-8 1/2	
DISCUS (168-6)		
Laura Standring	143-0	147-1
Kartsi Leppaluoto	128-7	
Sunny Limuti	115-6	
Diane Collier	114-4	
Louise Joubert	113-4	
Darcy Broden	98-1	
JAVELIN (170-7)		
Diane Collier	151-8	
Louise Joubert	128-4	
Kartsi Leppaluoto	109-4	140-4
HEPTATHLON		
Kartsi Leppaluoto	4556 pts	

Number in parentheses indicate NCAA qualifying standards
(Lifetime best listed if different from season best)
* Denotes NCAA Qualifier

THE HISTORY BOOK — MEN

INDIVIDUAL CHAMPIONS

NCAA UNIVERSITY DIVISION

1934	Jack Rand	Pole Vault	14-0-1/2
1947	Willie Steele	Long Jump	26-6
1948	Willie Steele	Long Jump	24-11-1/4
1949	Bob Smith	Pole Vault	14-3
1950	Bob Smith	Pole Vaule	14-2-1/8
1950	Jack Razzetto	High Jump	6-8-1/4
1965	Larry Godfrey	440 IH	51.5
1970	Arnie Robinson	Long Jump	25-10-1/2
1976	Quentin Wheeler	440M IH	48.55

NCAA COLLEGE DIVISION

1965	Ted Hack	Mile	4:08.4
	Larry Godfrey	440 IH	51.6
	Wilbur Smith, John Gedney, Larry Godfrey, Bruce Hafer	440 Relay	43.1
	Larry Godfrey, John Gedney, Rick Herrmann, Bruce Hafer	Mile Relay	3:13.6
1966	Rick Herrmann	880	1:49.3
	Larry Godfrey	440 IH	52.1
	Houston Ridge	Shot Put	60-10-1/2
	Rick Heckler, Wibur Smith	440 Relay	41.5
	Fred Featherstone, Robert Jones		

OTHER NCAA RESULTS

Aztec point getters other than 1st place finishers:

1935	Jack Rand	Pole Vault (4th)	No Mark
1966	Rick Herrmann	800 (2nd)	1:48.3
1969	Wes Williams	440 IH (2nd)	49.7
1970	Wes Williams	440 (3rd)	50.3
1970	Don Bajema	Decathlon (6th)	6812 pts.
1971	Arnie Robinson	Long Jump (4th)	25-0-1/4
1974	Steve Williams	100 (2nd)	9.2
1974	Harold Williams	100 (4th)	9.4
1974	Gary Greene	440IH (5th)	51.65
1977	Scott Young	Decathlon (6th)	7084 pts.
1979	Ned Armour	Long Jump (3rd)	26-5
1980	Tony Fuller, Greg Simons, Ed Daniels, Brad McDonald	4 x 400 Relay (4th)	3:04.57
1984	James Garrett	800 (10th)	1:48.45

WESTERN ATHLETIC CONFERENCE

1979	David Russell	200M	21.1
	Ed Daniels	400M	45.68
	Ned Armour	Long Jump	24-8

TEAM RESULTS

NCAA UNIVERSITY DIVISION

1934	San Diego State	14th 10 pts.	Stanford, 63 pts.
1935	San Diego State	24th 5 pts.	USC
1947	San Diego State	T14th 10 pts.	Illinois, 59 pts.
1948	San Diego State	T16th 10 pts.	Minnesota, 46 pts.
1949	San Diego State	T16th 10 pts.	USC, 55 pts.
1950	San Diego State	9th 14-1/3 pts.	USC, 49 pts.
1951	San Diego State	40th 1/5 pt.	USC, 56 pts.
1952	San Diego State	T28th 6 pts.	USC, 66 pts.
1954	San Diego State	T44th 1/4 pt.	USC, 66 pts.
1965	San Diego State	T25th 10 pts.	USC, Oregon, 32 pts.
1966	San Diego State	T24th 8 pts.	UCLA, 81 pts.
1969	San Diego State	T16th 8 pts.	San Jose St., 48 pts.
1970	San Diego State	12th 17 pts.	Ore., BYU, Kan. 35 pts.
1971	San Diego State	T40th 4 pts.	UCLA, 52 pts.
1974	San Diego State	T16th 12 pts.	Tennessee, 60 pts.
1976	San Diego State	T18th 10 pts.	USC, 64 pts.

	Hildria Newell, David Russell, Ned Armour, Ed Daniels	440 Relay	39.90
	Rahn Sheffield, David Russell, Chris Blaylock, Ed Daniels	Mile Relay	3:11.36
1980	Greg Simons	100M	10.50
	Brad McDonald	200M	21.04
	David Russell, Brad McDonald, Greg Simons, Ed Daniels	4 x 100 Relay	39.98
	Tony Fuller, Greg Simons, Ed Daniels, Brad McDonald	4 x 400 Relay	3:07.47
	Greg Garrett	Triple Jump	5-1-1/2
	Dave Sanderson	Pole Vault	16-6
1981	David Russell	100M	10.39
	David Russell	200M	20.90
	Billy Konchellah	800M	1:49.79
	Chris Blaylock, Greg Simons, David Russell, Harold Williams	4 x 100 Relay	40.34
	Ken Fowler	Long Jump	24-10-1/2
	Bill Halverson	Pole Vault	16-6
1982	Kevin Shields, Chris Blaylock, Mike Adkins, Auston Shanks	4 x 100 Relay	40.5
	Tim McIntyre	Pole Vault	16-0
1983	Mike Adkins, Hurvie Milner, Austin Shanks, Kevin Shields	4 x 100 Relay	40.09
	Austin Shanks	110 HH	14.34
	Austin Shanks	400 IH	14.34
	Kevin Shields	100M	10.45
	Cameron Gary	Triple Jump	53-2-1/2
1984	Hurvie Milner	100M	10.54
	Hurvie Milner	200M	21.27
	Willie Atterberry	400M	46.42
	James Garrett	800M	1:48.38
	Ed Cooper	400 IH	50.43
	Hurvie Milner, Willie Atterberry, Austin Shanks, Aaron Thigpen	4 x 100 Relay	40.37
1985	Hurvie Milner	100M	10.45
	Hurvie Milner	200M	21.08
	Aaron Thigpen, Austin Shanks, Hurvie Milner, John Speed	4 x 400 Relay	40.30
1986	Rodney Van	Long Jump	24-5-3/4
	Jason Twedt	Javelin	219-6
	Ed Cooper	110M Hurdles	13.99
	Andre Freeman	400M	46.54
	Aaron Thigpen	100M	10.02
	Rex Brown, Darryl Hudson, Aaron Thigpen, Andre Freeman	4 x 100M Relay	39.77
	Mike Robinson, Andre Freeman, Tony Burns, Ed Cooper	4 x 400M Relay	3:10.33
1987	Rodney Van	Long Jump	25-4-1/4
	Floyd Barco	400M	47.16
	Scott Hoth	Hammer	203-3
1988	John Cronin	800M	1:51.59

1977	San Diego State	T56th 1 pt.	Arizona State, 64 pts.
1979	San Diego State	T31st 6 pts.	UTEP, 64 pts.
1980	San Diego State	T41st 4 pts.	UTEP, 69 pts.
1983	San Diego State	T74th 4 pts.	SMU, 104 pts.
1984	San Diego State	T71st 3 pts.	Oregon, 113 pts.

WESTERN ATHLETIC CONFERENCE

1979	San Diego State	2nd 142 pts.	UTEP, 199 pts.
1980	San Diego State	1st 180 pts.	SDSU
1981	San Diego State	2nd 174 pts.	UTEP, 196 pts.
1982	San Diego State	2nd 128 pts.	UTEP, 208 pts.
1983	San Diego State	3rd 142 pts.	UTEP, 169-1/2 pts.
1984	San Diego State	3rd 129 pts.	UTEP, 161-1/2 pts.
1985	San Diego State	4th 94-1/2 pts.	BYU, 188-1/2 pts.
1986	San Diego State	2nd 149 pts.	BYU, 187 pts.
1987	San Diego State	3rd 102 pts.	BYU, 214 pts.
1988	San Diego State	3rd 88 pts.	BYU, 239 pts.

NCAA COLLEGE DIVISION

1965	San Diego State	1st 67 pts.
1966	San Diego State	1st 67 pts.
1968	San Diego State	4th 33 pts.

NAIA

1952	San Diego State	2nd 45 pts.
1953	San Diego State	3rd
1957	San Diego State	9 pts.
1958	San Diego State	7 pts.

THE COACHES

Name	Years	Dual Record	Conference Titles
C.E. Peterson	1922-46	41-40	SCJCC (3), SCIAAC (4)
Choc Sportsman	1947-66	85-93	CCAA (3)
Dick Wells	1967-72	32-23	
Dick Hill	1973-81	35-21	WAC (1)
Dixon Farmer	1982-87	30-18	
Jim Cerveny	1988	5-2	

CONFERENCE CHAMPIONS

WESTERN COLLEGIATE ATHLETIC ASSOC.

1977	Janeen Dell'Acqua	Javelin	135-1
1978	Peggy Callahan	800	2:17.0
1979	Deby LaPlante	100H	13.1
	Janice Pope	400	55.9
	Chris Smallwood	800	2:13.1
	Donna Dietrich	Javelin	162-5
	Donna Dietrich	Discus	139-7-1/4
	Valinda Hoagland	3000	10:48.4
	Smallwood-Abare-Smith-Pope	4 x 400 Relay	3:48.8
1980	Deby LaPlante	100H	13.62
	Sue Kameli	400H	59.98
	Lynn Kanuka	3000	9:36.36
	Lynn Kanuka	5000	16:53.02
1981	Monica Joyce	800	2:06.71
	Monica Joyce	1500	4:14.62
	Patti Stafford	High Jump	5-11
	Garcia-Collins-O'Connell-Joyce	4 x 800 Relay	9:09.4
1982	Monica Joyce	800	2:05.57
	Monica Joyce	1500	4:15.68
	Monica Joyce	3000	9:01.78
	Eva Ernstrom	5000	16:11.34
	Linda Bourn	100H	13:99
1983	Lori Smith	100	13:44
	LaTanya Sheffield	400H	59.97
	Charles-Chambers-Hatley-Sheffield	4 x 400 Relay	3:39.80
	Carrie McLaughlin	Heptathlon	5,472
	Debra Chaddock	10,000	35:08.45
1985	LaTanya Sheffield	400	53.58
	Renee Ross	800	2:04.07
	Laura DeSnoo	Discus	188-2
	Liz Mueller	Javelin	172-4

BIG WEST CONFERENCE

1986	Laura DeSnoo	Discus	176-2
	Maureen Bradley	10,000	36:46.44
	LaTanya Sheffield	100M Hurdles	13.46
	Renee Ross	400	54.34
	Margaret Hemmans	400M Hurdles	1:00.68
	Marian Nowak	Heptathlon	4274 pts.

OLYMPIANS

1948	Willie Steele	1st	Long Jump	25-8
1972	Arnie Robinson	3rd	Long Jump	26-4-1/4
1976	Quentin Wheeler	1st	400M IH	49.86
	Arnie Robinson	1st	Long Jump	27-0
1984	Billy Konchellah	DNP	800	
	Richard Slaney	DNP	Discus	
	Graeme Fell	DNP	Steeplechase	
1988	Graeme Fell	DNP	Steeplechase	

ALL-AMERICANS

1934	Jack Rand	Pole Vault	1971	Arnie Robinson	Long Jump
1935	Jack Rand	Pole Vault	1974	Steve Williams	100
1947	Willie Steele	Long Jump	1976	Quentin Wheeler	400M IH
1948	Willie Steele	Long Jump	1977	Scott Young	Decathlon
1949	Bob Smith	Pole Vault	1979	Rhan Sheffield	400M IH
1950	Bob Smith	Pole Vault	1979	Ned Armour	Long Jump
1950	Jack Razzetto	High Jump	1979	Rhan Sheffield	400M IH
1952	Don Wymann	10,000M	1979	David Russell	200M
1965	Larry Godfrey	440 IH	1980	Tony Fuller, Greg Simons, Ed Daniels, Brad McDonald	4 x 400 R.
1966	Rick Herrmann	880	1984	Jim Thiss	Hammer
1969	Wes Williams	440 IH	1987	Scott Hoth	Hammer
1970	Wes Williams	440 IH			
1970	Arnie Robinson	Long Jump			

THE HISTORY BOOK — WOMEN

	Dionne Garner-Margaret Hemmans-LaTanya Sheffield-Renee Ross	4 x 400 Relay	3:41.04
1987	Maureen Bradley	10,000	37:05.3
	Margaret Hemmans	400H	58.53

NCAA CHAMPIONS

1984	Ramona Pagel	Shot Put	56-8
1985	LaTanya Sheffield	400H	54.64
	Laura DeSnoo	Discus	190-6

ALL-AMERICANS

1979	Deby LaPlante	100H
1980	Deby LaPlante	100H
1981	Monica Joyce	1500
	Carrie McLaughlin	Heptathlon
1982	Monica Joyce	1500
	Carrie McLaughlin	Heptathlon
	Eva Ernstrom	5000
	Laura DeSnoo	Discus
1983	Carrie McLaughlin	Heptathlon
1984	Laura DeSnoo	Shot Put, Discus
	Ramona Pagel	Shot Put (1st), Discus
1985	Renee Ross	400
	LaTanya Sheffield	400H (1st)
	Laura DeSnoo	Discus (1st)
1986	LaTanya Sheffield	400H
	Laura DeSnoo	Discus

OLYMPIANS

1976	Deby LaPlante (USA)	1984	Monica Joyce (Ire.)
	Patrice Shmock (USA)		Eva Ernstrom (Swe.)
	Sue Kameli (Can.)		Sue Kameli (Can.)
1980	Sue Kameli (Can.)	1988	Ramona Pagel (USA)
	Sharon Lane (Can.)		LaTanya Sheffield (USA)
1984	Laura DeSnoo (USA)		Bonnie Dasse (USA)
	Ramona Pagel (USA)		Lynn Kanuka Williams (Can.)
	Lynn Kanuka Williams (Can.)		

THE COACHES

	Years	Dual Record	Best Conference	Best National
Mary Alice Hill	1977-78	0-0	2nd (1978)	
Fred LaPlante	1979-83	24-1	1st(1982)	10th (1982)
Jim Cerveny	1984-87	40-9	2nd(1986)	9th (1985)

AZTEC TOP TENS - MEN

100 METERS

10.14	Steve Williams	1974
10.22	Hurvie Milner	1985
10.30	Aaron Thigpen	1985
10.39	David Russell	1981
10.40	Kevin Shields	1983
10.44	Greg Simons	1980
10.44	Marty Krulee	1978
10.50	Harold Williams	1974
10.52	Harold Williams	1981
10.54	Tony Fuller	1981

200 METERS

20.44	Steve Williams	1974
20.59	David Russell	1979
20.69	Brad McDonald	1980
20.72	Greg Simons	1980
20.91	Chris Blaylock	1981
20.94	Hurvie Milner	1985
21.00	Kevin Shields	1983
21.04	Tony Fuller	1980
21.06	Harold Williams	1976
21.14	Marty Krulee	1978
21.14	Aaron Thigpen	1985

400 METERS

45.68	Ed Daniels	1979
46.28	Billy Konchellah	1981
46.28	Jim Redd	1974
46.31	Chris Blaylock	1981
46.39	Willie Atterberry	1984
46.54	Andre Freeman	1986
46.57	Tony Fuller	1980
46.74	Jose Madruaga	1976
46.74	Steve Williams	1974
46.84	Harold Williams	1981

800 METERS

1:46.77	James Garrett	1984
1:47.44	Rick Hermann	1966
1:47.64	Brian Donohue	1977
1:49.04	Odie Huffman	1976
1:49.34	Jay Larkin	1972
1:49.79	Billy Konchellah	1981
1:51.31	Matt Large	1987
1:51:40	John Cronin	1988
1:51.44	Don Gordon	1964
1:51.47	Paul Greer	1985

1500 METERS

3:42.44	Paul Greer	1988
3:44.9	Bob Messina	1970
3:45.0	Tim Danielson	1970
3:46.3	Earl Robinson	1975
3:47.0	John Colson	1968
3:47.2	Ted Hack	1965
3:47.2	Allen Hazard	1976
3:48.2	Bill St. John	1979
3:48.2	Brian Hunsaker	1979
3:48.6	Tim Smith	1977

STEEPLECHASE

8:44.5	Bill St. John	1980
8:54.7	Robert Lusitana	1981
9:05.2	John Lane	1983
9:09.2	Vance Eberly	1982
9:11.0	Mitch Eddy	1986
9:12.9	Mark Dowling	1973
9:14.0	Jose Vega	1983
9:14.2	Tim O'Reagon	1977
9:21.0	Mike Cour	1972
9:23.3	Skip Crowley	1969



Aztec throwing corps (left to right): Fred Morgan, Rick Engebretson, Karl Von Mohr, Rich Brown, Pat Thiss, Owen Schmidt

5,000 METERS

14:01.1	Brian Hunsaker	1978
14:21.3	Jose Vega	1984
14:22.4	Dave Matheny	1971
14:23.0	Mike Avrea	1975
14:23.0	Chuck Winsor	1970
14:25.1	Tom Wheeler	1974
14:25.1	Brian Harold	1984
14:25.6	George Pullen	1977
14:26.9	Tom Lux	1974
14:27.1	Otis Martin	1971

10,000 METERS

29:14.23	Matt Clayton	1988
29:54.7	Otis Martin	1971
30:18.0	Brian Hunsaker	1978
30:35.7	Jeff Woodland	1984
30:42.5	Bill Inglehart	1971
30:49.6	Dave Metheny	1971
30:54.0	Eric Wolfe	1979
30:56.2	Juan Naranjo	1987
31:05.0	Juan Hernandez	1968
31:09.5	Mike Closson	1984

110 METER HIGH HURDLES

13.70	Don Shy	1966
13.97	Ed Cooper	1986
14.01	Ned Armour	1979
14.14	Austin Shanks	1985
14.25	Darryl Davis	1981
14.33	Aaron Burns	1986
14.47	Quentin Wheeler	1975
14.47	Greg Chandler	1979
14.51	Scott Cutler	1985
14.57	Art Richardson	1977
14.57	Selwyn Hartigan	1937
14.57	Garry Greene	1974
14.57	Jack Kaiser	1949

400 METER INTERMEDIATE HURDLES

48.55	Quentin Wheeler	1976
49.54	Wes Williams	1969

49.68	Ed Cooper	1986
50.23	Rhan Sheffield	1979
51.04	Larry Godfrey	1965
51.27	Eldridge Taylor	1963
51.30	Austin Shanks	1983
51.44	James King	1971
51.54	Mark Ables	1975
51.54	Garry Greene	1974

400 METER RELAY

39.65	Thigpen, Shanks, Milner, Freeman	1985
39.74	Newell, Russell, Armour, Daniels	1979
39.77	Thigpen, Brown, Hudson, Freeman	1986
39.78	Russell, Daniels, Simons, McDonald	1980
39.84	Milner, Shanks, Shields, Adkins	1983
39.93	Thigpen, Shanks, Milner, Shields	1984
39.94	Russell, H. Williams, Blaylock, Simons	1981
40.09	Milner, Nash, Shields, James	1983
40.34	Adkins, Shanks, Blaylock, Shields	1982

1600 METER RELAY

3:03.7	Fuller, Simmons, McDonald, Daniels	1980
3:05.5	Blaylock, Williams, Simons, Konchellah	1981
3:06.5	James, Atterberry, Cooper, Garrett	1984
3:06.6	Blaylock, Williams, Russell, Konchellah	1981
3:06.8	James, Atterberry, Garrett, Shanks	1983
3:07.3	Sheffield, Blaylock, Russell, Daniels	1979
3:07.5	S. Williams, H. Williams, Tyler, Redd	1974
3:08.4	T. Burns, Robinson, Freeman, Cooper	1986
3:08.4	Madruaga, Wheeler, H. Williams, Huffman	1976

LONG JUMP

26-6	Willie Steele	1947
26-4-3/4	Arnie Robinson	1971
26-2-1/4	Ned Armour	1979
25-4-1/4	Rodney Van	1987
24-11-1/4	Byron Gutwein	1969
24-11	John Phillips	1973
24-10-1/2	Ken Fowler	1981
24-8-3/4	Don Shy	1966
24-7	Leland McFee	1936
24-5-1/2	Alex Ray	1974

HIGH JUMP

7-4	Frank Schiefer	1982
7-1-3/4	Jim Cody	1988
7-1-1/2	Jerry Culp	1971
7-0-3/4	Bill Graber	1983
7-0-1/2	Allan Hodgert	1987
7-0-1/4	James Geddes	1976
7-0-1/4	Brian Conway	1986
7-0-1/4	Drew Pierson	1986
7-0	Marty Cowan	1983
6-11	Chris Henry	1988

POLE VAULT

17-6	Bill Halverson	1981
17-5-1/4	Clark Eliot	1983
17-3	Doug Searle	1980
16-9-3/4	Rick Olander	1971
16-6	Dave Sanderson	1980
16-4	Mark Lizotte	1977
16-2-1/2	Tim McIntyre	1982
16-1	Jerry Nelson	1985
16-0	Craig Robinson	1976
16-0	John Anderson	1972

TRIPLE JUMP

53-2-3/4	Cameron Gary	1983
51-8	Craig Montgomery	1979
51-1-1/2	Greg Garrett	1980
51-1	Ned Armour	1979
51-0	Arnie Robinson	1971
50-11	Roe Holiday	1986
50-10-1/4	Rodney Van	1988
50-6-3/4	Wes Williams	1970
50-4	Wil Foster	1988
49-9	Ed Kinney	1983

SHOT PUT

60-10-1/2	Houston Ridge	1966
59-11	Richard Slaney	1980
58-4-1/2	John Beaudry	1977
57-6	Jim Spillers	1984
56-5-1/2	Jack Cremen	1984
55-4-1/4	Tom Silva	1986
54-8-3/4	Mike Fine	1988
54-6-1/4	Brad Baer	1966
54-1-1/4	Mike Fine	1987
53-1	Mark Sanders	1986

HAMMER THROW

207-4	Scott Hoth	1987
199-11	Jim Thiss	1983
195-2	Joe Briski	1978
185-0	John Knight	1986
177-3	Doug Novak	1986
155-11	Phil Cookson	1984
152-6	Tom Driscoll	1983
150-3	John Brose	1930
148-4	Brian Wadington	1972
146-4	Jack Cremen	1984

DISCUS

212-1	Richard Slaney	1982
179-11	Karl Van Mohr	1988
175-10	Sam Alexander	1977
174-9-1/2	Houston Ridge	1966
173-6	James Thiss	1984
169-11	Greg Baer	1976
169-0	Doug Fisher	1968
168-9	Scott Hoth	1985
168-1	Phil Cookson	1984
164-8-1/2	Mike Crawford	1971



The SDSU middle distance runners (left to right): Pete Hurley, Matt Large, Dan Kash, John Cronin

JAVELIN

(new version that was originated in 1986)

223-3	Jason Twedt	1986	156-8	Karl Van Mohr	1988
219-3	Roy Seidmeyer	1986	138-1	Kevin Napper	1988
207-9	Fred Morgan	1988	127-0	Scott McLeod	1988
189-8	Owen Schmidt	1988			
188-7	Mark Sanders	1986			
180-8	Tom Prevost	1986			
169-1	Steve Nuchols	1988			

DECATHLON (revised scoring method)

7473	Mark Sanders	1986
6975	Steve Nuchols	1988

1989 NCAA STANDARDS

Event	Men		Women	
	FAT	MT	FAT	MT
100m	10.29	10.0	11.50	11.2
200m	20.70	20.4	23.55	23.3
400m	46.20	45.9	53.14	52.9
800m	1:47.86	1:47.6	2:06.00	2:05.7
1500m	3:42.70	3:42.4	4:20.50	4:20.2
3000m Stpl.	8:48.00	8:47.7	9:25.24	9:25.0
5000m	13:58.12	13:57.8	16:27.24	16:27.0
10,000m	29:17.0	29:16.7	34:25.24	34:25.0
110m Hurdles	13.87	13.6	13.60	13.3
400m Hurdles	50.85	50.6	58.50	58.2
400m Relay	39.85	39.6	45.34	45.1
1600m Relay	3:06.00	3:05.7	3:36.64	3:36.4
	Meters	Ft-In	Meters	Ft-In
High Jump	2.22	7-3 3/4	1.83	6-0
Long Jump	7.88	25-10 1/4	6.29	20-7 3/4
Triple Jump	16.10	52-10	12.60	41-4 1/4
Pole Vault	5.34	17-6 1/4	15.10	49-6 1/2
Shot Put	18.16	59-7	51.36	168-6
Discus	57.30	188-0	51.20	168-0
Hammer	61.02	200-1		
Javelin	68.58	225-0		
Decathlon	7,425 pts.		5,280 pts.	

100 METERS

11.70	Brigitte Moon	1984
11.72	Lori Smith	1982
11.76	LaTanya Sheffield	1983
11.94	Deby LaPlante	1979
12.00	Sonya Smith	1986
12.01	Renee Ross	1985
12.04	Sue Kameli	1980
12.05	Faye Robinson	1985
12.21	Denise Craven	1986
12.24	Donna Charles	1982

200 METERS

23.40	Lori Smith	1983
23.74	Renee Ross	1985
24.01	LaTanya Sheffield	1986
24.22	Brigitte Moon	1985
24.34	Janice Pope	1978
24.44	Deby LaPlante	1979
24.46	Faye Robinson	1985
24.46	Sonya Smith	1987
24.87	Karen Nilson	1985
24.99	Yvette Bullard	1981

400 METERS

51.33	Renee Ross	1985
53.09	LaTanya Sheffield	1985
54.12	Margaret Hemmans	1987
54.97	Faye Robinson	1985
55.14	Janice Pope	1979
55.35	Veronica Samuel	1987
55.39	Sonya Smith	1987
55.56	Karen Nilson	1985
55.75	Donna Charles	1982
56.14	Chris Smallwood	1979

800 METERS

2:02.88	Renee Ross	1985
2:05.57	Monica Joyce	1982
2:09.69	Sharon Yaninek	1984
2:09.95	Sue Hemond	1982
2:11.34	Lynn Kanuka	1980
2:11.64	Chris Smallwood	1979
2:11.76	Debbie Bottomley	1981
2:12.72	Margaret Hemmans	1986
2:13.24	Eve Ernstrom	1982
2:13.61	Linda Duarte	1986

1500 METERS

4:06.69	Monica Joyce	1982
4:16.89	Eva Ernstrom	1982
4:17.28	Lynn Kanuka	1982
4:29.41	Sharon Yaninek	1984
4:30.64	Jeanne Abare	1978
4:33.18	Renee Ross	1986
4:35.48	Maureen Bradley	1986
4:36.44	Eliana Garcia	1983
4:36.74	Joni Weaver	1983
4:39.34	Jayne Spencer	1983

3000 METERS

8:53.24	Monica Joyce	1982
8:58.44	Eva Ernstrom	1982
9:13.13	Lynn Kanuka	1982
9:48.51	Maureen Bradley	1987
9:49.04	Eliana Garcia	1983
9:49.94	Laurie Crisp	1983
9:50.19	Liz Baker	1981
9:54.04	Debra Chaddock	1983
10:00.7	Mona Lopez	1987
10:03.5	Sharon Yaninek	1986

5000 METERS

15:45.26	Monica Joyce	1982
15:46.37	Eva Ernstrom	1982
15:59.34	Lynn Kanuka	1982
16:42.44	Debra Chaddock	1982
16:46.24	Liz Baker	1982
16:58.64	Laurie Crisp	1983
17:00.8	Maureen Bradley	1987
17:32.8	Mona Lopez	1987
17:46.00	Eliana Garcia	1983
17:48.00	Kim Devetis	1984

10,000 METERS

34:22.24	Lynn Kanuka	1981
34:44.44	Liz Baker	1982
34:55.24	Debra Chaddock	1982
36:01.00	Laurie Crisp	1983
36:31.44	Sherrie Torrans	1981
36:46.44	Maureen Bradley	1986
37:15.4	Mona Lopez	1987
38:02.32	Lisa Gross	1983
38:34.19	Kris Zdanowski	1986
38:38.44	Sue Beatty	1981

100 METER HURDLES

12.86	Deby LaPlante	1979
13.28	Sue Kameli	1980
13.44	Lori Smith	1983
13.46	LaTanya Sheffield	1986
13.57	Sonya Smith	1987
13.86	Linda Bourn	1982
13.97	Sharon Lane	1981
14.03	Gaylen Ames	1988
14.14	Patrice Shmook	1978
14.39	Camile Brewer	1984

400 METER HURDLES

54.66	LaTanya Sheffield	1985
58.53	Margaret Hemmans	1987
59.98	Sue Kameli	1980
1:00.02	Debbie Bottomley	1981
1:00.07	Julie Pickslay	1985
1:01.54	Anne Lindemuth	1982
1:03.30	Karen Loeser	1985
1:03.84	Sandy Nichaus	1978
1:04.13	Pam Hatley	1983
1:04.24	Cherie Beaugard	1980

HIGH JUMP

5-11-1/2	Lori Clark	1984
5-11	Patti Stafford	1981
5-9-1/2	Carrie McLaughlin	1982
5-9	Marla Runyan	1988
5-9	Veronica Wuerful	1988
5-8-3/4	Deanne Johnson	1984
5-8	Lori Smith	1983
5-7	Kelley Cummins	1985
5-7	Wendy Craig	1984
5-6	Lora Stowe	1988
5-6	Amy Brewer	1985
5-6	Laura Campbell	1983
5-6	C. Conly	1974

LONG JUMP

19-10-1/2	Carrie McLaughlin	1980
19-4-1/4	Angela McKnight	1987
19-3-3/4	Lynn Page	1979
18-10	Lori Smith	1983
18-8-1/2	Joyce Wheeler	1979
18-7-1/2	Sue Hegerle	1981
18-6-1/2	Deanne Johnson	1984
18-5-1/4	Gaylen Ames	1988
18-4	LaTanya Sheffield	1985
18-2-3/4	Tanya Tatum	1986

JAVELIN

178-3	Liz Mueller	1983
169-10	Donna Dietrich	1978
163-2	Lynn Dunton	1979
160-7	Debbie Dibb	1982
160-1	Angela Rock	1984
158-9	L. Hallman	1974
154-6-1/2	M. Stottenberg	1979
151-10	Desiree Snellman	1983
151-8	Diane Collier	1988
150-2	Ramona Pagel	1984

DISCUS

196-4	Laura DeSnoo	1984
186-6	Ramona Pagel	1984
161-3	Ronda Loshonkohl	1986
147-1	Laura Standring	1986
144-2	Bonnie Dasse	1981
142-1	Liz Mueller	1983

141-8	Lori Watson	1982
139-10-1/2	Donna Dietrich	1979
138-1	Micky Bryant	1987
137-1	Marian Nowak	1986

SHOT PUT

58-3-3/4	Ramona Pagel	1984
51-3	Laura DeSnoo	1984
48-9	Cheryl Kennedy	1982
46-9	Kartsi Leppaluoto	1988
46-2-3/4	Bonnie Dasse	1981
45-2	M. Stottenberg	1979
42-7-1/2	Rhonda Loshonkohl	1985
42-7	Carolyn Peters	1987
42-4-1/4	Laura Standring	1987
41-4-1/2	Carrie McLaughlin	1983

TRIPLE JUMP

41-9-3/4	Gaylen Ames	1988
41-8	Angie McKnight	1988
38-0-3/4	Sharie Green	1987
37-7	Tanya Tatum	1986
36-9-1/2	Deanne Johnson	1984
36-0-1/4	Wendy Craig	1984
34-11	Kartsi Leppaluoto	1988
34-9-1/4	Patricia Milewski	1985
34-7-1/2	Kelley Cummins	1985
33-3-1/4	Dorothy Endsley	1985

MARATHON

2:37.01	Laurie Crisp	1984
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4 X 100 RELAY

45.02	Sheffield, Robinson, Moon, Ross	1985
45.14	Sheffield, Smith, Moon, Ross	1986
45.22	Bourn, Sheffield, Charles, L. Smith	1982
45.48	Sheffield, Moon, Smith, Chambers	1983
45.77	Clemons, Brewer, Moon, Ross	1984
46.59	Cartwright, Hemmans, Samuel, Smith	1987
46.94	D. Smith, Abare, Pope, C. Smith	1979

4 X 200 RELAY

1:35.74	Clemons, Brewer, Moon, Ross	1984
1:39.39	Clemons, Ross, Moon, Russell	1984

SPRINT MEDLEY (1-1-2-4)

1:39.19	Moon, Robinson, Nilson, Ross	1985
1:40.10	Clemons, Brewer, Moon, Ross	1984
1:42.04	Hegerle, Charles, Bullard, Collins	1981
1:44.60	D. Smith, Abare, Pope, Smallwood	1979

4 X 400 RELAY

3:30.57	Nilson, Ross, Robinson, Sheffield	1985
3:35.50	Smith, Ross, Hemmans, Sheffield	1986
3:38.51	Smith, Hemmans, Samuel, Lowe	1987
3:39.12	Charles, Chambers, Hatley, Sheffield	1983
3:43.84	Sheffield, Lindemuth, Hatley, Charles	1982
3:45.17	Smallwood, Abare, Callahan, Pope	1979
3:47.41	Brewer, Yaninek, Lee, Ross	1984
3:48.76	Charles, Bottomley, Bullard, Lindemuth	1981

4 X 800 RELAY

8:48.13	Hemond, Ernstrom, Kanuka, Joyce	1982
8:59.05	Spencer, Ross, Garcia, Yaninek	1984
9:09.04	Garcia, Collins, O'Connell, Joyce	1981

DISTANCE MEDLEY RELAY (4-8-12-16)

11:07.64	Hemond, Sheffield, Joyce, Kanuka	1982
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HEPTATHLON

5620	Carrie McLaughlin	1983
5435	Lori Smith	1983
5127	Deanne Johnson	1984
4970	Lori Clark	1984
4758	Stasia Allen	1982
4749	Marian Nowak	1987
4676	Debbie Dibb	1982
4556	Kartsi Leppaluoto	1987
4530	DeDe Woodruff	1983
4414	Mary Anne Miller	1984

MEN'S CHOC SPORTSMAN TRACK RECORDS

100	10.20	Sam Graddy, Tennessee	1986
200	20.78	Lamonte King, UC Irvine	1979
400	45.31	Bert Cameron, UTEP	1980
800	1:46.35	Rob Webster, Nike TC	1984
1500	3:39.58	Ray Wicksell, Sub 4 TC	1982
Steeple	8:35.75	Steve Chipman, BYU	1984
5000	13:44.51	Paul Williams, Canada	1982
10,000	28:31.26	Gidamis Shahanga, UTEP	1984
110H	13.61	Tony Campbell, unatt.	1983
400H	49.24	Quentin Wheeler, SDSU	1979
4 x 100	39.20	Robinson, Henley, King R. Brown, Arizona State	1982
4 x 200	1:21.12	M. Sanford, Mullins, J. Sanford, Green, USC	1980
4 x 400	3:04.2	Mullins, Bethany, J. Sanford, Green, USC	1980
HJ	7-4-1/2	Reynaldo Brown, Operation Push	1979
PV	17-9	Dave Kenworthy, USC	1983
LJ	26-3-3/4	Randy Williams, Tobias Striders	1979
TJ	55-4-1/4	Willie Banks, American Congress of Athletes	1980
SP	68-4-3/4	Jim Doehring, Stars and Stripes	1979
DT	214-6	Stefan Ferman, BYU	1984
HT	240-9	Matt Milehan, Fresno TC	1985
JT*	303-1	Tom Petranoff unatt.	1986
JT	260-8	Tom Petranoff unatt.	1986
Dec	7,704 pts.	Stan Vegar	1983

WESTERN ATHLETIC CONFERENCE RECORDS

100	10.18	Jerome Deal, UTEP	1981
200	20.27	Wardell Gilbreath, U. of Ariz.	1976
400	44.41	Ron Freeman, Arizona State	1968
800	1:45.68	Peter Lemashon, UTEP	1978
1500	3:35.8	Suleiman Nyambui, UTEP	1979
Steeple	8:21.6	James Munyala, UTEP	1976
		Henry Marsh, BYU	1977
5000	13:12.2	Suleiman Nyambui, UTEP	1979
10,000	27:36.2	Gabriel Kamau, UTEP	1982
110H	13.57	Gary Burl, Arizona State	1976
400H	48.64	Ralph Mann, BYU	1970
4 x 100	38.96	Arizona State	1975
4 x 400	3:01.7	Arizona State	1977
HJ	2.315 (7-7-1/4)	Milt Ottey, UTEP	1982
PV	5.485 (18-0)	Larry Jessee, UTEP	1975
LJ	8.16 (29-9-1/4)	Clarence Robinson, UNM	1965
		Gayle Hopkins, Arizona	1974
TJ	17.05 (55-11-1/4)	Steve Hana, UTEP	1981
SP	21.335 (70-0)	Hans Hognlund, UTEP	1975
DT	66-22 (217-3)	Goran Svensson, BYU	1981
HT	72.66 (238-5)	Peter Farmer, UTEP	1975
JT*	91.44 (300-0)	Mark Murro, Arizona State	1970
JT	242-1	Soren Tallhem	1986
Dec	8279 pts	Tito Steiner, BYU	1981

*Denotes toss with outdated Javelin

WOMEN'S CHOC SPORTSMAN TRACK RECORDS

100	10.97	Evelyn Ashford, Medalist TC	1982
200	23.58	Florence Griffith, UCLA	1981
400	52.18	Diane Dixon, Adams TC	1984
800	2:01.18	Ruth Wysocki, Brooks TC	1984
1500	4:14.62	Monica Joyce, SDSU	1981
3000	8:49.51	Monica Joyce, Converse TC	1984
5000	15:27.50	Monica Joyce, Converse TC	1983
10,000	34:22.1	Lynn Kanuka, SDSU	1981
100H	13.34	Deby LaPlante, SDSU	1979
400H	57.24	Robin Marks, Arizona	1981
4 x 100	44.44	Bolden, Howard, Fowler Gerald, UCLA	1981
4 x 400	3:34.9	Hannus, Bolten, Campbell, Griffith, Stanford TC	1982
4 x 800	8:47.24	Haller, Palmer, Davis, Romo, Cal	1984
800 SR	1:36.27	Bell, Micraw, Watkins, Johnson, SC Cheetahs	1984
HJ	6-5	Coleen Sommer, Adidas TC	1983
LJ	22-3-1/2	Beverly Kings, GBR	1984
TJ	43-4	Wendy Brown, USC	1986
SP	61-5-1/2	Ramona Pagel, Adidas	1985
DT	208-11	Meg Ritchie, Arizona	1981
JT	195-11	Karin Smith, Cal Poly-SLO	1981
Hep	5595 pts.	Tonya Alston, UCLA	1981
		Joan Russell, Coast Athletics	1983

BIG WEST RECORDS

100	11.57	Inger Peterson, UNLV	1986
200	23.61	Inger Peterson, UNLV	1984
400	53.06	Renee Ross, SDSU	1986
800	2:03.38	Renee Ross, SDSU	1986
1500	4:16.40	Trena Hull, UNLV	1987
3000	9:28.00	Lisa Gonzales, UCI	1984
5000	16:18.46	Beth McGrann, UCI	1986
10,000	36:46.44	Maureen Bradley, SDSU	1986
100H	13.46	LaTanya Sheffield, SDSU	1986
400H	55.90	LaTanya Sheffield, SDSU	1986
4 x 100R	45.14	Sheffield, Smith Moon, Ross, SDSU	1986
Mile Rel.	3:35.50	Smith, Ross, Hemmans, Sheffield, SDSU	1986
HJ	6-0	Tonya Mendonca, FSU	19

1989 SAN DIEGO STATE TRACK & FIELD SCHEDULE

<u>DATE</u>	<u>OPPONENT</u>	<u>SITE</u>	<u>TIME</u>
Jan. 28	SDSU All Comers Meet	Choc Sportsman Track	9:00 a.m.
Feb. 4	SDSU All Comers Meet	Choc Sportsman Track	9:00 a.m.
Feb. 11	Occidental and Cal Poly SLO	San Luis Obispo, CA	1:00 p.m.
Feb. 24-25	WAC Indoor Championships (M)	Colorado Springs, CO	TBA
Feb. 26	Long Beach Relays	Cerritos, CA	1:00 p.m.
Mar. 4	Aztec Track Classic	Choc Sportsman Track	9:00 a.m.
Mar. 11	Arizona	Tucson, AZ	1:00 p.m.
Mar. 18	USC	Los Angeles, CA	1:00 p.m.
Apr. 1	SDSU Spring Festival	Choc Sportsman Track	1:00 p.m.
Apr. 8	Iowa State, Adams State,	Tempe, AZ Arizona State	1:00 p.m.
Apr. 22-23	Mt. SAC Relays	Walnut, CA	TBA
Apr. 29-30	UC-Irvine Invitational	Irvine, CA	TBA
May 6	Aztec Open	Choc Sportsman Track	1:00 p.m.
May 11-12	Big West Championships (W)	Cerritos, CA	TBA
May 17-20	WAC Championships (M)	Albuquerque, NM	TBA
May 26	San Diego TAC Championships	Balboa Stadium	1:00 p.m.
June 1-3	NCAA Championships	Provo, UT	TBA

(All meets include men and women unless otherwise noted)