

~~AA~~ League Results

Lynne McNamee  
CES Member  
DE

1989

**CENTRAL  
COAST  
SECTION  
REGION I**

2 Field Event Results in back

**TRACK  
AND  
FIELD  
CHAMPIONSHIPS**

**AT FOOTHILL COLLEGE  
MAY 16 AND 18, 1989**

# ORDER OF EVENTS

## MAY 18, 1989

### RUNNING EVENTS

- 3:30 GIRLS 4x100 METER RELAY (SLOW-FAST)
- 3:45 BOYS 4x100 METER REALY (SLOW-FAST)
- 4:00 GIRLS 1600 METER RUN
- 4:10 BOYS 1600 METER RUN
- 4:20 BOYS 110 METER HIGH HURDLES
- 4:30 GIRLS 100 METER LOW HURDLES
- 4:35 GIRLS 400 METER DASH (SLOW-FAST)
- 4:45 BOYS 400 METER DASH (SLOW-FAST)
- 4:50 GIRLS 100 METER DASH
- 4:55 BOYS 100 METER DASH
- 5:00 GIRLS 800 METER RUN (SLOW-FAST)
- 5:05 BOYS 800 METER RUN (SLOW-FAST)
- 5:15 BOYS 300 METER INTERMEDIATE HURDLES
- 5:20 GIRLS 300 METER LOW HURDLES
- 5:30 GIRLS 200 METER DASH
- 5:35 BOYS 200 METER DASH
- 5:40 GIRLS 3200 METER RUN
- 5:55 BOYS 3200 METER RUN
- 6:10 GIRLS 4 x 400 METER RELAY (SLOW-FAST)
- 6:20 BOYS 4 x 400 METER RELAY (SLOW-FAST)

SERRA - CCS Region I Finals 05/18/89  
 Girls Varsity 400 Meter Relay

HEAT 1

LANE	COMPETITORS	TEAM	PL	MIN	SEC
1	15	Castilleja	0	0	56.60
2	13	Notre Dame S.J.	0	0	55.90
3	4	El Camino	0	0	55.00
4	3	Westmoor	0	0	53.90
5	11	Notre Dame Bel	0	0	54.70
6	12	Mercy	0	0	55.70
7	14	Sacred Heart	0	0	56.30
8					

HEAT 2

LANE	COMPETITORS	TEAM	PL	MIN	SEC
1	1	Jefferson	0	0	53.20
2	9	Mills	0	0	52.80
3	7	Aragon	0	0	52.40
4	6	Carlmont	0	0	50.00
5	5	Menlo Atherton	0	0	51.30
6	8	Burlingame	0	0	52.60
7	10	Woodside	0	0	53.10
8	2	Half Moon Bay	0	0	53.40

SERRA - CCS Region I Finals 05/18/89  
 Boys Varsity 400 Meter Relay

HEAT 1

LANE	COMPETITORS	TEAM	PL	MIN	SEC
1	9	Jefferson	0	0	46.74
2	15	Aragon	0	0	45.84
3	5	Archbishop Mitty	0	0	45.52
4	4	Serra	0	0	45.31
5	14	Capuchino	0	0	45.44
6	8	Half Moon Bay	0	0	45.54
7	16	Hillsdale	0	0	46.14
8	10	South S.F.	0	0	48.44

HEAT 2

LANE	COMPETITORS	TEAM	PL	MIN	SEC
1	13	San Mateo	0	0	44.94
2	2	Bellarmino	0	0	44.42
3	6	Oceana	0	0	44.04
4	1	Riordan	0	0	42.79
5	11	Mills	0	0	43.94
6	12	Carlmont	0	0	44.14
7	3	St. Francis	0	0	44.77
8	7	Westmoor	0	0	45.04

SERRA - CCS Region I Finals 05/18/89  
 Girls Varsity 1600 Meter Run

HEAT 1

ALLEY-

ROW	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1-1	21	Dancel, Alva	11	Mills	0	5	23.40
1-2	27	Haas		Notre Dame Bel	0	5	54.50
2-1	22	Jones, Suzanne	10	Carlmont	0	5	30.10
2-2	25	Mahaffey, Cynthia	12	Carlmont	0	5	57.70
3-1	23	Vega, Jane	11	Burlingame	0	5	39.20
3-2	19	Phipps, Jenny	12	Half Moon Bay	0	6	2.90
4-1	24	Russell, Jenni	11	Menlo Atherton	0	5	44.20
4-2	20	Olsen, Becky	9	Half Moon Bay	0	6	6.90
5-1	16	Wada, Michelle	10	Westmoor	0	5	48.50
5-2	28	Gallagher		Mercy	0	6	7.20
6-1	17	Devine, Jennifer	11	Half Moon Bay	0	5	51.20
6-2	29	Keefe		Mercy	0	6	11.20
7-1	26	Brightwell, Erin	9	Mills	0	5	53.20
7-2	30	Hughes, Bronwyn		Sacred Heart	0	6	19.80
8-1	18	Lee, Stacey	11	Westmoor	0	5	54.20
8-2	31	Wallace, Donielle		Castilleja	0	6	24.20

SERRA - CCS Region I Finals 05/18/89  
 Boys Varsity 1600 Meter Run

HEAT 1

ALLEY-

ROW	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1-1	17	Engler, Ed	12	Bellarmino	0	4	25.34
1-2	25	Laurence, Stuart	12	Carlmont	0	4	37.34
2-1	18	Wynn, Stefan	12	St. Francis	0	4	26.95
2-2	142	Newman-Robinson, Will	12	Serra	0	4	37.79
3-1	28	Regan, Mike	12	South S.F.	0	4	30.84
3-2	21	O'Flaherty, Rovon	11	Bellarmino	0	4	38.40
4-1	19	Clark, Willie	10	St. Francis	0	4	30.86
4-2	30	Devine, Chris	10	Half Moon Bay	0	4	38.74
5-1	29	Smith, Martin	12	Half Moon Bay	0	4	32.04
5-2	26	Vega, John	12	Burlingame	0	4	44.65
6-1	22	Kemist, Adam	11	Aragon	0	4	33.94
6-2	27	Tanner, Mark	12	Carlmont	0	4	46.14
7-1	23	Bupp, Andy	11	Woodside	0	4	34.24
7-2	31	Cooks, Mike	12	Half Moon Bay	0	4	48.54
8-1	24	Hannon, John	11	Woodside	0	4	36.44
8-2	32	Solano, Jose	12	Westmoor	0	4	52.34

SERRA - CCS Region I Finals 05/18/89  
 Boys Varsity 110 Meter HH FINAL

HEAT 1

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	44	Velasco, Carl	12	Westmoor	0	0	15.63
2	35	Besser, George	11	St. Francis	0	0	15.33
3	39	Taumoepau, John	12	Mills	0	0	15.20
4	33	Casey, George	11	Bellarmino	0	0	15.14
5	34	Kelly, Tom	12	Serra	0	0	15.13
6	38	Choy, Craig	12	Mills	0	0	15.28
7	36	Maximo, Carlos	11	Riordan	0	0	15.34
8	37	Baxter, Tim	11	Bellarmino	0	0	15.89

SERRA - CCS Region I Finals 05/18/89  
 Girls Varsity 100 Meter LH FINAL

HEAT 1

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	43	Winsor, Mary		Notre Dame S.J.	0	0	16.92
2	42	Sandrini, Kathy	11	Mills	0	0	16.73
3	40	Jenkins, Darice	12	Woodside	0	0	16.17
4	39	Torresdal, Candie	10	Woodside	0	0	15.96
5	37	Dodd, Anneieua	11	Carlmont	0	0	16.13
6	38	Swindell, Yolanda	12	Mills	0	0	16.63
7	32	Venable, Ingrid	11	Westmoor	0	0	16.80
8	41	Couluris, Joanna	11	Menlo Atherton	0	0	17.20

SERRA - CCS Region I Finals 05/18/89  
Girls Varsity 400 Meter Dash

HEAT 1

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	62	Girod		Notre Dame Bel	0	1	10.00
2	58	Negrete, Mabel	9	Burlingame	0	1	6.20
3	60	Ansaldi		Mercy	0	1	5.40
4	51	Forbes, Lisa	11	Half Moon Bay	0	1	3.80
5	57	Podlech, Meegan	9	San Mateo	0	1	4.00
6	52	Martin, Kelly	9	South S.F.	0	1	5.40
7	61	Poblete		Mercy	0	1	7.90
8	63	Chu, Jennifer		Castilleja	0	1	10.10

HEAT 2

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	59	Falcis, Charlene		Mercy	0	1	2.10
2	54	Wallace, Ebony	10	Sequoia	0	1	1.60
3	49	Bennett, Theresa	10	Westmoor	0	1	.50
4	48	Shelton, Melinda	10	Jefferson	0	0	59.30
5	53	Meade, Julie	11	Carlmont	0	1	.00
6	50	Wolf, Jessica	9	Half Moon Bay	0	1	.70
7	55	Luscap, Anna	10	Carlmont	0	1	2.00
8	56	Wilkins, Eileen	11	Aragon	0	1	3.00

SERRA - CCS Region I Finals 05/18/89  
Boys Varsity 400 Meter Dash

HEAT 1

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	58	Zolotar, Greg	12	Menlo Atherton	0	0	53.64
2	56	Reilly, Mike	12	Aragon	0	0	53.44
3	63	Whiting, Jesse	12	Half Moon Bay	0	0	52.84
4	53	Goulding, Rex	11	Bellarmine	0	0	52.35
5	62	Cordua, Nick	12	Half Moon Bay	0	0	52.54
6	64	Shreve, John	11	Westmoor	0	0	53.44
7	57	Ho, Hai	12	Aragon	0	0	53.54
8	59	Sepaher, Deny	12	Mills	0	0	53.94

HEAT 2

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	61	Eclavea, Matt	11	El Camino	0	0	52.04
2	60	Robinson, Andre	11	Jefferson	0	0	51.44
3	51	Murry, Jason	11	Riordan	0	0	50.02
4	49	Speech, Jeff	11	Riordan	0	0	49.22
5	50	⑥ Semien, Damien	12	Riordan	0	0	49.35
6	54	Teselle, Any	12	San Mateo	0	0	51.34
7	52	Haggerty, Kevin	10	Archbishop Mitty	0	0	51.85
8	55	Cox, Bill	11	Mills	0	0	52.14

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SERRA - CCS Region I Finals 05/18/89  
 Girls Varsity 100 Meter Dash FINAL

HEAT 1

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	65	Harris, Christina	9	South S.F.	0	0	13.64
2	50	Wolf, Jessica	9	Half Moon Bay	0	0	13.34
3	74	Brooks, Kellie		Mercy	0	0	13.26
4	68	Coleman, Annette	12	Carlmont	0	0	12.16
5	64	Moore, Noma	12	Jefferson	0	0	12.99
6	69	Earle, Angela	10	Menlo Atherton	0	0	13.27
7	70	Fields, Sonja	11	Carlmont	0	0	13.59
8	71	Pugh, Carin	9	Woodside	0	0	13.69

SERRA - CCS Region I Finals 05/18/89  
 Boys Varsity 100 Meter Dash FINAL

HEAT 1

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	77	Fuentes, Elizardo	12	Hillsdale	0	0	11.62
2	75	Fields, Omar	11	San Mateo	0	0	11.38
3	65	Rice, Matt	11	Bellarmino	0	0	11.32
4	70	Brandon, Eric	12	Oceana	0	0	11.24
5	39	Taumoepeau, John	12	Mills	0	0	11.29
6	71	Carter, Charles	10	Oceana	0	0	11.37
7	66	Naes, Eric	10	St. Francis	0	0	11.42
8	72	Barrett-Vann, Andy	11	Half Moon Bay	0	0	11.84

SERRA - CCS Region I Finals 05/18/89  
 Girls Varsity 800 Meter Run

HEAT 1

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	28	Gallagher		Mercy	0	2	55.10
2	19	Phipps, Jenny	12	Half Moon Bay	0	2	37.90
3	18	Lee, Stacey	11	Westmoor	0	2	38.20
4	78	Korte, Melissa	10	El Camino	0	2	38.20
5	79	Van Horbek, Kelly	9	Half Moon Bay	0	2	42.30
6	30	Hughes, Bronwyn		Sacred Heart	0	2	51.30
7	83	Noorani, Neelam		Castilleja	0	2	55.00
8	82	Navarro, Evette		Sacred Heart	0	2	55.00

HEAT 2

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	16	Wada, Michelle	10	Westmoor	0	2	37.30
2	22	Jones, Suzanne	10	Carlmont	0	2	21.90
3	23	Vega, Jane	11	Burlingame	0	2	27.70
4	26	Brightwell, Erin	9	Mills	0	2	29.30
5	24	Russell, Jenni	11	Menlo Atherton	0	2	29.80
6	80	Mahmoudi, Firuzeh	12	Burlingame	0	2	30.20
7	81	Cunningham, Cass	11	Mills	0	2	31.90
8	59	Falcis, Charlene		Mercy	0	2	32.30

SERRA - CCS Region I Finals 05/18/89  
 Boys Varsity 800 Meter Run

HEAT 1

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	93	Solloway, Mark	12	Half Moon Bay	0	2	7.04
2	91	Sarte, Ron	11	El Camino	0	2	2.74
3	28	Regan, Mike	12	South S.F.	0	2	3.64
4	87	Lancellotti, Charles	12	Burlingame	0	2	3.94
5	88	Watson, Brian	12	Mills	0	2	4.34
6	92	Whiting, Jesse	12	Half Moon Bay	0	2	4.84
7	89	Franco, White	11	Burlingame	0	2	4.84
8	23	Bupp, Andy	11	Woodside	0	2	5.14

HEAT 2

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	84	Owens, Desdra	12	Bellarmino	0	2	1.97
2	80	Engler, Ed	12	Bellarmino	0	1	58.46
3	81	Moschella, Chris	11	Bellarmino	0	1	58.80
4	90	Peterson, Kwesi	12	Oceana	0	2	.54
5	82	Heilman, Bill	12	Serra	0	2	.61
6	85	Vega, John	12	Burlingame	0	2	1.44
7	86	Grivosti, Nicholas	12	Mills	0	2	1.64
8	83	Wynn, Stefan	12	St. Francis	0	2	1.76



SERRA - CCS Region I Finals 05/18/89  
 Boys Varsity 300 Meter IH FINAL

HEAT 1

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	44	Velasco, Carl	12	Westmoor	0	0	41.18
2	41	Chang, Norman	11	Carlmont	0	0	40.96
3	37	Baxter, Tim	11	Bellarmino	0	0	40.37
4	94	McGuirk, Tom	12	St. Ignatius	0	0	38.86
5	38	Choy, Craig	12	Mills	0	0	40.07
6	95	Pak, Jim	12	Bellarmino	0	0	40.83
7	45	Gutierrez, Julio	11	Jefferson	0	0	41.17
8	34	Kelly, Tom	12	Serra	0	0	41.49

SERRA - CCS Region I Finals 05/18/89  
 Girls Varsity 300 Meter LH FINAL

HEAT 1

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	45	Zalezzi, Gina		Sacred Heart	0	0	51.20
2	86	Holt, Kelly	11	Woodside	0	0	49.89
3	32	Venable, Ingrid	11	Westmoor	0	0	48.86
4	64	Moore, Noma	12	Jefferson	0	0	48.02
5	41	Couluris, Joanna	11	Menlo Atherton	0	0	48.14
6	85	Crosby, Catherine	12	Aragon	0	0	49.61
7	42	Sandrini, Kathy	11	Mills	0	0	50.49
8	43	Winsor, Mary		Notre Dame S.J.	0	0	52.14

SERRA - CCS Region I Finals 05/18/89  
 Boys Varsity 300 Meter IH FINAL

HEAT 1

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	44	Velasco, Carl	12	Westmoor	0	0	41.18
2	41	Chang, Norman	11	Carlmont	0	0	40.96
3	37	Baxter, Tim	11	Bellarmino	0	0	40.33
4	94	McGuirk, Tom	12	St. Ignatius	0	0	38.86
5	38	Choy, Craig	12	Mills	0	0	40.07
6	95	Pak, Jim	12	Bellarmino	0	0	40.83
7	45	Gutierrez, Julio	11	Jefferson	0	0	41.17
8	34	Kelly, Tom	12	Serra	0	0	41.49

SERRA - CCS Region I Finals 05/18/89  
 Girls Varsity 300 Meter LH FINAL

HEAT 1

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	45	Zalezzi, Gina		Sacred Heart	0	0	51.20
2	86	Holt, Kelly	11	Woodside	0	0	49.89
3	32	Venable, Ingrid	11	Westmoor	0	0	48.86
4	64	Moore, Noma	12	Jefferson	0	0	48.02
5	41	Couluris, Joanna	11	Menlo Atherton	0	0	48.14
6	85	Crosby, Catherine	12	Aragon	0	0	49.61
7	42	Sandrini, Kathy	11	Mills	0	0	50.49
8	43	Winsor, Mary		Notre Dame S.J.	0	0	52.14

SERRA - CCS Region I Finals 05/18/89  
 Girls Varsity 200 Meter Dash FINAL

HEAT 1

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	56	Wilkins, Eileen	11	Aragon	0	0	27.71
2	49	Bennett, Theresa	10	Westmoor	0	0	27.25
3	74	Brooks, Kellie		Mercy	0	0	27.17
4	68	Coleman, Annette	12	Carlmont	0	0	25.29
5	90	Rodan, Juliana	9	Carlmont	0	0	26.94
6	53	Meade, Julie	11	Carlmont	0	0	27.17
7	65	Harris, Christina	9	South S.F.	0	0	27.60
8	77	Offen, Catherine		Menlo School	0	0	29.05

SERRA - CCS Region I Finals 05/18/89  
 Boys Varsity 200 Meter Dash FINAL

HEAT 1

LANE	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1	68	Rankins, Gerald	11	Riordan	0	0	23.35
2	66	Naes, Eric	10	St. Francis	0	0	23.05
3	50	Semien, Damien	12	Riordan	0	0	22.82
4	70	Brandon, Eric	12	Oceana	0	0	22.71
5	49	Speech, Jeff	11	Riordan	0	0	22.75
6	69	Hsu, Gus	11	Bellarmino	0	0	23.00
7	75	Fields, Omar	11	San Mateo	0	0	23.07
8	54	Teselle, Any	12	San Mateo	0	0	23.90

SERRA - CCS Region I Finals 05/18/89  
 Girls Varsity 3200 Meter Run

HEAT 1

ALLEY-

ROW	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1-1	21	Dancel, Alva	11	Mills	0	12	.50
1-2	20	Olsen, Becky	9	Half Moon Bay	0	13	33.40
2-1	23	Vega, Jane	11	Burlingame	0	12	24.80
2-2	16	Wada, Michelle	10	Westmoor	0	13	42.90
3-1	94	Harlick, Jeanene	9	Mills	0	12	34.40
3-2	92	Ambrogio, Jackie	11	South S.F.	0	13	59.00
4-1	95	Stein, Kerry	11	Burlingame	0	12	34.80
4-2	93	Fuller, Jennifer	10	South S.F.	0	14	1.00
5-1	96	Harlick, Diana	9	Mills	0	12	37.10
5-2	28	Gallagher		Mercy	0	14	12.50
6-1	25	Mahaffey, Cynthia	12	Carlmont	0	12	44.40
6-2	29	Keefe		Mercy	0	14	13.00
7-1	17	Devine, Jennifer	11	Half Moon Bay	0	13	4.50
7-2	31	Wallace, Donielle		Castilleja	0	14	38.60
8-1	27	Haas		Notre Dame Bel	0	13	21.00
8-2	97	Costello		Mercy	0	14	42.60

SERRA - CCS Region I Finals 05/18/89  
 Boys Varsity 3200 Meter Run

HEAT 1

ALLEY-

ROW	COMP	NAME	YEAR	TEAM	PL	MIN	SEC
1-1	107	Waxman, Derek	11	San Mateo	0	9	42.24
1-2	29	Smith, Martin	12	Half Moon Bay	0	9	58.84
2-1	24	Hannon, John	11	Woodside	0	9	45.34
2-2	108	Crandall, Russ	11	San Mateo	0	10	.64
3-1	102	Seewer, Nick	12	St. Francis	0	9	52.32
3-2	31	Cooks, Mike	12	Half Moon Bay	0	10	12.64
4-1	103	Kilbridge, Phil	11	Serra	0	9	54.40
4-2	111	Donahoe, Dan	12	Half Moon Bay	0	10	14.94
5-1	104	Zoldak, Dan	11	Bellarmino	0	9	55.87
5-2	109	Sipson, Clay	12	Menlo Atherton	0	10	17.44
6-1	23	Bupp, Andy	11	Woodside	0	9	57.34
6-2	112	Weller, Dave	12	Oceana	0	10	26.84
7-1	105	Mills, Steve	12	Bellarmino	0	9	57.40
7-2	110	Stein, Pat	12	Burlingame	0	10	36.14
8-1	106	Graves, Mike	12	Bellarmino	0	9	58.10
8-2	113	Negatu, Matt	11	El Camino	0	10	48.04

SERRA - CCS Region I Finals 05/18/89  
 Girls Varsity 1600 Meter Relay

HEAT 1

LANE	COMPETITORS	TEAM	PL	MIN	SEC
1	15	Castilleja	0	5	4.40
2	14	Sacred Heart	0	5	.30
3	101	Burlingame	0	4	35.50
4	100	Sequoia	0	4	28.30
5	11	Notre Dame Bel	0	4	35.30
6	4	El Camino	0	4	52.50
7	98	Terra Nova	0	5	.30
8	13	Notre Dame S.J.	0	5	37.60

HEAT 2

LANE	COMPETITORS	TEAM	PL	MIN	SEC
1	99	San Mateo	0	4	26.90
2	9	Mills	0	4	23.50
3	2	Half Moon Bay	0	4	21.20
4	6	Carlmont	0	4	13.20
5	1	Jefferson	0	4	14.90
6	12	Mercy	0	4	22.70
7	5	Menlo Atherton	0	4	25.00
8	3	Westmoor	0	4	27.90

SERRA - CCS Region I Finals 05/18/89  
 Boys Varsity 1600 Meter Relay

HEAT 1

LANE	COMPETITORS	TEAM	PL	MIN	SEC
1	116	Menlo Atherton	0	3	43.64
2	117	El Camino	0	3	43.34
3	114	St. Ignatius	0	3	37.94
4	15	Aragon	0	3	35.74
5	3	St. Francis	0	3	37.11
6	12	Carlmont	0	3	38.04
7	115	Woodside	0	3	43.64
8	181 181	South S.F.	0	3	46.64

HEAT 2

LANE	COMPETITORS	TEAM	PL	MIN	SEC
1	11	Mills	0	3	33.44
2	4	Serra	0	3	31.10
3	8	Half Moon Bay	0	3	30.14
4	6	Oceana	0	3	29.14
5	2	Bellarmino	0	3	29.62
6	1	Riordan	0	3	30.99
7	13	San Mateo	0	3	31.34
8	7	Westmoor	0	3	35.04

# FIELD EVENTS

3:00 BOYS LONG JUMP  
TRIALS AND FINALS

3:00 BOYS HIGH JUMP  
TO COMPLETION

3:00 BOYS SHOT PUT  
TRIALS AND FINALS

3:00 GIRLS DISCUS  
TRIALS AND FINALS

4:30 GIRLS TRIPLE JUMP  
TRIALS AND FINALS

(BEGINS IMMEDIATELY AFTER THE BOYS LONG JUMP)

SERRA - CCS Region I Trials  
Boys Varsity Long Jump

05/16/89

FLIGHT: 1

POS	COMP	NAME	YEAR	TEAM	PL	FEET	INCH
1	173	Spann, Eric	12	Hillsdale	0	19	2.00
2	172	Schoening, Mark	12	Capuchino	0	19	3.00
3	159	Mailangi, Vili	12	Capuchino	0	19	5.00
4	171	Jeffers, Dorne	12	Capuchino	0	19	7.00
5	160	Jolivet, Jason	12	Carlmont	0	19	7.00
6	101	Kong, William	12	Westmoor	0	19	8.00

FLIGHT: 2

POS	COMP	NAME	YEAR	TEAM	PL	FEET	INCH
1	170	Lawson, Mark	11	St. Francis	0	19	11.50
2	169	Miles, Mike	12	Bellarmino	0	20	1.00
3	46	Obot, Uwem	11	South S.F.	0	20	2.00
4	163	Hix, Griger	12	Half Moon Bay	0	20	6.50
5	44	Velasco, Carl	12	Westmoor	0	20	8.00

FLIGHT: 3

POS	COMP	NAME	YEAR	TEAM	PL	FEET	INCH
1	168	Viviani, Mike	12	Serra	0	20	9.00
2	98	Guzman, Gleron	12	Westmoor	0	21	.00
3	76	Maron, David	11	Mills	0	21	2.00
4	167	Heinrich, J.P.	12	Bellarmino	0	21	6.75
5	67	Hill, Scott	11	Riordan	0	21	11.50

SERRA - CCS Region I Trials  
Boys Varsity High Jump

05/16/89

FLIGHT: 1

POS	COMP	NAME	YEAR	TEAM	PL	FEET	INCH
1	157	Keyser, Matt	11	Serra	0	5	8.00
2	166	Threets, Gayle	11	Westmoor	0	5	8.00
3	165	Sparkes, Buana	11	Westmoor	0	5	8.00
4	161	McNichol, Rob	11	Capuchino	0	5	10.00
5	162	Treu, Brian	11	Burlingame	0	5	10.00
6	160	Jolivet, Jason	12	Carlmont	0	5	10.00
7	156	Martin, Jim	12	St. Francis	0	6	.00
8	65	Rice, Matt	11	Bellarmino	0	6	2.00
9	164	Ashley, Pat	11	Half Moon Bay	0	6	2.00
10	155	Svec, Dave	12	Bellarmino	0	6	2.00
11	163	Hix, Griger	12	Half Moon Bay	0	6	4.00
12	154	Walker, Greg	12	Bellarmino	0	6	4.00
13	46	Obot, Uwem	11	South S.F.	0	6	6.00
14	159	Mailangi, Vili	12	Capuchino	0	6	6.00
15	59	Sepaher, Deny	12	Mills	0	6	6.00
16	158	Pryor, Jimmie	11	Aragon	0	6	6.00



SERRA - CCS Region I Trials  
 Boys Varsity Shot Put

05/16/89

FLIGHT: 1

POS	COMP	NAME	YEAR	TEAM	PL	FEET	INCH
1	133	Wurz, Ed	11	Westmoor	0	42	5.00
2	132	Lepolo, Robert	12	Jefferson	0	43	1.50
3	131	Gorden, Gerrard	12	Jefferson	0	43	6.00
4	130	Cornett, Joe	12	South S.F.	0	45	9.00
5	128	Brandenburger, Peter	11	San Mateo	0	46	2.21
6	127	Mateialona, Tuli	12	Mills	0	46	2.21

FLIGHT: 2

POS	COMP	NAME	YEAR	TEAM	PL	FEET	INCH
1	126	Afu, Hala	12	Mills	0	46	3.00
2	122	Earnshaw, Matt	12	Serra	0	46	10.00
3	121	Steele, Chris	11	St. Francis	0	46	11.00
4	125	Duffey, Kevin	11	Aragon	0	47	5.00
5	124	Jackson, Antonio	11	Carlmont	0	49	7.00

FLIGHT: 3

POS	COMP	NAME	YEAR	TEAM	PL	FEET	INCH
1	123	Asiasi, David	12	San Mateo	0	50	1.25
2	120	McMahon, Kevin	11	Bellarmino	0	50	8.00
3	119	Cole, Tim	12	Serra	0	51	3.00
4	129	Bolden, Brandon	12	Oceana	0	52	1.50
5	118	Halterman, Eric	12	Serra	0	54	2.00

FLIGHT: 1

POS	COMP	NAME	YEAR	TEAM	PL	FEET	INCH
1	116	Condron, Eva		Notre Dame S.J.	0	74	.00
2	114	Tornabene, Anne		Sacred Heart	0	75	.00
3	113	Perkins		Notre Dame Bel	0	76	2.50
4	115	Crowder, Katie		Notre Dame S.J.	0	81	9.50
5	122	Kraljev, Tammy		Sacred Heart	0	85	2.00
6	104	Tuimavave, Maina	12	Jefferson	0	92	4.00

FLIGHT: 2

POS	COMP	NAME	YEAR	TEAM	PL	FEET	INCH
1	117	Bolfung, Sarah	12	Half Moon Bay	0	97	1.00
2	112	Luttrell, Laura	11	Woodside	0	98	.00
3	121	Paulus, Julie	10	Hilldale	0	99	.00
4	120	Stein, Michelle	12	Burlingame	0	99	6.00
5	119	Zuraek, Zaida	9	Aragon	0	101	11.00

FLIGHT: 3

POS	COMP	NAME	YEAR	TEAM	PL	FEET	INCH
1	118	McCormick, Jenny	12	San Mateo	0	108	2.00
2	107	Latu, Agnes	11	San Mateo	0	112	6.00
3	106	Mauga, Sal	12	Jefferson	0	114	.00
4	102	Powers, Collette	12	South S.F.	0	114	9.00
5	103	Mulitalo, Noue	12	Jefferson	0	117	9.00

SERRA - CCS Region I Trials 05/16/89  
 Girls Varsity Triple Jump

FLIGHT: 1

POS	COMP NAME	YEAR	TEAM	PL	FEET	INCH
1	150 Nikraves, B.		Notre Dame Bel	0	26	3.00
2	149 Scott, Jennifer		Mercy	0	26	5.00
3	148 DeLeon, M.		Mercy	0	27	1.00
4	147 DeLeon, J.		Mercy	0	27	4.00
5	85 Crosby, Catherine	12	Aragon	0	29	6.00
6	144 Kauffman, Peggy	11	Half Moon Bay	0	29	7.00

FLIGHT: 2

POS	COMP NAME	YEAR	TEAM	PL	FEET	INCH
1	143 Cyr, Karyn	11	Westmoor	0	29	9.50
2	134 Egan, Kelly	11	Westmoor	0	29	11.00
3	146 Lee, Rachel	10	Woodside	0	30	2.00
4	89 Sullivan, Lauletta		Sacred Heart	0	30	3.00
5	123 Cerecedes, Nancy	10	Westmoor	0	30	11.50

FLIGHT: 3

POS	COMP NAME	YEAR	TEAM	PL	FEET	INCH
1	139 Malkin, Jennifer	10	Aragon	0	31	2.50
2	40 Jenkins, Darice	12	Woodside	0	32	1.00
3	145 Perkins, Nalungo	9	Menlo Atherton	0	32	9.00
4	135 Chan, Diana	12	Jefferson	0	33	.00
5	55 Luscap, Anna	10	Carlmont	0	33	2.50

RESULTS AND SCORING  
FROM MAY 16, 1989

SERRA - CCS Region I Finals 05/18/89  
SCORE FOR Boys Varsity THROUGH 3 EVENTS

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1.	St. Francis	22.00
2.	Riordan	18.00
3.	Bellarmino	15.00
4.	Aragon	10.00
5.	Serra	8.00
6.	Capuchino	6.00
6.	Mills	6.00
8.	South S.F.	4.00
9.	Burlingame	2.00
10.	Half Moon Bay	1.00
10.	San Mateo	1.00
12.	Jefferson	.00
12.	Westmoor	.00
12.	Hillsdale	.00
12.	SHC	.00
12.	St. Ignatius	.00
12.	Oceana	.00
12.	Terra Nova	.00
12.	Menlo Atherton	.00
12.	Archbishop Mitty	.00
12.	Woodside	.00
12.	Carlmont	.00
12.	El Camino	.00
12.	Sequoia	.00

SERRA - CCS Region I Finals 05/18/89  
SCORE FOR Girls Varsity THROUGH 3 EVENTS

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1.	Carlmont	22.00
2.	Mills	16.00
3.	Woodside	14.00
4.	Menlo Atherton	12.00
5.	San Mateo	11.00
6.	Burlingame	10.00
7.	South S.F.	8.00
7.	Jefferson	8.00
7.	Aragon	8.00
10.	Notre Dame Bel	4.00
11.	Sacred Heart	3.00
12.	Westmoor	1.00
13.	Menlo School	.00
13.	Notre Dame S.J.	.00
13.	Mercy	.00
13.	Oceana	.00
13.	Hilldale	.00
13.	Capuchino	.00
13.	Sequoia	.00
13.	Half Moon Bay	.00
13.	Terra Nova	.00
13.	Castilleja	.00
13.	El Camino	.00

## SERRA - CCS Region I Finals 05/18/89

Girls Varsity Long Jump

PLACE	COMP#	NAME	YEAR	TEAM	POINTS	FEET	INCH
1	68	Coleman, Annette	12	Carlmont	10.00	20	.00
2	40	Jenkins, Darice	12	Woodside	8.00	16	8.50
3	138	Absner, Shari	12	Mills	6.00	16	8.00
4	140	Everson, Christina	10	Burlingame	4.00	16	2.25
5	44	Chiamparino, Colette	11	Sacred Heart	2.00	16	2.00
6	57	Podlech, Meegan	9	San Mateo	1.00	16	.50
7	139	Malkin, Jennifer	10	Aragon	.00	15	4.50
8	134	Egan, Kelly	11	Westmoor	.00	15	2.00

## SERRA - CCS Region I Finals 05/18/89

Girls Varsity High Jump

PLACE	COMP#	NAME	YEAR	TEAM	POINTS	FEET	INCH
1	126	Johnson, Chi	10	Menlo Atherton	10.00	5	4.00
2	38	Swindell, Yolanda	12	Mills	8.00	5	4.00
3	127	Humiston, Kiley	12	Aragon	6.00	5	2.00
4	128	Christiansen, Cherie	11	Burlingame	4.00	5	.00
5	40	Jenkins, Darice	12	Woodside	2.00	4	10.00
6	129	Holt, Kelly	11	Woodside	1.00	4	8.00
7	123	Cerecedes, Nancy	10	Westmoor	.00	4	8.00
8	130	Ledbetter, Carrie		Menlo School	.00	4	8.00

## SERRA - CCS Region I Finals 05/18/89

Girls Varsity Shot Put

PLACE	COMP#	NAME	YEAR	TEAM	POINTS	FEET	INCH
1	108	Molinar, Laura	10	Carlmont	10.00	38	9.75
2	107	Latu, Agnes	11	San Mateo	8.00	37	3.25
3	102	Powers, Collette	12	South S.F.	6.00	35	8.50
4	103	Mulitalo, Noue	12	Jefferson	4.00	34	9.75
5	113	Perkins		Notre Dame Bel	2.00	34	1.50
6	104	Tuimavave, Maina	12	Jefferson	1.00	33	6.00
7	44	Chiamparino, Colette	11	Sacred Heart	.00	32	3.00
8	110	Loutas, Mary Ellen	10	Hilldale	.00	32	.50

## SERRA - CCS Region I Finals 05/18/89

Boys Varsity Pole Vault

PLACE	COMP#	NAME	YEAR	TEAM	POINTS	FEET	INCH
1	144	Schumacher, Scott	12	St. Francis	9.00	13	6.00
1	143	Buckley, Sean	11	St. Francis	9.00	13	6.00
3	149	Andrews, Brian	12	Capuchino	6.00	13	.00
4	145	Casaam, Peter	11	St. Francis	4.00	12	6.00
5	146	El-Katcha, Karim	12	Serra	2.00	12	6.00
6	150	Baldwin, Ed	12	San Mateo	1.00	12	6.00
7	152	Pargett, Nick	11	Woodside	.00	11	6.00
8	151	Gavallos, George	11	Mills	.00	11	.00
8	148	MacDonald, Sean	12	Capuchino	.00	11	.00

## SERRA - CCS Region I Finals 05/18/89

Boys Varsity Discus

PLACE	COMP#	NAME	YEAR	TEAM	POINTS	FEET	INCH
1	125	Duffey, Kevin	11	Aragon	10.00	157	7.50
2	120	McMahon, Kevin	11	Bellarmino	8.00	147	5.50
3	127	Mateialona, Tuli	12	Mills	6.00	147	.00
4	122	Earnshaw, Matt	12	Serra	4.00	142	10.00
5	118	Halterman, Eric	12	Serra	2.00	139	2.00
6	134	Bowers, Brad	11	Bellarmino	1.00	137	.00
7	138	Mataele, Semisi	12	Menlo Atherton	.00	134	8.00

## SERRA - CCS Region I Finals 05/18/89

Boys Varsity Triple Jump

PLACE	COMP#	NAME	YEAR	TEAM	POINTS	FEET	INCH
1	176	Rucker, Khaldun	12	Riordan	10.00	45	9.50
2	67	Hill, Scott	11	Riordan	8.00	45	9.25
3	37	Baxter, Tim	11	Bellarmino	6.00	45	1.00
4	46	Obot, Uwem	11	South S.F.	4.00	44	11.00
5	179	Hau, Peter	12	Burlingame	2.00	43	10.00
6	164	Ashley, Pat	11	Half Moon Bay	1.00	43	6.50
7	177	White, Sunni	12	Menlo Atherton	.00	43	6.00
8	101	Kong, William	12	Westmoor	.00	42	7.50