

Boys' Track

Region IV meet

SALINAS — Results from the Central Coast Section Region IV boys' track and field championships at Hartnell College:

Team scores — 1. Santa Cruz 99, 2. Watsonville 44, 3. Salinas 37, 4. Gilroy 36, Monterey 36, North Monterey County 36, 7. San Lorenzo Valley 33, 8. Palma 20, 9. Hollister 19, King City 19, 11. North Salinas 12, 12. Gonzales 11, 13. Seaside 10, York 10, 15. Carmel 9, Robert Louis Stevenson 9, 17. Berean Christian 8, 18. Live Oak (Morgan Hill) 5, 19. Ajsal 4. No points — Aptos, Harbor, Fremont Christian, Redwood Christian.

400 relay — 1. Monterey 43.50, 2. Gilroy, 43.61, 3. Soquel 44.10, 4. Watsonville 44.15, 5. Salinas 44.22, 6. North Monterey County 44.44

100 — 1. Teal (Mon) 11.14, 2. Arteaga (W) 11.14, 3. Davis (KC) 11.34, 4. Cullom (Car) 11.41, 5. Bell (SC) 11.43, 6. Mebane (Sea) 11.58

200 — 1. Jones (SC) 22.05, 2. Teal (Mon) 22.53, 3. Arteaga (W) 22.65, 4. Zurita (NS) 23.05, 5. Melbang (Sea) 23.15, 6. Thomas (RLS) 23.16

400 — 1. Jones (SC) 49.41, 2. Buttrita (Soq) 50.45, 3. Thomas (RLS) 50.91, 4. Rojas (Ali) 50.92, 5. Livingston (Mon) 51.14, 6. Burrell (Sea) 51.28

800 — 1. Lang (SC) 1:57.5, 2. King (NC) 1:58.0, 3. Dvorak (Sal) 1:58.4, 4. Fantham (Soq) 1:58.5, 5. Arnold (Y) 2:00.0, 6. McBeth (Gil) 2:00.0

1,600 — 1. Rodriguez (SLV) 4:18.3, 2. Arnold (Y) 4:22.8, 3. Roman (W) 4:23.5, 4. Kamp (SLV) 4:25.8, 5. Carrillo (Sal) 4:30.2, 6. Mayers (Soq) 4:31.3

3,200 — 1. Rodriguez (SLV) 9:41.7, 2. Kamp (SLV) 9:48.7, 3. Solarlo (Gil) 9:52.4, 4. Carrillo (Sal) 9:57.0, 5. Soliven (NC) 9:58.9, 6. Martinez (NC) 10:05.1

110 HH — 1. Shields (SC) 15.0, 2. Hultzen (SC) 15.2, 3. Jones (Soq) 15.5, 4. Honan (W) 15.7, 5. Lacap (Pal) 15.7, 6. Salacci (Gil) 15.9

300 IH — 1. Shields (SC) 38.0, 2. Lacap (Pal) 40.3, 3. McNowen (Hol) 40.4, 4. Garcia (KC) 40.4, 5. Gomez (NC) 40.7, 6. Hultzen (SC) 40.9

LJ — 1. Stephenson (Gil) 22-7 $\frac{3}{4}$, 2. Buttrita (Soq) 22-5 $\frac{1}{4}$, 3. Jones (SC) 21-6 $\frac{1}{4}$, 4. Hultzen (Mon) 21-5, 5. Gonzales (Gil) 20-4 $\frac{1}{2}$, 6. Buenrostro (LO) 20-3

TJ — 1. Price (Sal) 45-3 $\frac{1}{2}$, 2. Zurita (NS) 44-5, 3. Heiny (NC) 43-1 $\frac{1}{2}$, 4. Shields (SC) 42-11, 5. Klinger (NC) 42-4, 6. Almanza (Gon) 41-5

HJ — 1. Lopez (Gil) 6-11 $\frac{1}{2}$, 2. Richards (SC) 6-4, 3. Stephenson (Gil) 6-4, 4. Wolley (Car) 6-2, 5. Jones (Mon) 6-0, 6. Gladden (SLV) 6-0

Discus — 1. Felice (Pal) 161-3, 2. Stephens (W) 154-5, 3. Swanson (Hol) 153-4, 4. Thure (Sal) 148-1, 5. Paz (W) 145-0, 6. Kampusch (Car) 144-1

SP — 1. Breaux (NC) 53-8, 2. Anderson (BC) 51-1 $\frac{3}{4}$, 3. Swanson (Hol) 48-1, 4. Paz (W) 46-6 $\frac{3}{4}$, 5. McEvoy (W) 46-3 $\frac{1}{2}$, 6. Thure (Sal) 46-1 $\frac{1}{2}$

PV — 1. Friebe (Soq) 14-6, 2. Davis (KC) 13-6, 3. Bohner (Soq) 12-6, 4. Heremoto (LO) 13-0, 5. Tolbert (Gil) 12-4, 6. Garcia (KC) 12-6

1,600 relay — 1. Santa Cruz 3:25.2, 2. Salinas 3:28.0, 3. Seaside 3:28.2, 4. North Monterey County 3:28.7, 5. Robert Louis Stevenson 3:29.0, 6. Hollister 3:31.6

Girls' Track

Region IV meet

SALINAS — Results from the Central Coast Section Region IV girls' track and field championships at Hartnell College:

Team scores — 1. Santa Cruz 58, 2. Watsonville 40½, 3. North Monterey County 39, 4. Salinas 37½, 5. Notre Dame (Salinas) 35½, 6. Harbor 30, 7. Soquel 29.5, 8. Hollister 27, 9. San Lorenzo Valley 25.5, 10. King City 23, 11. Monterey 22, 12. Seaside 20, 13. Live Oak (Morgan Hill) 18, 14. Gilroy 17, 15. North Salinas 15, 16. Aptos 10½, 17. Fremont Christian 4, Redwood Christian 4, Santa Catalina 4, 20. Gonzales 2. No points — Alisal, Berean Christian, Carmel.

400 relay — 1. Santa Cruz 50.66, 2. Monterey 51.33, 3. Soquel 51.36, 4. North Salinas 51.41, 5. North Monterey County 51.68, 6. San Lorenzo Valley 51.87

100 — 1. Weinheimer (Hol) 12.72, 2. Pillars (SC) 12.91, 3. Poli (Soq) 12.93, 4. Roberts (Sea) 13.00, 5. Randall (ND) 13.01, 6. Guzman (NS) 13.19

200 — 1. Weinheimer (Hol) 26.21, 2. Randall (ND) 26.50, 3. Clark (SC) 26.88, 4. Gonzales (NS) 26.93, 5. Walker (Apt) 27.02, 6. Poli (Soq) 27.03

400 — 1. Moore (Har) 58.12, 2. Fierro (SC) 59.60, 3. Clark (SC) 1:00.55, 4. Stafne (RC) 1:01.37, 5. Tierney (Mon) 1:02.75, 6. Wilkinson (KC) 1:02.96

800 — 1. Cohan (Sal) 2:18.1, 2. Orozco (NC) 2:22.2, 3. Christianson (SLV) 2:24.8, 4. Dawes (ND) 2:26.9, 5. Shadel (Soq) 2:27.0, 6. Skillman (Gil) 2:29.2

1,600 — 1. Luna (W) 5:12.9, 2. Keil (SLV) 5:13.5, 3. Kaiser (Sea) 5:15.0, 4. Cortez (NC) 5:35.7, 5. Brownell (Gil) 5:38.0, 6. Brooks (ND) 5:39.1

3,200 — 1. Kaiser (Sea) 11:28.0, 2. Luna (W) 11:34.3, 3. Keil (SLV) 11:56.9, 4. Leighwood (SCat) 12:10.0, 5. Dauphine (RLS) 12:20.4, 6. Cortez (NC) 12:29.9

100 LH — 1. Moore (Har) 15.47, 2. Whicello (Soq) 16.21, 3. McCord (ND) 16.59, 4. French (Gil) 16.60, 5. Thornley (SLV) 16.70, 6. Ruper (Soq) 16.81

300 LH — 1. Moore (Har) 45.1, 2. Granata (LO) 47.6, 3. Rivera (W) 47.8, 4. Wilkinson (KC) 47.9, 5. Thornley (SLV) 48.4, 6. Ross (Sal) 48.4

LJ — 1. Jones (NC) 17-4, 2. Cohan (Sal) 16-0½, 3. Velasco (KC) 15-11¾, 4. Diller (Soq) 15-9¼, 5. Guzman (NS) 15-8½, 6. Thornley (SLV) 15-2¼

Tj — 1. Sherwood (W) 34-8, 2. Campbell (KC) 32-11, 3. Schapper (ND) 32-9, 4. Stanley (Sal) 32-1, 5. Regazzi (KC) 31-5, 6. Jimenez (Gon) 31-2½

HJ — 1. Salmon (LO) 5-4, 2. Hausvik (Mon) 5-2, 3. Loeffler (W) 5-0, 4. Frias (FC) 5-0, 5. Randali (ND) 4-10, Poli (Soq) 4-10

Discus — 1. Tilley (Gil) 119-4, 2. Singer (SC) 116-2, 3. Chism (NC) 108-5, 4. Hausvik (Mon) 103-0, 5. Garcia (NC) 102-2, 6. Weinheimer (Hol) 101-9

SP — 1. Carrillo (Sal) 34-4¼, 2. Burnahm (Apt) 33-2¼, 3. Meza (Hol) 32-4½, 4. Rivera (NS) 32-3¾, 5. Singer (SC) 32-2½, 6. Jimenez (Gon) 31-11¾

1,600 relay — 1. Santa Cruz 4:04.8, 2. Notre Dame 4:07.7, 3. North Monterey County 4:10.6, 4. Salinas 4:14.1, 5. King City 4:15.7, 6. Aptos 4:20.9, Watsonville 4:20.9

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Girls Track

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400 relay — 1. Monterey 43.50, 2. Gilroy 43.67, 3. Soquel 44.10, 4. Watsonville 44.15, 5. Salinas 44.22, 6. North Monterey County 44.45, 100 — 1. Teal (Mon) 11:14, 2. Arreaga (W) 11:16, 3. Davis (KC) 11:36, 4. Calum (Car) 11:41, 5. Bell (SC) 11:43, 6. Mebane (Sea) 11:50.

1500 — 1. Jones (SC) 22:05, 2. Teal (Mon) 22:51, 3. Arreaga (W) 22:45, 4. Zurita (NS) 23:05, 5. Mebane (Sea) 23:15, 6. Thomas (RLS) 23:16.

400 — 1. Jones (SC) 49:41, 2. Butitta (So) 50:45, 3. Thomas (RLS) 50:97, 4. Rojas (Alt) 50:97, 5. Livingston (Mon) 51:14, 6. Burrell (So) 51:59.

800 — 1. Lang (SC) 1:57.55, 2. King (NC) 1:58.01, 3. Overax (Sal) 1:58.44, 4. Farrant (So) 1:58.55, 5. Arnold (Y) 2:00.00, 6. McBeth (Gil) 2:00.00.

1400 — 1. Rodriguez (SLV) 4:18.3, 2. Arnold (Y) 4:22.8, 3. Roman (W) 4:23.5, 4. Kamo (SLV) 4:25.5, 5. Carrillo (Sal) 4:29.1, 6. Mayers (So) 4:31.3.

3200 — 1. Rodriguez (SLV) 9:41.7, 2. Kamo (SLV) 9:48.7, 3. Sobrio (Gil) 9:52.4, 4. Carrillo (Sal) 9:57.0, 5. Soliven (NC) 9:58.9, 6. Martinez (NC) 10:05.

710 HM — 1. Shields (SLV) 1:58.0, 2. Hutten (SC) 1:52, 3. Jones (SC) 1:53, 4. Hagan (W) 1:57, 5. Lacap (Pal) 1:57, 6. Salanci (Gil) 1:59.

300 IH — 1. Shields (SC) 38.0, 2. Lacap (Pal) 40.3, 3. McKown (So) 41.4, 4. Garcia (KC) 40.4, 5. Gomez (NC) 40.7, 6. Hutten (SC) 40.9.

LJ — 1. Stephenson (Gil) 27-7/8, 2. Butitta (So) 27-5/8, 3. Jones (SC) 27-4/8, 4. Hutchins (Mon) 21-5/8, 5. Gonzales (Gil) 20-4/8, 6. Buenrosro (LO) 20-3/8.

TJ — 1. Price (Sal) 45-3/8, 2. Zurita (NS) 44-5/8, 3. Healy (NC) 42-1/8, 4. Snelas (SC) 42-1/8, 5. Klinger (NC) 42-4/8, 6. Altmanzo (Gil) 41-5/8.

HJ — 1. Lopez (NC) 4-11/16, 2. Richards (SC) 6-4, 3. Stephenson (Gil) 6-4, 4. Wolley (Car) 6-2, 5. Jones (Mon) 6-3, 6. Gaudin (SLV) 6-0.

Discus — 1. Felice (Pal) 161-3/8, 2. Stephens (W) 154-5/8, 3. Swanson (Holl) 153-4, 4. Thure (Car) 146-1, 5. Paz (W) 145-0, 6. Komoroski (Car) 144-1.

SP — 1. Breaux (NC) 53-4, 2. Anderson (KC) 51-7/8, 3. Swanson (Holl) 49-1/8, 4. Paz (W) 46-4/8, 5. McEvoy (W) 46-3/8, 6. Thure (Sal) 46-1/16.

PV — 1. Friederbach (SC) 14-4, 2. Davis (KC) 13-4, 3. Boehner (So) 13-4, 4. Bennett (LO) 13-0, 5. Tolbert (Gil) 13-4, 6. Garcia (KC) 12-4.

1400 relay — 1. Santa Cruz 2:52.2, 2. Salinas 2:58.0, 3. Seaside 2:58.2, 4. North Monterey 2:57.0, 5. Robert Louis Stevenson 2:57.0, 6. Hollister 3:13.4.

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400 relay — 1. Santa Cruz 50.84, 2. Monterey County 51.86, 3. Monterey 51.83, 3. Soquel 51.36, 4. North Salinas 51.81, 5. North Monterey County 51.88, 6. San Lorenzo Valley 51.87.

100 — 1. Weinheimer (Holl) 12:72, 2. Pillars (SC) 12:91, 3. Poli (So) 12:83, 4. Roberts (Sea) 13:00, 5. Randall (ND) 13:01, 6. Guzman (NS) 13:19.

200 — 1. Weinheimer (Holl) 26:21, 2. Randall (ND) 26:50, 3. Clark (SC) 26:80, 4. Gonzales (NS) 26:73, 5. Walker (Adel) 27:00, 6. Poli (So) 27:03.

400 — 1. Moore (Har) 58:12, 2. Fierro (SC) 59:40, 3. Clark (SC) 1:00:55, 4. Staine (RC) 1:01:37, 5. Tierney (Mon) 1:02:75, 6. Wilkinson (KC) 1:02:16.

800 — 1. Conon (Sal) 2:18.1, 2. Oratio (NC) 2:22.2, 3. Christian (SLV) 2:24.8, 4. Dawson (ND) 2:24.9, 5. Shadel (So) 2:27.4, 6. Skillman (Gil) 2:29.2.

1400 — 1. Luna (W) 5:12.9, 2. Keil (SLV) 5:13.3, 3. Kaiser (Sea) 5:15.0, 4. Cortez (NC) 5:23.7, 5. Brownell (Gil) 5:38.0, 6. Brooks (ND) 5:39.

3200 — 1. Kaiser (Sea) 11:28.0, 2. Luna (W) 11:34.3, 3. Kaiser (Sea) 11:34.9, 4. Leigh-Wood (SC) 12:10.0, 5. Dauphine (RLS) 12:20.4, 6. Cortez (NC) 12:29.9.

100 LH — 1. Moore (Har) 15:47, 2. White (So) 16:21, 3. McCord (ND) 16:59, 4. French (Gil) 16:40, 5. Thorney (SLV) 16:70, 6. Ruger (So) 16:81.

200 LH — 1. Moore (Har) 45:1, 2. Granata (LO) 47:4, 3. Rivera (W) 47:4, 4. Wilkinson (KC) 47:9, 5. Thorney (SLV) 48:4, 6. Ross (Sal) 48:1.

LJ — 1. Jones (NC) 17-4, 2. Conon (Sal) 16-0, 3. Velasco (KC) 15-11, 4. Diller (So) 15-9, 5. Guzman (NS) 15-8, 6. Thornley (SLV) 15-7.

TJ — 1. Sherwood (W) 34-8, 3. Campbell (KC) 32-1, 3. Schaeper (NC) 32-9, 4. Jimenez (Mon) 31-5.

HJ — 1. Salimon (LO) 5-4, 2. Haavvik (Mon) 5-2, 3. Loeffler (W) 5-0, 4. Pias (FC) 5-0, 5. Randall (ND) 4-10, 6. Poli (So) 4-10.

Discus — 1. Tiley (Gil) 117-4, 2. Singer (So) 116-7, 3. Chom (NC) 108-5, 4. Haavvik (Mon) 103-0, 5. Garcia (NC) 102-2, 6. Weinheimer (Holl) 101-9.

SP — 1. Carrillo (Sal) 34-4, 2. Burzahn (NS) 32-3, 3. Singer (So) 32-2, 4. Jimenez (Mon) 32-3, 5. Singer (So) 32-2, 6. Jimenez (Mon) 31-11.

1400 relay — 1. Santa Cruz 4:04.2, 2. Notre Dame 4:07.7, 3. North Monterey County 4:10.4, 4. Salinas 4:11.1, 5. King City 4:15.7, 6. Aptos 4:20.9, Watsonville 4:20.9.



The Cards' Tim Shields won the 100-meter hurdles in 15 flat. Martha Luna nipped Jenni Keil in the 1,000.



SC's Rox Pillars took second in the 100 at 12:91, with Jen Poli right behind at 12:93. Heather Singer was second in the discus at 116 feet, 2 inches.

Moore's wins not even close

By KEVIN WOODWARD

Send out your SALSINAS — When Harbor High senior Dina Moore runs, she makes it look easy.

"Maybe even too easy. I really am a hamster, you know," said Moore. "I have to go out there and work hard when I run."

What Moore got Saturday was three headed victories in the Region IV Track and Field Championships at Hartnell College.

"The 1000-meter Pirate runner, who has been running the hurdles for less than two months, continued her dominance in the two events with winning times of 15:47 seconds in the 100-meter race and 41:1 in the 300 lows to go along with a first-place effort of 46:12 in the 400."

"The one I was really 'worried about' was the 800," said Moore, who plans to run all three races at the Central Coast Section meet.



Joe Rodriguez ran alone in the mile, winning in 4 minutes, 18.3 seconds.



Mike Jones was third in the long jump.

Girls

Continued from Page D1

A low at the league meet last week to San Lorenzo Valley Freshman Jenni Keil.

"I run smart this time," said Luna, who didn't go out fast like she did last week. This time, she ran a steady pace and had more than enough left to hold off Keil both at the end. Luna won her race by a whole second's edge at 2:23, while Keil finished in a place time of 3:13, a new SLV standard.

Other individual victories for SCAL athletes came in the long jump, where North County's Gretchen Jones won in a 17-foot 4 inches, and the triple jump, where Watsonville's Christina Sherwood was first in 34.4. Both jumps were league best efforts.

Santa Cruz dashed to the team title on the strength of its sprinters, Ron Pillars, Christina Thompson, Mia Pierra and Keren Clark opened the day for the Cardinals with a winning time of 4:04 in the 400 relay, and Clark, Billy LaRaque, Pierra and Thompson ended it with a first in the 1400 relay in a school record 16:41.

Along with Clark, SLV's Stephanie Thornley also qualified for CCS in four events, the 100 hurdles (1:05), the 300 hurdles (4:16), the long jump (40ft) and the 400 yard.

Officially, the meet did not end Saturday. Watsonville and Aptos finished in a tie for fourth place — the last CCS qualifying position — in the 1400 relay in CCS. Because the two schools ran in separate heats, an Anstrack photograph could not be used as a tiebreaker, forcing a special runoff race at 8 p.m. Monday at Soquel.

Boys

Continued from Page D1

Other double-winners included Shields, who captured the 100 high and 200, and a Valley distance runner Joe Rodriguez, who walked away with first in the 1400 and 3200.

With the top six in each event advancing to Thursday's CCS meet at San Jose State College, the Cardinals led the way in the 800 with a winning time of 4:21.6. The runner-up was first in 5:14, a new SLV standard.

Shields, an old team, qualified in four events, adding a fourth place in the 200 to go along with his two individual and team victories.

"This morning I felt really lethargic, but once the adrenaline started pumping, I thought not again," said Shields, who high-jumped to a victory in the high hurdles when previous sportscaster Kenna Hatten of North Monterey County was scratched from the event after a fall.

Hatten, who had tripped over the last hurdle in the race, then literally crawled to a third-place finish just to make the field, but the fastest time of the year among Region IV runners to 16:47. She only had, but Hatten scratched because of an ankle injury in the trials of the long jump as well.

"I just had to focus on my race," said Shields, who led a high-three finish by SCAL hurdles in the high. "I don't worry about anybody else."

Duncan — 1. Metz (NS) 22-4, 2. Rivera (W) 22-4, 3. Chom (NC) 22-4, 4. Jimenez (Mon) 22-4, 5. Garcia (NC) 22-4, 6. Weinheimer (Holl) 22-4.

SP — 1. Carrillo (Sal) 34-4, 2. Burzahn (NS) 32-3, 3. Singer (So) 32-2, 4. Jimenez (Mon) 32-3, 5. Singer (So) 32-2, 6. Jimenez (Mon) 31-11.

1400 relay — 1. Santa Cruz 4:04.2, 2. Notre Dame 4:07.7, 3. North Monterey County 4:10.4, 4. Salinas 4:11.1, 5. King City 4:15.7, 6. Aptos 4:20.9, Watsonville 4:20.9.

1000 — 1. Luna (W) 5:12.9, 2. Keil (SLV) 5:13.3, 3. Kaiser (Sea) 5:15.0, 4. Cortez (NC) 5:23.7, 5. Brownell (Gil) 5:38.0, 6. Brooks (ND) 5:39.

3200 — 1. Kaiser (Sea) 11:28.0, 2. Luna (W) 11:34.3, 3. Kaiser (Sea) 11:34.9, 4. Leigh-Wood (SC) 12:10.0, 5. Dauphine (RLS) 12:20.4, 6. Cortez (NC) 12:29.9.

100 LH — 1. Moore (Har) 15:47, 2. White (So) 16:21, 3. McCord (ND) 16:59, 4. French (Gil) 16:40, 5. Thorney (SLV) 16:70, 6. Ruger (So) 16:81.

200 LH — 1. Moore (Har) 45:1, 2. Granata (LO) 47:4, 3. Rivera (W) 47:4, 4. Wilkinson (KC) 47:9, 5. Thorney (SLV) 48:4, 6. Ross (Sal) 48:1.

LJ — 1. Jones (NC) 17-4, 2. Conon (Sal) 16-0, 3. Velasco (KC) 15-11, 4. Diller (So) 15-9, 5. Guzman (NS) 15-8, 6. Thornley (SLV) 15-7.

TJ — 1. Sherwood (W) 34-8, 3. Campbell (KC) 32-1, 3. Schaeper (NC) 32-9, 4. Jimenez (Mon) 31-5.

HJ — 1. Salimon (LO) 5-4, 2. Haavvik (Mon) 5-2, 3. Loeffler (W) 5-0, 4. Pias (FC) 5-0, 5. Randall (ND) 4-10, 6. Poli (So) 4-10.

Discus — 1. Tiley (Gil) 117-4, 2. Singer (So) 116-7, 3. Chom (NC) 108-5, 4. Haavvik (Mon) 103-0, 5. Garcia (NC) 102-2, 6. Weinheimer (Holl) 101-9.

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