

Bells, better than ever, are likely to win CCS boys championship

Here's a truly frightening prospect for the rest of the West Catholic Athletic League:

Perennial power Bellarmine Prep, which has won the past five WCAL track and field titles, has its best team.

Suffice to say, nobody figure to challenge the Bells in the WCAL, and probably not in the Central Coast Section.

Here's the league rundown:

1. Bellarmine — "I think it's the best team I've had," Bellarmine coach Terry Ward said. "We've got depth, plus really good first-placers."

Sprinter-jumper Matt Rice already has cleared 6-8 in the high jump and leaped 21-4 in the long jump.

"I think he'll be right up there with the best high jumpers in the state," Ward said.

The sprint relay team, which includes Rice, Todd Teresi, Gus Hsu and Rex Goulding, ran a section-best 42.84 at the K-Bell meet.

It's doubtful if any high school team in the nation could put together a two-mile relay team to

WCAL

match the Bells. Four Bellarmine runners have gone under 2:00 in the 800 meters.

Destah Owens ran 1:55.99 and E.J. Sarraille ran 1:56.2 at the K-Bell meet. Chris Moschella ran 1:56 last year and Pat Kelly has run 1:59.8.

Tim Baxter set a school record with a 45-10½ triple jump. He has also run 40.01 in the intermediate hurdles and 14.8 in the high hurdles last year.

Kevin McMahon has thrown the shot 54-8 and the discus 170-0. Brad Bowers and Dave Popejoy provide quality depth in the weights.

Kyle Dando, Dan Zoldak, Ronan O'Flaherty and Geoff Dolan are top notch in the mile and two mile.

2. Riordan — The Crusaders usually have given Bellarmine its strongest competition. Riordan will be strong once again in the

sprints and jumps, but don't appear to have as much depth as in the past.

3. St. Francis — The Lancers have quality and depth in the pole vault with Sean Buckley (14-6 last year), Peter Cassam and Yataka DeSilva.

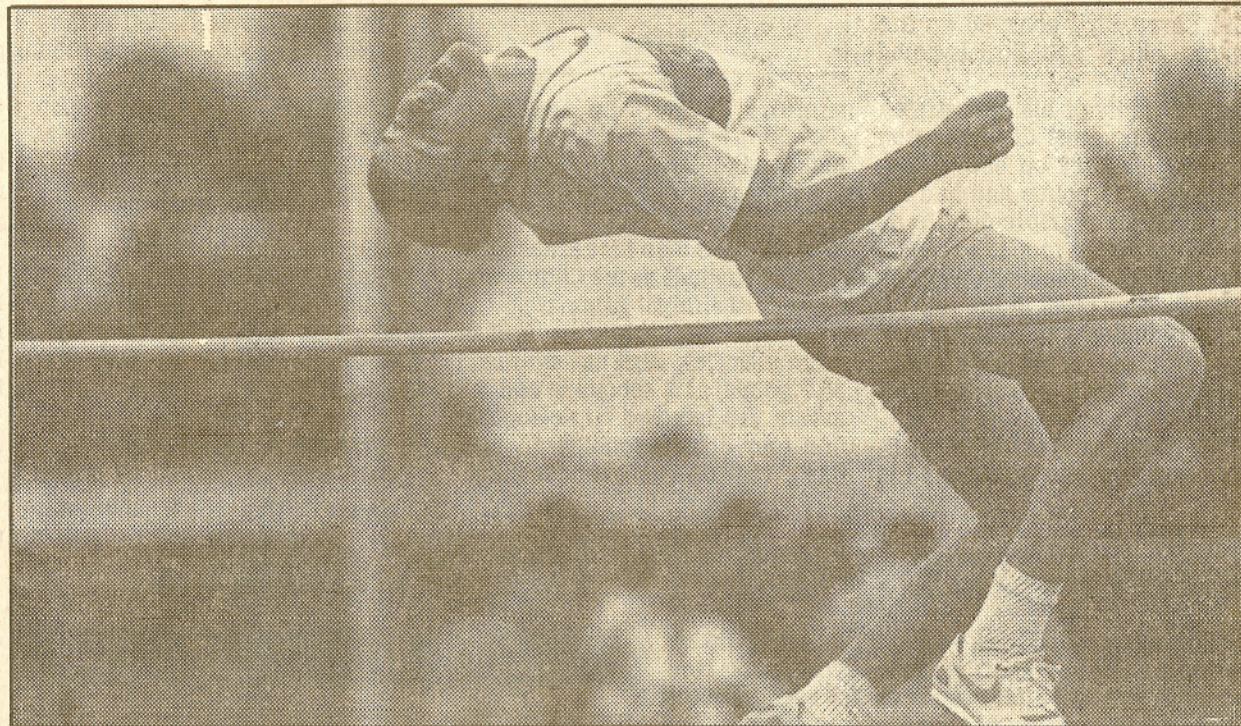
Willie Clark in the 800, Chris Steele in the weights, George Besser in the hurdles and Eric Naes in the sprints are the Lancers' other top performers.

4. Serra — Distance runner Phil Kilbridge leads the Padres.

Sprinters Rico Petrini and Mark Manoukian, hurdlers Jay Lee and Paul Podwojski, and triple jumper Carlo Marcello give Serra a supporting cast. Scott Winship placed second in the high jump at the San Mateo All-City meet last weekend.

5. St. Ignatius — The Wildcats don't have much at the varsity level, but have an outstanding frosh-soph team and should be a contender the next two years.

6. Mitty — Chris Johnson in the



Serra High junior Scott Winship hopes to leap past most of his WCAL high jump competition.

high jump (6-4) is the Monarchs' top performer.

Hurdler Ken Simons, pole-

vaulter James Guevara and weightman John Carr constitute the Monarchs' experience.

7. Sacred Heart — The Irish lost a dual meet to Bellarmine last week, 131-1. Enough said.

Mulligan-Regan, 6-1, 6-2; Haslam-Vasquez (A) d. A. Jayswal-Hong, 6-3, 4-6, 6-3. Alunni—B. Jayswal (S) d. Tu-Dollard, 6-4, 6-3.

Menlo School 4, Woodside 1

Singles — Alden (M) d. MacIntosh, 6-0, 6-0; d. Leathers (M) Horsley, 6-0, 6-0.

Doubles — Segal-Mahajan (M) d. Dodson-Ellis, 7-6, 6-3; Lussier-Lamond (M) d. Serafin-Chin, 6-1, 6-4. Klein-Davis (W) d. Beare-Shiavo, 6-4, 6-4.

San Mateo 3, Half Moon Bay 2

Overfelt (HMB) d. Ching, 6-3, 6-7, 7-5; Bradfield (HMB) d. Carraro, 6-3, 4-6, 6-1.

Doubles — Ma-Weltzman (HMB) d. Bogt-Dybalski, 6-1, 6-1; Greenberg-So (SM) d. Cania-Glynn, 7-6, 6-4. Book-Sadeghi (SM) d. Valoria-Donahoe, 6-3, 6-3.

Mills 4, Menlo-Atherton 1

Singles — Alexander (M) d. Burnett, 6-4, 6-3; Cor. Hawkins (MA) d. Lin, 6-2, 6-1.

Doubles — Tseng-Wu (M) d. McLarry-Gafke, 6-1, 6-0; Edson-Coby Hagan (M) d. Hunt-Muhner, 6-1, 6-2; Baner-Otus (M) d. Imam-Wu, 6-3, 6-2.

Other score:

Aragon 4, Serra 1

TRACK

BOYS

3-29

WEST CATHOLIC LEAGUE

Riordan 76, St. Francis 60

400 relay — Riordan 44.2; 100 — Henderson (R) 11.5, Sakal (SF), Calzoli (R); 200 — Henderson (R) 23.0, Speech (R), Linden (SF); 400 — Speech (R) 51.7, Harkless (SF), Odishoo (SF); 800 — Clark (SF) 2:06.5, Curiel (R), Thomas (SF); mile — Clark (SF) 4:51.7, Curiel (R), Thomas (SF); 2-mile — Thomas (SF) 10:17, Curiel (R), Driscoll (R); 110 HH — Besser (SF) 15.7, Maximo (R), Zazhary (R); 330 IH — Zachary (R) 44.6, Burke (SF), Besser (SF). Mile relay — Riordan 3:50.

SP — Cook (R) 46-6, Steele (SF), Roth (SF); DT — Cook (R) 139-9, Roth (SF), Nurse (SF); LJ — Hill (R) 21-10, Lawson (SF), Babin (R); TJ — Hill (R) 43-9½, Lawson (SF), Calzoli (R); HJ — Fontana (R) 6-2, Hunter (SF), Hines (R); PV — Buckley (SF) 15-0, DeSilva (SF), Nelson (SF).

Serra 79, St. Ignatius 57

400 — Serra 44.40, St. Ignatius; Mile — Kilbridge (S) 4:42.9, Baglio (S), Kerr (S); 110 HH — Podwojski (S) 15.9, Morris (SI), Fieldman (SI); 400 — Quan (SI) 54.2, Kwok (SI), Manoukian (S); 100 — Runmann (S) 11.51, Petrini (S), Roberts (SI); 800 — Keyser (S) 2:07.5, Baglio (S), Huber (S); 300 IH — Fieldman (SI) 41.2, Podwojski (S), Heiny (SI); 200 — Petrini (S) 23.39, Runmann (S), Roberts (SI); 2-mile — Kilbridge (S) 9:54.61, Whitfire (SI), Wenzler (SI); Mile relay — St. Ignatius 3:38.35, Serra.

SP — Anzeli (S) 44-0, Ray (S), Ronsley (SI); DT — Murphy (S) 139-0, Ray (S), Burns (SI); HJ — Jimenez (SI) 6-0, Keyser (S), Hub-

bard (S); PV — name unavailable (SI) 11-0, Beals (S), Fiedler (S); LJ — Roberts (S), 21-5¾, Jimenez (SI), Hubbard (S); TJ — Jimenez (SI) 41-1½, Rosang (SI), Marcello (S).

FS — SI 93, Serra 34

SANTA CLARA VALLEY

Gunn 112, Santa Clara 23

440 relay — Gunn (Kimber, Koski, Bynoe, Mendoza) 45.5; Santa Clara. Mile — Burke (G) 4:53.5, Steir (SC), Ndeto (G); 120 HH — Hughes (SC) 16.3, Ginocchio (SC), Barnes (G); 440 — Hung (G) 57.9, Schoolnik (G), Slack (SC); 100 — Bynoe (G) 11.1, Mendoza (G), Goos (G); 880 — Koski (G) 2:29, Sheikh (G), Slack (SC); 300 IH — Kimber (G) 42.9, Ginocchio (SC), Reeves (G); 220 — Bynoe (G) 23.1, Mendoza (G), Goos (SC); 2-mile — Burke (G) 11:16.2, Ng (G); Mile relay — Gunn 3:47.9 (Block, Kimber, Hung, Koski).

LJ — Liang (G) 19-8, Lagerwerff (G), Chen (G); TJ — Liang (G) 40-4, Hughes (SC), Barnes (G); HJ — Lagerwerff (G) 5-10, Reeves (G), Goos (SC); PV — Emery (G) 12-9, Ayers (G), Callahan (SC); SP — Peters (G) 43-3, Larson (G), Epstein (G); D — Epstein (G) 127-0, Peters (G), Chen (G).

FS — Gunn 105, Santa Clara 31

GIRLS

DE ANZA ATHLETIC LEAGUE

St. Francis 90, Saratoga 32

400 relay — St. Francis 51.2, Saratoga; 100 — Wood (SF) 13.2, Foster (SF), Jensen (SF); 200 — Donnell (SF) 27.1, Meitz (SF), Huston (SF); 400 — Nurisso (SF) 1:00.7, Lovely (S), Meitz (SF); 800 — Ruiz (SF) 3:33, Tanner (S), Siu (S); mile — LeGrande (SF) 6:17, Patpanostos (S), Hoff (SF); 2-mile — Shelly (SF) 13:02, Shen (S), Shelloe (SF); 100 LH — Quinn (SF) 16.9, Laurika (SF), Rosario (SF); 300 LH — yrandall (S) 52.2, Popek (SF), Lamothe (SF); Mile relay — not contested.

SP — Campbell (S) 33-6, Verne (SF), Enad (SF); DT — Campbell (S) 102-4, Grabyan (S), Enad (SF); LJ — Wood (SF) 16-10, Donnell (SF), LaValle (S); TJ — Wood (SF) 31-8, O'Shea (SF), Larkin (SF); HJ — Rosse (SF) 5-0, Donnell (SF), Herbellin (SF).

SANTA CLARA VALLEY

Gunn 82, Santa Clara 44

440 relay — Santa Clara 52.1; mile — Soderman (G) 5:45.2, Douglas (G), Dyche (SC); 100 LH — Ruis (SC) 16.5, Lipscomb (G), Hu (G); 440 — Berghaus (G) 66.7, Chu (G), Luenberger (G); 100 — Salinas (SC) 12.9, Conyers (SC), Hsu (G); 800 — Irving (G) 2:51.3, Karnos (G), Heller (G); 300 LH — Lipscomb (G) 50.7, Ruis (SC), Ng (G); 220 — Conyers (SC) 27.9, Wideman (G), Hsu (G); 2-mile — Dyche (SC) 12:54.8, Moberg (G); Mile relay — (not held).

DT — McMahon (G) 104-6, Hernandez (G), Nesmith (SC); SP — McMahon (G) 35-9, Hernandez (G), Alvers (SC); HJ — Hastings (G) 4-6, Hu, Van Pyle (G); LJ — Newman (SC) 15-7, Weigle (G), Marlow (G); TJ — Weigle (G) 32-9, Marlow (G), Reeves (G).

TRACK

3²² WEST CATHOLIC LEAGUE

Bellarmino 108, Serra 28

400m R — Bellarmine (Hsu, Goulding, Teresi, Rice) 44.4, Serra; 1,600m — Zoldak (B) 4:43.1, Kilbridge (S), Keyser (S); 110 HH — Casey (B) 15.7, Baxter (B), Lee (S); 400m — Owens (B) 51.1, DeLeon (B), Markian (S); 100m — Rice (B) 11.0, Hsu (B), Teresi (B); 800m — Sarraille (B) 1:59.1, Moschella (B), Kelly (B); 300 IH — Baxter (B) 41.1, Casey (B), Lee (S); 200m — Hsu (B) 22.8, Teresi (B), Petrini (S); 3,200m — Dando (B) 9:51.1, Zoldak (B), O'Flaherty (B); 1,600m R — Bellarmine (Sarraille, DeLeon, Moschella, Baxter) 3:37.2, Serra.

HJ — Rice (B) 6-2, Kelly (S), Winship (S); LJ — Rice (B) 21-9, Wellington (S), Hubbard (S); TJ — Baxter (B) 42-1, Marcio (S), Sweat (B); SP — McMahon (B) 51-4, Bowers (B), Anzel (S); DT — McMahon (B) 157-5, Bowers (B), Popejoy (B); PV — Fiedler (S) 11-6, Lee (B), Beale (S).

St. Francis 84, Mitty 45

400 relay — St. Francis (Sakai, Linden, Lawson, Naes) 45.7, Mitty; 110 HH — Besser (SF) 15.5, Simons (M), no third; 300 IH — Simons (M) 44.1, Besser (SF), Burke (SF); 100 — DeSilva (SF) 11.7, Lawson (SF), Grevarra (M); 200 — Haggerty (M) 23.9, Odishoo (SF), Linden (SF); 400 — Haggerty (M) 53.9, Odishoo (SF), Jewell (M); 800 — Clark (SF) 2:10.7, Morales (M), Guich (M); Mile — Clark (SF) 5:12, Thomas (SF), Teglia (SF); 2-mile — Thomas (SF) 10:30, Daly (M), Porter (M); Mile relay — St. Francis 3:54.8, Mitty.

LJ — Johnson (M) 19-6, DeSilva (SF), Lawson (SF); TJ — Lawson (SF) 38-2, Sakahara (M), Johnson (M); HJ — Johnson (M) 6-2, Hunter (SF); PV — Nelson (SF) 10-0; SP — Steele (SF) 47-4, Roth (SF), Carr (M); DT — Nurse (SF) 143-11, Steele (SF), Carr (M).

FS — SF 113, Mitty 10

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Boys' track and field

WEST CATHOLIC

(All races in meters,
except where noted)

Bellarmino 101, St. Francis 35

400 relay, Bellarmino, 44.6; 100, Hsu (B) 11.2; 200, Hsu (B) 23.0; 400, Goulding (B) 52.6; 800, Clark (SF) 2:03.0; 1600, O'Flaherty (B) 4:37.2; 3200, Dando (B) 10:24.0; 110 high hurdles, Vesser (SF) 15.0; 330 intermediate hurdles, Baxter (B) 42.3; 1600 relay, Bellarmino 3:36.8.

Shot put, McMahon (B) 59-2; Discus, Bowers (B) 168-1½; High jump, Zeilder (B) 6-0; Long jump, Sweat (B) 20-4; Triple jump, Baxter (B) 46-5; Pole vault, Buckley (SF) 14-0.

Records — Bellarmino 8-0, 6-0; St. Francis 5-3, 3-3.

Badminton

2-2-90