

Region IV meet

SALINAS — Results from the Central Coast Section Region IV boys track and field championships at Hartnell College.

Team scores — 1. North Salinas 65, 2. Palma 64, 3. North Monterey County 43, 4. Watsonville 37.5, 5. Santa Cruz 31, 6. Salinas 26.5, 7. Carmel 25.5, 8. Monterey 20, 9. Gilroy-Hollister 26.11, York 20, 12. Gonzales 15.13, San Lorenzo Valley 11.14, Athol, Seaside, Stevenson 8, 17. King City 7, 18. Soquel 19, Live Oak 5.5, 20. Aptos-Harbor 22, Valley Christian 1. No points — Monte Vista Christian.

100 — 1. Albert Arriaga (Wat) 10.96, 2. Alvin Harrison (NS) 11.04, 3. Ed Cullum (Cal) 11.14, 4. Nate Bell (SC) 11.15, 5. Rogge Jackson (NC) 11.16, 6. Steve Walker (Wat) 11.19.

200 — 1. Calvin Harrison (NS) 22.21, 2. Albert Arriaga (Wat) 22.30, 3. Art Johnsons (Sea) 22.34, 4. Nate Bell (SC) 22.37, 5. Chad Amaral (Pal) 22.51, 6. Julio Almanza (Gon) 22.83.

400 — 1. Calvin Harrison (NS) 48.11, 2. Julio Almanza (Gon) 49.94, 3. Matt Amaral (Pal) 50.33, 4. David Haviland (NC), 5. Wes Olney (SI) 51.04, 6. Jeremy Baker (Haj) 51.10.

800 — 1. Vic Lano (SC) 1:53.2, Jeff Arnold (Yo) 1:57.8, 3. Brian McClain (GI) 1:59.4, 4. Will Allan (Cal) 2:00.2, 5. Sam Christensen (Sal) 2:00.7, 6. Andrew Kivander-Clark (Ca) 2:01.

1,600 — 1. Jeff Arnold (Yo) 4:20.4, 2. William Bower (Gi) 4:27.4, 3. Joe Meyers (Soq) 4:22.3, 4. Drew Tuomey 4:23.3, 5. Luis Granada (NS) 4:29.9, 6. Aaron Kamp (SLV) 4:33.4.

3,200 — 1. Nacho Flores (Wat) 9:25.2, 2. Nate Johnson (SC) 9:46.9, 3. Larry Solvoin (NC) 9:48.7, 4. Israel Iglesias (KC) 9:53.1, 5. Aemig Jeffers (SI) 9:54.1, 6. Jason Pacheco (LO) 9:56.6.

10 HH — 1. Joel Castillo (NC) 1:36.0, 2. Bert LaCao (Pal) 1:31.3, 3. Tom Buelto (Pal) 1:56.5, 4. Ryan Holla (NC) 1:40.0, 5. Jose Gonzales (NS) 1:40.5, 6. Mike Forman (Mon) 4:1.

200 H — 1. Jason Keller (Ca) 39.1, 2. Alex Guzman (Al) 39.5, 3. Santiago Yrujo (NC) 40.7, 4. Bert LaCao (Pal) 40.8, 5. Jeff McKeown (Haj) 41.0, 6. Jeremy Steen (Har) 41.5.

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Team scores — 1. Seaside 17, 2. North Monterey County 14, 3. Santa Cruz 56, 4. San Lorenzo Valley 35.5, 5. Live Oak 29, 6. Watsonville 27, 7. Monterey 26, 8. Aptos 25, 9. Notre Dame 24, 10. Gilroy 23.11, North Salinas 13.5, 12. Salinas, Soquel 13, 14. Harbor 12, 15. Hollister 6, 16. King City 5, 17. Santa Catalina, Monte Vista Christian 2. No score — Allis, Carmel, Gonzales, Stevenson, York Valley Christian.

100 — 1. Rosaviv Pillars (SC) 12.72, 2. Jen Pili (Soq) 12.75, 3. Kris O'Hara (Mon) 12.96, 4. Rae Ann Yip (GI) 12.97, 5. Amy Westheimer (Holl) 13.03, 6. Ashley Walker (Apt) 13.04.

200 — 1. Koren Clark (SC) 25.94, 2. Stephanie Peterson (Har) 25.96, 3. Christina Randall (ND) 26.28, 4. Stacy Terray (Mon) 26.39, 5. Rae Ann Yip (GI) 26.59, 6. Ashley Walkers (Apt) 26.63.

400 — 1. Koren Clark (SC) 58.8, 2. Clare Doroff (LO) 58.9, 3. Shacey Terray (Mon) 59.2, 4. Stephanie Peterson (Har) 1:01.2, LaShema Sayer (SLV) 1:01.7, 6. Holly Drake (NS) 1:07.7.

800 — 1. Dawn Fraser (LO) 2:20.5, 2. Tia Christensen (SLV) 2:21.4, 3. Irene Orozco (NC) 2:22.4, 4. Erin McKinnon (NC) 2:27.4, 5. Kellie Lyons (MV) 2:29.7, 6. Danna Allen (Sal) 2:30.8.

1,600 — 1. Lisa Crouch (Apt) 5:08.2, 2. Becky Kaiser (Sea) 5:11.8, 3. Jenni Keil (SLV) 5:21.4, 4. Kelly Flow (GI) 5:29.2, 5. Hilary Ferreira (Apt) 5:30.0, 6. Veronica Iserra (Wat) 5:35.8.

3,200 — 1. Becky Kaiser (Sea) 11:27.0, 2. Isabel Quintero (Wat) 11:45.4, 3. Marisa Cortez (NC) 12:15.5, 4. Hilary Ferreira (Apt) 12:15.0, 5. Kivi Diaz-Brown (CI) 12:25.0, 6. Stephanie Dodge (KC) 12:25.1.

100 LH — 1. Sarah Kaminski (NC) 15.59, 2. Felicia Brown (Sea) 15:72, 3. Sherrie Reynolds (Sea) 16:18, 4. Stephanie Thornley (SLV) 16:13, 5. Denise Martinez (Soq) 14:25, 6. Alison Zermly (Apt) 14:26.

200 LH — 1. Sarah Kaminski (NC) 45.2, 2. Stephanie Thornley (SLV) 45.4, 3. Renee Ross (GI) 47.9, 4. Sabina O'Neil (NS) 48.6, 5. Denise Martinez (Apt) 48.8, 6. Melanie Cain (SC) 49.3.

400 Relay — 1. Monterey 50.24, 2. Gilroy 51.08, 3. Santa Cruz 51.29, 4. San Lorenzo Valley 53.15, 5. Aptos 51.79, 6. North Monterey County 51.78.

1,600 Relay — 1. Santa Cruz 4:05.6, 2. North Monterey County 4:06.57, 3. Notre Dame 4:06.9, 4. San Lorenzo Valley 4:11.8, 5. Gilroy 4:14.0, 6. Live Oak 4:14.7.

Long jump — 1. Sherrie Reynolds (Sea) 16.11, 2. Felicia Brown (Sea) 16.9, 3. Claudia Pizarro (ND) 16.51, 4. Terri Velasco (KC) 16.4, 5. Anne Beckstrom (Apt) 16.3, 6. Nicole Whitefield (Soq) 16.1.

High jump — 1. Salmon (LO) 5-4, 2. Sarah Kaminski (NC) 5-2, 3. Annette Guerrero (Wat) 5-0, 4. Jo Anne Chon (NC) 4-10, 5. Alison Zermly (Apt) 4-8, 6. Sherrie Reynolds (Sea) 4-8.

Trape jump — 1. Felicia Brown (Sea) 34-3, 2. Sherrie Reynolds (Sea) 33-4 1/2, 3. Carson

Schaefer (ND) 33-7 1/2, 4. Annette Guerrero (Wat) 33-1 1/2, 5. K. Lewis (GI) 33-0 1/2, 6. Andrea Pierre (NC) 32-7 1/2.

Shot put — 1. Kimi Smith (NC) 34-0 1/2, 2. Fay Brown (Sea) 32-10, 3. Regina Wagner (Sal) 31-2, 4. Irma Meza (Haj) 30-4 1/2, 5. Christy Smith (NS) 32-2 1/2, 6. Heather Singer (SC) 32-3.

Discus — 1. Heather Singer (SC) 121-4, 2. Monica Sullivan (Wat) 120-7, 3. Jo Anne Chon (NC) 114-7, 4. Christy Smith (NS) 111-1.

"Prior to the world's Region meets, the best mark in the 400 was turned in by a Santa Cruz runner in 1:51.84. Lano's 1:50.56 not only topped that, but also established a Santa Cruz High record."

"But Lano had to overcome a fast start by a Gonzales runner and stay with York, Soquel, Jeff Arnold, considered one of the best runners going into the meet."

"After the lead runner did a very one false start, it was just Lano and Arnold. And Lano's speed proved to be the difference in the end."

"The main factor to me was that I haven't swam this week," Lano said. "I did so tiring in the open pool. Last year, I remember it was record of having that extra energy. This year, I was able to use it to my advantage."

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Santa Cruz's Heather Singer was sixth in the shot put, but won the discus.

Condor stars for girls

Kaminskis sets four records; SC leads in sprints

By BOB LINNEMAN
Special to the News

SALINAS — It was sophomore who stole the show at the Central Coast Section Region IV girls track and field meet on Saturday at Hartnell College. North Monterey County High's Sarah Kaminski won two individual Region titles, was second in another event and ran a best on the Condore second-place 1,600-meter relay team. All four of Kaminski's events resulted in school records.

Kaminski scored wins in both the 100-meter low hurdles with a time of 1:19 seconds and the 200 hurdles in 4:1. She was second in the high jump with a leap of 5 feet, 2 inches, "I had been trying to clear 5 feet," she said. "I didn't expect to get 5.2."

"Although Kaminski was the individual star, the Condore won edged in the team competition by Seaside, 77-74. Finishing third was defending champion Santa Cruz with 58 points. San Lorenzo Valley finished fourth with 35.5 points while Watsonville was sixth with 27. Aptos finished with 23.

The top six finishers in each event advanced on to the CCS finals, which are Thursday at San Jose City College. Perhaps the tightest race Kaminski was involved in was the 100 hurdles, which she says is her best event. But San Lorenzo Val-

ley's Stephanie Thornley was right there, turning in a time of 4:4, one tenth off the winning pace. Thornley's time was also a school record.

In the sprints, it was all Santa Cruz High. Rosalind Pillars, leading from the sound of the gun, captured victory in the 100 with a time of 1:21.5.

"I was just happy to make Region," said Pillars. "I was really nervous about the Santa Cruz Coast Athletic League meet last week with a time of 1:18. I'm feeling a lot better now."

Right behind Pillars was Soquel's Jen Pili, the SCAL champion in the 100, with a time of 1:22.

There would be two more sprint victories for the Condore. Kivora Clark won both the 200 and 400. In the 200, Clark was clocked in 1:44 seconds, which is four hundredths off her SCAL best time of 1:43. Clark was the both crowned 400 in 3:48, just ahead of Clare Doroff of Live Oak who finished in 3:49.

Also right there was Harbor freshman Stephanie Peterson, who surprised Clark by winning the SCAL 200 last week. Peterson was second in the 200 Saturday at 3:50 and fourth in the 400 at 1:22.

Santa Cruz was up to the challenge in the 400 with a time of 3:50.

Photos by GILES — D2

Girls

Continued from Page D1
1,600 relay, winning in a time of 4:05.6.

"We've had a shot at winning CCS here," said Santa Cruz distance coach Jim Scott. Santa Cruz's time would place the Condore sixth in the CCS.

In the 1,600, Aptos' Lisa Crouch came from behind to win going away over Seaside's Becky Kaiser, one of the top distance runners in the section. Crouch was trailed by several lengths early, but on a burst in the final lap to overtake Kaiser and grab the title in 5:08.4. Kaiser finished in 5:14.

"Every time Lisa runs, she gets stronger and stronger," said Aptos Coach Kim Horn-Broadhurst. "It's amazing she ran that fast. We've been working her for CCS, so she had a rough week of practice."

But Crouch, a freshman, just glides effortlessly over the track. She doesn't appear to be going that fast, she just winds up in the lead at the end.

SLV's Jenni Keil finished third in the 1,600 in 5:24.8, but was forced to pull out of the 1,200 later in the day. Keil, who suffered from headaches during cross country, was said a recurrence and was forced to retire.

Heather Singer of Santa Cruz was one of only two SCAL girls to win a weight event. Singer, who won the shot put and discus at the CCS meet, took the Region crown in the discus with a heave of 111 feet. Singer was sixth in the shot with a mark of 30.2.

For the Condore, Kaminski will be joined at CCS by Irene Orozco in the 800, Jaxtan Pierre in the discus and high jump, Martha Cortez in the 3,200 and Andrea Pierre in the triple jump. The Condore will also send their 800 and 1,600 relay teams to CCS. Also on hand will be Carrie Smith, who won the shot put in 34.6.

Along with Pillars, Clark and Singer, Santa Cruz placed freshman Melanie Cole into CCS in the 200 hurdles, and both relay teams.

In addition to Crouch, Aptos will be represented by Ashley Walker in the 100 and 200, Alison Zermly in the high jump and 100 hurdles, Annie Schaefer in the long jump, Hilary Ferreira in the 1,600, as well as both relay teams.

SLV will also be well represented at CCS. Along with Thornley and Keil, Tia Christensen qualified in the 800 and LaShema Sayer in the 800. Both of SLV's relay teams also earned spots in Thursday's finals.

For Watsonville, Monica Sullivan qualified in the discus, Annette Guerrero in the long jump and triple jump, Veronica Duran in the 1,600 and Inabel Quintero in the 3:00 Freestyle. Soquel, Pull, advanced at the 800, while Denise Martinez reached the finals in the 200 and 400 hurdles, and Nicole Whitefield qualified in the long jump.

Harbor's Peterson runs out the SCAL field for the coming CCS meet. The top three finishers at CCS move on to the state meet.

Qualifiers from the Christian Private Schools Athletic Association was Monte Vista in Christine's Kellie Lyons in the 800.