

### Track and Field SCCAL Championships

SOQUEL — Top finishers at Saturday's Santa Cruz Coast Athletic League Track and Field Championships Meet, held at Soquel High (all race distances in meters):

**BOYS**  
Team scores — 1. North Monterey County 173, Santa Cruz 97, Watsonville 75, Soquel 64, Harbor 39, San Lorenzo Valley 28, Aptos 16.  
400 relay — 1. Santa Cruz, 4:53 seconds; 2. (tie) North Monterey County and Harbor, 4:43; 3. Aptos, 4:46.

1,600 relay — 1. Santa Cruz, 2:30.6; 2. Watsonville, 2:31.86; 3. North County, 3:32.2; 4. Soquel, 3:43; 5. San Lorenzo Valley, 3:49.7; 100 — 1. Nate Bell, SC, 11.2; 2. Albert Artega, Wats, 11.03; 3. Reggie Jackson, NMC, 11.2; 4. Steve Walter, Wats, 11.2; 5. Baker Harbor, 11.4; 6. Jeremiah Steen, Harbor, 11.66.

200 — 1. Nate Bell, SC, 22.4; 2. Albert Artega, Wats, 22.5; 3. Reggie Jackson, NMC, 22.9; 4. Steve Walter, Wats, 23.0; 5. Baker Harbor, 23.2; 6. Berto Garcia, Wats, 23.5.  
400 — 1. David Haviland, NMC, 50.9; 2. Baker Harbor, 51.5; 3. Jason Nevitt, SC, 52.5; 4. Ray Mayers, Aptos, 52.7; 5. Ben Henry, SC, 53.4; 6. Mike Marfull, NMC, 54.0.  
800 — 1. Vic Lang, SC, 2:08.8; 2. Joe Mayers, Soquel, 2:02.6; 3. Mario Hernandez, NMC, 2:02.9; 4. Brian DeDiego, Soquel, 2:03.5; 5. Alfred Ramirez, Wats, 2:03.6; 6. Philip Rodda, SLV, 2:05.3.

1,600 — 1. Vic Lang, SC, 4:26.9; 2. Joe Mayers, Soquel, 4:27.4; 3. Jason Nevitt, NMC, 4:31.0; 4. Jeremiah Steen, Soquel, 4:36.0; 5. Aaron Kamp, SLV, 4:38.6; 6. Victor Hernandez, Wats, 4:39.0.

3,200 — 1. Ignacio Flores, Wats, 9:42.01; 2. Nate Johnson, SC, 9:47.4; 3. Larry Soliven, NMC, 9:50; 4. Robert Sanchez, Soquel, 10:01; 5. Liam Jones, Soquel, 10:04.8; 6. Aaron Kamp, SLV, 10:10.6.

**100 high hurdles** — 1. Joel Castillo, NMC, 15.2; 2. Mike Verzy, NMC, 15.4; 3. Ryan Holland, NMC, 15.9; 4. Josh Homan, SC, 15.91; 5. Kevin Burke, Soquel, 17.4; 6. Beto Luaces, Harbor, 15.2.

**300 intermediate hurdles** — 1. Jeremiah Steen, Harbor, 41.4; 2. Kevin Burke, Soquel, 42.3; 3. Tomas Clark, NMC, 42.4; 4. Joel Castillo, NMC, 42.57; 5. Santiago Yriarte, NMC, 42.6; 6. Ken Zimmerman, SLV, 42.9.

**Shot put** — 1. Greg Wright, NMC, 46.3; 2. Ciro Paz, Wats, 46.3; 3. Jeremy Becker, NMC, 45.0; 4. John Wernig, NMC, 43.1; 5. Ignacio Bravo, NMC, 42.3; 6. Elvis Aguilar, SLV, 41.7.

**Discus** — 1. Nate Lackey, Harbor, 134.1; 2. Elvis Aguilar, SLV, 134.0; 3. Jeremy Becker, NMC, 132.4; 4. Mike Wright, NMC, 130.5; 5. Josh Pavlovich, Soquel, 128.2; 6. Rod Ross, Soquel, 125.1.

**Long jump** — 1. Mike Wright, NMC, 21.4; 2. Brian McGrath, Soquel, 20.5; 3. Willie Todd, Aptos, 19.10; 4. Jermaine Robinson, SC, 19.5; 5. Warner Caporaso, NMC, 19.1; 6. Allen Henry, NMC, 19.5.

**Triple jump** — 1. Mike Wright, NMC, 43.7; 2. Allen Henry, NMC, 42.5; 3. Joel Castillo, NMC, 41.8; 4. Eli Gladden, SLV, 41.5; 5. Nelson Duffa, Aptos, 40.4; 6. Jermaine Robinson, SC, 39.9.

**High jump** — 1. Mike Wright, NMC, 6-2; 2. Eli Gladden, SLV, 6-2; 3. Jermaine Robinson, SC, 6-2; 4. Sel Granados, Wats, 6-0; 5. Danny Silva, Wats, 5-10; 6. Brian McGrath, Soquel, 5-10.

**Pole vault** — 1. Allen Henry, NMC, 13-6; 2. Scott Boehner, Soquel, 13-2; 3. Brian Coe, NMC, 12-6; 4. Nik Whiting, SC, 12-5; 5. Jason Dallesio, SC, 10-6; 6. J.J. Cortez, NMC, 10-0.

### GIRLS

Team scores — 1. North Monterey County 99, Santa Cruz 89, Aptos 79, San Lorenzo Valley 67, Watsonville 58, Soquel 51, Harbor 19.

400 relay — 1. Santa Cruz, 50.8; 2. Soquel, 51.2; 3. North County, 51.7; 4. "L," SLV, 51.9; 5. Aptos, 51.9; 6. Watsonville, 52.0.

1,600 relay — 1. Santa Cruz, 4:11.2; 2. North County, 4:14.3; 3. "L," SLV, 4:21.2; 4. Aptos, 4:22; 5. Watsonville, 4:32.1.

100 — 1. Jen Poff, Soquel, 12.7; 2. Ashley Walker, Aptos, 12.88; 3. Rosalyn Pillars, SC, 12.9; 4. Priscilla Ferryman, NMC, 13.0; 5. Chione Fiegall, SC, 13.4; 6. Kelly Black, Aptos, 13.4.

200 — 1. Stephanie Peterson, Harbor, 25.9; 2. Koren Clark, SC, 26.06; 3. Ashley Walker, Aptos, 26.3; 4. Jen Poff, Soquel, 26.5; 5. LaShietta Saver, SLV, 27.1; 6. Rosalyn Pillars, SC, 27.2.

400 — 1. Koren Clark, SC, 58.5; 2. Stephanie Peterson, Harbor, 59.7; 3. LaShietta Saver, SLV, 1:00.0; 4. Irene Crozzo, NMC, 1:00.9; 5. Monica Chavira, Aptos, 1:01.1; 6. Shaelin Fetters, NMC, 1:02.6.

800 — 1. Tia Christianson, SLV, 2:11.3; 2. Tia Christianson, SLV, 2:14.6; 3. Irene Crozzo, NMC, 2:17.4; 4. Christina Thompson, SC, 2:20.0; 5. Erin McKinney, NMC, 2:29.0; 6. Dawn Gerdes, Aptos, 2:31.

1,600 — 1. Lisa Crouch, Aptos, 5:15.6; 2. Isabel Quintero, Wats, 5:28.0; 3. Jenni Keli, SLV, 5:28.4; 4. Veronica Barrera, Wats, 5:35.0; 5. Hilary Ferreira, Aptos, 5:37.0; 6. Steeie, Harbor, 5:42.0.

3,200 — 1. Isabel Quintero, Wats, 12:01.6; 2. Jenni Keli, SLV, 12:15.0; 3. Hilary Ferreira, Aptos, 12:18.1; 4. Veronica Barrera, Wats, 12:30; 5. Warmia Cortez, NMC, 12:47.6; 6. Janie Macro, Soquel, 12:57.

**100 low hurdles** — 1. Sarah Kaminsky, NMC, 15.6; 2. Nicole Whitchell, Soquel, 15.7; 3. Stephanie Thornley, SLV, 15.9; 4. Allison Zenny, Aptos, 16.3; 5. Daniela Martinez, Soquel, 16.7; 6. Mariana Gale, SC, 17.

**300 low hurdles** — 1. Sarah Kaminsky, NMC, 46.1; 2. Stephanie Thornley, SLV, 46.4; 3. Daniela Martinez, Soquel, 47.8; 4. Meghan Caff, SC, 48.3; 5. Tia Christianson, SLV, 49.7; 6. Amy Jones, SC, 51.

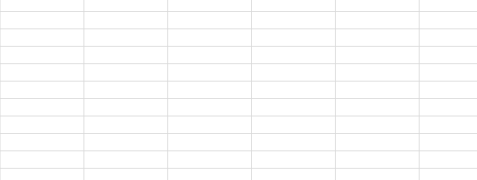
**Shot put** — 1. Heather Singer, SC, 32-10; 2. Kerr Smith, NMC, 32-4; 3. April Miller, Soquel, 29-8; 4. Maura Sullivan, Wats, 29-3; 5. Gina Cesares, Aptos, 29-0; 6. Sylvia Olivaria, Wats, 29-0.

**Discus** — 1. Heather Singer, SC, 119.5; 2. Jo Ann Chalm, NMC, 119.3; 3. Monica Sullivan, Soquel, 118.4; 4. April Miller, Soquel, 104.3; 5. Salinas, Wats, 102-4; 6. Gina Cesares, Aptos, 92-1.

**Long jump** — 1. Almee Beckstrom, Aptos, 16.5; 2. Stephanie Thornley, SLV, 15-1; 3. Nicole Whitchell, Soquel, 15-4; 4. Gretchen Jones, NMC, 15-1; 5. Sarah Kaminsky, NMC, 15-1.

**Triple jump** — 1. Almee Beckstrom, Aptos, 33-9; 2. Annette Guerrero, Wats, 29-9; 3. Linda Alvarez, SC, 29-4; 4. Jaime Radacke, Wats, 22-3; 5. Lora Iwankevitch, NMC, 22-4; 6. Andrea Peralta, NMC, 21-4.

**High jump** — 1. Gretchen Jones, NMC, 4-10; 2. Sarah Kaminsky, NMC, 4-10; 3. Jo Ann Chalm, NMC, 4-10; 4. Annette Guerrero, Wats, 4-10; 5. Allison Zenny, Aptos, 4-8; 6. Keri Beck, SLV, 4-8.



Koren Clark had to be happy with her impressive win in the 400 meters (58.5 seconds).

### GIRLS

Continued from Page B1

"We expected it to be a four-way battle," said Concor Coach Roger O'Sullivan. "We figured we were slightly ahead and that's the way it turned out to be."

Watsonville was devastated by the loss of Sherwood, but I still thought we would have the non-bets to win.

"The turning point for North County in the meet was a 1.63 sweep in the high jump. Gretchen Jones won the league title with a jump of 4 feet, 10 inches. Sarah Kaminsky was second (4-10), and JoAnn Chalm was third (4-10).

Kaminski was a major factor for the Condors, winning both hurdle events. A sophomore, Kaminsky won the 300 lows in 46.1 seconds, a league's best mark and school record that just edged SLV's Stephanie Thornley who finished in 46.4. She also won the 100 lows in 15.6, another league's best time.

As for Sherwood, who has the CCS's best mark in the triple jump, at 38.1%, her loss really depleted Watsonville. The hip injury has recently slowed Sherwood in the long jump, too.

That was the main disappointment," said Watsonville Coach Gerardo Loyola. "She's in pain. She tried to be a trooper, but for her own good she couldn't continue."

Freshman Stephanie Peterson of Harbor seemed to clearly judge ahead at the vote to win, but the judges determined that Clark won.

The Acu-Track timing system wasn't operating, so the grievance committee had to put its trust in the cameras of KRUIZ television, which was filming the meet.

And upon further review, the win was rightfully awarded to Peterson.

Gladden who owned the best mark for the season with a 43.6%.

"I don't know what happened," Gladden said. "I think my steps were a little off."

The Condors' team triumph tends to overshadow the efforts of athletes from other schools, but they were no less impressive.

Fake Santa Cruz's Nate Bell, for example. The junior sprinter was expected to do well in the 100 and 200-meter dashes. But win? No way. The victory in those two events was supposed to go to Watsonville's Albert Artega, the defending league champ in the 100 and holder of the SSCAL's best times in the two events during the season.

But Bell came on strong in both races and edged Artega. In the 100, Bell clocked in at 11 seconds flat. And in the 200, he won in 22.4. Artega, who had run a 10.8 in the 100 and a 22.2 in the 200, finished second in both races with marks of 11.0 and 22.5, respectively.

"That was a real surprise to the league," Santa Cruz Coach Bryan Wall said of the sprints. "I think everyone expected Artega. But Nate was really ready today."

Wright's win in the high jump came over heavily favored Eli Gladden of SLV. Gladden had jumped 66.9, the same Soquel track on May 2, but couldn't go any higher than 62 Saturday. Because Wright had fewer misses at that height, he won the league title.

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## First crown since '86 for North County girls

By BOB LINNEMAN  
Soquel staff writer

SOQUEL — While the Santa Cruz Coast Athletic League boys track and field championships was an easy call — North Monterey County was clearly dominant team going in — the girls championship was more of a crapshoot.

Any of five schools were thought to have a chance at snaring the title. In the end, though, it was North County girls who would give the school a clean sweep on the day, taking home both titles.

And it came down to the last race of the day, the 1,600 relay. North County led going into the final event, and all the Condors had to do to finish the race and they would win the meet. But anything can happen in one race like a false start (disqualification or perhaps dropping the baton somewhere along the way).

Watsonville, which was an early-season pick to make a run for the girls title, had its hopes seriously dashed when Christine Sherwood, one of the premier jumpers in the Central Coast Section, was unable to continue competing after one jump because of a hip flexor injury.

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### Please see GIRLS — B2



Lisa Crouch won the 1,600 meters in 5:15.6.

## Perfect weather for a meet

By BOB LINNEMAN  
Soquel staff writer

SOQUEL — There's usually one thing you can count on at the Santa Cruz Coast Athletic League track and field championships, and that's plenty of sunshine.

That wasn't the case, though, on Saturday. Skies were overcast and temperatures were chilly. But not too many people were complaining.

"This is perfect," said Santa Cruz's Vic Lang, who won the 1,600 and the 800 Saturday. "Wind is not a factor and there's no heat — it's optimum, perfect weather."

The weather was perfect for all but the sprinters, who need warmer temperatures to really get loose and crank up the speed.

"It was hard on them," said Watsonville Coach Gerardo Loyola. "But it was great for the distance people."

"I like it hot," said Santa Cruz sprinter Roz Pillars. "It's easier to get warmed up."

For everyone else, it was nice. You didn't have to worry about

### Track notebook

□ Santa Cruz freshman Jermaine Robinson had an impressive first SSCAL meet. He finished third in the high jump, but matched the 62 effort turned in by winner Mike Wright of North County and SLV's Eli Gladden. Places were determined by number of misses.

□ Jermaine is going to Region in four events," said Santa Cruz coach Bryan Wall. "That's pretty impressive."

□ The Central Coast Section Region IV meet, which includes the SSCAL, Mission Trail Athletic League and the Monterey Bay League will be held Saturday at Hartnell College.

□ A pair of school records were set for SLV. LaShietta Saver set a new SLV standard in the 600 with a time of 1:00, good for third at the league meet. Stephanie Thornley also set a school mark in the 300 low hurdles with a time of 46.4, smashing her own record of 46.8 and Becker, who is headed to Cal State, won the second Saturday to North County's Sarah Kaminsky.

□ Of course Aguilar had a more pressing concern. He lost the championship by just one inch. Harbor's Nate Lackey won the event at 134.1. Aguilar was 134.0 and Becker, who is headed to Cal State, won the second Saturday to North County's Sarah Kaminsky.

□ The big guys were having trouble with the discs on Saturday. Only four throwers were able to get past 130 feet, which is pretty weak in that event, even at the high school level.

□ Different throwers had different explanations. "I can throw 150," said North Monterey County's Jeremy Becker. "But I couldn't do much today. I didn't like the caps. I kept hitting the pole."

□ San Lorenzo Valley's Elvis Aguilar: "That ring is tough. It's so slippery."

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