

### Boys Track

#### SCCAL Championships

**TEAM TOTALS**  
North Monterey County 146, Santa Cruz 130, Watsonville 64, San Lorenzo Valley 50, Soquel 30, Aptos 39, Harbor 23.

**INDIVIDUAL RESULTS**  
**400 relay** — Santa Cruz, 43.55; Aptos, 43.31; North County, 45.35; S.L.V., 45.52.  
**1,600** — Flores, Watsonville, 4:28.6; Layton, North County, 4:41.9; Steen, Soquel, 4:44.3; Mora, North County, 4:47.2; Martinez, North County, 4:53.1; Shoval, Santa Cruz, 4:54.7.  
**110 high hurdles** — Caulton, North County, 14.90; Wells, S.L.V., 15.43; Yriague, North County, 15.52; Whiting, Santa Cruz, 15.81; Hall, Soquel, 16.31; James, North County, 16.85.  
**400** — Baker, Harbor, 51.35; Nevin, Santa Cruz, 51.86; Henry, Santa Cruz, 51.87; Meyers, Aptos, 52.34; Baneulos, North County, 53.09; Toltan, North County, 54.37.  
**100** — Bell, Santa Cruz, 19.89; Wright, North County, 19.91; Cresal, Santa Cruz, 11.30; Baker, Harbor, 11.40; Stephens, Santa Cruz, 11.48; Bowers, S.L.V., 11.53.  
**800** — Zuniga, Watsonville, 2:31.7; Rodda, S.L.V., (no time); Hendricks, Aptos, 2:33.6.

Steen, Soquel, 2:04.1; Street, Santa Cruz, 2:07.0; Aquino, North County, 2:07.5.  
**300 hurdles** — Yriague, North County, 39.9; Hall, Soquel, 41.3; Grandos, Watsonville, 41.5; Porter, Santa Cruz, 41.8; Gabriel, North County, 41.8; Castillo, North County, 41.8.  
**800** — Bell, Santa Cruz, 2:23.1; Baker, Harbor, 2:28.8; Stephens, Santa Cruz, 2:32.0; Cresal, Santa Cruz, 2:37.1.  
**200** — Flores, Watsonville, 10:2.2; Vargas, Watsonville, 10:9.4; Jones, Soquel, 10:14.3; Layton, North County, 10:23.2; Martinez, North County, 10:27.5; Mora, North County, 10:55.0.

**800 relay** — Santa Cruz, 2:31.1; North County, 3:48.0; S.L.V., 3:24.1; Aptos, 3:38.7; Soquel, 2:41.2; Watsonville, 2:45.2.  
**Shot** — Piaz, Watsonville, 49-10; Phillips, Watsonville, 47-1; Bravo, North County, 45-4; Weaver, Santa Cruz, 45-4; Lally, North County, 44-6; Crogan, Santa Cruz, 41-9.  
**Discus** — Haviland, North County, 136-2; Aguilar, S.L.V., 131-6; Sutton, Santa Cruz, 126-4; Allshouse, Aptos, 126-3; Bravo, North County, 125-8; Day, S.L.V., 123-11.

**Long jump** — Wright, North County, 23-0; Cresal, Santa Cruz, 21-10 1/2; Robinson, Santa Cruz, 20-11; Werner, North County, 20-5; Allshouse, Aptos, 20-3 1/2; Baker, Harbor, 20-3 1/2.  
**Triple jump** — Gladden, S.L.V., 45-5; Lathrop, North County, 44-5 1/2; Cresal, Santa Cruz, 42-3 1/2; Wright, North County, 42-10; Faberos, Aptos, 41-5; Castillo, North County, 40-5 1/2.

**High jump** — Wright, North County, 6-8; Gladden, S.L.V., 6-8; Robinson, Santa Cruz, 6-2; Lathrop, North County, 5-10; Grandos, Watsonville, 5-10.  
**Pole vault** — James, North County, 12-6; Whiting, Santa Cruz, 12-0; Dalbey, Santa Cruz, 11-6; Langmeier, Aptos, 11-0; Metzner, North County, 11-0; Grenier, Santa Cruz, 11-0.

### Girls Track

#### SCCAL Championships

**TEAM TOTALS**  
Aptos 149, North Monterey County 100, Santa Cruz 91, Watsonville 44, Harbor 24, Soquel 24, San Lorenzo Valley 23.

**INDIVIDUAL RESULTS**  
**400 relay** — Aptos, 51.11; Santa Cruz, 51.58; North County, 51.93.  
**1,600** — Crouch, Aptos, 5:12.3; Silva, Aptos, 5:24.6; Leigh-Wood, Aptos, 5:28.5; Jones, North County, 5:29.8; Macro, Soquel, 5:40.74; Kiel, S.L.V., (no time).  
**100 low hurdles** — Pohl, Soquel, 15.09; Kaminakis, North County, 15.11; Caffe, Santa Cruz, 15.79; Zenny, Aptos, 15.82; Carpenter, Aptos, 14.21; Kelly, Aptos, 14.33.  
**400** — Walker, Aptos, 58.94; Peterson, Harbor, 59.84; Orozco, North County, 46.00; Lin, Santa Cruz, 61.94; Iida, North County, 64.15; Day, Watsonville, 65.54.  
**100** — Peterson, Harbor, 13.00; Ferrante, Santa Cruz, 13.06; Chaverra, Aptos, 13.08; Penickson, North County, 13.13; Michel, North County, 13.48; Jones, Santa Cruz, 13.49.  
**800** — Crouch, Aptos, 2:19.9; Christianson, S.L.V., 2:27.2; Orozco, North County, 2:32.2; Randall, Aptos, 2:24.9; Sibaie, Soquel, 2:27.9; McKimsey, North County, 2:31.7.  
**300 low hurdles** — Caffe, Santa Cruz, 46.02; Thornley, S.L.V., 47.37; Kaminakis, North County, 47.42; Hufson, Santa Cruz, 48.34; Smith, Santa Cruz, 49.74; Eakin, North County, 50.59.

**800** — Bell, Santa Cruz, 2:23.1; Baker, Harbor, 2:28.8; Stephens, Santa Cruz, 2:32.0; Cresal, Santa Cruz, 2:37.1.  
**200** — Flores, Watsonville, 10:2.2; Vargas, Watsonville, 10:9.4; Jones, Soquel, 10:14.3; Layton, North County, 10:23.2; Martinez, North County, 10:27.5; Mora, North County, 10:55.0.

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**High jump** — Wright, North County, 6-8; Gladden, S.L.V., 6-8; Robinson, Santa Cruz, 6-2; Lathrop, North County, 5-10; Grandos, Watsonville, 5-10.  
**Pole vault** — James, North County, 12-6; Whiting, Santa Cruz, 12-0; Dalbey, Santa Cruz, 11-6; Langmeier, Aptos, 11-0; Metzner, North County, 11-0; Grenier, Santa Cruz, 11-0.

## Aptos girls take track title

Mariners score in all but one event to unset North County

By BOB LINNEMAN  
Soquel staff writer  
SOQUEL — Aptos High may not be the deepest girls track and field team in the Santa Cruz Coast Athletic League, but after Saturday there is no denying that the Mariners are the best. Aptos scored in all but one event — the 300 hurdles — at the SCCLAL championships and finished with 149 points, well ahead of North Monterey County's 100 and Santa Cruz's 91 for its first league girls championship since "It was a true team effort," said Aptos Coach Kim Horn-Broadhurst. "We talked about this as a team, we got them

## Girls

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2:22.2 this year, was disappointed she didn't defend her title. Asked if Crouch was tough, Christianson said, "That's the understatement of the year. And she did that after winning the (1,600). It's weird, I've won this race since I was a freshman," the junior said. "Now all the freshman and sophomores are winning it." Crouch said her main motivation in the 800 was a team title. "I was really tired," she said. "I did it for the team."  
Christine Sherwood's minor knee injury opened the door for both Zenny and Soquel's Jen Poli in the long jump. After shattering

## Exhausting effort



Amid the scramble at the finish line, Aptos High distance runner Lisa Crouch leans on Coach Alex Skelton's shoulder to wind down.



During the 1,600 meters, however, Crouch didn't need any help standing on her own two feet in blowing away the rest of the field.

Shirley Thayer/Sentinel

## Condors champs ... again

But Santa Cruz gives North County good run

By BOB LINNEMAN  
Sentinel staff writer  
SOQUEL — It's become a familiar refrain at the Santa Cruz Coast Athletic League track and field championships. And the winner of the boys team title ... the Condors won the league championship Saturday for the 10th time in the past 11 years, scoring 205 points. Santa Cruz gave North County all it could handle, but fell short with 156 points.  
"I can finally relax," said Condor Coach Roger O'Callahan late in the day, when his team had clinched the title — again. "We beat a really fine team in Santa Cruz. I have a great deal of respect for both their athletes and its coaches."  
North County's Mike Wright had two wins on the afternoon and finished second in the 100 meters, Wright said. Longjump, with starting a one-meter lead, at 6 feet, 8 inches. Wright was awarded the 100 points and the league championship based on fewer minutes.  
Wright also won the long jump with a mark of 20-1. Wright is the defending Central Coast Section champion in the long jump and has hoped for as an 80-90 high.  
In the 800, Wright and Santa Cruz's Nate Bell were also engaged in a classic fight. Wright seemed to have the edge, but fell behind in the end and took the tape. Bell's time was 10:26 — a new league record, although he did have a national — and Wright checked in at 10:31. It doesn't get much closer than that.  
"I was sweating," said Bell. "It was real close, but I knew I had a good chance."  
Joel Castillo also had a record-breaking day for the Condors, setting a new league mark in the 110 hurdles. Castillo's 14.86 broke the existing record of 14.86, set by North County's Kenny Blanes in 1986.  
In addition to winning five titles, Bell also won the 200 and 1,600 meters, which were both won by Santa Cruz. Bell, too, is the undisciplined leader of the Condors' relay teams. "I don't really qualify as seriously," said relay mate Jeremiah Robinson. "He yells at us."  
For his part, Bell says he just wants to make his teammates better. "I keep them in shape," he said. "The always on their case. Sometimes they get mad, but they know it's business."  
Watsonville's Nabea Flores was the star in the distance events, winning easily in both 1,600 and 3,200. Flores checked in at 4:24.6 in the 1,600 and 10:02.2 in the 3,200. At the sub-section, Flores said he would look to 3,200 and double the 1,600 but at league he decided to give it all.  
"It's my last year so I'll try anything," he said. Although Gladden was denied victory in the high jump, despite the new league and SLV school record, he was able to top the field in the triple jump with a mark of 45.5.  
"The pole vault proved interesting Saturday. Score the victory to the wind. Mike James of North County was the official winner at 12.6, but the wind did not help. Santa Cruz's Nick Whiting, who finished second, was only able to go 11 feet because of the breeze."  
"The wind blew both of those guys out today," said Santa Cruz Coach Bryan Wall. "They're both 1164 vaulters."  
Watsonville's Chris Paz won in the shot put with a mark of 49-10 while North County's Brian Haviland took the prize in the discus at 194.  
Also at Watsonville, in somewhat of an upset, Rob-



Nate Bell of Santa Cruz pushes ahead in the final 100 meters at Saturday's SCCLAL track and field meet. Bell rang up a victory in 10:26 seconds, to Wright's 10:31.

Bill Linneman/Sentinel



In his first meet, Marcus Cheng qualified for CCS in the long jump, triple jump and 100.

ert Zuniga won the 800 in 2:01.7. The favorite going to was Soquel's Jeremiah Steen, who had the best mark in the league this season. Zuniga's win, however, was not surprising to Watsonville distance coach Tom Let-  
"He's kind of overlooked," said Letlam of Zuniga, "but just as quiet if he's ahead in the last 100, he'll hold to best."