

Outstanding performances were turned in by the Riedy sisters of Mission San Jose as they lead their school to the women's team championship. Ellisa Riedy won the Frosh/Soph 2 mile (11:42.8), Soph mile (5:29.5), and anchored the winning 1600 relay (60.1, 4:11.0) by outleaning defending champion Half Moon Bay (4:11.1). Lori Riedy was 2nd to her sister in the F/S mile (11:50.2), the Soph mile (5:30.4), and also ran on the winning relay.

Sherrie Donovan of Madera took the Junior/Senior 2 mile (11:48.6) and the Junior mile (5:25.5). Jessica McCool of Piedmont won the Senior 800 (2:19.7) and the Senior mile (5:29.4).

On the men's side, Rodger Ciano of San Luis Obispo won the Jr/Sr 2 mile (9:45.3). Josh Rogin of Piedmont took the Sr 800 (1:59.1) as the top 7 in this race went 2:03 or better. Ricky Chavez of Madera blazed the Jr Mile (4:25.4) and Madera coasted to victory in the 1600 relay (3:28.9) as well as the men's team championship.

The athletes and spectators were also treated to a tremendous solo effort in an emotional men's open 2 mile. Matt Giusto, running in the race renamed for his coach Don Dooley who passed away last May, covered the 8 laps in 8:34.7. Mark Mastalir, one of the top California High School runners of all time, and Pedrum Arum took Giusto through the first mile in 4:22.5. Matt was on his own after that, negative splitting the last mile in 4:12.2.

Men's Results

Frosh/Soph: Heat #1: 1. Stevens (St. Francis) 11:17.6, 2. Spencer (San Mateo) 11:31.7, 3. Kamiani (MSJ) 11:33.1, 4. Lane (St. Francis) 11:35.0, 5. Wong (Westmoor) 11:44.6.

Frosh/Soph 2 Mile Heat #2: 1. Rodriguez (Madera) 10:11.1, 2. Gutierrez (Mt. Diablo) 10:12.7, 3. Harrison (HMB) 10:30.0, 4. Stern (HMB) 10:31.6, 5. Perea (Madera) 10:42.7.

Junior/Senior 2 Mile: 1. Ciano (SLO) 9:45.3, 2. Penwell (Piedmont) 9:46.6, 3. Rios (Madera) 9:58.0, 4. Bendzick (MSJ) 10:02.6, 5. Nash (San Mateo) 10:04.0.

Freshmen 800: 1. Rodriguez (Tennyson) 2:08.2, 2. Krause (San Rafael) 2:09.4, 3. Jones (Madera) 2:09.7, 4. Beck (Washington) 2:10.2, 5. Barriere (Westmoor) 2:12.2.

Sophomore 800: 1. Morquecho (Madera) 2:01.8, 2. Caulboy (Tennyson) 2:04.2, 3. Avila (Madera) 2:04.7, 4. Buelow (Burlingame) 2:07.1, 5. Offield (Burlingame) 2:08.3.

Junior 800: 1. Paull (MSJ) 2:02.1, 2. Morales (Westmoor) 2:04.8, 3. Diekmann (MSJ) 2:05.6, 4. Garcia (San Rafael) 2:06.4, 5. Haile (San Rafael) 2:08.4.

Senior 800: 1. Rogin (Piedmont) 1:59.1, 2. Perez (Madera) 2:01.0, 3. Dennis (Monte Vista) 2:01.5, 4. Clark (San Marin) 2:02.4, 5. Zirkelbach (Concord) 2:02.5.

Freshmen Mile Heat #1: 1. Bahrami (St. Francis) 5:22.4, 2. Voight (Burlingame) 5:25.8, 3. Buelow (Burlingame) 5:26.1, 4. Reis (Westmoor) 5:27.2, 5. Muller (HMB) 5:29.2.

Freshman Mile Heat #2: 1. Chiara (San Marin) 4:50.4, 2. Harrison (HMB) 4:56.1, 3. Bergholdt (San Marin) 4:59.3, 4. Bostrom (Burlingame) 4:59.6, 5. Foster (St. Francis) 5:01.3.

Sophomore Mile Heat #1: 1. Tendick (HMB) 5:05.8, 2. Schecter (HMB) 5:07.2, 3. Heywood (MSJ) 5:11.9, 4. Guido (Burlingame) 5:13.4, 5. Miller (St. Francis) 5:15.9.

Sophomore Mile Heat #2: 1. Morquecho (Madera)

4:41.7, 2. Rodrigues (Madera) 4:46.7, 3. Buelow (Burlingame) 4:47.8, 4. Avila (Madera) 4:46.5, 5. Perea (Madera) 4:50.2.

Don Dooley Memorial 2 Mile: 1. Matt Giusto (Foot Locker TC) 8:34.7, 2. Mastalir (Adidas TC) 9:10.1, 3. Shordon (Reebok Aggies) 9:16.9, 4. Kennedy (Hayward TC) 9:33.3, 5. Smith (Reebok Aggies) 9:36.1.

Junior Mile: 1. Chavez (Madera) 4:25.4, 2. Kennedy (San Leandro) 4:30.9, 3. Penwell (Piedmont) 4:40.5, 4. Bendzick (MSJ) 4:43.3, 5. Sorenson (Woodside) 4:44.4.

Senior Mile: 1. Nash (San Mateo) 4:40.2, 2. Perez (Madera) 4:40.9, 3. Dennis (Monte Vista) 4:41.1, 4. Ciano (SLO) 4:46.2, 5. Farwell (SLO) 4:46.7.

1600 Relay: 1. Madera 3:26.9, 2. San Rafael 3:34.2, 3. Westmoor 3:40.2, 4. San Marin 3:41.0, 5. Mission San Jose 3:43.7.

Team Scores: 1. Madera 101, 2. Mission San Jose 27, 3. Piedmont 24, 3. San Marin 24, 5. San Rafael 22.

Women's Results

Frosh/Soph 2 Mile: 1. Ellisa Riedy (MSJ) 11:42.8, 2. L. Riedy (MSJ) 11:50.2, 3. Nishimoto (San Mateo) 12:09.1, 4. Basch (Foothill) 12:23.5, 5. Chan (MSJ) 12:41.6.

Junior/Senior 2 Mile: 1. Donovan (Madera) 11:48.6, 2. Cook (San Mateo) 12:05.6, 3. Coronado (Madera) 12:18.9, 4. Brindley (MSJ) 12:23.1, 5. Keller (St. Francis) 12:35.4.

Freshmen 800: 1. Cooke (Burlingame) 2:27.5, 2. Breton (HMB) 2:30.0, 3. Torrez (MSJ) 2:30.3, 4. Sawicki (Monte Vista) 2:30.5, 5. Berlage (SLO) 2:37.3.

Sophomore 800: 1. Taylor (San Marin) 2:31.8, 2. Hinsdale (St. Francis) 2:32.6, 3. Zimmerman (San Rafael) 2:33.5, 4. Anderson (Burlingame) 2:37.8, 5. Coffman (Washington) 2:41.5.

Junior 800: 1. Iversen (St. Francis) 2:26.2, 2. Jasperson (HMB) 2:26.5, 3. Tovey (HMB) 2:30.5, 4. Walker (CSU) 2:33.2, 5. Kyi (Westmoor) 2:38.0.

Senior 800: 1. McCool (Piedmont) 2:19.7, 2. Kintzer (Monte Vista) 2:22.3, 3. Demmelmaier (St. Francis) 2:23.6, 4. De Celle (Alameda) 2:31.7, 5. Mousourakis (Washington) 2:37.2.

Freshmen Mile: 1. Cooke (Burlingame) 5:42.5, 2. Teubner (San Mateo) 5:47.4, 3. Basch (Foothill) 5:50.6, 4. Shargel (Alameda) 5:53.0, 5. Torrez (MSJ) 5:53.7.

Sophomore Mile: 1. E. Reidy (MSJ) 5:29.5, 2. L. Riedy (MSJ) 5:30.5, 3. Coronado (Madera) 5:43.3, 4. Nishimoto (San Mateo) 5:51.0, 5. O'Leary (HMB) 5:54.2.

Junior Mile: 1. Donovan (Madera) 5:25.5, 2. Coombs (Monte Vista) 5:39.5, 3. Haile (San Rafael) 5:44.5, 4. Monahan (St. Francis) 5:53.2, 5. Brindley (MSJ) 6:00.5.

Senior Mile: 1. McCool (Piedmont) 5:29.4, 2. Venables (Alameda) 5:38.2, 3. Demmelmaier (St. Francis) 5:39.8, 4. Little (Washington) 5:43.9, 5. Cooks (HMB) 6:01.1.

1600 Relay: 1. Mission San Jose 4:11.0, 2. Half Moon Bay 4:11.1, 3. San Mateo 4:15.1, 4. Crystal Springs (Upland) 4:38.0, 5. San Luis Obispo 5:03.5.

Team Scores: 1. Mission San Jose 64, 2. St. Francis 36, 3. Half Moon Bay 35, 4. Madera 32, 4. San Mateo 32.

Half Moon Bay Track Distance Carnival April 24. College of San Mateo Campus.

Perfect weather conditions again this year as over 400 athletes from 27 High Schools took part in the 2nd Annual Half Moon Bay Track Distance Carnival held at the beautiful facility on the College of San Mateo campus. The meet consists of the 2 mile, 800M, mile, and 1600 relay. Freshmen race freshmen, sophomores race sophomores, etc. There are no class restrictions on the relay. Top three in each race receive meet sweatshirts. The fastest male and female at each distance receive special awards.