

# Best CCS 4-7-94

## boys' track times, marks

### TOP PREP BOYS' TRACK MARKS

(The following are the top prep boys' track marks reported thus far in the Central Coast Section as reported by Dan Bertellotti.)

**400M RELAY** — Wilcox 42:55; Westmoor 42:61; Los Gatos 42:7; St. Francis 43:6; Yerba Buena 43:8; Bellarmine 43:9; Homestead 44:2; Milpitas 44:3; Sacred Heart (SF) 44:8; Serra, St. Ignatius 45:2.

**110M HH** — Edmon (Bellarmine) 14.65; Duong (Silver Creek) 14.77; Nord (Los Altos) 14.8; Brown (Gunderson), Race (Soquel) 14.9; Stone (Yerba Buena) 15.1; Mann (Monterey) 15.3; Gonzalez (Palma), Metzner (N. Monterey County), Phillips (Lynbrook), Chiang (Saratoga), Byrd (Westmoor) 15.4.

**800M** — Rutledge (Los Gatos) 1:57.69; Williams (Gunn) 1:58.4; Sikiric (Gunderson) 1:59.1; Taylor (Bellarmine) 1:59.7; Dando (Bellarmine) 2:00.4; Crosno (Salinas) 2:02.6; Carter (Los Gatos) 2:04.0; Becker (Bellarmine) 2:04.1.

**100M** — Isaac (Los Gatos) 10.7; Fernald (Westmoor), Williams (Santa Clara), Nance (Wilcox) 10.8; O'Neil (Milpitas), Zamora (Westmoor) 10.9; Vartan (MA), Johnson (Aragon) 11.0; Abdul (Overfelt), Troung (Yerba Buena), Lewis (St. Francis) 11.1.

**400M** — Charles (Westmoor) 49.12; Smith (San Jose) 50.1; Isaac (Los Gatos), Starling (Milpitas) 50.3; Cifelli (Los Gatos) 50.5; Weller (Aragon) 50.6; Riddle (Gunn) 50.7; Bayan (Palo Alto), Elfert (Serra), Morales (Westmoor) 50.8.

**2-MILE (3200)** — Balkman (Lynbrook) 9:31.33; Enrique (Silver Creek) 9:34.12; Lucido (Bellarmine) 9:49.6; Hansen (St. Ignatius) 9:53.3; Washington (Serra) 9:55.0; Owen (Palma) 9:57.3; Becker (Bellarmine) 10:04.8; Only marks 10:10.0 and under.

**300M IH** — Edmond (Bellarmine) 38.97; Duong (Silver Creek) 40.2; Mann (Monterey) 40.8; Naivalu (Fremont) 41.0; Riddle (Gunn), Garcia (Westmoor) 41.3; Race (Soquel), Elfert (Serra) 41.4; Dolan (Independence) 41.62; Meyer (Santa Cruz) 41.8; Gonzalez (Palma) 41.9.

**200M** — Vartan (MA) 21.7; O'Neil (Milpitas), Charles (Westmoor) 21.8; Smith (San Jose), Levingston (Monterey), Nance (Wilcox) 22.2; Troung (Yerba Buena) 22.7; Benson (Monterey) 22.8; Bayan (Palo Alto), Sheppard (Sacred Heart-SF), Bernardo (Saratoga) 22.9.

**MILE (1600)** — Sikiric (Gunderson), 4:22.48; Dando (Bellarmine) 4:26.36; Paulson (St. Francis) 4:31.2; Becker (Bellarmine) 4:31.6; Pitts (Mtn. View) 4:34.0; Washington (Serra) 4:35.0; Song (Bellarmine) 4:35.6; Balkman (Lynbrook) 4:36.0; Tchamourlian (Serra) 4:37.8; Ebein (Los Gatos) 4:37.9.

**1600 RELAY** — Silver Creek 3:28.59; Gunn 3:29.6; St. Francis 3:29.9; Milpitas 3:31.0; Bellarmine 3:31.3; Homestead 3:32.6; Gunn 3:33.5; Yerba Buena 3:35.0; Serra 3:35.8.

**LJ** — Brown (Gunderson) 23-2; Wong (Los Altos), Charles (Westmoor) 22-8; Smith (San Jose) 22-7¼; Nord (Los Altos) 22-4¼; Wright (Silver Creek) 22-3; Dunn (Silver Creek) 22-2; Stephens (Santa Cruz) 21-8¼; Jackson (Piedmont Hills), Etessis (Del Mar) 21-6.

**TJ** — Nord (Los Altos) 47-0¾; Brown (Gunderson) 46-5¾; Stallings (Bellarmine) 45-3; Larkin (St. Ignatius) 45-0; Lahey (N. Monterey County) 44-8¼; Lin (Mills) 43-9½; Brown (Gunderson) 43-8¼; Dunn (Silver Creek) 43-3½; Jackson (Piedmont Hills) 43-3; Fernquest (Bellarmine) 42-11.

**HJ** — Zeidler (Bellarmine) 6-8; Lahey (N. Monterey County), Newman (Wilcox), Jackson (Los Altos), Charles (Westmoor) 6-6; Silva (Watsonville), Gentner (Mills), Weller (Aragon) 6-4; Frigase (Prospect) 6-3; Many tied at 6-2 including Van and Brown (Aragon) 6-2.

**PV** — Slover (Leland) 16-7; Haldezos (Mills), Rodriguez (Mt. Pleasant) 14-3; Phan (Yerba Buena), Scatena (Leland) 13-6; Nguyen (Yerba Buena) 13-0; Harris (St. Francis), Lin (Mills) 12-6; Weinhuiz (Gilroy), Skinner (St. Ignatius), Calvillo (Santa Clara), Lincoln (Woodside) 12-0.

**SHOT** — DeMartini (St. Ignatius) 61-0½; Nelson (St. Ignatius) 55-0; Lewis (St. Ignatius) 53-4; Matock (Palma) 53-0½; Vergera (Silver Creek) 50-11; Willie (Los Altos) 50-2; Pelka (Bellarmine) 49-10½; Alusa (Aragon) 49-10; Only marks 49-6 and over.

**DISCUS** — DeMartini (St. Ignatius) 192-5; Hovey (Monta Vista) 166-6; Perkins (Bellarmine) 158-11; Neufeld (Live Oak), Flores (Los Altos) 152-5; Choe (Milpitas) 149-9; Stack (Los Altos) 148-7; Greenberg (Los Altos) 146-5; Hazle (Los Gatos) 145-9; Alusa (Aragon) 145-7.

# Best CCS girls' track times

### TOP PREP GIRLS' TRACK MARKS

(The following are the top girls' track marks reported thus far in the Central Coast Section this year as compiled by Dan Bertellotti.)

**400M RELAY** — Independence 49:20; St. Francis 49:6; Los Gatos 49:7; St. Ignatius 50:1; Overfelt, Aragon 51:3; Salinas 51:5; Monta Vista 52:0; Lynbrook 52:2; Silver Creek 52.4.

**100M LH** — Odom (Independence) 14.71; Lockridge (Westmoor) 15.4; K. Veeder (Los Gatos) 16.0; Ocegüera (St. Francis), Buchanan (Santa Clara) 16.2; Barbaglia (Gilroy) 16.3; R. Feinberg (Palo Alto) 16.4; Olague (Silver Creek), Engleman (Saratoga) 16.8; Stortz (Monta Vista), Fletcher (Gunn) 16.9.

**800M** — Stavalone (Presentation) 2:21.4; Silva (Aptos) 2:22.6; Randall (Aptos) 2:23.9; Baldelli (St. Ignatius) 2:26.4; Landers (Los Gatos) 2:26.9; Malander (Los Gatos) 2:29.0; Delaplace (Mitty) 2:30.8; Ryan (Mitty) 2:31.7; Iverson (St. Francis) 2:32.0; Fraser (Live Oak) 2:32.7.

**100M** — Hay (Los Gatos) 12.4; S. Feinberg (Palo Alto), Washington (St. Ignatius), Odom (Independence) 12.5; Jennings (Woodside) 12.6; Banks (Gunderson), Chew (Lynbrook), Brown (St. Francis), Pogue (Del Mar), Dundy (Mt. Pleasant), Williams (Aragon) 12.7.

**400M** — Pleslak (M-A) 58.3; Simpson (Overfelt) 58.7; Lombardi (Los Gatos), Woods (Independence) 60.0; Ponder (Los Gatos), Soriano (San Lorenzo Valley) 60.4; Veeder (Los Gatos) 61.8; Tripplett (Aragon) 61.99; Abdelbaki (Willow Glen) 62.9; Farzan (St. Francis) 63.0.

**2-MILE (3200)** — Bleisch (Silver Creek) 11:22.89; Kleinheinz (Aragon) 11:36.0; Sandoval (St. Ignatius) 11:56.1; Renteria (Wilcox) 12:04.0; Ryan (Mitty) 12:10.0; Srudlin (Yerba Buena) 12:18.0; Malander (Los Gatos) 12:25.0; Keller (St. Francis) 12:34.0; Allison (Leland) 12:35.9; Kim (Palo Alto) 12:36.0.

**300M LH** — K. Veeder (Los Gatos) 45.5; Sullivan (Santa Teresa) 47.3; Rondeau (Lynbrook) 48.0; Fair (Los Altos) 48.2; Stortz (Monta Vista), Espinoza (Silver Creek) 49.6; Cafe (Santa Cruz) 49.8; Vi. Fleming (Hillsdale) 49.8; Odom (Independence) 50.0; Olague (Silver Creek), Kyi (Westmoor) 50.7.

**200M** — Simpson (Overfelt) 25.6; Pleslak (M-A) 25.8; Mchlin (Monta Vista), Woods (Independence) 25.9; Barragan (ND-Salinas) 26.3; S. Feinberg (Palo Alto), Lombardi (Los Gatos) 26.4; Walsh (Salinas) 26.5; Chew (Lynbrook), Williams (Aragon), Jennings (Woodside) 26.9.

**MILE (1600)** — Bleisch (Silver Creek) 5:10.2; Baldelli (St. Ignatius) 5:11.37; Kim (Palo Alto) 5:15.0; Allison (Leland) 5:15.8; Silva (Aptos) 5:20.7; Renteria (Wilcox) 5:25.0; Boyd (Gunn) 5:26.3; Ryan (Mitty) 5:26.8; Tench (Castilleja) 5:32.0; Delaplace (Mitty) 5:33.8.

**MILE (1600) RELAY** — Los Gatos 4:07.4; Lynbrook 4:10.6; Aptos 4:11.3; ND-Salinas 4:15.6; Independence 4:17.0; Overfelt 4:20.0; Gunn 4:21.9; St. Francis 4:24.0; Palo Alto 4:27.5; Los Altos 4:28.0.

**LJ** — Trauner (St. Ignatius) 17-5; Pagador (Wilcox) 17-2; Burnham (Los Altos) 16-10½; Ballrich (Leigh) 16-10; Henderson (Lick) 16-8½; Sterbenz (Silver Creek), Pettibone (Gunderson) 16-7; Tripplett (Aragon) 16-6; Monson (Independence) 16-5½; Warfield (San Lorenzo Valley), Ito (Fremont) 16-4¾.

**TJ** — Pettibone (Gunderson) 36-5½; Stewart (Mitty) 35-11½; Ocegüera (St. Francis) 35-11¼; Duffey (St. Francis) 35-10½; Ito (Fremont) 35-5; Burnham (Los Altos) 35-1; Tripplett (Aragon) 34-9; Zobroski (St. Ignatius) 34-2½; Cheng (Gunn) 33-10; Buchanan (Santa Clara) 33-8½.

**HJ** — Tantiwong (Monta Vista) 5-5; Duffey (St. Francis), Farnaday (Los Gatos), Anderson (Palo Alto), Burdick (Aragon) 5-4; Engleman (Saratoga), Holliday (Santa Teresa), Laserto (Mitty), Ito (Fremont) 5-2; Buchanan (Santa Clara) 5-1.

**SHOT** — Etuale (Jefferson) 41-10½; Bower (Gunn) 40-0¾; Morrison (Presentation) 39-3¾; Spano (Del Mar) 38-8½; Maldonado (Mt. Pleasant) 36-5; Sahovich (Westmoor) 34-11; Tanner (N. Salinas) 34-2½; Tupito (Yerba Buena) 33-9½; Barrett (Gonzales) 33-2; Woods (Aptos) 32-11½.

**DISCUS** — Morrison (Presentation) 126-6; Etuale (Jefferson) 125-11; Royalty (San Lorenzo Valley) 120-8; Bower (Gunn) 119-5; Barrett (Gonzales) 111-4; Lloyd (Santa Teresa) 109-1; Thure (Salinas) 107-0; Tupito (Yerba Buena) 107-9; Maristela (Milpitas) 107-3; DePuy (Palo Alto) 106-4.

# TRACK & FIELD

## Top CCS times

### BOYS

# 1994

### GIRLS

#### 100 meters

Shaun Williams, Silver Creek	10.74
Jason Isaac, Los Gatos	10.79
LaPriest Nance, Wilcox	10.80
Brent Vartan, M-A	10.64w, 10.81
R.J. Powell, Carmel	10.6
Bashii Levingston, Seaside	10.6
Reggie Stephens, Santa Cruz	10.6
* Marvin Love, Wash.	10.65w, 10.77

#### 200 meters

Felton Charles, Westmoor	21.31
Shaun Williams, Silver Creek	21.45
Jason Isaac, Los Gatos	21.52
Richard Blayney, Hollister	21.67
Brent Vartan, Menlo-Atherton	21.72
* Marvin Love, Washington	21.85

#### 400 meters

Felton Charles, Westmoor	47.17
Todd Smith, San Jose	48.85
Richard Blayney, Hollister	48.99
Hildi Starling, Milpitas	49.27
Ben Elferl, Serra	49.32
* Aaron Richberg, Logan	49.8

#### 800 meters

Jason Williams, Gunn	1:55.88
Daniel Sikiric, Gunderson	1:56.34
Louis Andre, Independence	1:56.3
Nate Crosno, Salinas	1:56.6
Stephen Bosshart, Gunn	1:57.0
* Aaron Richberg, Logan	1:50.34

#### 1,600 meters

Todd Dando, Bellarmine	4:18.05
Daniel Sikiric, Gunderson	4:18.6c
Amerigo Rossi, Harbor	4:19.70
Jason Balkman, Lynbrook	4:22.72
Nail Pitts, Mountain View	4:22.94
* Aaron Richberg, Logan	4:20.1

#### 3,200 meters

Jason Balkman, Lynbrook	9:07.97
Enrique Torres, Silver Creek	9:17.7
Tom Becker, Bellarmine	9:20.6
Brad Hansen, St. Ignatius	9:23.3
Dave McDonough, Cupertino	9:28.7
* Pat Bendzik, Mission SJ	9:32.37c

#### 110-meter high hurdles

Coke Edmon, Bellarmine	14.42
Nam Duong, Silver Creek	14.2
Dan Race, Soquel	14.44
Ty Mann, Monterey	14.67
Jeremy Gonzales, Palma	14.71
* Bryan Click, Logan	15.02

#### 300-meter hurdles

Coke Edmon, Bellarmine	37.25
Jimmy Meyer, Santa Cruz	38.04
Nam Duong, Silver Creek	38.38
Ty Mann, Monterey	38.50
Ben Elferl, Serra	38.90
* Bryan Click, Logan	39.65

#### 400-meter relay

Westmoor	41.98
Los Gatos	42.28
Wilcox	42.55
Milpitas	42.58
Bellarmine	42.73
* Logan	43.28

#### 1,600-meter relay

Silver Creek	3:19.9
Westmoor	3:20.08
Los Gatos	3:20.2
Gunn	3:21.5
Bellarmine	3:21.6
* Logan	3:20.5

#### Long jump

Fred Jackson, Piedmont Hills	23-9
Jeff Nord, Los Altos	23-7½
Doug Brown, Gunderson	23-2
R.J. Powell, Carmel	22-10¼
Dini Wong, Los Altos	22-8
Felton Charles, Westmoor	22-8
* Ron Richardson, Logan	22-2¼

#### Triple jump

Robert Macias, Hollister	47-3½
Dan Nord, Los Altos	47-2½
Neil Lahey, N. Monterey Co.	46-9¾
Doug Brown, Gunderson	46-5¾
Eric Stallings, Bellarmine	46-5¾
* Gary Smith, Logan	46-0

#### High jump

Brandon Zeidler, Bellarmine	6-10
Donnell Harris, North Salinas	6-8
Neil Lahey, N. Monterey County	6-8
Eric Neumann, Wilcox	6-7
Wilbur Jackson, Los Altos	6-6
Felton Charles, Westmoor	6-6
John Fernquest, St. Francis	6-6
* Jamir Dixon, Logan	6-2
* Mason Lindow, Kennedy	6-2

#### Pole vault

Scott Slover, Leland	17-0
Cade McNow, Hollister	15-0
David Nguyen, Yerba Buena	14-6
Murray Harris, St. Francis	14-6
Lorenzo Rodriguez, Mt. Pleasant	14-3
Mike Haldezos, Mills	14-3
* Jason Brass, Logan	12-3

#### Shot put

Chris DeMartini, St. Ignatius	61-0½
Hosea Nelson, St. Ignatius	55-0
Aaron Lewis, St. Ignatius	54-10
Marc Malock, Palma	53-10
Willie Howard, Los Altos	53-3¼
* Rich Cook, Newark Memorial	50-5

#### Discus

Chris DeMartini, St. Ignatius	195-6
Gordon Hovey, Monta Vista	167-9
Hyok Choe, Milpitas	167-0
Ryan Neufeld, Live Oak	163-0
Eric Wiener, Leland	160-5
* Kyle Donovan, Washington	150-6

#### 100 meters

Kim Hay, Los Gatos	12.20
Jennifer Odorn, Independence	12.2
Sarah Feinberg, Palo Alto	12.49
Valerie Walsh, Salinas	12.3
Kathy Gross, Independence	12.56
Annie Pogue, Del Mar	12.56
* Kelli White, Logan	11.68w, 11.87

#### 200 meters

Veronica Woods, Independence	24.4
Shavonna Jennings, Woodside	24.87
Sylvia Pieslak, Menlo-Atherton	25.19
Tami Simpson, Overfelt	25.1
Kim Hay, Los Gatos	25.45
* Kelli White, Logan	23.80

#### 400 meters

Veronica Woods, Independence	55.9
Sylvia Pieslak, Menlo-Atherton	56.13
Tami Simpson, Overfelt	57.46
Tisha Ponder, Del Mar	58.05
Ally Lombardi, Los Gatos	58.30
* Kelli White, Logan	57.39

#### 800 meters

Marla Plevte, Hollister	2:17.0
Christine Stavolone, Presentation	2:18.1
Lanessa McPherson, S. Creek	2:18.33
Meg Veeder, Los Gatos	2:18.46
Lisa Crouch, Aptos	2:18.6
* Elissa Riedy, Mission SJ	2:14.81

#### 1,600 meters

Christine Stavolone, Presentation	4:57.8
Deborah Bleisch, Silver Creek	4:59.0
Ann Baldelli, St. Ignatius	5:01.27
Emily Allison, Leland	5:03.19
Nicole Silva, Aptos	5:05.4
* Elissa Riedy, Mission SJ	4:54.25

#### 3,200 meters

Nicole Silva, Aptos	11:09.3
Emily Allison, Leland	11:11.5
Laura Sandoval, St. Ignatius	11:13.5
Deborah Bleisch, Silver Creek	11:18.93c
Lisa Renteria, Westmont	11:19.6c
* Elissa Riedy, Mission SJ	10:50.6

#### 100-meter low hurdles

Jennifer Odorn, Independence	14.00
Gina Ocegüera, St. Francis	14.86
Kim Veeder, Los Gatos	15.32
Deanna Lockridge, Westmoor	15.4
Vicci Fleming, Hillsdale	15.66
* Sunshine Peterson, Logan	14.49

#### 300-meter low hurdles

Kim Veeder, Los Gatos	44.45
Jennifer Odorn, Independence	45.59
Christyna Serrano, S. Lor. Vly	45.4
Zakiva Sullivan, Santa Teresa	45.73
Melanie Cafe, Santa Cruz	45.6
* Kim Cousvon, American	43.85

#### 400-meter relay

Independence	48.1
St. Francis	48.60
Los Gatos	48.5
Monta Vista	49.60
Salinas	49.7
* Logan	46.84

#### 1,600-meter relay

Independence	3:55.5
Los Gatos	3:57.15
Salinas	4:00.9
Silver Creek	4:01.5
Santa Teresa	4:01.6
* Logan	3:48.83

#### Long jump

Gina Ocegüera, St. Francis	18-3¼
Tisha Ponder, Del Mar	18-3
Tamara Livers, Los Gatos	17-11½
Jessica Burnham, Los Altos	17-10½
Shirley Pagador, Wilcox	17-8½
* Jerna Wright, Logan	20-5w, 19-8½

#### Triple jump

Cindy Pettibon, Gunderson	38-5¼
Gina Ocegüera, St. Francis	37-5
Kim Tripplett, Aragon	37-3
Jakaria Stewart, Milty	36-8
Jessica Burnham, Los Altos	36-4½
* Andrea Lacson, Logan	37-7¾w
* Hadiya Green, Logan	37-2¾

#### High jump

Tina Farnady, Los Gatos	5-6
Erica Larson, Carmel	5-6
Erin Duffey, St. Francis	5-6
Amy Tantivongsathorn, M. Vista	5-5
Lindsay Murray, King City	5-4½
* Alicyn Chappelle, Logan	5-6

#### Shot put

Christina Etuale, Jefferson	44-5½
Rebecca Morrison, Presentation	42-8¾
Charlene Bower, Gunn	41-3
Cami Nilmever, Burlingame	39-0
Sandra Sahourieh, Westmoor	38-5
* Heather Quevrel, Logan	36-5

#### Discus

Darlene Tulua, Carmel	145-4
Christina Etuale, Jefferson	137-3
Charlene Bower, Gunn	136-0
Rebecca Morrison, Presentation	131-9
Holly Royalty, San Lorenzo Vly	124-7
* Tuere Anderson, Mission SJ	130-0

#### Pole vault

Brianna Haul, Harbor	8-0
Amandine Consorti, St. Francis	7-6
Valerie Binder, Del Mar	7-3
* Jocelyn Vickroy, Logan	7-0

Electronic timing is noted by hundredths and is superior to hand-timed marks, which are noted by tenths. "c" denotes converted time from yards; "w" denote wind-aided times.

