

## North Coast Section Meet of Champions

University of California, Berkeley  
May 28, 1994

The top four placers qualify for the state meet.

### Boys

100 (-.15)--1. Marvin Love (Washington) 10.87, 2. Leon Callen (De La Salle) 11.00, 3. Dee Mononkola (De Anza) 11.05, 4. Jerome Spence (St. Mary's) 11.07.

200 (+0.59)--1. Hannibal Navies (Berkeley) 22.17, 2. Marvin Love (Washington) 22.18, 3. Juan Cherry (Berkeley) 22.34, 4. Tyree Reed (De Anza) 22.43.

400--1. Tyree Reed (De Anza) 49.41, 2. Matt Roszell (Castro Valley) 49.60, 3. Marlon Monroe (St.

Mary's) 49.66, 4. Antwoine Taylor (Richmond) 50.12.

800--1. Aaron Richberg (Logan) 1:50.34 meet record, 2. Josh Quintal (Fortuna) 1:52.62, 3. Adam Ozarski (Granada) 1:52.65, 4. Jonevan Hornsby (St. Mary's) 1:53.39.

1,600--1. Alex Teekell (O'Dowd) 4:16.33, 2. Chris Maier (Amador Valley) 4:17.54, 3. Micheil Jones (Livermore) 4:17.93, 4. Mike Wojciechowski (Clayton Valley) 4:19.63.

3,200--1. John Immel (Livermore) 9:13.74, 2. Matt Creason (Eureka) 9:15.22, 3. Steve Brown (Piedmont) 9:26.80, 4. Keith Kennedy (San Leandro) 9:36.95.

110HH (-0.32)--1. Anthony Montgomery (St. Mary's) 14.75, 2. Aaron Hill (De Anza) 14.94, 3. Joe Cokes (Berkeley) 14.99, 4. Donte Joseph (Pinole) 15.06.

300H--1. Anthony Montgomery (St. Mary's) 38.40, 2. Dominique Canfield (Castro Valley) 39.22, 3. Bryan Click (Logan) 39.65, 4. Chris Barnsdale (Montgomery) 40.09.

4 x 100--1. De Anza (Vince Daglow, Tim Cooper, Dee Mononkola, Tyree Reed) 42.63, 2. St. Mary's (Jerome Spence, Devron Boyd, Anthony Montgomery, Marlon Monroe) 42.96, 3. Logan (Jeff Blodeau, Jason Pease, Ron Herdon, DeShawn Williams) 43.44, 4. Pittsburg (Saleem Hahdi, Ron Moffet, Eric McGee, Michael Beaver) 43.47.

4 x 400--1. Berkeley (Curry Green, Remo Wmnyimkuu, Juan Cherry, Hannibal Navies) 3:16.94, 2. St. Mary's (Anthony Montgomery, Devron Boyd, Marlon Monroe, Jonevan Hornsby) 3:18.10, 3. De Anza (Tyree Reed, Dwan Vance, Aaron Hill, Vince Daglow) 3:21.23, 4. Logan (Ron Herdon, Aaron Richberg, DeShawn Williams, Trung Luu) 3:21.26.

HJ--1. Pat Leonard (Piner) 6-9, 2. Jeff Bond (Piedmont) 6-7, 3. Saleem Mahdi (Pittsburg) 6-6, 4. Matt Hurd (Antioch) 6-6.

PV--1. Rene Loraine (Petaluma) 15-0, 2. Mike Rothling (Castro Valley) 14-3, 3. Tim Taylor (Acalanes) 14-0, 4. Brian Ratto (College Park) 13-0.

LJ--1. Remo Wmnyimkuu (Berkeley) 22-4 (-2.00), 2. Clifton Ma (Las Lomas) 22-1 (+1.60), 3. DeShawn Williams (Logan) 22-0 1/2 (+0.80), 4. Kevin Oates (Castro Valley) 22-0 1/4 (+1.95).

TJ--1. Joshua Leng (O'Dowd) 46-10 1/2 (+0.63), 2. Rasheed Abdullah (Logan) 45-11 1/2 (+2.29), 3. Gary Smith (Logan) 45-7 3/4 (+2.66), 4. Sal Grewal (Irvington) 44-10 1/4 (+0.53).

SP--1. Ihsan Warren (St. Mary's) 56-5 1/4, 2. Drew Anderson (Monte Vista) 53-7 1/2, 3. Brian Chase (Rincon Valley Jr.) 53-3, 4. John Zukoski (California) 52-8 1/4.

DT--1. Ihsan Warren (St. Mary's)

164-1, 2. Jon Paxton (Moreau) 156-3, 3. Rich Cook (Newark) 149-11, 4. Dave Spitz (Monte Vista) 142-9.

### Girls

100 (+.15)--1. Kelli White (Logan) 11.87, 2. Bisa Grant (O'Dowd) 11.89, 3. Nequila Goods-Guidry (Logan) 12.25, 4. Davetta Shepard (Kennedy) 12.30.

200 (+.21)--1. Latasha Gilliam (Pittsburg) 23.62, 2. Kelli White (Logan) 24.28, 3. Bisa Grant (O'Dowd) 24.52, 4. Tamika Brown (Fort Bragg) 25.41.

400--1. Latasha Gilliam (Pittsburg) 55.32, 2. Martina Ze (Livermore) 55.88, 3. Crystal Miles-Threat (O'Dowd) 56.85, 4. Brandee Grant (Holy Names) 57.58.

800--1. Tiffany Roberts (Carondelet) 2:12.30, 2. Ashley Monahan (Amador Valley) 2:12.96, 3. Candace Miles-Threat (O'Dowd) 2:14.63, 4. Pamela Richardson (Montgomery) 2:14.73.

1,600--1. Elissa Riedy (Mission San Jose) 4:56.10, 2. Lori Riedy (Mission San Jose) 5:00.07, 3. Alison Lambert (Northgate) 5:01.30, 4. Tina Bowen (San Ramon) 5:02.99.

3,200--1. Julia Stamps (Rincon Valley Junior) 10:28.49, 2. Kristen Gordon (Carondelet) 11:00.10, 3. Sara Jakel (Sonoma Valley) 11:09.35, 4. Elissa Riedy (Mission San Jose) 11:13.93.

100 HH (+0.06)--1. Davetta Shepard (Kennedy, Richmond) 14.20, 2. Bisa Grant (O'Dowd) 14.32, 3. Jenny Berrien (Berkeley) 14.54, 4. Ayana Grant (O'Dowd) 14.58.

300H--1. Kim Couvson (American) 43.85, 2. ChaRon Stewart (Beacon) 44.14, 3. Nneka Black (El Cerrito) 44.18, 4. Sunshinne Peterson (Logan) 44.19.

4 x 100--1. O'Dowd (Ayana Grant, Bisa Grant, Turshica Bennett, Venus James) 47.44, 2. Washington (Kim Little, Carey Moyles, Srar Snow, Tricia Jacinto) 49.09, 3. San Leandro (Jennifer Morell, Denean Garrett, Deborah Hurley, Danielle Jones) 49.46, 4. El Cerrito (Seneik Saavedra, Mia Bigby, Danielle Ross, Nneka Black) 49.68.

4 x 400--1. Logan (Kelli White, Jernae Wright, Gary Smith, Carla Estes) 3:51.65, 2. Amador Valley (Monica Van Wegen, Ashley Monahan, Lisa Morrison, Brandy Apodaca) 3:52.60, 3. O'Dowd (Bisa Grant, Turshica Bennett, Candace Miles-Threat, Crystal Miles-Threat) 3:53.85, 4. Carondelet (Tiffany Roberts, Kerri Bock-Willmes, Margaret Ewers, Annelise Norton) 3:54.73.

HJ--1. Jamilla Churchill (O'Dowd) 5-8, 2. Traci Banks (Alhambra) 5-5, 3. Karen Townsend (Logan) 5-5, 4. Alicia Chappelle (Logan) 5-4.

LJ--1. Jernae Wright (Logan) 19-6 1/2 (+0.12), 2. Ayana Grant

(O'Dowd) 17-6 1/4 (+0.95), 3. Hadiya Green (Logan) 17-5 1/4 (-0.98), 4. Wonder Serra (Tamalpais) 17-4 1/2 (+4.20).

TJ--1. Keeta Zimmerman (Eureka) 37-3 3/4 (+2.80), 2. Carey Moyles (Washington) 37-2 1/4 (+0.52), 3. Andrea Lacson (Logan) 37-1 (+0.03), 4. Christine Brockett (Antioch) 36-7 3/4 (+2.90).

SP--1. Rashawnda Holmes (Tennyson) 43-11 1/2, 2. Nicole Brooks (Berkeley) 43-9 1/4, 3. Michelle Jones (O'Dowd) 38-8 1/4, 4. Keisha Johnson (Antioch) 37-7 1/4.

DT--1. Rashawnda Holmes (Tennyson) 140-4, 2. Nicole Brooks (Berkeley) 136-8, 3. Robyn Flynn (Fortuna) 126-8, 4. Melisa Cenizal (Clayton Valley) 125-9.

## San Francisco Section

# PREP NOTES

94