

Gunn

# STATE CHAMPIONSHIPS 1995 TRACK AND FIELD



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Interscholastic  
Federation

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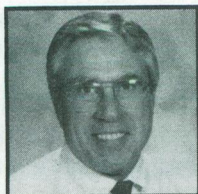
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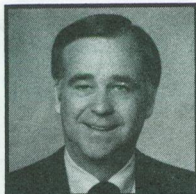
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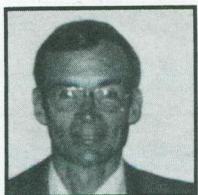
# Track and Field Advisory Committee Members



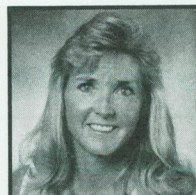
**Don Bell**  
Chairman  
Track and Field



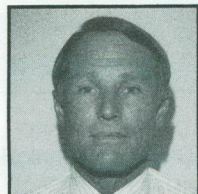
**Dean Crowley**  
Commissioner  
CIF Southern Section



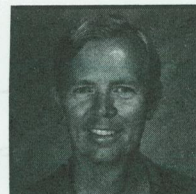
**Bob King**  
Boys Cross Country/  
Track Coach, Del Campo  
High School



**Michele Buchicchio**  
Boys & Girls Cross Country/  
Track Coach, San Gabriel  
High School



**Hal Harkness**  
Meet Director  
CIF/TOYOTA State  
Track and Field



**Doug Speck**  
Teacher  
Arcadia High School



**Dennis McClanahan**  
Cross Country Coach  
Mount Carmel High

## NOT PICTURED

**Helen Lehman**  
State CIF  
Rules Interpreter

**Marty Simpson**  
Meet Director  
CIF/TOYOTA State  
Cross Country

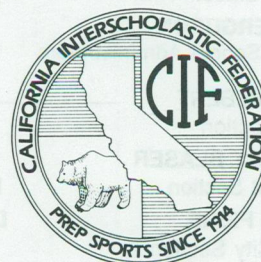
**Brian Weaver**  
Assistant Meet Dir.  
CIF/TOYOTA State  
Cross Country

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### Special Thanks

A debt of thanks in is order for all coaches, parents and media services that provided photos for this program.



# THE CALIFORNIA INTERSCHOLASTIC FEDERATION WELCOMES YOU



**MARIE M. ISHIDA**  
CIF President

As President of the California Interscholastic Federation, it is my honor to welcome you to this championship event. I offer my congratulations to all of you, the athletes who have achieved such a high degree of athletic excellence, culminating in this day that you will never forget

We, in the CIF community, are well aware that your achievement is the result of your hard work and dedication. Your success is also the result of supportive coaches, parents, teachers, school administrators, and board members, who have inspired and helped you toward your goal — the STATE CHAMPIONSHIPS!

CIF's proud heritage began in 1914. We now provide equitable athletic opportunities for over 1.2 million students attending 1,000 plus public and private schools. In light of these figures, we would hope — whether you win or lose — that the memories of participating in this championship event will be kept in this context: *that you have participated in an event that few ever accomplish.*

Our sincere gratitude is extended to all of the volunteers who gave of their time, energy, and talent to ensure that this event be successful and a positive experience for all who participate and attend.

Marie M. Ishida  
Principal, Carmel H.S.

## CIF FEDERATED COUNCIL EXECUTIVE COMMITTEE

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Principal, Carmel H.S.

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Principal, Woodlake H.S.

**KEN GUNN, President-Elect**  
Principal, Walnut H.S..

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Principal, Belmont H.S.

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Principal, Washington H.S.

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Superintendent, Placentia-Yorba Linda U.S.D.

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California State Athletic Directors Assn.

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Superintendent/Principal, Summerville H.S.

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Principal, Albany H.S.

**DON BELL**  
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**CHARLES BONONI**  
Principal, Anderson H.S.

**ELEANOR BROWN**  
Asst. Supt. Schools, San Juan U.S.D.

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California School Boards Association

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Principal, Millikan H.S.

**JOANNE GRIMM**  
Principal, Oakland H.S.

**KATHY HAINES**  
Athletic Director, Chico Sr. H.S.

**STEVE HIRABAYASHI**  
Principal, Int. Studies Academy

**SUE KAMIYAMA**  
Athletic Director, Bell H.S.

**JERRY LAIRD**  
Principal, Sierra H.S.

**GALE MARTELLA**  
California Coaches Association

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Principal, L.A. Baptist

**JOYCE ECKREM**  
Representative, State Dept. of Education

**FRANKLIN TILL**  
Deputy Superintendent, San Diego U.S.D.

**TOM TRIGGS**  
Principal, Buena Park H.S.

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**PAUL GADDINI**  
North Coast Section

**DAROLD ADAMSON**  
Northern Section

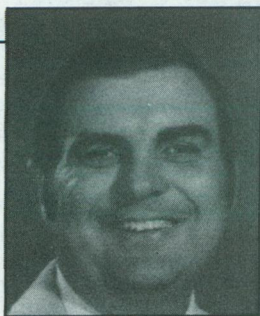
**LOUIS JONES**  
Oakland City Section

**PETE SACO**  
Sac-Joaquin Section

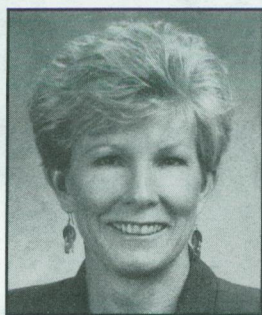
**KENDALL WEBB**  
San Diego Section

**ANN HEINLINE**  
San Francisco Section

**DEAN CROWLEY**  
Southern Section



**Thomas E. Byrnes,**  
*State CIF Commissioner*



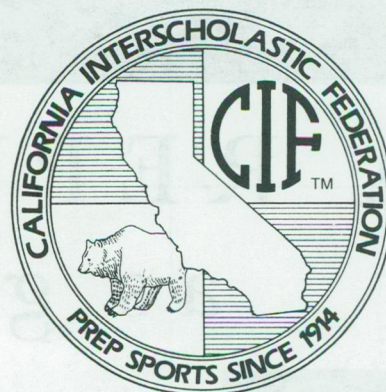
**Margaret Davis**  
*State CIF Associate Commissioner*

# **WELCOME FROM THE STATE OFFICE OF THE CALIFORNIA INTERSCHOLASTIC FEDERATION**

The CIF has a proud heritage in providing equitable athletic competition for more than 1100 high schools in California. Since its beginnings in 1914, the CIF has grown to become the largest youth agency in the state, serving more than 500,000 young student-athletes each year who participate in the interscholastic athletic activities of California's secondary schools.

As a problem solving organization, the CIF retains its original responsibility as a rules enforcing agency, but has expanded its duties to include much more. As the needs of students, coaches and the entire community change, the CIF will continue to meet these changing demands. In its commitment to educating youngsters for a better tomorrow, the CIF will work in partnership with the entire community to assure equity and provide the services, opportunities, and leadership necessary to establish and maintain quality high school athletic programs.

The values of athletics cannot be understated. Sportsmanship, fair play, achieving one's full potential, time management and working together as a team to reach a common goal are just some of the lessons learned on the



## **TODAY'S ATHLETES, TOMORROW'S LEADERS**

athletic facilities of California's high school. In addition, a myriad of studies show that athletes get higher grades than non-athletes, are more likely to graduate from high school, and are less likely to smoke and become involved in substance abuse than students not involved in athletics.

It's no wonder that California athletes have achieved at all levels. Many of their names are sports legends such as Janet Evans, Rick Monday, Cheryl Miller, Pat Haden, Flo Hyman, Lynn Swann, Lisa Leslie, Jason Kidd, Randy Johnson and numerous others. Athletes from the "Golden State" have also been Rhodes Scholars, Olympians, and chief executive officers of major California and national corporations.

We are proud of the more than four million alumni from California High Schools. We thank you for your attendance and urge you to continue your support of scholar-athletes by attending high school sporting events in your community.

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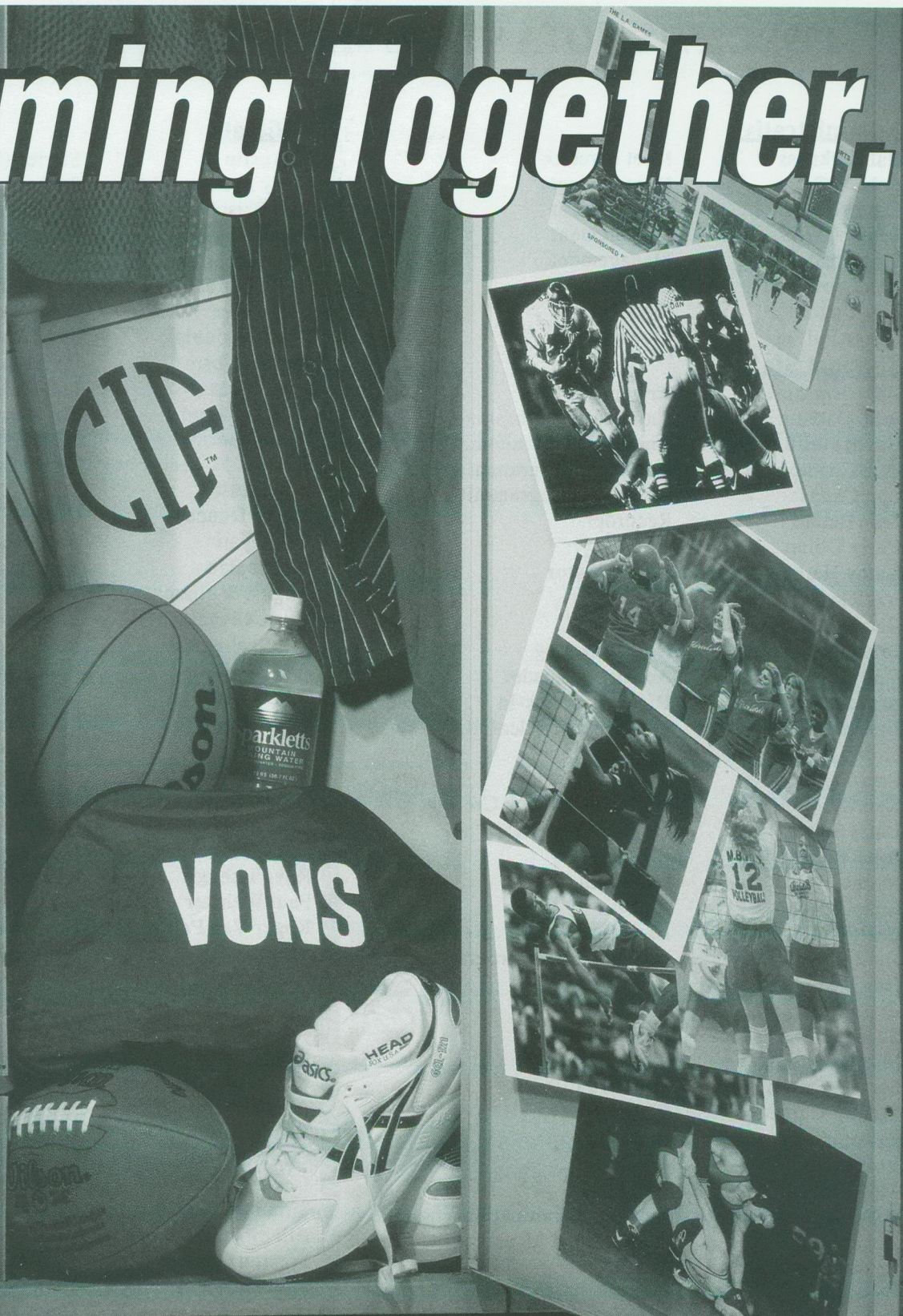


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# 1995 CIF/TOYOTA STATE MEET STAFF AND OFFICIALS

## Administrative

Hal Harkness	Meet Director
Bob McGuire	Meet Manager
Paul Bodenshot	Management
Lanny Carter	Management
Don Chadez	Management
Ken Cronquist	Management
Bob Dugard	Management
Marge Fulton	Management

## Support Staff

Dave Hurlburt	Announcer
John Dahlem	Announcer's Assistant
David Smith	Announcer's Assistant
Don Chadez	Computer Programming
Lyn Chadez	Computer Programming
Julie Bellah	Recorder
Harry Dolan	Seeder
Kathy Harkness	Fax Operator
Joe Raya	Accutrack
Gary Raya	Accutrack
Brian Springer	Omega Timing
Paul Raya	Accutrack Reader
Art Jackson	Officials Check-In
Jim Cheffers	Supervisor Credentials/Tickets
Lanny Carter	Coaches Corner
Bob Gunther	Coaches Corner
Ken Cronquist	Hurdle and Block Crew
Barry Sacks	Field Events Crew
John Rouse	Field Crew
Marge Fulton	Expeditor
Ruby Olson	Expeditor
Carlotta Shupp	Expeditor
Jim Duel	Media Director/Program
Gay Lynn Duel	Press Box
Craig Halcromb	Press Box
Sharon Hargrove	Press Box
Shayne Shroeder	Press Box
Sharon Curfman	Press Box
Wendy Curfman	Press Box
Kristin Chadez	Press Box
Robert Harrell	Awards
Mike Booker	Awards
Gary Brooks	Field Communications
Roger Dubbs	Weights and Measures
Laurel Bodenshot	Scoring
Jack Hollander	Scoring
Bob Pruitt	Scoring
Naomi Pruitt	Scoring
George Scott	Scoring
Paul Mahoney	Finish Area Coordinator

## Officials

Ed Austin	Starter (boys)
Larry Arason	Starter (girls)
Jack Brischer	Recall Starter
Dan Reinstein	Meet Referee
Steve Stearns	Jury of Appeals
Gil Lemmon	Jury of Appeals
Bob Baker	Head Field Judge
Daiva Jusionia	Head Finish Line
Connie Corn	Finish Line
Ted Bruins	Finish Line
Shella Burrud	Finish Line
James Storms	Finish Line
Herman Moreno	Head Marshall
Ron Battle	Marshall
Sandy Duncan	Clerk of Course
Dan Ryan	Assistant Clerk of Course
Tim Scalzo	Wind Gauge
August Williams	Wind Gauge
Vince Cleveland	Boys and Girls High Jump
Jim Leahy	Boys and Girls High Jump
Jennifer Blair	Pole Vault
John Blair	Pole Vault
Rick Foster	Pole Vault
James Carson	Boys Long Jump/Triple Jump
Shannon McGinnis	Boys Long Jump/Triple Jump
Jeff Haspell	Boys Long Jump/Triple Jump
Joe Torres	Girls Long Jump/Triple Jump
Epi Torres	Girls Long Jump/Triple Jump
Ray Fitzhugh	Girls Long Jump/Triple Jump
Paul Webster	Girls Long Jump/Triple Jump
Roger Van Pelt	Boys and Girls Shot Put
Ernie Smith	Boys and Girls Shot Put
Ned Rogers	Boys and Girls Shot Put
Joe Wille	Boys and Girls Shot Put
Jeff Bergan	Boys and Girls Discus
Randy Edwards	Boys and Girls Discus
Ron Edwards	Boys and Girls Discus
Alan Amundsen	Umpire
Bill Garner	Umpire
Don Maxwell	Umpire
Dewey Marine	Umpire
Tom Mew	Umpire
Bill Mocnik	Umpire
Preston O'Neil	Umpire
Saul Pacheco	Umpire
Al Pina	Umpire
Doug Rightmer	Umpire
Leroy Stewart	Umpire
Paul Suzuki	Umpire



## FRIDAY TIME SCHEDULE

<u>Event</u>	<u>Starting Time</u>
Girls 400 meter relay (Heat 1)	5:00 p.m.
Girls 400 meter relay (Heat 2)	5:04 p.m.
Girls 400 meter relay (Heat 3)	5:08 p.m.
Boys 400 meter relay (Heat 1)	5:12 p.m.
Boys 400 meter relay (Heat 2)	5:16 p.m.
Boys 400 meter relay (Heat 3)	5:20 p.m.
Girls 1600 meter run (Heat 1)	5:24 p.m.
Girls 1600 meter run (Heat 2)	5:31 p.m.
Boys 1600 meter run (Heat 1)	5:38 p.m.
Boys 1600 meter run (Heat 2)	5:44 p.m.
Girls 100 meter high hurdles (Heat 1)	5:50 p.m.
Girls 100 meter high hurdles (Heat 2)	5:54 p.m.
Girls 100 meter high hurdles (Heat 3)	5:58 p.m.
Boys 110 meter high hurdles (Heat 1)	6:02 p.m.
Boys 110 meter high hurdles (Heat 2)	6:06 p.m.
Boys 110 meter high hurdles (Heat 3)	6:10 p.m.
Girls 400 meter dash (Heat 1)	6:14 p.m.
Girls 400 meter dash (Heat 2)	6:18 p.m.
Girls 400 meter dash (Heat 3)	6:22 p.m.
Boys 400 meter dash (Heat 1)	6:26 p.m.
Boys 400 meter dash (Heat 2)	6:30 p.m.
Boys 400 meter dash (Heat 3)	6:34 p.m.
Girls 100 meter dash (Heat 1)	6:38 p.m.
Girls 100 meter dash (Heat 2)	6:42 p.m.
Girls 100 meter dash (Heat 3)	6:46 p.m.
Boys 100 meter dash (Heat 1)	6:50 p.m.
Boys 100 meter dash (Heat 2)	6:54 p.m.
Boys 100 meter dash (Heat 3)	7:00 p.m.
Girls 800 meter run (Heat 1)	7:04 p.m.
Girls 800 meter run (Heat 2)	7:08 p.m.
Girls 800 meter run (Heat 3)	7:12 p.m.
Boys 800 meter run (Heat 1)	7:16 p.m.
Boys 800 meter run (Heat 2)	7:20 p.m.
Boys 800 meter run (Heat 3)	7:24 p.m.
Girls 300 meter low hurdles (Heat 1)	7:28 p.m.
Girls 300 meter low hurdles (Heat 2)	7:32 p.m.
Girls 300 meter low hurdles (Heat 3)	7:36 p.m.
Boys 300 m. intermediate hurdles (Heat 1)	7:40 p.m.
Boys 300 m. intermediate hurdles (Heat 2)	7:44 p.m.
Boys 300 m. intermediate hurdles (Heat 3)	7:48 p.m.
Girls 200 meter dash (Heat 1)	7:53 p.m.
Girls 200 meter dash (Heat 2)	7:57 p.m.
Girls 200 meter dash (Heat 3)	8:01 p.m.
Boys 200 meter dash (Heat 1)	8:05 p.m.
Boys 200 meter dash (Heat 2)	8:09 p.m.
Boys 200 meter dash (Heat 3)	8:13 p.m.
Girls 1600 meter relays (Heat 1)	8:30 p.m.

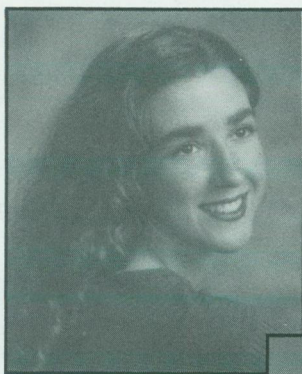
Girls 1600 meter relays (Heat 2)	8:36 p.m.
Girls 1600 meter relays (Heat 3)	8:42 p.m.
Boys 1600 meter relays (Heat 1)	8:48 p.m.
Boys 1600 meter relays (Heat 2)	8:54 p.m.
Boys 1600 meter relays (Heat 3)	9:00 p.m.

<u>Field Events</u>	<u>Starting Time</u>
Boys Pole Vault	1:00 p.m.
Girls Pole Vault	5:30 p.m.
Boys Discus	3:00 p.m.
Girls Discus	5:30 p.m.
Girls Shot Put	4:00 p.m.
Boys Shot Put	6:30 p.m.
Boys High Jump	4:00 p.m.
Girls High Jump	6:30 p.m.
Girls Long Jump	4:00 p.m.
Girls Triple Jump	6:30 p.m.
Boys Long Jump	4:00 p.m.
Boys Triple Jump	6:30 p.m.

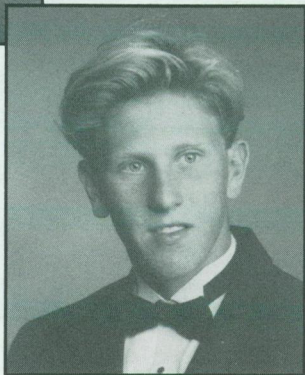
## SATURDAY TIME SCHEDULE

<u>Event</u>	<u>Starting Time</u>
Girls 400 meter relay (Event 1)	4:00 p.m.
Girls 400 meter relay (Event 2)	4:07 p.m.
Girls 1600 meter run (Event 3)	4:15 p.m.
Boys 1600 meter run (Event 4)	4:25 p.m.
Girls 100 meter high hurdles (Event 5)	4:36 p.m.
Boys 110 meter high hurdles (Event 6)	4:42 p.m.
Girls 400 meter dash (Event 7)	4:48 p.m.
Boys 400 meter dash (Event 8)	4:54 p.m.
Girls 100 meter run (Event 9)	5:00 p.m.
Boys 100 meter run (Event 10)	5:06 p.m.
Girls 800 meter run (Event 11)	5:13 p.m.
Boys 800 meter run (Event 12)	5:20 p.m.
Girls 300 meter low hurdles (Event 13)	5:27 p.m.
Boys 300 m. intermediate hurdles (Event 14)	5:34 p.m.
Girls 1200 meter dash (Event 15)	5:40 p.m.
Boys 200 meter dash (Event 16)	5:46 p.m.
Girls 3200 meter run (Event 17)	5:56 p.m.
Boys 3200 meter run (Event 18)	6:11 p.m.
Girls 1600 meter relay (Event 19)	6:25 p.m.
Boys 1600 meter relay (Event 20)	6:30 p.m.

<u>Field Events</u>	<u>Starting Time</u>
Boys Pole Vault	1:30 p.m.
Girls Pole Vault	4:30 p.m.
Boys Discus	3:00 p.m.
Girls Discus	5:00 p.m.
Girls Shot Put	3:00 p.m.
Boys Shot Put	5:00 p.m.
Boys High Jump	3:00 p.m.
Girls High Jump	5:00 p.m.
Girls Long Jump	3:00 p.m.
Girls Triple Jump	5:00 p.m.
Boys Long Jump	3:00 p.m.
Boys Triple Jump	5:00 p.m.



Susan M. Erpelding



Tom Chalberg

# The CIF and TOYOTA Salute Erpelding and Chalberg *CIF/TOYOTA Scholar-Athletes of the Year*

Sport: Basketball, Volleyball  
Grade Point Average: 4.37  
College Acceptance: University of San Diego  
Intended Major: undecided  
Age: 17

Sport: Water Polo, Swimming  
Grade Point Average: 4.44  
College Acceptances: Harvard University, UC Berkeley, UCLA  
Intended Major: Biology  
Age: 17

*To qualify for the CIF/TOYOTA Scholar-Athlete award, students must maintain a minimum 3.7 grade point average, with at least two years participation in varsity level sports.*

## SUSAN M. ERPELDING

Erpelding, with a 4.37 grade point average and soon to attend the University of San Diego, excelled in basketball and volleyball at Academy of Our Lady of Peace in San Diego.

Besides being a National Honor Society Member, Erpelding was a first team all-league performer in basketball all four years on the varsity level. She was the captain of both her basketball and volleyball teams and took leadership roles as a peer counselor, a delegate for ASB conventions and as a group leader for the ASB elementary school leadership conference.

In basketball, Erpelding was the Division III Player of the Year in the CIF San Diego Section and was selected as All-Academic Team Captain by the San Diego Union Tribune as both a junior and senior. She was also a four-year varsity starter in volleyball, where she received first team all-league and all-CIF honors as a junior.

A highly-awarded scholar, Erpelding was her class salutatorian and received the Bank of America Award for excellence in math and science. A miss senior princess at Our Lady of Peace High School, Erpelding's career interests include sociology, psychology and physical therapy.

## TOM CHALBERG

Harvard-bound Chalberg, who has a 4.44 grade point average, is a two-sport star for Campolindo High School excelling in water polo and swimming.

In addition to being a National Merit Scholarship finalist, Chalberg was an honorable mention all-America, a first team all-CIF North Coast Section pick and a first team all-leaguer his senior year in water polo.

Chalberg filled a leadership role in many capacities including serving as his team captain in both water polo and swimming. Additionally, Chalberg was his senior class president, was vice president as a junior and served as his sophomore class treasurer. He was a volunteer tutor in both math and science, helped in a district fundraising telethon and was a volunteer in a Mexico home building project.

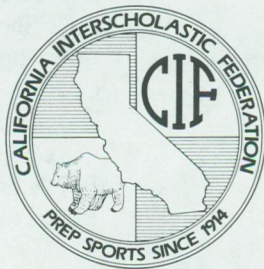
In water polo, Chalberg was a key member of Campolindo's second place team finish in the CIF/TOYOTA North Coast Section playoffs in 1994 and a fourth place team finish in the Northern California championships this season. He was a qualifier in the North Coast Section swimming championships as a junior and is a three-year varsity participant.

In addition to performing in school musical productions, Chalberg is a highly-honored scholar receiving the Bank of America Award in Science and Mathematics and the Bausch and Lomb Science Award. He is also a National Hispanic Scholar.

## LIST OF FINALISTS

### GIRLS

- Theresa Meredith Bastain, Wilson HS
- Carrie Anne Caulkins, Esperanza HS
- Kimberly Kimiko Cobb, San Clemente HS
- Marla A. Pleyte, San Benito HS
- Susan Prchal, Mater Dei HS
- Anne Louise Schafer, Rio Americano HS
- Stephanie Diane Secosky, Alta Loma HS
- Rosemary She, Whitney HS
- Carrie L. Vickery, El Capitan HS



### Boys

- Mike Banulescu, Bellarmine College Prep HS
- Benjamin Paul Breig, Esperanza HS
- Aaron P. Bruhl, Colton HS
- David Allen Fossett, Granite Hills HS
- Davis Yongil Lee, Sunny Hills HS
- Jimmy J. Lee, Tustin HS
- Bjorn Nordstrom, San Benito HS
- David James Taylor, Mount Whitney HS
- Rick Westberg, Wilson HS

# California

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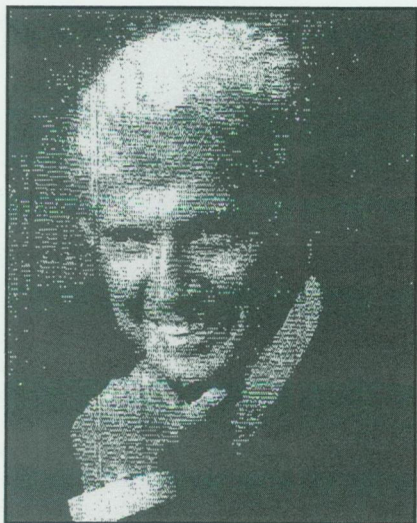
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# The 1935 State Track and Field Meet Had Many Unique Highlights

By Nelson Tennis  
 Founder Cal-Hi Sports



*Big John - John Raitt, now a singer and an actor, lifted Fullerton High to the 1935 state title by winning two events. Raitt won in the shot put 55-5 1/4 and in the football throw at 220 feet. After high school, he pursued a career in athletic but got "sidetracked." photo courtesy Sacramento Bee.*

California's CIF/TOYOTA State High School Track and Field Meet was notable for the qualifiers who competed and for those who did not. Just before the 1935 meet was to be held in Fresno, the Los Angeles City Board of Education ruled to ban overnight trips. Thus, LA City athletes, who qualified in the Southern Section meet, were barred from the state meet.

One of those was LA Poly's Southern Section 400-meter champion Tom Bradley, who would later become the city's mayor. The tall and slender Bradley won in the Southern Section meet with a time of 49.7, but would not have been the state meet favorite. In the absence of Southern Section team champion, LA Jefferson High, Fullerton won the state meet title.

Fullerton was not one of the top four point makers in the Southern Section meet but came through in the state meet behind double winner John Raitt, later of acting and singing fame, but best know today as Bonnie Raitt's father. Big John won the shot put at 55-5 1/4 and the football throw at 220 feet. The football throw was a state meet scoring event as a javelin throw substitute from 1933 to 1938.

Raitt's 220 foot throw is still the listed state record (can't somebody form a football throw competition to finally break this record?).

Another athlete who didn't get to go to that meet after qualifying was defending mile champion Louie Zamperini of Torrance. Zamperini was out of luck because Torrance then belonged to an LA City league. Luck was with him later, though, as a two-time NCAA mile champion at USC, and during World War II when he was missing in action in the Pacific, but later found.

Incredibly, captain Louie Zamperini of the Army Air Force was discovered in a Japanese prison camp after the war ended. He had survived two years in Japanese prison camps and 47 days adrift on a raft after his plane crashed in the ocean. The war department had officially listed him as dead.

Still another prominent individual in the 1935 state meet was 120-yard high hurdle winner Johnny Lindell from Monrovia. He went on to a 12-year major league baseball career as a knuckleball pitcher turned outfielder. On Tuesday, the week of the state meet, Lindell pitched Monrovia High to a 2-1 win over Pasadena Muir, a team that included junior Jackie Robinson.

The 1935 state meet was also the debut into prominence of Palo Alto High Jumper Les Steers. Just a sophomore, Steers won his first of three state meet high jump championships with a leap of 6-2, not bad for a sophomore back in those times. Later, while at the University of Oregon, he raised the world record to 6-11.

John Raitt, by the way, also won the exhibition 16-pound shot put at an impressive 46-4, just seven inches off the then state record. After high school, he pursued a career in athletics, but got "sidetracked" into singing and acting, going on to star in such Broadway hits as Oklahoma and Pajama Game.

# Test Your Knowledge on the CIF/TOYOTA State Track and Field Championships

- Where was the first CIF/TOYOTA State Track and Field Championship held?  
A) Berkeley B) Stanford Stadium C) Fresno High D) YMCA Field Los Angeles.
- What California girl holds the National High School Record in the shot put?  
A) Natalie Kaaiawahia B) Suzy Powell C) Kristin Heaston D) Dawn Dumble
- What boy has won the most individual CIF/TOYOTA State titles?  
A) Jerry Proctor B) Ken Haslip C) Bill Cowings D) Roman Gomez
- Of the 17 National High School Records set in girls' track and field, how many belong to California athletes?  
A) 9 B) 10 C) 5 D) 6
- What boys' team has won the most state titles? Bonus point if you can name how many titles this team has won.  
A) Jefferson LA; B) Hawthorne; C) Long Beach Poly; D) John Muir
- Which one of these great athletes did not compete at a California High School? Bonus point if you can name which high school this individual competed for.  
A) Renaldo Nehemiah B) Denean Howard C) Crissy Mills D) Bobby Bonds
- Gail Devers was a state champion in what two events while at Sweetwater High School?  
A) Triple Jump/Long Jump B) Long Jump/100m Low Hurdles C) 100 meters/200 meters D) Shot Put/Discus
- Which of the following is not a former California state champion in track and field?  
A) Lynn Swann B) Calvin Harris C) Henry Ellard D) Michael Carter



**Who Am I?** - Give yourself a bonus point if you can name this outstanding athlete.

- The first girls CIF/TOYOTA State Track and Field Championship was held when and at what facility?  
A) 1974 - Memorial Stadium, Bakersfield B) 1972 - Los Angeles Coliseum C) 1974 - UC Berkeley D) 1968 - Edwards Stadium Berkeley
- Rafer Johnson and Bob Seagren share what in common?  
A) They both attended Pomona High School B) They both appeared in the television series Soap C) They were both Olympic champions D) They both attended UCLA

**Scoring System:** 1 point for each correct answer, then add bonus points to your overall score (maximum points 13). 9 or higher = CIF State Track and Field Champion. 7-8 = Runner-up. 5-6 = Third Place. 3-4 = Fourth Place. 2 or less = Did Not Place - Better Luck Next Year.

**Answers:** 1. C - Fresno High School on April 3, 1915. 2. A - Natalie Kaaiawahia with a best of 53-7 3/4 while at Fullerton High. Incidentally, Kristin Heaston and Dawn Dumble were both state champions in the shot put, while Suzy Powell is a three-time state champ in the discus and the national record holder in that event. 3. D -

Roman Gomez of Belmont High School won four state titles, two in the 1600 meters and two in the 3200 meters. Bill Cowings and Jerry Proctor each won three individual titles. Proctor won three in a single-season, when he took titles in the 100 high hurdles, the 300 intermediate hurdles and the long jump during the 1967 meet. 4. A - 9 national records are held by California girls in the sport of track and field (see page 19 for entire list). 5. A - Jefferson of Los Angeles has won eight boys state track championships (1938, 1949-52, 1956, 1962, 1964). 6. A - Renaldo Nehemiah, Scotch Plains High School in Fanwood, New Jersey. Nehemiah set a national high school record in the 110 meter high hurdles with a time of 12.9. The sprinter also played professional football with the San Francisco 49ers. 7. B - Gail Devers was a long jump champion in 1983 and a 100 meter low hurdles titlist in 1984. 8. D - Michael Carter was a shot put champion from Jefferson High in Dallas, Texas. He still holds the national high school record in the shot put (77-0). Lynn Swann was a California state champion in the long jump, while Henry Ellard was a triple jump state titlist. Both went on to success in the National Football League, Swann with the Pittsburgh Steelers and Ellard with the Los Angeles Rams and currently the Washington Redskins. 9. A -1974 at Memorial Stadium in Bakersfield. Berkeley High took the team title in the inaugural year. The Yellowjackets have won five state titles altogether in track and field. 10. C - both Johnson and Seagren were Olympic Gold Medalists. Johnson was a decathlon champion, while Seagren's event was the pole vault. Seagren attended Pomona High School and later starred at USC. Johnson went to cross-town UCLA. Answer to Who Am I in the photo above: Felice Lipscomb of Santa Monica High School, who was twice a state champion in the 100-meter low hurdles, and once in the 300-meter low hurdles.



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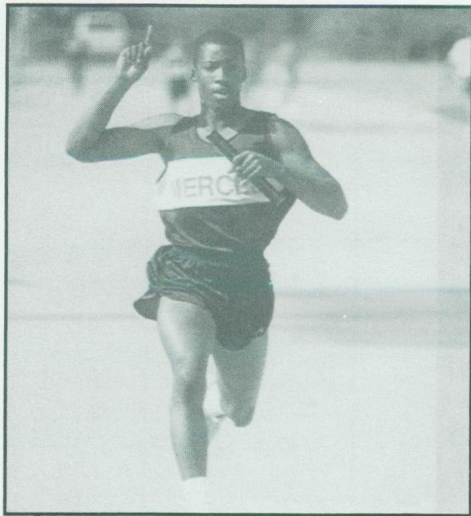
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# History of the CIF/TOYOTA State Championships

*State Championships in Track and Field Began in 1915*

Suffice to say, the CIF/TOYOTA State Championship history in the state of California is a golden one. For starters, it has spanned the tenure of 15 presidents; Woodrow Wilson, Warren Harding, Calvin Coolidge, Herbert Hoover, Franklin Roosevelt, Harry Truman, Dwight Eisenhower, John Kennedy, Lyndon Johnson, Richard Nixon, Gerald Ford, Jimmy Carter, Ronald Reagan, George Bush and Bill Clinton.

In existence since 1914, the CIF offers state championships in six different sports; cross country, girls' volleyball, wrestling, basketball, track and field and golf.

Track and field, the longest running state championship, was held for the first time at Fresno High in 1915 and reached its 75th anniversary during the 1993 season. Except for the war years from 1941-45, the track and field championships have been held annually.

Early championships were conducted at high schools, YMCA's, universities and fair sites including: the Sacramento Fair in 1918, the San Bernardino Fair of 1919, the Bakersfield Fair in 1920 and the Stockton Fair in 1922.

1974 featured the first year of girls' competition in the CIF/TOYOTA State Track and Field Championships with the setting at Memorial Stadium, Bakersfield.

Accomplished athletes in various sports dot the list of California High School competitors in the track and field state championships.

Names like Dwight Stones, an Olympic medalist in the high jump, Rafer Johnson, a Gold Medalist in the decathlon, Marion Jones a national record holder in the 100

meters, 200 meters and a winner of nine individual state titles and Sherri Howard, an Olympian in the 4 X 400 highlight the list.

Track and field stars from California High schools have gone on to succeed in other sports as well. Lynn Swann from Serra High in San Mateo, James Lofton of Washington, Los Angeles and Dokie Williams of El Camino, Oceanside each made a name for themselves in professional football, and were state champions in the long jump. Henry Ellard, of Hoover Fresno and now with the Washington Redskins won the CIF/TOYOTA State title in the triple jump in 1979.

After track and field, the CIF/TOYOTA State Basketball Championships were established in 1916 and were held until 1928. The first state basketball championship was played between Whittier High and Berkeley High at Whittier High School on March 25, 1916. The final result: Whittier 31-20. In 1989, Glendora High standout Tracy Murray set a record for most points scored with a phenomenal 64 - more than Berkeley and Whittier combined in the first title tilt. Women's basketball joined the state championships in 1981 when the championships were renewed for both boys and girls.

In its short history, the girls' CIF/TOYOTA State Basketball Championships have experienced tremendous success with names like national record-holder Cheryl Miller, Lisa Leslie, Tanda Rucker, Olympia Scott, Timicha Kirby and Kate Paye playing starring roles. Point Loma's four state championships (1984 Division II; 1985-87 Division I) have also highlighted girl's competition.

The Ladycats of Brea Olinda, with a record six straight appearances, have garnered five titles including the 1994 Division III crown in which they were recognized as national champs by *USA Today*. Menlo School of Atherton, won three straight titles in Division V (1989-91).

On the boys' side, Stockton High dominated early play winning four championships in the 1920's (1922-23, 1925, 1928).

Crenshaw High equalled that dominance in the modern championship, winning four titles in the 1980's (1983, 1985-86, 1989) before adding back-to-back titles in 1992-93. In all, the Cougars have won an unprecedented six state championships.

Besides Murray, great names like Michael Manning, Jason Kidd, Shon Tarver, Ed O'Bannon, Darnell Robinson and Stais Boseman have participated in the state finals.

The CIF/TOYOTA Basketball Championships have come a long way since its beginning at Whittier High in 1916. The 1990 championships marked the first time that all five boys' and girls' Divisions (I, II, III, IV and V) were housed under the same roof - the Oakland Coliseum. Attendance for the two-day championships have eclipsed the 20,000 mark in three of the last four seasons with a record 22,613 at the Arco Arena for the 1992 title games.

The CIF/TOYOTA State Wrestling Championships were established in 1973 and conducted at Cal State Hayward. The University of Pacific's Spanos Center has been the host site since 1987. Clovis High dominated during the first years of the championships, winning three consecutive CIF/TOYOTA State Wrestling Championships from 1974-76 and then equalled that with a recent three straight 1990-92. Clovis West has won three titles (1983-84, 1989) in the 1980's.

Calvary Chapel of Santa Ana has established itself as the team of the 1990's, so far, with two straight titles (1993-94).

Individually, standouts like Jimmy Aguirre, Tony Okada, Zach Cooper, Eric Guerrero and Trent Barnes have competed in championships.

With the largest participation of any girls' sport, volleyball has in-



creased its following by leaps and bounds since the first CIF/TOYOTA State Volleyball Championships in 1978. Highland High, Bakersfield won the first championship, held at Highland High.

In 1981, a Division II classification was added to the championships and a year later a Division III

1990. Rim of the World has three titles in Division II, along with La Habra (1989-91). Francis Parker, San Diego has won three titles in Division III.

Individual standouts include 1992 tournament MVP Rachel Wacholder, 1991 tournament sensation and MVP Jaimie Torromeo of St. Joseph Lake-wood, 1990 MVP Tracy Schriber of Co-

The CIF/TOYOTA Cross Country Championships were the newest edition to the state championship fold in 1987 and have been held annually at Woodward Park, Fresno.

Bryan Dameworth and Deena Drossin, both of Agoura High, have won three and two individual state titles respectively.

Jeff Wilson of Newbury Park (1990-91) and Kira Jorgensen of Rancho Buena Vista won two consecutive individual state championships (1987-88). Milena Glusac of Fallbrook broke the Girls Division I record in 1991 with a time of 17:13, then proceeded to add her second title in 1992 (17:14).

Scott Hempel of Walnut and Carrie Garritson of Rim of the World and Buena Park have also won two individual titles.

Palos Verdes, Agoura and Newport Harbor have dominated the girls' team championship with three titles apiece. Palos Verdes won consecutive titles (1987-89) before the school was combined with Miraleste and Rolling Hills High into Peninsula High.

Agoura girls have won three straight (1990-92) in Division I. Newport Harbor's titles have come in 1987 and 1988 in Division II and 1991 in Division III.

The most dominant boys' teams have been Hart and McFarland High's. Hart won three consecutive titles (1990-92) in Division I. McFarland won the first-ever Division III crown in 1987 and then took the Division IV title in both 1992 and 1993.

A fourth division was added to cross country in 1990.



classification was included.

The CIF/TOYOTA State Volleyball Championships expanded to a five division format in 1991 and the result was more spectacular action under one roof.

The growth of the sport is also evident in terms of revenue. Volleyball has been a self-supporting championship the last three seasons.

Corona del Mar is the only school with four titles, winning its fourth this fall against rival Newport Harbor.

Four teams have won three titles in their respective divisions, starting with Mira Costa, which went unbeaten en route to Division I championships in both 1985 and

rona del Mar, 1989 MVP Piper Hahn of Mira Costa, Bev Oden, Katy Eldrige, Zrinka Kristich, Kristal Atwood and Jenny Evans, among others.

Traditionally, the last CIF/TOYOTA Regional Championship completed during the course of the school year, the State Golf Championships were established in 1976 for boys and 1977 for girls and ran until 1981. Since then, regional championships have been conducted. Torrey Pines has dominated in the Southern Regionals with four regional championships, while Vintage of Napa has taken three Northern Regional titles. Sharon Barrett, Kim Saiki, Jean Zedlitz and Kim Cathrein have excelled on the girls side, while stars on the boys field include Craig Sadler, Joe Rasset, and David Games.

## 1994-95 CIF/TOYOTA State Championship Playoff Calendar

<u>Sport</u>	<u>Date</u>	<u>Site</u>
Cross Country	November 26, 1994	Woodward Park, Fresno
Girls' Volleyball	December 3, 1994	Cal State Fullerton
Wrestling	March 3-4, 1995	Spanos Center, Stockton
Basketball	March 17-18, 1995	Oakland Coliseum, Oakland
Track and Field	June 2-3, 1994	Cerritos College, Norwalk
Golf South Regionals	June 7, 1995	Bernardo Heights CC, San Diego
Golf North Regionals	May 22, 1995	Santa Rosa Golf & CC, Santa Rosa

# Spectacular 1995 Season Culminates With Another Great CIF/TOYOTA State Track & Field Championship

By Doug Speck  
California Track and Running News

Followers of the prep elite in running, hurdling, jumping, and throwing will have another super show this weekend at Cerritos College in the 77th CIF/TOYOTA State High School Track and Field Championships. Once again our Golden State has many top individual stars and relay groups capable of challenging the many quality records established by the fine athletes from the past. Before the dust clears at the end of the weekend we will have seen another of those breathless displays of teenage athletic talent intelligently prepared to succeed in the arena of interscholastic athletics, one of the important educational training grounds for challenges in later life. Browse the program for your local favorites and tie your hat down because it is going to be a heck of a show!

Some of the truly spectacular teams in prep history will battle for the championships. Heading into this weekend the girls team contest appeared to be another of those classic "North-South" showdowns, with the best from the Bay area, James Logan (Union City-NC), coming down to face Long Beach Poly (SS), the best from the South. NCAA Division I potential scholarship athletes dot the rosters of both teams, with each having an impressive number of qualifiers for this meet, and interestingly meeting "heads-up" in a number of events that will decide the title. Coaches Lee Webb (Logan) and Don Norford (Poly) and their staffs certainly have to be congratulated on the development of every area of their program, with the two teams also among prep history's all-time great dual meet squads. Poly is going for its third championship in the last four years in this competition, with a verteran experienced crew.

On the boys' side, John Muir (Pasadena-SS) is favored to repeat as champions, with Coach Clyde Turner quickly building the "dynasty of the 90's" around a young, talented squad. The Mustangs have a tradition in the sport that is the best in



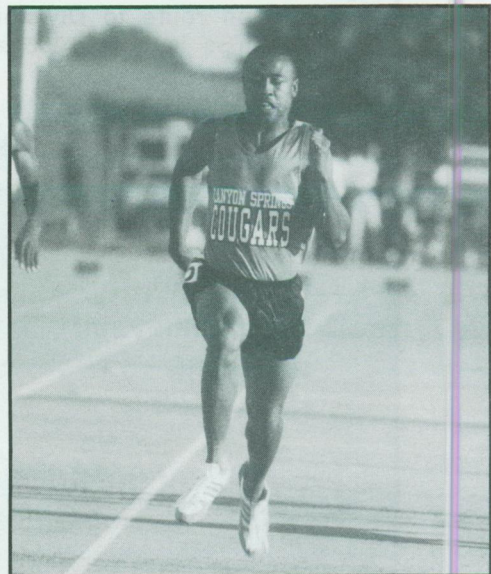
*First-Ever....Melissa Price of Kingsburg High is the favorite in the first-ever scoring event of the girls pole vault. photo by Bill Cockerham, Cal. Track and Running News.*

the entire nation, with the blue and gold clad team with the big "M" on their chest seemingly powered by some extra force of history in championship competitions such as these. All of the above mentioned squads will kind of live and die by the relay races, with some interesting things happening to the batons of many favored squads in recent years.

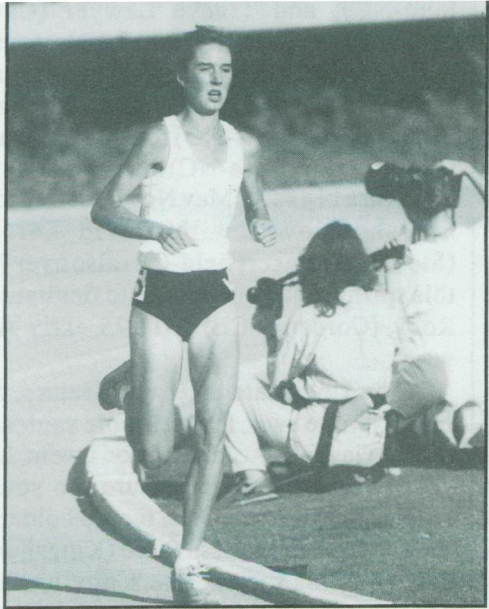
The girls sprint fields in this meet can be most simply described as the best ever gathered at the prep level from such a championship competition. LaKeisha Backus (Wilson, Long Beach-SS) leads the nation over 100 meters at 11.47, and she was a 200 meter Silver Medalist in the World Junior Championships last summer (22.86w), running against the best in the world in that under-20 meet as a 17-year-old. LaKeisha last last week in both events to Andrea Anderson (Poly, Long Beach-SS), who has 11.50 and 23.60 bests. Kelly White (Logan, Union City-NC) cranked 11.57 and 23.66 last week in the sprint events. Oh yeah, we have not yet even mentioned last year's state 100m champ, Heather Sumpter (Muir, Pasadena-SS), who was 11.61 last week. The above mentioned are four of the nation's top six on the clock this year over 100m,

and three of the top four over the half-lap 200 meter distance. Monte Vista (Spring Valley-SD) soph, Akiba McKinney, was an easy Section 100m champ in a quick 11.84, with Logan's Jernae Wrihth 11.73 a couple of weeks back. 1994 200m sixth placer, Torri Edwards (Pomona-SS) was a quick 23.94 in Section action.

These sprinters spill over into important roles on relay teams. Long Beach Poly-SS has run just a hair's breadth away from the National Record (45.11) in the 4X100 with a 45.20 clocking, and highlighted east coast action in late April with 4X100 and 4X440 wins against the best from there and the Caribbean in the Penn Relays. Wilson (Long Beach-SS) has scooted 45.68, with Logan (NC) 45.90 in a big Arcadia win over all the South's powers (except Wilson, which was away winning over the Lone Star's best in the Texas Relays that weekend). Only Carter (Dallas, Tx), at 45.64, breaks up the above teams at the top of the National lists, with Morningside (Inglewood-SS) 46.60, Muir (Pasadena-SS) 46.66, Morse (San Diego) 46.99, and Pomona (SS) 47.02 all among the nation's top dozen baton groups. In the 4X400 event Poly raced 3:41.44 at Penn, with Logan (NC) 3:47.04, Palmdale



*Second Chances - Bryan Howard, who had a false start in the 100 meters last year, gets a second chance at the title. photo by Bill Cockerham, California Track and Running News.*



**Star Power** - Julia Stamps of Santa Rosa High headlines an incredible group of girls distance runners. photo by Bill Cockerham, California Track and Running News.

(SS) 3:48.61, Bishop O'Dowd (Oakland-NC) 3:48.65, Skyline (Oakland-OK) 3:49.08, Wilson (Long Beach-SS) 3:49.50, Pomona (SS) 3:50.04, and North (Riverside-SS) 3:50.19 listed among the nation's dozen fastest, with the team championship portion of the meet possibly coming down to this final baton event.

Those familiar team names also come up as you talk about the 400 meters. Carla Estes (Logan-NC) charged to the nation's #2 time of the year in her 54.17 Section win, with super frosh Angela Williams (Chino-SS) continuing right where she left off as the nation's top junior high sprinter over the last couple of years, racing the nation's #4 clocking outdoors with a 54.57 in winning over Estes in early April's Arcadia Invitational. Sophomore Kinchasa Davis (Wilson, Long Beach-SS) has improved impressively this year, racing 54.62 (#5 time in nation), with 1994 finalist Lana Garner (Morse, San Diego-SS) 55.10 and Malika Edmonson (St. Bernard, Playa del Rey) 55.11. Famed Centennial (Compton) Coach Charles Leathers is now at North (Riverside-SS), with frosh Julia Gray (55.39) his latest one lap star, with Myesha Williams (Poly, Long Beach-SS) 55.57 and suprising Zarinah Tillman (Foothill, Pleasanton-NC) 55.76 another challenger.

On the boys' side in the sprints, Bryan Howard (Canyon Springs, Moreno Valley-SS) will bring a special resolve to this weekend after last year's false start here in the 100 final. Bothered by a sprained ankle this spring, Howard raced 10.41w (wind

+3.79 meters per second) two weeks ago, and 10.68 in taking the CIF Southern Section/TOYOTA title. There will be plenty of competition! Howard's old teammate (he was at West Bakersfield HS-CE as a frosh), Marques Holiwell, shocked with a 10.36 run to lead the nation two weeks ago in the CIF Central Section/TOYOTA finals. James Hinex (Grant, Sacramento-SJ) was 10.37w (+3.7) (he's run 10.64 win legal) to take the Sac-Joaquin title, with Vince Williams (University City, San Diego) 10.60 a week ago. Soph Bryan Harrison (Dana Hills, Dana Point-SS) 10.56) has pushed Howard in Southern Qualifying. Holiwell's 10.36 featured an unbelievable mid-race move, with Howard having unreal acceleration over the first 40 meters of his recent races.

Over 200 meters, Bryan Harrison (21.10) leads the state, with fellow soph, Obea Moore (Muir, Pasadena-SS) a 21.13-21.14 (Howard second) winner last weekend. Obea is the key to Muir's team hopes, with the super soph, who ran under 47.20 for 400m two years ago in the eighth grade, stepping in where graduated hurdler Kenny Haslip provided leadership by example for the Mustangs. Marques Holiwell and an early 21.34 from April, with James Hinex (20.95w-21.65) riding the wind in the Sac-Joaquin meet, and another tenth grader, Demetrius Guidry (Bear Creek, Stockton-SJ) 20.96w (21.23 wind legal best) close behind. Talented Felton Charles, third in state at 400m last year at 47.17 and out most of the season, has emerged at McAteer (San Francisco), with a 21.13w in qualifying. Vince Williams (University City, San Diego) was seventh last year here and was 21.31 in Section finals action.

Everybody is running very fast all of a sudden in the 4X100, with 13 teams under 41.85 in Section action. With only the winner from each heat assured a spot in the finals, there will be many teams "going broke," for a Saturday lane, with corresponding thrills and spills as they battle. Team favorite Muir (Pasadena-SS) ran 41.18 in winning the big Arcadia showdown, with Morse (San Diego) taking defending champion El Camino (Oceanside-SD), bothered early on with injuries, in a quick 41.22-41.30 Section finals race. Bakersfield (CE) had flawless baton work in a 41.24 Section win, with Grant (Sacramento) 41.48 in the Sac-Joaquin contest. Skyline (Oakland) 41.25 and Berkeley (NC) 41.29 were very dangerous during the regular season.

Muir added frosh Sultan McCullough

to the 4X400 group recently, with Obea Moore flying sub-46.0 anchors for a Mustangs best of 3:12.44 a week ago (#2 nation-Willowridge, Sugar Land, Tx has the fastest time in the land at 3:11.02). University City (San Diego) (3:15.48), Morningside (Inglewood-SS) 3:15.85, and Banning (Wilmington-LA) 3:16.92 will lead the chase after team favorite Muir.

Muir's Obea Morre has raced U.S. prep history's #3 soph 400m clocking at 45.96 (1995 National prep leader), with Tyre Washington (La Sierra, Riverside-SS) 46.34 (#3 in the nation), with Jerome Davis (Burroughs, Ridgecrest-SS) 46.62 (#5 nationally), and Steve Campbell (Alta Loma-SS) 46.70 (#6 in country) tough out of the South. Corey Nelson (Rancho Cotate, Rohnert Park-NC) won his section race by more than two seconds in an impressive 46.89 (#8 nationally), and he certainly has the ability to challenge the Southerners. This could be the fastest mass 400m in state history!

The middle and long distances are very strong across the state. In the girls 800 meters, defending champion, Kristie Johnston (Central, Fresno-CE), leads the nation off her Arcadia win at 2:09.63, with Elissa Riedy (Mission San Jose, Fremont-NC) 2:10.78 earlier in the spring. Jamila Denby (Merced-SJ) 2:12.45, suprising Nicole Campbell (Ventura-SS) 2:13.01, and Amanda White (Folsom-SJ) 2:13.13 were quick in Section final races.

A real eye-opening double in the Section finals probably has the attention of defending 3200m champ, Julia Stamps (Santa Rosa-NC). Courtney Pugmire (Esperanza, Anaheim-SS) raced a 68 second final 400 in her 4:58.69 Section finals win (4:51.33 seasonal best, #5 in nation), then later tagged along behind pace setter Amy Skieresz (Agoura-SS) in the Section finals 3200m. Skieresz came through the 1600 at 5:11.8, then continued the challenging pace until Pugmire shot by with 150 meters to go. The Esperanza star finished in 10:14.48, making her the #18 U.S. High Schooler ever over the distance, but significantly it was the fastest ever run by an American high-schooler since 1987. Skieresz finished in 10:16.42, with Stamps, the National Junior 3000m champ and National Prep Cross Country champ this past fall, 10:16.96 thus far this spring. Julia was out at 5:07.0 last year for the first 1600m at state, with the matchup of this trio one of prep history's great distance races. Doubles will certainly play a big part in how all of this unfolds, as Elissa Riedy (Mission San Jose, Fremont-

able of making the four lap event very, very tough for Pugmire. But Elissa appears to have tackled the very challenging 800-1600 double, with Saturday's 1600m at 4:15 p.m. and the 800 an hour later at 5:13 in the back of her mind as she now has it planned. Annie Ebner (St. Lucy's, Glendora-SS) 4:53.65, Kristen Gordon (Carondolet, Concord-NC) 4:54.97, and Lori Riedy (Elissa's twin sister at 4:54.99, are others ranked among the nation's top 15 in the four lap event.

The boys' 800 meter event is another cooker. Michael Granville (Bell Gardens-SS) became prep history's #4 prep ever with a 1:47.96 Arcadia win the last time he raced Aaron Richburg (Logan, Union City-NC). Richburg was 1:49.12 there, with a 1:49.36 after a sub-51 second first lap in Section finals action. Granville was 1:49.43 in his Section finals race, blasting a 26.5 final 200 (1:46.0 pace) after a 53.8 first 400. Granville was out at 51.8 in the Arcadia race, with the tactical approach to the finals here by the duo an interesting one. Brandon Pacheco (Brethren Christian, Cypress-SS) 1:51.29 and Jess Strutzel (Huntington Beach-SS) 1:51.75 head the pack chasing the talented top entrants.

In the boys' 1600m, Michael Stember (Jesusuit, Sacramento-SJ) has put together an impressive recent string of efforts after a slight mid-season injury, with bests that range from 1:50.29 (800m), 4:09.8 (1600m national outdoor leader), and 9:02.36 (3200m #4 time nation). The bouncing Jesusuit junior in all of his races features a final lap of amazing acceleration, with no one yet this spring able to run this finishing power out of Stember. The Napa (SJ) duo of Mike Blair and Steve Hansen have both run 4:10.9, with Larry Henderson (Mira Mesa, San Diego) 4:10.97, Gret Nett (Mt. Carmel, San Diego) 4:12.26, Brett Strahan (Hart, Newhall-SS) 4:12.30, and Micheil Jones (Livermore-NC) 4:12.47 forming a formidable pack, all ranked among the top 15 in the nation on the stopwatch. Over 3200m, Jeff McLarty (Ayala, Chino Hills-SS), out much of the season with injury, easily topped a good area group at 9:01.00 in the Section finals for the state's fastest time of the year. Steve Immel (Livermore-NC) 9:05.8, 1994 runner-up Antonio Arce (Palmdale-SS) 9:08.29, Jeff Fischer (Thousand Oaks) 9:08.13, Adalberto Sanchez (Capistrano Valley, Mission Viejo-SS) 9:08.68, and improved Phil Gonzalez (Crescenta Valley, La Crescenta-SS) 9:09.00 lead the chase. 1994 Western Regional and state

Division I Cross Country champion, Jason Balkman (Lynbrook, San Jose-CCS), 9:12.54 has stayed fairly low-key this spring, but is a tremendous threat at the end of the season, with Michael Stember (Jesusuit, Carmichael-SJ) nothing to lose here when doubling back after Saturday's 1600m.

The girls hurdle events feature a young lady who has developed into the yearly national leader in both events. Joanna Hayes (North, Riverside-SS) has charged (10m HH) 13.72 (13.49w) and (300m LH) 41.55 bests. Daveetta Shepherd (Salesian, Richmond-NC) is the defending 100m hurdles champ, with a 14.07 thus far this season (#4 time nation). Jernae Mitchell (El Cerrito-NC) has impressed with a 14.25 100mH frosh best, with fellow frosh Ashley Bethel (Mission Viejo-SS) 14.27, and 1994 4th placer Ayanna Grant (Bishop O'Dowd, Oakland-SS) 14.28 having quick 1995 clockings. In the 300 low hurdles, Hayes (41.55) has the best time in the state by more than a second and a half. Nicole Thomas (Morningside, Inglewood-SS) has run 43.12, with Daveetta Shepherd 43.14 in qualifying last weekend. Naeemah Withey (Poly, Long Beach-SS) 43.34 is rapidly improving.

In the boys high hurdles, Jake Kurtz (Torrey Pines, Encinitas-SD) took over the state lead a week ago with a 14.17 clocking, with Chey Walker (West Covina-SS) 14.22 having the state's best "big-meet" record of wins. Steve Forte (El Camino-Oceanside-SD) 14.25 was a finalist last year, with soph Dominique Degarmmont (Tustin-SS) 14.34, Dan Nord (Los Altos-CCS) 14.36, and Jovesa Naivalu (Fremont, Sunnyvale-CCS) 14.38 good seasons in the event. In the 300m intermediate hurdles, Mickey Grimes (Canyon Springs, Moreno Valley-SS) exploded to a 36.59 last week (nation's #3 clocking among preps). Felix Sanchez (University City, San Diego) was 36.84 in his area qualifier, with Kenyon Rambo (Poly, Long Beach-SS) a national soph record with his 37.18 from two weeks ago. Chey Walker (West Covina-SS) 37.44, Makio Haywood (Muir, Pasadena-SS) 37.50 (with some points here mightily helping the Muir team cause), and Brian Fell (Rancho Bernardo, San Diego) 37.47 are others among the nation's top 20 here.

In the girls high jump, Tara Fleming (Immanuel, Reedley-CE) has the #6 all-time California jump ever at 6-0, with wins all around the state this spring. Kristy Kierulff (Esperanza, Anaheim-SS) edged Jamila Churchill (Bishop O'Dowd, Oak-

land-NC), and Tracy Lawler (Carpinteria-SS) on misses at 5-10 last year, with the trio 5-8 a week ago in qualifying.

In the boys high jump, Michael Wilkins (Red Bluff-NO) took Pat Leonard (Piner, Santa Rosa-NC) on misses at 7-00.25 in a big early May Northern California showdown, with David Larsen (Stockdale, Bakersfield-CE) also over 7-0 this spring, and two-time state finalist Jon Roby (Corcoran-CE) 6-11.75 early this year.

The 1995 state meet will feature, for the first time ever, the girls pole vault as a scoring event. An exhibition event last year, will once again feature the young lady who is the American record holder in the event, with Melissa Price (Kingsburg-CE) 12-1 this spring. The senior has had her vaulting take her as far as the Goodwill Games in St. Petersburg, Russia in the last year. Kristi Draher (Mira Mesa, San Diego) has steadily improved as of late, with an 11-0 clearance in her Section finals, the #3 vault in the nation for preps this spring. Allison Knode (Kingsburg-CE) 10-07, Shannon Flett (Acalanes, Lafayette-NC) 10-06.25, Amanda Bauer (Mission San Jose, Fremont-NC) 10-01.75, and Kolby Keiser (Sanger-CE) 10-00 all have marks that put them among the top dozen girls pole vaulters in the nation.

In the boys pole vault, the CIF San Diego Section/TOYOTA trio of Mike Brown (Torrey Pines, Encinitas) 15-10, Dan Shimooka (San Pasqual, Escondido) 15-9, and much improved Matt Poirer (Mt. Carmel, San Diego) 15-9 are all formidable jumpers. The Central Coast Section has Mike Haldezos (Mills, Millbrae), Kiet Vong (Mt. Pleasant, San Jose) and Scott Wenholz (Gilroy) all over 15-6 this year. Steve Michels (Brethren Christian, Cypress-SS) has cleared 15-9 this spring, with Jason Spotts (North Bakersfield-CE) 15-04.

Girls long jump action features a superb group. Jernae Wright (Logan, Union City-NC) won the Arcadia showdown with a spectacular 20-9.75 (#12 prep jumper ever, #4 Californian ever), with Pam Simpson (Poly, Long Beach-SS) 20-09.5 (#6 Californian ever) two weeks ago in action in the south. Tisha Ponder (Del Mar, San Jose-CCS) has jumped 19-04.5, with defending champion, Tara Oettinger (Foothill, Santa Ana-SS), 19-07.5 (1994) continuing to improve after early injury.

In the boys long jump, Clarence Scott (Fremont, LA) exploded two weeks ago to the nation's best 1995 prep jump, a 25-.....continued on page 41

# Californian's Dominate National High School Records in Track and Field; Swimming

California is truly the "Golden State" when it comes to performances on athletic fields, gyms, pools and other athletic facilities across the state. The National High School Record Book will attest to this. The book is jam-packed with great performances and records by California athletes in a variety of sports.

In the sport of track and field, California athletes are especially well-represented. California girls tracksters hold nine of 17 national high school records. Marion Jones, who competed at both Rio Mesa Oxnard High and Thousand Oaks High in her fabulous high school career, owns two of those records. Jones is the national record setter in the 100 meters (11.14) and the 200 meters (22.67).

Besides Jones, other California greats who have a place in the national record book include: Denean Howard of Kennedy Granada Hills, who holds the national mark in the 400 meters (52.39); Juliana Yendork from Walnut High, a national record-holder in the triple jump (44-0 1/2); Fullerton Union graduate Natalie Kaaiawahia, who set the national record in the shot put (53-7 3/4) in 1983; Suzy Powell of Downey Modesto whose best discus toss of 188-4 is a national best; and Mills High standout Leslie Maxie, who holds the national mark in the 300-meter low hurdles (40.18).

On the team side, Hawthorne girls set the national mark in the 400-meter relay (45.11), and John Muir of Pasadena girls hold the national record in the 1600-meter relay (3:37.69).

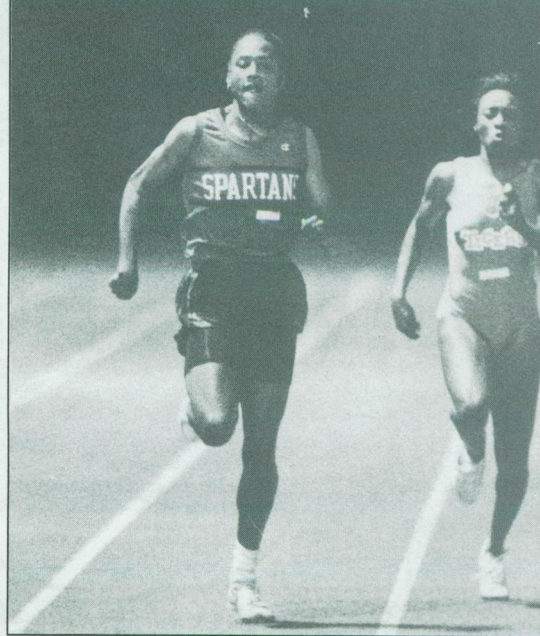
Boys track athletes have also fared well nationally, holding six national records and many second and third best national marks. Calvin Harrison of North Salinas set a national record of 45.25 in the 400 meters, the only national record for boys in any state during the 1993 season. Charles Mayfield of Muir High, has held onto the national record in the triple jump (52-10 1/2) since 1980. In 1981, Pete Richardson of Berkeley High set the na-

tional standard in the 800 meters (1:47.31), while Berkeley High set the national mark in the 1600 meter relay, which was bested by Hawthorne High in 1985 (3:07.40). Lompoc's George Porter set the national record in the 300 meter hurdles (35.32) and James Stallworth of Tulare set the national mark in the long jump in 1989 at 26-4 3/4.

California girls have also made quite a splash nationally setting seven national records in the sport of swimming. Olympic standout and Placentia High graduate Janet Evans holds the national record in the 500-yard freestyle, setting the standard of 4:37.30 in 1988.

Evans also set the national mark in the 200-yard individual medley, a record that was beat two years ago by Kristine Quance of Granada Hills (1:59.53). Quance also broke the national mark in the 100-yard breaststroke with a time of 1:01.79 during her stellar 1993 season. Dara Torrez, from Westlake High, set the 50-yard freestyle national record of 22.69 in 1985. Mission Viejo graduate Cynthia Woodhead still holds the national mark in the 200-yard freestyle (1:45.98), which she set in 1982. Jenna Johnson of Whittier Christian High in La Habra set the national best of 53.98 in the 100-yard butterfly in 1984. California added a seventh national record last year when Denali Knapp of Davis High set a national mark of 53.98 in the 100-yard backstroke.

In the boys swimming competition two national records are held. Upland High graduate Jeff Kostoff still holds the mark in the 500-yard freestyle (4:16.39) which he set in 1983. Woodbridge Irvine High standout Derya Buyukuncu set the national standard in the 100-yard backstroke with a tremendous time of 47.84. The old mark of 48.93 was set by Derek Weatherford of Fort Myers High in Florida.



*Sprint Sensation -- Marion Jones set national records in both the 100 and 200 meters as a junior for Thousand Oaks High. In her career, Jones had a record nine individual state titles.*

## MOST INDIVIDUAL CIF/TOYOTA STATE TITLES (GIRLS)

- 9, Marion Jones, Rio Mesa Oxnard (1990-91), Thousand Oaks (1992-93) 100m (1990-93) 200m (1990-93) LJ (1993)
- 6, Wendy Brown, Woodside HJ (1984) TJ 1982-84) LJ (1982-84)
- 6, Juliana Yendork, Walnut LJ (1989-91) TJ (1989-91)
- 6, Natalie Kaaiawahia, Fullerton, Shot (1980-83), Discus (1981-83)
- 5, Angela Burnham, Rio Mesa Oxnard 100m (1986, 1988-89) 200m (1988-89)
- 4, Denean Howard, Kennedy Granada Hills 200m (1981-82) 400m (1980 & 1982)
- 4, Janeene Vickers, Pomona 300LH (1986-87) 100MLH (1986-87)
- 4, Melissa Weis, Bakersfield Discus (1988-90) Shot (1989)
- 14 (tied with three titles: Pam Waters, Angela Rolfe, Janice Nichols, Kathy Costello, Ann Reagan, Polly Plumer, Kira Jorgensen, Vicki Cook, Milena Glusac, Felice Lipscomb, Twila Sims, Jodi Anderson, Dawn Dumble, Suzy Powell.

## MOST INDIVIDUAL CIF/TOYOTA STATE TITLES (BOYS)

- 4, Roman Gomez, Belmont 1600m (1984-85) 3200m (1984-85)
- 3, Bill Cowings, Fowler 200m (1960) 100m (1959-60)
- 3, Forrest Beaty, Hoover Glendale 100m (1961-62) 200m (1961)
- 3, Billy Mullins, Hamilton LA 100m (1976) 200m (1975-76)
- 3, Quincy Watts, Taft 100m (1987) 200m (1986-87)
- 3, Jerry Proctor, Muir Pasadena 100HH (1967) 300IH (1967) LJ (1967)
- 3, Reynaldo Brown, Compton HJ (1967-69)

# CONGRATULATES ALL CIF FINALISTS

(801) 378-4851, Fax (801) 378-6361



NATIONALLY RECOGNIZED

1995

# Summer Camps

**Baseball** July 17-21, July 24-28

**Basketball**

**boys'** June 5-9, June 12-17, June 19-23

**girls'** June 26-30, July 3-7

**offense** July 31-August 4

**Cheer and Dance** July 24-28

**Cross Country** July 24-28, July 10-14

**Diving** July 31-August 4

**Football** June 26-30, July 3-7

**Golf** July 10-14, July 17-21

**Gymnastics**

**boys'** June 26-30

**girls'** July 10-14, July 17-21

**Swimming** June 19-23, June 26-30

**Tennis** June 19-23, June 26-30,  
July 3-8

**Track and Field** June 26-30

**Volleyball** July 10-14, July 17-21,  
July 24-28,

**Wrestling** June 26-30

**Ballet** June 26-July 7

**Ballroom Youth**  
August 7-9

**Clogging** June 22-24

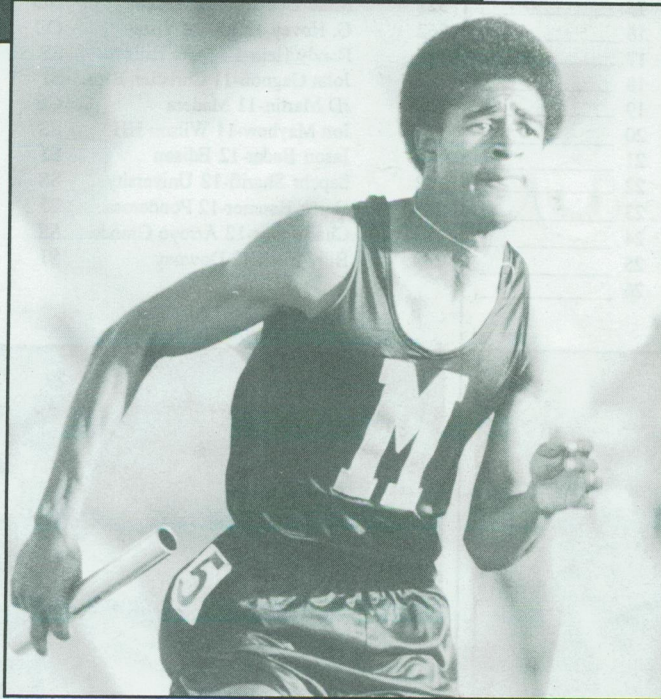
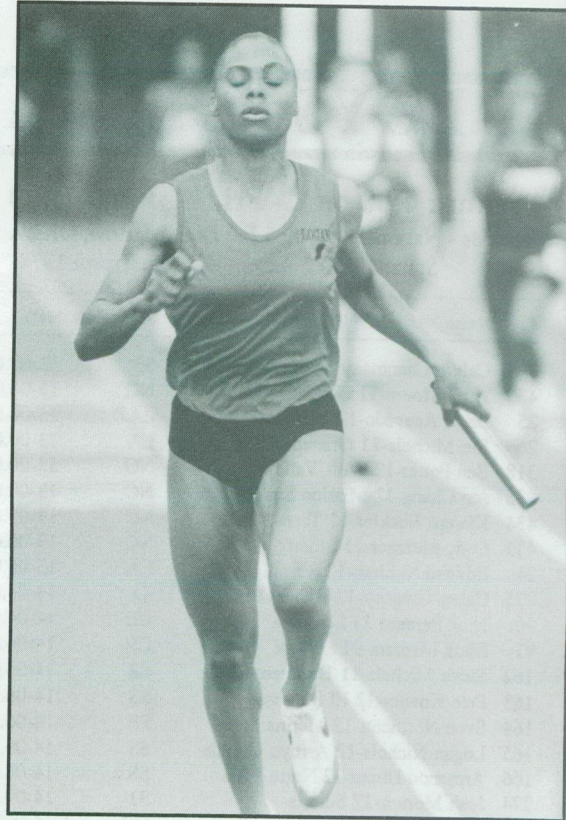
**Modern Dance  
and Jazz**

June 26-July 7

**Design/Photography**

TBA

# Schedule of Events



# CIF/TOYOTA STATE CHAMPIONSHIPS

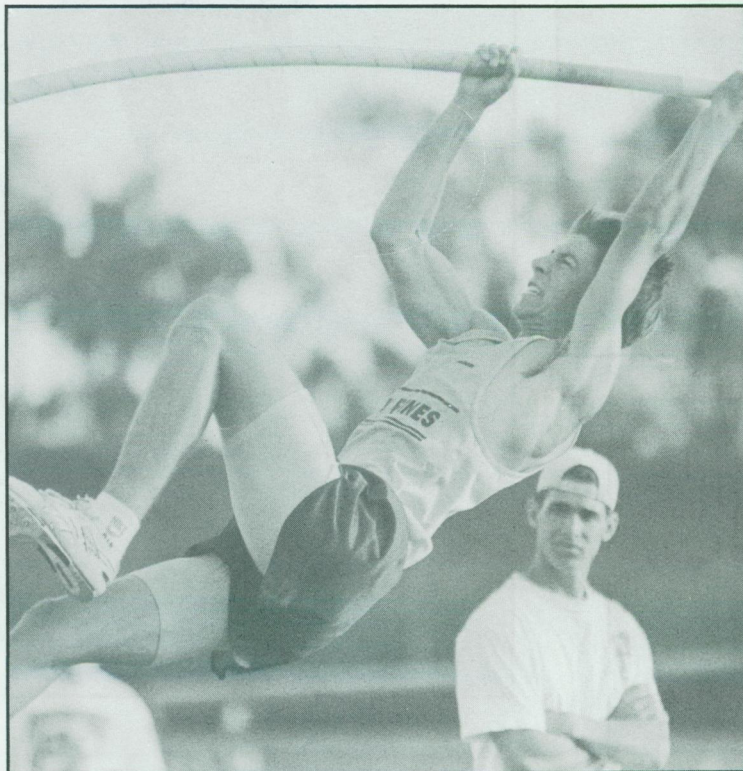
## BOYS POLE VAULT

Prelims: 4:00 p.m. - Fri. Final: 3:00 p.m. - Sat.

Records - National: 17-09.5 Joe Dial, Marlow, OKLA 1981

State: 17-00.5 Antony Curran, Crespi 1978

#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
395	Calvin Chanmany-12	McAteer	SF	12-00.0	1		
436	Tony Moore-11	Castro Valley	NC	12-06.0	2		
25	Brian Acevedo-12	Belmont	LA	13-00.0	3		
26	Joe Michels-11	Granada Hills	LA	13-00.0	4		
318	Ben Potter-12	West Valley	NO	13-00.0	5		
433	Jon Chang-12	Mission San Jose	NC	13-00.0	6		
434	Kjango Heckler-11	Terra Linda	NC	13-00.0	7		
435	Cody Metzger-11	Liberty	NC	13-00.0	8		
24	Edward Nghiem-12	Birmingham	LA	13-06.0	9		
275	Casey Gregory-12	Bella Vista	SJ	14-03.0	10		
90	Nick Paramo-11	Lemoore	CE	14-04.0	11		
91	Mark Unzueta-9	Lemoore	CE	14-04.0	12		
162	Steve Michels-11	Brethren	SS	14-06.0	13		
163	Pete Kovacs-12	El Modena	SS	14-06.0	14		
164	Sven Northcott-12	Marina	SS	14-06.0	15		
165	Logan Nichols-12	Arroyo Grande	SS	14-06.0	16		
166	Armando Duran-12	Norte Vista	SS	14-06.0	17		
274	Josh Morton-12	Sonora	SJ	14-09.0	18		
354	Kiet Vong-Mt. Pleasant	CC	15-02.0	19			
273	Bevan Hart-12	Christian Bros.	SJ	15-03.0	20		
509	Dan Shimooka-12	San Pasqual	SD	15-03.0	21		
89	Jason Spotts-12	North Bakersfield	CE	15-04.0	22		
352	Scott Wenzholz- Gilroy	CC	15-06.0	23			
353	Mike Haldezos-Mills	CC	15-06.0	24			
507	Mike Brown-12	Torrey Pines	SD	15-09.0	25		
508	Matt Poirer-12	Mt. Carmel	SD	15-09.0	26		



Mike Brown, Torrey Pines High School.

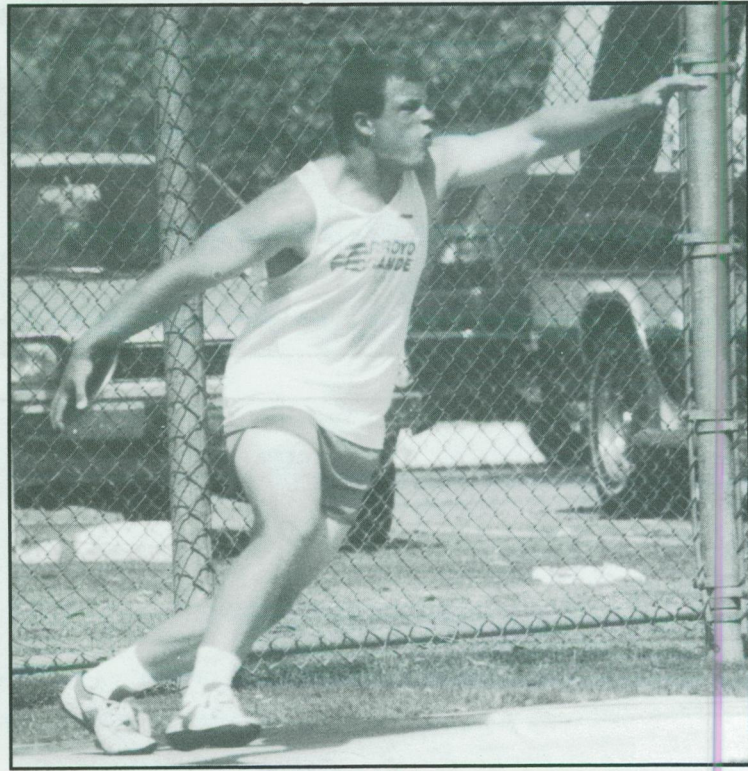
## BOYS DISCUS

Prelims: 3:00 p.m. - Fri. Final: 3:00 p.m. - Sat.

Records - National: 224-03.0 Kamy Keshmiri, Reno, NV 1987

State: 203.04.0 Blutrieck, Capo Valley, Powell, Redwood 85/90

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
242	Roger Finau-11	Skyline	OK	112-03.0	1		
32	Johnny Tolson-10	Banning	LA	122-00.0	2		
398	Joshua Grate-11	McAteer	SF	124-03.0	3		
448	Jeremy Mills-11	McKinleyville	NC	155-00.0	4		
363	Charles Slack-Los Altos	CC	160.03.0	5			
101	Victor Leyva-10	Monache	CE	161-02.0	6		
360	Aaron Lewis-St. Ignatius	CC	163-01.0	7			
98	Jason Hammond-11	Fowler	CE	163-09.0	8		
520	Tooran Gilliam-10	San Diego	SD	165-02.0	9		
445	Matt Seefeld-12	Marin Catholic	NC	165-07.0	10		
519	Gavin Graham-12	Fallbrook	SD	165-09.0	11		
518	David Herrick-11	Mt. Carmel	SD	167-06.0	12		
444	Dave Spitz-12	Monte Vista	NC	167-11.0	13		
447	Kyle Donovan-12	Washington	NC	169-11.0	14		
321	Mike Debertoli-12	Yreka	NO	170-03.0	15		
362	G. Hovey-11	Monte Vista	CC	171-01.0	16		
185	Randy Hein-12	Dana Hills	SS	171-06.0	17		
283	John Gagnon-11	Christian Bros.	SJ	171-09.0	18		
100	JD Martin-11	Madera	CE	172-00.0	19		
184	Jon Mayhew-11	Wilson HH	SS	172-08.0	20		
183	Jason Bader-12	Edison	SS	172-11.0	21		
182	Sepehr Sharifi-12	University	SS	174-08.0	22		
282	Derek Baumer-12	Ponderosa	SJ	177-04.0	23		
180	Chad Jones-12	Arroyo Grande	SS	178-02.0	24		
280	Billy Bush-12	Downey	SJ	179-04.0	25		



Chad Jones, Arroyo Grande High. photo by California Track and Running News.



# CIF/TOYOTA STATE CHAMPIONSHIPS

## GIRLS SHOT PUT

Prelims: 4:00 p.m. - Fri. Final: 3:00 p.m. - Sat.

Records - National: 53-07.75 Natalie Kaaiawahia, Fullerton, CA 1983

State: 52-11.50 Kristin Heaston, Ygnacio Valley 1993

#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
374	Elizabeth Tuputala-11	Castlemont	OK	34-03.0	1		
438	Elizabeth Peacock-10	Moreau	NC	35-10.25	2		
436	Kristine Knobel-12	Santa Rosa	NC	36-00.75	3		
435	Christina Pitchford-12	Clayton Valley	NC	36-08.5	4		
143	Nancy Vincent-11	Chatsworth	LA	37-02.5	5		
142	Tamara Dennis-12	San Pedro	LA	37-03.0	6		
389	Vavatau Pohahau-11	Balboa	SF	38-09.5	7		
84	Kim Washington-9	Tulare Western	CE	39-00.5	8		
503	Andrea Holmes-12	Patrick Henry	SD	39-02.25	9		
296	Amika Hughes-11	South Hills	SS	39-04.25	10		
502	Kim Matheny-12	Santana	SD	39-05.5	11		
295	Sarah Cisneros-11	Rubidoux	SS	39-06.0	12		
33	Marisela Rooney-11	Woodland	SJ	39-08.25	13		
434	Kristen Gabbard-12	Novato	NC	39-08.75	14		
83	Stacy Davidson-10	Reedley	CE	39-10.0	15		
294	Dawn Anderson-12	Newbury Park	SS	40-00.5	16		
293	Marie Philman-11	Edison	SS	40-04.0	17		
32	Barbara Weaver-11	San Juan	SJ	40-09.0	18		
501	Katie Suppa-12	Torrey Pines	SD	40-09.5	19		
141	Tanisha Hunter-11	Locke	LA	41-02.5	20		
292	Nadia Lopez-12	Arroyo Grande	SS	41-08.5	21		
31	Chaniqua Ross-9	Laguna Creek	SJ	42-08.0	22		
356	Kristin Bryden-10	Anderson	NO	42-10.5	23		
82	Andria Brown-12	South Bakersfield	CE	42-11.5	24		
209	Darlene Tulua	Carmel	CC	43-09.5	25		
208	Rebecca Morrison	Presentation	CC	45-05.25	26		
207	Tina Eutale	Jefferson	CC	45-06.5	27		

## GIRLS HIGH JUMP

Prelims: 6:30 p.m. - Fri. Final: 5:00 p.m. - Sat.

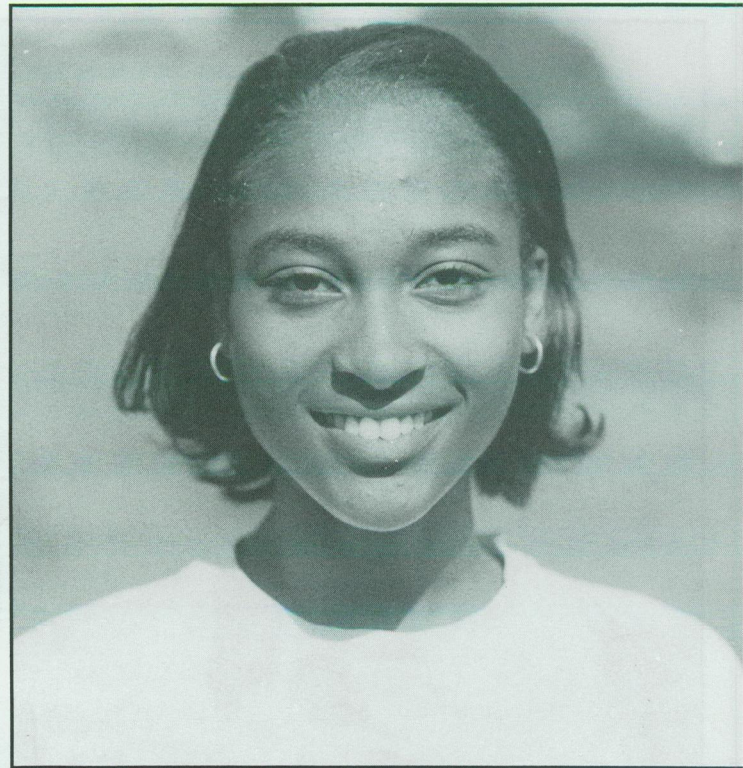
Records: - National: 6-03.0 Amy Acuff, Corpus Cristi, TX (Calallen) 1992

State: 6-02.0 Latrese Johnson, Clovis 1985

#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
386	Kamilah Jones-10	Lowell	SF	4-10.0	1		
135	Crystal Griffin-12	Taft	LA	5-00.0	2		
136	Zenobia Anderson-12	Taft	LA	5-00.0	3		
137	Mia Gramate-Jones-10	Dorsey	LA	5-00.0	4		
496	Shenessa Sobers-12	Univ. City	SD	5-03.0	5		
22	Joette Taylor-12	Fairfield	SJ	5-04.0	6		
23	Tait Holden-11	Wood	SJ	5-04.0	7		
78	Jennifer Rhea-9	Immanuel	CE	5-04.0	8		
79	Heather Flanagan-10	Chowchilla	CE	5-04.0	9		
202	Rhyan Armstrong	Independence	CC	5-04.0	10		
353	Jessica Saltzman-10	Big Valley	NO	5-04.0	11		
430	Alicyn Chappelle-12	J. Logan	NC	5-04.0	12		
427	Melissa Guanella-10	Santa Rosa	NC	5-04.0	13		
425	Karen Townsend-11	J. Logan	NC	5-05.0	14		
495	Lisa Underhill-12	R. Buena Vista	SD	5-05.0	15		
21	Callie Lemont-11	Ceres	SJ	5-06.0	16		
200	Amy Tan	Monte Vista	CC	5-06.0	17		
201	Erica Larson	Carmel	CC	5-06.0	18		
494	Cathy Bell-12	Ramona	SD	5-06.0	19		
280	Liz Giltner-10	Chaminade	SS	5-07.0	20		
281	Tayyiba Haneif-12	Laguna Hills	SS	5-07.0	21		
282	Shavent Williams-11	LB Poly	SS	5-07.0	22		
77	Tara Flaming-11	Immanuel	CE	5-08.0	23		
278	Tracy Lawyer-12	Cate	SS	5-08.0	24		
279	Kristi Kierulff-12	Esperanza	SS	5-08.0	25		
424	Jamilla Churchill-12	B. O'Dowd	NC	5-08.0	26		



Andria Brown, South Bakersfield High.



Jamilla Churchill, Bishop O'Dowd High. photo by Ken Grimes.

# CIF/TOYOTA STATE CHAMPIONSHIPS

## GIRLS LONG JUMP

Prelims: 4:00 p.m. - Fri. Final: 3:00 p.m. - Sat.

Records - National: 22-01.75 Kathy McMillian, Raeford, NC 1976

State: 22-00.5 Marion Jones, Thousand Oaks 1993

#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
429	Pia McAllister-10	Clayton Valley	NC	17-00.75	1		
428	Raquel Brewer-10	Berkeley	NC	17-01.5	2		
373	Demetria Beverly-11	Oak. Tech.	OK	17-02.0	3		
139	Neisha Henderson-12	Cleveland	LA	17-02.75	4		
74	Adrian Williams-12	Clovis West	CE	17-03.5	5		
138	Kimela West-12	Gardena	LA	17-04.0	6		
72	Lauren Parker-12	Bakersfield	CE	17-06.5	7		
387	Cia Johnson-Gordon-10	McAteer	SF	17-06.5	8		
498	Zakirah Sanford-11	Lincoln Prep	SD	17-07.25	9		
194	Gina Ocegüera-St. Francis		CC	17-08.75	10		
203	Tamra Livers-Independence		CC	18-00.5	11		
406	Carla Estes-10	James Logan	NC	18-00.5	12		
29	Angela Orlando-12	Linden	SJ	18-01.75	13		
28	Julie Tinker-11	Valley	SJ	18-03.0	14		
132	Zunilda Ogarro-9	Washington	LA	18-03.5	15		
286	Bunmi Ogunleye-9	LB Poly	SS	18-03.5	16		
497	Richelle Perkins-11	Bishops	SD	18-03.5	17		
80	Carrie Jansen-12	Redwood	CE	18-05.0	18		
181	Tisha Ponder-Del Mar		CC	18-05.25	19		
354	Jessica Valpey-12	Pleasant Valley	NO	18-05.75	20		
27	Jennifer Test-12	Bret Harte	SJ	18-06.0	21		
285	Tara Oettinger-12	Foothill	SS	18-06.25	22		
400	Jernae Wright-11	James Logan	NC	18-06.5	23		
270	Ashley Bethel-9	Mission Viejo	SS	18-07.25	24		
284	Erin Stovall-10	Woodbridge	SS	18-07.5	25		
473	Akiba McKinney-10	Monte Vista	SD	19-00.75	26		
283	Pam Simpson-12	Long Beach Poly	SS	19-01.5	27		



Lauren Parker, Bakersfield High.

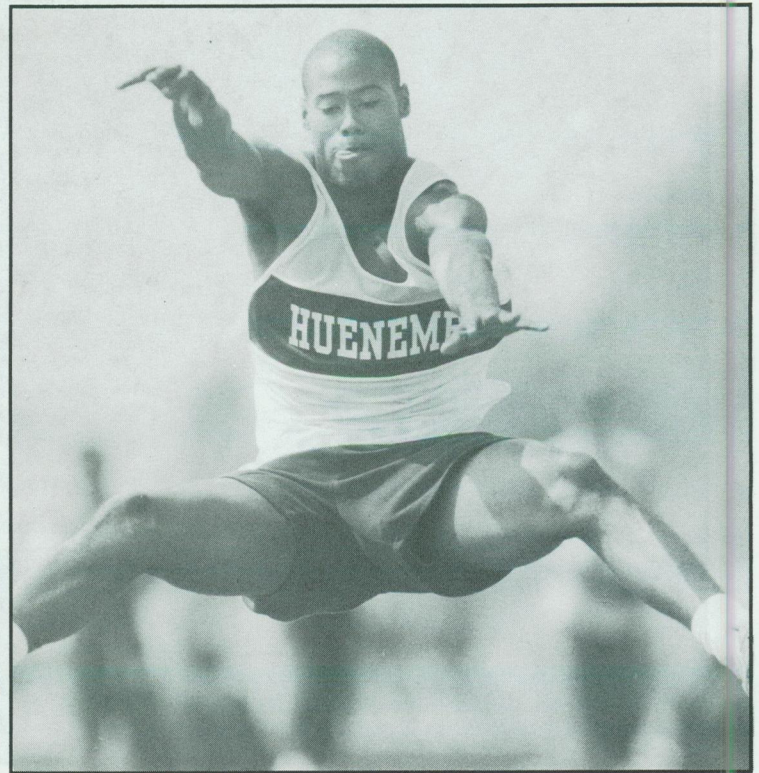
## BOYS LONG JUMP

Prelims: 4:00 p.m. - Fri. Final: 3:00 p.m. - Sat.

Records - National: 26-04.75 James Stallworth, Tulare, CA 1989

State: 26-04.75 James Stallworth, Tulare 1989

#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
439	Django Heckler-11	Terra Linda	NC	21-06.25	1		
240	Bailey Grant-12	Oakland	OK	21-06.75	2		
94	Brent Hanson-11	Caruthers	CE	21-07.25	3		
396	Kobie Roberts-12	McAteer	SF	21-07.25	4		
438	Lars Ewing-12	Clear Lake	NC	21-08.75	5		
93	Unterrio Henley-12	Bullard	CE	21-11.0	6		
410	Howard Moore-11	De La Salle	NC	21-11.75	7		
171	Temarri Limbrick-12	Muire	SS	22-02.25	8		
512	Dwayne Ross-11	Scripps Ranch	SD	22-02.75	9		
170	Ronnie Jenkins-11	Hueneme	SS	22-04.0	10		23'3"4
169	Jimmy Devine-12	Ramona	SS	22-04.75	11		23'6"3
511	Yanis Grayer-10	Castle Park	SD	22-05.0	12		
168	Patrick Kooba-12	Glendora	SS	22-05.25	13		23'0"6
437	Kevin Oates-12	Castro Valley	NC	22-05.25	14		
92	Dominic Martinho-12	Tulare Western	CE	22-06.25	15		
167	Patrick McCall-10	LB Poly	SS	22-06.25	16		
510	Majaliwa McKeever-12	Ramona	SD	22-07.5	17		23'8"2
28	Steve Williams-12	San Fernando	LA	22-10.5	18		
356	Glen Ecalne-Milpitas		CC	22-11.0	19		
319	Peter Slater-11	Pleasant Valley	NO	23-04.0	20		
277	Terrance Davis-12	Bear Creek	SJ	23-04.25	21		
355	JoJo White-Silver Creek		CC	23-04.75	22		
27	Ronald Stewart-12	Gardena	LA	23-06.25	23		23'0"6
276	Jim McGee-11	Sacramento	SJ	23-08.75	24		22'11"7
270	Chris Ferreira-12	Oak Ridge	SJ	23-09.0	25		22'11"8
346	Jeff Nord-Los Altos		CC	23-11.0	26		22'11"9
4	Clarence Scott-11	Fremont	LA	24-09.5	27		23'4"1



Ronnie Jenkins, Hueneme High. Photo by Scott Weersing

# CIF/TOYOTA STATE CHAMPIONSHIPS

## GIRLS POLE VAULT

Prelims: 5:30 p.m. - Fri. Final: 4:30 p.m. - Sat.

Records - National: no mark  
State: no mark

#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
390	Alyse Christenen-12	McAteer	SF	6-06.0	1		
149	Jennifer Capeheart-10	JF Kennedy	LA	7-06.0	2		
147	Kim Pickup-11	Chatsworth	LA	8-00.0	3		
148	Karen Seidman-10	Granada Hills	LA	8-00.0	4		
305	Anmar Butterfield-9	Elsinore	SS	8-06.0	5		
26	Hilary Hemdon-11	Del Oro	SJ	9-00.0	6		
212	Rosada Martin-Soquel		CC	9-00.0	7		
301	Jeni Candipan-12	Los Amigos	SS	9-00.0	8		
302	Jenny Thompson-9	Woodbridge	SS	9-00.0	9		
303	Erica Lindgren-12	Foothill	SS	9-00.0	10		
304	Juliana Castro-12	Huntington Beach	SS	9-00.0	11		
357	Laura Eckley-10	West Valley	NO	9-00.0	12		
445	Maria Lopez- 10	Newark Memorial	NC	9-00.0	13		
509	Rachel Hemmingway-10	Torrey Pines	SD	9-01.0	14		
25	Amanda Sweeten-9	Tokay	SJ	9-03.0	15		
444	Becky Studebaker-10	South Fork	NC	9-03.0	16		
90	Allison Knode-9	Kingsburg	CE	9-06.0	17		
210	Breanna Haut-Harbor		CC	9-06.0	18		
211	Petra Culouba, Archbishop Mitty		CC	9-06.0	19		
508	Paula Serrano-12	San Marcos	SD	9-07.0	20		
24	Denise Warner-11	Ponderosa	SJ	9-09.0	21		
89	Kolby Keiser-10	Sanger	CE	10-00.0	22		
443	Amanda Bauer-12	Mission San Jose	NC	10-01.75	23		
442	Shannon Fleet-11	Acalanes	NC	10-06.25	24		
507	Kristi Draher-12	Mira Mesa	SD	11-00.0	25		
88	Melissa Price-12	Kingsburg	CE	11-06.0	26		

## GIRLS 400m RELAY

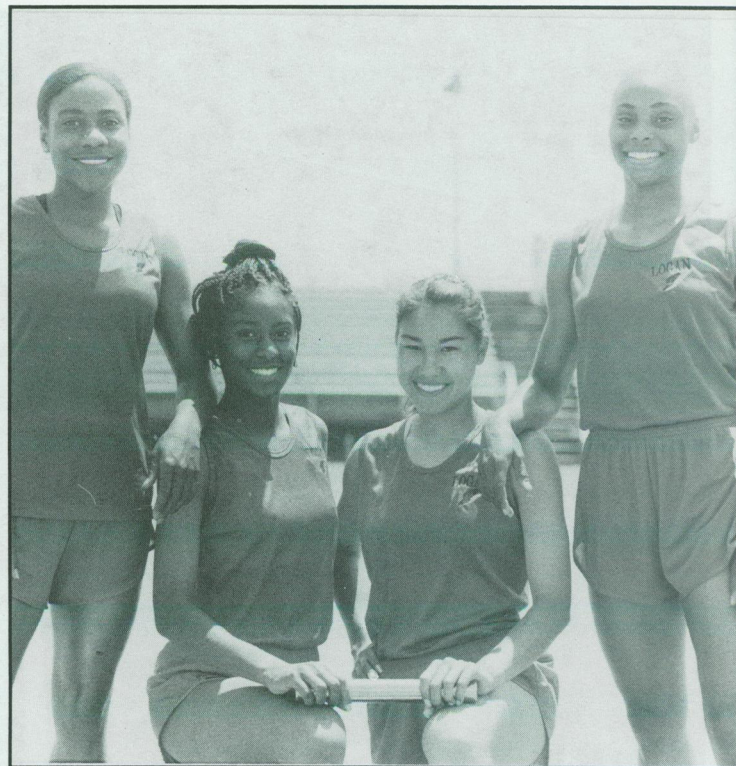
Prelims: 5:00 p.m. - Fri. Final: 4:00 p.m. - Sat.

Records: - National: 45.11 Hawthorne, CA 1985  
State: 45.13 Berkeley 1981

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
93	Roosevelt		CE	49.94	1		
449	San Leandro		NC	48.55	2		
150	Washington		LA	48.19	3		
310	Pomona		SS	47.02	4		
306	Long Beach Poly		SS	45.43	5		
510	Morse		SD	46.99	6		
448	El Cerrito		NC	48.04	7		
214	St. Ignatius		CC	48.54	8		
38	JF Kennedy		SJ	49.21	9		
358	West Valley		NO	50.09	10		
37	Armijo		SJ	48.78	11		
151	Dorsey		LA	48.27	12		
447	Bishop O'Dowd		NC	47.65	13		
307	Long Beach Wilson		SS	45.92	14		
309	Morningside		SS	46.95	15		
91	South Bakersfield		CE	48.04	16		
512	Rancho Buena Vista		SD	48.51	17		
215	Monta Vista		CC	49.06	18		
398	Lowell		SF	50.20	19		
152	Gardena		LA	48.58	20		
213	St. Francis		CC	48.41	21		
36	Valley		SJ	47.21	22		
446	James Logan		NC	46.31	23		
308	Muir		SS	46.66	24		
376	Skyline		OK	48.00	25		
511	Lincoln Prep		SD	48.49	26		
92	Clovis West		CE	49.54	27		



Melissa Price, Kingsburg High.



James Logan High School.

# CIF/TOYOTA STATE CHAMPIONSHIPS



## BOYS 400m RELAY

Prelims: 5:12 p.m. - Fri. Final: 4:07 p.m. - Sat.

Records - National: 39.9 Austin Jasper HS, Texas 1991

State: 40.24 Hawthorne 1989

#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
450	Alhambra		NC	43.72	1		
103	Edison		CE	42.29	2		
188	Serra		SS	41.81	3		
285	JF Kennedy		SJ	41.55	4		
521	Morse		SD	41.22	5		
186	Muir		SS	41.37	6		
35	Cleveland		LA	41.79	7		
399	McAteer		SF	41.90	8		
366	Aragon		CC	42.60	9		
451	Amador		NC	43.97	10		
449	Berkeley		NC	42.06	11		
365	Seaside		CC	41.90	12		
523	University City		SD	41.59	13		
102	Bakersfield		CE	41.24	14		
284	Grant		SJ	41.48	15		
34	Manual Arts		LA	41.77	16		
189	Fontana		SS	41.94	17		
322	Pleasant Valley		NO	43.47	18		
452	Kennedy		NC	44.00	19		
104	South Bakersfield		CE	42.39	20		
286	Bear Creek		SJ	41.89	21		
364	Milpitas		CC	41.65	22		
522	El Camino		SD	41.30	23		
33	Westchester		LA	41.52	24		
187	Long Beach Poly		SS	41.73	25		
190	Harvard/Westlake		SS	41.95	26		
544	Skyline		OK	42.54	27		

## GIRLS 1600m RELAY

Prelims: 8:30 p.m. - Fri. Final: 6:25 p.m. - Sat.

Records - National: 3:37.69 Pasadena, CA (Muir) 1985

State: 3:37.71 Kennedy (Granada Hills) 1981

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
359	Yreka		NO	4:04.50	1		
94	Central		CE	3:59.30	2		
512	Rancho Buena Vista		SD	3:56.64	3		
448	El Cerrito		NC	3:52.34	4		
306	Long Beach Poly		SS	3:43.88	5		
310	Pomona		SS	3:50.04	6		
38	JF Kennedy		SJ	3:56.56	7		
218	Archbishop Mitty		CC	3:59.14	8		
153	Taft		LA	4:03.59	9		
154	Birmingham		LA	4:05.63	10		
510	Morse		SD	4:00.68	11		
39	Vallejo		SJ	3:56.82	12		
376	Skyline		OK	3:51.24	13		
446	James Logan		NC	3:47.04	14		
307	Long Beach Wilson		SS	3:49.50	15		
216	Menlo Atherton		CC	3:56.53	16		
451	Carondelet		NC	3:58.62	17		
91	South Bakersfield		CE	4:03.28	18		
398	Lowell		SF	4:06.80	19		
513	Hilltop		SD	4:01.50	20		
151	Dorsey		LA	3:56.93	21		
312	JW North Riverside		SS	3:50.86	22		
311	Palmdale		SS	3:48.61	23		
450	Bishop O'Dowd		NC	3:48.65	24		
36	Valley		SJ	3:56.21	25		
217	Los Gatos		CC	3:57.55	26		
95	Buchanan		CE	4:01.63	27		



El Camino High School. photo by: Charlie Neuman, San Diego Union Tribune.



Bishop O'Dowd High School. photo by: Ken Grimes.

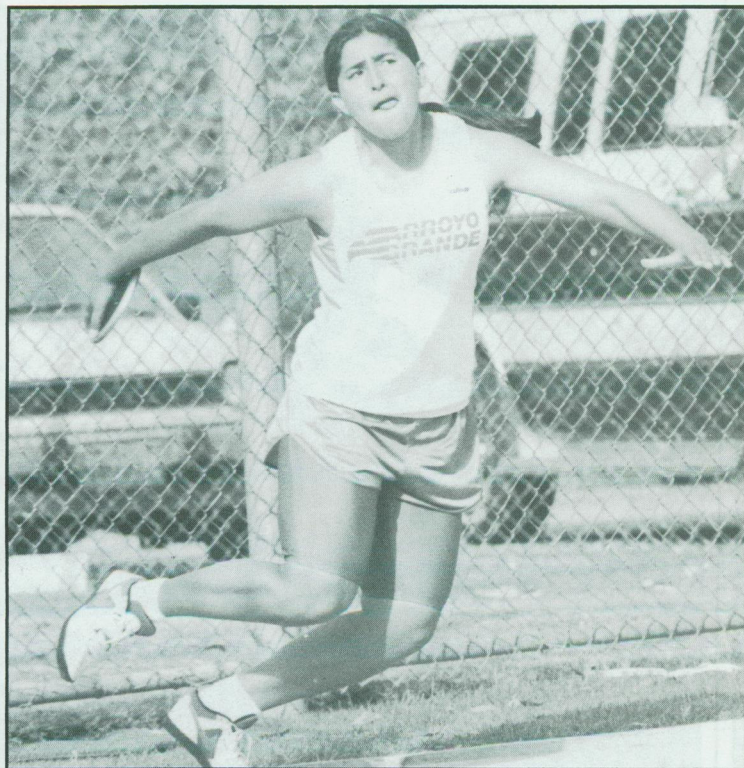
# CIF/TOYOTA STATE CHAMPIONSHIPS

## GIRLS DISCUS

Prelims: 5:30 p.m. - Fri. Final: 5:00 p.m. - Sat.

Records - National: 188-4 Suzy Powell, Modesto, CA (Downey) 1994  
State: 176-07 Suzy Powell, Modesto (Downey) 1993

#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
375	Talando Fatafehi-10	Fremont	OK	72-01.0	1		
389	Vavatau Pohahau-11	Balboa	SF	97-10.0	2		
146	McMiller Myisha-12	Banning	LA	100-00.0	3		
144	Suafoa Pola-12	Banning	LA	103-00.0	4		
145	Eboni White-12	Banning	LA	108-00.0	5		
434	Kristen Gabbard-12	Novato	NC	116-03.0	6		
441	Melissa Reis-9	James Logan	NC	117-10.0	7		
506	Lisann Logan-12	Orange Glen	SD	120-06.0	8		
440	Serwa Dazdie-12	Newark Memorial	NC	124-02.0	9		
439	Katie Beck-12	Clayton Valley	NC	125-06.0	10		
208	Rebecca Morrison-Presentation	CC	126-02.0	11			
87	Misty McNaughton-12	Kingsburg	CE	128-02.0	12		
35	Kailiwi-Loretto	SJ	130-04.0	13			
300	Susan Hatchett-11	Arroyo Grande	SS	130-06.0	14		
34	Penny Hansen-12	Nevada Union	SJ	132-04.0	15		
299	Sonya Bryant-11	Marina	SS	132-10.0	16		
207	Tina Eutale-Jefferson	CC	133-01.0	17			
298	Cara Heads-12	Newport Harbor	SS	133-01.0	18		
86	Cecilia Barnes-Mileh-9	Clovis West	CE	133-05.0	19		
505	Christina Magana-11	Fallbrook	SD	133-11.0	20		
356	Kristin Bryden-10	Anderson	NO	135-00.0	21		
297	Nikki Ball-12	Cabrillo	SS	135-11.0	22		
504	Laura Richmond-12	Monte Vista	SD	137-07.0	23		
31	Chaniqua Ross-9	Laguna Creek	SJ	143-10.0	24		
85	Mandy Buckey-11	Bakersfield	CE	145-06.0	25		
292	Nadia Lopez-12	Arroyo Grande	SS	148-05.0	26		
209	Darlene Tulua-Carmel	CC	149-01.0	27			



Nadia Lopez, Arroyo Grande High.

## BOYS 1600m RUN

Prelims: 5:38 p.m. - Fri. Final: 4:25 p.m. - Sat.

Records: - National: 3:58.30 Jim Ryun, Wichita, KA (East) 1965  
State: 4:05.4 Mark Schilling, Garden Grove 1972

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
495	Rose Dammann-12	University	SD	4:19.93	1		
141	Brett Strahan-12	Hart	SS	4:19.73	2		
340	Amerigo Rossi-Harbor	CC	4:16.87	3			
418	Jon Genant-12	Mt. Tamalpais	NC	4:16:37	4		
260	Michael Stember-11	Jesuit	SJ	4:11.94	5		
417	Mike Wojciechowski-11	Clayton Valley	NC	4:16.13	6		
339	Daniel Sikiric-Leland	CC	4:16.79	7			
137	Brandon Pacheco-12	Brethren	SS	4:18.90	8		
262	Steve Hansen-12	Napa	SJ	4:19.84	9		
77	Jacob Elkins-11	Bullard	CE	4:25.85	10		
11	Manuel Lopez-10	Belmont	LA	4:25.90	11		
13	Erik Larsen-11	Pac. Palisades	LA	4:26.97	12		
313	Aaron Gillen-11	Yreka	NO	4:27.32	13		
144	Garrett Jensen-12	Sunny Hills	SS	4:19.95	14		
142	Jonathon Lee-12	Bishop Mont.	SS	4:19.82	15		
494	Gregg Nett-12	Mt. Carmel	SD	4:18.03	16		
338	Enrique Torres-Silver Creek	CC	4:16.39	17			
416	Micheil Jones-11	Livermore	NC	4:13.91	18		
261	Mike Blair-12	Napa	SJ	4:14.44	19		
493	Larry Henderson-11	Mira Mesa	SD	4:16.76	20		
419	Alex Teekel-12	Bishop O'Dowd	NC	4:18.44	21		
143	Antonio Arce-12	Palmdale	SS	4:19.85	22		
76	Rey Sanchez-12	Delano	CE	4:24.63	23		
78	Chad Schmidt-11	North Bak.	CE	4:26.33	24		
12	Richard Martinez-12	Garfield	LA	4:26.36	25		
236	Jesus Enriquez-11	Skyline	OK	4:32.81	26		
299	Yonathan Asmerom-12	McAteer	SF	4:42.20	27		



Michael Stember, Jesuit High. photo by: Kiley Stolz.

# CIF/TOYOTA STATE CHAMPIONSHIPS

## GIRLS 100m HURDLES

Prelims: 5:50 p.m. - Fri. Final: 4:36 p.m. - Sat.

Records - National: 13.33 Dawn Bowles (Neptune HS) S. Plainfield, NJ 88  
State: 13.34 Janeene Vickers, Pomona 1987

#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
385	Rene Warner-10 McAteer		SF	15.90	1		
130	Keisha Griffis-12 Wahington		LA	15.37	2		
18	Lisa O'Reilly-10 St. Mary's		SJ	15.01	3		
71	Tina Watkins-12 South Bakersfield		CE	14.55	4		
269	Joanna Hayes-12 North Riverside		SS	13.72	5		
271	Rori Kelly-11 Morningside		SS	14.29	6		
194	Gina Oceguera-St. Francis		CC	14.97	7		
421	Ayana Grant-11 Bishop O'Dowd		N C	15.19	8		
490	Maile Barrett-11 Oceanside		SD	15.64	9		
351	Gigi Charlson-12 Paradise		NO	15.78	10		
488	Angela Romel-12 Serra		SD	15.48	11		
420	Australia Ratliff-10 Pittsburgh		NC	15.04	12		
272	Inshirah Nones-12 Esperanza		SS	14.56	13		
418	Davetta Shepard-10 Salesian		NC	14.07	14		
17	Deaweh Totimeh-12 Valley		SJ	14.33	15		
72	Lauren Parker-12 Bakersfield		CE	14.86	16		
199	Tamisha Allen-North Salinas		CC	15.30	17		
132	Zunilda Ogarro-9 Washington		LA	15.68	18		
372	Sakai Metcalf-12 Skyline		OK	16.44	19		
131	Janae Hunt-10 Westchester		LA	15.40	20		
73	Aisha Harrison-12 Wasco		CE	15.08	21		
276	Andrea Wasden-12 Rio Mesa		SS	14.58	22		
270	Ashley Bethel-9 Mission Viejo		SS	14.27	23		
4	Felicia Stone-12 JF Kennedy		SJ	14.46	24		
419	Jemae Mitchell-9 El Cerrito		NC	14.82	25		
196	Aisha McGowan, Leigh		CC	15.35	26		
489	Carrie Vickery-12 El Capitan		SD	15.57	27		

## BOYS 110m HURDLES

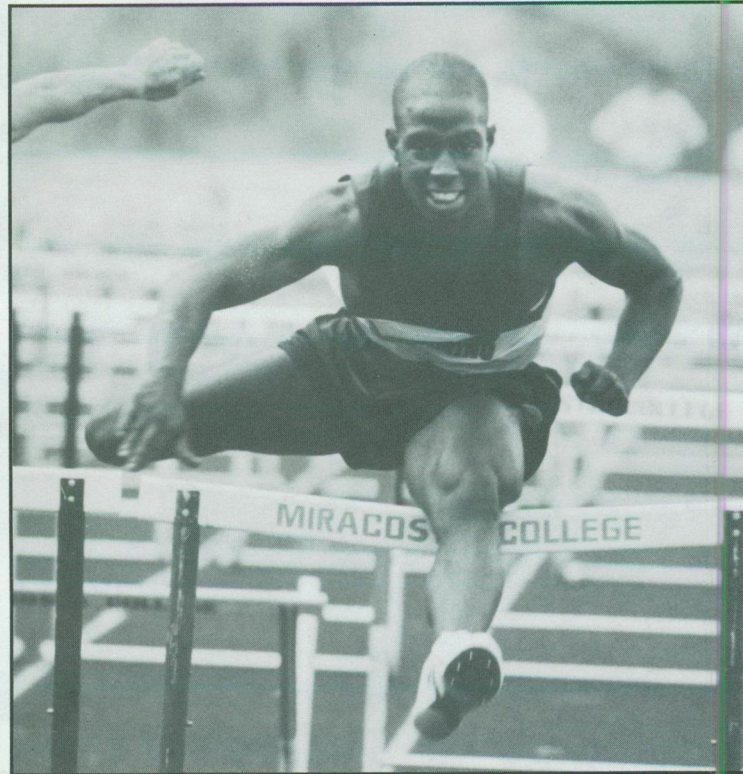
Prelims: 6:02 p.m. - Fri. Final: 4:42 p.m. - Sat.

Records - National: 12.9 Renaldo Nehemiah, Fanwood, NJ (Scotch Plains) 77  
State: 13.41 Steve Kerho, Mission Viejo 1982

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
82	Brandon Boyd-12 Lemoore		CE	15.13	1		
425	Aaron Hill-12 De Anza		NC	14.85	2		
266	Kevin Meler-12 Elk Grove		SJ	14.64	3		
151	Kenyon Rambo-10 LB Poly		SS	14.38	4		
499	Jake Kuritz-11 Torrey Pines		SD	14.19	5		
150	Dominique Degranmont-10 Tustin		SS	14.37	6		
346	Jeff Nord-Los Altos		CC	14.46	7		
393	William Benton-11 Galileo		SF	14.80	8		
18	Marvin Powell-12 Birmingham		LA	15.01	9		
315	Jake Brazie-12 Yreka		NO	15.42	10		
17	Kabeer Smith-12 Crenshaw		LA	14.90	11		
501	Jason Navarre-12 Orange Glen		SD	14.63	12		
345	J. Naivalu-Fremont		CC	14.38	13		
149	Chey Walker-12 West Covina		SS	14.25	14		
265	Norman Woods-12 Del Campo		SJ	14.34	15		
81	Jackie Jenkins-12 Golden West		CE	14.58	16		
424	Marcus Williams-11 Berkeley		NC	14.82	17		
238	Tyrone Allen-12 Oaklnad		OK	14.99	18		
83	Mark Roman-11 Central		CE	15.18	19		
153	Eric Patterson-11 LB Poly		SS	14.84	20		
423	Donte Joseph-10 Pinole Valley		NC	14.62	21		
152	Chris McAlister-12 Pasadena		SS	14.45	22		
500	Steve Forte-12 El Camino		SD	14.25	23		
344	Dan Nord-Los Altos		CC	14.36	24		
16	Ryan Jones-12 North Hollywood		LA	14.62	25		
267	Alphonso Myers-12 Vallejo		SJ	14.64	26		
426	Chris Barnsdale-11 Montgomery		NC	14.98	27		



Davetta Shepard, Salesian High. photo by: Bill Cockerham, California Track and Running News.



Steve Forte, El Camino High. photo by: Charlie Neuman, San Diego Union Tribune.

# CIF/TOYOTA STATE CHAMPIONSHIPS

## GIRLS 400m RUN

Prelims: 6:14 p.m. - Fri. Final: 4:48 p.m. - Sat.

Records - National: 52.39 Denean Howard, Granada Hills (Kennedy) 1980  
State: 52.39 Denean Howard, Granada Hills (Kennedy) 1980

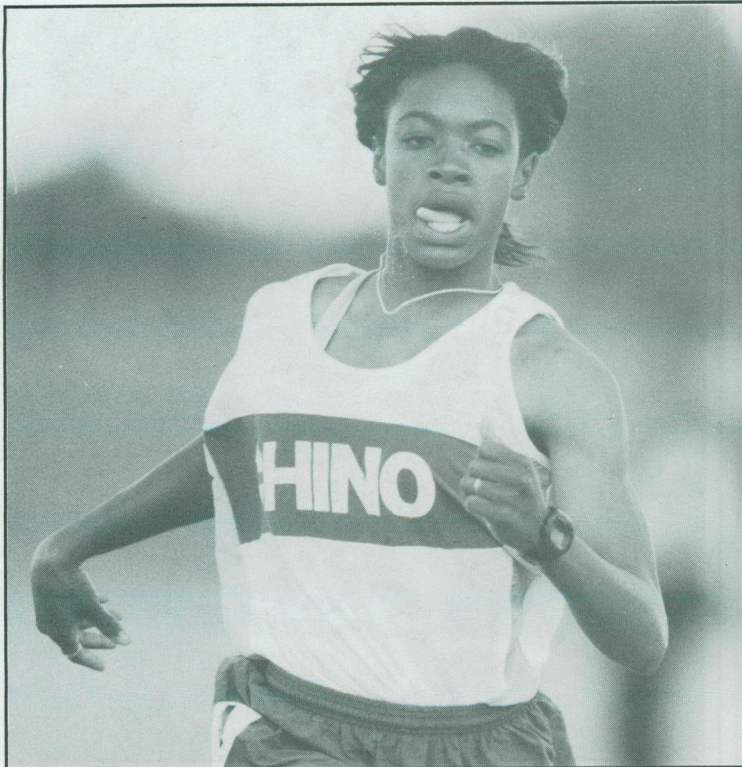
#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
319	Myesha Kirtman-10	Lowell	SF	58.95	1		
120	Latavia Savage-9	Dorsey	LA	58.00	2		
369	Kaselah Crockett-12	Skyline	OK	57.24	3		
476	Lana Garner-11	Morse	SD	55.72	4		
406	Carla Estes-10	James Logan	NC	54.17	5		
254	Myesha Williams-11	LB Poly	SS	55.57	6		
60	Amy Cameron-10	Edison	CE	57.18	7		
7	Polk-El Camino		SJ	57.73	8		
184	Kelli Mahoney-Santa Teresa		CC	58.66	9		
347	Charissa Schaap-10	Yreka	NO	59.42	10		
61	Maricela Negrete-12	Sanger	CE	57.75	11		
118	Raquel Johnson-9	Westchester	LA	57.38	12		
403	Zarinah Tillman-12	Foothill	NC	55.76	13		
250	Angela Williams-9	Chino	SS	54.59	14		
253	Malika Edmondson-10	St. Bernard	SS	55.48	15		
477	Sabrina Edge-11	Rancho Buena Vista	SD	56.96	16		
183	Kamailia Williams-Sac. Heart Cath.		CC	57.70	17		
8	Edington-East Union		CJ	59.18	18		
478	April Lee-9	Poway	SD	58.06	19		
59	Katina Morris-11	McLane	CE	57.75	20		
6	Monique Glass-12	JF Kennedy	SJ	57.66	21		
407	Crystal Miles-Threat-11	B. O'Dowd	NC	56.38	22		
251	Kinshasa Davis-10	LB Wilson	SS	54.73	23		
252	Julia Gray-9	North Riverside	SS	55.39	24		
408	Seneik Saavedra-10	El Cerrito	NC	56.39	25		
182	Sylvia Pieslak-Menlo-Atherton		CC	57.66	26		
119	Nikelola Baloqun-10	Westchester	LA	58.03	27		

## BOYS 400m RUN

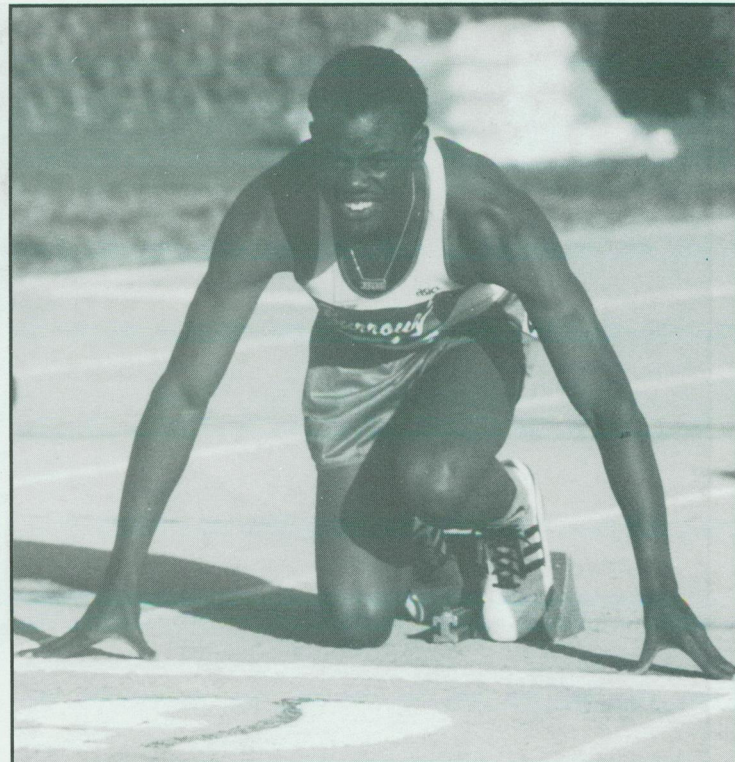
Prelims: 6:26 p.m. - Fri. Final: 4:54 p.m. - Sat.

Records: - National: 45.25 Calvin Harrison, North Salinas, CA 1993  
State: 45.25 Calvin Harrison, North Salinas, CA 1993

#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
411	Scott Druskin-12	San Ramon	NC	49.90	1		
72	Larry Leach-12	Bullard	CE	49.07	2		
332	Todd Smith-San Jose		CC	48.70	3		
134	Steve Campbell-12	Alta Loma	SS	47.54	4		
129	Obea Moore-10	Muir	SS	46.18	5		
488	Lydell Burston-11	Morse	SD	47.07	6		
254	Kenny Gowan-11	Oakmont	SJ	48.58	7		
7	Darrell Logan-11	Banning	LA	48.91	8		
234	Tim Brown-10	McClymonds	OK	49.90	9		
197	AJ Burleson-12	McAteer	SF	50.10	10		
409	Marlon Monroe-12	Berkeley	NC	49.10	11		
255	Eddie Levine-10	Golden Valley	SJ	48.60	12		
135	Jay Ramsey-12	Ventura	SS	47.59	13		
133	Tyree Washington-12	La Sierra	SS	46.39	14		
487	Clinton Lane-12	Patrick Henry	SD	47.07	15		
333	Mike Ward-Alisal		CC	48.38	16		
6	Moses Backus-12	Taft	LA	48.90	17		
73	Marcus Dorsey-12	Bullard	CE	49.50	18		
311	Kevin Ryan-12	Pleasant Valley	NO	51.62	19		
410	Howard Moore-11	De La Salle	NC	49.35	20		
334	Derek Prior-Santa Theresa		CC	48.70	21		
489	Ray Carter-11	Morse	SD	47.84	22		
131	Jerome Davis-12	Burroughs	SS	46.62	23		
408	Corey Nelson-12	Rancho Cotate	NC	46.89	24		
5	Bob Jones-12	Manual Arts	LA	48.39	25		
70	Wayne Armour-12	Bakersfield	CE	48.87	26		
256	Davis-Davis		SJ	49.44	27		



Angela Williams, Chino High. photo by: Kirby Lee.



Jerome Davis, Burroughs (Ridgecrest) High. photo by: Bill Cockerham, California Track and Running News.

# CIF/TOYOTA STATE CHAMPIONSHIPS

## BOYS SHOT PUT

Prelims: 6:30 p.m. - Fri. Final: 5:00 p.m. - Sat.

Records - National: 77-00.0 Michael Carter, Dallas, TX (Jefferson) 1979  
State: 74-04.75 Brent Noon (Fallbrook) 1990

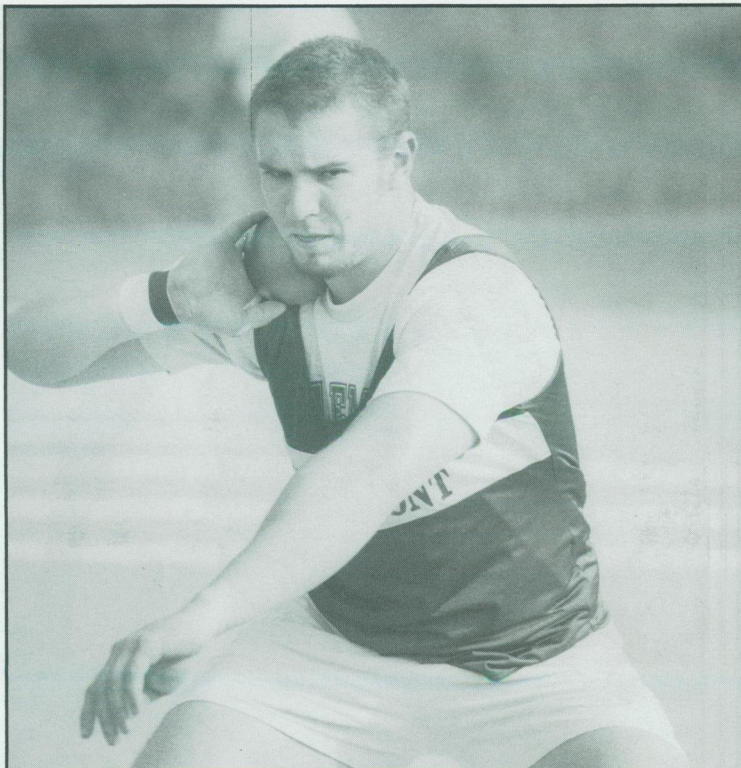
#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
398	Joshua Grate-11 McAteer		SF	42-09.0	1		
241	Tabetti Lockhart-11 Fremont		OK	45-10.0	2		
31	Dion Gaston-12 Taft		LA	50-08.0	3		
446	Delmer Lydick-12 Ft. Bragg		NC	51-04.25	4		
445	Matt Seefeld-12 Marin Cathoic		NC	52-04.75	5		
361	Gene Quiocho-Jefferson		CC	52-08.5	6		
30	Matt Jones-12 North Hollywood		LA	53-02.2	7		
29	Michael Curry-12 Marshall		LA	53-04.25	8		
517	Tony Sotello-11 Ramona		SD	54-01.0	9		
181	Siuva O'Reilly-12 Hemet		SS	54-03.5	10		
516	Tony Matautia-12 El Camino		SD	54-06.5	11		
320	Aaron Towne-12 Corning		NO	54-06.75	12		
515	Donald Bautiste-12 Oceanside		SD	55-03.5	13		
444	Dave Spitz-12 Monte Vista		NC	55-09.5	14		
360	Aaron Lewis-St. Ignatius		CC	56-03.5	15		
180	Chad Jones-12 Arroyo Grande		SS	56-10.0	16		
179	John Davis-11 LB Wilson		SS	57-00.0	17		
282	Derek Baumer-12 Ponderosa		SJ	57-05.5	18		
359	Mark Mazzoni-Bellarmine		CC	57-09.25	19		
100	JD Martin-11 Madera		CE	58-01.5	20		
443	Brian Chase-10 Cardinal Newman		NC	58-02.25	21		
178	Jeremy Lingenfelter-12 Claremont		SS	58-10.25	22		
281	Clyde Sanders-12 Grant		SJ	59-06.5	23		
99	Van Mounts-9 Bakersfield		CE	59-08.0	24		
280	Billy Bush-12 Downey		SJ	61-01.25	25		
98	Jason Hammond-11 Fowler		CE	61-02.0	26		
177	Matt Pentecost-12 Loyola		SS	61-10.5	27		

## BOYS HIGH JUMP

Prelims: 4:00 p.m. - Fri. Final: 3:00 p.m. - Sat.

Records: - National: 7-05.25 Dethel Edwards, Athens, GA (Cedar Shoals) 84  
State: 7-03.25 Lee Balkin, Glendale 1979

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
239	Cory Collins-11 Skyline		OK	5-10.0	1		
21	Keith Friday-12 Dorsey		LA	6-04.0	2		
22	Sirr Parker-12 Locke		LA	6-04.0	3		
23	Jon Gledhill-12 Reseda		LA	6-04.0	4		
504	Ryan Mitchell-11 Sweetwater		SD	6-05.0	5		
505	Jeff Twining-10 San Dieguito		SD	6-05.0	6		
506	Todd Browning-12 El Capitan		SD	6-05.0	7		
87	John Roby-12 Corcoran		CE	6-06.0	8		
88	Jim McKinsey-12 Monache		CE	6-06.0	9		
351	Todd Weller-Aragon		CC	6-06.0	10		
272	Broaderick Jones-11 Vallejo		SJ	6-06.0	11		
394	Maurice Byrd-12 McAteer		SF	6-06.0	12		
430	Bobby Frick-12 Redwood		NC	6-06.0	13		
431	Jeff Poisson-11 Cardinal Newman		NC	6-06.0	14		
432	Saleem Mahdi-11 Pittsburg		NC	6-06.0	15		
159	Kevin Wilkinson-11 Arroyo Grande		SS	6-07.0	16		
160	Clinte Motley-10 Alta Loma		SS	6-07.0	17		
161	Steve Sherwood-12 Esperanza		SS	6-07.0	18		
86	David Larsen-12 Stockdale		CE	6-08.0	19		
157	Marty Brossett-12 South Torrance		SS	6-08.0	20		
158	Dale Fowle-12 Saugus		SS	6-08.0	21		
270	Chris Ferreira-12 Oak Ridge		SJ	6-08.0	22		
271	Bill Decker-12 Grace Davis		SJ	6-08.0	23		
317	Michael Wilkins-12 Red Bluff		NO	6-08.0	24		
349	Brendon Ziedler-Bellarmine		CC	6-08.0	25		
350	E. Neumann-Wilcox		CC	6-08.0	26		
429	Pat Leonard-12 Piner		NC	6-08.0	27		



Jeremy Lingenfelter, Claremont High.



Patrick Leonard, Piner High. photo by: Ken Grimes.



# CIF/TOYOTA STATE CHAMPIONSHIPS

## GIRLS TRIPLE JUMP

Prelims: 6:30 p.m. - Fri. Final: 5:00 p.m. - Sat.

Records - National: 44-0.5 Juliana Yendork, Walnut, CA 1991  
State: 44-0.5 Juliana Yendork, Walnut, CA 1991

#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
388	Adelya Fuller-11	Mission	SF	33-00.5	1		
433	Phyllis Brumm-10	Amador Valley	NC	35-00.0	2		
432	Jeannie Minton-12	Acalanes	NC	36-02.5	3		
431	Andrea Lacson-11	James Logan	NC	36-02.75	4		
206	Janel Sterbentz-Silver	Creek	CC	36-05.0	5		
205	Cindy Pettibon-Gunderson		CC	36-05.5	6		
73	Aisha Harrison-12	Wasco	CE	36-06.0	7		
138	Kimela West-12	Gardena	LA	36-07.5	8		
204	Lilian Ito-Fremont		CC	36-07.5	9		
140	Latanya Collier-11	Banning	LA	36-07.75	10		
430	Alicyn Chappelle-12	James Logan	NC	36-08.75	11		
80	Carrie Jansen-12	Redwood	CE	36-10.0	12		
291	Mandy Clayton-12	Newport Harbor	SS	36-10.0	13		
500	Alana Harrell-12	La Jolla	SD	36-10.25	14		
355	Tracy Hayden-12	Red Bluff	NO	37-00.5	15		
139	Neisha Henderson-12	Cleveland	LA	37-01.5	16		
290	Erica Dickson-12	Mission Viejo	SS	37-03.5	17		
372	Sakai Metcalf-12	Skyline	OK	37-03.75	18		
499	Andria Booker-9	El Camino	SD	37-06.75	19		
289	Kerry O'Bric-11	Edison	SS	37-07.25	20		
288	Kelly O'Connor-11	Esperanza	SS	37-10.5	21		
497	Richelle Perkins-11	Bishops	SD	37-11.0	22		
30	Connie Smith-11	Modesto	SJ	38-00.0	23		
28	Julie Tinker-11	Valley	SJ	38-01.5	24		
287	Damesha Griffith-9	Trabuco Hills	SS	38-02.75	25		
27	Jennifer Test-12	Bret Harte	SJ	38-04.5	26		
81	Jeanuarta Jackson-12	Central	CE	38-05.0	27		

## BOYS TRIPLE JUMP

Prelims: 6:30 p.m. - Fri. Final: 5:00 p.m. - Sat.

Records: - National: 52-10.5 Charles Mayfield, Pasadena (Muir) 1980  
State: 52-04.75 Ken Frazier (Mission, SF) 1981

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
442	Gary Smith-12	James Logan	NC	44-03.5	1		
238	Tyrone Allen-12	Oakland	OK	44-06.25	2		
397	Anthony Ratcliff-11	McAteer	SF	44-10.5	3		
514	Willy James-12	West Hills	SD	45-00.5	4		
96	Ryan Pearce-11	Bakersfield	CE	45-07.0	5		
97	Tezale Archie-12	Hoover	CE	45-07.0	6		
504	Ryan Mitchell-11	Sweetwater	SD	45-07.0	7		
441	Saleem Muhammad-10	De La Salle	NC	45-08.0	8		
358	Darien Bonney-North	Salinas	CC	45-09.25	9		
357	James Bibbs-Overfelt		CC	45-10.25	10		
270	Chris Ferreira-12	Oak Ridge	SJ	46-01.5	11		
513	Justin Cox-11	Rancho Buena Vista	SD	46-02.5	12		
279	Spencer Goss-12	Fairfield	SJ	46-05.0	13		
21	Keith Friday-12	Dorsey	LA	46-06.0	14		
432	Saleem Mahdi-11	Pittsburg	NC	46-06.25	15		
95	Tim Smith-12	Coalinga	CE	46-07.5	16		
27	Ronald Stewart-12	Gardena	LA	46-08.25	17		
176	Michael Turner-12	Morningside	SS	46-11.75	18		
278	Scott Towne-11	St. Mary's	SJ	47-01.5	19		
175	Reggie Curry-12	Tustin	SS	47-02.5	20		
319	Peter Slater-11	Pleasant Valley	NO	47-02.5	21		
344	Dan Nord-Los Altos		CC	47-04.75	22		
440	Rasheed Abdullah-12	James Logan	NC	47-06.0	23		
174	Derrick Evans-11	Muir	SS	47-09.0	24		
173	Gerald Williams-11	Lynwood	SS	48-03.25	25		
172	Tye Anderson-11	LB Poly	SS	48-04.75	26		
28	Steve Williams-12	San Fernando	LA	49-01.0	27		



Kelly O'Conner, Esperanza High.



Chris Ferreira, Oak Ridge High. photo by: Greg Clark, Santa Rosa Press Democrat.

# CIF/TOYOTA STATE CHAMPIONSHIPS

## GIRLS 100m RUN

Prelims: 6:38 p.m. - Fri. Final: 5:00 p.m. - Sat.

Records - National: 11.14 Marion Jones, Thousand Oaks 1992  
State: 11.14 Marion Jones, Thousand Oaks 1992

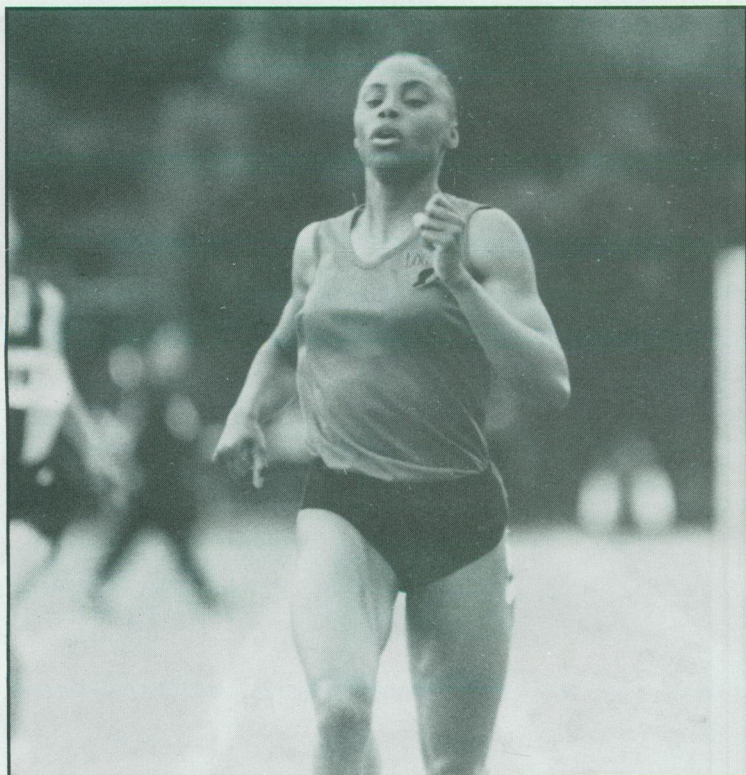
#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
117	Shalaura Brock-12	Birmingham	LA	12.71	1		
3	Pilar Arroyo-11	Tracy	SJ	12.45	2		
401	Charon Stewart-12	Beacon	NC	12.35	3		
248	Miesha Withers-9	Morningside	SS	12.00	4		
399	Kelli White-12	James Logan	NC	11.57	5		
473	Akiba McKinney-10	Monte Vista	SD	11.84	6		
177	Stephanie Chevez-Los Gatos		CC	12.29	7		
55	Bo Alade-9	Foothill	CE	12.44	8		
367	Aisha Wallace-12	Skyline	OK	12.60	9		
346	Katie Jasmer-11	Anderson	NO	12.68	10		
56	Amber Hutson-12	South Bakersfield	CE	12.54	11		
178	Sommer Washington-St. Ignatius		CC	12.41	12		
1	Jamara Stallworth-12	Grant	SJ	12.02	13		
244	Andrea Anderson-12	LB Poly	SS	11.68	14		
247	Krystal Walden-12	West Covina	SS	11.91	15		
115	Janice Thomas-10	Dorsey	LA	12.35	16		
475	Tiffany Freow-9	Morse	SD	12.37	17		
402	Maisha Maxwell-11	San Leandro	NC	12.60	18		
235	Noretia Seals-10	Washington	SF	12.81	19		
179	Melissa Durkin-Woodside		CC	12.45	20		
116	LaTroya Mucker-11	Hamilton	LA	12.36	21		
400	Jernae Wright-11	James Logan	NC	12.07	22		
245	Lakeisha Backus-12	LB Wilson	SS	11.80	23		
246	Heather Sumpter-12	Muir	SS	11.81	24		
474	Dayshawna Littleton-11	Morse	SD	12.21	25		
2	Tiffani Battle-10	Armijo	SJ	12.43	26		
57	Ayonna Hendrix-12	Tulare Western	CE	12.64	27		

## BOYS 100m RUN

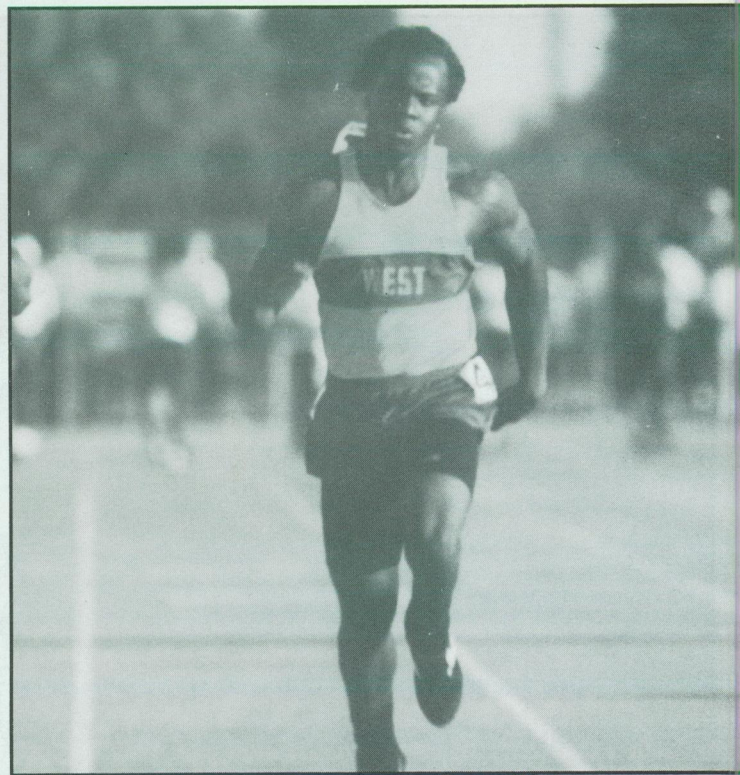
Prelims: 6:50 p.m. - Fri. Final: 5:06 p.m. - Sat.

Records: - National: 9.9 Henry Neal, Greenville, TX 1990  
State: 10.30 Riley Washington, Southwest 1992

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
128	RJ Goward-11	Fontana	SS	10.92	1		
2	Charles Lee-12	Cleveland	LA	10.85	2		
330	Deltha O'Neal-12	Milpitas	CC	10.75	3		
69	Kendrail Terrance-12	Hoover	CE	10.66	4		
250	James Hinex-12	Grant	SJ	10.33	5		
68	Tierre Sams-10	Edison	CE	10.62	6		
484	Bryant Eubanks-12	El Camino	SD	10.71	7		
130	Ray Butler-12	Morningside	SS	10.83	8		
405	JJuan Cherry-12	Berkeley	NC	10.88	9		
3	Gavin Hooper-9	JF Kennedy	LA	11.05	10		
403	Gwangee Pitman-12	Berkeley	NC	10.84	11		
485	Jamal Green-10	Oceanside	SD	10.77	12		
329	Bashir Levingston-12	Seaside	CC	10.69	13		
67	Marques Holiwell-12	W. Bakers.	CE	10.36	14		
252	Demetrius Guidry-10	Bear Creek	SJ	10.60	15		
125	Bryan Harrison-10	Dana Hills	SS	10.72	16		
45	Joe Flood-11	McAteer	SF	10.82	17		
232	J'Sharlon Jones-11	Skyline	OK	10.90	18		
310	Clifton Jackson-12	Chico	NO	11.00	19		
331	Christon Rance-Sac. Heart, Cath.		CC	10.83	20		
1	Kaaron Conwright-12	Westchester	LA	10.75	21		
124	Bryan Howard-12	Canyon Spr.	SS	10.68	22		
251	Daunte Burks-11	JF Kennedy	SJ	10.57	23		
483	Vince Williams-11	Univ. City	SD	10.60	24		
402	Dee Moronkola-12	De Anza	NC	10.73	25		
126	Chad Morton-12	South Torrance	SS	10.80	26		
404	George Jordan-11	Pittsburg	NC	10.88	27		



Kellie White, James Logan High. photo by: Ken Grimes.



Marques Holiwell, West Bakersfield High. photo by: Bill Cockerham, California Track and Running News.

# CIF/TOYOTA STATE CHAMPIONSHIPS

25.6 55.1 125.1 27.3 152.43

1:55.4  
154.06  
154.69

## GIRLS 800m RUN

Prelims: 7:04 p.m. - Fri. Final: 5:13 p.m. - Sat.

Records - National: 2:04.5 Joletta Clark, Maplewood, NJ (Columbia) 1980  
State: 2:04.91 Trena Hull, Compton 1984

#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
123	Shauna James-11	Westchester	LA	2:22.62	1		
412	Jennifer Bridgeman-10	James Logan	NC	2:17.81	2		
185	Brianna Denley-North	Monterey	CC	2:15.94	3		
256	Sherron Rhetta-11	Long Beach Poly	SS	2:14.07	4		
62	Kristie Johnston-12	Central	CE	2:11.87	5		
11	Angie Milner-10	Modesto	SJ	2:13.71	6		
259	Sabrina Caplis-12	Foothill	SS	2:15.47	7		
481	Mariel Gray-12	Mira Mesa	SD	2:16.60	8		
348	Katie Crabb-11	Pleasant Valley	NO	2:22.07	9		
383	Emily Price-10	Lowell	SF	2:28.68	10		
63	Rachelle Loftus-10	Buchanan	CE	2:17.90	11		
480	Angela Shea-12	Vista	SD	2:15.71	12		
257	Summer Shaw-10	Huntington Beach	SS	2:14.68	13		
9	Jamila Demby-12	Merced	SJ	2:12.45	14		
255	Nicole Campbell-10	Ventura	SS	2:14.01	15		
410	Martina Ze-11	Livermore	NC	2:15.25	16		
187	Ashley Holt-Menlo-Atherton		CC	2:17.57	17		
122	Betty Butler-11	Dorsey	LA	2:19.43	18		
370	Ann-Marie Franco-11	Skyline	OK	2:23.11	19		
121	LaGunda Gilmore-12	Fremont	LA	2:19.39	20		
411	Pamela Richardson-12	Montgomery	NC	2:15.63	21		
258	Carrie Caulkins-12	Esperanza	SS	2:15.02	22		
409	Elissa Riedy-12	Mission San Jose	NC	2:13.07	23		
10	Amanda Boice-11	Folsom	SJ	2:13.13	24		
479	Vanessa Hanley-12	University	SD	2:15.15	25		
186	Lina Biber-Ferro-Los Gatos		CC	2:16.35	26		
64	Gabbee Aispuro-12	Porterville	CE	2:19.57	27		

## BOYS 800m RUN

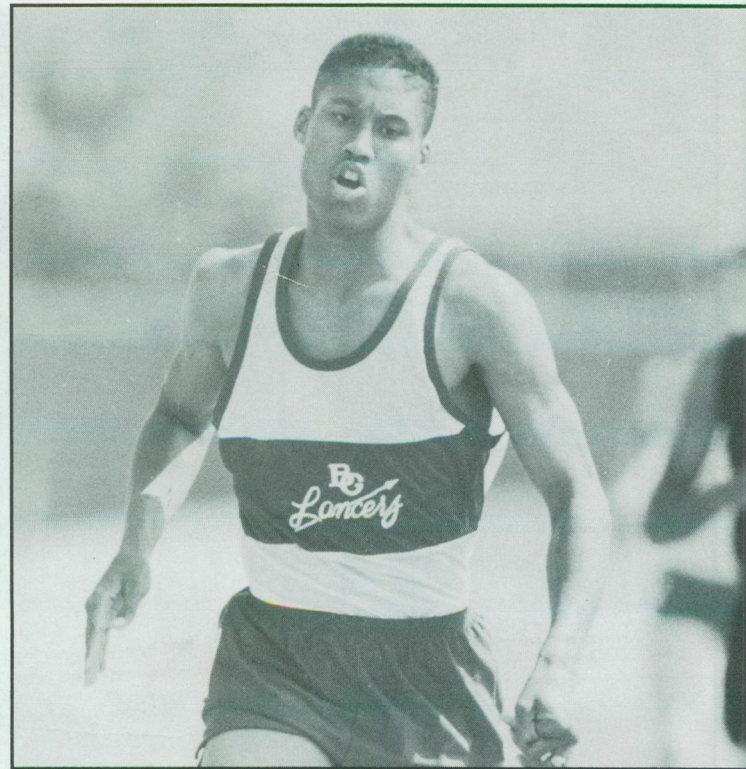
Prelims: 7:16 p.m. - Fri. Final: 5:20 p.m. - Sat.

Records - National: 1:47.31 Pete Richardson, Berkeley 1981  
State: 1:47.31 Pete Richardson, Berkeley 1981

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
10	Kareem O'Neal-12	Banning	LA	1:59.54	1		
258	Paul Sanchez-12	Lodi	SJ	1:57.55	2		
337	Nick Tuttle-Leland		CC	1:54.99	3		
413	Jonevan Hornsby-12	St. Mary's	NC	1:53.46	4		
412	Aaron Richberg-12	James Logan	NC	1:49.36	5		
140	Brian O'Bannon-12	Ocean View	SS	1:53.12	6		
490	Diego Ash-12	San Pasqual	SD	1:54.38	7		
74	Jeremiah Hunt-12	Lemoore	CE	1:56.91	8		
312	Jeremiah Moody-12	Pleasant Valley	NO	1:59.05	9		
248	Jerome Morton-11	McAteer	SF	1:59.30	10		
75	Lucas Bianchi-12	Edison	CE	1:57.29	11		
257	James Levine-10	Golden West	SJ	1:55.21	12		
414	Joel Young-12	St. Mary's	NC	1:53.82	13		
136	Michael Granville-11	Bell Gardens	SS	1:49.43	14		
139	Jeremy Lyon-11	Hesperia	SS	1:53.11	15		
336	Kareem Morrell-San Jose		CC	1:54.49	16		
492	Jason White-12	Chula Vista	SD	1:56.61	17		
9	Ryan Song-12	Westchester	LA	1:58.85	18		
235	Darron Dale-11	Skyline	OK	2:04.16	19		
259	Shane Lewis-11	East Union	SJ	1:57.66	20		
491	Ajani Brown-11	Crawford	SD	1:55.28	21		
415	Cody Clark-12	Arcata	NC	1:53.93	22		
137	Brandon Pacheco-12	Brethren	SS	1:51.29	23		
138	Jess Strutzel-11	Huntington Beach	SS	1:51.75	24		
335	Jeremy Riddle-Gunn		CC	1:54.14	25		
72	Larry Leach-12	Bullard	CE	1:56.23	26		
8	Garrick Goods-11	Westchester	LA	1:58.34	27		



Kristie Johnson, Central High. photo by: Bill Cockerham, California Track and Running News.



Michael Granville, Bell Gardens High. photo by: Kirby Lee.

# CIF/TOYOTA STATE CHAMPIONSHIPS

## GIRLS 300m HURDLES

Prelims: 7:28 p.m. - Fri. Final: 5:27 p.m. - Sat.

Records - National: 40.18 Leslie Maxie, Millbrae, CA (Mills) 1984  
State: 40.26 Janeene Vickers, (Pomona) 1987

#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
352	Tracy Turner-12	West Valley	NO	46.54	1		
75	Allison Wilbourn-12	Redwood	CE	45.26	2		
197	Leanna Slater-Pioneer		CC	44.97	3		
422	Katie Schukle-10	Santa Rosa	NC	44.05	4		
269	Joanna Hayes-12	North Riverside	SS	41.55	5		
277	Colleen Rhemm-12	Muir	SS	43.95	6		
20	Reese-El Camino		SJ	44.76	7		
492	Aidee Acero-11	Hilltop	SD	45.23	8		
133	Francis Santin-9	Taft	LA	45.90	9		
134	Satin Lewis-11	Cleveland	LA	48.01	10		
493	Iriz Stone-12	Rancho Bernardo	SD	45.63	11		
74	Adrian Williams-12	Clovis West	CE	44.95	12		
19	Rosalyn Morris-12	Vallejo	SJ	44.25	13		
274	Nicole Thomas-9	Morningside	SS	43.12	14		
276	Andrea Wasden-12	Rio Mesa	SS	43.73	15		
423	Melissa Cartmell-10	San Ramon	NC	44.49	16		
199	Tamisha Allen-North	Salinas	CC	45.22	17		
372	Sakai Metcalf-12	Skyline	OK	46.16	18		
385	Rene Warner-10	McAteer	SF	48.65	19		
130	Keisha Griffis-12	Washington	LA	45.68	20		
18	Lisa O'Reilly-10	St. Mary's	SJ	44.94	21		
401	Charon Stewart-12	Beacon	NC	44.34	22		
418	Davetta Shepard-10	Salesian	NC	43.14	23		
275	Naemah Withey-12	Long Beach Poly	SS	43.34	24		
491	Carrie Vickery-12	El Capitan	SD	44.46	25		
198	Michelle Steingart-St.	Francis	CC	45.18	26		
76	Brandi Jenkins-11	Golden West	CE	46.31	27		

## BOYS 300m HURDLES

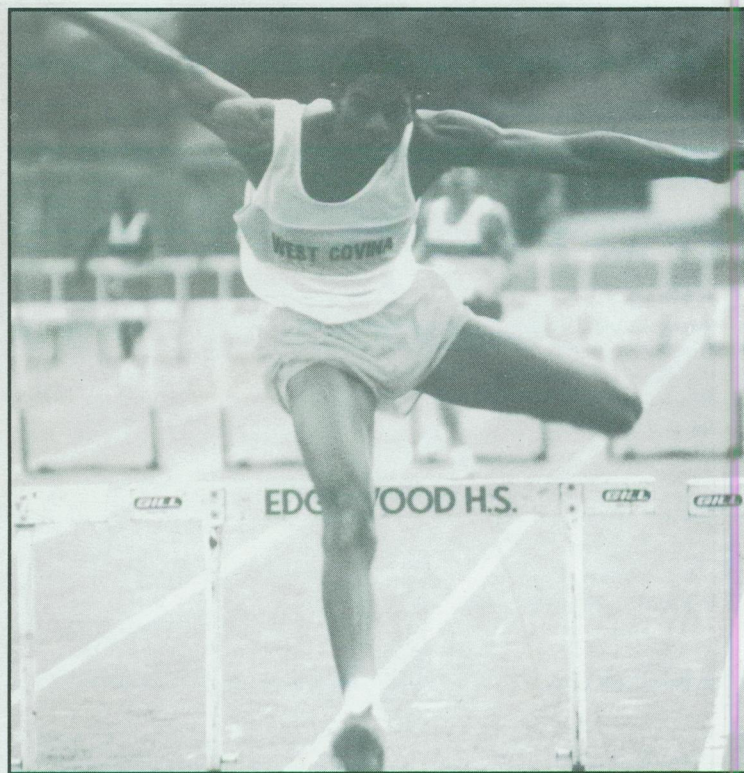
Prelims: 7:40 p.m. - Fri. Final: 5:34 p.m. - Sat.

Records - National: 35.32 George Porter, Lompoc, CA (Cabrillo) 1985  
State: 35.50 George Porter, Lompoc, CA (Cabrillo) 1985

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
316	Marco Jackson-12	Chico	NO	39.93	1		
427	Andre Rutledge-11	Encinal	NC	39.04	2		
269	Chris Lackey-12	Nevada Union	SJ	38.53	3		
499	Jake Kuritz-11	Torrey Pines	SD	37.92	4		
154	Mickey Grimes-12	Canyon Spr.	SS	36.59	5		
155	Makio Haywood-10	Muir	SS	37.73	6		
347	Lenzie Jackson-Milpitas		CC	38.41	7		
20	Bernard Ellis-12	Crenshaw	LA	38.99	8		
85	Glen Valdez-11	Stockdale	CE	39.38	9		
238	Tyrone Allen-12	Oakland	OK	40.08	10		
426	Chris Barnsdale-11	Mongomery	NC	39.05	11		
84	Kenny Moore-11	Taft	CE	38.68	12		
19	Jason Lewis-12	Fairfax	LA	37.98	13		
502	Felix Sanchez-12	University City	SD	36.84	14		
149	Chey Walker-12	West Covina	SS	37.44	15		
265	Norman Woods-12	Del Campo	SJ	38.44	16		
345	J. Naivalu-Fremont		CC	38.77	17		
425	Aaron Hill-12	De Anza	NC	39.35	18		
394	Maurice Byrd-12	McAteer	SF	40.18	19		
348	John Young-St Ignatius		CC	39.11	20		
156	Eric Stewart-12	Buena	SS	38.53	21		
81	Jackie Jenkins-12	Golden West	CE	38.41	22		
151	Kenyon Rambo-10	LB Poly	SS	37.24	23		
503	Brian Fell-12	Rancho Bernardo	SD	37.47	24		
268	Harold Wilson-11	Vallejo	SJ	38.52	25		
16	Ryan Jones-12	North Hollywood	LA	38.71	26		
428	Bryan Click-12	James Logan	NC	39.28	27		



Joanna Hayes, North Riverside High. photo by: Bill Cockerham, California Track and Running News.



Chey Walker, West Covina High.

# CIF/TOYOTA STATE CHAMPIONSHIPS

## GIRLS 200m Run

Prelims: 7:53 p.m. - Fri. Final: 5:40 p.m. - Sat.

Records - National: 22.67 Marion Jones, Thousand Oaks 1992  
State: 22.71 Marion Jones, Thousand Oaks 1992

#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
405	Danielle Jones-11 San Leandro	NC	26.01	1			
117	Shalauna Brock-12 Birmingham	LA	25.44	2			
180	Shavone Jennings-Woodside	CC	25.11	3			
4	Felicia Stone-12 JF Kennedy	SJ	24.69	4			
244	Andrea Anderson-12 LB Poly	SS	23.60	5			
246	Heather Sumpter-12 Muir	SS	24.31	6			
476	Lana Garner-11 Morse	SD	25.06	7			
55	Bo Alade-9 Foothill	CE	25.24	8			
319	Myesha Kirtman-10 Lowell	SF	25.47	9			
346	Katie Jasmer-11 Anderson	NO	25.84	10			
58	Lacretia McKinney-9 Hanford	CE	25.44	11			
115	Janice Thomas-10 Dorsey	LA	25.07	12			
473	Akiba McKinney-10 Monte Vista	SD	24.51	13			
245	Lakeisha Backus-12 LB Wilson	SS	23.65	14			
1	Jamara Stallworth-12 Grant	SJ	24.20	15			
177	Stephanie Chevez-Los Gatos	CC	24.93	16			
403	Zarinah Tillman-12 Foothill	NC	25.33	17			
404	Turshika Bennett-11 Bishop O'Dowd	NC	25.70	18			
368	Myka Hammock-11 Oakland Tech.	OK	26.11	19			
477	Sabrina Edge-11 Rancho Buena Vista	SD	25.46	20			
181	Tisha Ponder-Del Mar	CC	25.17	21			
248	Miesha Withers-9 Morningside	SS	24.32	22			
399	Kelli White-12 James Logan	NC	23.66	23			
249	Torri Edwards-12 Pomona	SS	23.94	24			
5	Sharita Reed-9 Armijo	SJ	24.89	25			
116	LaTroya Mucker-11 Hamilton	LA	25.32	26			
59	Katina Morris-11 McLane	CE	25.74	27			

## BOYS 200m RUN

Prelims: 8:05 p.m. - Fri. Final: 5:46 p.m. - Sat.

Records - National: 20.0 Roy Martin, Dallas, TX (Roosevelt) 1985  
State: 20.77 Henry Thomas, Hawthorne 1984

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
407	Hannibal Navies-12 Berkeley	NC	22.32	1			
70	Wayne Armour-12 Bakersfield	CE	21.85	2			
2	Charles Lee-12 Cleveland	LA	21.58	3			
332	Todd Smith-San Jose	CC	21.43	4			
250	James Hinex-12 Grant	SJ	20.95	5			
108	Felton Charles-11 McAteer	SF	21.13	6			
130	Ray Butler-12 Morningside	SS	21.57	7			
486	Leon Hawes-12 R. Buena Vista	SD	21.79	8			
403	Gwangee Pitman-12 Berkely	NC	22.15	9			
310	Clifton Jackson-12 Chico	NO	22.25	10			
132	Kevin Griswold-11 Garden Grove	SS	21.95	11			
405	JJuan Cherry-12 Berkeley	NC	21.65	12			
329	Bashir Levingston-12 Seaside	CC	21.41	13			
252	Demetrius Guidry-10 Bear Creek	SJ	20.96	14			
125	Bryan Harrison-10 Dana Hills	SS	21.14	15			
485	Jamal Green -10 Oceanside	SD	21.55	16			
1	Kaaron Conwright-12 Westchester	LA	21.67	17			
67	Marques Holiwell-12 W. Bakers.	CE	22.06	18			
233	Jason Cooper-11 Skyline	OK	22.24	19			
4	Clarence Scott-11 Fremont	LA	21.88	20			
131	Jerome Davis-12 Burroughs	SS	21.63	21			
253	Drew Bell-12 Vacaville	SJ	21.32	22			
129	Obea Moore-10 Muir	SS	21.13	23			
483	Vince Williams-11 Univ. City	SD	21.31	24			
406	Leon Callen-11 De La Salle	NC	21.54	25			
330	Deltha O'Neal-12 Milpitas	CC	21.66	26			
71	Emon Thomas-12 Bakersfield	CE	22.04	27			



Lakeisha Backus, Long Beach Wilson. photo by: Kirby Lee.



Obea Moore, Muir Pasadena High. photo by: Bill Cockerham, California Track and Running News.

# CIF/TOYOTA STATE CHAMPIONSHIPS

## GIRLS 1600m RELAY

Prelims: 8:30 p.m. - Fri. Final: 6:25 p.m. - Sat.

Records - National: 3:37.69 Pasadena, CA (Muir) 1985

State: 3:37.71 Kennedy (Granada Hills) 1981

#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
359	Yreka		NO	4:04.50	1		
94	Central		CE	3:49.30	2		
512	Rancho Buena Vista		SD	3:56.64	3		
448	El Cerrito		NC	3:52.34	4		
306	Long Beach Poly		SS	3:43.88	5		
310	Pomona		SS	3:50.04	6		
38	JF Kennedy		SJ	3:56.56	7		
218	Archbishop Mitty		CC	3:59.14	8		
153	Taft		LA	4:03.59	9		
154	Birmingham		LA	4:05.63	10		
510	Morse		SD	4:00.68	11		
39	Vallejo		SJ	3:56.82	12		
376	Skyline		OK	3:51.24	13		
446	James Logan		NC	3:47.04	14		
307	Long Beach Wilson		SS	3:49.50	15		
216	Menlo Atherton		CC	3:56.53	16		
451	Carondelet		NC	3:58.62	17		
91	South Bakersfield		CE	4:03.28	18		
398	Lowell		SF	4:06.80	19		
513	Hilltop		SD	4:01.50	20		
151	Dorsey		LA	3:56.93	21		
312	JW North Riverside		SS	3:50.86	22		
311	Palmdale		SS	3:48.61	23		
450	Bishop O'Dowd		NC	3:48.65	24		
36	Valley		SJ	3:56.21	25		
217	Los Gatos		CC	3:57.55	26		
95	Buchanan		CE	4:01.63	27		



James Logan High. photo by: Willie Eashman.

## BOYS 1600m RELAY

Prelims: 8:48 p.m. - Fri. Final: 6:30 p.m. - Sat.

Records: - National: 3:07.40 Hawthorne, CA 1985

State: 3:08.94 Berkeley 1981

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
399	McAteer		SF	3:24.14	1		
369	Del Mar		CC	3:22.00	2		
453	St. Mary's College		NC	3:20.45	3		
286	Bear Creek		SJ	3:18.67	4		
523	University City		SD	3:15.48	5		
37	Crenshaw		LA	3:17.98	6		
192	Barstow		SS	3:19.71	7		
102	Bakersfield		CE	3:21.33	8		
244	McClymonds		OK	3:23.44	9		
455	San Marin		NC	3:25.03	10		
368	Homestead		CC	3:21.37	11		
287	Golden Valley		SJ	3:20.45	12		
524	San Diego		SD	3:18.01	13		
186	Muir		SS	3:12.44	14		
36	Banning		LA	3:16.92	15		
187	Long Beach Poly		SS	3:19.70	16		
449	Berkeley		NC	3:21.14	17		
106	Golden West		CE	3:23.40	18		
322	Pleasant Valley		NO	3:27.00	19		
288	Valley		SJ	3:21.37	20		
188	Serra		SS	3:20.14	21		
367	Los Gatos		CC	3:18.89	22		
191	Morningside		SS	3:15.85	23		
521	Morse		SD	3:17.28	24		
38	Fremont		LA	3:19.15	25		
454	De La Salle		NC	3:20.83	26		
104	South Bakersfield		CE	3:23.05	27		



Muir Pasadena High.

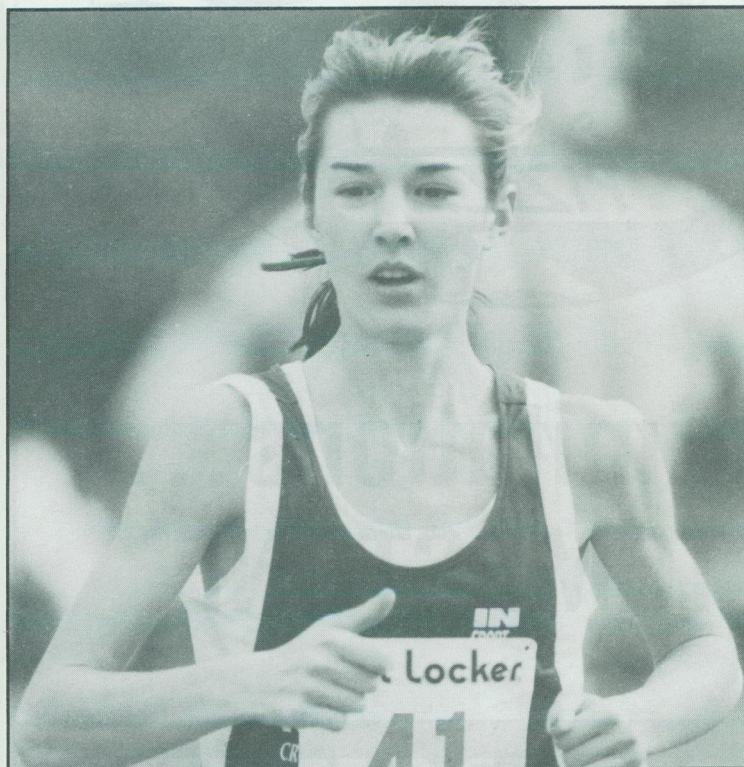
# CIF/TOYOTA STATE CHAMPIONSHIPS

## GIRLS 3200m RUN

Final: 5:56 p.m. - Sat.

Records - National: 10:03.7 Erin Keogh, Langley, VA (McLean) 1987  
State: 10:08.14 Cory Schubert, San Jose (Del Mar) 1983

#	Name	Gr. School	Sect.	Sect. Mark	Pos	Place	Mark
414	Lori Riedy-12	Mission San Jose	NC	11:10.95	1		
65	Tracy Cohn-10	Stockdale	CE	11:00.39	2		
267	Molly Mehlberg-12	Peninsula	SS	10:45.01	3		
416	Julia Stamps-10	Santa Rosa	NC	10:19.91	4		
260	Courtney Pugmire-12	Esperanza	SS	10:14.48	5		
265	Amy Skieresz-12	Agoura	SS	10:16.42	6		
266	Kim Mortensen-11	Thousand Oaks	SS	10:42.85	7		
268	Nancy Dollar-12	San Clemente	SS	10:45.49	8		
69	Veronica Sanchez-9	Wasco	CE	11:10.44	9		
191	Laura Sandoval-St. Ignatius	CC	11:12.66	10			
12	Anne Gunnison-10	McClatchy	SJ	11:13.24	11		
413	Kristen Gordon-10	Carondelet	NC	11:13.34	12		
15	Julie Hassan-12	Nevada Union	SJ	11:14.14	13		
485	Veronica Clark-12	Ramona	SD	11:16.73	14		
417	Deborah Osteen-10	Clayton Valley	NC	11:17.65	15		
486	Jessica Pound-12	Poway	SD	11:17.95	16		
192	Shana Driscoll-St. Ignatius	CC	11:21.30	17			
193	Deborah Bleisch-Silver Creek	CC	11:22.56	18			
16	Jazmine Anglero-9	Fairfield	SJ	11:22.64	19		
70	Emile Lawson-10	Clovis West	CE	11:24.22	20		
350	Louann Vitellaro-10	Anderson	NO	11:37.42	21		
487	Sarah Schmidt-11	Scripps Ranch	SD	11:38.84	22		
384	Oasii Lucero-11	Lowell	SF	11:46.10	23		
127	Marisol Barajas-11	Van Nuys	LA	11:50.65	24		
128	Diane Epstein-12	Pacific Palisades	LA	11:57.24	25		
124	Brandi Page-11	Granada Hills	LA	11:58.65	26		
370	Ann-Marie Franco-11	Skyline	OK	12:19.74	27		



Julia Stamps, Sant Rosa High. photo by: Kirby Lee.

## BOYS 3200m RUN

Final: 6:10 p.m. - Sat.

Records - National: 8:41.5 Steve Prefontaine, CoosBay, OR (Marshfield) 1969  
State: 8:44.9 Eric Hulst, Laguna Beach 1976

#	Name	Gr. School	Sect.	Sect. Mark	Pos.	Place	Mark
342	Tom Becker-Bellarmino	CC	9:20.56	1			
496	Dave McQuitty-11	Grossmont SD	9:16.45	2			
148	Phil Gonzalez-12	Crescenta Valley SS	9:09.00	3			
143	Antonio Arce-12	Palmdale SS	9:08.29	4			
145	Jim McLarty-12	Ayala SS	9:01.00	5			
146	Jeff Fisher-12	Thousand Oaks SS	9:08.16	6			
147	Adalberto Sanchez-12	Cap. Valley SS	9:08.68	7			
420	Steve Immel-12	Livermore NC	9:14.54	8			
341	Jason Balkman-Lynbrook	CC	9:19.15	9			
260	Michael Stember-11	Jesuit SJ	9:22.04	10			
343	Jesse Robinette-El Camino	CC	9:22.21	11			
263	Jim Nelson-11	Napa SJ	9:23.34	12			
497	Shilo Glass-12	Ramona SD	9:24.73	13			
416	Micheil Jones-11	Livermore NC	9:26.49	14			
264	Justin Buenrostro-12	Stagg SJ	9:26.54	15			
498	Trevor Sybert-12	Vista SD	9:27.12	16			
76	Rey Sanchez-12	Delano CE	9:28.32	17			
314	Gabe Szody-12	Foothill NO	9:28.83	18			
79	Michael Kasahan-10	Fresno CE	9:29.24	19			
421	Zach Barrett-12	Santa Rosa NC	9:31.82	20			
422	Keith Kennedy-12	San Leandro NC	9:35.03	21			
80	Noel Nelson-10	Redwood CE	9:35.79	22			
392	Bolota Asmerom-11	McAteer SF	9:37.80	23			
14	Peter Gilmore-12	Pac. Palisades LA	9:41.02	24			
15	Eddie Sanchez-11	Garfield LA	9:42.20	25			
12	Richard Martinez-12	Garfield LA	9:42.80	26			
237	Senal Kidane-12	Skyline OK	10:22.00	27			



Antonio Arce, Palmdale High. photo by Bill Cockerham, California Track and Running News.

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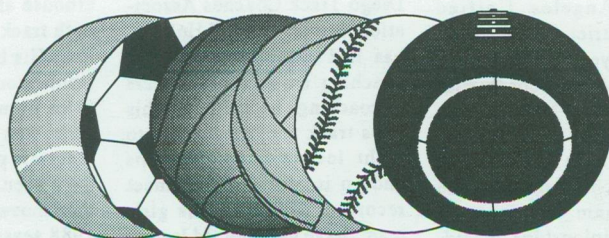
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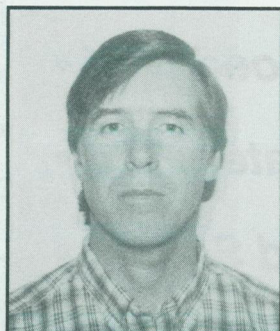
*Girls Softball •*

*Baseball •*

*Tennis •*

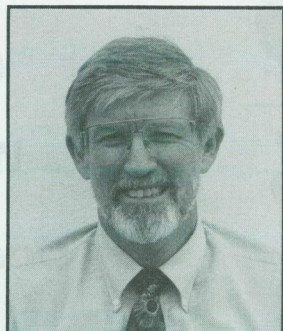
# 1995 CIF/TOYOTA State Track and Field Honor Coaches

*Honor Coaches are selected by the Track and Field Coaches Alliance, and are honored for their contributions to the sport.*



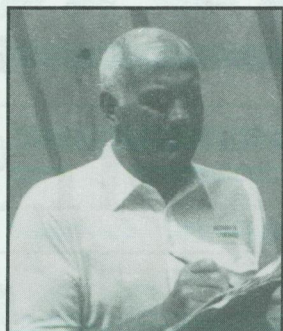
**Stephen Fagundes**  
Bella Vista High

A dedicated assistant coach who has volunteered his time to the Bella Vista program, Stephen Fagundes has aided the Cougar program in many ways. The Bella Vista girls track team has attained a 138-33 dual meet record in the 15 years that Fagundes has been involved with the team. In addition, the Cougars have won eight league titles, four subsection titles and one CIF Sacramento Section/TOYOTA crown (1985). Fagundes has served as the co-meet director for the Sacramento Meet of Champions since 1985.



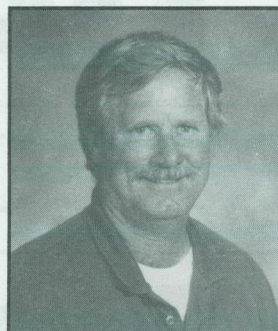
**Jim Cerveny**  
Lincoln Prep High

One of the tributes to Jim Cerveny's talents as a coach is the fact that he's been the mentor to five Olympic qualifiers in the sport of track and field. Cerveny began teaching and coaching in 1963 at Roosevelt Junior High in San Diego. Since then, he has taught and coached at both the high school and collegiate levels. As the coach at Morse High, Cerveny led his boys to the CIF San Diego Section/TOYOTA title in 1977. He accomplished the same feat with his girls team in 1980. He was the head coach at San Diego State from 1983-91.



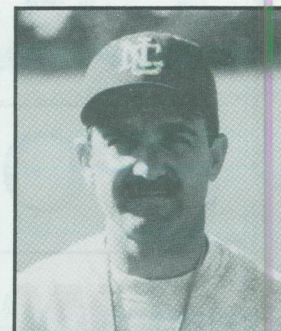
**Harry Frum**  
Monroe High

Harry Frum has coached in the Los Angeles Unified School District for 35 years. The last 31 years he has served as track and field coach with Dean Balzaret at Monroe High School. During that time, the boys track team has won 144 dual meets. In addition, the Monroe team has won 13 league championships, including 10 out of 11 league titles from 1970-1980. The Monroe girls have won 10 league championships. Frum has also served as clerk of the course at both the state meet and the CIF Los Angeles City Section/TOYOTA finals.



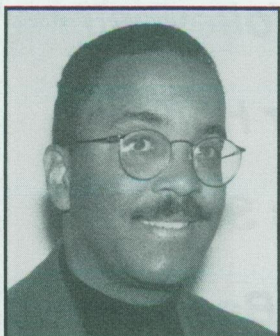
**Merlyn "Chip" Holmes**  
Hilltop High

A past-president of the San Diego Track Coaches Association, Merlyn "Chip" Holmes, has had a highly successful coaching career. In 18 years of coaching, he has guided his boys track and field teams to eight league championships and an impressive dual meet record of 120-23-2. His girls teams have garnered 14 league titles, while compiling a 138-6-1 dual meet mark. Holmes was selected Metro League Coach of the Year seven times and is most proud of the number of participants that are able to compete in his program.



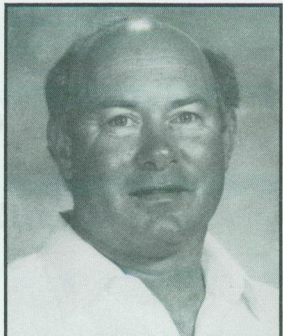
**Ted Tellian**  
Northgate High

Ted Tellian has built a powerhouse at Northgate High in both track and field and football. His boys track and field teams won 10 straight league titles from 1979-88, while the girls won nine times during that time period. The Broncos have been just as strong since their move to the EAL after the 1988 season and nearly 20 of Tellian's athletes have advanced to the state meet. In football, Tellian has coached two playoff teams and one CIF North Coast Section/TOYOTA 2A East Bay finalist in his six seasons.



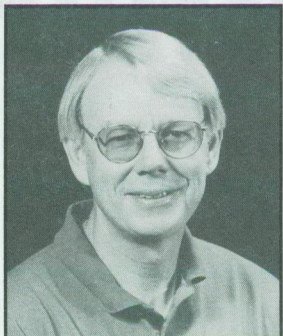
**Derek Toliver**  
Washington (SF) High

A graduate of Wilson High in San Francisco and Stanford University, Derek Toliver has been coaching for more than 23 years. He has helped give technical guidance to a number of CIF/TOYOTA State Champions including Randy Turner, Ken Frazier and Maurice Crumby. Toliver has directed the Washington High girls to titles in the 400 relay, the long jump, the 100 meters, the 100 and 300 hurdles and the high jump.



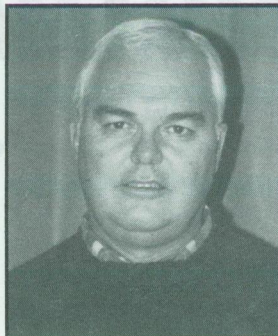
**Marc Christensen**  
McAteer High

Marc Christensen is in his 26th year of coaching track and field in San Francisco, the last 13 at McAteer High. His boys team currently have a dual meet consecutive win streak of 46 victories dating back to 1992. In addition, the McAteer boys teams have won eight CIF San Francisco Section/TOYOTA titles in the past 10 years. Christensen is the head of sport for track and field in the San Francisco U.S.D., as well as the meet director for the SF middle school championships.



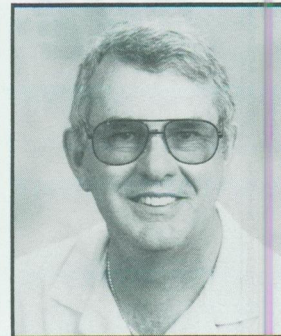
**Bob Coons**  
Bakersfield High

Bob Coons has coached track and cross country for 28 years, including 15 years at Foothill, Shafter and Bakersfield High's. In 1976 he inaugurated the women's track program at CS Bakersfield, where his teams experienced tremendous national success. At the high school level, Coons has been equally successful, as his Bakersfield boys team won the 1992 CIF/TOYOTA State Championship. He has coached 16 national champions and 16 national record holders at the high school and collegiate levels.



**Dave Crass**  
Kingsburg High

Dave Crass, who has coached track and field at Kingsburg High for 23 years, has a unique situation this season. Crass has been coaching Melissa Price, the national record holder in the pole vault (12-1) and the favorite to take the first-ever girls pole vaulting state championship in California. Primarily a weight and hurdle coach, Crass has led his boys team to three league titles in the past seven years, while his girls team has taken one league championship.

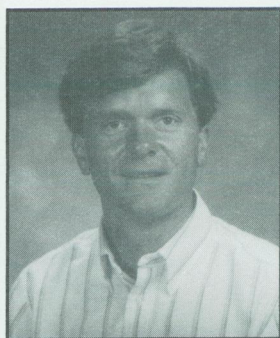


**Ron Pritchard**  
Live Oak High

Ron Pritchard started coaching track and field at Live Oak High in 1973. In addition, he has coached boys varsity football, girls varsity basketball and volleyball and boys freshman basketball. He has served four years on the CIF Northern Section track committee. In his coaching tenure, the Live Oak boys' track and field teams have won 2 varsity and two junior varsity "AA" championships. In addition, he has led various teams to 13 league titles over the years.

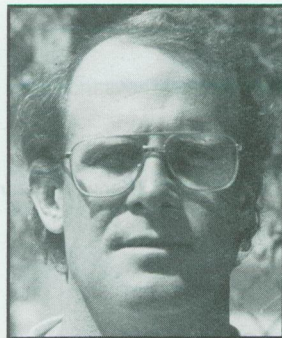
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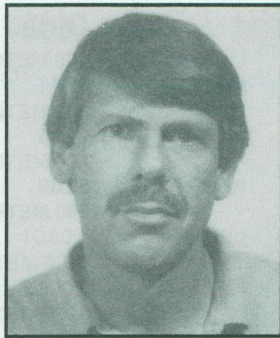
**Bruce Cole**  
Corning Union High

The head track and field coach at Corning High since 1980, Bruce Cole's teams have claimed 14 league and seven section championships. Included in those section titles were back-to-back championships in 1990 and 1991. While he has had many great moments in track and field coaching, Alvaro Luna in the late 1980's ranks high on the list, as well as his two 1600m section champions. During his seven year career as a cross country coach, Cole has had the honor of qualifying two outstanding teams to the 1991 and 1994 state championships.



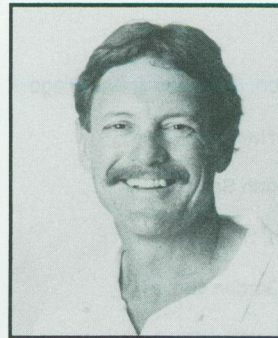
**John Anderson**  
Rancho Cotate High

John Anderson has been coaching for 19 years, but his involvement in cross country involves much more. Anderson is the president of Empire Runners, a USA Track and Field running club in Santa Rosa. He is also one of the founders of the summer track series, a meet director for the 2A and 3A track meets in the CIF North Coast Section, and a meet director for the Div. III & Div. IV cross country meet for the NCS. His boys track and field teams have compiled an 81-54 dual meet record and won the 1995 CIF North Coast Section/TOYOTA Championship.



**Al Britt**  
Esperanza High

In his 14 years as the head track and field coach at Esperanza High, Al Britt has guided his girls team to an incredible 13 league championships and an 83-1 dual meet record. His girls were CIF Southern Section/TOYOTA Champions in 1994, while his boys team has won two section titles (1989-90). He has coached one individual state champion in Kristy Kierulff. Britt is the meet director for the Orange County Track and Field Championships. He was selected Orange County Coach of the Year in 1989, 1990 and 1993.



**Jim Roeber**  
Sonora High

In his 16 years of coaching, Jim Roeber's teams have been very successful. His boys have garnered eight league titles and three CIF Sac-Joaquin Section/TOYOTA crowns. At one point, his boys won five straight league championships (1990-94). His girls teams have been just as successful winning 11 league and one Section title.



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## Preview of CIF/TOYOTA State Track and Field Finals from page 18

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04.5 effort, with a good seasonal record in the event. Ron Stewart (Gardena-LA) 24-06w (23-06.25), Jeff Nord (Los Altos-CCS) 24-02.5w (23-11), and Ronnie Jenkins (Heuneme, Oxnard) 24-01 are others who have been out over 24-00.

The girls triple jump has Kelly O'Connor (Esperanza, Anaheim-SS) 39-07.5 listed among the nation's top dozen jumpers. Aisha Harrison (Wasco-CE) was 4th here last year at 38-08, with Jennarta Jackson (Central, Fresno-CE) the farthest qualifier from the Section competitions, at 38-05, seventh last year. Kerry O'Bric (Edison, Huntington Beach) 38-11 was a finalist last year, with Jennifer Test (Bret Harte, Altaville-SJ) the Sac-Joaquin champ at 38-04.5.

In the boys triple jump, Steve Williams (San Fernando-LA) shocked with his big improvement out to 49-01 last week. Tye Anderson (Poly, Long Beach-SS) 48-11.75, Gerald Williams (Lynwood-SS) 48-11, Rasheed Abdulah (Logan, Union City-NC) 48-09.5. Dan Nord (Los Altos) 49-10w/48-01, Ron Stewart (Gardena-LA) 48-06, Reggie Curry (Tustin-SS) 48-08.5w/48-00.75, Mike Turner (Morningside, Inglewood-SS) 50-0.5w/48-06, and

Peter Slater (Pleasant Valley, Chico-NO) 48-07w/47-11.5 will make this a good event.

The state has a couple of the best girl shot putters in the nation, with Rebecca Morrison (Presentation, San Jose-CCS) 48-01.75 (#2 nationally) and Christiana Etuale (Jefferson, Daly City-CCS) 47-06.5 (#4 in nation). Nadia Lopez (Arroyo Grande-SS) has thrown 44-10.5, with Andria Brown (South Bakersfield-CE) 44-03.75. Darlene Tulua (Carmel-CCS) was 43-09.5 in Section finals action.

The boys shot put has picked up greatly in quality over a year ago, with a half dozen likely to throw farther than last year's 58-11.5 winning toss. Matt Pentecost (Loyola, LA) was 07.75 season best. Billy Bush (Downey, Modesto-SJ) surprised with a 61-01.25 Section toss, with Jason Hammond (Fowler-CE) 61-02 to take his area title. Jeremy Lingenfelter (Claremont-SS) was 61-7 1/2 indoors (60-04.5 outside), with super frosh Van Mounts (Bakersfield-CE) 59-08 this year.

The girls discus has Nadia Lopez (Arroyo Grande-SS) as one of the nation's best half dozen throwers. Christina Etuale (Jefferson City, Daly City-CCS) 149-01,

Darlene Tulua (Carmel-CCS) 149-01 last week, and Mandy Buckey (Bakersfield-CE) 148-04 are among the nation's top 15 in this event.

The boys discus will be a very competitive event, with a number of athletes out over 180 feet. J.D. Martin (Madera-CE) 184-05 took his Section title, with Sepher Sharifi (University, Irvine) 185-10, Chad Jones (Arroyo Grande-SS) 183-00, and Jason Bader (Edison, Huntington Beach-SS) 180-07 tough from down south. Billy Bush (Downey, Modesto-SJ) was best in the Section meets with his 179-04.

# CIF/TOYOTA STATE TRACK AND FIELD CHAMPIONSHIP RECORDS

## Boys

<b>100 METERS</b>		
10.30	Riley Washington, (Southwest) San Diego	1992
<b>200 METERS</b>		
20.77	Henry Thomas, Hawthorne	1984
<b>400 METERS</b>		
45.25	Calvin Harris, North Salinas	1993
<b>800 METERS</b>		
1:47.31	Pete Richardson, Berkeley	1981
<b>1600 METERS</b>		
4:05.4	Mark Schilling, Garden Grove	1972
<b>3200 METERS</b>		
8:44.9	Eric Hulst, Laguna Beach	1975
<b>110 METER HIGH HURDLES</b>		
13.41	Steve Kerho, Mission Viejo	1982
<b>300 METER INTERMEDIATE HURDLES</b>		
35.50	George Porter, (Cabrillo) Lompoc	1985
<b>400 METER RELAY</b>		
40.78	John Muir, Pasadena	1987
<b>1600 METER RELAY</b>		
3:08.94	Berkeley	1981
<b>HIGH JUMP</b>		
7'3 1/4"	Lee Balkin, Glendale	1979
<b>LONG JUMP</b>		
26'4 3/4"	James Stallworth, Tulare	1989
<b>POLE VAULT</b>		
17'1/2"	Anthony Curran, (Crespi) Encino	1978
<b>TRIPLE JUMP</b>		
52'4 3/4"	Ken Frazier (Mission) San Francisco	1981
<b>SHOT PUT</b>		
74'4 3/4"	Brent Noon, Fallbrook	1990
<b>DISCUS THROW</b>		
203'4"	Brian Blutreich, (Cap. Valley) Mission Viejo	1985
	Rob Powell, Redwood	1990

## Girls

<b>100 METERS</b>		
11.14	Marion Jones, Thousand Oaks	1992
<b>200 METERS</b>		
22.83	Marion Jones, Thousand Oaks	1992
<b>400 METERS</b>		
52.39	Denean Howard, (Kennedy) Granada Hills	1982
<b>800 METERS</b>		
2:04.91	Trena Hull, Compton	1984
<b>1600 METERS</b>		
4:39.92	Polly Plumer, (University) Irvine	1982
<b>3200 METERS</b>		
10:08.14	Cory Schubert, (Del Mar) San Jose	1983
<b>100 METER LOW HURDLES</b>		
13:34	Janeene Vickers, Pomona	1987
<b>300 METER LOW HURDLES</b>		
40.26	Janeene Vickers, Pomona	1987
<b>400 METER RELAY</b>		
45.13	Berkeley	1981
<b>1600 METER RELAY</b>		
3:37.71	Kennedy, Granada Hills	1981
<b>HIGH JUMP</b>		
6'2"	Latrese Johnson, Clovis	1985
<b>LONG JUMP</b>		
22'0 1/2"	Marion Jones, Thousand Oaks	1993
<b>TRIPLE JUMP</b>		
43'11 1/2"	Juliana Yendork, Walnut	1991
<b>SHOT PUT</b>		
52'11 1/2"	Kristin Heaston, Ygnacio Valley	1993
<b>DISCUS THROW</b>		
174'2"	Suzy Powell, Downey Modesto	1994

# U.S. NATIONAL HIGH SCHOOL RECORDS

## Boys

<b>100 METERS</b>		
9.9	Henry Neal, Greenville, TX	1990
<b>200 METERS</b>		
20.0	Roy Martin, Dallas, TX, Roosevelt	1985
<b>400 METERS</b>		
45.25	Calvin Harrison, North Salinas, CA	1993
<b>800 METERS</b>		
1:47.31	Pete Richardson, Berkeley, CA	1981
<b>1600 METERS</b>		
3:58.30	Jim Ryun, Wichita, KS, East	1965
<b>3200 METERS</b>		
8:41.50	Steve Prefontaine, Coos Bay, OR, Marshfield	1969
<b>110 METER HIGH HURDLES</b>		
12.9	Renaldo Nehemiah, Fanwood, NJ, Scotch Plains	1977
<b>300 METER INTERMEDIATE HURDLES</b>		
35.32	George Porter, Lompoc, CA, Cabrillo	1985
<b>400 METER RELAY</b>		
39.9	Jasper, TX	1991
<b>1600 METER RELAY</b>		
3:07.40	Hawthorne, CA	1985
<b>HIGH JUMP</b>		
7'5 1/4"	Dothel Edwards, Athens, GA, Cedar Shoals	1984
<b>LONG JUMP</b>		
26'4 3/4"	James Stallworth, Tulare	1989
<b>POLE VAULT</b>		
17'9 1/2"	Joe Dial, Narlow, OK	1981
<b>TRIPLE JUMP</b>		
52'10 1/2"	Charles Mayfield, Pasadena, CA, John Muir	1980
<b>SHOT PUT</b>		
77' 0"	Michael Carter, Dallas, TX, Jefferson	1979
<b>DISCUS THROW</b>		
224' 3"	Kamy Keshmiri, Reno, NV	1987

## Girls

<b>100 METERS</b>		
11.14	Marion Jones, Thousand Oaks, CA	1992
<b>200 METERS</b>		
22.67	Marion Jones, Thouand Oaks, CA	1992
<b>400 METERS</b>		
52.39	Denean Howard, Granda Hills, CA, Kennedy	1982
<b>800 METERS</b>		
2:04.5	Joletta Clark, Maplewood, NJ, Columbia	1980
<b>1600 METERS</b>		
4:39.4	Laura Matson, Andover, Bloomfield Hills, MI	1985
<b>3200 METERS</b>		
10:03.07	Erin Keogh, Langley, VA, McLean	1987
<b>100 METER LOW HURDLES</b>		
13.2	Tanya Davis, Houston Sterling, TX	1985
<b>300 METER LOW HURDLES</b>		
40.18	Leslie Maxie, Millbrae, CA, Mills	1984
<b>400 METER RELAY</b>		
45.11	Hawthorne, CA	1985
<b>800 METER RELAY</b>		
1:36.7	Dallas Carter, TX	1993
<b>1600 METER RELAY</b>		
3:37.69	Pasadena, CA John Muir	1985
<b>HIGH JUMP</b>		
6'3"	Amy Acuff, Corpus Christi, Calallen TX	1992
<b>LONG JUMP</b>		
22' 1 3/4"	Kathy McMillian, Raeford, NC, Hoke County	1976
<b>TRIPLE JUMP</b>		
44-0 1/2"	Juliana Yendork, Walnut, CA	1991
<b>SHOT PUT</b>		
53'7 3/4"	Natalie Kaaiawahia, Fullerton, CA	1983
<b>DISCUS THROW</b>		
188'4"	Suzy Powell, Downey Modesto, CA	1994

# PAST CIF/TOYOTA STATE TRACK AND FIELD TEAM CHAMPIONS

## BOYS

School	Points	Coach	Location	Dates
Manual Arts, Los Angeles	25	Otto Fritsch	Fresno High	4/3/1915
Manual Arts, Los Angeles	37 1/2	Otto Fritsch	YMCA Field, Los Angeles	4/8/1916
Coalinga	25	Charles Geer	Berkeley	4/28/1917
Pasadena	25	George Main	Sacramento Fair	4/27/1918
Manual Arts, Los Angeles	21	Sid Foster	San Bernardino High	4/26/1919
Los Angeles	18	Glenn Whittle	Bakersfield Fair	4/24/1920
Lincoln, Los Angeles	17	Tommy Davis	Berkeley	4/30/1921
Huntington Beach	16	Ray Walker	Stockton Fair	5/6/1922
Hollywood	17 1/2	William Paige	Occidental College, Los Angeles	5/12/1923
Manual Arts, Los Angeles	26	Sid Foster	Taft High	5/10/1924
Manual Arts, Los Angeles	16	Sid Foster	Stanford Stadium	5/9/1925
Polytechnic, Los Angeles	17	Edward Leahy	Los Angeles Coliseum	5/8/1926
Glendale	35	Norman Hayhurst	Modesto High	5/7/1927
Polytechnic, Long Beach	21	Norman Baker	Selma High	5/5/1928
San Diego	22 3/4	Glenn Broderick	Los Angeles Coliseum	5/11/1929
Sacramento (tie)	11	Lawrence Janssen	Berkeley	5/10/1930
San Diego (tie)	11	Glenn Broderick		
Santa Ana (tie)	11	G.A. "Tex" Oliver		
Polytechnic, Los Angeles	19 1/2	Edward Leahy	Visalia	5/23/1931
Polytechnic, Long Beach	22 1/2	Norman Baker	Modesto Junior College	5/2/1932
Central, El Centro	18	J.H. Armstrong	Los Angeles Coliseum	5/20/1933
Muir, Pasadena	15 1/2	Albion Walton	Edwards Stadium, Berkeley	5/26/1934
Fullerton	14	Harold Lang	Ratcliffe Stadium, Fresno	5/25/1935
Muir, Pasadena	18	Albion Walton	Gridley High	5/23/1936
Jefferson, Los Angeles	23 1/2	Harold Edelson	Wilson High, Long Beach	5/22/1937
San Diego	18 1/2	Glenn Broderick	San Benito High, Hollister	5/28/1938
Bakersfield	16	"Cap" Haralson	Los Angeles Coliseum	5/27/1939
Bakersfield	18 1/2	"Cap" Haralson	Visalia High	5/25/1940
Edison, Fresno	22	Harold Bicknell	Spartan Stadium, San Jose	5/24/1941
Redondo	21	Harold Grant	Compton College	5/25/1946*
Washington, Los Angeles	24	Gail Wyatt	Visalia High	5/31/1947
Jordan, Los Angeles	22	Bill Zazueta	Edwards Stadium, Berkeley	5/29/1948
Jefferson, Los Angeles	28 1/2	Estel Johnson	Los Angeles Coliseum	5/28/1949
Jefferson, Los Angeles	40	Estel Johnson	Hughes Stadium, Sacramento	5/27/1950
Jefferson, Los Angeles	16 1/2	Estel Johnson	Edwards Stadium, Berkeley	5/26/1951
Jefferson, Los Angeles	30 1/2	Estel Johnson	Los Angeles Coliseum	5/24/1952
Manual Arts, Los Angeles	16 3/5	Charles Toney	Ratcliffe Stadium, Fresno	5/29/1953
Alameda	19	Lewis Jolley	Edwards Stadium, Berkeley	5/29/1954
Centennial, Compton	29	Bill Gill	Los Angeles Coliseum	5/28/1955
Jefferson, Los Angeles	24 2/3	Estel Johnson	Chico State College	6/2/1956
Berkeley	23	Rich Hacker	Edwards Stadium, Berkeley	6/1/1957
Compton (tie)	11	Ernest Hartman	Veterans Stadium, Long Beach	5/31/1958
Manual Arts, Los Angeles (tie)	11	Charles Toney		
Polytechnic, Long Beach	14	Leon Forman	Memorial Stadium, Bakersfield	5/29/1959
Jordan, Los Angeles	15	Jesse Flores	Stanford Stadium	6/4/1960
Centennial, Compton	11	Bill Gill	East Los Angeles College	6/3/1961
Jefferson, Los Angeles	14	John Childress	Modesto Junior College	6/2/1962
Edison, Fresno	15	Frank Fletcher	Edwards Stadium, Berkeley	5/31-6/1/1963
Jefferson, Los Angeles (tie)	13	Andy Bakjian	Los Angeles Coliseum	6/5-6/1964
Polytechnic, Long Beach (tie)	13	Leon Forman		
Polytechnic, Long Beach	19	Leon Forman	Memorial Stadium, Bakersfield	6/4-5/1965
Dorsey, Los Angeles	22	Rod Richard	Edwards Stadium, Berkeley	6/3-4/1966
Muir, Pasadena	26	Walter Opp	Balboa Stadium, San Diego	6/2-3/1967
Centennial, Compton	26	Bill Gill	Edwards Stadium, Berkeley	5/31-6/1/1968
Los Angeles	22	E. Bravo	UCLA	6/6-7/1969
Los Altos	29	Leo Long	Edwards Stadium, Berkeley	6/5-6/1970
Lompoc	13	Frank Hiatt	UCLA	6/4-5/1971
Sacramento	18**	Scotty Bingham	Oroville High	6/1-2/1972
Wilson, San Francisco	20	Adam Banks	Woodland High	6/1-2/1973
Muir, Pasadena	23**	Walter Opp	Memorial Stadium, Bakersfield	5/31-6/1/1974
Harry Elis, Richmond	22	Silvester Greenwood	San Diego	6/6-7/1975
Hamilton, Los Angeles (tie)	12	Gene Broadwater	U.C. Berkeley	6/4-5/1976
San Fernando, Los Angeles (tie)	12	John Wachtler		
Pasadena	26	Bob Pruitt	UCLA	6/3-4/1977
El Camino, Oceanside	16	Neill Kovacevich	Memorial Stadium, Bakersfield	6/2-3/1978
Pasadena	16	Art Large	Hughes Stadium, Sacramento	6/1-2/1979
Berkeley	41	Willie White	Edwards Stadium, Berkeley	6/6-7/1980
Berkeley	58	Willie White	Cerritos College, Norwalk	6/5-6/1981
Crenshaw, Los Angeles (Tie)	20	Bob Volles	Hughes Stadium, Sacramento	6/4-5/1982
Mission Viejo (Tie)	20	Gene Gurley		

# PAST CIF/TOYOTA STATE TRACK AND FIELD TEAM CHAMPIONS

## BOYS (cont.)

School	Points	Coach	Location	Dates
Hawthorne	40**	Kye Courtney	Memorial Stadium, Bakersfield	6/4/1983
Hawthorne	52	Kye Courtney	Los Angeles Coliseum	6/2/1984
Hawthorne	29	Kye Courtney	Sacramento	5/31/1985
Taft, Woodland Hills	26	Tom Stevenson	Cerritos College, Norwalk	6/6/1986
Hawthorne	34	Kye Courtney	Sacramento	6/5/1987
Hawthorne	34	Kye Courtney	Cerritos College, Norwalk	6/3/1988
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	6/2-3/1989
Muir	24	Clyde Turner	Cerritos College, Norwalk	6/1-2/1990
Compton	30	Alonzo Simmons	Cerritos College, Norwalk	5-31-6-1/1991
Bakersfield	25	Art Dalzell	Cerritos College, Norwalk	6/5-6/1992
Merced (tie)	36	Greg MCKinstry	Cerritos College, Norwalk	6-19/1993***
North Salinas (tie)	36	Ed Barber		
Muir Pasadena	36	Clyde Turner	Cerritos College, Norwalk	6/3-4/1994

\* No meets held during the World War II period (1941-45)

\*\* Reported figures for finals. Scoring system was 5-3-2-1 from 1915 to 1928; 5-3-2-1 1/2 from 1929 to 1965; 6-4-3-2-1 from 1966 to 1979; and 10-8-6-5-4-3 since 1980

\*\*\* Meet rescheduled due to rain

## GIRLS

School	Points	Coach	Location	Dates
Berkeley	13	Willie White	Memorial Stadium, Bakersfield	5/31-6/1/1974
Washington, Los Angeles	22	Arnice Reddick	San Diego	6/6-7/1975
Berkeley	20	Willie White	U.C. Berkeley	6/4-5/1976
Locke, Los Angeles	14	Cherie Muller-Williams	UCLA	6/3-4/1977
Hill, San Jose	16	John Johnigan	Memorial Stadium, Bakersfield	6/2-3/1978
Westchester	24	Pat Nordell	Hughes Stadium, Sacramento	6/1-2/1979
Kennedy, Granada Hills	48	Dixie Griffen	Edwards Stadium, Berkeley	6/6-7/1980
Berkeley	64	Willie White	Cerritos College, Norwalk	6/5-6/1981
Berkeley	48	Willie White	Hughes Stadium, Sacramento	6/4-5/1982
Berkeley	29	Willie White	Memorial Stadium, Bakersfield	6/4/1983
Woodside	38	Susie Wilson	Los Angeles Coliseum	6/2/1984
Muir, Pasadena	55	Jim Brownfield	Sacramento	5/31/1985
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	6/6/1986
Pomona	30	Isaiah Sanders	Sacramento	6/5/1987
Bakersfield (tie)	28	Scott Semar	Cerritos College, Norwalk	6/3/1988
Rio Mesa (tie)	28	Brian Fitzgerald/Rick Torres		
Muir, Pasadena	36	Jim Brownfield	Cerritos College, Norwalk	6/2-3/1989
Bakersfield	61	Scott Semar	Cerritos College, Norwalk	6/1-2/1990
Morningside	28	Ron Tatum	Cerritos College, Norwalk	5-31-6-1/1991
Long Beach Poly	39	Don Norford	Cerritos College, Norwalk	6/5-6/1992
Long Beach Poly	56	Don Norford	Cerritos College, Norwalk	6-19/1993***
Skyline Oakland	36	Darrell Hampton	Cerritos College, Norwalk	6/3-4/1994

Scoring system used were 5-3-1 in 1974; 5-4-3-2-1 from 1976 to 1979; and 10-8-6-4-2-1 since 1980.

\*\*\* Meet rescheduled due to rain

# CIF/TOYOTA STATE TRACK AND FIELD TEAM RECORDS

## BOYS

### Most State Championships

- 8 - Jefferson, Los Angeles (1938, 49-52, 56, 62, 64)
- 7 - Manual Arts, Los Angeles (1915, 16, 19, 24, 25, 53, 58)
- 6 - Muir, Pasadena (1934, 36, 67, 74, 90, 94)
- 6 - Hawthorne (1983-85, 1987-89)
- 5 - Polytechnic, Long Beach (1928, 32, 59, 64-65)

### Most Consecutive State Championships

- 4 - Jefferson, Los Angeles (1949-52)
- 3 - Hawthorne (twice; 1983-85, 1987-89)

## GIRLS

### Most State Championships

- 5 - Berkeley (1974, 76, 1981-83)
- 2 - Muir, Pasadena (1985, 1989)

- 2 - Bakersfield (1988, 1990)
- 2 - Long Beach Poly (1991-1992)

### Most Consecutive State Championships

- 3 - Berkeley (1981-83)
- 2 - Long Beach Poly (1991-92)

Note: Boys CIF/TOYOTA State Track and Field Championships began in 1915 and have been held annually since - excluding the World War II years (1941-45); The CIF Girls State Track and Field Championships were initiated in 1974 and have been held annually since.

# CIF/TOYOTA STATE TRACK AND FIELD INDIVIDUAL EVENT CHAMPIONS (Boys)

## 100-Meter Dash

1957 - Preston Griffin (Centennial, Compton)	9.6
1958 - Hubie Watson (Jordan, L.A.)	9.6
1959 - Bill Cowings (Fowler)	9.7
1960 - Bill Cowings (Fowler)	9.7
1961 - Forrest Beaty (Hoover, Glendale)	9.5
1962 - Forrest Beaty (Hoover)	9.5
1963 - Alvin Mann (Edison, Fresno)	9.6
1964 - Jim Hines (McClymonds, Oak.)	9.7
1965 - Harold Busby (Muir, Pasadena)	9.5
1966 - Phil Underwood (Dorsey, L.A.)	9.6
1967 - Mel Gray (Montgomery, Santa Rosa)	9.4
1968 - Bob Ballard (Bellflower)	9.6
1969 - Willie Robinson (Central, El Centro)	9.6
1970 - Alle Carter (Bonita, La Verne)	9.8
1971 - George Reddick (Hamilton, L.A.)	9.6
1972 - Carl McCullough (Sacramento)	9.5
1973 - Elijah Jefferson (Crawford, S.D.)	9.6w
1974 - Elijah Jefferson (Crawford, S.D.)	9.8
1975 - Kevin Williams (San Fernando)	9.4
1976 - Billy Mullins (Hamilton, L.A.)	10.4
1977 - David Russell (Henry, S.D.)	9.61
1978 - Michael Sanford (Pasadena)	9.85
1979 - Bill Green (Cubberley, Palo Alto)	9.59
1980 - Howard Hawkins (Warren, Downey)	10.55
1981 - Ken Robinson (Berkeley)	10.60
1982 - Lew Dunn (North, Riverside)	10.53
1983 - Steve Jones (Burbank, Sacramento)	10.64
1984 - Henry Thomas (Hawthorne)	10.44
1985 - Ron McCree (Madera)	10.49
1986 - Ron McCree (Madera)	10.57
1987 - Quincy Watts (Taft)	10.49
1988 - Darren Stringer (Vacaville)	10.78
1989 - Curtis Conway (Hawthorne)	10.42
1990 - Napoleon Kaufman (Lompoc)	10.57
1991 - Ricky Carrigan (Compton)	10.33w
1992 - Riley Washington (Southwest)	10.30
1993 - Bryan Howard (Canyon Springs)	10.43
1994 - Pat Johnson (Redlands)	10.43

## 200-Meter Dash

1957 - Preston Griffin (Centennial, Compton)	21.3
1958 - Mel Clipper (Muir, Pasadena)	20.7
1959 - Hubie Watson (Jordan, L.A.)	21.6
1960 - Bill Cowings (Fowler)	21.0
1961 - Forest Beaty (Hoover, Glendale)	21.5
1962 - Richard Stebbins (Fremont, L.A.)	20.9
1963 - John House (Muir, Pasadena)	21.3
1964 - Jim Hines (McClymonds, Oak.)	21.5**
1965 - Harold Busby (Muir, Pasadena)	21.0
1966 - Phil Underwood (Dorsey, L.A.)	21.2
1967 - Mel Gray (Montgomery, Santa Rosa)	20.7**
1968 - Willie Deckard (Dorsey, L.A.)	21.7
1969 - Willie Robinson (Central, El Centro)	21.7
1970 - Jackie White (Santa Ana)	21.5
1971 - Chuck Bommarito (Crestmoor, San Bruno)	21.2
1972 - Mike Shavers (Albany)	21.0
1973 - Clancy Edwards (Santa Ana)	21.2
1974 - Millard Hampton (Silver Creek, San Jose)	21.1
1975 - Billy Mullins (Hamilton, L.A.)	21.2
1976 - Billy Mullins (Hamilton, L.A.)	21.6
1977 - David Russell (Henry, S.D.)	20.97
1978 - Michael Sanford (Pasadena)	21.42
1979 - Michael Sanford (Pasadena)	21.00
1980 - Ken Robinson (Berkeley)	21.21
1981 - Kevin Wilhite (Cordova)	20.81
1982 - Antonio Manning (Hamilton)	21.05
1983 - Henry Thomas (Hawthorne)	21.02
1984 - Henry Thomas (Hawthorne)	20.77
1985 - Michael March (Hawthorne)	20.83
1986 - Quincy Watts (Taft, Woodland Hills)	21.03
1987 - Quincy Watts (Taft)	20.99
1988 - Bryan Bridgewater (Washington)	21.00
1989 - Barry Smith (Mission)	20.82
1990 - Napoleon Kaufman (Lompoc)	21.15
1991 - Ricky Carrigan (Compton)	20.84w
1992 - Gentry Bradley (Piux X)	20.97
1993 - Calvin Harrison (North Salinas)	21.12
1994 - Pat Johnson (Redlands)	21.01

\*\* Turn (Since 1967, to 220 and then 200 meters were run exclusively around one turn.)

## 400-Meter Dash

1958 - Dixon Farmer (Miramonte, Orinda)	48.6
1959 - Dixon Farmer (Miramonte)	48.6
1960 - Ulis Williams (Compton)	47.2
1961 - Ulis Williams (Compton)	47.8
1962 - Manual Diaz (Keppel, Alhambra)	47.8
1963 - Tommie Smith (Lemoore)	47.3
1964 - Fred Banks (Jefferson, L.A.)	47.5
1965 - Randy Julian (Bolsa Grande, Garden Grove)	47.4
1966 - Mike Newton (Whittier)	47.2
1967 - Mike Newton (Whittier)	47.2
1968 - Edesel Garrison (Centennial, Compton)	46.7
1969 - Larence Jons (Lemoore)	46.8
1970 - Rick Brown (Los Altos)	47.8
1971 - Tony Kryosiak (Garden Grove)	46.7
1972 - Robert Harrell (Santa Ana)	47.4
1973 - Ron Whitaker (Wilson, S.F.)	47.0
1974 - Rod Connors (Cordova)	47.7
1975 - John Ware (Sacramento)	47.2
1976 - Darold Harris (Pittsburg)	47.6
1977 - James Sanford (Pasadena)	46.60
1978 - Bill Green (Cubberley, Palo Alto)	46.77
1979 - Tony Banks (Morse, San Diego)	47.28
1980 - Mike Turner (Centennial, Compton)	47.51
1981 - David Timmons (Oakland)	47.09
1982 - Fabian Cooper (Washington)	46.38
1983 - Larry Walker (Edison, Fresno)	47.03
1984 - Chip Rish (Marina)	46.82
1985 - Chip Rish (Marina)	45.7
1986 - Steve Lewis (American, Fremont)	46.59
1987 - Steve Lewis (American, Fremont)	46.7
1988 - Travis Hannah (Hawthorne)	47.02
1989 - Beno Bryant (Dorsey)	47.52
1990 - Mike Sulcer (Muir)	47.54
1991 - Richard Dupree (Roosevelt)	47.21
1992 - Derek Shephard (Lincoln)	46.95
1993 - Calvin Harrison (North Salinas)	45.25
1994 - James Davis (Wood Vacaville)	46.96

## 800-Meter Run

1957 - Jim Cerveny (Mission Bay, S.D.)	1:52.7
1958 - Alfred Gentry (Fremont, L.A.)	1:55.4
1959 - Dave Dunbar (Westmoor, Daly City)	1:53.2
1960 - Ray VanAsten (Bonita, La Verne)	1:51.9
1961 - Mike Gibeau (Lincoln, S.F.)	1:53.1
1962 - Doug Parker (Chico)	1:52.2
1963 - Dennis Carr (Lowell, Whittier)	1:50.9
1964 - Bob Hose (Madison, S.D.)	1:57.7
1965 - Richard Joyce (Sierra, Whittier)	1:48.8
1966 - Terry Rogers (Hilltop, Chula Vista)	1:51.5
1967 - Lawrence Banks (Dorsey, L.A.)	1:51.2
1968 - George Alfaro (Pittsburg)	1:52.3
1969 - Ricco Sanchez (Canoga Park)	1:51.6
1970 - Rick Brown (Los Altos)	1:50.6
1971 - Percell Keeling (Morningside, Inglewood)	1:51.9
1972 - Dale Scott (El Cerrito)	1:49.7
1973 - Randy Lopez (Alhambra)	1:52.4
1974 - John Musich (Burbank)	1:51.0
1975 - Conrad Suhr (Leigh, San Jose)	1:51.0
1976 - Wyatt Bishop (Carlmont, Belmont)	1:54.4
1977 - Jim Walters (Estancia, Costa Mesa)	1:49.4
1978 - David Mack (Locke, L.A.)	1:53.83
1979 - David Mack (Locke)	1:50.17
1980 - Peter Quinonez (Tulare)	1:50.11
1981 - Pete Richardson (Berkeley)	1:47.31
1982 - John Phillips (Los Altos)	1:49.99
1983 - Kimmie James (Richmond)	1:50.63
1984 - Eric Schemerhorn (Woodbridge)	1:49.61
1985 - Sean Langer (Bakersfield)	1:51.75
1986 - Vincent Thompson (Locke, L.A.)	1:50.25
1987 - Don Gabor (Amador Valley)	1:52.3
1988 - Mark Senior (Mt. Miguel)	1:51.37
1989 - Gordon Johnson (Piedmont)	1:51.88
1990 - Craig Magress (Santa Teresa)	1:51.66
1991 - Mike Terry (El Modena)	1:53.99
1992 - Mike Katri (Fortuna)	1:49.56
1993 - Vondre Armour (Bakersfield)	1:50.13
1994 - Michael Granville (Bell Gardens)	1:49.82

## 1600-Meter Run

1957 - Tim Roelen (San Fernando)	4:20.2
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## 1600-Meter Run (Cont.)

1958 - Woody Covington (Compton)	4:23.7
1959 - Dale Story (Orange)	4:11.0
1960 - Ben Tucker (Polytechnic, S.F.)	4:14.3
1961 - Bruce Bess (La Habra)	4:18.8
1962 - Dennis Carr (Lowell, Whittier)	4:08.7
1963 - Tracy Smith (Arcadia)	4:14.4
1964 - Mike Ryan (Wilcox, Santa Clara)	4:11.2
1965 - Tim Danielson (Chula Vista)	4:08.4
1966 - Tim Danielson (Chula Vista)	4:07.0
1967 - Mike Solomon (Westminster)	4:11.4
1968 - Clifton West (Kennedy, Sacramento)	4:09.0
1969 - Decker Underwood (South, Torrance)	4:12.1
1970 - Brent Tubb (Cleveland, Reseda)	4:12.9
1971 - Brent Tubb (Cleveland)	4:09.6
1972 - Mark Schilling (Garden Grove)	4:05.4
1973 - Alvin Gilmore (Lompoc)	4:11.4
1974 - Rick Kimball (De La Salle, Concord)	4:06.6
1975 - John Johnson (Skyline, Oakland)	4:09.5
1976 - Jim Arriola (Gahr, Cerritos)	4:14.6
1977 - Mark Stillman (Willow Glen, San Jose)	4:06.9
1978 - Paul Medvin (University, L.A.)	4:08.91
1979 - Paul Medvin (University)	4:12.82
1980 - Larry Guinne (Castro Valley)	4:06.18
1981 - Jeff Scott (El Camino, Sacramento)	4:10.06
1982 - Tome Grewe (Carpinteria)	4:08.05
1983 - Jim Frey (Yreka)	4:08.82
1984 - Roman Gomez (Belmont)	4:09.05
1985 - Roman Gomez (Belmont)	4:15.93
1986 - Mark Mastililr (Jesuit, Carmichael)	4:07.81
1987 - Scott Robinson (Bellarmine)	4:07.95
1988 - Reggie Williams (River City)	4:08.78
1989 - Francis O'Neil (San Pasqual)	4:08.67
1990 - Coley Candaele (Carpinteria)	4:06.26
1991 - Daniel DasNeves (Helix)	4:12.22
1992 - Daniel DasNeves (Helix)	4:09.54
1993 - Brian Wilkinson (Merced)	4:08.13
1994 - Mebrahton Keflezighi (San Diego)	4:07.67

## 3200-Meter Run

1965 - Ralph Gamez (Berkeley)	9:12.9
1966 - Ralph Gamez (Berkeley)	9:01.6
1967 - Pete Romero (Reedley)	9:00.5
1968 - Ruben Chappins (Excelsior, Norwalk)	9:05.7
1969 - Ruben Chappins (Excelsior)	8:57.0
1970 - Ron Johnson (West, Torrance)	8:55.6
1971 - Dale Fleet (Claremont, S.D.)	8:53.8
1972 - Curtis Beck (Santa Monica)	8:52.3
1973 - Terry Williams (Lompoc)	8:54.8
1974 - Rick Kimball (De La Salle, Concord)	8:46.5
1975 - Eric Hulst (Laguna Beach)	8:44.9
1976 - Eric Hulst (Laguna Beach)	8:57.3
1977 - Frank Assumma (Eisenhower, Rialto)	8:52.9
1978 - Jeff Nelson (Burbank)	8:59.28
1979 - Jeff Nelson (Burbank)	8:47.35
1980 - Andy Diconti (La Canada)	8:55.79
1981 - Jon Butler (Edison, Huntington Beach)	8:46.78
1982 - Harold Kuphaldt (Bella Vista)	8:51.99
1983 - Eric Reynolds (Camarillo)	8:54.75
1984 - Roman Gomez (Belmont)	8:58.91
1985 - Roman Gomez (Belmont)	9:03.05
1986 - Eric Mastililr (Jesuit, Carmichael)	8:44.95
1987 - Paul Thomas (Jesuit, Carmichael)	9:02.82
1988 - Reggie Williams (River City)	8:59.61
1989 - David Welsh (Jesuit)	8:58.08
1990 - Bryan Dameworth (Agoura)	8:53.26
1991 - Dave Hartman (Canyon Country)	8:58.38
1992 - Angel Martinez (San Gabriel)	8:56.34
1993 - Matt Farley (Jesuit Carmichael)	9:04.39
1994 - Mebrahton Keflezighi (San Diego)	8:58.11

## 110-Meter High Hurdles

1957 - Ken Overholser (Glendale)	14.3
1958 - Floyd James (Centennial, Compton)	14.1
1959 - Bob Pierce (Burbank)	14.3
1960 - Robert Bonds (Polytechnic, Riverside)	13.9
1961 - Abe Johnson (McClymonds, Oak.)	14.2w
1962 - Ron White (Dorsey, L.A.)	14.0
1963 - Carl Davis (Compton)	13.9
1964 - Earl McCullough (Polytechnic, Long Beach)	14.1

# CIF/TOYOTA STATE TRACK AND FIELD INDIVIDUAL EVENT CHAMPIONS (Boys)

## 110-Meter High Hurdles (Cont.)

1965 - Bill Persons (San Francisco)	13.8
Rich Miller (Monrovia)	13.8
1966 - Donald Parish (Dorsey, L.A.)	13.9
1967 - Jerry Proctor (Muir, Pasadena)	13.7
1968 - Kerry Hampton (Polytechnic, S.F.)	14.0
1969 - Jerry Wilson (Roosevelt, Fresno)	13.7
1970 - Alfonso Hall (Morningside, Inglewood)	13.9
1971 - Charles Jackson (Lompoc)	13.6w
1972 - Daniel Jones (Palo Verde, Blythe)	13.6
1973 - Mike Johnson (Pasadena)	13.6w
1974 - Fred Shaw (Muir, Pasadena)	13.7
1975 - Robert Gains (Kennedy, Richmond)	13.3
1976 - Lloyd Jones (Ganesh, Pomona)	14.5
1977 - Phillip Johnson (Gardena)	13.66
1978 - Milan Stewart (West Covina)	13.97
1979 - Jim Scannella (San Ramon, Danville)	13.87
1980 - Don Ward (St. Mary's, Berkeley)	13.73
1981 - David Ashford (West Covina)	13.67
1982 - Steve Kerho (Mission Viejo)	13.41
1983 - Mark Boyd (St. Mary's, Berkeley)	13.93
1984 - Raymond Young (Hawthorne)	14.32
1985 - Robert Reading (St. Mary's, Berk.)	13.88
1986 - Terry Johnson (Katella, Anaheim)	13.88
1987 - Dana Hall (Ganesh)	13.98
1988 - Darrell Thompson (Cerritos)	14.25
1989 - William Henry (Arroyo Grande)	14.05
1990 - Curtis Hawkins (Carson)	14.41
1991 - Issac Carson (Jefferson)	13.67
1992 - Charlie Davidson (Saddleback)	13.94
1993 - Drue Powell (Reseda)	13.87
1994 - Gerimi Burleigh (Upland)	13.93

## 300-Meter Intermediate Hurdles

1957 - Jesse Bradfor (Shafter)	19.0
1958 - David Douglas (East Bakersfield)	19.0
1959 - Dixon Farmer (Miramonte, Orinda)	19.2
1960 - Robert Bonds (Polytechnic, Riverside)	18.8
1961 - Bill Mackey (East Bakersfield)	19.1
1962 - Ed Moody (McClymonds, Oakland)	18.3
1963 - Alvin Mann (Edison, Fresno)	18.9
1964 - Earl McCulloch (Polytechnic, Long Beach)	18.4
1965 - Manuel Murrell (Polytechnic, Long Beach)	18.2*
1966 - George Farmer (Puente, La Puente)	18.7
1967 - Jerry Proctor (Muir, Pasadena)	18.7**
1968 - Roy Hamley (Lowell, Whittier)	18.8
1969 - Jerry Wilson (Roosevelt, Fresno)	18.3
1970 - Milt Turner (Castlemont, Oakland)	18.6
1971 - Charles Jackson (Lompoc)	18.5
1972 - Daniel Jones (Palo Verde, Blythe)	18.7
1973 - Randall Jeffrey (Los Angeles)	18.7
1974 - Fred Shaw (Muir, Pasadena)	18.9**
1975 - Dedy Cooper (Ells, Richmond)	36.5
1976 - Charles White (San Francisco)	36.7
1977 - Andre Phillips (Silver Creek, San Jose)	36.43
1978 - Gary Lee (Polytechnic, Long Beach)	36.58
1979 - Gary Lee (Polytechnic, Long Beach)	36.22
1980 - Don Ward (St. Mary's, Berkeley)	36.57
1981 - Walter Murray (Berkeley)	36.26
1982 - Steve Kerho (Mission Viejo)	35.85
1983 - Danny Harris (Perris)	35.52
1984 - George Porter (Cabrillo)	36.10
1985 - George Porter (Cabrillo)	35.50
1986 - Rodney Bradshaw (Saugus)	37.30
1987 - Yki Vallery (Hawthorne)	37.14
1988 - John Montgomery (Independence)	36.43
1989 - John Prudenti (Siena)	37.28
1990 - Rocky Morris (Andrew Hill)	37.46
1991 - Keith Williams (Escondido)	37.28
1992 - Demond Smith (Hawthorne)	37.34
1993 - Kenny Haslip (Muir Pasadena)	37.80
1994 - Kenny Haslip (Muir Pasadena)	37.14

## 400-Meter Relay

1968 - Centennial, Compton
1969 - Castlemont, Oakland
1970 - Santa Ana
1971 - El Cerrito
1972 - Wilson, San Francisco
1973 - Wilson, San Francisco

1974 - Kennedy, Richmond	
1975 - Ellis, Richmond	
1976 - Kennedy, Barstow	
1977 - Pasadena	
1978 - El Cerrito	
1979 - Pasadena	
1980 - Washington, Los Angeles	
1981 - Berkeley	
1982 - Oakland	
1983 - Edison, Fresno	
1984 - Berkeley	40.83
1985 - Muir, Pasadena	41.32
1986 - Johnson, Sacramento	41.30
1987 - Muir, Pasadena	40.78
1988 - Oakland	41.33
1989 - Long Beach Poly	41.82
1990 - San Bernardino	41.05
1991 - Compton	41.68
1992 - Morningside	42.04
1993 - Merced	41.42
1994 - El Camino San Diego	41.16

## 1600-Meter Relay

1968 - Centennial, Compton	3:14.3
1969 - Los Angeles	3:15.2
1970 - Los Altos	3:15.6
1971 - Castlemont, Oakland	3:13.2
1972 - El Cerrito	3:17.6
1973 - Cordova, Rancho Cordova	3:17.4
1974 - Muir, Pasadena	3:13.8
1975 - Ells, Richmond	3:15.7
1976 - Pasadena	3:18.2
1977 - Pasadena	3:13.7
1978 - Banning, Wilmington	3:11.57
1979 - Locke, Los Angeles	3:14.04
1980 - Centennial, Compton	3:10.37
1981 - Berkeley	3:08.94
1982 - Compton	3:14.45
1983 - Hawthorne	3:10.11
1984 - Hawthorne	3:09.45
1985 - Hawthorne	3:14.13
1986 - Hawthorne	3:14.79
1987 - Hawthorne	3:11.77
1988 - Hawthorne	3:10.46
1989 - Dorsey	3:12.21
1990 - Muir	3:14
1991 - Morningside	3:15.01
1992 - Morningside	3:15.37
1993 - North Salinas	3:14.19
1994 - Muir Pasadena	3:12.54

## High Jump

1957 - Robert Avant (Hart, Newhall)	6-8
1958 - Ray Nickleberry (Oxnard)	6-8
Paul Stuber (Bellflower)	6-8
1959 - Paul Stuber (Bellflower)	6-7 1/4
1960 - Archie Green (Oakland)	6-6 1/4
Roger Olsen (Willow Glen, San Jose)	6-6 1/4
1961 - Richard Jones (Bakersfield)	6-8 1/4
1962 - Richard Jones (Bakersfield)	6-7 1/2
Otis Burrell (Jefferson, L.A.)	6-7 1/2
Bob Channell (McLane, Fresno)	6-7 1/2
1963 - Ed Caruthers (Valley, Santa Ana)	6-8
1964 - Gregg Heet (Lowell, Whittier)	6-7 3/4
1965 - Ken Brown (Castlemont, Oakland)	6-8 1/2
1966 - Tom Clyburn (Balboa, S.F.)	6-10
1967 - Reynaldo Brown (Compton)	6-9 1/4
1968 - Reynaldo Brown (Compton)	7-0
1969 - Reynaldo Brown (Compton)	7-0
1970 - Jerry Culp (Oceanside)	7-0 1/4
1971 - Dwight Stones (Glendale)	7-1 1/2
1972 - Carl Miles (Polytechnic, Long Beach)	6-10
1973 - Randy Turner (Wilson, S.F.)	6-6
1974 - Charles Hatch (Wilson, S.F.)	7-0
1975 - Johnny Washington (Fremont, L.A.)	7-0
1976 - John Lane (American, Fremont)	6-11
1977 - Dennis Smith (Santa Monica)	7-2
1978 - Brad Harris (Los Alamitos)	6-11
1979 - Lee Balkin (Glendale)	7-3 1/4
1980 - Greg Denby (Crenshaw, L.A.)	6-10

1981 - Anthony Caire (Plus X, Downey)	7-1
1982 - Maurice Crumby (Balboa, S.F.)	7-2
1983 - Kenny Burke (Westlake)	7-0
1984 - Kenny Burke (Westlake)	7-0
1985 - Mark Webster (Homestead, Cupertino)	6-9
1986 - Derrick Moore (Millikan, Long Beach)	6-10
1987 - Luis F. Juico (Piedmont Hills)	7-1
1988 - Reggie Bettor (Antelope Valley)	7-0
1989 - Mark Wilson (Charter Oak)	7-0
1990 - Kevin Carlson (Katella)	7-0
1991 - Avery Anderson (North, Riv.)	7-2
1992 - Griffin Childers (Woodland)	6-11
1993 - Jeff Nadeau (Monroe LA)	7-2
1994 - Jeremy Fischer (Camarillo)	7-0

## Long Jump

1957 - Luther Hayes (Lincoln, S.D.)	23-8 1/2
1958 - Steve Rogers (Brawley)	24-6
1959 - Effen Jones (Delano)	23-5 3/4
1960 - Walt Roberts (Compton)	24-7 1/4
1961 - Robert McKeever (Fremont, L.A.)	24-3
1962 - James Kennedy (Lincoln, S.D.)	24-5 3/4
1963 - Jerry Williams (Berkeley)	24-3 1/2
1964 - Bobby Bonds (Polytechnic, Riverside)	25-3
1965 - Manuel Murrell (Polytechnic, L.B.)	24-9 3/4
1966 - Doyle Steel (San Diego)	25-3 1/4
1967 - Jerry Proctor (Muir, Pasadena)	25-4 1/2
1968 - Heulon Hewitt (Merced)	24-7
1969 - Lynn Swann (Serra, San Mateo)	24-2 3/4
1970 - Lynn Swann (Serra, San Mateo)	24-2 3/4
1971 - Randy Williams (Edison, Fresno)	26-3 1/4
1972 - Carl McCullough (Sacramento)	24-7
1973 - Jerry Herndon (Cajon, San Bernardino)	25-4 1/2
1974 - James Lofton (Washington, L.A.)	24-3 1/2
1975 - Paul Wilson (Fontana)	24-8 1/2
1976 - Larry Doubly (Manual Arts, L.A.)	25-3 3/4
1977 - Kurt Durham (Oakland)	25-0 3/4
1978 - Dokie Williams (El Camino, Oceanside)	25-1 1/4
1979 - George Gaffney (Lemoore)	24-1 3/4
1980 - Charles Mayfield (Muir, Pasadena)	23-4 3/4
1981 - Ed Tave (Muir, Pasadena)	25-0 1/2
1982 - Eornell Archie (Norte Del Rio)	24-4 3/4
1983 - Johnny Cleveland (Soquel)	24-6 1/2
1984 - Joe Richardson (Pasadena)	24-11
1985 - Larry Nelson (Simi Valley)	24-3 1/4
1986 - Curtis Rodgers (Johnson, Sacramento)	23-10
1987 - Percy Knox (Antelope Valley)	24-6 1/2
1988 - Diatory Gilldersløev (Grant)	24-5 1/2
1989 - James Stallworth (Tulare)	26-4 3/4
1990 - Jerome Price (University City, S.D.)	25-3 1/4
1991 - Steve Stanley (Gardena)	25-1 1/4
1992 - Eugene Dreher (Antelop Valley)	24-1 1/2
1993 - LeAndrew Childs (Inglewood)	24-0
1994 - Tyree Washington (La Sierra)	23-9 1/4

## Pole Vault

1957 - Joyce Hendrix (Riverside)	13-6
1958 - John Rose (Hoover, Glendale)	14-1
1959 - Bob Looney (Santa Barbara)	13-8 3/4
1960 - Mike Flanagan (Ganesh, Pomona)	13-3
Gary Down (Anaheim)	13-3
1961 - Mike Graves (El Cajon)	14-2 1/4
1962 - Eric Berge (Costa Mesa)	14-3
Bob Richardson (Ganesh, Pomona)	
1963 - Bill Fosdick (Hill, San Jose)	14-8 3/4
1964 - Paul Wilson (Warren, Downey)	14-4 1/4
1965 - Paul Wilson (Warren)	15-6 1/2
1966 - Wayne Meyes (Foothill, Sacramento)	15-0 3/4
1967 - Tom Reynolds (Morningside)	14-10
1968 - Steve Smith (South, Torrance)	15-3 1/2
1969 - Steve Smith (South)	16-0
1970 - Tom Lindsay (LaSierra, Carmichael)	14-10 1/2
1971 - Tim Quinn (Monroe, Sepulveda)	15-2
1972 - Hubert Black	15-2
1973 - Tim Curran (Crespi, Encino)	16-2 3/4
1974 - Jim Knaub (Lakewood)	16-6
1975 - Keith Schimmel (Villa Park)	15-6
1976 - Tim Hintnaus (Aviation, Redondo Bch)	15-2
1977 - Anthony Curran (Crespi, Encino)	16-0
1978 - Anthony Curran (Crespi)	17-0 1/4



# CIF/TOYOTA STATE TRACK AND FIELD INDIVIDUAL EVENT CHAMPIONS (Boys/Girls)

1979 - Clark Eliot (Bellflower)	15-6
1980 - Greg Stull (Troy, Fullerton)	15-10
1981 - Doug Wicks (South, Bakersfield)	15-2
1982 - Scott Christensen (Acalances)	15-6
1983 - Mike Kibort (Saratoga)	15-6
1984 - Moen Ivar (Los Gatos)	16-2
1985 - Brent Burns (Acalanes, Lafayette)	16-2
1986 - Steve Toney (Menlo-Atherton, Ath.)	16-2
1987 - Steve Slocum (Foothill, Santa Ana)	15-6
1988 - Tom Richards (San Marcos)	16-0
1989 - Jim Lawrence (Del Mar)	15-6
1990 - Ed Lasquette (Mt. Pleasant)	15-10
1991 - David Cox (Hoover)	16-6
1992 - Clarence Phelps (Christian Brothers)	16-0
1993 - Scott Slover (Leland San Jose)	16-2
1994 - Scott Slover (Leland San Jose)	16-10

## Triple Jump

1939 - Jack Laughner (Wilson, Long Beach)	44-8 1/2
1973 - Willie Banks (Oceanside)	49-7 1/4
1974 - Willie Banks (Oceanside)	50-9
1975 - Mike Dobbins (Merced)	49-3
1976 - Greg Caldwell (Fremont, Los Angeles)	51-812w
1977 - Dokie Williams (El Camino, Oceanside)	51-0 1/2
1978 - Dokie Williams (El Camino)	50-4 1/4
1979 - Henry Ellard (Hoover, Fresno)	48-2 1/2
1980 - Freeman Miller (Fremont, Los Angeles)	50-8
1981 - Ken Frazier (Mission, S.F.)	50-10 3/4
1982 - Archie Cornell (Fresno)	50-3 1/4
1983 - Torrey Barr (McLane, Fresno)	50-2 1/2
1984 - Joe Richardson (Pasadena)	51-8 1/4
1985 - Terrence Strong (Bakersfield)	51-91/2w
1986 - Marcus Hooks (Lakewood)	51-4 1/4
1987 - Joel Smith (Cordova)	50-10
1988 - Tyrone Scott (Mesa Verde)	50-6
1989 - Lenny McGill (Orange Glen)	51-1 1/4
1990 - Poupheet Singbandith (Magnolia)	51-7 3/4
1991 - Offord Rollins (Wasco)	51-4 3/4
1992 - Tony Parrish (Marina)	49-1
1993 - Tony Parrish (Marina)	50-113/4
1994 - Von Ware (Rancho Buena Vista-SD)	50-6

## Shot Put (Boys)

1957 - Clark Branson (Pasadena)	64-0 3/4
1958 - Jack Slocombe (Millikan, Long Beach)	61-4 1/2
1959 - Mike Parker (Turlock)	57-8
1960 - Matthew Baggett (Berkeley)	60-7
1961 - Bill Pace (El Rancho, Pico Rivera)	64-3 1/2
1962 - Jim O'Brien (DeAnza, Richmond)	62-2 1/4
1963 - Bruce Wilsheim (Fremont, Sunnyvale)	63-4 3/4
1964 - Bob Brannan (Los Gatos)	62-7 1/4
1965 - Steve Marcus (Pacific Palisades)	63-111/4
1966 - John Hubbell (Polytechnic, Long Bch)	66-11
1967 - John Buehler (Whittier)	65-3 1/4
1968 - Pete Schmonck (San Dieguito, Encinitas)	63-11
1969 - Sam Cunningham (Santa Barbara)	61-2
1970 - Randy Withrow (Pasadena)	63-8 3/4
1971 - Mark Stevens (Newport Harbor)	67-2 1/4
1972 - Randy Cross (Crespi, Encino)	65-7 1/4
1973 - Jim Niedhart (Newport Harbor)	67-2 1/4
1974 - Dave Kurrasch (Santa Ana)	63-101/2
1975 - Dave Kurrasch (Santa Ana)	65-9 1/2
1976 - Steve Montgomery (Lassen, Susanville)	68-0
1977 - Craig Polley (Sunny Hills, Fullerton)	62-4 1/4
1978 - Dave Porath (Atwater)	65-103/4
1979 - Don Mosebar (Mt. Whitney, Visalia)	62-6 3/4
1980 - Scott Garnett (Muir, Pasadena)	64-4 1/4
1981 - John Fazier (Antelope Valley, Lancaster)	63-83/4
1982 - Pat Kyle (Buena Park)	60-4
1983 - Curt Siscol (Vacaville)	63-9 1/2
1984 - Brian Blutreich (Capistrano Valley)	64-7 1/4
1985 - Brian Blutreich (Capistrano Valley)	68-4
1986 - Brian Boggess (El Capitan, Lakeside)	61-4
1987 - Dave Bultman (Royal, Simi Valley)	67-0
1988 - Kaleaph Carter (Edison, Hunt. Beach)	64-0 1/4
1989 - Brent Noon (Fallbrook)	66-1 1/2
1990 - Brent Noon (Fallbrook)	74-4 3/4
1991 - Mark Parlin (Esperanza)	61-5 1/2
1992 - Pete Swanson (San Benito)	61-3 1/4
1993 - Tyson Lingenfelter (Upland)	60-9 1/2
1994 - Chris DeMartine (St. Ignatius)	58-111/2

## Discus Throw (Boys)

1959 - Ron Sindow (San Rafael)	176-1
1960 - Alex Darnes (Polytechnic, S.F.)	178-8
1961 - Bob Stoecker (Los Altos)	188-61/2
1962 - Bob Stoecker (Los Altos)	185-11 1/2
1963 - Stan McDonald (Edison, Fresno)	178-1
1964 - Bill Staley (Las Lomas, Walnut Creek)	181-2
1965 - Bruce Naglee (Baltimore, San Jose)	172-31/2
1966 - Jim Peters (Piedmont)	189-1
1967 - Fred DeBernardi (Hart, Newhall)	178-2
1968 - Rory Kenward (San Marcos, Santa Barb.)	183-11
1969 - Chris Adams (Los Altos)	188-0
1970 - Chris Adams (Los Altos)	201-3
1971 - Bob Otto (Porterville)	184-9
1972 - Scott Overton (Los Altos)	185-10
1973 - Lonnie Shelton (Foothill, Bakersfield)	195-5
1974 - Ray Burton (Vacaville)	193-0
1975 - Mike Alberg (Lodi)	171-11
1976 - Scott Endler (Hoover, Fresno)	192-10
1977 - David Thompson (Santa Ynez)	190-0
1978 - David Porath (Atwater)	199-5
1979 - Hand Kraychir (San Jacinto)	192-9
1980 - Paul Dender (Shafter)	192-9
1981 - Antonio Dobbins (Burroughs, Ridgecrest)	180-10
1982 - Antonio Dobbins (Burroughs)	191-1
1983 - Barry Estes (Clovis)	183-4
1984 - Tambi Wenj (Fountain Valley)	185-11
1985 - Brian Blutreich (Capistrano Valley, Mission Viejo)	203-4
1986 - Jeff Hooper (Del Campo, Fair Oaks)	187-4
1987 - Dave Bultman (Royal, Simi Valley)	193-6
1988 - John Wirtz (Leland)	192-10
1989 - Derrick Stevens (Bakersfield)	188-2
1990 - Rob Powell (Redwood)	203-4
1991 - Jeff Buckley (Bakersfield)	182-5
1992 - Jeff Buckley (Bakersfield)	186-10
1993 - Chad Peare (Trabuco Hills)	182-2
1994 - Jeremy Staat (Bakersfield)	183-8

1988 - Angela Burnham (Rio Mesa)	23.45
1989 - Angela Burnham (Rio Mesa)	23.56
1990 - Marion Jones (Rio Mesa)	23.71
1991 - Marion Jones (Rio Mesa)	22.91w
1992 - Marion Jones (Thousand Oaks)	22.83
1993 - Marion Jones (Thousand Oaks)	23.14
1994 - Keisha Backus (Wilson Long Beach)	23.21

## 400-Meter Dash (Girls)

1974 - Vernioica Venezis (Terra Linda, San Rafael)	56.4
1975 - Jodi Anderson (Washington, L.A.)	55.3
1976 - Marquite Belk (Silver Creek, San Jose)	55.2
1977 - Valerie Brisco (Locke, L.A.)	55.14
1978 - Arlise Emerson (Westminster)	54.3
1979 - Sherri Howard (San Geronio, San Bernardino)	53.65
1980 - Denean Howard (Kennedy, Gran. Hills)	53.04
1981 - Gervaise McGraw (Ganessa, Pomona)	54.15
1982 - Denean Howard (Kennedy, Gran. Hills)	52.39
1983 - Leslie Maxie (Mills, Millbrae)	53.19
1984 - Choo Choo Knighten (Locke, L.A.)	52.67
1985 - Choo Choo Knighten (Locke)	52.78
1986 - Princess Bennett (Compton)	53.56
1987 - Angela Rolfe (Dorsey)	53.55
1988 - Angela Rolfe (Dorsey)	54.26
1989 - Angela Rolfe (Dorsey)	53.97
1990 - Janice Nichols (Bakersfield)	53.89
1991 - Janice Nichols (Bakersfield)	54.19
1992 - Janice Nichols (Bakersfield)	54.46
1993 - Asha Jaysinghe (Arcadia)	55.45
1994 - Latasha Gilliam (Pittsburg)	53.93

## 800-Meter Run (Girls)

1974 - Kathy Costello (Pleasant Hill)	2:10.4
1975 - Kathy Costello (Pleasant Hill)	2:09.2
1976 - Alice Trumbley (Coalinga)	2:13.3
1977 - Ann Regan (Camden, San Jose)	2:08.0
1978 - Ann Regan (Camden)	2:07.93
1979 - Ann Regan (Camden)	2:10.21
1980 - Marilyn Davis (Miramonte, Orida)	2:09.73
1981 - Donna Curtis (Culver City)	2:06.08
1982 - Rennie Durand (Laguna Beach)	2:06.36
1983 - Kerri Zaleski (Millikan, L.B.)	2:06.41
1984 - Trena Hull (Compton)	2:04.91
1985 - Kristen Dowell (Santa Teresa, San Jose)	2:10.07
1986 - Laura Chapel (University City, S.D.)	2:08.66
1987 - Kimberly McAllister (Locke, L.A.)	2:12.92
1988 - Kathy Roldan (Mt. Whitney)	2:12.11
1989 - Kim Toney (Atascadero)	2:09.33
1990 - Kim Toney (Atascadero)	2:06.13
1991 - Nicole Teter (West Valley)	2:08.14
1992 - Miesha Marzell (Bishop O'Dowd)	2:10.29
1993 - Miesha Marzell (Bishop O'Dowd)	2:09.13
1994 - Kristie Johnston (Central)	2:09.98

## 1600-Meter Run (Girls)

1974 - Jill Caldwell (Westminster)	5:02.2
1975 - Kathy Costello (Pleasant Hill)	4:53.5
1976 - Linda Broderick (Tamalpais, Mill Valley)	4:56.8
1977 - Linda Goen (North, Bakersfield)	4:47.8
1978 - Cheri Williams (Livermore)	4:44.95
1979 - Linda Goen (North, Bakersfield)	4:51.08
1980 - Polly Plumer (University, Irvine)	4:46.71
1981 - Polly Plumer (University)	4:42.43
1982 - Polly Plumer (University)	4:44.93
1983 - Cory Schubert (Di Mar, San Jose)	4:44.93
1984 - Shannon Clark (Mt. View)	4:47.52
1985 - Shannon Clark (Mt. View)	4:49.14
1986 - Darcy Arreola (Grossmont, Le Mesa)	4:45.13
1987 - Kira Jorgensen (Vista)	4:45.98
1988 - Kira Jorgensen (Vista)	4:49.54
1989 - Kira Jorgensen (Vista)	4:49.55
1990 - Becky Spies (Livermore)	4:48.74
1991 - Becky Spies (Livermore)	4:45.11
1992 - Shelley Taylor (Edison, Hunt. Bch.)	4:48.52
1993 - Milena Glusac (Fallbrook)	4:50.83
1994 - Elissa Riedy (Mission San Jose)	4:54.28

## 3200-Meter Run (Girls)

1977 - Roxanne Bier (Independence, San Jose)	10:39.7
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## Girls Champions

### 100-Meter Dash (Girls)

1974 - Janice Wiser (La Jolla)	10.8
1975 - Sandra Howard (Manual Arts, L.A.)	10.7
1976 - Pam Waters (Bell)	11.0
1977 - Jeanette Bolden (Centennial, Compton)	10.48w
1978 - Kella Bolton (Hill, San Jose)	10.92
1979 - Gwen Loud (Westchester)	10.62
1980 - Sharon Ware (Berkeley)	11.42
1981 - Sharon Ware (Berkeley)	11.66
1982 - Gervaise McGraw (Ganessa, Pomona)	11.69
1983 - Lisa Winston (Jordan, Long Beach)	11.73
1984 - Gail Devers (Sweetwater)	11.51
1985 - Tesha Giddens (Locke, L.A.)	11.58
1986 - Angela Burnham (Rio Mesa, Oxnard)	11.78
1987 - Janeene Vickers (Pomona)	11.76
1988 - Angela Burnham (Rio Mesa, Oxnard)	11.52
1989 - Angela Burnham (Rio Mesa, Oxnard)	11.31
1990 - Marion Jones (Rio Mesa, Oxnard)	11.67w
1991 - Marion Jones (Rio Mesa, Oxnard)	11.17
1992 - Marion Jones (Thousand Oaks)	11.14
1993 - Marion Jones (Thousand Oaks)	11.61
1994 - Heather Sumpter (Muir Pasadena)	11.69

### 200-Meter Dash (Girls)

1974 - Janice Wiser (La Jolla)	24.2
1975 - Pam Waters (Bell)	24.4
1976 - Pam Waters (Bell)	24.8
1977 - Kim Robinson (Westchester)	23.97
1978 - Kella Bolton (Hill, San Jose)	23.53
1979 - Gwen Loud (Westchester)	23.535
1980 - Sheri Howard (Kennedy, Granada Hills)	23.19
1981 - Denean Howard (Kennedy, Gran. Hills)	23.73
1982 - Denean Howard (Kennedy)	23.53
1983 - Lisa Winston (Jordan, L.B.)	23.83
1984 - Paulette Blalock (Compton)	23.59
1985 - Tami Stiles (Hawthorne)	23.45
1986 - Tami Stiles (Hawthorne)	24.02
1987 - Hadette Smith (Quartz Hill)	24.12

# CIF/TOYOTA STATE TRACK AND FIELD INDIVIDUAL EVENT CHAMPIONS (Girls)

## 3200-Meters (Cont.)

1978 - Cheri Williams (Livermore)	10:17.71
1979 - Lisa Scaduto (Santa Monica)	10:35.0
1980 - Vicki Cook (Alemany, Mission Hills)	10:14.78
1981 - Vicki Cook (Alemany)	10:12.31
1982 - Vicki Cook (Alemany)	10:16.27
1983 - Cory Shubert (Del Mar, San Jose)	10:08.14
1984 - Kristen O'Hara (Palos Verde)	10:11.82
1985 - Rebecca Chamberlain (Leigh, S. Jose)	10:23.85
1986 - Laurie Chapman (Gunderson, S. Jose)	10:12.86
1987 - Mary Mendoza (Presentation)	10:33.04
1988 - Karen Hecox (South Hills)	10:16.14
1989 - Rayna Cervantes (Montebello)	10:32.95
1990 - Deena Drossin (Agoura)	10:29.60
1991 - Deena Drossin (Agoura)	10:30.71
1992 - Milena Glusac (Fallbrook)	10:28.62
1993 - Milena Glusac (Fallbrook)	10:42.68
1994 - Julie Stamps (Rincon Valley Jr.)	10:26.51

## 100-Meter Low Hurdles (Girls)

1974 - Yvonne Boone (Fremont, Oakland)	11.1
1975 - Yvonne Boone (Fremont)	10.1
1976 - Tuti Lee (Merced)	10.7
1977 - Kris Costello (Lynbrook, San Jose)	13.97
1978 - Kris Costello (Lynbrook)	13.83
1979 - Janet Yarborough (Clovis)	14.01
1980 - Judy Young (Berkeley)	13.52w
1981 - Sherifa Sanders (Berkeley)	13.74
1982 - Natalie Spinks (Skyline)	13.88
1983 - Chewaukii Knighten (Locke, L.A.)	13.88
1984 - Gail Devers (Sweetwater)	13.41
1985 - Lana Cantrell (Muir, Pasadena)	13.57
1986 - Janeene Vickers (Pomona)	13.74
1987 - Janeene Vickers (Pomona)	13.34
1988 - Michelle Decoux (Bishop O'Dowd)	13.91
1989 - Felice Lipscomb (Santa Monica)	13.69
1990 - Felice Lipscomb (Santa Monica)	13.58
1991 - Phetima Woods (Duarte)	14.08
1992 - Twila Sims (Lompoc)	13.83
1993 - Bisa Grant (Bishop O'Dowd)	14.11
1994 - Davetta Shepard (JF Kennedy)	13.73

## 300-Meter Low Hurdles (Girls)

1981 - Audrey Williams (Saugus)	42.26
1982 - Gayle Kellon (Walnut)	41.09
1983 - Gayle Kellon (Walnut)	41.71
1984 - Leslie Maxie (Mills)	40.90
1985 - Leslie Maxie (Mills, Millbrae)	41.80
1986 - Janeene Vickers (Pomona)	41.32
1987 - Janeene Vickers (Pomona)	40.96
1988 - Michelle Decoux (Bishop O'Dowd)	42.16
1989 - Twila Sims (Lompoc)	42.54
1990 - Felice Lipscomb (Santa Monica)	41.69
1991 - Erin Blunt (San Pasqual)	43.02
1992 - Twila Sims (Lompoc)	42.75
1993 - Angela Harris (Skyline Oak.)	42.78
1994 - Angela Harris (Skyline Oak.)	42.78

## 400-Meter Relay (Girls)

1974 - Berkeley	
1975 - Muir, Pasadena	
1976 - Muir, Pasadena	
1977 - Crawford, San Diego	
1978 - Jordan, Los Angeles	
1979 - Westchester	
1980 - Kennedy, Granada Hills	
1981 - Berkeley	
1982 - Dorsey, Los Angeles	
1983 - Hawthorne	46.56
1984 - Hawthorne	45.99
1985 - Hawthorne	45.95
1986 - Hawthorne	45.54
1987 - St. Francis, Mountain View	45.95
1988 - Hawthorne	47.10
1989 - Muir, Pasadena	46.46
1990 - Bakersfield	46.49
1991 - Morningside	46.38
1992 - Morningside	46.34
1993 - Long Beach Poly	45.74
1994 - Wilson Long Beach	46.17

## 1600-Meter Relay (Girls)

1974 - Berkeley	3:46.4
1975 - Washington, Los Angeles	3:44.5
1976 - Fremont, Los Angeles	3:55.9
1977 - Locke, Los Angeles	3:52.1
1978 - Fremont, Los Angeles	3:51.93
1979 - San Geronio, San Bernardino	3:44.05
1980 - Kennedy, Granada Hills	3:37.98
1981 - Kenndey, Granada Hills	3:37.17
1982 - Dorsey, Los Angeles	3:41.72
1983 - Dorsey, Los Angeles	3:46.24
1984 - Locke, Los Angeles	3:38.65
1985 - Muir, Pasadena	3:43.30
1986 - Compton	3:42.31
1987 - Long Beach Poly	3:45.20
1988 - Hawthorne	3:47.32
1989 - Hawthorne	3:46.59
1990 - Morningside, Inglewood	3:44.16
1991 - Long Beach Poly	3:48.85
1992 - Long Beach Poly	3:45.91
1993 - Long Beach Poly	3:42.75
1994 - Skyline Oakland	3:41.90

## High Jump

1974 - Pam Blackburn (Bubberley, Palo Alto)	5-8
1975 - Kim Maddox (Los Angeles)	5-8
1976 - Kari Gosswiller (Upland)	5-10
1977 - Kari Gosswiller (Upland)	5-9
1978 - Sue McNeal (Carlsbad)	5-10 1/4
1979 - Tonya Alston (Chico)	5-9
1980 - Karen Lysaght (St. Francis, Sac.)	6-0
1981 - Katrina Johnson (Marshall, Pasadena)	5-10
1982 - Katrina Johnson (Marshall, Pasadena)	5-11
1983 - Tonya Mendonca (Mt. Whitney, Visalia)	6-1
1984 - Wendy Brown (Woodside)	6-1 1/4
1985 - Latrese Johnson (Clovis)	6-2
1986 - Yleana Carrasco (Anaheim)	5-10
1987 - Lynn Patrick (Serra, San Diego)	5-10
1988 - Crissy Mills (Campbell Hall)	5-10
1989 - Crissy Mills (Campbell Hall)	6-0
1990 - Chi Johnson (Menlo-Atherton)	5-8
1991 - Tanya Smith (Cordova)	5-11
1992 - Kristy Kieruff (Esperanza)	5-10
1993 - Tracey Lawyer (Cate Carpinteria)	5-10
1994 - Kristy Kieruff (Esperanza Anaheim)	5-10

## Long Jump

1974 - Jodi Anderson (Washington, L.A.)	19-7
1975 - Jodi Anderson (Washington)	19-6 1/2
1976 - Jodi Anderson (Washington)	20-0 1/4
1977 - Lisa Gouridine (El Toro)	19-1
1978 - Kathy Hayes (Madera)	19-3
1979 - Gwen Loud (Westchester)	20-4 1/2
1980 - Marlene Harmon (Thousand Oaks)	20-8 3/4
1981 - Chris Mose (El Cajon)	18-10 1/4
1982 - Wendy Brown (Woodside)	19-10 1/2
1983 - Gail Devers (Sweetwater)	19-6
1984 - Wendy Brown (Woodside)	20-9 3/4
1985 - Yvette Roberts (Washington UnionEaston)	19-1
1986 - Madette Smith (Quartz Hills)	20-4 3/4
1987 - Karen Lawson (St. Francis, Mt. View)	19-1 1/2
1988 - Tonya Conner (Barstow)	19-5 3/4
1989 - Juliana Yendork (Walnut)	20-2 1/2
1990 - Juliana Yendork (Walnut)	20-1 1/2
1991 - Juliana Yendork (Walnut)	20-7 1/2
1992 - Kam Warner (West, Bakersfield)	20-6 1/4
1993 - Marion Jones (Thousand Oaks)	22-0 1/2
1994 - Tara Dettinger (Foothill, Sac.)	19-7 1/2

## Triple Jump

1982 - Wendy Brown (Woodside)	40-3
1983 - Wendy Brown (Woodside)	42-10 1/2
1984 - Wendy Brown (Woodside)	41-10w
1985 - Sheila Hudson (Rio Linda)	41-10w
1986 - Felicia Harris (San Lorenzo)	40-2
1987 - Kim Lassair (Northgate)	39-6 1/4
1988 - Stacy Thompson (Morse)	39-1
1989 - Juliana Yendork (Walnut)	41-10
1990 - Juliana Yendork (Walnut)	42-0 1/4
1991 - Juliana Yendork (Walnut)	43-6 1/2

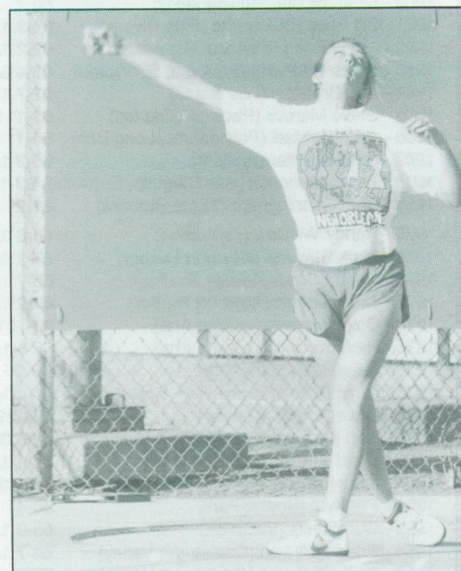
1992 - Kayla Montgomery (Clovis West)	39-11 1/4
1993 - Cheeza Figueroa (Quartz Hill)	40-1 1/4
1994 - Tamleka Porter (Orange Glen)	38-11 1/2

## Shot Put

1974 - Kathy Devine (Mission Bay, San Diego)	47-4 1/2
1975 - Kathy Devine (Mission Bay)	42-3 3/4
1976 - Becky Daniel (Newport Harbor)	42-9 3/4
1977 - Debra Thorntana (Sacramento)	43-9
1978 - Kerry Zwart (Cresenta Valley)	45-11 1/2
1979 - Susie Ray (Villa Park)	48-4 1/2
1980 - Natalie Kaaiawahia (Fullerton)	48-4 1/2
1981 - Natalie Kaaiawahia (Fullerton)	51-8 1/2
1982 - Natalie Kaaiawahia (Fullerton)	50-3
1983 - Natalie Kaaiawahia (Fullerton)	52-7 1/2
1984 - Pam Alexander (Arlington)	46-3 1/2
1985 - Elaine Oden (Irvine)	46-11 3/4
1986 - Brandi Gail (Rowland, Hac. Heights)	45-2 1/2
1987 - Jenny Wheelchel (Agoura)	43-9 1/2
1988 - Dawn Dumble (Bakersfield)	48-2 1/2
1989 - Melisa Weis (Bakersfield)	44-1
1990 - Dawn Dumble (Bakersfield)	49-3 1/2
1991 - Mika Hilaire (Pittsburg)	45-4 1/4
1992 - Kristin Heaston (Ygnacio Valley)	45-3 1/2
1993 - Kristin Heaston (Ygnacio Valley)	52-11 1/2
1994 - Delores Tuimoloua (Channel Island)	46-10

## Discus Throw

1976 - Kathy Middleton (Poway)	134-5
1977 - Karen Stampfil (Lassen, Susanville)	137-8
1978 - Christi Pyle (Hoover, Glendale)	149-3
1979 - Leslie Deniz (Gridley)	167-1
1980 - Leslie Deniz (Gridley)	172-11
1981 - Natalie Kaaiawahia (Fullerton)	162-10
1982 - Jacque Norton (Mission Viejo)	160-2
1983 - Natalie Kaaiawahia (Fullerton)	170-1
1984 - Stacy Hom (Cordova)	159-1
1985 - Lill Lili (Nogales, La Puente)	162-2
1986 - Tracy Crawford (South East, S.D.)	156-2
1987 - Dawn Dumble (Bakersfield)	144-10
1988 - Melisa Weis (Bakersfield)	159-7
1989 - Melisa Weis (Bakersfield)	168-0
1990 - Melisa Weis (Bakersfield)	169-11
1991 - Celeste Mc Vey (Redlands)	160-11
1992 - Suzy Powell (Downey Modesto)	169-8
1993 - Suzy Powell (Downey Modesto)	168-11
1994 - Suzy Powell (Downey Modesto)	174-2



*Three-Time Champ - Suzy Powell of Downey High in Modesto won three CIF/TOYOTA State titles in the shot put and also set a National High School Record with a toss of 188-4.*

# Haslip Leads Muir to Boys' Title; Skyline Edges Bishop O'Dowd For Girls' Crown

Ken Haslip took the title in the 300-meter hurdles for the second straight season and finished third in the 110-meter hurdles to pace Muir Pasadena High to the 1994 CIF/TOYOTA State Track and Field Championship.

The Mustangs also fared well in the relays, taking the 1600-meter relay title and placing second in the 400-meter relays to finish with 36 points.

Redlands, behind the effort of sprinter Pat Johnson, who doubled with titles in the 100 and 200 meters, and San Diego High, behind the strong distance running of Mebrahtom Keflezighi, who managed a rare double in taking both the 1600 meters and the 3200 meters in a sizzling 8:58.11 were a distant second with 20 points each.

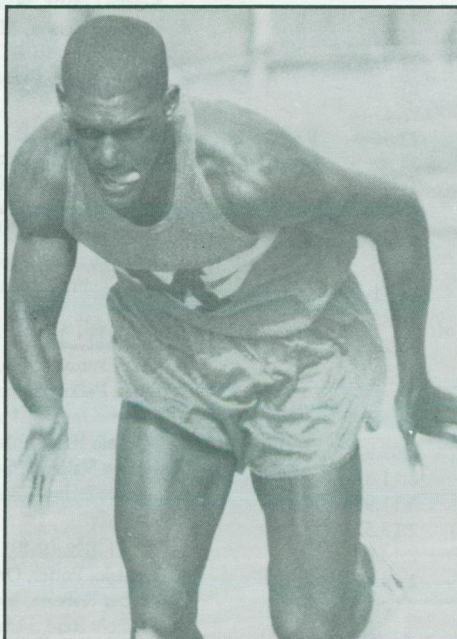
It's the sixth state title for Muir, which also won the boys' crown in 1934, 1936, 1967, 1974 and 1990. Only Jefferson Los Angeles, with eight titles, and Manual Arts Los Angeles, with seven, have won more than Muir. Hawthorne High has also won six.

It was the relays that catapulted Skyline Oakland to the girls' title over favored Long Beach Poly and Bishop O'Dowd Oakland.

Skyline finished first in the 1600 relays and were second, behind Long Beach Wilson, in the 400-meter relays. Angela Harris, with an individual title in the 300-meter hurdles and a second place finish in the 400 meters, proved the difference in a close team race.

With its first girls' title, Skyline ended with 36 points to edge Bishop O'Dowd (32) points and Long Beach Poly (24) points.

Bisa Grant, a second place finisher in the 100-meter hurdles and fourth in the 100 meters, and Jamilla Churchill, with the second best high jump mark, sparked Bishop O'Dowd. The Dragons also scored in the relays, placing third in the 400-meter relays and fourth in the 1600-meter relays.



**LEADER OF THE PACK** -- For the second straight season Ken Haslip took the individual title in the 300-meter hurdles. Haslip, who was second in the 110-meter hurdles, led Muir Pasadena to the boys' title.

Long Beach Poly, which had won the previous two years, came into the meet as the favorite, but lost sprinter Andrea Anderson to injury during the prelims on Friday.

Still the Jackrabbits were able to score points behind Aminah Haddad, who was second in both the 100 and 200 meters and with a 1600-meter relay team that placed second to Skyline.

Junior Heather Sumpter, first in the 100 meters and fourth in the 200 meters, lifted Muir to a fourth place team score of 22 points. Sprinter Keisha Backus, a titlist in the 200 meters, was a force for Long Beach Wilson, which was fifth with 20 points.

The 15,885 (9,318 on Saturday) in attendance for the two-day championship on June 3-4, witnessed many highlights. Included among the highlights

were Suzy Powell's (Downey Modesto High) attempt to better her national record in the discus. Powell's best throw of 174-2 was just off her national best, but was more than 20 feet better than the second place finisher.

Jeremy Fischer of Camarillo, whose best high jump coming into the meet of 7-4 was just short of the national mark of 7-5 1/4, went over 7-0 to claim the individual title. Rich Pritchford of Charter Oak also had a 7-0 jump and was second to Fischer.

A girls' pole vaulting exhibition also took place on Saturday, following the boys' pole vault event. Two of the national leading girl pole vaulters were invited; Melissa Price of Kingsburg High and Jocelyn Chase of Agoura. Price, a junior, had her all-time best vault of 11-2, a leading U.S. mark for girl vaulters. Chase went 9-6.

The exhibition is believed to be the first time that the girls' pole vault was a featured event at the state championship level.



**UP AND AWAY** -- Melissa Price of Kingsburg High set a US best of 11-2 in the girls' pole vault - an exhibition event at the 1994 state track and field championships. photo by Kirby Lee

# 1994 CIF/TOYOTA State Track Championship Results - Girls

## Girls 100 Meters

1. Heather Sumpter, Muir Pasadena-SS (11 grade)	11.69
2. Aminah Haddad, Long Beach Poly-SS (11)	11.70
3. Kelli White, James Logan Union City-NC (11)	11.93
4. Bisa Grant, Bishop O'Dowd Oakland-NC (12)	12.10
5. Jaime Sims, Etiwanda-SS (12)	12.11
6. Kunesha Miller, Morse-SD (11)	12.22

## Girls 200 Meters

1. Keisha Backus, Wilson Long Beach-SS (11)	23.21
2. Aminah Haddad, Long Beach Poly-SS (11)	23.37
3. Latasha Gilliam, Pittsburg-NC (12)	23.76
4. Heather Sumpter, Muir Pasadena-SS (11)	23.87
5. Kelli White, James Logan Union City-NC (11)	23.96
6. Tori Edwards, Pomona-SS (11)	24.52

## Girls 400 Meters

1. Latasha Gilliam, Pittsburg-NC (12)	53.93
2. Angela Harris, Skyline-O (12)	54.19
3. Joranda White, Morningside Inglewood-SS (12)	54.71
4. Malika Edmonson, St. Bernard Playa del Rey-SS (9)	54.85
5. Africa Williams, Valley-SJ (12)	55.22
6. Vicki Ammurl, Bishop Montgomery -SS (11)	56.11

## Girls 800 Meters

1. Kristie Johnson, Central-C (11)	2:09.98
2. Tiffany Roberts, Carondelet Concord-NC (11)	2:11.81
3. Ashley Monahan, Amador Valley-NC (12)	2:11.98
4. Julie Koudelka, Edison Huntington Beach-SS (12)	2:13.57
5. Tanya Andrews, Del Campo Fair Oaks-SJ (11)	2:14.05
6. Angie Milner, Modesto-SJ (9)	2:14.47

## Girls 1600 Meters

1. Elissa Riedy, Mission San Jose-NC (11)	4:54.28
2. Claire Becker, Bonita Vista-SD (11)	4:59.11
3. JoAnna Cerri, Downey Modesto-SJ (12)	5:01.48
4. Courtney Pugmire, Esperanza-SS (11)	5:01.74
5. Carrie Caulkins, Esperanza-SS (11)	5:02.05
6. Christine Stabolone, Presentation-CC (12)	5:02.60

## Girls 3200 Meters

1. Julie Stamps, Rincon Valley Jr.-NC (9)	10:26.51
2. Kristen Gordon, Carondelet Concord-NC (9)	10:51.24
3. Amy Haase, San Dieguito-SD (10)	10:51.54
4. Sarah Dickerman, Del Campo Fair Oaks-SJ (12)	10:51.80
5. Kim Mortensen, Thousand Oaks-SS (10)	10:55.38
6. Gabriela Rodriguez, Oxnard-SS (12)	10:55.45

## Girls 400 Meter Relay

1. Wilson Long Beach-SS	46.17
2. Skyline Oakland-O	46.51
3. Bishop O'Dowd Oakland-NC	47.45
4. St. Bernard Playa del Rey-SS	47.51
5. Morse-SD	47.53
6. Vallejo-SJ	48.18

## Girls 1600 Meter Relay

1. Skyline Oakland-O	3:41.90
2. Long Beach Poly-SS	3:43.27
3. St. Bernard Playa del Rey-SS	3:46.81
4. Bishop O'Dowd Oakland-NC	3:47.94
5. James Logan Union City-NC	3:48.83
6. Valley-SJ	3:51.21

## Girls 100 Meter Hurdles

1. Davetta Shepard, Kennedy-NC (9)	13.73
2. Bisa Grant, Bishop O'Dowd Oakland-NC (12)	13.76

3. Joanna Hayes, North Riverside-SS (11)	13.80
4. Jennifer Odom, Independence San Jose-CC (11)	14.00
5. Ayana Grant, Bishop O'Dowd Oakland-NC (10)	14.28
6. Meisha McKelvy, Gahr Cerritos-SS (12)	14.29

## Girls 300 Meter Hurdles

1. Angela Harris, Skyline-O (12)	42.78
2. Cathy Prater, Agoura-SS (12)	43.62
3. Keisha Griffis, Washington-LA (11)	43.72
4. Felicia Johnson, Merced-SJ (12)	43.75
5. Sunshine Peterson, James Logan Union City-NC (12)	44.38
6. Stacy Hebert, Buena-SS (10)	44.50

## Girls High Jump

1. Kristy Kierulff, Esperanza-SS (11)	5-10
2. Jamilla Churchill, Bishop O'Dowd Oakland-NC (11)	5-10
3. Tracye Lawyer, Cate Carpinteria-SS (11)	5-10
4. Danielle Boswell, Bullard Fresno-C (12)	5-9
5. Tara Flaming, Immanuel Reedley-C (10)	5-8
6. Liz Giltner, Chaminade-SS (9)	5-7

## Girls Long Jump

1. Tara Dettinger, Foothill-SJ (12)	19-7 1/2
2. Laren Parker, Bakersfield-C (10)	19-6 1/2
3. Carlene Jones, Morse-SD (12)	19-2
4. Michele Reid, Folsom-SJ (12)	18-11 1/2
5. Jessica Valpey, Pleasant Valley-N (11)	18-11 1/2
6. LaToya LeJay, Canyon Springs-SS (12)	18-4 1/2

## Girls Triple Jump

1. Tamiaka Porter, Orange Glen-SD (12)	38-11 1/2
2. Amber Roberts, Muir Pasadena-SS (12)	38-11 1/4
3. Michele Reid, Folsom-SJ (12)	38-11
4. Aisha Harrison, Wasco-C (11)	38-8
5. Joanna Hayes, North Riverside-SS (11)	37-8 3/4
6. Reynda King, St. Mary's-SS (12)	37-1 1/4

## Girls Shot Put

1. Delores Tuimoloau, Channel Island-SS (12)	46-10
2. Peka Lulu, Nogales-SS (12)	44-11 1/2
3. Gina Heads, Newport Harbor Newport Bch.-SS (12)	44-8 3/4
4. Soozie Shanley, Tulare-C (12)	43-7 1/2
5. Nicole Brooks, Berkeley-NC (12)	42-8 1/2
6. Andria Brown, South Bakersfield-C (11)	42-5

## Girls Discus

1. Suzy Powell, Downey Modesto-SJ (12)	174-2
2. Nadia Lopez, Arroyo Grande-SS (11)	154-0
3. Gina Head, Newport Harbor Newport Bch.-SS (12)	146-1
4. Darlene Tulua, Carmel-CC (10)	145-4
5. Soozie Shanley, Tulare-C (12)	142-10
6. Mandy Buckley, Bakersfield-C (10)	139-6

## Girls Pole Vault (Exhibition)

1. Melissa Price, Kingsburg-C (11)	11-2*
2. Jocelyn Chase, Agoura-SS (12)	9-6

\*US best mark for girls' pole vaulter

## GIRLS FINAL TEAM STANDINGS

1. Skyline Oakland-O	36 points
2. Bishop O'Dowd Oakland-NC	32
3. Long Beach Poly-SS	24
4. Muir Pasadena-SS	22
5. Wilson Long Beach-SS	20

# 1994 CIF/TOYOTA State Track Championship Results - Boys

## Boys 100 Meters

1. Pat Johnson, Redlands-SS (12 grade)	10.43
2. Marques Holiwell, West Bakersfield-C (11)	10.52
3. Ali Evans, Vallejo-SJ (12)	10.58
4. Willie Jones, Franklin-SJ (12)	10.74
5. Marvin Love, Washington-NC (12)	10.77
6. Leon Settle, Dorsey-LA (12)	10.80

## Boys 200 Meters

1. Pat Johnson, Redlands-SS (12)	21.01
2. Bryan Howard, Canyon Springs-SS (11)	21.14
3. Leon Settle, Dorsey-LA (12)	21.48
4. Demond Birks-Eisenhower-SS (12)	21.75
5. Shawn Williams, Silver Creek-CC (11)	21.96
6. Willie Jones, Franklin-SJ (12)	21.99

## Boys 400 Meters

1. James Davis, Wood Vacaville-SJ (12)	46.96
2. Mike Russell, Rowland-SS (11)	47.10
3. Felton Charles, Westmoor-CC (10)	47.17
4. Ramsey Jay, Ventura-SS (11)	47.49
5. Jerome Davis, Burroughs Ridgecrest-SS (11)	47.56
6. Andre DeSaussure, Taft-LA (12)	47.70

## Boys 800 Meters

1. Michael Granville, Bell Garden-SS (10)	1:49.82
2. Vondre Armour, Central-C (12)	1:50.11
3. Jessie Camp, El Capitan-SD (12)	1:52.14
4. Aaron Richberg, James Logan-NC (11)	1:52.57
5. Mike Wenz, Canyon Springs-SS (12)	1:53.20
6. Matt Silva, San Pasqual-SD (12)	1:53.65

## Boys 1600 Meters

1. Mebrahom Keflezighi, San Diego-SD (12)	4:07.67
2. Michael Stember, Jesuit Carmichael-SJ (10)	4:08.52
3. Mark Hauser, St. Augustine-SD (12)	4:08.97
4. Brett Strahan, Hart Newhall-SS (11)	4:09.98
5. Eric Dunn, Arroyo Grande-SS (12)	4:11.80
6. Ricardo Etheridge, Barstow-SS (11)	4:14.41

## Boys 3200 Meters

1. Mebrahtom Keflezighi, San Diego-SD (12)	8:58.11
2. Antonio Arce, Palmdale-SS (11)	9:03.19
3. Matt Farley, Jesuit Carmichael-SJ (12)	9:03.55
4. Konrad Knutsen, Del Campo-SJ (12)	9:05.88
5. Jaime Martinez, Orange-SS (12)	9:06.94
6. Matt Creason, Eureka-NC (12)	9:10.26

## Boys 400 Meter Relay

1. El Camino-SD	41.16
2. Muir Pasadena-SS	41.24
3. Morningside Inglewood-SS	41.25
4. Skyline Oakland-O	41.60
5. University City-SD	41.81
6. Dorsey-LA	41.96

## Boys 1600 Meter Relay

1. Muir Pasadena-SS	3:12.54
2. Patrick Henry-SD	3:14.69
3. Morningside Inglewood-SS	3:14.85
4. Fairfax-LA	3:15.29
5. Berkeley-NC	3:16.29
6. Dorsey-LA	3:17.02

## Boys 110 Meter Hurdles

1. Gerimi Burleigh, Upland-SS (12)	13.93
2. DeLewis Johnson, Nogales-SS (12)	13.95

3. Ken Haslip, Muir Pasadena-SS (12)	14.07
4. Jason Medearis, Hart-SS (12)	14.23
5. Charles Alade, Highland-C (12)	14.33
6. Coke Edmond, Bellarmine-CC (12)	14.42

## Boys 300 Meter Hurdles

1. Ken Haslip, Muir Pasadena-SS (12)	37.14
2. Jason Medearis, Hart-SS (12)	37.38
3. Jason Brownlee, Hamilton-LA (12)	37.44
4. DeLewis Johnson, Nogales-SS (12)	37.50
5. Desean Holmes, Muir Pasadena-SS (12)	37.52
6. Mel Lete, Saddleback Santa Ana-SS (12)	37.88

## Boys High Jump

1. Jeremy Fischer, Camarillo-SS (12)	7-0
2. Rich Pitchford, Charter Oak-SS (12)	7-0
3. Eric Nyberg, Mt. Whitney-C (12)	6-11
4. Jerrod Johns, Vallejo-SJ (11)	6-9
5. Art Lloyd, Eisenhower-SS (12)	6-8
6. Jeff Bond, Piedmont-NC (12)	6-8

## Boys Long Jump

1. Tyree Washington, La Sierra-SS (11)	23-9 1/4
2. Art Lloyd, Eisenhower-SS (12)	23-8 1/2
3. Chris Ferreira, Oak Ridge-SJ (11)	23-7
4. Danny Haag, Granada Hills-LA (12)	23-4 3/4
5. Fred Jackson, Piedmont Hills-CC (11)	23-2 3/4
6. Ronald Powell, Carmel-CC (12)	22-10 1/4

## Boys Triple Jump

1. Von Ware, Rancho Buena Vista-SD (12)	50-6
2. Jamaal Chase, Quartz Hill-SS (12)	49-11
3. Ty Anderson, Long Beach Poly-SS (10)	48-2
4. Chuck Bishop, Taft-C (12)	47-7 3/4
5. Leroy Parham, Rancho Bernardo-SD (12)	47-5 1/4
6. Reggie Mitchell, Sweetwater-SD (12)	47-3 1/2

## Boys Pole Vault

1. Scott Slover, Leland San Jose-CC (12)	16-10
2t Borya Orloff, St. John Bosco-SS (12)	16-6
2t Robbie Weighall, Highland Bakersfield-C (12)	16-6
4. Esa Sallinen, Burroughs Burbank-SS (12)	15-10
5. Ben Stark, Porterville-C (12)	15-10
6. Mike Brown, Torrey Pines Del Mar-SD (11)	15-6

## Boys Shot Put

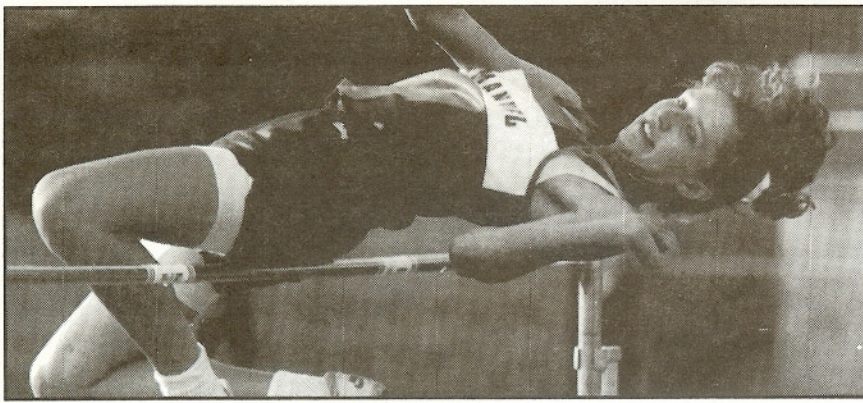
1. Chris DeMartine, St. Ignatius-CC (12)	58-11 1/2
2. Wade Tift, Newport Harbor-SS (12)	58-8 1/4
3. Jeremy Lingefelter, Claremont-SS (11)	58-7 3/4
4. Phil Fonua, Mira Costa Manhattan Beach-SS (11)	57-4
5. Chris Cate, Casa Roble-SJ (12)	55-11
6. JD Martin, Madera-C (10)	55-6 3/4

## Boys Discus

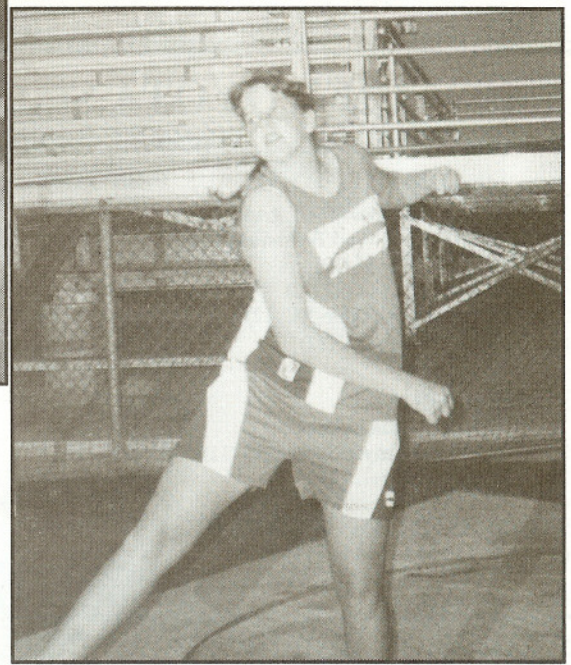
1. Jeremy Staat, Bakersfield-C (12)	183-8
2. Chris DeMartini, St. Ignatius-CC (12)	178-2
3. Kari Hamalainen, Mariposa-SJ (12)	170-11
4. Ihsan Warren, St. Mary's-NC (12)	168-2
5. Buddy Brown, El Camino-SD (12)	164-9
6. Chad Jones, Arroyo Grande-SS (11)	162-7

## BOYS FINAL TEAM STANDINGS

1. Muir Pasadena-SS	36 points
2t Redlands-SS	20
2t San Diego-SD	20
4. St. Ignatius-CC	18
5. Hart Newhall-SS	16



*Tara Flaming of Immanuel High in Reeley.*



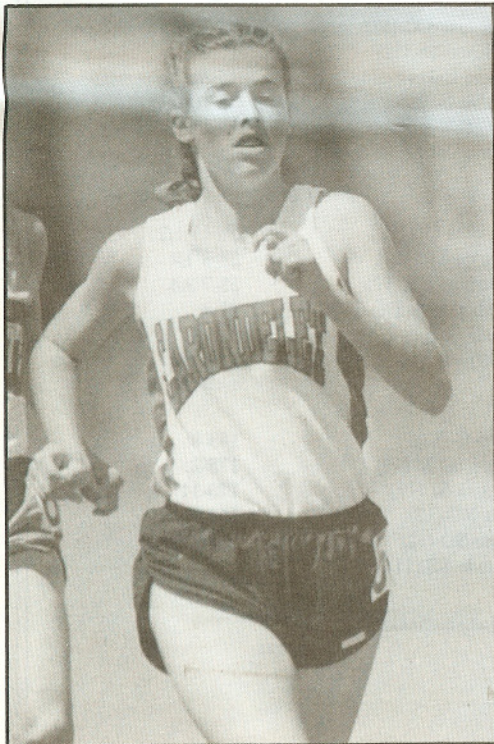
*Mandy Buckey of Bakerfield High.*



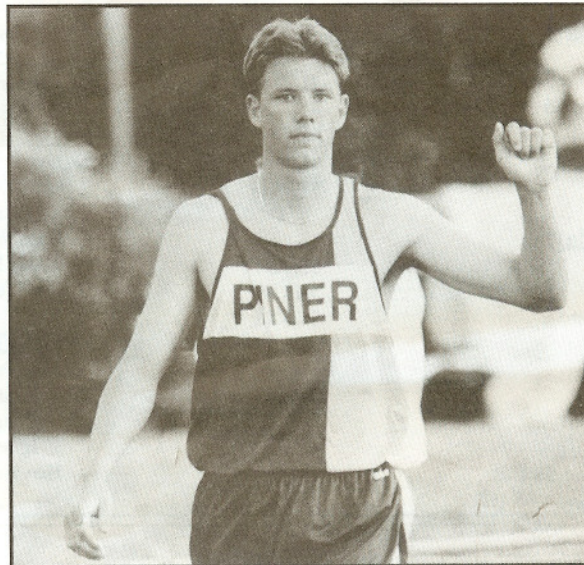
*McAteer High's Jerome Morton*



*Aaron Richberg of James Logan High.*



*Kristen Gordon of Carondolet High.*



*Patrick Leonard of Piner High. photo by Ken Grimes*

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