

Central Coast Section Championships  
Northern Subsection  
Los Gatos High School - Sat 05/11/96

MEET PROGRAM FOR SATURDAY MAY 11, 1996

Start	Field Event	Round
1:00 PM	Long Jump Boys	Final
1:00 PM	Discus Throw Boys	Final
1:00 PM	High Jump Boys	Final
1:00 PM	Triple Jump Girls	Final
1:00 PM	Shot Put Girls	Final
1:00 PM	Pole Vault Girls	Final
3:00 PM	Triple Jump Boys	Final
3:00 PM	Shot Put Boys	Final
3:00 PM	Pole Vault Boys	Final
3:00 PM	Long Jump Girls	Final
3:00 PM	Discus Throw Girls	Final
3:00 PM	High Jump Girls	Final

Start	Running Event	Round
2:00 PM	4x100m Girls	Prelim
2:15 PM	4x100m Boys	Prelim
2:30 PM	1,600m Girls	Prelim
2:40 PM	1,600m Boys	Prelim
2:50 PM	100m HH Boys	Prelim
2:50 PM	100m IH Girls	Prelim
3:25 PM	400m Girls	Prelim
3:40 PM	400m Boys	Prelim
3:55 PM	100m Girls	Prelim
4:05 PM	100m Boys	Prelim
4:15 PM	800m Girls	Prelim
4:25 PM	800m Boys	Prelim
4:35 PM	300m LH Girls	Prelim
4:47 PM	300m IH Boys	Prelim
5:00 PM	200m Girls	Prelim
5:10 PM	200m Boys	Prelim
5:20 PM	3,200m Girls	Prelim
5:35 PM	3,200m Boys	Prelim
5:50 PM	4x400m Girls	Prelim
6:05 PM	4x400m Boys	Prelim

## QUALIFYING FROM SECTION TRIALS TO SECTION SEMI-FINALS

### A. Running events:

1. Running events (except the 1600m and 3200m): Three equal heats of eight (8). Winners of each heat, plus the next six (6) fastest runners from the South Trial and next four (4) fastest runners from the North Trials, qualify for the Semi-finals.
2. 1600M: Two (2) equal heats of 12. Top two (2) finishers in each heat, plus the next nine (9) fastest runners from the South Trials and seven (7) fastest runners from the North Trials, qualify for the Semi-finals.
3. 3200m: One (1) heat of 24. Top 13 finishers from the South Trials and 11 finishers from the North Trials advance to the Section Semi-finals.

### B. Field events:

1. Long jump, triple jump, shot put, and discus: Four (4) attempts. The top nine (9) from the South Trials and the top seven (7) from the North Trials qualify for the Section Semi-finals.
2. High jump and pole vault: The top nine (9) from the South Trials and seven (7) from the North Trials qualify for the Section Semi-finals. Both events go to completion.

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 17 Girls 4x100 Meter Relay Preliminaries  
7 Advance: Top 1 Each Heat Plus Next 4 Best Times  
Saturday 05/11/96 at 2:00 PM

CCS Meet Record: 47.43 St. Francis 1988

Lane	#	Heat 1 Preliminaries		
1	853	Menlo-Atherton High School	53.64	_____
2	856	Monta Vista High School	52.47	_____
3	851	Los Gatos High School	49.94	_____
4	863	St. Francis High School	48.64	_____
5	854	Mercy High School (Burl)	26.00	_____
6	865	Terra Nova High School	51.84	_____
7	845	Burlingame High School	53.47	_____
8	862	South San Francisco H.S.	56.34	_____

Lane	#	Heat 2 Preliminaries		
1	858	Notre Dame High School	53.83	_____
2	857	Mountain View High School	52.49	_____
3	848	Gunn High School	50.64	_____
4	864	St. Ignatius High School	51.19	_____
5	867	Wilcox High School	52.50	_____
6	859	Palo Alto High School	51.56	_____
7	852	Lynbrook High School	53.28	_____
8	849	Jefferson High School	55.54	_____

Lane	#	Heat 3 Preliminaries		
1	861	San Mateo High School	53.87	_____
2	860	Sacred Heart Prep.	52.94	_____
3	850	Los Altos High School	50.74	_____
4	866	Westmoor High School	51.34	_____
5	844	Aragon High School	51.38	_____
6	855	Milpitas High School	51.24	_____
7	846	Capuchino High School	52.97	_____
8	847	Carlmont High School	54.05	_____

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 1 Boys 4x100 Meter Relay Preliminaries  
7 Advance: Top 1 Each Heat Plus Next 4 Best Times  
Saturday 05/11/96 at 2:15 PM

CCS Meet Record: 41.54 Independence 1988

Lane	#	Heat 1 Preliminaries		
1	820	Woodside High School	48.02	_____
2	814	San Mateo High School	45.49	_____
3	806	Fremont High School	43.80	_____
4	804	Cupertino High School	43.30	_____
5	809	Menlo High School	48.03	_____
6	808	Los Altos High School	45.14	_____
7	817	Terra Nova High School	47.44	_____
8				

Lane	#	Heat 2 Preliminaries		
1	803	Burlingame High School	48.70	_____
2	810	Menlo-Atherton High School	45.90	_____
3	816	St. Francis High School	44.04	_____
4	802	Bellarmino College Prep	44.04	_____
5	811	Mills High School	45.33	_____
6	801	Archbishop Riordan H.S.	44.84	_____
7	813	Palo Alto High School	46.74	_____
8				

Lane	#	Heat 3 Preliminaries		
1	807	Gunn High School	56.34	_____
2	805	El Camino High School	45.94	_____
3	800	Archbishop Mitty H.S.	44.14	_____
4	812	Milpitas High School	44.44	_____
5	818	Westmoor High School	44.74	_____
6	819	Wilcox High School	44.36	_____
7	815	South San Francisco H.S.	46.64	_____
8				

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 18 Girls 1,600 Meter Run Preliminaries  
11 Advance: Top 2 Each Heat Plus Next 7 Best Times  
Saturday 05/11/96 at 2:30 PM

CCS Meet Record: 4:48.7h Laurie Chapman, Gunderson 1986

Pos	#	Heat 1 Preliminaries				
1	238	Holt, Ashley	12	Menlo-Atherton Hig	5:19.44	_____
2	201	Biber-Ferro, Lina	10	Los Gatos High Sch	5:27.24	_____
3	127	Barger, Chloe	10	Half Moon Bay High	5:32.24	_____
4	250	Molinare, Marcella	12	Mills High School	5:28.64	_____
5	152	Lucido, Mary	9	Homestead High Sch	5:29.24	_____
6	281	Nguyen, Jennifer	10	Monta Vista High S	5:31.86	_____
7	147	Squire, Sarah	10	Hillsdale High Sch	5:34.04	_____
8	303	Gordon, Keri	9	Palo Alto High Sch	5:36.24	_____
9	399	Appenrodt, Katie	10	St. Ignatius High	5:38.24	_____
10	352	Song, Susan	10	Saratoga High Scho	5:43.24	_____
11	354	Galvin, Amy	12	Sequoia High Schoo	5:43.44	_____
12	461	Guevarra, Cathryn	9	Westmoor High Scho	5:50.24	_____

Pos	#	Heat 2 Preliminaries				
1	428	Schlueter, Mariell	11	St. Ignatius High	5:23.26	_____
2	350	Ricketts, Anne	9	Saratoga High Scho	5:24.24	_____
3	314	Davidson, Courtney	9	Redwood Christian	5:56.04	_____
4	11	Portley, Nicole	10	Aragon High School	5:21.94	_____
5	306	Kihara, April	9	Palo Alto High Sch	5:29.24	_____
6	205	Fishback, Jeanne	11	Los Gatos High Sch	5:31.24	_____
7	437	Boronda, Melissa	10	Terra Nova High Sc	5:35.84	_____
8	187	Dunwoodie, Catheri	10	Los Altos High Sch	5:36.24	_____
9	6	Lee, Tara	9	Aragon High School	5:41.14	_____
10	295	Ferrigno	9	Notre Dame High Sc	5:42.68	_____
11	221	Wu, Amie	11	Lynbrook High Scho	5:45.14	_____
12	177	Valdez, Mitzy	9	Jefferson High Sch	5:47.54	_____

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 2 Boys 1,600 Meter Run Preliminaries  
11 Advance: Top 2 Each Heat Plus Next 7 Best Times  
Saturday 05/11/96 at 2:40 PM

CCS Meet Record: 4:08.7h Mark Stillman, Willow Glen 1977

Pos	#	Heat 1 Preliminaries				
1	417	Hansen, Brad	11	St. Ignatius High	4:13.34	_____
2	138	White, Louie	10	Half Moon Bay High	4:34.24	_____
3	487	Woodruff, David	11	Wilcox High School	4:37.56	_____
4	377	Collin, John	12	St. Francis High S	4:18.44	_____
5	410	Fitzgibbon, Brenda	11	St. Ignatius High	4:22.34	_____
6	41	Cooke, Brian	11	Burlingame High Sc	4:37.07	_____
7	86	McDonough, Dan	10	Cupertino High Sch	4:38.32	_____
8	244	Beck, Brian	12	Mills High School	4:42.59	_____
9	174	Tom, Ron		Jefferson High Sch	4:42.84	_____
10	438	Chikhale, Jonathan	11	Terra Nova High Sc	4:52.44	_____
11	153	Seddequi, Darius	11	Homestead High Sch	4:55.24	_____
12	214	Newman, Tom	12	Los Gatos High Sch	5:38.44	_____

Pos	#	Heat 2 Preliminaries				
1	253	Smith, Ryan	12	Mills High School	4:28.48	_____
2	215	Rutledge, Beebe	12	Los Gatos High Sch	4:31.44	_____
3	225	Mills, Jason	10	Menlo High School	5:02.04	_____
4	38	Wulf, Andrew	11	Bellarmino College	4:14.44	_____
5	48	Magliocco, Scott	12	Burlingame High Sc	4:31.19	_____
6	45	Jensen, George	12	Burlingame High Sc	4:31.50	_____
7	349	Nothhaft, Hank	11	Saratoga High Scho	4:39.45	_____
8	189	Hill, Andrew	9	Los Altos High Sch	4:41.74	_____
9	77	South, Gabe	11	Carlmont High Scho	4:45.21	_____
10	475	Wong, Mike	12	Westmoor High Scho	4:51.74	_____
11	263	Depold, Mike	12	Milpitas High Scho	4:57.24	_____
12	448	Fries, Eric	11	Unattached	5:03.34	_____

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 20 Girls 400 Meter Dash Preliminaries  
7 Advance: Top 1 Each Heat Plus Next 4 Best Times  
Saturday 05/11/96 at 3:25 PM

CCS Meet Record: 53.92 Leslie Maxie, Mills 1982

Lane # Heat 1 Preliminaries

1	53	Parker, Lauren	10	Burlingame High Sc	1:04.10	_____	_____
2	383	Farazan, Neda	12	St. Francis High S	1:03.04	_____	_____
3	113	Coleman, Monica	10	Gunn High School	59.44	_____	_____
4	322	Williams, Kamilia	11	Sacred Heart Prep.	58.59	_____	_____
5	315	Hamner, Julie	10	Redwood Christian	1:05.15	_____	_____
6	120	McDevitt, Jackie	11	Gunn High School	1:02.94	_____	_____
7	14	Williams, Johanna	12	Aragon High School	1:03.95	_____	_____
8	275	Chen, Sanli	12	Monta Vista High S	1:06.38	_____	_____

Lane # Heat 2 Preliminaries

1	105	Sherrell, Michele	11	Fremont High Schoo	1:04.54	_____	_____
2	58	Vega, Ali	10	Burlingame High Sc	1:03.08	_____	_____
3	311	Wrenn, Colleen	10	Palo Alto High Sch	59.84	_____	_____
4	490	Jennings, Shavone	12	Woodside High Scho	58.67	_____	_____
5	466	Jones, Brandy	12	Westmoor High Scho	1:03.38	_____	_____
6	419	Lapping, Erin	9	St. Ignatius High	1:02.81	_____	_____
7	445	Weinand, Tori	10	Terra Nova High Sc	1:03.94	_____	_____
8	456	Chiong, Christina	10	Westmoor High Scho	1:06.05	_____	_____

Lane # Heat 3 Preliminaries

1	199	Slausen, Kristen	11	Los Altos High Sch	1:04.64	_____	_____
2	279	Hendrickson, Carol	11	Monta Vista High S	1:03.49	_____	_____
3	232	Barrett, Meredith	10	Menlo-Atherton Hig	1:01.68	_____	_____
4	216	Sczawinski, Rose	11	Los Gatos High Sch	58.74	_____	_____
5	484	Powers, LaShauna	11	Wilcox High School	1:01.28	_____	_____
6	402	Cahill, Kristy	10	St. Ignatius High	1:02.21	_____	_____
7	231	Baden, Anne	10	Menlo-Atherton Hig	1:03.70	_____	_____
8	137	Strohmeier, Erica	10	Half Moon Bay High	1:05.25	_____	_____

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 4 Boys 400 Meter Dash Preliminaries  
7 Advance: Top 1 Each Heat Plus Next 4 Best Times  
Saturday 05/11/96 at 3:40 PM

CCS Meet Record: 45.51 Bill Green, Cubberley 1979

Lane # Heat 1 Preliminaries

1	135	Ruiz, Junior	12	Half Moon Bay High	53.52	_____	_____
2	60	Wu, Kingston	12	Burlingame High Sc	52.64	_____	_____
3	359	Berg, Manuel	12	Serra High School	50.07	_____	_____
4	24	Hogg, Jelani	11	Archbishop Riordan	49.56	_____	_____
5	226	Muller, Sean	10	Menlo High School	57.16	_____	_____
6	451	Andrews, Emanuel	12	Westmoor High Scho	52.51	_____	_____
7	94	Palacios, Neil	11	El Camino High Sch	53.49	_____	_____
8							

Lane # Heat 2 Preliminaries

1	83	Hernandez, Emie	12	Cupertino High Sch	53.68	_____	_____
2	40	Bublow, David		Burlingame High Sc	52.72	_____	_____
3	394	Stuart, Eric	12	St. Francis High S	50.33	_____	_____
4	254	Stout, Tom	10	Mills High School	51.62	_____	_____
5	85	Jackson, David	11	Cupertino High Sch	52.27	_____	_____
6	265	Gugliemelli, Nick	12	Milpitas High Scho	51.94	_____	_____
7	347	Lux, Alex	11	Saratoga High Scho	53.20	_____	_____
8							

Lane # Heat 3 Preliminaries

1	492	Ortez, Christian	11	Woodside High Scho	53.73	_____	_____
2	192	Lee, Terrence	12	Los Altos High Sch	52.74	_____	_____
3	381	Elliott, Spencer	11	St. Francis High S	51.65	_____	_____
4	111	Carson, Brian	11	Gunn High School	51.74	_____	_____
5	478	Zamora, Mario	12	Westmoor High Scho	52.06	_____	_____
6	68	Kelsey, Josh	9	Capuchino High Sch	51.76	_____	_____
7	209	Lipp, Chris	11	Los Gatos High Sch	52.94	_____	_____
8	328	Taylor, Damel		San Mateo High Sch	53.99	_____	_____

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 19 Girls 100 Meter Int Hurdles Preliminaries  
7 Advance: Top 1 Each Heat Plus Next 4 Best Times  
Saturday 05/11/96 at 2:50 PM

CCS Meet Record: 14.14 Maxie, Mills '83 & Finnerty, Pied H '86

Lane	#	Heat 1 Preliminaries	Wind Reading:	
1	292	Pike, Stef 12 Mountain View High	18.23	_____
2	280	Horton, Meghan 10 Monta Vista High S	17.11	_____
3	197	Saenz, Becca 11 Los Altos High Sch	15.84	_____
4	393	Steingart, Michell 11 St. Francis High S	15.54	_____
5	299	Thodas 10 Notre Dame High Sc	17.94	_____
6	49	McCall, Kelly 10 Burlingame High Sc	16.84	_____
7	235	Freyberg, Frances 12 Menlo-Atherton Hig	18.21	_____
8	362	Bundukin, Myra 12 South San Francisc	18.64	_____

Lane	#	Heat 2 Preliminaries	Wind Reading:	
1	369	Velarde, Melissa 12 South San Francisc	18.24	_____
2	13	Tyndall, Lindsay 10 Aragon High School	17.52	_____
3	186	Downey, Stephanie 11 Los Altos High Sch	15.94	_____
4	70	Mazik, Mandy 11 Capuchino High Sch	15.59	_____
5	471	Tolon, Kemiko 9 Westmoor High Scho	17.74	_____
6	272	Watson, Kelly 10 Milpitas High Scho	16.24	_____
7	93	Labson, Regin 11 El Camino High Sch	18.14	_____
8	278	Greenly, Kelly 10 Monta Vista High S	18.34	_____

Lane	#	Heat 3 Preliminaries	Wind Reading:	
1	408	Ellis, Sasha St. Ignatius High	18.25	_____
2	73	Willis, Corrin 12 Capuchino High Sch	17.70	_____
3	126	Shih, Evelyn 11 Gunn High School	16.04	_____
4	334	Buchanan, Shana 12 Santa Clara High S	16.86	_____
5	243	Ostertag, Renee 12 Mercy High School	17.44	_____
6	379	Donavan, Angie 10 St. Francis High S	16.24	_____
7	65	Citrino, Stacy 11 Capuchino High Sch	18.12	_____
8	298	Musser Notre Dame High Sc	18.31	_____

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 3 Boys 100 Meter High Hurdles Preliminaries  
7 Advance: Top 1 Each Heat Plus Next 4 Best Times  
Saturday 05/11/96 at 2:50 PM

CCS Meet Record: 13.9h Erick Montgomery, Independence 1983

Lane	#	Heat 1 Preliminaries	Wind Reading:
1	252	Shinn, Simon 11 Mills High School	16.85
2	331	Young, Steve 11 San Mateo High Sch	15.95
3	285	Bull, John 12 Mountain View High	15.32
4	103	Naivalu, Joe 12 Fremont High Schoo	14.51
5	312	Perrott, James 10 Pinewood High Scho	19.21
6	176	Vae, Sunea 12 Jefferson High Sch	15.94
7	8	Mathews, Tommy 11 Aragon High School	16.82
8	300	Arnold, David 11 Palo Alto High Sch	19.04

Lane	#	Heat 2 Preliminaries	Wind Reading:
1	159	Fernandez, Paul 12 Jefferson High Sch	16.86
2	122	Nakajima, Yoshiro 12 Gunn High School	16.04
3	358	Barbaria, Rich 11 Serra High School	15.61
4	467	Lucero, Roberto 12 Westmoor High Scho	15.36
5	200	Austin, Manuel 12 Los Gatos High Sch	15.94
6	390	Owen, Mike 11 St. Francis High S	15.92
7	182	Chen, Mike 9 Los Altos High Sch	16.44
8	125	Sasaki, Go 11 Gunn High School	19.04

Lane	#	Heat 3 Preliminaries	Wind Reading:
1	140	Bahamondes, Michae 11 Hillsdale High Sch	16.88
2	436	Bonini, Joe 11 Terra Nova High Sc	16.34
3	25	Moreno, Brandon Archbishop Riordan	15.73
4	395	Tanforan, John 11 St. Francis High S	15.56
5	491	Lang, Matt 12 Woodside High Scho	15.58
6	142	DeSilva, Jonathan 12 Hillsdale High Sch	15.82
7	288	Eastham, Jeff 12 Mountain View High	16.34
8	151	Hu, An-Swol 10 Homestead High Sch	17.34

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 21 Girls 100 Meter Dash Preliminaries  
7 Advance: Top 1 Each Heat Plus Next 4 Best Times  
Saturday 05/11/96 at 3:55 PM

CCS Meet Record: 11.92 Annette Coleman, Carlmont 1989

Lane	#	Heat 1 Preliminaries	Wind Reading:
1	42	Dickson, TJ 10 Burlingame High Sc	13.43
2	270	Onofre, Charlene 10 Milpitas High Scho	12.94
3	374	Blaschke, Kerry 12 St. Francis High S	12.14
4	378	Craig, Demesha 11 St. Francis High S	11.94
5	243	Ostertag, Renee 12 Mercy High School	13.44
6	441	Hagemann, Jennifer 12 Terra Nova High Sc	12.83
7	490	Jennings, Shavone 12 Woodside High Scho	13.39
8	486	Webb, Tenesha 9 Wilcox High School	13.61

Lane	#	Heat 2 Preliminaries	Wind Reading:
1	287	Chan, Christine 11 Mountain View High	13.49
2	119	Kwan, Michelle 11 Gunn High School	13.04
3	203	Chavez, Stephanie 11 Los Gatos High Sch	12.14
4	469	McKenney, Shamika 12 Westmoor High Scho	12.51
5	87	Vest, Jill 12 Cupertino High Sch	13.40
6	452	Anselmo, Crystal 10 Westmoor High Scho	12.78
7	12	Ruiz, Gelmy 11 Aragon High School	13.36
8	425	Rhein, Elisa 12 St. Ignatius High	13.58

Lane	#	Heat 3 Preliminaries	Wind Reading:
1	75	Benner, Kathy 10 Carlmont High Scho	13.55
2	9	Omolayole, Yinka 10 Aragon High School	13.28
3	191	Hypolite, Adrienne 11 Los Altos High Sch	12.44
4	70	Mazik, Mandy 11 Capuchino High Sch	10.30
5	430	Washington, Jasmin 9 St. Ignatius High	12.87
6	440	Hagemann, Jamie 9 Terra Nova High Sc	12.54
7	229	Pogue, N. 9 Menlo High School	13.30
8	485	Sison, Jessica 12 Wilcox High School	13.55

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 5 Boys 100 Meter Dash Preliminaries

7 Advance: Top 1 Each Heat Plus Next 4 Best Times  
Saturday 05/11/96 at 4:05 PM

CCS Meet Record: 10.42 Benari Burroughs, Independence 1988

Lane	#	Heat 1 Preliminaries	Wind Reading:	
1	468	Marta, Yahir	12 Westmoor High Scho	11.65
2	118	Kasano, Yuki	12 Gunn High School	11.44
3	353	Anderson, Lavarr	12 Sequoia High Schoo	11.20
4	266	Hamm, Dammon	12 Milpitas High Scho	10.84
5	228	Partridge, Grant	10 Menlo High School	11.98
6	413	Gonzalez, Andy	12 St. Ignatius High	11.42
7	435	Andrews, Vince	11 Terra Nova High Sc	11.63
8	301	Cox, Marshal	12 Palo Alto High Sch	11.94

Lane	#	Heat 2 Preliminaries	Wind Reading:	
1	63	Benaducci, Gian	10 Capuchino High Sch	11.70
2	142	DeSilva, Jonathan	12 Hillsdale High Sch	11.47
3	249	Liu, Tony	12 Mills High School	11.22
4	233	Brown, T	12 Menlo-Atherton Hig	11.17
5	365	Mafi, Ben	12 South San Francisc	11.58
6	481	Bryant, Aaron	10 Wilcox High School	11.36
7	321	Rance, Christon	12 Sacred Heart Prep.	11.62
8	32	Foley, Tim	11 Bellarmine College	11.72

Lane	#	Heat 3 Preliminaries	Wind Reading:	
1	458	Druhet, Alon	12 Westmoor High Scho	11.70
2	84	Hesse, Jeff	11 Cupertino High Sch	11.48
3	204	Conley, Craig	12 Los Gatos High Sch	11.34
4	103	Naivalu, Joe	12 Fremont High Schoo	11.29
5	34	Jordan, LeRoy	12 Bellarmine College	11.36
6	179	Alvarez, Ricardo	12 Los Altos High Sch	11.34
7	273	White, Jason	11 Milpitas High Scho	11.54
8	8	Mathews, Tommy	11 Aragon High School	11.71

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 22 Girls 800 Meter Run Preliminaries  
7 Advance: Top 1 Each Heat Plus Next 4 Best Times  
Saturday 05/11/96 at 4:15 PM

CCS Meet Record: 2:04.0h Kristen Dowell, Santa Teresa 1986

Lane	#	Heat 1 Preliminaries				
1	476	Wong, Natalie	10	Westmoor High Scho	2:34.84	_____
2	11	Portley, Nicole	10	Aragon High School	2:28.87	_____
3	201	Biber-Ferro, Lina	10	Los Gatos High Sch	2:24.64	_____
4	210	Lombardi, Ally	11	Los Gatos High Sch	2:22.74	_____
5	134	Oleary, Molly	10	Half Moon Bay High	2:32.14	_____
6	50	Morales, Anna	9	Burlingame High Sc	2:28.27	_____
7	147	Squire, Sarah	10	Hillsdale High Sch	2:33.57	_____
8	439	Gerber, Jennifer	10	Terra Nova High Sc	2:39.43	_____

Lane	#	Heat 2 Preliminaries				
1	302	Currie, Coco	9	Palo Alto High Sch	2:34.84	_____
2	289	Giraud, Tonio	9	Mountain View High	2:30.59	_____
3	397	Vincenti-Brown, Ge	10	St. Francis High S	2:25.54	_____
4	238	Holt, Ashley	12	Menlo-Atherton Hig	2:25.79	_____
5	81	Tench, Margaret	12	Castilleja High Sc	2:30.34	_____
6	208	La Pine, Amy	9	Los Gatos High Sch	2:28.04	_____
7	222	Coghlan	10	Menlo High School	2:33.00	_____
8	338	McCrea, Amber	10	Santa Clara High S	2:38.24	_____

Lane	#	Heat 3 Preliminaries				
1	480	Browne, Michelle	11	Wilcox High School	2:35.24	_____
2	6	Lee, Tara	9	Aragon High School	2:31.82	_____
3	39	Brookins, Ser	11	Burlingame High Sc	2:27.35	_____
4	218	McClosky, Joanna	12	Lynbrook High Scho	2:28.78	_____
5	420	Libien, Stephanie	11	St. Ignatius High	2:29.00	_____
6	196	Rippetoe, Anne	11	Los Altos High Sch	2:27.84	_____
7	400	Cahill, Kerrie	12	St. Ignatius High	2:32.00	_____
8	463	Herran, Desiree	9	Westmoor High Scho	2:36.65	_____

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 6 Boys 800 Meter Run Preliminaries  
7 Advance: Top 1 Each Heat Plus Next 4 Best Times  
Saturday 05/11/96 at 4:25 PM

CCS Meet Record: 1:50.7h Rick Brown, Los Altos 1970

Lane # Heat 1 Preliminaries

1	349	Nothhaft, Hank	11	Saratoga High Scho	2:05.48	_____	_____
2	72	Patania, Zac		Capuchino High Sch	2:02.28	_____	_____
3	410	Fitzgibbon, Brenda	11	St. Ignatius High	1:57.27	_____	_____
4	215	Rutledge, Beebe	12	Los Gatos High Sch	1:56.34	_____	_____
5	230	Poore, Bill	10	Menlo High School	2:08.94	_____	_____
6	325	Greenough, Joshua	11	San Mateo High Sch	2:01.62	_____	_____
7	310	Rudolph, Jason	11	Palo Alto High Sch	2:05.34	_____	_____
8	117	Hung, Albert	11	Gunn High School	2:09.34	_____	_____

Lane # Heat 2 Preliminaries

1	453	Barriere, Jorge	12	Westmoor High Scho	2:05.57	_____	_____
2	202	Carter, Peter	11	Los Gatos High Sch	2:03.54	_____	_____
3	377	Collin, John	12	St. Francis High S	1:57.86	_____	_____
4	38	Wulf, Andrew	11	Bellarmino College	1:57.25	_____	_____
5	161	Gonzalez, Nick	12	Jefferson High Sch	2:02.02	_____	_____
6	239	Jeffery, Andrew	11	Menlo-Atherton Hig	2:01.34	_____	_____
7	450	Afghani, Ali	12	Westmoor High Scho	2:04.34	_____	_____
8	106	Warthaw, Dee	12	Fremont High Schoo	2:09.00	_____	_____

Lane # Heat 3 Preliminaries

1	129	Chain, Andy	10	Half Moon Bay High	2:06.19	_____	_____
2	60	Wu, Kingston	12	Burlingame High Sc	2:03.78	_____	_____
3	33	Immel, Casey	12	Bellarmino College	1:58.55	_____	_____
4	48	Magliocco, Scott	12	Burlingame High Sc	2:00.43	_____	_____
5	479	Adkins, Jason	11	Wilcox High School	2:00.57	_____	_____
6	214	Newman, Tom	12	Los Gatos High Sch	1:58.94	_____	_____
7	40	Bublow, David		Burlingame High Sc	2:03.97	_____	_____
8	268	Jenkerson, Keith	12	Milpitas High Scho	2:07.74	_____	_____

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 23 Girls 300 Meter Low Hurdles Preliminaries  
7 Advance: Top 1 Each Heat Plus Next 4 Best Times  
Saturday 05/11/96 at 4:35 PM

CCS Meet Record: 42.88 Keri Sanchez, Santa Teresa 1989

Lane # Heat 1 Preliminaries

1	298	Musser	Notre Dame High Sc	50.92	_____	_____
2	471	Tolon, Kemiko	9 Westmoor High Scho	50.12	_____	_____
3	376	Clemm, Sarah	10 St. Francis High S	47.74	_____	_____
4	393	Steingart, Michell	11 St. Francis High S	45.44	_____	_____
5	346	Graziosi, Andrea	10 Saratoga High Scho	50.38	_____	_____
6	73	Willis, Corrin	12 Capuchino High Sch	50.11	_____	_____
7	280	Horton, Meghan	10 Monta Vista High S	50.91	_____	_____
8	379	Donavan, Angie	10 St. Francis High S	52.04	_____	_____

Lane # Heat 2 Preliminaries

1	108	Alferson, Erica	10 Gunn High School	50.94	_____	_____
2	369	Velarde, Melissa	12 South San Francisc	50.28	_____	_____
3	232	Barrett, Meredith	10 Menlo-Atherton Hig	48.36	_____	_____
4	70	Mazik, Mandy	11 Capuchino High Sch	48.18	_____	_____
5	432	Wershky, Lara	10 St. Ignatius High	50.07	_____	_____
6	137	Strohmeier, Erica	10 Half Moon Bay High	50.00	_____	_____
7	57	Tucker, Megan	9 Burlingame High Sc	50.76	_____	_____
8	67	Hollenbeck, Piper	9 Capuchino High Sch	51.34	_____	_____

Lane # Heat 3 Preliminaries

1	197	Saenz, Becca	11 Los Altos High Sch	50.94	_____	_____
2	421	Mulder, Ashley	11 St. Ignatius High	50.68	_____	_____
3	306	Kihara, April	9 Palo Alto High Sch	49.74	_____	_____
4	445	Weinand, Tori	10 Terra Nova High Sc	49.15	_____	_____
5	243	Ostertag, Renee	12 Mercy High School	49.51	_____	_____
6	49	McCall, Kelly	10 Burlingame High Sc	49.80	_____	_____
7	292	Pike, Stef	12 Mountain View High	50.75	_____	_____
8	348	Moon, Jill	11 Saratoga High Scho	51.16	_____	_____

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 7 Boys 300 Meter Int Hurdles Preliminaries  
7 Advance: Top 1 Each Heat Plus Next 4 Best Times  
Saturday 05/11/96 at 4:47 PM

CCS Meet Record: 36.60 John Montgomery, Independence 1988

Lane # Heat 1 Preliminaries

1	330	Tulkin, David	11 San Mateo High Sch	44.37	_____	_____
2	415	Hall, Brendan	11 St. Ignatius High	42.10	_____	_____
3	285	Bull, John	12 Mountain View High	39.85	_____	_____
4	103	Naivalu, Joe	12 Fremont High Schoo	37.56	_____	_____
5	224	Kimura, T	11 Menlo High School	45.55	_____	_____
6	8	Mathews, Tommy	11 Aragon High School	41.96	_____	_____
7	151	Hu, An-Swol	10 Homestead High Sch	44.24	_____	_____
8	182	Chen, Mike	9 Los Altos High Sch	46.74	_____	_____

Lane # Heat 2 Preliminaries

1	146	Smith-Maravilla, A	12 Hillsdale High Sch	44.62	_____	_____
2	122	Nakajima, Yoshiro	12 Gunn High School	42.74	_____	_____
3	345	Carroll, Brian	11 Saratoga High Scho	40.01	_____	_____
4	200	Austin, Manuel	12 Los Gatos High Sch	40.34	_____	_____
5	467	Lucero, Roberto	12 Westmoor High Scho	41.94	_____	_____
6	30	Ellazar, Joel	12 Bellarmine College	41.91	_____	_____
7	391	Sanchez, Carlos	12 St. Francis High S	43.38	_____	_____
8	300	Arnold, David	11 Palo Alto High Sch	45.84	_____	_____

Lane # Heat 3 Preliminaries

1	94	Palacios, Neil	11 El Camino High Sch	44.99	_____	_____
2	135	Ruiz, Junior	12 Half Moon Bay High	42.92	_____	_____
3	76	Luis, David	12 Carlmont High Scho	41.23	_____	_____
4	142	DeSilva, Jonathan	12 Hillsdale High Sch	40.73	_____	_____
5	29	Clark, Justin	11 Bellarmine College	41.76	_____	_____
6	150	Anan, Kousouka	12 Homestead High Sch	41.34	_____	_____
7	331	Young, Steve	11 San Mateo High Sch	43.18	_____	_____
8	460	Gonzalez, Geoffrey	11 Westmoor High Scho	45.03	_____	_____

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 24 Girls 200 Meter Dash Preliminaries  
7 Advance: Top 1 Each Heat Plus Next 4 Best Times  
Saturday 05/11/96 at 5:00 PM

CCS Meet Record: 23.9h Kelia Bolton, Andrew Hill 1978

Lane	#	Heat 1 Preliminaries	Wind Reading:	
1	219	Menta, Pooja 9 Lynbrook High Scho	28.05	_____
2	484	Powers, LaShauna 11 Wilcox High School	27.34	_____
3	374	Blaschke, Kerry 12 St. Francis High S	25.34	_____
4	378	Craig, Demesha 11 St. Francis High S	24.64	_____
5	80	Cage, Tene 10 Castilleja High Sc	28.31	_____
6	440	Hagemann, Jamie 9 Terra Nova High Sc	27.32	_____
7	12	Ruiz, Gelmy 11 Aragon High School	28.02	_____
8	469	McKenney, Shamika 12 Westmoor High Scho	29.09	_____

Lane	#	Heat 2 Preliminaries	Wind Reading:	
1	282	Stager, Jamie 9 Monta Vista High S	28.09	_____
2	441	Hagemann, Jennifer 12 Terra Nova High Sc	27.49	_____
3	203	Chavez, Stephanie 11 Los Gatos High Sch	25.54	_____
4	490	Jennings, Shavone 12 Woodside High Scho	26.33	_____
5	277	Fitzgerald, Brie 11 Monta Vista High S	27.09	_____
6	311	Wrenn, Colleen 10 Palo Alto High Sch	26.54	_____
7	42	Dickson, TJ 10 Burlingame High Sc	27.69	_____
8	66	Gutierrez, Raquel 11 Capuchino High Sch	28.50	_____

Lane	#	Heat 3 Preliminaries	Wind Reading:	
1	78	Torres, Kachina 11 Carlmont High Scho	28.17	_____
2	430	Washington, Jasmin 9 St. Ignatius High	27.56	_____
3	216	Sczawinski, Rose 11 Los Gatos High Sch	26.34	_____
4	322	Williams, Kamilia 11 Sacred Heart Prep.	26.40	_____
5	466	Jones, Brandy 12 Westmoor High Scho	26.57	_____
6	113	Coleman, Monica 10 Gunn High School	26.44	_____
7	297	Lipton 9 Notre Dame High Sc	27.64	_____
8	327	Ramoli, Jenna 10 San Mateo High Sch	28.48	_____

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 8 Boys 200 Meter Dash Preliminaries  
7 Advance: Top 1 Each Heat Plus Next 4 Best Times  
Saturday 05/11/96 at 5:10 PM

CCS Meet Record: 20.9h Millard Hampton, Silver Creek 1974

Lane	#	Heat 1 Preliminaries	Wind Reading:
1	276	Fieger, Joe 12 Monta Vista High S	23.82
2	413	Gonzalez, Andy 12 St. Ignatius High	23.06
3	394	Stuart, Eric 12 St. Francis High S	22.52
4	266	Hamm, Dammon 12 Milpitas High Scho	22.14
5	228	Partridge, Grant 10 Menlo High School	24.54
6	179	Alvarez, Ricardo 12 Los Altos High Sch	23.04
7	95	Puckett, Terrell 12 El Camino High Sch	23.73
8	301	Cox, Marshal 12 Palo Alto High Sch	24.84

Lane	#	Heat 2 Preliminaries	Wind Reading:
1	63	Benaducci, Gian 10 Capuchino High Sch	23.88
2	233	Brown, T 12 Menlo-Atherton Hig	23.39
3	265	Gugliemelli, Nick 12 Milpitas High Scho	22.84
4	34	Jordan, LeRoy 12 Bellarmine College	22.36
5	353	Anderson, Lavarr 12 Sequoia High Schoo	23.08
6	359	Berg, Manuel 12 Serra High School	23.02
7	111	Carson, Brian 11 Gunn High School	23.64
8	155	Alfaro, Jessie 12 Jefferson High Sch	24.26

Lane	#	Heat 3 Preliminaries	Wind Reading:
1	495	Wright, Josh 11 Woodside High Scho	24.00
2	451	Andrews, Emanuel 12 Westmoor High Scho	23.40
3	204	Conley, Craig 12 Los Gatos High Sch	22.94
4	84	Hesse, Jeff 11 Cupertino High Sch	22.64
5	478	Zamora, Mario 12 Westmoor High Scho	22.84
6	104	Pasibe, Mike 12 Fremont High Schoo	23.00
7	249	Liu, Tony 12 Mills High School	23.61
8	254	Stout, Tom 10 Mills High School	24.02

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 25 Girls 3,200 Meter Run Preliminaries  
11 Advance: Top 11 Each Heat  
Saturday 05/11/96 at 5:20 PM

CCS Meet Record: 10:09.5h Cory Shubert, Del Mar 1983

Pos	#	Heat 1 Preliminaries				
1	427	Sandoval, Laura	12	St. Ignatius High	11:27.54	_____
2	238	Holt, Ashley	12	Menlo-Atherton Hig	11:33.95	_____
3	152	Lucido, Mary	9	Homestead High Sch	12:11.54	_____
4	437	Boronda, Melissa	10	Terra Nova High Sc	12:25.54	_____
5	281	Nguyen, Jennifer	10	Monta Vista High S	12:29.24	_____
6	314	Davidson, Courtney	9	Redwood Christian	12:57.44	_____
7	407	Driscoll, Shana	12	St. Ignatius High	11:36.74	_____
8	11	Portley, Nicole	10	Aragon High School	11:38.98	_____
9	414	Grove, Eileen	11	St. Ignatius High	11:51.74	_____
10	250	Molinare, Marcella	12	Mills High School	12:03.84	_____
11	147	Squire, Sarah	10	Hillsdale High Sch	12:05.97	_____
12	290	Givard, Tonia	9	Mountain View High	12:10.59	_____
13	205	Fishback, Jeanne	11	Los Gatos High Sch	12:16.74	_____
14	121	Nadaner, Jenny	10	Gunn High School	12:20.44	_____
15	123	Nandaner, Jenny		Gunn High School	12:20.64	_____
16	236	Glare, Chloe	9	Menlo-Atherton Hig	12:21.53	_____
17	396	Teuscher, Paige	12	St. Francis High S	12:22.94	_____
18	207	High, Sarah	10	Los Gatos High Sch	12:29.04	_____
19	351	Ricketts, Maggie	12	Saratoga High Scho	12:32.74	_____
20	6	Lee, Tara	9	Aragon High School	12:33.98	_____
21	136	Schecter, Anna	10	Half Moon Bay High	12:37.74	_____
22	102	Liew, Sueh-Han	9	Fremont High Schoo	12:55.03	_____
23	474	Wong, Jocelyn	9	Westmoor High Scho	13:03.64	_____
24	477	Wong, Pam	9	Westmoor High Scho	13:03.74	_____

Los Gatos High School - Sat 05/11/96

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 9 Boys 3,200 Meter Run Preliminaries

11 Advance: Top 11 Each Heat  
Saturday 05/11/96 at 5:35 PM

CCS Meet Record: 9:01.6h Gordan MacMitchell, Gunn 1973

Pos	#	Heat 1 Preliminaries				
1	431	Wellman, Paul	12	St. Ignatius High	9:28.84	_____
2	253	Smith, Ryan	12	Mills High School	9:43.97	_____
3	189	Hill, Andrew	9	Los Altos High Sch	9:58.74	_____
4	138	White, Louie	10	Half Moon Bay High	10:11.77	_____
5	86	McDonough, Dan	10	Cupertino High Sch	10:15.68	_____
6	223	Keck, Martin	10	Menlo High School	10:38.00	_____
7	417	Hansen, Brad	11	St. Ignatius High	9:35.60	_____
8	361	Perez, Adam	10	Serra High School	9:43.80	_____
9	375	Cheung, Mike	11	St. Francis High S	9:51.07	_____
10	45	Jensen, George	12	Burlingame High Sc	9:52.59	_____
11	41	Cooke, Brian	11	Burlingame High Sc	10:06.24	_____
12	54	Patel, Andrew	12	Burlingame High Sc	10:11.26	_____
13	110	Boyd, Marshal	10	Gunn High School	10:20.84	_____
14	487	Woodruff, David	11	Wilcox High School	10:23.42	_____
15	220	Neves, Paul	11	Lynbrook High Scho	10:24.81	_____
16	449	Abdul, Mohammed	10	Westmoor High Scho	10:29.00	_____
17	212	Martin, Jedo	9	Los Gatos High Sch	10:31.04	_____
18	244	Beck, Brian	12	Mills High School	10:32.59	_____
19	211	Martin, Ben	11	Los Gatos High Sch	10:33.74	_____
20	245	Chang, Wonil	11	Mills High School	10:38.59	_____
21	162	Hernandez, Oscar	12	Jefferson High Sch	10:40.53	_____
22	117	Hung, Albert	11	Gunn High School	10:46.74	_____
23	116	Hu, Stan		Gunn High School	10:57.04	_____
24	131	Dines, David	11	Half Moon Bay High	11:08.03	_____

HEAT SHEETS FOR TRACK & FIELD

=====  
Event 26 Girls 4x400 Meter Relay Preliminaries  
7 Advance: Top 1 Each Heat Plus Next 4 Best Times  
Saturday 05/11/96 at 5:50 PM

CCS Meet Record: 3:50.33 St. Francis 1989

Lane	#	Heat 1 Preliminaries		
1	874	Jefferson High School	4:39.33	_____
2	880	Palo Alto High School	4:25.54	_____
3	876	Los Gatos High School	4:01.34	_____
4	886	St. Francis High School	4:00.94	_____
5	881	Redwood Christian H.S.	4:32.71	_____
6	879	Notre Dame High School	4:24.23	_____
7	882	Sacred Heart Prep.	4:34.99	_____
8				_____

Lane	#	Heat 2 Preliminaries		
1	890	Woodside High School	4:40.07	_____
2	873	Half Moon Bay High School	4:27.37	_____
3	872	Gunn High School	4:12.14	_____
4	887	St. Ignatius High School	4:14.57	_____
5	888	Westmoor High School	4:26.31	_____
6	877	Lynbrook High School	4:23.24	_____
7	885	South San Francisco H.S.	4:31.84	_____
8	883	Saratoga High School	NT	_____

Lane	#	Heat 3 Preliminaries		
1	884	Sequoia High School	4:41.02	_____
2	868	Aragon High School	4:28.41	_____
3	875	Los Altos High School	4:17.04	_____
4	878	Menlo-Atherton High School	4:15.55	_____
5	889	Wilcox High School	4:21.64	_____
6	869	Burlingame High School	4:20.16	_____
7	870	Capuchino High School	4:29.48	_____
8	871	Fremont High School	NT	_____

HEAT SHEETS FOR TRACK & FIELD

=====

Event 10 Boys 4x400 Meter Relay Preliminaries  
7 Advance: Top 1 Each Heat Plus Next 4 Best Times  
Saturday 05/11/96 at 6:05 PM

CCS Meet Record: 3:15.8h Los Altos 1970

Lane	#	Heat 1 Preliminaries		
1	838	Palo Alto High School	3:42.14	_____
2	839	San Mateo High School	3:36.98	_____
3	822	Archbishop Riordan H.S.	3:24.95	_____
4	823	Bellarmino College Prep	3:24.23	_____
5	833	Menlo High School	3:49.72	_____
6	834	Menlo-Atherton High School	3:35.58	_____
7	843	Woodside High School	3:41.39	_____
8				

Lane	#	Heat 2 Preliminaries		
1	827	El Camino High School	3:42.29	_____
2	842	Wilcox High School	3:37.48	_____
3	840	St. Francis High School	3:27.21	_____
4	832	Los Gatos High School	3:25.94	_____
5	826	Cupertino High School	3:35.15	_____
6	836	Milpitas High School	3:30.24	_____
7	825	Carlmont High School	3:41.02	_____
8	829	Half Moon Bay High School	3:50.80	_____

Lane	#	Heat 3 Preliminaries		
1	835	Mills High School	3:43.33	_____
2	837	Monta Vista High School	3:38.57	_____
3	821	Archbishop Mitty H.S.	3:27.54	_____
4	841	Westmoor High School	3:32.71	_____
5	824	Burlingame High School	3:34.20	_____
6	828	Gunn High School	3:29.84	_____
7	831	Los Altos High School	3:40.64	_____
8	830	Jefferson High School	3:43.56	_____

FIELD EVENT FLIGHT SHEETS FOR TRACK & FIELD

=====  
Event 27 Girls Long Jump Finals  
Saturday 05/11/96 at 3:00 PM

CCS Meet Record: 19'10.75" Wendy Brown, Woodside 1983

Pos	#	Flight 1	Finals			
1	79	Torres, Sachina	11	Carlmont High Scho	14'04.50"	_____
2	149	Williams, Diane	10	Hillside High Sch	14'04.75"	_____
3	66	Gutierrez, Raquel	11	Capuchino High Sch	14'05.00"	_____
4	58	Vega, Ali	10	Burlingame High Sc	14'05.00"	_____
5	10	Pendergast, Annie	9	Aragon High School	14'08.50"	_____
6	242	Castro, Danielle	10	Mercy High School	14'10.00"	_____
7	317	Yovino, Anna	10	Redwood Christian	14'11.00"	_____
8	426	Roberts, Lakeeja	12	St. Ignatius High	14'11.00"	_____

Pos	#	Flight 2	Finals			
1	473	Williams, Tasha	10	Westmoor High Scho	14'11.25"	_____
2	284	Wu, Janet	12	Monta Vista High S	15'00.25"	_____
3	369	Velarde, Melissa	12	South San Francisc	15'00.50"	_____
4	193	Leung, Emily	9	Los Altos High Sch	15'01.00"	_____
5	274	Abatzoglou, Anna	9	Monta Vista High S	15'03.75"	_____
6	429	Tafolla, Elizabeth	10	St. Ignatius High	15'04.00"	_____
7	388	Muller, Lesley	10	St. Francis High S	15'05.75"	_____
8	446	Wiley, Tiombe	11	Terra Nova High Sc	15'05.75"	_____

Pos	#	Flight 3	Finals			
1	70	Mazik, Mandy	11	Capuchino High Sch	15'07.50"	_____
2	112	Chun, Leslie	12	Gunn High School	15'07.75"	_____
3	454	Byrd, Tammi	12	Westmoor High Scho	16'00.50"	_____
4	186	Downey, Stephanie	11	Los Altos High Sch	16'02.25"	_____
5	336	Bushanan, Shana	12	Santa Clara High S	16'07.75"	_____
6	181	Burnham, Jessica	12	Los Altos High Sch	16'07.75"	_____
7	126	Shih, Evelyn	11	Gunn High School	16'08.00"	_____
8	287	Chan, Christine	11	Mountain View High	17'00.00"	_____

FIELD EVENT FLIGHT SHEETS FOR TRACK & FIELD

=====  
Event 11 Boys Long Jump Finals  
Saturday 05/11/96 at 1:00 PM

CCS Meet Record: 25'03.25" Johnny Johnson, Pacific Grove 1964

Pos	#	Flight 1	Finals			
1	228	Partridge, Grant	10 Menlo High School	17'08.50"	_____	_____
2	76	Luis, David	12 Carlmont High Scho	18'10.50"	_____	_____
3	324	Dean, David	11 San Mateo High Sch	19'03.00"	_____	_____
4	455	Caldwell, Anthony	12 Westmoor High Scho	19'07.50"	_____	_____
5	368	Tofiga, Anthony	12 South San Francisc	19'09.25"	_____	_____
6	468	Marta, Yahir	12 Westmoor High Scho	19'09.50"	_____	_____
7	305	Jones, R.J.	10 Palo Alto High Sch	19'10.00"	_____	_____
8	247	Kim, JiHoon	12 Mills High School	19'10.00"	_____	_____

Pos	#	Flight 2	Finals			
1	184	De La Fosse, Bryce	11 Los Altos High Sch	19'11.00"	_____	_____
2	256	Wong, Donald	12 Mills High School	19'11.00"	_____	_____
3	451	Andrews, Emanuel	12 Westmoor High Scho	19'11.50"	_____	_____
4	264	Gaston, Damon	11 Milpitas High Scho	20'01.25"	_____	_____
5	55	Portman, Scott	12 Burlingame High Sc	20'03.00"	_____	_____
6	115	Hu, Eric	10 Gunn High School	20'05.00"	_____	_____
7	60	Wu, Kingston	12 Burlingame High Sc	20'05.25"	_____	_____
8	154	Wehmeier, Sutter	10 Homestead High Sch	20'05.50"	_____	_____

Pos	#	Flight 3	Finals			
1	200	Austin, Manuel	12 Los Gatos High Sch	21'00.25"	_____	_____
2	285	Bull, John	12 Mountain View High	21'01.25"	_____	_____
3	360	Nava, John	12 Serra High School	21'01.25"	_____	_____
4	217	Chen, Dave	12 Lynbrook High Scho	21'02.25"	_____	_____
5	88	Whitaker, Mike	10 Cupertino High Sch	21'04.00"	_____	_____
6	403	De La Cruz, Franci	11 St. Ignatius High	21'04.75"	_____	_____
7	35	McMillan, Bryan	12 Bellarmine College	22'04.50"	_____	_____
8	321	Rance, Christon	12 Sacred Heart Prep.	22'07.25"	_____	_____

FIELD EVENT FLIGHT SHEETS FOR TRACK & FIELD

=====  
Event 28 Girls Triple Jump Finals  
Saturday 05/11/96 at 1:00 PM

CCS Meet Record: 40'02.00" Wendy Brown, Woodside 1983

Pos	#	Flight 1	Finals				
1	163	Liam, Lean	12	Jefferson High Sch	28'00.00"	_____	_____
2	149	Williams, Diane	10	Hillside High Sch	30'06.25"	_____	_____
3	58	Vega, Ali	10	Burlingame High Sc	30'08.00"	_____	_____
4	461	Guevarra, Cathryn	9	Westmoor High Scho	30'10.50"	_____	_____
5	313	Abia, Ima	9	Redwood Christian	31'04.50"	_____	_____
6	234	Drummond, Ashley	9	Menlo-Atherton Hig	31'06.75"	_____	_____
7	10	Pendergast, Annie	9	Aragon High School	31'07.00"	_____	_____
8	3	Anderson, Wendy	12	Aragon High School	32'01.00"	_____	_____

Pos	#	Flight 2	Finals				
1	456	Chiong, Christina	10	Westmoor High Scho	32'07.00"	_____	_____
2	433	Wong	12	St. Ignatius High	32'07.00"	_____	_____
3	388	Muller, Lesley	10	St. Francis High S	33'03.75"	_____	_____
4	284	Wu, Janet	12	Monta Vista High S	33'04.00"	_____	_____
5	235	Freyberg, Frances	12	Menlo-Atherton Hig	33'04.25"	_____	_____
6	422	Mulhern	10	St. Ignatius High	33'05.00"	_____	_____
7	426	Roberts, Lakeeja	12	St. Ignatius High	33'06.00"	_____	_____
8	98	Andrzejewski, Amy	10	Fremont High Schoo	33'06.00"	_____	_____

Pos	#	Flight 3	Finals				
1	218	McClosky, Joanna	12	Lynbrook High Scho	33'07.75"	_____	_____
2	382	Eurich, Diana	12	St. Francis High S	34'02.25"	_____	_____
3	334	Buchanan, Shana	12	Santa Clara High S	34'03.00"	_____	_____
4	454	Byrd, Tammi	12	Westmoor High Scho	34'04.25"	_____	_____
5	193	Leung, Emily	9	Los Altos High Sch	35'08.50"	_____	_____
6	197	Saenz, Becca	11	Los Altos High Sch	35'10.00"	_____	_____
7	181	Burnham, Jessica	12	Los Altos High Sch	36'01.75"	_____	_____
8	126	Shih, Evelyn	11	Gunn High School	36'08.75"	_____	_____

Los Gatos High School - Sat 05/11/96

FIELD EVENT FLIGHT SHEETS FOR TRACK & FIELD

=====  
Event 12 Boys Triple Jump Finals  
Saturday 05/11/96 at 3:00 PM

CCS Meet Record: 50'11.50" Harold Rucker, Silver Creek 1986

Pos	#	Flight 1	Finals			
1	316	Hoffman, Dan	9	Redwood Christian	32'08.00"	_____
2	241	Walton, Kenny	11	Menlo-Atherton Hig	37'09.50"	_____
3	7	Liu, Jimmy	11	Aragon High School	38'07.50"	_____
4	249	Liu, Tony	12	Mills High School	39'01.00"	_____
5	156	Crisostomo, Ed	11	Jefferson High Sch	39'03.50"	_____
6	5	DeWolfe, Jeremy	11	Aragon High School	39'08.50"	_____
7	76	Luis, David	12	Carlmont High Scho	40'01.00"	_____
8	157	Cruz, Paul	12	Jefferson High Sch	40'01.25"	_____

Pos	#	Flight 2	Finals			
1	91	Felarca, Macanthon	11	El Camino High Sch	40'04.50"	_____
2	171	Quijano, Al	12	Jefferson High Sch	40'08.50"	_____
3	55	Portman, Scott	12	Burlingame High Sc	41'01.00"	_____
4	198	Shye, Alex	10	Los Altos High Sch	41'02.50"	_____
5	305	Jones, R.J.	10	Palo Alto High Sch	41'04.25"	_____
6	264	Gaston, Damon	11	Milpitas High Scho	41'08.25"	_____
7	151	Hu, An-Swol	10	Homestead High Sch	41'11.50"	_____
8	25	Moreno, Brandon		Archbishop Riordan	42'00.75"	_____

Pos	#	Flight 3	Finals			
1	20	Whitaker, Askia	11	Archbishop Mitty H	42'02.50"	_____
2	35	McMillan, Bryan	12	Bellarmine College	42'02.50"	_____
3	154	Wehmeier, Sutter	10	Homestead High Sch	42'04.25"	_____
4	403	De La Cruz, Franci	11	St. Ignatius High	42'07.50"	_____
5	101	Johnston, Bryan	12	Fremont High Schoo	42'08.00"	_____
6	88	Whitaker, Mike	10	Cupertino High Sch	43'00.00"	_____
7	195	Quarels, Kregg	10	Los Altos High Sch	43'04.25"	_____
8	99	Ferguson	9	Fremont High Schoo	44'04.25"	_____

FIELD EVENT FLIGHT SHEETS FOR TRACK & FIELD

-----  
Event 29 Girls Shot Put Finals  
Saturday 05/11/96 at 1:00 PM

CCS Meet Record: 44'05.50" Christine Etuale, Jefferson 1994

Pos	#	Flight 1	Finals				
1	387	Miloglow, Evanna	11 St. Francis High S	27'09.50"	_____	_____	
2	197	Saenz, Becca	11 Los Altos High Sch	28'03.50"	_____	_____	
3	405	Detoy, Cristine	11 St. Ignatius High	30'01.00"	_____	_____	
4	304	Hu, Mandy	10 Palo Alto High Sch	30'09.00"	_____	_____	
5	114	Hootnick, Julie	11 Gunn High School	31'06.00"	_____	_____	
6	323	Zamora, Kirsten	11 Sacred Heart Prep.	31'08.00"	_____	_____	
7	46	Johnson, Alice	10 Burlingame High Sc	31'09.75"	_____	_____	
8	87	Vest, Jill	12 Cupertino High Sch	31'10.50"	_____	_____	

Pos	#	Flight 2	Finals				
1	340	Rankin, Alyssa	10 Santa Clara High S	32'03.00"	_____	_____	
2	342	Stevens, Rima	10 Santa Clara High S	32'04.00"	_____	_____	
3	149	Williams, Diane	10 Hillsdale High Sch	32'08.50"	_____	_____	
4	183	De Amero, Joy	12 Los Altos High Sch	32'10.00"	_____	_____	
5	489	Jacobs, Amelia	11 Woodside High Scho	32'11.00"	_____	_____	
6	442	Mahar, Rachel	12 Terra Nova High Sc	33'05.25"	_____	_____	
7	356	Vigh, Melanie	10 Sequoia High Schoo	33'05.50"	_____	_____	
8	271	Prasad, Kristy	10 Milpitas High Scho	33'07.00"	_____	_____	

Pos	#	Flight 3	Finals				
1	454	Byrd, Tammi	12 Westmoor High Scho	34'05.25"	_____	_____	
2	320	Hill, Heather	11 Sacred Heart Prep.	34'06.50"	_____	_____	
3	69	Malimali, Vanessa	12 Capuchino High Sch	35'00.25"	_____	_____	
4	97	Thiel, Amy	10 Fremont Christian	35'06.50"	_____	_____	
5	293	Santos, Jen	10 Mountain View High	35'07.00"	_____	_____	
6	52	Nilmeyer, Cami	12 Burlingame High Sc	37'01.25"	_____	_____	
7	170	Pese, Carolyn	12 Jefferson High Sch	38'07.75"	_____	_____	
8	470	Sahoureh, Sandra	12 Westmoor High Scho	40'08.00"	_____	_____	

FIELD EVENT FLIGHT SHEETS FOR TRACK & FIELD

=====

Event 13 Boys Shot Put Finals  
Saturday 05/11/96 at 3:00 PM

CCS Meet Record: 63'09.00" Bob Brannon, Los Gatos 1965

Pos	#	Flight 1	Finals			
1	227	Nye, Zach	10 Menlo High School	40'00.00"	_____	_____
2	90	DeJesus, Jonathon	11 El Camino High Sch	40'10.50"	_____	_____
3	255	Tang, Eric	11 Mills High School	41'02.00"	_____	_____
4	44	Housley, Ryan	12 Burlingame High Sc	41'06.75"	_____	_____
5	143	Elliott, Jon	11 Hillsdale High Sch	41'07.50"	_____	_____
6	248	Lee, Sang	12 Mills High School	42'07.00"	_____	_____
7	64	Burton, Nick	12 Capuchino High Sch	42'07.00"	_____	_____
8	339	Penner, Todd	12 Santa Clara High S	43'02.00"	_____	_____

Pos	#	Flight 2	Finals			
1	465	Hourani, Peter	12 Westmoor High Scho	44'04.00"	_____	_____
2	37	Passallacqua, Kevi	11 Bellarmine College	44'07.75"	_____	_____
3	309	Roberts, Sam	12 Palo Alto High Sch	44'08.00"	_____	_____
4	213	McGilvray, Dan	12 Los Gatos High Sch	45'00.00"	_____	_____
5	406	Donnelly, Mike	11 St. Ignatius High	45'05.00"	_____	_____
6	457	Dabit, Alex	12 Westmoor High Scho	45'07.50"	_____	_____
7	482	Fuentes, Lupe	12 Wilcox High School	45'08.00"	_____	_____
8	107	Ajagu, Richard	12 Gunn High School	47'01.00"	_____	_____

Pos	#	Flight 3	Finals			
1	363	Cornett, Mark	12 South San Francisc	47'04.00"	_____	_____
2	180	Bjorklund, Pete	9 Los Altos High Sch	47'09.50"	_____	_____
3	141	Campbell, Matthew	12 Hillsdale High Sch	47'10.75"	_____	_____
4	483	Nikfar, Isaac	12 Wilcox High School	48'00.00"	_____	_____
5	18	Romano, T.J.	12 Archbishop Mitty H	48'02.00"	_____	_____
6	188	Giraurd, Miah	10 Los Altos High Sch	48'11.00"	_____	_____
7	357	Asher, Kevin	12 Serra High School	50'08.75"	_____	_____
8	190	Howard, Willie	12 Los Altos High Sch	52'10.00"	_____	_____

FIELD EVENT FLIGHT SHEETS FOR TRACK & FIELD

=====  
Event 30 Girls Discus Throw Finals  
Saturday 05/11/96 at 3:00 PM

CCS Meet Record: 152'00.00" Jenny Peters, Gunn 1989

Pos	#	Flight 1	Finals				
1	237	Heimelmann, Jessica		Menlo-Atherton Hig	81'07.00"	_____	_____
2	343	Uzanski, Rachel	10	Santa Clara High S	85'03.00"	_____	_____
3	132	Fazio, Adrienne	11	Half Moon Bay High	87'04.00"	_____	_____
4	355	Hedger, Jennifer	12	Sequoia High Schoo	87'06.00"	_____	_____
5	488	Wyatt, Seniqua	12	Wilcox High School	89'00.00"	_____	_____
6	206	Gonzalles, Stacy	10	Los Gatos High Sch	90'02.00"	_____	_____
7	293	Santos, Jen	10	Mountain View High	91'06.00"	_____	_____
8	489	Jacobs, Amelia	11	Woodside High Scho	92'05.00"	_____	_____

Pos	#	Flight 2	Finals				
1	308	Makoni, Maira	12	Palo Alto High Sch	93'03.00"	_____	_____
2	242	Castro, Danielle	10	Mercy High School	93'07.00"	_____	_____
3	405	Detoy, Cristine	11	St. Ignatius High	96'09.00"	_____	_____
4	56	Skjonsby, Kierstin	11	Burlingame High Sc	97'08.00"	_____	_____
5	416	Hall, Olivia	11	St. Ignatius High	97'09.00"	_____	_____
6	387	Miloglow, Evanna	11	St. Francis High S	97'11.00"	_____	_____
7	342	Stevens, Rima	10	Santa Clara High S	98'01.00"	_____	_____
8	149	Williams, Diane	10	Hillsdale High Sch	98'08.00"	_____	_____

Pos	#	Flight 3	Finals				
1	304	Hu, Mandy	10	Palo Alto High Sch	103'00.00"	_____	_____
2	271	Prasad, Kristy	10	Milpitas High Scho	103'04.00"	_____	_____
3	52	Nilmeyer, Cami	12	Burlingame High Sc	109'01.00"	_____	_____
4	470	Sahoureh, Sandra	12	Westmoor High Scho	114'08.00"	_____	_____
5	175	Uperesa, Casey	10	Jefferson High Sch	115'03.00"	_____	_____
6	170	Pese, Carolyn	12	Jefferson High Sch	117'02.00"	_____	_____
7	97	Thiel, Amy	10	Fremont Christian	135'00.00"	_____	_____
8	183	De Amero, Joy	12	Los Altos High Sch	137'01.00"	_____	_____

Los Gatos High School - Sat 05/11/96

FIELD EVENT FLIGHT SHEETS FOR TRACK & FIELD

=====  
Event 14 Boys Discus Throw Finals  
Saturday 05/11/96 at 1:00 PM

CCS Meet Record: 199'10.00" John Wirtz, Leland 1988

Pos	#	Flight 1	Finals			
1	318	Brichacek, Gene	10 Redwood High Schoo	90'06.00"	_____	_____
2	144	Minter, Clay	12 Hillsdale High Sch	113'11.00"	_____	_____
3	341	Scott, David	11 Santa Clara High S	118'09.00"	_____	_____
4	493	Quintero, Felix	11 Woodside High Scho	120'05.00"	_____	_____
5	494	Torresdal, Brock	11 Woodside High Scho	121'07.00"	_____	_____
6	286	Cartwell, Benjamin	12 Mountain View High	121'09.00"	_____	_____
7	64	Burton, Nick	12 Capuchino High Sch	122'03.00"	_____	_____
8	457	Dabit, Alex	12 Westmoor High Scho	124'01.00"	_____	_____

Pos	#	Flight 2	Finals			
1	447	Zimmerman, Dwight	11 Terra Nova High Sc	124'02.00"	_____	_____
2	100	Hodgkiss, James	12 Fremont High Schoo	127'05.00"	_____	_____
3	329	Tuipuloto, Albert	11 San Mateo High Sch	129'04.00"	_____	_____
4	261	Alvarado, Fernando	11 Milpitas High Scho	133'05.00"	_____	_____
5	188	Giraurd, Miah	10 Los Altos High Sch	133'08.00"	_____	_____
6	180	Bjorklund, Pete	9 Los Altos High Sch	134'01.00"	_____	_____
7	141	Campbell, Matthew	12 Hillsdale High Sch	134'06.00"	_____	_____
8	109	Bower, Brent	10 Gunn High School	135'06.00"	_____	_____

Pos	#	Flight 3	Finals			
1	363	Cornett, Mark	12 South San Francisc	139'04.00"	_____	_____
2	423	Reece, Kavan	11 St. Ignatius High	140'08.00"	_____	_____
3	406	Donnelly, Mike	11 St. Ignatius High	143'08.00"	_____	_____
4	365	Mafi, Ben	12 South San Francisc	145'00.00"	_____	_____
5	398	Antonini, John	12 St. Ignatius High	145'02.00"	_____	_____
6	18	Romano, T.J.	12 Archbishop Mitty H	148'01.00"	_____	_____
7	213	McGilvray, Dan	12 Los Gatos High Sch	150'03.00"	_____	_____
8	190	Howard, Willie	12 Los Altos High Sch	150'10.00"	_____	_____

FIELD EVENT FLIGHT SHEETS FOR TRACK & FIELD

=====  
Event 31 Girls High Jump Finals  
Saturday 05/11/96 at 3:00 PM

CCS Meet Record: 5'09.50" Chi Johnson, Menlo-Atherton 1990

Pos	#	Flight 1	Finals			
1	366	Punsalan, Rizza	10 South San Francisc	4'04.00"	_____	_____
2	246	Chin, Christina	11 Mills High School	4'06.00"	_____	_____
3	469	McKenney, Shamika	12 Westmoor High Scho	4'06.00"	_____	_____
4	43	Diodati, Tiff	11 Burlingame High Sc	4'06.00"	_____	_____
5	283	Tan, Jasmine	12 Monta Vista High S	4'08.00"	_____	_____
6	333	Agdo, Aliea	9 Santa Clara High S	4'08.00"	_____	_____
7	240	Tom, Michelle	9 Menlo-Atherton Hig	4'08.00"	_____	_____
8	3	Anderson, Wendy	12 Aragon High School	4'08.00"	_____	_____
9	313	Abia, Ima	9 Redwood Christian	4'08.00"	_____	_____
10	404	Delly, Alanna	11 St. Ignatius High	4'10.00"	_____	_____
11	59	White, Lauren	11 Burlingame High Sc	4'10.00"	_____	_____
12	401	Cahill, Kerry	12 St. Ignatius High	4'10.00"	_____	_____
13	124	Peck, Susan	9 Gunn High School	4'10.00"	_____	_____
14	380	Donoran, Angela	10 St. Francis High S	4'10.00"	_____	_____
15	446	Wiley, Tiombe	11 Terra Nova High Sc	4'10.00"	_____	_____
16	454	Byrd, Tammi	12 Westmoor High Scho	4'10.00"	_____	_____
17	307	Lindsay, Terry	10 Palo Alto High Sch	5'00.00"	_____	_____
18	296	Gualco, Loren	11 Notre Dame High Sc	5'00.00"	_____	_____
19	334	Buchanan, Shana	12 Santa Clara High S	5'00.00"	_____	_____
20	291	Norman, Natasha	12 Mountain View High	5'00.00"	_____	_____
21	185	Demeter, Holly	9 Los Altos High Sch	5'02.00"	_____	_____
22	389	Owen, Kristen	11 St. Francis High S	5'02.00"	_____	_____
23	4	Burdick, Shasta	12 Aragon High School	5'02.00"	_____	_____
24	269	McClain, Holly	12 Milpitas High Scho	5'02.00"	_____	_____

FIELD EVENT FLIGHT SHEETS FOR TRACK & FIELD

=====  
Event 15 Boys High Jump Finals  
Saturday 05/11/96 at 1:00 PM

CCS Meet Record: 7'03.00" Jeff Rogers, Overfelt 1985

Pos	#	Flight 1	Finals			
1	319	Day, Sean	9	Sacred Heart High	4'06.00"	_____
2	92	Hansen, Christian	11	El Camino High Sch	5'06.00"	_____
3	436	Bonini, Joe	11	Terra Nova High Sc	5'08.00"	_____
4	96	Toscano, Rico	12	El Camino High Sch	5'08.00"	_____
5	472	Tuliano, Dave	12	Westmoor High Scho	5'08.00"	_____
6	145	Robinson, Tyrone	11	Hillsdale High Sch	5'08.00"	_____
7	192	Lee, Terrence	12	Los Altos High Sch	5'10.00"	_____
8	267	Jackson, Andre	11	Milpitas High Scho	5'10.00"	_____
9	251	Shih, Jason	12	Mills High School	5'10.00"	_____
10	148	Vukosa, Greg	11	Hillsdale High Sch	5'10.00"	_____
11	305	Jones, R.J.	10	Palo Alto High Sch	6'00.00"	_____
12	264	Gaston, Damon	11	Milpitas High Scho	6'00.00"	_____
13	262	Alvarado, Frederic	11	Milpitas High Scho	6'00.00"	_____
14	418	Harris, Adam	11	St. Ignatius High	6'00.00"	_____
15	25	Moreno, Brandon		Archbishop Riordan	6'00.00"	_____
16	324	Dean, David	11	San Mateo High Sch	6'00.00"	_____
17	23	Cooks, Reggy	11	Archbishop Riordan	6'00.00"	_____
18	55	Portman, Scott	12	Burlingame High Sc	6'00.00"	_____
19	194	Marble, Darren	10	Los Altos High Sch	6'02.00"	_____
20	344	Calebotta, Gabe	12	Saratoga High Scho	6'02.00"	_____
21	491	Lang, Matt	12	Woodside High Scho	6'02.00"	_____
22	82	Auch, Brian	11	Cupertino High Sch	6'02.00"	_____
23	31	Fiori, Chris	12	Bellarmino College	6'02.00"	_____
24	285	Bull, John	12	Mountain View High	6'04.00"	_____

Bob Podkaminer  
05/09/96 5:20 PM

Central Coast Section Championships  
Northern Subsection  
Los Gatos High School - Sat 05/11/96

Hy-Tek's MEET MANAGER  
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FIELD EVENT FLIGHT SHEETS FOR TRACK & FIELD

=====  
Event 32 Girls Pole Vault Finals  
Saturday 05/11/96 at 1:00 PM

CCS Meet Record: 10'00.00" Breanna Haut, Harbor 1995

Pos	#	Flight 1	Finals				
1	332	Abdo, Alizeh	9	Santa Clara High S	5'06.00"	_____	_____
2	47	Lewis, Sheryl	12	Burlingame High Sc	6'00.00"	_____	_____
3	62	Baltadano, Lilette	11	Capuchino High Sch	6'06.00"	_____	_____
4	461	Guevarra, Cathryn	9	Westmoor High Scho	6'09.00"	_____	_____
5	476	Wong, Natalie	10	Westmoor High Scho	6'09.00"	_____	_____
6	385	Harris, Ashley	10	St. Francis High S	7'00.00"	_____	_____
7	294	Byrne, Lauren	10	Notre Dame High Sc	7'00.00"	_____	_____
8	259	Yi, Elisa	10	Mills High School	7'06.00"	_____	_____
9	2	Anderson, Julie	9	Aragon High School	7'06.00"	_____	_____
10	409	Erkkila, Karin	10	St. Ignatius High	8'00.00"	_____	_____
11	260	Yun, Donna	11	Mills High School	8'00.00"	_____	_____
12	335	Buchanon, Shana	12	Santa Clara High S	8'06.00"	_____	_____
13	411	Furniss, Anna	10	St. Ignatius High	8'06.00"	_____	_____
14	61	Baltadano, Kattaya	12	Capuchino High Sch	8'06.00"	_____	_____

Central Coast Section Championships  
Northern Subsection  
Los Gatos High School - Sat 05/11/96

FIELD EVENT FLIGHT SHEETS FOR TRACK & FIELD

=====  
Event 16 Boys Pole Vault Finals  
Saturday 05/11/96 at 3:00 PM

CCS Meet Record: 16'10.00" Scott Slover, Leland 1993

Pos	#	Flight 1	Finals			
1	458	Druhet, Alon	12 Westmoor High Scho	7'03.00"	_____	_____
2	326	Polansky, Jon	11 San Mateo High Sch	9'00.00"	_____	_____
3	1	Adams, Charlie	11 Aragon High School	9'00.00"	_____	_____
4	71	Morgan, Todd	11 Capuchino High Sch	9'06.00"	_____	_____
5	51	Murtagh, Chris	11 Burlingame High Sc	10'00.00"	_____	_____
6	371	Vonhofen, Charlie	10 South San Francisc	10'04.00"	_____	_____
7	258	Yan, James	11 Mills High School	10'06.00"	_____	_____
8	74	Willis, Fritz	10 Capuchino High Sch	10'06.00"	_____	_____
9	257	Wu, Joe	11 Mills High School	11'00.00"	_____	_____
10	424	Reid, Dan	12 St. Ignatius High	12'00.00"	_____	_____
11	337	Chandler, Jeff	11 Santa Clara High S	12'03.00"	_____	_____
12	392	Simonson, James	10 St. Francis High S	12'06.00"	_____	_____
13	386	Malone, Patrick	12 St. Francis High S	13'00.00"	_____	_____
14	412	Gavin, John	12 St. Ignatius High	13'00.00"	_____	_____

# **Next week in CCS Track & Field**

**Central Coast Section  
1996 Track & Field Semifinals & Finals  
Saturday, May 18 & Thursday, May 23  
San Jose City College**

## **Time Schedule - Running Events**

<u>May 18</u>	<u>May 23</u>	<u>Event</u>
2:00	6:30	400m Relays
2:15	6:40	1600m
2:45	7:00	100m Low Hurdles
3:00	7:10	110m High Hurdles
3:15	7:15	400m
3:30	7:25	100m
3:45	7:35	800m
4:05	7:50	300m Hurdles
4:30	8:05	200m
4:50	8:15	3200m
5:20	8:50	1600m Relay

## **Time Schedule - Field Events**

<u>May 18</u>	<u>May 23</u>	<u>Event</u>
1:00	4:00	Girls Pole Vault
1:00	4:30	Girls Long Jump
1:00	4:45	Boys Discus
1:00	5:00	Girls Shotput
1:00	5:00	Boys High Jump
1:00	5:00	Boys Triple Jump
3:00	6:00	Boys Pole Vault
3:00	6:15	Boys Long Jump
3:00	6:30	Girls Discus
3:00	6:45	Girls Triple Jump
3:00	6:45	Girls High Jump
3:00	6:45	Boys Shotput

## **Time Schedule - Implement Weigh-In**

May 18	12:00-12:30 & 2:00-2:30
May 23	4:00-4:30 & 5:45-6:15

## CENTRAL COAST SECTION TRACK AND FIELD RECORDS

400 Relay:	Boys	Independence 41.54, 1983
	Girls	St. Francis 47.43, 1988
1600 meters:	Boys	Mark Stillman 4:08.7, Willow Glen, 1977
	Girls	Laurie Chapman 4:48.7, Gundersen, 1986
110 HH:	Boys	Erick Montgomery 13.9, Independence, 1983
100 LH:	Girls	Leslie Maxie, 14.14, Mills, 1983
		Lori Finnerty, 14.14, Piedmont Hills, 1986
400 meters:	Boys	Bill Green, 45.51, Cubberley, 1979
	Girls	Leslie Maxie, 53.92, Mills, 1982
100 meters:	Boys	Benari Burroughs, 10.42, Independence, 1988
	Girls	Annette Coleman, 11.92, Carlmont, 1989
800 meters:	Boys	Rick Brown, 1:50.7, Los Altos, 1970
	Girls	Kristen Dowell, 2:04, Santa Teresa, 1986
300 IH:	Boys	John Montgomery, 36.60, Independence, 1988
300 LH:	Girls	Keri Sanchez, 42.88, Santa Teresa, 1989
200 meters:	Boys	Millard Hampton, 20.9, Silver Creek, 1974
	Girls	Kelia Bolton, 23.9, Andrew Hill, 1978
3200 meters:	Boys	Gordon MacMitchell, 9:01.6, Gunn, 1973
	Girls	Cory Shubert, 10:09.5, Del Mar, 1983
1600 relay:	Boys	Los Altos, 3:15.8, 1970
	Girls	St. Francis, 3:50.33, 1989
Long Jump:	Boys	Johnny Johnson, 25'3 1/4, Pacific Grove, 1964
	Girls	Wendy Brown, 19'10 3/4, Woodside, 1983
Discus:	Boys	John Wirtz, 199'10, Leland, 1988
	Girls	Jenny Peters, 152'0, Gunn, 1989
Shot Put:	Boys	Bob Brannon, 63'9, Los Gatos, 1965
	Girls	Christine Etuale, 44'05.5, Jefferson, 1994
Triple Jump:	Boys	Harold Rucker, 50'11 1/2, Silver Creek, 1986
	Girls	Wendy Brown, 40'2, Woodside, 1983
High Jump:	Boys	Jeff Rogers, 7'3, Overfelt, 1985
	Girls	Chi Johnson, 5'9 1/2, Menlo-Atherton, 1990
Pole Vault:	Boys	Scott Slover, 16'10, Leland, 1993
	Girls:	Sreanna Haut, 10'0, Harbor, 1995