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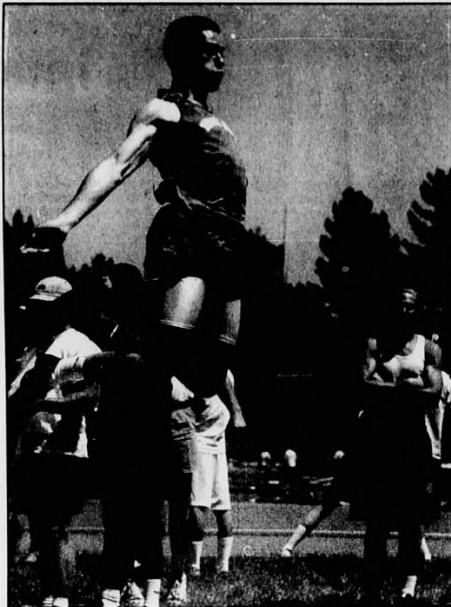
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Bill Loveloy/Sentinel

Monte Vista's Dave Grazian elevates in the long jump Saturday. Grazian won the event with a leap of 21-8.

Girls

Continued from Page B1

way, but the damage was done: Harbor 139 points, Soquel 126, and SLV 121.

"When I run, I have to try my hardest," Carniglia said. "I told myself I could do it. I just had to focus the pain out of my mind."

On a team weakened by injuries to their sprinters, a team strength, Harbor athletes such as Carniglia picked up the slack and found ways to win. And they were certainly needed.

With two events left — the 3,200 and 1,600 relay — SLV had 114 points, Harbor 113, and Soquel 110.

Though Soquel had hopes of snagging points here and there, the meet was safely in the hands of the Pirates. For one thing, SLV's Jennie Warfield was out of events.

She won three of them — the 100, long jump, 100 hurdles — and was second in the shot put, giving the Cougars 38 points singlehandedly. She won eight league titles over the past three years.

But it wasn't enough. With Nicole leading the way with a final lap sur Soquel's Amy Yule, Harbor piled up in the 3,200, to Soquel's 8 and SLV's

That was the meet.

"Because of injuries to our sprinter Arline, Jackie West, and Carniglia, a lot of points early," Enzweiler said. "distances are so strong."

How strong?

In the 800, 1,600 and 3,200 race scored 52 points, to Soquel's 22, to S

"That was the difference," SLV c Grellman said.

Going into the first of those, the 1,600 distance coach Gary McConnell gathered runners together and told them, "It's to win the meet. Just think one place. Everyone of them is important."

Harbor had just been beaten by Soquel in the 400 relay for the first time this year, and the Knights a mental boost.

