

3/21/96 - Wilcox at Cupertino

Varsity Boys

Event	Competitor	Sex	Mark	Competitor	Sex	Mark	Competitor	Sex	Mark	Others
440R	Cupertino	C	44.6	Wilcox	W	52.6				Schweitzer - Hall J. Robinson - Matatyauo
Mile	M. McDonough	C	4:42	Woodruff	W	4:43.4	D. McDonough	C	4:54	C. Robinson - 5:07 Matatyauo - 5:52
110/120H	Wang	C	16.6	Edwards	W	16.6	Yeh	C	18.9	
440	Adkins	W	54.2	Hernandez	C	55.8	Schweitzer	W	58.9	Hall 63.5
100M	Hesse	C	10.9	Jackson	C	11.4	Urbano	C	11.5	Jackson 11.9
880	M. McDonough	C	2:05.0	Adkins	W	2:05.0	AuBuchon	W	2:10.9	C. Robinson 2:21 C. Shans J. Robinson 2:23 2:36
330H	Edwards	W	43.4	Do	C	48.7	Yeh	C	50.0	
220	Hesse	C	22.5	Jackson	C	23.9	Urbano	C	24.5	Schweitzer 26.2 Jackson 24.9
2 Mile	D. McDonough	C	10:29	Woodruff	W	10:34	Sclar	C	11:19	Albe 11:32 Matatyauo 12:40
Mile R	Cupertino	C	4:06.1							
SP	Fuentes	W	43-2	Volta	W	41-6	Vaiga	W	35-8 1/2	Luong 34-9 Vasquez 30-11
Disc	Vaiga	W	112-3	Fuentes	W	109-10	Vasquez	W	99-3	Huh 95-2 Luong 87-3
LJ	Whitaker	C	19-11	Jackson	W	19-0	Yeh	C	17-4	C. Shans 15-1 1/2 Fuentes 14-9 1/2 14-5 1/2
TJ	Whitaker	C	38-9 1/2	Jackson	W	36-8	C. Shans	W	36-4	
HJ	Whitaker	C	5-10	Auch	C	5-6	Joske	C	5-4	Edwards 5-4 Hall 4-10
PV										

Scoring

Event	Wilcox	Cupertino
440R	0	5
Mile	3	6
110H	3	6
440	6	3
100M	0	9
880	4	5
110H	5	4
330	0	9
2 Mile	3	6
Mile R	0	5
SP	9	0
Disc	9	0
LJ	3	6
TJ	4	5
HJ	0	9
PV		
	49	78

880

Adkins 1:02 - 2:05
 AuBuchon 1:03 - 2:10
 C. Robinson - 2:21
 J. Robinson 1:07 - 2:23
 C. Shans 1:12 - 2:36

Mile

Woodruff 1:11 - 2:22 - 3:34 - 4:42
 C. Robinson 1:13 - 2:34 - 3:53 - 5:07
 Matatyauo 1:17 - 2:45 - 4:18 - 5:52

2 Mile

Woodruff 1:10 - 2:28 - 3:48 - 5:08 - 6:30 - 7:53 - 9:16 - 10:34
 Albe 1:15 - 2:37 - 4:03 - 5:31 - 7:03 - 8:33 - 10:06 - 11:32
 Matatyauo 1:21 - 2:52 - 4:24 - 6:00 - 7:38 - 9:17 - 10:59 - 12:39

Seasonal Bests

440 - Schweitzer 58.9 from 59.2 Discus - Vaiga 112-3 from 107-
 880 - AuBuchon 2:10 from 2:13 Discus - Fuentes 109-10 from 106-
 Mile - Woodruff 4:43 from 4:51 Discus - Luong 87-3 from 77-
 2 Mile - Desotel 13:35 from 14:08 HJ - Edwards 5-4 from 5-
 TJ - Jackson 36-8 from 35-6
 T.J. - C. Shans 36-4 from 35-2
 SP - Fuentes 43-2 from 42-0

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Varsity Girls

Event	Competitor	W/C	Mark	Competitor	W/C	Mark	Competitor	W/C	Mark	Others
440R	Wilcox	W	54.1							Sison - Park Powers - Webb
Mile	Browne	W	6:03	Jahanfarid	W	6:29	Egbali	C	7:14	
110/200H	Stepp	W	20.3	Barnhill	W	20.5				
440	Powers	W	65.4	Menestrina	W	69.7	Craig	W	75.8	
100M	Sison	W	13.1	Webb	W	13.3	Vest	C	13.4	Brown 14.1
880	Browne	W	2:46.8	Low	C	2:52	Chang	C	3:03	Park 3:06.2
330H	Barnhill	W	58.3	Stepp	W	62.0				
220	Powers	W	27.3	Webb	W	28.3	Sison	W	29.0	
2 Mile	Chin	W	13:57	Egbali	C	18:50				
Mile R	Wilcox	W	4:30.1	Cupertino	C	5:12				Menestrina - Browne Park - Powers
SP	Fessler	W	28-11	Vest	C	27-11	Houston	W	27-9	Vaughn 24-1/2
Disc	Houston	W	89-4	Fessler	W	80-5/8	Vaughn	W	64-5/8	
LJ	Webb	W	15-1	Birchfield	C	14-6/8	Browne	W	12-11/8	
TJ	Sison	W	29-3/4							
HJ	Stepp	W	4-0	Mayer	W	4-0				
PV										

Scoring

Event	Wilcox	Cupertino
440R	5	0
Mile	8	1
110H	8	0
440	9	0
100M	8	1
880	8	4
1H	8	0
330	9	0
2 Mile	5	3
Mile R	5	0
SP	6	3
Disc	9	0
LJ	6	3
TJ	5	0
HJ	8	0
PV		
	104	15

880

Browne 1:26-2:46.8 Brown 1:27-3:00-4:32-6:03
 Park 1:26-3:06.2 Jahanfarid 1:27-3:07-4:47-6:29

Mile

2 Mile

Chin 1:31-3:12-4:57-6:46-8:33-10:21-12:05-13:57

Seasonal Bests

220	Powers	27.3	from	27.5
220	Webb	28.3	from	29.5
440	Powers	65.4	from	65.9
2 Mile	Chin	13:57	from	14:05
100M H	Barnhill	20.5	from	20.7
LJ	Webb	15-1	from	13-1
SA	Houston	27-9	from	26-5

Mile Relay

Menestrina 70.4
 Browne 71.7
 Park 77.5
 Powers 70.5

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Fresh - Soph Boys

Event	Competitor	Pl	Mark	Competitor	Pl	Mark	Competitor	Pl	Mark	Others
440R										
Mile	Baldwin	C	6:02	Maerae	C	6:05	Williams	C	6:21	
110/100H										
440	Williams	C	1:09							
100M	Williams	C	14.5							
880										
330H										
220										
2 Mile	Baldwin	C	13:27	Desotel	W	13:35				
Mile R										
S.P	Ramirez	W	35-1	A. Nikfar	W	34-0	Trujillo	W	32-11	Keegan 31-8
Disc	A. Nikfar	W	90-3 1/2	Keegan	W	80-6	Trujillo	W	77-0	
LJ	Baldwin	C	14-3	P. Shans	W	13-8 1/2				
TJ	Baldwin	C	30-7 1/2							
HJ	MaCrae	C	5-2	P. Shans	W	5-0	Desotel	W	4-8	
PV										

Scoring

Event	Wilcox	Cupertino
440R		
Mile	0	9
110		
440	0	5
100M	0	5
880		
L.H		
220		
2 Mile	3	5
Mile R	5	0
S.P	9	0
Disc	9 1/2	0
LJ	3	5
TJ	0	5
HJ	4	5
PV		
	28	39

2 Mile

Desotel 1:32-3:16-4:58-6:46-8:33-10:20-12:05-13:35

Seasonal Bests

2 Mile	Desotel	13:35	from 14:05
Discus	A. Nikfar	90-2	from 77-4
HJ	P. Shans	5-0	from 4-2

3/14/96 - Wilcox at Saratoga

Varsity Boys

Event	Competitor	Sex	Mark	Competitor	Sex	Mark	Competitor	Sex	Mark	Others
440R	Saratoga	S	45.9	Wilcox	W	46.2	C. Minner-Carroll Lux-Rickett			Jackson-Hall Edwards-Adkins
Mile	Woodruff	W	4:51.5	Nothhaft	S	4:57.7	C. Robinson	W	5:01.6	C. Shans 5:50
110/200H	Carroll	S	15.9	Edwards	W	16.3		S	17.7	
440	Adkins	W	52.2	E. Wang	S	55.7	Alex Lux	S	55.9	Andy Hall 61.4
100M	Carroll	S	11.1	Jackson	W	11.6		S	11.9	D. Hurt 13.2
880	Nothhaft	S	2:12.8		S	2:15.7	AuBuchan	W	2:18.3	J.T. Robinson 2:24
330H	Carroll	S	41.7	Edwards	W	42.6		S	48.1	
220	Adkins	W	23.3		S	24.2		S	24.3	
2 Mile	Woodruff	W	10:53	Albe	W	11:16	Chin	S	11:33	Matotyaou 11:51
Mile R	Saratoga	S	3:41.7	Wilcox	W	3:45.7	Nothhaft-Wang Ling-Lux			AuBuchan-Jackson J.T. Robinson-Adkins
SP	I. Niktor	W	42-0 1/2	Fuentes	W	42-0	Volta	W	40-8 1/2	Vasquez 37-1 Luong 34-6 Vaiga 35-0
Disc	Vaiga	W	107-8	Fuentes	W	106-2	Marshall	S	105-8	Volta 98-7 Luong 77-10 Niktor 94-5
LJ	Jackson	W	19-8		S	18-7		S	18-7	Hurt 16-3 C. Shans 15-10
TJ	Hsu	S	39-2		S	36-9		S	35-8	C. Shans 35-2 Niktor 31-4
HJ	J.T. Robinson	W	5-2	Edwards	W	5-0	Tozun	S	5-0	
PV						Tie				

Scoring

Event	Wilcox	Saratoga
440R	0	5
Mile	6	3
110	3	6
440	5	4
100M	3	6
880	1	8
110H	3	6
220	5	4
2 Mile	8	1
Mile R	0	5
SP	9	0
Disc	8	1
LJ	5	4
TJ	0	9
HJ	7	2
PV		
	63	64

880

AuBuchan 1:13-2:18.3
J. Robinson 1:14-2:24

Mile

Woodruff 1:12-2:29-3:46-4:51.5
C. Robinson 1:12-2:30 -5:01.6
C. Shans 5:50

2 Mile

Woodruff 1:11-2:34-3:57-5:22-6:46-8:11-9:32-10:53
Albe 1:15-2:42-4:04-5:29-6:57-8:26-9:58-11:16
Matotyaou 1:16-2:47-4:12-5:45-7:18-8:52-10:26-11:51

Mile Relay

AuBuchan 57.6
Jackson 58.6
J. Robinson 57.9
Adkins 51.6
3:45.7

Seasonal Bests

440 Relay	46.2	LJ	C. Shans 15-10
Mile - Woodruff	4:51	HJ	J. Robinson 5-2
Mile - Robinson	5:01	TJ	Niktor 31-4
110 - Edwards	16.3	MR	Adkins 51.6
100M - Jackson	11.6	MR	J. Robinson 57.9
110H - Edwards	42.6		
220 - Albe	24.2		
SP - Niktor	42-0 1/2		
SP - Fuentes	42-0		
Disc - Vaiga	107-8		
Disc - Volta	98-7		
LJ - Jackson	19.8		

3/14/96 - Wilcox at Saratoga

Varsity Girls

Event	Competitor	Sex	Mark	Competitor	Sex	Mark	Competitor	Sex	Mark	Others
440R	Saratoga	S	55.6	Wilcox	W	53.6	FDQ			Sison - Byrne Powers - Webb
Mile	A. Ricketts	S	5:34.8	S. Song	S	6:10	Johanford	W	6:23	
110/100H	Joplin	S	18.5		S			S		Stepp 20.0 Barnhill 20.7
440	Powers	W	65.9		S			S		Craig 74.7 14.3
100M	Sison	W	12.9	Webb	W	13.1		S	13.9	Brown 14.1 Merchant Park 15.4
880	A. Ricketts	S	2:36.7	Browne	W	2:39.8		S	2:46.8	14.1
330H	Jill Moon	S	52.8		S	53.2		S	53.5	Barnhill 56.6 Stepp Byrne 57.7 60.6
220	Powers	W	27.5	Sison	W	28.1	Birenbaum	S	28.5	Park 30.2 Merchant Brown 30.9 34.6
2 Mile	M. Ricketts	S	13:00		S	15:15		S	15:57	
Mile R	Wilcox	W	4:33.7	Saratoga	S	4:45.9				Browne - Byrne Barnhill - Powers
SP	Wyatt	W	28-8 1/2	Houston	W	28-5 1/2	S. Pan	S	24-7 1/2	Campo 23-5
Disc	Houston	W	91-0	Wyatt	W	77-0	Campo	W	75-0	
LJ	Jill Moon	S	15-2	M. Browne	W	14-0	Birnbaum	S	13-11	Mayer 13-3 Craig Wrens 13-1 9-5
TJ	Jill Moon	S	32-1	Sison	W	31-1	M. Browne	W	30-4	Mayer 23-7
HJ	Mayer	W	4-2		S	4-2	Stepp	W	4-0	Byrne 4-0
PV								S	4-2	

Scoring

Event	Wilcox	Saratoga
440R	0	5
Mile	1	2
110H	0	2
440	5	4
100M	2	1
880	3	6
1H	0	9
220	8	9
2 Mile	0	9
Mile R	5	0
SP	2	1
Disc	9	0
LJ	3	6
TJ	4	5
HJ	4.5	4
PV		
	59	68

880

Browne 1:23-2:29.8

Mile

Johanford 1:25-2:04-4:43-6:23

Seasonal Bests

100 H	Barnhill	20.7
440	Powers	65.9
100 M	Webb	13.1
100 M	Brown	14.1
100 M	Park	14.3
100 M	Merchant	15.4
220	Powers	27.5
220	Sison	28.1
220	Park	30.2
220	Brown	30.9
MR	Powers	64.3 64.3
MR	Byrne	69.6

Mile Relay

Browne	67.6
Byrne	69.6
Barnhill	73.2
Powers	<u>64.3</u>

3/14/96 - Wilcox at Saratoga

FIS Boys

Event	Competitor	Pl	Mark	Competitor	Pl	Mark	Competitor	Pl	Mark	Others
440R	Saratoga	S	48.7							
Mile		S	5:34.6		S	5:40.6		S	6:14.8	
70 Mile		S			S					
440		S	56.7	Schweitzer	W	59.7		S	62.9	
100M		S	11.9		S	12.2		S	12.3	
880		S	2:21		S	2:24		S	2:27	
330H		S	46.4		S	55.4				
220	Schweitzer	W	25.4		S	25.6		S	26.1	
2 Mile		S	12:44		S	14:01				
Mile R	Saratoga	S	4:07.7							
SP	A. Nikfor	W	35-7	Rameriz	W	32-7	Keegan	W	31-1	Navasca 31-1
Disc	Keegan	W	79-4	A. Nikfor	W	77-4	Navasca	W	66-2	
LJ		S	15-8		S	15-2		S		
TJ		S	30-7		S	30-5		S	25-3	
HJ		S	4-6		S	4-4	P. Shans	W	4-2	
PV										

Scoring

Event	Wilcox	Saratoga
440R	0	5
Mile	0	9
440	0	8
100M	0	9
880	0	9
330H	0	8
220	5	4
2 Mile	0	8
Mile R	0	5
SP	9	0
Disc	9	0
LJ	0	9
TJ	0	9
HJ	1	8
	27	96

Seasonal Bests

220 Schweitzer 25.4 from 25.9

3/7/96

Wilcox vs. Mt. View at Foothill

Varsity Boys

Event	Competitor	Sex	Mark	Competitor	Sex	Mark	Competitor	Sex	Mark	Others
440R	Wilcox	W	46.8	Mt. View						Jackson - Hall Edwards - Adkins
Mile	Woodruff	W	4:56.4	AuBuchon	W	4:58.8	Albe	W	5:01.8	
110/200H		MV			MV		Edwards	W	17.1	
440	Adkins	W	52.6		MV			MV		Hall 60.8
100M	Gaskins	MV	11.8	Jackson	W	11.8	Matthews	W	11.9	Hall 13.2
880	Adkins	W	2:15.3							AuBuchon 2:22.9 Shans 2:32
330H		MV			MV		Edwards	W	43.9	(1 flight of hurdles missing)
220	Adkins	W	23.8	Matthews	W	23.8		MV	24.0	
2 Mile	Woodruff	W	10:42	Albe	W	11:33		MV	11:36	Matatyaou 11:38 C. Shans 12:56
Mile R		MV	3:49		W	3:51.6				Hall - AuBuchon Jackson - Edwards
SP	Volta	W	43-5		MV		Fuentes	W	41-7	I. Nikfor 41-7 Luong 36-9 Vaiga 37-0
Disc							Vaiga	W	107-6	I. Nikfor 97-6 Volta 97-6
LJ	Bull	MV	19-4	Jackson	W	18-10 1/2		MV		C. Shans 15-7
TJ		MV			MV		Jackson	W	35-6	I. Nikfor 29-7
HJ		MV	5-6		MV	4-6		MV	4-6	
PV										

Scoring

Event	Wilcox	Mt. View
440R	5	0
Mile	9	0
110H	1	8
440	5	4
100M	4	5
880	5	4
LH	1	8
220	8	1
2 Mile	8	1
Mile R	0	5
SP	6	3
Disc	1	8
LJ	3	6
TJ	1	8
HJ	0	9
PV		
	57	70

880

Adkins 1:04 - 2:15.3
 AuBuchon 1:06 - 2:22.9
 C. Shans 1:14 - 2:32

Mile

Woodruff 1:08 - 2:26 - 3:44 - 4:56.4
 AuBuchon 1:10 - 2:31 - 3:56 - 4:58.8
 Albe 1:10 - 2:29 - 3:49 - 5:01.8

2 Mile

Woodruff 1:12 - 2:32 - 3:53 - 5:14 - 6:38 - 8:03 - 9:26 - 10:42
 Albe 1:19 - 2:44 - 4:13 - 5:42 - 7:15 - 8:48 - 10:15 - 11:33
 Matatyaou 1:19 - 2:44 - 4:13 - 5:42 - 7:15 - 8:48 - 10:15 - 11:38
 C. Shans 1:20 - 2:54 - 4:35 - 6:17 - 8:01 - 9:48 - 11:27 - 12:56

Mile Relay

Hall 62.4
 AuBuchon 56.5
 Jackson 56.1
 Edwards 56.6
3:51.6

Seasonal Bests

100 M	Jackson	11.8	from	11.9
Mile	AuBuchon	4:58	from	5:15
Mile	Albe	5:01	from	5:03
2 Mile	Matatyaou	11:38	from	11:51
LH	Edwards	43.9	from	44.2
MR	Jackson	56.1	from	57.2
MR	AuBuchon	56.5	from	59.7
SP	Volta	43-5	from	42-3
SP	Nikfor	41-7	from	38-8
SP	Vaiga	37-0	from	36-5
SP	Luong	36-9	from	34-8

3/7/96

Wilcox vs Mt. View at Foothill

Frosh-Soph Boys

Event	Competitor	W	Mark	Competitor	W	Mark	Competitor	W	Mark	Others
440R										
Mile	Morgan	W	5:40.6			Mt.V			Mt.V	
110/200H										
440	Schwitzer	W	59.2							
100M										
880	J.T. Robinson	W	2:31							
330H										
220	Schwitzer	W	26.1							
2 Mile										
Mile R										
SP	A. Nikfar	W	37-6							
Disc										
LJ										
TJ										
HJ		Mt.V			Mt.V		J.T. Robinson	W	5-0	
PV										

Scoring

Event	Wilcox	Mt. View
440R		
Mile	5	4
110		
200	5	4
100M		
880	5	4
330H		
220	5	4
2 Mile		
Mile R		
SP	5	4
Disc		
LJ		
TJ		
HJ	1	8
PV		

880

J.T. Robinson 1:12-2:31

Mile

Morgan 1:11-2:35-4:10-5:40.6

Seasonal Bests

440 Schwitzer 59.2 from 59.9
 SP A. Nikfar 37-6 from 35-5

3/7/96

Wilcox at Mt. View at Foothill

Varsity Girls

Event	Competitor	Eq	Mark	Competitor	Eq	Mark	Competitor	Eq	Mark	Others
440R	Mt. View			Wilcox	W	53.3				Sison - Byrne Powers - Webb
Mile		Mt.V			Mt.V			Mt.V		Jahanford 6:27.6 Chin 6:36
110/200H		Mt.V			Mt.V			Mt.V		Amice Stepp 19.6 Barnhill ?
440	Menestrina	W	67.2		Mt.V			Mt.V		
100M	Sison	W	12.8		Mt.V		Webb	W	13.5	Park 14.4 Merchant 16.0 Brown 14.6
880	Browne	W	2:37.9		Mt.V			Mt.V		Craig 3:09
330H		Mt.V			Mt.V			Mt.V		Byrne 54.9 Stepp 57.6 Barnhill 56.5
220	Powers	W	28.1	Webb	W	29.5		Mt.V		Park 30.9 Merchant 34.1 Brown 31.3
2 Mile	Girard	Mt.V	13:04		Mt.V			Mt.V		Chin 16:05
Mile R		W	4:37.2		Mt.V	5:05				Menestrina - Browne Byrne - Powers
SP		Mt.V			W			Mt.V		
Disc		Mt.V			W			W		
LJ		Mt.V			Mt.V			Mt.V		
TJ		Mt.V			Mt.V			Mt.V		
HJ		Mt.V			Mt.V			Mt.V		
PV										

Scoring

Event	Wilcox	Mt. View
440R	0	5
Mile	0	9
110	0	9
200	5	4
100M	6	3
880	5	4
1H	0	9
220	8	1
2 Mile	0	9
Mile R	5	0
SP	3	6
Disc	4	5
LJ	0	9
TJ	0	9
HJ	0	9
PV		
	36	91

880

Browne 1:20 - 2:37.9
Craig 1:23 - 3:09

Mile

Jahanford 1:26 - 3:04 - 4:47 - 6:27.6
Chin 1:26 - 3:04 - 4:51 - 6:36

2 Mile

Jahan Chin 1:35 - 3:17 - 5:02 - 7:07 - 9:15 - 11:31 - 13:49 - 16:05

Mile Relay

Menestrina 70.2
Browne 67.6
Byrne 70.8
Powers 68.6
4:37.2

Seasonal Bests

100 M	Sison	12.8	from	13.4
100 M	Park	14.4	from	14.7
100 M	Merchant	16.0	from	16.1
200 M	Park	30.9	from	31.1
200 M	Brown	31.3	from	31.7
800 M	Browne	2:37	from	2:39
100 M H	Stepp	19.6	from	20.5
330 H	Barnhill	56.5	from	59.3
330 H	Stepp	57.6	from	61.7
MR	Browne	67.6	from	68.1
MR	Byrne	70.8	from	72.3

2/29/96 - Wilcox / Del Mar / Mt. Pleasant (non-scoring)
Boys

Event	Competitor	Sc	Mark	Competitor	Sc	Mark	Competitor	Sc	Mark	Others
440R	No Team									
Mile	Woodruff		4:51.3	Paul Albe		5:02.1	Collin Robinson		5:09.9	Joseph AuBuchon 5:14.1
110/20H	Nathan Edwards		17.1							
440	B Schweizer		59.9							
100M	Fred Jackson		11.9	James Stewart		12.5				
880	Jason Adkins		2:02.0	J. AuBuchon		2:14.9	Tim Morgan		2:19.3	J.T. Robinson 2:21.8 A. Chang 2:21.8 Chris Shans 2:29 P. Shans 2:29
330H	Nathan Edwards		44.2							
220	Jason Adkins		23.8	Fred Jackson		24.6	B. Schweizer		25.9	
2 Mile	David Woodruff		10:35.5	Jake Matatyau		11:48	Nick Desotel		14:05	Robbie Runk 14:28
Mile R	Team #1		3:44.1	Team #2		4:20.4				
SP	Phil Volta		42-3	Isaac Nikfar		38-8	Duke Vaiga		36-5	Hai Luong 34-8 A. Nikfar 35-5 Fls
Disc	Duke Vaiga		98-8							
LJ	Chris Shans		15-9	Joseph AuBuchon		14-6				
TJ										
HJ	James Stewart		4-8							
PV										

Scoring

Event	Wilcox
440R	
Mile	
110	
440	
100M	
880	
110	
330	
2 Mile	
Mile R	
SP	
Disc	
LJ	
TJ	
HJ	
PV	

880

Jason Adkins	59-2:02.0
Joseph AuBuchon	66-2:14.9
Tim Morgan	67-2:19.3
J. T. Robinson	67-2:21.8
Chris Shans	2:29
Allen Chang	2:34
Pat Shans	82-2:46.0

Mile

David Woodruff	1:10-2:26-3:41-4:51.3
Paul Albe	1:10-2:26-3:46-5:02.1
Collin Robinson	1:10-2:26-3:48-5:09.9
Joseph AuBuchon	1:14-2:34-3:58-5:14.1

2 Mile

David Woodruff	1:12-2:33-3:54-5:14-6:36-7:58-9:21-10:35
Jake Matatyau	1:19-2:47-4:17-5:49-7:21-8:53-10:23-11:48
Nick Desotel	1:39-3:28-5:17-7:08-8:59-10:44-12:30-14:05
Robbie Runk	1:41-3:32-5:22-7:14-9:07-10:53-12:42-14:28

Personal Records

Woodruff	Mile	4:51	Matatyau	2 Mile	11:48
Woodruff	2 Mile	10:35	Edwards	MR	55.1
Albe	Mile	5:02	Volta	SP	42-3
Adkins	880	2:02	H. Luong	SP	34-8
J. Robinson	880	2:21	C. Shans	LJ	15-9

Mile Relays

Adkins	53.7	AuBuchon	59.7
J. Robinson	58.1	Morgan	59.8
Jackson	57.2	C. Shans	66.8
Edwards	55.1	P. Shans	73.9

2/29/96 - Wilcox/Del Mar/Ht. Pleasant (non-scoring)

Girls

Event	Competitor	Rank	Mark	Competitor	Rank	Mark	Competitor	Rank	Mark	Others
440R	55.1									Sison - Byrne Powers - Brown
Mile	Patty Chin		6:20	Layli Jahanfar		6:22				
110/100H	Amice Stepp		20.5	S. Barnhill		21.3	C. Byrne		22.9	
440	L. Powers		67.2	L. Menestrina		67.4				
100M	Jessica Sison		13.4	S. Brown		14.3	Yun J. Park		14.7	H. Merchant 16.1
880	M. Browne		2:39.6	Jessica Craig		3:02.8				
330H	C. Byrne		54.9	S. Barnhill		59.3	Amice Stepp		61.7	
220	J. Sison		31.0	Yun Joo Park		31.1	S. Brown		31.7	
2 Mile	Patty Chin		14:09							
Mile R	4:38.9									M. Browne - Menestrina Byrne - Powers
SP										
Disc										
LJ										
TJ										
HJ										
PV										

Scoring

880

Mile

Event	Wilcox
440R	
Mile	
110	
100H	
880	
LH	
220	
2 Mile	
Mile R	
SP	
Disc	
LJ	
TJ	
HJ	

Michelle Browne 1:20-2:39.6
 Jessica Craig 1:23-3:02.8

Patty chin 1:23:38.3-4:43-6:20
 Layli Jahanfar 1:24-3:04-4:49-6:22

2 Mile

Patty chin 1:38-3:25-5:12-7:05-8:59-10:44-12:30-14:02

Mile Relay

Michelle Browne 68.1
 Lisa Menestrina 69.9
 Christy Byrne 72.3
 LaShawna Powers 68.6

438.9