

West Valley College Relays

SCHEDULE OF RUNNING EVENTS

Saturday, March 30th

741-2004

11:30

<u>EVENT NO.</u>	<u>EVENT</u>	<u>TIME</u>
NO 1	Vars 400 I.H.	9:30 A.M.
NO 2	Girls 400 I.H.	9:40
	NO <i>Masters/Open Men 400 Meters</i>	9:55
NO 3	Vars 4 x 1600 Relay	10:00
NO 4	Vars 4 x 100 Relay	10:25
NO 5	Girls 4 x 100 Relay	10:40
	<i>Masters Men 1500 Meters</i>	10:55
? 6	Vars 1500 Meters	11:05
? 7	Girls 1500 Meters	11:20
	<i>Open Women 1500 Meters</i>	11:35
	<i>Open/Masters Women 100 Meters</i>	11:45
	<i>Masters Men 100 Meters</i>	11:50
	<i>Open Men 100 Meters</i>	12:00 Noon
NO 8	Vars 100 Meters	12:10 P.M.
NO 9	Girls 100 Meters	12:30
? 10	Girls Distance Medley (1200-400-800-1600)	12:50 <small>Dang, Kuo, Mallosky, Chan, Quevedo</small>
NO 11	Girls 100 Meter Hurdles	1:15
NO 12	Vars High Hurdles	1:25
? 13	Vars 1600 Meter Steeplechase	1:40 <small>News, Sue - APD</small>
	<i>Open Men 3000 Meter Steeplechase</i>	1:55
	<i>Open Women 3000 Meter Steeplechase</i>	2:20
NO 14	Vars 800 Meters	2:45
? 15	Girls 800 Meters	3:00 <small>Wu, McCloskey, Chan, W</small>
	<i>Open Men 800 Meters</i>	3:15
NO 16	Vars 200 Meters	3:20
NO 17	Girls 200 Meters	3:35
? 18	Girls 3000 Meters	3:45 <small>U Quevedo - APD</small>
? 19	Vars 5000 Meters	4:05 <small>News - scratch</small>
NO 20	Girls 4 x 400 Relay	4:25
NO 21	Vars 4 x 400 Relay	4:40

*Tentative time schedule (final time schedule will be established after all entries are received)

To all coaches, athletes, spectators and officials:

WELCOME TO THE 20th ANNUAL WEST VALLEY RELAYS!

We would like to extend to all of you our appreciation for your support of this meet which continues to remain one of the top high school track and field meets in Northern California. We are excited about the new meet format which includes select invitational and open events. We hope this will aid in the enhancement of Track & Field in the bay area and certainly welcome any suggestions to improve the meet in the future

Finally, we would like to express our appreciation to Wolfpack International Track Club for helping in the sponsorship of this meet.

West Valley College Track & Field Staff

Dan Besmer, Bill Campbell, Marty Krulee, Monica Townsend

WINNING TEAMS						
YEAR	VARSITY		FROSH-SOPH		GIRLS	
1977	Mt. Pleasant	43	Menlo Atherton	33	_____	—
1978	Mt. Pleasant	50	Silver Creek	35	_____	—
1979	Cubberly	30	Independence	28	Lynbrook	22
1980	Mt. Pleasant	40	Mt. Pleasant	49	San Carlos	24
1981	Palo Alto	27	Menlo Atherton	35	Carlmont	30
1982	Mt. Pleasant	56	Carlmont	38	Carlmont	29
1983	Berkeley	51	Palo Alto	32	Woodside	28
1984	Bellarmino	28	Palo Alto	33	Leigh & Woodside	31
1985	Independence & St. Mary's	31	Santa Teresa & Bellarmine	35	Menlo Atherton	35
1986	Bellarmino	48	Bellarmino	34	St. Francis	30
1987	Bellarmino	39	Bellarmino	44	St. Francis	36
1988	Bellarmino	48	Bellarmino	34	St. Francis	30
1989	Bellarmino	43	Monterey	25	Carlmont	29
1990	Leigh	31	St. Ignatius	50	Fremont	34
1991	St. Ignatius	44.5	Del Mar	22	Archbishop Mitty	21.5
1992	St. Ignatius	55	Bellarmino	58	Mt. Pleasant & Skyline	26
1993	St. Ignatius	34	St. Ignatius	36	Skyline	102
1994	Independence	30.5	Bellarmino	45	Beyer	44
1995	Bellarmino & DeLaSalle	57	Calaveras	40	Carondelet	71

To all coaches and athletes:

GOOD LUCK IN TODAY'S COMPETITION!!

MEET RECORDS

VARSAITY

<u>Event</u>	<u>Performer/School</u>	<u>Mark</u>	<u>Year</u>
4x100 Relay	Berkeley	41.6	1983
4x400 Relay	Cubberly	3:18.9	1979
2 Mile Relay	Bellarmino	7:57.5	1981
4x1600 Relay	Jesuit	17:22.1	1986
400 Meter I.H.	Sennez (Gilroy)	52.5	1981
5000 Meters	M. Livingston (Willow Glen)	15:11.0	1983
1600 M Steeplechase	Hill (A. Hill)	4:53.6	1986
Long Jump	Bates (Menlo Atherton)	24' 1.5"	1977
High Jump	Wyrick (Mt. Pleasant)	6' 10"	1978
	Webster (Homestead)	6' 10"	1985
Shot Put	Houston (Willow Glen)	60' 6.5"	1984
Discus	Thompson (Cupertino)	187' 9"	1985
Triple Jump	Bates (Menlo Atherton)	48' 11.25"	1977
Pole Vault	Kibort (Saratoga)	16' 0"	1983
100 Meters	Laynes (Oakland)	10.82	1989
	Lewis (Wilcox)	10.82	1992
110 Meter H. H.	Green (Palo Alto)	13.7	1982
200 Meters	Lewis (Wilcox)	21.79	1992
800 Meters	Cervelli (Santa Teresa)	1:55.4	1993
1500 Meters	Allan (Carmel)	3:59.3	1992
Hammer	Stengele (Bellarmino)	197' 1"	1993

GIRLS

<u>Event</u>	<u>Performer/School</u>	<u>Mark</u>	<u>Year</u>
4x100 Relay	Skyline	46.80	1993
4x400 Relay	Skyline	3:49.24	1993
Distance Med. Relay	Gunderson	12:08.7	1986
100 Meters	Wallace (Skyline)	12.01	1993
200 Meters	Wallace (Skyline)	24.85	1993
800 Meters	Moore (Harbor)	2:17.5	1989
100 M L. H. (30")	Daetz (Leigh)	13.6	1987
100 M L. H. (33")	Triggs (Moreau)	15.36	1993
400 M L. H.	Demorest (Buchser)	62.0	1981
1500 Meters	Stern (Silver Creek)	4:35.2c	1985
3000 Meters	Chamberlain (Leigh)	9:59.9	1986
High Jump	Johnson (Menlo Atherton)	5' 10"	1991
Shot Put	Floyd (Oak Grove)	44' 8.5"	1984
Long Jump	Rockwell (Gunn)	19' 6.5"	1979
	Brown (Woodside)	19' 6.5"	1984
Discus	Durchslag (San Carlos)	138' 4.75"	1981
Triple Jump	Brown (Woodside)	41' 2.75"	1984

FROSH/SOPH

<u>Event</u>	<u>Performer/School</u>	<u>Mark</u>	<u>Year</u>
4x100 Relay	Cubberly	43.3	1977
4x400 Relay	Cubberly	3:24.6	1977
Distance Med. Relay	Fremont	10:45.0	1978
800 Meters	Stokes (Mills)	2:00.6	1991
3000 Meters	Arzac (Oceana)	9:08.2	1986
Long Jump	Lumactod (Buchser)	22' 2"	1978
High Jump	McComb (Carmel)	6' 5"	1991
Shot Put	Robinson (Awalt)	56' 9"	1979
Discus	Presser (Cupertino)	140' 5"	1987
Triple Jump	McComb (Carmel)	44' 1"	1991
200 Meters	Harvey (Silver Creek)	22.4	1990
300 Meter I.H.	Riddle (Gunn)	41.62	1993
65 Meter H.H.	Edmon (Bellarmino)	9.24	1992

1996 WEST VALLEY RELAYS

INSTRUCTION SHEET

1. **SCRATCHES CAN BE MADE PRIOR TO A RUNNING EVENT BY SCRATCHING YOUR ENTRY WITH THE CLERK OF THE START** (see #4 below). Listen closely to the calls for your event. Report promptly to the clerk of the start, near the starter, upon the last call of your event. Late appearing individuals or teams will be scratched. **BE ON TIME!!!** Field event scratches can be made at the proper pit or ring.
2. Once the competition begins, please keep your athletes off the track unless they are competing. **INSTRUCT YOUR ATHLETES TO WARM-UP EITHER ON THE INFIELD OR OUTSIDE THE STADIUM.** Congestion could be a problem, so we appreciate your cooperation and assistance in complying with this request. Please instruct your athletes to pick up any litter for which they are responsible.
3. Coaches may pick up awards for their athletes at the table in the center of the field after ALL have finished competition or at the conclusion of the meet .
4. Athletes should check in with the clerk of the start (located at the north end of the straightaway) at the time of their event. We will attempt to comply as closely as possible with the time schedule as printed in today's program.
5. Coaches/teams will be given 2 copies of the program. Additional copies may be available at the awards table.
6. Coaches and athletes are reminded that if a competitor enters a Varsity race during the day's competition, he cannot also enter a frosh-soph event, and vice-versa. Any team violating this rule will be scratched from further competition.
7. Because of the large numbers of field event athletes, contestants will be subject to the 1 minute rule (athletes must begin their attempt and complete their effort within 1 minute of being called, except for the pole vault, which is 1 1/2 minutes). Coaches, please instruct your athletes accordingly. Every effort has been made to seed the flights according to ability level and athletes should be aware of the flight they are entered in—first, second, and third calls will be given for the first flight only.
8. **REMEMBER—ONLY 1/4 " SPIKES CAN BE USED.** Athletes who violate this rule will be disqualified.
9. Timing is recorded to the 1/100th of a second to avoid "ties" within or across heats. All sections are finals—there are no heats for later finals.
10. If any problems develop, please see one of the meet directors: (WVC Track & Field Staff)
11. The no false start rule will be enforced in all races.
12. No additions are allowed. Substitutions will be allowed if made before the meet begins.

West Valley College Relays
FROSH/SOPH DIVISION
SCHEDULE OF EVENTS
Friday, March 29th

RUNNING EVENTS

<u>EVENT NO.</u>	<u>EVENT</u>	<u>TIME</u>
1	4 x 100 Relay	3:00 P.M.
2	Distance Medley (1200-400-800-1600)	3:15
3	65 High Hurdles	3:35
4	100 Meters	3:55
5	800 Meters	4:15
6	400 Intermediate Hurdles	4:30
7	200 Meters	4:45
8	3000 Meters	5:05
9	4 x 400 Relay	5:20

FIELD EVENTS

<u>EVENT NO.</u>	<u>EVENT</u>	<u>TIME</u>
10	Long Jump	2:30 P.M.
11	Discus	2:30
12	High Jump	3:00
13	Pole Vault	3:00
14	Triple Jump	4:00
15	Shot Put	4:00
	<i>OPEN MEN JAVELIN</i>	<i>12:30</i>

West Valley College Relays
SCHEDULE OF RUNNING EVENTS
Saturday, March 30th

<u>EVENT NO.</u>	<u>EVENT</u>	<u>TIME</u>
1	Vars 400 I.H.	9:30 A.M.
2	Girls 400 I.H.	9:45
3	Vars 4 x 1600 Relay	10:00
4	Vars 4 x 100 Relay	10:25
5	Girls 4 x 100 Relay	10:40
6	Vars 1500 Meters	10:55
7	Girls 1500 Meters	11:10
	<i>Open Women 1500 Meters</i>	11:25
	<i>Invitational Women 1500 Meters</i>	11:45
	<i>Open Age Graded Men 100 Meters</i>	11:55
8	Vars 100 Meters	12:05 P.M.
9	Girls 100 Meters	12:30
10	Girls Distance Medley (1200-400-800-1600)	12:50
11	Girls 100 Meter Hurdles	1:15
12	Vars High Hurdles	1:25
13	Vars 1600 Meter Steeplechase	2:10
	<i>Open Women 3000 Meter Steeplechase</i>	2:25
14	Vars 800 Meters	2:45
15	Girls 800 Meters	3:00
	<i>Open Men 800 Meters</i>	3:20
16	Vars 200 Meters	3:30
17	Girls 200 Meters	4:00
18	Girls 3000 Meters	4:30
19	Vars 5000 Meters	4:50
20	Girls 4 x 400 Relay	5:10
21	Vars 4 x 400 Relay	5:25

West Valley College Relays
SCHEDULE OF FIELD EVENTS
Saturday, March 30th

<u>EVENT NO.</u>	<u>EVENT</u>	<u>TIME</u>
22	H.S. Hammer	9:00 A.M.
23	Girls Shot Put	9:00
24	Girls Pole Vault	9:00
25	Vars High Jump	9:30
26	Vars Long Jump	9:30
27	Girls Triple Jump	9:30
	<i>Open /Masters Men Hammer</i>	10:00
28	Vars Shot Put	11:00
29	Vars Pole Vault	11:00
30	Girls Discus	11:00
31	Vars Triple Jump	12:30 P.M.
32	Girls Long Jump	12:30
33	Vars Discus	2:00
34	Girls High Jump	3:00
	<i>Open Men Pole Vault</i>	2:00

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 1 Boys 4x100 Meter Relay
Friday 03/29/96 at 3:00 PM

RANK	REL #	RELAY	AFFILIATION	SEED TIME
1	1008	LOGA "A"	James Logan High School	44.50
2	1007	INDE "A"	Independence High School	45.20
3	1001	ARMI "A"	Archbishop Mitty High	45.50
4	1010	MENA "A"	Menlo-Atherton High	46.00
5	1014	PIHI "A"	Piedmont Hills High	46.00
6	1012	NEWA "A"	Newark Memorial High	46.10
7	1004	GUND "A"	Gunderson High School	46.30
8	1002	RIOR "A"	Archbishop Riordan High	46.36
9	1005	GUNN "A"	Gunn High School	46.90
10	1006	HOME "A"	Homestead High School	47.00
11	1003	BELL "A"	Bellarmino College Prep.	47.10
12	1011	MILP "A"	Milpitas High School	47.10
13	1015	SACL "A"	Santa Clara High School	47.10
14	1017	STFR "A"	St. Francis High School	47.40
15	1013	OVER "A"	Overfelt High School	48.00
16	1016	SARA "A"	Saratoga High School	48.40
17	1000	APTS "A"	Aptos High School	48.50
18	1009	LYNB "A"	Lynbrook High School	49.50
19	1018	VACH "A"	Valley Christian High	58.00

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 2 Boys Distance Medley
Friday 03/29/96 at 3:15 PM

RANK	REL #	RELAY	AFFILIATION	SEED TIME
1	1019	ARMI "A"	Archbishop Mitty High	11:00.00
2	1021	BELL "A"	Bellarmino College Prep.	11:20.00
3	1025	LOGA "A"	James Logan High School	11:23.00
4	1030	PIHI "A"	Piedmont Hills High	11:25.00
5	1023	GUNN "A"	Gunn High School	11:30.00
6	1026	LOSG "A"	Los Gatos High School	11:30.00
7	1022	DELM "A"	Del Mar High School	11:36.00
8	1020	RIOR "A"	Archbishop Riordan High	11:40.00
9	1028	MENA "A"	Menlo-Atherton High	11:50.00
10	1029	OVER "A"	Overfelt High School	11:50.00
11	1034	SARA "A"	Saratoga High School	11:55.00
12	1027	MENL "A"	Menlo High School	12:05.00
13	1024	INDE "A"	Independence High School	12:45.00
14	1031	PROS "A"	Prospect High School	NT
15	1032	SACL "A"	Santa Clara High School	NT
16	1033	SACR "A"	Santa Cruz High School	NT
17	1035	VACH "A"	Valley Christian High	NT
18	1036	WEST "A"	Westmont High School	NT

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 3 Boys 65 Meter High Hurdles
Friday 03/29/96 at 3:35 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	327	Blake, Ben	10	Leigh High School		8.90
2	558	Beaver, Marlon	9	Newark Memorial High		9.50
3	276	Madu, Bobby	10	Independence High School		9.70
4	63	Turner, Jon	10	Archbishop Riordan High		9.70
5	24	Williams, Terrence	10	Archbishop Mitty High		9.70
6	465	Hathorne, Clayton	9	Menlo-Atherton High		9.90
7	242	Hu, An-Swol	10	Homestead High School		9.90
8	526	Pham, David	10	Monta Vista High School		9.90
9	748	Allen, Chad	10	Saratoga High School		10.00
10	570	Green, Mike	10	Newark Memorial High		10.00
11	728	Crick, Sam	9	Santa Cruz High School		10.10
12	527	Rosiak, Chris	10	Monta Vista High School		10.10
13	28	Barsetti, Nick	10	Archbishop Riordan High		10.40
14	58	Rumayor, Jose	9	Archbishop Riordan High		10.40
15	261	Agustin, Joseph	9	Independence High School		10.50
16	266	Dandoy, Alvir	9	Independence High School		10.50
17	973	Hofman, Tom	10	Westmont High School		10.50
18	216	Lee, John	10	Gunn High School		10.50
19	119	Danmeier, Austin	09	Calaveras High School		10.80
20	81	Gill, Karan	9	Bellarmino College Prep.		10.80
21	805	Noble, Chuck	9	St. Francis High School		10.80
22	827	Zach, Shane	10	St. Francis High School		10.80
23	473	Oscarson, Adam	9	Menlo-Atherton High		10.90
24	7	Sardars, Mike	10	Aptos High School		10.90
25	596	Magadia, Guage	9	Overfelt High School		11.00
26	476	Shepherd, Fred	10	Menlo-Atherton High		11.00
27	20	Serpa, John	10	Archbishop Mitty High		11.10
28	254	Scherer, Mark	9	Homestead High School		11.90
29	290	Balumbu, Fiston	10	James Logan High School		16.00
30	434	Chung, James	10	Lynbrook High School		16.60
31	289	Amey, Charles	10	James Logan High School		17.00
32	937	Eiegler, Jonathon	9	Valley Christian High		19.20

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 4 Boys 100 Meter Dash
Friday 03/29/96 at 3:50 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	620	Morrison, Donte	10	Piedmont Hills High		11.00
2	301	Johnson, Marc	9	James Logan High School		11.10
3	309	Nguyen, Minh	9	James Logan High School		11.10
4	250	Mack, Donte	9	Homestead High School		11.24
5	71	Brown, Dinari	10	Bellarmino College Prep.		11.40
6	24	Williams, Terrence	10	Archbishop Mitty High		11.40
7	182	Allen, Bruce	10	Gunderson High School		11.50
8	272	Hum, Transom	10	Independence High School		11.50
9	291	Balumbu, Malekita	9	James Logan High School		11.60
10	183	Bolton, Dejon	10	Gunderson High School		11.60
11	591	Cantiga, Chris	10	Overfelt High School		11.60
12	465	Hathorne, Clayton	9	Menlo-Atherton High		11.60
13	300	Jetson, Pierre	10	James Logan High School		11.60
14	285	Stewart, Brandon	9	Independence High School		11.60
15	495	Mancias, Paul	9	Milpitas High School		11.70
16	623	Saltzman, Mike	10	Piedmont Hills High		11.70
17	567	Darby, Toussant	9	Newark Memorial High		11.80
18	603	Dippert, Brett	9	Piedmont Hills High		11.80
19	84	Hege, Steve	10	Bellarmino College Prep.		11.80
20	106	Theodule, Rod	10	Bellarmino College Prep.		11.80
21	67	Woods, Reggie	9	Archbishop Riordan High		11.80
22	559	Best, Rodney	9	Newark Memorial High		11.90
23	302	Leifort, Glendale	10	James Logan High School		11.90
24	498	Miraton, Eugene	9	Milpitas High School		11.90
25	159	Campbell, Tarrill	9	Del Mar High School		12.00
26	727	Cincola, Mike	9	Santa Cruz High School		12.00
27	389	Knipe, Zack	9	Los Gatos High School		12.00
28	134	Miett, Nick	09	Calaveras High School		12.00
29	3	Daley, P.J.	10	Aptos High School		12.10
30	37	Ebuer, Chris	9	Archbishop Riordan High		12.10
31	388	Kicinski, Dustin	10	Los Gatos High School		12.10
32	773	Bastas, Rick	10	St. Francis High School		12.20
33	496	Marcel, Stevenson	9	Milpitas High School		12.20
34	738	Siscer, Nate	9	Santa Cruz High School		12.20
35	443	Tung, Nick	10	Lynbrook High School		12.20
36	8	Steele, David	09	Aptos High School		12.50
37	4	DeBrito, Matt	9	Aptos High School		12.90

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 5 Boys 800 Meter Run
Friday 03/29/96 at 4:05 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	6	Passanisi, Gary	10	Aptos High School		2:01.30
2	267	Dyer, Devon	10	Independence High School		2:02.00
3	22	Swanson, David	10	Archbishop Mitty High		2:04.08
4	88	Knapp, Chris	10	Bellarmino College Prep.		2:05.00
5	173	Ozan, DJ	9	Del Mar High School		2:06.10
6	611	Itani, Majed	10	Piedmont Hills High		2:06.50
7	98	Sandberg, Andreas	10	Bellarmino College Prep.		2:07.00
8	74	Chen, Tony	10	Bellarmino College Prep.		2:09.00
9	307	Mendez, Guillermo	9	James Logan High School		2:10.40
10	103	Strong, Ben	9	Bellarmino College Prep.		2:11.00
11	232	Zhans, Yisha	10	Gunn High School		2:11.00
12	288	Alizai, Mansoor	10	James Logan High School		2:11.20
13	157	Bangura, Jamiru	9	Del Mar High School		2:11.90
14	381	Carter, Joseph	9	Los Gatos High School		2:12.00
15	39	Gueco, Lorenzo	9	Archbishop Riordan High		2:12.00
16	9	Vaughn, Ryan	9	Aptos High School		2:12.90
17	461	Grant, Tyler	10	Menlo-Atherton High		2:13.00
18	177	Porras, Isaal	10	Del Mar High School		2:13.40
19	292	Chahal, Harry	10	James Logan High School		2:13.80
20	800	Melin, Eric	10	St. Francis High School		2:14.00
21	807	Oikawa, Paul	10	St. Francis High School		2:14.00
22	384	Darwin, Cody	9	Los Gatos High School		2:15.00
23	29	Boddie, Marlon	9	Archbishop Riordan High		2:16.00
24	390	Landers, David	10	Los Gatos High School		2:16.00
25	253	Roman, Jason	10	Homestead High School		2:16.00
26	440	Sirohi, Aman	10	Lynbrook High School		2:17.00
27	162	Gil-Palacios, Dielo	10	Del Mar High School		2:17.10
28	104	Sun, Andrew	10	Bellarmino College Prep.		2:18.00
29	120	Evans, Ian	10	Calaveras High School		2:28.00
30	932	Chahal, Jason	9	Valley Christian High		2:30.00
31	950	Saremi, Mike	9	Valley Christian High		2:30.00
32	717	Riojas, Seth	10	Santa Clara High School		NT
33	956	Velez, Jorge		Valley Christian High		NT

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 6 Boys 400 Meter Int Hurdles
Friday 03/29/96 at 4:20 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	290	Balumbu, Fiston	10	James Logan High School		43.30
2	558	Beaver, Marlon	9	Newark Memorial High		43.50
3	434	Chung, James	10	Lynbrook High School		43.70
4	17	Nikbashtali, Justin	10	Archbishop Mitty High		44.10
5	92	McKay, Bryan	10	Bellarmino College Prep.		45.00
6	289	Amev, Charles	10	James Logan High School		45.20
7	81	Gill, Karan	9	Bellarmino College Prep.		47.00
8	476	Shepherd, Fred	10	Menlo-Atherton High		47.00
9	119	Danmeier, Austin	09	Calaveras High School		50.00
10	186	Ellis, Nate	10	Gunderson High School		56.40
11	334	McGowan, Guy	10	Leigh High School		59.80
12	728	Crick, Sam	9	Santa Cruz High School		1:00.00
13	242	Hu, An-Swol	10	Homestead High School		1:02.00
14	464	Hammond, Erik	10	Menlo-Atherton High		1:03.00
15	973	Hofman, Tom	10	Westmont High School		1:08.00
16	935	Cox, Justin	9	Valley Christian High		NT
17	718	Sears, Tim	10	Santa Clara High School		NT

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 7 Boys 200 Meter Dash
Friday 03/29/96 at 4:35 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	454	Akers, Ryan	10	Menlo-Atherton High	23.00
2	303	Lopez, Anthony	10	James Logan High School	23.00
3	620	Morrison, Donte	10	Piedmont Hills High	23.00
4	301	Johnson, Marc	9	James Logan High School	23.20
5	309	Nguyen, Minh	9	James Logan High School	23.20
6	71	Brown, Dinari	10	Bellarmino College Prep.	23.70
7	15	Harmer, Chase	10	Archbishop Mitty High	23.70
8	84	Hege, Steve	10	Bellarmino College Prep.	23.70
9	559	Best, Rodney	9	Newark Memorial High	23.80
10	334	McGowan, Guy	10	Leigh High School	23.80
11	67	Woods, Reggie	9	Archbishop Riordan High	23.80
12	44	Kouostas, Carlos	10	Archbishop Riordan High	23.90
13	250	Mack, Donte	9	Homestead High School	23.90
14	616	Mathews, Jerry	9	Piedmont Hills High	23.90
15	182	Allen, Bruce	10	Gunderson High School	24.00
16	591	Cantiga, Chris	10	Overfelt High School	24.00
17	495	Mancias, Paul	9	Milpitas High School	24.00
18	567	Darby, Toussant	9	Newark Memorial High	24.10
19	106	Theodule, Rod	10	Bellarmino College Prep.	24.10
20	65	Washington, Ed	9	Archbishop Riordan High	24.10
21	300	Jetson, Pierre	10	James Logan High School	24.20
22	727	Cincola, Mike	9	Santa Cruz High School	24.50
23	443	Tung, Nick	10	Lynbrook High School	24.60
24	302	Leifort, Glendale	10	James Logan High School	24.70
25	498	Miraton, Eugene	9	Milpitas High School	24.70
26	452	Partridge, Grant	10	Menlo High School	24.70
27	272	Hum, Transom	10	Independence High School	24.80
28	621	Muniz, Ronnie	9	Piedmont Hills High	24.80
29	503	Salazar, JR	9	Milpitas High School	24.80
30	738	Siscer, Nate	9	Santa Cruz High School	25.00
31	285	Stewart, Brandon	9	Independence High School	25.00
32	388	Kicinski, Dustin	10	Los Gatos High School	25.10
33	389	Knipe, Zack	9	Los Gatos High School	25.21
34	8	Steele, David	09	Aptos High School	25.80
35	134	Miett, Nick	09	Calaveras High School	26.20
36	4	DeBrito, Matt	9	Aptos High School	26.60
37	5	Guskin, Dave	10	Aptos High School	27.00
38	942	Kim, Sam	10	Valley Christian High	30.00
39	957	Wall, Jeff	10	Valley Christian High	31.00

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 8 Boys 3,000 Meter Run
Friday 03/29/96 at 4:50 PM

9:59.8

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	598	Acosta, Jose	10	Piedmont Hills High	10:02.00
2	233	McGuire, Don	10	Hillsdale High School	10:10.00
3	111	Beaudoin, Mike	10	Calaveras High School	10:15.00
4	83	Hart, Omar	10	Bellarmine College Prep.	10:18.00
5	201	Boyd, Marshall	10	Gunn High School	10:23.00
6	395	Martin, Jedd	9	Los Gatos High School	10:30.00
7	293	Dirar, Ashera	9	James Logan High School	10:36.80
8	778	Chaves, Dan	9	St. Francis High School	10:40.00
9	608	Garza, Steve	10	Piedmont Hills High	10:40.00
10	241	Houik, Matt	9	Homestead High School	10:40.00
11	23	Tynes, Booker	09	Archbishop Mitty High	10:40.30
12	6	Passanisi, Gary	10	Aptos High School	10:40.60
13	448	Keck, Martin	10	Menlo High School	10:46.00
14	985	Albe, Paul	10	Wilcox High School	10:50.00
15	72	Brown, Kevin	09	Bellarmine College Prep.	10:50.00
16	82	Hall, Bill	10	Bellarmine College Prep.	10:50.00
17	90	McAllister, Eric	10	Bellarmine College Prep.	10:50.00
18	305	McDonald, Scott	10	James Logan High School	10:50.2
19	450	Mills, John	9	Menlo High School	11:00.00
20	402	Sullivan, Pat	9	Los Gatos High School	11:00.00
21	155	Askew, Charles	10	Del Mar High School	11:06.00
22	11	Alam, Shayan	9	Archbishop Mitty High	11:10.00
23	36	Dunn, Jamaal	10	Archbishop Riordan High	11:10.00
24	288	Alizai, Mansoor	10	James Logan High School	11:13.70
25	400	Smith, Ryan	9	Los Gatos High School	11:15.00
26	27	Arzave, Tony	9	Archbishop Riordan High	11:19.00
27	64	Uribe, Francisco	9	Archbishop Riordan High	11:21.00
28	56	Rocillo, Archie	10	Archbishop Riordan High	11:23.00
29	170	Mitchell, Mike	10	Del Mar High School	11:31.00
30	797	Keeler, Joe	10	St. Francis High School	11:40.00
31	440	Sirohi, Aman	10	Lynbrook High School	11:45.00
32	933	Chester, Ben	9	Valley Christian High	13:00.00
33	946	Paradiso, Nick	9	Valley Christian High	13:20.00
34	703	Bonilla, Joseph	10	Santa Clara High School	NT
35	135	Ostrom, Mike	9	Calaveras High School	NT

73
2:31 (78)
3:51 (80)
5:13 (82)

6:35 (82)
7:59 (84)
9:19 (80)
9:59.8 ≈ 10:43.6

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 9 Boys 4x400 Meter Relay
Friday 03/29/96 at 5:05 PM

RANK	REL #	RELAY	AFFILIATION	SEED TIME
1	1038	ARMI "A"	Archbishop Mitty High	3:34.00
2	1049	NEWA "A"	Newark Memorial High	3:37.40
3	1053	STFR "A"	St. Francis High School	3:38.00
4	1043	LOGA "A"	James Logan High School	3:39.00
5	1048	MENA "A"	Menlo-Atherton High	3:39.00
6	1051	PIHI "A"	Piedmont Hills High	3:39.00
7	1040	BELL "A"	Bellarmino College Prep.	3:40.00
8	1042	INDE "A"	Independence High School	3:40.00
9	1039	RIOR "A"	Archbishop Riordan High	3:44.80
10	1041	DELM "A"	Del Mar High School	3:45.00
11	1047	MENL "A"	Menlo High School	3:45.00
12	1052	SARA "A"	Saratoga High School	3:47.00
13	1044	LEIG "A"	Leigh High School	3:48.00
14	1046	LYNB "A"	Lynbrook High School	3:50.00
15	1050	OVER "A"	Overfelt High School	3:50.00
16	1037	APTS "A"	Aptos High School	3:56.00
17	1045	LOSG "A"	Los Gatos High School	4:00.00
18	1054	VACH "A"	Valley Christian High	4:40.00

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 10 Boys Long Jump
Friday 03/29/96 at 2:30 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	274	LaCuesta, Norman	10	Independence High School	36'03.00"
2	258	Wehmeier, Sutter	10	Homestead High School	20'06.00"
3	303	Lopez, Anthony	10	James Logan High School	20'04.00"
4	210	Hu, Eric	10	Gunn High School	20'02.00"
5	62	Strickland, Donald	10	Archbishop Riordan High	20'02.00"
6	616	Mathews, Jerry	9	Piedmont Hills High	20'00.00"
7	326	Atkins, Elroy	9	Leigh High School	19'11.00"
8	54	Paston, Anthony	10	Archbishop Riordan High	19'08.00"
9	291	Balumbu, Malekita	9	James Logan High School	19'07.00"
10	452	Partridge, Grant	10	Menlo High School	19'07.00"
11	794	Jones, RJ	10	St. Francis High School	19'06.00"
12	304	Mackey, Damien	10	James Logan High School	19'06.00"
13	438	Moores, Josh	10	Lynbrook High School	19'06.00"
14	299	Igbar, Abdul	9	James Logan High School	19'02.00"
15	309	Nguyen, Minh	9	James Logan High School	19'02.00"
16	15	Harmer, Chase	10	Archbishop Mitty High	19'01.00"
17	458	Carson, Stephen	9	Menlo-Atherton High	19'00.00"
18	748	Allen, Chad	10	Saratoga High School	18'10.00"
19	3	Daley, P.J.	10	Aptos High School	18'08.00"
20	45	Lauigan, Stanley	10	Archbishop Riordan High	18'06.00"
21	302	Leifort, Glendale	10	James Logan High School	18'06.00"
22	172	Nobriga, Nick	10	Del Mar High School	18'06.00"
23	712	Lopez, Armondo	10	Santa Clara High School	18'05.00"
24	810	Rees, Tom	10	St. Francis High School	18'04.00"
25	7	Sarders, Mike	10	Aptos High School	18'03.00"
26	721	Villagas, James	9	Santa Clara High School	18'03.00"
27	47	Marquez, Matt	9	Archbishop Riordan High	18'01.00"
28	565	Cipriano, Jon	10	Newark Memorial High	18'00.00"
29	215	Larsen, Eric	10	Gunn High School	18'00.00"
30	614	Le, Bobby	9	Piedmont Hills High	18'00.00"
31	813	Sidella, Marco	10	St. Francis High School	18'00.00"
32	555	Aranda, Andrew	10	Newark Memorial High	17'11.00"
33	243	Huang, Bob	10	Homestead High School	17'11.00"
34	18	Photopolus, Tassi	9	Archbishop Mitty High	17'10.00"
35	245	Kim, Ted	10	Homestead High School	17'09.00"
36	602	Dalida, Erik	9	Piedmont Hills High	17'07.00"
37	1	Aispuro, Eric	9	Aptos High School	17'05.00"
38	741	VanGibson, Arron	9	Santa Cruz High School	17'05.00"
39	10	Williams, Kavih	10	Aptos High School	17'03.00"
40	505	Tran, Pham	10	Milpitas High School	17'01.00"
41	493	Lacuzong, Eugene	9	Milpitas High School	16'10.00"
42	953	Travato, Joe	9	Valley Christian High	16'06.00"
43	286	Taa, Jeff	10	Independence High School	16'03.00"
44	263	Anh Vo, Hoang	9	Independence High School	16'00.5"
45	262	Ajel, Kris	10	Independence High School	16'00.00"
46	273	Ko, Daniel	9	Independence High School	15'10.00"
47	947	Peterson, Robert	9	Valley Christian High	15'06.00"

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 11 Boys Discus Throw
Friday 03/29/96 at 2:30 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	609	Goldstein, Brandon	10	Piedmont Hills High	130'07.00"
2	199	Bower, Brent	10	Gunn High School	130'06.00"
3	295	Findley, Hayward	10	James Logan High School	118'02.00"
4	14	Grassi, Jim	10	Archbishop Mitty High	115'08.00"
5	325	Uperesa, PJ	10	Jefferson High	115'04.00"
6	471	Murray, Cheyne	10	Menlo-Atherton High	115'00.00"
7	311	Orecchia, William	10	James Logan High School	114'06.00"
8	278	Meeks, Joshua	10	Independence High School	110'05.00"
9	606	Finney, Ryan	10	Piedmont Hills High	110'00.00"
10	322	Gutu, Meaalii	9	Jefferson High	107'10.00"
11	144	Willard, Kevin	10	Calaveras High School	106'00.00"
12	530	Wang, Brian	10	Monta Vista High School	105'08.00"
13	436	Kim, Jay	10	Lynbrook High School	105'00.00"
14	435	Kagan, Seth	10	Lynbrook High School	104'00.00"
15	2	Cales, Brian	9	Aptos High School	103'11.00"
16	525	Pak, Gerry	10	Monta Vista High School	103'06.00"
17	59	Shea, Tim	10	Archbishop Riordan High	103'03.00"
18	40	Guerrero, Roberto	10	Archbishop Riordan High	101'11.00"
19	316	Smith, Bryon	10	James Logan High School	101'04.00"
20	68	Zumbado, Juan	10	Archbishop Riordan High	100'06.00"
21	714	Pandez, Richard	9	Santa Clara High School	100'00.00"
22	35	Dionida, Justin	10	Archbishop Riordan High	99'00.00"
23	12	Bednarz, Phillip	10	Archbishop Mitty High	98'07.00"
24	55	Rjaile, Naji	10	Archbishop Riordan High	98'07.00"
25	260	Wyatt, Jesse	12	Homestead High School	98'00.00"
26	38	Garrett, Eric	9	Archbishop Riordan High	95'10.00"
27	240	Holm, Brian	10	Homestead High School	95'00.00"
28	142	Valente, Nick	10	Calaveras High School	93'00.00"
29	284	Purewal, Paul	9	Independence High School	91'02.00"
30	323	Odfina, Rewato	10	Jefferson High	89'10.00"
31	324	Saba, Benjo	10	Jefferson High	89'00.00"
32	815	Sloan, Dave	9	St. Francis High School	88'05.00"
33	776	Bleigh, Mike	9	St. Francis High School	86'05.00"
34	136	Peck, James	09	Calaveras High School	82'00.00"
35	820	Tow, Wayne	9	St. Francis High School	80'00.00"
36	459	Carter, Paul	10	Menlo-Atherton High	75'00.00"
37	938	Evangelist, Keegan	9	Valley Christian High	74'05.00"
38	455	Bolton, Paul	9	Menlo-Atherton High	60'00.00"
39	192	Morris, Fred	10	Gunderson High School	ND

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 12 Boys High Jump
Friday 03/29/96 at 3:00 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	794	Jones, RJ	10	St. Francis High School	6'00.00"
2	456	Brooks, Billy	10	Menlo-Atherton High	5'10.00"
3	713	McGee, Jared	10	Santa Clara High School	5'08.50"
4	13	Denzel, Joe	9	Archbishop Mitty High	5'08.00"
5	77	Douglas, Robert	09	Bellarmino College Prep.	5'08.00"
6	297	Holmes, Ezra	10	James Logan High School	5'08.00"
7	438	Moores, Josh	10	Lynbrook High School	5'08.00"
8	21	Shaw, Lars	9	Archbishop Mitty High	5'08.00"
9	442	Tueller, Mah	10	Lynbrook High School	5'08.00"
10	290	Balumbu, Fiston	10	James Logan High School	5'06.00"
11	69	Bayne, Chris	09	Bellarmino College Prep.	5'06.00"
12	458	Carson, Stephen	9	Menlo-Atherton High	5'06.00"
13	516	Coolidge, Kevin	9	Monta Vista High School	5'06.00"
14	517	Doonan, Sean	10	Monta Vista High School	5'06.00"
15	329	Graham, Price	10	Leigh High School	5'06.00"
16	974	Hogg, Ian	10	Westmont High School	5'06.00"
17	172	Nobriga, Nick	10	Del Mar High School	5'06.00"
18	53	Pasion, Anthony	10	Archbishop Riordan High	5'06.00"
19	527	Rosiak, Chris	10	Monta Vista High School	5'06.00"
20	7	Sarders, Mike	10	Aptos High School	5'06.00"
21	337	Talley, Richard	10	Leigh High School	5'06.00"
22	722	Warren, Paul	10	Santa Clara High School	5'06.00"
23	936	Delke, Jeff	9	Valley Christian High	5'04.00"
24	299	Igbar, Abdul	9	James Logan High School	5'04.00"
25	806	Oadri, Shiraz	10	St. Francis High School	5'04.00"
26	65	Washington, Ed	9	Archbishop Riordan High	5'04.00"
27	206	Crimmer-Brown, Robert	9	Gunn High School	5'02.00"
28	939	Flagg, John	9	Valley Christian High	5'02.00"
29	212	Hubib, Ronie	9	Gunn High School	5'02.00"
30	944	Marc, Paul	9	Valley Christian High	5'02.00"
31	813	Sidella, Marco	10	St. Francis High School	5'02.00"
32	1	Aispuro, Eric	9	Aptos High School	5'00.00"
33	257	Stanle, Paul	9	Homestead High School	5'00.00"
34	286	Taa, Jeff	10	Independence High School	5'00.00"
35	260	Wyatt, Jesse	12	Homestead High School	5'00.00"

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 13 Boys Pole Vault
Friday 03/29/96 at 3:00 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	814	Simonson, James	10	St. Francis High School	12'00.00"
2	17	Nikbashtali, Justin	10	Archbishop Mitty High	11'06.00"
3	306	Mello, Nick	10	James Logan High School	10'00.00"
4	319	Wai, Clinton	9	James Logan High School	10'00.00"
5	320	Washington, Jesse	10	James Logan High School	10'00.00"
6	560	Braunstein, Brandon	9	Newark Memorial High	9'06.00"
7	783	Denman, Bryan	9	St. Francis High School	9'06.00"
8	294	Dungca, Joe	9	James Logan High School	9'06.00"
9	120	Evans, Ian	10	Calaveras High School	9'06.00"
10	167	Jones, Garret	9	Del Mar High School	9'06.00"
11	312	Rodriguez, Mario	10	James Logan High School	9'06.00"
12	314	Sathra, Ken	10	James Logan High School	9'06.00"
13	315	Segarra, Johnny	9	James Logan High School	9'06.00"
14	34	Dillon, Tim	9	Archbishop Riordan High	9'00.00"
15	296	Garza, Joe	10	James Logan High School	9'00.00"
16	803	Murphy, Chris	9	St. Francis High School	9'00.00"
17	804	My, Brian	9	St. Francis High School	9'00.00"
18	51	Ness, Matt	10	Archbishop Riordan High	9'00.00"
19	317	Smith, Leroy	10	James Logan High School	9'00.00"
20	318	Trixner, Clinton	9	James Logan High School	9'00.00"
21	468	King, Greg	10	Menlo-Atherton High	8'06.00"
22	168	Kraja, Ramazan	9	Del Mar High School	8'06.00"
23	474	Pech, Herman	10	Menlo-Atherton High	8'06.00"
24	313	Sabraw, Matt	10	James Logan High School	8'06.00"

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 14 Boys Triple Jump
Friday 03/29/96 at 4:00 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	304	Mackey, Damien	10	James Logan High School	42'10.00"
2	210	Hu, Eric	10	Gunn High School	42'00.00"
3	258	Wehmeier, Sutter	10	Homestead High School	42'00.00"
4	290	Balumbu, Fiston	10	James Logan High School	41'08.00"
5	570	Green, Mike	10	Newark Memorial High	40'06.00"
6	712	Lopez, Armondo	10	Santa Clara High School	40'06.00"
7	977	Paige, Sean	10	Westmont High School	39'09.00"
8	291	Balumbu, Malekita	9	James Logan High School	39'08.00"
9	565	Cipriano, Jon	10	Newark Memorial High	39'06.00"
10	62	Strickland, Donald	10	Archbishop Riordan High	39'03.00"
11	289	Amev, Charles	10	James Logan High School	39'00.00"
12	243	Huang, Bob	10	Homestead High School	38'10.00"
13	17	Nikbashtali, Justin	10	Archbishop Mitty High	38'10.00"
14	555	Aranda, Andrew	10	Newark Memorial High	38'09.00"
15	794	Jones, RJ	10	St. Francis High School	38'09.00"
16	53	Pasion, Anthony	10	Archbishop Riordan High	38'09.00"
17	208	Fletcher, Evan	10	Gunn High School	38'00.00"
18	238	Chang, Mike	10	Homestead High School	37'11.00"
19	16	Lee, Brandon	9	Archbishop Mitty High	37'10.00"
20	321	Williams, Roy	10	James Logan High School	37'09.00"
21	596	Magadia, Guage	9	Overfelt High School	37'07.25"
22	299	Igbar, Abdul	9	James Logan High School	37'06.00"
23	813	Sidella, Marco	10	St. Francis High School	37'06.00"
24	298	Idem, Anthony	10	James Logan High School	37'02.00"
25	45	Lauigan, Stanley	10	Archbishop Riordan High	37'00.00"
26	475	Penna, Nick	9	Menlo-Atherton High	37'00.00"
27	46	Manrigue, Almer	94	Archbishop Riordan High	36'08.00"
28	308	Nguyen, Hau	10	James Logan High School	36'06.00"
29	7	Sarders, Mike	10	Aptos High School	36'06.00"
30	614	Le, Bobby	9	Piedmont Hills High	36'02.00"
31	310	Nguyen, Tam	10	James Logan High School	35'08.00"
32	485	Forkza, Jordan	10	Milpitas High School	35'07.00"
33	3	Daley, P.J.	10	Aptos High School	35'05.00"
34	262	Ajel, Kris	10	Independence High School	35'02.00"
35	1	Aispuro, Eric	9	Aptos High School	35'00.00"
36	602	Dalida, Erik	9	Piedmont Hills High	35'00.00"
37	791	Ho, Dong	10	St. Francis High School	35'00.00"
38	504	Salivan, Anthony	9	Milpitas High School	35'00.00"
39	263	Anh Vo, Hoang	9	Independence High School	34'04.00"
40	940	Fong, Caleh	9	Valley Christian High	27'00.00"
41	934	Coutts, Paul	10	Valley Christian High	25'06.00"
42	274	LaCuesta, Norman	10	Independence High School	16'04.00"

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 15 Boys Shot Put
Friday 03/29/96 at 4:00 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	325	Uperesa, PJ	10	Jefferson High	50'03.00"
2	224	Snyder, Tim	10	Gunn High School	48'04.00"
3	609	Goldstein, Brandon	10	Piedmont Hills High	48'03.00"
4	14	Grassi, Jim	10	Archbishop Mitty High	47'02.00"
5	295	Findley, Hayward	10	James Logan High School	45'07.00"
6	199	Bower, Brent	10	Gunn High School	45'01.00"
7	40	Guerrero, Roberto	10	Archbishop Riordan High	44'07.00"
8	68	Zumbado, Juan	10	Archbishop Riordan High	44'01.00"
9	35	Dionida, Justin	10	Archbishop Riordan High	43'09.00"
10	55	Rjaile, Naji	10	Archbishop Riordan High	43'06.00"
11	311	Orecchia, William	10	James Logan High School	43'04.00"
12	240	Holm, Brian	10	Homestead High School	43'00.00"
13	144	Willard, Kevin	10	Calaveras High School	43'00.00"
14	607	Frank, Steve	9	Piedmont Hills High	42'09.00"
15	38	Garrett, Eric	9	Archbishop Riordan High	42'08.00"
16	59	Shea, Tim	10	Archbishop Riordan High	42'08.00"
17	19	Robertson, Mike	10	Archbishop Mitty High	42'06.00"
18	714	Pandez, Richard	9	Santa Clara High School	42'00.00"
19	606	Finney, Ryan	10	Piedmont Hills High	41'09.00"
20	269	Figel, Jason	9	Independence High School	41'00.00"
21	2	Cales, Brian	9	Aptos High School	40'02.00"
22	142	Valente, Nick	10	Calaveras High School	40'00.00"
23	562	Checkeffs, Victor	10	Newark Memorial High	39'00.00"
24	471	Murray, Cheyne	10	Menlo-Atherton High	39'00.00"
25	179	Torres, Paul	10	Del Mar High School	38'04.00"
26	322	Gutu, Meaalii	9	Jefferson High	38'02.00"
27	433	Chang, James	10	Lynbrook High School	38'00.00"
28	100	Schwarz, Herb	10	Bellarmino College Prep.	38'00.00"
29	825	Wilson, Shaun	9	St. Francis High School	37'07.00"
30	284	Purewal, Paul	9	Independence High School	37'05.00"
31	316	Smith, Bryon	10	James Logan High School	37'02.00"
32	777	Carranza, Harry	10	St. Francis High School	37'00.00"
33	136	Peck, James	09	Calaveras High School	37'00.00"
34	431	Bolich, Ryan	10	Lynbrook High School	36'00.00"
35	446	Charlton, Blake	10	Menlo High School	36'00.00"
36	252	Park, Peter	9	Homestead High School	35'00.00"
37	323	Odfina, Rewato	10	Jefferson High	34'05.50"
38	324	Saba, Benjo	10	Jefferson High	32'07.00"
39	459	Carter, Paul	10	Menlo-Atherton High	30'00.00"
40	455	Bolton, Paul	9	Menlo-Atherton High	28'00.00"
41	928	Aylesworth, Aaron	9	Valley Christian High	25'06.00"
42	930	Boersma, Micah	9	Valley Christian High	25'06.00"

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 16 Men's 400 Meter Int Hurdles
Saturday 03/30/96 at 9:30 AM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	75	Clark, Justin	11	Bellarmino College Prep.	41.10
2	538	Henderson, Jarrod	11	Mount Pleasant H.S.	41.50
3	987	Edwards, Nathan	11	Wilcox High School	41.90
4	123	Jewell, Gary	11	Calaveras High School	42.34
5	78	Ellazar, Joel	12	Bellarmino College Prep.	42.60
6	870	Hall, Brendan	11	St. Ignatius High School	42.80
7	592	Carraslo, Efrain	11	Overfelt High School	42.90
8	672	Sullivan, Leon	12	San Jose High Academy	42.90
9	430	Baer, Jamie	12	Lynbrook High School	43.00
10	219	Nakajama, Yashiro	12	Gunn High School	43.40
11	235	Anan, Kouske	12	Homestead High School	43.50
12	895	Metz, Lionel	10	St. Ignatius High School	43.90
13	94	Meeham, Mike	11	Bellarmino College Prep.	44.00
14	99	Schoetter, Joe	11	Bellarmino College Prep.	44.00
15	861	Fife, Chris	11	St. Ignatius High School	44.60
16	139	Redman, Garrett	11	Calaveras High School	44.60
17	405	Bseiso, Feras	11	Lowell High School	44.70
18	410	Chung, Raymond	12	Lowell High School	44.80
19	31	Coleman, Chris	11	Archbishop Riordan High	45.50
20	893	Lordeaux, Joe	10	St. Ignatius High School	46.80
21	116	Clinkenbeard, Jason	11	Calaveras High School	47.50
22	408	Chou, Eddy	11	Lowell High School	48.00
23	513	O'Leary, Pat	12	Mission San Jose H.S.	53.40
24	509	Dewey, Brett	12	Mission San Jose H.S.	54.40
25	515	Tran, Minh	11	Mission San Jose H.S.	55.00
26	514	Stepan, Jerry	11	Mission San Jose H.S.	55.20
27	730	Howard, John	11	Santa Cruz High School	1:07.00
28	586	Rios, Adam	11	Oak Grove High School	1:09.55

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 17 Women's 400 Meter Int Hurdles
Saturday 03/30/96 at 9:40 AM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	328	Cados, Alica	10	Leigh High School		46.00
2	536	Brown, Julia	12	Mount Pleasant H.S.		47.40
3	743	Diaz, Maria	10	Santa Teresa High School		49.90
4	925	Wershky, Lara	10	St. Ignatius High School		50.30
5	576	Nowak, Klara	9	Newark Memorial High		50.40
6	615	Leslie, Annette	12	Piedmont Hills High		50.80
7	198	Alfredson, Erica	10	Gunn High School		50.88
8	561	Castro, Liz	10	Newark Memorial High		51.80
9	751	Moon, Jill	11	Saratoga High School		51.80
10	554	Acton, Kristen	12	Newark Memorial High		52.10
11	207	Dillon, Katie	11	Gunn High School		53.00
12	844	Cody, Kate	9	St. Ignatius High School		53.40
13	880	Kenny, Roselynn	11	St. Ignatius High School		54.60
14	859	Elsbernd, Meaghan	11	St. Ignatius High School		55.10
15	512	McGraw, Carrie	10	Mission San Jose H.S.		1:04.00
16	511	Lane, Marla	10	Mission San Jose H.S.		1:06.00
17	726	Borkman, Heidi	11	Santa Cruz High School		1:12.00
18	929	Bell, Carola	9	Valley Christian High		NT
19	184	Butler, Sanora	10	Gunderson High School		NT

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 18 Men's 4x1600 Meter Relay
Saturday 03/30/96 at 10:00 AM

RANK	REL #	RELAY	AFFILIATION	SEED TIME
1	1062	MISJ "A"	Mission San Jose H.S.	17:40.00
2	1055	BELL "A"	Bellarmino College Prep.	18:30.00
3	1060	LOSG "A"	Los Gatos High School	18:40.00
4	1065	STFR "A"	St. Francis High School	19:10.00
5	1066	STIG "A"	St. Ignatius High School	19:15.00
6	1059	LOSA "A"	Los Altos High School	19:45.00
7	1056	CUPE "A"	Cupertino High School	20:00.00
8	1061	LOWE "A"	Lowell High School	20:00.00
9	1064	SKYL "A"	Skyline High School	20:00.00
10	1063	SARA "A"	Saratoga High School	20:25.00
11	1058	LELA "A"	Leland High School	20:30.00
12	1057	INDE "A"	Independence High School	20:45.00

400m

J. Chung

Ken Chen

N. Tang

J. Maures

55.82 56.2
~~1:08.34~~
55.82 57.52 57.9
 9.52
 2:51.05 57.71 58.1
 3:45.05 54.00 54.4

2nd


^{1/2}
~~1:53.34~~
55.82
 7.52

⁰
~~2:51.05~~
1:53.34
 57.71

⁰
~~3:45.05~~
2:51.05
 54.00

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 19 Men's 4x100 Meter Relay
Saturday 03/30/96 at 10:25 AM

RANK	REL #	RELAY	AFFILIATION	SEED TIME
=====	=====	=====	=====	=====
1	1084	SKYL "A"	Skyline High School	40.78
2	1068	BELL "A"	Bellarmino College Prep.	42.20
3	1071	DELM "A"	Del Mar High School	43.40
4	1074	LOSG "A"	Los Gatos High School	43.91
5	1077	MTPL "A"	Mount Pleasant H.S.	44.20
6	1085	STFR "A"	St. Francis High School	44.30
7	1073	GUNN "A"	Gunn High School	44.40
8	1086	STIG "A"	St. Ignatius High School	44.50
9	1078	NEWA "A"	Newark Memorial High	44.80
10	1075	LOWE "A"	Lowell High School	45.00
11	1087	STIG "B"	St. Ignatius High School	45.00
12	1082	SALO "A"	San Lorenzo High School	45.20
13	1088	WEST "A"	Westmont High School	45.20
14	1067	RIOR "A"	Archbishop Riordan High	45.35
15	1079	OAKG "A"	Oak Grove High School	45.65
16	1072	GUND "A"	Gunderson High School	45.70
17	1076	MILP "A"	Milpitas High School	45.80
18	1081	SANJ "A"	San Jose High Academy	45.80
19	1083	SARA "A"	Saratoga High School	45.90
20	1070	CARL "A"	Carlmont High School	46.50
21	1080	SALI "A"	Salinas High School	46.80
22	1069	CALA "A"	Calaveras High School	NT

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 20 Women's 4x100 Meter Relay
Saturday 03/30/96 at 10:40 AM

RANK	REL #	RELAY	AFFILIATION	SEED TIME
1	1110	STFR "A"	St. Francis High School	49.30
2	1096	LOSG "A"	Los Gatos High School	49.90
3	1093	INDE "A"	Independence High School	50.20
4	1090	GUND "A"	Gunderson High School	50.40
5	1091	GUNN "A"	Gunn High School	50.60
6	1104	PRES "A"	Presentation High School	51.00
7	1094	LEIG "A"	Leigh High School	51.20
8	1111	STIG "A"	St. Ignatius High School	51.50
9	1112	STIG "B"	St. Ignatius High School	51.60
10	1099	MILP "A"	Milpitas High School	51.80
11	1095	LELA "A"	Leland High School	52.10
12	1097	LOWE "A"	Lowell High School	52.30
13	1100	MONT "A"	Monta Vista High School	52.90
14	1102	OVER "A"	Overfelt High School	53.00
15	1101	NEWA "A"	Newark Memorial High	53.10
16	1103	PIHI "A"	Piedmont Hills High	53.10
17	1108	SATE "A"	Santa Teresa High School	53.10
18	1105	SALI "A"	Salinas High School	53.20
19	1092	HOME "A"	Homestead High School	54.00
20	1098	MENA "A"	Menlo-Atherton High	54.00
21	1107	SALO "A"	San Lorenzo High School	54.10
22	1106	SANJ "A"	San Jose High Academy	54.30
23	1109	SARA "A"	Saratoga High School	55.10
24	1113	VACH "A"	Valley Christian High	55.30
25	1114	WEST "A"	Westmont High School	55.70
26	1089	CALA "A"	Calaveras High School	NT

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 21 Men's 1,500 Meter Run
Saturday 03/30/96 at 11:05 AM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	352	Sikiric, Daniel	12	Leland High School		4:00.00
2	759	Torres, Enrique	12	Silver Creek High School		4:16.00
3	196	Rastler, Eric	11	Gunderson High School		4:19.00
4	499	Nenbrough, Matt	12	Milpitas High School		4:25.00
5	872	Hansen, Brad	11	St. Ignatius High School		4:26.00
6	924	Wellman, Paul	12	St. Ignatius High School		4:26.00
7	764	Enriquez, Jesus	12	Skyline High School		4:29.00
8	779	Collin, John	12	St. Francis High School		4:30.00
9	731	Kessler, David	12	Santa Cruz High School		4:30.00
10	992	Woodruff, David	11	Wilcox High School		4:30.00
11	755	Balderds, Leo	10	Silver Creek High School		4:31.00
12	678	Seymanski, Luke	12	San Lorenzo High School		4:32.00
13	593	Dominguez, Ricardo	12	Overfelt High School		4:35.00
14	671	Morrell, Kareem	12	San Jose High Academy		4:35.00
15	664	Sapiro, Clint	11	Salinas High School		4:35.00
16	345	Harnagel, John	12	Leland High School		4:36.00
17	350	Piellusch, Nick	11	Leland High School		4:36.00
18	398	Rutledge, Beebe	12	Los Gatos High School		4:36.00
19	152	Baria, Peter	11	Castro Valley High School		4:37.00
20	669	Cortez, Victor	11	San Jose High Academy		4:37.00
21	150	South, Gabe	11	Carlmont High School		4:37.90
22	898	Mulry, Brian	11	St. Ignatius High School		4:38.00
23	762	Dixon, Cory	11	Skyline High School		4:40.00
24	681	Plummer, Jesse	11	San Lorenzo High School		4:40.00
25	990	Robinson, Collin	11	Wilcox High School		4:40.00
26	76	Dirickson, Blake	11	Bellarmino College Prep.		4:41.00
27	91	McGuire, Ryan	12	Bellarmino College Prep.		4:42.40
28	397	Newman, Tom	12	Los Gatos High School		4:44.00
29	686	Vega, Dan	11	San Lorenzo High School		4:46.00
30	697	Monte, Mike	11	San Rafael High School		4:47.00
31	782	Culazzo, Anthony	11	St. Francis High School		4:48.00
32	695	Mannion, Jim	12	San Rafael High School		4:49.20
33	377	Abeln, Ben	12	Los Gatos High School		4:50.00
34	255	Seddiqui, Darius	11	Homestead High School		4:50.00
35	675	Elling, Rob	12	San Lorenzo High School		4:52.00
36	101	Seigfrid, Mark	11	Bellarmino College Prep.		4:52.00
37	107	Ward, Pat	11	Bellarmino College Prep.		4:52.00
38	213	Hung, Albert	11	Gunn High School		4:53.00
39	688	Escobedo, Mario	9	San Rafael High School		4:53.50
40	60	Solorzano, Dax	11	Archbishop Riordan High		4:58.60
41	49	Medrano, Isaac	11	Archbishop Riordan High		4:59.10
42	965	Dorcich, Nathan	12	Westmont High School		5:01.00
43	676	Morton, Ken	12	San Lorenzo High School		5:04.00
44	590	Worrell, Dan	10	Oak Grove High School		5:30.00

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 22 Women's 1,500 Meter Run
Saturday 03/30/96 at 11:20 AM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	729	Croloah, Jenny	11	Santa Cruz High School	4:55.00
2	756	Bleisch, Deborah	12	Silver Creek High School	4:59.00
3	978	Renteria, Lisa	12	Westmont High School	5:10.00
4	744	Holmquist, Annette	11	Santa Teresa High School	5:15.00
5	575	Nowak, Kasia	12	Newark Memorial High	5:15.00
6	963	Delaplace, Serena	11	Westmont High School	5:18.00
7	753	Ricketts, Anne	9	Saratoga High School	5:18.70
8	153	Marques, Michelle	11	Castro Valley High School	5:19.00
9	194	Poole, Lakeisha	12	Gunderson High School	5:20.00
10	692	Heckscher, Abi	12	San Rafael High School	5:20.60
11	409	Chou, Susan	11	Lowell High School	5:23.00
12	379	Biber-Ferro, Lina	10	Los Gatos High School	5:28.00
13	891	Libien, Stephanie	11	St. Ignatius High School	5:28.00
14	634	Lavelle, Ceci	10	Presentation High School	5:30.00
15	663	Peshkoff, Joanna	12	Salinas High School	5:34.00
16	331	Kupka, Erin	9	Leigh High School	5:35.00
17	391	LaPine, Amy	9	Los Gatos High School	5:35.00
18	249	Lucido, Mary	9	Homestead High School	5:36.00
19	763	Dixon, Emily	9	Skyline High School	5:39.00
20	766	Garcia, Stephanie	10	Skyline High School	5:39.00
21	986	Browne, Michelle	11	Wilcox High School	5:40.00
22	632	Fields, Jennifer	11	Presentation High School	5:40.00
23	817	Swiryn, Carla	10	St. Francis High School	5:42.00
24	346	Kinder, Jennifer	9	Leland High School	5:44.00
25	385	Fishback, Jeanne	10	Los Gatos High School	5:45.00
26	694	Legg, Terry	9	San Rafael High School	5:45.00
27	913	Rodgers, Emma	9	St. Ignatius High School	5:45.00
28	355	Wong, Michele	10	Leland High School	5:46.00
29	617	McMillan, Kristina	10	Piedmont Hills High	5:47.00
30	829	Anderson, Courtney	9	St. Ignatius High School	5:50.00
31	711	Gunion, Sabrina	11	Santa Clara High School	5:50.00
32	221	Perakis, Sonja	9	Gunn High School	5:50.00
33	655	Connelly, Leslie	10	Salinas High School	5:50.40
34	966	Doyle, Claire	9	Westmont High School	5:51.00
35	414	Hua, Ying	11	Lowell High School	5:51.00
36	822	Vincenti-Brown, Genevieve	10	St. Francis High School	5:58.00
37	445	Wu, Aimie	11	Lynbrook High School	6:02.00
38	200	Boyd, Julia	12	Gunn High School	6:03.00
39	819	Teuscher, Paige	12	St. Francis High School	6:06.00
40	639	O'Conner, Carrie	12	Presentation High School	6:20.00
41	647	Wong, Jennifer	11	Presentation High School	6:30.00
42	636	Menuz, Diane	10	Presentation High School	6:36.00
43	630	Downing, Angie	12	Presentation High School	6:50.00
44	948	Post, Amber	9	Valley Christian High	7:02.00
45	705	Christensen, Lisa	11	Santa Clara High School	NT

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 23 Men's 100 Meter Dash
Saturday 03/30/96 at 12:10 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	760	Cooper, Jason	12	Skyline High School		10.70
2	768	Jones, J'Sharlon	12	Skyline High School		10.80
3	488	Hamm, Damon	12	Milpitas High School		10.86
4	127	Lewis, Jeremy	12	Calaveras High School		10.90
5	87	Jordan, Leroy	12	Bellarmino College Prep.		10.97
6	867	Gonzalez, Andy	12	St. Ignatius High School		11.00
7	544	Pike, Steve	12	Mount Pleasant H.S.		11.00
8	587	Slaton, Kenny	11	Oak Grove High School		11.00
9	551	Washington, Myron	12	Mount Pleasant H.S.		11.00
10	383	Conley, Craig	12	Los Gatos High School		11.01
11	186	Ellis, Nate	10	Gunderson High School		11.10
12	171	Napoleon, Curtis	12	Del Mar High School		11.10
13	102	Shea, Garrett	12	Bellarmino College Prep.		11.10
14	401	Sorich, Nick	12	Los Gatos High School		11.10
15	80	Foley, Tim	11	Bellarmino College Prep.		11.20
16	982	Tran, Vu	12	Westmont High School		11.20
17	358	Alvarez, Ricardo	12	Los Altos High School		11.30
18	518	Fieger, Joe	12	Monta Vista High School		11.30
19	163	Gillespie, Coby	11	Del Mar High School		11.30
20	508	White, Jason	12	Milpitas High School		11.30
21	202	Carson, Brian	11	Gunn High School		11.40
22	841	Castro, Chris	10	St. Ignatius High School		11.50
23	890	Lew, Bevin	11	St. Ignatius High School		11.50
24	421	Pham, Son	11	Lowell High School		11.50
25	585	McMahan, Will	9	Oak Grove High School		11.60
26	191	Morgan, Wes	10	Gunderson High School		11.60
27	968	Haynes, Donnie	11	Westmont High School		11.70
28	658	Jackson, Ronald	9	Salinas High School		11.70
29	580	Williams, Tory	11	Newark Memorial High		11.70
30	843	Christopher, Tony	11	St. Ignatius High School		11.80
31	879	Justice, Melvin	11	St. Ignatius High School		11.80
32	577	Robinson, James	12	Newark Memorial High		11.80
33	983	Weathers, Eric	12	Westmont High School		11.80
34	730	Howard, John	11	Santa Cruz High School		11.90
35	888	Lee, Steve	9	St. Ignatius High School		11.90
36	976	Meade, Mat	11	Westmont High School		11.90
37	665	Smith, Jamar	12	Salinas High School		11.90
38	579	Speller, Ahman	12	Newark Memorial High		11.90
39	125	Knaak, David	11	Calaveras High School		12.00
40	479	Abucay, Manny	9	Milpitas High School		12.10
41	130	Luke, Chris	11	Calaveras High School		12.20
42	724	Arct, Collins	11	Santa Cruz High School		12.60
43	584	Celso, Mike	11	Oak Grove High School		NT

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 24 Women's 100 Meter Dash
Saturday 03/30/96 at 12:30 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	733	Lyden, Francine	10	Santa Cruz High School		11.90
2	176	Ponder, Tisha	12	Del Mar High School		11.90
3	739	Sproule, Jessie	10	Santa Cruz High School		11.90
4	781	Craig, Damesha	11	St. Francis High School		11.99
5	382	Chavez, Stephanie	11	Los Gatos High School		12.20
6	399	Sczawinski, Rose	11	Los Gatos High School		12.20
7	650	Martin, Kiki	10	Prospect High School		12.30
8	205	Coleman, Monica	11	Gunn High School		12.50
9	270	Gross, Kathy	11	Independence High School		12.50
10	189	Harris, Amica	10	Gunderson High School		12.60
11	367	Hypolite, Adrienne	11	Los Altos High School		12.70
12	573	Langford, Aisha	12	Newark Memorial High		12.70
13	775	Blaschke, Kerry	9	St. Francis High School		12.73
14	118	Cornell, Kacy	11	Calaveras High School		12.80
15	333	McGowan, Cinty	9	Leigh High School		12.80
16	282	Osaku, Oriaku	9	Independence High School		12.80
17	597	Paterson, Rabecca	11	Overfelt High School		12.80
18	742	Banks, Tiffany	10	Santa Teresa High School		12.9
19	190	Jones, Keri	10	Gunderson High School		12.9
20	248	Levitz, Deana	9	Homestead High School		12.90
21	283	Owens, Sienna	12	Independence High School		12.90
22	110	Bassham, Kim	11	Calaveras High School		13.00
23	635	Love, Regan	12	Presentation High School		13.00
24	662	Morse, Nicole	12	Salinas High School		13.00
25	747	Morton, Erin	11	Santa Teresa High School		13.00
26	501	Onofre, Charlene	10	Milpitas High School		13.00
27	687	Warfield, Jenni	12	San Lorenzo High School		13.00
28	991	Webb, Tenesha	9	Wilcox High School		13.00
29	519	Fitgerald, Brie	11	Monta Vista High School		13.10
30	613	Klotz, Elizabeth	9	Piedmont Hills High		13.10
31	332	Leui, Jennifer	12	Leigh High School		13.10
32	218	Lim, Jayna	10	Gunn High School		13.10
33	633	Fincutter, Eileen	10	Presentation High School		13.20
34	348	Kuo, Linda	12	Leland High School		13.20
35	251	Mallet, Nina	11	Homestead High School		13.20
36	923	Washington, Jasmine	9	St. Ignatius High School		13.20
37	356	Yeh, Chin-Chin	11	Leland High School		13.20
38	628	Borello, Jessica	10	Presentation High School		13.25
39	413	Hill, Amy	11	Lowell High School		13.29
40	903	Payne, Cristina	9	St. Ignatius High School		13.30
41	147	Benner, Kathy	10	Carlmont High School		13.40
42	682	Rauch, Emily	11	San Lorenzo High School		13.40
43	604	Elarhs, Jemisse	9	Piedmont Hills High		13.50
44	969	Herrera, Stephanie	10	Westmont High School		13.6
45	970	Hinh, Loan	11	Westmont High School		13.60
46	885	Lapping, Erin	9	St. Ignatius High School		13.60
47	911	Rhein, Elisa	12	St. Ignatius High School		13.60
48	917	Sigillo, Gina	9	St. Ignatius High School		13.70

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 24 Women's 100 Meter Dash (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
49	507	Watson, Kelly	10	Milpitas High School		13.70
50	851	DeGuzman, Ninita	9	St. Ignatius High School		13.80
51	657	Foster, Darlene	9	Salinas High School		13.80
52	894	Meeks, Alicia	9	St. Ignatius High School		13.80
53	979	Rogers, Danielle	10	Westmont High School		13.80
54	834	Beyer, Claire	9	St. Ignatius High School		13.90
55	864	Flores, Chrissy	11	St. Ignatius High School		13.90
56	132	Martin, Stephanie	9	Calaveras High School		13.90
57	902	Patrino, Gina	11	St. Ignatius High School		13.90
58	506	Watson, Amanda	9	Milpitas High School		13.90
59	641	Ramin, Tira	9	Presentation High School		14.00
60	959	Williams, Jody	9	Valley Christian High		14.10
61	109	Areias, Lena	11	Calaveras High School		NT

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 25 Women's Distance Medley
Saturday 03/30/96 at 12:50 PM

RANK	REL #	RELAY	AFFILIATION	SEED TIME
1	1131	STIG "A"	St. Ignatius High School	12:40.00
2	1121	MISJ "A"	Mission San Jose H.S.	12:47.00
3	1125	PRES "A"	Presentation High School	12:57.00
4	1116	LELA "A"	Leland High School	13:00.00
5	1124	PIHI "A"	Piedmont Hills High	13:00.00
6	1118	LOWE "A"	Lowell High School	13:10.00
7	1127	SANR "A"	San Rafael High School	13:12.00
8	1117	LOSG "A"	Los Gatos High School	13:20.00
9	1120	MENA "A"	Menlo-Atherton High	13:30.00
10	1128	SATE "A"	Santa Teresa High School	13:30.00
11	1129	SARA "A"	Saratoga High School	13:37.00
12	1130	STFR "A"	St. Francis High School	13:40.00
13	1123	OVER "A"	Overfelt High School	13:50.00
14	1115	INDE "A"	Independence High School	14:10.00
15	1133	WEST "A"	Westmont High School	14:36.00
16	1119	LYNB "A"	Lynbrook High School	NT
17	1122	MTPL "A"	Mount Pleasant H.S.	NT
18	1126	PROS "A"	Prospect High School	NT
19	1132	VACH "A"	Valley Christian High	NT

~~1:07.75~~
~~1:21.33~~

 2:29.08

S. Chan 4:25.5 = 4:27.0*
 C Wang 73.4 = 73.9*
 J. McClosky 67.8
 81.3 > 2:29.1 = 2:30*
 A. Wu 5:54.5 = 5:56.6*

 14:02.5

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 26 Women's 100 Meter High Hurdles
Saturday 03/30/96 at 1:15 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	512	McGraw, Carrie	10	Mission San Jose H.S.		14.60
2	511	Lane, Marla	10	Mission San Jose H.S.		15.00
3	176	Ponder, Tisha	12	Del Mar High School		15.30
4	726	Borkman, Heidi	11	Santa Cruz High School		15.50
5	275	Livers, Tamara	12	Independence High School		15.60
6	573	Langford, Aisha	12	Newark Memorial High		15.80
7	816	Steingart, Michelle	11	St. Francis High School		15.85
8	704	Buchanan, Shana	12	Santa Clara High School		16.00
9	687	Warfield, Jenni	12	San Lorenzo High School		16.10
10	380	Caro, Stacey	9	Los Gatos High School		16.15
11	522	Horton, Megan	10	Monta Vista High School		16.40
12	386	France, Jasmine	10	Los Gatos High School		16.42
13	364	Downey, Stephanie	11	Los Altos High School		16.48
14	547	Riddell, Cathleen	11	Mount Pleasant H.S.		16.50
15	520	Greenly, Kelly	10	Monta Vista High School		16.60
16	223	Shih, Evelyn	11	Gunn High School		16.60
17	743	Diaz, Maria	10	Santa Teresa High School		16.80
18	615	Leslie, Annette	12	Piedmont Hills High		16.80
19	595	Le, Hang	12	Overfelt High School		17.00
20	644	Shanley, Molly	10	Presentation High School		17.00
21	510	Fom, Stephanie	12	Mission San Jose H.S.		17.40
22	214	Kwan, Michelle	12	Gunn High School		17.40
23	600	Arnold, Amanda	12	Piedmont Hills High		18.20
24	859	Elsbernd, Meaghan	11	St. Ignatius High School		18.30
25	342	Gehman, Lauren	9	Leland High School		18.50
26	625	Wallace, Monique	9	Piedmont Hills High		18.50
27	858	Ellis, Sasha	11	St. Ignatius High School		18.60
28	197	Williams, Samantha	10	Gunderson High School		18.60
29	343	Gehman, Lindsey	10	Leland High School		18.70
30	353	Stewart, Christine	10	Leland High School		18.70
31	971	Hinh, Phung	10	Westmont High School		18.80
32	844	Cody, Kate	9	St. Ignatius High School		18.90
33	896	Mulder, Ashly	11	St. Ignatius High School		18.90
34	457	Browne, Melisa	9	Menlo-Atherton High		19.00
35	916	Sheridan, Regina	10	St. Ignatius High School		19.20
36	641	Ramin, Tira	9	Presentation High School		19.28
37	961	Bridgewater, Lisako	9	Westmont High School		19.30
38	884	Lanier, Yzette	10	St. Ignatius High School		19.50
39	847	Cronin, Joan	9	St. Ignatius High School		19.70
40	429	Yu, Karen	12	Lowell High School		19.90
41	109	Areias, Lena	11	Calaveras High School		20.00
42	643	Sancen, Giselle	9	Presentation High School		20.00
43	941	Hamm, Andrea	10	Valley Christian High		21.30
44	949	Sanders, Lara	9	Valley Christian High		22.10

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 27 Men's 100 Meter High Hurdles
Saturday 03/30/96 at 1:25 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	515	Tran, Minh	11	Mission San Jose H.S.		14.40
2	553	Bull, John	12	Mountain View High		14.60
3	277	Magua, Matua	11	Independence High School		14.80
4	514	Stepan, Jerry	11	Mission San Jose H.S.		15.40
5	551	Washington, Myron	12	Mount Pleasant H.S.		15.50
6	592	Carraslo, Efrain	11	Overfelt High School		15.60
7	93	McMillan, Brian	12	Bellarmino College Prep.		15.60
8	685	Seymour, Derek	11	San Lorenzo High School		15.70
9	50	Moreno, Brandon	12	Archbishop Riordan High		15.80
10	749	Carroll, Brian	11	Saratoga High School		15.90
11	357	Zizmar, Daniel	12	Leland High School		15.90
12	557	Beaver, James	12	Newark Memorial High		16.00
13	987	Edwards, Nathan	11	Wilcox High School		16.00
14	82	Hall, Bill	10	Bellarmino College Prep.		16.00
15	818	Tanforan, John	11	St. Francis High School		16.00
16	809	Owen, Mike	11	St. Francis High School		16.10
17	378	Austin, Manuel	12	Los Gatos High School		16.15
18	430	Baer, Jamie	12	Lynbrook High School		16.2
19	861	Fife, Chris	11	St. Ignatius High School		16.4
20	538	Henderson, Jarrod	11	Mount Pleasant H.S.		16.50
21	684	Sanderson, Emerson	11	San Lorenzo High School		16.50
22	750	Hwang, Mike	12	Saratoga High School		16.80
23	219	Nakajama, Yashiro	12	Gunn High School		16.80
24	33	Davis, Jimiyu	12	Archbishop Riordan High		16.90
25	188	Galaviz, Tony	11	Gunderson High School		16.90
26	410	Chung, Raymond	12	Lowell High School		17.20
27	812	Sanchez, Carlos	12	St. Francis High School		17.80
28	821	Traina, Jason	11	St. Francis High School		18.00
29	405	Bseiso, Feras	11	Lowell High School		18.10
30	116	Clinkenbeard, Jason	11	Calaveras High School		18.78
31	408	Chou, Eddy	11	Lowell High School		19.00
32	143	Willard, Brian	12	Calaveras High School		19.00
33	586	Rios, Adam	11	Oak Grove High School		51.32

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 28 Men's 1,600 Meter Steeplechase
Saturday 03/30/96 at 1:40 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	108	Wulf, Andrew	11	Bellarmine College Prep.	4:23.00	
2	767	Gohlke, Daniel	12	Skyline High School	4:29.00	
3	731	Kessler, David	12	Santa Cruz High School	4:30.00	
4	86	Immel, Casey	12	Bellarmine College Prep.	4:34.00	
5	541	Perez, Jorie	12	Mount Pleasant H.S.	4:45.00	
6	697	Monte, Mike	11	San Rafael High School	4:47.00	
7	537	Corona, Juan	11	Mount Pleasant H.S.	4:50.00	
8	425	Stubblebino, Tony	12	Lowell High School	4:54.00	
9	513	O'Leary, Pat	12	Mission San Jose H.S.	5:01.00	
10	439	Neeves, Paul	12	Lynbrook High School	5:10.00	
11	428	Yamabe, Kevin	12	Lowell High School	5:10.00	
12	590	Worrell, Dan	10	Oak Grove High School	5:30.00	
13	211	Hu, Stanley	12	Gunn High School	6:00.00	
14	279	Meht, Harninder	11	Independence High School	6:01.00	
15	648	Baruti, Armstrong	12	Prospect High School		NT
16	962	Cordero, Jonathan	12	Westmont High School		NT
17	462	Gregarian, Todd	12	Menlo-Atherton High		NT
18	467	Hoolhorst, Adam	11	Menlo-Atherton High		NT
19	255	Seddiqui, Darius	11	Homestead High School		NT

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 29 Men's 800 Meter Run
Saturday 03/30/96 at 2:45 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	352	Sikiric, Daniel	12	Leland High School	1:53.00
2	671	Morrell, Kareem	12	San Jose High Academy	1:54.90
3	398	Rutledge, Beebe	12	Los Gatos High School	1:56.00
4	354	Tuttle, Nick	12	Leland High School	1:56.00
5	984	Adkins, Jason	11	Wilcox High School	1:58.10
6	180	Utouko, Ray	12	Del Mar High School	1:58.80
7	397	Newman, Tom	12	Los Gatos High School	1:59.00
8	862	Fitzgibbon, Brendan	11	St. Ignatius High School	1:59.10
9	836	Brandin, Ben	12	St. Ignatius High School	1:59.20
10	664	Sapiro, Clint	11	Salinas High School	2:00.90
11	350	Piellusch, Nick	11	Leland High School	2:01.00
12	967	Guina, Trevor	11	Westmont High School	2:01.10
13	392	Lipp, Chris	11	Los Gatos High School	2:02.00
14	545	Polk, Chris	12	Mount Pleasant H.S.	2:02.00
15	689	Garb, Daren	12	San Rafael High School	2:02.30
16	779	Collin, John	12	St. Francis High School	2:03.00
17	764	Enriquez, Jesus	12	Skyline High School	2:03.00
18	677	Private, Martin	11	San Lorenzo High School	2:03.00
19	196	Rastler, Eric	11	Gunderson High School	2:03.00
20	52	Ortega, Sidney	12	Archbishop Riordan High	2:03.10
21	752	Nothhaft, Hank	11	Saratoga High School	2:03.40
22	416	Lethin, Matt	12	Lowell High School	2:04.00
23	281	Nguyen, Duke	11	Independence High School	2:04.00
24	112	Brackett, Tim	11	Calaveras High School	2:05.00
25	407	Choi, Paul	11	Lowell High School	2:06.00
26	150	South, Gabe	11	Carlmont High School	2:06.00
27	152	Baria, Peter	11	Castro Valley High School	2:07.00
28	826	Woodhead, Dan	11	St. Francis High School	2:07.00
29	661	Mitchell, Mark	10	Salinas High School	2:07.40
30	761	Delgado, Joaquin	11	Skyline High School	2:08.00
31	762	Dixon, Cory	11	Skyline High School	2:08.00
32	122	Griffith, Steve	11	Calaveras High School	2:08.00
33	792	Hodgin, Dan	11	St. Francis High School	2:08.00
34	770	Neal, Travis	11	Skyline High School	2:08.00
35	469	Leahy, Nick	11	Menlo-Atherton High	2:10.00
36	992	Woodruff, David	11	Wilcox High School	2:10.00
37	990	Robinson, Collin	11	Wilcox High School	2:12.00
38	231	Young, Brian	12	Gunn High School	2:12.00
39	203	Chang, Nick	11	Gunn High School	2:13.00
40	490	Jenkerson, Kieth	12	Milpitas High School	2:13.00
41	420	Nguyen, Tan	11	Lowell High School	2:13.00
42	453	Poore, Brad	12	Menlo High School	2:13.00
43	115	Chen, Cameron	11	Calaveras High School	2:15.00
44	145	Williams, Tyler	12	Calaveras High School	2:15.00

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 30 Women's 800 Meter Run
Saturday 03/30/96 at 3:00 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	757	McPherson, Laueishe	12	Silver Creek High School	2:15.00
2	765	Franco, Anne Marie	12	Skyline High School	2:18.00
3	466	Holt, Ashley	12	Menlo-Atherton High	2:19.00
4	575	Nowak, Kasia	12	Newark Memorial High	2:20.00
5	335	Page, Melody	10	Leigh High School	2:21.00
6	379	Biber-Ferro, Lina	10	Los Gatos High School	2:22.00
7	634	Lavelle, Ceci	10	Presentation High School	2:22.00
8	339	Worley, Natalie	10	Leigh High School	2:22.00
9	194	Poole, Lakeisha	12	Gunderson High School	2:23.00
10	693	Holden, Melissa	12	San Rafael High School	2:23.40
11	663	Peshkoff, Joanna	12	Salinas High School	2:24.00
12	391	LaPine, Amy	9	Los Gatos High School	2:25.00
13	124	Ketcham, Crystal	11	Calaveras High School	2:26.00
14	822	Vincenti-Brown, Genevieve	10	St. Francis High School	2:27.00
15	437	McCloskey, Joanna	12	Lynbrook High School	2:27.02
16	568	Enright, Lashawnta	10	Newark Memorial High	2:28.00
17	746	McPherson, Laraine	10	Santa Teresa High School	2:28.00
18	353	Stewart, Christine	10	Leland High School	2:28.00
19	341	Connolly, Katy	12	Leland High School	2:29.00
20	417	Lucero, Oasii	12	Lowell High School	2:30.00
21	653	Yoshihara, Moriko	9	Prospect High School	2:30.00
22	632	Fields, Jennifer	11	Presentation High School	2:31.00
23	385	Fishback, Jeanne	10	Los Gatos High School	2:31.00
24	622	Reis, Tiffany	10	Piedmont Hills High	2:31.00
25	412	Eap, Sopagna	9	Lowell High School	2:32.00
26	153	Marques, Michelle	11	Castro Valley High School	2:32.00
27	986	Browne, Michelle	11	Wilcox High School	2:34.00
28	406	Chan, Lisa	10	Lowell High School	2:34.00
29	683	Sanders, Kelly	10	San Lorenzo High School	2:34.00
30	667	Woods, Anna	12	Salinas High School	2:34.70
31	711	Gunion, Sabrina	11	Santa Clara High School	2:35.00
32	652	Pinel, Alison	9	Prospect High School	2:35.00
33	838	Cahill, Kerrie	12	St. Ignatius High School	2:35.10
34	835	Bianchi, Erin	12	St. Ignatius High School	2:36.00
35	445	Wu, Aimie	11	Lynbrook High School	2:36.00
36	175	Pimental, Lina	9	Del Mar High School	2:36.40
37	855	Donohoe, Meghann	11	St. Ignatius High School	2:38.00
38	371	McGowan, Kelly	11	Los Altos High School	2:39.10
39	680	Lanctot, Erica	10	San Lorenzo High School	2:40.00
40	848	D'Acquisto, Jaime	10	St. Ignatius High School	2:41.00
41	225	Stevens, Kristin	12	Gunn High School	2:41.00
42	610	Grogan, Stephanie	11	Piedmont Hills High	2:44.00
43	832	Berrin, Susie	10	St. Ignatius High School	2:45.00
44	630	Downing, Angie	12	Presentation High School	2:45.00
45	169	Littman, Janae	9	Del Mar High School	2:45.00
46	432	Chan, Stephanie	10	Lynbrook High School	2:46.00
47	700	Wilgenbush, Jessaca	10	San Rafael High School	2:46.00
48	444	Wang, Cindy	10	Lynbrook High School	2:49.00

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 30 Women's 800 Meter Run (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
49	588	Statkiewies, Monika	9	Oak Grove High School	2:50.00
50	900	O'Rourke, Sarah	10	St. Ignatius High School	2:51.00
51	868	Gross, Carly	11	St. Ignatius High School	2:54.00
52	129	Logue, Michelle	9	Calaveras High School	3:00.00
53	639	O'Conner, Carrie	12	Presentation High School	3:07.00
54	647	Wong, Jennifer	11	Presentation High School	3:15.00
55	954	VanBenthuyssen, Allison	11	Valley Christian High	3:21.00
56	958	Warren, Julie	9	Valley Christian High	3:31.00
57	945	McGinty, Cherise	9	Valley Christian High	4:00.00
58	710	Folchi, Sara	12	Santa Clara High School	NT

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 31 Men's 200 Meter Dash
Saturday 03/30/96 at 3:20 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	171	Napoleon, Curtis	12	Del Mar High School		21.90
2	760	Cooper, Jason	12	Skyline High School		22.00
3	87	Jordan, Leroy	12	Bellarmino College Prep.		22.00
4	488	Hamm, Damon	12	Milpitas High School		22.10
5	551	Washington, Myron	12	Mount Pleasant H.S.		22.20
6	768	Jones, J'Sharlon	12	Skyline High School		22.50
7	25	Ainza, Dino	12	Archbishop Riordan High		22.60
8	383	Conley, Craig	12	Los Gatos High School		22.79
9	867	Gonzalez, Andy	12	St. Ignatius High School		22.80
10	127	Lewis, Jeremy	12	Calaveras High School		22.80
11	66	Wood, Terry	11	Archbishop Riordan High		22.80
12	42	Hogg, Jelani	11	Archbishop Riordan High		22.90
13	102	Shea, Garrett	12	Bellarmino College Prep.		23.00
14	587	Slaton, Kenny	11	Oak Grove High School		23.00
15	401	Sorich, Nick	12	Los Gatos High School		23.04
16	202	Carson, Brian	11	Gunn High School		23.10
17	80	Foley, Tim	11	Bellarmino College Prep.		23.10
18	487	Gugliemelli, Nick	12	Milpitas High School		23.10
19	572	Hunt, Micah	12	Newark Memorial High		23.10
20	358	Alvarez, Ricardo	12	Los Altos High School		23.20
21	163	Gillespie, Coby	11	Del Mar High School		23.20
22	164	Harris, Steve	11	Del Mar High School		23.20
23	890	Lew, Bevin	11	St. Ignatius High School		23.20
24	137	Perry, Scott	12	Calaveras High School		23.20
25	181	Wiggins, Jimmy	12	Del Mar High School		23.20
26	843	Christopher, Tony	11	St. Ignatius High School		23.40
27	186	Ellis, Nate	10	Gunderson High School		23.40
28	421	Pham, Son	11	Lowell High School		23.40
29	566	Dadzie, James	11	Newark Memorial High		23.50
30	411	Dalton, Mike	11	Lowell High School		23.50
31	696	Mitchel, TJ	11	San Rafael High School		23.50
32	671	Morrell, Kareem	12	San Jose High Academy		23.50
33	982	Tran, Vu	12	Westmont High School		23.50
34	483	Earthy, DJ	12	Milpitas High School		23.60
35	128	Liddicoat, Bob	11	Calaveras High School		23.60
36	418	Nakajo, Devoh	12	Lowell High School		23.60
37	508	White, Jason	12	Milpitas High School		23.60
38	585	McMahan, Will	9	Oak Grove High School		23.68
39	368	Lee, Terrance	12	Los Altos High School		23.70
40	964	Donefrio, Angelo	11	Westmont High School		23.80
41	372	Murphy, Mike	10	Los Altos High School		23.80
42	374	Potter, Dale	12	Los Altos High School		23.80
43	580	Williams, Tory	11	Newark Memorial High		23.80
44	699	Tran, Nahn	11	San Rafael High School		23.90
45	879	Justice, Melvin	11	St. Ignatius High School		24.00
46	888	Lee, Steve	9	St. Ignatius High School		24.00
47	577	Robinson, James	12	Newark Memorial High		24.00
48	579	Speller, Ahman	12	Newark Memorial High		24.00

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 31 Men's 200 Meter Dash (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
49	235	Anan, Kouske	12	Homestead High School	24.10
50	666	Thomas, James	11	Salinas High School	24.10
51	191	Morgan, Wes	10	Gunderson High School	24.20
52	980	Taylor, Matt	12	Westmont High School	24.40
53	665	Smith, Jamar	12	Salinas High School	24.60
54	658	Jackson, Ronald	9	Salinas High School	24.80
55	735	Rauf, Kumi	12	Santa Cruz High School	24.80
56	239	Cross, Asa	11	Homestead High School	25.50

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 32 Women's 200 Meter Dash
Saturday 03/30/96 at 3:35 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	781	Craig, Damesha	11	St. Francis High School		24.10
2	176	Ponder, Tisha	12	Del Mar High School		24.80
3	415	Kirtman, Myesha	11	Lowell High School		24.90
4	382	Chavez, Stephanie	11	Los Gatos High School		25.10
5	393	Lombardi, Ally	12	Los Gatos High School		25.20
6	399	Sczawinski, Rose	11	Los Gatos High School		25.20
7	733	Lyden, Francine	10	Santa Cruz High School		25.60
8	270	Gross, Kathy	11	Independence High School		25.80
9	739	Sproule, Jessie	10	Santa Cruz High School		25.80
10	367	Hypolite, Adrienne	11	Los Altos High School		26.10
11	205	Coleman, Monica	11	Gunn High School		26.70
12	349	Leitner, Jennifer	11	Leland High School		26.80
13	282	Osaku, Oriaku	9	Independence High School		26.80
14	903	Payne, Cristina	9	St. Ignatius High School		26.90
15	989	Powers, Lashanna	11	Wilcox High School		26.90
16	287	Turner, Francine	10	Independence High School		26.90
17	599	Adkins, Shawna	10	Piedmont Hills High		27.00
18	775	Blaschke, Kerry	9	St. Francis High School		27.00
19	344	Harey, Dominique	9	Leland High School		27.00
20	413	Hill, Amy	11	Lowell High School		27.00
21	769	Lieras, Meli	10	Skyline High School		27.00
22	772	Smith, Sparke	10	Skyline High School		27.00
23	373	Nelson, Leah	9	Los Altos High School		27.10
24	360	Brazel, Chantelle	10	Los Altos High School		27.30
25	597	Paterson, Rabecca	11	Overfelt High School		27.30
26	745	Johnson, Rachael	10	Santa Teresa High School		27.40
27	376	Slausen, Kristen	11	Los Altos High School		27.40
28	659	Matheson, Mary	10	Salinas High School		27.50
29	662	Morse, Nicole	12	Salinas High School		27.50
30	501	Onofre, Charlene	10	Milpitas High School		27.50
31	248	Levitz, Deana	9	Homestead High School		27.60
32	747	Morton, Erin	11	Santa Teresa High School		27.60
33	911	Rhein, Elisa	12	St. Ignatius High School		27.70
34	151	Torres, Kachina	11	Carlmont High School		27.70
35	851	DeGuzman, Ninita	9	St. Ignatius High School		27.90
36	189	Harris, Amica	10	Gunderson High School		27.90
37	613	Klotz, Elizabeth	9	Piedmont Hills High		27.90
38	682	Rauch, Emily	11	San Lorenzo High School		27.90
39	237	Blasquez, Erin	9	Homestead High School		28.00
40	633	Fincutter, Eileen	10	Presentation High School		28.00
41	635	Love, Regan	12	Presentation High School		28.00
42	644	Shanley, Molly	10	Presentation High School		28.00
43	604	Elarhs, Jemisse	9	Piedmont Hills High		28.30
44	969	Herrera, Stephanie	10	Westmont High School		28.40
45	190	Jones, Keri	10	Gunderson High School		28.40
46	917	Sigillo, Gina	9	St. Ignatius High School		28.60
47	970	Hinh, Loan	11	Westmont High School		28.80
48	979	Rogers, Danielle	10	Westmont High School		28.80

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 32 Women's 200 Meter Dash (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
49	771	Scott, Kellie	10	Skyline High School		28.80
50	834	Beyer, Claire	9	St. Ignatius High School		28.90
51	332	Leui, Jennifer	12	Leigh High School		28.90
52	333	McGowan, Cinty	9	Leigh High School		28.90
53	904	Pendergast, Natasha	9	St. Ignatius High School		28.90
54	628	Borello, Jessica	10	Presentation High School		29.00
55	637	Moreno, Rosanna	10	Presentation High School		29.00
56	857	Dziadur, Agnes	9	St. Ignatius High School		29.10
57	894	Meeks, Alicia	9	St. Ignatius High School		29.10
58	833	Berry, Celeste	9	St. Ignatius High School		29.30
59	489	Hastings, Heather	12	Milpitas High School		29.30
60	886	Lee, Donna	9	St. Ignatius High School		29.30
61	959	Williams, Jody	9	Valley Christian High		30.10
62	960	Zebronski, Alison	9	Valley Christian High		32.10
63	931	Bruno, Lauren	9	Valley Christian High		33.10
64	650	Martin, Kiki	10	Prospect High School		NT

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 33 Women's 3,000 Meter Run
Saturday 03/30/96 at 3:45 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	417	Lucero, Oasii	12	Lowell High School		11:11.00
2	856	Driscoll, Shana	12	St. Ignatius High School		11:18.00
3	914	Sandoval, Laura	12	St. Ignatius High School		11:22.00
4	642	Ruiz, Julia	10	Presentation High School		11:30.00
5	404	Akana, Jennifer	10	Lowell High School		11:40.00
6	340	Allison, Emily	12	Leland High School		11:40.00
7	409	Chou, Susan	11	Lowell High School		11:40.00
8	869	Grove, Eileen	11	St. Ignatius High School		11:42.00
9	692	Heckscher, Abi	12	San Rafael High School		11:45.00
10	552	Wiseman, Rachael	11	Mount Pleasant H.S.		11:50.00
11	915	Schleuter, Marielle	11	St. Ignatius High School		11:53.00
12	113	Brown, Jennifer	11	Calaveras High School		12:00.00
13	624	Silva, Christine	11	Piedmont Hills High		12:07.00
14	754	Ricketts, Maggie	12	Saratoga High School		12:09.00
15	387	High, Sarah	10	Los Gatos High School		12:15.00
16	817	Swiryn, Carla	10	St. Francis High School		12:19.00
17	249	Lucido, Mary	9	Homestead High School		12:30.00
18	819	Teuscher, Paige	12	St. Francis High School		12:30.00
19	975	Malott, Jennifer	12	Westmont High School		12:31.00
20	524	Nguyen, Jennifer	10	Monta Vista High School		12:36.00
21	694	Legg, Terry	9	San Rafael High School		12:38.00
22	766	Garcia, Stephanie	10	Skyline High School		12:44.00
23	351	Sekhon, Ranvir	10	Leland High School		12:45.00
24	347	Knapp, Caroline	12	Leland High School		12:55.00
25	612	Izu, Alisa	10	Piedmont Hills High		13:07.00
26	422	Rivera, Nydia	11	Lowell High School		13:30.00
27	951	Soma, Kirsten	10	Valley Christian High		16:00.00
28	705	Christensen, Lisa	11	Santa Clara High School		NT
29	952	Stone, Shira	9	Valley Christian High		NT

86.6

3:07.8 (98.2)

4:50.3 (102.5)

6:32.4 (102.1)

8:17.2 (104.8)

10:03.0 (105.8)

11:47.4 (104.4)

12:33.6 (46.2) ≈ 13:28.6

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 34 Men's 5,000 Meter Run
Saturday 03/30/96 at 4:05 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	548	Sapiens, Alejandro	12	Mount Pleasant H.S.	10:00.00
2	550	Vu, Tung	12	Mount Pleasant H.S.	10:00.00
3	96	Rocha, John	11	Bellarmine College Prep.	10:10.00
4	654	Beals, Joey	11	Salinas High School	10:32.80
5	423	Shapiro, Ian	12	Lowell High School	10:39.00
6	427	Wei, Edward	12	Lowell High School	11:00.00
7	656	Dalton, Chris	11	Salinas High School	11:05.90
8	117	Cook, Ben	11	Calaveras High School	11:20.00
9	439	Neeves, Paul	12	Lynbrook High School	11:40.00
10	767	Gohlke, Daniel	12	Skyline High School	15:47.00
11	178	Teklemarian, Debesay	11	Del Mar High School	16:27.00
12	259	Woleman, Mike	11	Homestead High School	19:00.00

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 35 Women's 4x400 Meter Relay
Saturday 03/30/96 at 4:25 PM

RANK	REL #	RELAY	AFFILIATION	SEED TIME
1	1141	LOSG "A"	Los Gatos High School	4:05.00
2	1142	MENA "A"	Menlo-Atherton High	4:08.00
3	1148	SKYL "A"	Skyline High School	4:08.00
4	1138	LEIG "A"	Leigh High School	4:11.00
5	1136	INDE "A"	Independence High School	4:12.00
6	1143	NEWA "A"	Newark Memorial High	4:15.80
7	1150	STIG "A"	St. Ignatius High School	4:16.00
8	1140	LOSA "A"	Los Altos High School	4:17.00
9	1145	PIHI "A"	Piedmont Hills High	4:19.20
10	1146	PRES "A"	Presentation High School	4:20.00
11	1135	GUNN "A"	Gunn High School	4:22.00
12	1147	SALI "A"	Salinas High School	4:25.60
13	1139	LELA "A"	Leland High School	4:30.00
14	1149	STFR "A"	St. Francis High School	4:30.00
15	1144	OVER "A"	Overfelt High School	4:31.00
16	1137	INDE "B"	Independence High School	4:35.00
17	1134	CALA "A"	Calaveras High School	4:45.00
18	1151	VACH "A"	Valley Christian High	5:53.00

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 36 Men's 4x400 Meter Relay
Saturday 03/30/96 at 4:40 PM

RANK	REL #	RELAY	AFFILIATION	SEED TIME
1	1153	BELL "A"	Bellarmine College Prep.	3:28.00
2	1157	GUNN "A"	Gunn High School	3:29.60
3	1165	SANJ "A"	San Jose High Academy	3:30.08
4	1160	LOSG "A"	Los Gatos High School	3:30.40
5	1162	MILP "A"	Milpitas High School	3:31.00
6	1168	STIG "A"	St. Ignatius High School	3:31.00
7	1154	CALA "A"	Calaveras High School	3:32.00
8	1158	LELA "A"	Leland High School	3:32.00
9	1167	STFR "A"	St. Francis High School	3:32.00
10	1155	DELM "A"	Del Mar High School	3:33.20
11	1163	NEWA "A"	Newark Memorial High	3:34.70
12	1161	LOWE "A"	Lowell High School	3:36.00
13	1166	SARA "A"	Saratoga High School	3:36.00
14	1152	RIOR "A"	Archbishop Riordan High	3:36.40
15	1169	STIG "B"	St. Ignatius High School	3:38.00
16	1156	GUND "A"	Gunderson High School	3:39.00
17	1159	LOSA "A"	Los Altos High School	3:39.60
18	1170	WEST "A"	Westmont High School	3:40.00
19	1164	SALI "A"	Salinas High School	3:40.50

Bob Podkaminer
03/26/96 10:37 PM

West Valley College Relays
20th Annual

Hy-Tek's MEET MANAGER
Page 41

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 37 Men's Hammer Throw
Saturday 03/30/96 at 9:00 AM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	85	Hoard, Brian	12	Bellarmino College Prep.	161'00.00"
2	70	Berhi, Steve	12	Bellarmino College Prep.	100'00.00"
3	105	Sun, Ben	12	Bellarmino College Prep.	100'00.00"

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 38 Women's Shot Put
Saturday 03/30/96 at 9:00 AM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	362	De Amero, Joy	12	Los Altos High School	36'05.00"
2	549	Vloo, Dony	12	Mount Pleasant H.S.	36'02.00"
3	955	Vavken, Tammy	12	Valley Christian High	35'00.00"
4	338	Thompson, Katie	12	Leigh High School	34'00.00"
5	502	Prasao, Kristy	10	Milpitas High School	33'11.00"
6	229	Wunder, Rebecca	12	Gunn High School	33'00.00"
7	649	Khoshabari, Azar	12	Prospect High School	32'06.00"
8	981	Taylor, Melissa	10	Westmont High School	32'04.00"
9	651	Pesiri, Trish	10	Prospect High School	31'11.00"
10	801	Miloglav, Evanna	11	St. Francis High School	31'06.00"
11	569	Fasisila, Rena	10	Newark Memorial High	31'00.00"
12	209	Hootnick, Julie	11	Gunn High School	31'00.00"
13	720	Uznanski, Rachel	10	Santa Clara High School	31'00.00"
14	618	Mestar, Stephanie	10	Piedmont Hills High	30'02.00"
15	234	Amundson, Holy	12	Homestead High School	30'00.00"
16	133	McAtee, Shelly	11	Calaveras High School	30'00.00"
17	640	Overye, Melissa	12	Presentation High School	30'00.00"
18	716	Rankin, Alyssa	10	Santa Clara High School	30'00.00"
19	719	Stevens, Rema	10	Santa Clara High School	30'00.00"
20	853	Detoy, Christine	11	St. Ignatius High School	29'07.00"
21	921	Valencia, Genevieve	11	St. Ignatius High School	28'10.00"
22	707	Dolen, Allyson	10	Santa Clara High School	28'01.00"
23	673	Summers, Tina	10	San Jose High Academy	28'00.25"
24	670	Gaoteote, Mereane	11	San Jose High Academy	28'00.00"
25	463	H., Jessica		Menlo-Atherton High	28'00.00"
26	638	Munoz, Nicole	12	Presentation High School	28'00.00"
27	582	Canela, Elisa	10	Oak Grove High School	27'11.50"
28	881	Kerbleski, Liz	12	St. Ignatius High School	27'08.00"
29	920	Tsiagakas, Christina	11	St. Ignatius High School	27'08.00"
30	268	Ferris, Brenda	10	Independence High School	27'06.00"
31	709	Ecdao, Angelica	11	Santa Clara High School	27'02.00"
32	788	Gilblom, Liza	10	St. Francis High School	27'02.00"
33	424	Speech, Jennifer	11	Lowell High School	27'00.00"
34	918	Stanfill, Jessica	12	St. Ignatius High School	26'08.00"
35	271	Harris, Keisha	10	Independence High School	26'04.00"
36	839	Canepa, Brianne	10	St. Ignatius High School	26'01.00"
37	244	Kenney, Katie	9	Homestead High School	26'00.00"
38	845	Cosentino, Sabrina	10	St. Ignatius High School	25'08.00"
39	131	Martin, Rose	09	Calaveras High School	25'00.00"
40	646	Turner, Alice	12	Presentation High School	25'00.00"
41	146	Young, Carol	10	Calaveras High School	25'00.00"
42	631	Downing, Ellie	12	Presentation High School	24'00.00"
43	246	LaBelle, Jamie	12	Homestead High School	24'00.00"
44	477	W., Michelle		Menlo-Atherton High	22'00.00"
45	197	Williams, Samantha	10	Gunderson High School	N

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 39 Women's Pole Vault
Saturday 03/30/96 at 9:00 AM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	574	Lopez, Maria	11	Newark Memorial High	10'02.00"
2	780	Consorti, Amadine	12	St. Francis High School	9'06.00"
3	704	Buchanan, Shana	12	Santa Clara High School	9'03.00"
4	534	Badillo, Mary Lou	12	Mount Pleasant H.S.	8'06.00"
5	532	Aloy, Marie	12	Mount Pleasant H.S.	8'00.00"
6	860	Erkkila, Karin	10	St. Ignatius High School	8'00.00"
7	865	Furniss, Anna	10	St. Ignatius High School	8'00.00"
8	595	Le, Hang	12	Overfelt High School	7'06.00"
9	901	Olsson, Christy	10	St. Ignatius High School	7'06.00"
10	846	Cristofani, Michelle	9	St. Ignatius High School	7'00.00"
11	790	Harris, Ashleigh	10	St. Francis High School	7'00.00"

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 40 Men's High Jump
Saturday 03/30/96 at 9:30 AM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	553	Bull, John	12	Mountain View High	6'06.00"
2	79	Fiori, Chris	11	Bellarmino College Prep.	6'04.00"
3	93	McMillan, Brian	12	Bellarmino College Prep.	6'04.00"
4	370	Marble, Darren	10	Los Altos High School	6'03.00"
5	25	Ainza, Dino	12	Archbishop Riordan High	6'02.00"
6	50	Moreno, Brandon	12	Archbishop Riordan High	6'02.00"
7	535	Bailey, Ryan	12	Mount Pleasant H.S.	6'00.00"
8	873	Harris, Adam	12	St. Ignatius High School	6'00.00"
9	895	Metz, Lionel	10	St. Ignatius High School	6'00.00"
10	531	Wang, JO	12	Monta Vista High School	5'11.00"
11	32	Cooks, Reggie	11	Archbishop Riordan High	5'10.00"
12	861	Fife, Chris	11	St. Ignatius High School	5'10.00"
13	539	Moreno, Manuel	12	Mount Pleasant H.S.	5'10.00"
14	905	Pimentel, Roy	10	St. Ignatius High School	5'10.00"
15	441	Sobzek, Martin	12	Lynbrook High School	5'10.00"
16	181	Wiggins, Jimmy	12	Del Mar High School	5'10.00"
17	228	Williams, Beau	11	Gunn High School	5'10.00"
18	521	HO, Chris	11	Monta Vista High School	5'09.00"
19	480	Alvarado, Frederico	11	Milpitas High School	5'08.00"
20	584	Celso, Mike	11	Oak Grove High School	5'08.00"
21	174	Paredes, Lester	11	Del Mar High School	5'08.00"
22	735	Rauf, Kumi	12	Santa Cruz High School	5'08.00"
23	193	O'Connell, Sean	12	Gunderson High School	5'06.00"
24	725	Atkinson, Seith	11	Santa Cruz High School	5'01.00"
25	166	Johnson, Tony	12	Del Mar High School	6.00"

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 41 Men's Long Jump
Saturday 03/30/96 at 9:30 AM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	93	McMillan, Brian	12	Bellarmino College Prep.	22'04.00"
2	66	Wood, Terry	11	Archbishop Riordan High	21'02.50"
3	486	Gaston, Damon	11	Milpitas High School	21'00.00"
4	540	Nguyen, Tam	12	Mount Pleasant H.S.	20'10.00"
5	535	Bailey, Ryan	12	Mount Pleasant H.S.	20'06.00"
6	849	De La Cruz, Francis	11	St. Ignatius High School	20'06.00"
7	874	Hom, Ken	12	St. Ignatius High School	20'03.00"
8	983	Weathers, Eric	12	Westmont High School	20'03.00"
9	148	Luis, David	12	Carlmont High School	20'01.00"
10	735	Rauf, Kumi	12	Santa Cruz High School	20'01.00"
11	363	De La Fosse, Bryce	11	Los Altos High School	20'00.00"
12	127	Lewis, Jeremy	12	Calaveras High School	20'00.00"
13	57	Rocillo, Marc	12	Archbishop Riordan High	19'10.00"
14	30	Briscoe, Herbert	11	Archbishop Riordan High	19'08.00"
15	786	Gardner, Dan	12	St. Francis High School	19'08.00"
16	841	Castro, Chris	10	St. Ignatius High School	19'06.00"
17	449	Kimura, Taro	11	Menlo High School	19'06.00"
18	478	Walton, Kenny	11	Menlo-Atherton High	19'06.00"
19	840	Carr, John	10	St. Ignatius High School	19'04.00"
20	149	Marshell, Yannick	12	Carlmont High School	19'02.00"
21	968	Haynes, Donnie	11	Westmont High School	19'00.00"
22	619	Moran, TJ	12	Piedmont Hills High	19'00.00"
23	910	Reyes, Gerard	12	St. Ignatius High School	19'00.00"
24	230	Yeh, Yaway	12	Gunn High School	19'00.00"
25	906	Poquez, Robert	9	St. Ignatius High School	18'10.00"
26	905	Pimentel, Roy	10	St. Ignatius High School	18'09.00"
27	972	Ho, Chris	12	Westmont High School	18'08.00"
28	889	Lejano, Miggy	12	St. Ignatius High School	18'06.00"
29	41	Hipol, Joel	11	Archbishop Riordan High	17'10.00"
30	130	Luke, Chris	11	Calaveras High School	17'00.00"
31	988	Jackson, Fred	9	Wilcox High School	ND
32	470	Moore, Bob	11	Menlo-Atherton High	ND
33	472	Nickolson, Andy	11	Menlo-Atherton High	ND
34	195	Quach, Toan	12	Gunderson High School	ND

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 42 Women's Triple Jump
Saturday 03/30/96 at 9:30 AM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	361	Burnham, Jessica	12	Los Altos High School	36'09.00"
2	543	Phan, Marisa	11	Mount Pleasant H.S.	35'05.00"
3	573	Langford, Aisha	12	Newark Memorial High	35'01.00"
4	369	Leung, Emily	9	Los Altos High School	34'08.00"
5	283	Owens, Sienna	12	Independence High School	34'08.00"
6	785	Eurich, Diana	12	St. Francis High School	34'07.00"
7	816	Steingart, Michelle	11	St. Francis High School	34'07.00"
8	912	Roberts, Lakeeja	12	St. Ignatius High School	34'04.00"
9	223	Shih, Evelyn	11	Gunn High School	34'00.00"
10	426	Tran, Amy	10	Lowell High School	33'04.00"
11	751	Moon, Jill	11	Saratoga High School	33'00.50"
12	204	Chew, Leslie	12	Gunn High School	33'00.00"
13	460	Freyberg, Francis	11	Menlo-Atherton High	32'10.00"
14	837	Busch, Juliann	12	St. Ignatius High School	32'06.00"
15	793	Hsu, Rayleen	10	St. Francis High School	32'04.00"
16	802	Muller, Lesley	10	St. Francis High School	32'04.00"
17	121	Foster, Canessa	11	Calaveras High School	32'00.00"
18	897	Mulhern, Mimi	10	St. Ignatius High School	31'10.00"
19	578	Santos, Geneefe	10	Newark Memorial High	31'06.0
20	256	Smith, Anna	9	Homestead High School	31'05.00"
21	743	Diaz, Maria	10	Santa Teresa High School	31'02.00"
22	907	Reburiano, May	10	St. Ignatius High School	30'06.00"
23	926	Wong, Tina	10	St. Ignatius High School	30'06.00"
24	883	Lam, Geraldine	10	St. Ignatius High School	30'02.00"
25	601	Bulaich, Angela	9	Piedmont Hills High	30'00.00"
26	615	Leslie, Annette	12	Piedmont Hills High	29'09.00"
27	701	Abdo, Aliah	9	Santa Clara High School	29'00.00"
28	708	Dorsey, Katrina	11	Santa Clara High School	28'00.00"
29	645	Trinidad, Valerie	10	Presentation High School	28'00.00"
30	629	Choi, Amanda		Presentation High School	27'07.00"
31	627	Aguirre, Sonia	10	Presentation High School	27'05.00"
32	636	Menuz, Diane	10	Presentation High School	26'07.00"
33	637	Moreno, Rosanna	10	Presentation High School	25'00.00"
34	492	Kennon, Josie	11	Milpitas High School	14'02.00"

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 43 Men's Shot Put
Saturday 03/30/96 at 11:00 AM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	366	Howard, Willie	12	Los Altos High School	54'06.00"
2	626	Young, Josh	12	Piedmont Hills High	52'02.00"
3	668	Young, Matt	12	Salinas High School	51'04.50"
4	365	Giruard, Miah	10	Los Altos High School	50'07.00"
5	126	Langley, Eric	12	Calaveras High School	50'00.00"
6	396	McGilvray, Dan	12	Los Gatos High School	49'02.00"
7	691	Hatfield, Jason	12	San Rafael High School	47'07.25"
8	73	Callahan, McCabe	11	Bellarmine College Prep.	47'07.00"
9	854	Donnelly, Mike	11	St. Ignatius High School	47'00.00"
10	715	Penner, Todd	12	Santa Clara High School	47'00.00"
11	359	Bjorklund, Pete	9	Los Altos High School	46'08.00"
12	85	Hoard, Brian	12	Bellarmine College Prep.	45'00.00"
13	330	Koch, Phil	12	Leigh High School	45'00.00"
14	226	Su, Peter	12	Gunn High School	45'00.00"
15	95	Passalacqua, Kevin	11	Bellarmine College Prep.	44'10.00"
16	583	Carter, Andre	11	Oak Grove High School	44'08.75"
17	89	Kong, Jason	11	Bellarmine College Prep.	44'07.00"
18	830	Antonini, John	12	St. Ignatius High School	44'00.00"
19	542	Phan, Anthony	12	Mount Pleasant H.S.	44'00.00"
20	140	Rlondin, Bert	12	Calaveras High School	44'00.00"
21	336	Springer, Mike	12	Leigh High School	44'00.00"
22	828	Allen, Eomon	10	St. Ignatius High School	43'06.00"
23	160	Chism, Ernest	10	Del Mar High School	43'06.00"
24	161	Fought, Mike	11	Del Mar High School	43'00.00"
25	97	Roussel, Heath	12	Bellarmine College Prep.	43'00.00"
26	690	Hatfield, Grant	11	San Rafael High School	42'06.00"
27	236	Atchison, Dave	11	Homestead High School	42'00.00"
28	734	Martin, Lee	11	Santa Cruz High School	42'00.00"
29	539	Moreno, Manuel	12	Mount Pleasant H.S.	42'00.00"
30	141	Thorpe, Josh	11	Calaveras High School	42'00.00"
31	831	Barulich, Aaron	10	St. Ignatius High School	41'03.00"
32	875	Jackson, Trevor	11	St. Ignatius High School	41'03.00"
33	876	Jakic, Ivan	9	St. Ignatius High School	41'00.00"
34	247	Levin, Howard	12	Homestead High School	41'00.00"
35	114	Browning, Matt	12	Calaveras High School	40'00.00"
36	546	Qudar, Abdul	11	Mount Pleasant H.S.	40'00.00"
37	740	Truhitte, Jeff	11	Santa Cruz High School	40'00.00"
38	795	Jordan, Luke	11	St. Francis High School	39'08.00"
39	48	McLaughlin, Barry	11	Archbishop Riordan High	39'07.00"
40	154	Chang, Mike		Cupertino High School	39'00.00"
41	774	Blankenship, Jeff	12	St. Francis High School	38'04.00"
42	451	Nye, Zach	11	Menlo High School	38'00.00"
43	674	Clark, Alex	12	San Lorenzo High School	37'11.00"
44	679	Woods, Jarrad	11	San Lorenzo High School	37'09.00"
45	447	Giovannotto, Cris	11	Menlo High School	36'00.00"
46	799	Martini, Jon	11	St. Francis High School	36'00.00"
47	185	Clarke, Tony	12	Gunderson High School	ND
48	187	Frausto, Ramon	12	Gunderson High School	ND

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 44 Men's Pole Vault
Saturday 03/30/96 at 11:00 AM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	758	Nguyen, Vong	12	Silver Creek High School	14'06.00"
2	164	Harris, Steve	11	Del Mar High School	14'03.00"
3	158	Bodner, Jordon	11	Del Mar High School	13'00.00"
4	866	Gavin, John	12	St. Ignatius High School	13'00.00"
5	156	Bakke, Dan	12	Del Mar High School	12'06.00"
6	564	Cho, Danny	11	Newark Memorial High	12'06.00"
7	909	Reid, Dan	12	St. Ignatius High School	12'06.00"
8	811	Riley, Conor	11	St. Francis High School	12'06.00"
9	796	Karzag, Alex	11	St. Francis High School	12'00.00"
10	798	Malone, Pat	12	St. Francis High School	12'00.00"
11	542	Phan, Anthony	12	Mount Pleasant H.S.	12'00.00"
12	732	Keyser-Allen, Lee	12	Santa Cruz High School	11'09.00"
13	852	DeLucchi, Peter	12	St. Ignatius High School	11'06.00"
14	842	Chigos, Phil	11	St. Ignatius High School	11'00.00"
15	878	Johnson, Andy	11	St. Ignatius High School	11'00.00"
16	698	Orozco, Mike	10	San Rafael High School	11'00.00"
17	892	Lishansky, Max	10	St. Ignatius High School	10'06.00"

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 45 Women's Discus Throw
Saturday 03/30/96 at 11:00 AM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	362	De Amero, Joy	12	Los Altos High School	121'10.00"
2	660	Miranda, Estrella	12	Salinas High School	118'00.00"
3	549	Vloo, Dony	12	Mount Pleasant H.S.	115'00.00"
4	594	Hotchkiss, Jackie	12	Overfelt High School	114'03.50"
5	338	Thompson, Katie	12	Leigh High School	110'00.00"
6	955	Vavken, Tammy	12	Valley Christian High	110'00.00"
7	502	Prasao, Kristy	10	Milpitas High School	103'11.00"
8	711	Gunion, Sabrina	11	Santa Clara High School	103'00.00"
9	234	Amundson, Holy	12	Homestead High School	100'00.00"
10	589	Tran, Mi	11	Oak Grove High School	98'01.00"
11	719	Stevens, Rema	10	Santa Clara High School	95'00.00"
12	801	Miloglav, Evanna	11	St. Francis High School	92'11.00"
13	482	Avila, Jackie	12	Milpitas High School	92'00.00"
14	640	Overye, Melissa	12	Presentation High School	92'00.00"
15	424	Speech, Jennifer	11	Lowell High School	92'00.00"
16	571	Guadamara, Teresa	9	Newark Memorial High	90'01.00"
17	481	Angus, Zoraine	12	Milpitas High School	90'00.00"
18	244	Kenney, Katie	9	Homestead High School	90'00.00"
19	618	Mestar, Stephanie	10	Piedmont Hills High	90'00.00"
20	638	Munoz, Nicole	12	Presentation High School	90'00.00"
21	716	Rankin, Alyssa	10	Santa Clara High School	90'00.00"
22	673	Summers, Tina	10	San Jose High Academy	90'00.00"
23	720	Uznanski, Rachel	10	Santa Clara High School	90'00.00"
24	133	McAtee, Shelly	11	Calaveras High School	88'00.00"
25	265	Carreon, Florentina	11	Independence High School	87'10.00"
26	853	Detoy, Christine	11	St. Ignatius High School	87'09.00"
27	670	Gaoteote, Mereane	11	San Jose High Academy	87'00.00"
28	920	Tsiagakas, Christina	11	St. Ignatius High School	86'02.00"
29	881	Kerbleski, Liz	12	St. Ignatius High School	85'07.00"
30	229	Wunder, Rebecca	12	Gunn High School	84'00.00"
31	280	Morris, Emily	10	Independence High School	83'04.00"
32	918	Stanfill, Jessica	12	St. Ignatius High School	82'06.00"
33	631	Downing, Ellie	12	Presentation High School	82'00.00"
34	981	Taylor, Melissa	10	Westmont High School	82'00.00"
35	646	Turner, Alice	12	Presentation High School	82'00.00"
36	788	Gilblom, Liza	10	St. Francis High School	81'06.00"
37	707	Dolen, Allyson	10	Santa Clara High School	81'02.00"
38	709	Ecdao, Angelica	11	Santa Clara High School	80'00.00"
39	463	H., Jessica		Menlo-Atherton High	80'00.00"
40	246	LaBelle, Jamie	12	Homestead High School	80'00.00"
41	927	Yap, Julie	9	St. Ignatius High School	79'10.00"
42	899	Nicolas, Genevieve	10	St. Ignatius High School	78'08.00"
43	146	Young, Carol	10	Calaveras High School	77'00.00"
44	271	Harris, Keisha	10	Independence High School	76'09.00"
45	582	Canela, Elisa	10	Oak Grove High School	75'04.00"
46	922	Vocal, Holly Beth	10	St. Ignatius High School	72'04.00"
47	131	Martin, Rose	09	Calaveras High School	72'00.00"
48	138	Razinia, Jessica	10	Calaveras High School	70'00.00"

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 46 Men's Triple Jump
Saturday 03/30/96 at 12:30 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	87	Jordan, Leroy	12	Bellarmino College Prep.	44'02.00"
2	375	Quarels, Kregg	10	Los Altos High School	43'03.00"
3	535	Bailey, Ryan	12	Mount Pleasant H.S.	42'00.00"
4	486	Gaston, Damon	11	Milpitas High School	41'03.00"
5	478	Walton, Kenny	11	Menlo-Atherton High	41'02.00"
6	148	Luis, David	12	Carlmont High School	41'00.00"
7	849	De La Cruz, Francis	11	St. Ignatius High School	40'06.00"
8	723	Abraham, Joel	12	Santa Cruz High School	40'01.00"
9	874	Hom, Ken	12	St. Ignatius High School	39'11.00"
10	50	Moreno, Brandon	12	Archbishop Riordan High	39'11.00"
11	906	Poquez, Robert	9	St. Ignatius High School	39'08.00"
12	972	Ho, Chris	12	Westmont High School	39'00.00"
13	905	Pimentel, Roy	10	St. Ignatius High School	39'00.00"
14	840	Carr, John	10	St. Ignatius High School	38'10.00"
15	619	Moran, TJ	12	Piedmont Hills High	38'06.00"
16	910	Reyes, Gerard	12	St. Ignatius High School	38'06.00"
17	30	Briscoe, Herbert	11	Archbishop Riordan High	38'03.00"
18	125	Knaak, David	11	Calaveras High School	38'00.00"
19	230	Yeh, Yaway	12	Gunn High School	38'00.0
20	581	Amajor, Chucks	12	Oak Grove High School	37'11.50"
21	500	Nguyen, Mark	11	Milpitas High School	37'11.00"
22	889	Lejano, Miggy	12	St. Ignatius High School	37'10.00"
23	43	Johnson, Rameses	11	Archbishop Riordan High	37'09.00"
24	809	Owen, Mike	11	St. Francis High School	37'00.00"
25	821	Traina, Jason	11	St. Francis High School	36'00.00"
26	470	Moore, Bob	11	Menlo-Atherton High	ND
27	472	Nickolson, Andy	11	Menlo-Atherton High	ND
28	195	Quach, Toan	12	Gunderson High School	ND

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 47 Women's Long Jump
Saturday 03/30/96 at 12:30 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	492	Kennon, Josie	11	Milpitas High School	30'03.00"
2	605	Elarms, Kameelah	11	Piedmont Hills High	17'11.00"
3	361	Burnham, Jessica	12	Los Altos High School	17'10.00"
4	275	Livers, Tamara	12	Independence High School	17'10.00"
5	704	Buchanan, Shana	12	Santa Clara High School	16'11.00"
6	534	Badillo, Mary Lou	12	Mount Pleasant H.S.	16'06.00"
7	190	Jones, Keri	10	Gunderson High School	16'04.00"
8	912	Roberts, Lakeeja	12	St. Ignatius High School	16'04.00"
9	785	Eurich, Diana	12	St. Francis High School	16'03.00"
10	687	Warfield, Jenni	12	San Lorenzo High School	16'03.00"
11	222	Route, Courtney	10	Gunn High School	16'02.00"
12	599	Adkins, Shawna	10	Piedmont Hills High	16'01.00"
13	837	Busch, Juliann	12	St. Ignatius High School	16'01.00"
14	426	Tran, Amy	10	Lowell High School	16'01.00"
15	118	Cornell, Kacy	11	Calaveras High School	16'00.00"
16	991	Webb, Tenesha	9	Wilcox High School	16'00.00"
17	204	Chew, Leslie	12	Gunn High School	15'11.00"
18	919	Tafolla, Liz	10	St. Ignatius High School	15'10.00"
19	897	Mulhern, Mimi	10	St. Ignatius High School	15'09.00"
20	659	Matheson, Mary	10	Salinas High School	15'08.00"
21	926	Wong, Tina	10	St. Ignatius High School	15'08.00"
22	745	Johnson, Rachael	10	Santa Teresa High School	15'07.00"
23	907	Reburiano, May	10	St. Ignatius High School	15'07.00"
24	708	Dorsey, Katrina	11	Santa Clara High School	15'06.00"
25	823	Wagner, Allison	9	St. Francis High School	15'06.00"
26	547	Riddell, Cathleen	11	Mount Pleasant H.S.	15'05.00"
27	793	Hsu, Rayleen	10	St. Francis High School	15'04.00"
28	883	Lam, Geraldine	10	St. Ignatius High School	15'04.00"
29	394	Lumby, Kelly	11	Los Gatos High School	15'04.00"
30	543	Phan, Marisa	11	Mount Pleasant H.S.	15'04.00"
31	751	Moon, Jill	11	Saratoga High School	15'02.00"
32	802	Muller, Lesley	10	St. Francis High School	15'00.50"
33	701	Abdo, Aliah	9	Santa Clara High School	15'00.00"
34	460	Freyberg, Francis	11	Menlo-Atherton High	15'00.00"
35	403	Sylvester, Giselle	9	Los Gatos High School	15'00.00"
36	645	Trinidad, Valerie	10	Presentation High School	15'00.00"
37	484	Ecaine, Elaine	9	Milpitas High School	14'06.00"
38	629	Choi, Amanda		Presentation High School	14'03.00"
39	627	Aguirre, Sonia	10	Presentation High School	14'00.00"
40	702	Abdo, Phalestinah	11	Santa Clara High School	13'00.00"
41	637	Moreno, Rosanna	10	Presentation High School	13'00.00"
42	636	Menuz, Diane	10	Presentation High School	12'11.00"
43	419	Ng, Jessie	10	Lowell High School	11'04.00"
44	110	Bassham, Kim	11	Calaveras High School	ND

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 48 Men's Discus Throw
Saturday 03/30/96 at 1:30 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	366	Howard, Willie	12	Los Altos High School	160'08.00"
2	668	Young, Matt	12	Salinas High School	157'00.00"
3	396	McGilvray, Dan	12	Los Gatos High School	155'04.00"
4	161	Fought, Mike	11	Del Mar High School	148'03.00"
5	626	Young, Josh	12	Piedmont Hills High	143'11.00"
6	330	Koch, Phil	12	Leigh High School	141'00.00"
7	908	Reece, Kavan	11	St. Ignatius High School	139'06.00"
8	830	Antonini, John	12	St. Ignatius High School	137'00.00"
9	226	Su, Peter	12	Gunn High School	137'00.00"
10	854	Donnelly, Mike	11	St. Ignatius High School	136'08.00"
11	97	Roussel, Heath	12	Bellarmine College Prep.	136'00.00"
12	126	Langley, Eric	12	Calaveras High School	135'00.00"
13	875	Jackson, Trevor	11	St. Ignatius High School	134'06.00"
14	365	Giruard, Miah	10	Los Altos High School	133'07.00"
15	691	Hatfield, Jason	12	San Rafael High School	131'06.00"
16	236	Atchison, Dave	11	Homestead High School	130'00.00"
17	141	Thorpe, Josh	11	Calaveras High School	130'00.00"
18	563	Checketts, Adam	11	Newark Memorial High	129'08.00"
19	491	Kelley, Jordan	12	Milpitas High School	127'00.00"
20	734	Martin, Lee	11	Santa Cruz High School	127'00.00"
21	774	Blankenship, Jeff	12	St. Francis High School	126'11.00"
22	61	Soto, Philip	11	Archbishop Riordan High	126'04.00"
23	715	Penner, Todd	12	Santa Clara High School	125'00.00"
24	227	Vazire, Navid	12	Gunn High School	125'00.00"
25	26	Ambegia, Ernes	11	Archbishop Riordan High	124'02.00"
26	828	Allen, Eomon	10	St. Ignatius High School	120'06.00"
27	154	Chang, Mike		Cupertino High School	120'00.00"
28	165	Hartung, Brad	12	Del Mar High School	120'00.00"
29	736	Ross, Mike	12	Santa Cruz High School	120'00.00"
30	737	Santhda, Javier	11	Santa Cruz High School	120'00.00"
31	336	Springer, Mike	12	Leigh High School	120'00.00"
32	674	Clark, Alex	12	San Lorenzo High School	119'02.00"
33	863	Fitzgibbon, Corey	9	St. Ignatius High School	118'07.00"
34	789	Grilli, Stu	11	St. Francis High School	117'11.00"
35	114	Browning, Matt	12	Calaveras High School	115'00.00"
36	690	Hatfield, Grant	11	San Rafael High School	111'06.00"
37	679	Woods, Jarrad	11	San Lorenzo High School	111'01.00"
38	787	Gartin, Barry	11	St. Francis High School	110'00.00"
39	542	Phan, Anthony	12	Mount Pleasant H.S.	110'00.00"
40	546	Qudar, Abdul	11	Mount Pleasant H.S.	110'00.00"
41	359	Bjorklund, Pete	9	Los Altos High School	107'07.00"
42	140	Rlondin, Bert	12	Calaveras High School	105'00.00"
43	740	Truhitte, Jeff	11	Santa Cruz High School	100'00.00"
44	185	Clarke, Tony	12	Gunderson High School	N
45	187	Frausto, Ramon	12	Gunderson High School	NL
46	943	Lambert, Aaron	12	Valley Christian High	ND

West Valley College, Saratoga, California - Fri 03/29/96 to Sat 03/30/96

PERFORMANCE LIST

Event 49 Women's High Jump
Saturday 03/30/96 at 2:00 PM

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	264	Armstrong, Rhyan	11	Independence High School	5'04.00"
2	497	McLean, Holly	12	Milpitas High School	5'04.00"
3	850	Deely, Alanna	11	St. Ignatius High School	5'02.00"
4	364	Downey, Stephanie	11	Los Altos High School	5'02.00"
5	808	Owen, Kristen	11	St. Francis High School	5'02.00"
6	533	Arnold, Rebecca	12	Mount Pleasant H.S.	5'00.00"
7	534	Badillo, Mary Lou	12	Mount Pleasant H.S.	5'00.00"
8	184	Butler, Sanora	10	Gunderson High School	5'00.00"
9	838	Cahill, Kerrie	12	St. Ignatius High School	5'00.00"
10	784	Donovan, Angie	10	St. Francis High School	5'00.00"
11	887	Lee, Jenny	11	St. Ignatius High School	5'00.00"
12	528	Tan, Jasmine	12	Monta Vista High School	4'11.00"
13	556	Bailey, Nicole	11	Newark Memorial High	4'10.00"
14	871	Hansell, Melissa	10	St. Ignatius High School	4'10.00"
15	882	Kiisk, Shannon	11	St. Ignatius High School	4'10.00"
16	523	Lin, Mindy	10	Monta Vista High School	4'10.00"
17	256	Smith, Anna	9	Homestead High School	4'10.00"
18	617	McMillan, Kristina	10	Piedmont Hills High	4'09.00"
19	529	Tan, Judy	10	Monta Vista High School	4'09.00"
20	706	Cortney, Debra	11	Santa Clara High School	4'08.00"
21	877	Jennings, Michelle	10	St. Ignatius High School	4'08.00"
22	217	Li, Kathy	11	Gunn High School	4'08.00"
23	220	Peck, Susan	9	Gunn High School	4'08.00"
24	824	Whittell, Christen	10	St. Francis High School	4'08.00"
25	600	Arnold, Amanda	12	Piedmont Hills High	4'06.00"
26	494	Mallory, Cynthia	10	Milpitas High School	4'04.00"
27	629	Choi, Amanda		Presentation High School	4'02.00"
28	132	Martin, Stephanie	9	Calaveras High School	4'02.00"
29	645	Trinidad, Valerie	10	Presentation High School	4'02.00"
30	628	Borello, Jessica	10	Presentation High School	4'00.00"

