

CCS TRACK AND FIELD CHAMPIONSHIPS

Today at San Jose City College; field events start at 4 p.m., track events at 6. Top three in each event qualify meet June 6-7 at Sacramento City College.

Event	Predicted finish	Comment
Boys team standings	1. Oak Grove 2. St. Ignatius 3. Silver Creek	With Kenny Slaton favored to win the 400 relay, lead Oak Grove's 400 relay team to win for Eagles to win.
Girls team standings	1. St. Ignatius 2. North Salinas 3. Menlo	Distance runners Katie Appenrodt, Schlueter help lead St. Ignatius to win North Salinas and Menlo.
Girls 400 relay	1. North Salinas 2. Milpitas 3. St. Francis	Milpitas has the CCS's top time, 49.61, recorded Saturday, recording just the 49.61. N. Salinas is peaking.
Boys 400 relay	1. Oak Grove 2. Gunderson 3. St. Francis	Oak Grove's will be capping a successful season and its best time is 41.54. With DeWitt hurting, St. Francis moves up into
Girls 1,600	1. Katie Appenrodt, St. Ignatius 2. Anne-Elyse Smith, Aptos 3. Marielle Schlueter, St. Ignatius	Smith ran the fastest time Saturday. Appenrodt, Schlueter and Los Gatos' Fishback figure to provide stiff challenge.
Boys 1,600	1. Brad Hansen, St. Ignatius 2. Brendan Fitzgibbon, St. Ignatius 3. Cuco Chavez, Hollister	Race should be a nail-biter between Hansen and Fitzgibbon. Chavez's time is a second of Hansen's at semifinals.
Girls 100 low hurdles	1. Tamisha Allen, North Salinas 2. Mandy Mazik, Capuchino 3. Damesha Craig, Menlo	Could be one of day's top races. Craig set CCS's best time, 14.67, but qualified with third-fastest time Saturday.
Boys 110 high hurdles	1. Arend Watkins, Silver Creek 2. Guy McGowan, Leigh 3. Tony Galaviz, Gunderson	If Watkins has a good start, he should win. If he doesn't, McGowan, whose times have come down, could claim both hurdles.
Girls 400	1. Kameelah Elarms, Piedmont Hills 2. Monica Coleman, Gunn 3. Maggie Vessey, Monte Vista Christian	Coleman recorded top qualifying time Saturday. Elarms has the season-best time of 1:10. Vessey, a freshman, is the dark horse.
Boys 400	1. Jelani Hogg, Riordan 2. Ernesto Salinas, Gilroy 3. Brian Carson, Gunn	Hogg's time Saturday was more than a second improvement from previous week. Carson had top time at CCS semifinals.
Girls 100	1. Damesha Craig, Menlo 2. Sah-nee Roseby, North Salinas 3. Mandy Mazik, Capuchino	Defending champion Craig set meet record in semifinals Saturday with 11.86, the fastest in CCS this season.
Boys 100	1. Kenny Slaton, Oak Grove 2. Mike Nealy, Yerba Buena 3. Chris Vivit, North Monterey County	With state leader Aaron Bryant of Visalia (leg injury), Slaton, who has run 10.5 this season, should claim title.
Girls 800	1. Stephanie Chavez, Los Gatos 2. Katie Rigney, Santa Catalina 3. Lina Biber-Ferro, Los Gatos	Chavez had top mark Saturday (2:00.5). Rigney owns best time in CCS this season. Race for second is wide open.
Boys 800	1. Brendan Fitzgibbon, St. Ignatius 2. Temo Trujillo, North Monterey County 3. Adam Tucker, St. Francis	Fitzgibbon, who has a CCS-best 1:58.5 this season, appears to be in great shape. Trujillo and Tucker should battle for silver.
Girls 300 hurdles	1. Mandy Mazik, Capuchino 2. Michelle Steingart, St. Francis 3. Tenia Green, Mitty	Back from injury, Steingart has the top time. She took second last season. Mazik set meet record in CCS (44.17), which she ran Saturday.
Boys 300 hurdles	1. Guy McGowan, Leigh 2. Thomas Hocker, Silver Creek 3. Brian Carroll, Saratoga	McGowan ran a CCS-best 38.06 last season. Hocker has continued to post the best marks in CCS meets. Carroll had 2nd-fastest time Saturday.
Girls 200	1. Damesha Craig, Menlo 2. Sah-nee Roseby, North Salinas 3. Monica Coleman, Gunn	Craig, who ran a CCS-best 24.13 Saturday, should repeat as champion. Roseby and Gilroy's Enjoli Smith shouldn't be far behind.
Boys 200	1. Kenny Slaton, Oak Grove 2. Hung Nguyen, Silver Creek 3. Perry Dorsey, Monterey	By race's end, Slaton could have the title. He is a member of the 400 relay team. Dorsey is favorite in the 100.

	3. Lina Biber-Ferro, Los Gatos	Race for second is wide open.
Boys 800	1. Brendan Fitzgibbon, St. Ignatius 2. Temo Trujillo, North Monterey County 3. Adam Tucker, St. Francis	Fitzgibbon, who has a CCS-best 1:50.00, appears to be in great shape. Trujillo and Tucker should battle for silver.
Girls 300 hurdles	1. Mandy Mazik, Capuchino 2. Michelle Steingart, St. Francis 3. Tenia Green, Mitty	Back from injury, Steingart has the edge. She took second last season. Mazik took silver in CCS (44.17), which she ran Saturday.
Boys 300 hurdles	1. Guy McGowan, Leigh 2. Thomas Hocker, Silver Creek 3. Brian Carroll, Saratoga	McGowan ran a CCS-best 38.06 last season. He has continued to post the best marks at the meets. Carroll had 2nd-fastest time at 42.00.
Girls 200	1. Damesha Craig, Menlo 2. Sah-nee Roseby, North Salinas 3. Monica Coleman, Gunn	Craig, who ran a CCS-best 24.13 last season, should repeat as champion. Roseby took silver and Gilroy's Enjoli Smith shouldn't be far behind.
Boys 200	1. Kenny Slaton, Oak Grove 2. Hung Nguyen, Silver Creek 3. Perry Dorsey, Monterey	By race's end, Slaton could have the lead. He is a member of the 400 relay team. Dorsey is a favorite in the 100.
Girls 3,200	1. Marielle Schlueter, St. Ignatius 2. Anne-Elyse Smith, Aptos 3. Nicole Portley, Aragon	Though she ran 11:21.15 Saturday, Schlueter leads CCS with 11:04.36. Smith and Portley should continue to improve.
Boys 3,200	1. Gary Passanisi, Aptos 2. Brad Hansen, St. Ignatius 3. Brian Cooke, Burlingame	Passanisi has the section's top time. Hansen has run 9:20.53, and Hansen has recorded a 9:22.00.
Girls 1,600 relay	1. Los Gatos 2. St. Ignatius 3. Mitty	Los Gatos was more than two seconds faster than St. Ignatius and more than three seconds faster than Mitty on Saturday.
Boys 1,600 relay	1. Gunn 2. St. Francis 3. Riordan	Gunn ran a season-best 3:20.01 last season. St. Francis and Riordan were close. The Lancers ran a 3:20.74.
Girls pole vault	1. Iran Serrano, Gonzales 2. Vanessa Yebra, Gonzales 3. Kimberly Foxx, Notre Dame-Salinas	Yebra set CCS meet record at 10-6, two inches shy of her season best. Serrano and Foxx were only others to clear 10 feet.
Girls triple jump	1. Evelyn Shih, Gunn 2. Shawna Adkins, Piedmont Hills 3. Becca Saenz, Los Altos	Shih owns section's top mark, 37-6. Adkins and Saenz should lead pack Saturday with 36-11 and 35-11 respectively.
Boys discus	1. Mike Donnelly, St. Ignatius 2. Brent Bower, Gunn 3. Adam Sanborn, San Lorenzo Valley	Bower is the CCS leader in 165-10. Donnelly is second with 158-10 at the CCS semifinals with four feet behind Donnelly.
Girls shot put	1. Amy Thiel, Fremont Christian 2. Jennifer Santos, Los Altos 3. Casey Uperesa, Jefferson	Thiel, capable of throwing more than 40 feet, led best toss Saturday at 38-9. Santos and Uperesa should battle for silver.
Boys high jump	1. Darren Marble, Los Altos 2. Ben Cook, Carmel 3. John Darcey, Serra	Marble is class of field. He cleared 6-9 and leads CCS with 6-9. Cook and Darcey should wage battle for the silver.
Boys long jump	1. Chris Lacy, Oak Grove 2. Donald Strickland, Riordan 3. Certes Cagape, Yerba Buena	Strickland had top qualifying mark, 21-9, Saturday. Lacy's mark of 21-9 was wind-aided. Cagape's 21-7. Any one of the three could lead Saturday.
Boys pole vault	1. Steve Harris, Del Mar 2. David Grijalva, North Monterey County 3. Robert Carbajal, Mt. Pleasant	Thought to be a lock, state leader Harris could slide back to pack if his leg isn't 100 percent. Grijalva has cleared 17-1, Carbajal 15-6.
Boys triple jump	1. Michael Cordova, North Salinas 2. Glen Stone, Yerba Buena 3. Vincent Ibia, Silver Creek	Cordova clearly was the class of the field Saturday. He leaped 46-7½ to beat the 45-11 of Stone. Ibia jumped 45-9 at the CCS.
Girls discus	1. Amy Thiel, Fremont Christian 2. Jennifer Santos, Los Altos 3. Heather Hill, Sacred Heart Cathedral	Thiel appears to be a lock here. She has thrown with 154-10 and her mark Saturday was more than 30 feet better than anyone else.
Girls long jump	1. Kameelah Elarms, Piedmont Hills 2. Christine Chan, Mountain View 3. Tamika Davis, Carmont	Elarms, third last season, leads CCS with 41-11. Chan managed just 17-1 Saturday. Chan's mark at semifinals with wind-aided was 35-11.
Girls high jump	1. Kim Stone, York 2. Loren Gualco, Notre Dame-Belmont 3. Sandra Butler, Gunderson	Stone, who has one of the state's top marks at 5-9½, has struggled in recent meets. Gualco won CCS. She has top qualifying mark of 4-11.
Boys shot put	1. Pete Bjorklund, Los Altos 2. Andre Carter, Oak Grove 3. Brett Nichols, King City	Bjorklund is CCS leader at 57-0 3/4. Carter recorded at CCS Top 8 meet last month. Nichols' toss was 56-4.

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