

PREP RESULTS

3,200 Meters

1. Deborah Osteen (Clayton Valley) 11:32

100 High Hurdles (33") Meters

1. Carolyn King (Carondelet) 15.1

300 Low Hurdles (30") Meters

1. Carolyn King (Carondelet) 45.9

Boys

Tom Prindville (De La Salle) will compete in the

3,200 meters at Arcadia.

De La Salle 93, Clayton Valley 43

800 Meters

1. Tom Prindville (De La Salle) 1:57

Pole Vault

1. Connor Swegle (De La Salle) 13-0

Pittsburg Relays

Saturday, April 12, 1997. Pittsburg High

School, Pittsburg. From Keith Conning

Daveetta Sheperd (De Anza, Richmond), who

won the state meet 100-meter hurdles as a

freshman, earned the girls athlete of the meet

honors. The senior won the open 100 meters at

12.27 seconds and the 400 in 57.64.

Boys

Team Scores 1. Edison (Fresno) 58, 2. Antioch

47, 3. Hayward 46, 4. Vallejo 42, 5. Tamalpais

40

4 x 100 1. Edison 44.12, 4 x 400 1. Edison

3:30.0, 4 x 800 1. College Park 8:19.1.

Distance Medley 1. College Park 10:57.5.

Girls

Team Scores 1. Vallejo 72, 2. Pittsburg 52, 3.

Liberty 51, 4. College Park 50, 5. De Anza 45

100 1. Sheperd (De Anza) 12.27

400 1. Sheperd (De Anza) 57.64, 2. Cameron

(Edison) 59.42, 1,600 1. Dixon (Skyline) 5:18.4,

2. Arroyo (Pittsburg) 5:18.1, (this is how the

result appeared in the Contra Costa Times) 3.

Wheeland (Northgate) 5:28.1, 4. Nikkanyan (De

Anza) 5:29.2.

PV 1. Hampton (Liberty) 8-6, 4 x 100 1.

Pittsburg 50.48, 2. Edison 50.82, 4 x 200 1.

Pittsburg 1:46.53, 2. Benicia 1:49.99, 4 x 400

1. Fremont 4:03.15, 2. Pittsburg 4:09.1, 3.

Edison 4:09.5, Sprint Medley 1. Fremont

1:50.15, 2. College Park 1:51.5, 3. Benicia

1:52.7

Mt. Sac Relays

April 19, 1997. Walnut.

High School Results — Boys

4x800m Relay

1 8:07.69 Eisenhower

2 8:08.79 Paradiete

3 8:11.39 Riverside Poly

4 X 800 Meter Relay

1 7:48.60 De La Salle H.S.

2 7:59.31 Cheyenne

3 7:59.58 Foothill H.S.(Sc)

Shuttle Hurdle Relay

Section 1

1 1:08.2 Rio Mesa

Section 2

1 1:07.2 Arroyo Grande

Section 3

1 1:06.21 Diamond Bar

Section 4

1 1:03.16 Upland

Section 5

1 1:03.40 Mullen

Shot Put

1 52' 1/4 Barthelme, D.J. (Bkfld Hs)

2 51' 2 1/2 Mcknight, Keith (Bkfld Hs)

3 50' 3 Norum, Jim (Brea-Clinda Hs)

Inv Shot Put

1 63'5-3/4 Mounts, Van (Bakersfield Hs)

2 61'4 Moser, Scott (Hunt Beach Hs)

3 58'10-1/2 Bello, John (Rancho Cucam Hs)

Pole Vault

1 13-9 1/4 Strey, Brian (Agoura)

2 13-9 1/4 Kutz, Justin (Righetti)

3 13-9 1/4 Shelton, Ben (Centennial)

4 X 100 Meters

1 42.83 Birmingham

2 43.47 St Paul

3 44.00 Centennial (Bakfld)

4 X 100 Meters

1 44.25 Los Altos

2 44.37 Warren

3 44.52 Katella

4 X 100 Meters

1 43.05 Bakersfield H.Sh

2 48.29 J.W. North

3 44.22 El Dorado (Lv)

4 X 100 Meters

1 42.56 Dominguez

2 43.71 Washington Prep

3 43.94 La Costa Canyon

4 X 100 Meters

1 43.09 Harvard-Westlake

2 43.14 Canyon Springs

3 43.83 Rancho Cucamonga

4 X 100 Meters

1 42.91 Etiwanda

2 43.79 Verbum Dei

3 43.94 Ayala

4 X 100 Meters

1 43.11 Banning

2 43.24 Rancho Buena Vista

3 43.25 Hawthorne

Inv 4 X 100 Meters

1 41.74 Long Beach Poly

2 41.84 Mullen

3 41.92 Chino A

Long Jump

1 22' 9 1/4 Wells, Jerry (South Bkfld Hs)

2 21' 7 3/4 Phillips, Kris (Rio Mesa)

3 21' 7 3/4 Mack, Jerriod (St. Mary's)

Inv Long Jump

1 21'11-3/4 Nero, Robert (Chino Hs)

2 21'8-1/4 Peroulis, Jr (Grand Junction)

3 20'11-3/4 Wingfield, Billy (Carson Hs)

1500 Meters

1 4:01.29 Moreno, Irving (Riv. Poly)

2 4:02.33 Manhart, Jason (Trabuco Hills.)

3 4:02.64 Lopez, Manuel (Belmont)

Sprint Medley Relay

1 3:38.64 Warren

2 3:38.80 Belmont

3 3:39.11 Morningside

Sprint Medley Relay

1 3:31.03 Sultana

2 3:36.65 St Ignatius Prep

3 3:41.47 Eisenhower

Inv Sprint Medley Relay

1 3:34.79 Ventura

2 3:35.23 St Mary's Academy

3 3:40.25 Etiwanda

Inv 110 Meter Hurdles

1 14.43 Paxton Sharif (Crenshaw)

2 14.80 Ellis, Terry (Dorsey)

3 14.84 Love, Joe (Rancho Cucam)

Inv 110 Meter Hurdles

1 14.20 Depass, Reggie (MontgHs)

2 14.71 Smith, Tracy (R Buena Vista)

3 14.96 Bodganof, Tim (Buchanan)

110 Meter Hurdles

1 14.59 Lee, Greg (Dorsey)

2 14.96 Presley, David (Cheyenne)

3 15.09 Rahje, Parker (Upland)

Inv 100 Meter Hurdles

1 14.70 Bethal Ariley (Mission Viejo)

2 15.00 Fleming, Khameel (Dorsey)

3 15.13 Mazik, Mandy (Capuchino H.S.)

Inv 400 Meters

1 48.80 Robert, Marcus (Downey)

3 49.85 Sharpe Picky (Mt. Carmel Hs)

4 50.07 Hodges, Daniel (Rowland Hs)

Inv 400 Meters

1 48.31 Ray, Nick (Ridgeview (Bkfl))

2 48.81 Sims, Scott (La Costa)

3 48.97 Jones, Larry (Talt)

High Jump

1 6-4 3/4 Lewis, Sean (Upland)

2 6-2 3/4 Jennings, Ian (Edison)

3 6-2 3/4 Richards, Jeremy (Righetti)

Inv High Jump

1 6' 6 Charlesworth, Joe (Torrance Hs)

2 6' 6 Howard, Jason (Ridgeview)

3 6' 4 Jackson, Michael (Chsl Hs)

Discus

1 67'10 Johnson, Justin (Fresno Hs)

2 163'5 Bower, Brent (Gunn H.S.)

3 160'5 Heber, Murray (Kane)

Inv Discus

1 192'9 Moser, Scott (HuntBeach Hs)

2 177'3 Bello, John (RCucamonga Hs)

3 174'7 Tarin, Carlos (Mullent)

Inv 100 Meters

1 10.98 Patterson, Demtrus (Birming)

2 11.00 Hollowell, Roman (Mullen)

3 11.15 St. Paul, Francis (Murphy Hs)

Inv 100 Meters

1 10.96 Durbin, Steve (Harv-Westlake)

2 11.04 Jones, Paul (Rowland Hs)

3 11.06 Levi, Josh (Chino Hs)

Inv 100 Meters

1 10.68 Fletcher, Miguel (Alemany)

2 10.84 Fargas, Justin (Notre Dame)

3 11.02 Brown, Derek (Dominguez Hs)

Inv Pole Vault

1 14'9 Stokes, Luke (Edison)

2 14'9 Kriwinski, Joel (Arroyo Gr)

3 14'3 Vandrovec, Travis (Fontana Hs)

Distance Medley Relay

1 10:40.43 Serra

2 10:44.57 Don Bosco Tech

3 10:49.41 Eisenhower

Distance Medley Relay

1 10:13.64 Mission San Jose

2 10:29.45 Clovis

3 10:30.83 Chino

Inv 300 Intermediate Hurdles

1 38.18 Almond, Marcell (St Paul)

2 38.84 Young Channley (J.W. Norm)

3 38.86 Brown, Brandon (Doming)

Inv 300 Intermediate Hurdles

1 38.15 Warren, David (Hawthorne Hs)

2 38.08 Smith, Tracy (Comax Vly)

3 40.03 Fontanez, Anthony (Apple)

4 X 200 Meter Relay ?

2 1:30.93 Harvard-Westlake

3 1:31.98 Washington Prep

5 1:35.10

4X 200 Meter Relay

1 1:30.91 Long Beach Jordan

2 1:32.05 Verbam Dei

3 1:34.05 South Bakersfield

4 X 200 Meter Relay

2 1:32.08 Channel Island

3 1:33.36 Centennial

4 1:33.43 Brea-Clinda

4 X 200 Meter Relay

1 1:30.50 Bakersfield H.S.

2 1:30.95 Dorsey

3 1:31.19 Canyon Springs

4 X 200 Meter Relay

1 1:30.36 St Mary's Academy

2 1:30.61 Etiwanda

3 1:30.94 Cheyenne

Inv 4 X 200 Meter Relay

1 1:25.95 Long Beach Poly

2 1:28.34 Dorsey

3 1:28.83 Mullen

Inv 800 Meters

1 1:53.89 Grober, Charlie (Mullen)

2 1:54.69 Fitzgibbon, Brendan (St Ign)

3 1:54.99 Strong, Brandon (Parad)

Triple Jump

1 46'6-1/4 Turner, Tony (Gahr)

2 44'6-3/4 Badger, Andy (Diamond Bar Hs)

Inv Triple Jump

1 46'2 Mack, Jerriod (St. Mary's)

2 44'11-3/4 Meir, Jarrell (Righetti)

3 44'7-3/4 Green, Carl (Lg Beach Poly Hs)

Inv 200 Meters

1 21.98 Jones, Paul (Rowland Hs)

2 22.04 Nero, Robert (

PREP RESULTS

3	3:29.65	Apple Valley H.S.
4 X 400 Meter Relay		
1	3:23.60	Santa Ana Valley
2	3:25.06	Redlands H.S.
3	3:28.25	Harvard-Westlake
4 X 400 Meter Relay		
1	3:23.29	Mullen
2	3:24.33	St Francis Mt View
3	3:26.86	Rancho Cucamonga
4 X 400 Meter Relay		
1	3:23.70	Rowland
2	3:24.01	Cheyenne
3	3:24.13	J.W. North
Inv 4 X 400 Meter Relay		
1	3:22.28	St Mary's Academy
2	3:29.47	La Fremont
3	3:30.67	Washington Prep
Inv 4 X 1600 Meter Relay		
1	17:41.79	De La Salle
2	17:50.04	Nevada Union Hs
3	18:08.02	Tustin
High School Results — Girls		
4 X 800 Meter Relay		
1	9:17.68	Long Beach Poly
2	9:25.60	Los Gatos
3	9:36.15	China
Long Jump		
1	18'5-1/2	Perry, Michelle (Quartz Hill Hs)
2	17'10-1/2	Moniaya, Paola (Mexico)
3	16'9-3/4	Scott, Dee (South Blvd)
Inv Long Jump		
1	18' 3 1/4	Ogunleye, Bunmi (LBCh Poly)
2	18'10 1/4	Williams, Angela (Chino Hs)
3	18' 6 1/4	Corley, Kenya (Quartz Hill Hs)
Shuttle Hurdle Relay		
Section 1		
1	1:10.18	Newbury Park
2	1:10.80	Redlands H.S.
Section 2		
1	1:10.94	Thousand Oaks
2	1:11.32	Arroyo Grande
Section 3		
1	1:07.74	Santa Ana Valley
2	1:07.86	Ayala
Section 4		
1	1:06.21	Muir
2	1:08.94	Cheyenne
Discus		
1	138' 4	Mcgrath, Erin (Eastlake)
2	125' 0	Alkens, Rosie (St. Marys)
3	124' 6	Shields, Maya (Ramona)
Inv Discus		
1	164'2	Burton, April (Bakersfield Hs)
2	163'4	Ross, Chaniqua (LagCk)
3	150'2	Brown, Stephanie (Arroyo G)
High Jump		
1	5-5	Menzel, Erica (San Marcos Hs)
2	5-5	Omar, Ameerah (Upland)
3	5-5	Foster, Sara (Valencia Hs)
Inv High Jump		
1	5'7	Glinzer, Liz (Chaminade)
2	5'7	Corrales, Mireya (Mexico)
3	5'5	Ortega, Karissa (Arroyo Gr)
4	5'5	Mahka, Michelle (Marymount)
Inv Pole Vault		
1	11' 6	Pearson, Bridget (Hoover Hs)
2	11'	Maran, Blanca (S Monica Hs)

3	11'	Szider, Heather (Camarillo)
4 X 100 Meters		
1	49.74	University High
2	50.85	Harvard-Westlake
3	51.66	San Marcos
4 X 100 Meters		
1	50.50	Western
2	50.59	Gahr
3	51.14	Mt Carmel
4 X 100 Meters		
1	48.18	Ayala
2	50.51	Long Beach Jordan
3	50.69	Centennial
4 X 100 Meters		
1	49.73	South Bakersfield
2	50.90	Cleveland
3	50.94	Arroyo Grande
4 X 100 Meters		
1	49.42	Carson
2	49.79	Ethwanda
3	50.49	St Mary's Academy
4 X 100 Meters		
1	48.20	Redlands H.S.
2	48.64	J.W. North
3	50.12	Eisenhower
Inv 4 X 100 Meters		
1	46.15	Long Beach Poly
2	47.98	Taft
3	48.27	Valley Royals
Inv 1500 Meters		
1	4:38.97	Saeri, Fabiola (Federacion)
2	4:39.23	Elmore, Malindi (Valley Royals)
3	4:38.71	Shields, Sharolyn (Calgary)
Inv 100 Meter Hurdles		
1	14.54	Perry, Michelle (Quartz Hill Hs)
2	14.64	Cooper, Hannah (Hawth)
3	14.95	Davis, Mia (West Covina Hs)
Shot Put		
1	36'7-1/4	Russell, Sheri (Ramona)
2	35'8-1/2	Edwards, Jessie (Redlands)
3	35'5-3/4	Rackley, Cinnamon (LagCreek)
Inv Shot Put		
1	47' 1	Ademiluyi, Cynthia (LBCh Poly)
2	45' 8	Ross, Chaniqua (LagCk)
3	44'11 1/4	Brown, Stephanie (Arroyo Gr)
Inv 400 Meters		
1	57.05	Harrison, Jodi (Mullen)
2	57.14	Babatunda, Tawa (EdmThunder)
3	57.28	Nelson, Malka (Brea-Olinda Hs)
Inv 400 Meters		
1	55.27	Green, Angelita (L Beach Poly)
2	56.28	Lock, Jena (Victoria T&F)
3	57.01	Smith, Tiffany (Taft Hs (La))
Pole Vault		
1	10-3 1/4	Glesseler, Carolina (Palmdale)
2	10-0	Ward, Leora (Peninsula)
3	9-6 1/4	Kathiria, Nazma (Righetti)
Inv 100 Meters		
1	12.23	Granson, Ebony (Taft)
2	12.36	Hill, Ragan (Redlands Hs)
3	12.52	Bonnette, Tiffany
Inv 100 Meters		
1	12.26	Thompson, Tiffany (N Dame)
2	12.41	Dennis, Heather (Vly Royals)
3	12.42	Paga, Diela (Muir)
Inv 100 Meters		
1	11.40	Williams, Angela (Chino Hs)
2	11.96	Weekes, Alta (Calgary Int)

3	12.09	Glenn, Brianna (La Mirada Hs)
Triple Jump		
1	39'11-3/4	Leyva, Paola (Mexico)
2	35'8-1/2	Werth, Stephanie (N Dame)
3	34'11-1/2	Dupres, Myoshia (Riv Poly Hs)
Inv Triple Jump		
1	37'8-1/2	Jefferson, Genein (EisenHs)
2	37'1-1/2	Goodhart, Chris (Gr Junction)
3	36'7-3/4	Ukodama, Blessing (L Bch P)
Inv Distance Medley Relay		
1	12:21.74	St Ignatius Prep
2	12:34.55	Clovis
3	12:45.31	Temecula
Inv 300 Intermediate Hurdles		
1	44.89	Santin, Frances (Taft Hs (La))
2	45.93	Szirony, Melanie (Vly Royals)
3	46.66	Dawkins, Rokshuna (Muir)
Sprint Medley Relay		
1	1:51.65	Ethwanda
2	1:56.07	Thousand Oaks
3	1:58.59	Don Pueblo
Inv Sprint Medley Relay		
1	1:46.66	Chino
2	1:51.05	St Mary's Academy
3	1:54.63	Stockdale
Inv 4 X 200 Meter Relay		
1	1:46.82	Redlands H.S.
2	1:46.98	Lakewood
4	1:48.95	Channel Island
4 X 200 Meter Relay		
1	1:45.20	Carson
2	1:47.50	El Modena
3	1:48.78	Crenshaw A
4 X 200 Meter Relay		
1	1:48.58	St Mary's Academy
2	1:49.21	Centennial
3	1:50.54	Grand Junction
Inv 4 X 200 Meter Relay		
1	1:37.32	Long Beach Poly
2	1:42.62	Ayala
3	1:44.82	Dorsey
Inv 800 Meters		
1	2:13.27	Austin, Molly (Mullen)
2	2:13.40	Babatunda, Tawa (Edmonton)
3	2:16.23	Shaw, Summer (Hun Beach Hs)
200 Meter		
1	25.14	Phillips, Crystal (L Beach Poly)
2	25.78	Nassar, Astrid (FedMexicana)
3	25.82	Johnson, Teona (L Bch Poly)
200 Meters		
1	24.10	Weekes, Alta (Calgary Int)
2	24.34	Merrith, Sekerrah (LBCh Poly)
3	24.72	Glenn, Brianna (La Mirada Hs)
Inv 3000 Meters		
1	9:28.25	Neipp, Andrea (Highland)
2	9:52.40	Graces, Martha (FedMex)
3	9:53.30	Zhang Kao (China)
4 X 400 Meter Relay		
1	4:26.00	Trabuco Hills
4 X 400 Meter Relay		
1	4:15.11	Centennial (Bakers.)
2	4:16.93	Los Altos H.S.
3	4:19.78	Ganesha
4 X 400 Meter Relay		
1	4:06.81	Gahr
2	4:09.61	Banning
3	4:10.05	Lakewood

4 X 400 Meter Relay		
1	4:08.61	Eisenhower
2	4:11.27	Foothill (Nc)
3	4:13.59	South Bakersfield
4 X 400 Meter Relay		
1	4:06.72	Washington Prep H.S.
2	4:06.94	Arcadia
3	4:08.04	Apple Valley H.S.
4 X 400 Meter Relay		
1	3:58.87	Hawthorne
2	4:01.06	Stockdale
3	4:03.91	San Marcos
4 X 400 Meter Relay		
1	4:01.58	Valley Royals H.S.
2	4:02.50	Ayala
3	4:02.58	Morningside
Inv 4 X 400 Meter Relay		
1	3:44.54	Long Beach Poly
2	3:47.72	Taft High School
3	4:03.37	Brea Olinda
4	4:05.79	Grand Junction
5	4:17.25	Cheyenne
Inv 4 X 1600 Meter Relay		
1	20:57.13	Yucaipa
2	21:04.22	University (So)
3	21:45.14	La Canada
4	21:34.12	Chao Yang Hs
5	21:40.75	El Modena

Hampton/Phillips Track Classic

April 20, 1997, San Jose City College, By
Keith Conning

Arend Watkins (Silver Creek, San Jose), a senior, set a meet record of 14.24 (-0.8) in the 110 meter high hurdles. The old record of 14.31 was set by Watkins in heat 3. Thomas Hooker (Silver Creek, San Jose), a junior, set a meet record of 53.90 in the 400 meter intermediate hurdles. The old record of 54.39 was set by Cole Edmon (Bellammina, San Jose) in 1994. Steve Harris (Del Mar, San Jose), a senior, set a meet record in the pole vault of 15-6. The old record of 15-0 was set by Louis Leno (Liberty, Brentwood) in 1992.

Damesha Craig (The Menlo School, Atherton) won the 200 meter dash in 24.51 (no wind information). They had a wind gauge, but no wind reading appeared in the results.

Nicole Hoxie (J.W. North, Riverside), a senior, set a meet record of 14.15 (-0.3) in heat 4 of the 100 meter high hurdles. The old record of 14.20 was set by Jennifer Odom (Independence, San Jose) in 1992.

Hoxie broke her record in the final at 13.97 (+1.6). Maria Lopez (Newark Memorial, Newark), a senior, pole vaulted 10-6.

Boys

100 Meter Dash

Heat 2 (-0.9) 1. Ken Slaton 12 Oak Grove 11.16
Q. Heat 3 (-0.4) 1. Aaron Bryant 11 Wilcox 11.11
Q. Final (nw) 1. Bryant 10.74, 2. Slaton 10.75, 3. Mike Nealy 12 Yerba Buena 11.10, 4. Hung Nguyen 10 Silver Creek 11.17, 5. Rico Paredes 11 Yerba Buena 11.18, 6. Rhad Urbano 12 Cupertino 11.22.