

Hank

21st ANNUAL WEST VALLEY

42nd Bench 2:48.21

RELAYS

Tan Sndy 29.2
Greenlee 29.6
Wes 67.3
Hendrickson 2:27.1

Mick Tung 24.03
Aaron Baldwin 24.32
James Chang 55.38 (26)
Geoffrey Tso (62) 2:19.31 4:01.66
3.52 3:58.14
2:10.79

VARSITY

Angie Wang 30.57
Ajana Ivory 28.88
Pooja Mehta (32) 68.11
Amie Wu (72) 2:28.45
4:36.01

Shu { 5:28
Fouen }
(6:15) 11:24.30
(6:17) 18:43.67
12:06 19:46.27
(6:38) (1:00) 6:54
&
GIRLS

Chan 6:54, 7:24.6 22:29.26
14:18.6 27:40
(7:22)

30.57
28.88
68.11
2:17.56
2:59
20
2:59
4:36.01
2:07.56
1:30.45
28

MARCH 28&29 1997

MEET RECORDS

VARSITY

<u>Event</u>	<u>Performer/School</u>	<u>Mark</u>	<u>Year</u>
4x100 Relay	Berkeley	41.6	1983
4x400 Relay	Cubberly	3:18.9	1979
2 Mile Relay	Bellarmino	7:57.5	1981
4x1600 Relay	Jesuit	17:22.1	1986
100 Meters	Laynes (Oakland)	10.82	1989
	Lewis (Wilcox)	10.82	1992
200 Meters	Lewis (Wilcox)	21.79	1992
800 Meters	Cervelli (Santa Teresa)	1:55.4	1993
* 1500 Meters	Sikiric (Leland)	3:54.78	1996
1600 M Steeplechase	Hill (A. Hill)	4:53.6	1986
5000 Meters	M. Livingston (Willow Glen)	15:11.0	1983
110 Meter H.H.	Green (Palo Alto)	13.7	1982
400 Meter I.H.	Sennez (Gilroy)	52.5	1981
Shot Put	Houston (Willow Glen)	60' 6.5"	1984
Discus	Thompson (Cupertino)	187' 9"	1985
Hammer	Stengele (Los Gatos)	197' 1"	1993
Long Jump	Bates (Menlo Atherton)	24' 1.5"	1977
Triple Jump	Bates (Menlo Atherton)	48' 11.25"	1977
High Jump	Wyrick (Mt. Pleasant)	6' 10"	1978
	Webster (Homestead)	6' 10"	1985
Pole Vault	Kibort (Saratoga)	16' 0"	1983

GIRLS

<u>Event</u>	<u>Performer/School</u>	<u>Mark</u>	<u>Year</u>
4x100 Relay	Skyline	46.80	1993
4x400 Relay	Skyline	3:49.24	1993
Distance Med. Relay	Gunderson	12:08.7	1986
100 Meters	Wallace (Skyline)	12.01	1993
200 Meters	Wallace (Skyline)	24.85	1993
800 Meters	Moore (Harbor)	2:17.5	1989
1500 Meters	Stern (Silver Creek)	4:35.2c	1985
3000 Meters	Chamberlain (Leigh)	9:59.9	1986
* 100 Meter Hurdles	Ponder (Del Mar)	14.94	1996
400 Meter L.H.	Demorest (Buchser)	62.0	1981
Shot Put	Floyd (Oak Grove)	44' 8.5"	1984
Discus	Durchslag (San Carlos)	138' 4.75"	1981
Long Jump	Rockwell (Gunn)	19' 6.5"	1979
	Brown (Woodside)	19' 6.5"	1984
Triple Jump	Brown (Woodside)	41' 2.75"	1984
High Jump	Johnson (Menlo Atherton)	5' 10"	1991
* Pole Vault	Badillo (Mt. Pleasant)	8' 6"	1996

EROSH/SOPH

<u>Event</u>	<u>Performer/School</u>	<u>Mark</u>	<u>Year</u>
4x100 Relay	Cubberly	43.3	1977
4x400 Relay	Cubberly	3:24.6	1977
Distance Med. Relay	Fremont	10:45.0	1978
* 100 Meters	Nguyen (Logan)	11.45	1996
200 Meters	Harvey (Silver Creek)	22.4	1990
800 Meters	Stokes (Mills)	2:00.6	1991
3000 Meters	Arzac (Oceana)	9:08.2	1986
65 Meter H.H.	Edmon (Bellarmino)	9.24	1992
300 Meter I.H.	Riddle (Gunn)	41.62	1993
* 400 Meter I.H.	McGowan (Leigh)	59.82	1996
Shot Put	Robinson (Awalt)	56' 9"	1979
Discus	Presser (Cupertino)	140' 5"	1987
Long Jump	Lumactod (Buchser)	22' 2"	1978
Triple Jump	McComb (Carmel)	44' 1"	1991
High Jump	McComb (Carmel)	6' 5"	1991
* Pole Vault	Nikbashtali (Mitty)	10' 0"	1996

To all coaches, athletes, spectators and officials:

WELCOME TO THE 21st ANNUAL WEST VALLEY RELAYS!

We would like to extend to all of you our appreciation for your support of this meet which continues to be one of the top high school track and field meets in Northern California. This year, we are very excited to present the first official attempt to break 4 minutes for the mile on our track. The race will be started by a long time supporter of West Valley Track & Field and more significantly the first U.S. runner to break the 4 minute barrier, Don Bowden.

We hope your experience here this weekend is both fruitful and enjoyable for all. As always, we welcome any suggestions to improve our meet in the future.

West Valley College Track & Field Staff

Dan Besmer, Bill Campbell, Marty Krulee, Monica Townsend

WINNING TEAMS						
YEAR	VARSITY		FROSH-SOPH		GIRLS	
1977	Mt. Pleasant	43	Menlo Atherton	33	_____	—
1978	Mt. Pleasant	50	Silver Creek	35	_____	—
1979	Cubberly	30	Independence	28	Lynbrook	22
1980	Mt. Pleasant	40	Mt. Pleasant	49	San Carlos	24
1981	Palo Alto	27	Menlo Atherton	35	Carlmont	30
1982	Mt. Pleasant	56	Carlmont	38	Carlmont	29
1983	Berkeley	51	Palo Alto	32	Woodside	28
1984	Bellarmino	28	Palo Alto	33	Leigh & Woodside	31
1985	Independence & St. Mary's	31	Santa Teresa & Bellarmine	35	Menlo Atherton	35
1986	Bellarmino	48	Bellarmino	34	St. Francis	30
1987	Bellarmino	39	Bellarmino	44	St. Francis	36
1988	Bellarmino	48	Bellarmino	34	St. Francis	30
1989	Bellarmino	43	Monterey	25	Carlmont	29
1990	Leigh	31	St. Ignatius	50	Fremont	34
1991	St. Ignatius	44.5	Del Mar	22	Archbishop Mitty	21.5
1992	St. Ignatius	55	Bellarmino	58	Mt. Pleasant & Skyline	26
1993	St. Ignatius	34	St. Ignatius	36	Skyline	102
1994	Independence	30.5	Bellarmino	45	Beyer	44
1995	Bellarmino & DeLaSalle	57	Calaveras	40	Carondelet	71
1996	Bellarmino	55.5	James Logan	56	St. Ignatius	37.33

To all coaches and athletes:

GOOD LUCK IN TODAY'S COMPETITION!!

West Valley College Relays
SCHEDULE OF RUNNING EVENTS
Saturday, March 29th

<u>EVENT NO.</u>	<u>EVENT</u>	<u>TIME</u>
1	Vars 400 I.H.	9:00 A.M.
2	Girls 400 I.H.	9:20
3	Vars 4 x 1600 Relay	9:40
4	Girls 4 x 1600 Relay	10:10
5	Vars 4 x 100 Relay	10:45
6	Girls 4 x 100 Relay	11:05
7	Vars 1500 Meters	11:30
8	Girls 1500 Meters	11:50
9	<i>Masters Men 400 Meters</i>	12:15 P.M.
10	<i>Open Invitational Men 100 Meters</i>	12:25
11	Vars 100 Meters	12:30
12	Girls 100 Meters	1:00
	LUNCH BREAK (possible coaches relay)	1:40
13	Girls 100 Meter Hurdles	2:00
14	Vars High Hurdles	2:30
15	Vars 1600 Meter Steeplechase	3:00
16	Vars 800 Meters	3:20
17	Girls 800 Meters	3:40
18	<i>Invitational Men DON BOWDEN Mile</i>	4:10
19	Vars Sprint Medley Relay	4:20
20	Girls Sprint Medley Relay	4:40
21	Vars 5000 Meters	5:00
22	Girls 5000 Meters	5:25
23	Vars 4 x 400 Relay	5:55
24	Girls 4 x 400 Relay	6:20

West Valley College Relays
SCHEDULE OF FIELD EVENTS
Saturday, March 29th

<u>EVENT NO.</u>	<u>EVENT</u>	<u>TIME</u>
25	H.S. Hammer	9:00 A.M.
26	Girls Shot Put	9:00
27	Girls Pole Vault	9:00
28	Vars High Jump	9:30
29	Vars Long Jump	9:30
30	Girls Triple Jump	9:30
31	Vars Shot Put	11:30
32	Vars Pole Vault	11:00
33	Girls Discus	11:30
34	Vars Triple Jump	12:30 P.M.
35	Girls Long Jump	12:30
36	Vars Discus	2:00
37	Girls High Jump	3:00
38	<i>Open Men Pole Vault</i>	2:00

1997 West Valley Relays

INSTRUCTION SHEET

1. **COACHES:** check-in and scratch your runners at the check-in table located at the north end of the straightaway **RUNNERS MUST BE CHECKED IN 30 MINUTES PRIOR TO THE START OF THEIR EVENT OR THEY WILL BE SCRATCHED.** We will comply as closely as possible with the time schedule printed in today's program. Field event athletes may check-in directly at their event site.
2. **RUNNERS MUST REPORT TO THE CLERK OF THE START PRIOR TO THE START OF THEIR EVENT.** The Clerk(Rick Milam) will be located on the infield. He will issue hip numbers and usher the athletes to the start.
3. Once the competition begins, please keep your athletes off the track unless they are competing. **INSTRUCT YOUR ATHLETES TO WARM-UP EITHER ON THE INFIELD OR OUTSIDE THE STADIUM.** Congestion could be a problem, so we appreciate your cooperation and assistance in complying with this request. Please instruct your athletes to pick up any litter for which they are responsible.
4. Coaches may pick up awards for their athletes at the awards table in the center of the field **after** all of them have finished competition or at the conclusion of the meet .
5. Coaches/teams will be given 2 copies of the program. Additional copies may be purchased at the awards table in the center of the field.
6. Coaches and athletes are reminded that if an athlete competes in the Frosh-Soph Division on Friday evening, he may not compete in any Varsity events on Saturday.
7. Because of the large numbers of field event athletes, contestants will be subject to the 1 minute rule (athletes must begin their attempt and complete their effort within 1 minute of being called, except for the pole vault, which is 1 1/2 minutes).
8. As stated in the entry instructions, the following events have minimum measurement standards for **Saturday Only:**

<u>EVENT</u>	<u>BOYS</u>	<u>GIRLS</u>
Long Jump	16 ft	13 ft
Triple Jump	35 ft.	27 ft.
Shot Put	34 ft.	25 ft.
Discus	115 ft.	80 ft.

9. **REMEMBER—ONLY 1/4 " SPIKES CAN BE USED.**
10. Timing is recorded to the 1/100th of a second to avoid "ties" within or across heats. All sections are finals—there are no heats for later finals.
11. If any problems develop, please see one of the meet directors: (WVC Track & Field Staff)
12. The no false start rule will be enforced in all races.
13. **NO ADDITIONS ARE ALLOWED.** Substitutions will be allowed if made before the meet begins.

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 16 Varsity Boys 400 Meter Int Hurdles

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	424	McGowan, Guy	11	Leigh High School	38.80
2	1141	Hocker, Thomas	11	Silver Creek High School	39.40
3	1251	Hall, Brendan	12	St. Ignatius High School	40.50
4	752	Beaver, Marlon	11	Newark Memorial High	40.60
5	903	Carrasco, Efraine	12	Overfelt High School	40.70
6	92	Clark, Justin	12	Bellarmino College Prep.	40.81
7	1402	Paredes, Rico	11	Yerba Buena High School	40.90
8	798	Flores, Eric	11	North Monterey County	41.00
9	591	Chaung, James	11	Lynbrook High School	41.56
10	1387	Apalla, Jason	11	Yerba Buena High School	41.90
11	1277	Lordeaux, Joe	11	St. Ignatius High School	42.60
12	132	Schloetter, Joe	12	Bellarmino College Prep.	42.60
13	82	Arroyo, Renaldo	12	Bellarmino College Prep.	43.00
14	364	MacKay, Brian	11	Irvington High School	43.01
15	117	Meehan, Mike	12	Bellarmino College Prep.	43.50
16	558	Bseiso, Feras	12	Lowell High School	43.80
17	824	Nuno, Victor	12	North Monterey County	44.00
18	920	Sturges, Brian	11	Pioneer High School	44.60
19	301	Coleman, Kenny	11	Gunn High School	45.00
20	562	Chou, Eddy	12	Lowell High School	45.40
21	481	Fraser, Dustin	11	Live Oak High School	46.00
22	480	De La Pena, Brian	12	Live Oak High School	46.50
23	878	Canela, Rigo	09	Oak Grove High School	47.20
24	13	Friel, Jon	11	Aptos High School	47.90
25	8	Earl, Dent	12	Aptos High School	48.00
26	235	Kuhl, Patrick	12	Gilroy High School	48.00
27	249	Phillips, Brian	12	Gilroy High School	48.00
28	1048	Han, Ward	11	Santa Teresa High School	48.20
29	894	Rios, Adam	12	Oak Grove High School	49.90
30	679	Stepan, Jerry	11	Mission San Jose H.S.	57.70
31	681	Tedrow, Arnold	11	Mission San Jose H.S.	58.00
32	664	Allen, Erik	09	Mission San Jose H.S.	58.10
33	855	Hernandez, Dave	12	North Salinas High School	1:00.10
34	773	Shaw, Dominic	12	Newark Memorial High	1:00.30
35	322	Larson, Brian		Homestead High School	NT
36	63	Medrano, Isaac	12	Archbishop Riordan High	NT
37	327	Morgan, Drew		Homestead High School	NT

PERFORMANCE LIST

Event 17 Varsity Girls 400 Meter Int Hurdles

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	161	King, Carolyn	11	Carondelet High School	44.50
2	418	Cados, Alias	11	Leigh High School	45.20
3	569	Katman, Myesha	12	Lowell High School	45.30
4	801	Gillott, Nikki	11	North Monterey County	46.90
5	772	Santos, Geneefe	11	Newark Memorial High	47.60
6	910	Paterson, Rebecca	12	Overfelt High School	47.70
7	330	Balasso, Alexander	10	Independence High School	48.00
8	884	Gulley, Tamara	09	Oak Grove High School	48.00
9	487	Koenig, Lena	12	Live Oak High School	48.30
10	1319	Weshky, Lara	11	St. Ignatius High School	50.00
11	875	Thodas, Danielle	11	Notre Dame High School	50.17
12	622	Browne, Melissa	10	Menlo-Atherton High	50.70
13	5	Craig, Cami	11	Aptos High School	50.70
14	193	Bigelow, Brigitte	12	Foothill High School	50.90
15	927	Paladino, Dina	11	Presentation High School	51.00
16	871	Musser, Laura	10	Notre Dame High School	51.02
17	159	Kefer, Julie	10	Carondelet High School	51.23
18	1230	Cody, Kate	10	St. Ignatius High School	51.30
19	770	Nowak, Klara	10	Newark Memorial High	51.50
20	1239	Ellis, Sasha	12	St. Ignatius High School	51.70
21	825	O'Sullivan, Kati	10	North Monterey County	51.80
22	296	Alfredson, Erika	11	Gunn High School	52.00
23	551	Segnitz, Zoe	09	Los Gatos High School	52.00
24	1287	Mulder, Ashley	12	St. Ignatius High School	52.10
25	808	Hawkins, Alayne	10	North Monterey County	52.30
26	524	Cohn, Nicki	10	Los Gatos High School	52.50
27	566	Huang, Melinda	12	Lowell High School	52.50
28	302	Dillon, Katie	12	Gunn High School	53.00
29	1240	Elsbernd, Meaghan	12	St. Ignatius High School	53.00
30	929	Sancen, Giselle	10	Presentation High School	53.00
31	1404	Phan, Mai	11	Yerba Buena High School	53.40
32	1265	Kenny, Rose Lynne	12	St. Ignatius High School	54.00
33	1419	Saville, Katrina	10	York High School	54.00
34	264	Young, Rebecca	12	Gilroy High School	54.40
35	26	Phair, Kristen	09	Aptos High School	54.80
36	1416	Mansager, Kari	10	York High School	55.00
37	1305	Sheridan, Regina	11	St. Ignatius High School	55.00
38	930	Stoddart, Stephanie	10	Presentation High School	55.00
39	820	Meyers, Melody	10	North Monterey County	55.80
40	1269	Lanier, Yzette	10	St. Ignatius High School	56.00
41	216	Schmidt, Andrea	10	Foothill High School	56.90
42	1080	Prolo, Laura	11	Saratoga High School	57.00
43	1029	Brockmann, Heidi	12	Santa Cruz High School	1:02.00
44	670	McGraw, Carrie	11	Mission San Jose H.S.	1:02.20
45	668	Lane, Marla	11	Mission San Jose H.S.	1:03.00
46	674	O'Conner, Lisa	17	Mission San Jose H.S.	1:04.00
47	512	Leung, Jessica	10	Los Altos High School	1:05.00
48	756	Castro, Liz	11	Newark Memorial High	1:09.70
49	931	Ciagmilla, Christy	10	Prospect High School	NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 18 Varsity Boys 4x1600 Meter Relay

RANK	REL #	RELAY	AFFILIATION	SEED TIME
====	=====	=====	=====	=====
		NEVU."A"	Nevada Union High School	17:45.00
1		MISJ "A"	Mission San Jose H.S.	17:55.00
2		SERR "A"	Serra High School	17:58.00
3		SKYL "A"	Skyline High School	18:20.00
4		STFR "A"	St. Francis High School	18:30.00
5		WATS "A"	Watsonville High School	18:36.00
6		STIG "A"	St. Ignatius High School	18:40.00
7		LELA "A"	Leland High School	18:50.00
8		LOSA "A"	Los Altos High School	19:10.00
9		YORK "A"	York High School	19:10.00
10		NMC "A"	North Monterey County	19:15.00
11		LOWE "A"	Lowell High School	19:20.00
12		INDE "A"	Independence High School	19:25.00
13		OVER "A"	Overfelt High School	19:25.00
14		BELL "A"	Bellarmino College Prep.	19:30.00
15		SARA "A"	Saratoga High School	20:00.00
16		MTRY "A"	Monterey High School	20:38.00
17		OAKG "A"	Oak Grove High School	21:00.00
18		HOME "A"	Homestead High School	NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 53 Varsity Girls 4x1600 Meter Relay

RANK	REL #	RELAY	AFFILIATION	SEED TIME
====	=====	=====	=====	=====
1		NMC "A"	North Monterey County	20:04.00
2		CARO "A"	Carondelet High School	20:41.00
3		LOWE "A"	Lowell High School	21:35.00
4		STIG "A"	St. Ignatius High School	22:00.00
5		LOSG "A"	Los Gatos High School	22:30.00
6		IRVI "A"	Irvington High School	22:40.00
7		OVER "A"	Overfelt High School	23:00.00
8		LOWE "B"	Lowell High School	23:20.00
9		CARO "B"	Carondelet High School	24:40.00
10		INDE "A"	Independence High School	26:30.00

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 19 Varsity Boys 4x100 Meter Relay

RANK	REL #	RELAY	AFFILIATION	SEED TIME
====	=====	=====	=====	=====
1		GUND "A"	Gunderson High School	43.00
2		OAKG "A"	Oak Grove High School	43.00
3		MENA "A"	Menlo-Atherton High	43.20
4		MILP "A"	Milpitas High School	43.20
5		YERB "A"	Yerba Buena High School	43.20
6		WILC "A"	Wilcox High School	43.50
7		RIOR "A"	Archbishop Riordan High	43.60
8		GUNN "A"	Gunn High School	43.60
9		NMC "A"	North Monterey County	43.70
10		STFR "A"	St. Francis High School	43.70
11		MISJ "A"	Mission San Jose H.S.	43.80
12		NEWA "A"	Newark Memorial High	43.80
13		BELL "A"	Bellarmino College Prep.	44.00
14		STIG "A"	St. Ignatius High School	44.00
15		DELM "A"	Del Mar High School	44.40
16		ARAG "A"	Aragon High School	44.80
17		INDE "A"	Independence High School	44.80
18		OVER "A"	Overfelt High School	44.80
19		GONZ "A"	Gonzales High School	44.90
20		LEIG "A"	Leigh High School	45.00
21		LYNB "A"	Lynbrook High School	45.00
22		MONT "A"	Monta Vista High School	45.00
23		MTPL "A"	Mount Pleasant H.S.	45.00
24		SANM "A"	San Mateo High School	45.00
25		SARA "A"	Saratoga High School	45.00
26		LELA "A"	Leland High School	45.30
27		SANL "A"	San Lorenzo Valley H.S.	45.40
28		SANJ "A"	San Jose High Academy	45.60
29		LOWE "A"	Lowell High School	45.64
30		LIVE "A"	Live Oak High School	45.80
31		MENL "A"	Menlo High School	46.00
32		SACL "A"	Santa Clara High School	46.20
33		SACR "A"	Santa Cruz High School	47.10
34		FOOT "A"	Foothill High School	47.80
35		LINC "A"	Lincoln High School	48.07
36		SATE "A"	Santa Teresa High School	49.50
37		GILR "A"	Gilroy High School	NT
38		PROS "A"	Prospect High School	NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 20 Varsity Girls 4x100 Meter Relay

RANK	REL #	RELAY	AFFILIATION	SEED TIME
====	=====	=====	=====	=====
1		PROS "A"	Prospect High School	49.03
2		GILR "A"	Gilroy High School	49.70
3		STIG "A"	St. Ignatius High School	49.80
4		LEIG "A"	Leigh High School	49.83
5		MILP "A"	Milpitas High School	50.36
6		SILV "A"	Silver Creek High School	50.43
7		CARO "A"	Carondelet High School	50.48
8		WILC "A"	Wilcox High School	50.80
9		INDE "A"	Independence High School	51.20
10		NEWA "A"	Newark Memorial High	51.20
11		NSAL "A"	North Salinas High School	51.30
12		NMC "A"	North Monterey County	51.70
13		MTPL "A"	Mount Pleasant H.S.	51.90
14		LOSG "A"	Los Gatos High School	52.00
15		LINC "A"	Lincoln High School	52.06
16		MISJ "A"	Mission San Jose H.S.	52.30
17		LOSA "A"	Los Altos High School	52.40
18		APTS "A"	Aptos High School	52.56
19		OVER "A"	Overfelt High School	52.80
20		GUNN "A"	Gunn High School	53.00
21		IRVI "A"	Irvington High School	53.10
22		STIG "B"	St. Ignatius High School	53.10
23		SANJ "A"	San Jose High Academy	53.20
24		SANL "A"	San Lorenzo Valley H.S.	53.30
25		SEQU "A"	Sequoia High School	53.60
26		FOOT "A"	Foothill High School	53.80
27		STIG "C"	St. Ignatius High School	53.80
28		NORT "A"	Notre Dame High School	53.98
29		LYNB "A"	Lynbrook High School	54.00
30		SACR "A"	Santa Cruz High School	54.00
31		SATE "A"	Santa Teresa High School	54.10
32		SARA "A"	Saratoga High School	54.20
33		STIG "D"	St. Ignatius High School	54.20
34		SALO "A"	San Lorenzo High School	55.00
35		WEST "A"	Westmont High School	55.10
36		DELM "A"	Del Mar High School	55.70
37		SANM "A"	San Mateo High School	56.90
38		SACL "A"	Santa Clara High School	1:00.30
39		OAKG "A"	Oak Grove High School	NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 21 Varsity Boys 1,500 Meter Run

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	440	Piellusch, Nick	12	Leland High School	4:10.00
2	956	Chavez, Cuco	11	San Benito High School	4:11.00
3	441	Piellusch, Zack	12	Leland High School	4:12.00
4	680	Stevens, Jon	11	Mission San Jose H.S.	4:14.00
5	1078	Nothhaft, Hank	12	Saratoga High School	4:18.00
6	1366	Woodruff, David	12	Wilcox High School	4:18.00
7	1345	Albe, Paul	11	Wilcox High School	4:20.00
8	108	Knapp, Chris	11	Bellarmine College Prep.	4:24.00
9	1135	Balderas, Leo	11	Silver Creek High School	4:25.00
10	522	Carter, Peter	12	Los Gatos High School	4:25.00
11	619	Keck, Martin	11	Menlo High School	4:25.00
12	291	Strout, Ryan	11	Gunderson High School	4:25.00
13	500	Martin, Nathan	11	Livermore High School	4:27.00
14	1282	McDonagh, Neil	09	St. Ignatius High School	4:27.70
15	24	Passanisi, Gary	11	Aptos High School	4:27.70
16	733	Gonzalez, Oscar	11	Mount Pleasant H.S.	4:28.00
17	57	Arzave, Tony	10	Archbishop Riordan High	4:29.00
18	958	Cortez, Victor	12	San Jose High Academy	4:31.00
19	856	Hulette, Jason	12	North Salinas High School	4:32.10
20	1146	Montes, Juan	11	Silver Creek High School	4:35.00
21	59	Dunn, Jamaal	11	Archbishop Riordan High	4:37.00
22	71	Uribe, Francisco	11	Archbishop Riordan High	4:37.00
23	463	Munoz, Jaime	12	Lincoln High School	4:39.00
24	782	Buenrostro, Jose	11	North Monterey County	4:40.00
25	361	Hess, Tim	12	Irvington High School	4:40.00
26	986	Plummer, Jesse	12	San Lorenzo Valley H.S.	4:40.00
27	65	Rocillo, Archie	11	Archbishop Riordan High	4:40.00
28	993	Vega, Dan	12	San Lorenzo Valley H.S.	4:42.00
29	1113	Cano, Ricardo	11	Serra High School	4:46.00
30	734	Guttierrez, Pablo	11	Mount Pleasant H.S.	4:47.00
31	1041	Adams, Clay	10	Santa Teresa High School	4:48.00
32	133	Seigfried, Mark	12	Bellarmine College Prep.	4:48.00
33	142	Ward, Pat	12	Bellarmine College Prep.	4:53.00
34	1101	Morris, Ryan	11	Sequoia High School	4:57.00
35	9	Eckel, Anthony	11	Aptos High School	5:00.00
36	883	Garrison, Tony	11	Oak Grove High School	5:10.00
37	249	Phillips, Brian	12	Gilroy High School	5:10.00
38	224	Baker, Rob	11	Gilroy High School	5:40.00
39	472	Bettancourt, Jose	10	Live Oak High School	NT
40	478	Cuevas, Ryan	11	Live Oak High School	NT
41	321	Kempo, Matt		Homestead High School	NT
42	486	Koenig, Dan	11	Live Oak High School	NT
43	326	McDowell, Steve		Homestead High School	NT

PERFORMANCE LIST

Event 22 Varsity Girls 1,500 Meter Run

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	1363	Strach, Karen	09	Wilcox High School	2:50.00
2	1081	Rucketts, Anne	10	Saratoga High School	4:55.00
3	1208	Appenrodt, Katie	11	St. Ignatius High School	5:10.00
4	1326	Delaplace, Serena	12	Westmont High School	5:10.00
5	482	Haun, Melanie	09	Live Oak High School	5:10.00
6	77	Jones, Anita	11	Australia	5:10.00
7	563	Chou, Susan	12	Lowell High School	5:13.87
8	1049	Holmquist, Annette	12	Santa Teresa High School	5:17.00
9	49	Portley	11	Aragon High School	5:17.00
10	443	Wong, Minji	11	Leland High School	5:17.00
11	1157	Dixon, Emily	10	Skyline High School	5:18.00
12	435	Kinder, Jen	10	Leland High School	5:19.00
13	365	Martin, Katie	10	Irvington High School	5:19.00
14	1204	Abbene, Kate	09	St. Ignatius High School	5:22.00
15	531	Fishback, Jeanne	12	Los Gatos High School	5:23.00
16	519	Biber-Ferro, Lina	11	Los Gatos High School	5:24.00
17	1274	Libien, Stephanie	12	St. Ignatius High School	5:25.00
18	614	Coghlan, Monica	10	Menlo High School	5:30.00
19	944	Yoshihara, Mariko	10	Prospect High School	5:30.00
20	149	Carrillo, Ginaea	12	Carondelet High School	5:31.00
21	157	Hart, Kristen	11	Carondelet High School	5:32.00
22	409	Martinez, Ana Lilia	11	King City High School	5:33.00
23	1158	Garcia, Stephanie	11	Skyline High School	5:36.00
24	534	High, Sarah	11	Los Gatos High School	5:39.00
25	1348	Browne, Michelle	12	Wilcox High School	5:40.00
26	1350	Byrne, Christy	12	Wilcox High School	5:40.00
27	1328	Doyle, Claire	10	Westmont High School	5:40.00
28	865	Ferrigno, Robyn	10	Notre Dame High School	5:40.00
29	938	Kniskern, Laura	09	Prospect High School	5:40.00
30	211	Newton, Megan	09	Foothill High School	5:40.00
31	1281	Marevech, Lauren	09	St. Ignatius High School	5:42.00
32	308	Nadaner, Jenny	11	Gunn High School	5:42.00
33	650	Nebeker, Kim	10	Milpitas High School	5:42.00
34	179	Havner, Beverly	09	Del Mar High School	5:44.10
35	305	Kazakwa, Katya	11	Gunn High School	5:45.00
36	940	Pinn, Bev	12	Prospect High School	5:45.00
37	1302	Rodgers, Tara	10	St. Ignatius High School	5:45.00
38	30	Silva, Monique	09	Aptos High School	5:46.20
39	1206	Anderson, Courtney	10	St. Ignatius High School	5:48.00
40	1290	Nejasmich, Katie	09	St. Ignatius High School	5:48.00
41	730	Emmett, Carolyn	12	Mount Pleasant H.S.	5:50.00
42	955	Tunstall, Jen	11	Salinas High School	5:50.40
43	1311	Strickfadden, Jennifer	09	St. Ignatius High School	5:53.00
44	999	Christensen, Lisa	12	Santa Clara High School	5:55.00
45	1213	Bevel, Dominique	09	St. Ignatius High School	5:56.00
46	1235	Devencenzi, Michelle	11	St. Ignatius High School	5:57.00
47	981	Burnhart, Elizabeth	09	San Lorenzo Valley H.S.	5:58.00
48	1221	Cardona, Monica	11	St. Ignatius High School	5:59.50
49	288	Smith, Alia	09	Gunderson High School	6:00.00

West Valley College, Saratoga, California - Thu 03/28/96 to Fri 03/29/96

PERFORMANCE LIST

Event 22 Varsity Girls 1,500 Meter Run (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
50	1371	Bastian, Shannon	12	Willow Glen High School	6:15.00
51	342	Huynh, Phuons	11	Independence High School	6:15.00
52	1229	Clisham, Justin	12	St. Ignatius High School	6:20.00
53	1300	Ribera, Debbie	12	St. Ignatius High School	6:20.00
54	1261	Hughes, Erin	09	St. Ignatius High School	6:30.00
55	1006	Kaura, Sherry	09	Santa Clara High School	6:40.00
56	353	Sanchez, Lorraine	11	Independence High School	6:45.00
57	934	Giles, Elizabeth	09	Prospect High School	NT
58	320	Johnson, Pam		Homestead High School	NT
59	496	Tinnerno, Trish	12	Live Oak High School	NT

PERFORMANCE LIST

Event 23 Varsity Boys 100 Meter Dash

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	1349	Bryant, Aaron	11	Wilcox High School		10.73
2	112	LeBlanc, Casey	11	Bellarmino College Prep.		10.80
3	896	Slaton, Kenny	12	Oak Grove High School		10.87
4	849	Vinit, Chris	12	North Monterey County		10.90
5	75	Eamer, Ryan	11	Australia		11.00
6	275	Harris, Laurent	11	Gunderson High School		11.00
7	627	Julian, James	12	Menlo-Atherton High		11.00
8	887	Martin, Rossi	12	Oak Grove High School		11.00
9	888	Nikish, Eric	11	Oak Grove High School		11.00
10	673	Nunez, Danny	11	Mission San Jose H.S.		11.00
11	662	White, Jason	12	Milpitas High School		11.00
12	178	Harris, Steve	12	Del Mar High School		11.08
13	1396	Nealy, Mike	12	Yerba Buena High School		11.09
14	87	Brown, Dinari	11	Bellarmino College Prep.		11.10
15	1063	Carroll, Brian	12	Saratoga High School		11.10
16	241	Orlando, Brandon	11	Gilroy High School		11.10
17	626	Hathorne, Clayton	10	Menlo-Atherton High		11.20
18	628	Kennedy-Murrell, Kyle	10	Menlo-Atherton High		11.20
19	344	Madu, Bobby	11	Independence High School		11.20
20	959	Silva, Erica	11	San Jose High Academy		11.20
21	1408	Stone, Glen	11	Yerba Buena High School		11.20
22	659	Tran, Phan	11	Milpitas High School		11.20
23	850	Adams, David	12	North Salinas High School		11.21
24	1005	Hord, Nick	10	Santa Clara High School		11.28
25	1224	Castro, Chris	11	St. Ignatius High School		11.30
26	299	Chang, Nick	12	Gunn High School		11.30
27	715	Dorsey, Perry	12	Monterey High School		11.30
28	1174	Elliott, Spencer	12	St. Francis High School		11.30
29	176	Gillespie, Coby	12	Del Mar High School		11.30
30	341	Hum, Transom	11	Independence High School		11.30
31	1199	Tanforan, John	12	St. Francis High School		11.30
32	371	Zmolek, Matt	11	Irvington High School		11.30
33	98	Fagalde, Aaron	12	Bellarmino College Prep.		11.40
34	483	Jew, Gary	12	Live Oak High School		11.40
35	45	Mathews, Aaron	11	Aragon High School		11.40
36	61	Kouostas, Carlos	11	Archbishop Riordan High		11.44
37	644	Flowers, Dawalar	11	Milpitas High School		11.50
38	1001	Gianotti, Tony	11	Santa Clara High School		11.50
39	731	Giany, Vinh	11	Mount Pleasant H.S.		11.50
40	1330	Haynes, Donnie	12	Westmont High School		11.50
41	1276	Lishansky, Max	12	St. Ignatius High School		11.50
42	79	Logan, Trent	11	Australia		11.50
43	1196	Rees, Tom	11	St. Francis High School		11.50
44	250	Rendon, Daniel	11	Gilroy High School		11.50
45	741	Reyes, Francisco	12	Mount Pleasant H.S.		11.50
46	474	Burnett, Lynn	09	Live Oak High School		11.60
47	172	Crockett, Arthur	10	Del Mar High School		11.60
48	807	Haralson, Sadik	11	North Monterey County		11.60
49	541	Lehnert, Justiin	11	Los Gatos High School		11.60

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 23 Varsity Boys 100 Meter Dash (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
50	493	Powell, C.J.	11	Live Oak High School	11.60
51	608	Tung, Nick	11	Lynbrook High School	11.60
52	977	Woods, Dawan	12	San Lorenzo High School	11.69
53	804	Grisham, Chris	11	North Monterey County	11.70
54	718	Logan, Harvey	12	Monterey High School	11.70
55	948	McLaughlin, Marlon	10	Salinas High School	11.70
56	492	Porras, Jon-Michael	11	Live Oak High School	11.70
57	1367	Wyatt, David	11	Wilcox High School	11.70
58	752	Beaver, Marlon	11	Newark Memorial High	11.80
59	918	Miksch, Ryan	11	Pioneer High School	11.80
60	242	Osaki, James	11	Gilroy High School	11.80
61	1016	Ruano, Francisco	11	Santa Clara High School	11.80
62	1362	Simmons, Brandon	9	Wilcox High School	11.80
63	916	Carrerow, Abel	11	Pioneer High School	11.90
64	447	Carter, Deshawn	11	Lincoln High School	11.90
65	6	Daley, PJ	11	Aptos High School	11.90
66	966	Hicks, Mark	11	San Lorenzo High School	11.90
67	1126	Rhodes, Anthony	11	Serra High School	11.95
68	1030	Cardoza, Jason	12	Santa Cruz High School	12.00
69	489	Marello, Mark	11	Live Oak High School	12.00
70	1036	Masamari, Tyler	12	Santa Cruz High School	12.00
71	11	Felder, Anthony	11	Aptos High School	12.10
72	1047	Delisle, Paul	10	Santa Teresa High School	12.20
73	207	McCrary, Paul	12	Foothill High School	12.20
74	198	Ford, Jif	11	Foothill High School	12.40
75	204	Leach, Ryan	11	Foothill High School	12.70
76	1057	Young, Scott	10	Santa Teresa High School	12.80
77	325	Mack, Donte	10	Homestead High School	NT

PERFORMANCE LIST

Event 24 Varsity Girls 100 Meter Dash

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	600	Mehta, Pova	10	Lynbrook High School		12.10
2	254	Smith, Enjoli	12	Gilroy High School		12.10
3	678	Smith, Stephanie	10	Mission San Jose H.S.		12.10
4	455	Hess, Tracy	10	Lincoln High School		12.20
5	968	Margain, Aisha	09	San Lorenzo High School		12.20
6	970	McCullum, Annita	10	San Lorenzo High School		12.20
7	351	Osoka, Oriaka	11	Independence High School		12.20
8	750	Chan, Christine	12	Mountain View High		12.46
9	1318	Washinton, Jasmine	10	St. Ignatius High School		12.46
10	861	Roseby, Sah-nee	09	North Salinas High School		12.47
11	736	King, Nicole	11	Mount Pleasant H.S.		12.50
12	957	Ostoja, Kristie	11	San Benito High School		12.50
13	510	Hypolite, Adrienne	12	Los Altos High School		12.60
14	335	Farrales, Adreine	09	Independence High School		12.70
15	621	Pogve, Nikki	10	Menlo High School		12.70
16	762	Hildago, Holly	09	Newark Memorial High		12.80
17	1270	Lapping, Erin	10	St. Ignatius High School		12.80
18	651	Onafre, Charlene	11	Milpitas High School		12.80
19	1365	Webb, Tenesha	10	Wilcox High School		12.80
20	529	Falkenhagen, Kathy	10	Los Gatos High School		12.90
21	616	Gavdiani, Carolyn	11	Menlo High School		12.90
22	884	Gulley, Tamara	09	Oak Grove High School		12.90
23	542	Leis, Karisse	09	Los Gatos High School		12.90
24	438	Leitner, Jenn	12	Leland High School		12.90
25	843	Taylor, Amber	10	North Monterey County		12.90
26	1331	Herrera, Stephanie	11	Westmont High School		13.00
27	1354	Matthews, Cassandra	11	Wilcox High School		13.00
28	1360	Powers, Lashana	12	Wilcox High School		13.00
29	454	Hess, Sara	10	Lincoln High School		13.10
30	739	Phan, Marisa	12	Mount Pleasant H.S.		13.10
31	746	Staudienin, Cory	12	Mount Pleasant H.S.		13.10
32	456	Hess, Valerie	10	Lincoln High School		13.20
33	1275	Lipton, Erica	10	St. Ignatius High School		13.20
34	1107	Trussulevich, Anzelika	10	Sequoia High School		13.20
35	1386	Aileen, Le	10	Yerba Buena High School		13.30
36	1340	Rogers, Danielle	11	Westmont High School		13.30
37	1309	Stahl, Sara	10	St. Ignatius High School		13.30
38	869	Marshall, Jessica	24	Notre Dame High School		13.36
39	1347	Barnhill, Sabrina	11	Wilcox High School		13.40
40	832	Schlothaver, Shannon	09	North Monterey County		13.40
41	706	Stager, Jamie	10	Monta Vista High School		13.40
42	660	Watson, Amanda	10	Milpitas High School		13.40
43	21	McDonald, Erin	12	Aptos High School		13.41
44	1073	Lin, Devin	11	Saratoga High School		13.50
45	890	Pendelton, Pam	11	Oak Grove High School		13.50
46	950	Rogers, Starr	09	Salinas High School		13.50
47	166	Tartaro, Lea	10	Carondelet High School		13.50
48	1040	Wilson, Michelle	12	Santa Cruz High School		13.50
49	14	Gonzalez, Alexis	10	Aptos High School		13.51

PERFORMANCE LIST

Event 24 Varsity Girls 100 Meter Dash (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
50	1087	Aroyan, lin	11	Sequoia High School	13.60
51	640	Brown, Angelica	09	Milpitas High School	13.60
52	195	Dullien, Jackie	10	Foothill High School	13.60
53	688	Fitzgerald, Brie	12	Monta Vista High School	13.60
54	947	Foxworthy, Stacie	10	Salinas High School	13.60
55	1086	Anderson, Lauren	09	Sequoia High School	13.70
56	1342	Tran, Kim	09	Westmont High School	13.70
57	1060	Behnke, Camille	10	Saratoga High School	13.80
58	1062	Brenboum, Laura	09	Saratoga High School	13.80
59	1051	Mayo, Lena	10	Santa Teresa High School	13.80
60	213	Peth, Karissa	09	Foothill High School	13.80
61	1014	Rich, Sarah	10	Santa Clara High School	13.80
62	1039	Sprovle, Josie	12	Santa Cruz High School	13.80
63	1297	Pendergast, Natasha	09	St. Ignatius High School	13.90
64	1104	Sherman, Monique	09	Sequoia High School	13.90
65	1020	Thompson, Cheryl	09	Santa Clara High School	13.90
66	1259	Hosea, Jessica	09	St. Ignatius High School	14.00
67	969	McClare, Miesha	10	San Lorenzo High School	14.00
68	1054	Rodriguez, Miranda	09	Santa Teresa High School	14.00
69	1026	Wheeler, Tanya	09	Santa Clara High School	14.00
70	976	William, Nicole	12	San Lorenzo High School	14.00
71	1273	Lemug, Patricia	09	St. Ignatius High School	14.10
72	1008	Lewis, Nikki	10	Santa Clara High School	14.10
73	1238	Driscoll, Erin	09	St. Ignatius High School	14.20
74	1102	Nunn, Precious	09	Sequoia High School	14.20
75	1207	Appah, Alexander	09	St. Ignatius High School	14.30
76	1011	Mitchell, Jessica	11	Santa Clara High School	14.30
77	1315	Urquilla, Rebecca	09	St. Ignatius High School	14.40
78	1215	Breen, Annie	09	St. Ignatius High School	14.50
79	1209	Balsham, Casey	09	St. Ignatius High School	14.60
80	1214	Beyer, Claire	10	St. Ignatius High School	14.60
81	1286	Moriarty, Stephanie	09	St. Ignatius High School	14.60
82	1310	Strain, Jennifer	10	St. Ignatius High School	14.60
83	1217	Bruce, Marissa	09	St. Ignatius High School	14.70
84	1292	O'Laughlin, Beth	09	St. Ignatius High School	14.70
85	1252	Handy, Shannon	10	St. Ignatius High School	14.80
86	1322	Wright, Annie	09	St. Ignatius High School	14.80
87	1212	Berry, Celeste	09	St. Ignatius High School	14.90
88	1301	Rivera, Franchesca	10	St. Ignatius High School	14.90
89	1306	Shimomura, Melody	09	St. Ignatius High School	14.90
90	1312	Sullivan, Susanne	10	St. Ignatius High School	14.90
91	922	Callahan, Brianna	09	Presentation High School	17.00
92	15	Gordon, Natasha	10	Aptos High School	17.70
93	1230	Cody, Kate	10	St. Ignatius High School	17.90
94	1404	Phan, Mai	11	Yerba Buena High School	18.70
95	1411	Tran, Thuy	11	Yerba Buena High School	19.60
96	1313	Tan, Mary JoAnne	09	St. Ignatius High School	19.80
97	423	McGowan, Cindy	10	Leigh High School	45.20
98	323	Levitz, Dena		Homestead High School	NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 26 Varsity Girls 100 Meter High Hurdles

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	1246	Givliani, Gabriels	10	St. Ignatius High School	13.00
2	1020	Thompson, Cheryl	09	Santa Clara High School	14.40
3	851	Allen, Tamisha	12	North Salinas High School	14.64
4	884	Gulley, Tamara	09	Oak Grove High School	15.00
5	615	Craig, Damesha	12	Menlo High School	15.20
6	507	Downey, Stephanie	12	Los Altos High School	15.40
7	670	McGraw, Carrie	11	Mission San Jose H.S.	15.40
8	1082	Teerlink, Taylor	09	Saratoga High School	15.70
9	334	Dillard, Monique	10	Independence High School	15.80
10	668	Lane, Marla	11	Mission San Jose H.S.	15.80
11	271	Diaz, Maria	11	Gunderson High School	15.95
12	161	King, Carolyn	11	Carondelet High School	16.00
13	423	McGowan, Cindy	10	Leigh High School	16.00
14	661	Watson, Kelly	13	Milpitas High School	16.00
15	801	Gillott, Nikki	11	North Monterey County	16.10
16	691	Greenly, Kelly	11	Monta Vista High School	16.10
17	52	Tyndall, Lindsay	11	Aragon High School	16.20
18	310	Shih, Evelyn	12	Gunn High School	16.40
19	434	Gehman, Lauren	10	Leland High School	16.50
20	167	Terzoul, Laura	10	Carondelet High School	16.80
21	743	Riddel, Cathleen	12	Mount Pleasant H.S.	17.00
22	875	Thodas, Danielle	11	Notre Dame High School	17.01
23	152	Dawson, Clarice	10	Carondelet High School	17.10
24	165	Saunders, Mary	10	Carondelet High School	17.10
25	622	Browne, Melissa	10	Menlo-Atherton High	17.20
26	487	Koenig, Lena	12	Live Oak High School	17.20
27	1332	Hinh, Loan	12	Westmont High School	17.30
28	871	Musser, Laura	10	Notre Dame High School	17.34
29	1080	Prolo, Laura	11	Saratoga High School	17.40
30	524	Cohn, Nicki	10	Los Gatos High School	17.60
31	193	Bigelow, Brigitte	12	Foothill High School	17.67
32	1240	Elsbernd, Meaghan	12	St. Ignatius High School	17.80
33	744	Sarabosring, Louis	11	Mount Pleasant H.S.	17.80
34	747	Towns, Alicia	11	Mount Pleasant H.S.	17.80
35	1333	Hinh, Phung	10	Westmont High School	17.90
36	825	O'Sullivan, Kati	10	North Monterey County	17.90
37	774	Strong-Lacy, Shoshona	11	Newark Memorial High	17.90
38	1319	Weshky, Lara	11	St. Ignatius High School	17.90
39	1029	Brockmann, Heidi	12	Santa Cruz High School	18.00
40	1032	Conerhy, Bridget	12	Santa Cruz High School	18.00
41	264	Young, Rebecca	12	Gilroy High School	18.00
42	1287	Mulder, Ashley	12	St. Ignatius High School	18.10
43	1265	Kenny, Rose Lynne	12	St. Ignatius High School	18.20
44	1239	Ellis, Sasha	12	St. Ignatius High School	18.30
45	1077	Moon, Jill	12	Saratoga High School	18.30
46	1305	Sheridan, Regina	11	St. Ignatius High School	18.40
47	18	Jaeger, Jen	12	Aptos High School	18.50
48	1269	Lanier, Yzette	10	St. Ignatius High School	18.50
49	808	Hawkins, Alayne	10	North Monterey County	18.80

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 26 Varsity Girls 100 Meter High Hurdles (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
50	973	Schmidt, Stephanie	12	San Lorenzo High School	18.90
51	1209	Balsham, Casey	09	St. Ignatius High School	19.00
52	1223	Caselli, Molly	09	St. Ignatius High School	19.00
53	1257	Herbert, Sarah	09	St. Ignatius High School	19.00
54	234	Kuhl, Kelly	9	Gilroy High School	19.00
55	820	Meyers, Melody	10	North Monterey County	19.10
56	216	Schmidt, Andrea	10	Foothill High School	19.40
57	1211	Befro, Juliette	10	St. Ignatius High School	20.00
58	1216	Brinck, Mary	09	St. Ignatius High School	21.00
59	1227	Christian, Catherine	09	St. Ignatius High School	21.00
60	931	Ciagmilla, Christy	10	Prospect High School	NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 27 Varsity Boys 110 Meter High Hurdles

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	1154	Watkins, Arend	12	Silver Creek High School	14.30
2	345	Magua, Matua	12	Independence High School	14.70
3	274	Galaviz, Tony	12	Gunderson High School	14.85
4	1251	Hall, Brendan	12	St. Ignatius High School	15.00
5	679	Stepan, Jerry	11	Mission San Jose H.S.	15.00
6	664	Allen, Erik	09	Mission San Jose H.S.	15.20
7	903	Carrasco, Efraine	12	Overfelt High School	15.22
8	1058	Allen, Chad	11	Saratoga High School	15.30
9	424	McGowan, Guy	11	Leigh High School	15.30
10	132	Schloetter, Joe	12	Bellarmino College Prep.	15.40
11	992	Seymour, Derek	12	San Lorenzo Valley H.S.	15.40
12	681	Tedrow, Arnold	11	Mission San Jose H.S.	15.40
13	1110	Barbaria, Rich	12	Serra High School	15.50
14	752	Beaver, Marlon	11	Newark Memorial High	15.50
15	1220	Camara, Mark	12	St. Ignatius High School	15.50
16	632	Oscarson, Adam	10	Menlo-Atherton High	15.50
17	1063	Carroll, Brian	12	Saratoga High School	15.60
18	1242	Fite, Chris	12	St. Ignatius High School	15.60
19	1192	Owen, Mike	12	St. Francis High School	15.60
20	990	Sanderson, Emerson	12	San Lorenzo Valley H.S.	15.60
21	1199	Tanforan, John	12	St. Francis High School	15.60
22	117	Meehan, Mike	12	Bellarmino College Prep.	15.70
23	92	Clark, Justin	12	Bellarmino College Prep.	15.87
24	70	Turner, Jon	11	Archbishop Riordan High	15.91
25	878	Canela, Rigo	09	Oak Grove High School	16.00
26	794	Dupuis, Jason	12	North Monterey County	16.00
27	504	Chen, Mike	10	Los Altos High School	16.10
28	1387	Apalla, Jason	11	Yerba Buena High School	16.14
29	855	Hernandez, Dave	12	North Salinas High School	16.20
30	635	Shepherd, Fred	11	Menlo-Atherton High	16.20
31	518	Ware, Alex	10	Los Altos High School	16.20
32	1402	Paredes, Rico	11	Yerba Buena High School	16.26
33	46	Mathews, Tommy	12	Aragon High School	16.30
34	47	Morrison, Joe	11	Aragon High School	16.40
35	493	Powell, C.J.	11	Live Oak High School	16.40
36	445	Bitcon, Chris		Lincoln High School	16.50
37	953	Seol, John	11	Salinas High School	16.50
38	558	Bseiso, Feras	12	Lowell High School	16.80
39	920	Sturges, Brian	11	Pioneer High School	16.80
40	798	Flores, Eric	11	North Monterey County	17.00
41	481	Fraser, Dustin	11	Live Oak High School	17.00
42	1173	Dickinson, Nick	11	St. Francis High School	17.20
43	946	Do, Tai	11	Salinas High School	17.20
44	307	Lee, John	11	Gunn High School	17.30
45	775	Tebow, Pat	11	Newark Memorial High	17.30
46	787	Clark, Matt	11	North Monterey County	17.50
47	788	Coelho, Brian	11	North Monterey County	17.50
48	721	Mendez, Jimmy	10	Monterey High School	17.70
49	724	Yi, Scott	10	Monterey High School	17.90

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 27 Varsity Boys 110 Meter High Hurdles (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
50	894	Rios, Adam	12	Oak Grove High School	18.00
51	562	Chou, Eddy	12	Lowell High School	18.10
52	28	Sanders, Mike	11	Aptos High School	18.10
53	13	Friel, Jon	11	Aptos High School	19.10
54	974	Siegfried, Robbie	12	San Lorenzo High School	19.90
55	322	Larson, Brian		Homestead High School	NT
56	327	Morgan, Drew		Homestead High School	NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 28 Varsity Boys 1,600 Meter Steeplechase

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	1412	Bilotta, Elijah	12	York High School	4:28.00
2	1156	Dixon, Cory	12	Skyline High School	4:36.00
3	1162	Neal, Travis	12	Skyline High School	4:36.00
4	1418	Perez, Adam	11	York High School	4:39.00
5	857	Mendoza, Jesus	11	North Salinas High School	4:40.00
6	634	Rankin, Brian	11	Menlo-Atherton High	4:40.00
7	1405	Pineda, Jesus	12	Yerba Buena High School	4:48.00
8	1413	Calzetta, Chris	09	York High School	4:50.00
9	1414	Calzetta, J.C.	11	York High School	4:50.00
10	605	Sirohi, Aman	10	Lynbrook High School	4:50.00
11	175	Gil-Palacios, Diego	11	Del Mar High School	4:52.00
12	701	Marcinkawski, Mirek	12	Monta Vista High School	4:53.00
13	686	Decicco, Derrek	12	Monta Vista High School	4:55.00
14	348	Meighan, Mike	12	Independence High School	4:58.00
15	700	Macevicz, Marc	11	Monta Vista High School	4:59.00
16	727	Corona, Juan	12	Mount Pleasant H.S.	5:00.00
17	355	Torres, Oliver	12	Independence High School	5:01.00
18	316	Dines, Tony	10	Half Moon Bay High School	5:02.00
19	1334	Hofman, Tom	11	Westmont High School	5:05.00
20	705	Peachey, Marc	12	Monta Vista High School	5:05.00
21	145	Wulf, Andrew	12	Bellarmino College Prep.	5:05.00
22	702	Montanez, Ken	10	Monta Vista High School	5:10.00
23	1417	McKenna, Eddie	09	York High School	5:15.00
24	1021	Tibebe, Edom	12	Santa Clara High School	5:18.00
25	1000	Collier, Eric	11	Santa Clara High School	5:25.00
26	696	Johnson, Kyle	12	Monta Vista High School	5:30.00
27	900	Worrell, Dan	11	Oak Grove High School	5:30.00
28	1048	Han, Ward	11	Santa Teresa High School	5:50.00
29	813	Jones, Eric	11	North Monterey County	NT
30	328	Seddiqui, Dan		Homestead High School	NT
31	67	Solorzano, Dax	12	Archbishop Riordan High	NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 29 Varsity Boys 800 Meter Run

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	1243	Fitzgibbon, Brendan	12	St. Ignatius High School	1:55.50
2	1352	Jason, Adkins	12	Wilcox High School	1:56.00
3	1254	Hanson, Brad	12	St. Ignatius High School	1:57.60
4	733	Gonzalez, Oscar	11	Mount Pleasant H.S.	1:58.00
5	229	Green, Jacob	12	Gilroy High School	1:58.10
6	522	Carter, Peter	12	Los Gatos High School	1:58.30
7	284	Morgan, Wes	11	Gunderson High School	1:58.50
	1201	Tucker, Adam	11	St. Francis High School	1:58.06
8	1329	Guina, Trevor	12	Westmont High School	1:58.70
9	675	Ostler, Drew	12	Mission San Jose H.S.	1:59.00
10	501	Ricard, Tim	12	Livermore High School	1:59.00
11	972	Privat, Martin	12	San Lorenzo High School	1:59.06
	1203	Woodhead, Dan	12	St. Francis High School	1:59.10
12	914	Rudolph, Jason	12	Palo Alto High School	2:00.50
13	287	Rastler, Eric	12	Gunderson High School	2:00.70
14	371	Zmolek, Matt	11	Irvington High School	2:01.00
15	951	Sapird, Clint	12	Salinas High School	2:01.20
16	1135	Balderas, Leo	11	Silver Creek High School	2:02.00
17	846	Trujillo, Temo	11	North Monterey County	2:02.80
18	298	Carson, Brian	12	Gunn High School	2:03.00
	1180	Hodgin, Dan	12	St. Francis High School	2:02.90
19	441	Piellusch, Zack	12	Leland High School	2:03.00
20	1116	Dimaggio, Ron	12	Serra High School	2:03.90
21	1378	Garcia, Mario	11	Willow Glen High School	2:04.00
22	1161	McGee, Hasan	11	Skyline High School	2:04.00
23	314	Zhang, Yisha	11	Gunn High School	2:04.00
24	1369	Alexander, David	12	Willow Glen High School	2:05.00
25	729	Dehayos, John	11	Mount Pleasant H.S.	2:05.00
26	99	Ghejan, Cyrus	12	Bellarmine College Prep.	2:05.00
27	1260	Huddleston, James	10	St. Ignatius High School	2:05.00
28	1155	Delgado, Joaquin	12	Skyline High School	2:06.00
29	666	Giovanola, Eric	12	Mission San Jose H.S.	2:06.00
30	806	Hammermaster, erik	12	North Monterey County	2:06.00
31	949	Mitchell, Mark	11	Salinas High School	2:06.10
32	625	Grant, Tyler	11	Menlo-Atherton High	2:07.00
33	350	Nguyen, Duke	12	Independence High School	2:08.00
34	581	Reichandt, Ben	11	Lowell High School	2:08.00
35	629	Lewis, Blake	10	Menlo-Atherton High	2:09.00
36	1101	Morris, Ryan	11	Sequoia High School	2:09.00
37	1345	Albe, Paul	11	Wilcox High School	2:10.00
38	425	Miller, Craig	11	Leigh High School	2:10.00
39	1356	Morgan, Tim	11	Wilcox High School	2:10.00
40	1024	Villegas, James	10	Santa Clara High School	2:10.00
41	1366	Woodruff, David	12	Wilcox High School	2:10.00
42	283	Macas, Michael John	11	Gunderson High School	2:10.10
43	995	Bryant, Dave	11	Santa Clara High School	2:11.00
44	347	Meht, Harninder	12	Independence High School	2:11.00
45	829	Riley, James	11	North Monterey County	2:11.00
46	613	Brawnstein, Shane	11	Menlo High School	2:12.00

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 29 Varsity Boys 800 Meter Run (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
47	1015	Riojas, Seth	11	Santa Clara High School	2:12.00
48	355	Torres, Oliver	12	Independence High School	2:14.00
49	1353	Lopez, Jorge	10	Wilcox High School	2:15.00
50	889	Patton, Josh	11	Oak Grove High School	2:15.00
51	1022	Todaro, Anthony	12	Santa Clara High School	2:15.00
52	219	Yount, Shawn	12	Foothill High School	2:15.00
53	1044	Conroy, Devin	11	Santa Teresa High School	2:18.00
54	1160	Joe, Jeremy	10	Skyline High School	2:18.00
55	1094	Hughey, Jason	11	Sequoia High School	2:19.00
56	606	Tso, Geoffrey	12	Lynbrook High School	2:19.00
57	593	Gray, Darren	11	Lynbrook High School	2:20.00
58	602	Ngyen, Trung	11	Lynbrook High School	2:21.00
59	594	Heimlich, Nick	12	Lynbrook High School	2:22.00
60	1109	Williams, Darnell	12	Sequoia High School	2:22.00
61	1042	Ayala, David	10	Santa Teresa High School	2:31.00
62	472	Bettancourt, Jose	10	Live Oak High School	NT
63	478	Cuevas, Ryan	11	Live Oak High School	NT
64	486	Koenig, Dan	11	Live Oak High School	NT
65	490	Mitchell, Robin	09	Live Oak High School	NT
66	1146	Montes, Juan	11	Silver Creek High School	NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 30 Varsity Girls 800 Meter Run

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	519	Biber-Ferro, Lina	11	Los Gatos High School	2:20.00
2	523	Chavez, Stephanie	12	Los Gatos High School	2:20.00
3	759	Cuthbert, Denice	10	Newark Memorial High	2:20.00
4	671	Neloechea, Amanda	11	Mission San Jose H.S.	2:20.00
5	792	Denley, Briana	12	North Monterey County	2:20.80
6	768	Ludtke, Sunny	10	Newark Memorial High	2:21.00
7	148	Andrade, Megan	10	Carondelet High School	2:22.00
8	426	Page, Melody	11	Leigh High School	2:22.00
9	913	Kihara, April	10	Palo Alto High School	2:22.40
10	482	Haun, Melanie	09	Live Oak High School	2:23.00
11	540	Lapine, Amy	10	Los Gatos High School	2:23.00
12	1052	McPherson, Loraine	11	Santa Teresa High School	2:23.00
13	360	Hess, Laura	11	Irvington High School	2:25.00
14	531	Fishback, Jeanne	12	Los Gatos High School	2:26.00
15	944	Yoshihara, Mariko	10	Prospect High School	2:27.00
16	515	Rippetor, Anne	12	Los Altos High School	2:27.10
17	1204	Abbene, Kate	09	St. Ignatius High School	2:28.00
18	941	Prehn, Alison	10	Prospect High School	2:28.00
19	369	Shaw, Chantel	09	Irvington High School	2:28.00
20	989	Sanders, Kelly	11	San Lorenzo Valley H.S.	2:29.00
21	1290	Nejasmich, Katie	09	St. Ignatius High School	2:30.00
22	848	Vielbaum, Amanda	11	North Monterey County	2:30.00
23	431	Werner, Sara	9	Leigh High School	2:30.00
24	443	Wong, Minji	11	Leland High School	2:30.00
25	865	Ferrigno, Robyn	10	Notre Dame High School	2:30.43
26	564	Eap, Sopagna	10	Lowell High School	2:30.50
27	1158	Garcia, Stephanie	11	Skyline High School	2:31.00
28	201	Harland, Jenny	10	Foothill High School	2:31.00
29	924	Firth, Lynn	11	Presentation High School	2:33.00
30	1010	McCrea, Amber	11	Santa Clara High School	2:33.00
31	496	Tinnerno, Trish	12	Live Oak High School	2:33.00
32	189	Pimentel, Lina	10	Del Mar High School	2:33.10
33	580	Price, Emily	12	Lowell High School	2:33.50
34	1093	Hallett, Sarah	10	Sequoia High School	2:34.00
35	30	Silva, Monique	09	Aptos High School	2:34.00
36	556	Sund, Laura	11	Los Gatos High School	2:34.00
37	867	Furnari, Kim	11	Notre Dame High School	2:34.68
38	559	Chan, Lisa	11	Lowell High School	2:34.80
39	1348	Browne, Michelle	12	Wilcox High School	2:35.00
40	1350	Byrne, Christy	12	Wilcox High School	2:35.00
41	338	Garcia, Veronica	11	Independence High School	2:35.00
42	305	Kazakwa, Katya	11	Gunn High School	2:35.00
43	925	Lavelle, Ceci	11	Presentation High School	2:35.00
44	34	Sullivan, Kim	10	Aptos High School	2:35.00
45	1247	Gozman, Casey	10	St. Ignatius High School	2:36.00
46	1266	Kenny, Roselynn	12	St. Ignatius High School	2:36.00
47	211	Newton, Megan	09	Foothill High School	2:36.00
48	1234	DeGozman, Nenita	10	St. Ignatius High School	2:36.40
49	435	Kinder, Jen	10	Leland High School	2:37.00

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 30 Varsity Girls 800 Meter Run (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
50	436	Lee, Cindy	09	Leland High School	2:37.00
51	982	Lanclot, Erica	11	San Lorenzo Valley H.S.	2:38.00
52	928	Ruiz, Julia	11	Presentation High School	2:39.00
53	1300	Ribera, Debbie	12	St. Ignatius High School	2:39.70
54	1159	Heinz, Alaina	11	Skyline High School	2:40.00
55	16	Hernandez, Claudia	10	Aptos High School	2:40.00
56	926	Nunez, Theresa	09	Presentation High School	2:40.00
57	246	Perales, Lizette	10	Gilroy High School	2:40.00
58	1385	Ybarra, Elizabeth	12	Willow Glen High School	2:40.00
59	1164	Tarekegn, Selamawit	10	Skyline High School	2:41.00
60	1163	Ogbu, Akkina	10	Skyline High School	2:42.00
61	1235	Devencenzi, Michelle	11	St. Ignatius High School	2:44.00
62	874	Scott, Kelsey	10	Notre Dame High School	2:44.00
63	1206	Anderson, Courtney	10	St. Ignatius High School	2:45.00
64	1214	Beyer, Claire	10	St. Ignatius High School	2:45.00
65	1237	Donohoe, Meaghan	12	St. Ignatius High School	2:45.00
66	77	Jones, Anita	11	Australia	2:45.00
67	1302	Rodgers, Tara	10	St. Ignatius High School	2:45.00
68	256	Stuenkel, Lisa	11	Gilroy High School	2:45.00
69	430	Villeras, Iris	10	Leigh High School	2:45.00
70	288	Smith, Alia	09	Gunderson High School	2:47.00
71	190	Rendon, Ana Maria	10	Del Mar High School	2:48.30
72	449	Deming, Abby	10	Lincoln High School	2:49.00
73	1311	Strickfadden, Jennifer	09	St. Ignatius High School	2:49.00
74	1281	Marevech, Lauren	09	St. Ignatius High School	2:51.00
75	1337	Johnson, Krista	10	Westmont High School	2:52.00
76	1103	Perez, Esmrna	11	Sequoia High School	2:54.00
77	1213	Bevel, Dominique	09	St. Ignatius High School	2:55.00
78	1221	Cardona, Monica	11	St. Ignatius High School	2:55.00
79	1293	O'Rourke, Sarah	11	St. Ignatius High School	2:55.00
80	1310	Strain, Jennifer	10	St. Ignatius High School	2:55.00
81	1106	Sturken, Cinnamin	12	Sequoia High School	2:55.00
82	446	Brusseau, Andrea	10	Lincoln High School	2:58.00
83	898	Tieu, Uyen	10	Oak Grove High School	3:00.00
84	261	Valladares, Kenia	10	Gilroy High School	3:00.00
85	588	Benck, Katie	10	Lynbrook High School	3:03.00
86	1218	Buick, Sarah	09	St. Ignatius High School	3:05.00
87	1238	Driscoll, Erin	09	St. Ignatius High School	3:05.00
88	1226	Choy, Susanne	10	St. Ignatius High School	3:06.00
89	897	Statkiewicz, Monika	10	Oak Grove High School	3:15.00
90	1229	Clisham, Justin	12	St. Ignatius High School	3:20.00
91	1261	Hughes, Erin	09	St. Ignatius High School	3:20.00

West Valley College, Saratoga, California - FRI 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 51 Varsity Boys 1,200 Mtr Sprint Medley

RANK	REL #	RELAY	AFFILIATION	SEED TIME
=====	=====	=====	=====	=====
1		INDE "A"	Independence High School	1:35.00
2		RIOR "A"	Archbishop Riordan High	1:36.00
3		FOOT "A"	Foothill High School	1:42.30
4		SERR "A"	Serra High School	3:00.00
5		GUND "A"	Gunderson High School	3:10.00
6		LOSG "A"	Los Gatos High School	3:14.00
7		MENA "A"	Menlo-Atherton High	3:31.00
8		WILC "A"	Wilcox High School	3:38.00
9		BELL "A"	Bellarmino College Prep.	3:40.00
10		LELA "A"	Leland High School	3:40.00
11		STIG "A"	St. Ignatius High School	3:40.00
12		SANL "A"	San Lorenzo Valley H.S.	3:42.00
13		WEST "A"	Westmont High School	3:43.00
14		SACR "A"	Santa Cruz High School	3:44.00
15		KING "A"	King City High School	3:45.00
16		SALI "A"	Salinas High School	3:46.80
17		SARA "A"	Saratoga High School	3:48.00
18		MTRY "A"	Monterey High School	3:50.00
19		MILP "A"	Milpitas High School	3:50.10
20		LIVE "A"	Live Oak High School	3:54.10
21		LYNB "A"	Lynbrook High School	3:57.00
22		MENL "A"	Menlo High School	3:57.00
23		OAKG "A"	Oak Grove High School	3:59.00
24		LOWE "A"	Lowell High School	NT
25		NEWA "A"	Newark Memorial High	NT
26		NMC "A"	North Monterey County	NT
27		SACL "A"	Santa Clara High School	NT
28		SATE "A"	Santa Teresa High School	NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 52 Varsity Girls 1,200 Mtr Sprint Medley

RANK	REL #	RELAY	AFFILIATION	SEED TIME
====	=====	=====	=====	=====
1		FOOT "A"	Foothill High School	1:53.60
2		INDE "A"	Independence High School	1:54.90
3		DELM "A"	Del Mar High School	2:00.00
4		LOWE "A"	Lowell High School	3:46.00
5		CARO "A"	Carondelet High School	4:12.00
6		LOSG "A"	Los Gatos High School	4:17.00
7		STIG "A"	St. Ignatius High School	4:18.00
8		CARO "B"	Carondelet High School	4:20.00
9		MONT "A"	Monta Vista High School	4:20.00
10		MILP "A"	Milpitas High School	4:24.00
11		SALO "A"	San Lorenzo High School	4:24.00
12		WILC "A"	Wilcox High School	4:27.00
13		KING "A"	King City High School	4:28.00
14		LYNB "A"	Lynbrook High School	4:32.00
15		SARA "A"	Saratoga High School	4:33.00
16		APTS "A"	Aptos High School	4:34.00
17		SACR "A"	Santa Cruz High School	4:35.00
18		STIG "B"	St. Ignatius High School	4:36.00
19		NORT "A"	Notre Dame High School	4:50.00
20		SALI "A"	Salinas High School	4:51.00
21		OAKG "A"	Oak Grove High School	5:23.00
22		NEWA "A"	Newark Memorial High	NT
23		NMC "A"	North Monterey County	NT
24		PRES "A"	Presentation High School	NT
25		SACL "A"	Santa Clara High School	NT
26		SATE "A"	Santa Teresa High School	NT
27		SEQU "A"	Sequoia High School	NT
28		WEST "A"	Westmont High School	NT

Bob Podkaminer
03/27/97 4:02 AM

West Valley College Relays
21st Annual

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West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

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PERFORMANCE LIST

Event 34 Varsity Boys 5,000 Meter Run

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	500	Martin, Nathan	11	Livermore High School	10:00.00
2	24	Passanisi, Gary	11	Aptos High School	10:00.00
3	1125	Perez, Adam	11	Serra High School	10:00.00
4	677	Rodriguez, Dave	12	Mission San Jose H.S.	10:00.00
5	1289	Mulry, Brian	12	St. Ignatius High School	10:10.00
6	128	Rocha, John	12	Bellarmino College Prep.	10:10.00
7	748	Villavicancio, Javier	11	Mount Pleasant H.S.	10:10.00
8	406	Bravo, Isidro	11	King City High School	10:18.00
9	90	Cadman, Alvin	12	Bellarmino College Prep.	10:20.00
10	543	Martin, Ben	12	Los Gatos High School	10:21.00
11	1405	Pineda, Jesus	12	Yerba Buena High School	10:24.00
12	101	Hall, Bill	11	Bellarmino College Prep.	10:27.00
13	813	Jones, Eric	11	North Monterey County	10:30.00
14	669	Lum, Randy	11	Mission San Jose H.S.	10:30.00
15	130	Sandberg, Andreas	11	Bellarmino College Prep.	10:30.00
16	414	Roque, Jorge	12	King City High School	10:32.00
17	9	Eckel, Anthonty	11	Aptos High School	10:39.00
18	567	Jong, Ritchie	11	Lowell High School	10:40.00
19	115	McAllister, Eric	11	Bellarmino College Prep.	10:40.00
20	1336	Johnson, Greg	11	Westmont High School	10:50.00
21	786	Castillo, Pedro	11	North Monterey County	11:00.00
22	262	Voorhies, Ned	12	Gilroy High School	11:00.00
23	945	Beals, Joey	11	Salinas High School	11:02.00
24	604	Shu, Henry	12	Lynbrook High School	11:58.00
25	592	Fruen, Joseph	11	Lynbrook High School	12:20.00
26	290	Stroup, Ryan	11	Gunderson High School	15:25.00
27	915	Boothe, Adam	12	Pioneer High School	15:41.00
28	280	Leathers, Kevin	11	Gunderson High School	16:00.00
29	919	Prasaud, Hansraj	12	Pioneer High School	17:11.00
30	713	Clavarin, Isreal	11	Monterey High School	NT
31	717	Gutierrez, Edwardo	11	Monterey High School	NT
32	720	McGee, Jason	11	Monterey High School	NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 50 Varsity Girls 5,000 Meter Run

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	77	Jones, Anita	11	Australia	10:30.00
2	1304	Schluter, Marielle	12	St. Ignatius High School	11:01.00
3	624	Glare, Chloe	10	Menlo-Atherton High	11:14.00
4	534	High, Sarah	11	Los Gatos High School	11:22.00
5	365	Martin, Katie	10	Irvington High School	11:23.00
6	1250	Grove, Eileen	12	St. Ignatius High School	11:44.00
7	409	Martinez, Ana Lilia	11	King City High School	11:45.00
8	749	Wiseman, Rachael	12	Mount Pleasant H.S.	12:10.00
9	938	Kniskern, Laura	09	Prospect High School	12:20.00
10	1249	Gross, Carly	12	St. Ignatius High School	12:43.00
11	539	Knudsen, Andi	09	Los Gatos High School	12:55.00
12	587	Wong, Melica	10	Lowell High School	13:00.00
13	780	Briley, Amy	10	North Monterey County	13:10.00
14	232	Jordan, Erin	12	Gilroy High School	13:10.00
15	257	Stuenkel, Lori	10	Gilroy High School	13:10.00
16	637	Ahmad, Sabrina	10	Milpitas High School	13:15.00
17	590	Chan, Stephanie	11	Lynbrook High School	14:00.00
18	699	Low, Lisa	12	Monta Vista High School	14:00.00
19	690	Garrison, Jane	10	Monta Vista High School	14:30.00
20	545	McAleer, Sarah	10	Los Gatos High School	18:56.00
21	485	Knutzen, Nancy	12	Live Oak High School	NT
22	324	Lucido, Mary		Homestead High School	NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 36 Varsity Boys 4x400 Meter Relay

RANK	REL #	RELAY	AFFILIATION	SEED TIME
====	=====	=====	=====	=====
1		GUND "A"	Gunderson High School	3:22.50
2		OAKG "A"	Oak Grove High School	3:24.50
3		RIOR "A"	Archbishop Riordan High	3:26.00
4		GUNN "A"	Gunn High School	3:26.00
5		STIG "A"	St. Ignatius High School	3:26.50
6		STFR "A"	St. Francis High School	3:28.60
7		MILP "A"	Milpitas High School	3:28.70
8		DELM "A"	Del Mar High School	3:29.00
9		INDE "A"	Independence High School	3:29.00
10		NEWA "A"	Newark Memorial High	3:29.10
11		SARA "A"	Saratoga High School	3:30.00
12		NMC "A"	North Monterey County	3:30.10
13		MENA "A"	Menlo-Atherton High	3:31.00
14		BELL "A"	Bellarmino College Prep.	3:32.00
15		SANJ "A"	San Jose High Academy	3:32.60
16		LELA "A"	Leland High School	3:35.00
17		LOSG "A"	Los Gatos High School	3:35.00
18		MTPL "A"	Mount Pleasant H.S.	3:35.00
19		OVER "A"	Overfelt High School	3:35.00
20		SANL "A"	San Lorenzo Valley H.S.	3:37.00
21		SACL "A"	Santa Clara High School	3:39.40
22		LEIG "A"	Leigh High School	3:40.00
23		LOWE "A"	Lowell High School	3:40.00
24		SANM "A"	San Mateo High School	3:40.00
25		FOOT "A"	Foothill High School	3:40.30
26		SACR "A"	Santa Cruz High School	3:40.60
27		KING "A"	King City High School	3:41.00
28		LIVE "A"	Live Oak High School	3:41.20
29		WEST "A"	Westmont High School	3:43.00
30		MONT "A"	Monta Vista High School	3:43.10
31		SALO "A"	San Lorenzo High School	3:45.00
32		SATE "A"	Santa Teresa High School	4:01.00
33		GILR "A"	Gilroy High School	NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 35 Varsity Girls 4x400 Meter Relay

RANK	REL #	RELAY	AFFILIATION	SEED TIME
====	=====	=====	=====	=====
1		LOWE "A"	Lowell High School	3:46.00
2		CARO "A"	Carondelet High School	3:59.00
3		MISJ "A"	Mission San Jose H.S.	4:00.00
4		STIG "A"	St. Ignatius High School	4:06.00
5		NEWA "A"	Newark Memorial High	4:08.00
6		LOSG "A"	Los Gatos High School	4:09.00
7		LOSA "A"	Los Altos High School	4:10.10
8		SILV "A"	Silver Creek High School	4:12.00
9		STIG "B"	St. Ignatius High School	4:12.00
10		SALO "A"	San Lorenzo High School	4:14.00
11		MILP "A"	Milpitas High School	4:16.90
12		SANL "A"	San Lorenzo Valley H.S.	4:17.00
13		NORT "A"	Notre Dame High School	4:19.00
14		LINC "A"	Lincoln High School	4:20.00
15		NMC "A"	North Monterey County	4:20.00
16		FOOT "A"	Foothill High School	4:22.00
17		OVER "A"	Overfelt High School	4:24.60
18		SARA "A"	Saratoga High School	4:25.00
19		GILR "A"	Gilroy High School	4:26.00
20		IRVI "A"	Irvington High School	4:26.00
21		APTS "A"	Aptos High School	4:30.00
22		INDE "A"	Independence High School	4:30.00
23		MTPL "A"	Mount Pleasant H.S.	4:30.00
24		PRES "A"	Presentation High School	4:30.00
25		SACR "A"	Santa Cruz High School	4:30.00
26		SACL "A"	Santa Clara High School	4:40.30
27		SEQU "A"	Sequoia High School	4:41.00
28		SATE "A"	Santa Teresa High School	4:45.00
29		GUND "A"	Gunderson High School	5:20.00
30		OAKG "A"	Oak Grove High School	NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 37 Varsity Boys Hammer Throw

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	103	Horgen, Brendan	12	Bellarmino College Prep.	160'00.00"
2	86	Berki, Steve	12	Bellarmino College Prep.	140'00.00"
3	91	Callahan, McCabe	12	Bellarmino College Prep.	121'00.00"
4	410	Messier, T.J.	12	King City High School	6'04.00"
5	412	Narewski, Cisco	11	King City High School	6'04.00"
6	361	Hess, Tim	12	Irvington High School	5'10.00"
7	356	Blas, Ian	12	Irvington High School	5'08.00"
8	477	Connors, Gabe	12	Live Oak High School	5'08.00"

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 38 Varsity Girls Shot Put

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	1323	Yap, Julie	10	St. Ignatius High School	84'00.00"
2	220	Thiel, Amy	11	Fremont Christian H.S.	39'09.00"
3	854	Guillon, Jonelle	11	North Salinas High School	36'08.00"
4	516	Santos, Jennifer	11	Los Altos High School	36'05.00"
5	877	Canela, Elisa		Oak Grove High School	35'00.00"
6	653	Prasad, Kristy	11	Milpitas High School	34'10.00"
7	494	Roberts, Sarah	12	Live Oak High School	34'00.00"
8	233	Keyes, Shanah	12	Gilroy High School	33'08.00"
9	304	Hootnick, Julie	12	Gunn High School	33'00.00"
10	960	Summers, Tina	11	San Jose High Academy	33'00.00"
11	439	Periandri, Sarah	10	Leland High School	32'10.50"
12	654	Presberry, Ikeda	10	Milpitas High School	32'10.00"
13	442	Tuita, Sela	12	Leland High School	32'10.00"
14	10	Farahbakhh, Roiya	11	Aptos High School	32'05.00"
15	411	Murray, Kami	11	King City High School	32'00.00"
16	1012	Rankin, Alysa	11	Santa Clara High School	32'00.00"
17	293	Williams, Samantha	11	Gunderson High School	32'00.00"
18	1023	Uznanski, Rachael	12	Santa Clara High School	31'11.00"
19	1341	taylor, Melissa	11	Westmont High School	31'06.00"
20	155	Garcia, Amanda	09	Carondelet High School	30'07.00"
21	760	Faasasila, Lena	10	Newark Memorial High	30'02.00"
22	476	Colen, Laura	12	Live Oak High School	30'00.00"
23	728	De La Rosa, Nicole	12	Mount Pleasant H.S.	30'00.00"
24	268	Jimenez, Amelia	09	Gonzales High School	30'00.00"
25	422	McClelland, Margaret	10	Leigh High School	30'00.00"
26	582	Speech, Jennifer	12	Lowell High School	30'00.00"
27	905	Hotchkiss, Kendra	11	Overfelt High School	29'08.50"
28	491	Mitschua, Sarah	11	Live Oak High School	29'03.00"
29	15	Gordon, Natasha	10	Aptos High School	29'02.00"
30	147	Allison, Abby	09	Carondelet High School	29'00.00"
31	1291	Nicholas, Genevieve	11	St. Ignatius High School	29'00.00"
32	331	Berninghausen, Melissa	11	Independence High School	28'05.00"
33	796	Farrell, Megan	10	North Monterey County	28'04.00"
34	1258	Herrera, Franchesca	12	St. Ignatius High School	28'00.00"
35	260	Tinsley, Samantha	12	Gilroy High School	28'00.00"
36	845	Tossie, Katie	12	North Monterey County	28'00.00"
37	471	Berryessa, Lorna	11	Live Oak High School	27'06.00"
38	1339	Navarro, Fatima	09	Westmont High School	27'06.00"
39	363	Macari, Melanie	09	Irvington High School	27'01.00"
40	1231	Cosentino, Sabrina	11	St. Ignatius High School	27'00.00"
41	150	Crusoe, Ambavee	10	Carondelet High School	27'00.00"
42	530	Farnady, Anne	09	Los Gatos High School	27'00.00"
43	737	Lajava, Michele	11	Mount Pleasant H.S.	27'00.00"
44	738	Linayao, Liz	11	Mount Pleasant H.S.	27'00.00"
45	1070	Huang, Janny	12	Saratoga High School	26'10.00"
46	251	Rosales, Nancy	11	Gilroy High School	26'08.00"
47	520	Bruna, Anita	11	Los Gatos High School	26'06.00"
48	863	Dallara, Kristen	09	Notre Dame High School	26'06.00"
49	366	Mayberry, Azuri	11	Irvington High School	26'06.00"

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 38 Varsity Girls Shot Put (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
50	469	Tullis, Janelle	12	Lincoln High School	26'05.00"
51	349	Morris, Emily	11	Independence High School	26'04.00"
52	236	Longoria, Jeana	10	Gilroy High School	26'00.50"
53	764	Keese, Tarra	10	Newark Memorial High	26'00.00"
54	1271	Lee, Angela	10	St. Ignatius High School	26'00.00"
55	769	Noda, Monica	11	Newark Memorial High	26'00.00"
56	1303	Santsilli, Sabrina	09	St. Ignatius High School	26'00.00"
57	1317	Vocal, Hollybeth	11	St. Ignatius High School	26'00.00"
58	873	Phillips, Katie	11	Notre Dame High School	25'11.00"
59	226	DeCosta, Jennifer	10	Gilroy High School	25'10.00"
60	461	Massey, Susanna	09	Lincoln High School	25'04.00"
61	971	Morton, Chiarna	11	San Lorenzo High School	25'04.00"
62	1279	Luna, Liza	10	St. Ignatius High School	25'00.00"
63	468	SanNicholas, Andrea	10	Lincoln High School	25'00.00"
64	714	Creecy, Lauren	12	Monterey High School	ND

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 39 Varsity Girls Pole Vault

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	767	Lopez, Maria	12	Newark Memorial High	11'00.00"
2	269	Serrano, Iran	10	Gonzales High School	10'00.00"
3	853	Englebretson, Jesika	11	North Salinas High School	9'00.00"
4	1241	Erkkila, Karin	11	St. Ignatius High School	9'00.00"
5	1245	Furnis, Anna	11	St. Ignatius High School	9'00.00"
6	1295	Olsson, Christine	11	St. Ignatius High School	9'00.00"
7	407	Hearne, Lisa	12	King City High School	8'06.00"
8	160	Kelley, Maura	12	Carondelet High School	8'06.00"
9	776	Appleby, Christine	12	North Monterey County	8'00.00"
10	779	Berg, Marissa	10	North Monterey County	8'00.00"
11	833	Shaw, Cassandra	12	North Monterey County	8'00.00"
12	37	Anderson, Julie	10	Aragon High School	7'06.00"
13	357	Chavez, Gaby	10	Irvington High School	7'06.00"
14	1391	Gobaleza, Alma	12	Yerba Buena High School	7'06.00"
15	762	Hildago, Holly	09	Newark Memorial High	7'06.00"
16	247	Perales, Susana	11	Gilroy High School	7'06.00"
17	585	Tran, Amy	11	Lowell High School	7'03.00"
18	266	Castillo, Alicia	09	Gonzales High School	7'00.00"
19	1228	Christofami, Michelle	10	St. Ignatius High School	7'00.00"
20	437	Lee, Joon	12	Leland High School	7'00.00"
21	1284	McLead, Noelle	10	St. Ignatius High School	7'00.00"
22	1404	Phan, Mai	11	Yerba Buena High School	7'00.00"
23	835	Simmons, Julianna	9	North Monterey County	7'00.00"
24	153	Dezao, Tara	10	Carondelet High School	6'06.00"
25	363	Macari, Melanie	09	Irvington High School	6'06.00"
26	209	Mimnaugh, Kelly	10	Foothill High School	6'06.00"
27	1411	Tran, Thuy	11	Yerba Buena High School	6'06.00"
28	169	Wise, Katy	10	Carondelet High School	6'06.00"
29	1215	Breen, Annie	09	St. Ignatius High School	6'00.00"
30	1225	Ching, Taryn	09	St. Ignatius High School	6'00.00"
31	864	Fama, Sharon	09	Notre Dame High School	6'00.00"
32	1255	Hapban, Annie	09	St. Ignatius High School	6'00.00"
33	1283	McInernega, Eileen	09	St. Ignatius High School	6'00.00"
34	872	Nicolini, Giovana	09	Notre Dame High School	6'00.00"
35	1308	Spezzann, Brooke	10	St. Ignatius High School	6'00.00"
36	671	Neloechea, Amanda	11	Mission San Jose H.S.	NH

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 40 Varsity Boys High Jump

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	513	Marble, Darren	11	Los Altos High School	6'05.00"
2	647	Gaston, Damon	12	Milpitas High School	6'04.00"
3	1256	Harris, Adam	12	St. Ignatius High School	6'04.00"
4	1115	Darcy, John	11	Serra High School	6'03.00"
5	638	Alvarado, Frederico	12	Milpitas High School	6'02.00"
6	94	Costa, Nathan	12	Bellarmino College Prep.	6'02.00"
7	937	Kabba, Abu	12	Prospect High School	6'02.00"
8	1285	Metz, Lionel	11	St. Ignatius High School	6'02.00"
9	1298	Pimentel, Roy	11	St. Ignatius High School	6'02.00"
10	725	Antonio, Robert	11	Mount Pleasant H.S.	6'00.00"
11	1219	Byrd, Chris	10	St. Ignatius High School	6'00.00"
12	225	Craig, Jared	11	Gilroy High School	6'00.00"
13	1091	Dilley, Adrian	11	Sequoia High School	6'00.00"
14	795	Evanger, Dustin	11	North Monterey County	6'00.00"
15	693	Ho, Chris	12	Monta Vista High School	6'00.00"
16	20	Lanoine, Josh	12	Aptos High School	6'00.00"
17	45	Mathews, Aaron	11	Aragon High School	6'00.00"
18	676	Richards, Preston	12	Mission San Jose H.S.	6'00.00"
19	836	Simon, Oscar	12	North Monterey County	6'00.00"
20	886	Lacey, Chris	12	Oak Grove High School	5'11.00"
21	607	Tueller, Matt	11	Lynbrook High School	5'11.00"
22	1351	Duran, Edgar	12	Wilcox High School	5'10.00"
23	1394	Jones, Kevin	11	Yerba Buena High School	5'10.00"
24	427	Price, Graham	11	Leigh High School	5'10.00"
25	1367	Wyatt, David	11	Wilcox High School	5'10.00"
26	73	Baker, Jamie	11	Australia	5'09.00"
27	433	Fanger, Nick	12	Leland High School	5'09.00"
28	1025	Warren, Paul	11	Santa Clara High School	5'09.00"
29	1248	Groshong, John	11	St. Ignatius High School	5'08.00"
30	917	Jackson, Herbert	11	Pioneer High School	5'08.00"
31	138	Taylor, Erik	12	Bellarmino College Prep.	5'08.00"
32	726	Carbajal, Robert	11	Mount Pleasant H.S.	5'06.00"
33	475	Carey, Devin	09	Live Oak High School	5'06.00"
34	570	Kellenjie, Arman	11	Lowell High School	5'06.00"
35	497	Welch, Steve	12	Live Oak High School	5'03.00"
36	237	Martinez, AJ	11	Gilroy High School	5'02.00"
37	498	Wright, John	12	Live Oak High School	5'00.00"
38	263	Wu, Nathan	12	Gilroy High School	5'00.00"
39	245	Pedersen, Zac	12	Gilroy High School	NH

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 41 Varsity Boys Long Jump

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	1396	Nealy, Mike	12	Yerba Buena High School	23'08.00"
2	631	Nero, William	12	Menlo-Atherton High	22'09.00"
3	72	Wood, Terry	12	Archbishop Riordan High	21'09.00"
4	64	Pasion, Anthony	11	Archbishop Riordan High	21'05.50"
5	69	Strickland, Donald	11	Archbishop Riordan High	21'04.75"
6	797	Fisher, Greg	12	North Monterey County	21'00.00"
7	1232	de la Cruz, Francis	12	St. Ignatius High School	20'10.00"
8	505	De La Fosse, Bryce	12	Los Altos High School	20'10.00"
9	1408	Stone, Glen	11	Yerba Buena High School	20'10.00"
10	601	Mooros, Josh	11	Lynbrook High School	20'09.00"
11	1224	Castro, Chris	11	St. Ignatius High School	20'08.00"
12	620	Partidge, Grant	11	Menlo High School	20'07.00"
13	836	Simon, Oscar	12	North Monterey County	20'07.00"
14	1117	Flowers, Mark	12	Serra High School	20'05.50"
15	1058	Allen, Chad	11	Saratoga High School	20'04.00"
16	937	Kabba, Abu	12	Prospect High School	20'03.00"
17	687	Duong, Alex	12	Monta Vista High School	20'02.00"
18	241	Orlando, Brandon	11	Gilroy High School	20'02.00"
19	250	Rendon, Daniel	11	Gilroy High School	20'02.00"
20	229	Green, Jacob	12	Gilroy High School	20'01.00"
21	1196	Rees, Tom	11	St. Francis High School	20'01.00"
22	725	Antonio, Robert	11	Mount Pleasant H.S.	20'00.00"
23	1222	Carr, John	11	St. Ignatius High School	20'00.00"
24	886	Lacey, Chris	12	Oak Grove High School	20'00.00"
25	134	Sidel, Mark	12	Bellarmino College Prep.	20'00.00"
26	429	Talley, Richard	11	Leigh High School	20'00.00"
27	899	Wilson, Justin	12	Oak Grove High School	20'00.00"
28	1296	Pena, Ramon	10	St. Ignatius High School	19'11.00"
29	579	Nguyen, Tan	12	Lowell High School	19'10.50"
30	859	Osgood, Kassim	11	North Salinas High School	19'10.50"
31	1075	Lux, Alex	12	Saratoga High School	19'10.00"
32	1298	Pimentel, Roy	11	St. Ignatius High School	19'10.00"
33	1126	Rhodes, Anthony	11	Serra High School	19'10.00"
34	758	Ciprano, John	11	Newark Memorial High	19'08.75"
35	831	Schlothauer, Dan	11	North Monterey County	19'08.00"
36	1133	Wong, Tedman	11	Serra High School	19'07.50"
37	1005	Hord, Nick	10	Santa Clara High School	19'07.00"
38	645	Forteza, Jordan	11	Milpitas High School	19'06.00"
39	1299	Poquez, Robert	10	St. Ignatius High School	19'06.00"
40	6	Daley, PJ	11	Aptos High School	19'04.00"
41	136	Souza, Robert	11	Bellarmino College Prep.	19'04.00"
42	1330	Haynes, Donnie	12	Westmont High School	19'03.00"
43	918	Miksch, Ryan	11	Pioneer High School	19'02.00"
44	285	Morris, Fred	11	Gunderson High School	19'02.00"
45	961	Vernon, Mans	10	San Jose High Academy	19'01.50"
46	726	Carbajal, Robert	11	Mount Pleasant H.S.	19'00.00"
47	1351	Duran, Edgar	12	Wilcox High School	19'00.00"
48	75	Eamer, Ryan	11	Australia	19'00.00"
49	731	Giany, Vinh	11	Mount Pleasant H.S.	19'00.00"

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 41 Varsity Boys Long Jump (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
50	741	Reyes, Francisco	12	Mount Pleasant H.S.	19'00.00"
51	28	Sanders, Mike	11	Aptos High School	18'10.00"
52	1316	Valera, Jerry	09	St. Ignatius High School	18'10.00"
53	1186	Malone, Andrew	12	St. Francis High School	18'09.00"
54	906	Ly, Cuong	12	Overfelt High School	18'08.00"
55	1167	Annuzzi, Joe	12	St. Francis High School	18'07.00"
56	1327	Donofrio, Angelo	12	Westmont High School	18'07.00"
57	433	Fanger, Nick	12	Leland High School	18'06.00"
58	1175	Gaivez, Paolo	12	St. Francis High School	18'06.00"
59	916	Carrerow, Abel	11	Pioneer High School	18'05.00"
60	242	Osaki, James	11	Gilroy High School	18'04.00"
61	139	Theodule, Rod	12	Bellarmino College Prep.	18'04.00"
62	466	Ramos, Armando	11	Lincoln High School	18'03.00"
63	912	Singh, Edwin	12	Overfelt High School	18'02.00"
64	127	Popyon, Gibram	11	Bellarmino College Prep.	18'00.00"
65	975	Tate, Scooter	12	San Lorenzo High School	17'08.00"
66	458	Lewis, Clay	11	Lincoln High School	17'03.00"
67	237	Martinez, AJ	11	Gilroy High School	17'00.50"
68	1388	Cagape, Certes	11	Yerba Buena High School	ND
69	325	Mack, Donte	10	Homestead High School	ND
70	245	Pedersen, Zac	12	Gilroy High School	ND
71	724	Yi, Scott	10	Monterey High School	ND

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 42 Varsity Girls Triple Jump

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	310	Shih, Evelyn	12	Gunn High School	36'00.00"
2	151	Dawson, Brionne	11	Carondelet High School	35'10.00"
3	943	Toriko, Elenia	12	Prospect High School	35'06.00"
4	858	Nicks, Sharon	12	North Salinas High School	35'00.00"
5	1	Anderson, Angela	12	Aptos High School	34'07.00"
6	511	Leung, Emily	10	Los Altos High School	34'06.00"
7	941	Prehn, Alison	10	Prospect High School	34'04.00"
8	154	Eggers, Jenny	12	Carondelet High School	34'03.00"
9	743	Riddel, Cathleen	12	Mount Pleasant H.S.	34'00.00"
10	74	Boag, Lynne	11	Australia	33'09.00"
11	770	Nowak, Klara	10	Newark Memorial High	33'09.00"
12	750	Chan, Christine	12	Mountain View High	33'08.00"
13	1409	Thomas, Jeanine	10	Yerba Buena High School	33'06.00"
14	838	Soliven, Yvette	10	North Monterey County	33'04.00"
15	1077	Moon, Jill	12	Saratoga High School	33'02.00"
16	585	Tran, Amy	11	Lowell High School	33'02.00"
17	994	Abdo, Auah	10	Santa Clara High School	33'00.00"
18	736	King, Nicole	11	Mount Pleasant H.S.	33'00.00"
19	1288	Mulhern, Merideth	11	St. Ignatius High School	33'00.00"
20	78	Kiessling, Alina	11	Australia	32'09.00"
21	821	Mitchell, Keisha	12	North Monterey County	32'07.00"
22	1321	Wong, Tina	11	St. Ignatius High School	32'06.00"
23	623	Drummond, Ashley	10	Menlo-Atherton High	32'02.00"
24	76	Hamilton, Sally	11	Australia	32'02.00"
25	801	Gillott, Nikki	11	North Monterey County	32'01.00"
26	1045	Cortney, Debra	12	Santa Teresa High School	32'00.00"
27	48	Pendergast, Annie	10	Aragon High School	32'00.00"
28	739	Phan, Marisa	12	Mount Pleasant H.S.	32'00.00"
29	1307	Sigillo, Gina	10	St. Ignatius High School	32'00.00"
30	1314	Todella, Elizabeth	11	St. Ignatius High School	32'00.00"
31	209	Mimnaugh, Kelly	10	Foothill High School	31'09.00"
32	1268	Lam, Geraldine	11	St. Ignatius High School	31'08.00"
33	454	Hess, Sara	10	Lincoln High School	31'07.00"
34	432	Becas, Emily	9	Leland High School	31'00.00"
35	163	Otterstedt, Michelle	12	Carondelet High School	31'00.00"
36	464	Pirlot, Lisa	12	Lincoln High School	31'00.00"
37	31	Smith, Hollie	12	Aptos High School	31'00.00"
38	840	Tarlan, Marissa	9	North Monterey County	31'00.00"
39	976	William, Nicole	12	San Lorenzo High School	30'06.00"
40	1205	Agloro, Angelique	10	St. Ignatius High School	30'03.00"
41	557	Sylvester, Giselle	10	Los Gatos High School	30'03.00"
42	1386	Aileen, Le	10	Yerba Buena High School	30'02.00"
43	1343	Weathers, Katie	10	Westmont High School	30'02.00"
44	525	Dara, Katya	09	Los Gatos High School	30'01.00"
45	1333	Hinh, Phung	10	Westmont High School	30'01.00"
46	162	Koch, Allison	9	Carondelet High School	30'00.00"
47	309	Post, Katie	10	Gunn High School	30'00.00"
48	465	Prior, Jodi	11	Lincoln High School	30'00.00"
49	181	Johnson, Trinisha	11	Del Mar High School	29'11.00"

West Valley College, Saratoga, California - Thu 03/28/96 to Fri 03/29/96

PERFORMANCE LIST

Event 42 Varsity Girls Triple Jump (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
50	652	Pham, Michelle	10	Milpitas High School	29'10.00"
51	260	Tinsley, Samantha	12	Gilroy High School	29'07.00"
52	1337	Johnson, Krista	10	Westmont High School	29'06.00"
53	866	Foley, Beth	12	Notre Dame High School	29'04.50"
54	904	Dela Cruz, Michelle	11	Overfelt High School	29'00.00"
55	869	Marshall, Jessica	24	Notre Dame High School	28'11.00"
56	358	Dills, Karrine	10	Irvington High School	28'04.00"
57	359	Hall, Jen	12	Irvington High School	28'01.00"
58	872	Nicolini, Giovana	09	Notre Dame High School	27'03.00"
59	921	Aguirre, Sonia	11	Presentation High School	26'11.00"

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 43 Varsity Boys Shot Put

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	502	Bjorklund, Pete	10	Los Altos High School	51'10.00"
2	91	Callahan, McCabe	12	Bellarmine College Prep.	50'10.00"
3	508	Giraurd, Miah	11	Los Altos High School	50'01.00"
4	879	Carter, Andre	12	Oak Grove High School	48'00.00"
5	1359	Nikfar, Issac	12	Wilcox High School	48'00.00"
6	125	Passalacqua, Kevin	12	Bellarmine College Prep.	48'00.00"
7	311	Snyder, Tim	11	Gunn High School	47'00.00"
8	722	Napoli, Jerry	12	Monterey High School	46'10.00"
9	712	Cheshire, Doug	12	Monterey High School	46'07.00"
10	1394	Jones, Kevin	11	Yerba Buena High School	46'02.00"
11	716	Escobar, Larry	43	Monterey High School	46'00.00"
12	62	McLaughlin, Barry	12	Archbishop Riordan High	45'08.00"
13	837	Simpson, Cody	12	North Monterey County	45'08.00"
14	988	Sanborn, Adam	12	San Lorenzo Valley H.S.	45'00.00"
15	942	Salkinovic, Adam	11	Prospect High School	44'07.00"
16	1210	Barulich, Aaron	11	St. Ignatius High School	44'06.00"
17	66	Shea, Tim	11	Archbishop Riordan High	44'02.00"
18	1358	Nikfar, Amin	10	Wilcox High School	44'00.00"
19	740	Qudar, Abdul	12	Mount Pleasant H.S.	44'00.00"
20	636	Tautaa, Joel	12	Menlo-Atherton High	44'00.00"
21	509	Goines, Mica	10	Los Altos High School	43'08.00"
22	834	Silvear, Matt	11	North Monterey County	43'07.00"
23	60	Garrett, Eric	10	Archbishop Riordan High	43'04.00"
24	1263	Jakie, Ivan	10	St. Ignatius High School	43'00.00"
25	1294	Olshansky, Igor	09	St. Ignatius High School	43'00.00"
26	1364	Vaigt, Duke	12	Wilcox High School	43'00.00"
27	1067	Fields, Alex	12	Saratoga High School	42'10.00"
28	1176	Garcia, Nick	12	St. Francis High School	42'06.00"
29	259	Swanson, Brett	12	Gilroy High School	42'06.00"
30	1320	Wilkensen, Keith	11	St. Ignatius High School	42'06.00"
31	1372	Clarke, Rich	11	Willow Glen High School	42'00.00"
32	978	Woods, Jarrad	12	San Lorenzo High School	41'03.00"
33	413	Nichols, Brett	11	King City High School	41'00.00"
34	29	Sato, Steve	12	Aptos High School	41'00.00"
35	2	Butler, Marcus	12	Aptos High School	40'10.00"
36	286	Olsen, Derick	11	Gunderson High School	40'06.00"
37	479	Davis, Jon	12	Live Oak High School	40'02.00"
38	842	Tarmann, Mark	11	North Monterey County	40'01.00"
39	735	Higashi, Garret	12	Mount Pleasant H.S.	40'00.00"
40	457	Johnson, Shaun	12	Lincoln High School	40'00.00"
41	484	Killmartin, Mike	11	Live Oak High School	40'00.00"
42	1145	McNiel, Jesse	11	Silver Creek High School	40'00.00"
43	415	Schmidt, Nesson	12	King City High School	40'00.00"
44	89	Brust, B.J.	11	Bellarmine College Prep.	39'00.00"
45	742	Reyna, Tony	11	Mount Pleasant H.S.	39'00.00"
46	1338	Mansoor, Kaven	12	Westmont High School	38'01.00"
47	1066	Dekever, Daryl	12	Saratoga High School	38'00.00"
48	732	Glass, Marco	11	Mount Pleasant H.S.	38'00.00"
49	1139	Guzman, Roger	11	Silver Creek High School	38'00.00"

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 43 Varsity Boys Shot Put (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
50	488	Madlem, Dana	10	Live Oak High School	38'00.00"
51	223	Atencio, Tony	12	Gilroy High School	37'08.00"
52	362	Leroy, Josh	12	Irvington High School	37'02.00"
53	1069	Huang, Jack	12	Saratoga High School	37'00.00"
54	907	Najarro, Oscar	12	Overfelt High School	36'10.00"
55	1335	Hunt, Travis	12	Westmont High School	36'04.00"
56	428	Seaberg, Peter	11	Leigh High School	36'00.00"
57	704	Pak, Gerry	11	Monta Vista High School	35'11.00"
58	911	Simon, Jerrold	12	Overfelt High School	35'11.00"
59	708	Wang, Brian	11	Monta Vista High School	35'08.00"
60	370	skaggs, William	10	Irvington High School	35'05.00"
61	499	Young, Charlie	10	Live Oak High School	35'05.00"
62	754	Bishop, Duke	11	Newark Memorial High	35'00.00"
63	217	Tanner, Matt	11	Foothill High School	34'05.00"
64	893	Reed, Chris	11	Oak Grove High School	34'00.00"
65	1035	Martin, Lee	12	Santa Cruz High School	ND

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 44 Varsity Boys Pole Vault

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	178	Harris, Steve	12	Del Mar High School	16'06.00"
2	803	Grijalva, David	12	North Monterey County	14'06.00"
3	726	Carbajal, Robert	11	Mount Pleasant H.S.	14'00.00"
4	56	Nikbahksh'tali, Justin	11	Archbishop Mitty High	13'06.00"
5	998	Chandler, Jeff	12	Santa Clara High School	13'03.00"
6	1121	Lechleitner, Rick	11	Serra High School	13'00.00"
7	1276	Lishansky, Max	12	St. Ignatius High School	13'00.00"
8	1402	Paredes, Rico	11	Yerba Buena High School	13'00.00"
9	417	Wells, Forest	11	King City High School	13'00.00"
10	862	Salviyo, Clarence	10	North Salinas High School	12'07.00"
11	225	Craig, Jared	11	Gilroy High School	12'06.00"
12	795	Evanger, Dustin	11	North Monterey County	12'06.00"
13	1387	Apalla, Jason	11	Yerba Buena High School	12'00.00"
14	227	Deetz, Brian	12	Gilroy High School	12'00.00"
15	43	Lau, Herman	12	Aragon High School	12'00.00"
16	1278	Lueck, Jason	10	St. Ignatius High School	12'00.00"
17	267	Daniels, Theotis	09	Gonzales High School	11'06.00"
18	408	Jacobs, Ian	12	King City High School	11'06.00"
19	367	McDowell, Dan	10	Irvington High School	11'06.00"
20	902	Bravo, Gabriel	11	Overfelt High School	11'00.00"
21	908	Natwidad, Jose	11	Overfelt High School	11'00.00"
22	368	Olson, Mike	10	Irvington High School	11'00.00"
23	219	Yount, Shawn	12	Foothill High School	10'00.00"
24	212	Pattie, Norie	11	Foothill High School	9'00.00"
25	245	Pedersen, Zac	12	Gilroy High School	9'00.00"
26	810	Hirt, Matt	12	North Monterey County	11.50"
27	723	Oyama, Ryan		Monterey High School	NH

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 45 Varsity Girls Discus Throw

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	220	Thiel, Amy	11	Fremont Christian H.S.	143'06.00"
2	516	Santos, Jennifer	11	Los Altos High School	112'04.00"
3	494	Roberts, Sarah	12	Live Oak High School	111'00.00"
4	760	Faasasila, Lena	10	Newark Memorial High	110'00.00"
5	653	Prasad, Kristy	11	Milpitas High School	110'00.00"
6	654	Presberry, Ikeda	10	Milpitas High School	108'00.00"
7	960	Summers, Tina	11	San Jose High Academy	105'06.00"
8	984	McFlarety, Kirsti	12	San Lorenzo Valley H.S.	104'04.00"
9	293	Williams, Samantha	11	Gunderson High School	104'00.00"
10	905	Hotchkiss, Kendra	11	Overfelt High School	103'04.00"
11	582	Speech, Jennifer	12	Lowell High School	102'02.00"
12	422	McClelland, Margaret	10	Leigh High School	100'00.00"
13	233	Keyes, Shanah	12	Gilroy High School	99'10.00"
14	1012	Rankin, Alysa	11	Santa Clara High School	99'00.00"
15	1023	Uznanski, Rachael	12	Santa Clara High School	99'00.00"
16	854	Guillon, Jonelle	11	North Salinas High School	98'07.00"
17	331	Berninghausen, Melissa	11	Independence High School	98'06.00"
18	1339	Navarro, Fatima	09	Westmont High School	98'06.00"
19	985	McFlarety, Shawna	12	San Lorenzo Valley H.S.	98'05.00"
20	476	Colen, Laura	12	Live Oak High School	98'00.00"
21	714	Creecy, Lauren	12	Monterey High School	98'00.00"
22	761	Guadarrama, Teresa	10	Newark Memorial High	98'00.00"
23	769	Noda, Monica	11	Newark Memorial High	98'00.00"
24	339	Harris, Keisha	11	Independence High School	97'10.00"
25	411	Murray, Kami	11	King City High School	97'08.00"
26	777	Atchison, Jessie	12	North Monterey County	94'00.00"
27	778	Atchison, Sunny	12	North Monterey County	94'00.00"
28	817	Maldonado, Sandra	09	North Monterey County	94'00.00"
29	858	Nicks, Sharon	12	North Salinas High School	93'11.00"
30	226	DeCosta, Jennifer	10	Gilroy High School	93'05.00"
31	74	Boag, Lynne	11	Australia	93'02.00"
32	366	Mayberry, Azuri	11	Irvington High School	93'00.00"
33	363	Macari, Melanie	09	Irvington High School	91'03.00"
34	1291	Nicholas, Genevieve	11	St. Ignatius High School	91'00.00"
35	764	Keese, Tarra	10	Newark Memorial High	90'00.00"
36	439	Periandri, Sarah	10	Leland High School	90'00.00"
37	442	Tuita, Sela	12	Leland High School	90'00.00"
38	469	Tullis, Janelle	12	Lincoln High School	87'00.00"
39	971	Morton, Chiarna	11	San Lorenzo High School	86'01.00"
40	1258	Herrera, Franchesca	12	St. Ignatius High School	86'00.00"
41	251	Rosales, Nancy	11	Gilroy High School	85'05.00"
42	473	Burke, Megan	12	Live Oak High School	85'00.00"
43	495	Salles, Archavan	11	Live Oak High School	85'00.00"
44	1317	Vocal, Hollybeth	11	St. Ignatius High School	84'00.00"
45	1231	Cosentino, Sabrina	11	St. Ignatius High School	83'00.00"
46	203	Jurinek, Julie	10	Foothill High School	82'11.00"
47	461	Massey, Susanna	09	Lincoln High School	82'00.00"
48	1303	Santsilli, Sabrina	09	St. Ignatius High School	82'00.00"
49	530	Farnady, Anne	09	Los Gatos High School	81'03.00"

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 45 Varsity Girls Discus Throw (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
50	451	Espinoza, Tisha	12	Lincoln High School	81'00.00"
51	1271	Lee, Angela	10	St. Ignatius High School	81'00.00"
52	548	Pepples, Erin	11	Los Gatos High School	80'04.00"
53	546	Mills, Trina	10	Los Gatos High School	80'01.00"
54	147	Allison, Abby	09	Carondelet High School	80'00.00"
55	471	Berryessa, Lorna	11	Live Oak High School	80'00.00"
56	150	Crusoe, Ambavee	10	Carondelet High School	80'00.00"
57	728	De La Rosa, Nicole	12	Mount Pleasant H.S.	80'00.00"
58	155	Garcia, Amanda	09	Carondelet High School	80'00.00"
59	156	Harris, Jennifer	11	Carondelet High School	80'00.00"
60	737	Lajava, Michele	11	Mount Pleasant H.S.	80'00.00"
61	738	Linayao, Liz	11	Mount Pleasant H.S.	80'00.00"
62	491	Mitschua, Sarah	11	Live Oak High School	80'00.00"
63	1357	Nadya, Jaime	10	Wilcox High School	80'00.00"
64	468	SanNicholas, Andrea	10	Lincoln High School	80'00.00"
65	236	Longoria, Jeana	10	Gilroy High School	72'06.00"
66	1384	Sulazar, Ana Maria	09	Willow Glen High School	51'01.00"
67	1379	Jones, Jacquelynn	09	Willow Glen High School	50'00.00"
68	1279	Luna, Liza	10	St. Ignatius High School	20'00.00"

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 46 Varsity Boys Triple Jump

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	631	Nero, William	12	Menlo-Atherton High	47'07.50"
2	852	Cordoba, Mike	11	North Salinas High School	45'07.00"
3	1408	Stone, Glen	11	Yerba Buena High School	45'07.00"
4	514	Quarels, Kregg	11	Los Altos High School	44'01.00"
5	886	Lacey, Chris	12	Oak Grove High School	44'00.00"
6	517	Shye, Alex	11	Los Altos High School	43'10.00"
7	797	Fisher, Greg	12	North Monterey County	43'07.00"
8	647	Gaston, Damon	12	Milpitas High School	43'06.00"
9	1117	Flowers, Mark	12	Serra High School	42'11.50"
10	28	Sanders, Mike	11	Aptos High School	42'08.00"
11	836	Simon, Oscar	12	North Monterey County	42'04.00"
12	952	Seal, john	11	Salinas High School	42'03.00"
13	1232	de la Cruz, Francis	12	St. Ignatius High School	42'00.00"
14	69	Strickland, Donald	11	Archbishop Riordan High	41'09.50"
15	64	Pasion, Anthony	11	Archbishop Riordan High	41'09.00"
16	633	Penna, Nick	10	Menlo-Atherton High	41'00.00"
17	429	Talley, Richard	11	Leigh High School	41'00.00"
18	1299	Poquez, Robert	10	St. Ignatius High School	40'06.00"
19	1298	Pimentel, Roy	11	St. Ignatius High School	40'05.00"
20	601	Mooros, Josh	11	Lynbrook High School	40'04.00"
21	1167	Annuzzi, Joe	12	St. Francis High School	40'02.00"
22	961	Vernon, Mans	10	San Jose High Academy	40'02.00"
23	6	Daley, PJ	11	Aptos High School	40'01.50"
24	725	Antonio, Robert	11	Mount Pleasant H.S.	40'00.00"
25	303	Gray, Jonny	11	Gunn High School	40'00.00"
26	1248	Groshong, John	11	St. Ignatius High School	40'00.00"
27	134	Sidel, Mark	12	Bellarmino College Prep.	40'00.00"
28	579	Nguyen, Tan	12	Lowell High School	39'10.50"
29	1222	Carr, John	11	St. Ignatius High School	39'09.00"
30	1068	Hsu, Tony	12	Saratoga High School	39'08.00"
31	1296	Pena, Ramon	10	St. Ignatius High School	39'06.00"
32	1091	Dilley, Adrian	11	Sequoia High School	39'05.00"
33	433	Fanger, Nick	12	Leland High School	39'00.00"
34	364	MacKay, Brian	11	Irvington High School	38'10.00"
35	912	Singh, Edwin	12	Overfelt High School	38'10.00"
36	1316	Valera, Jerry	09	St. Ignatius High School	38'06.00"
37	909	Ordillo, Joel	10	Overfelt High School	38'05.50"
38	1330	Haynes, Donnie	12	Westmont High School	38'04.00"
39	693	Ho, Chris	12	Monta Vista High School	38'04.00"
40	831	Schlothauer, Dan	11	North Monterey County	38'04.00"
41	1186	Malone, Andrew	12	St. Francis High School	38'03.00"
42	44	Lui, Jimmy	12	Aragon High School	38'00.00"
43	250	Rendon, Daniel	11	Gilroy High School	37'11.00"
44	1022	Todaro, Anthony	12	Santa Clara High School	37'00.00"
45	570	Kellenjie, Arman	11	Lowell High School	36'01.00"
46	466	Ramos, Armando	11	Lincoln High School	35'05.00"
47	1325	Craduck, Tommy	12	Westmont High School	35'02.00"
48	711	Calhoun, Vaughn	10	Monterey High School	30'00.00"
49	319	Chang, Michael		Homestead High School	ND

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 46 Varsity Boys Triple Jump (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
50	235	Kuhl, Patrick	12	Gilroy High School	ND
51	719	Lyons, Milton		Monterey High School	ND

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 47 Varsity Girls Long Jump

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	615	Craig, Damesha	12	Menlo High School	17'08.00"
2	750	Chan, Christine	12	Mountain View High	17'06.00"
3	861	Roseby, Sah-nee	09	North Salinas High School	16'11.00"
4	507	Downey, Stephanie	12	Los Altos High School	16'08.00"
5	279	Jones, Keri	11	Gunderson High School	16'08.00"
6	310	Shih, Evelyn	12	Gunn High School	16'08.00"
7	1	Anderson, Angela	12	Aptos High School	16'07.00"
8	455	Hess, Tracy	10	Lincoln High School	16'03.00"
9	151	Dawson, Brionne	11	Carondelet High School	16'01.00"
10	74	Boag, Lynne	11	Australia	16'00.00"
11	360	Hess, Laura	11	Irvington High School	16'00.00"
12	578	Ng, Tessie	11	Lowell High School	16'00.00"
13	838	Soliven, Yvette	10	North Monterey County	16'00.00"
14	585	Tran, Amy	11	Lowell High School	16'00.00"
15	1077	Moon, Jill	12	Saratoga High School	15'11.75"
16	994	Abdo, Auah	10	Santa Clara High School	15'11.00"
17	31	Smith, Hollie	12	Aptos High School	15'11.00"
18	770	Nowak, Klara	10	Newark Memorial High	15'10.00"
19	843	Taylor, Amber	10	North Monterey County	15'08.00"
20	1365	Webb, Tenesha	10	Wilcox High School	15'08.00"
21	432	Becas, Emily	9	Leland High School	15'06.00"
22	357	Chavez, Gaby	10	Irvington High School	15'06.00"
23	869	Marshall, Jessica	24	Notre Dame High School	15'06.00"
24	76	Hamilton, Sally	11	Australia	15'05.00"
25	456	Hess, Valerie	10	Lincoln High School	15'05.00"
26	78	Kiessling, Alina	11	Australia	15'05.00"
27	1074	Lo, Andrea	12	Saratoga High School	15'05.00"
28	1087	Aroyan, lin	11	Sequoia High School	15'04.00"
29	230	Green, Jasmine	11	Gilroy High School	15'02.00"
30	201	Harland, Jenny	10	Foothill High School	15'02.00"
31	234	Kuhl, Kelly	9	Gilroy High School	15'02.00"
32	278	Joice, Quach	10	Gunderson High School	15'01.00"
33	860	Rosario, Toya	10	North Salinas High School	15'01.00"
34	164	Sanders, Mary	10	Carondelet High School	15'01.00"
35	166	Tartaro, Lea	10	Carondelet High School	15'01.00"
36	1045	Cortney, Debra	12	Santa Teresa High School	15'00.00"
37	152	Dawson, Clarice	10	Carondelet High School	15'00.00"
38	970	McCullum, Annita	10	San Lorenzo High School	15'00.00"
39	739	Phan, Marisa	12	Mount Pleasant H.S.	15'00.00"
40	746	Staudienin, Cory	12	Mount Pleasant H.S.	15'00.00"
41	1082	Teerlink, Taylor	09	Saratoga High School	15'00.00"
42	921	Aguirre, Sonia	11	Presentation High School	14'11.00"
43	821	Mitchell, Keisha	12	North Monterey County	14'11.00"
44	870	Morrison, Monica	9	Notre Dame High School	14'10.50"
45	171	Cowan, Niambi	11	Del Mar High School	14'08.75"
46	947	Foxworthy, Stacie	10	Salinas High School	14'08.50"
47	643	Ecalre, Elaine	10	Milpitas High School	14'08.00"
48	1288	Mulhern, Merideth	11	St. Ignatius High School	14'08.00"
49	529	Falkenhagen, Kathy	10	Los Gatos High School	14'06.00"

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 47 Varsity Girls Long Jump (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
50	465	Prior, Jodi	11	Lincoln High School	14'06.00"
51	1314	Todella, Elizabeth	11	St. Ignatius High School	14'06.00"
52	1233	Deely, Alanna	12	St. Ignatius High School	14'05.00"
53	464	Pirlot, Lisa	12	Lincoln High School	14'04.00"
54	1343	Weathers, Katie	10	Westmont High School	14'04.00"
55	1268	Lam, Geraldine	11	St. Ignatius High School	14'03.00"
56	260	Tinsley, Samantha	12	Gilroy High School	14'02.00"
57	1386	Aileen, Le	10	Yerba Buena High School	14'01.00"
58	247	Perales, Susana	11	Gilroy High School	14'01.00"
59	1307	Sigillo, Gina	10	St. Ignatius High School	14'01.00"
60	560	Charoenying, Tiffany	09	Lowell High School	14'00.00"
61	557	Sylvester, Giselle	10	Los Gatos High School	14'00.00"
62	1321	Wong, Tina	11	St. Ignatius High School	13'11.00"
63	195	Dullien, Jackie	10	Foothill High School	13'10.00"
64	866	Foley, Beth	12	Notre Dame High School	13'10.00"
65	1205	Agloro, Angelique	10	St. Ignatius High School	13'09.00"
66	969	McClare, Miesha	10	San Lorenzo High School	12'06.00"
67	671	Neloechea, Amanda	11	Mission San Jose H.S.	ND

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 48 Varsity Boys Discus Throw

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	1236	Donnelly, Mike	12	St. Ignatius High School	157'00.00"
2	988	Sanborn, Adam	12	San Lorenzo Valley H.S.	146'00.00"
3	502	Bjorklund, Pete	10	Los Altos High School	145'01.00"
4	508	Giraud, Miah	11	Los Altos High School	143'06.00"
5	174	Fought, Mike	12	Del Mar High School	142'00.00"
6	978	Woods, Jarrad	12	San Lorenzo High School	137'06.00"
7	1262	Jackson, Trevor	12	St. Ignatius High School	137'00.00"
8	2	Butler, Marcus	12	Aptos High School	135'11.00"
9	413	Nichols, Brett	11	King City High School	135'11.00"
10	638	Alvarado, Frederico	12	Milpitas High School	135'00.00"
11	980	Beltz, Billy	12	San Lorenzo Valley H.S.	135'00.00"
12	1244	Fitzgibbon, Corey	10	St. Ignatius High School	135'00.00"
13	125	Passalacqua, Kevin	12	Bellarmino College Prep.	134'00.00"
14	1018	Scott, David	12	Santa Clara High School	133'00.00"
15	1294	Olshansky, Igor	09	St. Ignatius High School	132'00.00"
16	942	Salkinovic, Adam	11	Prospect High School	130'10.00"
17	1178	Grilli, Stew	12	St. Francis High School	130'02.00"
18	1210	Barulich, Aaron	11	St. Ignatius High School	130'00.00"
19	879	Carter, Andre	12	Oak Grove High School	130'00.00"
20	732	Glass, Marco	11	Mount Pleasant H.S.	130'00.00"
21	549	Pugh, Mike	12	Los Gatos High School	130'00.00"
22	259	Swanson, Brett	12	Gilroy High School	129'10.00"
23	223	Atencio, Tony	12	Gilroy High School	129'00.00"
24	1127	Saddi, John	12	Serra High School	127'07.00"
25	68	Soto, Phil	12	Archbishop Riordan High	127'06.00"
26	91	Callahan, McCabe	12	Bellarmino College Prep.	127'05.00"
27	105	Jones, Quint	12	Bellarmino College Prep.	127'00.00"
28	25	Paul, Justin	12	Aptos High School	126'10.00"
29	712	Cheshire, Doug	12	Monterey High School	126'06.00"
30	722	Napoli, Jerry	12	Monterey High School	126'04.00"
31	1124	O'Hara, Quin	12	Serra High School	126'00.00"
32	415	Schmidt, Nessian	12	King City High School	125'00.00"
33	837	Simpson, Cody	12	North Monterey County	125'00.00"
34	630	Murray, Cheyne	11	Menlo-Atherton High	124'00.00"
35	509	Goines, Mica	10	Los Altos High School	123'08.00"
36	1076	Marshall, Mark	12	Saratoga High School	123'00.00"
37	362	Leroy, Josh	12	Irvington High School	122'00.00"
38	1145	McNiel, Jesse	11	Silver Creek High School	122'00.00"
39	1320	Wilkensen, Keith	11	St. Ignatius High School	122'00.00"
40	356	Blas, Ian	12	Irvington High School	121'00.00"
41	1044	Conroy, Devin	11	Santa Teresa High School	120'00.00"
42	479	Davis, Jon	12	Live Oak High School	120'00.00"
43	799	Flores, Jason	12	North Monterey County	120'00.00"
44	1139	Guzman, Roger	11	Silver Creek High School	120'00.00"
45	1263	Jakie, Ivan	10	St. Ignatius High School	120'00.00"
46	484	Killmartin, Mike	11	Live Oak High School	120'00.00"
47	1381	Murr, Doug	11	Willow Glen High School	120'00.00"
48	66	Shea, Tim	11	Archbishop Riordan High	120'00.00"
49	834	Silvear, Matt	11	North Monterey County	118'11.00"

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 48 Varsity Boys Discus Throw (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
50	704	Pak, Gerry	11	Monta Vista High School	118'08.00"
51	1359	Nikfar, Issac	12	Wilcox High School	118'00.00"
52	428	Seaberg, Peter	11	Leigh High School	118'00.00"
53	58	Dionida, Justin	11	Archbishop Riordan High	117'07.00"
54	452	Fuentes, Roman	11	Lincoln High School	117'00.00"
55	1390	Castorena, Jose	11	Yerba Buena High School	116'02.00"
56	1361	Rodriguez, Alberto	11	Wilcox High School	116'00.00"
57	1364	Vaigt, Duke	12	Wilcox High School	116'00.00"
58	217	Tanner, Matt	11	Foothill High School	115'10.00"
59	1177	Gartin, Barry	12	St. Francis High School	115'09.00"
60	1399	Obina, Jayson	12	Yerba Buena High School	115'03.00"
61	457	Johnson, Shaun	12	Lincoln High School	115'00.00"
62	212	Pattie, Norie	11	Foothill High School	115'00.00"
63	740	Qudar, Abdul	12	Mount Pleasant H.S.	115'00.00"
64	1179	Gross, Mike	12	St. Francis High School	112'00.00"
65	1091	Dilley, Adrian	11	Sequoia High School	111'02.00"
66	754	Bishop, Duke	11	Newark Memorial High	110'00.00"
67	1182	Jackson, Jason	11	St. Francis High School	110'00.00"
68	911	Simon, Jerrold	12	Overfelt High School	110'00.00"
69	735	Higashi, Garret	12	Mount Pleasant H.S.	100'00.00"
70	742	Reyna, Tony	11	Mount Pleasant H.S.	100'00.00"
71	1035	Martin, Lee	12	Santa Cruz High School	ND

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 49 Varsity Girls High Jump

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	506	Demeter, Holly	10	Los Altos High School	5'04.00"
2	154	Eggers, Jenny	12	Carondelet High School	5'04.00"
3	868	Gualco, Loren	12	Notre Dame High School	5'04.00"
4	78	Kiessling, Alina	11	Australia	5'03.00"
5	270	Butler, Sandra	11	Gunderson High School	5'02.00"
6	503	Cassidy, Megan	12	Los Altos High School	5'02.00"
7	1233	Deely, Alanna	12	St. Ignatius High School	5'02.00"
8	801	Gillott, Nikki	11	North Monterey County	5'02.00"
9	1420	Stone, Kim	10	York High School	5'02.00"
10	682	Abatzoglou, Anna	10	Monta Vista High School	5'00.00"
11	1045	Cortney, Debra	12	Santa Teresa High School	5'00.00"
12	1415	Dupree, Danielle	10	York High School	5'00.00"
13	76	Hamilton, Sally	11	Australia	5'00.00"
14	1253	Hansell, Melissa	11	St. Ignatius High School	5'00.00"
15	277	James, Shatoya	10	Gunderson High School	5'00.00"
16	1267	Kiisk, Shannon	11	St. Ignatius High School	5'00.00"
17	736	King, Nicole	11	Mount Pleasant H.S.	5'00.00"
18	1272	Lee, Jenny	11	St. Ignatius High School	5'00.00"
19	1280	Makanga, Caroline	10	St. Ignatius High School	5'00.00"
20	648	Mallory, Cynthia	10	Milpitas High School	5'00.00"
21	745	Sears, Amanda	11	Mount Pleasant H.S.	5'00.00"
22	994	Abdo, Auah	10	Santa Clara High School	4'11.00"
23	4	Costanza, Krithina	09	Aptos High School	4'10.00"
24	17	Hinga, Ali	09	Aptos High School	4'10.00"
25	1264	Jennings, Michelle	11	St. Ignatius High School	4'10.00"
26	697	Lin, Mindy	11	Monta Vista High School	4'10.00"
27	1080	Prolo, Laura	11	Saratoga High School	4'10.00"
28	707	Tan, Judy	12	Monta Vista High School	4'10.00"
29	843	Taylor, Amber	10	North Monterey County	4'10.00"
30	405	Arce, Sarah	11	King City High School	4'08.00"
31	904	Dela Cruz, Michelle	11	Overfelt High School	4'08.00"
32	369	Shaw, Chantel	09	Irvington High School	4'08.00"
33	838	Soliven, Yvette	10	North Monterey County	4'08.00"
34	1341	taylor, Melissa	11	Westmont High School	4'08.00"
35	1409	Thomas, Jeanine	10	Yerba Buena High School	4'08.00"
36	416	Tully, Kasey	09	King City High School	4'08.00"
37	876	Watson, Lindsay	09	Notre Dame High School	4'08.00"
38	53	Williams, Kristen	09	Aragon High School	4'08.00"
39	1323	Yap, Julie	10	St. Ignatius High School	4'08.00"
40	1064	Chang, Audrey	11	Saratoga High School	4'06.00"
41	560	Charoenying, Tiffany	09	Lowell High School	4'06.00"
42	923	Choi, Amanda	12	Presentation High School	4'06.00"
43	158	Hilliard, Karen	11	Carondelet High School	4'06.00"
44	159	Kefer, Julie	10	Carondelet High School	4'06.00"
45	954	Taylor, Lassandra	09	Salinas High School	4'06.00"
46	1421	Ticoulat-Bowers, Danielle	10	York High School	4'06.00"
47	260	Tinsley, Samantha	12	Gilroy High School	4'06.00"
48	168	Tudor, Ellen	11	Carondelet High School	4'06.00"
49	1092	Galvin, Kelly	12	Sequoia High School	4'04.00"

Bob Podkaminer
03/27/97 4:02 AM

West Valley College Relays
21st Annual

Hy-Tek's MEET MANAGER
Page 73

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 49 Varsity Girls High Jump (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
50	465	Prior, Jodi	11	Lincoln High School	4'04.00"

To all coaches, athletes, spectators and officials:

WELCOME TO THE 21st ANNUAL WEST VALLEY RELAYS!

We would like to extend to all of you our appreciation for your support of this meet which continues to be one of the top high school track and field meets in Northern California. This year, we are very excited to present the first official attempt to break 4 minutes for the mile on our track. The race will be started by a long time supporter of West Valley Track & Field and more significantly the first U.S. runner to break the 4 minute barrier, Don Bowden.

We hope your experience here this weekend is both fruitful and enjoyable for all. As always, we welcome any suggestions to improve our meet in the future.

West Valley College Track & Field Staff

Dan Besmer, Bill Campbell, Marty Krulee, Monica Townsend

WINNING TEAMS						
YEAR	VARSITY		FROSH-SOPH		GIRLS	
1977	Mt. Pleasant	43	Menlo Atherton	33	_____	—
1978	Mt. Pleasant	50	Silver Creek	35	_____	—
1979	Cubberly	30	Independence	28	Lynbrook	22
1980	Mt. Pleasant	40	Mt. Pleasant	49	San Carlos	24
1981	Palo Alto	27	Menlo Atherton	35	Carlmont	30
1982	Mt. Pleasant	56	Carlmont	38	Carlmont	29
1983	Berkeley	51	Palo Alto	32	Woodside	28
1984	Bellarmino	28	Palo Alto	33	Leigh & Woodside	31
1985	Independence & St. Mary's	31	Santa Teresa & Bellarmino	35	Menlo Atherton	35
1986	Bellarmino	48	Bellarmino	34	St. Francis	30
1987	Bellarmino	39	Bellarmino	44	St. Francis	36
1988	Bellarmino	48	Bellarmino	34	St. Francis	30
1989	Bellarmino	43	Monterey	25	Carlmont	29
1990	Leigh	31	St. Ignatius	50	Fremont	34
1991	St. Ignatius	44.5	Del Mar	22	Archbishop Mitty	21.5
1992	St. Ignatius	55	Bellarmino	58	Mt. Pleasant & Skyline	26
1993	St. Ignatius	34	St. Ignatius	36	Skyline	102
1994	Independence	30.5	Bellarmino	45	Beyer	44
1995	Bellarmino & DeLaSalle	57	Calaveras	40	Carondelet	71
1996	Bellarmino	55.5	James Logan	56	St. Ignatius	37.33

To all coaches and athletes:

GOOD LUCK IN TODAY'S COMPETITION!!

MEET RECORDS

VARSIITY

<u>Event</u>	<u>Performer/School</u>	<u>Mark</u>	<u>Year</u>
4x100 Relay	Berkeley	41.6	1983
4x400 Relay	Cubberly	3:18.9	1979
2 Mile Relay	Bellarmino	7:57.5	1981
4x1600 Relay	Jesuit	17:22.1	1986
100 Meters	Laynes (Oakland)	10.82	1989
	Lewis (Wilcox)	10.82	1992
200 Meters	Lewis (Wilcox)	21.79	1992
800 Meters	Cervelli (Santa Teresa)	1:55.4	1993
* 1500 Meters	Sikiric (Leland)	3:54.78	1996
1600 M Steeplechase	Hill (A. Hill)	4:53.6	1986
5000 Meters	M. Livingston (Willow Glen)	15:11.0	1983
110 Meter H.H.	Green (Palo Alto)	13.7	1982
400 Meter I.H.	Sennez (Gilroy)	52.5	1981
Shot Put	Houston (Willow Glen)	60' 6.5"	1984
Discus	Thompson (Cupertino)	187' 9"	1985
Hammer	Stengele (Los Gatos)	197' 1"	1993
Long Jump	Bates (Menlo Atherton)	24' 1.5"	1977
Triple Jump	Bates (Menlo Atherton)	48' 11.25"	1977
High Jump	Wyrick (Mt. Pleasant)	6' 10"	1978
	Webster (Homestead)	6' 10"	1985
Pole Vault	Kibort (Saratoga)	16' 0"	1983

GIRLS

<u>Event</u>	<u>Performer/School</u>	<u>Mark</u>	<u>Year</u>
4x100 Relay	Skyline	46.80	1993
4x400 Relay	Skyline	3:49.24	1993
Distance Med. Relay	Gunderson	12:08.7	1986
100 Meters	Wallace (Skyline)	12.01	1993
200 Meters	Wallace (Skyline)	24.85	1993
800 Meters	Moore (Harbor)	2:17.5	1989
1500 Meters	Stern (Silver Creek)	4:35.2c	1985
3000 Meters	Chamberlain (Leigh)	9:59.9	1986
* 100 Meter Hurdles	Ponder (Del Mar)	14.94	1996
400 Meter L.H.	Demorest (Buchser)	62.0	1981
Shot Put	Floyd (Oak Grove)	44' 8.5"	1984
Discus	Durchslag (San Carlos)	138' 4.75"	1981
Long Jump	Rockwell (Gunn)	19' 6.5"	1979
	Brown (Woodside)	19' 6.5"	1984
Triple Jump	Brown (Woodside)	41' 2.75"	1984
High Jump	Johnson (Menlo Atherton)	5' 10"	1991
* Pole Vault	Badillo (Mt. Pleasant)	8' 6"	1996

FROSH/SOPH

<u>Event</u>	<u>Performer/School</u>	<u>Mark</u>	<u>Year</u>
4x100 Relay	Cubberly	43.3	1977
4x400 Relay	Cubberly	3:24.6	1977
Distance Med. Relay	Fremont	10:45.0	1978
* 100 Meters	Nguyen (Logan)	11.45	1996
200 Meters	Harvey (Silver Creek)	22.4	1990
800 Meters	Stokes (Mills)	2:00.6	1991
3000 Meters	Arzac (Oceana)	9:08.2	1986
65 Meter H.H.	Edmon (Bellarmino)	9.24	1992
300 Meter I.H.	Riddle (Gunn)	41.62	1993
* 400 Meter I.H.	McGowan (Leigh)	59.82	1996
Shot Put	Robinson (Awalt)	56' 9"	1979
Discus	Presser (Cupertino)	140' 5"	1987
Long Jump	Lumactod (Buchser)	22' 2"	1978
Triple Jump	McComb (Carmel)	44' 1"	1991
High Jump	McComb (Carmel)	6' 5"	1991
* Pole Vault	Nikbashtali (Mitty)	10' 0"	1996

1997 West Valley Relays

INSTRUCTION SHEET

1. **COACHES:** check-in and scratch your runners at the check-in table located at the north end of the straightaway **RUNNERS MUST BE CHECKED IN 30 MINUTES PRIOR TO THE START OF THEIR EVENT OR THEY WILL BE SCRATCHED.** We will comply as closely as possible with the time schedule printed in today's program. Field event athletes may check-in directly at their event site.
2. **RUNNERS MUST REPORT TO THE CLERK OF THE START PRIOR TO THE START OF THEIR EVENT.** The Clerk(Rick Milam) will be located on the infield. He will issue hip numbers and usher the athletes to the start.
3. Once the competition begins, please keep your athletes off the track unless they are competing. **INSTRUCT YOUR ATHLETES TO WARM-UP EITHER ON THE INFIELD OR OUTSIDE THE STADIUM.** Congestion could be a problem, so we appreciate your cooperation and assistance in complying with this request. Please instruct your athletes to pick up any litter for which they are responsible.
4. Coaches may pick up awards for their athletes at the awards table in the center of the field after all of them have finished competition or at the conclusion of the meet .
5. Coaches/teams will be given 2 copies of the program. Additional copies may be purchased at the awards table in the center of the field.
6. Coaches and athletes are reminded that if an athlete competes in the Frosh-Soph Division on Friday evening, he may not compete in any Varsity events on Saturday.
7. Because of the large numbers of field event athletes, contestants will be subject to the 1 minute rule (athletes must begin their attempt and complete their effort within 1 minute of being called, except for the pole vault, which is 1 1/2 minutes).
8. As stated in the entry instructions, the following events have minimum measurement standards for **Saturday Only:**

<u>EVENT</u>	<u>BOYS</u>	<u>GIRLS</u>
Long Jump	16 ft	13 ft
Triple Jump	35 ft.	27 ft.
Shot Put	34 ft.	25 ft.
Discus	115 ft.	80 ft.

9. **REMEMBER—ONLY 1/4 " SPIKES CAN BE USED.**
10. Timing is recorded to the 1/100th of a second to avoid "ties" within or across heats. All sections are finals—there are no heats for later finals.
11. If any problems develop, please see one of the meet directors: (WVC Track & Field Staff)
12. The no false start rule will be enforced in all races.
13. **NO ADDITIONS ARE ALLOWED.** Substitutions will be allowed if made before the meet begins.

West Valley College Relays
FROSH/SOPH DIVISION
SCHEDULE OF EVENTS
Friday, March 28th

RUNNING EVENTS

<u>EVENT NO.</u>	<u>EVENT</u>	<u>TIME</u>
1	4 x 100 Relay	3:00 P.M.
2	Distance Medley (1200-400-800-1600)	3:15
3	65 High Hurdles	3:35
4	100 Meters	3:50
5	800 Meters	4:25
6	400 Intermediate Hurdles	4:45
7	200 Meters	5:00
8	3000 Meters	5:30
9	4 x 400 Relay	6:00

FIELD EVENTS

<u>EVENT NO.</u>	<u>EVENT</u>	<u>TIME</u>
10	Long Jump	2:30 P.M.
11	Discus	2:30
12	High Jump	3:00
13	Pole Vault	3:00
14	Triple Jump	4:00
15	Shot Put	4:00

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 1 Frosh-Soph Boys 4x100 Meter Relay

RANK	REL #	RELAY	AFFILIATION	SEED TIME
====	=====	=====	=====	=====
1		LOGA "A"	James Logan High School	44.20
2		SILV "A"	Silver Creek High School	45.00
3		STFR "A"	St. Francis High School	45.30
4		SALO "A"	San Lorenzo High School	45.80
5		SEQU "A"	Sequoia High School	45.90
6		BELL "A"	Bellarmino College Prep.	46.00
7		DELM "A"	Del Mar High School	46.00
8		INDE "A"	Independence High School	46.00
9		NEWA "A"	Newark Memorial High	46.10
10		YERB "A"	Yerba Buena High School	46.20
11		LOGA "B"	James Logan High School	46.70
12		LOWE "A"	Lowell High School	46.70
13		MILP "A"	Milpitas High School	46.75
14		ARAG "A"	Aragon High School	47.00
15		LYNB "A"	Lynbrook High School	47.00
16		NMC "A"	North Monterey County	47.00
17		SERR "A"	Serra High School	47.00
18		SEQU "B"	Sequoia High School	47.20
19		LOSG "A"	Los Gatos High School	48.00
20		APTS "A"	Aptos High School	48.20
21		FOOT "A"	Foothill High School	48.20
22		SARA "A"	Saratoga High School	48.80
23		MISJ "A"	Mission San Jose H.S.	49.00
24		SACL "A"	Santa Clara High School	49.30
25		SACR "A"	Santa Cruz High School	50.00

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 2 Frosh-Soph Boys Distance Medley

RANK	REL #	RELAY	AFFILIATION	SEED TIME
====	=====	=====	=====	=====
1		BELL "A"	Bellarmine College Prep.	11:10.00
2		SILV "A"	Silver Creek High School	11:10.00
3		DELM "A"	Del Mar High School	11:15.00
4		YERB "A"	Yerba Buena High School	11:20.00
5		SARA "A"	Saratoga High School	11:25.00
6		LOSG "A"	Los Gatos High School	11:29.00
7		ARAG "A"	Aragon High School	11:41.00
8		INDE "A"	Independence High School	11:42.00
9		LOWE "A"	Lowell High School	11:54.00
10		FOOT "A"	Foothill High School	11:55.00
11		SACR "A"	Santa Cruz High School	12:00.00
12		MISJ "A"	Mission San Jose H.S.	12:05.00
13		LOWE "B"	Lowell High School	12:10.00
14		LOGA "A"	James Logan High School	12:20.80
15		SERR "A"	Serra High School	12:25.00
16		HMB "A"	Half Moon Bay High School	12:30.00
17		OAKG "A"	Oak Grove High School	13:00.00
18		GILR "A"	Gilroy High School	NT
19		NEWA "A"	Newark Memorial High	NT
20		NMC "A"	North Monterey County	NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 3 Frosh-Soph Boys 65 Meter High Hurdles

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	100	Gill, Karam	10	Bellarmino College Prep.	9.20
2	783	Cabana, Aaron	10	North Monterey County	9.50
3	1191	Noble, Chuck	10	St. Francis High School	9.70
4	124	Osti, Eric	9	Bellarmino College Prep.	10.00
5	36	Agudo, Tony	10	Aragon High School	10.20
6	757	Caves, Lonzo	10	Newark Memorial High	10.20
7	573	Lee, Ronald	10	Lowell High School	10.50
8	1200	Thomas, Berard	09	St. Francis High School	10.50
9	1084	Verson, Jeff	09	Saratoga High School	10.50
10	791	Dela Mora, Mike	09	North Monterey County	10.70
11	102	Hatherley, Paul	10	Bellarmino College Prep.	10.70
12	815	Judnick, Jared	09	North Monterey County	10.70
13	1089	Chachuat, Alain	10	Sequoia High School	10.80
14	85	Beauchman, Naseem	10	Bellarmino College Prep.	11.00
15	878	Canela, Rigo	09	Oak Grove High School	11.00
16	703	Ota, Ken	10	Monta Vista High School	11.00
17	710	Yamaoka, Colin	09	Monta Vista High School	11.10
18	1380	Martinez, Joe	10	Willow Glen High School	11.20
19	1382	Ramirez, Jeffrey	10	Willow Glen High School	11.30
20	1375	Downs, Jeremy	9	Willow Glen High School	11.40
21	390	Johnson, Renji	09	James Logan High School	11.60
22	583	Suen, Martin	10	Lowell High School	11.70
23	378	Cannon, Lester	10	James Logan High School	11.80
24	379	Click, Stephen	09	James Logan High School	12.10
25	1131	Stonum, Rob	10	Serra High School	13.90
26	1123	Molumby, Jeff	9	Serra High School	14.00
27	337	Gant, Michael	10	Independence High School	16.20
28	329	Agustin, Joseph	10	Independence High School	16.30
29	354	Scott, Justin	9	Independence High School	16.50

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 4 Frosh-Soph Boys 100 Meter Dash

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	380	Coleman, Cornall	10	James Logan High School	10.70
2	395	Nguyen, Mihn	10	James Logan High School	11.00
3	935	Jacob, Andre	12	Prospect High School	11.01
4	1100	Minty, Sam	10	Sequoia High School	11.20
5	933	Gawans, Risky	09	Prospect High School	11.30
6	42	Jackson, Dingane	10	Aragon High School	11.30
7	1168	Atkinson, Mike	10	St. Francis High School	11.40
8	751	Haynes, Andre	09	Natomas High School	11.40
9	1393	Joaquin, Chris	10	Yerba Buena High School	11.40
10	814	Jones, Willie	10	North Monterey County	11.40
11	39	Chenoweth, Tonieh	09	Aragon High School	11.50
12	765	Krepelka, Mike	09	Newark Memorial High	11.50
13	113	Malaraey, Craig	09	Bellarmino College Prep.	11.50
14	120	Nakamitsu, Dwight	09	Bellarmino College Prep.	11.50
15	1065	Colman, Brent	10	Saratoga High School	11.60
16	689	Fitgerald, Kip	10	Monta Vista High School	11.60
17	392	LeFort, Glendale	10	James Logan High School	11.60
18	1185	Lyman, Chase	09	St. Francis High School	11.60
19	184	Lyons, Robert	09	Del Mar High School	11.60
20	672	Ng, Andree	10	Mission San Jose H.S.	11.60
21	991	Satterfield, Josh	10	San Lorenzo Valley H.S.	11.60
22	401	Thomas, Mike	10	James Logan High School	11.60
23	1090	Chachuat, Marc	10	Sequoia High School	11.70
24	1376	Fernandez, John	10	Willow Glen High School	11.70
25	386	Igbal, Abdul	10	James Logan High School	11.70
26	387	Jackson, Price	10	James Logan High School	11.70
27	1392	Jimenez, Gus	10	Yerba Buena High School	11.70
28	983	Mast, Matt	10	San Lorenzo Valley H.S.	11.70
29	118	Moloney, Thomas	09	Bellarmino College Prep.	11.70
30	657	Sterenson, Marcei	10	Milpitas High School	11.70
31	332	Colbert, Kyle	9	Independence High School	11.80
32	649	Mirador, Eugene	10	Milpitas High School	11.80
33	402	Thompson, Alphonso	10	James Logan High School	11.80
34	781	Brombach, Robert	10	North Monterey County	11.90
35	383	Evans, Donnie	09	James Logan High School	11.90
36	568	Juarez, Rene	10	Lowell High School	11.90
37	1189	Medina, Rudy	10	St. Francis High School	11.90
38	137	Sylva, Mark	10	Bellarmino College Prep.	11.90
39	847	Vargas, Noe	09	North Monterey County	11.90
40	382	Dixon, Dsjon	09	James Logan High School	12.00
41	180	Johnson, Jermaine	09	Del Mar High School	12.00
42	248	Perry, Gary	09	Gilroy High School	12.00
43	255	Stewart, Kevin	09	Gilroy High School	12.00
44	1112	Boyle, Seamus	10	Serra High School	12.10
45	384	Findley, Sean	10	James Logan High School	12.10
46	343	Mader, Chinedu	9	Independence High School	12.10
47	1114	Colar, Brandon	9	Serra High School	12.20
48	196	Eidson, Vaughn	10	Foothill High School	12.20
49	533	Greiner, Matts	10	Los Gatos High School	12.20

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 4 Frosh-Soph Boys 100 Meter Dash (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
50	421	Kemp, David	09	Leigh High School		12.20
51	538	Knipe, Zack	10	Los Gatos High School		12.20
52	1019	Sherman, John	10	Santa Clara High School		12.20
53	1410	Tran, An	09	Yerba Buena High School		12.20
54	617	Goyal, Manish	09	Menlo High School		12.30
55	1002	Greer, John	09	Santa Clara High School		12.30
56	420	Jones, Chris	09	Leigh High School		12.30
57	595	Katz, Justin	09	Lynbrook High School		12.30
58	376	Boxdell, James	10	James Logan High School		12.40
59	272	Dihn, Hai	09	Gunderson High School		12.40
60	802	Grajeck, Richard	09	North Monterey County		12.40
61	1144	Lam, James	09	Silver Creek High School		12.40
62	997	Carbonel, Ray	10	Santa Clara High School		12.50
63	964	Garret, Reggie	09	San Lorenzo High School		12.50
64	1183	Lao, Javi	09	St. Francis High School		12.50
65	206	Marlais, Chris	09	Foothill High School		12.50
66	609	Wang, Don	09	Lynbrook High School		12.50
67	194	Boehm, Dereck	9	Foothill High School		12.60
68	381	Dimri, Vishan	09	James Logan High School		12.60
69	7	Debritto, Matt	10	Aptos High School		12.80
70	23	Noma, Scott	09	Aptos High School		12.80
71	1013	Rath, Chris	09	Santa Clara High School		12.90
72	1017	Scholz, Nick	09	Santa Clara High School		12.90
73	1050	Khooshabeh, Peter	09	Santa Teresa High School		13.20
74	962	Brandy, Byron	9	San Lorenzo High School		13.21
75	1148	Nguyen, Hung	10	Silver Creek High School		NT
76	317	Puga, Chris	10	Half Moon Bay High School		NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 5 Frosh-Soph Boys 800 Meter Run

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
3	188	Ozan, D.J.	10	Del Mar High School	2:02.05
5	521	Carter, Joseph	10	Los Gatos High School	2:05.00
6	1037	Newey, Chris	10	Santa Cruz High School	2:05.00
7	129	Roger, Paul	09	Bellarmino College Prep.	2:07.00
8	170	Bangura, Jamiru	10	Del Mar High School	2:07.79
9	1346	Aubuchon, Joseph	10	Wilcox High School	2:08.00
10	963	Depina, Ingo	09	San Lorenzo High School	2:08.30
11	104	Janke, Chris	10	Bellarmino College Prep.	2:09.00
12	140	Villarreal, Dan	10	Bellarmino College Prep.	2:09.00
13	318	Tuff, Tim	10	Half Moon Bay High School	2:10.00
14	1108	Weber, Ingoman	10	Sequoia High School	2:10.00
15	816	Leon, David	10	North Monterey County	2:11.00
16	398	Rodriguez, Lenin	10	James Logan High School	2:11.70
17	81	Androzzi, Mario	09	Bellarmino College Prep.	2:12.00
18	1152	Sellers, Michael	10	Silver Creek High School	2:12.00
19	1165	Allen, Chris	09	St. Francis High School	2:12.10
20	372	Abuan, David	09	James Logan High School	2:12.40
21	1184	Lapcevic, Derek	09	St. Francis High School	2:12.80
22	1377	Garcia, Leonardo	10	Willow Glen High School	2:13.00
23	826	Pedroni, Jonathon	10	North Monterey County	2:13.00
24	1181	Huss, David	09	St. Francis High School	2:13.80
25	95	David, Eric	10	Bellarmino College Prep.	2:14.00
26	35	Vaughn, Ryan	10	Aptos High School	2:14.00
27	294	Zemenfes, Tsehayr	10	Gunderson High School	2:14.00
28	394	Mendez, Guillermo	10	James Logan High School	2:14.20
29	1088	Barriga, Valdemar	9	Sequoia High School	2:15.00
30	109	Knee, Andrew	09	Bellarmino College Prep.	2:15.00
31	555	Sullivan, Pat	10	Los Gatos High School	2:15.00
32	610	White, Brian	10	Lynbrook High School	2:15.00
33	313	Yu, Jeff	9	Gunn High School	2:15.00
34	575	Lim, Wilfredo	10	Lowell High School	2:15.20
35	110	Kuang, Chongai	09	Bellarmino College Prep.	2:15.40
36	199	Foreman, Brett	10	Foothill High School	2:16.00
37	141	Waeste, Mike	09	Bellarmino College Prep.	2:16.00
38	1170	Bunting, Charles	09	St. Francis High School	2:16.30
39	403	Virk, Rupinder	9	James Logan High School	2:16.70
40	97	Ewing, Mike	10	Bellarmino College Prep.	2:17.00
41	1142	Hubbs, Johnathan	09	Silver Creek High School	2:17.00
42	553	Stanton, Bill	09	Los Gatos High School	2:17.00
43	561	Chen, Jason	10	Lowell High School	2:17.70
44	282	Luera, Ernest	09	Gunderson High School	2:19.00
45	885	Guzman, Herlando	9	Oak Grove High School	2:20.00
46	1151	Ruggiero, Eric	10	Silver Creek High School	2:20.00
47	375	Bannon, Neil	9	James Logan High School	2:20.20
48	1056	Snook, John	09	Santa Teresa High School	2:21.00
49	239	McCandless, Kevin	09	Gilroy High School	2:23.00

West Valley College, Saratoga, California - Sat 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 5 Frosh-Soph Boys 800 Meter Run (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
50	202	Johnson, Matt	09	Foothill High School	2:23.50
51	32	Smithey, Matt	09	Aptos High School	2:23.50
52	467	Rodriguez, Mano	10	Lincoln High School	2:24.00
53	1009	Martinez, Manolo	09	Santa Clara High School	2:25.00
54	1355	Mellentine, Paul	09	Wilcox High School	2:25.00
55	1147	Nguyen, Hoang	09	Silver Creek High School	2:25.00
56	231	Hoshida, Steven	09	Gilroy High School	2:26.00
57	244	Panasiti, Josh	09	Gilroy High School	2:26.00
58	215	Scheel, Matt	09	Foothill High School	2:26.00
59	295	Zeteda, Jimmy	10	Gunderson High School	2:30.00
60	1028	Woodward, Jorell	09	Santa Clara High School	2:33.00
61	459	Lira, Israel	10	Lincoln High School	2:34.00
62	996	Burke, John	09	Santa Clara High School	2:35.00
63	289	Stalteri, Joe	09	Gunderson High School	2:35.00
64	292	Swallow, Craig	09	Gunderson High School	2:35.00
65	612	Yun-Nikolae, Bob	10	Lynbrook High School	2:37.00
66	1004	Hastings, Alex	09	Santa Clara High School	2:38.00

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 6 Frosh-Soph Boys 400 Meter Int Hurdles

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED	TIME
1	100	Gill, Karam	10	Bellarmino College Prep.		42.70
2	124	Osti, Eric	9	Bellarmino College Prep.		43.20
3	36	Agudo, Tony	10	Aragon High School		43.50
4	1033	Crick, Sam	10	Santa Cruz High School		43.90
5	1122	Mancuso, Ty	10	Serra High School		44.80
6	102	Hatherley, Paul	10	Bellarmino College Prep.		45.70
7	218	Tillman, Fadee	10	Foothill High School		46.00
8	827	Pioquinto, Ryan	10	North Monterey County		46.40
9	789	Coelho, Kevin	09	North Monterey County		46.90
10	815	Judnick, Jared	09	North Monterey County		46.90
11	1132	Waters, Dustin	9	Serra High School		47.00
12	878	Canela, Rigo	09	Oak Grove High School		47.20
13	1128	Showalter, Dan	09	Serra High School		47.70
14	85	Beauchman, Naseem	10	Bellarmino College Prep.		47.80
15	1084	Verson, Jeff	09	Saratoga High School		48.00
16	1382	Ramirez, Jeffrey	10	Willow Glen High School		53.40
17	1380	Martinez, Joe	10	Willow Glen High School		53.50
18	1375	Downs, Jeremy	9	Willow Glen High School		54.50
19	1089	Chachuat, Alain	10	Sequoia High School		1:07.60

PERFORMANCE LIST

Event 7 Frosh-Soph Boys 200 Meter Dash

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	380	Coleman, Cornall	10	James Logan High School	22.00
2	395	Nguyen, Mihn	10	James Logan High School	23.00
3	751	Haynes, Andre	09	Natomas High School	23.10
4	1376	Fernandez, John	10	Willow Glen High School	23.40
5	42	Jackson, Dingane	10	Aragon High School	23.50
6	54	Willis, Derrick	10	Aragon High School	23.50
7	933	Gawans, Risky	09	Prospect High School	23.70
8	763	Hollis, Mike	10	Newark Memorial High	23.80
9	1393	Joaquin, Chris	10	Yerba Buena High School	23.80
10	765	Krepelka, Mike	09	Newark Memorial High	23.80
11	667	Johnson, Michael	09	Mission San Jose H.S.	23.90
12	184	Lyons, Robert	09	Del Mar High School	23.90
13	753	Benoun, David	10	Newark Memorial High	24.00
14	814	Jones, Willie	10	North Monterey County	24.00
15	332	Colbert, Kyle	9	Independence High School	24.10
16	421	Kemp, David	09	Leigh High School	24.10
17	1100	Minty, Sam	10	Sequoia High School	24.10
18	317	Puga, Chris	10	Half Moon Bay High School	24.10
19	180	Johnson, Jermaine	09	Del Mar High School	24.20
20	1185	Lyman, Chase	09	St. Francis High School	24.20
21	983	Mast, Matt	10	San Lorenzo Valley H.S.	24.20
22	123	Olivera, Ed	10	Bellarmino College Prep.	24.20
23	1200	Thomas, Berard	09	St. Francis High School	24.30
24	646	Fullbright, Miguil	9	Milpitas High School	24.47
25	554	Sturm, Eric	09	Los Gatos High School	24.50
26	1090	Chachuat, Marc	10	Sequoia High School	24.60
27	642	Dawson, Cedric	10	Milpitas High School	24.60
28	343	Mader, Chinedu	9	Independence High School	24.60
29	991	Satterfield, Josh	10	San Lorenzo Valley H.S.	24.60
30	401	Thomas, Mike	10	James Logan High School	24.60
31	979	Albers, Pat	10	San Lorenzo Valley H.S.	24.70
32	93	Cohen, D.C.	10	Bellarmino College Prep.	24.70
33	116	McCarthy, Justin	10	Bellarmino College Prep.	24.70
34	617	Goyal, Manish	09	Menlo High School	24.80
35	1392	Jimenez, Gus	10	Yerba Buena High School	24.80
36	987	Rauch, Tim	10	San Lorenzo Valley H.S.	24.80
37	131	Santos, Aaron	10	Bellarmino College Prep.	24.80
38	197	Fitzpatrick, Ryan	10	Foothill High School	24.90
39	1031	Cincola, Mike	10	Santa Cruz High School	25.00
40	272	Dihn, Hai	09	Gunderson High School	25.00
41	282	Luera, Ernest	09	Gunderson High School	25.00
42	1085	Alvarado, Gonzalo	09	Sequoia High School	25.10
43	196	Eidson, Vaughn	10	Foothill High School	25.10
44	655	Roper, Dedric	09	Milpitas High School	25.30
45	536	Horgan, Corey	09	Los Gatos High School	25.40
46	1410	Tran, An	09	Yerba Buena High School	25.40
47	962	Brandy, Byron	9	San Lorenzo High School	25.50
48	7	Debritto, Matt	10	Aptos High School	25.78
49	376	Boxdell, James	10	James Logan High School	25.80

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 7 Frosh-Soph Boys 200 Meter Dash (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
50	595	Katz, Justin	09	Lynbrook High School	25.80
51	381	Dimri, Vishan	09	James Logan High School	25.90
52	537	Hsu, Stone	09	Los Gatos High School	25.90
53	281	Lopez, Jay	9	Gunderson High School	26.00
54	609	Wang, Don	09	Lynbrook High School	26.00
55	19	Kimbrow, Joey	10	Aptos High School	26.10
56	1144	Lam, James	09	Silver Creek High School	26.20
57	997	Carbonel, Ray	10	Santa Clara High School	26.40
58	964	Garret, Reggie	09	San Lorenzo High School	26.70
59	1019	Sherman, John	10	Santa Clara High School	26.70
60	1002	Greer, John	09	Santa Clara High School	26.80
61	214	Pong, Kevin	09	Foothill High School	27.00
62	1013	Rath, Chris	09	Santa Clara High School	27.00
63	1017	Scholz, Nick	09	Santa Clara High School	27.00
64	1050	Khooshabeh, Peter	09	Santa Teresa High School	28.00
65	146	Yeh, Justin	10	Bellarmino College Prep.	28.60
66	1344	Wong, Dustin	09	Westmont High School	56.00
67	1148	Nguyen, Hung	10	Silver Creek High School	NT

PERFORMANCE LIST

Event 8 Frosh-Soph Boys 3,000 Meter Run

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
1	200	George, Robbie	10	Foothill High School	9:52.70
2	199	Foreman, Brett	10	Foothill High School	9:56.10
3	1083	Tomine, Nobuaki	09	Saratoga High School	10:00.00
4	177	Harrington, Brian	10	Del Mar High School	10:15.50
5	785	Campbell, Josh	09	North Monterey County	10:22.00
6	88	Brown, Kevin	10	Bellarmino College Prep.	10:23.00
7	1171	Chaves, Dan	10	St. Francis High School	10:23.00
8	544	Martin, Jedd	10	Los Gatos High School	10:25.00
9	1136	Bleisch, Henry	10	Silver Creek High School	10:31.00
10	683	Champagne, Kelan	10	Monta Vista High School	10:38.00
11	122	Nolan, Mike	10	Bellarmino College Prep.	10:40.00
12	50	Sakurada, Michie	10	Aragon High School	10:40.00
13	144	Wilson, Jeff	10	Bellarmino College Prep.	10:40.00
14	574	Lim, Bentley	10	Lowell High School	10:41.70
15	793	Dixon, Eric	10	North Monterey County	10:43.00
16	208	McLaughlin, Evan	9	Foothill High School	10:45.00
17	656	Stanojevic, Ivan	10	Milpitas High School	10:45.00
18	1389	Castaneda, Miguel	10	Yerba Buena High School	10:46.00
19	684	Cheng, Alan	10	Monta Vista High School	10:50.00
20	51	Sakurada, Wataru	10	Aragon High School	10:50.00
21	819	Mendoza, Mario	10	North Monterey County	10:52.00
22	552	Smith, Ryan	10	Los Gatos High School	10:52.00
23	1153	Victorine, Keith	09	Silver Creek High School	10:54.00
24	1003	Guangul, Girmay	09	Santa Clara High School	10:58.00
25	1407	Sek, Rith	10	Yerba Buena High School	10:59.00
26	40	Cook, Dave	09	Aragon High School	11:00.00
27	618	Gupta, Rohit	09	Menlo High School	11:00.00
28	1038	Smith, Torrey	10	Santa Cruz High School	11:00.00
29	187	O'Neal, Chris	9	Del Mar High School	11:01.00
30	346	Maldonado, Ray	10	Independence High School	11:05.00
31	932	Gawa, John	09	Prospect High School	11:06.00
32	202	Johnson, Matt	09	Foothill High School	11:06.30
33	698	Low, David	09	Monta Vista High School	11:08.00
34	372	Abuan, David	09	James Logan High School	11:08.40
35	790	Day, Chris	9	North Monterey County	11:10.00
36	394	Mendez, Guillermo	10	James Logan High School	11:10.20
37	565	Gee, Jonathan	09	Lowell High School	11:10.60
38	403	Virk, Rupinder	9	James Logan High School	11:10.80
39	692	Gross, Brian	09	Monta Vista High School	11:12.00
40	1088	Barriga, Valdemar	9	Sequoia High School	11:14.00
41	306	Lanning, George	9	Gunn High School	11:15.00
42	547	Penkoff, Brian	09	Los Gatos High School	11:18.00
43	839	Stockton, Josh	9	North Monterey County	11:19.00
44	550	Regner, Zack	9	Los Gatos High School	11:20.00
45	243	Padron, Jacob	10	Gilroy High School	11:30.00
46	35	Vaughn, Ryan	10	Aptos High School	11:30.00
47	295	Zeteda, Jimmy	10	Gunderson High School	11:32.00
48	1147	Nguyen, Hoang	09	Silver Creek High School	11:33.00
49	294	Zemenfes, Tsehayr	10	Gunderson High School	11:34.00

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 8 Frosh-Soph Boys 3,000 Meter Run (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED TIME
50	1403	Pham, Jack	10	Yerba Buena High School	11:42.00
51	32	Smithey, Matt	09	Aptos High School	11:43.00
52	273	Egri, Dan	09	Gunderson High School	11:55.00
53	882	Garcia, Arturo	10	Oak Grove High School	12:00.00
54	603	Noonan, Nick	09	Lynbrook High School	12:00.00
55	289	Stalteri, Joe	09	Gunderson High School	12:03.00
56	292	Swallow, Craig	09	Gunderson High School	12:03.00
57	1099	Logan, Jeremy	09	Sequoia High School	12:15.00
58	258	Sturla, Jarred	10	Gilroy High School	12:30.00
59	222	Armstrong, Matt	09	Gilroy High School	12:45.00
60	597	Lion, William	10	Lynbrook High School	13:00.00
61	240	Musquez, Joe	09	Gilroy High School	13:00.00
62	611	Wishnack, Matt	10	Lynbrook High School	13:00.00
63	665	Baird, Ryan	10	Mission San Jose H.S.	NT

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 9 Frosh-Soph Boys 4x400 Meter Relay

RANK	REL #	RELAY	AFFILIATION	SEED TIME
====	=====	=====	=====	=====
1		LOGA "A"	James Logan High School	3:11.20
2		SILV "A"	Silver Creek High School	3:35.00
3		DELM "A"	Del Mar High School	3:40.00
4		MISJ "A"	Mission San Jose H.S.	3:40.00
5		STFR "A"	St. Francis High School	3:40.20
6		SERR "A"	Serra High School	3:42.60
7		BELL "A"	Bellarmino College Prep.	3:42.70
8		SACR "A"	Santa Cruz High School	3:43.00
9		FOOT "A"	Foothill High School	3:45.00
10		SARA "A"	Saratoga High School	3:46.00
11		NMC "A"	North Monterey County	3:47.00
12		LOSG "A"	Los Gatos High School	3:48.00
13		YERB "A"	Yerba Buena High School	3:48.00
14		SEQU "A"	Sequoia High School	3:49.00
15		INDE "A"	Independence High School	3:50.00
16		LOGA "B"	James Logan High School	3:52.80
17		LOWE "A"	Lowell High School	3:54.00
18		LYNB "A"	Lynbrook High School	3:54.00
19		LOWE "B"	Lowell High School	3:55.00
20		SACL "A"	Santa Clara High School	4:02.33
21		APTS "A"	Aptos High School	4:02.88
22		SEQU "B"	Sequoia High School	4:04.00
23		OAKG "A"	Oak Grove High School	4:08.00
24		GILR "A"	Gilroy High School	4:10.00
25		MILP "A"	Milpitas High School	4:45.30

PERFORMANCE LIST

Event 10 Frosh-Soph Boys Long Jump

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	297	Baker, Steven	09	Gunn High School	20'11.00"
2	1137	Cocos, Steve	10	Silver Creek High School	20'00.00"
3	814	Jones, Willie	10	North Monterey County	19'10.00"
4	38	Biksa, Karlis	10	Aragon High School	19'05.00"
5	392	LeFort, Glendale	10	James Logan High School	19'04.00"
6	763	Hollis, Mike	10	Newark Memorial High	19'03.00"
7	386	Igbal, Abdul	10	James Logan High School	19'03.00"
8	936	Jones, Omin	09	Prospect High School	19'03.00"
9	1027	Williams, Derick	10	Santa Clara High School	19'03.00"
10	100	Gill, Karam	10	Bellarmine College Prep.	19'01.00"
11	939	Kunia, Ahara	10	Prospect High School	19'01.00"
12	1143	Ibia, Vincente	10	Silver Creek High School	19'00.00"
13	554	Sturm, Eric	09	Los Gatos High School	19'00.00"
14	387	Jackson, Price	10	James Logan High School	18'08.00"
15	402	Thompson, Alphonso	10	James Logan High School	18'08.00"
16	382	Dixon, Dsjon	09	James Logan High School	18'07.00"
17	123	Olivera, Ed	10	Bellarmine College Prep.	18'07.00"
18	1400	Ortiz, Joel	10	Yerba Buena High School	18'06.00"
19	1130	Steach, Brian	10	Serra High School	18'06.00"
20	1189	Medina, Rudy	10	St. Francis High School	18'04.00"
21	1187	Mattos, Grant	10	St. Francis High School	18'03.00"
22	255	Stewart, Kevin	09	Gilroy High School	18'03.00"
23	333	Dandoy, Alvir	10	Independence High School	18'02.00"
24	384	Findley, Sean	10	James Logan High School	18'02.00"
25	1191	Noble, Chuck	10	St. Francis High School	18'02.00"
26	55	Yang, Joe	09	Aragon High School	18'02.00"
27	1183	Lao, Javi	09	St. Francis High School	18'01.00"
28	1168	Atkinson, Mike	10	St. Francis High School	18'00.00"
29	84	Bayne, Chris	10	Bellarmine College Prep.	18'00.00"
30	880	Davis, Tyrone	10	Oak Grove High School	18'00.00"
31	1131	Stonum, Rob	10	Serra High School	17'11.00"
32	373	Amey, Otis	09	James Logan High School	17'08.00"
33	1344	Wong, Dustin	09	Westmont High School	17'08.00"
34	1194	Raffetto, Joe	09	St. Francis High School	17'07.00"
35	881	Floro, Piere	10	Oak Grove High School	17'05.00"
36	377	Brooks, Eugene	10	James Logan High School	17'04.00"
37	1096	Knight, Korolon	09	Sequoia High School	17'04.00"
38	397	Quarles, Monroe	09	James Logan High School	17'04.00"
39	577	Ng, George	09	Lowell High School	17'03.50"
40	1140	Hoang, Joseph	10	Silver Creek High School	17'02.00"
41	1120	Johnson, Marcus	10	Serra High School	17'01.00"
42	1188	McDonald, Mike	09	St. Francis High School	17'01.00"
43	1134	Alcantara, James	09	Silver Creek High School	17'00.00"
44	221	Anderson, Josh	09	Gilroy High School	17'00.00"
45	589	Bryson, Barrett	09	Lynbrook High School	16'10.00"
46	214	Pong, Kevin	09	Foothill High School	16'10.00"
47	1056	Snook, John	09	Santa Teresa High School	16'10.00"
48	695	Jair, Jon	10	Monta Vista High School	16'09.50"
49	694	Jackson, Nick	10	Monta Vista High School	16'08.00"

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 10 Frosh-Soph Boys Long Jump (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
50	107	Keene, Chris	9	Bellarmino College Prep.	16'08.00"
51	121	Nguyen, Martin	10	Bellarmino College Prep.	16'08.00"
52	143	Williams, Antwan	09	Bellarmino College Prep.	16'07.00"
53	709	Wortham, David	10	Monta Vista High School	16'06.00"
54	1085	Alvarado, Gonzalo	09	Sequoia High School	16'02.00"
55	571	Kwog, Derek	09	Lowell High School	16'02.00"
56	253	Skogen, Nick	09	Gilroy High School	16'02.00"
57	1043	Chew, Sam	10	Santa Teresa High School	16'00.00"
58	23	Noma, Scott	09	Aptos High School	15'04.00"
59	596	Ling, Colon	09	Lynbrook High School	15'00.00"
60	22	Mills, Austin	09	Aptos High School	15'00.00"
61	1055	Shao, Wallace	10	Santa Teresa High School	14'06.00"
62	1050	Khooshabeh, Peter	09	Santa Teresa High School	13'09.00"
63	1376	Fernandez, John	10	Willow Glen High School	5'08.00"
64	1377	Garcia, Leonardo	10	Willow Glen High School	5'08.00"
65	815	Judnick, Jared	09	North Monterey County	ND

PERFORMANCE LIST

Event 11 Frosh-Soph Boys Discus Throw

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	228	Frederico, Jon	10	Gilroy High School	122'11.00"
2	252	Schwacofer, Chris	09	Gilroy High School	122'05.00"
3	811	James, Jesse	10	North Monterey County	120'04.00"
4	1324	Aimonetti, TJ	10	Westmont High School	118'00.00"
5	658	Torrillo, Mark	10	Milpitas High School	118'00.00"
6	192	Vanderzanden, Joe	10	Del Mar High School	118'00.00"
7	771	Rondi, Randy	10	Newark Memorial High	116'00.00"
8	3	Cales, Brian	10	Aptos High School	115'10.00"
9	419	Gunther, Jeff	10	Leigh High School	115'00.00"
10	783	Cabana, Aaron	10	North Monterey County	114'00.00"
11	1166	Ambler, David	09	St. Francis High School	113'09.00"
12	1198	Sloan, David	10	St. Francis High School	113'09.00"
13	126	Pattas, George	11	Bellarmino College Prep.	112'00.00"
14	300	Chi, Ben	09	Gunn High School	110'00.00"
15	822	Mortenson, Marc	10	North Monterey County	110'00.00"
16	527	Emmons, Ben	09	Los Gatos High School	109'10.00"
17	114	Martinez, Derek	10	Bellarmino College Prep.	109'00.00"
18	186	Morris, Darin	10	Del Mar High School	109'00.00"
19	800	Gillogly, Brandon	10	North Monterey County	108'01.00"
20	805	H, Charles	10	North Monterey County	107'00.00"
21	173	Fought, Jonathon	10	Del Mar High School	106'00.00"
22	532	Graves, James	09	Los Gatos High School	105'00.00"
23	766	Langford, Akil	10	Newark Memorial High	105'00.00"
24	111	Lauen, Justin	10	Bellarmino College Prep.	104'07.00"
25	83	Banbury, Jeff	10	Bellarmino College Prep.	104'00.00"
26	1395	Morgan, Eugene	10	Yerba Buena High School	103'02.00"
27	315	Zookin, Yuval	09	Gunn High School	103'00.00"
28	1398	NG, Delbert	10	Yerba Buena High School	101'03.00"
29	393	Luna, Nick	09	James Logan High School	101'02.00"
30	41	Godycki, Alex	09	Aragon High School	101'00.00"
31	812	Jimenez, Martin	09	North Monterey County	101'00.00"
32	809	Hewitt, Alan	09	North Monterey County	100'00.00"
33	1383	Sioson, Roem	10	Willow Glen High School	100'00.00"
34	27	Sampson, Doug	09	Aptos High School	99'01.00"
35	535	Hilliker, Don	09	Los Gatos High School	99'00.00"
36	391	Khan, Suhail	09	James Logan High School	98'02.00"
37	1169	Bligh, Mike	10	St. Francis High School	97'00.00"
38	448	Chavez, Leo	9	Lincoln High School	97'00.00"
39	528	Esparza, Rick	09	Los Gatos High School	96'05.00"
40	374	Bakh, Waguih	10	James Logan High School	94'07.00"
41	1406	Ponce, Richard	10	Yerba Buena High School	92'04.00"
42	444	Arroyo, Angel	10	Lincoln High School	92'00.00"
43	462	Mora, Saul	10	Lincoln High School	92'00.00"
44	1072	Jacobson, James	10	Saratoga High School	90'00.00"
45	470	Vargas, Jorge	10	Lincoln High School	90'00.00"
46	663	Ybut, Jason	10	Milpitas High School	90'00.00"
47	1401	Ortiz, Micheal	09	Yerba Buena High School	85'03.00"
48	1046	Delgadillo, Justin	11	Santa Teresa High School	85'02.00"
49	248	Perry, Gary	09	Gilroy High School	83'05.00"

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 11 Frosh-Soph Boys Discus Throw (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
50	460	Manzur	10	Lincoln High School	78'00.00"
51	586	Wilensky, Silvan	10	Lowell High School	77'09.00"
52	572	Lee, Daniel	10	Lowell High School	64'00.00"
53	1053	Parker, Garrett	09	Santa Teresa High School	60'04.00"
54	80	Alpers, Richie	10	Bellarmino College Prep.	1'03.00"
55	892	Reece, Marcus	10	Oak Grove High School	ND
56	895	Rodriguez, Santiago	09	Oak Grove High School	ND

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 12 Frosh-Soph Boys High Jump

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	400	Sheik, Amir	10	James Logan High School	8'00.00"
2	685	Coolidge, Kevin	10	Monta Vista High School	5'10.00"
3	1095	Kirkendal, Pierre	09	Sequoia High School	5'10.00"
4	185	Masin, Ruben	09	Del Mar High School	5'10.00"
5	33	Spears, Jeremiah	09	Aptos High School	5'10.00"
6	639	Billie, Jason	09	Milpitas High School	5'09.00"
7	1111	Botta, Pedro	10	Serra High School	5'08.00"
8	396	Puncga, Joe	10	James Logan High School	5'08.00"
9	1019	Sherman, John	10	Santa Clara High School	5'08.00"
10	1059	Anderson, Todd	09	Saratoga High School	5'06.00"
11	880	Davis, Tyrone	10	Oak Grove High School	5'06.00"
12	382	Dixon, Dsjon	09	James Logan High School	5'06.00"
13	96	Douglas, Robert	10	Bellarmino College Prep.	5'06.00"
14	276	Jackson, Devon	10	Gunderson High School	5'06.00"
15	389	Johnson, Kenji	09	James Logan High School	5'06.00"
16	1007	Kucera, Tom	10	Santa Clara High School	5'06.00"
17	1098	Leonardo, Lennard	10	Sequoia High School	5'06.00"
18	1187	Mattos, Grant	10	St. Francis High School	5'06.00"
19	1105	Smith, Paolo	09	Sequoia High School	5'06.00"
20	552	Smith, Ryan	10	Los Gatos High School	5'06.00"
21	255	Stewart, Kevin	09	Gilroy High School	5'06.00"
22	709	Wortham, David	10	Monta Vista High School	5'06.00"
23	710	Yamaoka, Colin	09	Monta Vista High School	5'06.00"
24	965	Gordillio, Ralph	09	San Lorenzo High School	5'05.00"
25	536	Horgan, Corey	09	Los Gatos High School	5'05.00"
26	967	Horton, DeAndre	09	San Lorenzo High School	5'05.00"
27	84	Bayne, Chris	10	Bellarmino College Prep.	5'04.00"
28	784	Calhoon, Lasdon	09	North Monterey County	5'04.00"
29	340	Higgs, Roshod	09	Independence High School	5'04.00"
30	107	Keene, Chris	9	Bellarmino College Prep.	5'04.00"
31	238	Masey, Garrett	10	Gilroy High School	5'04.00"
32	1193	Panfil, Mike	10	St. Francis High School	5'04.00"
33	397	Quarles, Monroe	09	James Logan High School	5'04.00"
34	830	Samples, Jonathon	09	North Monterey County	5'04.00"
35	312	Tribley, Jordan	09	Gunn High School	5'04.00"
36	143	Williams, Antwan	09	Bellarmino College Prep.	5'04.00"
37	373	Amey, Otis	09	James Logan High School	5'02.00"
38	221	Anderson, Josh	09	Gilroy High School	5'02.00"
39	1061	Bickenbach, Eric	10	Saratoga High School	5'02.00"
40	453	Garrison, Matt	10	Lincoln High School	5'02.00"
41	1071	Hurst, Brandon	10	Saratoga High School	5'02.00"
42	388	Jackson, Steve	09	James Logan High School	5'02.00"
43	881	Floro, Piere	10	Oak Grove High School	5'00.00"
44	22	Mills, Austin	09	Aptos High School	5'00.00"
45	598	Mar, Jason	09	Lynbrook High School	4'11.00"
46	599	McClaskey, Mitch	10	Lynbrook High School	4'11.00"
47	378	Cannon, Lester	10	James Logan High School	5.00"

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 13 Frosh-Soph Boys Pole Vault

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	755	Braunstein, Brandon	10	Newark Memorial High	13'00.00"
2	1172	Denman, Brian	10	St. Francis High School	11'06.00"
3	182	Jones, Garret	10	Del Mar High School	11'00.00"
4	1190	My, Brian	10	St. Francis High School	11'00.00"
5	396	Puncga, Joe	10	James Logan High School	11'00.00"
6	399	Serarra, Jonny	10	James Logan High School	11'00.00"
7	404	Wai, Clinton	10	James Logan High School	11'00.00"
8	757	Caves, Lonzo	10	Newark Memorial High	10'06.00"
9	535	Hilliker, Don	09	Los Gatos High School	10'06.00"
10	183	Lee, Graham	10	Del Mar High School	10'00.00"
11	1187	Mattos, Grant	10	St. Francis High School	10'00.00"
12	135	Silva, John	10	Bellarmino College Prep.	10'00.00"
13	137	Sylva, Mark	10	Bellarmino College Prep.	10'00.00"
14	191	Trong, Long	10	Del Mar High School	10'00.00"
15	576	Mak, Peter	10	Lowell High School	9'07.00"
16	385	Hess, Adam	09	James Logan High School	9'06.00"
17	106	Joyou, Richard	10	Bellarmino College Prep.	9'00.00"
18	818	Malone, Steve	10	North Monterey County	9'00.00"
19	1197	Riley, Ryan	09	St. Francis High School	9'00.00"
20	400	Sheik, Amir	10	James Logan High School	9'00.00"
21	841	Tarman, Greg	10	North Monterey County	9'00.00"
22	844	Tonks, T.J.	09	North Monterey County	9'00.00"
23	238	Masey, Garrett	10	Gilroy High School	8'00.00"
24	258	Sturla, Jarred	10	Gilroy High School	8'00.00"
25	231	Hoshida, Steven	09	Gilroy High School	7'06.00"
26	265	Zeiler, Travis	09	Gilroy High School	7'06.00"
27	1034	Lewis, Will	09	Santa Cruz High School	NH

PERFORMANCE LIST

Event 14 Frosh-Soph Boys Triple Jump

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
1	1143	Ibia, Vincente	10	Silver Creek High School	44'04.00"
2	378	Cannon, Lester	10	James Logan High School	40'07.00"
3	1137	Cocos, Steve	10	Silver Creek High School	40'00.00"
4	667	Johnson, Michael	09	Mission San Jose H.S.	40'00.00"
5	340	Higgs, Roshod	09	Independence High School	39'08.00"
6	396	Puncga, Joe	10	James Logan High School	39'07.00"
7	389	Johnson, Kenji	09	James Logan High School	39'06.00"
8	554	Sturm, Eric	09	Los Gatos High School	39'03.00"
9	386	Igbal, Abdul	10	James Logan High School	39'02.00"
10	1400	Ortiz, Joel	10	Yerba Buena High School	39'02.00"
11	1185	Lyman, Chase	09	St. Francis High School	39'00.00"
12	33	Spears, Jeremiah	09	Aptos High School	38'10.00"
13	392	LeFort, Glendale	10	James Logan High School	38'07.00"
14	123	Olivera, Ed	10	Bellarmino College Prep.	38'06.00"
15	939	Kunia, Ahara	10	Prospect High School	37'10.00"
16	402	Thompson, Alphonso	10	James Logan High School	37'08.00"
17	38	Biksa, Karlis	10	Aragon High School	37'06.00"
18	373	Amey, Otis	09	James Logan High School	37'04.00"
19	397	Quarles, Monroe	09	James Logan High School	37'04.00"
20	1370	Barone, Greg	10	Willow Glen High School	37'00.00"
21	1194	Raffetto, Joe	09	St. Francis High School	36'06.00"
22	830	Samples, Jonathon	09	North Monterey County	36'04.00"
23	584	Tihon, Chris	10	Lowell High School	36'04.00"
24	333	Dandoy, Alvir	10	Independence High School	36'02.00"
25	1140	Hoang, Joseph	10	Silver Creek High School	36'02.00"
26	388	Jackson, Steve	09	James Logan High School	36'02.00"
27	1187	Mattos, Grant	10	St. Francis High School	36'02.00"
28	1189	Medina, Rudy	10	St. Francis High School	36'02.00"
29	1193	Panfil, Mike	10	St. Francis High School	36'02.00"
30	121	Nguyen, Martin	10	Bellarmino College Prep.	35'09.00"
31	1134	Alcantara, James	09	Silver Creek High School	35'06.00"
32	23	Noma, Scott	09	Aptos High School	35'03.00"
33	880	Davis, Tyrone	10	Oak Grove High School	35'00.00"
34	881	Floro, Piere	10	Oak Grove High School	35'00.00"
35	1188	McDonald, Mike	09	St. Francis High School	35'00.00"
36	589	Bryson, Barrett	09	Lynbrook High School	34'10.00"
37	1056	Snook, John	09	Santa Teresa High School	34'03.00"
38	1095	Kirkendal, Pierre	09	Sequoia High School	34'02.00"
39	1061	Bickenbach, Eric	10	Saratoga High School	34'00.00"
40	537	Hsu, Stone	09	Los Gatos High School	33'10.00"
41	1033	Crick, Sam	10	Santa Cruz High School	33'08.00"
42	1043	Chew, Sam	10	Santa Teresa High School	33'04.00"
43	1120	Johnson, Marcus	10	Serra High School	33'04.00"
44	596	Ling, Colon	09	Lynbrook High School	33'00.00"
45	577	Ng, George	09	Lowell High School	32'08.00"
46	1368	Abdelbaki, Kamal	10	Willow Glen High School	32'00.00"
47	1055	Shao, Wallace	10	Santa Teresa High School	30'00.00"
48	1050	Khooshabeh, Peter	09	Santa Teresa High School	28'00.00"
49	1098	Leonardo, Lennard	10	Sequoia High School	25'06.00"

West Valley College, Saratoga, California - Fri 03/28/96 to Sat 03/29/96

PERFORMANCE LIST

Event 14 Frosh-Soph Boys Triple Jump (Continued)

RANK	COMP#	ATHLETE	YR	SCHOOL	SEED MARK
50	784	Calhoon, Lasdon	09	North Monterey County	ND
51	815	Judnick, Jared	09	North Monterey County	ND

