

Boys track and field

Hampton-Phillips Classic

At San Jose City College

110 HH — Guy McGowan (Leigh) 14.12, 2. Rico Hatter (Vallejo) 14.75, 3. Thomas Hocker (Silver Creek) 14.83; 4x100 — McClymonds 42.15, 2. St. Mary's 42.41, 3. Vallejo 42.43; 1600 — Leo Balderas (Silver Creek) 4:23.90, 2. Brian Harrington (Del Mar) 4:26.80, 3. Stephen Nestinger (Santa Clara) 4:35.62; 400 — Land Adams (McClymonds) 48.74, 2. Kwamin Taylor (St. Mary's) 49.26, 3. Jaffar Williams (St. Mary's) 49.36; 800 — Jon Stevens (Mission-SJ) 1:51.70, 2. D.J. Ozan (Del Mar) 1:55.29, 3. Leo Balderas (Silver Creek)

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1:58.71; 400 IH — Guy McGowan (Leigh) 54.26, 2. Thomas Hocker (Silver Creek) 55.33, 3. Rich Nero (St. Mary's) 56.15; 200 — Jaffar Williams (St. Mary's) 21.86, 2. Guy McGowan (Leigh) 21.98, 3. Marc King (Vallejo) 21.99; 3200 — Eddie Alaniz (Mt. Pleasant) 9:39.64, 2. Steve Garza (Piedmont Hills) 9:48.92, 3. David Monico (Piedmont Hills) 9:52.92; 4x400 — Vallejo 3:17.95, 2. St. Mary's 3:18.69, 3. Del Mar 3:25.10; Triple jump — Jerriod Mack (St. Mary's) 48-11 $\frac{1}{2}$, 2. Glen Stone (Yerba Buena) 44-11, 3. Vincent Ibia (Silver Creek) 44-8 $\frac{1}{2}$; 100 — Marc King (Vallejo) 11.04, 2. Steve Vickers (Franklin) 11.05, 3. Giovanni Miles (Vallejo) 11.06; 4x100 — McClymonds 42.15, 2. St. Mary's 42.41, 3. Vallejo 42.43.

Long jump — B'Jay Jones (Vallejo) 22-6, 2. Certes Cagape (Yerba Buena) 22-3, 3. Ryan Fernandez (Skyline) 22-1 $\frac{1}{2}$; Shot put — Brandon Goldstein (Piedmont Hills) 54-1, 2. Minh Nguyen (Silver Creek) 49-2, 3. Amin Nikfar (Wilcox) 49-0; Pole vault — B. Braunstein (Newark) 14-0, 2. Robert Carbajal (Mt. Pleasant) 14-0, 3. John Stovall (Washington) 13-3; High jump — Jerriod Mack (St. Mary's) 6-2, 2. Mike Black (Saratoga) 6-0, 3. Jason Blunt (Liberty) 6-0; Discus — Zack Whittington (Vallejo) 162-5, 2. Tom Woods (Burlingame) 126-9, 3. Paul Kofeloa (Menlo) 122-4.

Mt. SAC relays

Local finishes: 4x100 — 10. Mitty (Harmer, Daniels, May, Williams) 43.43; 4x400 — Mitty (Harmer, Daniels, Nikbaksh-Tali, Armon) 3:25.58, St. Francis 3:25.87; 4x800 — 6. St. Francis (Tucker 1:56) 8:06.43; Distance medley (400, 800, 1200, 1600) — Mitty (Harmer PR 48.99 split in 400) 10:50, St. Francis 11:07.6; Shuttle hurdle — St. Francis 1:07.10; 4x100 — 11. St. Francis 43.59; Sprint medley invitational (200, 200, 400, 800) — 1. St. Francis (800, Tucker 1:54.9) 3:31.52, the No. 2 time in the nation; Discus (Open division) — 1. Jim Grassi 160-2; Pole Vault — 4. Justin Nikbaksh-Tali 13-0.

Girls track and field

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3200 — Nicole Portley (Aragon) 10:56.60, 2. Katie Hotchkiss (Mission-SJ) 11:24.10, 3. Stephanie Smith (Livermore) 12:01.20; 100 LH — Lashinda Demus (Long Beach Wilson) 14.30, 2. Nicole Denby (J.W. North) 14.62, 3. Tamara Gulley (Oak Grove) 15.05; 100 — Aisha Margain (San Lorenzo) 11.70, 2. Latrice Borders (Long Beach Wilson) 11.70, 3. Tennesha Webb (Wilcox) 11.80; 4x100 — Long Beach 46.77, 2. Encinal 47.77, 3. San Lorenzo 48.03; 1600 — Katie Hotchkiss (Mission-SJ) 4:58.70, 2. Spring Dawson (Vallejo) 5:00.20, 3. Nicole Portley (Aragon) 5:15.20; 400 — Joni Smith (Long Beach Wilson) 55.14, 2. Sharon Equwonwu (Long Beach Wilson) 57.02, 3. Ryan Peters (Skyline) 57.15; 800 — Lache Bailey (El Cerrito) 2:14.10, 2. Kim Gildersleeve (Long Beach Wilson) 2:14.10, 3. Spring Dawson (Vallejo) 2:17.61; 400 LH — Ebony Kirton (Encinal) 1:02.46, 2. Lashinda Demus (Long Beach Wilson) 1:04.61, 3. Lisa O'Conner (Mission-SJ) 1:05.01; 200 — Latrice Borders (Long Beach Wilson) 23.9, 2. Aisha Margain (San Lorenzo) 23.90, 3. Sharita Reed (Encinal) 24.50; 4x400 — Long Beach 3:39.44, 2. Encinal 3:53.30, 3. J.W. North 3:54.20.

Triple jump — Shanna Adkins (Piedmont Hills) 37-6, 2. Cindy Hirsch (St. Francis) 35-10, 3. Chrissy Hirsch (St. Francis) 35-6 $\frac{1}{2}$; Discus — Amanda Belding (Wooster) 125-8 $\frac{1}{4}$, 2. Tina Summers (San Jose) 98-9, 3. Kristi Prasad (Milpitas) 97-1 $\frac{1}{4}$; Pole vault — Iran Serrano (Gonzalez) 10-6, 2. Lynda Tran (Mt. Pleasant) 9-0, 3. Lina Sar (Mt. Pleasant) 8-6; High jump — Sandra Butler (Gunderson) 5-6, 2. Michelle Chatman (St. Francis) 5-0, 3. Susan Peck (Gunn) 5-0; Shot put — Amanda Belding (wooster) 36-4, 2. Kristi Prasad (Milpitas) 35-10, 3. Shanna Adkins (Piedmont Hills) 34-11; Long jump — Keri Jones (Gunderson) 17-9 $\frac{1}{4}$, 2. Shanna Adkins (Piedmont Hills) 17-8, 3. Chrissy Hirsch (St. Francis) 17-3 $\frac{1}{4}$.

Mt. SAC relays

Mitty finishers: Triple jump — 4. Tinishia Johnson 37-5; 800 — Heather Hennessey 2:16.65.