

# **First Ever Los Altos Community Track Festival**

**Friday May 19<sup>th</sup>**

**4:00-5:00pm: Track & Field Clinic**

Shot, Discus, Long Jump, High Jump, Hurdles, Distance, Sprints  
Coached by Los Altos high school event coaches and athletes

**5:30pm: Community Track Meet**

## **Featured Events:**

50 meter dash  
400 meter dash  
"Coaches Special"  
100 meter dash

Long Jump  
Shot Put  
Softball Throw  
Vertical Jump

Mile Run  
4x200 meter relay

**Age group categories from under Kindergarten to Masters**

**Ribbons for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place**

**Free refreshments for the clinic participants**

**Snack Bar and BBQ**

**Special Guests and Famous Alumni will be present!**

<b>Clinic and Meet Entry:</b>	<b>\$10 per person - \$25 per family</b>
<b>Meet Entry Only:</b>	<b>\$5 per person - \$15 per family</b>
<b>Meet Spectator:</b>	<b>\$3 per person</b>

**Proceeds benefit Los Altos Track & Field**

**[www.losaltostrack.com](http://www.losaltostrack.com)**