

# Quad @ Woodside High School

Thursday, 4/29/10

Half Moon Bay, Menlo Atherton, Jefferson @ Woodside

## Varsity Boys

4 X 100m Relay			
Place	Athlete	School	Mark/Time
1	Jefferson	JEFF	45.3
2	Menlo Atherton	MA	46.2
3	Woodside	WOOD	47.7
1600m			
Place	Athlete	School	Mark/Time
1	Jason McGhee	MA	4:31.2
2	Peter Gunn	WOOD	4:38.5
3	Jack Beckwidth	MA	4:40.1
4	Berendy Hale	MA	4:56.1
5	Ceasar Aguilar	HMB	4:56.3
6	Alex De Beets	HMB	5:00.3
7	Ryan Roberts	HMB	5:01.1
8	Ryan Dill	HMB	5:03.1
9	Joab Camarena	WOOD	
110m Hurdles			
Place	Athlete	School	Mark/Time
1	Joshua Herren	JEFF	18.1
2	Bernard DeBerry	JEFF	18.5
3	Jacob Pinkston	MA	18.9
4	Chad Brock	MA	19.1
5	Mitchell Loving	WOOD	20.83
400m			
Place	Athlete	School	Mark/Time
1	Myles Holmes	JEFF	51.5
2	Djonn Williams	MA	53.0
3	Zackary Cantu	MA	54.1
4	Cedrik Robinson	JEFF	55.3
5	Chris Gordan	JEFF	56.0
6	Rodney Aviles	JEFF	57.5
100m			
Place	Athletes	School	Mark\Time
1	Jason Chandler	WOOD	11.0
2	Ezekial Nunu	JEFF	11.5
3	Brogan O'Hara	MA	11.5
4	Dminic Sena	HMB	11.6
5	Adrian Lara	WOOD	11.6
6	Juan Hernandez	WOOD	12.0
7	Dominic Sabatini	MA	12.4
8	James Blawie	MA	12.4

<b>800m</b>			
Place	Athlete	School	Mark/Time
1	Chris Waschura	WOOD	1:58.6
2	Mitch Martin	HMB	2:01.00
3	Michael Hester	MA	2:03.4
4	MAC Hart	WOOD	2:03.8
5	Jarrold Nixon	MA	2:06.7
6	Peter Gunn	WOOD	2:08.9
7	Danny O'Neel	MA	2:09.9
8	Jaime Chavez	MA	2:13.7
9	Cesar Arguilar	HMB	2:16.3
10	Ryan Roberts	HMB	2:17.3
11	Alex De Baets	HMB	2:18.9
12	Shane Hunt-Dusse'	WOOD	2:22.4
13	Andrew Blatner	WOOD	2:32.8
<b>300m Hurdles</b>			
Place	Athlete	School	Mark/Time
1	Bernard De Berry	JEFF	44.2
2	Joshua Herren	Jeff	44.8
3	Jacob Pinkston	MA	44.7
4	Chad Brock	MA	49.40
<b>200m</b>			
Place	Athlete	School	Mark/Time
1	Jason Chandler (H1)	WOOD	22.1
2	Myles Holmes (H1)	JEFF	23.2
3	Cedric Robinson (H1)	JEFF	24.1
4	Brogan O'Hara (H2)	MA	24.3
5	Erik Torres (H2)	MA	24.6
	Zackary Cantu (H1)	MA	24.8
	Dominic Sabatini (H2)	MA	25.3
	Hale Tussing	MA	25.3
	Rodney Aviles (H1)	JEFF	26.6
	Dijonn Williams (H1)	MA	26.8
	Abi Rebuelta	WOOD	26.9
	Joe Van Duyn	HMB	29.5
<b>3200</b>			
Place	Athlete	School	Mark/Time
1	Kyle Feuerhelm	WOOD	9:55.8
2	Spencer Berry	MA	10:21.1
3	Richard Mendelsohn	WOOD	10:50.8
4	Juan Garcia	WOOD	11:03.2
5	Skyler Ferry	HMB	11:13.1
6	Ryan Dill	HMB	11:26.5
7	Dmitry Picchi	HMB	11:26.5
<b>4 X 400</b>			

Place	Athlete	School	Mark/Time
1	Jefferson	JEFF	3:36.2
2	Menlo Atherton	MA	3:37.8
Long Jump			
Place	Athlete	School	Mark/Time
1	Chris Gordon	JEFF	19.7 ½"
2	Adrian Lara	WOOD	16' 10"
3	Matt Nelson	WOOD	16' 7 ½"
4	Meet Patel	WOOD	15' 8"
5	Juan Hernandez	WOOD	15' 7"
Triple Jump			
Place	Athlete	School	Mark/Time
1	Rodney Aviles	JEFF	33' 4 ½"
2	Joshua Herren	JEFF	31' 9 ½"
3	Matt Nelson	WOOD	29' 7"
Shot			
Place	Athlete	School	Mark/Time
1	Tagilala	WOOD	37' 0"
2	Ngalu	JEFF	35' 8"
3	Mataele	MA	33' 11 ½"
4	Dickey	MA	33' 4"
5	Morris	JEFF	30' 5"
6	Hagiperos	HMB	30' 4"
7	Tsankas	WOOD	29' 10"
8	Rebuelta	WOOD	29' 10"
9	Meoina	JEFF	29' 3 ½"
Discus			
Place	Athlete	School	Mark/Time
1	Sekope Tagilal	WOOD	118' 9"
2	Michael Dickey	MA	97' 1"
3	Vincent Hagiveros	HMB	91' 7"
4	Juan Rebuelta	MA	89' 2"
5	Seimis Madaele	MA	89'
6	Joseph Morris	JEFF	88' 8"
7	Abimael Rebuelta	WOOD	78' 9"
8	Ngalu Fusimalohi	JEFF	77' 1"
9	Teddy Tsankas	WOOD	74' 3"
10	Erubiel Medina	JEFF	67' 6"
High Jump			
Place	Athlete	School	Mark/Time
1	Zeke Nunu	JEFF	5' 10"
2	Josh Dunne	HMB	5' 10"
3	Cedric Robinson	JEFF	5' 8"

4	Dijon Williams	MA	5' 6"
5	Hale Tussing	MA	5' 0"
Pole Vault			
Place	Athlete	School	Mark/Time
1	Spence Petersen	MA	9' 6"
2	Kenta Muraoka	MA	8' 6"
3	Andrew Nixon	MA	7' 0"

## Varsity Boys Totals

Jefferson - 82

Menlo Atherton - 78

Woodside - 64

Half Moon Bay - 64

## Varsity Girls

4 X 100m Relay			
Place	Athlete	School	Mark/Time
1 <sup>st</sup>	Woodside "A" (Duffner, Dobbins, Bernard, Krosse)	WOOD	50.5
2 <sup>nd</sup>	MA	MA	50.8
3 <sup>rd</sup>	Woodside "B"	WOOD	54.4
1600m			
Place	Athlete	School	Mark/Time
1	Kathleen Abadie	HMB	5:42.5
2	Alejandria Marin	HMB	5:57.3
3	Franeisca Bobb	HMB	6:09.1
4	Fran O'Conner	HMB	6:18.2
5	Ari Adler	WOOD	6:45.6
6	Emily Bernstien	HMB	6:53.9
100m SH			
Place	Athlete	School	Mark/Time
1	Taylor Duffner	WOOD	16.6
2	Danielle Peranich	HMB	18.1
3	Nicole Macapinlac	HMB	18.6
4	Hasti Afsarifard	MA	19.5
5	Angie Durkee	WOOD	20.0
400m			
Place	Athlete	School	Mark/Time
1	Rachel Staal	HMB	66.7
2	Laura Fracchia	WOOD	70.5
100m			
Place	Athlete	School	Mark/Time

1	Christy St. Charles	HMB	12.9
2	Lily Krosse	WOOD	13.0
3	Stephine Veridiano	WOOD	13.1
4	Rachel Stall	HMB	13.5
5	Shannon Del Cruz	JEFF	14.9
800m			
Place	Athlete	School	Mark/Time
1	Sammy Hamlton	HMB	2:26.9
2	Kathleen Abadie	HMB	2:40.8
3	Jerusha Inglis	WOOD	2:42.3
4	Demi Latham	WOOD	2:42.6
5	Sammy Nevak-Federmeyer	MA	2:44.7
6	Pie Phangson	HMB	2:50.0
300m LH			
Place	Athlete	School	Mark/Time
1	Christina Dobbins	Wood	48.8
2	Nicole Macapilac	HMB	51.6
3	Danielle Peranich	HMB	52.3
4	Annalise Constantz	Wood	58.2
5	April Melendez	MA	1:02.1
200m			
Place	Athlete	School	Mark/Time
1	Catherine Carpenter	MA	26.7
2	Lexus Bernard	WOOD	27.2
3	Caprice Powell	MA	28.0
4	Christy St. Charles	HMB	28.2
5	Rachel Staahl	HMB	28.6
6	Nicole Macapinla	HMB	28.9
7	Alex Waschura	WOOD	30.6
8	Miriam Mostafu	WOOD	32.4
9	Shannon Dela Cruz	JEFF	33.0
10	Jessica Artle	WOOD	34.2
3200m			
Place	Athlete	School	Mark/Time
1	Laura Butler	MA	14:55.4
4 X 400m			
Place	Athlete	School	Mark/Time
1	Woodside	WOOD	4:58.9
2	Jefferson	JEFF	5:11.8
Shot			
Place	Athlete	School	Mark/Time
1	Oli Tagilal	WOOD	23' 8 ½"

Discus			
Place	Athlete	School	Mark/Time
1	Alex Waschura	WOOD	58' 2"
2	Oli Tagilala	WOOD	56' 5"
3	Fran O' Connor	HMB	48' 6"
Long Jump			
Place	Athlete	School	Mark/Time
1	Tabitha Willems	MA	16' 8"
2	Danielle Peranich	HMB	14' 9"
3	Christy St. Charles	HMB	14' 4"
4	Rachel Staal	HMB	14' 1"
5	Maggie Galle	HMB	12' 6 ½"
6	Laura Fracchia	WOOD	12' 6"
7	Caroline Stroud	MA	11' 4 ¼"
8	Jessica Artale	WOOD	10' 6"
Triple Jump			
Place	Athlete	School	Mark/Time
1	Danielle Peranich	HMB	32' 0"
2	Sphia Kalin	MA	31' 4 ½"
High Jump			
Place	Athlete	School	Mark/Time
1	Christina Dobbins	WOOD	5' 2 ¼"
2	Maggie Galle	HMB	5' 0"
3	Catherine Carpenter	MA	4' 8"
Pole Vault			
Place	Athlete	School	Mark/Time
NA	NA		

## Varsity Girls Totals

Half Moon Bay - 82

Woodside - 70

Menlo Atherton - 33

Jefferson - 5