

## St. Francis Track and Field Invitational - 3/20/2010

St. Francis High School  
Performance List**Event 1 Women 3000 Meter Run Varsity**

Meet Record: 10:04.94 1987		Mary Mendoza	
Name	School	Seed Time	
1	Hicks, Erin	Los Altos	10:58.69
2	Johnson, Alyssa	Leland	11:10.00
3	Fraser, Vanessa	Scotts Valley	11:15.00
4	Germany, Kayla	Scotts Valley	11:25.00
5	Healy, Morgan	St. Francis (Mou	11:29.35
6	Cannata-Bowman, Sophia	Sacred Heart Cat	11:30.00
7	Robinson, Erin	Henry M. Gunn	11:30.00
8	Brochier, Annelise	St. Francis (Mou	11:30.64
9	Maokhamphiou, Lalida	Adrian Wilcox	11:55.00
10	Young, Alexandra	St. Francis (Wat	11:59.00
11	O'Connell, Claire	Henry M. Gunn	12:00.00
12	Pandori, Laura	Notre Dame (Sar	12:01.07 Scr
13	Pfeiffer, Claire	Leland	12:05.00
14	Moore, Katie	Watsonville	12:15.00
15	Pak, Kyongwon	Notre Dame (Sar	12:21.27 Scr
16	Hemmady, Shona	Cupertino	12:45.97
17	Adler, Ariane	Woodside	13:01.72
18	Politoski, Jenny	Leland	13:10.00
19	Siemens, Stephanie	Deer Valley	NT

**Event 2 Women 100 Meter Hurdles Varsity**

Meet Record: 14.61 2009		Hannah Goranson	
Name	School	Seed Time	
1	Nelms, Katie	Leland	13.95
2	Monteverde, Alyssa	Clovis West	14.51
3	Margerum, Sunny	Henry M. Gunn	15.03
4	Roger, Mirah	Prospect High Sc	15.31
5	Monteverde, Angenae	Clovis West	15.92
6	Laidley, Jayla	Clovis West	16.20
7	Dobbins, Christina	Woodside	16.32
8	Rienecker, Kira	Pioneer (San Jos	16.51
9	Planell, Diamara	Los Altos	16.59
10	Yeates, Emily	Palo Alto	16.80
11	Duffner, Taylor	Woodside	17.00
12	Wood, Cortney	Archbishop Mit	17.14
13	Nilles, Christina	Mountain View	17.20
14	Organ, Rebecca	Archbishop Mit	17.20
15	Smith, Tammy	Adrian Wilcox	17.50
16	Shieh, Catherine	Monta Vista	17.64
17	Edwards, Tori	California (San	18.20
18	DeGuzman, Cheryl	Milpitas	18.22
19	Wong, Kristin	Cupertino	18.30
20	Fisher, Erin	Milpitas	18.44
21	Diemer, Lizzie	Notre Dame (Sar	18.99
22	Silvestri, Ciara	Sacred Heart Cat	19.50
23	Hansen, Tara	Harker School	20.17

**Event 3 Women 4x100 Meter Relay Varsity**

Meet Record: 48.24 2006		James Logan	
Team	Relay	Seed Time	
1	Deer Valley	A	47.00
2	Piedmont Hills	A	48.32

3	Archbishop Mitty	A	48.52
4	Valley Christian	A	49.50
5	St. Francis (Mou	A	49.80
6	Los Altos	A	50.10
7	Deer Valley	B	50.37
8	California (San	A	50.77
9	Archbishop Mitty	B	51.11
10	Scotts Valley	A	51.89
11	Milpitas	A	52.24
12	Woodside	A	52.46
13	California (San	B	52.50
14	Sacred Heart Cat	A	53.00
15	Carlmont	A	53.00
16	Ann Sobrato	A	53.40
17	Notre Dame (San	A	55.70

**Event 4 Women 1 Mile Run Varsity**

Meet Record: 4:57.90 1984		Garcia	
Name	School	Seed Time	
1	Lillig, Colleen	California (San	5:05.00
2	Skokowski, Rachel	Castilleja	5:12.60
3	McVay, Elaine	California (San	5:15.00
4	Rivera, Kristina	Willow Glen	5:17.20
5	Gallagher, Kieran	Henry M. Gunn	5:17.50
6	Dohner, Emma	Henry M. Gunn	5:18.07
7	Germany, Lauren	Scotts Valley	5:24.10
8	Barnett, Claudia	Leland	5:27.54
9	Hicks, Erin	Los Altos	5:28.52
10	Wells, Sarah	Mountain View	5:35.00
11	Okino, Mei-Lin	Carlmont	5:35.00
12	Berry, Shannon	St. Francis (Mou	5:37.00
13	Rintala, Olivia	Archbishop Mit	5:40.00
14	Swenson, Laura	Castilleja	5:42.92
15	Baiza, Tatiana	Sacred Heart Cat	5:47.00
16	Redmond, Kellie	Sacred Heart Cat	5:47.00
17	Koide, Janell	American	5:50.06
18	Krishnapriyan, Aditi	Monta Vista	5:54.40
19	Forsyth, Kelly	Milpitas	5:55.00
20	Pfeiffer, Claire	Leland	5:58.20
21	Ghosh, Crystal	Castilleja	6:02.96
22	Faulk, Chelsie	Live Oak (Morga	6:08.00
23	Toy, Winnie	Mills	6:33.75
24	Crinion, Sophie	Notre Dame (Sar	NT Scr

**Event 5 Women 400 Meter Dash Varsity**

Meet Record: 55.74 1987		Andreen Alveranga	
Name	School	Seed Time	
1	Okodogbe, Chizoba	Deer Valley	53.74
2	Nelms, Katie	Leland	57.00
3	Jones, Nijae	Deer Valley	58.77
4	Olsen, Pauline	Live Oak (Morga	1:00.06
5	Zoeller, Megan	Vintage High Sch	1:00.20
6	Andrew, Emily	Mountain View	1:00.43
7	Kenyon, Lauren	Carlmont	1:01.10
8	Gallagher, Kieran	Henry M. Gunn	1:01.50
9	Hamel, Jordan	Los Altos	1:02.00

## St. Francis Track and Field Invitational - 3/20/2010

St. Francis High School  
Performance List

## Event 5 ... (Women 400 Meter Dash Varsity)

Name	School	Seed Time
10 Anderson, Lorato	American	1:02.21
11 Emmanuel, Erika	California (San	1:02.30
12 Baker, Danielle	St. Francis (Mou	1:02.34
13 Cullen, Christie	Archbishop Mit	1:02.35
14 Turner, Paris	Clovis West	1:02.37
15 Rye, Serina	Los Altos	1:02.53
16 Kuechle, Lauren	Leland	1:03.10
17 Barker, Ashley	Carlmont	1:03.20
18 Duffy, Kelly	Clovis West	1:03.72
19 Coll, Lauren	California (San	1:04.20
20 Fraisl, Claire	Castilleia	1:04.21
21 Rebozzi, Katelyn	Pioneer (San Jos	1:04.50 Alt
22 Pena, Marta	Clovis West	1:04.72 Alt
23 Barigian, Heather	St. Francis (Wat	1:05.00
24 Padilla, Jennifer	Acalanes	1:05.00
25 Fairley, Nicole	Archbishop Mit	1:05.00
26 Tran, Maianh	Notre Dame (Sar	1:05.26
27 Organ, Rebecca	Archbishop Mit	1:05.30 Alt
28 Valenzuela, Cassandra	Ann Sobrato	1:05.40
29 Haz, Sierra	Acalanes	1:05.50
30 Manansala, Sara	California (San	1:05.70 Alt
31 Rai, Tanya	Harker School	1:07.28
32 Larkin, Viana	Sacred Heart Cat	1:07.60
33 Poniatowski, Katy	Leland	1:08.00 Alt
34 Crane, Megan	Notre Dame (Sar	1:11.00 Alt
35 Gaeta, Mykal	Notre Dame (Sar	1:12.00 Alt
36 Sindhu, Puneet	Harker School	1:12.29 Alt
37 Hua, Rosemary	Notre Dame (Sar	1:13.22 Scr/Alt
38 Milan, Charmaine	Notre Dame (Sar	1:16.00 Alt

## Event 6 Women 100 Meter Dash Varsity

Meet Record: 11.94 1985	Green	Name	School	Seed Time
		1 Diaz, Alex	Piedmont Hills	12.30
		2 Sakellar, Natasha	Monta Vista	12.45
		3 Duxbury, Elizabeth	Archbishop Mit	12.64
		4 Rodrigues, Marisa	California (San	12.70
		5 Auzenne, Micha	St. Francis (Mou	12.73
		6 Todd, Tekeya	Piedmont Hills	12.76
		7 Lockwood, Ally	Archbishop Mit	12.79
		8 Jenkins, Darnella	Deer Vallev	12.79
		9 Seymour, Jessica	Archbishop Mit	12.85
		10 Yeates, Emily	Palo Alto	12.90
		11 Krosse, Lillian	Woodside	13.07
		12 Rienecker, Kira	Pioneer (San Jos	13.07 Alt
		13 Barker, Ashley	Carlmont	13.10
		14 Craddock, Ashley	Clovis West	13.19
		15 Cooper, Natasha	Sacred Heart Cat	13.20
		16 Bothmen, Ally	Scotts Vallev	13.20
		17 Hupke, Kat	California (San	13.21
		18 Gray, Madeline	Milpitas	13.24
		19 Connell, Isabelle	Harker School	13.29
		20 Khoury, Rawan	Vallev Christian	13.30
		21 Kuo, Brittany	Scotts Valley	13.30

22 McFall, Shanan	Scotts Vallev	13.30
23 Rodriguez, Erika	Live Oak (Morga	13.32
24 Donaldson, Bria	Sacred Heart Cat	13.34
25 Lloyd, Akeia	Deer Vallev	13.35
26 Walker-Wimberly, Taylor	Notre Dame (Sar	13.38
27 Ruark, Angel	California (San	13.49
28 Benjamin, Marissa	Ann Sobrato	13.55
29 Harris, Camille	American	13.58
30 White, Ronniesha	Clovis West	13.62
31 Stanton, Madison	Leland	13.80
32 Montoya, Hollyana	Carlmont	13.85
33 Alfaro, Amanda	California (San	14.02
34 Padilla, Jennifer	Acalanes	15.20
35 Trinh, Christine	Harker School	15.84
36 Walstrum, Cassie	Notre Dame (Sar	NT
37 Kim, Najung	Harker School	NT

## Event 7 Women Distance Medley Varsity

Meet Record: 12:28.47 2009	Mountain View	Team	Relay	Seed Time
		1 Mountain View	A	12:25.00
		2 Valley Christian	A	12:25.00
		3 Carlmont	A	13:00.00
		4 Archbishop Mitty	A	13:01.00
		5 Deer Valley	A	13:02.65
		6 Leland	A	13:04.22
		7 St. Francis (Mou	A	13:10.50
		8 Palo Alto	A	13:15.00
		9 Independence	A	13:45.11
		10 Sacred Heart Cat	A	14:10.00

## Event 8 Women 800 Meter Run Varsity

Meet Record: 2:12.50 1985	Teresa Dowell	Name	School	Seed Time
		1 Rintala, Olivia	Archbishop Mit	2:20.46
		2 Parmeshwar, Nisha	Leland	2:20.99
		3 Donner, Heather	California (San	2:23.00
		4 Chaidez, Melissa	Notre Dame (Sar	2:23.18 Scr
		5 Rye, Serina	Los Altos	2:24.63
		6 Fox, Raven	Deer Vallev	2:25.00
		7 Hicks, Erin	Los Altos	2:25.89
		8 Lira, Morgan	Valley Christian	2:26.00
		9 Skokowski, Rachel	Castilleia	2:26.93
		10 Connell, Isabelle	Harker School	2:28.00
		11 Higgins, Kendra	Valley Christian	2:28.00
		12 Sharwood, Lauren	Clovis West	2:28.53
		13 Soelberg, Corin	Carlmont	2:30.00
		14 Giovannetti, Teresa	Leland	2:35.60 Alt
		15 Flynn, Juliana	Sacred Heart Cat	2:36.37 Alt
		16 Moore, Katie	Watsonville	2:39.00 Alt
		17 Fabionar, Krystle Ann	Notre Dame (Sar	2:43.52 Scr/Alt
		18 Blecher, Jessica	Leland	2:45.00 Alt
		19 Hall, Natalie	Leland	2:45.90 Alt
		20 Davis, Megan	Los Altos	2:47.20 Alt
		21 Murphy, Laura	Los Altos	2:55.29 Alt

## St. Francis Track and Field Invitational - 3/20/2010

St. Francis High School  
Performance List**Event 9 Women 800 Sprint Medley Varsity**

Meet Record: 1:48.44 2006		James Logan	
Team	Relay	Seed Time	
1	Archbishop Mitty	A	1:42.24
2	Piedmont Hills	A	1:49.00
3	St. Francis (Mou	A	1:51.75
4	Los Altos	A	1:53.00
5	California (San	A	1:53.48
6	Scotts Valley	A	1:53.60
7	Live Oak (Morgan	A	1:55.00
8	Deer Valley	A	1:55.81
9	Milpitas	A	1:58.24
10	Sacred Heart Cat	A	2:00.00
11	Woodside	A	2:12.00
12	Notre Dame (San	A	NT Scr

**Event 10 Women 300 Meter Hurdles Varsity**

Meet Record: 41.74 1984		Leslie Maxie	
Name	School	Seed Time	
1	Monteverde, Alyssa	Clovis West	43.71
2	Margerum, Sunny	Henry M. Gunn	44.58
3	Zoeller, Megan	Vintage High Sch	46.50
4	Laidley, Jayla	Clovis West	47.23
5	Wood, Cortney	Archbishop Mit	48.45
6	Planell, Diamara	Los Altos	48.50
7	Organ, Rebecca	Archbishop Mit	49.21
8	Dobbins, Christina	Woodside	49.47
9	Madigan, Lauren	St. Francis (Mou	49.50
10	Edwards, Tori	California (San	51.20
11	Hamel, Jordan	Los Altos	51.39
12	DeGeus, Martina	Mountain View	51.72
13	Shieh, Catherine	Monta Vista	52.00
14	Wong, Kristin	Cupertino	52.05
15	Fisher, Erin	Milpitas	52.64
16	Silvestri, Ciara	Sacred Heart Cat	53.00
17	Lamb, Jacqueline	Milpitas	54.34
18	Winer, Emma	Castilleia	55.16
19	Hua, Rosemary	Notre Dame (Sar	55.19 Scr
20	Lara, Maria	Sacred Heart Cat	56.99
21	Hansen, Tara	Harker School	57.29
22	Wobber, Sarah	Los Altos	NT

**Event 11 Women 4x400 Meter Relay Varsity**

Meet Record: 3:57.94 2001		Los Gatos	
Team	Relay	Seed Time	
1	Deer Valley	A	3:56.22
2	St. Francis (Mou	A	4:06.68
3	Los Altos	A	4:08.00
4	Archbishop Mitty	A	4:09.00
5	Deer Valley	B	4:10.11
6	Leland	A	4:11.00
7	California (San	A	4:13.91
8	Ann Sobrato	A	4:27.30
9	Sacred Heart Cat	A	4:34.00
10	Notre Dame (San	A	4:39.00

**Event 12 Women Discus Throw Varsity**

Meet Record: 141-04 2001		Kamaiya Warren	
Name	School	Seed Mark	
1	Weir, Jillian	Homestead	135-00
2	Okwelogu, Nonny	Clovis West	132-03
3	Chung, Michelle	Cupertino	118-07
4	Uikilifi, Nikki	Mills	111-09
5	Lewis, Lara	Clovis West	105-04
6	Romero, Isabel	Oak Grove (San	98-00
7	Len, Michelle	Milpitas	97-07
8	Chug, Emily	Sacred Heart Cat	96-00
9	Logan, Paige	Los Altos	94-01
10	Hamel, Jordan	Los Altos	93-09
11	Gong, Kristina	Mills	92-08
12	Gordon, Michaela	California (San	92-00
13	Pabolonio, Joanne	American	90-06
14	Peterson, Katerina	Palo Alto	88-00
15	Smura, Camille	Palo Alto	86-00
16	Bendebel, Chelsea	Sacred Heart Cat	85-10
17	Walls, Acacia	Valley Christian	85-00
18	Dronek, Nikki	Live Oak (Morga	78-00
19	Ossai, Leslie	Archbishop Mit	75-00
20	Lyons, Brianni	Archbishop Mit	53-06
21	Hernandez, Alina	Notre Dame (Sar	ND

**Event 13 Women Shot Put Varsity**

Meet Record: 45-00.50 2001		Kamaiya Warren	
Name	School	Seed Mark	
1	Okwelogu, Nonny	Clovis West	41-00.00
2	Weir, Jillian	Homestead	38-11.00
3	Uikilifi, Nikki	Mills	37-04.00
4	Lewis, Lara	Clovis West	35-07.00
5	Logan, Paige	Los Altos	34-11.00
6	Chung, Michelle	Cupertino	34-08.00
7	Pabolonio, Joanne	American	33-08.00
8	Hingano, Vosa	California (San	32-00.00
9	Gordon, Michaela	California (San	31-09.00
10	Ossai, Leslie	Archbishop Mit	31-09.00
11	Gong, Kristina	Mills	31-02.50
12	Peterson, Katerina	Palo Alto	31-00.00
13	Walls, Acacia	Valley Christian	30-11.00
14	Hamel, Jordan	Los Altos	30-05.50
15	Bendebel, Chelsea	Sacred Heart Cat	30-04.50
16	Lyons, Brianni	Archbishop Mit	30-03.00
17	Chug, Emily	Sacred Heart Cat	26-08.75
18	Goodley-Espinosa, Ali	Notre Dame (Sar	25-10.75
19	Gotosic, Fatima	Pioneer (San Jos	25-00.00
20	Dronek, Nikki	Live Oak (Morga	24-00.00
21	Hernandez, Alina	Notre Dame (Sar	ND

**Event 14 Women Long Jump Varsity**

Meet Record: 20-01 1984		Wendy Brown	
Name	School	Seed Mark	
1	Roger, Mirah	Prospect High Sc	18-03.00
2	Margerum, Sunny	Henry M. Gunn	18-01.25

## St. Francis Track and Field Invitational - 3/20/2010

St. Francis High School  
Performance List

## Event 14 ... (Women Long Jump Varsity)

Name	School	Seed Mark	
3 Artadi, Angela	Archbishop Mit	16-11.75	
4 Edwards, Tori	California (San	16-05.00	
5 Monteverde, Angenae	Clovis West	16-02.00	
6 Shaw, Vanessa	California (San	16-01.00	
7 Nguyen, Christine	Milbitas	15-09.00	Conv
8 Silva, Alexa	Milbitas	15-06.00	Conv
9 Campbell, Allie	Clovis West	15-03.50	
10 Harlan, Audrena	Deer Vallev	15-03.00	
11 Guardado, Maria	Milbitas	15-01.25	Conv
12 Zeta, Jessica	Notre Dame (Sar	15-00.00	
13 Tarantino, Lauren	St. Francis (Mou	14-11.00	
14 Rubio, Juliet	St. Francis (Mou	14-10.00	
15 Padilla, Marisa	St. Francis (Mou	14-10.00	
16 Li, Catherine	Los Altos	13-11.00	
17 Zhu, Julia	Los Altos	13-07.50	
18 Mukherjee, Moneesha	Harker School	ND	
19 Kyi, Tiffany	Harker School	ND	

## Event 15 Women Triple Jump Varsity

Meet Record: 41-11.50 1984		Wendy Brown	
Name	School	Seed Mark	
1 Shaw, Vanessa	California (San	33-08.00	
2 Barlaan, Marie	Pioneer (San Jos	32-10.75	
3 Li, Catherine	Los Altos	32-09.00	
4 Nilles, Christina	Mountain View	32-08.00	
5 DeGeus, Martina	Mountain View	32-03.00	
6 Nguyen, Christine	Milpitas	32-00.00	Conv
7 Zeta, Jessica	Notre Dame (Sar	32-00.00	
8 Silva, Alexa	Milbitas	31-06.75	Conv
9 Guardado, Maria	Milpitas	31-03.00	Conv
10 Kemp, Jamela	Deer Vallev	30-10.00	
11 Zhu, Julia	Los Altos	30-09.50	
12 Campbell, Allie	Clovis West	30-03.00	
13 Rubio, Juliet	St. Francis (Mou	29-09.00	
14 Hoang, Ann	Milbitas	14-11.25	Scr/Con
15 Kyi, Tiffany	Harker School	ND	Scr

## Event 16 Women High Jump Varsity

Meet Record: 5-09.50 1991		Chi Johnson	
Name	School	Seed Mark	
1 Monteverde, Alyssa	Clovis West	5-07.00	
2 Maggioncalda, Julia	Henry M. Gunn	5-02.00	
3 Armstrong, Stephanie	Live Oak (Morga	5-02.00	
4 McElligot, Megan	Mission San Jos	5-00.00	
5 Dobbins, Christina	Woodside	5-00.00	
6 McDonalds, Taryn	Clovis West	5-00.00	
7 Shaw, Vanessa	California (San	5-00.00	
8 Kozlovsky, Kirsten	St. Francis (Mou	4-10.00	
9 Cremoux, Julie	Mountain View	4-08.00	
10 Bittner, Lauren	Archbishop Mit	4-08.00	
11 McAdam, Tatiana	Los Altos	4-08.00	
12 Hoang, Ann	Milbitas	4-07.75	Conv
13 Barlaan, Marie	Pioneer (San Jos	4-06.00	
14 Craig, Juliana	California (San	4-06.00	

## Event 17 Women Pole Vault Varsity

Meet Record: 12-05 2007		Natasha Barthel	
Name	School	Seed Mark	
1 Ang, Allison	Henry M. Gunn	10-07.00	
2 Roche, Christina	St. Francis (Mou	10-06.00	
3 Lam, Monique	Carlmont	10-00.00	
4 Flynn, Jorja	Carlmont	9-06.00	
5 Schade, Casey	Carlmont	9-06.00	
6 Piening, Kaitlin	California (San	9-00.00	
7 Tucker, Brianna	Lynbrook	9-00.00	
8 Hsieh, Michelle	Leland	8-00.00	
9 Hinman, Jennifer	Ann Sobrato	8-00.00	
10 Planell, Diamara	Los Altos	8-00.00	
11 Martitsch, Katherine	St. Francis (Mou	7-06.00	
12 Lewis, Veronica	Archbishop Mit	7-06.00	
13 Benham, Megan	St. Francis (Mou	7-06.00	
14 Gray, Laura	Archbishop Mit	7-06.00	
15 Maas, Casey	Archbishop Mit	7-06.00	
16 Diemer, Lizzie	Notre Dame (Sar	7-00.00	
17 Griffin, Amanda	St. Francis (Mou	7-00.00	

## Event 21 Men 3000 Meter Run Varsity

Meet Record: 8:43.83 2005		Ben Sitrler	
Name	School	Seed Time	
1 Gunn, Peter	Woodside	9:11.00	
2 Ho, Richard	Leland	9:16.00	
3 Mangan, Kevin	Scotts Vallev	9:22.00	
4 Zamora, Mike	Pioneer (San Jos	9:25.00	
5 Kaplan, Zach	Sacred Heart Pre	9:28.00	
6 Estifanos, Yohanness	Milbitas	9:35.24	
7 Scardina, Ethan	Carlmont	9:45.00	
8 Kellen, Levy	Clovis West	9:52.90	
9 Newby, Josh	Palo Alto	9:54.08	
10 Knight, Brian	Watsonville	10:05.00	
11 Guggenheim, Aaron	Henry M. Gunn	10:09.00	
12 Prakash, Aadithya	Harker School	10:10.00	
13 Mendelsohn, Richard	Woodside	10:10.00	
14 Siqueiros, Rene	Watsonville	10:15.00	
15 Anderberg, Kyle	St. Francis (Mou	10:20.20	
16 Nakonechnyy, David	Milbitas	10:28.24	
17 Burke, Jacob	Adrian Wilcox	10:30.00	
18 Hynson, Michael	Sacred Heart Cat	10:30.00	
19 Farrell, Reilly	Los Altos	10:45.54	
20 Yort, Judd	Los Altos	10:59.22	

## Event 22 Men 110 Meter Hurdles Varsity

Meet Record: 14.63 1998		Wheeler	
Name	School	Seed Time	
1 Okwudiafor, Ikem	Mission San Jos	14.75	
2 Rodriguez, Juan	Junipero Serra	15.48	
3 Ruh, Colin	California (San	15.61	
4 Chui, Chris	Monta Vista	15.70	
5 wang, donald	Independence	15.99	
6 Kubozono, Ryo	Cupertino	16.00	
7 Talley, Jake	Clovis West	16.08	

## St. Francis Track and Field Invitational - 3/20/2010

St. Francis High School  
Performance List

## Event 22 ... (Men 110 Meter Hurdles Varsity)

Name	School	Seed	Time
8 Sauer, Grant	Palo Alto	16.10	
9 Olubeko, Dot	Clovis West	16.60	
10 Kusich, Cory	St. Francis (Mou	16.73	
11 Jackson, Marvin	Milpitas	16.74	
12 Grimm, Todd	Los Altos	16.80	
13 Nunes, Andrew	Junipero Serra	16.85	
14 Stine, Markell	Los Altos	16.90	
15 Fredrickson, Matthew	Archbishop Mit	16.91	
16 Na, Dustin	Palo Alto	17.00	
17 Siu, Dom	California (San	17.51	
18 Kim, Eugene	Mills	17.96	
19 O'Malley, Sean	Leland	18.10	
20 Li, Jeremy	Cupertino	18.32	
21 Cannino, Vinny	St. Francis (Mou	19.98	

## Event 23 Men 4x100 Meter Relay Varsity

Meet Record:	42.21	2009	Valley Christian
Team	Relay	Seed	Time
1 Junipero Serra	A	42.11	
2 Deer Valley	A	43.72	
3 Scotts Valley	A	43.80	
4 St. Francis (Mou	A	44.08	
5 Archbishop Mitty	A	44.35	
6 Sacred Heart Cat	A	44.50	
7 American	A	45.23	
8 Milpitas	A	45.24	
9 Los Altos	A	45.30	
10 Palo Alto	A	45.40	
11 California (San	B	45.57	
12 Live Oak (Morgan	A	45.72	
13 California (San	A	45.82	
14 Carlmont	A	46.50	
15 Cupertino	A	48.00	
16 Woodside	A	51.30	

## Event 24 Men 1 Mile Run Varsity

Meet Record:	4:13.54	2006	Mike Perez
Name	School	Seed	Time
1 Rowe, Garrett	Mountain View	4:20.00	
2 Strum, Weston	Pioneer (San Jos	4:21.60	
3 Pace, Joseph	Clovis West	4:29.10	
4 Safai, Eric	Los Altos	4:29.39	
5 Gameda, Efrem	Independence	4:30.32	
6 Kellen, Levy	Clovis West	4:35.90	
7 Johann, Alex	Henry M. Gunn	4:37.53	
8 Knight, David	Watsonville	4:45.00	
9 Abraham, Matthew	Scotts Valley	4:46.10	
10 Midiere, Ian	St. Francis (Mou	4:47.42	
11 Cheng, Alex	Monta Vista	4:47.57	
12 Angelopoulos, Mark	Pioneer (San Jos	4:49.00	
13 Ho, Richard	Leland	4:50.00	
14 Bickman, Brady	Vintage High Sch	4:51.00	
15 Oribello, Wesley	Los Altos	4:54.21	
16 Feng, Peter	Monta Vista	4:55.00	

17 Garcia, Juan	Woodside	4:58.60	
18 Kohli, Varun	Palo Alto	5:00.13	
19 Dawson, Sam	Henry M. Gunn	5:00.20	
20 Lopez, Kyle	Cupertino	5:02.42	
21 HU, Ben	Leland	5:05.00	
22 Medina, Raul	Milpitas	5:05.00	
23 Groen, Adam	Live Oak (Morga	5:08.00	
24 Li, Tony	Mills	5:10.96	
25 Hynson, Michael	Sacred Heart Cat	5:11.00	
26 Okajima, Hiro	Monta Vista	5:14.40	
27 Farrell, Reilly	Los Altos	5:22.34	
28 Yort, Judd	Los Altos	5:24.22	Alt
29 Carli, Tommaso	Los Altos	5:28.23	Alt
30 Cao, Dennis	Cupertino	5:30.15	
31 Prakash, Aadithya	Harker School	NT	

## Event 25 Men 400 Meter Dash Varsity

Meet Record:	48.44	1993	Gaulta Belony
Name	School	Seed	Time
1 Kollie, Sebastine	Deer Valley	50.03	
2 White, Jesse	Deer Valley	50.11	
3 Montgomery, Justin	Bellarmino Colle	50.20	
4 Chapman, Andre	Bellarmino Colle	50.70	
5 Nguyen, Winton	Milpitas	50.79	
6 Rios, Alan	Ann Sobrato	50.89	
7 Flewellen, Andrew	Archbishop Rior	51.50	
8 Estrada, Ryan	Scotts Valley	52.50	
9 Robinson, Diondre	Clovis West	52.57	
10 Artim, Justin	St. Francis (Mou	52.65	
11 Obuchi, Aki	Leland	52.90	
12 Jackson, Ralph	Ann Sobrato	52.90	
13 Testa, James	Carlmont	53.00	
14 Villarreal, Ruben	Pioneer (San Jos	53.21	Alt
15 Safai, Eric	Los Altos	53.32	
16 Azevedo, Drew	Leland	53.40	
17 ahlgren, steven	Archbishop Mit	53.49	
18 Sacci, Anthony	Valley Christian	53.50	
19 Trainor, Anthony	Archbishop Rior	53.50	
20 Wyatt, Brian	Carlmont	53.50	
21 Olivarez, Fernando	Watsonville	53.67	
22 Perez, Vicente	American	53.88	
23 Aita, Matt	Leland	53.90	
24 Raju, Akhil	Monta Vista	54.00	
25 Manley, Grant	Monta Vista	54.00	
26 Emmanuel, Jordan	California (San	54.66	
27 Walsh, Josheph	American	54.86	
28 McNeely, Ryan	California (San	54.90	
29 Eiskamp, Michael	St. Francis (Wat	55.00	
30 Blume, Rey	Pioneer (San Jos	55.27	Alt
31 Johnson, Calvin	California (San	55.70	
32 Thompson, Connor	St. Francis (Mou	55.71	
33 Matthews, David	Los Altos	56.40	
34 Antonio, Ever	Los Altos	56.78	Alt
35 Dwulet, Greg	Los Altos	56.80	Alt
36 Olmedo, Francisco	Archbishop Rior	57.00	Alt
37 Bowers, Blake	Los Altos	57.25	Scr

## St. Francis Track and Field Invitational - 3/20/2010

St. Francis High School  
Performance List

## Event 25 ... (Men 400 Meter Dash Varsity)

Name	School	Seed Time	
38 Oribello, Wesley	Los Altos	57.29	Scr
39 Donaldson, Brandon	Sacred Heart Cat	57.34	
40 Nguyen, Khai	Milbitas	57.54	
41 Hosseinpur, Yasin	Milbitas	57.54	Alt
42 Lewis, Clint	Sacred Heart Cat	57.60	
43 Carp, Andrew	Los Altos	58.22	Scr
44 Dang, Merrick	Carlmont	58.40	Alt
45 Farnan, Kevin	Acalanes	58.60	
46 Zorin, Simon	Los Altos	59.67	Scr

## Event 26 Men 100 Meter Dash Varsity

Meet Record:	10.74 1993	Gaulta Belony	
Name	School	Seed Time	
1 Walter, Matt	Sacred Heart Pre	11.11	
2 Combs, Sean	Deer Valley	11.12	
3 Borel, Glyn	St. Francis (Mou	11.12	
4 Wilson, Erich	Junipero Serra	11.14	
5 Moore, Gary	Sacred Heart Cat	11.16	
6 Barrett, Aldin	Scotts Vallev	11.25	
7 Jones, Daniel	Palo Alto	11.25	
8 Hernandez, Juan	Woodside	11.30	
9 Johnson, Joey	Deer Vallev	11.34	
10 Baur, Chad	Junipero Serra	11.36	
11 Chung, Nathaniel	Acalanes	11.37	
12 Morace, Nathan	St. Francis (Mou	11.38	
13 Anderson, Miles	Palo Alto	11.40	
14 Chandler, Jason	Woodside	11.41	
15 Parrish, Doug	Sacred Heart Cat	11.41	
16 Cosby, Javhan	Deer Vallev	11.43	
17 Doub, Stephen	Scotts Valley	11.45	
18 Brock, Kendall	Clovis West	11.47	
19 Yeh, Thomas	Carlmont	11.50	
20 Street, Tenshow	Carlmont	11.50	
21 Warring, Sam	Mills	11.50	
22 Jurich, Blake	Scotts Vallev	11.50	
23 Blake, Antoine	Archbishop Rior	11.60	
24 Zuniga, Edwin	Los Altos	11.60	
25 Hill, Terry	Palo Alto	11.60	
26 Jackson, Ralph	Ann Sobrato	11.63	
27 Armistaed, George	Bellarmino Colle	11.65	
28 Alvarez, Kyle	California (San	11.65	
29 Giacomoni, Joey	Los Altos	11.68	
30 Crummie, Devante	Milbitas	11.70	
31 Bush, DJ	Archbishop Mit	11.70	
32 Rose, Keith	Archbishop Mit	11.73	
33 Sumal, Amit	Monta Vista	11.80	
34 Henriquez, Johnny	Los Altos	11.80	
35 Tien, Christopher	Los Altos	11.80	Alt
36 Johnson, Karris	California (San	11.88	
37 Chen, Sam	Acalanes	11.90	
38 Civic, Mike	Archbishop Mit	11.92	
39 Coleman, Criston	American	11.94	
40 Almogela, Justin	Milbitas	11.98	
41 Alonzo, Taylor	Live Oak (Morgz	11.99	

42 King, Cody	Archbishop Mit	12.00	Alt
43 Taft, Trevor	California (San	12.01	
44 Panos, Brock	California (San	12.05	Alt
45 Ceccarelli, Ryan	California (San	12.10	Scr
46 Bumanlag, James	California (San	12.11	Scr
47 Deans, Matt	California (San	12.20	Scr
48 Frazier, Sam	California (San	12.29	Scr
49 Arita, Brian	Cupertino	12.34	
50 Liu, Tony	Mills	12.42	
51 Li, Jeremy	Cupertino	12.60	
52 Tsang, Wade	Cupertino	12.70	
53 Dai, Brandon	Harker School	NT	Alt
54 Morgan, Sean	Harker School	NT	Alt

## Event 27 Men Distance Medley Varsity

Meet Record:	10:45.64 2007	Willow Glen	
Team	Relay	Seed Time	
1 Mountain View	A	10:10.00	
2 Pioneer (San Jos	A	10:30.00	
3 Mountain View	B	10:35.00	
4 Valley Christian	A	11:00.00	
5 Independence	A	11:03.80	
6 St. Francis (Mou	A	11:18.36	
7 Leland	A	11:20.00	
8 Monta Vista	A	11:25.00	
9 Milpitas	A	11:26.01	
10 St. Francis (Mou	B	11:27.10	
11 Watsonville	A	11:28.83	
12 Carlmont	A	11:30.00	
13 Palo Alto	A	11:46.26	
14 Los Altos	A	12:01.00	
15 Woodside	A	12:11.99	

## Event 28 Men 800 Meter Run Varsity

Meet Record:	1:52.74 1995	Dan Sikiric	
Name	School	Seed Time	
1 MacQuitty, Philip	Palo Alto	1:55.99	
2 Strum, Nathan	Pioneer (San Jos	1:57.29	
3 McNulty, Kyle	Scotts Valley	1:58.30	
4 Safai, Eric	Los Altos	1:58.77	
5 Rowe, Garrett	Mountain View	1:59.00	
6 Waschura, Chris	Woodside	1:59.20	
7 Feuerhelm, Kyle	Woodside	2:00.60	
8 Rios, Alan	Ann Sobrato	2:00.75	
9 Moore, Jarrett	Sacred Heart Cat	2:02.00	
10 Pace, Joseph	Clovis West	2:02.06	
11 Karp, Michael	Milbitas	2:02.24	
12 Abraham, Matthew	Scotts Valley	2:04.40	
13 Stevenson, Donald Allan	Archbishop Mit	2:05.00	Alt
14 Hart, MAC	Woodside	2:06.00	Alt
15 Brandon, James	Pioneer (San Jos	2:07.89	Alt
16 Arriola, Josh	Archbishop Rior	2:10.00	Alt
17 Bowers, Blake	Los Altos	2:11.21	Alt
18 Antonio, Ever	Los Altos	2:11.98	Scr
19 Prout, Matthew	St. Francis (Mou	2:14.60	Scr
20 Oribello, Wesley	Los Altos	2:14.65	Scr

## St. Francis Track and Field Invitational - 3/20/2010

St. Francis High School  
Performance List

## Event 28 ... (Men 800 Meter Run Varsity)

Name	School	Seed Time	
21 Surovell, Elliot	Carlmont	2:15.00	Scr
22 Carp, Andrew	Los Altos	2:23.29	Scr
23 Zorin, Simon	Los Altos	2:23.33	Scr
24 Franks, Steven	Leland	2:28.00	Scr

## Event 29 Men 800 Sprint Medley Varsity

Meet Record: 1:32.54 2000		James Logan	
Team	Relay	Seed Time	
1 Archbishop Mitty	A	1:34.00	
2 Scotts Valley	A	1:35.80	
3 Live Oak (Morgan)	A	1:37.50	
4 St. Francis (Mou)	A	1:38.72	
5 Carlmont	A	1:39.00	
6 California (San)	A	1:39.50	
7 Sacred Heart Cat	A	1:40.00	
8 Milpitas	A	1:40.24	
9 Los Altos	A	1:41.30	
10 Mills	A	1:43.00	
11 Sacred Heart Pre	A	1:44.08	
12 Sacred Heart Cat	B	1:50.00	
13 Deer Valley	A	NT	

## Event 30 Men 300 Meter Hurdles Varsity

Meet Record: 38.47 2001		Halihl Guy	
Name	School	Seed Time	
1 Kubozono, Ryo	Cupertino	40.71	
2 Talley, Jake	Clovis West	41.52	
3 Stine, Markell	Los Altos	41.60	
4 wang, donald	Independence	42.28	
5 Chui, Chris	Monta Vista	42.50	
6 Siu, Dom	California (San)	42.58	
7 Grimm, Todd	Los Altos	43.00	
8 Jackson, Marvin	Milpitas	43.34	
9 Ward, Blake	Scotts Valley	43.50	
10 Manley, Grant	Monta Vista	43.50	
11 Fredrickson, Matthew	Archbishop Mit	43.50	
12 Li, Jeremy	Cupertino	43.68	
13 Castaneda, Marco	Milpitas	43.84	
14 Ruh, Colin	California (San)	44.17	
15 Kusich, Cory	St. Francis (Mou)	44.18	
16 Liu, Sebastian	Lynbrook	44.67	
17 Lee, Jeff	Bellarmine Colle	45.60	
18 O'Malley, Sean	Leland	46.10	
19 Munoz, Erik	St. Francis (Mou)	46.67	
20 Cannino, Vinny	St. Francis (Mou)	47.80	Alt
21 Zhang, Marek	Ann Sobrato	48.20	
22 Chiechi, Cameron	Bellarmine Colle	48.50	
23 Donaldson, Brandon	Sacred Heart Cat	48.60	Alt
24 Allan, John	Mills	48.64	Alt
25 Yeager, Daniel	Los Altos	NT	Alt

## Event 31 Men 4x400 Meter Relay Varsity

Meet Record: 3:22.64 1990		Leigh	
Team	Relay	Seed Time	
1 Deer Valley	A	3:23.00	
2 Scotts Valley	A	3:29.10	
3 Archbishop Mitty	A	3:30.00	
4 St. Francis (Mou)	A	3:34.14	
5 Leland	A	3:36.00	
6 Live Oak (Morgan)	A	3:36.58	
7 Sacred Heart Cat	A	3:38.50	
8 Archbishop Riord	A	3:39.00	
9 St. Francis (Mou)	B	3:40.22	
10 Los Altos	A	3:40.30	
11 California (San)	A	3:41.00	
12 Sacred Heart Cat	B	3:50.00	

## Event 32 Men Discus Throw Varsity

Meet Record: 189-08 1988		John Wirtz	
Name	School	Seed Mark	
1 Kramer, Erik	Mills	151-00.50	
2 Jones, Spencer	Henry M. Gunn	140-06	
3 Doyle, Zach	Pioneer (San Jos)	140-00	
4 Koukoutsakis, Alex	Mountain View	138-08	Conv
5 Sheehan, Patrick	Los Altos	137-00	
6 Cooper, Aaron	Clovis West	135-04	
7 Lovato, Rene	St. Francis (Mou)	132-01	
8 Mendoza, Francisco	Archbishop Rior	129-00	
9 Sultani, Haris	Palo Alto	127-01	
10 Dutra, Lewis	Clovis West	125-05	
11 Tran, Jesse	Homestead	122-05	
12 So, David	Mills	121-00	
13 Mane, Amerika	Milpitas	118-09.50	Conv
14 Haywood, Christian	Clovis West	118-09.50	
15 Dimich, Trevor	Milpitas	118-01.50	Conv
16 Hillar, Jacob	American	117-06	
17 Avilla, Matthew	California (San)	117-00	
18 Suto, Darren	Bellarmine Colle	116-05	
19 Park, GH	Homestead	110-01	
20 Eristavi, Nick	Archbishop Rior	110-00	
21 Enzmingier, Thomas	Harker School	110-00	
22 Pale, Tavasa	St. Francis (Mou)	105-05	
23 Lee, Kevin	Sacred Heart Cat	103-07.50	
24 Cai, Kevin	Leland	102-07	
25 Carefoot, Cody	Henry M. Gunn	100-10	
26 Boesch, Cameron	Pioneer (San Jos)	100-00	
27 Underwood, Scott	Harker School	100-00	
28 Toruno, Henry	Sacred Heart Cat	98-01.50	
29 Sandoval, Jared	Leland	97-05	
30 Tsang, Wade	Cupertino	90-00	
31 Chew, Steven	Cupertino	64-00	

## Event 33 Men Shot Put Varsity

Meet Record: 58-10 1985		Mohr	
Name	School	Seed Mark	
1 navarro, leo	Oak Grove (San)	47-09.00	

## St. Francis Track and Field Invitational - 3/20/2010

St. Francis High School  
Performance List

## Event 33 ... (Men Shot Put Varsity)

Name	School	Seed Mark	
2 Koukoutsakis, Alex	Mountain View	47-02.25	Conv
3 Tran, Jesse	Homestead	47-00.00	
4 Cooper, Aaron	Clovis West	45-06.50	
5 Anderson, Kevin	Palo Alto	45-06.00	
6 Pale, Tavasas	St. Francis (Mou	44-10.00	
7 Mendoza, Francisco	Archbishop Rior	44-00.00	
8 Desilva, Clayton	Milbitas	43-03.75	Conv
9 Eristavi, Nick	Archbishop Rior	42-05.00	
10 Dutra, Lewis	Clovis West	42-03.00	
11 Gronley, Eric	Bellarmino Colle	42-01.00	
12 Sultani, Haris	Palo Alto	42-00.00	
13 Sandoval, Jared	Leland	41-08.00	
14 Torre, Peter	Junipero Serra	41-06.00	
15 Park, GH	Homestead	41-03.00	
16 Avilla, Matthew	California (San	41-00.00	
17 Lovato, Rene	St. Francis (Mou	40-09.00	
18 Haywood, Christian	Clovis West	40-03.00	
19 McTaggart, Sean	Junipero Serra	40-01.00	
20 Sheehan, Patrick	Los Altos	40-00.00	
21 Enzinger, Thomas	Harker School	40-00.00	
22 So, David	Mills	40-00.00	
23 Dapper, Max	Bellarmino Colle	39-09.00	
24 Fleischli, Brian	St. Francis (Mou	39-08.00	
25 Hillar, Jacob	American	39-06.00	
26 Steffens, Ikaika	Milbitas	39-04.50	Conv
27 Fears, Kameron	Milbitas	39-04.50	Conv
28 Carefoot, Cody	Henrv M. Gunn	38-07.00	
29 Cai, Kevin	Leland	38-02.00	
30 Tsang, Wade	Cupertino	37-00.00	
31 Toruno, Henry	Sacred Heart Cat	35-04.00	
32 Gloria, Vincent	Sacred Heart Cat	34-09.50	
33 Chew, Steven	Cupertino	25-05.00	

## Event 34 Men Long Jump Varsity

Meet Record:	24-02 1995	Dan Nord	
Name	School	Seed Mark	
1 Greathouse, Scott	Los Altos	29-00.00	Conv
2 Cheng, Alvin	Mission San Jos	21-11.00	
3 Combs, Sean	Deer Valley	21-06.50	
4 Muavva, derek	Independence	20-10.00	
5 Nunes, Andrew	Junipero Serra	20-07.00	
6 Taylor, Thomas	Deer Valley	20-06.50	
7 Yeager, Daniel	Los Altos	20-04.25	Conv
8 Matthews, David	Los Altos	20-04.25	Conv
9 Tieu, Danny	Mission San Jos	20-02.00	
10 Regua, Daniel	Pioneer (San Jos	20-01.00	
11 Sims, Bernie	Woodside	20-01.00	
12 Yeh, Thomas	Carlmont	20-00.00	
13 Anderson, Scott	Archbishop Rior	19-11.00	
14 Ruiz, Greg	Archbishop Mit	19-10.00	
15 Wicks, Cody	American	19-10.00	
16 Livers, Lawrence	St. Francis (Mou	19-10.00	
17 Ornduff, TJ	Live Oak (Morg	19-08.00	
18 Murphy, Devin	Junipero Serra	19-06.00	

19 Yanogacio, Mikhail	Milbitas	19-04.00	Conv
20 Gaertner, Christopher	Sacred Heart Pre	19-02.50	Conv
21 Hill, Terry	Palo Alto	19-00.00	
22 Nguyen, Micheal	Milbitas	18-10.00	Conv
23 Nguyen, Andrew	St. Francis (Mou	18-10.00	
24 Munchua, Michael	Sacred Heart Cat	18-09.50	
25 Rawls, Andre	California (San	18-09.00	
26 Lewis, Nick	Deer Vallev	18-06.00	
27 Frazier, Sam	California (San	18-06.00	
28 Church, Kyle	Sacred Heart Cat	18-04.75	
29 Alonzo, Taylor	Live Oak (Morg	18-04.00	
30 Quigley, James	St. Francis (Mou	18-01.00	
31 MacDonald, Mathew	St. Francis (Mou	17-10.00	
32 Arita, Brian	Cupertino	17-04.75	
33 Bajtos, Kyle	Bellarmino Colle	17-01.00	
34 Liu, Jerry	Los Altos	ND	

## Event 35 Men Triple Jump Varsity

Meet Record:	47-04.50 1986	Rucker	
Name	School	Seed Mark	
1 Pacheco, Dalyn	Junipero Serra	45-08.00	
2 Muavva, derek	Independence	45-05.00	
3 Taylor, Thomas	Deer Vallev	45-03.00	
4 Okwudiafor, Ikem	Mission San Jos	44-08.50	
5 Strehlow, Ricky	Adrian Wilcox	43-01.00	
6 Wicks, Cody	American	42-04.00	
7 Rawls, Andre	California (San	42-00.00	
8 Livers, Lawrence	St. Francis (Mou	41-07.00	
9 Mitchell, Michael	St. Francis (Mou	41-03.00	
10 Anderson, Scott	Archbishop Rior	40-09.00	
11 Zoller, Anthony	Vintage High Sch	40-09.00	
12 Tieu, Danny	Mission San Jos	40-03.00	
13 Yanogacio, Mikhail	Milbitas	40-02.25	Conv
14 Frazier, Sam	California (San	40-00.00	
15 Ornduff, TJ	Live Oak (Morg	39-07.00	
16 Greathouse, Scott	Los Altos	39-00.25	Conv
17 Ho, Derrick	St. Francis (Mou	38-06.00	
18 Leach, Dominic	Live Oak (Morg	38-05.00	
19 Wyatt, Brian	Carlmont	38-02.00	
20 Mar, Race	St. Francis (Mou	37-08.00	
21 Yeager, Daniel	Los Altos	37-05.00	Conv
22 Cole, Madu	Bellarmino Colle	37-01.00	
23 Ho, Andrew	Bellarmino Colle	36-11.00	
24 MacDonald, Mathew	St. Francis (Mou	36-08.00	
25 Quigley, James	St. Francis (Mou	36-05.00	
26 Lamothe, Patrick	American	35-10.00	
27 Liu, Jerry	Los Altos	ND	

## Event 36 Men High Jump Varsity

Meet Record:	6-10 1985	Rogers	
Name	School	Seed Mark	
1 Rawls, Andre	California (San	6-04.00	
2 Olubeko, Dot	Clovis West	6-04.00	
3 Pacheco, Dalyn	Junipero Serra	6-04.00	
4 Robinson, Diondre	Clovis West	6-03.00	
5 Johnson, Stephen	Mountain View	6-02.00	Conv



## St. Francis Track and Field Invitational - 3/20/2010

St. Francis High School  
Performance List

## Event 36 ... (Men High Jump Varsity)

Name	School	Seed Mark
6 Nigro, Tyler	Palo Alto	6-02.00
7 Frazier, Noel	California (San	6-02.00
8 Price, Kenya	Woodside	6-00.00
9 Daw, Jacob	Live Oak (Morga	5-10.00
10 Hueschen, Michael	Palo Alto	5-10.00
11 Bajtos, Kyle	Bellarmine Colle	5-10.00
12 Blake, Antoine	Archbishop Rior	5-10.00
13 Greathouse, Scott	Los Altos	5-10.00
14 Descalso, Joey	St. Francis (Mou	5-08.00
15 Manion, Brendan	Archbishop Mit	5-08.00
16 Bellin, Nick	Carlmont	5-08.00
17 Monroe, Anthony	St. Francis (Mou	5-06.00
18 Cole, Madu	Bellarmine Colle	5-06.00
19 Boesch, Cameron	Pioneer (San Jos	5-02.00

## Event 37 Men Pole Vault Varsity

Meet Record: 16-00 2006	Casey Roche / K. Mills-Bunje
Name	School Seed Mark
1 Toney, Shawn	St. Francis (Mou 15-07.00
2 Berhet, Benjamin	Los Gatos 14-00.00
3 Wang, Eric	Mission San Jos 13-01.00
4 Camarota, Garrett	Archbishop Mit 13-00.00
5 Falk, Nathan	Acalanes 13-00.00
6 Meldrum, Austin	Ann Sobrato 12-00.00
7 Kehoe, Paul	St. Francis (Mou 12-00.00
8 Chadwick, Austin	St. Francis (Mou 11-06.00
9 Enbom, Timothy	St. Francis (Mou 11-06.00
10 Mancini, Brandon	Ann Sobrato 11-00.00
11 Petterson, Zach	California (San 11-00.00
12 Janke, Eric	California (San 11-00.00
13 Lotti, Bo	Carlmont 11-00.00
14 Brunetto, Joe	Archbishop Mit 10-06.00
15 Boesch, Cameron	Pioneer (San Jos 10-00.00
16 Falore, Richard	St. Francis (Mou 10-00.00
17 Pariseau, Joseph	St. Francis (Mou 10-00.00

## Event 42 Girls 100 Meter Hurdles Frosh/Soph

Meet Record: 16.50 2006	Crystal Jackson
Name	School Seed Time
1 Fkiaras, Eleni	Leland 17.37
2 Haar, Paige	Archbishop Mit 17.60
3 Jaffe, Anna	Henrv M. Gunn 17.60
4 Tuma, Cecilia	Notre Dame (Sar 18.50
5 Maclure, Kendra	American 18.92
6 Holsworth, Alyssa	California (San 19.00
7 Nguyen, Isabelle	St. Francis (Mou 19.11
8 Tanase, Sarah	Leland 19.30
9 Tacbad, Maricar	Milpitas 19.64
10 Alliaume, Juliette	Sacred Heart Cat 20.04
11 Wes, Cassie	St. Francis (Mou 20.10
12 Vaccaro, Julie	Acalanes 21.02
13 Grubeck, Daniell	Acalanes 22.07
14 Heneghan, Nicole	Notre Dame (Sar NT

## Event 43 Girls 4x100 Meter Relay Frosh/Soph

Meet Record: 51.22 2007	St. Mary's College Prep
Team	Relay Seed Time
1 Piedmont Hills	A 51.13
2 Archbishop Mitty	A 52.10
3 Carlmont	A 53.00
4 St. Francis (Mou	A 53.26
5 California (San	A 53.50
6 Sacred Heart Cat	A 53.92
7 Leland	A 54.20
8 American	A 55.61
9 Notre Dame (San	A 55.70
10 Acalanes	A 59.42

## Event 44 Girls 1 Mile Run Frosh/Soph

Meet Record: 5:23.66 2008	Jessie Petersen
Name	School Seed Time
1 Morales, Andrea	American 5:40.21
2 Love, Katherine	Los Altos 5:45.27
3 Mills, Mackenzie	Vintage High Sch 5:52.00
4 Tse, Katherine	Sacred Heart Cat 5:52.00
5 Steffans, Sophia	Los Altos 5:52.88
6 Redmond, Kellie	Sacred Heart Cat 5:56.00
7 Bhattacharya, Ragini	Harker School 5:56.33
8 Anvick, Kate	Cupertino 5:57.12
9 Waller, Lauren	Los Altos 5:58.27
10 Dunbar, Melia	Henrv M. Gunn 5:58.40
11 Schrier, Emilia	St. Francis (Mou 6:08.35
12 Ramirez, Crystal	Watsonville 6:11.00
13 Sato, Rinoka	Cupertino 6:15.00
14 Yip, Chantel	Mills 6:15.23
15 Schrier, Courtney	Sacred Heart Pre 6:19.00
16 Whang, Sabrina	St. Francis (Mou 6:20.50
17 Mendel, Adrienne	Harker School 6:25.93
18 Mirbach, Marissa	Los Altos 6:58.20
19 Hoang, Maggie	Notre Dame (Sar NT Scr
20 Hau, Alice	Los Altos NT
21 Praturu, Anusha	Notre Dame (Sar NT Scr
22 Georgi, Katie	Notre Dame (Sar NT Scr

## Event 45 Girls 400 Meter Dash Frosh/Soph

Meet Record: 59.60 2006	Donnise Powell
Name	School Seed Time
1 Nguyen, Viviane	Piedmont Hills 1:03.00
2 Park, Sunny	Piedmont Hills 1:04.00
3 Utic, Abby	Scotts Vallev 1:04.20
4 Latham, Demi	Woodside 1:04.23
5 Lopez, Angelique	Vintage High Sch 1:04.30
6 Flynn, Josi	Carlmont 1:04.96
7 Neave, Erika	American 1:05.44
8 Hernandez, Kristina	Sacred Heart Cat 1:05.68
9 Maloney, Ranae	Scotts Vallev 1:05.70
10 Moyer, Alyssa	Carlmont 1:06.20
11 Leahy, Kathryn	Sacred Heart Pre 1:06.84
12 Ogawa, Karissa	Henrv M. Gunn 1:06.87

## St. Francis Track and Field Invitational - 3/20/2010

## St. Francis High School

## Performance List

## Event 45 ...(Girls 400 Meter Dash Frosh/Soph)

Name	School	Seed Time
13 Williams, Amy	Henrv M. Gunn	1:07.29
14 Nazel, Sierra	American	1:07.32
15 Venuti, Mia	Los Altos	1:07.62
16 Testa, Jael	Carlmont	1:08.10
17 Sewalt, Alanna	Leland	1:08.30
18 Reister, Ally	Henrv M. Gunn	1:09.10
19 Bhargara, Ritu	Los Altos	1:09.22
20 Crane, Megan	Notre Dame (Sar	1:11.00
21 Bogden, Natalie	Archbishop Mit	1:13.00
22 Chavez, Emily	Archbishop Mit	1:13.00
23 Swenor, Samantha	Archbishop Mit	1:13.00
24 Paz, Flor	Los Altos	1:13.27
25 Borst, Johanna	Archbishop Mit	1:14.00
26 Jung, Kendall	Archbishop Mit	1:15.00 Alt
27 Lyons, Riley	Notre Dame (Sar	NT
28 Heneghan, Nicole	Notre Dame (Sar	NT
29 Caswell, Lainie	Castilleia	NT
30 Mimeless, Hannah	Notre Dame (Sar	NT Scr/Alt

## Event 46 Girls 100 Meter Dash Frosh/Soph

Meet Record:	12.80 2006	Kiyoko Orange	
Name	School	Seed Time	
1 Stone, Ruth	Piedmont Hills	13.13	
2 Roey, Jessica	St. Francis (Mou	13.13	
3 Nielson, Torie	Palo Alto	13.20	
4 Agu, Cecily	Archbishop Mit	13.30	
5 Au-Yeung, Melody	Piedmont Hills	13.30	
6 Fong, Maggie	Sacred Heart Pre	13.30	
7 Bowie, Claire	Los Altos	13.30	
8 La Plante, Kaitlin	Leland	13.30	
9 Deadwiler, Camile	American	13.30	
10 Duterte, Martha	Archbishop Mit	13.31	
11 Nord, Ebba	Henry M. Gunn	13.32	
12 King, Anjali	Piedmont Hills	13.40	Alt
13 Sullivan, Bryonna	Piedmont Hills	13.40	
14 Hipp, Erica	Sacred Heart Cat	13.46	
15 Luong, Sydney	Carlmont	13.50	
16 Do, Josephine	Piedmont Hills	13.50	Alt
17 Hall, Taylor	Mountain View	13.51	
18 Lopez, Angelique	Vintage High Sch	13.61	
19 Prather, Caity	Sacred Heart Pre	13.65	
20 Ogonowsky, Alexie	Los Altos	13.80	
21 Mays, Eli	Los Altos	13.80	
22 Bautista, Allegra	Sacred Heart Cat	13.94	
23 Gandhi, Kira	Carlmont	13.95	
24 Braun, Roslyn	Los Altos	14.00	
25 Asghary, Saba	Acalanes	14.10	
26 Gerbert, Sienna	California (San	14.13	
27 Vaccaro, Jenanne	Acalanes	14.20	
28 Raykiewicz, Julia	California (San	14.21	
29 Glickman, Courtney	California (San	14.30	
30 Estioko, Alexis	Notre Dame (Sar	14.40	
31 Moore, Katherine	Cupertino	14.50	
32 Shamshirian, Nika	Leland	14.50	

33 Arenas, Mercedes	California (San	14.68	Alt
34 Karbo, Stephanie	California (San	14.75	Alt
35 Nguyen, Heather	Leland	14.80	Alt
36 Choyce, Jessica	Notre Dame (Sar	14.98	
37 Kann, Jacqueline	Acalanes	15.20	Alt
38 Wieslogel, Hanna	Leland	15.30	Alt
39 Chen, Connie	Acalanes	15.40	Alt
40 Costa, Sondra	Harker School	15.57	
41 Gattupalli, Maya	Harker School	16.21	
42 Sura, Amanda	Notre Dame (Sar	NT	Alt
43 Caswell, Lainie	Castilleia	NT	
44 Louie, Amanda	Castilleia	NT	
45 Karur, Anisha	Notre Dame (Sar	NT	Alt

## Event 47 Girls Distance Medley Frosh/Soph

Meet Record:	13:19.79 2007	Burlingame	
Team	Relay	Seed Time	
1 Los Altos	A	14:00.00	
2 Palo Alto	A	14:05.40	
3 Sacred Heart Cat	A	14:10.00	
4 St. Francis (Mou	A	14:25.50	Scr

## Event 48 Girls 800 Meter Run Frosh/Soph

Meet Record:	2:25.79 2009	Serina Rye	
Name	School	Seed Time	
1 Donner, Heather	California (San	2:23.00	
2 McNulty, Krista	Scotts Valley	2:28.10	
3 Love, Katherine	Los Altos	2:34.12	
4 Hawley, Twyla	Scotts Valley	2:34.60	
5 Leahy, Kathryn	Sacred Heart Pre	2:35.00	
6 Hipp, Emily	Sacred Heart Cat	2:36.49	
7 Waller, Lauren	Los Altos	2:39.70	
8 Anvick, Kate	Cupertino	2:40.00	
9 Ramirez, Crystal	Watsonville	2:43.00	
10 Mills, Mackenzie	Vintage High Sch	2:45.00	Alt
11 Chan, Marisa	Sacred Heart Cat	2:45.00	
12 Paz, Flor	Los Altos	2:50.56	Alt
13 Steffans, Sophia	Los Altos	2:51.27	Alt
14 Venuti, Mia	Los Altos	2:52.67	Alt
15 Crinon, Claire	Notre Dame (Sar	2:55.00	
16 Chaidez, Meredith	Notre Dame (Sar	2:55.00	
17 Bhargara, Ritu	Los Altos	2:58.73	Alt

## Event 49 Girls 800 Sprint Medley Frosh/Soph

Meet Record:	1:56.50 2006	James Logan	
Team	Relay	Seed Time	
1 Piedmont Hills	A	1:52.00	
2 Archbishop Mitty	A	1:52.57	
3 Los Altos	A	1:53.00	
4 Henry M. Gunn	A	2:00.00	
5 St. Francis (Mou	A	2:01.50	
6 American	A	2:03.41	
7 Sacred Heart Pre	A	2:04.31	
8 Sacred Heart Cat	A	2:08.00	
9 Carlmont	A	NT	
10 Notre Dame (San	A	NT	Scr

## St. Francis Track and Field Invitational - 3/20/2010

St. Francis High School  
Performance List**Event 50 Girls 300 Meter Hurdles Frosh/Soph**

Meet Record: 49.80 2006		Sarah Fong	
Name	School	Seed Time	
1	Haar, Paige	Archbishop Mit	48.53
2	Givens, Gina	St. Francis (Mou	48.81
3	Fkiaras, Eleni	Leland	51.02
4	McKown, Mara	Mountain View	51.67
5	Jaffe, Anna	Henrv M. Gunn	52.61
6	Nazel, Sierra	American	52.77
7	Holsworth, Alyssa	California (San	53.00
8	Kalinowski, Alex	Scotts Vallev	53.44
9	Alliaume, Juliette	Sacred Heart Cat	53.63
10	Maclure, Kendra	American	54.11
11	Kirkland, Maddie	Notre Dame (Sar	54.60
12	Tuma, Cecilia	Notre Dame (Sar	54.62
13	Moore, Katherine	Cupertino	55.00
14	Wes, Cassie	St. Francis (Mou	56.06
15	Grubeck, Daniell	Acalanes	57.40
16	Vaccaro, Julie	Acalanes	57.45
17	Nguyen, Isabelle	St. Francis (Mou	58.50
18	Chan, Marisa	Sacred Heart Cat	1:00.00

**Event 51 Girls 4x400 Meter Relay Frosh/Soph**

Meet Record: 4:15.97 2007		St. Mary's College Prep	
Team	Relay	Seed Time	
1	Piedmont Hills	A	4:15.16
2	Leland	A	4:23.80
3	Scotts Valley	A	4:27.80
4	Sacred Heart Cat	A	4:34.00
5	Acalanes	A	4:35.00
6	Archbishop Mitty	A	4:40.00
7	St. Francis (Mou	A	4:45.50

**Event 52 Girls Discus Throw Frosh/Soph**

Meet Record: 104-11 2007		Michelle Chung	
Name	School	Seed Mark	
1	Rowe, Brielle	Mountain View	117-01
2	Flores, Jessica	Clovis West	110-00
3	Pale, Velyn	St. Francis (Mou	91-02
4	Fajardo, Ivonne	Carlmont	80-04
5	Mendoza, Sabrina	Mills	79-02
6	Wilber, Caitlin	California (San	75-00
7	Canaya, Gabby	Mills	70-04
8	Java, Jennifer	Sacred Heart Cat	67-05
9	Cooper, Tyhana	Sacred Heart Cat	64-02
10	Murillo, Mariella	St. Francis (Mou	59-08
11	Yi, Kathy	Homestead	57-09.75
12	Rasmuson, Paige	Notre Dame (Sar	50-00
13	Enriquez, Daniela	Homestead	48-09
14	Mimeless, Hannah	Notre Dame (Sar	ND

**Event 53 Girls Shot Put Frosh/Soph**

Meet Record: 34-07 2007		Michelle Chung	
Name	School	Seed Mark	
1	Flores, Jessica	Clovis West	35-04.00
2	Pale, Velyn	St. Francis (Mou	33-08.00

3	Mendoza, Sabrina	Mills	32-11.50
4	Rowe, Brielle	Mountain View	31-09.00
5	Choyce, Jessica	Notre Dame (Sar	27-08.00
6	Fajardo, Ivonne	Carlmont	27-05.00
7	Canaya, Gabby	Mills	26-11.50
8	Wilber, Caitlin	California (San	26-00.00
9	Cooper, Tyhana	Sacred Heart Cat	25-02.75
10	Murillo, Mariella	St. Francis (Mou	25-01.50
11	Amorese, Lauren	Los Altos	23-07.00
12	Java, Jennifer	Sacred Heart Cat	23-02.50
13	Rasmuson, Paige	Notre Dame (Sar	20-00.00
14	Yi, Kathy	Homestead	19-03.00
15	Enriquez, Daniela	Homestead	18-09.00

**Event 54 Girls Long Jump Frosh/Soph**

Meet Record: 17-00.50 2006		Nicole McGlory	
Name	School	Seed Mark	
1	Rienecker, Kira	Pioneer (San Jos	16-04.00
2	Santos, Therese	Archbishop Mit	15-10.00
3	Chen, Joanna	Piedmont Hills	15-00.00
4	Dueck, Janae	Leland	14-11.50
5	Bautista, Allegra	Sacred Heart Cat	14-07.75
6	Tuma, Cecilia	Notre Dame (Sar	14-06.00
7	Luong, Sydney	Carlmont	14-05.00
8	Sekator, Samantha	Mountain View	14-01.25 Conv
9	Estioko, Alexis	Notre Dame (Sar	13-11.00
10	Sewalt, Alanna	Leland	13-08.00
11	Ahlgren, Ashley	Archbishop Mit	13-00.00
12	Lyons, Riley	Notre Dame (Sar	ND
13	Chalaka, Sonya	Harker School	ND

**Event 55 Girls Triple Jump Frosh/Soph**

Meet Record: 35-11 2007		Aziza Baker	
Name	School	Seed Mark	
1	Hirsh, Hayley	Henrv M. Gunn	32-07.00
2	Arentz, Alyse	Clovis West	32-04.50
3	Chen, Joanna	Piedmont Hills	31-10.00
4	Santos, Therese	Archbishop Mit	31-03.00
5	Ahlgren, Ashley	Archbishop Mit	30-06.00
6	Bassi, Kristina	St. Francis (Mou	29-09.00
7	McComb, Audra	Los Altos	29-08.75 Conv
8	McKown, Kylie	Mountain View	29-06.50
9	Chalaka, Sonya	Harker School	29-05.25
10	Sekator, Samantha	Mountain View	29-02.50 Conv
11	Estioko, Alexis	Notre Dame (Sar	29-00.00
12	Grubeck, Daniell	Acalanes	28-03.00

**Event 56 Girls High Jump Frosh/Soph**

Meet Record: 5-00 2007		Aziza Baker / Kirsten Koslovsky	
Name	School	Seed Mark	
1	Costanzo, Trisha	St. Francis (Mou	4-10.00
2	McKown, Kylie	Mountain View	4-10.00
3	Arentz, Alyse	Clovis West	4-08.00
4	Garrow, Audrey	St. Francis (Mou	4-08.00
5	Bellin, Rachael	Carlmont	4-08.00
6	Inouye, Rebekah	Ann Sobrato	4-08.00

## St. Francis Track and Field Invitational - 3/20/2010

St. Francis High School  
Performance List

## Event 56 ... (Girls High Jump Frosh/Soph)

Name	School	Seed Mark
7 DeGeus, Alicia	Mountain View	4-06.00
8 Bassi, Kristina	St. Francis (Mou	4-06.00
9 Tanase, Sarah	Leland	4-06.00
10 Swain, Sophia	St. Francis (Mou	4-04.00
11 Alliaume, Juliette	Sacred Heart Cat	4-04.00
12 Dueck, Janae	Leland	4-02.00
13 Wieslogel, Hanna	Leland	4-00.00
14 Nguyen, Heather	Leland	4-00.00
15 Lyons, Riley	Notre Dame (Sar	NH
16 Sura, Amanda	Notre Dame (Sar	NH

## Event 57 Girls Pole Vault Frosh/Soph

Meet Record:	9-09 2009	Allison Ang
Name	School	Seed Mark
1 Stang, Makenzie	California (San	8-06.00
2 Flynn, Josi	Carlmont	8-00.00
3 O'Callahan, Virginia	Carlmont	8-00.00
4 Garrow, Audrey	St. Francis (Mou	8-00.00
5 Zhu, Leona	Mission San Jos	8-00.00
6 Yang, Mindy	Carlmont	7-06.00
7 Cheng, Ariel	Mission San Jos	7-00.00
8 Costanzo, Trisha	St. Francis (Mou	6-06.00
9 Raykiewicz, Julia	California (San	6-00.00

## Event 62 Boys 65 Meter Hurdles Frosh/Soph

Meet Record:	9.24 1999	Ian Kenworthy
Name	School	Seed Time
1 Barthelemy, Alex	Henrv M. Gunn	9.50
2 Vaca, Cameron	Archbishop Mit	9.60
3 Rohman, Joe	Henrv M. Gunn	9.70
4 Chin, Howard	San Leandro	10.20
5 green, colin	Independence	10.22
6 Maa, James	Palo Alto	10.23
7 Lew, John	San Leandro	10.30
8 Doan, Nicholas	Milpitas	10.34
9 Winchester, Sean	Mills	10.40
10 julian, andrew	Independence	10.41
11 Skinner, Alexander	Mountain View	10.50
12 Tran, Floatie	Archbishop Mit	10.97
13 Andrighetto, Domenic	St. Francis (Mou	11.07
14 Allen, Chris	St. Francis (Mou	11.18
15 Lee, Aaron	Mills	11.18
16 Wright, Jalen	Bellarmino Colle	11.20
17 Clarke, Charlie	St. Francis (Mou	11.26
18 Barrett, Sean	St. Francis (Mou	11.26
19 Kidd, Dylan	Bellarmino Colle	11.42
20 McGlothlin, Conner	American	11.65
21 Wentworth, Zack	American	12.02
22 Bustos, Jorge	Sacred Heart Cat	12.09
23 Hansen, Grant	Pioneer (San Jos	13.05
24 Takada, Satoru	Cupertino	10:58.00

## Event 63 Boys 4x100 Meter Relay Frosh/Soph

Meet Record:	42.64 2006	James Logan
Team	Relay	Seed Time
1 Piedmont Hills	A	43.30
2 Valley Christian	A	45.51
3 St. Francis (Mou	B	45.53
4 Archbishop Mitty	A	46.00
5 Leland	A	46.13
6 St. Francis (Mou	A	46.20
7 Mountain View	A	46.44
8 Bellarmine Colle	A	46.50
9 Carlmont	A	46.50
10 California (San	A	46.79
11 American	A	47.90
12 Milpitas	A	48.34
13 Sacred Heart Cat	A	49.06
14 Woodside	A	51.30

## Event 64 Boys 1 Mile Run Frosh/Soph

Meet Record:	4:26.64 1994	Dominique
Name	School	Seed Time
1 Bishop, Kevin	Monta Vista	4:39.67
2 Alexander, Matt	American	4:49.00
3 Jain, Shubhankar	Cupertino	4:56.68
4 Lu, Michael	Monta Vista	4:56.68
5 Garcia, Edgar	Watsonville	4:59.00
6 Beutter, John	Los Altos	4:59.20
7 kreisman, Dane	Los Altos	4:59.82
8 Cheng, Kevin	American	5:01.00
9 Yeung, Daniel	Monta Vista	5:02.00
10 Murphy, Grant	Mills	5:02.84
11 Quach, Austin	Sacred Heart Cat	5:03.00
12 Dwaraka, Sanjeev	Monta Vista	5:03.00
13 Maeda, Bumpei	Monta Vista	5:04.00
14 Madigan, Daniel	St. Francis (Mou	5:05.44
15 D'Costa, Benjamin	St. Francis (Mou	5:07.81
16 Duffy, Josh	Pioneer (San Jos	5:10.00
17 Camarena, Joab	Woodside	5:11.00
18 Wang, Frank	Leland	5:17.00
19 Van Diggelen, Lewis	Leland	5:18.00
20 Whitney, Nathaniel	Sacred Heart Cat	5:23.00
21 Dittmer, Steven	Los Altos	5:23.29
22 Antony, Anosh	Monta Vista	5:24.00
23 Yeats, Robert	Harker School	5:25.00
24 Curtis, Nathan	Henrv M. Gunn	5:27.40
25 Bhargara, Rishi	Los Altos	5:29.22 Alt
26 DeVisser, Tim	Los Altos	5:41.22 Alt
27 Carr, Alex	Los Altos	5:42.29 Alt
28 Fan, Richard	Harker School	12:18.00 Alt

## Event 65 Boys 400 Meter Dash Frosh/Soph

Meet Record:	50.84 1985	Myles
Name	School	Seed Time
1 Beard, Johnny	Piedmont Hills	50.10
2 Galvin, Devin	American	54.66

## St. Francis Track and Field Invitational - 3/20/2010

St. Francis High School  
Performance List

## Event 65 ... (Boys 400 Meter Dash Frosh/Soph)

Name	School	Seed Time
3 McFarlan, Armani	Archbishop Rior	54.69
4 Bakan, Eric	Bellarmino Colle	54.80
5 Nguyen, Tan	Piedmont Hills	55.00
6 Pray, David	California (San	55.20
7 Edmonds, Alfred	Bellarmino Colle	55.55
8 Rao, Arvind	Monta Vista	55.60
9 Tran, Jonathan	St. Francis (Mou	56.40
10 Tate, Chris	Archbishop Mit	56.40
11 Dixon, David	St. Francis (Mou	56.71
12 Pawlowski, Ben	California (San	57.00
13 Peoples, James	Archbishop Mit	57.05
14 Bickham, Cody	St. Francis (Mou	57.24
15 Fruin, Josh	California (San	57.30 Alt
16 Minocha, Sumit	Harker School	57.45
17 Lee, Justin	Carlmont	57.50
18 Yath, Thomas	Ann Sobrato	57.64
19 Gaertner, Ryan	Sacred Heart Pre	57.68
20 Nguyen, Byron	Milpitas	57.74
21 Purcell, Benjamin	Carlmont	57.90
22 Espeseth, Andon	Sacred Heart Pre	58.02
23 Lampkin, Edward	Sacred Heart Cat	58.12
24 Ceballos, Moses	Los Altos	58.20
25 Golzio-Garcia, ricardo	Los Altos	58.23
26 Hsia, Ethan	Leland	58.40
27 Onuegbe, Chidoze	Archbishop Mit	58.50 Alt
28 Farnan, Kevin	Acalanes	58.60
29 Rassmussen, Erik	Carlmont	58.63 Alt
30 Glines, Drew	Ann Sobrato	58.90
31 Bretzing, Brad	California (San	59.00 Alt
32 Paz, Drew	California (San	59.00 Alt
33 Co, Henry	Archbishop Rior	59.00
34 Valentine, Trevor	American	59.01 Alt
35 Berube, Aaron	Los Altos	1:00.23 Alt
36 Dubbs, Andrew	St. Francis (Mou	1:01.23 Alt
37 Bhargara, Rishi	Los Altos	1:02.69 Alt
38 Lin, Kevin	Harker School	1:08.27 Alt
39 Yet, Jonny	Harker School	NT Alt

## Event 66 Boys 100 Meter Dash Frosh/Soph

Meet Record:	11.14 1988	Hill	
Name	School	Seed Time	
1 Johnson, Khalil	St. Francis (Mou	10.91	
2 Morris, Sean	Clovis West	11.20	
3 Severson, Ryan	Valley Christian	11.20	
4 Halsted, Tyler	Mountain View	11.39	
5 Belong, Jerrald	Piedmont Hills	11.50	
6 Cho, Kyung Serk	Henry M. Gunn	11.51	
7 Williams, Jalen	Piedmont Hills	11.65	
8 Henry, Zach	Bellarmino Colle	11.70	
9 Mbonu, Obi	Ann Sobrato	11.84	
10 Glines, Drew	Ann Sobrato	11.84	
11 Sanfilippo, Joey	Bellarmino Colle	11.85	
12 Greene, Kahshan	St. Francis (Mou	11.89	
13 Boldin, Trejon	Archbishop Rior	11.90	

14 Dubon, Victor	Archbishop Mit	11.90
15 Guillermo, Michael	Carlmont	11.96
16 Gifford, Jessie	Carlmont	11.96
17 Hines, Deshane	American	11.98
18 Leong, Christopher	Carlmont	12.00
19 Greene, Kamel	St. Francis (Mou	12.01
20 Anderson, Ian	California (San	12.01
21 Dececco, Joe	Archbishop Mit	12.03
22 Petersen, Kevin	Mountain View	12.09
23 Halim, Ricky	Leland	12.10
24 Gaskins, Julian	Sacred Heart Cat	12.14
25 Sanchez, Martin	St. Francis (Mou	12.21
26 Roberts, Ryan	St. Francis (Mou	12.23
27 Morgan, Will	Sacred Heart Pre	12.28
28 Minocha, Sumit	Harker School	12.31
29 Cruz, Brian	Archbishop Rior	12.40
30 Dinh, Mike	Milpitas	12.44
31 Woodward, Austin	St. Francis (Mou	12.75
32 Alarcon, Paolo	Sacred Heart Cat	12.77
33 Sun, Ian	Leland	12.80
34 VanEck, Williem	Los Altos	13.20
35 Randhawa, Angad	Harker School	NT

## Event 67 Boys Distance Medley Frosh/Soph

Meet Record:	11:18.32 2007	Palma	
Team	Relay	Seed Time	
1 Independence	A	11:03.80	
2 Monta Vista	A	11:10.00	
3 Mills	A	11:11.13	
4 Carlmont	A	11:30.00	
5 Carlmont	B	11:30.00	
6 St. Francis (Mou	A	11:30.98	
7 Monta Vista	B	11:45.00	
8 Los Altos	A	11:50.00	
9 Mountain View	A	12:10.00	
10 Leland	A	12:20.10	
11 Palo Alto	A	12:28.78	
12 Palo Alto	B	12:55.00	
13 Sacred Heart Cat	A	13:00.00	
14 Mills	B	NT	

## Event 68 Boys 800 Meter Run Frosh/Soph

Meet Record:	1:58.14 1993	Robby Williams	
Name	School	Seed Time	
1 Yared, Surafael	Monta Vista	2:00.00	
2 Marani, Bobby	Archbishop Mit	2:06.45	
3 Rao, Arvind	Monta Vista	2:09.00	
4 Pilgrim, Drew	Henry M. Gunn	2:13.60	
5 Gaertner, Ryan	Sacred Heart Pre	2:14.00	
6 Flores, Carlos	Sacred Heart Cat	2:14.00	
7 Lardizabal, Ernest	Sacred Heart Cat	2:14.00	
8 Cook, Andrew	Bellarmino Colle	2:15.51 Alt	
9 Fast, Cameron	St. Francis (Mou	2:17.93	
10 Mesfun, Eyobed	Valley Christian	2:18.00	
11 kreisman, Dane	Los Altos	2:18.22	
12 Beutter, John	Los Altos	2:18.90	

## St. Francis Track and Field Invitational - 3/20/2010

St. Francis High School  
Performance List**Event 68 ... (Boys 800 Meter Run Frosh/Soph)**

Name	School	Seed Time	
13 Lillig, Ben	California (San	2:19.00	
14 Chen, Andrew	Henrv M. Gunn	2:19.90	Alt
15 Ascencio, Alexander	Vallev Christian	2:21.00	Alt
16 Glenday, Colin	St. Francis (Mou	2:21.76	Alt
17 Chawla, Mirnal	St. Francis (Mou	2:22.16	Alt
18 DeVisser, Tim	Los Altos	2:24.29	Scr
19 Bhargara, Rishi	Los Altos	2:25.20	Scr
20 Berube, Aaron	Los Altos	2:26.79	Scr
21 Golzio-Garcia, ricardo	Los Altos	2:27.46	Scr
22 Dittmer, Steven	Los Altos		NT Scr

**Event 69 Boys 800 Sprint Medley Frosh/Soph**

Meet Record: 1:41.31 2001		St. Ignatius	
Team	Relay	Seed Time	
1 Piedmont Hills	A	1:38.00	
2 Archbishop Riord	A	1:39.10	
3 Archbishop Mitty	A	1:40.00	
4 Sacred Heart Cat	A	1:40.00	
5 St. Francis (Mou	A	1:42.56	
6 Bellarmine Colle	A	1:43.00	
7 Carlmont	A	1:44.00	
8 Carlmont	B	1:45.00	
9 Sacred Heart Pre	A	1:46.50	
10 American	A	1:47.21	
11 California (San	A	1:47.37	
12 Milpitas	A	1:47.44	

**Event 70 Boys 300 Meter Hurdles Frosh/Soph**

Meet Record: 40.94 1996		Edmon / McGowen	
Name	School	Seed Time	
1 Vaca, Cameron	Archbishop Mit	43.01	
2 Lemak, Stefan	Mountain View	43.80	
3 Wright, Jalen	Bellarmine Colle	45.63	
4 Wadors, Benjamin	St. Francis (Mou	46.16	
5 Takada, Satoru	Cupertino	46.21	
6 Winchester, Sean	Mills	46.38	
7 Allen, Chris	St. Francis (Mou	46.63	
8 Andrightetto, Domenic	St. Francis (Mou	47.17	
9 Schumacher, Kenny	Bellarmine Colle	47.20	
10 Lee, Aaron	Mills	47.25	
11 green, colin	Independence	47.35	
12 Yath, Thomas	Ann Sobrato	47.40	
13 julian, andrew	Independence	47.65	
14 Barrett, Sean	St. Francis (Mou	47.78	
15 McGlothlin, Conner	American	47.92	
16 Pray, David	California (San	48.20	
17 Wentworth, Zack	American	51.87	
18 Bustos, Jorge	Sacred Heart Cat	54.87	
19 Calabio, Aaron	Archbishop Rior		NT

**Event 71 Boys 4x400 Meter Relay Frosh/Soph**

Meet Record: 3:33.44 1985		Santa Teresa	
Team	Relay	Seed Time	
1 Piedmont Hills	A	3:31.00	

2 Mountain View	A	3:39.00
3 Archbishop Mitty	A	3:40.00
4 Bellarmine Colle	A	3:45.50
5 St. Francis (Mou	A	3:46.50
6 California (San	A	3:49.00
7 St. Francis (Mou	B	3:50.83
8 Archbishop Riord	A	3:52.00
9 Leland	A	3:53.00
10 Sacred Heart Cat	A	4:04.00

**Event 72 Boys Discus Throw Frosh/Soph**

Meet Record: 150-10 1990		John Dossey	
Name	School	Seed Mark	
1 Longinotti, Luke	Junipero Serra	102-02.50	
2 Talamante, Jorge	Homestead	101-10.50	
3 Fariba, Kia	St. Francis (Mou	101-01	
4 Welsh, Jaxon	Henrv M. Gunn	100-03	
5 Windum, Dion	Archbishop Mit	100-00	
6 Muegge, Brian	Archbishop Mit	100-00	
7 Bickham, Cody	St. Francis (Mou	99-11	
8 Shu, Jeff	Mills	98-11	
9 Godfrey, Daniel	Junipero Serra	98-03	
10 Moses, Gregory	Palo Alto	95-05	
11 Mattie, Brian	American	95-05	
12 Aimonetti, John	St. Francis (Mou	94-01	
13 Tsanakaus, Teddy	Woodside	92-00	
14 George, Gerry	American	91-01	
15 Petromilli, Jeff	Woodside	90-00	
16 Woodworth, Bryce	Leland	89-07	
17 Smick, Ryan	St. Francis (Mou	88-05	
18 McSwain, Kyle	St. Francis (Mou	82-04	
19 Frisk, Joseph	Sacred Heart Cat	82-03	
20 Woodward, Austin	St. Francis (Mou	80-01	
21 Barajas, Andrew	Pioneer (San Jos	79-00	
22 Pinkman, Nicholas	Leland	ND	
23 Beacher, Daniel	Leland	ND	
24 Pinnipati, Shyam	Leland	ND	

**Event 73 Boys Shot Put Frosh/Soph**

Meet Record: 54-10 1999		Pete Bjorklund	
Name	School	Seed Mark	
1 Longinotti, Luke	Junipero Serra	47-01.00	
2 Prati, Vittorio	Palo Alto	44-00.00	
3 Windum, Dion	Archbishop Mit	41-10.00	
4 Craig, Kyle	Archbishop Rior	41-00.00	
5 Godfrey, Daniel	Junipero Serra	41-00.00	
6 Sutherland, Alex	Henrv M. Gunn	40-02.00	
7 Woodworth, Bryce	Leland	40-02.00	
8 Bisbee, Chris	Palo Alto	40-00.00	
9 Lyzwa, Mike	Palo Alto	40-00.00	
10 Shu, Jeff	Mills	40-00.00	
11 Bickham, Cody	St. Francis (Mou	39-05.00	
12 Aimonetti, John	St. Francis (Mou	38-06.00	
13 Smick, Ryan	St. Francis (Mou	36-04.00	
14 Talamante, Jorge	Homestead	34-11.50	
15 Woodward, Austin	St. Francis (Mou	34-11.00	

## St. Francis Track and Field Invitational - 3/20/2010

St. Francis High School  
Performance List**Event 73 ... (Boys Shot Put Frosh/Soph)**

Name	School	Seed Mark
16 Mattie, Brian	American	34-02.00
17 Frisk, Joseph	Sacred Heart Cat	32-10.00
18 George, Gerry	American	32-08.00
19 Petromilli, Jeff	Woodside	30-00.00
20 Tsanakaus, Teddy	Woodside	30-00.00
21 Giammona, Matthew	Harker School	30-00.00
22 Pinnipati, Shyam	Leland	ND
23 Pinkman, Nicholas	Leland	ND
24 Beacher, Daniel	Leland	ND

**Event 74 Boys Long Jump Frosh/Soph**

Meet Record: 21-04.50 1996	Jacob Tolbert	
Name	School	Seed Mark
1 Halsted, Tyler	Mountain View	20-10.00
2 Shah, Sunil	Mission San Jos	19-06.00
3 Harvey, DJ	Archbishop Rior	18-07.00
4 Daigle, Joseph	Palo Alto	18-01.00
5 Paulino, Keon	Piedmont Hills	18-00.00
6 Greene, Alex	Bellarmino Colle	17-08.75
7 Robinson, Nico	Sacred Heart Pre	17-07.00 Conv
8 Grossman, William	Mills	17-06.00
9 Nityanand, Akshay	Carlmont	17-03.00
10 Flaherty, Sean	Leland	17-02.00
11 Green, Blake	Archbishop Rior	17-00.00
12 Jaisingh, Raj	Archbishop Mit	17-00.00
13 Cruz, Brian	Archbishop Rior	16-11.00
14 Carlsen, Dan	St. Francis (Mou	16-10.00
15 Leaver, Garette	Carlmont	16-05.00
16 McMaster, Keir	Bellarmino Colle	16-02.00
17 Fariba, Kia	St. Francis (Mou	16-01.00
18 Deng, Robert	Harker School	15-09.25
19 Fung, Patrick	Sacred Heart Cat	15-07.50
20 Tran, Dustin	Leland	15-04.00
21 Hsia, Ethan	Leland	14-10.00
22 Chou, Alexander	Leland	14-08.00
23 Shetty, Karan	Leland	14-02.00
24 Dubon, Victor	Archbishop Mit	ND
25 Matthew, Wong	Archbishop Mit	ND
26 Chen, Michael	Harker School	ND

**Event 75 Boys Triple Jump Frosh/Soph**

Meet Record: 44-00.75 1996	Jacob Tolbert	
Name	School	Seed Mark
1 Shah, Sunil	Mission San Jos	40-01.00
2 Cruz, Brian	Archbishop Rior	37-05.00
3 Carlsen, Dan	St. Francis (Mou	36-10.00
4 Chadwick, Taylor	St. Francis (Mou	36-02.00
5 Lee, Justin	Carlmont	36-00.00
6 Fariba, Kia	St. Francis (Mou	35-11.00
7 Greene, Alex	Bellarmino Colle	35-07.00
8 Duong, Kevin	Bellarmino Colle	35-07.00
9 Dubbs, Andrew	St. Francis (Mou	35-05.00
10 Mujica, Daniel	St. Francis (Mou	35-05.00
11 Diguseppe, Raymond	St. Francis (Mou	35-02.00

12 Flaherty, Sean	Leland	35-02.00
13 Jaisingh, Raj	Archbishop Mit	35-00.00
14 Doan, Daniel	Bellarmino Colle	34-11.00
15 O'Meara, Stuart	St. Francis (Mou	34-08.00
16 Shetty, Karan	Leland	33-04.00
17 Hom, Justin	Carlmont	33-03.00
18 VanEck, William	Los Altos	32-09.75 Conv
19 Tran, Dustin	Leland	31-08.00
20 Matthew, Wong	Archbishop Mit	ND

**Event 76 Boys High Jump Frosh/Soph**

Meet Record: 6-05 1994	John Bull	
Name	School	Seed Mark
1 Du, Victor	Palo Alto	6-00.00
2 Daigle, Joseph	Palo Alto	5-07.00
3 Reilly, Sean	Bellarmino Colle	5-06.00
4 Gaskins, Julian	Sacred Heart Cat	5-06.00
5 McCue, Nicholas	Bellarmino Colle	5-06.00
6 Carlsen, Dan	St. Francis (Mou	5-06.00
7 Hansen, Grant	Pioneer (San Jos	5-00.00
8 Karl, Zane	Archbishop Mit	4-08.00

**Event 77 Boys Pole Vault Frosh/Soph**

Meet Record: 13-00 1985	Buckley / Harris	
Name	School	Seed Mark
1 Toney, Marc	St. Francis (Mou	12-00.00
2 Cottong, Brooks	Carlmont	11-00.00
3 Yorkey, Ben	California (San	11-00.00
4 Rassmussen, Erik	Carlmont	10-06.00
5 Winchester, Sean	Mills	9-06.00
6 Dearborn, Justin	California (San	9-06.00
7 Greene, Kahshan	St. Francis (Mou	9-00.00
8 Tan, Jay	Piedmont Hills	9-00.00
9 Yeh, Theo	Carlmont	9-00.00
10 Scott, Mc Cormick	Acalanes	7-00.00