

Junipero Serra
Top 7 Invitational
April 17, 2010
Approximate Time Schedule

RUNNING EVENTS

9:00	Girls Varsity 400m Relay Boys Varsity 400m Relay	1:45	Girls JV 400m Relay Boys FS 400m Relay
9:15	Girls Varsity 1600m Boys Varsity 1600m	2:00	Girls JV 1600m Boys FS 1600m
9:45	Girls Varsity 100m Hurdles Boys Varsity 110m HH	2:30	Girls JV 100m Hurdles Boys FS 110m HH
10:05	Girls Varsity 400m Boys Varsity 400m	2:50	Girls JV 400m Boys FS 400m
10:35	Girls Varsity 100m Boys Varsity 100m	3:20	Girls JV 100m Boys FS 100m
11:00	Girls Varsity 800m Boys Varsity 800m	3:45	Girls JV 800m Boys FS 800m
11:25	Girls Varsity 300m Hurdles Boys Varsity 300m Hurdles	4:10	Girls JV 300m Hurdles Boys FS 300m Hurdles
11:55	Girls Varsity 200m Boys Varsity 200m	4:40	Girls JV 200m Boys FS 200m
12:35	Girls Varsity 3200m Boys Varsity 3200m	5:20	Girls JV 3200m Boys FS 3200m
1:25	Girls Varsity 1600m Relay Boys Varsity 1600m Relay	6:00	Girls JV 1600m Relay Boys FS 1600m Relay

FIELD EVENTS

9:00 AM

Boys Varsity Shot Put
Girls Varsity Discus
Girls Varsity Pole Vault
Girls Varsity High Jump
Boys Varsity Long Jump
Girls Varsity Triple Jump

11:00 AM

Girls Varsity Shot Put
Boys Varsity Discus
Boys Varsity Pole Vault
Boys Varsity High Jump
Girls Varsity Long Jump
Boys Varsity Triple Jump

1:30 PM

Boys FS Shot Put
Girls JV Discus
Girls JV Pole Vault
Girls JV High Jump
Boys FS Long Jump
Girls JV Triple Jump

3:30 PM

Girls JV Shot Put
Boys F/S Discus
Boys F/S Pole Vault
Boys F/S High Jump
Girls JV Long Jump
Boys F/S Triple Jump