

P.A.L. Track & Field Championships 2012 - 4/27/2012 to 5/4/2012
Westmoor HS FS Finals

Event 1 Boys 4x100 Meter Relay Frosh-Soph

Team	Finals
Finals	
1 Burlingame	46.05
2 San Mateo	46.59
3 El Camino	46.84
4 Menlo-Atherton	47.26
5 Hillsdale	47.47
6 Jefferson	47.52
7 Mills	47.64
8 South San Francisco	47.71
9 Aragon	48.02
10 Terra Nova	48.04
11 Westmoor	48.33
12 Sequoia	48.34
13 Capuchino	49.83

Event 2 Girls 4x100 Meter Relay Frosh-Soph

Team	Finals
Finals	
1 Burlingame	54.19
2 San Mateo	54.66
3 Sequoia	55.24
4 Mills	55.27
5 Jefferson	56.20
6 Aragon	56.30
7 Westmoor	57.13
8 Terra Nova	57.52
9 Woodside	58.30
--- Carlmont	DQ

Event 3 Boys 1600 Meter Run Frosh-Soph

Name	Yr	School	Finals
Finals			
1 Gerardo Castro	10	El Camino	4:42.14
2 Jack Herrera	10	Aragon	4:42.91
3 Markus Gueglar	10	Menlo-Atherton	4:45.87
4 Domini Pinterelli	10	Half Moon Bay	4:49.10
5 Daniel Hoffman	10	Mills	4:51.70
6 Michael Bereket	9	Carlmont	4:52.49
7 Joe Jensen	9	El Camino	4:54.21
8 Alex Garcialuna	10	Aragon	4:55.02
9 Chris Jacobson	10	Half Moon Bay	4:55.61
10 Soham Bhatia	10	Capuchino	4:56.04
11 Daniel Figueroa	9	Westmoor	4:56.57
12 Adam Scandlyn	9	Menlo-Atherton	4:57.15
13 Brian Bowditch	10	Hillsdale	4:57.19
14 Owen Lee	9	Carlmont	4:57.58
15 Kevin Ruttenberg	9	Aragon	4:58.94
16 Brandon Ng	10	El Camino	4:59.67
17 Alain Barron	10	Sequoia	5:00.99
18 Robert Smith	10	Burlingame	5:01.89
19 Brandon Whiteley	10	Carlmont	5:03.51
20 David Villafuerte	9	Half Moon Bay	5:04.55
21 Ilya Rozenblatt	9	San Mateo	5:05.38
22 Kevin Vigil	10	South S.F.	5:05.39
23 Danny Escobar	9	Burlingame	5:06.18
24 Nathan Lakey	9	Terra Nova	5:08.40
25 Byron Santizo	9	San Mateo	5:09.26

26 Ryan Young	9	Mills	5:11.37
27 Abdulla Norman	10	Jefferson	5:13.22
28 Tyler Beth	9	Sequoia	5:13.76
29 Noah Gerber	10	San Mateo	5:15.70
30 Cameron Karn	9	Burlingame	5:17.54
31 Victor Goswani	10	Hillsdale	5:17.61
32 Charles Utecht	9	Sequoia	5:20.57
33 Justice Dumlao	9	Terra Nova	5:26.99
34 Forrest Sills	10	Woodside	5:39.49

Event 4 Girls 1600 Meter Run Frosh-Soph

Name	Yr	School	Finals
Finals			
1 Emily Laubscher	10	San Mateo	5:39.19
2 Raneem Mokatrin	9	Carlmont	5:41.70
3 Kaya McMullen	10	Half Moon Bay	5:42.86
4 Alison Schwartz	9	Carlmont	5:45.89
5 Anika Rianzares	10	Burlingame	5:46.00
6 Mieke Voges	9	San Mateo	5:49.32
7 Jasmine Shaff	10	Half Moon Bay	5:57.89
8 Christina Ashbaugh	10	Aragon	5:59.14
9 Sophia Micheletti	9	Terra Nova	6:00.51
10 Angela Lai	10	Menlo-Atherton	6:02.45
11 Oma Skyrus	9	Aragon	6:04.86
12 Vivian Chuang	10	San Mateo	6:08.51
13 Zoe Kriegler-Wenk	10	Sequoia	6:09.20
14 Wendy Tang	9	Mills	6:09.41
15 Flora Wang	9	Westmoor	6:13.01
16 Celene Bolanos	10	Aragon	6:15.22
17 Taylor Julian	10	Capuchino	6:17.09
18 Nicole Dermenjian	9	Carlmont	6:20.55

Event 5 Girls 100 Meter Hurdles Frosh-Soph

Name	Yr	School	Finals
Finals			
1 Mimi Chang	9	Westmoor	17.77
2 Molly Shea	10	Sequoia	18.43
3 Cory Rhodes	9	Terra Nova	18.69
4 Hallecka Valdez	10	Jefferson	18.83
5 Morgan Murphy	10	Mills	19.10
6 Katie Lee	10	Mills	19.40
7 Lindsay Block	9	Aragon	19.65
8 Safaa Hammed	9	Westmoor	19.72
9 Alex Griffis	10	Aragon	19.85
10 Samantha Ly	10	Westmoor	19.88
11 Dominique Guevara	10	El Camino	20.00
12 Sophie Elliot	10	San Mateo	20.04
13 Claire Noemer	10	Carlmont	20.04
14 Ana Loaisiga	10	Carlmont	20.18
15 Ursula Jongebloed	10	Menlo-Atherton	20.20
16 Chloe Cheng	10	Hillsdale	20.68
17 Cindy Angot	9	Jefferson	22.05
18 Jeanette Chow	10	Carlmont	22.22
19 Claire Spickermann	10	Sequoia	22.90

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Event 6 Boys 65 Meter Hurdles Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Ron Matro	9 Jefferson	10.36
2	Andres Abarca	9 El Camino	10.46
3	Nick Korjeff	9 Carlmont	10.52
4	Nick Pallas	10 San Mateo	10.52
5	Daniel Conceicao	10 Hillsdale	10.81
6	Maxwell Ware	9 Carlmont	10.84
7	Patrick Mullins	10 Mills	11.11
8	Konrad vonMayrhaus	10 Mills	11.14
9	Cairo Spencer	10 San Mateo	11.14
10	Devin Morris	9 Jefferson	11.18
11	Donte Campagna	9 Terra Nova	11.23
12	Felix Kwan	10 Westmoor	11.26
13	Evan Schulz	10 Sequoia	11.32
14	Joel Reynada	10 Menlo-Atherton	11.35
15	Johann Cayaban	10 Capuchino	11.42
16	Josiah Ferguson	9 Terra Nova	11.59
17	Laifu Chow	10 Westmoor	11.60
18	Alex Tablante	9 Capuchino	11.63
19	Kenneth Caragan	10 Jefferson	11.73
20	Timothy Pangilinan	10 Westmoor	11.84

Event 8 Girls 400 Meter Dash Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Katie Kissner	9 Burlingame	1:01.36
2	Willa Gruver	10 Sequoia	1:01.67
3	Allison Dong	10 San Mateo	1:03.46
4	Jana Wong	10 Mills	1:03.68
5	Makayla Arvin	9 Sequoia	1:04.25
6	Jennifer Patterson	9 San Mateo	1:04.55
7	Ty Harames	9 Mills	1:05.23
8	Stephanie Levine	10 Carlmont	1:06.08
9	Parvin Watson	9 Burlingame	1:07.12
10	Alyssa Nowell	9 Carlmont	1:07.76
11	Casey Haas	10 San Mateo	1:07.93
12	Liz Sommer	10 Menlo-Atherton	1:08.32
13	Nina Wyatt	10 Carlmont	1:09.18
14	Genae Gonzales	10 Burlingame	1:09.61
15	Emmaline Fronczak	9 Aragon	1:10.21
16	Jasmine Bastida	10 Westmoor	1:10.29
17	Natalie Koenig	9 Capuchino	1:10.49
18	May Wong	10 Westmoor	1:12.22
19	Alyssa Robles	9 Jefferson	1:12.28
20	Millicent Bangura	10 Jefferson	1:12.44
21	Raen Zulueta	9 Jefferson	1:13.20
22	Jennifer Barrett	9 Terra Nova	1:16.67
---	Theresa Helseth	10 Sequoia	FS

Event 7 Boys 400 Meter Dash Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Liam Martinez	10 Burlingame	53.02
2	James Baskerville	10 Carlmont	53.79
3	Brendan Hui	10 Mills	54.65
4	Calvin Yeh-Tinetti	10 Half Moon Bay	54.74
5	Nick Tofa	10 Aragon	55.42
6	Dominic Chavarria	10 Westmoor	55.64
7	Caleb O'Neel	10 Menlo-Atherton	55.71
8	Ethan Gentry	10 Aragon	55.75
9	Aditya Sinha	10 Menlo-Atherton	56.07
10	Rico Pepin	10 Terra Nova	56.42
11	Madien Abdulla	10 Jefferson	56.51
12	Ben Johnston	9 Sequoia	57.07
13	Keith Samujh	10 Aragon	57.21
14	Jashley Mercado	10 Terra Nova	57.38
15	Chris Camacho	10 Westmoor	57.42
16	Arnaud Laprais	9 Menlo-Atherton	57.53
17	Devin Morris	9 Jefferson	57.57
18	Miguel Madrigal	9 Mills	57.82
19	Sam Douglass	9 Burlingame	58.14
20	Raul Rodriguez	10 Jefferson	58.23
21	Ethan Lee	10 Carlmont	58.38
22	Ilya Rozenblatt	9 San Mateo	58.49
23	Angelo Anderson	10 Carlmont	58.57
24	David Svetov	10 Burlingame	59.49
25	Jonathan Montejano	10 Sequoia	59.51
26	Soham Bhatia	10 Capuchino	1:00.06
27	Stephan Page	9 Woodside	1:01.32
28	Jordan Leong	9 San Mateo	1:02.17
29	Christopher Tait	10 Hillsdale	1:02.44
30	Paolo Manlulu	10 Westmoor	1:03.17
31	Andrei Diosomito	10 South S.F.	1:03.89
---	Spencer Wu	10 Mills	FS

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Event 9 Boys 100 Meter Dash Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Brandon Gip	10 El Camino	11.50
2	Dumisani Sa-Ra	9 San Mateo	11.62
3	Faraaz Rashidi	10 Burlingame	11.65
4	Latrell Thayer	9 Hillsdale	11.78
5	Matt Sese	10 Terra Nova	11.96
6	Fred Dilly	9 Burlingame	11.97
7	Makani Simplicano	10 Terra Nova	12.01
8	Anders Ward	10 Menlo-Atherton	12.08
9	Orlando Garcia	10 South S.F.	12.09
10	Justin Hanawa	9 Hillsdale	12.16
11	Jeffrey Ng	9 Westmoor	12.22
12	Ebrahem Farooqui	10 San Mateo	12.23
13	Antony Cabuslay	9 Aragon	12.24
14	Gabe Campos	9 Capuchino	12.24
15	Neil Chan	10 Sequoia	12.32
16	Paolo Hidalgo	10 Burlingame	12.35
17	Dominc Holmes	10 Jefferson	12.36
18	Nick Hui	10 Aragon	12.38
19	Alex Garcia	9 Menlo-Atherton	12.42
20	Olver San Felipe	9 Capuchino	12.44
21	Gerber Aguilar	10 Sequoia	12.44
22	Angelo Anderson	10 Carlmont	12.45
23	Roldan (rj) Ditan	9 Jefferson	12.46
24	Brandon Tuitasi	10 Terra Nova	12.53
25	Chris Natividad	9 Capuchino	12.58
26	Chris Lam	10 South S.F.	12.60
27	James Holland	9 Hillsdale	12.63
28	Andres Abarca	9 El Camino	12.65
29	Brandon Dere	10 Aragon	12.66
30	Alec McGregor	9 Half Moon Bay	12.68
31	Greg Assilian	10 Sequoia	12.69
32	Miguel Madrigal	9 Mills	12.73
33	Eric Levenson	9 Menlo-Atherton	12.73
34	Aaron Kho	10 Westmoor	12.75
35	Angelo Ramos	10 South S.F.	12.77
36	Adrian Pena	10 Westmoor	12.82
37	Yugi Miwa	10 San Mateo	12.93
38	Anthony Gaspar	10 Carlmont	12.93
39	Jared Gutierrez	9 Carlmont	13.04
40	Tyler Choy	10 Mills	13.33
41	Rico Solomon	9 Jefferson	13.42
42	Lawrence Wong	10 Mills	13.87

Event 10 Girls 100 Meter Dash Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Hallecka Valdez	10 Jefferson	13.45
2	Sydney Carlier	9 Carlmont	13.51
3	Jioni Adams	9 San Mateo	13.62
4	Juliette Dito	9 Burlingame	13.66
5	Sara Acquisti	9 Terra Nova	13.69
6	Ashley Kawakami	9 Carlmont	13.89
7	Caroline Trevithick	9 Mills	13.91
8	Naomi Baer	- Menlo-Atherton	13.97
9	Makayla Arvin	9 Sequoia	13.98
10	Amy Yu	9 Aragon	14.01
11	Kristen Lee	9 Mills	14.04
12	Raha Haghnia	10 San Mateo	14.31
13	Francheska Pumarada	10 Westmoor	14.31
14	Dominique Guevara	10 El Camino	14.35
15	Bella Mercado	10 Hillsdale	14.37
16	Lanie Ragsdale	10 Burlingame	14.39
17	Sana Edais	9 Jefferson	14.46
18	Beau Hamada	10 Half Moon Bay	14.49
19	Arya West	9 Woodside	14.53
20	Alana Puerto	10 Sequoia	14.55
21	Victoria Luu	9 Westmoor	14.58
22	Gianna Lum	9 San Mateo	14.58
23	Gabi Natoli	9 Carlmont	14.63
24	Neda Jamaly	9 Capuchino	15.04
25	Nestle Magat	10 South S.F.	15.10
26	Jennifer Barrett	9 Terra Nova	15.17
27	Alexandra Chan	10 Mills	15.32
28	Tiffany Hogan	9 Sequoia	15.37
29	Cathrine Hoffmann	9 Woodside	15.38
30	Alexia Lugo	9 Half Moon Bay	15.44
31	Chloe Cheng	10 Hillsdale	15.57
32	Rebekah Wong	9 South S.F.	16.00
33	Tiara Cobbins	9 Jefferson	16.30
34	Ramneet Bajwa	10 Westmoor	17.01

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Event 11 Boys 800 Meter Run Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Johain Ounadjela	9 Carlmont	2:06.43
2	Nick Tolfa	10 Aragon	2:06.47
3	Brendan Hui	10 Mills	2:09.10
4	Connor Woods	9 Menlo-Atherton	2:12.81
5	Ethan Gentry	10 Aragon	2:13.25
6	Alain Barron	10 Sequoia	2:13.91
7	Chris Jacobson	10 Half Moon Bay	2:14.41
8	Chris Hunter	10 Sequoia	2:14.88
9	Soham Bhatia	10 Capuchino	2:15.00
10	Brian Bowditch	10 Hillsdale	2:16.29
11	Jonathan Chen	10 Mills	2:17.1h
12	Caleb O'Neel	10 Menlo-Atherton	2:17.89
13	Brandon Inglis	9 Half Moon Bay	2:18.31
14	Arnaud Laprais	9 Menlo-Atherton	2:18.52
15	Jackie Chen	9 Mills	2:18.7h
16	Robert Smith	10 Burlingame	2:19.0h
17	Tim Brown	9 Woodside	2:19.1h
18	Sean Luna	10 Carlmont	2:19.16
19	Christopher Chu	10 Westmoor	2:20.3h
20	Abdulla Norman	10 Jefferson	2:21.85
21	Justice Dumlao	9 Terra Nova	2:21.93
22	Brandon Lazo	10 Jefferson	2:22.6h
23	Kenny Pelikan	10 Half Moon Bay	2:24.26
24	Ulises Avila	10 Sequoia	2:25.3h
25	Giovanni Delucchi	9 Westmoor	2:26.3h
26	David Feng	10 San Mateo	2:27.0h

Event 12 Girls 800 Meter Run Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Anika Rianzares	10 Burlingame	2:32.50
2	Emily Laubscher	10 San Mateo	2:33.13
3	Vivian Chuang	10 San Mateo	2:37.62
4	Kaya McMullen	10 Half Moon Bay	2:38.82
5	Megan Sandberg	10 Terra Nova	2:42.10
6	Michelle Lui	9 Carlmont	2:42.54
7	Caroline Kelly	- Menlo-Atherton	2:42.99
8	Sophia Micheletti	9 Terra Nova	2:43.06
9	Abigayle Haguisan	10 Westmoor	2:43.81
10	Marcella Digel	9 Sequoia	2:44.19
11	Mieke Voges	9 San Mateo	2:44.27
12	Ty Harames	9 Mills	2:45.04
13	Alexa Lee	10 Aragon	2:46.18
14	Karla Delgado	9 Sequoia	2:48.17
15	Jessica Herrmann	10 Sequoia	2:50.51
16	Makenzie Cohan	10 Carlmont	2:51.08
17	Melissa Wong	9 Westmoor	2:52.48
18	Gabriela D'Souza	10 Carlmont	2:58.05
19	Kasey Inglis	10 Woodside	3:01.97

Event 13 Boys 300 Meter Hurdles Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Maxwell Ware	9 Carlmont	44.78
2	Andres Abarca	9 El Camino	44.92
3	Evan Schulz	10 Sequoia	44.92
4	Konrad vonMayrhaus	10 Mills	46.16
5	Joel Reynada	10 Menlo-Atherton	46.27
6	Nick Korjeff	9 Carlmont	46.69
7	Felix Kwan	10 Westmoor	46.72
8	Patrick Mullins	10 Mills	47.18
9	Ron Matro	9 Jefferson	47.52
10	Alvin Tiletile	10 Westmoor	48.65
11	Nick Pallas	10 San Mateo	49.49
12	Josiah Ferguson	9 Terra Nova	49.65
13	Kenneth Caragan	10 Jefferson	49.72
14	Sean Remigio	10 Westmoor	50.07
15	Daniel Conceicao	10 Hillsdale	50.33
16	Joseph Wong	10 Aragon	50.88
---	Alex Hsieh	10 Burlingame	FS

Event 14 Girls 300 Meter Hurdles Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Jana Wong	10 Mills	53.06
2	Katie Lee	10 Mills	53.95
3	Mimi Chang	9 Westmoor	54.04
4	Cory Rhodes	9 Terra Nova	54.07
5	Sophie Elliot	10 San Mateo	54.93
6	Molly Shea	10 Sequoia	54.95
7	Ursula Jongbloed	10 Menlo-Atherton	55.38
8	Claire Noemer	10 Carlmont	56.21
9	Alix Lemke	10 Half Moon Bay	56.52
10	Michelle Lui	9 Carlmont	57.49
11	Alex Griffis	10 Aragon	58.06
12	Ana Loaisiga	10 Carlmont	59.06
13	Jennifer Saldana	9 Aragon	59.13
14	Chloe Cheng	10 Hillsdale	1:00.26
15	Nikela Klinghagen	10 San Mateo	1:01.15
16	Elvira Coronado	10 Westmoor	1:02.36
17	Carol Chin	9 Westmoor	1:02.54
18	Cindy Angot	9 Jefferson	1:02.57

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Event 15 Boys 200 Meter Dash Frosh-Soph

Name	Yr	School	Finals
Finals			
1 Faraaz Rashidi		10 Burlingame	24.08
2 Dumisani Sa-Ra		9 San Mateo	24.25
3 Latrell Thayer		9 Hillsdale	24.25
4 Liam Martinez		10 Burlingame	24.29
5 Fred Dilly		9 Burlingame	24.69
6 James Baskerville		10 Carlmont	24.78
7 Makani Simplicano		10 Terra Nova	25.02
8 Calvin Yeh-Tinetti		10 Half Moon Bay	25.09
9 Brendan Hui		10 Mills	25.12
10 Maxwell Ware		9 Carlmont	25.26
11 Neil Chan		10 Sequoia	25.39
12 Alex Rex		10 Capuchino	25.63
13 Ben Johnston		9 Sequoia	25.73
14 Madien Abdulla		10 Jefferson	25.76
15 Aditya Sinha		10 Menlo-Atherton	25.84
16 James Holland		9 Hillsdale	25.90
17 Jawyn Sunga		10 Westmoor	26.04
18 Roldan (rj) Ditan		9 Jefferson	26.06
19 Manuel Rivas		10 Aragon	26.08
20 Antony Cabuslay		9 Aragon	26.15
21 Dominc Holmes		10 Jefferson	26.18
22 Ebrahim Farooqui		10 San Mateo	26.20
23 Anders Ward		10 Menlo-Atherton	26.28
24 Miguel Madrigal		9 Mills	26.43
25 Joe Sandmeyer		9 Aragon	26.44
26 Chris Natividad		9 Capuchino	26.63
27 Eric Levenson		9 Menlo-Atherton	26.71
28 Chris Lam		10 South S.F.	27.05
29 Anthony Gaspar		10 Carlmont	27.08
30 Yugi Miwa		10 San Mateo	27.16
31 Aaron Kho		10 Westmoor	27.25
32 Christian Lum		9 Terra Nova	27.50
33 Robert Cachola		9 Westmoor	27.94
34 Arturo Medrano		10 Sequoia	28.23

Event 16 Girls 200 Meter Dash Frosh-Soph

Name	Yr	School	Finals
Finals			
1 Hallecka Valdez		10 Jefferson	27.88
2 Katie Kissner		9 Burlingame	28.09
3 Jennifer Patterson		9 San Mateo	28.17
4 Jioni Adams		9 San Mateo	28.38
5 Allison Dong		10 San Mateo	28.40
6 Naomi Baer		- Menlo-Atherton	28.74
7 Stephanie Levine		10 Carlmont	28.75
8 Jana Wong		10 Mills	28.75
9 Alex Seniff		9 Burlingame	28.80
10 Sydney Carlier		9 Carlmont	28.81
11 Caroline Trevithick		9 Mills	28.83
12 Juliette Dito		9 Burlingame	29.08
13 Sara Acquisti		9 Terra Nova	29.36
14 Millicent Bangura		10 Jefferson	29.45
15 Kayla Funk		9 Sequoia	29.61
16 Amy Yu		9 Aragon	29.79
17 Bella Mercado		10 Hillsdale	30.15
18 Beau Hamada		10 Half Moon Bay	30.23
19 Alana Puerto		10 Sequoia	30.75
20 Melissa Leong		10 Westmoor	30.97
21 Emmaline Fronczak		9 Aragon	31.27
22 Natalie Koenig		9 Capuchino	31.40
23 Marichel Mendoza		10 Westmoor	31.44
24 Alexandra Chan		10 Mills	31.79
25 Raen Zulueta		9 Jefferson	31.91
26 Trina Palomar		9 Sequoia	32.09
27 Cathrine Hoffmann		9 Woodside	32.14
28 Alexia Lugo		9 Half Moon Bay	32.24
29 Nestle Magat		10 South S.F.	33.21
30 Katrina Garcia		9 Westmoor	36.67

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Event 17 Boys 3200 Meter Run Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Gerardo Castro	10 El Camino	10:19.56
2	Jack Herrera	10 Aragon	10:20.72
3	Domini Pinterelli	10 Half Moon Bay	10:30.79
4	Chris Jacobson	10 Half Moon Bay	10:32.51
5	Alex Garcialuna	10 Aragon	10:33.86
6	Owen Lee	9 Carlmont	10:36.95
7	Michael Bereket	9 Carlmont	10:37.34
8	Eric Snyder	10 Menlo-Atherton	10:56.40
9	Doug Miller	9 Carlmont	11:02.04
10	Nathan Lakey	9 Terra Nova	11:02.18
11	Kevin Ruttenberg	9 Aragon	11:02.63
12	Victor Bautista	9 Westmoor	11:04.26
13	David Villafuerte	9 Half Moon Bay	11:05.19
14	Charles Utecht	9 Sequoia	11:06.58
15	Byron Santizo	9 San Mateo	11:13.96
16	Tyler Beth	9 Sequoia	11:23.62
17	Joe Jensen	9 El Camino	11:31.60
18	Phillip Masterson	10 Burlingame	11:33.77
19	David Dillon	10 Menlo-Atherton	11:33.89
20	Whitaker Jellins	9 Menlo-Atherton	11:35.25
21	Chris Hunter	10 Sequoia	11:46.89
22	Jimmy Shen	10 Mills	12:02.40
23	Mario Hidalgo	9 Jefferson	13:50.21
---	Joshua Tam	9 Mills	DNF

Event 18 Girls 3200 Meter Run Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Raneem Mokatrin	9 Carlmont	12:46.42
2	Alison Schwartz	9 Carlmont	12:49.29
3	Zoe Kriegler-Wenk	10 Sequoia	13:04.40
4	Angela Lai	10 Menlo-Atherton	13:07.57
5	Jasmine Shaff	10 Half Moon Bay	13:11.00
6	Wendy Tang	9 Mills	13:32.04
7	Celene Bolanos	10 Aragon	13:35.25
8	Sally Stevens	9 Menlo-Atherton	13:37.29
9	Christina Ashbaugh	10 Aragon	13:46.64
10	Oma Skyrus	9 Aragon	13:48.94
11	Flora Wang	9 Westmoor	14:01.46
12	Anjyu Yee	9 Half Moon Bay	14:10.00
13	Carolyn Wong	10 San Mateo	14:20.58
14	Savannah Liu	10 San Mateo	14:39.18

Event 19 Girls 4x400 Meter Relay Frosh-Soph

Team	Finals	
Finals		
1	San Mateo	4:25.21
2	Burlingame	4:30.81
3	Sequoia	4:33.09
4	Terra Nova	4:36.97
5	Menlo-Atherton	4:39.06
6	Carlmont	4:40.17
7	Westmoor	4:47.92
8	Aragon	4:51.09
9	Jefferson	4:58.88

Event 20 Boys 4x400 Meter Relay Frosh-Soph

Team	Finals	
Finals		
1	Mills	3:43.65
2	Burlingame	3:45.53
3	Aragon	3:48.92
4	Menlo-Atherton	3:51.09
5	Westmoor	3:51.21
6	Carlmont	3:51.26
7	San Mateo	3:51.68
8	Jefferson	3:52.29
9	El Camino	3:52.79
10	Terra Nova	3:53.55
11	Sequoia	4:00.17
12	Capuchino	4:04.22
13	Hillsdale	4:09.26

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Event 43 Boys High Jump Frosh-Soph

Name	Yr	School	Finals
Finals			
1 Gabe Campos		9 Capuchino	5-06.00
2 Dainel Mahoney		10 Hillsdale	5-04.00
3 Marquis Adkins		9 Mills	5-04.00
4 James Baskerville		10 Carlmont	5-04.00
5 David Svetov		10 Burlingame	5-04.00
5 Anthony Mejia		9 San Mateo	5-04.00
7 Carson Predovich		10 Sequoia	5-04.00
8 Daniel Werner		10 El Camino	5-02.00
9 Danny Escobar		9 Burlingame	5-02.00
10 Alex Hsieh		10 Burlingame	5-00.00
11 Cairo Spencer		10 San Mateo	5-00.00
12 Orlando Garcia		10 South S.F.	5-00.00
13 Peter Bugos		10 Sequoia	4-10.00
13 Julian Solano		10 Terra Nova	4-10.00
13 Joe Sandmeyer		9 Aragon	4-10.00
13 Cole Dunbar		10 Sequoia	4-10.00
13 Miguel Madrigal		9 Mills	4-10.00
13 Glikbarg Benjamin		10 Hillsdale	4-10.00
19 Calvin Yeh-Tinetti		10 Half Moon Bay	4-06.00
19 Sean Remigio		10 Westmoor	4-06.00
21 Kenny Pelikan		10 Half Moon Bay	4-04.00
21 Evan Burton		9 Westmoor	4-04.00
21 Andy Martin		10 South S.F.	4-04.00
21 Anders Chipindale		10 Terra Nova	4-04.00
--- Nick Korjeff		9 Carlmont	NH
--- Sam Phillips		10 San Mateo	NH

Event 44 Boys Pole Vault Frosh-Soph

Name	Yr	School	Finals
Finals			
1 Dominic Chavarria		10 Westmoor	11-00.00
2 Charlie Spira		10 Burlingame	11-00.00
3 Nick Korjeff		9 Carlmont	10-06.00
4 Maxwell Ware		9 Carlmont	10-06.00
5 Luka Cargonja		10 Carlmont	10-06.00
6 Marinko Jerkunica		9 San Mateo	10-00.00
7 Robert Pietila		10 Burlingame	9-06.00
8 Abdo Boukhaill		11 Aragon	9-06.00
9 Daniel Figueroa		9 Westmoor	9-00.00
9 Quin Bredl		10 Aragon	9-00.00
9 Bobby Nichloson		10 Aragon	9-00.00
9 Matt Benn		9 Burlingame	9-00.00
9 Chris Camacho		10 Westmoor	9-00.00
9 Mharc Severino		9 Westmoor	x9-00.00
15 Tim Brown		9 Woodside	8-00.00
15 Dupra Goodman		10 South S.F.	8-00.00
15 James Donegan		10 South S.F.	8-00.00
18 Christopher Toy		10 Mills	7-00.00
18 Giovanni Delucchi		9 Westmoor	x7-00.00
18 Peter Bugos		10 Sequoia	7-00.00
18 Andy Martin		10 South S.F.	7-00.00
18 Victor Bautista		9 Westmoor	x7-00.00
18 Christopher Chu		10 Westmoor	x7-00.00
--- Ebrahim Farooqui		10 San Mateo	NH
--- Nick Pallas		10 San Mateo	NH

Event 45 Boys Long Jump Frosh-Soph

Name	Yr	School	Finals
Finals			
1 Gabe Campos		9 Capuchino	19-04.50
2 Orlando Garcia		10 South S.F.	19-00.50
3 Justin Louie		10 El Camino	18-11.50
4 Brandon Gip		10 El Camino	18-08.50
5 Alex Garcia		9 Menlo-Atherton	18-07.00
6 Anders Ward		10 Menlo-Atherton	18-04.00
7 Paolo Hidalgo		10 Burlingame	18-02.00
8 Marquis Adkins		9 Mills	17-05.50
9 Luis Spencer		10 San Mateo	17-05.00
10 Luis Hernandez		10 Aragon	17-04.50
11 Abdo Boukhaill		11 Aragon	17-03.00
12 Anthony Mejia		9 San Mateo	16-11.00
13 Christopher Toy		10 Mills	16-10.00
13 Jeffrey Ng		9 Westmoor	16-10.00
15 Alex Hsieh		10 Burlingame	16-07.50
16 Carson Predovich		10 Sequoia	16-04.00
17 Dominc Holmes		10 Jefferson	16-01.50
18 Brandon Dere		10 Aragon	16-00.00
19 Sehoon Bang		10 Mills	15-09.00
20 Brandon Whiteley		10 Carlmont	15-08.00
21 Andy Martin		10 South S.F.	15-07.00
22 Evan Burton		9 Westmoor	15-05.00
23 Aditya Sinha		10 Menlo-Atherton	14-09.00
24 Benjamin Glikbarg		10 Hillsdale	14-02.50

Event 46 Boys Triple Jump Frosh-Soph

Name	Yr	School	Finals
Finals			
1 Marquis Adkins		9 Mills	39-03.50
2 Justin Louie		10 El Camino	38-04.50
3 Brandon Gip		10 El Camino	37-05.75
4 Luis Hernandez		10 Aragon	36-10.00
5 Abdo Boukhaill		11 Aragon	36-06.75
6 Ron Matro		9 Jefferson	36-03.75
7 Carson Predovich		10 Sequoia	36-03.25
8 Lorenz Bolts		10 Aragon	35-05.50
9 Roldan (rj) Ditan		9 Jefferson	34-07.50
10 Robert Cachola		9 Westmoor	34-01.50
11 Josiah Ferguson		9 Terra Nova	33-05.00
12 Spencer Wu		10 Mills	33-04.50
13 Evan Burton		9 Westmoor	33-00.50
14 Sean Luna		10 Carlmont	32-04.00
15 Peter Bugos		10 Sequoia	29-11.75
16 Wing Leung		9 Westmoor	29-01.00

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Event 47 Boys Discus Throw Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Nick Peluso	10 El Camino	116-04
2	Salesio Langi	10 Mills	113-10
3	Keven Kwok	- Mills	110-10
4	Hunter Mitchell	10 Sequoia	110-03
5	Nimer Massis	10 El Camino	103-04
6	Nick Stathas	10 Hillsdale	99-06
7	Mario Popoca	10 El Camino	94-01
8	Amien Alazzeh	10 Mills	88-00
9	Rico Solomon	9 Jefferson	87-01
10	Parker Slotte	10 Burlingame	86-02
11	Andrew Grant	10 Aragon	85-05
12	Andres Ortiz	10 Sequoia	80-07
13	Sean Gregg	10 Terra Nova	74-04
14	Alex Wait	9 Menlo-Atherton	74-00
15	Sean Oey	10 San Mateo	71-08
16	Glikbarg Benjamin	10 Hillsdale	70-10
17	Nicholas Newberry	10 Carlmont	69-05
18	David Corona	9 Half Moon Bay	68-02
19	J.P Buenas	10 Jefferson	62-08
20	Brandon Inglis	9 Half Moon Bay	59-06
21	Kyle Tan	9 Westmoor	49-08

Event 48 Boys Shot Put 10 LB. Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Hunter Mitchell	10 Sequoia	42-11.50
2	Vincent Ko	10 Mills	42-06.00
3	Brandon Loria	10 Capuchino	40-11.00
4	Matt Sese	10 Terra Nova	38-11.50
5	Elton Xue	10 Mills	38-06.00
6	Salesio Langi	10 Mills	38-03.25
7	Nick Peluso	10 El Camino	36-09.00
8	Alex Ayag	10 Terra Nova	35-06.50
9	Andrew Grant	10 Aragon	35-05.00
10	Nimer Massis	10 El Camino	35-01.00
11	Angelo Ramos	10 South S.F.	35-00.75
12	Max Sonderby	9 Menlo-Atherton	34-09.50
13	Rylan Ducker	10 Sequoia	33-06.50
14	Derek Alegre	9 El Camino	33-06.00
15	Nick Stathas	10 Hillsdale	33-03.50
16	Andres Ortiz	10 Sequoia	32-09.75
17	David Corona	9 Half Moon Bay	32-02.50
18	Sean Oey	10 San Mateo	31-02.00
19	Aaron Morimoto	10 Carlmont	29-07.25
20	Andrei Diosomito	10 South S.F.	29-00.00
21	Rico Solomon	9 Jefferson	28-07.50
22	J.P Buenas	10 Jefferson	26-01.00
23	Alvin Tiletile	10 Westmoor	24-06.25

Event 59 Girls High Jump Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Dorian Aberouette	10 Capuchino	4-06.00
2	Sabrina Bell	10 Burlingame	4-04.00
3	Beau Hamada	10 Half Moon Bay	4-04.00
4	Kristina Smathers	10 Terra Nova	4-04.00
5	Alyssa Nowell	9 Carlmont	4-02.00
6	Alix Lemke	10 Half Moon Bay	4-02.00
7	Olivia Wong	10 Westmoor	4-02.00
8	Megan Reilly	10 Burlingame	4-00.00
9	Nicole Ferer	9 Burlingame	4-00.00
10	Claire Spickermann	10 Sequoia	4-00.00
11	Molly Shea	10 Sequoia	3-10.00
12	Melissa Leong	10 Westmoor	3-10.00
13	Rammeet Bajwa	10 Westmoor	3-08.00
---	Nikela Klinghagen	10 San Mateo	NH
---	Rebekah Wong	9 South S.F.	NH

Event 60 Girls Pole Vault Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Tiffany Yang	- Menlo-Atherton	7-03.00
2	Alex Griffis	10 Aragon	6-06.00
3	Marichel Mendoza	10 Westmoor	6-00.00
4	Koni Ueda	10 San Mateo	5-06.00
---	Melissa Wong	9 Westmoor	NH
---	Michaela Peake	9 San Mateo	NH

Event 61 Girls Long Jump Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Kristen Lee	9 Mills	14-06.50
2	Gianna Lum	9 San Mateo	14-04.25
3	Beau Hamada	10 Half Moon Bay	14-02.25
4	Millicent Bangura	10 Jefferson	14-00.25
5	Lindsay Block	9 Aragon	13-09.25
6	Megan Sandberg	10 Terra Nova	13-08.50
7	Alix Lemke	10 Half Moon Bay	13-04.50
8	Abigayle Haguian	10 Westmoor	13-03.75
9	Victoria Luu	9 Westmoor	13-01.00
10	Mable Attiegbe	9 Woodside	12-09.50
11	Francheska Pumarada	10 Westmoor	12-03.00
12	Sophie Miller	10 Sequoia	11-08.00
13	Kristie Wong	9 San Mateo	11-07.00
14	Alexandra Chan	10 Mills	10-11.50
15	Cindy Angot	9 Jefferson	9-09.50

Event 62 Girls Triple Jump Frosh-Soph

Name	Yr	School	Finals
Finals			
1	Katie Lee	10 Mills	32-04.50
2	Abigayle Haguian	10 Westmoor	29-10.50
3	Francheska Pumarada	10 Westmoor	29-08.00
4	Kristina Smathers	10 Terra Nova	29-05.00
5	Kristen Lee	9 Mills	28-09.50
6	Safaa Hammed	9 Westmoor	28-09.00
7	Tiffany Yang	- Menlo-Atherton	28-01.00
8	Alyssa Nowell	9 Carlmont	27-11.00
9	Mable Attiegbe	9 Woodside	27-03.00

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Event 63 Girls Discus Throw Frosh-Soph

	Name	Yr	School	Finals
Finals				
1	Mele Mapa		10 Mills	99-08
2	Nabeela Rizvi		9 Mills	86-10
3	Kristina Smathers		10 Terra Nova	77-10
4	Pikula Uainani		10 San Mateo	77-09
5	Bianca Flores		- El Camino	66-07
6	Vanessa Hoe		10 Westmoor	65-07
7	Molly Shea		10 Sequoia	64-07
8	Tiara Cobbins		9 Jefferson	61-06
9	Hazel Domingo		- Westmoor	56-05
10	Sydney Collins		10 Hillsdale	49-05
11	Mackenzie Tjogas		10 Half Moon Bay	43-05
12	Carolyn Watson		9 Menlo-Atherton	43-00

Event 64 Girls Shot Put Frosh-Soph

	Name	Yr	School	Finals
Finals				
1	Tiara Cobbins		9 Jefferson	32-07.50
2	Kristina Smathers		10 Terra Nova	30-01.00
3	Nabeela Rizvi		9 Mills	29-00.75
4	Mele Mapa		10 Mills	26-10.50
5	Pikula Uainani		10 San Mateo	26-08.50
6	Jacqueline Foody		9 Menlo-Atherton	26-01.25
7	Vanessa Hoe		10 Westmoor	24-09.25
8	Amelia Fergoda		10 Hillsdale	24-03.00
9	Sydney Collins		10 Hillsdale	22-11.00
10	Nestle Magat		10 South S.F.	22-00.50
11	Sabrina Cojocar		9 Carlmont	19-11.00
12	Mackenzie Tjogas		10 Half Moon Bay	12-08.50