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TRACK & FIELD
CHAMPIONSHIPS



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2012 CIF STATE TRACK & FIELD CHAMPIONSHIPS

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Veterans Memorial Stadium
Buchanan High School, Clovis
June 1-2, 2012

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2012 State Track & Field Championships Schedule



FIELD EVENTS

Friday Qualifying Times

Event	Reporting Time	Starting Time
Girls' Discus	1:45 p.m.	3:00 p.m.
Girls' Long Jump	1:45 p.m.	3:00 p.m.
Boys' Triple Jump	1:45 p.m.	3:00 p.m.
Girls' High Jump	2:45 p.m.	4:00 p.m.
Boys' Discus	4:30 p.m.	5:30 p.m.
Girls' Shot Put	4:30 p.m.	5:30 p.m.
Boys' Pole Vault	4:30 p.m.	6:00 p.m.
Girls' Pole Vault	4:30 p.m.	6:00 p.m.
Boys' Long Jump	5:00 p.m.	6:00 p.m.
Girls' Triple Jump	5:00 p.m.	6:00 p.m.
Boys' High Jump	5:30 p.m.	6:30 p.m.
Boys' Shot Put	7:00 p.m.	8:00 p.m.

Saturday Championship Times

Event	Reporting Time	Starting Time
Girls' Discus	3:30 p.m.	4:30 p.m.
Girls' High Jump	4:00 p.m.	5:00 p.m.
Girls' Long Jump	4:00 p.m.	5:00 p.m.
Boys' Triple Jump	4:00 p.m.	5:00 p.m.
Girls' Pole Vault	4:15 p.m.	5:15 p.m.
Boys' Discus	5:30 p.m.	6:30 p.m.
Girls' Shot Put	5:30 p.m.	6:30 p.m.
Boys' High Jump	6:00 p.m.	7:00 p.m.
Boys' Long Jump	6:00 p.m.	7:00 p.m.
Girls' Triple Jump	6:00 p.m.	7:00 p.m.
Boys' Pole Vault	6:15 p.m.	7:15 p.m.
Boys' Shot Put	7:30 p.m.	8:30 p.m.

TRACK EVENTS

Friday Qualifying Times

Girls 4x100 Relay		Girls 400 Meter Dash	Heat 3	8:15
Heat 1	5:00	Heat 1	6:39	8:19
Heat 2	5:06	Heat 2	6:44	
Heat 3	5:12	Heat 3	6:49	
			Boys 300 Meter Hurdles	
Boys 4x100 Relay		Boys 400 Meter Dash	Heat 1	8:25
Heat 1	5:18	Heat 1	6:54	8:29
Heat 2	5:22	Heat 2	6:58	8:33
Heat 3	5:27	Heat 3	7:03	8:37
Heat 4	5:31			
		Girls 100 Meter Dash	Girls 200 Meter Dash	
Girls' 1600 Meter Run		Heat 1	7:10	8:42
Heat 1	5:35	Heat 2	7:14	8:46
Heat 2	5:42	Heat 3	7:18	8:50
				8:54
Boys' 1600 Meter Run		Boys 100 Meter Dash	Boys 200 Meter Dash	
Heat 1	5:49	Heat 1	7:22	8:58
Heat 2	5:55	Heat 2	7:26	9:02
		Heat 3	7:30	9:06
Girls 100 Meter Hurdles				9:10
Heat 1	6:03	Girls 800 Meter Run	Heat 1	7:35
Heat 2	6:07	Heat 2	7:40	
Heat 3	6:11	Heat 3	7:45	
Heat 4	6:15			
		Boys 800 Meter Run	Heat 1	7:50
Boys 110 Meter Hurdles		Heat 2	7:55	
Heat 1	6:21	Heat 3	8:00	
Heat 2	6:25			
Heat 3	6:29	Girls 300 Meter Hurdles	Heat 1	8:07
Heat 4	6:33	Heat 1	8:07	
		Heat 2	8:11	
			Boys 4x400 Relay	
			Heat 1	9:47
			Heat 2	9:53
			Heat 3	9:59

Saturday Championships

6:00	Girls' 400m Relay
6:10	Boys' 400m Relay
6:21	Girls' 1600m Run
6:32	Boys' 1600m Run
6:49	Girls' 100m High Hurdles
7:00	Boys' 110m High Hurdles
7:11	Girls' 400m Dash
7:20	Boys' 400m Dash
7:31	Girls' 100m Dash
7:40	Boys' 100m Dash
7:50	Girls' 800m Run
8:00	Boys' 800m Run
8:12	Girls' 300m LH
8:22	Boys' 300m IH
8:30	Girls' 200m Dash
8:38	Boys' 200m Dash
8:46	Girls' 3200m Run
9:03	Boys' 3200m Run
9:28	Girls' 1600m Relay
9:38	Boys' 1600m Relay

2012 State Track & Field Meet Officials

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Roger Oraze

Meet Support

Hal Harkness
Bob Mcguire

Meet Director

Coordinator
Carlo Prandini

Asst. Meet Director Coordinator

Carol Johnson

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Head Field Judge

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Warm-up Area Sup.

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Pole Vault Inspector

Jon Renwick
Terri Renwick

Results Inspector

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Results

Anita Dodson

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Sanger High School
Central High School
Alta Sierra

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Clovis North

Parking

Clovis West

Ticket Takers

Clovis East

Snack Bar

Clovis High

Coaches Corner

Tim Kaun
Dale Campbell

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Sean Laughlin
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Mike Bower
Bill Daskerolis
Mak Foyer
Jim Hume
Al Hernandez

Custodian of Awards

Cindy Downing

Athletes Line Up

Carrie Beauchamp
Mark Groves
Leo Baranda
Taylor Gillis

Long Jump

Robert Holmes
Sarah Campbell
Scott Spielman
Chuck Berg
Don Collins
Michelle Brunetti
Allen Shelby

Triple Jump

Daniel Irick
Kaycee King
Mike Runge
Robert Benoy
Adam Ahtye
Steve Martin
Scott King
Diane Runge
Ian Dildine

Boys Pole Vault

Richard Lake
Steve Unzueta
Russell Weaver
Terry Bradley
Bill Bradley

Girls Pole Vault

Garrett Williams Spotts
Morrell Chhay
Enyinna Anyadiegwu
Harpreet Basi

High Jump

Kris Lung
Larry Lung
Brook Constable
Mary Ann Holmes
Cozett Gahan
Michelle Arguijo

Hurdles

Peter Lango
George Gong

Shot Put

Tom Pagani
Ken Dose
Oscar Dragon
Gary Prentice
Regina Dargon
Monica Brewer
Matt Karsevar
Joe Marquez

Discus

Scott Endler
Mike Guidry
Don Crow
Wayne Richardson
Dave Suterland
Jack Wilkinson
Mike Hartman
Bob Seaman

Umpires

Jim Fletcher (Head)
Joe Herzog
Oscar Haynes
Red Estes
Curt Elia
Craig Elia
Steve Shelly
Ed Savage
Terry Manning
Cameron Parker
Lawrence Watson
Ray Knight
Bobbie Bass
Amy Fast
Hugh Adams
Richard Thaxton
Bill Beauchamp
Brian Penner

2012 State Track & Field Championships Preview

National Leaders, National Record Setters Headline 94th Annual CIF-State Championships, Presented by Farmers

By Rich Gonzalez
Editor, ESPNHS/DyeStatCal.com

(CLOVIS, Calif.) – Headlined by a pair of national leaders and a newly minted national class record holder, this weekend's 94th annual CIF-State Track and Field Championships, presented by Farmers, kicks off the stretch drive to an Olympic year as Golden State athletes are primed to perform in what is regarded as the premier high school state meet in the land.

Simi Valley's Sarah Baxter, the Nike Cross Nationals champion who remains unbeaten across 3200 meters, is the national leader in her specialty event, where she'll be challenged by an ultra-deep field of epic proportions.

Over in the sand pits, leaper Sasha Wallace of Holy Names tops the national charts in the triple jump, where the North Coast Section mega-star arrives as the heavy favorite here.

On the runways, Santa Margarita wunderkind Kaitlyn Merritt recently captured the national spotlight with her national ninth-grade record performance in the pole vault, kicking off a blockbuster prep career which promises to highlight future CIF state meets as well.

With national-class programs such as Long Beach Poly, Serra, Vista Murrieta and Loyola performing in this two-day extravaganza at one of the nation's premier facilities, look for the action and excitement to be nonstop!

Here's our breakdown of each of the event areas and the team battles:

BOYS DISTANCES

California has earned its reputation as the toughest distance state in the nation over the years, and its performances across the three events this spring should add to that legacy. The high-light clash should be the 1600, where tactics could play a huge role in the outcome. La Costa Canyon's Darren Fahy has been the premier distance talent in the state for much of this spring, but he'll be facing the greatest distance duo in Central Valley history in Buchanan's Cody Brazeal and Stockdale's Blake Haney.

Fahy and Haney are the main distance names doubling on the boys side this weekend and will be tempted to try to conserve as much energy as possible in the 1600 qualifying and final before jousting against a stacked field in the 3200.

In cross-country last fall, Haney performed like a veteran in sitting on Brazeal's pace in the Central Section Finals before whipping by him down the stretch for the win. Two weeks ago in the rematch at the Valley Masters Meet, however, Haney looked like the sophomore that he is in mistakenly doing all the work as Brazeal took full advantage and returned the favor, closing hard to roll to a 4:07.72 win, the fastest time in the country this year by a non-senior.

Then there's Rancho Cucamonga's Luis Gutierrez. He's the

top returnee after taking the bronze medal at state last year and he has looked awfully good this postseason, sometimes looking as he's toying with the field before starting his kick.

Fahy could be the most talented one on the line, but talent won't win this. A smart racing plan will. Since Fahy needs to pile up team points, it will be up to the others to execute a smart plan and not let it come down to a short kick. And it will be up to Fahy to pull off an Elias Gedyon-like pace trap (think back to 2010) in trying to out-smart them all.

The 3200 meters should be another war. With Fahy and Haney doubling – tripling, in essence, since there are two rounds in the 1600 — the odds will be against them. The most dangerous remaining combatants should be St. John Bosco's Danny Martinez and Palos Verdes' Jonah Diaz. Both are amazing aerobic talents and extremely well coached, so look for them to each devise a winning plan.

With his daunting weekend schedule, Fahy will aim to prove he's undoubtedly the best in the distances while Haney — the nation's top sophomore — will have opportunity to add yet another chapter to his already remarkable young career.

The boys' two-lapper is easily the most wide open of the distance events. Army and Navy Academy's Alexander Monsivaiz — who moved in from the state of Colorado to the San Diego-based military boarding school — leads the state by more than a full second at 1:50.47, but Corona Santiago's Brett Moulton is the most exciting closer in the state in this event. If Moulton's anywhere close down the last straightaway, he will almost certainly find a way to win. However, most of the state's top half milers — including Northern Section champ Dylan Chamberlen of Paradise — haven't met head to head this spring, so a major surprise could be in store.

BOYS SPRINTS AND RELAYS

Sprint fans love the drama which surrounds the 100-meter dash, where power strutting, chest-thumping braggadocio is often part of the event's sizzle.

The big question in 2012 is: "Where's the Beef?" It's in the form of San Clemente's Herbert Gamboa, a 6-foot-3, 220-pound defensive back in football who'll be settling into the clocks. Gamboa blazed to a wind-legal state best 10.51 in winning the Southern Section Division I title as "Beef" clearly was ready to roll.

Enter Khalfani Muhammad of Sherman Oaks Notre Dame. If Gamboa's "The Beef", then Muhammad is the cannibal. All he did last Friday was eat up Gamboa down the stretch at the Southern Section Masters Meet to win in a lifetime-best 10.51, which goes with his state best, wind-aided 10.45 under all conditions.

The 100, however, should be more than a two-pony show, especially with Palo Alto junior E.J. Floreal in the picture. Yes, Floreal; he's the son of Stanford University head coach Eldrick Floreal and of 1992 Barcelona Olympics 100-meter hurdles sil-

2012 State Track & Field Championships Preview

ver medalist LaVonna Martin-Floreal. All "junior" has done this year to uphold the family's athletic heritage is completely shred the Central Coast Section competition, including a wind legal 10.52 shocker last month in dual meet action. Not bad for someone who's said to be even better in basketball!

Looking for a little more heat? How about Oceanside El Camino's Dylan McCloskey, who unleashed a barely wind-aided 10.49 smoker at last Saturday's San Diego Section Finals. A trio of Southern Section stars – Oxnard Rio Mesa's Blake Selig, Los Angeles Loyola super junior Morgan Simon and California state indoor champion Kyree King of Ontario Colony – are also right there in what projects as a super-tight 100 field. It's most of the same players coming back at 200 meters, but toss in Corona Roosevelt's Elijah Mitchell, who ripped a wind legal 21.19 at the Southern Section Divisionals.

The boys' 400-meter dash could evolve into a classic two-person duel between Beverly Hills' Alex Rohani and Dorsey's Rashard Clark. Rohani is the ultra-smooth dash wiz from area code 90210, leading the state at 47.37. Clark is the man-child from the L.A. City Section, where he led the Dons to their third straight City title after purring to a 200-400 sweep and powering both relay wins. One side note: Clark's mom, the former Rosalyn Bryant, was a silver medalist for the Americans in the 4x400 relay at the 1976 Olympic Games in Montreal.

Clark has scratched from the 200 at state, but might face Rohani in what would be Clark's fifth race in a 26-hour span to just two races for Rohani. That detail could spell the difference. Should both of the co-favorites falter, Central Section champion Isaiah Cantu of Hanford and vastly improved Alex McElwee of Arcadia, each focusing on single events, could surprise.

In the baton events, Rio Mesa has been the story this spring. The Spartans recently held the state lead across the board in the 4x100, 4x200 and 4x400, with Blake Selig, Cameron Roach, Darrion Zimmerman and Drew Weisenberger playing big interchangeable roles. Rio Mesa and Serra of Gardena should rank among the major players in both relays, with Sherman Oaks of Notre Dame (4x100) and new 4x400 state leader Chaminade of West Hills also in the mix along with Rashard Clark-led Dorsey.

BOYS HURDLES

Kennedy of Richmond's Kenneth Walker is the solid pick across the 39-inch high hurdles, his state-leading 13.75 blazer under windy conditions at the Sacramento Meet of Champions being the standard of excellence thus far. Walker, the North Coast Section champion, is unbeaten in the highs against California competition this spring.

As several of the state's other top hurdlers have encountered disaster in the qualifying rounds, not only has Walker emerged as a clearer favorite, but Gardena Serra's Lloyd Siscard has been creeping up the form charts as well. That's great news for the Cavaliers, who could benefit from big bonus points in the hunt for the team title.

The intermediate hurdles should be thrilling and unpredictable, as always. Damien's Jarrett Gonzales posted the performance of the year with his 36.80 screamer at the Southern Section Divisional Finals, but Mater Dei's Corey Hammond turned the form charts upside down with an out-of-nowhere

37.35 school record win at the Southern Section Masters Meet, where late-race spills and lead changes highlighted the race's closing seconds. Siscard was just one-hundredth of a second behind Hammond at Masters and will look to score key team points in that event as well.

BOYS THROWS

In the boys' weight events, big noise has been made in the throws ring this year, part courtesy of Newport Harbor's Ethan Cochran and partly due to award-winning "beatbox" performer Quaid Vuncannon on San Clemente.

Cochran has been literally unbeatable in the discus this spring, winning all his meets and the most-coveted titles (Arcadia, Mt. SAC, CIF, Masters, etc.) while unleashing a slew of 200-foot-plus performances to loom as the heavy favorite. All Cochran pretty much needs to do is make sure he gets a fair throw. Be warned, however, many times in state meet history we've seen a clear throws favorite encounter major setback.

If that happens here, San Geronio's Ryan Hunter-Simms, Ridgecrest Burroughs' Jayson Kovar and San Clemente's Vuncannon – all having thrown 188-feet-plus – are well positioned to win. Vuncannon, a 5-foot-11, 171-pound beatbox champion, has made major waves after recently taking up the event and moving to California this year; it would be a storybook season finish for the multi-talented teen.

The boys' shot put is more wide open. Cochran is the state leader at 62-10, heading up a trio of 62-foot performers (along with Kovar and Hunter-Simms) tossing around the 12-pound ball, but Arroyo Grande's Garrett Weinreich made a major statement by beating all the top names at last Friday's Southern Section Masters Meet. Another big name to track is Gridley's Ryan Donnahoe, who powered out to a lifetime-best 60-08.75 in winning last week's Northern Section Finals.

BOYS JUMPS

The boys' high jump features defending champion Cody Crampton of Anaheim Canyon regaining top form with his Masters Meet win last weekend. Miles Poullard of Colony – the only 7-footer in the state this spring – and California of San Ramon's Noel Frazier, a highly consistent performer, are additional top-line entries.

The pole vault has taken on an air of uncertainty as state leader Colin Barber of San Ramon Valley – at 16 feet, 7 inches – is injured and has been struggling of late. That could open the door for top returnee Connor Stark of Oak Park, the Southern Section Masters champion, Arcadia Invitational champion Peter Chapman of Murrieta Valley, and hometown talent Kyser Anderson of Clovis West.

The boys' long jump has developed much interest in recent weeks, with a deep list of at least a half dozen 24-footers taking shape. However, none has been truly consistent this spring. Perhaps the biggest threat to win the crown could be a sophomore – Serra's Adoree Jackson, who spanned a wind-aided 24-11 at his league final, among the best marks by a California tenth grader in years.

The boys' triple jump field is headlined by World Youth Championships competitor Jaelen Spencer of Sulfana, whose 49-

2012 State Track & Field Championships Preview

07.25 is the top wind legal mark in the state this year. Claremont's Klyvens Delaunay, Fresno Central's Willie Alexander and Bakersfield's Scotty Newton are other 49-footers in the field, with James Logan's Jeffery Prothro lurking as a dangerous dark horse threat.

BOYS TEAM-TITLE OUTLOOK

Based on Siscard's hurdling, a pair of dangerous relays and long jumper Adoree' Jackson', small schools superpower Serra of Gardena (SS) is the slight favorite to capture the team title, projecting to score in the low 30s.

Notre Dame, with sprint maven Khalfani Muhammad leading the 100 and 200 fields and representing in the short relay, is also right there, with dasher Eric McDaniel's potential for bonus team points in the 100 looming large.

Rio Mesa, led by dazzling senior speedster Blake Selig, and Darren Fahy-led La Costa Canyon are among those harboring solid threats to land on the podium with a top-three team finish.

Regardless of who the team champion ends up being, chances are very good that their identity won't be determined until all the 4x400 relay teams have crossed the line.

GIRLS DISTANCES

The most compelling event of the entire state meet weekend should be the girls 1600 meters. That's where defending champion Cami Chapus of Harvard-Westlake takes on 2011 bronze medalist Nikki Hiltz of Aptos in the showdown of showdowns. Everyone in the state – and across the country, for that matter – knows about Chapus, but Hiltz is every bit just as good.

Both are strong, very athletic, and harbor nasty speed. Chapus has clocked 4:43.90 last Friday while Hiltz has dropped a 4:44.02 at her league finals. Those are two of the top four times nationally this spring and all indications are there's more in the tank. If this comes down to a finishing kick after an honest pace, it's anyone's game and the all-time list will come under serious assault!

From there, Colony's Xochitl Navarrete – the only girl ever to beat Sarah Baxter in high school competition, doing so at 1600 meters – and Palos Verdes' Rebecca Mehra are the best of the rest in an event where the Southern Section could dominate.

The 3200-meter battle might not end up to be much of one at the front, not with the way Simi Valley's Baxter is looking of late. The reigning cross-country national champion recently broke 4:50 for the first time in her secondary event (the 1600). She looked ultra-tough last weekend in winning the Southern Section Masters Meet in 10:08.71 after a tough early challenge from Marina's Laura Hollander, the nation's most improved distance runner of 2012.

The great 'wild-card' entry in the 3200 is Buchanan phenom Hagen Reedy. Not only is she an amazing talent; she might be the best clutch performer in the field and – as if she needed any help – she'll be competing on her home track in front of scores of family and friends. Talent absolutely litters the 3200m entry list in what could become the deepest eight lapper in state meet history, with several girls capable of threatening 10:20.

On the topic of depth, we've never seen an 800-meter state field as promising as this one, with a slew of kids capable of

smashing the esteemed 2:10 barrier. But aside from all the hype and hoopla, it should be Harvard-Westlake's Amy Weissenbach and Templeton's Savannah Camacho likely going 1-2. Weissenbach set a National Federation record 2:02.04 (!) at this meet last year and looked ultra-tough in a 58-high/67-split 2:05.55 win last weekend. Camacho is capable of also dipping under 2:05 and will be aiming to pull off one of the greatest upsets in state meet history. In a Who's Who field, Northern Section champ Kody Atkins of Chico is among the biggest upside talents.

GIRLS HURDLES

Poly's chances at the overall team title caught an unexpected mid-season assist when the nation's premier high hurdler, Trinity Wilson of Berkeley St. Mary's, fell victim to a CIF season-ending injury. Long Beach Poly senior Traci Hicks has since taken over the reins in the event, roaring to a shocking 13.22 slightly wind-aided effort that ranks as fastest in the nation under any conditions. Her chief nemesis in trying to snag valuable team points should be Wilson's club training mate, Sasha Wallace of Holy Names in Oakland, whose windy 13.43 stacks up among the top half-dozen clockings in the country this spring. Rancho Cucamonga's Jordie Munford, who seemingly had Hicks on the ropes at the Southern Section Masters Meet last weekend, is another major threat in the highs.

Munford, however, might prove too tough to catch in what still ranks as a star-studded 300-meter hurdles field. She steamrolled the competition en route to a then-nation-leading 41.37 performance at her section final that remains the state leader by large margin. Great Oak's Jade Miller – at 42 seconds flat – and Fairfield's Daje Pugh, the greatest highs/lows combo hurdler (13.90/42.02) in Sac-Joaquin Section history, are also featured. Multiple girls will aim to muscle their way into the 41s.

GIRLS THROWS

Things are really beginning to heat up in the discus ring, where Central Section champion Lissette Mendivil of Visalia Redwood remains the state leader at 157 even, but hometown hero Nikki Okwelogu of Clovis West is not far behind and the next three girls are also fresh off lifetime-best performances.

Dos Pueblos' Stamatia Scarvelis has been closing in on the 50-foot barrier in recent weeks, including her state-leading 49-05.50 mark at her section prelims. Alemany's Nia Britt has gone 48-09.00 in league action thus far, the best mark ever for a California frosh. Three other huge names in the ring are Carlsbad's Breana Jamison, La Sierra's Tanya Sapa and Clovis West's Nikki Okwelogu. Jamison pulled off the surprise win at last year's state meet while Sapa captured the bronze medal. Okwelogu is the Central Section champion competing on her hometown turf.

GIRLS JUMPS

If there's one field event which seemingly carries the flag for the girls each year, it's the pole vault. From former national record holders to future Olympians, our female aerialists have always dazzled on the U.S. stage.

This year – and perhaps for years to come – the trend looks to be continuing. Santa Margarita's Kaitlyn Merritt took over the

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2012 State Track & Field Championships Preview

PREVIEW, Continued from page 13

state lead with her 13-foot, 3-inch clearance to win her divisional finals meet two weeks ago, setting a national record for ninth graders in the process. Merritt would do very well to claim the gold here, but experience could play a huge role on this stage.

That's where Rancho Bernardo's McKenzie Johnson comes in. The top returnee in the state, Johnson captured the silver medal here last year and is coached by none other than former world record holder Stacy Dragila. Junior Mimi Lian is another top entry, representing a Rancho Bernardo program with an ultra-rich history in the event. San Jose Presentation's Taylore Jacques is the fourth 13-footer in the field as California boasts 4 of the top 10 girls in the nation in this event!

The girls' triple jump doesn't figure to be as wide open – not with Holy Names' Sasha Wallace roaming the pits. Wallace has a near 18-inch advantage on the field with her monstrous 42-04.75 performance leading all leapers nationally this spring. San Diego El Camino's Tamika Brazzel and St. Mary's Academy's Rachel Tolliver are the only other 40 footers entered.

In the long jump, El Camino's Jasmine Gibbs, who soared a wind-aided 20-feet-11 in San Diego league finals action, is the top performer in that event, with Silverado's Ashlie Curenton holding the best wind legal mark of the year at 20-feet-4.

The hardest event to handicap clearly is the girls' high jump, where co-state leaders Alex Florent of Harvard-Westlake and Claire Kieffer-Wright of South Pasadena lead the charts, but no jumper anywhere has been ultra-consistent. Another notable entry is Rio Mesa's Raegan Nizdil, the state indoor meet champion who also won at the Simplot Indoor Games in Idaho. If she regains that winning form, she might emerge as the biggest threat in Clovis.

GIRLS SPRINTS AND RELAYS

Down through the years, few events have generated as much excitement on the California scene as the girls sprints, with names such as Angela Williams, Allyson Felix and Marion Jones gracing the record books. Because of one special rising talent, however, there could be more electricity on the way in 2012.

So long as Long Beach Poly's Ariana Washington can get in the blocks (no injuries or sickness) and get safely out of the blocks (no false starts), the battles in the girls sprints should be for second place. Washington, the nation's premier sophomore sprinter, is nearly 2/10ths of a second faster than the field in the 100 and a quarter-second faster in the 200 – and she's looking better and better by the week. If she can keep that hot streak going, Long Beach Poly could be well on its way to a record 12th girl's team title and also a record fifth crown in a row.

The battle from there should be between Oceanside's Jasmine Gibbs, who has been the hottest thing in San Diego of late, and Long Beach Jordan's fast-rising LaTroya Franklin. Gibbs has been flying well under 12 seconds in the 100m recently and used that same speed to stretch nearly 21 feet in the long jump! Franklin (11.63/23.90) has reached new performance levels this spring and will look to pull off a shocker here.

You also want to keep an eye on Gardena Serra's Alexis Faulknor. The multi-talented star led the Cavaliers to the Southern Section Division IV team title two weeks ago and is entered

in FIVE events here: the 100, 200, long jump and both relays. Under meet rules, she can only do four different events over the two-day meet and it's too late for her to scratch from any individual events without violating the meet's "Honest Effort" rule. So she'll have to scratch from one of Serra's relays; we'll see how that impacts the Cavaliers' overall team-title chances at this ultra-deep state meet.

In the girls 400, two names really stick out going into the stretch drive. From Southern California, Serra's Renetia James has been rolling in postseason, throwing down a 54.41 state leader at last Friday's Southern Section Masters Meet. In Northern California, Rosemont's Nia Dorner has twice posted state-leading times and holds a best of 54.94 this spring. It'd be a bit surprising if one of those two doesn't emerge as state champion.

The always thrilling girls' relays should reach a frenzied pitch come Saturday night's finals, with baton powers Long Beach Poly, Serra, and St. Mary's Academy seeking to avoid disaster while aiming for a *coup de grace* performance in the team-title sweepstakes.

Poly and Serra have been trading off the state lead in the short relay throughout this season, with Poly currently holding the upper hand courtesy of its 45.72 burner at last weekend's Southern Section Masters.

Serra has bragging rights in the long relay, however, with its 3:44.53 performance at its divisional meet looming two seconds clear of the field. Also keep an eye on Harvard-Westlake, which has the most talented 1-2 punch of any roster in the nation with Cami Chapus and Amy Weissenbach at the ready. The Wolverines endured a heartbreaking DQ in this event last year, costing them the team title, and will be looking to avenge themselves in the long relay this year.

GIRLS TEAM-TITLE OUTLOOK

For the fifth year in a row, the road to the girls' state team championship goes through the city of Long Beach, high school's version of TrackTown USA. If the Long Beach Poly Jackrabbits are to take care of business in two of their signature events – the hurdles and relays – girls title #12 will be at hand. While Poly is the clear favorite, Serra of Gardena and El Camino of Oceanside court powerhouse programs seeking to pull the upset.

To give you an idea of Poly's longstanding dominance in the sport, the last time the Jackrabbits *didn't* win the state title, current sprint phenom Ariana Washington was only in *fifth grade!*

Poly's big challenge this weekend will be to have its stars somehow stay fresh while juggling multiple events during nerve-racking action through "the rounds" of the dashes and the relays.

One thing to keep in mind, with most of the big players in the team-title battle powered by the speed events, there is no room for error. A dropped baton, a false start or even a bad start could spell doom for any of the pre-meet favorites.

The "Trackrabbits", as they like to call themselves, will be pushed to their emotional and physical limits, but as we've seen time and time again, they handle that challenge better than any track and field program in Golden State history. ■



2012 State Track & Field Championships



GIRLS 4x100M RELAY

Friday: Heat 1: 5:00 / Heat 2: 5:06 / Heat 3: 5:12

9 Advance: Top 1 Each Heat plus Next 6 Best Times
 National: 44.50 4/23/2004 Poly, Long Beach, CA
 Shana Woods, J. Lee, C. Picott, Shalonda Solomon
 State Meet: 44.70 6/7/1997 St. Bernard, Playa del Rey
 R Caruthers, Ma Edmonson, Mi Edmonson, M Withers

Lane	Team	Section	Seed Time
Heat 1 of 3 Prelims			
1	Skyline	OK	48.88
2	Cosumnes Oaks	SJ	48.43
3	Clovis North	CE	48.06
4	Vista Murrieta	SS	47.44
5	Poly (Lb)	SS	45.72
6	Torrey Pines	SD	47.31
7	Edison	CE	47.99
8	Hercules	NC	48.38
9	Monte Vista	NC	48.88
Heat 2 of 3 Prelims			
1	Pinole Valley	NC	48.95
2	Dorsey	LA	48.55
3	Independence	CE	48.09
4	Taft	LA	47.48
5	Serra	SS	46.21
6	Oaks Christian	SS	47.24
7	Piedmont Hills	CC	47.76
8	Olympian	SD	48.28
9	Santa Tersa	CC	48.86
Heat 3 of 3 Prelims			
1	Pleasant Vly	NO	50.49
2	Fairfield	SJ	48.67
3	Bishop O'Dowd	NC	48.14
4	Monterey Trail	SJ	47.56
5	Los Osos	SS	46.78
6	St. Mary's Academy	SS	47.09
7	San Pasqual	SD	47.73
8	Carson	LA	48.15
9	Valley Christian SJ	CC	48.78

BOYS 4x100M RELAY

Friday: Heat 1: 5:18 / Heat 2: 5:22 / Heat 3: 5:27 / Heat 4: 5:31

9 Advance: Top 1 Each Heat plus Next 5 Best Times
 National: 39.76 5/16/1998 Wyatt, Ft. Worth, TX
 M. Wesley, M. Clopton, M. Franklin, De Wesley
 State Meet: 40.24 6/2/1989 Hawthorne, Hawthorne
 Alexander, Smith, Allen & Curtis Conway

Lane	Team	Sec.	Seed Time
Heat 1 of 4 Prelims			
2	Deer Valley		43.00
3	Carson	LA	42.38
4	Taft	LA	41.73
5	Rio Mesa	SS	40.95
6	Poly (Lb)	SS	41.67
7	San Leandro	NC	42.37
8	Central		42.78
Heat 2 of 4 Prelims			
2	St. Francis	CC	43.14
3	El Camino	SD	42.42
4	Chaminade	SS	41.81
5	Notre Dame(SO)	SS	41.01
6	Loyola	SS	41.66
7	Vallejo	SJ	42.31
8	McClymonds	OK	42.70
Heat 3 of 4 Prelims			
2	Orland	NO	43.18
3	Buchanan	CE	42.43
4	Edison	CE	42.02
5	Serra	SS	41.27
6	Dorsey	LA	41.64
7	Patterson	SJ	42.29
8	Amador Valley	NC	42.53
Heat 4 of 4 Prelims			
2	Wilcox	CC	43.21
3	Cathedral Catholic	SD	42.45
4	Kennedy-Richmond	NC	42.07
5	Oaks Christian	SS	41.39
6	Palo Alto	CC	41.56
7	Jesuit	SJ	42.18
8	Poway	SD	42.51
9	Lincoln	SF	43.78



Long Beach Poly Team



Long Beach Poly Team





2012 State Track & Field Championships



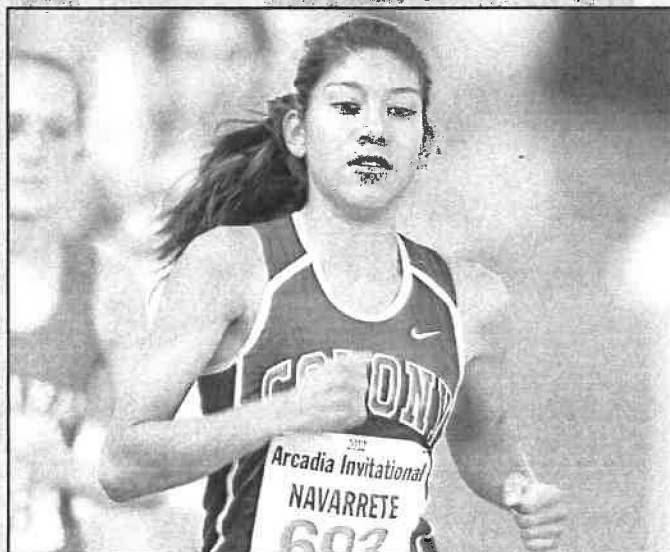
GIRLS 1600M RUN

Friday: Heat 1: 5:35 / Heat 2: 5:42

12 Advance: Top 4 Each Heat plus Next 4 Best Times

National: 4:33.82 5/31/2008 Christine Babcock, Woodbridge, CA
State Meet: 4:33.82 5/31/2008 Christine Babcock, Woodbridge

Lane	Name	Yr	School	Sec	Seed	Time
Heat 1 of 2 Prelims						
1	Rebecca Mehra	12	Palos Verdes	SS		4:49.46
2	Xochitl Navarrete	12	Colony	SS		4:50.13
3	Nikki Hiltz	11	Aptos	CC		4:51.89
4	Molly Babcock	12	Woodbridge	SS		4:52.99
5	Anne Charles	10	Canyon Crest Acad.	SD		4:55.72
6	Caitlin Krol	12	Cathedral Catholic	SD		4:56.18
7	Bethan Knights	10	Northwood	SS		4:58.14
8	Brianna Simmons	12	Beverly Hills	SS		4:58.31
9	Ali Teiha	11	Bullard	CE		4:59.45
10	Bridget Blum	12	University-SF	NC		5:00.66
11	Nicole Lane	12	El Molino	NC		5:02.41
12	Maddy Nikkel	10	Buchanan	CE		5:04.24
13	Clare Peabody	10	Aptos	CC		5:09.24
14	Catherine Lowdon	11	Burlingame	CC		5:10.11
15	Christine Redor	11	Ponderosa	SJ		5:14.09
16	Lorena Garcia	11	San Pedro	LA		5:14.35
Heat 2 of 2 Prelims						
1	Cami Chapus	12	Harvard Westlake	SS		4:43.90
2	Erika Reddish	12	Vista Murrieta	SS		4:51.12
3	Adriana Olivas	12	Centennial-Cor	SS		4:51.35
4	Megan Huebner	10	La Quinta(LQ)	SS		4:53.99
5	Ashlyn Dadkhah	12	Torrey Pines	SD		4:55.13
6	Brianna Miller	11	Carlsbad	SD		4:57.51
7	Julia Yang	12	Westview	SD		4:58.11
8	Carz Ulizio	11	Redondo	SS		4:58.64
9	Kylie Nishisaka	11	Marina	SS		4:58.66
10	Jennie Callan	11	University-SF	NC		5:01.23
11	Carina Novell	12	Granada	NC		5:02.01
12	Marrisa Williams	9	Palisades	LA		5:07.02
13	Evelyn Gonzalez	12	San Pedro	LA		5:07.20
14	Faith Makau	11	Enochs	SJ		5:12.74
15	Maxine Goyette	12	Oak Ridge	SJ		5:13.65
16	Jenna Storms	9	West Valley	NO		5:27.22
17	Katie Kass	12	Clovis West	CE		5:13.88



Xochitl Navarrete, Colony

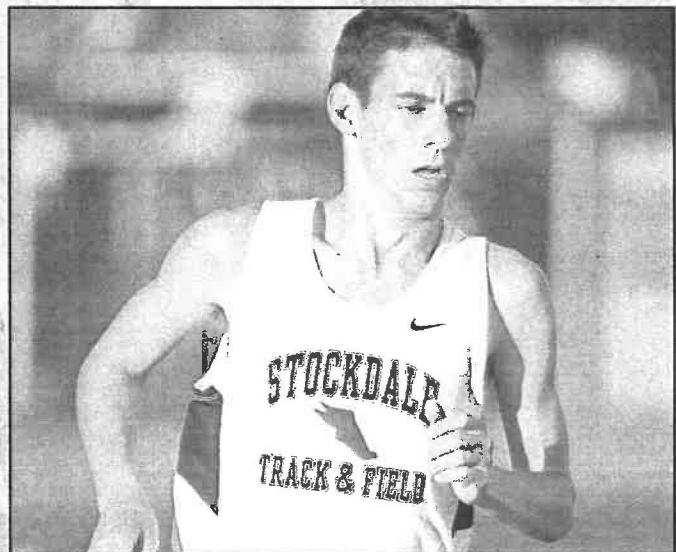
BOYS 1600M RUN

Friday: Heat 1: 5:49 / Heat 2: 5:55

12 Advance: Top 4 Each Heat plus Next 4 Best Times

National: 3:59.51 4/14/2001 Alan Webb, South Lakes, VA
State Meet: 4:00.29 5/31/2008 German Fernandez, Riverbank

Lane	Name	Yr	School	Sec	Seed	Time
Heat 1 of 2 Prelims						
1	Cody Brazeal	11	Buchanan	CE		4:07.72
2	Nicholas Woolf	12	Roosevelt, E	SS		4:11.57
3	Nick Rivera	12	Rowland	SS		4:11.84
4	Daniel De La Torre	11	La Salle	SS		4:12.84
5	Trevor Fuhriman	12	Monte Vista	NC		4:13.09
6	Austin O'Neil	12	Hart	SS		4:13.39
7	Sam Kane	12	Bishop O'Dowd	NC		4:13.84
8	Parker Deuel	12	San Ramon Vly	NC		4:15.02
9	Jamie Fehrstrom	12	Miramonte	NC		4:15.65
10	Darren Fahy	12	La Costa Cnyn	SD		4:18.04
11	Eric Hayen	12	Poway	SD		4:19.27
12	Chris Tansey	12	Poway	SD		4:20.45
13	George Baier	11	Menlo Atherton	CC		4:20.77
14	Francisco Salvador	12	Alisal	CC		4:21.40
15	Oscar Contreras	12	Huntington Prk	LA		4:21.46
Heat 2 of 2 Prelims						
1	Luis Gutierrez	12	Rancho Cucamng	SS		4:08.68
2	Juan Gonzalez	11	El Toro	SS		4:11.28
3	Evan Malone-White	11	Redondo	SS		4:12.12
4	Blake Haney	10	Stockdale	CE		4:12.71
5	Cameron Miller	12	Stockdale	CE		4:13.10
6	Aaron Potts	12	Roosevelt, E	SS		4:13.17
7	Sami Cartwright	12	Chadwick	SS		4:14.39
8	Porter Reddish	11	Vista Murrieta	SS		4:14.82
9	Steve Correa	10	San Pedro	LA		4:17.30
10	Jordan Rushing	12	Del Campo	SJ		4:17.47
11	Dominic Castro-Wehr	12	Nevada Un	SJ		4:20.26
12	Steven Grolle	10	Sonora	SJ		4:20.31
13	Eric Neill	12	Yreka	NO		4:21.05
14	Adrian Hinojosa	12	Bellarmine	CC		4:21.36
15	Warsame Ahmed	12	Venice	LA		4:23.83
16	Max Niehaus	11	Lowell	SF		4:28.34



Blake Haney, Stockdale



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GIRLS 100M Hurdles

Friday: Heat 1: 6:03 / Heat 2: 6:07 / Heat 3: 6:11 / Heat 4: 6:15

9 Advance: Top 1 Each Heat plus Next 5 Best Times

National: 13.03 6/2/2007 Vashti Thomas, Mt. Pleasant, CA
State Meet: 13.03 6/2/2007 Vashti Thomas, Mt. Pleasant

Lane	Name	Yr	School	Sec	Seed Time
Heat 1 of 4 Prelims					
2	Kennedy Jones	9	Castro Valley	NC	15.43
3	Taylor Craft	11	Newark Mem	NC	14.65
4	Sasha Wallace	11	Holy Names	NC	14.23
5	Traci Hicks	12	Poly (Lb)	SS	13.66
6	Iris Chijioke	12	Roosevelt, E	SS	14.18
7	Kassidy Ellis	12	Frontier	CE	14.52
8	Jessica Mills	11	El Camino Real	LA	15.42
Heat 2 of 4 Prelims					
2	Jessica Davis	11	King City	CC	15.51
3	Alyssa Chang	11	Otay Ranch	SD	14.76
4	KyMBER Payne	10	Poly (Lb)	SS	14.25
5	Jordie Munford	11	Rancho Cucamng	SS	13.80
6	Daria Cook	10	Vacaville	SJ	14.17
7	Devin Collins	12	Granite Hills	SD	14.33
8	Lauren Johnson	10	St. Francis	CC	15.40
Heat 3 of 4 Prelims					
2	Felicity Serena	12	Lincoln	SF	15.62
3	Hillary Hill	12	Birmingham	LA	14.76
4	Brie Simmons	12	Del Oro	SJ	14.25
5	Daje Pugh	12	Fairfield	SJ	13.95
6	Taylor Larch-Miller	12	Torrey Pines	SD	14.09
7	Syrea Hicks	11	Bakersfield	CE	14.28
8	Dayna Hurd	11	Carson	LA	15.26
Heat 4 of 4 Prelims					
2	Jenavieve Turner	10	Yreka	NO	16.10
3	Kortni Smyers-Jones	11	San Leandro	NC	14.81
4	Micha Auzenne	11	St. Francis	CC	14.26
5	Jasmyne Graham	9	Vista Murrieta	SS	14.05
6	Ebony Crear	10	Maranatha	SS	14.09
7	Patriana Perry	10	Vacaville	SJ	14.27
8	Jamara Scott	12	Golden Valley	CE	15.00

BOYS 110M Hurdles

Friday: Heat 1: 6:21 / Heat 2: 6:25 / Heat 3: 6:29 / Heat 4: 6:33

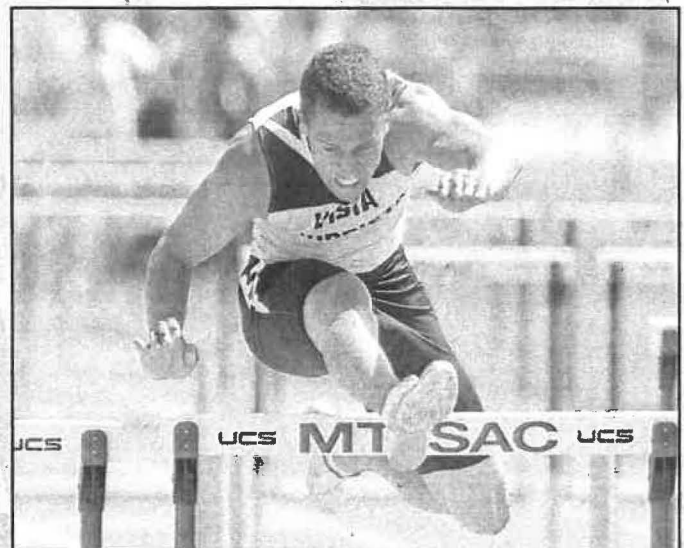
9 Advance: Top 1 Each Heat plus Next 5 Best Times

National: 13.30 5/26/1990 Chris Nelloms, Dunbar, Dayton, OH
State Meet: 13.39 6/5/2004 Kevin Craddock, James Logan

Lane	Name	Yr	School	Sec	Seed Time
Heat 1 of 4 Prelims					
2	Luke Wright	12	West Valley	NO	15.08
3	Marquis Morris	10	DeLaSalle	NC	14.76
4	Casey Wheeler	12	Del Oro	SJ	14.50
5	Kenneth Walker	12	Kennedy-Richmond	NC	14.01
6	Lloyd Siscard	11	Serra	SS	14.49
7	Stephen Dorsey	12	Monterey	CC	14.76
8	Adam Lundquist	12	Casa Grande	NC	14.99
Heat 2 of 4 Prelims					
2	Andrew Fitzhugh	11	Enterprise	NO	15.16
3	Cameron Vaca	12	Archbishop Mitty	CC	14.78
4	Cameron Akins	11	Cathedral	SS	14.51
5	Isiah Jackson	12	El Camino	SD	14.28
6	Keane Bland	12	Johansen	SJ	14.48
7	Te'von Mitchell	12	Dorsey	LA	14.76
8	Derrick Vickers	10	Bakersfield	CE	14.99
Heat 3 of 4 Prelims					
2	James Traylor	11	Berkeley	NC	15.18
3	Karunveer Chohan	11	Buchanan	CE	14.92
4	Darion Williams	12	Vista Murrieta	SS	14.52
5	Austin Cramer	12	Argonaut	SJ	14.30
6	Kamara Biawogi	11	Prospect	CC	14.42
7	Reggie Bell	11	Dorsey	LA	14.69
8	Ross Stribbling	12	Dorsey	LA	14.98
Heat 4 of 4 Prelims					
2	Cameron Chu	12	Lincoln	SF	15.81
3	Jacob Sertich	12	Exeter	CE	14.94
4	Cody Smith	12	South Torrance	SS	14.60
5	Julian Todd-Borden	12	La Costa Cnyn	SD	14.31
6	Devin Hickey	12	Vista	SD	14.37
7	Grant Weiss	12	Oxnard	SS	14.69
8	Markeen Scott	12	Skyline	OK	14.95



Traci Hicks, Long Beach Poly



Darion Williams, Vista Murrieta



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GIRLS 400M DASH

Friday: Heat 1: 6:39 / Heat 2: 6:44 / Heat 3: 6:49

9 Advance: Top 1 Each Heat plus Next 6 Best Times

National: 50.74 6/3/2000 Monique Henderson, Morse San Diego, CA
State Meet: 50.74 6/3/2000 Monique Henderson, Morse, San Diego

Lane	Name	Yr	School	Sec	Seed Time
Heat 1 of 3 Prelims					
1	Sofia Evanoff	9	Winters	NO	58.99
2	Joy Weems	11	Del Campo	SJ	57.18
3	Tylnn Carter	10	Aleman	SS	56.58
4	Alexis Hernandez	11	Mt. Carmel	SD	55.79
5	Renetia James	12	Serra	SS	54.41
6	Danni Alakija	11	Oaks Christian	SS	55.47
7	Tatiana McCoy	12	Taft	LA	56.37
8	Chloe Winn	10	Monte Vista	NC	57.07
9	Darci Whyte	10	Santa Rosa	NC	57.80
Heat 2 of 3 Prelims					
1	Mandy Che	10	Lowell	SF	59.51
2	A'Jah Love	12	Monterey Trail	SJ	57.20
3	Ellisa Bryant	11	Piedmont Hills	CC	56.62
4	Melissa Mongiovi	9	West Hills	SD	56.09
5	Khala Taylor	12	Great Oak	SS	54.96
6	Njeri Omawahleh	11	Edison	CE	55.37
7	Timarya Baynard	9	Piedmont Hills	CC	56.27
8	Chloe Carlson	11	Centennial	CE	56.80
9	Nina Rondoni	11	Monte Vista	NC	57.74
Heat 3 of 3 Prelims					
2	Tigest Nealy	11	Dorsey	LA	57.23
3	Rochelle Nadreau	11	El Camino Real	LA	56.64
4	Karly Zlatic	11	La Jolla	SD	56.16
5	Nia Dornier	11	Rosemont	SJ	55.07
6	Mikaela Smith	9	Clovis North	CE	55.34
7	Kayah Agudo	12	Serra	SS	56.20
8	Madeline Price	10	Menlo	CC	56.68
9	Lauren Remer	11	Piedmont	NC	57.36



Khala Taylor, Great Oak

BOYS 400M DASH

Friday: Heat 1: 6:54 / Heat 2: 6:58 / Heat 3: 7:03

9 Advance: Top 1 Each Heat plus Next 6 Best Times

National: 45.25 6/19/1993 Calvin Harrison, North Salinas, CA
State Meet: 45.25 6/19/1993 Calvin Harrison, North Salinas

Lane	Name	Yr	School	Sec	Seed Time
Heat 1 of 3 Prelims					
1	Isaiah King	10	Skyline	OK	49.70
2	Geoffrey Westerfield	12	Overfelt	CC	49.07
3	German Fabela	12	La Serna	SS	48.69
4	Daveon Overton	12	Vallejo	SJ	48.38
5	Rashard Clark	12	Dorsey	LA	47.54
6	Eli'sha Toler	12	Carson	LA	48.13
7	Kyle Ezold	12	San Marino	SS	48.60
8	Elliot Surovell	12	Carlmont	CC	48.98
9	Michael Taylor	12	Reedley	CE	49.54
Heat 2 of 3 Prelims					
1	Steven Burks	12	Lincoln	SF	50.44
2	Adrian Perez	12	Freedom	NC	49.10
3	Marcel Harrell	12	Mt. Miguel	SD	48.85
4	Michael Rogers	12	St. John Bosco	SS	48.45
5	Isaiah Cantu	12	Hanford	CE	47.81
6	Corey Mason	12	St. Mary's	SJ	48.12
7	Jose Prieto	12	Palo Verde	SD	48.59
8	Christian Carter	11	San Leandro	NC	48.93
9	Suavea Zaczekiewicz	12	Serra	SD	49.49
Heat 3 of 3 Prelims					
1	Brad Cox	11	Pleasant Vly	NO	50.46
2	Bryan Nunez	12	Cardinal Nwman	NC	49.13
3	Joe Herrera	10	Tulare West	CE	48.89
4	Alex McElwee	12	Arcadia	SS	48.48
5	Alex Rohani	11	Beverly Hills	SS	47.87
6	Anthony Fowler	12	Taft	LA	47.97
7	Willie Latin	12	James Logan	NC	48.57
8	Khari Dobbins	12	Bear Creek	SJ	48.91
9	Edward Lampkin	11	Sacred Hrt Chr	CC	49.46



Rashard Clark, Dorsey



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GIRLS 100M DASH

Friday: Heat 1: 7:10 / Heat 2: 7:14 / Heat 3: 7:18

9 Advance: Top 1 Each Heat plus Next 6 Best Times

National: 11.14 6/6/1992 Marion Jones, Thousand Oaks, CA
State Meet: 11.14 6/6/1992 Marion Jones, Thousand Oaks

Lane	Name	Yr	School	Sec	Seed	Time
Heat 1 of 3 Prelims						
1	Shakira Lewis	12	Sierra	SJ		12.57
2	Jayla Scholis	11	Seaside	CC		12.37
3	Dakota Dockett	11	Tulare West	CE		12.10
4	Ashlie Curenton	12	Silverado	SS		11.89
5	Ariana Washington	10	Poly (Lb)	SS		11.61
6	Brena Andrews	11	Independence	CE		11.87
7	Jazmen Bunch	10	Central			12.09
8	Esther Higgwe	12	Monterey Trail	SJ		12.32
9	Lily Brose	11	Red Bluff	NO		12.55
Heat 2 of 3 Prelims						
1	Marie Veale	12	Hercules	NC		12.67
2	Brie Simmons	12	Del Oro	SJ		12.43
3	Suzie Acolatse	9	Mission Hills	SD		12.21
4	Mishe Scott	12	El Camino	SD		11.98
5	Jasmine Gibbs	12	El Camino	SD		11.71
6	Sydney Lewis	12	Oak Park	SS		11.83
7	Micha Auzenne	11	St. Francis	CC		12.08
8	Destinee Brown	11	Westchester	LA		12.28
9	Atiya Harvey	12	James Logan	NC		12.48
Heat 3 of 3 Prelims						
1	Gabriella Cantrell	10	Bishop O'Dowd	NC		12.75
2	Alexandra Diaz	11	Piedmont Hills	CC		12.47
3	Felicity Serena	12	Lincoln	SF		12.22
4	Lexis Lambert	12	Taft	LA		12.03
5	Alexis Faulknor	12	Serra	SS		11.73
6	La Troya Franklin	11	Jordan	SS		11.74
7	Destiny Smith-Barnett	10	Skyline	OK		12.04
8	Nashay Shaw	12	Washington	LA		12.24
9	Lilla McMillan	12	Tamalpais	NC		12.47

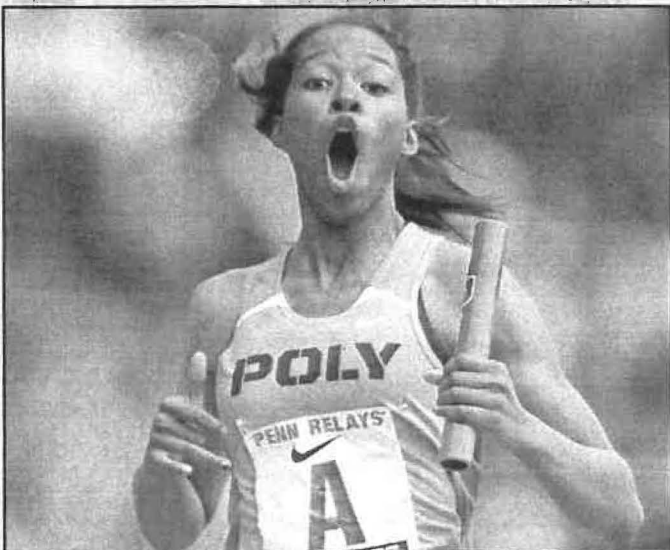
BOYS 100M DASH

Friday: Heat 1: 7:22 / Heat 2: 7:26 / Heat 3: 7:30

9 Advance: Top 1 Each Heat plus Next 6 Best Times

National: 10.15 5/12/1990 Henry Neal, Greenville, TX
State Meet: 10.30 6/6/1992 Riley Washington, Southwest, San Diego

Lane	Name	Yr	School	Sec	Seed	Time
Heat 1 of 3 Prelims						
1	Rajae Delane	12	Patterson	SJ		11.25
2	Keith Lewis	12	Oakland Tech	OK		11.04
3	Sam Marshall	11	Granada Hills	LA		10.88
4	Ronnie Bourguignon	12	Valley Center	SD		10.72
5	Dylan McCloskey	12	El Camino	SD		10.49
6	Eric McDaniel	12	Notre Dame(SO)	SS		10.70
7	Luis Matos	11	Golden Valley	CE		10.87
8	Adeeb Nasir	12	Hayward	NC		11.02
9	Myles Speegle	11	Castro Valley	NC		11.13
Heat 2 of 3 Prelims						
1	Loren Pilorin	12	Jesuit	SJ		11.32
2	Takkarist McKinley	11	Kennedy-Richmond	NC		11.07
3	Devonte O'Connor	12	Locke	LA		10.89
4	Morgan Simon	11	Loyola	SS		10.73
5	Khalfani Muhammad	11	Notre Dame(SO)	SS		10.51
6	Blake Selig	12	Rio Mesa	SS		10.65
7	Ramiro Barraza	12	Bakersfield	CE		10.84
8	Jourdan Soares	12	Gilroy	CC		10.97
9	Jordan Butterfield	12	Orland	NO		11.12
Heat 3 of 3 Prelims						
2	Andre McBride	12	San Leandro	NC		11.07
3	Joey Sanfilippo	11	Bellarmine	CC		10.93
4	Terrell Green	12	Edison	CE		10.80
5	Herbert Gamboa	12	San Clemente	SS		10.59
6	Evan Gray	12	Poway	SD		10.61
7	Ej Floreal	11	Palo Alto	CC		10.81
8	Lorne Abby	12	Carson	LA		10.96
9	Austin Mitsch	11	Jesuit	SJ		11.08



Ariana Washington, Long Beach Poly



Eric McDaniel, Notre Dame



2012 State Track & Field Championships



GIRLS 800M RUN

Friday: Heat 1: 7:35 / Heat 2: 7:40 / Heat 3: 7:45

9 Advance: Top 2 Each Heat plus Next 3 Best Times

National: 2:02.04 6/4/2011 Amy Weissenbach, Harvard Westlake, CA
State Meet: 2:02.04 6/4/2011 Amy Weissenbach, Harvard-Westlake

Lane	Name	Yr	School	Sec	Seed Time
Heat 1 of 3 Prelims					
1	Amy Weissenbach	12	Harvard Westlake	SS	2:05.55
2	Nijae Jones	11	San Leandro	NC	2:10.90
3	Carina Gillespie	11	Otay Ranch	SD	2:11.00
4	Ashley Welker	12	West Ranch	SS	2:13.05
5	Danielle Katz	11	Los Gatos	CC	2:13.33
6	Marisa Carino	10	Oakmont	SJ	2:15.45
7	Sami Ikuma	10	Clovis East	CE	2:15.57
8	Liz Castaneda	12	El Diamante	CE	2:17.06
9	Danielle Nunez	9	San Pedro	LA	2:19.86
Heat 2 of 3 Prelims					
1	Madison Ricks	10	California	NC	2:09.52
2	Chelsea Kruthers	12	San Juan Hills		2:10.41
3	Caidin Turner	12	Thousand Oaks	SS	2:11.95
4	Natalie Neshat	10	Scripps Ranch	SD	2:12.77
5	Kiara McIntosh	11	Paloma Valley	SS	2:13.55
6	Ashley Kittle	10	Woodcreek	SJ	2:14.34
7	Claire Bowie	11	Los Altos	CC	2:16.00
8	Maria Barragan	11	Healdsburg	NC	2:16.87
9	Mackenzie Gray	10	Palisades	LA	2:21.05
Heat 3 of 3 Prelims					
1	Charlotte Kuzminsky	12	Canyon Crest Acad	SD	2:10.16
2	Savannah Camacho	12	Templeton	SS	2:10.26
3	Holly Neshat	10	Scripps Ranch	SD	2:12.61
4	Kylie Goo	11	Westmoor	CC	2:12.62
5	Sadia Ibrahim	11	Santa Rosa	NC	2:13.92
6	Brittany Anselmo	10	Ponderosa	SJ	2:14.29
7	Kylee Strausser	9	Bullard	CE	2:16.19
8	Kody Atkins	12	Chico	NO	2:16.43
9	Giselle Masedo	9	Chatsworth	LA	2:21.78
10	Prudence Sax	10	Lowell	SF	2:26.88

BOYS 800M RUN

Friday: Heat 1: 7:50 / Heat 2: 7:55 / Heat 3: 8:00

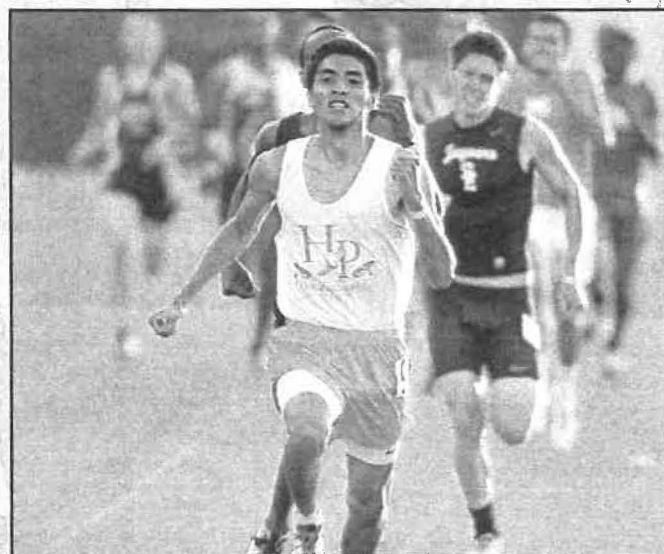
9 Advance: Top 2 Each Heat plus Next 3 Best Times

National: 1:46.45 5/31/1996 Michael Granville, Bell Gardens, CA
State Meet: 1:46.45 5/31/1996 Michael Granville, Bell Gardens

Lane	Name	Yr	School	Sec	Seed Time
Heat 1 of 3 Prelims					
1	Brett Moulton	11	Santiago (Cor)	SS	1:52.58
2	Alexander Monsivaiz	12	Army & Navy	SD	1:53.45
3	Cody Johnson	11	San Lorenzo VI	CC	1:53.49
4	Jesus Morales	12	Huntington Prk	LA	1:54.37
5	Sean Davis	12	Valley Christian SJ	CC	1:54.41
6	Jared Senese	11	Mt. Carmel	SD	1:55.15
7	Joel Schmierer	12	Livermore	NC	1:55.33
8	Joseph Scott	12	Southeast	LA	1:57.48
9	William Chen	12	Lowell	SF	1:59.61
Heat 2 of 3 Prelims					
1	Edgar Cobian	12	La Sierra	SS	1:52.93
2	Kevin Gonzalez	12	Vista Murrieta	SS	1:53.21
3	Darrell Jackson	12	Fairfield	SJ	1:53.83
4	Ivan Gonzalez	11	Ridgeview	CE	1:54.26
5	Nikolai Solgaard	12	Palo Alto	CC	1:54.51
6	Edixon Puglisi	12	Oakmont	SJ	1:55.14
7	Brandon Towns	11	San Pedro	LA	1:55.51
8	Dylan Chamberlen	12	Paradise	NO	1:56.04
9	Urel Cabanas	11	Madera South	CE	1:56.54
Heat 3 of 3 Prelims					
1	Dragan Simic	12	Woodbridge	SS	1:52.97
2	Omar Solis	11	Vista Murrieta	SS	1:53.16
3	Nick Ratto	12	St. Joseph-Nd	NC	1:53.93
4	Eugene Hamilton III	11	Bishop O'Dowd	NC	1:54.06
5	Conner McKinnon	10	Amador Valley	NC	1:54.86
6	Treyvon Manning	12	Stagg	SJ	1:54.99
7	Michael Bradley	12	Grossmont	SD	1:55.59
8	Tony Guzman	12	Corcoran	CE	1:55.92



Savannah Camacho, Templeton



Jesus Morales, Huntington Park



2012 STATE Track & Field Championships



GIRLS 300M HURDLES

Friday: Heat 1: 8:07 / Heat 2: 8:11 / Heat 3: 8:15 / Heat 4: 8:19

9 Advance: Top 1 Each Heat plus Next 5 Best Times

National: 39.98 5/19/2001 Lashinda Demus, Wilson, Long Beach, CA
State Meet: 40.10 6/4/2005 Ebony Collins, Wilson, Long Beach, CA

Lane	Name	Yr	School	Sec	Seed Time
Heat 1 of 4 Prelims					
2	Kendall Gustafson	11	Palisades	LA	46.20
3	Tori Edwards	12	California	NC	44.72
4	ShebanetTe Terry	11	Irvine	SS	43.24
5	Jordie Munford	11	Rancho Cucamong	SS	41.86
6	Kaulyn Lee McNeill	12	Liberty	CE	43.07
7	Morganne Hill	9	Liberty	CE	44.67
8	Paris Turner	12	Clovis West	CE	45.93
Heat 2 of 4 Prelims					
2	Liliana Lopez	11	Sylmar	LA	46.75
3	Dayna Hurd	11	Carson	LA	44.89
4	Kelli Hancock	11	La Jolla	SD	43.44
5	Daje Pugh	12	Fairfield	SJ	42.02
6	Taylor Fleming	11	King, ML	SS	43.03
7	Taylor Larch-Miller	12	Torrey Pines	SD	44.46
8	Greer Chrisman	10	Burlingame	CC	45.75
Heat 3 of 4 Prelims					
2	Bailey Moss	12	Orland	NO	46.97
3	Carly Schulz	10	St. Mary's	NC	45.00
4	KyMBER Payne	10	Poly (Lb)	SS	43.45
5	Jade Miller	11	Great Oak	SS	42.67
6	Patriana Perry	10	Vacaville	SJ	42.96
7	Joniece Ervin	12	Oceanside	SD	44.12
8	Eleni Fkiasas	12	Leland	CC	45.68
Heat 4 of 4 Prelims					
2	Robin Yee	10	Lowell	SF	46.98
3	Rhea Jayachandran	12	Campolindo	NC	45.06
4	Aliyah Hale	9	St. Mary's Academy	SS	43.70
5	Daria Cook	10	Vacaville	SJ	42.89
6	Brie Simmons	12	Del Oro	SJ	42.90
7	Kyra Johnson	12	Piner	NC	44.00
8	Jessica Davis	11	King City	CC	45.19

BOYS 300M HURDLES

Friday: Heat 1: 8:25 / Heat 2: 8:29 / Heat 3: 8:33 / Heat 4: 8:37

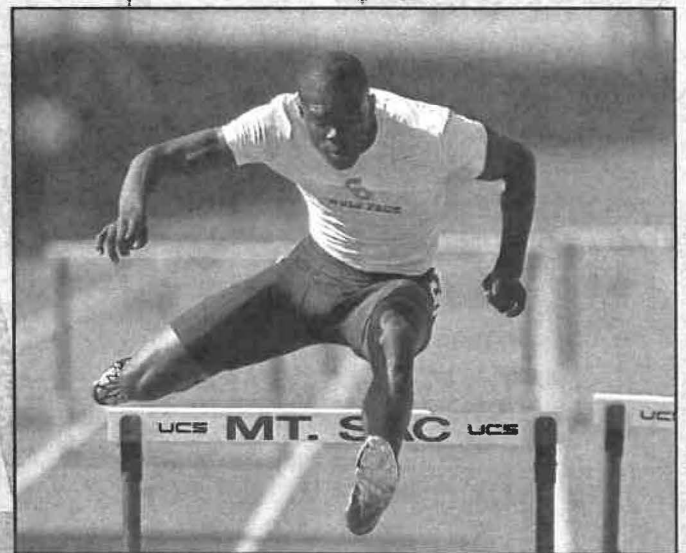
9 Advance: Top 1 Each Heat plus Next 5 Best Times

National: 35.02 6/5/2009 Reggie Wyatt, La Sierra Riverside, CA
State Meet: 35.02 6/5/2009 Reggie Wyatt, La Sierra

Lane	Name	Yr	School	Sec	Seed Time
Heat 1 of 4 Prelims					
2	Andrew Fitzhugh	11	Enterprise	NO	39.25
3	Kevin Kutchera	12	Granada	NC	38.65
4	Cody Smith	12	South Torrance	SS	37.94
5	Corey Hammond	12	Mater Dei	SS	37.35
6	Duane Solomon	12	Great Oak	SS	37.87
7	Strat Stavrioundakis	12	Modesto	SJ	38.47
8	James Traylor	11	Berkeley	NC	39.19
Heat 2 of 4 Prelims					
2	LaValle Hamlin	11	Deer Valley	NC	39.41
3	Ryan Colebrook	12	Liberty Madera	CE	38.69
4	Donte Deayon	12	Summit	SS	37.96
5	Lloyd Siscard	11	Serra	SS	37.36
6	Grant Zebold	11	Cathedral Catholic	SD	37.85
7	Kamara Biawogi	11	Prospect	CC	38.33
8	Te'von Mitchell	12	Dorsey	LA	39.13
9	Cameron Chu	12	Lincoln	SF	40.59
Heat 3 of 4 Prelims					
2	Stephen Dorsey	12	Monterey	CC	39.66
3	Jacob James	11	Granite Hills	SD	38.80
4	Cameron Vaca	12	Archbishop Mitty	CC	37.96
5	Kenneth Walker	12	Kennedy-Richmond	NC	37.38
6	Andrew Fischer	12	Diamond Ranch	SS	37.79
7	Casey Wheeler	12	Del Oro	SJ	38.17
8	Shane Thulin	12	Frontier	CE	39.02
9	Markeen Scott	12	Skyline	OK	40.31
Heat 4 of 4 Prelims					
2	Irvin Ruano	11	Bell	LA	39.87
3	Karunveer Chohan	11	Buchanan	CE	38.86
4	Victor Bolden	11	Los Osos	SS	38.10
5	Zach Lewis	12	Ramona	SS	37.49
6	Jarrett Gonzales	12	Damien	SS	37.61
7	Chase Peterson	11	Canyon Crest Acad	SD	38.12
8	Dallas Hoofard	11	Atwater	SJ	38.88
9	Jaccari Marshall	12	Carson	LA	39.88



Jordie Munford, Rancho Cucamonga



Duane Solomon, Great Oak



2012 State Track & Field Championships



GIRLS 200M DASH

Friday: Heat 1: 8:42 / Heat 2: 8:46 / Heat 3: 8:50 / Heat 4: 8:54

9 Advance: Top 1 Each Heat plus Next 5 Best Times

National: 22.52 6/7/2003 Allyson Felix, Los Angeles Baptist, CA
State Meet: 22.52 6/7/2003 Allyson Felix, Los Angeles Baptist

Lane	Name	Yr	School	Sec	Seed Time
Heat 1 of 4 Prelims					
2	Noria Mitchell	12	Dublin	NC	25.72
3	Nashay Shaw	12	Washington	LA	25.32
4	Karly Zlatic	11	La Jolla	SD	24.54
5	Ariana Washington	10	Poly (Lb)	SS	23.55
6	Alexis Hernandez	11	Mt. Carmel	SD	24.41
7	Jayla Scholis	11	Seaside	CC	25.23
8	Gabriella Cantrell	10	Bishop O'Dowd	NC	25.69
Heat 2 of 4 Prelims					
2	Melanie Speech	12	Lowell	SF	25.75
3	Alexandria Stewart	12	El Camino Real	LA	25.37
4	Njeri Omawahleh	11	Edison	CE	24.49
5	Sierra Peterson	10	St. Mary's Academy	SS	23.79
6	Diamond Thomas	11	Poly (Lb)	SS	24.30
7	Lexis Lambert	12	Taft	LA	25.09
8	Alanna Epps	9	Rodriguez	SJ	25.62
Heat 3 of 4 Prelims					
2	Tegan McGrady	9	Santa Teresa	CC	25.83
3	A'Jah Love	12	Monterey Trail	SJ	25.40
4	Brena Andrews	11	Independence	CE	24.44
5	La Troya Franklin	11	Jordan	SS	24.05
6	Kelly Rhines	12	Los Osos	SS	24.19
7	Lilla McMillan	12	Tamalpais	NC	25.01
8	Marie Veale	12	Hercules	NC	25.60
Heat 4 of 4 Prelims					
2	Lily Brose	11	Red Bluff	NO	25.93
3	Sarah Cline	12	Leigh	CC	25.44
4	Dakota Dockett	11	Tulare West	CE	24.67
5	Jasmine Gibbs	12	El Camino	SD	24.11
6	Alexis Faulkner	12	Serra	SS	24.15
7	Destiny Smith-Barnett	10	Skyline	OK	24.83
8	Brandy Coward	9	Buchach Colony	SJ	25.46

BOYS 200M DASH

Friday: Heat 1: 8:58 / Heat 2: 9:02 / Heat 3: 9:06 / Heat 4: 9:10

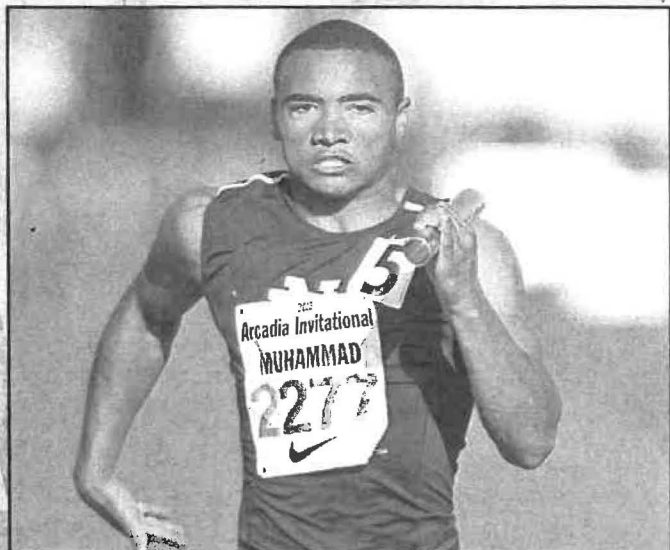
9 Advance: Top 1 Each Heat plus Next 5 Best Times

National: 20.13 5/11/1985 Roy Martin, Roosevelt, Dallas, TX
State Meet: 20.43 6/2/2007 Bryshon Nellum, Long Beach Poly

Lane	Name	Yr	School	Sec	Seed Time
Heat 1 of 4 Prelims					
2	Myles Holmes	12	Jefferson	CC	22.48
3	Thomas Grimes	12	Centennial	CE	22.07
4	Elijah Mitchell	11	Roosevelt, E	SS	21.62
5	Khalfani Muhammad	11	Notre Dame(SO)	SS	21.10
6	Michael Davis	11	Glendale	SS	21.61
7	Jourdan Soares	12	Gilroy	CC	22.07
8	Ersell Williams	12	Cordova	SJ	22.42
Heat 2 of 4 Prelims					
2	Andre McBride	12	San Leandro	NC	22.56
3	Lawrence Shepard		Westchester	LA	22.15
4	Kyree King	12	Colony	SS	21.64
5	Dylan McCloskey	12	El Camino	SD	21.24
6	Ronnie Bourguignon	12	Valley Center	SD	21.53
7	Robert Ellis	11	Antelope	SJ	22.01
8	Jordan Monteiro-Williams	12	McClatchy	SJ	22.41
Heat 3 of 4 Prelims					
2	Tyler Halverson	12	Foothill	NO	22.67
3	Keith Lewis	12	Oakland Tech	OK	22.16
4	Devonte O'Connor	12	Locke	LA	21.84
5	Evan Gray	12	Poway	SD	21.45
6	Chad Smith	12	El Capitan	SD	21.52
7	Terrell Green	12	Edison	CE	21.96
8	Daniel Fortenko	12	Terra Linda	NC	22.28
Heat 4 of 4 Prelims					
2	Adrian Perez	12	Freedom	NC	22.74
3	Takkarist McKinley	11	Kennedy-Richmond	NC	22.23
4	EJ Floreal	11	Palo Alto	CC	21.84
5	Morgan Simon	11	Loyola	SS	21.47
6	Antony Ardis	11	La Costa Cnyn	SD	21.50
7	Sam Marshall	11	Granada Hills	LA	21.93
8	Vadal McDonald	12	Edison	CE	22.24
9	Steven Burks	12	Lincoln	SF	22.92



Njeri Omwahleh, Edison



Khalfani Muhammad, Notre Dame



2012 State Track & Field Championships



GIRLS 4x400M RELAY

Friday: Heat 1: 9:18 / Heat 2: 9:25 / Heat 3: 9:32 / Heat 4: 9:41

9 Advance: Top 1 Each Heat plus Next 5 Best Times
National: 3:35.49 6/5/2004 Poly, Long Beach, CA
S Woods 55.7 / D Harris 55.6 / J Lee 52.6 / S Solomon 51.6
State Meet: 3:35.49 6/5/2004 Long Beach Poly
S Woods 55.7 / D Harris 55.6 / J Lee 52.6 / S Solomon 51.6

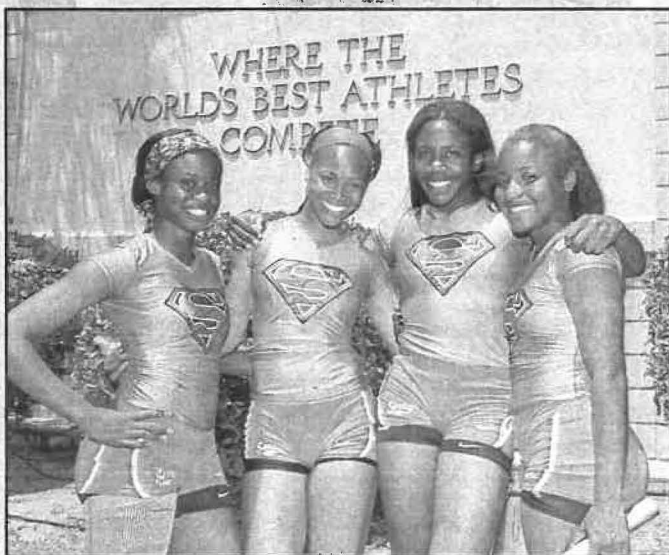
Lane	School	Sec	Seed Time
Heat 1 of 4 Prelims			
2	Los Gatos	CC	3:57.25
3	Miramonte	NC	3:56.03
4	Oaks Christian	SS	3:51.11
5	Harvard Westlake	SS	3:47.19
6	Torrey Pines	SD	3:50.66
7	Taft	LA	3:56.03
8	Vacaville	SJ	3:57.89
Heat 2 of 4 Prelims			
2	Centennial	CE	3:59.61
3	Monte Vista	NC	3:56.31
4	Roosevelt, E	SS	3:51.14
5	Serra	SS	3:46.83
6	Great Oak	SS	3:50.52
7	Carlsbad	SD	3:55.46
8	Del Oro	SJ	3:57.81
Heat 3 of 4 Prelims			
2	Red Bluff	NO	4:06.29
3	St. Mary's	NC	3:56.44
4	El Camino Real	LA	3:53.65
5	Poly (Lb)	SS	3:48.76
6	Edison	CE	3:50.17
7	La Jolla	SD	3:55.91
8	Davis	SJ	3:57.28
Heat 4 of 4 Prelims			
2	Lowell	SF	4:08.87
3	Leland	CC	3:56.84
4	Dorsey	LA	3:55.10
5	St. Mary's Academy	SS	3:48.93
6	Piedmont Hills	CC	3:48.98
7	Bishop O'Dowd	NC	3:55.28
8	Tulare West	CE	3:58.63

BOYS 4x400M RELAY

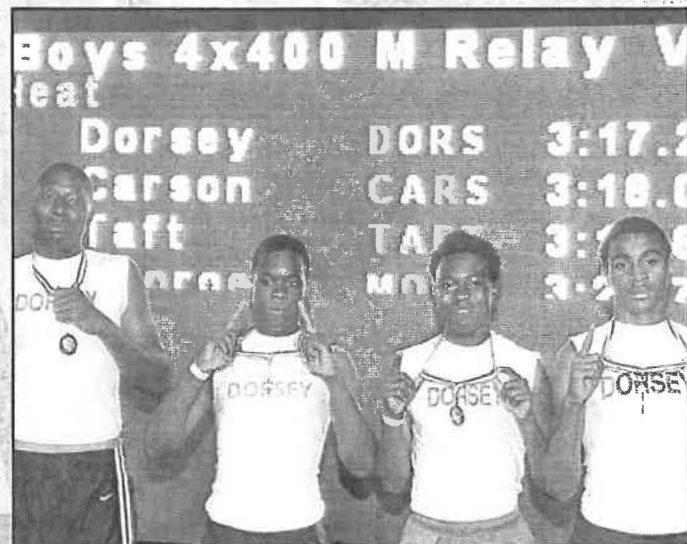
Friday: Heat 1: 9:47 / Heat 2: 9:53 / Heat 3: 9:59

9 Advance: Top 1 Each Heat plus Next 6 Best Times
National: 3:07.40 4/6/1985 Hawthorne, Hawthorne, CA
M Graham 48.1 / M March 47.7 / S Kelly 46.1 / H Thomas 44.5
State Meet: 3:08.42 6/4/2010 Serra, Gardena
Olloqui / Lauderdale / Spann / Woods

Lane	School	Sec	Seed Time
Heat 1 of 3 Prelims			
1	Pleasant Vly	NO	3:27.97
2	Palo Alto	CC	3:21.16
3	Del Oro	SJ	3:19.71
4	Carson	LA	3:18.01
5	Chaminade	SS	3:15.28
6	St. John Bosco	SS	3:17.75
7	Taft	LA	3:19.66
8	Buchanan	CE	3:21.11
9	Overfelt	CC	3:23.88
Heat 2 of 3 Prelims			
1	Lowell	SF	3:31.90
2	San Lorenzo VI	CC	3:21.41
3	El Capitan	SD	3:19.90
4	Amador Valley	NC	3:18.91
5	Vista Murrieta	SS	3:15.95
6	Dorsey	LA	3:17.21
7	El Camino	SD	3:19.44
8	Deer Valley	NC	3:21.10
9	Rocklin	SJ	3:22.86
Heat 3 of 3 Prelims			
2	Vacaville	SJ	3:21.52
3	Edison	CE	3:20.63
4	James Logan	NC	3:18.92
5	Rio Mesa	SS	3:16.37
6	Serra	SS	3:17.05
7	Poway	SD	3:19.04
8	San Leandro	NC	3:20.83
9	Clovis	CE	3:21.86



Serra Team



Dorsey Team



2012 State Track & Field Championships



GIRLS 3200M RUN

Saturday, 8:46

National: 9:48.59 5/24/1996 Kim Mortensen, Thousand Oaks, CA
State Meet: 9:52.13 5/31/2008 Jordan Hasay, Mission College Prep

Lane	School	Yr	School	Sec	Seed Time
Section 1 of 1 Timed Finals					
1	Sarah Baxter	10	Simi Valley	SS	10:08.71
2	Laura Hollander	12	Marina	SS	10:17.28
3	Anna Maxwell	10	San Lorenzo VI	CC	10:21.04
4	Xochitl Navarrete	12	Colony	SS	10:26.84
5	Adeline Zerrenner	10	Dos Pueblos	SS	10:28.01
6	Carrie Verdon	12	Campolindo	NC	10:30.76
7	Paige Tension	11	Newport Harbor	SS	10:31.15
8	Karis Frankian	12	Saugus	SS	10:31.44
9	C. Hoffman	12	San Luis Obispo	SS	10:31.73
10	Julia Maxwell	10	The Branson	NC	10:32.81
11	Rachel Bush	12	Redondo	SS	10:33.92
12	Adriana Olivas	12	Centennial-Cor	SS	10:34.73
13	Vanessa Estrada	11	San Benito Hol	CC	10:35.67
14	Emma Abrahamson	10	La Costa Cnyn	SD	10:36.70
15	Hagen Reedy	11	Buchanan	CE	10:37.16
16	Danica Wyson	12	Aliso Niguel	SS	10:39.99
17	Jenia Pianin	11	Amador Valley	NC	10:40.21
18	Madeleine Ankhelyi	11	Vista del Lago	SJ	10:40.54
19	Mariel Mendoza	12	North, JW	SS	10:41.07
20	Shanoah Souza	12	La Costa Cnyn	SD	10:42.13
21	Vanessa Fraser	11	Scotts Valley	CC	10:43.73
22	Ashlyn Dadkhah	12	Torrey Pines	SD	10:49.22
23	Mackenzie Mills	11	Vintage	SJ	10:50.27
24	Karlie Garcia	11	Arcmont	SJ	10:53.33
25	Leigh Moffett	10	Clovis North	CE	10:56.75
26	Diribe Abdo	9	Berkeley	NC	10:57.10
27	Yesenia Silva	11	Exeter	CE	11:16.79
28	Hannah Dorman	11	West Valley	NO	11:21.38
29	Marrisa Williams	9	Palisades	LA	11:22.08
30	Evelyn Gonzalez	12	San Pedro	LA	11:23.25
31	Lorena Garcia	11	San Pedro	LA	11:24.18



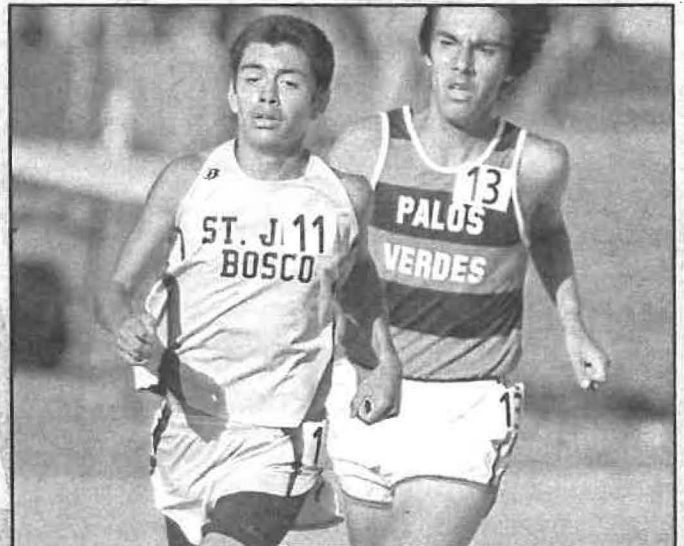
Sarah Baxter, Simi Valley

BOYS 3200M RUN

Saturday, 9:03

National: 8:34.23 5/31/2008 German Fernandez, Riverbank, CA
State Meet: 8:34.23 5/31/2008 German Fernandez, Riverbank

Lane	School	Yr	School	Sec	Seed Time
Section 1 of 1 Timed Finals					
1	Danny Martinez	12	St. John Bosco	SS	9:04.25
2	Omar Caro	11	Norte Vista		9:05.87
3	Jonah Diaz	12	Palos Verdes	SS	9:05.95
4	Daniel De La Torre	11	La Salle	SS	9:06.13
5	Darren Fahy	12	La Costa Cnyn	SD	9:06.30
6	Bryan Guijarro	12	Knight	SS	9:06.42
7	Sergio Gonzalez	12	Arcadia	SS	9:06.88
8	Eric Causey	12	La Costa Cnyn	SD	9:07.99
9	Kevin Durham	12	El Toro	SS	9:08.15
10	Kevin Bishop	12	Monta Vista	CC	9:09.57
11	Christian Freeman	11	Carlsbad	SD	9:11.52
12	Blake Haney	10	Stockdale	CE	9:12.18
13	Cameron Miller	12	Stockdale	CE	9:12.30
14	Yohaness Estifanos	11	Milpitas	CC	9:14.66
15	Luis Luna	12	Piner	NC	9:16.97
16	Josh Orosco	12	Buchanan	CE	9:17.15
17	William Reyes	12	Monterey Trail	SJ	9:19.77
18	John Lawson	11	Drake	NC	9:20.74
19	Thomas Joyce	12	Campolindo	NC	9:22.59
20	Trent Brendel	11	Granite Bay	SJ	9:23.98
21	Nick Hicks	12	San Lorenzo VI	CC	9:24.28
22	Tyler Mercado	12	Del Campo	SJ	9:25.30
23	Alex Conner	12	Sonoma Valley	NC	9:25.42
24	Tony Meredith	12	Foothill	NO	9:27.47
25	Grant Stromberg	12	Palisades	LA	9:28.03
26	Matthew Hammer	12	Palisades	LA	9:34.08
27	Drake Johnston	11	Palisades	LA	9:42.43



Danny Martinez, St. John Bosco



2012 State Track & Field Championships



GIRLS HIGH JUMP

Friday, 4:00

Top 9 Advance by Mark

National: 6-04 4/25/2009 Toni Young, Del City, OK
State Meet: 6-02 6/1/1985 Latrese Johnson, Clovis

Lane	Name	Yr	School	Sec	Seed Mark
Flight 1 of 1 Prelims					
2	Dashawn Franks	10	Palisades	LA	5-00.00
3	Julia Miranda	11	Foothill	NO	5-01.00
4	Ray'ven Sanders	9	Oakland Tech	OK	5-02.00
5	Taylor Getty	11	Lincoln, Stoc	SJ	5-03.00
6	Hadley Swanson	11	Campolindo	NC	5-03.00
7	Asia Chesley	10	Stockdale	CE	5-03.00
8	Katie Reeves	11	El Diamante	CE	5-03.00
9	Mariah Slack	11	Vista	SD	5-03.00
10	Nikki Miyashita	12	Aptos	CC	5-03.00
11	Zoey Millington	10	Heritage	NC	5-03.00
12	Tiffany Tate	12	Poway	SD	5-03.00
13	Rachel Reichenbach	10	Foothill	NC	5-04.00
14	Kendall Gustafson	11	Palisades	LA	5-04.00
15	Becky Collier	11	Woodcrest Chr.	SS	5-05.00
16	Lawre'll Dobbins	12	Foothill	SJ	5-05.00
17	Claire Kieffer-Wright	10	South Pasadena	SS	5-05.00
18	Angelyn Caldwell	12	Thousand Oaks	SS	5-05.00
19	Erinn Beattie	9	Buena	SS	5-05.00
20	Madeline Fagan	10	Los Gatos	CC	5-05.00
21	Morgan Bertsch	10	Santa Rosa	NC	5-05.00
22	Taylor Saline	10	Lutheran (Orange)	SS	5-05.00
23	Leah Carter	11	Rocklin	SJ	5-05.00
24	Kealin Davis	10	Wilson/LB	SS	5-05.00
25	Sarah Hill	12	Bakersfield Christian	CE	5-06.50
26	Michelle McDonald-O'Brien	12	St. Ignatius	CC	5-07.00
27	Alex Florent	9	Harvard Westlake	SS	5-07.00
28	Raegan Nizdil	11	Rio Mesa	SS	5-07.00
29	Danielle Bryan	12	El Camino	SD	5-08.00

GIRLS POLE VAULT

Friday, 6:00

Top 9 Advance by Mark

National: 14-01 6/2/2007 Tori Anthony, Castilleja, CA
State Meet: 14-01 6/2/2007 Tori Anthony, Castilleja

Lane	Name	Yr	School	Sec	Seed Mark
Flight 1 of 1 Prelims					
2	Janelle Jaegel	11	Mt. Shasta	NO	9-00.00
3	Kayla Vasquez	12	West Valley	NO	10-06.00
4	Jamie Greenberg	12	Palisades	LA	10-06.00
5	Beth Rossi	10	Clovis North	CE	10-11.00
6	Shelby Crider	11	Placer	SJ	11-02.00
7	Melissa Maneatis	9	Del Oro	SJ	11-05.00
8	Sara Greene	12	Mater Dei	SS	11-08.00
9	Karen Snapper	12	Edison-HB	SS	11-08.00
10	Gardenia Centanaro	11	Roosevelt, E/S	SS	11-08.00
11	Sydney Blakeley	12	Ponderosa	SJ	11-08.00
12	Mechelle Negrete	12	Steele Canyon	SD	11-08.00
13	Kaitlin McCallum	12	LJ Country Day	SD	11-08.00
14	Nicole Falkenstein	12	Buchanan	CE	11-08.00
15	Greta Wagner	10	Los Gatos	CC	11-08.00
16	Mimi Lian	11	Rancho Bernrdo	SD	11-08.00
17	Casey Campos	10	Clovis East	CE	11-08.00
18	Siobhan Anderson	12	Maria Carrillo	NC	11-11.00
19	Ariel Cheng	11	Mission San Jose	NC	11-11.00
20	Taylor Jaques	10	Presentation	CC	12-00.00
21	Megan Benham	12	St. Francis	CC	12-00.00
22	Rachel Bolton	12	Homestead	CC	12-04.00
23	Cimran Viridi	12	Las Lomas	NC	12-05.00
24	Megan Gemar	12	Las Lomas	NC	12-05.00
25	Kaitlyn Merritt	9	Santa Margarita	SS	12-08.00
26	McKenzie Johnson	12	Clairmont	SD	12-08.00
27	Victoria Rische	12	Foothill	SS	12-11.00



Sarah Hill, Bakersfield Christian



Sydney Blakeley, Ponderosa



2012 State Track & Field Championships



GIRLS LONG JUMP

Friday, 3:00

Top 9 Advance by Mark

National: 22-01.75 5/24/1976 Kathy McMillan, Raeford, NC
 State Meet: 22-00.50 6/19/1993 Marion Jones, Thousand Oaks

Pos	Name	Yr	School	Sec	Seed Mark
Flight 1 of 1 Prelims					
2	Kanukai Chigamba	10	Oakland Tech	OK	16-00.00
3	Naomi Orisarayi	9	El Camino Real	LA	17-05.50
4	Devon McDonald	12	Miramonte	NC	17-09.00
5	Melanie Speech	12	Lowell	SF	17-10.50
6	Kendall Gustafson	11	Palisades	LA	18-00.00
7	Brooke Whitburn	11	Pleasant Vly	NO	18-00.00
8	Jannell Hadnot	11	Tokay	SJ	18-02.00
9	Kierra Miller	12	Carson	LA	18-02.00
10	Kendal Nielsen	12	Bear River	SJ	18-02.50
11	Ashlie Curenton	12	Silverado	SS	18-02.75
12	Hadley Swanson	11	Campolindo	NC	18-03.00
13	Ronny Wright	12	Coalinga	CE	18-03.00
14	Ashley Black	12	Clovis East	CE	18-03.00
15	Cydney Leath	12	Mt. Pleasant	CC	18-03.00
16	Traci Hicks	12	Poly (Lb)	SS	18-03.25
17	Phoenisha Schuhmeier	12	Monterey Trail	SJ	18-03.50
18	Tiffini Stone	12	Canyon-CC	SS	18-04.25
19	Micha Auzenne	11	St. Francis	CC	18-05.50
20	Kristin Sato	12	Valley Christian SJ	CC	18-05.50
21	Tamika Brazzel	12	El Camino	SD	18-06.00
22	Jamara Scott	12	Golden Valley	CE	18-06.00
23	Jasmine Guinn	12	Berkeley	NC	18-08.00
24	Mishe Scott	12	El Camino	SD	18-08.50
25	Mikaela Smith	9	Clovis North	CE	18-08.50
26	Mackenzie Arnold	9	River Valley	SJ	18-08.50
27	Shea Taylor	12	Grace Davis	SJ	18-09.50
28	Alexis Faulkner	12	Serra	SS	18-11.50
29	Margaux Jones	9	Redlands	SS	19-04.50
30	Jasmine Gibbs	12	El Camino	SD	19-06.25

GIRLS TRIPLE JUMP

Friday, 6:00

Top 9 Advance by Mark

National: 44-02.25 5/11/2001 Ychindria Spears, Lubing, TX
 State Meet: 44-00.50 5/31/1991 Juliana Yendork, Walnut

Pos	Name	Yr	School	Sec	Seed Mark
Flight 1 of 1 Prelims					
1	Syrea Hicks	12	Bakersfield	CE	36-01.00
2	Michelle Cai	12	Lincoln	SF	34-07.50
3	Kaneshia Lee	12	Taft	LA	36-03.50
4	Brooke Whitburn	11	Pleasant Vly	NO	36-09.00
5	Kierra Miller	12	Carson	LA	36-10.00
6	Jasmine Rodriguez	11	Holy Names	NC	36-11.75
7	Ashley Anderson	10	Narbonne	LA	37-00.00
8	Marisa Kwiatkowski	10	Wilcox	CC	37-00.00
9	Kortni Smyers-Jones	11	San Leandro	NC	37-01.00
10	Taylor Craft	11	Newark Mem	NC	37-01.50
11	Vanora Guerard	12	La Jolla	SD	37-07.50
12	Catherine Li	12	Los Altos	CC	37-09.50
13	Jamara Scott	12	Golden Valley	CE	37-10.50
14	Rebecka Miranda	11	Cabrillo(Lom)	SS	38-00.25
15	Monique Van	11	Steele Canyon	SD	38-01.50
16	Dominique Wheatley	10	Bonita	SS	38-04.00
17	Brenna Barker	11	Dana Hills	SS	38-05.50
18	Rachel Tolliver	11	St. Mary's Acad.	SS	38-06.25
19	Cydney Leath	12	Mt. Pleasant	CC	38-11.50
20	Nia Vance	9	Vacaville	SJ	39-00.00
21	Kiare Tanner	11	Stockdale	CE	39-01.50
22	Jazzelena Black	12	Pacifica (O)	SS	39-03.00
23	Kendal Nielsen	12	Bear River	SJ	39-04.50
24	Jannell Hadnot	11	Tokay	SJ	39-08.25
25	Tamika Brazzel	12	El Camino	SD	40-02.50
26	Sasha Wallace	11	Holy Names	NC	42-03.25



Jasmine Gibbs, El Camino



Ashley Anderson, Narbonne



2012 State Track & Field Championships



GIRLS SHOT PUT

Friday, 5:30

Top 9 Advance by Mark

National: 54-10.75 5/9/2003 Michelle Carter, Red Oak, TX
State Meet: 53-08 6/6/2009 Kristin Heaston, Ygnacio Valley

Pos	Name	Yr	School	Sec	Seed	Mark
Flight 2	Janaa Evans	11	Skyline	OK		35-09.00
3	Elenoa Taulaki	10	Polytechnic	LA		36-02.50
4	Talei Tongafoa	12	Washington	LA		36-03.25
5	Mariela Chavez	11	Reseda	LA		36-08.00
6	Milika Funaki	12	Hayward	C		36-08.00
7	Jazzmine Ecker	11	Hayward	NC		37-02.00
8	Megan Rector	12	Red Bluff	NO		38-11.75
9	Tyhana Cooper	11	Sacred Hrt Chr	CC		39-06.25
10	Morgan Jones	9	James Logan	NC		39-08.00
11	Rachel Alesi	12	Christian	SD		39-11.75
12	Sarina Sandoval	12	Gilroy	CC		40-00.50
13	Sabrina Mendoza	11	Mills	CC		40-00.75
14	Morgan Laney	12	Del Norte	NC		40-02.00
15	Breana Jemison	12	Carlsbad	SD		40-10.25
16	Lovina Akauola	12	Vallejo	SJ		40-11.25
17	Jackie Ramos	12	Golden Valley	CE		41-03.75
18	Madison Jacobs	11	Arroyo Grande	SS		41-06.75
19	Cathy Cai	12	Lincoln	SF		41-08.25
20	Allison Ryan	12	Ponderosa	SJ		41-10.75
21	Lara Lewis	12	Clovis West	CE		41-11.00
22	Urina Harrell	12	Serra	SS		41-11.75
23	Mandy Coleman	10	McNair	SJ		42-05.75
24	Destiny Parker	10	Summit	SS		42-06.00
25	Jakayla Daniels	12	El Camino	SD		43-02.00
26	Nwanneka (Nikki) Okwelogu	11	Clovis West	CE		44-07.00
27	Nia Britt	9	Alemany	SS		44-11.00
28	Stamaita Scarvelis	10	Dos Pueblos	SS		46-04.75
29	Tanya Sapa	11	La Sierra	SS		46-09.50

GIRLS DISCUS THROW

Friday, 3:00

Top 9 Advance by Mark

National: 190-03 5/9/2009 Anna Jelmini, Shafter, CA
State Meet: 186-09 6/6/2009 Anna Jelmini, Shafter

Pos	Name	Yr	School	Sec	Seed	Mark
Flight 2	Megan Rector	12	Red Bluff	NO		111-09
3	Monica Acton	12	Amador Valley	NC		114-07
4	Tara Park	11	Amador Valley	NC		117-01
5	Jaylyn Allston	11	Lincoln	SF		122-00
6	Kayla O'Brine	10	St. Francis	SJ		125-04
7	Anya Tonga	11	Sequoia	CC		126-00
8	Lovina Akauola	12	Vallejo	SJ		126-10
9	Brianna Cueva	11	Watsonville	CC		128-05
10	Monique Newton	10	Cordova	SJ		131-01
11	Brielle Rowe	12	Mountain View	CC		131-04
12	Kathleen Durand	11	Maria Carrillo	NC		132-01
13	Destiny Talalemotu	11	Millikan	SS		135-10
14	Breanna Standifer	11	Elsinore	SS		136-10
15	Kendall Mader	9	Newbury Park	SS		137-10
16	Nwanneka (Nikki) Okwelogu	11	Clovis West	CE		138-04
17	Kara Caskey	12	Mater Dei	SS		138-08
18	Amarie Bremel	11	Kingsburg	CE		139-00
19	Praise Adesida	12	Alhambra	NC		141-00
20	Jakayla Daniels	12	El Camino	SD		145-09
21	Breana Jemison	12	Carlsbad	SD		148-11
22	Rachel Alesi	12	Christian	SD		149-02
23	Madison Jacobs	11	Arroyo Grande	SS		150-01
24	Lissette Mendivil	12	Redwood	CE		155-05



Stamaita Scarvelis, Dos Pueblos



Lissette Mendivil, Redwood





2012 State Track & Field Championships



BOYS HIGH JUMP

Friday, 6:30

Top 9 Advance by Mark

National: 7-05.75 4/22/2009 James White, Grandville, MD
State Meet: 7-03.25 6/2/1979 Lee Balkin, Glendale

Pos	Name	Yr	School	Sec	Seed	Mark
Flight 1 of 1 Prelims						
3	Ruthvik Sunil-Kumar	10	American	NC		6-02.00
4	Brian Graber	9	Granite Bay	SJ		6-03.00
5	Stanley Chen	11	Galileo	SF		6-03.00
6	Marcus Stamps	11	Jefferson	LA		6-04.00
7	Ross Stribbling	12	Dorsey	LA		6-04.00
8	Matt Tyler	11	Granada	NC		6-04.00
9	Brandon Greene	12	Bonita Vista	SD		6-05.00
10	Jacob Anthony	12	Sanger	CE		6-05.00
11	Adam Aguirre	12	Cantwell-SHM	SS		6-05.00
12	Kaden Culp	10	Yreka	NO		6-05.00
13	Johnny Moore	12	Independence	CE		6-05.00
14	Vincent Calhoun	10	Poly (Lb)	SS		6-05.00
15	Sage Stone	11	Mission Viejo	SS		6-05.00
16	Spencer Blanks	12	Clovis East	CE		6-05.00
17	LJ Moore	11	Central	CE		6-05.00
18	Sam Hartinger	12	San Pasqual	SD		6-05.00
19	Montez Washington	12	El Camino	SD		6-05.00
20	Gyle Becker	12	Bullard	CE		6-05.00
21	Daniel Yeager	11	Los Altos	CC		6-05.00
22	Clifford Obodo	12	Heritage	NC		6-06.00
23	Malik Johnson	12	El Camino Real	LA		6-06.00
24	Spencer Curtis	12	Sweetwater	SD		6-07.00
25	Miles Poullard	12	Colony	SS		6-07.00
26	Taylor Smith	11	Buchanan	CE		6-07.00
27	Dion Shattuck	10	Santa Cruz	CC		6-07.00
28	Stephen Dorsey	12	Monterey	CC		6-07.00
29	Londeen McCovery	12	Cosumnes Oaks	SJ		6-07.00
30	Jakell Randle	12	Mira Monte	CE		6-07.00
31	Darius Armstead	11	Mt. Whitney	CE		6-07.00
32	Evan Eggenberg	12	Stockdale	CE		6-08.00
33	Noel Frazier	12	California	NC		6-09.00
34	Manuel Hernandez	12	Oakdale	SJ		6-09.00
35	Crampton Cody	12	Canyon-Ana	SS		6-10.25

BOYS POLE VAULT

Friday, 6:00

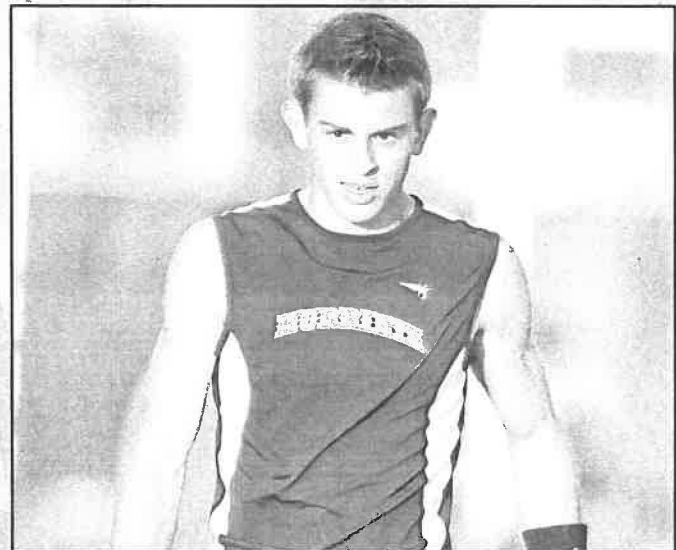
Top 9 Advance by Mark

National: 18-02.25 5/14/1999 Eric Eshbach, Orangefield, TX
State Meet: 17-03 5/31/2008 Nico Weiler, Los Gatos

Pos	Name	Yr	School	Sec	Seed	Mark
Flight 1 of 1 Prelims						
2	Andres Del Valle	12	Campolindo	NC		13-06.00
3	Andy Nadig	12	Etna	NO		13-09.00
4	Kevin Tuckness	12	San Ramon Vly	NC		14-00.00
5	Martin Lopez	12	Grant	LA		14-00.00
6	Austin Decker	12	North Monterey	CC		14-06.00
7	Adam Thomas	11	Benicia	SJ		14-06.00
8	Jacob Ruiz	12	Clovis East	CE		14-09.00
9	Noah Julyk	12	Las Lomas	NC		15-00.00
10	Colin Barber	12	San Ramon Vly	NC		15-00.00
11	Philippe Ueng	12	Temple City	SS		15-03.00
12	Reed White	12	Vacaville	SJ		15-03.00
13	Oliver Delgado	12	Rancho Bernrdo	SD		15-03.00
14	Conner Rouse	12	Vista	SD		15-03.00
15	Steven Pust	12	Golden Valley	SJ		15-03.00
16	Ben Gaylord	11	Harvard Westlake	SS		15-03.00
17	Brad Beekman	11	Clovis East	CE		15-03.00
18	Patrick Hughes	12	Los Gatos	CC		15-06.00
19	Peter Chapman	12	Murrieta Valley	SS		15-09.00
20	Ryan Zacchilli	12	Rancho Bernrdo	SD		15-09.00
21	Marc Toney	11	St. Francis	CC		15-09.00
22	Kyser Anderson	12	Clovis West	CE		15-09.00
23	Connor Stark	12	Oak Park	SS		15-09.00
24	Luigi Colella	10	Westlake	SS		15-09.00



Evan Eggenberg, Stockdale



Peter Chapman, Murrieta



2012 State Track & Field Championships



BOYS LONG JUMP

Friday, 6:00

Top 9 Advance by Mark

National: 26-04.75 6/3/1989 James Stallworth, Tulare, CA
State Meet: 26-04.75 6/3/1989 James Stallworth, Tulare

Pos	Name	Yr	School	Sec	Seed	Mark
Flight 1 of 1 Prelims						
2	Jireal Hipol	12	Mt. Pleasant	CC	21	02-50
3	Matthew Wong	11	Archbishop Mitty	CC	21	03-00
4	Tyree Marzetta	10	Lincoln	SF	21	03-00
5	Thomas Cheval	11	Birmingham	LA	21	05-00
6	Marcus Washington	11	Palma	CC	21	07.25
7	Tyler Halverson	12	Foothill	NO	22	01.50
8	Marcus Eggleston	12	Dorsey	LA	22	03.00
9	Joshua Taylor	11	Franklin	LA	22	03.00
10	Isaiah Brown	12	Fairfield	SJ	22	04.00
11	Klyvens Delunay	12	Claremont	SS	22	06.50
12	Blake Glasgow	12	Poly (Lb)	SS	22	06.75
13	Marcus Rose	11	Clovis North	CE	22	06.75
14	Adam Ruggiero	12	Desert Ch-Lan	SS	22	07.00
15	Alexander Simpson	11	University Cty	SD	22	07.50
16	Willie Alexander	12	Central	NC	22	08.50
17	Connor Barla	12	Golden Sierra	SJ	22	08.75
18	Adeeb Nasir	12	Hayward	NC	22	08.75
19	Miles Poullard	12	Colony	SS	22	09.00
20	Brycen Poarch	11	Casa Grande	NC	22	09.50
21	Jordan Monteiro-Williams	12	McClatchy	SJ	22	10.25
22	Chris Bernal	12	Fallbrook	SD	23	00.00
23	Devin Wieker	12	Foothill	NC	23	00.25
24	Karsten Wethington	10	James Logan	NC	23	01.00
25	Damariay Drew	12	Livermore	NC	23	01.25
26	Isiah Jackson	12	El Camino	SD	23	02.25
27	Justin Schneider	12	El Toro	SS	23	02.50
28	Saladin Nasser	11	Sweetwater	SD	23	05.50
29	Adoree Jackson	10	Serra	SS	23	06.00
30	Joey Souza	9	Kingsburg	CE	23	06.25
31	Walter Jones	11	Redlands	SS	23	06.25
32	Shawn Simms	12	Deer Valley	NC	23	06.50
33	Hakeem Fairweather	12	Warren	SS	23	08.00
34	Chevy King	12	Castle Park	SD	24	06.00
35	Nathaniel Moore	10	Bishop O'Dowd	NC	24	07.75

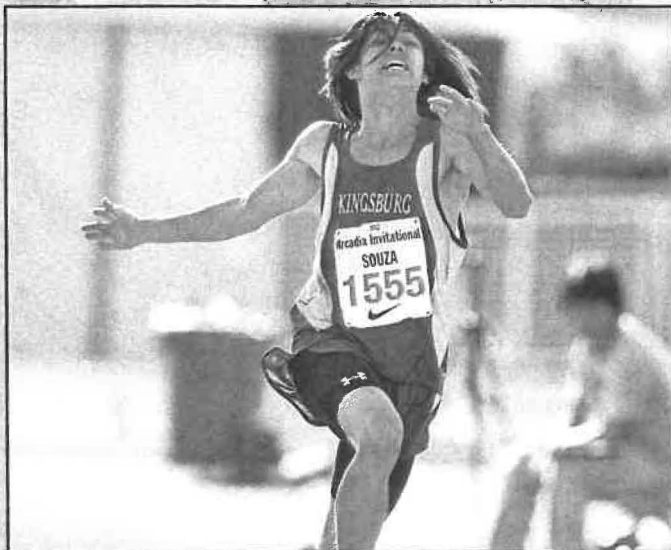
BOYS TRIPLE JUMP

Friday, 3:00

Top 9 Advance by Mark

National: 52-10.50 5/6/1980 Charles Mayfield, Muir, Pasadena, CA
State Meet: 52-05.75 6/6/1986 Marcus Hooks, Lakewood

Pos	Name	Year	School	Sec	Seed	Mark
Flight 1 of 1 Prelims						
2	Alex Dodon	11	Intr Studies A	SF	42	11.00
3	Marcus Simmons	10	West Valley	NO	43	05.25
4	Marcus Eggleston	12	Dorsey	LA	44	06.00
5	Dion Shattuck	10	Santa Cruz	CC	44	08.50
6	De'Andre Miller	12	Los Angeles	LA	45	00.50
7	Jerrold Moton	12	Carson	LA	45	05.50
8	Matthew Wong	11	Archbishop Mitty	CC	45	06.50
9	Jack Champion	12	Washington	NC	45	07.50
10	Josh Jenkins	12	DeLaSalle	NC	45	09.75
11	Chase Dariso	12	Oceanside	SD	45	10.25
12	Jaelen Spencer	11	Sultana	SS	46	06.25
13	Douglas Vernon-Scott	12	Folsom	SJ	46	06.50
14	Craig Mauldin	12	Murrieta Mesa	SS	46	07.00
15	Ricky Strehlow	12	Wilcox	CC	46	07.50
16	Jonathan Perez	12	Galt	SJ	46	08.50
17	Sam Hartinger	12	San Pasqual	SD	46	09.50
18	Ricky Carrigan	12	Cabrillo(LB)	SS	46	10.25
19	Karsten Wethington	10	James Logan	NC	47	00.50
20	Walter Jones	11	Redlands	SS	47	01.75
21	Anthony Applequist	11	Burrough(Rid)	SS	47	02.25
22	Darius Armstead	11	Mt. Whitney	CE	47	04.25
23	Basil Okoroike	12	Rio Americano	SJ	47	04.50
24	Donte McDaniel	11	Selma	CE	47	04.50
25	Matt Bowen	10	Buchanan	CE	47	05.25
26	Chris Bernal	12	Fallbrook	SD	47	05.50
27	David Booker	11	Tulare West	CE	47	05.75
28	Jeffery Prothro	11	James Logan	NC	47	10.75
29	Deon Pinder	12	Merrill West	SJ	47	11.25
30	Tim White	12	Hart	SS	48	01.50
31	Scotty Newton	10	Bakersfield	CE	49	00.00
32	Willie Alexander	12	Central	NC	49	02.75
33	Klyvens Delunay	12	Claremont	SS	49	06.75



Joey Souza, Kingsburg



Jaelen Spencer, Sultana



2012 State Track & Field Championships



BOYS SHOT PUT

Friday, 8:00

Top 9 Advance by Mark

National: 77-00 5/5/1979 Michael Carter, Jefferson, Dallas, TX
 State Meet: 74-04.75 6/2/1990 Brent Noon, Fallbrook

Pos	Name	Yr	School	Sec	Seed	Mark
Flight 1	of 1 Prelims					
2	Jerry Johnson	10	Lincoln	SF		47-09.00
3	Nolan Nagle	11	Cardinal Nwman	NC		49-03.00
4	John Taufehema	12	Birmingham	LA		49-10.50
5	Jeremiah Allison	12	Dorsey	LA		49-11.25
6	Billy Hamilton	12	El Capitan	SD		50-02.00
7	Christopher Street Jr.	12	Hamilton	LA		51-04.25
8	Gavin Quigley	11	St. Augustine	SD		51-06.75
9	Zach Rosales	12	Selma	CE		52-04.00
10	Kevin Palma	11	Mission Oak			52-10.50
11	Kenny Coleman	12	Woodland	SJ		53-02.00
12	Bobby Keenan	12	Rio Americano	SJ		53-04.00
13	Austin Hooper	11	DeLaSalle	NC		53-04.50
14	Javier Contreras	12	Madera	CE		53-09.75
15	Austin White	11	Jesuit	SJ		55-06.00
16	Michael Coe	12	Carlsbad	SD		55-07.50
17	T.J. Brassil	12	DeLaSalle	NC		55-09.00
18	Luke Longinotti	12	Junipero Serra	CC		55-10.25
19	Corey Whitaker		Vista Murrieta	SS		56-05.00
20	Jonathan Beering	11	Junipero Serra	CC		56-09.50
21	Stephen Leach	12	Carmel	CC		57-09.00
22	Marty Taylor	11	Newport Harbor	SS		57-09.00
23	Matthew Esparza	11	Amador Valley	NC		58-00.00
24	Ryan Hunter-Simms	12	San Geronio	SS		58-04.50
25	Connor Einck	12	Servite	SS		58-06.50
26	Amir Patterson	10	Crespi	SS		59-00.00
27	Jayson Kovar	12	Burrough(Rid)	SS		59-04.75
28	Nick Bultman	12	West Ranch	SS		59-10.50
29	Nick Ponzio	11	Great Oak	SS		60-02.00
30	Ryan Donnahoe	12	Gridley	NO		60-08.75
31	Ethan Cochran	12	Newport Harbor	SS		61-07.25
32	Garrett Weinreich	12	Arroyo Grande	SS		61-08.00

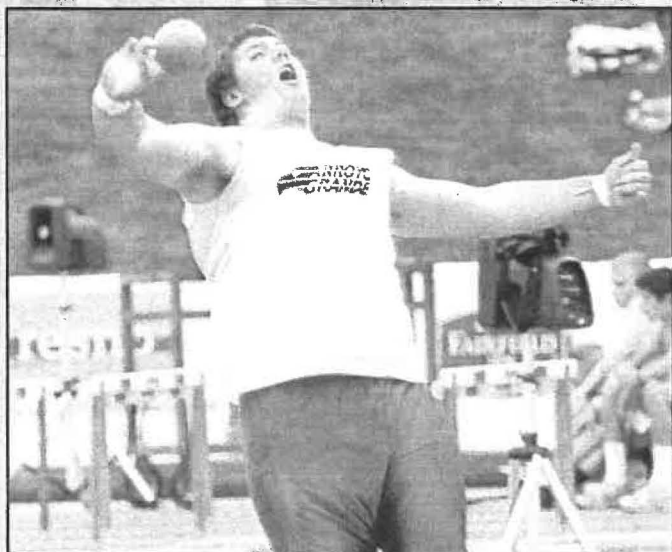
BOYS DISCUS THROW

Friday, 5:30

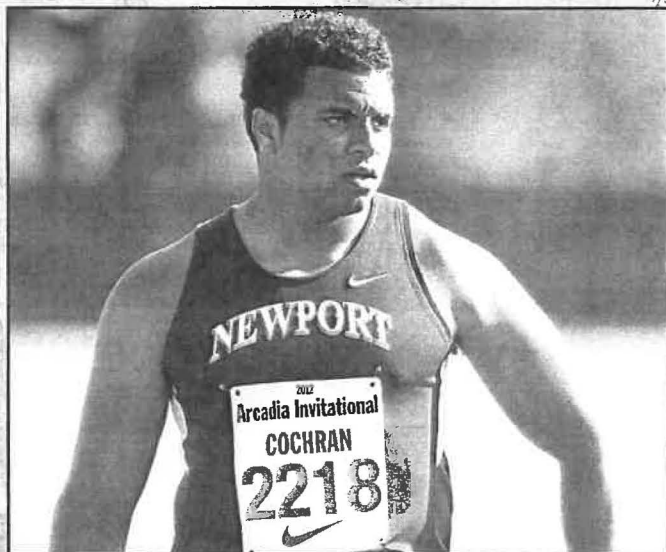
Top 9 Advance by Mark

National: 236-06 4/26/2009 Mason Finley, Buena Vista, CO
 State Meet: 213-07 6/2/2006 Bo Taylor, Newport Harbor

Pos	Name	Yr	School	Sec	Seed	Mark
Flight 1	of 1 Prelims					
2	Ken Hampel	12	Mountain View	CC		152-09
3	Joseph Ilaoa	10	Homestead	CC		153-05
4	Ryan Kennedy	12	Yreka	NO		154-08
5	Alex Rich	12	Washington	NC		158-10
6	Dotun Ogundeji	10	Madison	SD		159-08
7	Eddie Medrano	12	Mater Dei	SD		159-10
8	Collin Luu	12	Lincoln	SF		162-01
9	Nick DeSoto	12	Rancho Cotate	NC		162-07
10	Kyle Thacker	12	Heritage	NC		163-02
11	Kevin Sundberg	11	Fowler	CE		164-10
12	Curtis Bleasdale	12	Vacaville	SJ		167-06
13	Aldo Guzman	12	Livingston	SJ		168-01
14	Drew Domres	12	Mt. Whitney	CE		168-04
15	Cody Bickham	12	St. Francis	CC		168-07
16	Matthew Esparza	11	Amador Valley	NC		170-05
17	Ryan Hunter-Simms	12	San Geronio	SS		171-11
18	Matthew Bender	12	Shafter	CE		173-04
19	Brandon Berguia	12	Arroyo Grande	SS		174-04
20	Brian Hamilton	12	Stagg	SJ		174-06
21	Sapule Ta'amilo	12	Vista Murrieta	SS		174-08
22	Steve Michaelsen	12	Newport Harbor	SS		177-09
23	Garrett Weinreich	12	Arroyo Grande	SS		179-11
24	Brenden Song	11	West Hills	SD		180-10
25	Quaid Vuncannon	12	San Clemente	SS		184-05
26	Jayson Kovar	12	Burrough(Rid)	SS		190-09
27	Ethan Cochran	12	Newport Harbor	SS		197-10



Garrett Weinreich, Arroyo Grande



Ethan Cochran, Newport Harbor

All-Time CIF Boys Track & Field Top Times/Marks

BOYS 100 METERS

10.25 Henry Thomas (Hawthorne) 1985
10.30 Riley Washington (Southwest, San Diego) 1992
10.30 Randall Carroll (Cathedral, Los Angeles) 2009
10.31 Jahvid Best (Salesian, Richmond) 2007
10.32 Bryan Howard (Canyon Springs, Moreno Valley) 1994
10.32 Rodney Glass (Notre Dame, Sherman Oaks) 2006
10.32 Remontay McClain (Covina) 2011

State Championship Record

10.30 Riley Washington (Southwest, S.D.) 1992

BOYS 200 METERS

20.43 Bryshon Nellyum (Poly, Long Beach) 2007
20.53 Brian Bridgewater (Washington, Los Angeles) 1988
20.62 Sultan McCullough (Muir, Pasadena) 1997
20.65 Jahvid Best (Salesian, Richmond) 2007
20.67 Quincy Watts (Taft, Woodland Hills) 1987

State Championship Record

20.43 Bryshon Nellyum (Poly, Long Beach) 2007

BOYS 400 METERS

45.25 Calvin Harrison (North Salinas) 1993
45.54 Bryshon Nellyum (Poly, Long Beach) 2007
45.81 Obea Moore (Muir, Pasadena) 1996
45.84 David Gettis (Dorsey, Los Angeles) 2005
45.70h Chip Rish (Marina, Huntington Beach) 1985

State Championship Record

45.25 Calvin Harrison (North Salinas, Salinas) 1993

BOYS 800 METERS

1:46.45 Michael Granville (Bell Gardens) 1996
1:47.31 Pete Richardson (Berkeley) 1981
1:48.20 Sean Krinik (Valencia, Placentia) 2010
1:48.8yh Richard Joyce (Sierra, Whittier) 1965
1:48.40 Aaron Richberg (James Logan, Union City) 1995

State Championship Record

1:46.45 Michael Granville (Bell Gardens) 1996

BOYS 1600 METERS

4:00.29 German Fernandez (Riverbank) 2008
4:00.83 Jantzen Oshier (Trabuco Hills, Mission Viejo) 2011
4:02.4yh Rich Kimball (De La Salle, Concord) 1974
4:02.62 Ryan Hall (Big Bear) 2001
4:05.4yh Mark Schilling (Garden Grove) 1972
4:04.00 Mike Stember (Jesuit, Carmichael) 1995

State Championship Record

4:00.29 German Fernandez (Riverbank) 2008

BOYS 3200 METERS

8:34.23 German Fernandez (Riverbank) 2008
8:44.6yh Eric Hulst (Laguna Beach) 1976
8:45.2yh Thom Hunt (Patrick Henry, San Diego) 1976
8:45.9yh Ralph Serna (Loara, Anaheim) 1975
8:46.5yh Rich Kimball (De La Salle, Concord) 1974

State Championship Record

8:34.23 German Fernandez (Riverbank) 2008

BOYS 110-METER HIGH HURDLES

13.39 Kevin Craddock (James Logan, Union City) 2004
13.41 Steve Kerho (Mission Viejo) 1982
13.43 Jonathan Cabral (Agoura) 2011
13.48 Dominique DeGrammont (Tustin) 1997
13.54 Marcel Allmond (St. Paul, Santa Fe Springs) 1999

State Championship Record

13.39 Kevin Craddock (J. Logan, Union City) 2004

BOYS 300-METER

INTERMEDIATE HURDLES

35.02 Reggie Wyatt (La Sierra, Riverside) 2009
35.28 Jeshua Anderson (Taft, Woodland Hills) 2007
35.32 George Porter (Cabrillo, Lompoc) 1985
35.45 David Klech (California, San Ramon) 2006
35.93 Kevin Craddock (James Logan, Union City) 2004

State Championship Record

35.02 Reggie Wyatt (La Sierra, Riverside) 2009

BOYS 400-METER RELAY

40.14 Poly, Long Beach 1999
40.24 Hawthorne 1989
40.28 Muir, Pasadena 1997
40.39 Poly, Long Beach 1998
40.53 Serra, Gardena 1996

State Championship Record

40.24 Hawthorne 1989

BOYS 1600-METER RELAY

3:07.40 Hawthorne 1985
3:08.42 Serra, Gardena 2010
3:08.66 Muir, Pasadena 1996,
3:08.72 Muir, Pasadena 1997
3:08.94 Berkeley 1981

State Championship Record

3:08.42 Serra, Gardena 2010

BOYS HIGH JUMP

7-04.50 Maurice Crumby (Balboa, San Francisco) 1983
7-04.25 Teak Wilburn (Chico) 2002
7-04.00 Jeremy Fischer (Camarillo) 1994
7-03.25 Lee Balkin (Glendale) 1979

7-03.00 Tim Polti (Alemany, Mission Hills) 1979
7-03.00 Jeff Rogers (Overfelt, San Jose) 1985
7-03.00 Nick Ross (Vista Murrieta, Murrieta) 2009

State Championship Record

7-03.25 Lee Balkin (Glendale) 1979

BOYS POLE VAULT

17-06.25 Nico Weliler (Los Gatos) 2007
17-06.00 Michael Woepse (Mater Dei, Santa Ana) 2010
17-05.50 Brent Burns (Acalanes, Lafayette) 1987
17-05.00 Scott Roth (Granite Bay) 2006
17-04.25 Anthony Curran (Crespi, Encino) 1978

State Championship Record

17-03 Nico Weiler (Los Gatos) 2008

BOYS LONG JUMP

26-04.75 James Stallworth (Tulare) 1989
25-10.75 Heulon Hewitt (Merced) 1968
25-09.50 Gerald Hardeman (Edison, Fresno) 1972
25-07.00 Jerry Proctor (Muir, Pasadena) 1967
25-07.00 James McAlister (Blair, Pasadena) 1970

State Championship Record

26-04.75 James Stallworth (Tulare) 1989

BOYS TRIPLE JUMP

52-10.50 Charles Mayfield (Muir, Pasadena) 1980
52-06.25 Dave Tucker (San Joaquin Memorial, Fresno) 1970
52-05.75 Marcus Hooks (Lakewood) 1986
52-04.75 Ken Frazier (Mission, San Francisco) 1981
52-03.50 Randy Williams (Edison, Fresno) 1971

State Championship Record

52-05.75 Marcus Hooks (Lakewood) 1986

BOYS SHOT PUT

76-02.00 Brent Noon (Fallbrook) 1990
69-06.50 Brian Blutreich (Capistrano Valley) 1985
69-03.50 Van Mounts (Bakersfield) 1998
68-05.00 Dave Kurash (Newport Harbor, Newport Beach) 1975
68-00.00 Steve Montgomery (Lassen, Susanville) 1976

State Championship Record

74-04.75 Brent Noon (Fallbrook) 1990

BOYS DISCUS THROW

213-07 Bo Taylor (Newport Harbor, Newport Beach) 2006
212-01 Darius Savage (Morse, San Diego) 2006
210-08 Brian Blutreich (Capistrano Valley) 1985
210-01 Jeff Buckley (Bakersfield) 1991
209-09 Sean Shields (Arroyo Grande) 2001

State Championship Record

213-07 Bo Taylor (Newport Harbor, Newport Beach) 2006

y= yards

h= hand timed

All-Time CIF Girls Track & Field Top Times/Marks

GIRLS 100 METERS

11.14 Marion Jones (Thousand Oaks) 1992
11.15 Angela Williams (Chino) 1997
11.17 Ashton Purvis (St. Elizabeth, Oakland) 2010
11.27 Jeneba Tarmoh (Mt. Pleasant, San Jose) 2007
11.29 Allyson Felix (L.A. Baptist, North Hills) 2003

State Championship Record

11.14 Marion Jones (Thousand Oaks) 1992

GIRLS 200 METERS

22.52 Allyson Felix (LA Baptist, North Hills) 2003
22.67 Marion Jones (Thousand Oaks) 1992
22.86 Jasmine Baldwin (Bishop Amat, La Puente) 2004
22.88 Tania Woods (Skyline, Oakland) 1999
22.90 Kinshasa Davis (Wilson, Long Beach) 1997
22.90 Ashton Purvis (St. Elizabeth, Oakland) 2010

State Championship Record

22.52 Allyson Felix (Los Angeles Baptist, North Hills) 2003

GIRLS 400 METERS

50.74 Monique Henderson (Morse, San Diego) 2000
52.18 Angel Perkins (Gahr, Cerritos) 2001
52.26 Allyson Felix (LA Baptist, North Hills) 2003
52.35 Sade Williams (Rancho Cucamonga) 2005
52.39 Denean Howard (Kennedy, Granada Hills) 1982

State Championship Record

50.74 Monique Henderson (Morse, San Diego) 2000

GIRLS 800 METERS

2:02.04 Amy Weissenbach (Harvard-Westlake, N. Hollywood) 2011
2:04.91 Trena Hull (Compton) 1984
2:05.87 Kerri Zaleski (Millikan, Long Beach) 1985
2:06.01 Donna Curtis (Culver City) 1981
2:06.09 Dominique Jackson (Fairfield) 2007

State Championship Record

2:02.04 Amy Weissenbach (Harvard-Westlake) 2011

GIRLS 1600 METERS

4:33.82 Christine Babcock (Woodbridge, Irvine) 2008
4:38.15 Alex Kosinski (Oak Ridge, El Dorado Hills) 2007
4:39.13 Jordan Hasay (Mission Prep, San Luis Obispo) 2007
4:39.92 Polly Plumer (University, Irvine) 1982
4:40.88 Cami Chapus (Harvard-Westlake, N. Hollywood) 2011

State Championship Record

4:33.82 Christine Babcock (Woodbridge, Irvine) 2008

GIRLS 3200 METERS

9:48.59 Kim Mortensen (Thousand Oaks) 1996
9:52.13 Jordan Hasay (Mission Prep, San Luis Obispo) 2008
9:52.51 Laurynne Chetelat (Davis) 2008

10:04.03 Christine Babcock (Woodbridge, Irvine) 2008
10:04.20yh Cory Schubert (Del Mar, San Jose) 1983

State Championship Record

9:52.13 Jordan Hasay (Mission Prep, San Luis Obispo) 2008

GIRLS 100-METER HIGH HURDLES

13.03 Vashti Thomas (Mt. Pleasant, San Jose) 2007
13.20 Nichole Denby (J.W. North, Riverside) 2000
13:32 Julian Purvis (St. Elizabeth, Oakland) 2007
13:32 Ke'Nyia Richardson (Holy Names, Oakland) 2007
13.35 Nicole Hoxie (J.W. North, Riverside) 1997

State Championship Record

13.03 Vashti Thomas (Mt. Pleasant, San Jose) 2007

GIRLS 300-METER LOW HURDLES

39.98 Lashinda Demus (Wilson, Long Beach) 2001
40.10 Ebony Collins (Wilson, Long Beach) 2005
40.18 Leslie Maxie (Mills, Millbrae) 1984
40.26 Janeene Vickers (Pomona) 1987
40.44 Kori Carter (Claremont) 2010

State Championship Record

40.10 Ebony Collins (Wilson, Long Beach) 2005

GIRLS 400-METER RELAY

44.50 Poly, Long Beach 2004
44.70 St. Bernard, Playa del Rey 1997
44.84 Wilson, Long Beach 2005
44.90 Poly, Long Beach 2003
44.93 Wilson, Long Beach 2004
State Championship Record
44.70 St. Bernard (Playa Del Rey) 1997

GIRLS 1600-METER RELAY

3:35.49 Poly, Long Beach 2004
3:35.55 Poly, Long Beach 2003
3:35.72 Wilson, Long Beach 2001
3:35.99 Poly, Long Beach 2002
3:36.32 Wilson, Long Beach 1998
State Championship Record
3:35.49 Poly, Long Beach 2004

GIRLS HIGH JUMP

6-02.75 Latrese Johnson (Clovis) 1985
6-02.25 Wendy Brown (Woodside) 1984
6-02.25 Julieann Broughton (Woodland) 1989
6-02.00 Sharon Day (Costa Mesa) 2003
6-01.00 Tonya Mendonca (Mt. Whitney, Visalia) 1983
State Championship Record

6-02.00 Latrese Johnson (Clovis) 1985

GIRLS POLE VAULT

14-01.00 Tori Anthony (Castilleja, Palo Alto) 2007
13-08.00 Shayla Balentine (Morro Bay) 2001
13-07.00 Allison Stokke (Newport Harbor, Newport Beach) 2007
13-06.00 Chelsea Johnson (Atascadero) 2002
13-06.00 Kortney Ross (Westview, San Diego) 2010
13-06.00 Anginae Monteverde (Clovis West, Clovis) 2011
State Championship Record
14-01.00 Tori Anthony (Castilleja, Palo Alto) 2007

GIRLS LONG JUMP

22-00.50 Marion Jones (Thousand Oaks) 1993
20-11.50 Juliana Yendork (Walnut) 1990
20-11.25 Ke'Nyia Richardson (Holy Names, Oakland) 2007
20-09.75 Wendy Brown (Woodside) 1984
20-08.75 Marlene Harmon (Thousand Oaks) 1980
State Championship Record
22-00.50 Marion Jones (Thousand Oaks) 1993

GIRLS TRIPLE JUMP

44-00.50 Juliana Yendork (Walnut) 1991
44-00.00 Brittany Daniels (Merrill West, Tracy) 2004
43-03.25 Ke'Nyia Richardson (Holy Names, Oakland) 2006
43-01.50 Vashti Thomas (Mt. Pleasant, San Jose) 2008
42-10.50 Wendy Brown (Woodside) 1984
State Championship Record
44-00.50 Juliana Yendork (Walnut) 1991

GIRLS SHOT PUT

54-04.75 Anna Jelmini (Shafter) 2009
53-07.75 Natalie Kaaiawahia (Fullerton) 1983
53-07.50 Karen Freberg (San Luis Obispo) 2001
52-11.50 Kristin Heaston (Ygnacio Valley, Concord) 1993
50-11.75 Dawn Dumble (Bakersfield) 1990
State Championship Record
53-08.00 Anna Jelmini (Shafter) 2009

GIRLS DISCUS THROW

190-03 Anna Jelmini (Shafter) 2009
188-04 Suzy Powell (Downey, Modesto) 1994
182-06 Billie Jo Grant (Arroyo Grande) 2003
181-03 Stephanie Brown (Arroyo Grande) 1998
180-09 Alex Collatz (Stockdale) 2010
State Championship Record
186-09 Anna Jelmini (Shafter) 2009

y = yards

h = hand timed

2012 CIF Top Track and Field Top Times/Marks

BOYS 100 METERS

10:45w	Khalfani Muhammad	11	Notre Dame	SS
10:49w	Dyahn McCloskey	12	El Camino	SD
10:50w	Blake Selig	12	Rio Mesa	SS
10:51	Herbert Gamboa	12	San Clemente	SS
10:51	Khalfani Muhammad	11	Notre Dame	SS

BOYS 200 METERS

21.10	Khalfani Muhammad	11	Notre Dame	SS
21.14	Kyree King	12	Colony	SS
21.15	Morgan Simon	11	Loyola	SS
21.16	E.J Floreal	11	Palo Alto	CCS
21.19	Elijah Mitchell	11	Eleanor Roosevelt	SS

BOYS 400 METERS

47.37	Alex Rohani	11	Beverly Hills	SS
47.54	Rashard Clark	12	Dorsey	LAS
47.81	Isaiah Cantu	12	Hanford	CS
47.97	Alex Mcelwee	12	Arcadia	SS
47.97	Anthony Fowler	12	Taft	LAS

BOYS 800 METERS

1:50.47	Alexander Monsivaiz	12	Army/Navy Academy	SD
1:51.52	Brett Moulton	11	Santiago	SS
1:51.78	Kevin Gonzalez	12	Vista Murrieta	SS
1:51.98	Malik Haynes	12	Quartz Hill	SS
1:52.22	Omar Solis	13	Vista Murrieta	SS

BOYS 1600 METERS

4:07.72	Cody Brazeal	11	Buchanan	CS
4:08.15	Darren Fahy	12	La Costa Canyon	SD
4:08.68	Luis Gutierrez	12	Rancho Cucamonga	SS
4:10.48	Blake Haney	10	Stockdale	CS
4:10.74	Daniel De La Torre	11	La Salle	SS

BOYS 3200 METERS

8:54.51	Darren Fahy	12	La Costa Canyon	SD
8:54.65	Blake Haney	10	Stockdale	CS
9:00.24	Billy Gaudreau	12	St. Margaret's	SS
9:01.42	Jonah Diaz	12	Palos Verdes	SS
9:01.93	Danny Martinez	12	St. John Bosco	SS

BOYS 110-METER HIGH HURDLES

13.75w	Kenneth Walker	12	Kennedy	SJS
14:05	Kenneth Walker	12	Kennedy	SJS
14.17w	Keidyon Moten	12	Indio	SS
14:21w	Darion Williams	12	Vista Murrieta	SS
14.22	Donte Deayon	12	Summit	SS

BOYS 300-METER INTERMEDIATE HURDLES

36.80	Jarrett Gonzales	12	Darnien	SS
37.26	Duane Solomon	12	Great Oak	SS
37.28	Zach Lewis	12	Ramona	SS
37.35	Corey Hammond	12	Mater Dei	SS
37.36	Lloyd Siscard	11	Junipero Serra	SS

BOYS 400 METER RELAY

40.95	Rio Mesa	SS
41.01	Notre Dame	SS
41.27	Junipero Serra	SS
41.35	Oaks Christian	SS
41.56	Palo Alto	CCS

BOYS 1600 METER RELAY

3:15.28	Chaminade	SS
3:15.95	Vista Murrieta	SS
3:16.02	Rio Mesa	SS
3:16.67	St. John Bosco	SS
3:17.05	Junipero Serra	SS

BOYS HIGH JUMP

7-00	Miles Poullard	12	Colony	SS
6-11	Cody Crampton	12	Canyon	SS
6-10	Noel Frazier	12	California	SS
6-9	Gyle Becker	12	Bullard	CS
6-9	Londeen McCovery	12	Consumnes Oaks	SJS
6-9	Manny Hernandez	12	Oakdale	SJS
6-9	Brandon Greene	12	Bonita Vista	SD

BOYS LONG JUMP

24-07.75	Nathaniel Moore	10	Bishop O'Dowd	NCS
24-06.00	Chevy King	12	Castle Park	SD
24-05.50	Walter Jones	11	Redlands	SS
24-05.00w	Shawn Simms	12	Deer Valley	SJS
24-01.25	Blake Selig	12	Rio Mesa	SJS

BOYS TRIPLE JUMP

49-07.25	Jaalen Spencer	11	Sultana	SS
49-06.75	Klyvens Delaunay	12	Claremont	SS
49-02.75	Willie Alexander	12	Central	CS
49-00.00	Scotty Newton	10	Bakersfield	CS
48-05.25	Tim White	12	Hart	SS

BOYS POLE VAULT

16-07.00	Colin Barber	12	San Ramon Valley	NCS
16-06.50	Peter Chapman	12	Murrieta Valley	SS
16-06.00	Connor Stark	12	Oak Park	SS
16-03.00	Connor Rouse	12	Vista	SD
16-02.50	Kyle Pater	11	Mt. Carmel	SD

BOYS DISCUSS THROW

209-08.00	Ethan Cochran	12	Newport Harbor	SS
198-02.00	Ryan Hunter-Simms	12	San Geronio	SS
192-01.00	Nick Budinich	12	Loyola	SS
191-08.00	Jayson Kovar	12	Burroughs	SS
188-07.00	Quaid Vuncannon	12	San Clemente	SS

BOYS SHOT PUT

62-10.00	Ethan Cochran	12	Newport Harbor	SS
62-03.50	Jayson Kovar	12	Burroughs	SS
62-03.00	Ryan Hunter-Simms	12	San Geronio	SS
61-08.00	Garrett Weinreich	12	Arroyo Grande	SS
61-00.25	Matthew Esparza	12	Amador Valley	NCS

GIRLS 100 METERS

11.45	Ariana Washington	10	Long Beach Poly	SS
11.63	Sydney Lewis	12	Oak Park	SS
11.63	La Troya Franklin	11	Jordan	SS
11.63w	Abigail Smith	9	Westlake	SS
11.68	Jasmine Gibbs	12	El Camino	SD

GIRLS 200 METERS

23.52	Ariana Washington	10	Long Beach Poly	SS
23.79	Sierra Peterson	10	St. Mary's Academy	SS
23.88	Jasmine Gibbs	12	El Camino	SD
23.90	La Troya Franklin	11	Jordan	SS
24.06	Ashlie Curenton	12	Silverado	SS

GIRLS 400 METERS

54.77	Renetia James	12	Junipero Serra	SS
54.94	Nia Dörner	11	Rosemont	SJS
54.96	Taylor Khala	12	Great Oak	SS
55.00	Dani Alakija	11	Oaks Christian	SS
55.08	Ellisa Bryant	11	Piedmont Hills	CCS

GIRLS 800 METERS

2:05.55	Amy Weissenbach	12	Harvard-Westlake	SS
2:07.81	Savannah Camacho	12	Templeton	SS
2:09.52	Madison Ricks	10	California	SD
2:09.71	Nikki Hiltz	11	Aptos	CCS
2:10.16	Charlotte Kuzminsky	12	Canyon Crest Academy	SD

GIRLS 1600 METERS

4:43.90	Cami Chapus	12	Harvard-Westlake	SS
4:44.02	Nikki Hiltz	11	Aptos	CCS
4:47.19	Xochitl Navarrete	12	Colony	SS
4:48.11	Anna Maxwell	10	San Lorenzo Valley	CCS
4:48.86	Amy Weissenbach	12	Harvard-Westlake	SS

GIRLS 3200 METERS

10:08.11	Sarah Baxter	10	Simi Valley	SS
10:10.51	Laura Hollander	12	Marina	SS
10:21.04	Anna Maxwell	10	San Lorenzo Valley	CCS
10:21.68	Hagen Reedy	11	Buchanan	CS
10:22.49	Xochitl Navarrete	12	Colony	SS

GIRLS 100 METER HIGH HURDLES

13.22w	Traci Hicks	12	Long Beach Poly	SS
13.41	Trinity Wilson	12	St. Mary's College	NCS
13.43w	Sasha Wallace	11	Holy Names	NCS
13.63	Traci Hicks	12	Long Beach Poly	SS
13.64w	Jordie Munford	11	Rancho Cucamonga	SS

GIRLS 300M LOW HURDLES

41.37	Jordie Munford	11	Rancho Cucamonga	SS
42.00	Jade Miller	11	Great Oak	SS
42.02	Daje Pugh	12	Fairfield	SJS
42.46	Ebony Crear	10	Maranatha	SS
42.89	Daria Cook	10	Vacaville	SJS

GIRLS 400M RELAY

45.72	Long Beach Poly	SS
45.80	Junipero Serra	SS
46.04	St. Mary's Academy	SS
46.58	Los Osos	SS
47.07	Oaks Christian	SS

GIRLS 1600M RELAY

3:44.53	Junipero Serra	SS
3:46.52	Harvard-Westlake	SS
3:47.46	St. Mary's Academy	SS
3:48.17	Junipero Serra	SS
3:48.59	Long Beach Poly	SS

GIRLS HIGH JUMP

5-10.00	Claire Kieffer-Wright	10	South Pasadena	SS
5-10.00	Alex Florent	9	Harvard-Westlake	SS
5-09.00	Dannielle Bryan	12	El Camino	SD
5-08.00	Raegan Nizdil	11	Rio Mesa	SS
5-08.00	Maciah Murray	10	Clovis East	CS

GIRLS LONG JUMP

20-04.00	Ashlie Curenton	12	Silverado	SS
19-09.75	Alexis Faulknor	12	Junipero Serra	SS
19-09.50	Mishe Scott	12	El Camino	SD
19-07.00	Margaux Jones	9	Redlands	SS
19-02.00	Zoe Goss	10	Sierra Canyon	SS
19-02.00	Akia Armstrong	11	Eleanor Roosevelt	SS

GIRLS TRIPLE JUMP

42-04.75	Sasha Wallace	11	Holy Names	NCS
40-10.50	Tamika Brazzel	12	El Camino	SD
40-03.75	Rachel Toliver	11	St. Mary's Academy	SS
39-09.00	Marisa Kwiatkowski	10	Wilcox	CCS
39-08.25	Dominique Wheatley	10	Bonita	SS

GIRLS POLE VAULT

13-03.00	Kaitlyn Merritt	9	Santa Margarita	SS
13-02.00	McKenzie Johnson	12	Claremont	SD
13-00.00	Mimi Lian	11	Rancho Bernard	SD
13-00.00	Taylor Jaques	10	Presentation	CCS
12-11.00	Victoria Rische	12	Foothill	SS

GIRLS DISCUS THROW

155-05.00	Lissette Mendivil	12	Redwood	CS
153-09.00	Nikki Okwelogu	11	Clovis West	CS
150-01.00	Madison Jacobs	11	Arroyo Grande	SS
149-02.00	Rachel Alesi	12	Christian	SD
148-11.00	Breana Jemison	12	Carlsbad	SD

GIRLS SHOT PUT

49-05.50	Stamatia Scarvelis	10	Dos Pueblos	SS
48-09.00	Nia Britt	9	Alemany	SS
47-10.75	Tanya Sapa	11	La Sierra	SS
44-08.25	Nikki Okwelogu	11	Clovis West	CS
44-07.00	Nikki Okwelogu	11	Clovis West	CS

w=winded aided result

CIF State Track and Field Championship Records

BOYS

100 METERS		
10.30	Riley Washington (Southwest, San Diego)	1992
200 METERS		
20.43	Bryshon Nellum (Poly, Long Beach)	2007
400 METERS		
45.25	Calvin Harrison (North Salinas)	1993
800 METERS		
1:46.45	Michael Granville (Bell Gardens)	1996
1600 METERS		
4:00.29	German Fernandez (Riverbank)	2008
3200 METERS		
8:34.23	German Fernandez (Riverbank)	2008
110-METER HIGH HURDLES		
13.39	Kevin Craddock (James Logan, Union City)	2004
300-METER INTERMEDIATE HURDLES		
35.02	Reggie Wyatt, La Sierra (Riverside, CA)	2009
400-METER RELAY		
40.24	Hawthorne	1989
1600-METER RELAY		
3:08.42	Serra (Gardena)	2010
DISCUS THROW		
213-07	Bo Taylor (Newport Harbor, Newport Beach)	2006
HIGH JUMP		
7-03.25	Lee Balkin (Glendale)	1979
LONG JUMP		
26-04.75	James Stallworth (Tulare Union, Tulare)	1989
POLE VAULT		
17-03	Nico Weiler (Los Gatos)	2008
SHOT PUT		
74-04.75	Brent Noon (Fallbrook)	1990
TRIPLE JUMP		
52-05.75	Marcus Hooks (Lakewood)	1986

GIRLS

100 METERS		
11.14	Marion Jones (Thousand Oaks)	1992
200 METERS		
22.52	Allyson Felix (Los Angeles Baptist, North Hills)	2003
400 METERS		
50.74	Monique Henderson (Morse, San Diego)	2000
800 METERS		
2:02.04	Amy Weissenbach (Harvard-Westlake, N. Hollywood)	2011
1600 METERS		
4:33.82	Christine Babcock (Woodbridge, Irvine)	2008
3200 METERS		
9:52.13	Jordan Hasay (Mission Prep, San Luis Obispo)	2008
100-METER HIGH HURDLES		
13.03	Vashti Thomas (Mt. Pleasant, San Jose)	2007
300-METER LOW HURDLES		
40.10	Ebony Collins (Wilson, Long Beach)	2005
400-METER RELAY		
44.70	St. Bernard, Playa del Rey	1997
1600-METER RELAY		
3:35.49	Poly, Long Beach	2004
DISCUS THROW		
186-09	Anna Jelmini (Shafter)	2009
HIGH JUMP		
6-02.00	Latrese Johnson (Clovis)	1985
LONG JUMP		
22-00.50	Marion Jones (Thousand Oaks)	1993
POLE VAULT		
14-01	Tori Anthony (Castilleja, Palo Anthony)	2007
SHOT PUT		
53-08.00	Anna Jelmini (Shafter)	2009
TRIPLE JUMP		
44-00.50	Juliana Yendork (Walnut)	1991

U.S. National High School Records

BOYS

100 METERS		
10.15	Henry Neal (Greenville, TX)	1990
200 METERS		
20.13	Roy Martin, Roosevelt (Dallas, TX)	1985
400 METERS		
45.19	Aldrich Bailey, Mansfield Timberview (Arlington, TX)	2012
800 METERS		
1:46.45	Michael Granville (Bell Gardens, CA)	1996
1600 METERS		
3:59.51	Alan Webb, South Lakes (Reston, VA)	2001
3200 METERS		
8:34.23	German Fernandez (Riverbank, CA)	2008
110-METER HIGH HURDLES		
13.10	Dennis Brantley, Worthing (Houston, TX)	1980
300-METER INTERMEDIATE HURDLES		
35.02	Reggie Wyatt, La Sierra (Riverside, CA)	2009
400-METER RELAY		
39.76	Wyatt (Fort Worth, TX)	1998
1600-METER RELAY		
3:07.40	Hawthorne (Hawthorne, CA)	1985
DISCUS		
236-06	Mason Finely (Buena Vista, CO)	2009
HIGH JUMP		
7-05.75	James White (Grandview, MO)	2009
LONG JUMP		
26-04.75	James Stallworth, Tulare Union (Tulare, CA)	1989
POLE VAULT		
18-02.25	Eric Eshbach (Orangefield, TX)	1999
SHOT PUT		
77-00	Michael Carter, Jefferson (Dallas, TX)	1979
TRIPLE JUMP		
52-10.50	Charles Mayfield, John Muir (Pasadena, CA)	1980

GIRLS

100 METERS		
11.14	Marion Jones (Thousand Oaks, CA)	1992
200 METERS		
22.52	Allyson Felix, LA Baptist (North Hills, CA)	2003
400 METERS		
50.74	Monique Henderson, Morse (San Diego, CA)	2000
800 METERS		
2:02.04	Amy Wessienbach, Harvard-Westlake, (N. Hollywood, CA)	2011
1600 METERS		
4:33.82	Christine Babcock, Woodbridge (Irvine, CA)	2008
3200 METERS		
9:48.59	Kim Mortensen (Thousand Oaks, CA)	1996
100-METER HIGH HURDLES		
13.03	Vashti Thomas, Mt. Pleasant (San Jose, CA)	2007
300-METER LOW HURDLES		
39.98	Lashinda Demus, Wilson (Long Beach, CA)	2001
400-METER RELAY		
44.50	Poly (Long Beach, CA)	2004
1600-METER RELAY		
3:35.49	Poly (Long Beach, CA)	2004
DISCUS THROW		
191-06	Shelbi Vaughan, Mansfield Legacy (Mansfield, TX)	2012
HIGH JUMP		
6-04	Toni Young (Del City, OK)	2009
LONG JUMP		
22-01.75	Kathy McMillan, Hoke County (Raeford, NC)	1976
POLE VAULT		
14-02.75	Morgan LeLeux, New Iberia Catholic (New Iberia, LA)	2011
SHOT PUT		
54-10.75	Michelle Carter (Red Oak, TX)	2003
TRIPLE JUMP		
44-02.25	Ychliindria Spears (Luling, TX)	2001

CIF State Track and Field Team Champions

BOYS TEAM CHAMPIONS

<i>School</i>	<i>Points</i>	<i>Coach</i>	<i>Location</i>	<i>Dates</i>
Manual Arts, Los Angeles	25	Otto Fritsch	Fresno High	April 3, 1915
Manual Arts, Los Angeles	37.5	Otto Fritsch	YMCA Field, Los Angeles	April 8, 1916
Coalinga	25	Charles Geer	Berkeley	April 28, 1917
Pasadena	25	George Main	Sacramento Fair	April 27, 1918
Manual Arts, Los Angeles	21	Sid Foster	San Bernardino High	April 26, 1919
Los Angeles	18	Glenn Whittle	Bakersfield Fair	April 24, 1920
Lincoln, Los Angeles	17	Tommy Davis	Berkeley	April 30, 1921
Huntington Beach	16	Ray Walker	Stockton Fair	May 6, 1922
Hollywood	17.5	William Paige	Occidental College, Los Angeles	May 12, 1923
Manual Arts, Los Angeles	26	Sid Foster	Taft High	May 10, 1924
Manual Arts, Los Angeles	16	Sid Foster	Stanford Stadium	May 9, 1925
Poly, Los Angeles	17	Edward Leahy	Los Angeles Coliseum	May 8, 1926
Glendale	35	Norman Hayhurst	Modesto High	May 7, 1927
Poly, Long Beach	21	Norman Baker	Selma High	May 5, 1928
San Diego	22.75	Glenn Broderick	Los Angeles Coliseum	May 11, 1929
Sacramento (tie)	11	Lawrence Janssen	Berkeley	May 10, 1930
San Diego (tie)	11	Glenn Broderick	Berkeley	May 10, 1930
Santa Ana (tie)	11	G.A. "Tex" Oliver	Berkeley	May 10, 1930
Poly, Los Angeles	19.5	Edward Leahy	Visalia	May 23, 1931
Poly, Long Beach	22.5	Norman Baker	Modesto Junior College	May 2, 1932
Central, El Centro	18	J.H. Armstrong	Los Angeles Coliseum	May 20, 1933
Muir, Pasadena	15.5	Albion Walton	Edwards Stadium, Berkeley	May 26, 1934
Fullerton	14	Harold Lang	Ratcliffe Stadium, Fresno	May 25, 1935
Muir, Pasadena	18	Albion Walton	Gridley High	May 23, 1936
Jefferson, Los Angeles	23.5	Harold Edelson	Wilson High, Long Beach	May 22, 1937
San Diego	18.5	Glenn Broderick	San Benito High, Hollister	May 28, 1938
Bakersfield	16	"Cap" Haralson	Los Angeles Coliseum	May 27, 1939
Bakersfield	18.5	"Cap" Haralson	Visalia High	May 25, 1940
Edison, Fresno	22	Harold Bicknell	Spartan Stadium, San Jose	May 24, 1941
Redondo	21	Harold Grant	Compton College	May 25, 1946*
Washington, Los Angeles	24	Gail Wyatt	Visalia High	May 31, 1947
Jordan, Los Angeles	22	Bill Zazueta	Edwards Stadium, Berkeley	May 29, 1948
Jefferson, Los Angeles	28.5	Estel Johnson	Los Angeles Coliseum	May 28, 1949
Jefferson, Los Angeles	40	Estel Johnson	Hughes Stadium, Sacramento	May 27, 1950
Jefferson, Los Angeles	16.5	Estel Johnson	Edwards Stadium, Berkeley	May 26, 1951
Jefferson, Los Angeles	30.5	Estel Johnson	Los Angeles Coliseum	May 24, 1952
Manual Arts, Los Angeles	16.6	Charles Toney	Ratcliffe Stadium, Fresno	May 29, 1953
Alameda	19	Lewis Jolley	Edwards Stadium, Berkeley	May 29, 1954
Centennial, Compton	29	Bill Gill	Los Angeles Coliseum	May 28, 1955
Jefferson, Los Angeles	24.67	Estel Johnson	Chico State College	June 2, 1956
Berkeley	23	Rich Hacker	Edwards Stadium, Berkeley	June 1, 1957
Compton (tie)	11	Ernest Hartman	Veterans Stadium, Long Beach	May 31, 1958
Manual Arts, Los Angeles (tie)	11	Charles Toney	Veterans Stadium, Long Beach	May 31, 1958
Poly, Long Beach	14	Leon Forman	Memorial Stadium, Bakersfield	May 29, 1959
Jordan, Los Angeles	15	Jesse Flores	Stanford Stadium, Palo Alto	June 4, 1960
Centennial, Compton	11	Bill Gill	East Los Angeles College	June 3, 1961
Jefferson, Los Angeles	14	John Childress	Modesto Junior College	June 2, 1962
Edison, Fresno	15	Frank Fletcher	Edwards Stadium, Berkeley	May 31-June 1, 1963
Jefferson, Los Angeles (tie)	13	Andy Bakjian	Los Angeles Coliseum	June 5-6, 1964
Poly, Long Beach (tie)	13	Leon Forman	Los Angeles Coliseum	June 5-6, 1964

CIF State Track and Field Team Champions

BOYS TEAM CHAMPIONS

<i>School</i>	<i>Points</i>	<i>Coach</i>	<i>Location</i>	<i>Dates</i>
Poly, Long Beach	19	Leon Forman	Memorial Stadium, Bakersfield	June 4-5, 1965
Dorsey, Los Angeles	22	Rod Richard	Edwards Stadium, Berkeley	June 3-4, 1966
Muir, Pasadena	26	Walter Opp	Balboa Stadium, San Diego	June 2-3, 1967
Centennial, Compton	26	Bill Gill	Edwards Stadium, Berkeley	June 1-2, 1968
Los Angeles	22	E. Bravo	UCLA Track Stadium, Westwood	June 6-7, 1969
Los Altos	29	Leo Long	Edwards Stadium, Berkeley	June 5-6, 1970
Lompoc	13	Frank Hiatt	UCLA Track Stadium, Westwood	June 4-5, 1971
Sacramento	**18	Scotty Bingham	Mitchell Field, Oroville	June 1-2, 1972
Wilson, San Francisco	20	Adam Banks	Woodland High School	June 1-2, 1973
Muir, Pasadena	**23	Walter Opp	Memorial Stadium, Bakersfield	June 1-2, 1974
Harry Elis, Richmond	22	Silvester Greenwood	Balboa Stadium, San Diego	June 6-7, 1975
Hamilton, Los Angeles (tie)	12	Gene Broadwater	Edwards Stadium, Berkeley	June 4-5, 1976
San Fernando, Los Angeles (tie)	12	John Wachtler	Edwards Stadium, Berkeley	June 4-5, 1976
Pasadena	26	Bob Pruitt	Drake Stadium, Westwood	June 3-4, 1977
El Camino, Oceanside	16	Nil Kovacevich	Memorial Stadium, Bakersfield	June 2-3, 1978
Pasadena	16	Art Large	Hughes Stadium, Sacramento	June 1-2, 1979
Berkeley	41	Willie White	Edwards Stadium, Berkeley	June 6-7, 1980
Berkeley	58	Willie White	Cerritos College, Norwalk	June 5-6, 1981
Crenshaw, Los Angeles (tie)	20	Bob Volles	Hughes Stadium, Sacramento	June 4-5, 1982
Mission Viejo (tie)	20	Gene Gurule	Hughes Stadium, Sacramento	June 4-5, 1982
Hawthorne	**40	Kye Courtney	Memorial Stadium, Bakersfield	June 4, 1983
Hawthorne	52	Kye Courtney	Los Angeles Coliseum	June 2, 1984
Hawthorne	29	Kye Courtney	Hughes Stadium, Sacramento	May 31, 1985
Taft, Woodland Hills	26	Tom Stevenson	Cerritos College, Norwalk	June 6, 1986
Hawthorne	34	Kye Courtney	Hughes Stadium, Sacramento	June 5, 1987
Hawthorne	34	Kye Courtney	Cerritos College, Norwalk	June 3, 1988
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	June 2-3, 1989
Muir, Pasadena	24	Clyde Turner	Cerritos College, Norwalk	June 1-2, 1990
Compton	30	Alonzo Simmons	Cerritos College, Norwalk	May 31-June 1, 1991
Bakersfield	25	Art Dalzell	Cerritos College, Norwalk	June 5-6, 1992
Merced (tie)	36	Greg McKinstry	Cerritos College, Norwalk	June 19, 1993***
North Salinas (tie)	36	Ed Barber	Cerritos College, Norwalk	June 19, 1993***
Muir, Pasadena	36	Clyde Turner	Cerritos College, Norwalk	June 3-4, 1994
Muir, Pasadena	38	Cyde Turner	Cerritos College, Norwalk	June 2-3, 1995
Muir, Pasadena	57	Clyde Turner	Cerritos College, Norwalk	May 31-June 1, 1996
Poly, Long Beach	39	Don Norford	Hughes Stadium, Sacramento	June 6-7, 1997
Poly, Long Beach	42	Don Norford	Cerritos College, Norwalk	June 5-6, 1998
Vallejo	35	Mike Wilson	Hughes Stadium, Sacramento	June 4-5, 1999
Serra, Gardena	38	Richard Gatlin	Cerritos College, Norwalk	June 2-3, 2000
Arroyo Grande	28	James Brown	Hughes Stadium, Sacramento	June 1-2, 2001
Bakersfield	32	Bobby Gridiron	Cerritos College, Norwalk	May 31-June 1, 2002
Helix, La Mesa	23.5	Ray Mounts	Cerritos College, Norwalk	June 6-7, 2003
James Logan, Union City	46	Lee Webb	Hughes Stadium, Sacramento	June 4-5, 2004
Dorsey, Los Angeles	38.5	Ralph Tilley	Hughes Stadium, Sacramento	June 3-4, 2005
Poly, Long Beach	42	Don Norford	Cerritos College, Norwalk	June 2-3, 2006
Poly, Long Beach	46	Don Norford	Hughes Stadium, Sacramento	June 1-2, 2007
Dominguez, Compton	36	Darryl Smith	Cerritos College, Norwalk	May 30-31, 2008
Frontier, La Sierra, Cathedral, Clovis East	20 (Tied for 1st)		VM Stadium, Clovis	June 5-6, 2009
Jesuit, Sacramento	36	Tom McGuire	VM Stadium, Clovis	June 5-4, 2010
Poly, Long Beach	35	Don Norford	VM Stadium, Clovis	June 3-4, 2011

* No meets held during the World War II period (1942-45).

** Reported figures for finals.

*** Meet rescheduled due to rain.

Scoring system was 5-3-2-1 from 1915 to 1928; 5-3-2-1.5 from 1929 to 1965; 6-4-3-2-1 from 1966-1979; and 10-8-6-5-4-3 since 1980-2009; 10-8-6-5-4-3-2-1 since 2010.

CIF State Track and Field Team Champions

GIRLS TEAM CHAMPIONS

School	Points	Coach	Location	Dates
Berkeley	13	Willie White	Memorial Stadium, Bakersfield	May 31-June 1, 1974
Washington, Los Angeles	22	Arnice Reddick	Balboa Stadium, San Diego	June 6-7, 1975
Berkeley	20	Willie White	Edwards Stadium, Berkeley	June 4-5, 1976
Locke, Los Angeles	14	Cherie Muller-Williams	Drake Stadium, Westwood	June 3-4, 1977
Hill, San Jose	16	John Johnigan	Memorial Stadium, Bakersfield	June 2-3, 1978
Westchester	24	Pat Nordell	Hughes Stadium, Sacramento	June 1-2, 1979
Kennedy, Granada Hills	48	Dixie Griffen	Edwards Stadium, Berkeley	June 6-7, 1980
Berkeley	64	Willie White	Cerritos College, Norwalk	June 5-6, 1981
Berkeley	48	Willie White	Hughes Stadium, Sacramento	June 4-5, 1982
Berkeley	29	Willie White	Memorial Stadium, Bakersfield	June 4, 1983
Woodside	38	Susie Wilson	Los Angeles Coliseum	June 2, 1984
Muir, Pasadena	55	Jim Brownfield	Hughes Stadium, Sacramento	May 31, 1985
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	June 6, 1986
Pomona	30	Isaiah Sanders	Hughes Stadium, Sacramento	June 5, 1987
Bakersfield (tie)	28	Scott Semar	Cerritos College, Norwalk	June 3, 1988
Rio Mesa (tie)	28	Brian Fitzgerald/Rick Torres	Cerritos College, Norwalk	June 3, 1988
Muir, Pasadena	36	Jim Brownfield	Cerritos College, Norwalk	June 2-3, 1989
Bakersfield	61	Scott Semar	Cerritos College, Norwalk	June 1-2, 1990
Morningside	28	Ron Tatum	Cerritos College, Norwalk	May 31-June 1, 1991
Poly, Long Beach	39	Don Norford	Cerritos College, Norwalk	June 5-6, 1992
Poly, Long Beach	56	Don Norford	Cerritos College, Norwalk	June 19, 1993***
Skyline, Oakland	36	Darrell Hampton	Cerritos College, Norwalk	June 3-4, 1994
Poly, Long Beach	52	Don Norford	Cerritos College, Norwalk	June 2-3, 1995
Wilson, Long Beach	43	Terry Kennedy	Cerritos College, Norwalk	May 31-June 1, 1996
Poly, Long Beach	49	Don Norford	Hughes Stadium, Sacramento	June 6-7, 1997
Poly, Long Beach (tie)	42	Don Norford	Cerritos College, Norwalk	June 5-6, 1998
Wilson, Long Beach (tie)	42	Terry Kennedy	Cerritos College, Norwalk	June 5-6, 1998
J.W. North, Riverside	42	Charles Leathers	Hughes Stadium, Sacramento	June 4-5, 1999
J.W. North, Riverside	45	Charles Leathers	Cerritos College, Norwalk	June 2-3, 2000
Poly, Long Beach	59	Don Norford	Hughes Stadium, Sacramento	June 1-2, 2001
J.W. North, Riverside	57	Charles Leathers	Cerritos College, Norwalk	May 31-June 1, 2002
Poly, Long Beach	62	Don Norford	Cerritos College, Norwalk	June 6-7, 2003
Poly, Long Beach	80	Don Norford	Hughes Stadium, Sacramento	June 4-5, 2004
Merrill West, Tracy	48	John Harvey	Hughes Stadium, Sacramento	June 3-4, 2005
James Logan, Union City (tie)	37	Lee Webb	Cerritos College, Norwalk	June 2-3, 2006
Wilson, Long Beach (tie)	37	Terry Kennedy	Cerritos College, Norwalk	June 2-3, 2006
Mt. Pleasant, San Jose	44	Steve Nelson	Hughes Stadium, Sacramento	June 1-2, 2007
Poly, Long Beach	39	Don Norford	Cerritos College, Norwalk	May 30-31, 2008
Poly, Long Beach	45	Don Norford	VM Stadium, Clovis	June 5-6, 2009
Poly, Long Beach	51.33	Don Norford	VM Stadium, Clovis	June 4-5, 2010
Poly, Long Beach	72	Don Norford	VM Stadium, Clovis	June 3-4, 2011

*** Meet rescheduled due to rain.

Scoring system used was 5-3-1 in 1974; 5-4-3-2-1 from 1976 to 1979; and 10-8-6-4-2-1 since 1980-2009; 10-8-6-5-4-3-2-1 since 2010

CIF State Track and Field Individual Champions

BOYS CHAMPIONS 100-Meter Dash (Boys)

1915	Roy Brown (Sacramento)	10.2
1916	Charley Paddock (Pasadena)	10.4
1917	Jack Melville (Berkeley)	10.0
1918	Charley Paddock (Pasadena)	10.2
1919	Al Wright (Lincoln, Los Angeles)	10.4
1920	Eddie Sutton (Lick-Wilmerding, San Francisco)	10.0
1921	Vernon Blenkiron (Compton)	10.2
1922	Herschel Smith (San Fernando)	10.4
1923	Eddie Pollock (Pasadena)	10.0
1924	Vic Klein (Hollywood)	10.1
1925	Vernon Hanford (Manual Arts, Los Angeles)	10.1
1926	Dick Werner (Brawley)	9.8
1927	Frank Wycoff (Glendale)	9.8
1928	Frank Lombardi (Los Angeles)	9.6
1929	Jim Wilson (San Diego)	9.8
1930	Al Koening (Huntington Beach)	10.1
1931	Foy Draper (Huntington Park)	9.9
1932	Milton Holt (Hoover, Glendale)	9.8
1933	Dave Seigel (Poly, Los Angeles)	10.0
1934	Mack Robinson (Muir, Pasadena)	10.0
1935	Bob Frick (San Ramon)	9.6
1936	Mickey Anderson (Muir, Pasadena)	9.7
1937	Bryant Allen (Jefferson)	9.8
1938	Bill Van Leuven (Wilson, Long Beach)	9.8
1939	Jack Trout (Bakersfield)	9.9
1940	Eddie Morris (Huntington Beach)	9.7
1941	Al Jackson (Edison, Fresno)	9.8
1942-45	(No meet held)	
1946	Art Williams (Riverside)	10.0
1947	John Bradley (Hoover, Glendale)	9.9
1948	Bill Fell (Compton)	9.7
1949	Ernie Schopper (Lincoln, Los Angeles)	9.9
1950	Gary Green (Jefferson, Los Angeles)	9.9
1951	Bob Cunnning (Hoover, Glendale)	9.7
1952	Herb Turner (Alameda)	9.9
1953	Leamon King (Delano)	9.6
1954	James Jackson (Alameda)	9.6
1955	Ken Dennis (Centennial, Compton)	10.0
1956	Willie White (Jefferson, Los Angeles)	9.5
1957	Preston Griffin (Centennial, Compton)	9.6
1958	Hubie Watson (Jordan, Los Angeles)	9.6
1959	Hubie Watson (Jordan, Los Angeles)	9.8
1960	Bill Cowings (Fowler)	9.7
1961	Forrest Beaty (Hoover, Glendale)	9.5
1962	Forrest Beaty (Hoover, Glendale)	9.5
1963	Alvin Mann (Edison, Fresno)	9.6
1964	Jim Hines (McClymonds, Oakland)	9.7
1965	Harold Busby (Muir, Pasadena)	9.5
1966	Phil Underwood (Dorsey, Los Angeles)	9.6
1967	Mel Gray (Montgomery, Santa Rosa)	9.4
1968	Bob Ballard (Bellflower)	9.6
1969	Willie Robinson (Central, El Centro)	9.6
1970	Allen Carter (Bonita, La Verne)	9.8
1971	George Reddick (Hamilton, Los Angeles)	9.6
1972	Carl McCullough (Sacramento)	9.5
1973	Elijah Jefferson (Crawford, San Diego)	9.6w
1974	Elijah Jefferson (Crawford, San Diego)	9.8
1975	Kevin Williams (San Fernando)	9.4
1976	Billy Mullins (Hamilton, Los Angeles)	10.0
1977	David Russell (Patrick Henry, San Diego)	9.91
1978	Michael Sanford (Pasadena)	9.85
1979	Bill Green (Cubberly, Palo Alto)	9.59
1980	Howard Hawkins (Warren, Downey)	10.55
1981	Ken Robinson (Berkeley)	10.60
1982	Lew Dunn (J.W. North, Riverside)	10.53
1983	Steve Jones (Burbank, Sacramento)	10.64
1984	Henry Thomas (Hawthorne)	10.44
1985	Ron McCree (Madera)	10.49w
1986	Ron McCree (Madera)	10.57
1987	Quincy Watts (Taft, Woodland Hills)	10.49
1988	Darren Stringer (Vacaville)	10.78
1989	Curtis Conway (Hawthorne)	10.42
1990	Napolean Kaufman (Lompoc)	10.57
1991	Ricky Carrigan (Compton)	10.33w
1992	Riley Washington (Southwest, San Diego)	10.30
1993	Bryan Howard (Canyon Springs, Moreno Valley)	10.43
1994	Pat Johnson (Redlands)	10.43
1995	Marques Holtweit (West Bakersfield)	10.43w
1996	Jim McGee (Sacramento)	10.52
1997	Justin Fargas (Notre Dame, Sherman Oaks)	10.52w
1998	Darrell Rideaux (Poly, Long Beach)	10.43
1999	Kareem Kelly (Poly, Long Beach)	10.47

2000	Warren Rogers (Serra, Gardena)	10.42
2001	Phillip Francis (Fairfax, Los Angeles)	10.53
2002	Matt Bruno (Trabuco Hills, Mission Viejo)	10.55
2003	Chris Henry (Edison, Stockton)	10.56
2004	Kenny O'Neal (Skyline, Oakland)	10.34
2005	Jamere Holland (Taft, Woodland Hills)	10.54
2006	Rodney Glass (Notre Dame, Sherman Oaks)	10.52
2007	Jahvid Best (Salesian, Oakland)	10.31
2008	Randall Carroll (Cathedral, Los Angeles)	10.42
2009	Randall Carroll (Cathedral, Los Angeles)	10.38
2010	Remontay McClain (Covina)	10.45
2011	Remontay McClain (Covina)	10.39

200-Meter Dash (Boys)

1915	Les Wark (Poly, Long Beach)	22.0
1916	Charley Paddock (Pasadena)	22.4
1917	Charley Paddock (Pasadena)	22.4
1918	Charley Paddock (Pasadena)	22.4
1919	Bob Allen (Redlands)	23.8
1920	Eddie Sudden (Lick-Wilmerding, San Francisco)	21.8
1921	Bob Allen (Redlands)	22.6
1922	Walter Wickersham (Bakersfield)	24.2
1923	Bob Lee (Franklin)	22.2
1924	Archie Woodyard (Jefferson, Los Angeles)	22.5
1925	Walter Floyd (Lincoln, Los Angeles)	22.6
1926	Elam Kirk (El Monte)	22.1
1927	Frank Wycoff (Glendale)	21.0
1928	Frank Lombardi (Los Angeles)	21.4
1929	Jim Wilson (San Diego)	21.4
1930	Ashley Burch (Jordan, Los Angeles)	21.8
1931	Ashley Burch (Jordan, Los Angeles)	21.5
1932	George Anderson (Muir, Pasadena)	21.8
1933	George Anderson (Muir, Pasadena)	21.2
1934	Bainard Worrell (Muir, Pasadena)	21.8
1935	Burt Pierce (Excelsior)	21.2
1936	Burt Brady (Gridley)	21.6
1937	Bryant Allen (Jefferson, Los Angeles)	21.2
1938	Eddie Morris (Huntington Beach)	21.6
1939	Eddie Morris (Huntington Beach)	21.4
1940	Eddie Morris (Huntington Beach)	21.3
1941	Glen Willis (San Diego)	21.7
1942-45	(No meet held)	
1946	Ray Gregg (El Monte)	21.9
1947	John Bradley (Hoover, Glendale)	21.5
1948	John Bradley (Hoover, Glendale)	21.5
1949	Ernie Schopper (Lincoln, Los Angeles)	21.6
1950	Guy Blackburn (Jefferson, Los Angeles)	21.3
1951	Leamon King (Delano)	21.4
1952	Herb Turner (Alameda)	21.6
1953	Leamon King (Delano)	21.4
1954	James Jackson (Alameda)	21.2
1955	Bob Poynter (Pasadena)	21.6
1956	Bob Poynter (Pasadena)	21.0
1957	Preston Griffin (Centennial, Compton)	21.3
1958	Mel Clipper (Muir, Pasadena)	20.7
1959	Hubie Watson (Jordan, Los Angeles)	21.6
1960	Bill Cowings (Fowler)	21.0
1961	Forrest Beaty (Hoover, Glendale)	21.5
1962	Richard Stebbins (Fremont, Los Angeles)	20.9
1963	John House (Muir, Pasadena)	21.3
1964	Jim Hines (McClymonds, Oakland)	21.5
1965	Harold Busby (Muir, Pasadena)	21.0
1966	Phil Underwood (Dorsey, Los Angeles)	21.2
1967*	Mel Gray (Montgomery, Santa Rosa)	20.7
1968	Willie Deckard (Dorsey, Los Angeles)	21.7
1969	Willie Robinson (Central, El Centro)	21.7
1970	Jackie White (Santa Ana)	21.5
1971	Chuck Bommarito (Crestmoor, San Bruno)	21.2w
1972	Mike Shavers (Albany)	21.0
1973	Clancy Edwards (Santa Ana)	21.2w
1974	Millard Hampton (Silver Creek, San Jose)	21.1
1975	Billy Mullins (Hamilton, Los Angeles)	21.2
1976	Billy Mullins (Hamilton, Los Angeles)	21.6
1977	David Russell (Patrick Henry, San Diego)	20.97w
1978	Michael Sanford (Pasadena)	21.42
1979	Michael Sanford (Pasadena)	21.00
1980	Ken Robinson (Berkeley)	21.21
1981	Kevin White (Cordova, Rancho Cordova)	20.81
1982	Antonio Manning (Hamilton, Los Angeles)	21.05w
1983	Henry Thomas (Hawthorne)	21.02
1984	Henry Thomas (Hawthorne)	20.77
1985	Michael Marsh (Hawthorne)	20.83w
1986	Quincy Watts (Taft, Woodland Hills)	21.03
1987	Quincy Watts (Taft, Woodland Hills)	20.99
1988	Bryan Bridgewater (Washington, Los Angeles)	21.00

1989	Barry Smith (Mission, San Francisco)	20.82
1990	Napolean Kaufman (Lompoc)	21.15
1991	Ricky Carrigan (Compton)	20.84w
1992	Gentry Bradley (Pius X, Downey)	20.97w
1993	Calvin Harrison (North Salinas, Salinas)	21.12
1994	Pat Johnson (Redlands)	21.01
1995	Bryan Harrison (Dana Hills, Dana Point)	20.82w
1996	Obea Moore (Muir, Pasadena)	20.91
1997	Andrea Ammons (Skyline, Oakland)	20.91w
1998	Kareem Kelly (Poly, Long Beach)	20.76
1999	Kareem Kelly (Poly, Long Beach)	20.76w
2000	Bennie Robinson (Poly, Long Beach)	20.96
2001	Seth Amoo (Highland, Palmdale)	21.05
2002	Matt Bruno (Trabuco Hills, Mission Viejo)	20.82
2003	Lionel Larry (Dominguez, Compton)	20.97
2004	Derrick Jones (Poly, Long Beach)	21.10
2005	Jamere Holland (Taft, Woodland Hills)	20.88w
2006	Bryshon Nellum (Poly, Long Beach)	20.96
2007	Bryshon Nellum (Poly, Long Beach)	20.43
2008	Randall Carroll (Cathedral, Los Angeles)	20.91
2009	Randall Carroll (Cathedral, Los Angeles)	21.08
2010	Remontay McClain (Covina)	20.85
2011	Remontay McClain (Covina)	20.95

* (since 1967, the 220 yards and then 200 Meters were run exclusively around one turn.)

400-Meter Dash (Boys)

1915	George Conn (Pasadena)	50.0
1916	Mark Kellogg (Fresno)	51.4
1917	Dick Seltzer (Redlands)	53.0
1918	George Schiller (Poly, Los Angeles)	49.6
1919	Jeff Wilcox (Harvard)	54.2
1920	Thurmond Clarke (Los Angeles)	50.2
1921	Ed Shaw (Monrovia)	52.2
1922	Ed Shaw (Monrovia)	54.4
1923	Vernon Hanford (Manual Arts, Los Angeles)	52.6
1924	Wilbur Talbot (Analy, Sebastopol)	51.6
1925	Walter Hanson (Concord, Mt. Diablo)	51.0
1926	Cliff Gantt (Poly, Los Angeles)	50.0
1927	Percy McArthur (Huntington Park)	51.0
1928	Carl Childreth (Poly, Long Beach)	50.2
1929	Irvine Warburton (San Diego)	49.6
1930	Carl Satterfield (Manual Arts, Los Angeles)	50.3
1931	John McCarthy (Fairfax)	48.7
1932	John Routt (Jefferson, Los Angeles)	50.1
1933	Murel Gillett (Central, El Centro)	48.4
1934	Doug Hammond (Hollywood)	50.3
1935	Howard Upton (Turlock)	48.9
1936	George Gray (Wilson, Long Beach)	49.9
1937	Wilbur Miller (Jefferson, Los Angeles)	49.7
1938	Bob Hogan (Piedmont)	50.4
1939	Ken Horn (Fowler)	50.5
1940	Duane Lewis (Compton)	48.8
1941	O.B. Hughes (Whittier)	49.9
1942-45	(No meet held)	
1946	Norm Stocks (San Diego)	49.3
1947	Luther Butler (Jefferson, Los Angeles)	49.4
1948	Fred Thompson (Jordan, Los Angeles)	49.2
	Luther Butler (Jefferson, Los Angeles)	49.2
1949	George Adrian (Hollywood)	49.3
1950	Sherman Miller (Napa)	48.8
1951	Jack North (Jordan, Long Beach)	49.7
1952	Lanny Carter (Orange)	48.8
1953	X.L. Emerson (Richmond)	49.2
1954	Bruce Kitchen (Riverside)	48.7
1955	Jerry White (Corcoran)	48.7
1956	Jerry White (Corcoran)	46.7
1957	Fred DeWitt (Berkeley)	47.9
1958	Dixon Farmer (Miramonte, Orinda)	48.6
1959	Dixon Farmer (Miramonte, Orinda)	48.6
1960	Ulis Williams (Compton)	47.2
1961	Ulis Williams (Compton)	47.8
1962	Manual Diaz (Keppel, Alhambra)	48.1
1963	Tommie Smith (Lemoore)	47.3
1964	Fred Banks (Jefferson, Los Angeles)	47.5
1965	Randy Julian (Bolsa Grande, Garden Grove)	47.4
1966	Wayne Collett (Gardena)	47.8
1967	Mike Newton (Whittier)	47.2
1968	Edesel Garrison (Centennial, Compton)	46.7
1969	Larance Jones (Lemoore)	46.6
1970	Rick Brown (Los Altos)	47.8
1971	Tony Krzyzosiak (Garden Grove)	46.7
1972	Robert Harrell (Santa Ana)	47.4
1973	Ron Whitaker (Wilson, San Francisco)	47.0
1974	Rod Connors (Cordova, Rancho Cordova)	47.7

CIF State Track and Field Individual Champions

1975	John Ware (Sacramento)	47.2
1976	Darold Harris (Pittsburg)	47.6
1977	James Sanford (Pasadena)	46.60
1978	Bill Greene (Cubberly, Palo Alto)	46.77
1979	Tony Banks (Morse, San Diego)	47.28
1980	Mike Turner (Centennial, Compton)	47.51
1981	David Timmons (Oakland)	47.09
1982	Fabian Cooper (Washington, Los Angeles)	46.38
1983	Larry Walker (Edison, Fresno)	47.03
1984	Chip Rish (Marina, Huntington Beach)	46.82
1985	Chip Rish (Marina, Huntington Beach)	45.7h
1986	Steve Lewis (American, Fremont)	46.59
1987	Steve Lewis (American, Fremont)	46.7h
1988	Travis Hannah (Hawthorne)	47.02
1989	Beno Bryant (Dorsey, Los Angeles)	47.52
1990	Mike Sulzer (Muir, Pasadena)	47.54
1991	Richard Dupree (Roosevelt, Fresno)	47.21
1992	Derek Shepard (Lincoln, San Francisco)	46.95
1993	Calvin Harrison (North Salinas, Salinas)	45.25
1994	James Davis (Will C. Wood, Vacaville)	46.96
1995	Obea Moore (Muir, Pasadena)	46.08
1996	Obea Moore (Muir, Pasadena)	45.81
1997	Eddie Levine (Golden Valley, Merced)	46.77
1998	Mike Ryan (Beverly Hills)	47.62
1999	Blaine Bussey (Taft, Los Angeles)	46.94
2000	Brandon Matlock (Stockdale, Bakersfield)	47.63
2001	Jason Lovell (Cleveland, Los Angeles)	47.51
2002	Blake Mackey (Bakersfield)	47.93
2003	David Gettiss (Dorsey, Los Angeles)	47.41
2004	David Gettiss (Dorsey, Los Angeles)	46.69
2005	David Gettiss (Dorsey, Los Angeles)	45.84
2006	Bryshon Neillum (Poly, Long Beach)	46.38
2007	Bryshon Neillum (Poly, Long Beach)	45.54
2008	Joey Hughes (Poly, Long Beach)	46.28
2009	Reggie Wyatt (La Sierra)	46.13
2010	Josh Mance (Don Lugo, Chico)	45.90
2011	Shaquille Howard (Poly, Long Beach)	47.49

800-Meter Run (Boys)

1915	Gerald Blankenship (Visalia)	1:59.8
1916	Collin Kilby (Coalinga)	2:02.8
1917	Harleigh Baker (Fillmore)	2:02.0
1918	Ken Saunders (Pasadena)	2:02.8
1919	Jerry Pearce (Berkeley)	2:08.2
1920	Paul Stroud (Perris)	1:59.4
1921	Elmer Boyden (Vallejo)	1:59.2
1922	Irving Thomas (Manual Arts, Los Angeles)	2:04.6
1923	Earl Lockhart (Sacramento)	1:59.0
1924	Ed Cloege (Covina)	1:59.1
1925	Alex McKinnon (Poly, Los Angeles)	1:59.8
1926	Doug Knowles (Bakersfield)	2:01.2
1927	Bill McGeagh (Poly, Los Angeles)	2:02.8
1928	Herb Welch (Visalia)	2:01.2
1929	Herb Welch (Visalia)	1:58.4
1930	Al Hassan (Jefferson, Los Angeles)	2:00.1
1931	Carl Satterfield (Manual Arts, Los Angeles)	1:57.6
1932	Ray Cartwright (Santa Ana)	2:00.6
1933	Bill McCurdy (Tamalpais)	2:00.1
1934	Mel Nickerson (Poly, Los Angeles)	1:58.4
1935	Ralph Wood (Carpinteria)	1:57.6
1936	Jerry Lopez (Placer, Auburn)	1:57.1
1937	Jim Lawson (Jordan, Los Angeles)	1:59.7
1938	Leroy Weed (Coachella Valley)	1:58.8
1939	Paul Christensen (Beverly Hills)	2:01.3
1940	Roger Lane (San Rafael)	1:57.7
1941	Thelmo Knowles (Santa Monica)	1:55.6
1942-45	(No meet held)	
1946	Dan Guest (Santa Monica)	2:00.5
1947	Jerome Walters (Compton)	1:57.6
1948	Wilbur Firestone (Compton)	1:57.8
1949	Wilbur Firestone (Compton)	1:58.1
1950	Lang Stanley (Jefferson, Los Angeles)	1:53.9
1951	Gene Jones (Oakland Technical)	1:58.9
1952	Jim Briggs (Pittsburg)	1:57.2
1953	Don Bowden (Lincoln, San Jose)	1:57.1
1954	Don Bowden (Lincoln, San Jose)	1:52.9
1955	Leonard Havens (Avenal)	1:57.0
1956	Jerry Siebert (Willits)	1:53.8
1957	Jim Cerveny (Mission Bay, San Diego)	1:52.7
1958	Alfred Gentry (Fremont, Los Angeles)	1:55.4
1959	Dave Dunbar (Westmoor, Daly City)	1:53.2
1960	Ray VanAsten (Bonita, La Verne)	1:51.9
1961	Mike Gibbeau (Lincoln, San Francisco)	1:53.1
1962	Doug Parker (Chico)	1:52.2

1963	Dennis Carr (Lowell, Whittier)	1:50.9
1964	Bob Hose (Madison, San Diego)	1:51.7
1965	Richard Joyce (Sierra, Whittier)	1:48.8
1966	Terry Rogers (Hilltop, Chula Vista)	1:51.5
1967	Lawrence Banks (Dorsey, Los Angeles)	1:51.2
1968	George Alfaro (Pittsburg)	1:52.3
1969	Ricco Sanchez (Canoga Park)	1:51.6
1970	Rick Brown (Los Altos)	1:50.6
1971	Perrell Keeling (Morningside, Inglewood)	1:51.8
1972	Dale Scott (El Cerrito)	1:49.7
1973	Randy Lopez (Alhambra)	1:52.4
1974	John Musich (Burbank)	1:51.0
1975	Conrad Suhr (Leigh, San Jose)	1:51.0
1976	Wyatt Bishop (Carlimont, Belmont)	1:54.4
1977	Jim Walters (Estancia, Costa Mesa)	1:49.4
1978	David Mack (Locke, Los Angeles)	1:51.83
1979	David Mack (Locke, Los Angeles)	1:50.18
1980	Peter Quinonez (Tulare)	1:50.13
1981	Pete Richardson (Berkeley)	1:47.31
1982	Sean Langer (Los Altos)	1:49.99
1983	Kimmie James (Richmond)	1:50.63
1984	Eric Schermerhorn (Woodbridge, Irvine)	1:49.61
1985	Sean Langer (Bakersfield)	1:51.75
1986	Vincent Thompson (Locke, Los Angeles)	1:50.25
1987	Don Gabor (Armador Valley, Pleasanton)	1:52.3h
1988	Mark Senior (Mt. Miguel, Spring Valley)	1:51.37
1989	Gordon Johnson (Piedmont)	1:51.88
1990	Craig Magress (Santa Teresa, San Jose)	1:51.66
1991	Mike Terry (El Modena, Orange)	1:53.99
1992	Mike Katri (Fortuna)	1:49.56
1993	Vondre Armour (Bakersfield)	1:50.13
1994	Michael Granville (Bell Gardens)	1:49.82
1995	Aaron Richburg (James Logan, Union City)	1:48.40
1996	Michael Granville (Bell Gardens)	1:50.68
1997	James Levine (Golden Valley, Merced)	1:50.62
1998	Jon Stevens (Mission San Jose, San Jose)	1:52.07
1999	Brandon Shaw (Rancho Verde, Moreno Valley)	1:53.98
2000	Mike Serratos (Don Lugo, Chico)	1:51.75
2001	Tykie Harris (San Geronio)	1:53.80
2002	Michael Haddan (Woodbridge, Irvine)	1:51.41
2003	Duane Solomon (Cabrillo, Lompoc)	1:49.79
2004	Bryan Rodie (Royal, Simi Valley)	1:52.04
2005	Jesse O'Brien (San Pasqual, Escondido)	1:53.71
2006	Cory Primm (Westlake, Westlake Village)	1:50.53
2007	Cory Primm (Westlake, Westlake Village)	1:50.95
2008	Charles Jock (Mission Bay, San Diego)	1:51.64
2009	Sean Krinik (Valencia, Placentia)	1:51.83
2010	Sean Krinik (Valencia, Placentia)	1:48.20
2011	Immanuel Hutchinson (San Jacinto)	1:49.63

1600-Meter Run (Boys)

1915	Gerald Blankenship (Visalia)	4:30.0
1916	Andy Silvas (Oakland Technical)	4:40.6
1917	Whitney Reeves (Pasadena)	4:37.4
1918	Jerry Pearce (Berkeley)	4:44.4
1919	Atwood Scovel (San Bernardino)	4:47.0
1920	Charlie Watts (Berkeley)	4:36.2
1921	Bill Kerr (Huntington Beach)	4:30.4
1922	Les Schwoeboda (Petaluma)	4:40.0
1923	Earl Lockhart (Sacramento)	4:31.6
1924	Lee Hansen (Manual Arts, Los Angeles)	4:37.1
1925	Chesley Unruh (El Monte)	4:35.2
1926	Jack Ferguson (Inglewood)	4:35.7
1927	Cliff Halstead (Sacramento)	4:33.6
1928	Dick Brooks (Redlands)	4:39.0
1929	John Baker (Huntington Beach)	4:31.1
1930	Phil Morentin (Visalia)	4:31.0
1931	Phil Morentin (Visalia)	4:32.8
1932	Virgil Hooper (Antelope Valley)	4:32.3
1933	Virgil Hooper (Antelope Valley)	4:29.2
1934	Louis Zamperini (Torrance)	4:27.8
1935	Elmer Bayer (Paso Robles)	4:30.4
1936	Simon Scott (Tamalpais)	4:31.2
1937	Bruce Hammack (Yreka)	4:30.4
1938	Jack Moore (Stockton)	4:26.9
1939	John Hall (Torrance)	4:26.8
1940	Kellen Ramirez (Edison, Fresno)	4:31.5
1941	Bob Ingram (San Jose)	4:32.8
1942-45	(No meet held)	
1946	Bob McMillen (Cathedral, Los Angeles)	4:24.0
1947	Chuck Kohl (Compton, Los Angeles)	4:29.2
1948	John Woolley (Marshall Fundamental)	4:29.1
1949	Ellwyn Stribling (Commerce, San Francisco)	4:25.1
1950	Ron Bauer (Washington, San Francisco)	4:23.7
1951	Allie Cage (McClymonds, Oakland)	4:30.7

1952	Fernando Ledesma (Compton)	4:23.2
1953	Bob Seaman (Reedley)	4:21.0
1954	Ty Hadley (Bellflower)	4:25.8
1955	Tod White (Newport Harbor)	4:20.0
1956	Ron Larrieu (Palo Alto)	4:20.1
1957	Tim Roelen (San Fernando)	4:20.2
1958	Woody Covington (Compton)	4:23.7
1959	Dale Storey (Orange)	4:11.0
1960	Ben Tucker (Poly, San Francisco)	4:14.3
1961	Bruce Bess (La Habra)	4:18.8
1962	Dennis Carr (Lowell, Whittier)	4:08.7
1963	Tracy Smith (Arcadia)	4:14.4
1964	Mike Ryan (Wilcox, Santa Clara)	4:11.2
1965	Tim Danielson (Chula Vista)	4:08.0
1966	Tim Danielson (Chula Vista)	4:07.0
1967	Mike Solomon (Westminster)	4:11.4
1968	Clifton Toss (Kennedy, Sacramento)	4:09.0
1969	Decker Underwood (South Torrance, Torrance)	4:12.1
1970	Brent Tubb (Cleveland, Reseda)	4:12.9
1971	Brent Tubb (Cleveland, Reseda)	4:09.6
1972	Mark Schilling (Garden Grove)	4:05.4
1973	Alvin Gilmore (Lompoc)	4:11.4
1974	Rick Kimball (De La Salle, Concord)	4:06.6
1975	John Johnson (Skyline, Oakland)	4:09.5
1976	Jim Arriola (Gahr, Cerritos)	4:14.6
1977	Mark Stillman (Willow Glen, San Jose)	4:06.9
1978	Paul Medvin (University, Los Angeles)	4:08.91
1979	Paul Medvin (University, Los Angeles)	4:12.9
1980	Larry Guinne (Castro Valley)	4:06.18
1981	Jeff Scott (El Camino, Sacramento)	4:10.06
1982	Tom Grewe (Carpinteria)	4:08.05
1983	Jim Frey (Yreka)	4:08.82
1984	Roman Gomez (Belmont, Los Angeles)	4:09.05
1985	Roman Gomez (Belmont, Los Angeles)	4:15.93
1986	Mark Mastalar (Jesuit, Carmichael)	4:07.81
1987	Scott Robinson (Bellarmine, San Jose)	4:07.95
1988	Reggie Williams (River City, West Sacramento)	4:08.78
1989	Francis O'Neil (San Pasqual, Escondido)	4:08.67
1990	Coley Candaele (Carpinteria)	4:06.26
1991	Daniel DasNeves (Helix, La Mesa)	4:12.22
1992	Daniel DasNeves (Helix, La Mesa)	4:09.54
1993	Brian Wilkinson (Merced)	4:08.13
1994	Mebrahton Keflezighi (San Diego)	4:07.67
1995	Michael Stember (Jesuit, Carmichael)	4:04.00
1996	Michael Stember (Jesuit, Carmichael)	4:06.72
1997	Jon Stevens (Mission, San Jose)	4:10.08
1998	Jon Stevens (Mission, San Jose)	4:12.58
1999	Marcus Chandler (Serra, San Diego)	4:10.44



German Fernandez from Riverbank shattered the previous national record in the 3200 meters by nearly eight seconds with a time of 8:34.23 at the 2008 State meet. This performance followed his near-national record showing earlier in the day in the 1600.

CIF State Track and Field Individual Champions

2000	Evan Fox (West Hills, Santee).....	4:09.44
2001	Ryan Hall (Big Bear, Big Bear Lake).....	4:02.62
2002	Matt Johnsrud (Woodcreek, Roseville).....	4:11.89
2003	Phillip Reid (Rio Mesa, Oxnard).....	4:08.49
2004	Mark Matusak (Loyola, Los Angeles).....	4:15.89
2005	Mark Matusak (Loyola, Los Angeles).....	4:10.72
2006	AJ Acosta (El Camino, Oceanside).....	4:04.95
2007	Hudson Andrews (Royal, Simi Valley).....	4:07.59
2008	German Fernandez (Riverbank).....	4:00.29
2009	Mac Fleet (University City, San Diego).....	4:05.33
2010	Elias Gedyon (Loyola, Los Angeles).....	4:21.12
2011	Jantzen Oshier (Trabucco Hills, Mission Viejo).....	4:00.83

3200-Meter Run (Boys)

1965	Ralph Gamez (Berkeley).....	9:12.9
1966	Ralph Gamez (Berkeley).....	9:01.6
1967	Pete Romero (Redley).....	9:00.5
1968	Ruben Chappins (Excelsior, Norwalk).....	9:05.7
1969	Ruben Chappins (Excelsior, Norwalk).....	8:57.0
1970	Ron Johnson (West Torrance, Torrance).....	8:55.6
1971	Dale Fleet (Clairemont, San Diego).....	8:53.8
1972	Curtis Beck (Santa Monica).....	8:52.3
1973	Terry Williams (Lompoc).....	8:54.8
1974	Rick Kimball (De La Salle, Concord).....	8:46.5
1975	Eric Hulst (Laguna Beach).....	8:44.9
1976	Eric Hulst (Laguna Beach).....	8:57.4
1977	Frank Assuma (Eisenhower, Rialto).....	8:52.9
1978	Jeff Nelson (Burbank).....	8:59.28
1979	Jeff Nelson (Burbank).....	8:47.35
1980	Andy DiConti (La Canada).....	8:55.79
1981	Jon Butler (Edison, Huntington Beach).....	8:46.78
1982	Harold Kuphaldt (Bella Vista, Fair Oaks).....	8:51.99
1983	Eric Reynolds (Camarillo).....	8:54.75
1984	Roman Gomez (Belmont, Los Angeles).....	8:58.91
1985	Roman Gomez (Belmont, Los Angeles).....	9:03.05
1986	Eric Mastalir (Jesuit, Carmichael).....	8:44.95
1987	Paul Thomas (Jesuit, Carmichael).....	9:02.82
1988	Reggie Williams (River City, West Sacramento).....	8:59.61
1989	David Welsh (Jesuit, Carmichael).....	8:58.08
1990	Bryan Dameworth (Agoura).....	8:53.26
1991	Dave Hartman (Canyon, Canyon Country).....	8:58.38
1992	Angel Martinez (San Gabriel).....	8:56.34
1993	Matt Farley (Jesuit, Carmichael).....	9:04.39
1994	Mebrahton Keftelzighi (San Diego).....	8:58.11
1995	Jason Balkman (Lynbrook, San Jose).....	9:05.31
1996	Aaron Gillen (Yreka).....	9:03.96
1997	Isaiah Festa (Morro Bay).....	9:06.06
1998	Gary Passanisi (Aptos).....	9:05.74
1999	Josh Spiker (Ventura).....	9:02.00
2000	Ryan Hall (Big Bear, Big Bear Lake).....	8:55.12
2001	Yong-Sung Leal (Arroyo, San Lorenzo).....	9:00.49
2002	Kyle Alcorn (Buchanan, Clovis).....	9:00.46
2003	Tim Nelson (Liberty Christian, Redding).....	8:53.59
2004	Yosef Ghebray (James Logan, Union City).....	9:04.20
2005	Michael Cybulski (Royal, Simi Valley).....	9:02.57
2006	Michael Cybulski (Royal, Simi Valley).....	8:53.77
2007	Eric Avila (Bonita Vista, Chula Vista).....	9:01.77
2008	German Fernandez (Riverbank).....	8:34.23
2009	Chris Schwartz (Foothill).....	8:51.60
2010	Sam Pons (South Pasadena).....	8:55.40
2011	Elias Gedyon (Loyola, Los Angeles).....	8:50.03

110-Meter High Hurdles (Boys)

1915	Earl Thomson (Poly, Long Beach).....	15.2
1916	Harry Lampont (Manual Arts, Los Angeles).....	16.4
1917	Earl Johnston (Fullerton).....	16.2
1918	Larry Rice (Fresno).....	16.0
1919	Charley Daggs (Claremont).....	16.6
1920	Otto Anderson (Pomona).....	15.8
1921	Jack Houston (Lincoln, Los Angeles).....	16.0
1922	Richard Bleet (Manual Arts, Los Angeles).....	16.6
1923	Ross Nichols (Huntington Beach).....	15.4
1924	Ross Nichols (Huntington Beach).....	15.3
1925	Les Eade (Hollywood).....	15.4
1926	Jim Meeks (Hollywood).....	15.1
1927	Jeddy Welsh (Pasadena).....	14.8
1928	Joe Bills (Poly, Long Beach).....	15.6
1929	Bernie Miller (Hollywood).....	15.4
1930	Bill DuPuy (Inglewood).....	15.4
1931	Art Fisher (Redlands).....	15.5
1932	Jack Ward (Selma).....	15.0
1933	Roy Staley (Santa Monica).....	15.2
1934	Roy Kirpatrick (Central, El Cerrito).....	14.7
1935	Johnny Lindell (Monrovia).....	15.0

1936	Doug Busby (Sacramento).....	15.7
1937	Ray Seares (Wilson, Long Beach).....	15.5
1938	John Biewener (San Diego).....	15.3
1939	Don Diez (Lincoln, Los Angeles).....	14.9
	Sam Johnson (Fillmore).....	14.9
1940	Keith Hale (Bakersfield).....	14.7
	Don Reiss (Burlingame).....	14.7
1941	Omar Cowies (Palo Alto).....	14.3

1942-45	(No meet held)	
1946	Bob Bacon (Redondo).....	14.5
1947	Hugh McElhenry (Washington, Los Angeles).....	14.5
1948	Bob Mathias (Tulare).....	14.5
1949	Jack Davis (Hoover, Glendale).....	14.4
1950	Steve Turner (Glendale).....	14.1
1951	Don Brinker (Fresno).....	14.5
1952	Ancel Robinson (Selma).....	14.7
1953	Harry Healey (Keppel).....	14.4
1954	Rafer Johnson (Kingsburg).....	14.3
1955	Ken Thompson (Centennial, Compton).....	14.1
1956	Dale Messer (Lemoore).....	14.2
1957	Ken Overholser (Glendale).....	14.3
1958	Floyd James (Centennial, Compton).....	14.1
1959	Bob Pierce (Burbank).....	14.3
1960	Robert Bonds (Poly, Riverside).....	13.9
1961	Abe Johnson (McClymonds, Oakland).....	14.2w
1962	Ron White (Dorsey, Los Angeles).....	14.0
1963	Carl Davis (Compton).....	13.9
1964	Earl McCullough (Poly, Long Beach).....	14.1
1965	Bill Persons (San Francisco).....	13.8
	Rich Miller (Monrovia).....	13.8

1966	Donald Parish (Dorsey, Los Angeles).....	13.9
1967	Jerry Proctor (Muir, Pasadena).....	13.7
1968	Kerry Hampton (Poly, San Francisco).....	14.0
1969	Jerry Wilson (Roosevelt, Fresno).....	13.7
1970	Alfonzo Hall (Morningside, Inglewood).....	13.9
1971	Charles Jackson (Lompoc).....	13.6w
1972	Daniel Jones (Palo Verde, Blythe).....	13.6
1973	Mike Johnson (Pasadena).....	13.6w
1974	Fred Shaw (Muir, Pasadena).....	13.7
1975	Robert Gains (Kennedy, Richmond).....	13.3
1976	Lloyd Jones (Ganesha, Pomona).....	14.5
1977	Phillip Johnson (Gardena).....	13.66
1978	Milan Stewart (West Covina).....	13.97
1979	Jim Scannella (San Ramon, Danville).....	13.87
1980	Don Ward (St. Mary's, Berkeley).....	13.73
1981	David Ashford (West Covina).....	13.67
1982	Steve Kerho (Mission Viejo).....	13.41
1983	Mark Boyd (St. Mary's, Berkeley).....	13.93
1984	Raymond Young (Hawthorne).....	14.32
1985	Robert Reading (St. Mary's, Berkeley).....	13.88
1986	Terry Johnson (Katella, Anaheim).....	13.88
1987	Dana Hall (Ganesha, Pomona).....	13.98
1988	Darrell Thompson (Cerritos).....	14.25
1989	William Henry (Arroyo Grande).....	14.05
1990	Curtis Hawkins (Carson).....	14.41
1991	Issac Carson (Jefferson, Los Angeles).....	13.67
1992	Charlie Davidson (Saddleback, Santa Ana).....	13.94w
1993	Drue Powell (Reseda).....	13.87
1994	Gerimi Burleigh (Upland).....	13.93w
1995	Joe Naivalu (Fremont, San Jose).....	14.33
1996	Joe Naivalu (Fremont, San Jose).....	13.68
1997	Dominique DeGrammont (Tustin).....	13.48
1998	Marcell Allmond (St. Paul, Santa Fe Springs).....	13.83
1999	Marcell Allmond (St. Paul, Santa Fe Springs).....	13.54
2000	Christopher Morgan (Taft, Woodland Hills).....	13.95
2001	Christopher Morgan (Taft, Woodland Hills).....	13.59w
2002	Thomas Mack (Bakersfield).....	14.34
2003	Kevin Craddock (James Logan, Union City).....	14.09
2004	Kevin Craddock (James Logan, Union City).....	13.39
2005	Robert Williams (Ramona).....	13.97
2006	Terry Prentice (Diamond Ranch, Pomona).....	14.11
2007	Terry Prentice (Diamond Ranch, Pomona).....	13.53
2008	Devron Walker (Dominguez, Compton).....	13.96
2009	David Jones (Taft, Woodland Hills).....	13.76
2010	Johnathan Cabral (Agoura, Agoura Hills).....	13.54
2011	Johnathan Cabral (Agoura, Agoura Hills).....	13.79

300-Meter Intermediate Hurdles (Boys)

1975	Dedy Cooper (Ellis, Richmond).....	36.5
1976	Charles White (San Fernando).....	36.7
1977	Andre Phillips (Silver Creek, San Jose).....	36.43
1978	Gary Lee (Poly, Long Beach).....	36.58
1979	Gary Lee (Poly, Long Beach).....	36.22
1980	Don Ward (St. Mary's, Berkeley).....	36.57
1981	Walter Murray (Berkeley).....	36.26



Reggie Wyatt's 35.02 in the 300-meter intermediate hurdles at the 2009 State meet bettered the national record set by Jeshua Anderson (35.28) at the 2007 State meet.

1982	Steve Kerho (Mission Viejo).....	35.85
1983	Danny Harris (Perris).....	35.52
1984	George Porter (Cabrillo, Lompoc).....	36.10
1985	George Porter (Cabrillo, Lompoc).....	35.50
1986	Rodney Bradshaw (Saugus, Santa Clarita).....	37.30
1987	Yki Vallery (Hawthorne).....	37.14
1988	John Montgomery (Independence, San Jose).....	36.43
1989	John Prudent (Siena, Napa).....	37.28
1990	Rocky Morris (Andrew Hill, San Jose).....	37.46
1991	Keith Williams (Escondido).....	37.28
1992	Demond Smith (Hawthorne).....	37.34
1993	Kenny Haslip (Muir, Pasadena).....	37.80
1994	Kenny Haslip (Muir, Pasadena).....	37.14
1995	Mickey Grimes (Canyon Springs, Moreno Valley).....	36.83
1996	Makio Hayward (Muir, Pasadena).....	36.18
1997	Kenyon Rambo (Poly, Long Beach).....	36.57
1998	Al Williams (Irvine).....	37.17
1999	Rico Hatter (Vallejo).....	36.53
2000	Trevor Jones (Newport Harbor).....	36.60
2001	Jeffrey Hunter (Granite Hills, El Cajon).....	36.25
2002	Thomas Mack (Bakersfield).....	37.45
2003	Brandon Bomes (Rancho Buena Vista, Vista).....	38.00
2004	Kevin Craddock (James Logan, Union City).....	35.93
2005	David Klech (California, San Ramon).....	36.06
2006	David Klech (California, San Ramon).....	35.87
2007	Jeshua Anderson (Taft, Woodland Hills).....	35.28
2008	Brian Baucham (West Torrance).....	37.26
2009	Reggie Wyatt (La Sierra).....	36.71
2010	R.J. Frasier (Jesuit, Sacramento).....	36.90
2011	Johnathan Cabral (Agoura, Agoura Hills).....	36.20

400-Meter Relay (Boys)

1968	Centennial (Compton).....	41.5
1969	Castlemont (Oakland).....	41.4
1970	Santa Ana.....	41.6
1971	El Cerrito.....	41.0
1972	Wilson (San Francisco).....	41.3
1973	Wilson (San Francisco).....	41.5
1974	Kennedy (Richmond).....	41.2
1975	Ells (Richmond).....	41.2
1976	Kennedy (Barstow).....	41.4
1977	Pasadena.....	41.61
1978	El Cerrito.....	41.55
1979	Pasadena.....	41.45
1980	Washington (Los Angeles).....	41.51
1981	Berkeley.....	40.86
1982	Oakland.....	41.09
1983	Edison (Fresno).....	40.83
1984	Berkeley.....	40.93
1985	Muir (Pasadena).....	41.32
1986	Hiram Johnson (Sacramento).....	41.30
1987	Muir (Pasadena).....	40.78
1988	Oakland.....	41.33
1989	Poly (Long Beach).....	41.82
1990	San Bernardino.....	41.05
1991	Compton.....	41.68
1992	Morningside (Inglewood).....	42.04
1993	Merced.....	41.42
1994	El Camino (Oceanside).....	41.16
1995	Skyline (Oakland).....	40.78
1996	Serra (Gardena).....	40.63
1997	Muir (Pasadena).....	40.35
1998	Poly (Long Beach).....	40.45
1999	Vallejo.....	40.94

CIF State Track and Field Individual Champions

2000	Serra (Gardena)	40.97
2001	Heix (La Mesa)	41.17
2002	Poly (Long Beach)	40.63
2003	Carson (Los Angeles)	41.53
2004	Skyline (Oakland)	40.95
2005	Dorsey (Los Angeles)	40.92
2006	Notre Dame (Sherman Oaks)	41:27
2007	Poly (Long Beach)	40.81
2008	Poly (Long Beach)	41.26
2009	Serra (Gardena)	40.67
2010	Poly (Long Beach)	41.13
2011	Oaks Christian (Westlake Village)	41.19

1600-Meter Relay (Boys)

1968	Centennial (Compton)	3:14.3
1969	Los Angeles	3:15.2
1970	Los Altos (Los Altos)	3:15.6
1971	Castlemont (Oakland)	3:13.2
1972	El Cerrito	3:17.6
1973	Cordova (Rancho Cordova)	3:17.4
1974	Muir (Pasadena)	3:13.8
1975	Eils (Richmond)	3:15.7
1976	Pasadena	3:18.2
1977	Pasadena	3:13.7
1978	Banning (Wilmington)	3:11.57
1979	Locke (Los Angeles)	3:14.04
1980	Centennial (Compton)	3:10.37
1981	Berkeley	3:08.94
1982	Compton	3:14.45
1983	Hawthorne	3:10.11
1984	Hawthorne	3:09.45
1985	Hawthorne	3:14.13
1986	Hawthorne	3:14.79
1987	Hawthorne	3:11.77
1988	Hawthorne	3:10.46
1989	Dorsey (Los Angeles)	3:12.21
1990	Muir (Pasadena)	3:14.00
1991	Morningside (Inglewood)	3:15.01
1992	Morningside (Inglewood)	3:15.37
1993	North Salinas (Salinas)	3:14.19
1994	Muir (Pasadena)	3:12.54
1995	Muir (Pasadena)	3:13.08
1996	Muir (Pasadena)	3:08.66
1997	Dominguez (Compton)	3:12.51
1998	Dominguez (Compton)	3:12.64
1999	Dorsey (Los Angeles)	3:13.01
2000	Serra (Gardena)	3:12.94
2001	Poly (Long Beach)	3:15.11
2002	Poly (Long Beach)	3:12.90
2003	Poly (Long Beach)	3:14.35
2004	Poly (Long Beach)	3:13.74
2005	Dorsey (Los Angeles)	3:12.12
2006	J.W. North (Riverside)	3:10.36
2007	Poly (Long Beach)	3:10.92
2008	Dominguez (Compton)	3:09.59
2009	Lutheran (Orange)	3:14.53
2010	Serra (Gardena)	3:08.42
2011	Poly (Long Beach)	3:12.44

Discus Throw (Boys)

1915	Cifford Merritt (Santa Rosa)	113-00
1916	Wayne Weeks (Santa Rosa)	117-00
1917	Roy Evans (Chaffey)	122-11
1918	Johnny Boyle (Los Angeles)	114-02.75
1919	Johnny Boyle (Los Angeles)	120-06
1920	Clarence Houser (Oxnard)	123-08
1921	Clarence Houser (Oxnard)	135-00.50
1922	Clarence Houser (Oxnard)	144-03.20
1923	Eric Krenz (Stockton)	128-04.25
1924	Robert Patton (Poly, Riverside)	124-06.50
1925	Eddie Moeller (San Diego)	126-00.62
1926	Eddie Moeller (San Diego)	141-00
1927	Fred Steiner (Chaffey)	135-08
1928	Dudley Stephens (Woodland)	135-00.37
1929	Dudley Stephens (Woodland)	134-09
1930	Gordon Dunn (Fresno)	130-05.12
1931	George Theodoratus (Sacramento)	132-01.50
1932	Arlo Munch (Poly, Long Beach)	130-11.50
1949	John Henry Johnson (Pittsburg)	145-02
1950	Louie Irigara (Lemoore)	145-01.25
1951	Leon Patterson (Taft)	165-02
1954	Jack Egan (Balboa, San Francisco)	159-01.50
1955	Wayne Crow (Corcoran)	160-07
1956	Wayne Crow (Corcoran)	171-05.25

1957	Don Bell (Alameda)	172-03.75
1958	Bill Hook (Ukiah)	166-08
1959	Ron Sindow (San Rafael)	176-01
1960	Alex Darnes (Poly, San Francisco)	178-08
1961	Bob Stoecker (Los Altos)	188-06.50
1962	Bob Stoecker (Los Altos)	185-11.50
1963	Stan McDonald (Edison, Fresno)	178-01
1964	Bill Staley (Las Lomas, Walnut Creek)	181-02
1965	Bruce Naglee (Baltimore, San Jose)	172-03.50
1966	Jim Peters (Piedmont)	189-01
1967	Fred DeBernardi (Hart, Newhall)	178-02
1968	Rory Kanward (San Marcos, Santa Barbara)	183-11
1969	Chris Adams (Los Altos)	188-00
1970	Chris Adams (Los Altos)	201-03
1971	Bob Otto (Porterville)	184-09
1972	Scott Overton (Los Altos)	185-10
1973	Lonnie Shelton (Foothill, Bakersfield)	195-05
1974	Ray Burton (Vacaville)	193-00
1975	Mike Alberg (Lodi)	171-11
1976	Scott Endler (Hoover, Fresno)	192-10
1977	David Thompson (Santa Ynez)	190-00
1978	David Porath (Atwater)	199-05
1979	Hank Kraychir (San Jacinto)	192-09
1980	Paul Bender (Shafter)	192-09
1981	Antonio Dobbins (Burroughs, Ridgecrest)	180-10
1982	Antonio Dobbins (Burroughs, Ridgecrest)	191-01
1983	Barry Estes (Clovis)	183-04
1984	Tambi Wenj (Fountain Valley)	185-11
1985	Brian Bluetreich (Capistrano Valley, Mission Viejo)	203-04
1986	Jeff Hooper (Del Campo, Fair Oaks)	187-04
1987	Dave Bultman (Royal, Simi Valley)	193-06
1988	John Wirtz (Leland, San Jose)	192-10
1989	Derrick Stevens (Bakersfield)	188-02
1990	Rob Powell (Redwood, Visalia)	203-04
1991	Jeff Buckley (Bakersfield)	182-05
1992	Jeff Buckley (Bakersfield)	186-10
1993	Chad Peare (Trabuco Hills, Mission Viejo)	182-02
1994	Jeremy Staaf (Bakersfield)	183-08
1995	Chad Jones (Arroyo Grande)	183-09
1996	Scott Moser (Huntington Beach)	185-07
1997	Scott Moser (Huntington Beach)	203-02
1998	Reedus Thurman (Serra, Gardena)	202-01
1999	Dan Ames (El Capitan, Lakeside)	199-09
2000	Travis Pendleton (Esperanza, Anaheim)	203-05
2001	Sean Shields (Arroyo Grande)	189-01
2002	Jared Morgan (La Quinta)	194-01
2003	Nik Kay (Los Gatos)	203-03
2004	Daniel Schaerer (The Bishop's School, La Jolla)	206-05
2005	Darius Savage (Morse, San Diego)	194-08
2006	Darius Savage (Morse, San Diego)	205-06
2007	Derek Johnson (Agoura, Agoura Hills)	203-06
2008	Dayshan Ragans (Foothill, Bakersfield)	202-06
2009	Matt Darr (Frontier, Bakersfield)	192-00
2010	Willy Irwin (Clovis East)	207-08
2011	Ethan Cochran (Newport Harbor, Newport)	185-09

High Jump (Boys)

1915	Millard Webster (Santa Paula)	5-09.50
1916	Titus Moore (Pasadena)	5-08.50
1917	Lloyd Hill (Coalinga)	5-09.25
1918	Harold Muller (San Diego)	5-01.75
1919	Harold Muller (Oakland Technical)	5-06
1920	Oliver Corey (Chaffey)	6-00
1921	Al Fisher (Lincoln, Los Angeles)	6-00.37
1922	Ed Shaw (Monrovia)	5-10.75
1923	Henry Coggeshall (Poly, Los Angeles)	5-11
1924	Henry Coggeshall (Poly, Los Angeles)	6-01.25
1925	Al Bowen (Santa Monica)	6-01.50
1926	Olympus Carter (Jordan, Los Angeles)	5-11
	Bob Van Osdal (Compton)	5-11
1927	Lynford Scott (Eureka)	6-00.75
1928	Henry Lassalette (La Puente)	6-02.12
	Bob Van Osdal (Compton)	6-02.12
1929	Walter Marty (Fresno)	6-04.25
1930	Kermit Plowman (Sequoia)	6-00.50
1931	Paul Jacques (Santa Ana)	6-04.12
1932	Cornelius Johnson (Los Angeles)	6-03
1933	Cornelius Johnson (Los Angeles)	6-04.75
1934	Delos Thurber (Glendale)	6-05.87
1935	Les Steers (Palo Alto)	6-02
1936	Les Steers (Palo Alto)	6-00.75
1937	Les Steers (Palo Alto)	6-04
1938	Gil La Cava (Beverly Hills)	6-07.12
1939	Bill Stewart (Torrance)	6-04
1940	Jack Newman (Poly, Long Beach)	6-04.12

1941	Henry Caldwell (Edison, Fresno)	6-01
1942-45	(No meet held)	
1946	Wilfred Schlange (Citrus)	6-02
	Dick Smith (Roosevelt, Fresno)	6-02
1947	Daryl Butts (Excelsior, Norwalk)	6-00
	Walter Kirk (Porterville)	6-00
1948	Dick Brombach (Poly, Long Beach)	6-03
	Ed Young (Jefferson, Los Angeles)	6-03
1949	Norman Woods (Jefferson, Los Angeles)	6-03
1950	Ralph Bonham (Pomona)	6-02.50
1951	Vern Wilson (San Jose)	6-02
1952	Bernie Allard (Fresno)	6-05.50
1953	Bernie Nelson (Hoover, San Diego)	6-04
1954	Dick Daily (Hayward)	6-05.50
1955	Charlie Dumas (Centennial, Compton)	6-08.87
1956	Curtis Chappel (Jefferson, Los Angeles)	6-03.25
1957	Robert Avant (Hart, Newhall)	6-08
1958	Ray Nickleberry (Oxnard)	6-08
	Paul Stuber (Bellflower)	6-08
1959	Paul Stuber (Bellflower)	6-07.25
1960	Archie Green (Oakland)	6-06.25
	Roger Olsen (Willow Glen, San Jose)	6-06.25
1961	Richard Jones (Bakersfield)	6-08.25
1962	Richard Jones (Bakersfield)	6-07.50
	Otis Burrell (Jefferson, Los Angeles)	6-07.50
	Bob Channell (McLane, Fresno)	6-07.50
1963	Ed Caruthers (Santa Ana Valley, Santa Ana)	6-08
1964	Greg Heet (Lowell, Whittier)	6-07.75
	Ken Brown (Castlemont, Oakland)	6-08.50
1966	Tom Clyburn (Balboa, San Francisco)	6-10
1967	Reynaldo Brown (Compton)	6-09.25
1968	Reynaldo Brown (Compton)	7-00
1969	Reynaldo Brown (Compton)	7-00
1970	Jerry Culp (Oceanside)	7-00.25
1971	Dwight Stones (Glendale)	7-01.50
1972	Carl Miles (Poly, Long Beach)	6-10
1973	Randy Turner (Wilson, San Francisco)	6-06
1974	Charles Hatch (Wilson, San Francisco)	7-00
1975	Johnny Washington (Fremont, Los Angeles)	7-00
1976	John Lane (American, Fremont)	6-11
1977	Dennis Smith (Santa Monica)	7-02
1978	Brad Harris (Los Alamitos)	6-11
1979	Lee Balkin (Glendale)	7-03.25
1980	Greg Denby (Crenshaw, Los Angeles)	6-10
1981	Anthony Caire (Plus X, Downey)	7-01
1982	Maurice Crumby (Balboa, San Francisco)	7-00
1983	Maurice Crumby (Balboa, San Francisco)	7-02
1984	Kenny Burke (Westlake, Westlake Village)	7-00
1985	Mark Webster (Homestead, Cupertino)	6-09
1986	Derrick Moore (Millikan, Long Beach)	6-10
1987	Luis Juico (Piedmont Hills, San Jose)	7-01
1988	Reggie Bettor (Antelope Valley)	7-00
1989	Mark Wilson (Charter Oak, Covina)	7-00
1990	Kevin Carlson (Katella, Anaheim)	7-00
1991	Avery Anderson (J.W. North, Riverside)	7-02
1992	Griffin Childers (Woodland)	6-11
1993	Jeff Nadeau (Monroe, North Hills)	7-02
1994	Jeremy Fischer (Camarillo)	7-00
1995	Michael Wilkins (Red Bluff)	7-00
1996	Elliott Parks (El Toro, Lake Forest)	6-10
1997	Jason Howard (Ridgeview, Bakersfield)	7-01
1998	Darren Marble (Los Altos)	6-08
1999	Gabe Zarete (Parlier)	6-11
2000	Ebon Glenn (St. Mary's, Berkeley)	7-00
2001	Teak Wilburn (Chico)	6-10
2002	Cole Herron (Sanger)	6-11
2003	Cole Herron (Sanger)	6-10
2004	Ed Wright (St. Mary's, Berkeley)	6-10.25
2005	Fletcher Carlyle (Vintage, Napa)	6-09
2006	Casey Ryan (Argonaut, Jackson)	6-09
2007	Daniel Kirkpatrick (Trabuco Hills, Mission Viejo)	6-11
2008	Harrison Steed (J Serra, San Juan Capistrano)	7-01
2009	Nick Ross (Vista Murrieta, Murrieta)	7-01
2010	Tyler Jordan (Romona)	6-11
2011	Crampton Cody (Canyon, Anaheim)	6-11

Long Jump (Boys)

1915	Ernest Plavan (Santa Ana)	21-02.00
1916	Harry Lamport (Manual Arts, Los Angeles)	21-05.25
1917	Gene Davis (Poly, Los Angeles)	21-10.50
1918	Roy Hasselbach (Fresno)	21-10.50
1919	Harold Miller (Oakland Technical)	20-11.25
1920	Verden Nash (Chino)	21-00.50
1921	Verden Nash (Chino)	21-10.50
1922	Verden Nash (Huntington Beach)	21-05.25

CIF State Track and Field Individual Champions

1923	Mort Kaer (Red Bluff).....	23-02.75
1924	Virgil Elliot (Huntington Beach).....	22-03.50
1925	Fred Osborne (Fullerton).....	21-08.50
1926	Walter Rehwald (Lincoln, Los Angeles).....	21-08.50
1927	Frank Wycoff (Glendale).....	22-05.00
1928	Dick Barber (Poly, Long Beach).....	23-05.75
1929	Wells Ruby (Hollywood).....	22-07.25
1930	George Shehtanian (Tulare).....	22-02.62
1931	Floyd Wilson (Riverside).....	23-02.62
1932	Tom White (Poly, Long Beach).....	22-10.50
1933	Don Skinner (Manual Arts).....	22-08.00
1934	Don Skinner (Manual Arts).....	23-08.50
1935	Jimmy Montgomery (El Monte).....	23-00.25
1936	Eddie Arnold (Muir).....	23-01.75
1937	Bill Bugbee (Montebello).....	23-01.00
1938	Bill Bugbee (Montebello).....	23-07.12
1939	Jim Jurkovich (Fresno).....	24-00.50
1940	Glenn Shoop (Long Beach, Jordan).....	22-02.50
1941	Ray Meagher (Bakersfield).....	23-05.75
1942-45	(No meet held)	
1946	Carl Monser (Alameda).....	22-02.25
1947	Hugh McElhenry (Washington, Los Angeles).....	22-10.50
1948	George Brown (Jordan, Los Angeles).....	23-02.25
1949	George Brown (Jordan, Los Angeles).....	24-06.25
1950	William Johnson (Jefferson, Los Angeles).....	24-02.75
1951	Bill Holland (Jefferson, Los Angeles).....	22-05.75
1952	Rollin Garrison (Compton).....	23-05.25
1953	Monte Upshaw (Piedmont).....	23-05.00
1954	Monte Upshaw (Piedmont).....	25-04.25
1955	Bobby Baines (Jordan, Los Angeles).....	23-03.50
1956	Oscar Bean (Jefferson, Los Angeles).....	24-09.00
1957	Luther Hayes (Lincoln, San Diego).....	23-08.50
1958	Steve Rogers (Brawley).....	24-06.00
1959	Efthen Jones (Delano).....	23-05.75
1960	Walt Roberts (Compton).....	24-07.25
1961	Robert McKeever (Fremont, Los Angeles).....	24-03.00
1962	James Kennedy (Lincoln, San Diego).....	24-05.75
1963	Jerry Williams (Berkeley).....	24-03.50
1964	Bobby Bonds (Poly, Riverside).....	25-03.00
1965	Manuel Murrell (Poly, Long Beach).....	24-09.75
1966	Doyle Steel (San Diego).....	25-03.25
1967	Jerry Proctor (Muir, Pasadena).....	25-04.50
1968	Heulon Hewitt (Merced).....	24-07.00
1969	James McAllister (Blair, Pasadena).....	24-02.25
1970	Lynn Swann (Serra, San Mateo).....	24-02.75
1971	Randy Williams (Edison, Fresno).....	26-03.25w
1972	Carl McCullough (Sacramento).....	24-07.00
1973	Jerry Herndon (Cajon, San Bernardino).....	25-04.50w
1974	James Lofton (Washington, Los Angeles).....	24-03.50
1975	Paul Wilson (Fontana).....	24-08.50
1976	Larry Doubly (Manual Arts, Los Angeles).....	25-03.75w
1977	Kurt Durham (Oakland).....	25-00.75
1978	Dokie Williams (El Camino, Oceanside).....	25-01.25
1979	George Gaffney (Lemoore).....	24-01.75
1980	Charles Mayfield (Muir, Pasadena).....	23-04.75
1981	Ed Tave (Muir, Pasadena).....	25-00.50
1982	Eric Thomas (Norte Del Rio, Sacramento).....	24-04.75
1983	Johnny Cleveland (Soquel).....	24-06.50
1984	Joe Richardson (Pasadena).....	24-11.00
1985	Larry Nelson (Simi Valley).....	24-03.25
1986	Curtis Rodgers (Hiram Johnson, Sacramento).....	23-10.00
1987	Percy Knox (Antelope Valley, Lancaster).....	24-06.50
1988	Diatry Gildersleeve (Grant, Sacramento).....	24-05.50w
1989	James Stallworth (Tulare Union, Tulare).....	26-04.75
1990	Jerome Price (University City, San Diego).....	25-03.25
1991	Steve Stanley (Gardena).....	25-01.25w
1992	Eugene Dreher (Antelope Valley, Lancaster).....	24-01.50w
1993	LeAndrew Childs (Inglewood).....	24-00.00w
1994	Tyree Washington (La Sierra, Riverside).....	23-09.25w
1995	Clarence Scott (Fremont, Los Angeles).....	24-07.75
1996	Gerald Williams (Lynwood).....	24-10.50
1997	Marvin Brown (Will C. Wood, Vacaville).....	24-05.25
1998	BB Malone (Redwood, Visalia).....	24-01.00w
1999	Robert Kennedy (El Camino, Sacramento).....	25-02.00
2000	Oliver Jackson (Royal, Simi Valley).....	24-04.25
2001	Trevell Quinley (Merrill West, Tracy).....	24-05.75w
2002	Ronald Hill (Walnut).....	23-09.50
2003	Derrrell Hutsona (Helix, La Mesa).....	25-05.75
2004	Demitri Mosby (Gahr, Cerritos).....	24-03.75
2005	Andre Crenshaw (Antelope Valley, Lancaster).....	22-08.00
2006	Terry Prentice (Diamond Ranch, Pomona).....	23-10.50
2007	Terry Prentice (Diamond Ranch, Pomona).....	23-08.50w
2008	Cameron Gillette (La Mirada).....	24-01.75w
2009	Chase Wheeler (De La Salle, Concord).....	25-02.25
2010	Niko DiMartino (Oaks Christian, Westlake Village).....	23-10.50
2011	Jovante Slater (Vista Murrieta, Murrieta).....	24-10.50

Pole Vault (Boys)

1915	Lincoln Hall (Santa Paula).....	11-06
1916	Lincoln Hall (Santa Paula).....	11-09
1917	Vance Wilbur (Sacramento).....	11-00
1918	Eric Richardson (Ukiah).....	11-06
1919	Dick Emmons (Manual Arts, Los Angeles).....	10-06
1920	Leroy Goodenough (Fillmore).....	11-10
1921	Harold Shoebridge (Anaheim).....	12-00
1922	Harry Smith (San Diego).....	11-11.50
1923	Leo Barnes (Hollywood).....	12-03.37
	Harry Smith (San Diego).....	12-03.62
1924	Leo Barnes (Hollywood).....	12-11.50
1925	Jack Williams (Inglewood).....	12-09.62
1926	Marshall Beerman (Armijo Fairfield).....	12-04
	Conrad Boyle (Manual Arts, Los Angeles).....	12-04
	Bill Hubard (San Diego).....	12-04
	Jerry Stewart (Los Angeles).....	12-04
1927	Bill Miller (San Diego).....	12-00
1928	Bill Miller (San Diego).....	12-09.50
1929	Bill Miller (San Diego).....	12-06
1930	Dave Crow (Poly, Long Beach).....	12-06
1931	Joe Ramsey (Inglewood).....	12-08.25
	Matt Stankovich (Poly, Los Angeles).....	12-08.25
1932	Bill Sefton (Poly, Los Angeles).....	13-00
1933	Ed Harrison (Santa Monica).....	12-07
1934	Dick Clark (Hoover, Glendale).....	12-10
	Rich Rodriguez (Poly, Los Angeles).....	12-10
1935	Dick Clark (Hoover, Glendale).....	12-10.50
	Dave Bodkins (Belmont).....	12-11
1936	Baylor Maynard (Beimont, Los Angeles).....	13-01.25
1938	Floyd Doty (Lodi).....	12-10.75
	Lawrence McLanahan (Sacramento).....	12-10.75
1939	Frank Ferguson (Inglewood).....	13-03.75
	Clarence Humberger (Glendale).....	13-03.75
1940	Frank Ferguson (Inglewood).....	13-00
	Irving Moore (Piedmont).....	13-00
1941	Chet Hartmann (San Benito).....	12-06
	Irving Moore (Piedmont).....	12-06
	Ernie Sontag (Taft, Fresno).....	12-06
1942-45	(No meet held)	
1946	Bill Mays (Oxnard).....	12-06.50
	Phil Quiller (Pasadena).....	12-06.50
1947	George Mattos (Pacific Grove).....	12-06
1948	Don Barnes (Fullerton).....	12-06
1949	Jack Widman (Lomita Narbonne).....	13-04.50
1950	Dick McDonald (Wilson, Long Beach).....	13-00.50
	Harold Red (Lemoore).....	13-00.50
1951	Clarke Merrill (Belmont, Los Angeles).....	13-00
1952	Ron Morris (Burroughs, Burbank).....	13-03.75
1953	Ron Morris (Burroughs, Burbank).....	13-09.12
1954	Bob McKay (Inglewood).....	13-00
	Joe Rose (Hoover, Glendale).....	13-00
	Stan Gaunt (Mt. Diablo).....	13-00
1955	Nathaniel Finney (Jordan, Los Angeles).....	13-04
1956	Bill Logan (El Cajon).....	13-06
	Tim Helms (Shingle Springs, El Dorado).....	13-06
1957	Voyce Hendrix (Riverside).....	13-06
1958	John Rose (Hoover, Glendale).....	14-01
1959	Bob Looney (Santa Barbara).....	13-08.75
1960	Mike Flanagan (Ganesha, Pomona).....	13-03
	Gary Down (Anaheim).....	13-03
1961	Mike Graves (El Cajon).....	14-02.50
1962	Eric Berge (Costa Mesa).....	14-03
	Bob Richardson (Ganesha, Pomona).....	14-03
1963	Bill Fosdick (Andrew Hill, San Jose).....	14-08.75
1964	Paul Wilson (Warren, Downey).....	15-04.25
1965	Paul Wilson (Warren, Downey).....	15-06.50
1966	Wayne Meyers (Foothill, Sacramento).....	15-00.75
1967	Tom Reynolds (Morningside, Inglewood).....	14-10
1968	Steve Smith (South Torrance, Torrance).....	15-03.50
1969	Steve Smith (South Torrance, Torrance).....	16-00
1970	Tom Lindsay (La Sierra, Carmichael).....	14-10.50
1971	Tim Quinn (Monroe, Sepulveda).....	15-02
1972	Hubert Black (Fremont, Los Angeles).....	15-02
1973	Tim Curran (Crespi, Encino).....	16-02.75
1974	Jim Knaub (Lakewood).....	15-06
1975	Keith Schimmel (Villa Park).....	15-06
1976	Tim Hintnaus (Aviation, Redondo Beach).....	15-02
1977	Anthony Curran (Crespi, Encino).....	16-00
1978	Anthony Curran (Crespi, Encino).....	17-00.25
1979	Clark Elliot (Bellflower).....	15-06
1980	Doug Stull (Troy, Fullerton).....	15-10
1981	Doug Wicks (South Bakersfield, Bakersfield).....	15-02
1982	Scott Christensen (Acalanes, Lafayette).....	15-06

1983	Mike Kibort (Saratoga).....	15-06
1984	Ivar Moen (Los Gatos).....	16-02
1985	Brent Burns (Acalanes, Lafayette).....	16-02
1986	Steve Toney (Menlo-Atherton, Atherton).....	16-02
1987	Steve Slocum (Foothill, Santa Ana).....	15-06
1988	Tom Richards (San Marcos).....	16-00
1989	Jim Lawrence (Del Mar, San Jose).....	15-06
1990	Ed Lasquette (Mt. Pleasant, San Jose).....	15-10
1991	David Cox (Foothill, Fresno).....	16-06
1992	Clarence Phelps (Christian Brothers, Sacramento).....	16-00
1993	Scott Slover (Leland, San Jose).....	16-02
1994	Scott Slover (Leland, San Jose).....	16-10
1995	Mike Brown (Torrey Pines, Encinitas).....	16-04
1996	Steve Michaels (Brethren Christian, Cypress).....	16-02
1997	David Gritz (Bear Creek, Stockton).....	16-07
1998	Mark Unzueta (Lemoore).....	16-02
1999	Brandon Braunstein (Newark Memorial, Newark).....	16-02
2000	Shane Hackett (Verdugo Hills, Tujunga).....	16-04
2001	Mike Landers (Golden Valley, Merced).....	16-03
2002	David Moore (Miramonte, Orinda).....	16-06
2003	Ryan Shuler (Granite Bay).....	16-00
2004	Scott Roth (Granite Bay).....	16-04
2005	Scott Roth (Granite Bay).....	17-01
2006	Scott Roth (Granite Bay).....	16-11
2007	Nico Weiler (Los Gatos).....	17-02
2008	Nico Weiler (Los Gatos).....	17-03
2009	Michael Woesspe (Mater Dei, Santa Ana).....	16-05
2010	Scott Cook (Mater Dei, Santa Ana).....	16-03
2011	Ian Rock (Davis).....	16-02

Shot Put (Boys)

1915	Wayne Weeks (Santa Rosa).....	46-02.37
1916	Wayne Weeks (Santa Rosa).....	47-04.25
1917	Jim Blewett (Manual Arts, Los Angeles).....	47-09.25
1918	Jennings Robertson (Sutter).....	44-06.00
1919	Ernst Hartmann (Poly, Los Angeles).....	42-03.00
1920	Clarence Houser (Oxnard).....	49-09.00
1921	Clarence Houser (Oxnard).....	52-00.00
1922	Clarence Houser (Oxnard).....	55-04.75
1923	Cecil White (Modesto).....	48-00.50
1924	Cecil White (Modesto).....	49-07.37
1925	Herb Fleishacker (Menlo Park).....	49-02.00
1926	Maurey Lauterman (Poly, Los Angeles).....	49-00.25
1927	Harold Falter (Glendale).....	49-09.62
1928	Garrett Arbeidde (Huntington Park).....	48-10.50
1929	Nelson Gray (Chaffey).....	53-05.50
1930	Don Carter (Franklin, Los Angeles).....	52-08.25
1931	Don Carter (Franklin, Los Angeles).....	52-10.00
1932	Bob Pyle (Pasadena).....	53-06.00
1933	Jim Donaldson (Hollywood).....	53-03.00
1934	Ray Young (Riis, Los Angeles).....	55-10.00
1935	John Raitt (Fullerton).....	55-06.25
1936	Joe Hill (CSD, Berkeley).....	54-05.25
1937	Wilbur Thompson (Modesto).....	55-08.75
1938	Mario Russo (Pittsburg).....	55-05.75
1939	Frank Minini (Paso Robles).....	54-01.00
1940	Ben Steele (Santa Rosa).....	54-04.12
1941	George Souza (Vallejo).....	52-04.25
1942-45	(No meet held)	
1946	John Helwig (Mt. Carmel, Los Angeles).....	59-05.12
1947	Bob Cameron (Washington, Los Angeles).....	53-10.87
1948	Bob Cameron (Washington, Los Angeles).....	59-07.25
1949	Elmer Willhoite (Merced).....	57-03.23
1950	Hal Norris (Grossmont, San Diego).....	56-05.50
1951	Leon Patterson (Taft).....	59-02.50
1952	Leon Patterson (Taft).....	60-09.87
1953	Don Vick (Chaffey).....	60-07.75
1954	Dick Bronson (Grossmont, San Diego).....	59-07.12
1955	Duncan Ward (Santa Monica).....	59-04.50
1956	Homer Robertson (Pacific, San Bernardino).....	63-09.50
1957	Clark Branson (Pasadena).....	64-00.75
1958	Jack Slocumbe (Millikan, Long Beach).....	61-04.50
1959	Mike Parker (Turlock).....	57-08.00
1960	Matthew Baggett (Berkeley).....	60-07.00
1961	Bill Pace (El Rancho, Pico Rivera).....	64-03.50
1962	Jim O'Brien (DeAnza, Richmond).....	62-02.25
1963	Bruce Wilhelm (Fremont, Sunnyvale).....	63-04.75
1964	Bob Brannan (Los Gatos).....	62-07.25
1965	Steve Marcus (Palisades, Pacific Palisades).....	63-11.25
1966	John Hubbell (Poly, Long Beach).....	66-11.00
1967	John Buehler (Whittier).....	65-03.25
1968	Pete Schmock (San Dieguito, Encinitas).....	63-11.00
1969	Sam Cunningham (Santa Barbara).....	61-02.00
1970	Randy Withrow (Pasadena).....	63-08.75
1971	Mark Stevens (Newport Harbor).....	67-02.25

CIF State Track and Field Individual Champions

1972	Randy Cross (Crespi, Encino).....	65-07.25
1973	Jim Niedhart (Newport Harbor).....	67-03.25
1974	David Kurrasch (Santa Ana).....	63-10.50
1975	David Kurrasch (Santa Ana).....	65-09.50
1976	Steve Montgomery (Lassen, Susanville).....	68-00.00
1977	Craig Poiley (Sunny Hills, Fullerton).....	62-04.25
1978	Dave Porath (Alwater).....	65-10.75
1979	Don Mosebar (Mt. Whitney, Visalia).....	62-06.75
1980	Scott Garnett (Muir, Pasadena).....	64-04.25
1981	John Frazier (Antelope Valley, Lancaster).....	63-08.75
1982	Pat Kyle (Buena Park).....	60-04.00
1983	Curt Siscel (Vacaville).....	63-09.50
1984	Brian Blutreich (Capistrano Valley, Mission Viejo).....	64-07.25
1985	Brian Blutreich (Capistrano Valley, Mission Viejo).....	68-04.00
1986	Brian Boggess (El Capitan, Lakeside).....	61-04.00
1987	Dave Bultman (Royal, Simi Valley).....	67-00.00
1988	Kaleaph Carter (Edison, Huntington Beach).....	64-00.25
1989	Brent Noon (Fallbrook).....	66-01.50
1990	Brent Noon (Fallbrook).....	74-04.75
1991	Mark Parlin (Esperanza, Anaheim).....	61-05.50
1992	Pete Swanson (San Benito, Hollister).....	61-03.25
1993	Tyson Lingenfelter (Upland).....	60-09.50
1994	Chris DeMarline (St. Ignatius, San Francisco).....	58-11.50
1995	Matt Pentecost (Loyola, Los Angeles).....	62-03.75
1996	Jason Hammond (Fowler).....	64-04.00
1997	Van Mounts (Bakersfield).....	67-00.75
1998	Van Mounts (Bakersfield).....	66-07.00
1999	Rhuben Williams (Eagle Rock, Los Angeles).....	62-08.50
2000	Rhuben Williams (Eagle Rock, Los Angeles).....	63-02.50
2001	David Guerin (Leuzinger, Lawndale).....	62-10.75
2002	Noah Bryant (Carpinteria).....	65-07.75
2003	Jared Bray (Mission Bay, San Diego).....	63-03.25
2004	Mark Lewis (Arroyo Grande).....	63-05.50
2005	Danny Rohr (Arroyo Grande).....	60-06.25
2006	Darius Savage (Morse, San Diego).....	66-03.25
2007	Joe Canavan (Palm Desert).....	67-01.50
2008	Dayshan Ragans (Foothill, Bakersfield).....	62-10.00
2009	Matt Darr (Frontier, Bakersfield).....	62-01.25
2010	Matt Darr (Frontier, Bakersfield).....	63-09.75
2011	Nicholas Scarvelis (Dos Pueblos, Goleta).....	64-00.00

Triple Jump (Boys)

1939	Jack Laughner (Wilson, Long Beach).....	44-08.50
1973	Willie Banks (Oceanside).....	49-07.25
1974	Willie Banks (Oceanside).....	50-09.00
1975	Mike Dobbins (Merced).....	49-03.00
1976	Greg Caldwell (Fremont, Los Angeles).....	51-08.50w
1977	Dokie Williams (El Camino, Oceanside).....	51-00.50
1978	Dokie Williams (El Camino, Oceanside).....	50-04.25
1979	Henry Ellard (Hoover, Fresno).....	49-02.50
1980	Freeman Miller (Fremont, Los Angeles).....	50-08.00
1981	Ken Frazier (Mission, San Francisco).....	50-10.75
1982	Archie Cornell (Fresno).....	50-03.75
1983	Torrey Barr (McLane, Fresno).....	50-02.50
1984	Joe Richardson (Pasadena).....	51-08.25
1985	Terrence Strong (Bakersfield).....	51-09.50w
1986	Marcus Hooks (Lakewood).....	51-04.25
1987	Joel Smith (Cordova, Rancho Cordova).....	50-10.00
1988	Tyrone Scott (Mesa Verde, Citrus Heights).....	50-06.00
1989	Lenny McGill (Orange Glen, Escondido).....	51-01.25
1990	Pouphet Singbandith (Magnolia, Anaheim).....	51-07.75
1991	Offord Rollins (Wasco).....	51-04.75
1992	Tony Parrish (Marina, Huntington Beach).....	49-01.00w
1993	Tony Parrish (Marina, Huntington Beach).....	50-11.75
1994	Von Ware (Rancho Buena Vista, Vista).....	50-06.00
1995	Michael Turner (Morningside, Inglewood).....	49-02.00w
1996	Tye Anderson (Poly, Long Beach).....	49-11.75
1997	Anthony Colson (Center, Antelope).....	49-11.25w
1998	Benson Jones (Clayton Valley, Concord).....	51-01.50w
1999	Kyle Carano (Hoover, Fresno).....	52-02.50w
2000	Jamil Smith (Palmdale).....	49-04.25
2001	Jamil Smith (Palmdale).....	49-08.00
2002	Nathan Atkins (Cerritos).....	49-07.75
2003	Rudy Burgess (Desert, Edwards AFB).....	50-04.25
2004	Nkosinza Balumbu (James Logan, Union City).....	50-06.00
2005	Nkosinza Balumbu (James Logan, Union City).....	49-07.50
2006	Richard Sherman (Dominguez, Compton).....	50-08.00
2007	Jonathan Clark (Loyola, Los Angeles).....	49-00.25w
2008	Johnny Carter (Ridgeview, Bakersfield).....	49-00.75w
2009	Hammed Suleman (Deer Valley, Antioch).....	49-07.50
2010	Jovon Cunningham (Enterprise, Redding).....	50-08.25
2011	Marques Roberts (Otay Ranch, Chula Vista).....	49-06.50

GIRLS CHAMPIONS 100-Meter Dash (Girls)

1974	Janice Wiser (La Jolla).....	10.8
1975	Sandi Howard (Manual Arts, Los Angeles).....	10.7
1976	Pam Waters (Bell, Los Angeles).....	11.0
1977	Jeanette Bolden (Centennial, Compton).....	10.48w
1978	Kelia Bolton (Andrew Hill, San Jose).....	10.92
1979	Gwen Loud (Westchester, Los Angeles).....	10.62
1980	Sharon Ware (Berkeley).....	11.42
1981	Sharon Ware (Berkeley).....	11.66
1982	Gervaise McCraw (Ganessa, Pomona).....	11.69
1983	Lisa Winston (Jordan, Long Beach).....	11.73
1984	Gail Devers (Sweetwater, National City).....	11.51
1985	Tesha Giddens (Locke, Los Angeles).....	11.58
1986	Angela Burnham (Rio Mesa, Oxnard).....	11.78
1987	Janeene Vickers (Pomona).....	11.76
1988	Angela Burnham (Rio Mesa, Oxnard).....	11.52
1989	Angela Burnham (Rio Mesa, Oxnard).....	11.31w
1990	Marion Jones (Rio Mesa, Oxnard).....	11.67w
1991	Marion Jones (Rio Mesa, Oxnard).....	11.17
1992	Marion Jones (Thousand Oaks).....	11.14
1993	Marion Jones (Thousand Oaks).....	11.61
1994	Heather Sumpter (Muir, Pasadena).....	11.69
1995	Lakeisha Backus (Wilson, Long Beach).....	11.39w
1996	Malika Edmonson (St. Bernard, Marina del Rey).....	11.82w
1997	Angela Williams (Chino).....	11.15
1998	Angela Williams (Chino).....	11.10w
1999	Tania Woods (Skyline, Oakland).....	11.41
2000	Sani Roseby (Monterey).....	11.90
2001	Allyson Felix (Los Angeles Baptist, North Hills).....	11.61
2002	Allyson Felix (Los Angeles Baptist, North Hills).....	11.55
2003	Allyson Felix (Los Angeles Baptist, North Hills).....	11.29
2004	Jasmin Baldwin (Bishop Amat, La Puente).....	11.33
2005	Ebony Collins (Wilson, Long Beach).....	11.50
2006	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	11.59
2007	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	11.27
2008	Ashton Purvis (St. Elizabeth, Oakland).....	11.92
2009	Valexia Droughn (Rio Mesa, Oxnard).....	11.54
2010	Ashton Purvis (St. Elizabeth, Oakland).....	11.17
2011	Jenna Prandini (Clovis).....	11.69

200-Meter Dash (Girls)

1974	Janice Wiser (La Jolla).....	24.2
1975	Pam Waters (Bell, Los Angeles).....	24.4
1976	Pam Waters (Bell, Los Angeles).....	24.8
1977	Kim Robinson (Westchester, Los Angeles).....	23.97
1978	Kelia Bolton (Andrew Hill, San Jose).....	23.99
1979	Gwen Loud (Westchester, Los Angeles).....	23.54
1980	Sheri Howard (Kennedy, Granada Hills).....	23.19
1981	Denean Howard (Kennedy, Granada Hills).....	23.73
1982	Denean Howard (Kennedy, Granada Hills).....	23.59w
1983	Lisa Winston (Jordan, Long Beach).....	23.83
1984	Paulette Blalock (Compton).....	23.59
1985	Tami Stiles (Hawthorne).....	23.45
1986	Tami Stiles (Hawthorne).....	24.02
1987	Maddette Smith (Quartz Hill).....	24.12
1988	Angela Burnham (Rio Mesa, Oxnard).....	23.45
1989	Angela Burnham (Rio Mesa, Oxnard).....	23.56
1990	Marion Jones (Rio Mesa, Oxnard).....	23.71
1991	Marion Jones (Rio Mesa, Oxnard).....	22.91w
1992	Marion Jones (Thousand Oaks).....	22.83
1993	Marion Jones (Thousand Oaks).....	23.14
1994	Lakeisha Backus (Wilson, Long Beach).....	23.21
1995	Lakeisha Backus (Wilson, Long Beach).....	23.01w
1996	Malika Edmonson (St. Bernard, Marina del Rey).....	23.47
1997	Kinshasa Davis (Wilson, Long Beach).....	22.90
1998	Angela Williams (Chino).....	23.02
1999	Tania Woods (Skyline, Oakland).....	22.88
2000	Monique Henderson (Morse, San Diego).....	23.19
2001	Angel Perkins (Gahr, Cerritos).....	22.85w
2002	Allyson Felix (Los Angeles Baptist, North Hills).....	22.83
2003	Allyson Felix (Los Angeles Baptist, North Hills).....	22.52
2004	Jasmin Baldwin (Bishop Amat, La Puente).....	22.86
2005	Khrystal Carter (Valley Christian, San Jose).....	23.44w
2006	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	23.29
2007	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	23.20
2008	Jessica Davis (Highland, Palmdale).....	23.46
2009	Ashton Purvis (St. Elizabeth, Oakland).....	23.46
2010	Ashton Purvis (St. Elizabeth, Oakland).....	22.90
2011	Jenna Prandini (Clovis).....	23.81

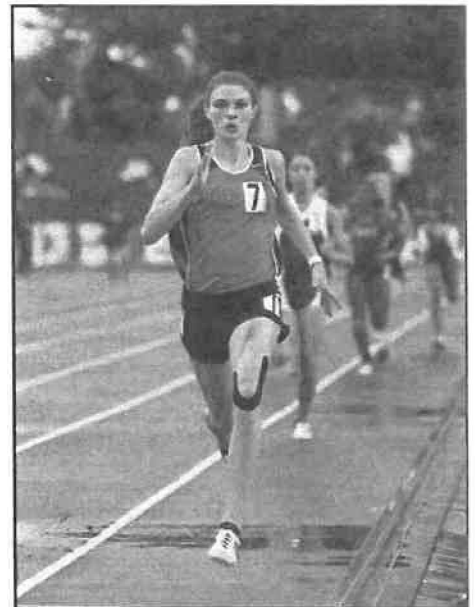
400-Meter Dash (Girls)

1974	Veronica Venezia (Terra Linda, San Rafael).....	56.4
1975	Jodi Anderson (Washington, Los Angeles).....	55.3

1976	Marquita Belk (Silver Creek, San Jose).....	55.2
1977	Valerie Brisco (Locke, Los Angeles).....	55.14
1978	Arlise Emerson (Westminster).....	54.3
1979	Sheri Howard (San Geronio, San Bernardino).....	53.65
1980	Denean Howard (Kennedy, Granada Hills).....	53.04
1981	Gervaise McCraw (Ganessa, Pomona).....	54.15
1982	Denean Howard (Kennedy, Granada Hills).....	52.39
1983	Leslie Maxie (Mills, Milbrae).....	53.19
1984	Chewaukii Knighten (Locke, Los Angeles).....	52.67
1985	Chewaukii Knighten (Locke, Los Angeles).....	52.72
1986	Princess Bennett (Compton).....	53.56
1987	Angela Rolfe (Dorsey, Los Angeles).....	53.55
1988	Angela Rolfe (Dorsey, Los Angeles).....	54.26
1989	Angela Rolfe (Dorsey, Los Angeles).....	53.97
1990	Janice Nichols (Bakersfield).....	53.89
1991	Janice Nichols (Bakersfield).....	54.19
1992	Janice Nichols (Bakersfield).....	54.46
1993	Asha Jaysinghe (Arcadia).....	55.45
1994	Latasha Gilliam (Pittsburg).....	53.93
1995	Angela Williams (Chino).....	53.40
1996	Kinshasa Davis (Wilson, Long Beach).....	52.67
1997	Kinshasa Davis (Wilson, Long Beach).....	52.66
1998	Monique Henderson (Morse, San Diego).....	53.41
1999	Monique Henderson (Morse, San Diego).....	52.87
2000	Monique Henderson (Morse, San Diego).....	50.74
2001	Monique Henderson (Morse, San Diego).....	51.34
2002	Christina Hardeman (Wilcox, Santa Clara).....	54.09
2003	Jasmine Lee (Poly, Long Beach).....	53.17
2004	Jasmine Lee (Poly, Long Beach).....	52.93
2005	Sa'de Williams (Rancho Cucamonga).....	52.35
2006	Sa'de Williams (Rancho Cucamonga).....	53.21
2007	Jasmine Joseph (Poly, Long Beach).....	53.15
2008	Akwakaw Ndigagbor (Poly, Long Beach).....	53.35
2009	Turquoise Thompson (Serra, Gardena).....	53.10
2010	Chimere Ezumah (Serra, Gardena).....	52.97
2011	Akwakaw Ndigagbor (Poly, Long Beach).....	53.38

800-Meter Run (Girls)

1974	Kathy Costello (Pleasant Hill).....	2:10.4
1975	Kathy Costello (Pleasant Hill).....	2:09.2
1976	Alice Trumbley (Coalinga).....	2:13.3
1977	Ann Regan (Camden, San Jose).....	2:08.0
1978	Ann Regan (Camden, San Jose).....	2:07.93
1979	Ann Regan (Camden, San Jose).....	2:10.22
1980	Marilyn Davis (Miramonte, Orinda).....	2:09.73
1981	Donna Curtis (Culver City).....	2:06.08
1982	Rennie Durrand (Laguna Beach).....	2:06.36
1983	Keri Zalesski (Millikan, Long Beach).....	2:06.41
1984	Trena Hull (Compton).....	2:04.91
1985	Kristen Dowell (Santa Teresa, San Jose).....	2:10.07



Amy Weissenbach broke the national record by 0.86 seconds with her time of 2:02.04 in the 800 meters during the 2011 State Championships. Her time also bested the previous State meet record set in 1984.

CIF State Track and Field Individual Champions

1986	Laura Chapel (University City, San Diego)	2:08.66
1987	Kimberly McAllister (Locke, Los Angeles)	2:12.92
1988	Kathy Roldan (Mt. Whitney, Visalia)	2:12.11
1989	Kim Toney (Atascadero)	2:09.33
1990	Kim Toney (Atascadero)	2:06.13
1991	Nicole Teter (West Valley, Cottonwood)	2:08.14
1992	Miesha Marzell (Bishop O'Dowd, Oakland)	2:10.29
1993	Miesha Marzell (Bishop O'Dowd, Oakland)	2:09.13
1994	Kristie Johnson (Central, Fresno)	2:09.98
1995	Kristie Johnson (Central, Fresno)	2:08.86
1996	Lindsay Hyatt (Placer, Auburn)	2:11.24
1997	Lindsay Hyatt (Placer, Auburn)	2:09.16
1998	Lindsay Hyatt (Placer, Auburn)	2:07.90
1999	Lindsay Hyatt (Placer, Auburn)	2:06.74
2000	Liz Morse (Corona del Mar)	2:08.16
2001	Shannon Rowbury (Sacred Heart Cathedral, SF)	2:10.31
2002	Jamillah Titus (Vintage, Napa)	2:08.62
2003	Ashley Freeman (Wilson, Long Beach)	2:08.86
2004	Alysia Johnson (Canyon, Canyon Country)	2:08.97
2005	Libby Jenke (Menlo, Atherton)	2:10.39
2006	Haley Lawrence (Aliso Niguel, Aliso Viejo)	2:10.57
2007	Dominique Jackson (Fairfield)	2:06.09
2008	Anniya Louis (Cuiver City)	2:10.29
2009	Aly Drake (Valencia)	2:07.45
2010	Amy Weissenbach (Harvard Westlake, N. Hollywood)	2:07.52
2011	Amy Weissenbach (Harvard Westlake, N. Hollywood)	2:02.04

1600-Meter Run (Girls)

1974	Jill Caldwell (Westminster)	5:02.2
1975	Kathy Costello (Pleasant Hill)	4:53.5
1976	Linda Broderick (Tamalpais, Mill Valley)	4:56.8
1977	Linda Goen (North, Bakersfield)	4:47.8
1978	Cheri Williams (Livermore)	4:44.95
1979	Linda Goen (North, Bakersfield)	4:51.09
1980	Polly Plumer (University, Irvine)	4:46.71
1981	Polly Plumer (University, Irvine)	4:42.43
1982	Polly Plumer (University, Irvine)	4:39.92
1983	Cory Schubert (Del Mar, San Jose)	4:44.93
1984	Shannon Clark (Mountain View)	4:47.52
1985	Shannon Clark (Mountain View)	4:49.14
1986	Darcy Arreola (Grossmont, La Mesa)	4:45.13
1987	Kira Jorgensen (Vista)	4:45.98
1988	Kira Jorgensen (Vista)	4:49.54
1989	Kira Jorgensen (Vista)	4:49.55
1990	Becky Spies (Livermore)	4:48.74
1991	Becky Spies (Livermore)	4:45.11
1992	Shelley Taylor (Edison, Huntington Beach)	4:48.52
1993	Milena Glusac (Fallbrook)	4:50.83
1994	Elissa Riedy (Mission San Jose, Fremont)	4:54.28
1995	Elissa Riedy (Mission San Jose, Fremont)	4:45.35
1996	Annie Ebiner (St. Lucy's Prep, Glendora)	4:48.72
1997	Julia Stamps (Santa Rosa)	4:44.78
1998	Sara Bei (Montgomery, Santa Rosa)	4:49.21
1999	Alejandra Barrientos (San Lorenzo)	4:45.02
2000	Jenny Aldridge (Maria Canillo, Santa Rosa)	4:49.63
2001	Alejandra Barrientos (San Lorenzo Valley)	4:43.24
2002	Shannon Rowbury (Sacred Heart Cathedral, SF)	4:52.77
2003	Alicia Folimar (Saratoga)	4:51.47
2004	Alicia Folimar (Saratoga)	4:46.47
2005	Annie St. Gerne (Corona del Mar, Newport Beach)	4:50.40
2006	Christine Babcock (Woodbridge, Irvine)	4:41.29
2007	Christine Babcock (Woodbridge, Irvine)	4:38.85
2008	Christine Babcock (Woodbridge, Irvine)	4:33.82
2009	Sammy Silva (Academy OLP, San Diego)	4:47.67
2010	Chloe Curtis (Redondo)	4:46.63
2011	Cami Chapus (Harvard Westlake, N. Hollywood)	4:40.88

3200-Meter Run (Girls)

1977	Roxanne Bier (Independence, San Jose)	10:39.7
1978	Cheri Williams (Livermore)	10:17.71
1979	Lisa Scaduto (Santa Monica)	10:34.94
1980	Vicki Cook (Alemany, Mission Hills)	10:14.78
1981	Vicki Cook (Alemany, Mission Hills)	10:12.31
1982	Vicki Cook (Alemany, Mission Hills)	10:16.27
1983	Cory Schubert (Del Mar, San Jose)	10:08.14
1984	Kristen O'Hara (Palos Verde)	10:11.82
1985	Rebecca Chamberlain (Leigh, San Jose)	10:23.85
1986	Laurie Chapman (Gundersen, San Jose)	10:12.86
1987	Mary Mendoza (Presentation, San Jose)	10:33.04
1988	Karen Hecox (South Hills, West Covina)	10:16.14
1989	Rayna Cervantes (Montebello)	10:32.95
1990	Deena Drossin (Agoura)	10:29.60
1991	Deena Drossin (Agoura)	10:30.71
1992	Milena Glusac (Fallbrook)	10:28.62
1993	Milena Glusac (Fallbrook)	10:42.68

1994	Julia Stamps (Rincon Valley Christian, Santa Rosa)	10:26.51
1995	Julia Stamps (Santa Rosa)	10:15.27
1996	Kim Mortensen (Thousand Oaks)	9:52.80
1997	Julia Stamps (Santa Rosa)	10:15.17
1998	Sara Bei (Montgomery, Santa Rosa)	10:31.06
1999	Lauren Fleshman (Canyon, Canyon Country)	10:18.81
2000	Anita Siraki (Hoover, Glendale)	10:18.50
2001	Sara Bei (Montgomery, Santa Rosa)	10:11.11
2002	Clara Horowitz (Head Royce, Oakland)	10:31.01
2003	Claire Rethmeier (San Pasqual, Escondido)	10:27.32
2004	Lindsay Flacks (Harvard Westlake, N. Hollywood)	10:26.25
2005	Tori Tyler (Gunn, Palo Alto)	10:38.90
2006	Jordan Hasay (Mission Prep, San Luis Obispo)	10:13.55
2007	Jordan Hasay (Mission Prep, San Luis Obispo)	10:06.76
2008	Jordan Hasay (Mission Prep, San Luis Obispo)	9:52.13
2009	Jordan Hasay (Mission Prep, San Luis Obispo)	10:05.29
2010	Molly Grabill (Rancho Bernardo, San Diego)	10:20.25
2011	Sarah Baxter (Simi Valley)	10:13.00

100-Meter Low Hurdles (Girls)

1974*	Yvonne Boone (Fremont, Oakland)	11.1
1975*	Yvonne Boone (Fremont, Oakland)	10.1
1976*	Tuti Lee (Merced)	10.7
1977	Kris Costello (Lynbrook, San Jose)	13.97
1978	Kris Costello (Lynbrook, San Jose)	13.83
1979	Janet Yarbrough (Clovis)	14.01
1980	Judy Young (Berkeley)	13.52w
1981	Sharifa Sanders (Berkeley)	13.74
1982	Natalie Spinks (Skyline, Oakland)	13.88w
1983	Chewaukii Knighten (Locke, Los Angeles)	13.88
1984	Gail Devers (Sweetwater, National City)	13.41
1985	Lana Cantrell (Muir, Pasadena)	13.57
1986	Janeene Vickers (Pomona)	13.74
1987	Janeene Vickers (Pomona)	13.34
1988	Michelle Decoux (Bishop O'Dowd, Oakland)	13.91
1989	Felice Lipscomb (Santa Monica)	13.69
1990	Felice Lipscomb (Santa Monica)	13.58
1991	Phelema Woods (Duarte)	14.08
1992	Twila Sims (Lompoc)	13.83

* from 1974-76, race was 80 Meters

100-Meter High Hurdles (Girls)

1993	Bisa Grant (Bishop O'Dowd, Oakland)	14.11
1994	Davetta Shepard (Kennedy, Sacramento)	13.73w
1995	Joanna Hayes (J.W. North, Riverside)	13.45
1996	Nicole Hoxie (J.W. North, Riverside)	13.87
1997	Nicole Hoxie (J.W. North, Riverside)	13.35
1998	Natasha Neal (James Logan, Union City)	13.57
1999	Nichole Denby (J.W. North, Riverside)	13.42w
2000	Nichole Denby (J.W. North, Riverside)	13.20
2001	Lashinda Demus (Wilson, Long Beach)	13.39w
2002	Talia Stewart (James Logan, Union City)	14.03
2003	Ashlee Brown (J.W. North, Riverside)	13.58
2004	Talia Stewart (James Logan, Union City)	13.31
2005	Leslie Mercado (Diamond Ranch, Pomona)	13.58w
2006	Julian Purvis (St. Elizabeth, Oakland)	13.93
2007	Vashti Thomas (Mt. Pleasant, San Jose)	13.03
2008	Vashti Thomas (Mt. Pleasant, San Jose)	13.44
2009	Kori Carter (Claremont)	13.59
2010	Kori Carter (Claremont)	13.33
2011	Trinity Wilson (St. Mary's, Berkeley)	13.41

300-Meter Low Hurdles (Girls)

1981	Audrey Williams (Saugus)	42.26
1982	Gayle Kellon (Walnut)	41.09
1983	Gayle Kellon (Walnut)	41.71
1984	Leslie Maxie (Mills, Millbrae)	40.90
1985	Leslie Maxie (Mills, Millbrae)	41.60
1986	Janeene Vickers (Pomona)	41.32
1987	Janeene Vickers (Pomona)	40.96
1988	Michelle Decoux (Bishop O'Dowd, Oakland)	42.16
1989	Twila Sims (Lompoc)	42.54
1990	Felice Lipscomb (Santa Monica)	41.69
1991	Erin Blunt (San Pasqual, Escondido)	43.02
1992	Twila Sims (Lompoc)	42.75
1993	Angelia Harris (Skyline, Oakland)	42.78
1994	Angelia Harris (Skyline, Oakland)	42.78
1995	Joanna Hayes (J.W. North, Riverside)	41.20
1996	Tisha Ponder (Del Mar, San Jose)	42.22
1997	Ryan Peters (Skyline, Oakland)	41.47
1998	Natasha Neal (James Logan, Union City)	40.86
1999	Lashinda Demus (Wilson, Long Beach)	40.44
2000	Lashinda Demus (Wilson, Long Beach)	40.41
2001	Ashlee Brown (J.W. North, Riverside)	41.81
2002	Ashlee Brown (J.W. North, Riverside)	41.67

2003	McKenzie Hill (Wilson, Long Beach)	41.31
2004	Talia Stewart (James Logan, Union City)	41.31
2005	Ebony Collins (Wilson, Long Beach)	40.10
2006	Ebony Collins (Wilson, Long Beach)	40.13
2007	Jamesha Youngblood (Hercules)	41.08
2008	Kori Carter (Claremont)	41.28
2009	Kori Carter (Claremont)	41.26
2010	Kori Carter (Claremont)	40.44
2011	Melia Cox (Poly, Long Beach)	41.80

400-Meter Relay (Girls)

1974	Berkeley	47.5
1975	Muir (Pasadena)	48.0
1976	Muir (Pasadena)	47.6
1977	Crawford (San Diego)	46.14
1978	Jordan (Los Angeles)	47.14
1979	Westchester	47.95
1980	Kennedy (Granada Hills)	45.81
1981	Berkeley	45.13
1982	Dorsey (Los Angeles)	45.42
1983	Hawthorne	46.56
1984	Hawthorne	45.99
1985	Hawthorne	45.95
1986	Hawthorne	45.54
1987	St. Francis (Mountain View)	45.95
1988	Hawthorne	47.10
1989	Muir (Pasadena)	46.46
1990	Bakersfield	46.49
1991	Morningside (Inglewood)	46.38
1992	Morningside (Inglewood)	46.34
1993	Poly (Long Beach)	45.74
1994	Wilson (Long Beach)	46.17
1995	Poly (Long Beach)	45.1h
1996	James Logan (Union City)	45.20
1997	St. Bernard (Playa del Rey)	44.70
1998	St. Bernard (Playa del Rey)	46.00
1999	San Lorenzo Valley	45.90
2000	Berkeley	45.96
2001	Wilson (Long Beach)	45.40
2002	Poly (Long Beach)	45.50
2003	Poly (Long Beach)	45.04
2004	Poly (Long Beach)	45.11
2005	Wilson (Long Beach)	44.84
2006	Wilson (Long Beach)	45.19
2007	Rancho Verde (Moreno Valley)	45.74
2008	St. Mary's Academy (Inglewood)	46.41
2009	Poly (Long Beach)	45.88
2010	Rancho Verde (Moreno Valley)	45.74
2011	Poly (Long Beach)	45.70

1600-Meter Relay (Girls)

1974	Berkeley	3:46.4
1975	Washington (Los Angeles)	3:44.5
1976	Fremont (Los Angeles)	3:55.9
1977	Locke (Los Angeles)	3:52.1
1978	Fremont (Los Angeles)	3:51.3
1979	San Geronio (San Bernardino)	3:44.05
1980	Kennedy (Granada Hills)	3:37.98
1981	Kennedy (Granada Hills)	3:37.71
1982	Dorsey (Los Angeles)	3:41.72
1983	Dorsey (Los Angeles)	3:46.24
1984	Locke (Los Angeles)	3:38.65
1985	Muir (Pasadena)	3:43.30
1986	Compton	3:42.31
1987	Poly (Long Beach)	3:45.20
1988	Hawthorne	3:47.32
1989	Hawthorne	3:46.59
1990	Morningside (Inglewood)	3:44.16
1991	Poly (Long Beach)	3:48.85
1992	Poly (Long Beach)	3:45.91
1993	Poly (Long Beach)	3:42.75
1994	Skyline (Oakland)	3:41.90
1995	Poly (Long Beach)	3:39.53
1996	Wilson (Long Beach)	3:38.50
1997	St. Bernard (Playa del Rey)	3:39.43
1998	Wilson (Long Beach)	3:36.32
1999	Wilson (Long Beach)	3:39.01
2000	J.W. North (Riverside)	3:41.11
2001	Wilson (Long Beach)	3:35.72
2002	Poly (Long Beach)	3:35.99
2003	Poly (Long Beach)	3:35.78
2004	Poly (Long Beach)	3:35.49
2005	Wilson (Long Beach)	3:39.27
2006	Wilson (Long Beach)	3:37.14
2007	Bishop O'Dowd (Oakland)	3:47.42

CIF State Track and Field Individual Champions

2008	Poly (Long Beach)	3:40.87
2009	Serra (Gardena)	3:42.91
2010	Poly (Long Beach)	3:39.15
2011	Serra (Gardena)	3:43.21

Discus Throw (Girls)

1976	Kathy Middleton (Poway)	134-05
1977	Karen Stampfil (Lassen, Susanville)	137-08
1978	Christi Pyie (Hoover, Glendale)	149-03
1979	Leslie Deniz (Gridley)	167-01
1980	Leslie Deniz (Gridley)	172-11
1981	Natalie Kaaiawahia (Fullerton)	162-10
1982	Jacque Norton (Mission Viejo)	160-02
1983	Natalie Kaaiawahia (Fullerton)	170-01
1984	Stacy Horn (Cordova, Rancho Cordova)	159-01
1985	Lil Ili (Nogales, La Puente)	162-02
1986	Tracy Crawford (Southwest, San Diego)	156-02
1987	Dawn Dumble (Bakersfield)	144-10
1988	Melissa Weis (Bakersfield)	159-07
1989	Melissa Weis (Bakersfield)	168-00
1990	Melissa Weis (Bakersfield)	169-11
1991	Celeste McVey (Redlands)	160-11
1992	Suzy Powell (Downey, Modesto)	169-08
1993	Suzy Powell (Downey, Modesto)	168-11
1994	Suzy Powell (Downey, Modesto)	174-02
1995	Nadia Lopez (Arroyo Grande)	152-06
1996	Chaniqua Ross (Laguna Creek, Elk Grove)	158-04
1997	Chaniqua Ross (Laguna Creek, Elk Grove)	177-01
1998	Stephanie Brown (Arroyo Grande)	181-03
1999	April Burton (Bakersfield)	153-10
2000	Jill Camarena (Woodland)	151-01
2001	Rachel Varner (Bakersfield)	162-09
2002	Billie Jo Grant (Arroyo Grande)	174-00
2003	Billie Jo Grant (Arroyo Grande)	174-04
2004	Missy Faubus (Centennial, Bakersfield)	166-09
2005	Alexararee Toeaina (Pittsburg)	158-03
2006	Sarah Robles (San Jacinto)	158-00
2007	Hilary Fraser (El Toro, Lake Forest)	159-07
2008	Anna Jelmini (Shafter)	169-04
2009	Anna Jelmini (Shafter)	186-09
2010	Alex Collatz (Stockdale, Bakersfield)	170-09
2011	Alex Morgan (Ventura)	153-08

High Jump (Girls)

1974	Pam Blackburn (Cubberley, Palo Alto)	5-08
1975	Kim Maddox (Los Angeles)	5-08
1976	Kari Gossweiler (Upland)	5-10
1977	Kari Gossweiler (Upland)	5-09
1978	Sue McNeal (Carlsbad)	5-10.25
1979	Tonya Alston (Chico)	5-09
1980	Karen Lysaght (St. Francis, Sacramento)	6-00
1981	Katrina Johnson (Marshall Fundamental, Pasadena)	5-10
1982	Katrina Johnson (Marshall Fundamental, Pasadena)	5-11
1983	Tonya Mendonca, Mt. Whitney, Visalia)	6-01
1984	Wendy Brown (Woodside)	6-01.25
1985	Latrese Johnson (Clovis)	6-02
1986	Yleana Carrasco (Anaheim)	5-10
1987	Lynn Patrick (Serra, San Diego)	5-10
1988	Crissy Mills (Campbell Hall, North Hollywood)	5-10
1989	Crissy Mills (Campbell Hall, North Hollywood)	6-00
1990	Chi Johnson (Mento-Atherton, Atherton)	5-08
1991	Tanya Smith (Cordova, Rancho Cordova)	5-11
1992	Kristy Kieruff (Esperanza, Anaheim)	5-10
1993	Tracye Lawyer (Cate, Carpinteria)	5-10
1994	Kristy Kieruff (Esperanza, Anaheim)	5-10
1995	Tara Fleming (Immanuel, Reedley)	6-00
1996	Liz Giltner (Chaminade, Canoga Park)	5-10
1997	Tayyiba Haneef (Laguna Hills)	5-09
1998	Tia Hanson (El Cajon)	5-08
1999	Kim Stone (York, Monterey)	5-09
2000	Sch Quay Brignac (Taft, Los Angeles)	5-09
2001	Chaunte Howard (J.W. North, Riverside)	5-10
2002	Sharon Day (Costa Mesa)	5-11
2003	Sharon Day (Costa Mesa)	5-10
2004	Allie Miller (Los Altos)	5-09.25
2005	Desira Gonder (Stockdale)	5-09
2006	Jasmine Day (Costa Mesa)	5-09
2007	Whitney Sisler (La Costa Canyon, Carlsbad)	5-10
2008	Tara Richmond (Poly, Long Beach)	5-11
2009	Adrienne Johnson (Carondelet, Concord)	5-08
2010	Lydia French (Thousand Oaks)	5-10
2011	Rachel McCoy (A.B. Miller, Fontana)	5-08

Long Jump (Girls)

1974	Jodi Anderson (Washington, Los Angeles)	19-07.00
1975	Jodi Anderson (Washington, Los Angeles)	19-06.50w
1976	Jodi Anderson (Washington, Los Angeles)	20-00.25
1977	Lisa Gourdine (El Toro, Lake Forest)	19-01.00
1978	Kathy Hayes (Madera)	19-03.00
1979	Gwen Loud (Westchester)	20-04.50
1980	Marlene Harmon (Thousand Oaks)	20-08.75
1981	Chris Mose (El Cajon)	18-10.25
1982	Wendy Brown (Woodside)	19-10.50
1983	Gail Devers (Sweetwater, National City)	19-06.00
1984	Wendy Brown (Woodside)	20-09.75
1985	Yvette Roberts (Washington Union, Fresno)	19-01.00
1986	Madette Smith (Quartz Hill)	20-04.75
1987	Karen Lawson (St. Francis, Mountain View)	19-01.50
1988	Tonya Conner (Barstow)	19-05.75
1989	Juliana Yendork (Walnut)	20-02.50w
1990	Juliana Yendork (Walnut)	20-01.50
1991	Juliana Yendork (Walnut)	20-07.50w
1992	Kam Warner (West, Bakersfield)	20-06.25
1993	Marion Jones (Thousand Oaks)	22-00.50
1994	Tara Cettinger (Foothill, Santa Ana)	19-07.50
1995	Jernae Wright (James Logan, Union City)	20-08.00w
1996	Jernae Wright (James Logan, Union City)	20-03.00
1997	Bunmi Ogunleye (Poly, Long Beach)	20-00.75w
1998	Angela Williams (Chino)	19-07.75w
1999	Sani Roseby (Monterey)	19-08.75w
2000	Michelle Sanford (Woodbridge, Irvine)	19-07.25
2001	Elzunia Wojcicka (Hollister)	20-05.50w
2002	Lena Bettis (J.W. North, Riverside)	19-08.25
2003	Rene Williams (Skyline, Oakland)	20-08.25
2004	Shana Woods (Poly, Long Beach)	20-07.75
2005	Brittany Daniels (Merrill West, Tracy)	20-08.25w
2006	Amber Purvis (Benicia)	19-10.25
2007	Jamesha Youngblood (Hercules)	20-11.75w
2008	Vashti Thomas (Mt. Pleasant, San Jose)	20-00.25
2009	Karynn Dunn (Diamond Ranch, Pomona)	20-03.25w
2010	Jenna Prandini (Clovis)	20.05.75
2011	Jenna Prandini (Clovis)	19-11.75

Pole Vault (Girls)

1995	Melissa Price (Kingsburg)	12-06
1996	Alexa Harz (Peninsula, Rolling Hills Estates)	12-01.25
1997	Bridget Pearson (Hoover, Glendale)	12-00
1998	Tracy O'Hara (Rancho Bernardo, San Diego)	12-08
1999	Kathleen Donoghue (Rancho Bernardo, San Diego)	12-08.25
2000	Lara Chen (Temple City)	12-04
2001	Shayla Ballentine (Morro Bay)	13-08
2002	Chelsea Johnson (Atascadero)	13-03
2003	Kira Costa (San Joaquin Memorial, Fresno)	13-05
2004	Allison Stokke (Newport Harbor, Newport Beach)	12-08
2005	Bryson Stately (Cordova, Rancho Cordova)	13-04
2006	Tori Anthony (Castilleja, Palo Alto)	13-03
2007	Tori Anthony (Castilleja, Palo Alto)	14-01
2008	Emily Mattoon (Rancho Bernardo, San Diego)	12-06
2009	Korney Ross (Westview, San Diego)	13-04
2010	Korney Ross (Westview, San Diego)	13-06
2011	Anginae Monteverde (Clovis West, Fresno)	13-06

Shot Put (Girls)

1974	Kathy Devine (Mission Bay, San Diego)	47-04.50
1975	Kathy Devine (Mission Bay, San Diego)	42-03.25
1976	Becky Daniel (Newport Harbor)	42-09.75
1977	Debra Thornlana (Sacramento)	43-09.00
1978	Kerry Zwart (Crescenta Valley, La Crescenta)	45-11.50
1979	Susie Ray (Villa Park)	49-06.50
1980	Natalie Kaaiawahia (Fullerton)	48-04.50
1981	Natalie Kaaiawahia (Fullerton)	51-08.50
1982	Natalie Kaaiawahia (Fullerton)	50-03.00
1983	Natalie Kaaiawahia (Fullerton)	52-07.50
1984	Pam Alexander (Arlington, Riverside)	46-03.50
1985	Elaina Oden (Irvine)	46-11.75
1986	Brandi Gail (Rowland, Rowland Heights)	45-02.50
1987	Kim Lassair (Northgate, Walnut Creek)	39-08.25
1988	Dawn Dumble (Bakersfield)	48-02.50
1989	Melissa Weis (Bakersfield)	44-01.00
1990	Dawn Dumble (Bakersfield)	49-03.50
1991	Mika Hilaire (Pittsburg)	45-04.25
1992	Kristin Heaston (Ygnacio Valley, Concord)	45-03.50
1993	Kristin Heaston (Ygnacio Valley, Concord)	52-11.50
1994	Deiores Tuimolobau (Channel Islands, Oxnard)	46-10.00
1995	Rebecca Morrison (Presentation, San Jose)	47-06.75
1996	Stephanie Brown (Arroyo Grande)	43-00.25
1997	Cynthia Ademiluyi (Poly, Long Beach)	47-05.25



Tori Anthony became the first high school girl to pole vault higher than 14 feet when she jumped 14-01 at the 2007 state meet, for a new national record which has yet to be overturned.

1998	Stephanie Brown (Arroyo Grande)	48-10.75
1999	Jill Camarena (Woodland)	48-06.00
2000	Karen Freberg (San Luis Obispo)	50-07.25
2001	Karen Freberg (San Luis Obispo)	50-02.25
2002	Rachel Varner (Bakersfield)	47-00.50
2003	Jessica Pressley (Laguna Creek, Elk Grove)	50-05.00
2004	Megan Howard (Arroyo Grande)	49-11.75
2005	Julie Dufresne (Harbor, Santa Cruz)	47-07.50
2006	Erin Delaney (Paso Robles)	45-05.25
2007	Rosario Sanchez (Selma)	47-10
2008	Anna Jelmini (Shafter)	48-03.50
2009	Anna Jelmini (Shafter)	50-05.75
2010	Jasmine Burrell (North Torrance)	47-06.50
2011	Breana Jemison (Carlsbad)	43-01.25

Triple Jump (Girls)

1982	Wendy Brown (Woodside)	39-08.75
1983	Wendy Brown (Woodside)	40-03.00
1984	Wendy Brown (Woodside)	42-10.50
1985	Sheila Hudson (Rio Linda)	41-10.00w
1986	Felicia Harris (San Lorenzo)	40-02.00
1987	Kim Lassair (Northgate, Walnut Creek)	39-06.25
1988	Stacy Thompson (Morse, San Diego)	39-01.00
1989	Juliana Yendork (Walnut)	41-11.00
1990	Juliana Yendork (Walnut)	42-00.25
1991	Juliana Yendork (Walnut)	43-06.50
1992	Kayla Montgomery (Clovis West, Fresno)	39-11.25
1993	Cheaza Figueroa (Quartz Hill)	40-01.25
1994	Tamiaka Porter (Orange Glen, Escondido)	38-11.50
1995	Kelly O'Connor (Esperanza, Anaheim)	40-06.50
1996	Kelly O'Connor (Esperanza, Anaheim)	40-02.50
1997	Andrea Booker (El Camino, Oceanside)	40-00.00w
1998	Andrea Booker (El Camino, Oceanside)	40-00.25w
1999	Heather Contreras (Suiter)	40-03.75
2000	Blessing Ufodiama (Poly, Long Beach)	40-08.75
2001	Candace Bauchman (Poly, Long Beach)	42-04.50
2002	Michelle Sanford (Woodbridge, Irvine)	41-05.25
2003	Brittany Daniels (Merrill West, Tracy)	42-04.75
2004	Brittany Daniels (Merrill West, Tracy)	42-08.00
2005	Brittany Daniels (Merrill West, Tracy)	44-05.50w
2006	Ke'Nyia Richardson (Holy Names, Oakland)	43-03.25
2007	Ke'Nyia Richardson (Holy Names, Oakland)	45-04.25w
2008	Vashti Thomas (Mt. Pleasant, San Jose)	42-00.50
2009	Ciarra Brewer (James Logan, Union City)	42-11.50
2010	Jenna Prandini (Clovis)	42-07.25
2011	Ciarra Brewer (James Logan, Union City)	41-11.00

In 1980, running event distances transitioned from yards to meters.
w -- wind aided result
h -- hand timed

CIF State Track and Field Multiple Championships

BOYS RECORDS

Most Team State Championships

- 10 Poly, Long Beach (1928, 1932, 1959, 1964-65, 1997-98, 2006-07, 2011)
- 8 Jefferson, Los Angeles (1938, 1949-52, 1956, 1962, 1964)
- 8 Muir, Pasadena (1934, 1936, 1967, 1974, 1990, 1994-96)
- 7 Manual Arts, Los Angeles (1915-16, 1919, 1924-25, 1953, 1958)
- 6 Hawthorne (1983-85, 1987-89)

Most Consecutive Team State Championships

- 4 Jefferson, Los Angeles (1949-52)
- 3 Hawthorne, twice (1983-85, 1987-89)
- 3 Muir, Pasadena (1994-96)

Most Individual State Championships

- 6 Clarence "Bud" Houser (Oxnard) Discus (1920-22); Shot (1920-22)
- 5 Charley Paddock (Pasadena) 100yd (1916, 1918); 220yd (1916-18)
- 4 Randall Carroll (Cathedral, Los Angeles) 100m (2008-09); 200m (2008-09)
- 4 Roman Gomez (Belmont, Los Angeles) 1600m (1984-85); 3200m (1984-85)
- 4 Remontay McClain (Covina) 100m (2010-11); 200m (2010-11)
- 4 Eddie Morris (Huntington Beach) 100yd (1940); 220yd (1938-40)
- 4 Bryshon Nellum (Poly, Long Beach) 200m (2006-07); 400m (2006-07)
- 4 Terry Prentice (Diamond Ranch, Pomona) 110HH (2006-07); LJ (2006-07)
- 4 Frank Wykoff (Glendale) 100yd (1927); 220yd (1927-28); LJ (1927)
- 3 Forrest Beaty (Hoover, Glendale) 100yd (1961-62); 200yd (1961)
- 3 Brian Bluetreich (Capistrano Valley, Mission Viejo) Shot (1984-85); Discus (1985)
- 3 John Bradley (Hoover, Glendale) 100yd (1947); 220yd (1947-48)
- 3 Reynaldo Brown (Compton) HJ (1967-69)
- 3 Johnathan Cabral (Agoura, Agoura Hills) 110HH (2010-11); 300IH (2011)
- 3 Bill Cowings (Fowler) 100yd (1959-60); 200yd (1960)
- 3 Kevin Craddock (James Logan, Union City) 110HH (2003-04); 300IH (2004)
- 3 Matt Darr (Frontier, Bakersfield) Discus (2009); Shot (2009-10)
- 3 David Gettis (Dorsey, Los Angeles) 400m (2003-05)
- 3 Lincoln Hall (Santa Paula) PV (1914-16)
- 3 Mort Kaer (Red Bluff) 220LH (1922-23); LJ (1923)
- 3 Leamon King (Delano) 220yd (1951, 1953); 100yd (1953)
- 3 Roy Kirpatrick (Entral, El Centro) 220LH (1933-34); 120HH (1934)
- 3 Harry Lampont (Manual Arts, LA) 120HH (1916); 220LH (1916); LJ (1916)
- 3 Hugh McElhenny (Washington, LA) 120HH (1947); 180LH (1947); LJ (1947)
- 3 Bill Miller (San Diego) PV (1927-29)
- 3 Obea Moore (Muir, Pasadena) 200m (1996); 400m (1995-96)
- 3 Billy Mullins (Hamilton, Los Angeles) 100yd (1976); 200yd (1975-76)
- 3 Verden Nash (Chino 1920-21); Huntington Beach (1922) LJ (1920-22)
- 3 Leon Patterson (Taft) Discus (1951); Shot (1951-52)
- 3 Jerry Proctor (Muir, Pasadena) 110HH (1967); 300IH (1967); LJ (1967)
- 3 Scott Roth (Granite Bay) PV (2004-06)
- 3 Darius Savage (Morse, San Diego) Discus (2005-06); Shot (2006)
- 3 Les Steers (Palo Alto) HJ (1935-37)
- 3 Monte Upshaw (Piedmont) LJ (1953-54); 180 LH (1954)
- 3 Hubie Watson (Jordan, Los Angeles) 100yd (1958-59); 220yd (1959)
- 3 Quincy Watts (Taft) 100m (1987); 200m (1986-87)
- 3 Wayne Weeks (Santa Rosa) Shot (1915-16); Discus (1916)

Boys CIF State Track and Field Championships began in 1915 and have since been held annually, excluding the World War II years (1942-45).

GIRLS RECORDS

Most Team State Championships

- 12 Poly, Long Beach (1992-93, 1995, 1997-98, 2001, 2003-04, 2008-11)
- 5 Berkeley (1974, 1976, 1981-83)
- 3 J.W. North, Riverside (1999-00, 2002)
- 3 Wilson, Long Beach (1996, 1998, 2006)
- 2 Bakersfield (1988, 1990)
- 2 Muir, Pasadena (1985, 1989)

Most Consecutive Team State Championships

- 4 Poly, Long Beach (2008-11)
- 3 Berkeley (1981-83)
- 2 J.W. North, Riverside (1999-2000)
- 2 Poly, Long Beach, three times (1992-93, 1997-98, 2003-04)

Most Individual State Championships

- 9 Marion Jones (Rio Mesa, Oxnard 1990-91); (Thousand Oaks 1992-93) 100m (1990-93); 200m (1990-93); LJ (1993)
- 6 Natalie Kaaiawahia (Fullerton) Shot (1980-83); Discus (1981, 1983)
- 6 Wendy Brown (Woodside) LJ (1982-84); TJ (1982-84); HJ (1984)
- 6 Juliana Yendork (Walnut) LJ (1989-91); TJ (1989-91)
- 5 Angela Burnham (Rio Mesa, Oxnard) 100m (1986, 1988-89); 200m (1988-89)
- 5 Kori Carter (Claremont) 100HH (2009-10); 300LH (2008-10)
- 5 Allyson Felix (Los Angeles Baptist, No. Hills) 100m (2001-03); 200m (2002-03)
- 5 Monique Henderson (Morse, San Diego) 200m (2000); 400m (1998-2001)
- 5 Jenna Prandini (Clovis) LJ (2010-11); TJ (2010); 100m (2011); 200m (2011)
- 5 Angela Williams (Chino) 100m (1997-98); 200m (1998); 400m (1995); LJ (1998)
- 4 Brittany Daniels (Merrill West, Tracy) TJ (2003-05); LJ (2005)
- 4 Jordan Hasay (Mission Prep, San Luis Obispo) 3200m (2006-09)
- 4 Denean Howard (Kennedy, Granada Hills) 200m (1981-82); 400m (1980, 1982)
- 4 Lindsay Hyatt (Placer, Auburn) 800m (1996-99)
- 4 Anna Jelmini (Shafter) Discus (2008-09); Shot (2008-09)
- 4 Ashton Purvis (St. Elizabeth, Oakland) 100m (2008, 2010); 200m (2009-10)
- 4 Julia Stamps (Rincon Valley Christian, Santa Rosa 1994); (Santa Rosa 1995-97) 3200m (1994-95, 1997); 1600m (1997)
- 4 Jeneba Tarmoh (Mt. Pleasant, San Jose) 100m (2006-07); 200m (2006-07)
- 4 Vashti Thomas (Mt. Pleasant, San Jose) 100HH (2007-08); LJ (2008); TJ (2008)
- 4 Janeene Vickers (Pomona) 300LH (1986-87); 100LH (1986-87)
- 4 Melisa Weis (Bakersfield) Discus (1988-90); Shot (1989)
- 3 Jodi Anderson (Washington, Los Angeles) LJ (1974-76)
- 3 Christine Babcock (Woodbridge, Irvine) 1600m (2006-08)
- 3 Lakeisha Backus (Wilson, Long Beach) 100m (1995); 200m (1994-95)
- 3 Sara Bei (Montgomery, Santa Rosa) 1600m (1998); 3200m (1998, 2001)
- 3 Ashlee Brown (J.W. North, Riverside) 100HH (2003); 300LH (2001-02)
- 3 Stephanie Brown (Arroyo Grande) Shot (1996, 1998); Discus (1998)
- 3 Ebony Collins (Wilson, Long Beach) 300LH (2005-06); 100m (2005)
- 3 Vicki Cook (Alemany, Mission Hills) 3200m (1980-82)
- 3 Kathy Costello (Pleasant Hill) 800m (1974-75); 1600m (1975)
- 3 Kinshasa Davis (Wilson, Long Beach) 400m (1996-97); 200m (1997)
- 3 Dawn Dumble (Bakersfield) Discus (1988-90); Shot (1989)
- 3 Milena Glusac (Fallbrook) 1600m (1993); 3200m (1992-93)
- 3 Kira Jorgensen (Vista) 1600m (1987-89)
- 3 Felice Lipscomb (Santa Monica) 100LH (1989-90); 300LH (1990)
- 3 Janice Nichols (Bakersfield) 400m (1990-92)
- 3 Polly Plumer (University, Irvine) 1600m (1980-82)
- 3 Suzy Powell (Downey, Modesto) Discus (1992-94)
- 3 Ann Regan (Camden, San Jose) 800yd (1977-79)
- 3 Angela Rolfe (Dorsey, Los Angeles) 400m (1987-89)
- 3 Twila Sims (Lompoc) 300LH (1989, 1992); 100LH (1992)
- 3 Talia Stewart (James Logan, Union City) 100HH (2002, 2004); 300LH (2004)
- 3 Pam Waters (Bell) 200m (1975-76); 100m (1976)

Girls CIF State Track and Field Championships were initiated in 1974 and have since been held annually.

Assistance with compilation of individual titles provided by Nelson Tennis, Founder Cal-Hi Sports