

## Turn Judges

Some Infractions to look for:

- 1) Relay Infractions – Passing outside the exchange zone
- 2) Drop Baton – outside exchange zone must be retrieved by runner who dropped it
- 3) Drop Baton – inside exchange zone, if a legitimate attempt is made to pass it, either runner can pick it up as long as the baton is retrieved within the original exchange zone extended across the track. Also they cannot interfere with the other runners.
- 4) Lane infractions – running on the inside of the lane or curb for three or more consecutive steps with either or both feet
- 5) Lane infractions – interfering with other runners by running outside their lane
- 6) Break line – taking 1 or more steps outside their lane before the break line
- 7) Running inside the track curb to gain an advantage over a competitor by improving position or shortening the course
- 8) Impeding a runner by crossing their path and not being a full stride ahead
- 9) Hurdling Infractions – knocks down hurdle by hand
- 10) Advances or trails a leg or foot along the side of and below the height of the hurdle

These are just some to look for. If you see any infractions, report them to the Meet Referee (starter) and he will rule whether it is a DQ.

## FIELD JUDGES

We will hold two flights for the long jump, triple jump, discus, and shot put - the athletes with the top 8 marks will compete in the second flight and all remaining athletes will compete in the first flight. All athletes will initially receive three attempts in their event. If there are 12 or fewer athletes upon check-in, the official can combine the athletes into 1 flight.

After all athletes have had three attempts in their event; the top 8 will receive three additional attempts. They will compete in the reverse order of their place after the initial three attempts. Please double-check your work.

Please measure the discus' marks to the lesser inch as per NFHS rules.

The top 6 boys and girls qualify to CCS Trials.

All high jump qualifiers and pole vault qualifiers will compete in one flight.

If there is a tie for the last qualifying place to the CCS semifinals, then the tie will be broken by a jump off in accordance with Rule 2-2-2-b-4 of the National Federation Track and Cross Country rules.

The jewelry and uniform rule will be enforced.

Upon check in, the field official should confirm with the athletes if there is any conflicts with other events. The athletes can take multiple jumps in a row if they have another event at the same time.

For athletes checking out to go to a running event, they can only check out 10 min. prior to their event. The official should note the time of check out on the results sheet. Upon completion of their other event, the athlete has up to 10 min. to recover before competing again. A time schedule is attached. The running events will run no more than 15 min. ahead of schedule.

At the end of competition, the results should be taken to Julie L'Heureux for verification or to the scoring table if she is not available.