

WBAL Varsity Trials - 5/4/2013
Gunn High School, Palo Alto, CA
Meet Program - Varsity Track Events

Event 16 Girls 4x100 Meter Relay Varsity

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Mercy (Sf)	A	NT
2	Crystal Spri	A	53.61
3	Notre Dame (A	53.24
4	Menlo School	A	51.24
5	The King's	A	52.74
6	Sacred Heart	A	53.24
7	Mercy (Burli	A	54.84
8	St Lawrence	A	NT

Event 1 Boys 4x100 Meter Relay Varsity

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Woodside Pri	A	NT
2	The King's	A	46.04
3	Harker	A	45.28
4	Sacred Heart	A	44.21
5	Menlo School	A	44.24
6	Crystal Spri	A	45.91
7	St Lawrence	A	NT

Event 17 Girls 1600 Meter Run Varsity

12 Advance: Top 2 Each Heat plus Next 8 Best Times			
Lane	Name	Yr School	Seed Time
Heat 1 of 2 Prelims			
1	Tischler, Claudia	11 Harker	5:13.79
2	Enright, Zoe	9 Menlo School	5:28.14
3	Maloney-McCrystle, Fiona	12 Castilleja	5:30.39
4	Bhattacharya, Ragini	12 Harker	5:37.35
5	Chu, Katie	10 Crystal Spri	5:37.81
6	Tatsuno, Danielle	9 The King's	5:41.28
7	Blodgett, Lianne	10 Crystal Spri	5:43.00
8	Snipp, Olivia	12 Mercy (Sf)	5:49.50
9	Bromley, Michelle	9 The King's	5:50.10
10	Mondry, Claire	9 Notre Dame (5:55.37
11	Hammar skjold, Brooke	10 Menlo School	6:00.07
12	Sambuceto, Rosa	12 St Lawrence	6:49.24
Heat 2 of 2 Prelims			
1	Colonna, Nicole	10 Pinewood	5:16.73
2	Cox, Emily	10 Notre Dame (5:27.66
3	Chase, Jordan	12 Mercy (Burli	5:31.75
4	Belton, Gillian	10 Sacred Heart	5:31.86
5	Sutton, Eve	11 Sacred Heart	5:40.43
6	Moyer, Meghan	9 Mercy (Burli	5:40.97
7	Brown, Alinna	11 Castilleja	5:47.48
8	Monaco, Julia	10 The King's	5:48.03
9	Hamilton, Emelia	11 Notre Dame (5:51.66
10	Ho, Lydia	11 Mercy (Burli	5:54.48
11	Gudmundsdottir, Lilja	9 Menlo School	6:33.29
12	Tostado, Vanessa	10 Eastside Col	6:41.58

Event 2 Boys 1600 Meter Run Varsity

12 Advance: Top 2 Each Heat plus Next 8 Best Times			
Lane	Name	Yr School	Seed Time
Heat 1 of 2 Prelims			
1	Gonzales, Corey	10 Harker	4:24.26
2	Kaveh, Ryan	12 Crystal Spri	4:39.72
3	Farned, Joe	12 Woodside Pri	4:40.13
4	Hill, Daniel	10 Sacred Heart	4:48.57
5	Shiveley, Keaton	9 Menlo School	4:51.52
6	Gonzalez, Devon	11 St Lawrence	4:54.71
7	Ching, Collin	11 Crystal Spri	4:55.23
8	Yeats, Tyler	12 Harker	5:00.21
9	Mack, Garrett	10 Sacred Heart	5:01.09
10	Mandudzo, Dennis	9 Menlo School	5:09.43
11	Strong, Justin	11 St Lawrence	5:21.96
Heat 2 of 2 Prelims			
1	Corey, Ross	10 Woodside Pri	4:36.76
2	Myers, Matt	11 Menlo School	4:39.69
3	Lam, Preston	11 Crystal Spri	4:41.93
4	Keefe, Joshua	12 The King's	4:48.40
5	Glassmoyer, Steven	12 Sacred Heart	4:52.21
6	Thomas, Abin	10 The King's	4:54.04
7	Eberwein, Cole	11 The King's	4:58.56
8	Perez, Martin	11 St Lawrence	4:59.95
9	Gregory, Chris	11 Woodside Pri	5:05.10
10	Peralta, Kevin	9 Eastside Col	5:06.63
11	Verduzco, Enrique	9 Eastside Col	5:39.90

Event 18 Girls 100 Meter Hurdles Varsity

8 Advance: Top 1 Each Heat plus Next 6 Best Times			
Lane	Name	Yr School	Seed Time
Heat 1 of 2 Prelims			
1	Stephan, Etelle	11 Pinewood	20.04
2	Miravalles, Cerena	12 Mercy (Burli	19.48
3	Duffner, McKenzie	9 Menlo School	18.05
4	Mount, Juliana	10 Notre Dame (16.56
5	Cusick, Maggie	11 Notre Dame (17.52
6	Chui, Kristen	12 Crystal Spri	18.66
7	Tsuei, Torie	12 Crystal Spri	19.96
Heat 2 of 2 Prelims			
1	Paye, Hannah	9 Menlo School	20.43
2	Grillo, Emma	12 Pinewood	19.54
3	Palte, Nadia	9 Harker	18.20
4	Gradiska, Laura	12 Menlo School	16.99
5	Teoman, Caitlin	11 Woodside Pri	17.30
6	Holman, Alyssa	11 Sacred Heart	18.64
7	Kalb, Amanda	12 Harker	19.75
8	Wei, Alexandra	10 Notre Dame (21.87

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Event 3 Boys 110 Meter Hurdles Varsity**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

2	Willoughby, Dominic	10	Woodside Pri	19.67
3	Craig, Seth	12	St Lawrence	18.38
4	Robinson, Nico	12	Sacred Heart	14.73
6	Twombly, Austin	11	Pinewood	19.23

Heat 2 of 2 Prelims

2	Ferguson, Sam	10	Menlo School	20.66
3	Dhillon, Sukhmit	11	St Lawrence	18.50
4	Grau, Ricky	11	Sacred Heart	15.73
5	Segre, Andrew	11	Sacred Heart	17.19
6	Felderman, Sean	10	Menlo School	18.60
7	Redmond, Samuel	11	Menlo School	21.24

Event 19 Girls 400 Meter Run Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Jensen, Samantha	9	Castilleja	1:09.44
2	Mitchell, Nicole	10	Castilleja	1:06.90
3	Arledge, Hannah	9	The King's	1:04.39
4	Price, Madeline	11	Menlo School	55.67
5	Sprague, Daria	9	Menlo School	1:04.26
6	Sambuceto, Emilia	12	St Lawrence	1:05.99
7	Bellack, Alley	12	Sacred Heart	1:09.40
8	Bernal, Iviema	10	Notre Dame (1:12.87

Heat 2 of 3 Prelims

1	Kiuijarui, Ina	9	The King's	1:10.64
2	Goldstein, Katie	9	Crystal Spri	1:07.45
3	Schott, Lindsay	10	Sacred Heart	1:04.44
4	Mount, Juliana	10	Notre Dame (1:00.11
5	Thornton-Clark, Natasha	11	Crystal Spri	1:03.46
6	Colom, Ruth	11	Mercy (Burli	1:05.69
7	Friel, Kia	10	Sacred Heart	1:09.02
8	Collier, Sydney	12	The King's	1:12.24

Heat 3 of 3 Prelims

1	Longmire, Alexis	9	Eastside Col	1:11.74
2	Spielbauer, Ingrid	9	Notre Dame (1:07.63
3	Cortes, Kimberly	11	St Lawrence	1:05.13
4	Delucchi, Sara	12	Mercy (Burli	1:02.01
5	Henske, Lauren	9	Menlo School	1:03.39
6	Olsen, Gretchen	12	Pinewood	1:05.44
7	Mitchell, Danielle	10	Castilleja	1:08.11
8	Crandell, Elke	12	St Lawrence	1:12.05

Event 4 Boys 400 Yard Dash Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Huda, Azhar	10	Harker	1:09.98
2	Perez, Chris	10	Woodside Pri	57.53
3	Trudelle, Johnny	11	Woodside Pri	54.44
4	Parker, Maxwell	12	Menlo School	50.79
5	Hawkins, Willy	12	Crystal Spri	54.14
6	Barratt, Shane	12	Menlo School	57.50
7	Ma, Ethan	10	Harker	1:04.78

Heat 2 of 3 Prelims

2	Tan, Caleb	9	The King's	59.77
3	Van, Cameron	12	Sacred Heart	54.54
4	Friske, Derek	10	The King's	51.91
5	Ranson, Austin	11	St Lawrence	54.08
6	Partida, Addison	9	Eastside Col	57.28
7	Ochoa, Francisco	9	Eastside Col	1:02.30

Heat 3 of 3 Prelims

2	Long, Dmitri	12	St Lawrence	1:00.11
3	Redmond, Samuel	11	Menlo School	56.67
4	Kraemer, Griffin	10	Sacred Heart	52.96
5	Bentley, David	12	Woodside Pri	53.80
6	Perez, Martin	11	St Lawrence	56.76
7	Vauthey, Batiste	11	Pinewood	1:00.94

Event 20 Girls 100 Meter Run Varsity**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	Levenson, Lana	11	St Lawrence	14.64
2	Vigil, Samantha	12	Mercy (Burli	13.96
3	Walter, Mackenzie	11	Sacred Heart	13.68
4	Connell, Isabelle	12	Harker	12.22
5	Bade, Leeana	11	Pinewood	13.64
6	Callaghan, Caroline	11	Crystal Spri	13.94
7	Crandell, Elke	12	St Lawrence	14.52
8	Delrosario, Gilliane	10	Mercy (Sf)	NT

Heat 2 of 4 Prelims

1	Putnam, Elizabeth	10	Woodside Pri	14.71
2	Surraco, Sofie	9	Sacred Heart	14.06
3	Gonzales, Elyse	9	Notre Dame (13.85
4	Price, Madeline	11	Menlo School	12.26
5	Jones-Mitchell, Nirel	9	The King's	13.54
6	Pearson, Diamond	9	Eastside Col	13.94
7	Kneis, Christina	12	Sacred Heart	14.30
8	Robison, Carly	11	Castilleja	16.59

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Heat 3 of 4 Prelims...(Event 20 Girls 100 Meter Run Varsity)

1	Harris, Caroline	10	Castilleja	14.84
2	Cambron, Viena	10	Eastside Col	14.11
3	Henry, Nicole	9	ICA	13.86
4	Duffner, McKenzie	9	Menlo School	13.04
5	Halprin, Laura	10	Menlo School	13.37
6	Kwong, Michelle	9	The King's	13.91
7	Foster, Kelsey	10	Eastside Col	14.26
8	Gonzales, Sandra	-	St Lawrence	15.75

Heat 4 of 4 Prelims

1	Racklin, Tyler	9	Mercy (Sf)	15.38
2	Feller, Olivia	11	Mercy (Burli)	14.14
3	Karur, Anisha	12	Notre Dame (13.88
4	Chang, Susanna	9	The King's	13.08
5	Cusick, Maggie	11	Notre Dame (13.24
6	Teoman, Caitlin	11	Woodside Pri	13.90
7	James, Sarah	9	Crystal Spri	14.20
8	Thorson, Jessica	10	Woodside Pri	15.54

Event 5 Boys 100 Meter Dash Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Clayter, Karl	9	Crystal Spri	12.44
2	Theis, David	11	Woodside Pri	11.97
3	Woodruff, Cole	11	Crystal Spri	11.58
4	Minocha, Sumit	12	Harker	10.80
5	Robinson, Booker	12	The King's	11.54
6	Blackburn, Zac	10	St Lawrence	11.94
7	Latta, Will	11	Woodside Pri	12.34

Heat 2 of 3 Prelims

1	San Diego, Zach	11	St Lawrence	12.68
2	Knoefel, Sebastian	9	The King's	11.99
3	Reed, Michael	11	Menlo School	11.60
4	Peacock, Walter	12	Menlo School	11.14
5	Moore, Markel	12	Eastside Col	11.54
6	Shao, Anthony	12	Crystal Spri	11.84
7	Deng, Robert	12	Harker	12.34

Heat 3 of 3 Prelims

1	Willoughby, Dominic	10	Woodside Pri	12.72
2	Gudapati, Varun	12	Harker	12.07
3	Ranson, Austin	11	St Lawrence	11.78
4	Burr-Kirven, Benjamin	10	Sacred Heart	11.18
5	Chambers, Travis	11	Menlo School	11.45
6	Segre, Andrew	11	Sacred Heart	11.82
7	Arellano, Daniel	10	The King's	12.25
8	Dyer, Nathan	12	Sacred Heart	13.66

Event 21 Girls 800 Meter Run Varsity**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	Tischler, Claudia	11	Harker	2:24.66
2	Chase, Jordan	12	Mercy (Burli)	2:32.57
3	Maloney-McCrystle, Fiona	12	Castilleja	2:33.74
4	Jones, Maddy	11	Sacred Heart	2:40.84
5	Ho, Lydia	11	Mercy (Burli)	2:42.16
6	Gudmundsdottir, Lilja	9	Menlo School	2:57.62
7	Sambuceto, Rosa	12	St Lawrence	3:05.50

Heat 2 of 4 Prelims

1	Colonna, Nicole	10	Pinewood	2:24.98
2	Brown, Alinna	11	Castilleja	2:31.48
3	Salguero, Fernanda	10	The King's	2:35.00
4	Mondry, Claire	9	Notre Dame (2:40.13
5	Tatsuno, Danielle	9	The King's	2:46.68
6	Tostado, Vanessa	10	Eastside Col	2:53.05
7	Sambuceto, Emilia	12	St Lawrence	NT

Heat 3 of 4 Prelims

1	Belton, Gillian	10	Sacred Heart	2:28.04
2	Naclerio, Maria	9	Woodside Pri	2:30.60
3	Coyne, Shelby	10	The King's	2:36.90
4	Cagney, Melissa	9	Mercy (Burli)	2:38.49
5	Snipp, Olivia	12	Mercy (Sf)	2:46.70
6	Arora, Simran	10	Menlo School	2:50.93

Heat 4 of 4 Prelims

1	Leahy, Kathryn	12	Sacred Heart	2:28.22
2	Biddle, Britney	10	Crystal Spri	2:28.61
3	Spielbauer, Ingrid	9	Notre Dame (2:37.71
4	Shankar, Sahana	10	Crystal Spri	2:38.46
5	Hammarskjold, Brooke	10	Menlo School	2:47.77
6	Chen, Chelsea	9	Notre Dame (2:48.03

Event 6 Boys 800 Meter Run Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Corey, Ross	10	Woodside Pri	2:01.36
2	Niksa, Marcus	11	Crystal Spri	2:07.78
3	Trudelle, Johnny	11	Woodside Pri	2:09.70
4	Shiveley, Keaton	9	Menlo School	2:13.77
5	Perez, Martin	11	St Lawrence	2:15.62
6	Rodriguez, Carlos	12	Eastside Col	2:23.31
7	Wan, Matt	9	Menlo School	2:24.10

Heat 2 of 3 Prelims

1	Myers, Matt	11	Menlo School	2:03.22
2	Farned, Joe	12	Woodside Pri	2:07.36
3	Rojas, Javier	10	Crystal Spri	2:09.75
4	Gonzalez, Devon	11	St Lawrence	2:13.43
5	Fitchen, Peter	11	Sacred Heart	2:16.24
6	Keefe, Joshua	12	The King's	2:18.34
7	Eberwein, Cole	11	The King's	2:24.83

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Heat 3 of 3 Prelims...(Event 6 Boys 800 Meter Run Varsity)

1	Gonzales, Corey	10	Harker	2:03.63
2	Scott, Isaiah	9	The King's	2:06.15
3	Mack, Garrett	10	Sacred Heart	2:10.76
4	Pegley, Hugo	10	Crystal Spri	2:11.80
5	Chapman, Cameron	10	Sacred Heart	2:16.28
6	Peralta, Kevin	9	Eastside Col	2:16.83
7	Kamp, Paul	9	St Lawrence	2:50.37

Event 22 Girls 300 Meter Hurdles Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Stephan, Etelle	11	Pinewood	1:00.02
2	Grillo, Emma	12	Pinewood	56.24
3	Palte, Nadia	9	Harker	55.26
4	Mount, Juliana	10	Notre Dame (45.38
5	Sambuceto, Emilia	12	St Lawrence	54.87
6	Stayner, Grace	12	Crystal Spri	56.21
7	Kalb, Amanda	12	Harker	59.86

Heat 2 of 3 Prelims

3	Yutzenka, Melissa	9	Notre Dame (55.30
4	Gradiska, Laura	12	Menlo School	48.18
5	Bhattacharya, Ragini	12	Harker	52.73
6	Tran, Quynh	9	Mercy (Sf)	56.10
7	Paye, Hannah	9	Menlo School	57.52

Heat 3 of 3 Prelims

2	Wei, Alexandra	10	Notre Dame (56.81
3	Holland, Meghan	11	Sacred Heart	55.75
4	Duffner, McKenzie	9	Menlo School	50.78
5	Mitchell, Nicole	10	Castilleja	51.61
6	Holman, Alyssa	11	Sacred Heart	55.76
7	Sambuceto, Sabrina	11	St Lawrence	57.37

Event 7 Boys 300 Meter Hurdles Varsity**8 Advance: Top 1 Each Heat plus Next 6 Best Times**

Lane Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1	Verduzco, Enrique	9	Eastside Col	55.34
2	Ferguson, Sam	10	Menlo School	49.14
3	Reed, Michael	11	Menlo School	47.64
4	Robinson, Nico	12	Sacred Heart	39.43
5	Craig, Seth	12	St Lawrence	47.50
6	Twombly, Austin	11	Pinewood	48.68
7	Long, Dmitri	12	St Lawrence	51.90

Heat 2 of 2 Prelims

2	Yeats, Tyler	12	Harker	50.58
3	Dhillon, Sukhmit	11	St Lawrence	47.71
4	Grau, Ricky	11	Sacred Heart	42.47
5	Gaertner, Ryan	12	Sacred Heart	46.00
6	Felderman, Sean	10	Menlo School	48.15
7	Fan, Richard	12	Harker	51.35

Event 23 Girls 200 Meter Dash Varsity**8 Advance: Top 1 Each Heat plus Next 4 Best Times**

Lane Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	Sambuceto, Sabrina	11	St Lawrence	32.28
2	Kneis, Christina	12	Sacred Heart	29.90
3	Schott, Lindsay	10	Sacred Heart	28.95
4	Price, Madeline	11	Menlo School	24.50
5	Chang, Susanna	9	The King's	28.73
6	Cambron, Viena	10	Eastside Col	29.90
7	Harris, Caroline	10	Castilleja	31.30

Heat 2 of 4 Prelims

1	Thorson, Jessica	10	Woodside Pri	32.74
2	Foster, Kelsey	10	Eastside Col	29.96
3	Goldman, Melina	12	Notre Dame (29.05
4	Connell, Isabelle	12	Harker	25.12
5	Henry, Nicole	9	ICA	28.71
6	Cortes, Kimberly	11	St Lawrence	29.55
7	Ochoa, Maria	10	St Lawrence	31.03

Heat 3 of 4 Prelims

1	Abramowitz, Rebecca	11	Castilleja	35.02
2	Kalb, Amanda	12	Harker	29.99
3	Arledge, Hannah	9	The King's	29.16
4	Duffner, McKenzie	9	Menlo School	26.92
5	Jones-Mitchell, Nirel	9	The King's	28.13
6	Gonzales, Elyse	9	Notre Dame (29.54
7	Putnam, Elizabeth	10	Woodside Pri	31.01

Heat 4 of 4 Prelims

1	Eackles, Chloe	9	Pinewood	NT
2	Plummer, Katherine	11	Castilleja	30.39
3	Olsen, Gretchen	12	Pinewood	29.20
4	Cusick, Maggie	11	Notre Dame (27.57
5	Sprague, Daria	9	Menlo School	27.82
6	Pearson, Diamond	9	Eastside Col	29.44
7	Walter, Mackenzie	11	Sacred Heart	30.53

Event 8 Boys 200 Meter Dash Varsity**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

Lane Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Deng, Andy	9	St Lawrence	26.06
2	Quash, Spenser	12	Harker	25.23
3	Chambers, Travis	11	Menlo School	23.64
4	Minocha, Sumit	12	Harker	21.65
5	Frische, Derek	10	The King's	23.58
6	Gudapati, Varun	12	Harker	24.93
7	Hing, Branden	12	Pinewood	26.02

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Heat 2 of 3 Prelims...(Event 8 Boys 200 Meter Dash Varsity)

1	Naumann, Gregory	11	Pinewood	26.19
2	Partida, Addison	9	Eastside Col	25.44
3	Del Santo, Jack	12	Sacred Heart	24.06
4	Peacock, Walter	12	Menlo School	22.63
5	Moore, Markel	12	Eastside Col	23.58
6	Blackburn, Zac	10	St Lawrence	24.61
7	San Diego, Zach	11	St Lawrence	25.91
8	Vauthey, Batiste	11	Pinewood	NT

Heat 3 of 3 Prelims

1	Ochoa, Francisco	9	Eastside Col	28.32
2	Perez, Chris	10	Woodside Pri	25.67
3	Robinson, Booker	12	The King's	24.13
4	Parker, Maxwell	12	Menlo School	22.76
5	Burr-Kirven, Benjamin	10	Sacred Heart	23.14
6	Knoefel, Sebastian	9	The King's	24.45
7	Latta, Will	11	Woodside Pri	25.68
8	Dyer, Nathan	12	Sacred Heart	28.33

Event 24 Girls 3200 Yard Run Varsity

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Enright, Zoe	9	Menlo School	12:01.21
2	Bromley, Michelle	9	The King's	12:01.86
3	Chu, Katie	10	Crystal Spri	12:06.68
4	Cox, Emily	10	Notre Dame (12:11.11
5	Maloney-McCrystle, Fionn	12	Castilleja	12:14.68
6	Moyer, Meghan	9	Mercy (Burli	12:21.50
7	Tatsuno, Danielle	9	The King's	12:29.38
8	Chase, Jordan	12	Mercy (Burli	12:33.79
9	Monaco, Julia	10	The King's	12:41.72

Section 2 of 2 Finals

1	Ho, Lydia	11	Mercy (Burli	12:43.22
2	Brown, Alinna	11	Castilleja	12:49.48
3	Hamilton, Emelia	11	Notre Dame (12:54.04
4	Arora, Simran	10	Menlo School	13:10.00
5	Chen, Chelsea	9	Notre Dame (13:33.65
6	Shaw, Gabby	12	Menlo School	14:20.00
7	Belton, Gillian	10	Sacred Heart	NT
8	Blodgett, Lianne	10	Crystal Spri	NT

Event 9 Boys 3200 Meter Run Varsity

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Glassmoyer, Steven	12	Sacred Heart	10:55.98
2	Keefe, Joshua	12	The King's	10:38.37
3	Pegley, Hugo	10	Crystal Spri	10:30.17
4	Gonzales, Corey	10	Harker	9:30.98
5	Lam, Preston	11	Crystal Spri	10:29.20
6	Kaveh, Ryan	12	Crystal Spri	10:35.90
7	Gregory, Chris	11	Woodside Pri	10:42.54
8	Gonzalez, Devon	11	St Lawrence	10:57.27

Section 2 of 2 Finals

1	Mack, Garrett	10	Sacred Heart	NT
2	Strong, Justin	11	St Lawrence	11:41.23
3	Eberwein, Cole	11	The King's	11:10.90
4	Thomas, Abin	10	The King's	10:58.28
5	Mandudzo, Dennis	9	Menlo School	11:03.74
6	Wan, Matt	9	Menlo School	11:30.00
7	Kamp, Paul	9	St Lawrence	12:57.29
8	Hill, Daniel	10	Sacred Heart	NT

Event 25 Girls 4x400 Meter Relay Varsity

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

1	The King's	A	4:32.70
2	Notre Dame (A	4:22.60
3	Mercy (Burli	A	4:17.60
4	Menlo School	A	4:08.40
5	Harker	A	4:13.75
6	Crystal Spri	A	4:22.00
7	Sacred Heart	A	4:28.90

Section 2 of 2 Finals

3	St Lawrence	A	NT
4	Castilleja	A	4:38.30
5	Mercy (Sf)	A	NT

Event 10 Boys 4x400 Meter Relay Varsity

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

2	Sacred Heart	A	3:54.70
3	Woodside Pri	A	3:41.10
4	The King's	A	3:39.60
5	Crystal Spri	A	3:40.00
6	Menlo School	A	3:41.20
7	St Lawrence	A	NT

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Event 26 Girls High Jump Varsity**Top 9 Advance by Mark**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Plummer, Katherine	11	Castilleja	3-10.00
2	Abramowitz, Rebecca	11	Castilleja	3-10.00
3	Racklin, Tyler	9	Mercy (Sf)	3-11.50
4	Mitchell, Danielle	10	Castilleja	4-00.00
5	Paye, Hannah	9	Menlo School	4-00.00
6	Soheili, Donia	9	Menlo School	4-00.00
7	Moyer, Meghan	9	Mercy (Burli	4-00.00
8	Holman, Alyssa	11	Sacred Heart	4-02.00
10	Maruya, Nikki	10	Notre Dame (4-04.00
11	Cagney, Melissa	9	Mercy (Burli	4-04.00
12	Ortega, Jocelyn	11	Notre Dame (4-04.00
13	Miravalles, Cerena	12	Mercy (Burli	4-06.00
14	Triant, Gabriela	10	Notre Dame (4-06.00
15	Bellack, Alley	12	Sacred Heart	4-08.00
16	Eackles, Chloe	9	Pinewood	5-02.00

Event 27 Girls Long Jump Varsity**Top 9 Advance by Mark**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Delrosario, Gilliane	10	Mercy (Sf)	ND
2	Robison, Carly	11	Castilleja	10-00.00
3	Abramowitz, Rebecca	11	Castilleja	10-09.00
4	Sambuceto, Sabrina	11	St Lawrence	12-06.00
5	Foster, Kelsey	10	Eastside Col	12-08.75
6	Chum, Anisha	11	The King's	12-10.25
7	Colom, Ruth	11	Mercy (Burli	13-00.00
8	Soheili, Donia	9	Menlo School	13-00.50
9	Kalb, Amanda	12	Harker	13-01.00
10	Harris, Caroline	10	Castilleja	13-03.50
11	Ochoa, Maria	10	St Lawrence	13-06.25
12	Miravalles, Cerena	12	Mercy (Burli	13-10.00
13	Henske, Lauren	9	Menlo School	13-10.00
14	Palte, Nadia	9	Harker	13-11.00
15	Surraco, Sofie	9	Sacred Heart	13-11.75
16	Olsen, Gretchen	12	Pinewood	14-02.75
17	Feller, Olivia	11	Mercy (Burli	14-04.25
18	Duong, Christine	11	Notre Dame (14-04.50
19	Triant, Gabriela	10	Notre Dame (14-05.00
20	Dalupan-Wong, Tia	10	Sacred Heart	14-11.75
21	Gannon, Helen	12	Sacred Heart	15-00.50
22	Bade, Leeana	11	Pinewood	15-08.00
23	Gonzales, Sandra	-	St Lawrence	16-03.00
24	Davis, Noelle	9	Mercy (Sf)	16-04.00
25	Cusick, Maggie	11	Notre Dame (17-03.00

Event 12 Boys Long Jump Varsity**Top 9 Advance by Mark**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Dhillon, Sukhmit	11	St Lawrence	14-08.00
2	Vauthey, Batiste	11	Pinewood	16-08.00
3	Naumann, Gregory	11	Pinewood	18-01.50
5	Hing, Branden	12	Pinewood	18-06.75
6	Latta, Will	11	Woodside Pri	18-07.50
7	Tom, Ethan	10	The King's	18-08.50
8	Kraemer, Griffin	10	Sacred Heart	19-00.50
9	Tan, Caleb	9	The King's	ND
10	Van, Cameron	12	Sacred Heart	20-01.50
11	Peacock, Walter	12	Menlo School	20-10.00
12	Touma, Paul	10	Menlo School	21-02.25
13	Robinson, Nico	12	Sacred Heart	22-08.50

Event 28 Girls Triple Jump Varsity**Top 9 Advance by Mark**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Vigil, Samantha	12	Mercy (Burli	ND
2	Ortega, Jocelyn	11	Notre Dame (ND
3	Robison, Carly	11	Castilleja	21-02.00
4	Abramowitz, Rebecca	11	Castilleja	23-01.00
5	Walter, Mackenzie	11	Sacred Heart	26-04.00
6	Delucchi, Sara	12	Mercy (Burli	27-09.00
8	Eackles, Chloe	9	Pinewood	28-07.50
9	Delrosario, Gilliane	10	Mercy (Sf)	28-07.75
10	Bade, Leeana	11	Pinewood	29-01.75
11	Miravalles, Cerena	12	Mercy (Burli	29-06.50
12	Dalupan-Wong, Tia	10	Sacred Heart	31-01.00
13	Triant, Gabriela	10	Notre Dame (33-00.00

Event 13 Boys Triple Jump Varsity**Top 9 Advance by Mark**

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Prelims				
1	Price, Cohen	10	Eastside Col	34-02.50
2	Redmond, Samuel	11	Menlo School	34-07.00
3	Dhillon, Sukhmit	11	St Lawrence	34-07.50
4	Tom, Ethan	10	The King's	36-11.50
5	Barratt, Shane	12	Menlo School	37-01.50
6	Gaertner, Ryan	12	Sacred Heart	37-02.25
7	Naumann, Gregory	11	Pinewood	37-02.75
8	Tan, Caleb	9	The King's	38-07.00
9	Kraemer, Griffin	10	Sacred Heart	39-06.00
11	Van, Cameron	12	Sacred Heart	41-01.00
12	Touma, Paul	10	Menlo School	41-05.00

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Event 29 Girls Discus Throw Varsity

Top 9 Advance by Mark			
Pos	Name	Yr School	Seed Mark
Flight 1 of 1 Prelims			
1	Tenisi, Margarita	10 Eastside Col	31-11.75
2	Hunter, Christina	11 Eastside Col	34-10
3	Kuiper, Johanna	10 The King's	59-02
4	Longbottom, Haley	12 Pinewood	60-05
5	Vall-Eugenio, Marlena	10 Mercy (Burli	67-10
6	Reames, Kristen	11 Notre Dame (69-05
7	Enright, Zoe	9 Menlo School	69-06
8	Green, Betty	11 Mercy (Burli	70-05
9	Ortiz, Hideliza	10 Notre Dame (70-08
10	Paye, Hannah	9 Menlo School	71-08.25
11	Doyle, McKenzie	10 Menlo School	72-03.50
12	Chow, Jessica	9 Notre Dame (78-01
13	Heath, Rebecca	11 The King's	78-07
14	Wang, Julia	10 Harker	79-04
15	Marconcini, Gabriella	11 Mercy (Sf)	84-00.50
16	Escobar, Nelly	10 Mercy (Sf)	84-06.75
17	Smith-McCoy, Joslynn	11 Mercy (Sf)	94-03
18	Alvarado-Munoz, Daisy	12 Woodside Pri	94-08

Event 14 Boys Discus Throw Varsity

Top 9 Advance by Mark			
Pos	Name	Yr School	Seed Mark
Flight 1 of 1 Prelims			
1	Goodley-Espinosa, Tommy	11 St Lawrence	78-10
2	Leonard, Justin	10 The King's	79-03
3	Kiros, Mareg	10 The King's	82-08
4	Crouch, Chris	9 Menlo School	83-00
5	Wookey, Christian	11 Woodside Pri	87-02
6	Gellon, Jorawar	12 St Lawrence	88-07
7	Fields, Wilson	10 Pinewood	93-11.50
8	Naclerio, Nicholas	12 Woodside Pri	97-02
9	Halteh, Daniel	12 Crystal Spri	100-08.25
10	Kapatkar, Rohan	11 Harker	105-06
11	Guevarra, Brian	11 St Lawrence	109-08
12	Giammona, Matthew	12 Harker	111-05
13	Myers, Jacob	12 Sacred Heart	111-06
14	Shanley, Conor	12 Menlo School	112-01
15	Yuzon, Jhed	12 Sacred Heart	114-05
16	Ertola, Joey	12 Sacred Heart	114-05
17	Nunez, Fidel	10 The King's	126-06
18	Chen, Michael	12 Harker	130-03

Event 30 Girls Shot Put Varsity

Top 9 Advance by Mark			
Pos	Name	Yr School	Seed Mark
Flight 1 of 1 Prelims			
1	Hunter, Christina	11 Eastside Col	19-07.75
2	Tenisi, Margarita	10 Eastside Col	21-01.75
3	Aceves, Laura	10 Notre Dame (21-04.00
4	Vall-Eugenio, Marlena	10 Mercy (Burli	22-09.00
5	Green, Betty	11 Mercy (Burli	22-11.00
6	Ortiz, Hideliza	10 Notre Dame (23-11.00
7	Chow, Jessica	9 Notre Dame (24-00.00
8	Kuiper, Johanna	10 The King's	24-01.75
9	Escobar, Nelly	10 Mercy (Sf)	24-10.75
10	Wang, Julia	10 Harker	25-10.50
11	Heath, Rebecca	11 The King's	26-02.00
12	Price, Madeline	11 Menlo School	27-00.00
13	Alvarado-Munoz, Daisy	12 Woodside Pri	28-07.00
14	Smith-McCoy, Joslynn	11 Mercy (Sf)	31-03.50
15	Dressel, Morgan	11 Menlo School	35-00.50

Event 15 Boys Shot Put Varsity

Top 9 Advance by Mark			
Pos	Name	Yr School	Seed Mark
Flight 1 of 1 Prelims			
1	Fields, Wilson	10 Pinewood	ND
2	Leonard, Justin	10 The King's	25-04.00
3	Naclerio, Nicholas	12 Woodside Pri	28-08.75
4	Goodley-Espinosa, Tommy	11 St Lawrence	28-10.00
5	Temesi, Mitchell	12 St Lawrence	29-03.00
6	Wookey, Christian	11 Woodside Pri	30-11.50
7	Crouch, Chris	9 Menlo School	32-02.00
8	Halteh, Daniel	12 Crystal Spri	33-02.75
9	Nunez, Fidel	10 The King's	34-03.00
10	Guevarra, Brian	11 St Lawrence	35-00.00
11	Kiros, Mareg	10 The King's	35-00.00
12	Kumar, Arjun	11 Harker	37-10.00
13	Myers, Jacob	12 Sacred Heart	37-10.50
14	Shanley, Conor	12 Menlo School	39-02.00
15	Ertola, Joey	12 Sacred Heart	40-03.00
16	Giammona, Matthew	12 Harker	40-07.00
17	Chen, Michael	12 Harker	42-05.50
18	Yuzon, Jhed	12 Sacred Heart	45-10.75