

# WILDCAT 5K

## RUN IN GOOD COMPANY

Saturday, July 13, 2013

**Location:** Dougherty Valley High School (DVHS)  
10550 Albion Rd, San Ramon, CA 94582

**Check In:** 6:15-7:15AM; Start Time: 7:30AM

**Awards:** Top 3 men and women in age groups: 12 & under, 13-15, 16-18, 19-29, 30-39, 40-49, 50-59, 60-69, 70+

**Entry Fee/Registration:** \$25 in advance postmarked by July 6th. Race day entry is \$30. Fee includes T-shirt, refreshments, and healthy post-race snacks. Entry form below or see [www.joinuscaa.com](http://www.joinuscaa.com) for an electronic registration link or printable entry form. Online registration at [www.active.com](http://www.active.com) closes at midnight on July 10th.

**Course:** A Rolling course around the school on multi-use trails, finishing on the DVHS track.

**Questions:** For 5K event info contact Mark Nelson, [mdnelson@pacbell.net](mailto:mdnelson@pacbell.net)

**Optional Corporate Team Competition:** This event is being held in conjunction with the United States Corporate Athletic Association (USCAA) Corporate Cup National Championship. There are many track & field events (various age groups) being held on July 13-14 at the DVHS track. If you are interested in competing as a company team (includes government agencies) in the 5K or any other events complete the last two lines of the entry form and contact Hank Lawson at: [hanklawtrack@gmail.com](mailto:hanklawtrack@gmail.com) or 408-460-6785. See [www.joinuscaa.com](http://www.joinuscaa.com) for more info.

Corporate results in the 5K are based on cross-country type scoring using best places by 5 or 10 year age group. There are separate men's and women's team scores. Company runners are also eligible for individual awards in the 5K.

A portion of the proceeds benefit Special Olympics Northern CA and the Dougherty Valley High School Athletic Boosters



Special Olympics  
Northern California  
[sonc.org](http://sonc.org)



## 5K RUN IN GOOD COMPANY

Please print clearly

NAME: \_\_\_\_\_ AGE ON RACEDAY: \_\_\_\_\_

BIRTH DATE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

MALE  FEMALE

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

T-SHIRT SIZE:

S  M  L  XL

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

I'D LIKE TO SUPPORT THE ATHLETES OF SPECIAL OLYMPICS NORTHERN CA:

\$2  \$5  \$15  \$25

EMPLOYER: \_\_\_\_\_

\$100 OTHER: \$ \_\_\_\_\_

NAME OF TEAM CAPTAIN: \_\_\_\_\_ EMAIL ADDRESS OF TEAM CAPTAIN: \_\_\_\_\_

COMPANY: \_\_\_\_\_

**\$100 SPONSORS ONE ATHLETE FOR ONE SPORT SEASON**

For paper entry:

Make check payable to:  
**USCAA**

Mail entry form to:  
**Stephanie Bambury**  
837 O'Brien Pl  
Danville, CA  
94526

Signature of Athlete: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Signature of Parent (if under 18): \_\_\_\_\_  
WAIVER: I, hereby, on behalf of my heirs, administrators, and assigns, waive and hold harmless the City of San Ramon, Windemere BLC Land Company, LLC, Lennar Homes of California, Inc., San Ramon Valley Unified School District, Dougherty Valley High School, the Dougherty Valley High School Athletic Boosters, the United States Corporate Athletics Association and ALL Volunteers, their directors, managers, officers, employees, representatives, and agents, from any and all claims for damages and/or injuries arising from or out of my participation in and travel to and from the Run in Good Company 5K on Saturday, July 13th, 2013.