



California State Indoor HS Meet

February 17, 2014 – Fresno, Calif.

*** Eleven qualifying meets to be held Jan. 18, Feb. 1-8, 2014 ***

The meet will run in conjunction with the Run for the Dream meet in Fresno, Ca on Feb. 17, 2014. There will be a set of running and field events with 3 relays (see attached for schedule of events).



There will be **Eleven qualifying meets held throughout California on Jan. 18 and Feb. 1-8, 2014** to serve as entry into the Feb. 17th meet. There will be 6 meets in Southern California, 2 meets in Northern California, 2 in Central California and 1 in the San Diego area. The entry fee at the 11 qualifying meets will be determined by the meet director at the specific location. The list of qualifying meets will be:

Santa Barbara	Westmont College	Jan. 18, 2014	Time TBA
Orange County Region	Irvine HS	Jan. 25, 2014	Time TBA
San Diego Region	Mt. Carmel HS	Feb. 1, 2014	Time TBA
Los Angeles Region	Paramount HS	Feb. 1, 2014	Time TBA
Inland Empire Region	Roosevelt HS	Feb. 8, 2014	Time TBA
LA Valley Region	Simi Valley HS	Feb. 8, 2014	Time TBA
Fresno Region	Kingsburg HS	Feb. 8, 2014	Time TBA
Inland Empire Region	Great Oak HS	Feb. 1, 2014	Time TBA
Sacramento Region	UC Davis	Feb. 8, 2014	Time TBA

Bay Area Region
South Bay (LA) Region

UC Berkeley
Redondo Beach HS

Feb. 8, 2014
Feb. 8, 2014

Time TBA
Time TBA

QUALIFYING FORMAT:

The top three (3) overall placers in each running event and each relay event at each qualifying meet and the top two (2) overall placers in all field events will be invited to run in the CA. Indoor State HS Invitational on Feb. 18th.

There also will be a performance standard for each event for the athletes who do not qualify for the meet by place. This standard will be published at a later date on DyeStatCal.com.

All athletes wishing to compete in the CA. State HS Invitational must sign up on the day of the qualifying meet (Jan. 18, Feb. 1-8, 2014) and pay the entry fee at that time. The cost of entering the CA. Indoor State HS Invitational is \$25.

There will be a sign-up table at all 11 regional meets to sign-up athletes who would like to compete in the Feb. 17th meet. All athletes must sign-up on the day of their qualifying meet (Jan. 18, Feb 1-8, 2014). There will be no late entry for the Feb. 17th meet.

Athletes will be asked to supply their own implements at both the qualifying meet and Indoor State Meet.

The top three (6) overall placers in each event at the February 17th meet will receive an award.

EVENTS AT FEBRUARY 2 AND 9 MEETS:

Running:

55m
55mHH
600y (550m)
800m
Mile
2 Mile
4 x 145m (4 x 200m)
4 x 400m
4 x 800m

Field:

Pole Vault
High Jump
Long Jump
Triple Jump
Shot Put
Weight Throw (By invitation only into Jan. 21st meet)

Checkout VSAthletics.com or PrepCalTrack.com
for more information as it becomes available.