



2014



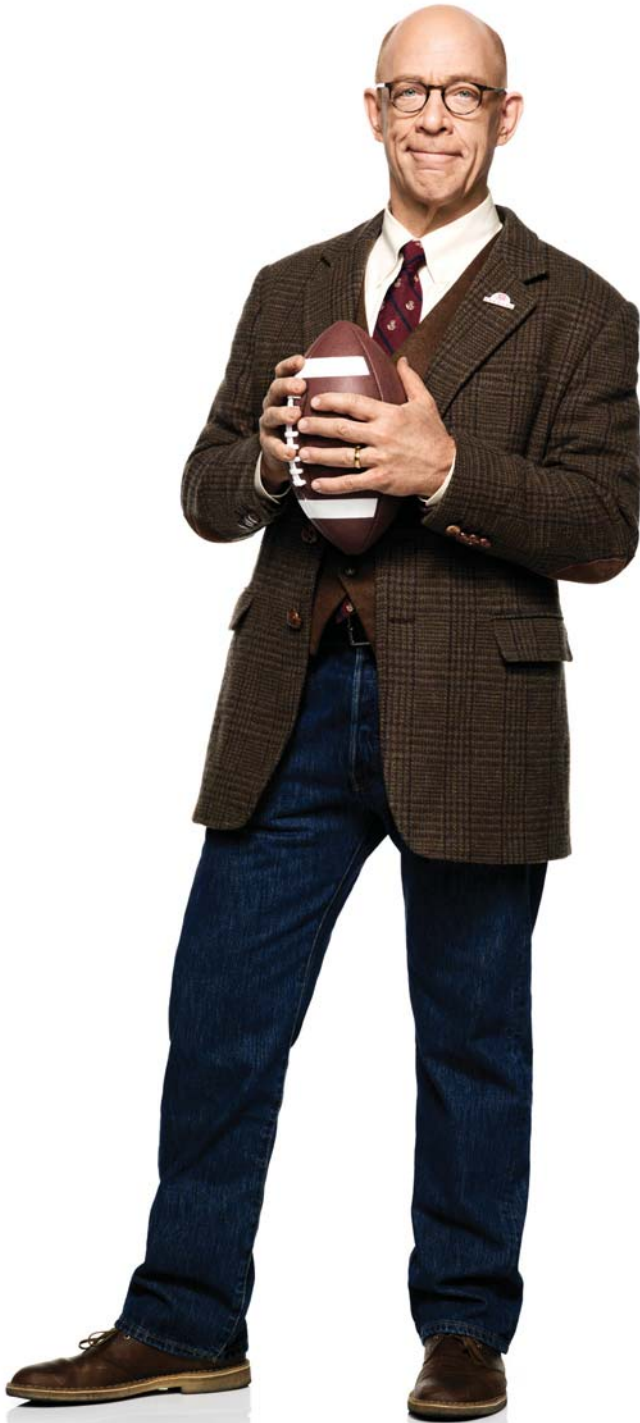
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June 6 – 7, 2014

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Pursuing Victory With Honorsm

High school sports in the past decade has transformed from an important local event to one that it is commonly seen on broadcast television and the Internet with full-time websites dedicated to recruiting and blogging about teams, student-athletes and coaches. Most however, still refer to education based athletics as the last "true amateur sport" venue in America because our mission and value system is based upon the core foundation of student participation, sportsmanship and fair play. While professional sports, collegiate athletics and even most youth programs have moved toward a business model where finances, positive income and winning is the sole mission, high school sports still remains dedicated to providing opportunities for kids to compete in a safe and fair environment.

Sports add richness to a school culture by providing opportunities for any student who wants them. It is the largest "elective" program on any high school campus. Nationally, and here in California, participation by students in high school sports programs is at its highest level in history proving the desire and need is vast. In the process of deriving enjoyment from participation (Number one reason kids play sports: Fun) in athletics, our students are learning life-long skills that help them develop into healthy adults and productive citizens. National research continues to validate that students involved



Roger L. Blake
CIF Executive Director

in extra-curricular activities attend more days of school, perform better in the classroom, and have less behavior issues at school; lower dropout rates and lower alcohol and drug abuse rates, than students who do not participate. The data and the lists of participation benefits are endless.

It is true that we occasionally see acts of poor sportsmanship and behavior by a player or a coach, but the overwhelming majority of school contests reflect the positive elements of Pursuing Victory with Honorssm. True, the goal is always to win the contest, but high school sports, when done correctly, places the value of life lessons, character and sportsmanship ahead of winning. It is this ability of education based sports leaders to keep athletics in its proper perspective that helps separate us from the rest.

This past school year more than 775,000 students participated in sports on our high school campuses in California and less than 2% will go on and compete in athletics in college. Kids participate in sports because it's fun and the athletic fields and gymnasium classrooms our schools provide gives adults the opportunity to teach valuable lessons that might not be learned in any other environment. As educational leaders, creating life-long skills and helping create better citizens through participation in education based athletics is the greatest gift we can give to the future.

As you enjoy these Championship contests, please help us to achieve our goal by teaching and demonstrating respect. Displays of good sportsmanship will say positive things about you and your school community, and hopefully remind us all that in the end, sport is meant to be fun and enjoyed by not only those participating, but those in attendance.

Sincerely,

A handwritten signature in black ink that reads "Roger L. Blake". The signature is fluid and cursive.

Roger L. Blake
CIF Executive Director

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2014 State Track & Field Championships



Schedule

FIELD EVENTS

Friday, June 6 Qualifying Times

EVENT	REPORTING TIME	STARTING TIME
Girls' Discus	1:45 p.m.	3:00 p.m.
Girls' Long Jump	1:45 p.m.	3:00 p.m.
Boys' Triple Jump	1:45 p.m.	3:00 p.m.
Girls' High Jump	2:45 p.m.	4:00 p.m.
Boys' Discus	4:30 p.m.	5:30 p.m.
Girls' Shot Put	4:30 p.m.	5:30 p.m.
Boys' Pole Vault	4:30 p.m.	6:00 p.m.
Girls' Pole Vault	4:30 p.m.	6:00 p.m.
Boys' Long Jump	5:00 p.m.	6:00 p.m.
Girls' Triple Jump	5:00 p.m.	6:00 p.m.
Boys' High Jump	5:30 p.m.	6:30 p.m.
Boys' Shot Put	7:00 p.m.	8:00 p.m.

Saturday, June 7 Championships Times

EVENT	REPORTING TIME	STARTING TIME
Girls' Discus	3:30 p.m.	4:30 p.m.
Girls' High Jump	4:00 p.m.	5:00 p.m.
Girls' Long Jump	4:00 p.m.	5:00 p.m.
Boys' Triple Jump	4:00 p.m.	5:00 p.m.
Girls' Pole Vault	4:15 p.m.	5:15 p.m.
Boys' Discus	5:30 p.m.	6:30 p.m.
Girls' Shot Put	5:30 p.m.	6:30 p.m.
Boys' High Jump	6:00 p.m.	7:00 p.m.
Boys' Long Jump	6:00 p.m.	7:00 p.m.
Girls' Triple Jump	6:00 p.m.	7:00 p.m.
Boys' Pole Vault	6:15 p.m.	7:15 p.m.
Boys' Shot Put	7:30 p.m.	8:30 p.m.

TRACK EVENTS

Track Qualifying (Friday, June 6)

This schedule may be lengthened if four heats are necessary in any event(s)

Girls 4x100 Relay	Heat 1 5:00	Girls 400 Meter Dash	Heat 1 6:37	Girls 300 Meter Hurdles	Heat 1 8:04
	Heat 2 5:05		Heat 2 6:42		Heat 2 8:08
	Heat 3 5:10		Heat 3 6:47		Heat 3 8:12
	Heat 4 5:15		Heat 4 6:52		Heat 4 8:16
Boys 4x100 Relay	Heat 1 5:20	Boys 400 Meter Dash	Heat 1 6:56	Boys 300 Meter Hurdles	Heat 1 8:22
	Heat 2 5:25		Heat 2 7:00		Heat 2 8:26
	Heat 3 5:30		Heat 3 7:04		Heat 3 8:30
			Heat 4 7:08		
Girls 1600 Meter Run	Heat 1 5:35	Girls 100 Meter Dash	Heat 1 7:13	Girls 200 Meter Dash	Heat 1 8:35
	Heat 2 5:42		Heat 2 7:17		Heat 2 8:39
			Heat 3 7:21		Heat 3 8:43
					Heat 4 8:45
Boys 1600 Meter Run	Heat 1 5:49	Boys 100 Meter Dash	Heat 1 7:25	Boys 200 Meter Dash	Heat 1 8:49
	Heat 2 5:56		Heat 2 7:29		Heat 2 8:53
			Heat 3 7:33		Heat 3 8:57
Girls 100 Meter Hurdles	Heat 1 6:03	Girls 800 Meter Run	Heat 1 7:38	Girls 4x400 Relay	Heat 1 9:12
	Heat 2 6:07		Heat 2 7:42		Heat 2 9:20
	Heat 3 6:11		Heat 3 7:46		Heat 3 9:28
					Heat 4 9:36
Boys 110 Meter Hurdles	Heat 1 6:18	Boys 800 Meter Run	Heat 1 7:50	Boys 4x400 Relay	Heat 1 9:42
	Heat 2 6:23		Heat 2 7:54		Heat 2 9:48
	Heat 3 6:28		Heat 3 7:58		Heat 3 9:54
	Heat 4 6:33				

Saturday, June 7 Championships

6:00	Girls' 400m Relay
6:10	Boys' 400m Relay
6:21	Girls' 1600m Run
6:32	Boys' 1600m Run
6:49	Girls' 100m High Hurdles
7:00	Boys' 110m High Hurdles
7:11	Girls' 400m Dash
7:20	Boys' 400m Dash
7:31	Girls' 100m Dash
7:40	Boys' 100m Dash
7:50	Girls' 800m Run
8:00	Boys' 800m Run
8:12	Girls' 300m LH
8:22	Boys' 300m IH
8:30	Girls' 200m Dash
8:38	Boys' 200m Dash
8:46	Girls' 3200m Run
9:03	Boys' 3200m Run
9:28	Girls' 1600m Relay
9:38	Boys' 1600m Relay



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2014 State Track & Field Championships Preview

Washington-led LB Poly, Stockdale's Haney among historical storylines for 96th CIF-State Track and Field Championships

By Rich Gonzalez
Editor, PrepCalTrack.com
@PrepCalTrack

The greatest team tradition in the history of high school girls track and field will be bidding adieu to both its iconic coach and its most decorated athlete after this weekend, but first there are more titles to be pursued.

Long Beach Poly, which has amassed a California record 13 girls team titles over the years, is the overwhelming favorite to add #14 to the trophy case come "Championship Saturday" at the 96th annual CIF State Track and Field Championships, Presented by Farmers.

Jackrabbits senior Ariana Washington should figure prominently into those celebratory goals while carving her name alongside two of the sport's greatest legends. If all goes perfectly to plan, she'll join Marion Jones and Allyson Felix as the only females to sweep the state 100- and 200-meter dash titles in at least three consecutive years. Additionally, a third potential victory by Washington as a member the 4x100-meter relay would net her an astonishing eight gold medals in her career (six in individual events and two in relay events), putting her just one behind Jones for the all-time state record.

Poly arrives here as the top seed in six of the seven lane events as Washington, Kymber Payne, Kaelin Roberts, Autumn Wright, Jade Lewis, Hollie Harris, Maya Perkins and Angela Marong seek to combine their talents in aiming to send longtime coach Don Norford off to retirement from high school coaching in championship fashion.

On the boys side of the two-day meet, individual plot lines take center stage as Stockdale High senior Blake Haney – clearly the greatest distance talent in Central Valley annals – sets out to become only the second male in state meet lore to sweep the 1600 and 3200 meter titles in successive years. In order to achieve it, however, Haney will have to be at his best to defeat the deepest fields in meet history in each of those two events.

The third athlete seeking to complete the "Double-Double" this weekend is Castro Valley's Nate Moore, who aims to successfully defend both his long and triple jump titles from a year ago.

All told, a grand total of 10 competing athletes are setting out to recapture state titles in 13 of the meet's 28 individual events, while scores of motivated contenders making their own successful journeys along "The Road to State" seek to dethrone those incumbents.

With daytime temperatures expected to skyrocket into

triple digits on both days, the elements certainly are not ideal in the distance races, even during the evening hours. But that same warm weather coupled with often generous angular winds, supportive crowds, and a lightning-fast Mondo track surface are often a boon for performances in the shorter events, as evidenced by the two national records and five meet records set during the meet's five first years at Buchanan High's Veteran's Memorial Stadium.

Plenty of national-class talent will once again be on display in all event areas for what is annually regarded as the premier state meet in the country.

Here's our event-by-event mini breakdown of the leading contenders, plots, and subplots for the weekend:

GIRLS SPRINTS & RELAYS

For the third consecutive year, Long Beach Poly could be the story in the short dashes, with University of Oregon-signed senior Ariana Washington being the headliner each time. "Ari" seeks to three-peat a sweep of the 100m/200m crowns, which would place her alongside sprint legends Marion Jones (who did it four times) and Allyson Felix atop the Who's Who list of endless California talent.

Washington, off to a slower-than-usual start after a preseason injury, is unbeaten in the dashes this spring and the clear favorite to bring out the broom yet again. She promises "something special" in Clovis, where ideal sprint conditions could mean the "Poly torpedo" has a great chance to do some major damage to those all-time lists! She courts lifetime wind legal bests of 11.39 and 23.18 (plus 11.18 and 23.05 lifetime wind-aided bests at altitude last year) and is clearly the one to beat in both. Skyline's Destiny Smith-Barnett, Edison's Jazmen Bunch and Mission Hills' Suzie Acolatse are chief threats in the shorter dash while Acolatse and Poly teammate Jade Lewis are the top challengers in the deuce.

The one-lap sprint features an Arcadia Invitational rematch between LB Poly's Kaelin Roberts and Menlo's Madeline Price, where the pair was separated by just six-hundredths of a second (53.37 to 53.43) back in April. Only a freshman, Roberts had been drawing closer to teammate Washington in their meetings across 200 meters recently, while Price has been ruling the Northern California scene since their last encounter.

Long Beach Poly is the clear favorite to sweep the relays if it can replicate the elusive clean exchange-zone passes it finally enjoyed in the shorter 4x100 last weekend. Edison of

Continued on next page

2014 State Track & Field Championships Preview

Fresno and nicely improving Serra of Gardena are the top threats there. Across the longer relay, the Jackrabbits are equally tough; Washington confirmed that she will not run on the 4x400 this weekend.

GIRLS DISTANCES

For the first time in state meet history, four girls with personal bests at 4:45.30 or faster will grace the entry list for the prelims round in setting up some potentially 'screamer' qualifying paces for the 1600! San Lorenzo Valley's Anna Maxwell, who represented the United States at the World Youth Championships last summer, is the defending state champion here and just barely held off Gunn's Sarah Robinson, 4:43.82 to 4:44.07, in intense CCS Finals action last weekend! Great Oak/SS seeks to become the fastest teammate trio in national history (currently #2 all time with its 4:46.04 average) as seniors Haley Dorris and Ashley Helbig and sophomore Destiny Collins again don the battle armor in representing the state's premier distance program. Also watch out for Tesoro 10th grader Amanda Gehrich, who sliced five big seconds off her career best last weekend at the SS Masters Meet.

The 3200 meter run could prove to be the weekend's most historic event if Northwood senior Bethan Knights hits the right groove. She roared to a nation-leading 9:54.89 – good enough to move to #5 in national prep history – but she did it the hard way in a 4:50.64/5:04.25 positive-split performance. A more balanced pacing effort amid the heat of the Central Valley could bring Thousand Oaks alum Kim Mortensen's national record (9:48.59) under attack! But the talent parade hardly ends there. Even with three-time state champ Sarah Baxter of Simi Valley/SS sidelined by injury, Knights is among six girls entered at sub-10:19 who currently rank among the top 20 in the nation. With Knights, Dos Pueblos' Addi Zerrenner, South Torrance's Kimberly Coscia, La Costa Canyon's Emma Abrahamson and the Great Oak duo of Collins and Dorris, this is easily the deepest eight-lap field ever assembled in the history of any state meet in the country!

Then there's the two-lapper, which is just oozing in intensity. From defending champion Mikaela Smith of Clovis North/CE and reigning 1600 m champ Anna Maxwell of SLV/CC to much-of-the-season state leader Ashlyn Rambo of Mater Dei/SS and surprise SS Masters winner Anevay Hiehle of talent-stocked Redondo Union/SS, the qualifying round alone could be at the fiercest levels ever seen for this event. By the time Saturday rolls around, it'll be very interesting to observe which of the finalists measured their qualifying efforts just right, and which are left gasping for oxygen.

GIRLS HURDLES

A recent flurry of improvements across the state has quickly tossed projections for the outcome of the 100 meter barriers race into a "pick 'em" scenario. Vacaville's Pattriana Perry remains the state leader after her 13.61 Sac-Joaquin Masters triumph, but with Central Coast Section frosh

wunderkind Reonna Collier (four gold medals at her state qualifier meet) of Piedmont Hills and dazzling Roosevelt/SS teammates Jasmyne Graham and Jaela Williams jamming up the entry list with four national-class hurdlers, this one promises to be a nerves rattler!

The form chart for the 300 meter lows took a hit when the fastest teammate tandem in state history (41.35 & 41.46) suffered a significant blow as Long Beach Poly's Ebony Crear was eliminated early into postseason. It'll be up to Poly senior Kymber Payne to again fend off regional rivals Jeanette Paul of Serra and Skylin Harbin of Alemany (who improved by one second last week) as well as the aforementioned frosh phenom Collier of Piedmont Hills if the Jackrabbits are to secure another event victory.

GIRLS THROWS

If Dos Pueblos' Stamatia Scarvelis flashes any semblance to her prior springtime showings, look for the UCLA-signed Southern Section star to sweep the throws by convincing margins. A dynamically entertaining performer in the ring, Scarvelis seeks to cap unbeaten seasons in both events, also having the state meet record (53-08.00 by Shafter's Anna Jelmini in the 2009 prelims) within reach considering her 53-09.25 heave in dual meet action. She's seeking to become only the second thrower to win three consecutive shot put crowns, including the first to do so in more than 30 years! But keep tabs on UNLV-bound senior Mackenna Howard (Los Alamitos/SS), who has been trending upward lately, improving by more than two feet in recent weeks to forcefully smash through the 50-foot barrier.

Scarvelis (172-07) is equally formidable in the discus throw, where she holds a commanding 20-foot advantage over the rest of the field while seeking to snare her first state title in that event. Oakdale/SJ sophomore Hannah Chappell and Liberty/CE senior Rae Blansett are a pair drawing tantalizingly close to the 150-foot arc this year.

GIRLS JUMPS

The most talented field events showdown should unfold across the long jump runway, where defending champ Courtney Corrin of Harvard-Westlake/SS and this year's all-conditions state leader, Margaux Jones of Redlands/SS, will tangle. Corrin, who placed fifth at the World Youth Championships soon after setting the national freshman record (21-00.00) last June, likely will need more late-season heroics to prevail as Jones has been the more consistent leaper this spring and soared a wind-aided 20-09 in dual meet action in April.

No less than five 40 footers will stalk the sand pits in the triple jump, where L.A. City Section Finals meet record setter Ashley Anderson of Carson tops the list (41-02.50). Central Coast Section champ Marisa Kwiatkowski of Wilcox and Southern Section Masters winner Jasmine Bass of South Torrance are among a half dozen others within reach of the title in an event where masterful technique goes a long way

Continued on page 13



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2014 State Track & Field Championships Preview

toward securing the gold.

The proverbial apple cart was certainly tipped over last weekend when defending state champ Kaitlyn Merritt of Santa Margarita saw her unbeaten season end in the pole vault amid a no-height showing at the SS Masters Meet. Best positioned to cash in for the gold medal at this point include highly consistent Los Gatos/CC senior Greta Wagner and skyrocketing frosh talent Mckenna Caskey of Mater Dei/SS.

Another former gold medalist falling victim to misfortune was 2012 state high jump champ and 2014 state leader Claire Kieffer-Wright (South Pasadena/SS, ankle fracture), with Redlands/SS leaper Savannah Miller now courting the best remaining mark (5-11.00). But both Asia Chesley of Stockdale/SS and Erinn Beattie of Buena/SS have been at their best of late, with each also clearing bests of 5-10.00.

BOYS DISTANCES

Quite a scenario is unfolding in the distance races, where Blake Haney's bid to match illustrious history is receiving a fierce challenge from the deepest cast of multi-lap talents in Californialore. The defending champion at both 1600 and 3200 meters, Haney reached new levels of excellence last summer in placing fifth in the 1500 meters at the IAAF World Youth Championships in Ukraine, the highest placing ever by an American in the event. Haney, who last weekend hit a mini-road bump while competing against a world-class professional field in the men's international mile at the Prefontaine Classic in his bid to break the four-minute barrier (he ran 4:10.41), harbors far more high-end experience than anyone in the field this weekend. His ability to "control" the race flow in each of his three expected outings this weekend (the 3200 is a straight final) could go a long way in determining if he's able to join Belmont's Roman Gomez (1984-1985) as the only California preps to pull off the 1600-3200 "Double-Double" in successive years. His nation-leading 8:46.80 for 3200 meters at the Arcadia Invitational against the nation's strongest field is testament to his fitness, with his focus further sharpened in dedicating his season to mom Laura, who was diagnosed with breast cancer earlier in the school year.

The cast of challengers to Haney's reign is a lengthy one, with previously unheralded Ellis Newton of Lakewood Mayfair coming out of nowhere to defeat national star Garrett Corcoran of Villa Park for the CIF-SS Division 2 1600m title two weeks ago, with Newton attempting the 1600-800 double this weekend and Corcoran (who owns the best lifetime 1600m mark in the field at 4:06.00) slotted for 1600-3200 action. Brea Olinda 10th grader Austin Tamagno, the state class record holder as both a freshman (4:09.43) and a sophomore (4:06.93) at 1600, is very, very dangerous in the four lapper while El Modena's Sydney Gidabuday can be a lethal threat when armed with a smart racing plan.

Redwood of Larkspur's Fred Huxham is an excellent choice to challenge Haney and others for the 3200 title, with the North Coast Section champion arriving in Clovis with

fresh legs and a calm yet confident focus, an 8:55.03 personal best, and methodical racing schedule. La Costa Canyon's Steven Fahy and DeLaSalle's Blair Hurlock are two more diamonds in a loaded distance field that rates as deep as the magical 1974 lineup for 1600 meters and better than any previous field across 3200 meters.

The 800 should be a doozy, with Mayfair's Newton and Vista Del Lago's Jeremiah Bias renewing their rivalry of recent weeks. Bias is the most seasoned of anyone in the field, but quick-rising talents Arturo Sotomayor (Roseville), Adrian Mangoba (Vista) and Connor McKinnon (Amador Valley), red-hot David Manahan (Harvard-Westlake) and ever-dangerous Eamon Smythe (Huntington Beach Edison) make this perhaps the most exciting event of the entire weekend!

BOYS JUMPS

No boys event in state history has basked in as much success down through the ages as the long jump, where the Golden State lays claim to seven of the best 13 leapers on the all-time national lists! After years of comparable dormancy in the event, the event is once again heating up. Even with 2012 State Champion Adoree Jackson being disqualified in a sectional prelim, the field showcases defending champion and senior Nate Moore (25-10.00w) of Castro Valley/NC as well as Kingsburg's Joey Souza (25-0700w). Their best jumps of the season – both coming at the Mt. SAC Relays – are the two farthest all-conditions leaps by California preps in 24 years! But the depth here is staggering as JSerra's Dante Pettis leads five others with marks beyond 24 feet this year!

The triple jump competition should provide its own fireworks as Castro Valley's Nate Moore (who won the event in a lifetime-best 50-11.75 last year) and Vista Murrieta junior C.J. Alumbres (50-01.25) have already sailed beyond 50 feet while James Logan's Karsten Wethington recently drew to within a quarter of an inch of that amid very blustery winds last weekend. Hometown hero Matt Bowen of Buchanan, seeking a third appearance in the state meet final, and Central Section rival Scotty Newton of Bakersfield are upset-minded entrants also in the field.

The action on the pole vault runway could be one for the ages as a pair of 17 footers and a third aerialist regaining his momentum at the perfect time help make this arguably the strongest group of sky walkers in meet history! Defending champion Luigi Colella of Thousand Oaks set a Cerritos College facility record for preps by winning the CIF-SS Division 2 crown (17-00.75) two weeks ago, but it lasted for just 90 minutes as Ventura's Jake David then elevated to a state-leading 17-01.00 to claim the Division I title. Orange Lutheran's Carl Johansson, champion at the South County, Trabuco Hills, and Arcadia meets, has been bottling up the magic again in recent weeks, including a 16-09.50 effort in taking the CIF-SS Division III championship. Merced Golden Valley's Ryan Pust, the top qualifier from the ten sectional meets at 16-07.00, and 2013 state meet silver medalist August Kiles of Tamalpais are additional top threats entered.

Continued on next page

2014 State Track & Field Championships Preview

Action at the high jump apron will be special as Southland stars Eric Moore of Carter and Vincent Calhoun of Long Beach Poly renew their Clovis rivalry. A year ago, both cleared 6-11.00 at the state finals, but Moore earned the victory on a tiebreaker. Moore is seeking to become only the second repeat winner of the event in the last 30 years while Calhoun strives to snare critical team points for the Jackrabbits. American's David Chukwu, who has strung together impressive marks since the wintertime, and Lemoore's Michael Burke are additional top talents.

BOYS SPRINTS/RELAYS

It has been quite a year for 'sophomores' on the statewide scene this spring. Mater Dei senior Curtis Godin is only a sophomore in terms of experience in the sport, but the transplant from the baseball diamond who picked up this sport only last year has enjoyed storybook progress. Setting the Arcadia Invitational meet record in the 100-meter dash (10.36) earlier this year, Godin remains unbeaten in the century dash thanks to excellence strength that carries him well across the last 30 meters of his races. But Michael Norman, a true sophomore from Vista Murrieta, ended Godin's 2014 unbeaten in the longer dash during a head-on 20.82-20.85 victory at last weekend's Southern Section Masters, setting a state record for 10th-graders in the process! Several others, including Chaminade sophomore T.J. Brock (who set a state frosh record 10.57 for the 100m last year, but false-started in postseason qualifying in the event last month), are finding their half-lap groove at the just right time.

The 400 meter dashers are coming together very nicely during the stretch drive, with Sheldon junior Cameron Stone rocketing to the top of the charts with his 46.99 stunner at the Sac-Joaquin Section Division I Finals. Vista Murrieta's aforementioned Norman, the state leader in the deuce, threw down a Southland-leading 47.01 last weekend. Four of the top five in the state this year are non-juniors, making the future awfully bright!

Woodcreek of Roseville (SJ) appeared to seize the inside track for top honors in the short relay after its state-leading 40.93 effort recently, but prior state leader Great Oak responded with a seasonal-best 41.13 last weekend's SS Masters Meets to top all state-qualifier showings. Edison of Fresno and Poway should clash in a prelims heat matchup showcasing two programs with strong sprint traditions.

Long Beach Poly regained the state lead in the long relay with its 3:14.79 burner, but three other squads – Dorsey (LA), Hercules (NC) and Sheldon (SJ) – are within a second of the Jackrabbits on the stopwatch heading into the weekend. During Friday prelims, keep an eye on Woodbridge anchor Gabe Warner, who seemingly does his best when asked to play catch-up. Warner, a junior, split 46.0 at last weekend's SS Masters to rally his team from last place heading into the anchor leg to into a state meet berth.

BOYS THROWS

San Diego Madison's Dotun Ogundeji has positioned himself well to battle for two state titles, but a pair of fellow football talents could be his chief nemeses. Ogundeji is the state leader in both events after a state-leading 65-05.50 at the Mt. SAC Relays in the shot put and his 194-05 toss in the discus throw in winning the San Diego Section Finals last weekend, but Mater Dei's Malik McMorris is also hot in the latter, going deep with his 192-11 fling at the SS Masters Meet last Friday.

St. John Bosco's Matt Katnik, a key force on the offensive line for St. John Bosco's undefeated state championship football team, has also gone 65-04 this spring. Katnik, West Ranch's Nathan Bultman, and Jesuit's Michael Titherington are all top-end 11th grade putters nationally. Keep an eye also on the San Clemente tandem of Kelsey Benoit and Derek "Rocky" Fenton, an experienced pair exhibiting notable progress the last 15 months.

BOYS HURDLES

De La Salle's Marquis Morris is the reigning champ in the 110 meter high hurdles, but arrives as the slight underdog as Long Beach Millikan's Misana Viltz has been masterful this spring, including a wind-legal 13.71 performance in late April that pushed him to 13th on the all-time state lists. Long Beach Wilson's Bayron Manuel and DLS' Morris have also crept just under 14 seconds this season while Simi Valley junior Alex Billing has flashed amazing quickness over the barriers in recent weeks. The cleanest technician will have the edge in this nerve-racking field.

Morris is the state leader in the longer hurdles discipline, with his 36.94 in winning at Arcadia ranking him among the top ten nationally this spring. Sac-Joaquin Section champ Austin Carter ((37.14) of Folsom and Southern Section Masters winner Austin Tinsley of Santa Margarita, quickly re-acquiring his groove after a month-long injury, are great threats for the gold as well.

BOYS/GIRLS TEAM-TITLE SCENARIOS

Long Beach Poly, with all of its scoring haul occurring in the track events, is the clear choice to win its record 14th team championship as it projects to rack up three times as many points as its nearest challengers. Great Oak, Redlands, Edison of Fresno and Dos Pueblos are among several girls' teams in contention for the remaining two plaques, with 21-plus points projecting to be just enough to land the goods.

The boys' title tilt, on the other hand, should be a nail biter as the hardware recipients likely won't be sorted out until the conclusion of the final event! Mater Dei, Vista Murrieta and Long Beach Poly each check in with a total of 26 points on the form charts, but experience has shown that with so much talent assembled and drama evident at the Golden State's pinnacle event, breakthroughs and belly flops can throw those types of close projections right out the window.

Enjoy the action!



2014 State Track & Field Championships



BOYS 4X100M RELAY

National: 39.76 5/16/1998 Wyatt, Ft. Worth TX
M. Wesley, M. Clopton, M. Franklin, De Wesley

State Meet: 40.24 6/2/1989 Hawthorne, Hawthorne
Alexander, Smith, Allen & Curtis Conway

Lane	Team Relay	Sec	Seed Time
Heat 1 of 3 Prelims			
1	Chico	NO	43.03
2	Kingsburg	CE	42.38
3	Mater Dei	SS	41.79
4	Highland	SS	41.72
5	Great Oak	SS	41.13
6	Castro Valley	NC	41.66
7	Monrovia	SS	41.78
8	Vacaville	SJ	42.32
9	La Costa Cnyn	SD	42.95
Heat 2 of 3 Prelims			
1	McClymonds	OK	43.37
2	Bellarmine	CC	42.50
3	Alemany	SS	42.03
4	Dorsey	LA	41.73
5	Woodcreek	SJ	41.29
6	Carson	LA	41.53
7	Buchanan	CE	41.77
8	Sheldon	SJ	42.27
9	St. Augustine	SD	42.69
Heat 3 of 3 Prelims			
1	Washington	SF	43.88
2	Palma	CC	42.53
3	Deer Valley	NC	42.16
4	Novato	NC	41.74
5	Poway	SD	41.45
6	Edison	CE	41.47
7	Chaminade	SS	41.75
8	Santa Cruz	CC	42.19
9	Crenshaw	LA	42.68

GIRLS 4X100M RELAY

National: 44.50 4/23/2004 Poly, Long Beach CA
Shana Woods, J. Lee, C. Picott, Shalonda Solomon

State Meet: 44.70 6/7/1997 St. Bernard, Playa del Rey
R Caruthers, Ma Edmonson, Mi Edmonson, M Withers

Lane	Team Relay	Sec	Seed Time
Heat 1 of 4 Prelims			
2	Gunn	CC	48.64
3	Rancho Bernardo	SD	47.82
4	Los Gatos	CC	47.28
5	Poly (Lb)	SS	45.25
6	Oaks Christian	SS	47.05
7	Central	CE	47.80
8	Crenshaw	LA	48.53
Heat 2 of 4 Prelims			
2	St. Ignatius	CC	48.79
3	Deer Valley	NC	47.83
4	Buchanan	CE	47.29
5	Vista Murrieta	SS	46.31
6	Walnut	SS	47.01
7	San Leandro	NC	47.77
8	Valhalla	SD	48.37
Heat 3 of 4 Prelims			
2	Skyline	OK	48.87
3	Cathedral Catholic	SD	47.98
4	Harvard-Westlake	SS	47.32
5	Edison	CE	46.59
6	St. Mary's Academy	SS	46.95
7	St. Francis	SJ	47.75
8	Carson	LA	48.18
Heat 4 of 4 Prelims			
2	Lincoln	SF	49.64
3	El Camino Real	LA	48.14
4	Franklin of Elk Grove	SJ	47.57
5	Serra	SS	46.60
6	Roosevelt, E	SS	46.72
7	St. Mary's	NC	47.62
8	Rocklin	SJ	48.15
9	Chico	NO	49.75



Damion Marshall (Great Oak)



Ariana Washington (Long Beach Poly) and Sierra Peterson (St. Mary's Academy)

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2014 State Track & Field Championships



BOYS 1600M RUN

National: 3:59.51 4/14/2001 Alan Webb, South Lakes VA
State Meet: 4:00.29 5/31/2008 German Fernandez, Riverbank

Lane	Name	Year	School	Sec	Seed Time
Heat 1 of 2 Prelims					
1	Sydney Gidabuday	12	El Modena	SS	4:09.54
2	Austin Tamagno	10	Brea Olinda	SS	4:10.65
3	Garrett Corcoran	12	Villa Park	SS	4:11.42
4	George Gleason	11	Huntington Bch	SS	4:12.87
5	Derek Morton	12	Mt. Carmel	SD	4:13.05
6	Erik Armes	11	Coronado	SD	4:13.67
7	Phillip Rocha	10	Arcadia	SS	4:13.93
8	Tyler Olson	12	Livermore	NC	4:14.80
9	John Hogan	12	Lowell	SF	4:15.75
10	George Miao	12	Rocklin	SJ	4:16.97
11	Arturo Arevalo	12	Bravo Medical Magnet	LA	4:17.24
12	James Welsh	12	Monterey	CC	4:18.93
13	Logan Marshall	12	Half Moon Bay	CC	4:19.48
14	Charlie Nettle	12	San Pedro	LA	4:21.86
15	Chris Morzenti	10	Mt. Shasta	NO	4:30.85
Heat 2 of 2 Prelims					
1	Garrett Migliozi	12	Nevada Union	SJ	4:10.34
2	Ellis Newton	12	Mayfair	SS	4:10.56
3	Dustin Herold	12	Redondo	SS	4:11.79
4	Miles Irish	12	Palos Verdes	SS	4:12.70
5	Brennon Koryta	12	Brea Olinda	SS	4:13.14
6	Blake Haney	12	Stockdale	CE	4:13.43
7	Psalm Ocampo	11	Clovis North	CE	4:14.57
8	Alex Tucker	11	Westview	SD	4:14.66
9	Matt Coss	12	Bella Vista	SJ	4:16.69
10	Nicholas Rauch	11	Casa Grande	NC	4:16.85
11	Michael Wang	12	Acalanes	NC	4:17.47
12	Kasey Knevelbaard	11	Immanuel	CE	4:17.52
13	Hector Garcia	10	Marshall	LA	4:19.51
14	Justin Robison	10	Lynbrook	CC	4:20.48

GIRLS 1600M RUN

National: 4:33.82 5/31/2008 Christine Babcock, Woodbridge CA
State Meet: 4:33.82 5/31/2008 Christine Babcock, Woodbridge

Lane	Name	Year	School	Sec	Seed Time
Heat 1 of 2 Prelims					
1	Anna Maxwell	12	San Lorenzo Valley	CC	4:43.82
2	Destiny Collins	10	Great Oak	SS	4:45.26
3	Amanda Gehrich	10	Tesoro	SS	4:46.53
4	Brooke Starn	10	Monte Vista	NC	4:53.69
5	Kendall Derry	10	Bella Vista	SJ	4:53.91
6	Megan McCandless	10	Granada	NC	4:54.78
7	Clare Peabody	12	Aptos	CC	4:55.72
8	Monique Anguiano	12	Otay Ranch	SD	5:01.16
9	Hannah Hull	11	Calaveras	SJ	5:01.32
10	Jenna Hinkle	12	West Valley	NO	5:03.86
11	Jacqueline Garner	11	Torrey Pines	SD	5:05.11
12	Kaitlin Pacheco	10	Clovis West	CE	5:10.01
13	Beckie Alch	12	Taft	LA	5:11.09
Heat 2 of 2 Prelims					
1	Sarah Robinson	12	Gunn	CC	4:44.07
2	Haley Dorris	12	Great Oak	SS	4:44.60
3	Ashley Helbig	12	Great Oak	SS	4:48.25
4	Megan Huebner	12	La Quinta(LQ)	SS	4:48.83
5	Veronica Yamane	12	Arcadia	SS	4:54.13
6	Brighie Leach	11	Campolindo	NC	4:54.27
7	Marissa Williams	11	Palisades	LA	4:57.88
8	Kelly Bernd	10	Cnyn Crest Acad.	SD	4:59.25
9	Sofia Castiglioni	9	Davis	SJ	5:02.73
10	Lauren Moffett	10	Clovis North	CE	5:03.68
11	Maddy Nikkel	12	Buchanan	CE	5:05.66
12	Sierra Brill	9	Lowell	SF	5:08.55
13	Stacy Macias	12	Granada Hills	LA	5:25.62



Ellis Newton (Mayfair)



Destiny Collins (Great Oak)



2014 State Track & Field Championships



BOYS 110M HURDLES

National: 13.30 5/26/1990 Chris Nelloms, Dunbar, Dayton OH

State Meet: 13.39 6/5/2004 Kevin Craddock, James Logan

Lane	Name	Year	School	Sec	Seed Time
Heat 1 of 4 Prelims					
2	Rhett Gonzalez	12	Palma	CC	14.69
3	Xavier Jones	12	Dinuba	CE	14.50
4	Kareem Dupree	12	Acad. Arts/Sciences	SF	14.30
5	Misana Viltz	12	Millikan	SS	13.80
6	Ashtyn Davis	12	Santa Cruz	CC	14.19
7	Ja'Vion Robinson	12	St. Mary's	NC	14.43
8	Devon Alvarado	10	Rancho Buena Vista	SD	14.65
Heat 2 of 4 Prelims					
2	Johnny Defroe	12	Carson	LA	14.99
3	Cambron Lyles	12	El Dorado	SJ	14.54
4	Alex Billing	11	Simi Valley	SS	14.30
5	Marquis Morris	12	De La Salle	NC	13.96
6	Torrey Atkins	11	Heritage	SS	14.18
7	Jalen Hemphill	12	Novato	NC	14.42
8	Afari La-Anyane	12	Live Oak	CC	14.63
Heat 3 of 4 Prelims					
2	Michael Reynolds	12	Chico	NO	15.12
3	Deion Lightfoot	9	St. Mary's	SJ	14.54
4	Joseph Anderson	9	Upland	SS	14.31
5	Bayron Manuel	12	Wilson/LB	SS	14.06
6	Juan Ward	12	Poly (Lb)	SS	14.16
7	Shane Martin	12	Eastlake	SD	14.41
8	Isaac Clark	12	Independence	CE	14.61
Heat 4 of 4 Prelims					
2	Chris Russell	12	Skyline	OK	15.25
3	Gabriel Gaeta	12	Frontier	CE	14.58
4	Justin Collins	11	Carson	LA	14.39
5	Jamire Jordan	12	Highland	SS	14.15
6	Mason Guzman-Sanchez	12	Alemany	SS	14.15
7	Austin Carter	12	Folsom	SJ	14.40
8	Tyler Nelson	12	Del Norte	SD	14.59
9	Jose Ferro	12	Eagle Rock	LA	15.33

GIRLS 100M HURDLES

National: 13.03 6/2/2007 Vashti Thomas, Mt. Pleasant CA

State Meet: 13.03 6/2/2007 Vashti Thomas, Mt. Pleasant

Lane	Name	Year	School	Sec	Seed Time
Heat 1 of 3 Prelims					
1	Elani Rice	9	El Camino Real	LA	15.50
2	Caice Lanovaz	10	Los Gatos	CC	14.56
3	Jeanette Paul	10	Serra	SS	14.34
4	Daria Cook	12	Vacaville	SJ	14.06
5	Pattriana Perry	12	Vacaville	SJ	13.76
6	Morganne Hill	11	Liberty	CE	14.05
7	Kayla Robinson	9	El Cerrito	NC	14.32
8	Sydney Magdalena	12	Olympian	SD	14.54
9	Jenavieve Turner	12	Yreka	NO	15.41
Heat 2 of 3 Prelims					
1	Ray'ven Sanders	11	Oakland Tech	OK	16.12
2	Leah Molter	11	Valhalla	SD	14.64
3	Kara Awakoaiye	10	Bishop O'Dowd	NC	14.35
4	Dani Johnson	10	Cathedral Catholic	SD	14.16
5	Mecca McGlaston	10	Dublin	NC	13.87
6	Jasmyne Graham	11	Roosevelt, E	SS	14.03
7	Jurnee Woodward	9	Vacaville	SJ	14.29
8	Kymber Payne	12	Poly (Lb)	SS	14.39
9	Christina Gumbs	11	Carson	LA	15.32
Heat 3 of 3 Prelims					
1	Devan Simmons	12	Lincoln	SF	16.17
2	Ally Foster	11	Christopher	CC	14.93
3	Lyndsey Lopes	11	Clovis West	CE	14.35
4	Moesha Davidson	12	Kings Christian	CE	14.22
5	Reonna Collier	9	Piedmont Hills	CC	14.00
6	Jaela Williams	11	Roosevelt, E	SS	14.02
7	Emma Radan	12	Mater Dei	SS	14.27
8	Sydney Mosley	11	Monrovia	SS	14.37
9	Mylia Gray	11	Carson	LA	15.13



Misana Viltz (Millikan) and Marquise Morris (De La Salle)



Pattriana Perry (Vacaville)



2014 State Track & Field Championships



BOYS 400M DASH

National: 45.19 4/24/2012 Aldrich Bailey, Mansfield, TX

State Meet: 45.25 6/19/1993 Calvin Harrison, North Salinas

Lane	Name	Year	School	Sec	Seed Time
Heat 1 of 4 Prelims					
2	Isaiah Johnson	12	Madera	CE	49.42
3	Tobe Ezeokoli	12	Mt. Carmel	SD	48.11
4	Kyle Orloff	12	Junipero Serra	CC	47.52
5	Jeremy Wright	11	Terra Nova	CC	47.01
6	Joe Herrera	12	Tulare West	CE	47.48
7	Robert Taylor	12	Deer Valley	NC	48.08
8	Seth Collins	11	Granite Hills	SD	49.15
Heat 2 of 4 Prelims					
2	Anthony Rodriguez	12	Enterprise	NO	49.75
3	Brandon James	12	Dorsey	LA	48.34
4	Frank Kurtz	12	Heritage	NC	47.66
5	Michael Norman	10	Vista Murrieta	SS	47.01
6	Tyler Koss	12	Vanden	SJ	47.41
7	Gabe Warner	11	Woodbridge	SS	48.06
8	Rashid Shaheed	10	Mt. Carmel	SD	49.09
Heat 3 of 4 Prelims					
2	Isaiah King	12	Skyline	OK	50.30
3	Rufus Wollo	12	James Logan	NC	48.58
4	Matt Hurst	12	Corona Del Mar	SS	47.79
5	Mary'ea Harris	11	Poly (Lb)	SS	47.11
6	Aspyn Walton	11	Woodcreek	SJ	47.35
7	Damion Marshall	11	Great Oak	SS	48.05
8	Alfredo Fernandez	12	Sunnyside	CE	49.02
Heat 4 of 4 Prelims					
2	Ibrahima Mobley	11	Lincoln	SF	50.73
3	Nick Sullivan	12	Palo Alto	CC	48.82
4	Daniel Lawson	12	Dorsey	LA	47.81
5	Cameron Stone	11	Sheldon	SJ	47.17
6	Kemonie Briggs	12	Wilson/LB	SS	47.24
7	Ryan Finch	11	Westlake	SS	47.86
8	Chris Jackson	12	Granada Hills	LA	48.94

GIRLS 400M DASH

National: 50.74 6/3/2000 Monique Henderson, Morse San Diego CA

State Meet: 50.74 6/3/2000 Monique Henderson, Morse, San Diego

Lane	Name	Year	School	Sec	Seed Time
Heat 1 of 4 Prelims					
2	Kalina McCanney	12	Crenshaw	LA	58.84
3	Christina Chenault	11	Carondelet	NC	56.59
4	Kennedy Gillian	10	Mission Viejo	SS	55.53
5	Kaelin Roberts	9	Poly (Lb)	SS	53.39
6	Hollie Harris	12	Poly (Lb)	SS	55.41
7	Michelle Gould	10	La Costa Cnyn	SD	56.49
8	Imani Boggan	9	Acalanes	NC	58.17
Heat 2 of 4 Prelims					
2	Deona Johnson	12	Skyline	OK	58.87
3	Jazmine Smith	12	Elk Grove	SJ	56.80
4	Melissa Mongiovi	11	West Hills	SD	55.61
5	Sarah Johnson	11	Oaks Christian	SS	54.46
6	Shamaya Flanagan	10	Quartz Hill	SS	55.20
7	Jade Harrison	10	Cupertino	CC	56.36
8	Ashley Stevens	12	Palisades	LA	58.03
Heat 3 of 4 Prelims					
2	Dashawn Franks	12	Palisades	LA	59.02
3	Lillian Enes	10	St. Francis	SJ	56.86
4	Timarya Baynard	11	Piedmont Hills	CC	55.75
5	Hannah Waller	10	Buchanan	CE	54.57
6	Tunika Onnekikami	10	Peninsula	SS	54.96
7	Gabby Scott	11	Westview	SD	56.36
8	Sofia Evanoff	11	Winters	NO	57.59
Heat 4 of 4 Prelims					
2	Tianna Marrable	11	Burton	SF	59.36
3	Yamilet Biggers	10	Buchanan	CE	56.95
4	Melese Crozier	12	Edison	CE	56.35
5	Madeline Price	12	Menlo	CC	54.67
6	Autumn Wright	9	Poly (Lb)	SS	54.94
7	Anaya Alexander	10	Las Lomas	NC	56.35
8	Mia Franco	10	St. Mary's	SJ	57.27



Frank Kurtz (Heritage)



Kaelin Roberts (Long Beach Poly)

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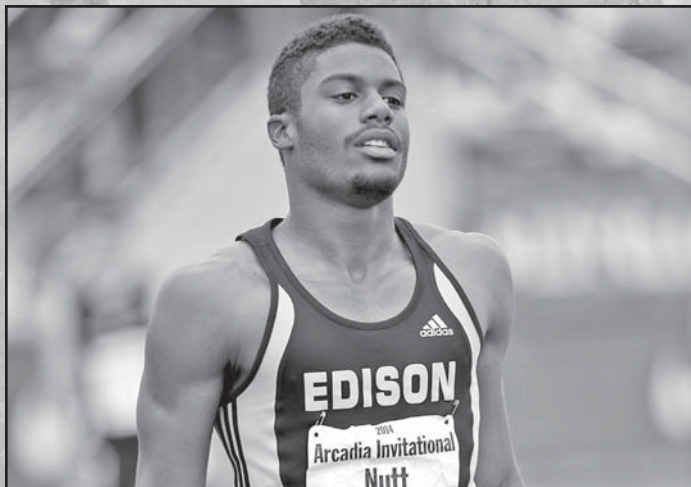


BOYS 100M DASH

National: 10.15 5/12/1990 Henry Neal, Greenville TX

State Meet: 10.30 6/6/1992 Riley Washington, Southwest, San Diego

Lane	Name	Year	School	Sec	Seed Time
Heat 1 of 3 Prelims					
1	Alex Morris	12	Santa Cruz	CC	10.99
2	Dale Stoller	12	Santa Cruz	CC	10.90
3	John Kendrick III	11	Morse	SD	10.85
4	Charles Wheeler	12	Edison	CE	10.77
5	Curtis Godin	12	Mater Dei	SS	10.55
6	JaMaun Charles	11	Amador Valley	NC	10.76
7	Eli Givens	10	Palo Alto	CC	10.83
8	Aaron Jones	11	Castro Valley	NC	10.89
9	Stephen Johnson	11	San Leandro	NC	10.97
Heat 2 of 3 Prelims					
1	Lavon Washington	12	McClymonds	OK	11.33
2	David Mewborn	12	Vacaville	SJ	10.90
3	Damian Weeks	11	Cleveland	LA	10.86
4	Marcel Espinoza	10	Santa Monica	SS	10.79
5	Brandon Lucas	12	Poway	SD	10.63
6	Joey Souza	11	Kingsburg	CE	10.72
7	Brandon Hasson	11	Carson	LA	10.82
8	Sean McGrew	10	St. John Bosco	SS	10.89
9	Eli Chapman	12	Mt. Shasta	NO	10.93
Heat 3 of 3 Prelims					
2	Nate Stinson	10	Helix	SD	10.91
3	Quinton Bell	12	Costa Mesa	SS	10.87
4	Nate Jones	11	Tracy	SJ	10.79
5	Dominic Davis	11	Alemany	SS	10.65
6	Kevin Nutt	12	Edison	CE	10.68
7	Taron Johnson	12	Sheldon	SJ	10.79
8	Clifford Scott	12	Carson	LA	10.87
9	Cravon Gillespie	12	Monrovia	SS	10.93



Kevin Nutt Jr. (Edison)

GIRLS 100M DASH

National: 11.14 6/6/1992 Marion Jones, Thousand Oaks CA

State Meet: 11.14 6/6/1992 Marion Jones, Thousand Oaks

Lane	Name	Year	School	Sec	Seed Time
Heat 1 of 3 Prelims					
1	Kayla Robinson	9	El Cerrito	NC	12.44
2	Brandy Coward	11	Buchach Colony	SJ	12.15
3	Rhesa Foster	10	Clovis North	CE	12.00
4	CaNisha Lewis	12	Edison	CE	11.80
5	Arianna Washington	12	Poly (Lb)	SS	11.49
6	Donatella Asemota	12	Notre Dame(SO)	SS	11.77
7	Hannah Labrie-Smith	11	Cathedral Catholic	SD	11.99
8	Jelia Brice-Montgomery	11	Bear Creek	SJ	12.11
9	Rachael Estell	9	Mountain View	CC	12.35
Heat 2 of 3 Prelims					
1	Mikela Waldman	12	Lowell	SF	12.46
2	Chinyere Dike	11	Franklin of Elk Grove	SJ	12.18
3	Jackie Patterson	10	Rancho Bernardo	SD	12.00
4	Greta Wagner	12	Los Gatos	CC	11.87
5	Jazmen Bunch	12	Edison	CE	11.52
6	Jade Lewis	12	Poly (Lb)	SS	11.75
7	Ashleigh Chambers	12	Wilson/LB	SS	11.97
8	Briana Guillory	11	Deer Valley	NC	12.10
9	Maija Pinkins	12	Hamilton	LA	12.34
Heat 3 of 3 Prelims					
1	Yanette Munoz	12	Orland	NO	12.62
2	Kayla Williams	11	Crenshaw	LA	12.22
3	Gabrielle Cantrell	12	San Leandro	NC	12.08
4	Jasmin Reed	9	Serra	SS	11.92
5	Suzie Acolatse	11	Mission Hills	SD	11.59
6	Destiny Smith-Barnett	12	Skyline	OK	11.67
7	Sierra Peterson	12	St. Mary's Academy	SS	11.93
8	Jenae Pennywell	10	Gunn	CC	12.09
9	Ashley Nunn	12	Taft	LA	12.30



Ariana Washington (Long Beach Poly)



2014 State Track & Field Championships



BOYS 800M RUN

National: 1:46.45 5/31/1996 Michael Granville, Bell Gardens CA

State Meet: 1:46.45 5/31/1996 Michael Granville, Bell Gardens

Lane	Name	Year	School	Sec	Seed Time
Heat 1 of 3 Prelims					
1	Arturo Sotomayor	11	Roseville	SJ	1:51.93
2	Bannon Greer	12	Valley Center	SD	1:52.96
3	Jose Lopez	12	Arcata	NC	1:53.01
4	Mark Baker	11	Rio Americano	SJ	1:53.77
5	Ellis Newton	12	Mayfair /ss	SS	1:53.81
6	Sergio Rodriguez	11	Redondo	SS	1:54.77
7	Isaac Trevino	11	Centennial	CE	1:54.95
8	Zach Baldwin	10	West Valley	NO	1:57.39
9	Alex Soto	12	Kennedy	LA	1:58.67
Heat 2 of 3 Prelims					
1	Adrian Mangoba	12	Vista	SD	1:52.33
2	David Manahan	12	Harvard-Westlake	SS	1:52.96
3	Dante Hay	12	Maria Carrillo	NC	1:53.04
4	Oscar Soto	12	El Cajon Valley	SD	1:53.43
5	Jesus Covarrubias	12	Wilcox	CC	1:54.11
6	Nicolas Wells	12	Redondo	SS	1:54.60
7	Kevin Chavira	12	Clovis	CE	1:55.21
8	Donald Chen	12	Lowell	SF	1:57.19
9	Evan Negash	11	Los Angeles	LA	1:58.91
Heat 3 of 3 Prelims					
1	Conner McKinnon	12	Amador Valley	NC	1:52.44
2	Blake Croft	11	Davis	SJ	1:52.45
3	Connor Morello	11	Clovis	CE	1:53.05
4	Jeremiah Bias	11	Vista del Lago	SS	1:53.28
5	Gerardo Castro	12	El Camino	CC	1:54.44
6	Eamon Smythe	12	Edison-HB	SS	1:54.46
7	Daniel Cervantes	11	Lincoln	CC	1:56.38
8	Isaiah Marshall	12	Carson	LA	1:56.87

GIRLS 800M RUN

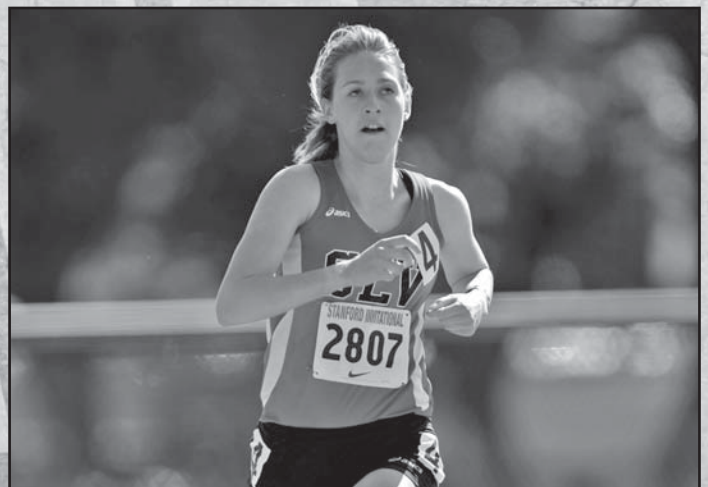
National: 2:02.04 6/4/2011 Amy Weissenbach, Harvard-Westlake CA

State Meet: 2:02.04 6/4/2011 Amy Weissenbach, Harvard-Westlake

Lane	Name	Year	School	Sec	Seed Time
Heat 1 of 3 Prelims					
1	Anevay Hiehle	11	Redondo	SS	2:09.19
2	Amber Gore	11	Redondo	SS	2:11.09
3	Bianca Bryant	11	Piedmont Hills	CC	2:11.30
4	Nia Akins	10	Rancho Bernardo	SD	2:12.23
5	Chloe Jenkins		St. Mary's	NC	2:12.47
6	Madison Ricks	12	California	NC	2:14.16
7	Amihan Agustin	12	James Logan	NC	2:14.44
8	Bronwyn Bunnell	10	San Pedro	LA	2:18.10
9	Sydney Gutierrez	11	Lowell	SF	2:18.79
Heat 2 of 3 Prelims					
1	Anna Maxwell	12	San Lorenzo Valley	CC	2:09.35
2	Juliana Mount	11	Notre Dame(SJ)	CC	2:11.09
3	Jacquelyn Hill	9	Etiwanda	SS	2:11.51
4	Cassie Durgy	10	Huntington Bch	SS	2:11.89
5	Katie Sammer	12	Rancho Bernardo	SD	2:13.10
6	Hannah Benoit	11	Buchanan	CE	2:14.09
7	Ariane Arndt	10	St. Francis	SJ	2:15.78
8	Jeanne-Marie McPherson	11	Davis	SJ	2:17.59
9	Xiomara Duran	12	Cleveland	LA	2:19.23
Heat 3 of 3 Prelims					
1	Ashlyn Rambo	12	Mater Dei	SS	2:10.07
2	Mikaela Smith	11	Clovis North	CE	2:11.08
3	Taylor Arco	10	Mission Viejo	SS	2:11.61
4	Jeanine Noordam	12	Pioneer	CC	2:11.61
5	Kylee Strausser	11	Bullard	CE	2:13.70
6	Hallie Pullum	11	Point Loma	SD	2:13.99
7	Ashley Kittle	12	Woodcreek	SJ	2:17.06
8	Alexa Flagg	11	West Valley	NO	2:17.17
9	Marayne Martin-Fields	12	Skyline	OK	2:25.17



Arturo Sotomayor (Roseville)



Anna Maxwell (San Lorenzo Valley)



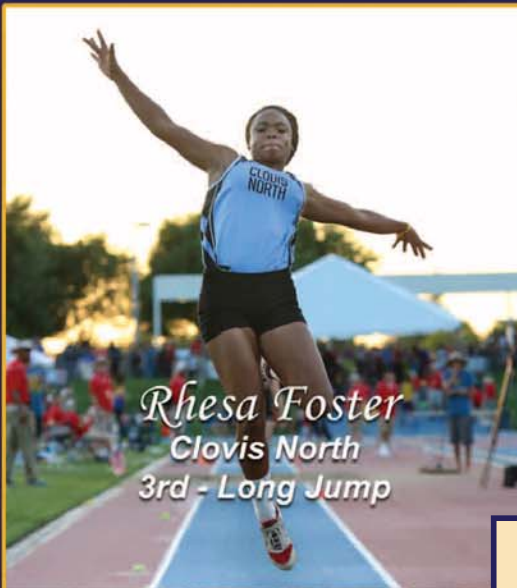
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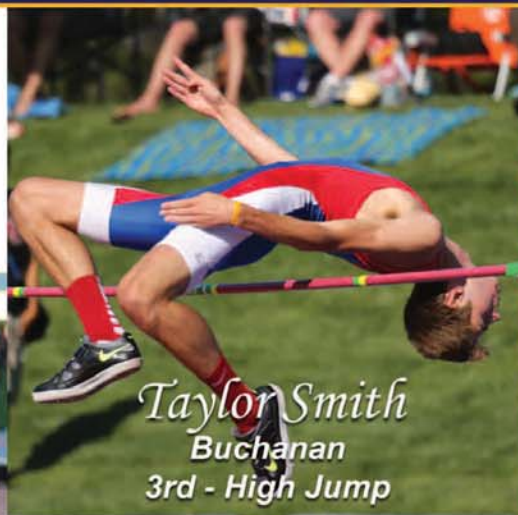
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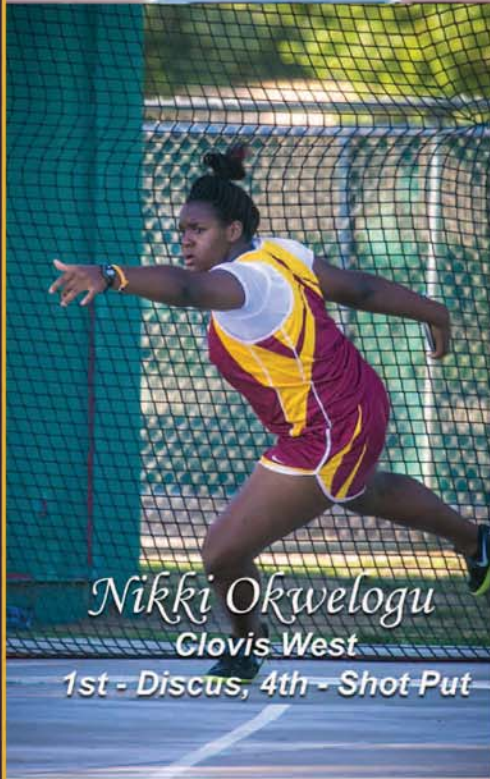
Rhesa Foster
Clovis North
3rd - Long Jump



Taylor Smith
Buchanan
3rd - High Jump



Cody Brazeal
Buchanan
5th - 1600m



Nikki Okwelogu
Clovis West
1st - Discus, 4th - Shot Put

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Clovis!*



Mikaela Smith
Clovis North
1st - 800m



Matt Bowen
Buchanan
7th - Triple Jump



Hannah Waller
Buchanan
4th - 400m, 8th - 4x400 Relay



Buchanan 4x400 Relay
Amari Sperling, Brooke Watts,
Bre Wellington - 8th Place



2014 State Track & Field Championships



BOYS 300M HURDLES

National: 35.02 6/5/2009 Reggie Wyatt, La Sierra Riverside CA

State Meet: 35.02 6/5/2009 Reggie Wyatt, La Sierra

Lane	Name	Year	School	Sec	Seed Time
Heat 1 of 3 Prelims					
1	Johnny Defroe	12	Carson	LA	39.72
2	Kelly McConnell	12	Los Altos	CC	38.92
3	Paramveer Chohan	10	Buchanan	CE	38.45
4	Devin Hinson	12	Palma	CC	38.02
5	Austin Tinsley	12	Santa Margarita	SS	37.25
6	Jalen Doss		Hercules	NC	37.96
7	Gabriel Gaeta	12	Frontier	CE	38.43
8	Aidan Kirwan	11	Branham	CC	38.78
9	Justin Collins	11	Carson	LA	39.41
Heat 2 of 3 Prelims					
1	Justin Alexander	11	Crenshaw	LA	39.95
2	James Corbett	12	Del Oro	SJ	38.95
3	Alex Netherda	11	Maria Carrillo	NC	38.51
4	Tyler Rios	12	Los Alamitos	SS	38.07
5	Marquis Morris	12	De La Salle	NC	37.36
6	Howard Shelley	12	Eastside	SS	37.89
7	Tyler Nelson	12	Del Norte	SD	38.40
8	Austin Clark	12	West Valley	NO	38.73
9	Jose Martinez	12	Sweetwater	SD	39.40
Heat 3 of 3 Prelims					
1	Chris Russell	12	Skyline	OK	41.34
2	Scott Hickam	12	Golden West	CE	39.13
3	AJ Beynon	11	Edison-HB	SS	38.54
4	Kareem Dupree	12	Acad. Arts/Sciences	SF	38.18
5	Austin Carter	12	Folsom	SJ	37.42
6	Diego Courbis	12	Mission Viejo	SS	37.60
7	Juan Ward	12	Poly (Lb)	SS	38.39
8	Jahmar Sexton	12	Monterey Trail	SJ	38.64
9	Tyjon Lindsey	9	Poway	SD	39.26



Justin Collins (Carson)

GIRLS 300M HURDLES

National: 39.98 5/19/2001 Lashinda Demus, Long Beach Wilson CA

State Meet: 40.10 6/4/2005 Ebony Collins

Lane	Name	Year	School	Sec	Seed Time
Heat 1 of 4 Prelims					
2	Andrea Trujillo	12	Clovis	CE	45.32
3	Carly Schulz		St. Mary's	NC	43.43
4	Jurnee Woodward	9	Vacaville	SJ	42.79
5	Kymber Payne	12	Poly (Lb)	SS	41.35
6	Hannah Labrie-Smith	11	Cathedral Catholic	SD	42.43
7	Shante Robinson	9	Mira Costa	SS	43.32
8	Tajanique Bell	10	Steele Canyon	SD	45.15
Heat 2 of 4 Prelims					
2	Unique Dickens	11	Crenshaw	LA	46.51
3	Dani Johnson	10	Cathedral Catholic	SD	43.81
4	Juanita Webster	11	Redlands	SS	42.87
5	Jeanette Paul	10	Serra	SS	41.54
6	Morganne Hill	11	Liberty	CE	42.34
7	Hannah Chen	12	Los Gatos	CC	43.27
8	Paige Johnson	10	El Camino Real	LA	45.05
Heat 3 of 4 Prelims					
2	Taylor Burley	11	Birmingham	LA	46.96
3	Lyndsey Lopes	11	Clovis West	CE	43.86
4	Maya Miklos	10	Gunn	CC	42.87
5	Skylin Harbin	12	Alemany	SS	41.79
6	Patriana Perry	12	Vacaville	SJ	42.22
7	Schantell Williams	11	St. Mary's	SJ	43.25
8	Brooke Villanueva	10	Amador Valley	NC	44.73
Heat 4 of 4 Prelims					
2	Tiffany Wang	11	Lowell	SF	49.61
3	Kristina Freitas	12	West Valley	NO	44.14
4	Hannah Davis	10	Vacaville	SJ	42.96
5	Reonna Collier	09	Piedmont Hills	CC	42.12
6	Angela Marong	10	Poly (Lb)	SS	42.19
7	Emma Radan	12	Mater Dei	SS	43.00
8	Lauren McCoy	12	Arcata	NC	44.32



Kymber Payne (Long Beach Poly)

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2014 State Track & Field Championships



BOYS 200M DASH

National: 20.13 5/11/1985 Roy Martin, Roosevelt, Dallas TX
State Meet: 20.43 6/2/2007 Bryshon Nellum, Long Beach Poly

Lane	Name	Year	School	Sec	Seed Time
Heat 1 of 3 Prelims					
2	Eli Chapman	12	Mt. Shasta	NO	21.96
3	Aspyn Walton	11	Woodcreek	SJ	21.83
4	Joe Herrera	12	Tulare West	CE	21.54
5	Michael Norman	10	Vista Murrieta	SS	20.82
6	Ahmed Obed	12	Camarillo	SS	21.35
7	Aqel Carson	12	Olympian	SD	21.82
8	Aaron Jones	11	Castro Valley	NC	21.93
9	Eli Givens	10	Palo Alto	CC	22.10
Heat 2 of 3 Prelims					
2	Brandon Hasson	11	Carson	LA	21.98
3	Taron Johnson	12	Sheldon	SJ	21.83
4	JaMaun Charles	11	Amador Valley	NC	21.60
5	Curtis Godin	12	Mater Dei	SS	20.85
6	TJ Brock	10	Chaminade	SS	21.29
7	Alex Morris	12	Santa Cruz	CC	21.73
8	David Mewborn	12	Vacaville	SJ	21.89
9	Chase Cobb	11	Palisades	LA	22.07
Heat 3 of 3 Prelims					
2	Lance Mudd	12	Poway	SD	21.99
3	Kyle Orloff	12	Junipero Serra	CC	21.87
4	Damion Marshall	11	Great Oak	SS	21.60
5	Kevin Nutt	12	Edison	CE	21.20
6	Brandon Lucas	12	Poway	SD	21.21
7	Dante Pettis	12	J Serra	SS	21.63
8	Isaiah Robinson	10	Buchanan	CE	21.88
9	Hugh Pegan	12	Ukiah	NC	22.02



Curtis Godin (Mater Dei)

GIRLS 200M DASH

National: 22.52 6/7/2003 Allyson Felix, Los Angeles Baptist CA
State Meet: 22.52 6/7/2003 Allyson Felix, Los Angeles Baptist

Lane	Name	Year	School	Sec	Seed Time
Heat 1 of 4 Prelims					
2	Kennedi Atkins	9	Carson	LA	25.52
3	Kaira Saunders	12	Independence	CE	24.73
4	Sierra Peterson	12	St. Mary's Academy	SS	24.29
5	Arianna Washington	12	Poly (Lb)	SS	23.62
6	Jasmin Reed	9	Serra	SS	24.24
7	Jackie Patterson	10	Rancho Bernardo	SD	24.65
8	Pamela White	10	Granada	NC	25.38
Heat 2 of 4 Prelims					
2	Elani Rice	9	El Camino Real	LA	25.60
3	Jade Harrison	10	Cupertino	CC	24.78
4	Gabrielle Cantrell	12	San Leandro	NC	24.31
5	Jazmen Bunch	12	Edison	CE	23.93
6	Jade Lewis	12	Poly (Lb)	SS	24.15
7	Melissa Mongiovi	11	West Hills	SD	24.59
8	Jazmine Smith	12	Elk Grove	SJ	25.32
Heat 3 of 4 Prelims					
2	Mikela Waldman	12	Lowell	SF	25.66
3	Brandy Coward	11	Buchach Colony	SJ	24.85
4	Madeline Price	12	Menlo	CC	24.33
5	Suzie Acolatse	11	Mission Hills	SD	23.97
6	Briana Guillory	11	Deer Valley	NC	24.17
7	Zaria Francis	10	Camarillo	SS	24.44
8	Maija Pinkins	12	Hamilton	LA	25.27
Heat 4 of 4 Prelims					
2	Sofia Evanoff	11	Winters	NO	25.92
3	Jelia Brice-Montgomery	11	Bear Creek	SJ	25.18
4	Donatella Asemota	12	Notre Dame(SO)	SS	24.33
5	Destiny Smith-Barnett	12	Skyline	OK	24.03
6	Hannah Waller	10	Buchanan	CE	24.04
7	Schuyler Moore	11	Oaks Christian	SS	24.38
8	Caice Lanovaz	10	Los Gatos	CC	25.23



Jade Lewis (Long Beach Poly)



2014 State Track & Field Championships



BOYS 4X400M RELAY

National: 3:07.40 4/6/1985 Hawthorne, Hawthorne CA
M Graham 48.1, M March 47.7, S Kelly 46.1, H Thomas 44.5

State Meet: 3:08.42 6/4/2010 Serra, Gardena
Olloqui, Lauderdale, Spann, Woods

Lane	Team	Sec	Relay Seed Time
Heat 1 of 3 Prelims			
1	Bellarmine	CC	3:24.01
2	Clovis	CE	3:20.91
3	Notre Dame(SO)	SS	3:18.23
4	Hercules	NC	3:17.02
5	Poly (Lb)	SS	3:14.79
6	Chino Hills	SS	3:16.98
7	San Ramon Valley	NC	3:18.10
8	Granite Hills	SD	3:19.96
9	Birmingham	LA	3:23.37
Heat 2 of 3 Prelims			
1	Enterprise	NO	3:26.01
2	Junipero Serra	CC	3:21.55
3	Dorsey	LA	3:18.51
4	Vacaville	SJ	3:17.22
5	Sheldon	SJ	3:16.16
6	Wilson/LB	SS	3:16.97
7	Amador Valley	NC	3:17.81
8	Edison	CE	3:19.49
9	Carson	LA	3:23.20
Heat 3 of 3 Prelims			
1	Lowell	SF	3:31.49
2	Centennial	CE	3:22.00
3	Mt. Carmel	SD	3:19.04
4	Davis	SJ	3:17.39
5	Roseville	SJ	3:16.54
6	Westlake	SS	3:16.72
7	Woodbridge	SS	3:17.75
8	Del Norte	SD	3:19.20
9	Palo Alto	CC	3:22.30

GIRLS 4X400M RELAY

National: 3:35.49 6/5/2004 Poly, Long Beach CA
S Woods 55.7, De Harris 55.6, J Lee 52.6, S Solomon 51.6

State Meet: 3:35.49 6/5/2004 Long Beach Poly, Long Beach Poly
S Woods 55.7, D Harris 55.6, J Lee 52.6, S Solomon 51.6

Lane	Team	Sec	Relay Seed Time
Heat 1 of 4 Prelims			
2	West Valley	NO	4:03.16
3	Liberty	CE	3:55.20
4	Piedmont Hills	CC	3:49.53
5	Poly (Lb)	SS	3:41.31
6	Redondo	SS	3:49.03
7	Poway	SD	3:54.35
8	Hamilton	LA	4:03.15
Heat 2 of 4 Prelims			
2	Palisades	LA	4:03.79
3	Rancho Bernardo	SD	3:55.22
4	Dana Hills	SS	3:49.80
5	St. Mary's	NC	3:47.04
6	Carondelet	NC	3:48.25
7	Edison	CE	3:53.54
8	Carson	LA	3:58.57
Heat 3 of 4 Prelims			
2	Skyline	OK	4:04.33
3	Carlsbad	SD	3:56.20
4	Serra	SS	3:50.26
5	St. Francis	SJ	3:47.79
6	Mater Dei	SS	3:48.60
7	Elk Grove	SJ	3:51.17
8	Armijo	SJ	3:57.47
Heat 4 of 4 Prelims			
2	Lowell	SF	4:06.22
3	St. Ignatius	CC	3:56.29
4	St. Mary's Academy	SS	3:50.42
5	Oaks Christian	SS	3:47.97
6	Deer Valley	NC	3:48.78
7	Buchanan	CE	3:51.90
8	Menlo Atherton	CC	3:57.47



Daniel Lawson and Brandon James (Dorsey)



Autumn Wright (Long Beach Poly)



2014 State Track & Field Championships



BOYS 3200M RUN

National: 8:34.23 5/31/2008 German Fernandez, Riverbank CA

State Meet: 8:34.23 5/31/2008 German Fernandez, Riverbank

Lane	Name	Year	School	Sec	Seed	Time
Section I of I Timed Finals						
1	Steven Fahy	12	La Costa Cnyn	SD		8:58.50
2	Caleb Webb	11	Big Bear	SS		8:59.17
3	Fred Huxham	12	Redwood	NC		8:59.24
4	Austin Tamagno	10	Brea Olinda	SS		8:59.33
5	Brian Zabilski	11	Saugus	SS		8:59.98
6	Garrett Corcoran	12	Villa Park	SS		9:00.20
7	Michael Teran	12	Jurupa Hills	SS		9:00.52
8	Spencer Keith	12	Corona Del Mar	SS		9:02.88
9	Blair Hurlock	12	De La Salle	NC		9:03.03
10	Jake Ogden	10	Dana Hills	SS		9:03.77
11	Casey Celestin	12	Palos Verdes	SS		9:04.04
12	Aidan Goltra	12	Campolindo	NC		9:06.41
13	Paul Zeiss	11	Granite Bay	SJ		9:11.62
14	Steven Grolle	12	Sonora	SJ		9:13.97
15	Nathan Wellington	12	Whitney	SJ		9:16.71
16	Blake Haney	12	Stockdale	CE		9:18.41
17	Eduardo Herrera	10	Madera South	CE		9:19.26
18	Psalm Ocampo	11	Clovis North	CE		9:19.33
19	Chris Foster	11	Los Gatos	CC		9:20.22
20	James Welsh	12	Monterey	CC		9:20.31
21	Steven Sum	11	Saratoga	CC		9:20.91
22	Tal Braude	12	Torrey Pines	SD		9:23.61
23	Trevor Siniscalchi	11	Westview	SD		9:24.28
24	Paul Luevano	10	Venice	LA		9:32.89
25	Hector Garcia	10	Marshall	LA		9:34.44
26	Arturo Arevalo	12	Bravo Medical Magnet	LA		9:34.64
27	Clayton Bunn	12	Yreka	NO		9:38.03

GIRLS 3200M RUN

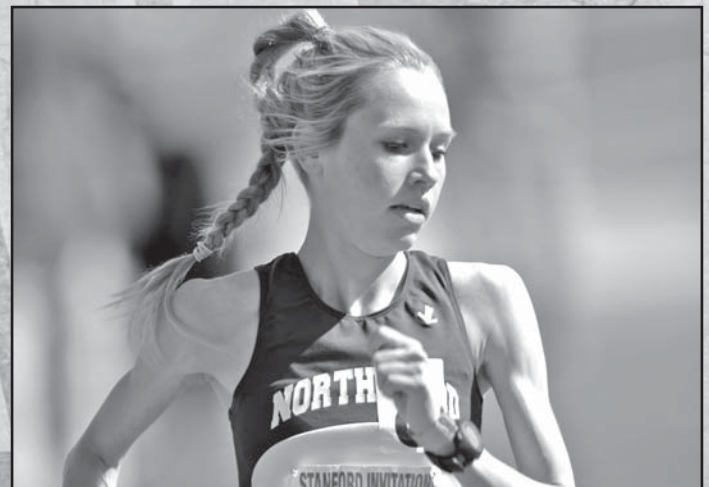
National: 9:48.59 5/24/1996 Kim Mortensen, Thousand Oaks CA

State Meet: 9:52.13 5/31/2008 Jordan Hasay, Mission College Prep

Lane	Name	Year	School	Sec	Seed	Time
Section I of I Timed Finals						
1	Bethan Knights	12	Northwood	SS		9:54.89
2	Destiny Collins	10	Great Oak	SS		10:14.33
3	Addi Zerrenner	12	Dos Pueblos	SS		10:15.50
4	Haley Dorris	12	Great Oak	SS		10:17.63
5	Kimberly Coscia	11	South Torrance	SS		10:18.57
6	Emily Beneduce	9	Oak Park	SS		10:30.29
7	Caroline Pietrzyk	11	Malibu	SS		10:30.52
8	Julia Maxwell	12	Branson	NC		10:31.44
9	Lauren LaRocco	12	St. Francis	SJ		10:32.72
10	Melissa Eisele	12	San Clemente	SS		10:33.08
11	Megan McCandless	10	Granada	NC		10:40.29
12	Sarah Robinson	12	Gunn	CC		10:42.02
13	Morgin Coonfield	10	McKinleyville	NC		10:44.12
15	Leigh Moffett	12	Clovis North	CE		10:46.15
16	Lauren Jacob	10	Los Altos	CC		10:46.33
17	Jenica Dodge	12	Whitney	SJ		10:47.24
18	Gillian Meeks	10	Gunn	CC		10:47.64
19	Marissa Williams	11	Palisades	LA		10:49.72
20	Emma Abrahamson	12	La Costa Cnyn	SD		10:51.35
21	Angela Ortlieb	11	San Pasqual	SD		10:54.60
22	Miranda Kennedy	11	Buchanan	CE		10:56.24
23	Jo Jo Zorn	11	Monache	CE		10:56.26
24	Kelsey Nielsen	12	Clairemont	SD		11:07.69
25	Belle Moran	10	Redding Christian	NO		11:15.43
26	Jasmine Macon	12	Granada Hills	LA		11:25.90
27	Kristen Leung	10	Lowell	SF		11:27.72
28	Beckie Alch	12	Taft	LA		11:32.08



Blake Haney (Stockdale)



Bethan Knights (Northwood)



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2014 State Track & Field Championships



GIRLS HIGH JUMP

National: 6-04 4/25/2009 Toni Young, Del City OK

State Meet: 6-02 6/1/1985 Latrese Johnson, Clovis

Pos	Name	Year	School	Sec	Seed	Mark
Flight I of I Prelims						
1	Alyssa Land	12	Central Valley	NO	4-08.00	
2	Precious Nwaba	11	University	LA	5-02.00	
3	Dashawn Franks	12	Palisades	LA	5-02.00	
4	Chianne Warner	9	El Camino Real	LA	5-02.00	
5	Ray'ven Sanders	11	Oakland Tech	OK	5-02.00	
6	Julie Zweng	10	Scotts Valley	CC	5-03.00	
7	Natalie Knudsen	11	Cathedral Catholic	SD	5-03.00	
8	Ellyssa Taylor	9	Reedley	CE	5-03.00	
9	Caitlin Mazzoleni	11	Davis	SJ	5-03.00	
10	Tammy McVickar	11	Peninsula	SS	5-05.00	
11	Candace Dominguez-Fields	12	Ventura	SS	5-05.00	
12	Abigail Callahan	12	Coronado	SD	5-05.00	
13	Asha Hardy	12	Corona Del Mar	SS	5-05.00	
14	Cassidy Palka	9	Oaks Christian	SS	5-05.00	
15	Bella Dufek	9	Aptos	CC	5-05.00	
16	Breanna Curry	12	University City	SD	5-05.00	
17	Lyndsey Lopes	11	Clovis West	CE	5-05.00	
18	Taylor Saline	12	Lutheran (Orange)	SS	5-05.00	
19	Alexandria Florent	11	Harvard-Westlake	SS	5-05.00	
20	Anthina McCaskel	12	Inderkum	SJ	5-05.00	
21	Kirsten Mork	12	Granada	NC	5-05.00	
22	Rachel Reichenbach	12	Foothill	NC	5-05.00	
23	Erica Higley	11	Bear River	SJ	5-06.00	
24	Skyler Daniel	11	Upland	SS	5-07.00	
25	Kaelin Davis	12	Wilson/LB	SS	5-07.00	
26	Morgan Bertsch	12	Santa Rosa	NC	5-07.00	
27	Mady Fagan	12	Saratoga	CC	5-07.00	
28	Savannah Miller	12	Redlands	SS	5-07.00	
29	Erinn Beattie	11	Buena	SS	5-09.00	
30	Asia Chesley	12	Stockdale	CE	5-10.00	

GIRLS POLE VAULT

National: 14-02.75 4/27/2011 Morgan LeLeux, Lafayette, LA

State Meet: 14-01 6/2/2007 Tori Anthony, Castilleja

Pos	Name	Year	School	Sec	Seed	Mark
Flight I of I Prelims						
1	Alexandria Olsen	11	Palisades	LA	10-06.00	
2	Madeleine Moyer	11	Mt. Shasta	NO	10-06.00	
3	Julianne Finch	10	Garces	CE	10-07.00	
4	Carissa Madson	12	Novato	NC	11-00.00	
5	Mayuko Butterfield		College Park	NC	11-00.00	
6	Clair Chandler	11	Cathedral Catholic	SD	11-01.00	
7	Shelby Noble	10	Clovis West	CE	11-01.00	
8	Gillette Field	11	Granite Bay	SJ	11-01.00	
9	Amanda Nichols	12	Bella Vista	SJ	11-04.00	
10	Jessica Abalos	12	Murrieta Valley	SS	11-07.00	
11	Courtney Jackson	12	Ramona	SD	11-07.00	
12	Hannah Chang	11	King, ML	SS	11-07.00	
13	Kaitlin Heri	9	Redondo	SS	11-07.00	
14	Erika Malaspina	10	Pacific Collegiate School	CC	11-07.00	
15	Kathryn Mohr	10	Menlo Atherton	CC	11-07.00	
16	Marguerite Crockem	11	Chino	SS	11-07.00	
17	McKenna Caskey	9	Mater Dei	SS	11-07.00	
18	Devin Stetson	12	Corona	SS	11-07.00	
19	Beth Rossi	12	Clovis North	CE	11-07.00	
20	Lauren Larson	12	San Ramon Valley	NC	11-08.00	
21	Augusta Thomason	12	Rancho Bernardo	SD	12-01.00	
22	Katherine Whiting	12	Santa Cruz	CC	12-04.00	
23	Taylor Jaques	12	Presentation	CC	12-04.00	
24	Nicole Trenchard	11	Pacific Collegiate School	CC	12-04.00	
25	Melissa Maneatis	11	Del Oro	SJ	12-05.00	
26	Greta Wagner	12	Los Gatos	CC	12-08.00	



Erinn Beattie (Buena)



McKenna Caskey (Mater Dei)



2014 State Track & Field Championships



GIRLS LONG JUMP

National: 22-01.75 5/24/1976 Kathy McMillan, Raeford NC

State Meet: 22-00.50 6/19/1993 Marion Jones, Thousand Oaks

Pos	Name	Year	School	Sec	Seed	Mark
Flight I of I Prelims						
1	Paige Johnson	10	El Camino Real	LA	16	04.00
2	Mykisha Abrams	11	Chico	NO	16	06.75
3	Tse'iani Francis	12	Taft	LA	17	00.50
4	Nashedah Mu-Min	10	Mission Oak	CE	17	04.25
5	Sabrina Griffith	11	Santa Cruz	CC	17	08.25
6	Ciara Williams	12	Serra	SD	17	09.25
7	Kylene Shuler	10	Julian	SD	17	09.75
8	Ally Foster	11	Christopher	CC	17	10.25
9	Alyssa Flores	9	American	NC	18	00.50
10	Ma'ane Mosley		St. Mary's	NC	18	02.00
11	Arden Creson	9	Miramonte	NC	18	02.00
12	Ka'Lea Ashley	11	Bullard	CE	18	03.00
13	Naiyah Boardingham	10	El Camino Real	LA	18	03.00
14	Destiny Longmire	10	Rancho Verde	SS	18	04.25
15	Jaela Williams	11	Roosevelt, E	SS	18	05.25
16	Madisen Richards	12	Simi Valley	SS	18	05.50
17	Candy Janachowski	12	St. Ignatius	CC	18	06.00
18	Rhesa Foster	10	Clovis North	CE	18	06.00
19	Mishaye Venerable	11	Cosumnes Oaks	SJ	18	06.00
20	Jasmyne Graham	11	Roosevelt, E	SS	18	07.00
21	Tara Davis	9	Agoura	SS	18	11.00
22	Jorden O'Neal	11	Franklin of Elk Grove	SJ	19	00.50
23	Michelle Norman	12	Vista Murrieta	SS	19	01.25
24	Talisha Dozier	12	Mt. Miguel	SD	19	02.50
25	Margaux Jones	11	Redlands	SS	19	06.00
26	Courtney Corrin	10	Harvard-Westlake	SS	19	06.00
27	Meghan Tucker	12	Placer	SJ	19	08.00

GIRLS TRIPLE JUMP

National: 44-02.25 5/11/2001 Ychindria Spears, Lubing TX

State Meet: 44-00.50 5/31/1991 Juliana Yendork, Walnut

Pos	Name	Year	School	Sec	Seed	Mark
Flight I of I Prelims						
1	Kilee Hannan	10	Anderson	NO	34	11.50
2	Naomi Orisarayi	11	El Camino Real	LA	35	07.75
3	Shelby Shikashio	11	Branham	CC	36	00.75
4	Alicia Yee	12	Wilcox	CC	36	01.50
5	Gianna Cassinerio	11	Clovis North	CE	36	11.00
6	Candance Simpson	12	Carson	LA	37	00.00
7	Alyjah Kennedy	11	Serra	SD	37	09.75
8	Caitlin Cole	12	Del Norte	SD	37	10.00
9	Nashedah Mu-Min	10	Mission Oak	CE	37	10.00
10	Tara Davis	9	Agoura	SS	37	10.25
11	Hadiyah Muhammad	12	LJ Country Day	SD	37	11.50
12	Lillianna Hebert	11	California	NC	38	01.50
13	Ciyamon Stevenson	10	Great Oak	SS	38	03.00
14	Cyinna Booker	12	Tulare West	CE	38	03.25
15	Alyssa Lengtat	9	Davis	SJ	38	04.75
16	Traneek Logan	12	James Logan	NC	38	04.75
17	Tais Marinho-Gomes	12	Cosumnes Oaks	SJ	38	05.75
18	Michelle Norman	12	Vista Murrieta	SS	38	06.00
19	Juanita Webster	11	Redlands	SS	38	06.00
20	Nia Vance	11	Vacaville	SJ	38	09.75
21	Efe Agege	12	Harvard-Westlake	SS	39	00.00
22	Kennedy Jones		Castro Valley	NC	39	00.25
23	Jasmine Bass	12	North Torrance	SS	39	01.00
24	Marisa Kwiatkowski	12	Wilcox	CC	39	03.25
25	Ashley Anderson	12	Carson	LA	40	04.50



Courtney Corrin (Harvard-Westlake)



Ashley Anderson (Carson)



2014 State Track & Field Championships



GIRLS SHOT PUT

National: 54-10.75 5/9/2003 Michelle Carter, Red Oak TX
State Meet: 53-08 6/6/2009 Kristin Heaston, Ygnacio Valley

Pos	Name	Year	School	Sec	Seed	Mark
Flight I of I Prelims						
1	Mayra Zuniga	11	Banning	LA	34	07.25
2	Olivia Moore	11	Oakland	OK	35	02.00
3	Kayla Thayer	12	Red Bluff	NO	35	10.00
4	Stephanie Carrillo	11	Birmingham	LA	36	00.00
5	Addyson Smith	9	Madera	CE	38	03.25
6	Pamela Amaechi	9	Lincoln	SF	38	05.00
7	Allysa Klinger	10	Shafter	CE	38	10.25
8	Adriana Noronha	12	Gunn	CC	38	10.50
9	Angela Reid		Hayward	NC	39	10.00
10	Ronna Stone	11	Valley Christian Sjose	CC	39	11.00
11	Kayleigh Helgesen	12	El Camino	SD	40	04.00
12	Ele Taulaki	12	Polytechnical	CE	40	06.50
13	Vai Lousi	10	Washington	NC	40	08.50
14	Elizabeth Akindele	11	Clovis North	CE	41	03.50
15	Kendall Mader	11	Newbury Park	SS	41	04.50
16	Kiely Osby	12	Escondido	SD	41	08.50
17	Morgan Jones	11	James Logan	NC	41	10.00
18	Sienna Tesimale	11	Colony	SS	41	11.25
19	Tierra Adams	12	Muir	SS	42	01.75
20	Destiny Parker	12	Summit	SS	42	07.50
21	Megan Dulaney	11	Rodriguez	SJ	42	09.50
22	Monique Newton	12	Cordova	SJ	42	09.75
23	Elena Bruckner	10	Valley Christian Sjose	CC	43	01.00
24	Elena Lopez	12	Elsinore	SS	43	02.25
25	Tiffany Gilmore	12	Centennial-Com	SS	43	07.25
26	Brandi French	11	Vacaville	SJ	43	07.25
27	Laulauga Tausaga	10	Mt. Miguel	SD	44	04.75
28	Ginika Iwuchukwu	12	Notre Dame(SO)	SS	47	01.00
29	Mackenna Howard	12	Los Alamitos	SS	50	02.50
30	Stamatia Scarvelis	12	Dos Pueblos	SS	52	09.50

GIRLS DISCUS THROW

National: 191-06 5/19/2012 Shelbi Vaughan, Mansfield, TX
State Meet: 186-09 6/6/2009 Anna Jelmini, Shafter

Pos	Name	Year	School	Sec	Seed	Mark
Flight I of I Prelims						
1	Pamela Amaechi	9	Lincoln	SF	109	01
2	Kayla Thayer	12	Red Bluff	NO	122	08
3	Kiely Osby	12	Escondido	SD	123	10
4	Allyson Milone	12	Ukiah	NC	124	10
5	Mackenzie Curtis	10	Clovis North	CE	125	05
6	Esther Nofodji	11	Hoover	SD	125	05
7	Adriana Noronha	12	Gunn	CC	127	07
8	Laulauga Tausaga	10	Mt. Miguel	SD	127	11
9	Veronica Ramirez	12	Silver Creek	CC	128	00
10	Elena Bruckner	10	Valley Christian Sjose	CC	129	01
11	Monique Newton	12	Cordova	SJ	132	08
12	Alison Scranton	11	Petaluma	NC	133	04
13	Chrishnay Brown	11	Lompoc	SS	134	05
14	Vai Lousi	10	Washington	NC	135	00
15	Kayla O'Brine	12	St. Francis	SJ	135	00
16	Yazmin Torres	12	Vista Murrieta	SS	135	03
17	Angel Gonzalez	12	Downey	SS	136	03
18	Kayla Hopkins	12	Rancho Verde	SS	136	10
19	Coryne McKenney	12	Buchanan	CE	138	01
20	Hannah Chappell	10	Oakdale	SJ	139	09
21	Alexa Coubal	11	Thousand Oaks	SS	141	07
22	Rae Blansett	12	Liberty	CE	146	04
23	Mackenna Howard	12	Los Alamitos	SS	147	01
24	Kendall Mader	11	Newbury Park	SS	147	10
25	Stamatia Scarvelis	12	Dos Pueblos	SS	154	09



Stamatia Scarvelis (Dos Pueblos)



Kayla O'Brine (St. Francis)



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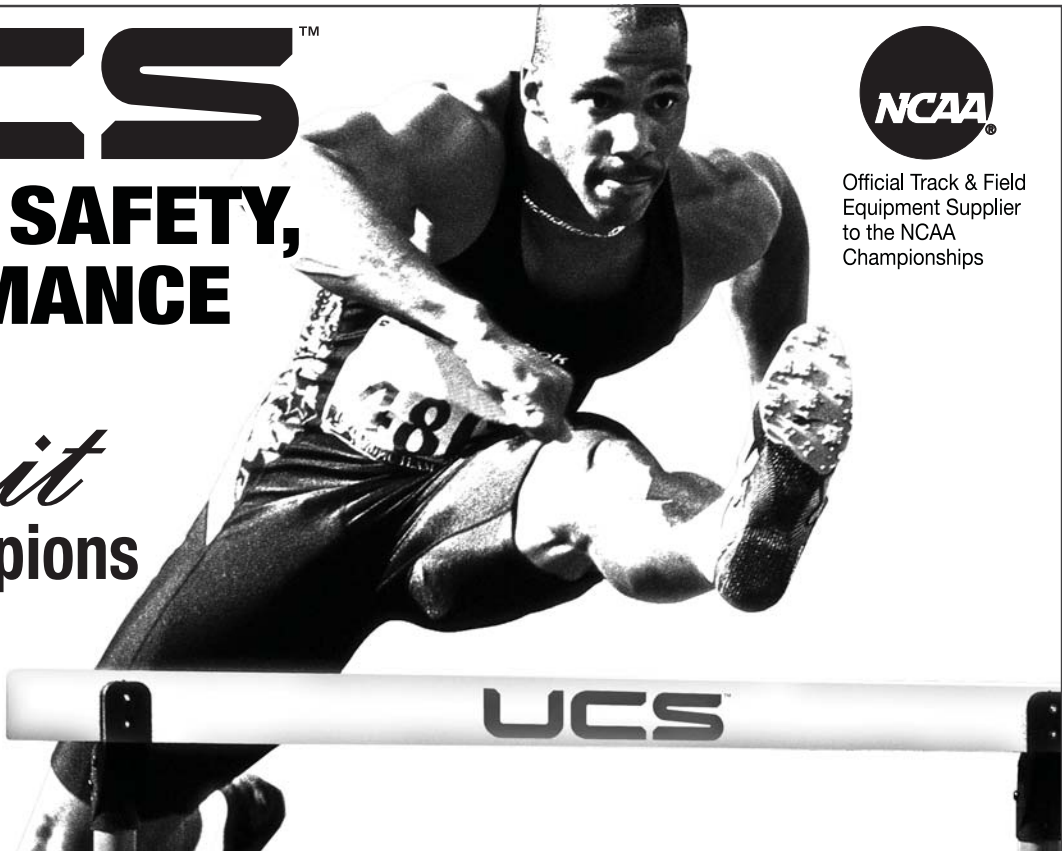
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2014 State Track & Field Championships



BOYS HIGH JUMP

National: 7-05.75 4/22/2009 James White, Grandville MD

State Meet: 7-03.25 6/2/1979 Lee Balkin, Glendale

Pos	Name	Year	School	Sec	Seed Mark
Flight 1 of 1 Prelims					
1	Emerson Simpson	12	Palisades	LA	6-02.00
2	David Canchola	12	Granada Hills	LA	6-04.00
3	Waleed Khan	12	Taft	LA	6-04.00
4	Jose Gonzalez	12	Modesto	SJ	6-05.00
5	Charlie Bush	12	Poway	SD	6-05.00
6	DeAndre Benson	12	Point Loma	SD	6-05.00
7	Cody Oberlander	11	Christopher	CC	6-05.00
8	Darius Carbin	10	Mt. Pleasant	CC	6-05.00
9	Brian Graber	11	Granite Bay	SJ	6-05.00
10	Herman Day	12	Ridgeview	CE	6-05.00
11	Harold Terrell		St. Mary's	NC	6-07.00
12	Myles Hawkins	12	Lutheran (Orange)	SS	6-07.00
13	Kyle Clancy	11	Davis	SJ	6-07.00
14	Quinten Pounds	11	Cypress	SS	6-07.00
15	Taylor Walton	12	Branson	NC	6-07.00
16	Michael Burke	11	Lemoore	CE	6-07.00
17	Tymon Locklin	12	Clovis North	CE	6-07.00
18	AJ Beynon	11	Edison-HB	SS	6-07.00
19	Brett Molster	12	Canyon-CC	SS	6-07.00
20	CJ McCord	11	Sage Hill	SS	6-07.00
21	Mitchell Bland	12	Tesoro	SS	6-07.00
22	Bryce Fausset	10	Ventura	SS	6-07.00
23	Christopher Jaeger	27	Hamilton	NO	6-07.00
24	Domonique Stewart	12	Enterprise	NO	6-08.00
25	Eric Moore	12	Carter	SS	6-09.00
26	David Chukwu	12	American	NC	6-09.00
27	Daniel Onuoha	12	Santa Teresa	CC	6-09.00
28	Tyler Arroyo	12	Westview	SD	6-09.00
29	Justin Zinnerman	11	Rancho Cotate	NC	6-09.00
30	Vincent Calhoun	12	Poly (Lb)	SS	6-09.00

BOYS POLE VAULT

National: 18-02.25 5/14/1999 Eric Eshbach, Orangefield TX

State Meet: 17-03 5/31/2008 Nico Weiler, Los Gatos

Pos	Name	Year	School	Sec	Seed Mark
Flight 1 of 1 Prelims					
1	Aron Whisenhunt	12	West Valley	NO	13-06.00
2	Sean O'Brien	12	San Ramon Valley	NC	14-04.00
3	Michael Fancey	11	Liberty	NC	14-04.00
4	Dion Shattuck	12	Santa Cruz	CC	14-06.00
5	Scott Winters	12	Rancho Bernardo	SD	14-08.00
6	Phillip Gwin	11	Bella Vista	SJ	14-08.00
7	Trevor Groom	11	Clovis West	CE	14-08.00
8	Nate Gagliardi	12	Clovis West	CE	14-08.00
9	Michael Wagenfeld	12	Calvin Chr	SD	14-08.00
10	Zach Wilson	12	Buchanan	CE	14-08.00
11	Nate Harper	11	Davis	SJ	14-11.00
12	Zachary Nichols	11	Branham	CC	15-00.00
13	Luke Newman	11	Trabuco Hills	SS	15-02.00
14	Gareth Weiss	11	Flintridge Prep	SS	15-02.00
15	Matt Schwartz	12	Burroughs(Bur)	SS	15-02.00
16	Charlie Bush	12	Poway	SD	15-02.00
17	Barrett Weiss	11	Flintridge Prep	SS	15-02.00
18	David Bean	12	Lutheran (Orange)	SS	15-02.00
19	Mark Nicholas	12	Mt. Pleasant	CC	15-06.00
20	Carl Johansson	12	Lutheran (Orange)	SS	15-08.00
21	August Kiles	12	Tamalpais	NC	16-00.00
22	Luigi Colella	12	Thousand Oaks	SS	16-02.00
23	Jake David	12	Ventura	SS	16-02.00
24	Ryan Pust	12	Golden Valley	SJ	16-07.00



Vincent Calhoun (Long Beach Poly)



Mark Nicholas (Mt. Pleasant)



2014 State Track & Field Championships



BOYS LONG JUMP

National: 26-04.75 6/3/1989 James Stallworth, Tulare CA

State Meet: 26-04.75 6/3/1989 James Stallworth, Tulare

Pos	Name	Year	School	Sec	Seed	Mark
Flight I of I Prelims						
1	Jason Hung	11	Washington	SF		20-07.75
2	Anthony White	11	McClymonds	OK		21-03.00
3	Emerson Simpson	12	Palisades	LA		21-03.00
4	Marcus Simmons	12	West Valley	NO		21-09.50
5	Daniel Bell	11	View Park Prep	LA		21-11.50
6	Desi Saballett	11	El Camino Real	LA		22-00.00
7	Lee Mitchell III	12	Tesoro	SS		22-03.25
8	Charlie Bush	12	Poway	SD		22-03.50
9	Markel Noble	10	Palo Verde	SD		22-03.75
10	Kevin Beacham	12	Culver City	SS		22-03.75
11	Chad Zeibak	12	Exeter	CE		22-04.00
12	Jamire Jordan	12	Highland	SS		22-04.00
13	Evan Austrie	11	Vallejo	SJ		22-05.75
14	Kurt Felicitas	11	Mt. Pleasant	CC		22-07.50
15	Isaiah Caldwell	12	Center	SJ		22-07.50
16	Tanner Battikha	10	St. Augustine	SD		22-08.50
17	Christopher Cook	12	San Benito Hol	CC		22-08.75
18	Matt Bowen	12	Buchanan	CE		22-09.25
19	Justin Warren	12	Camarillo	SS		22-10.00
20	Kyle Clancy	11	Davis	SJ		22-10.50
21	Nsimba Webster	12	Deer Valley	NC		22-11.50
22	Chase Pacheco	12	Palma	CC		22-11.75
23	Karsten Wethington	12	James Logan	NC		23-00.00
24	Dante Pettis	12	JSerra	SS		23-08.00
25	Joey Souza	11	Kingsburg	CE		23-09.00
26	Gregory Vann	11	Rio Mesa	SS		24-00.50
27	Nate Moore	12	Castro Valley	NC		24-04.00

BOYS TRIPLE JUMP

National: 52-10.50 5/6/1980 Charles Mayfield, Muir, Pasadena CA

State Meet: 52-05.75 6/6/1986 Marcus Hooks, Lakewood

Pos	Name	Year	School	Sec	Seed	Mark
Flight I of I Prelims						
1	Josh Martin	12	Carson	LA		43-05.00
2	Carlos Cook	12	Birmingham	LA		43-06.00
3	DeAndre Benson	12	Point Loma	SD		44-04.50
4	Brandon Brooks	11	Patrick Henry	SD		44-08.75
5	Marcus Simmons	12	West Valley	NO		44-10.50
6	Evan Austrie	11	Vallejo	SJ		45-02.00
7	Zealon Edwards	12	American Canyon	SJ		45-04.75
8	Davis Catolico	12	Lynbrook	CC		45-08.00
9	Paul Touma	11	Menlo	CC		45-09.50
10	Chris Carter	12	Imperial	SD		45-09.50
11	Chad Zeibak	12	Exeter	CE		45-11.00
12	Kameron Williams	12	Rosemont	SJ		46-04.75
13	Indrees Bernard	12	Agoura	SS		46-07.75
14	Arik Nesbit	12	San Clemente	SS		46-08.50
15	Mitchell Bland	12	Tesoro	SS		46-09.00
16	Zain Palacio	12	Dorsey	LA		47-00.00
17	Nate Washington	12	Crespi	SS		47-00.50
18	Nsimba Webster	12	Deer Valley	NC		47-04.75
19	Kurt Felicitas	11	Mt. Pleasant	CC		47-05.00
20	Myles Hawkins	12	Lutheran (Orange)	SS		47-09.00
21	Scotty Newton	12	Bakersfield	CE		48-04.00
22	Matt Bowen	12	Buchanan	CE		49-01.25
23	CJ Alumbres	11	Vista Murrieta	SS		49-07.50
24	Karsten Wethington	12	James Logan	NC		49-11.75
25	Nate Moore	12	Castro Valley	NC		50-02.25



Joey Souza (Kingsburg)



Karsten Wethington (James Logan)



2014 State Track & Field Championships



BOYS SHOT PUT

National: 77-00 5/5/1979 Michael Carter, Jefferson, Dallas TX

State Meet: 74-04.75 6/2/1990 Brent Noon, Fallbrook

Pos	Name	Year	School	Sec	Seed	Mark
Flight 1 of 1 Prelims						
1	Dequan Baker	12	Dorsey	LA	44	11.25
2	Joshua Bonse-Davis	12	Lincoln	SF	45	04.00
3	Maurice Ervin	11	Dorsey	LA	45	05.25
4	Francisco Cruz	12	Van Nuys	LA	45	07.75
5	Isaiah Matthews	11	Enterprise	NO	48	10.25
6	Mario Gonzalez	12	North Salinas	CC	51	06.50
7	Armand Shyne	11	Skyline	OK	52	05.50
8	Mason Grantz	11	Centennial	CE	52	11.00
9	David Maumalanga	12	Valley Chris. Sjose	CC	52	11.00
10	Kahlil Mckenzie	11	DeLaSalle	NC	53	06.50
11	Griffin DeFlores	11	Heritage	NC	53	09.00
12	Jalen Wyatt	12	Helix	SD	53	10.00
13	Luis Maciel	12	Willow Glen	CC	54	04.25
14	Kesean McCandless	12	Sanger	CE	55	09.00
15	Michael Titherington	11	Jesuit	SJ	56	10.00
16	Wesley Braddock	12	Eastlake	SD	56	10.00
17	Matt Thomas	12	Acalanes	NC	57	03.00
18	Colton Foster	12	Frontier	CE	58	05.00
19	Malik McMorris	11	Mater Dei	SS	58	07.00
20	Trevor Gorwin	12	Yucca Valley	SS	59	08.00
21	Jonah Williams	10	Folsom	SJ	59	08.75
22	Afolabi Olabode	12	Golden Valley	SJ	60	06.25
23	Kelsey Benoit	12	San Clemente	SS	60	09.25
24	Nathan Bultman	11	West Ranch	SS	61	03.75
25	William Truong	12	Esperanza	SS	61	04.75
26	Dotun Ogundeji	12	Madison	SD	63	06.50
27	Matt Katnik	11	St. John Bosco	SS	64	10.75

BOYS DISCUS THROW

National: 236-06 4/26/2009 Mason Finley, Buena Vista CO

State Meet: 213-07 6/2/2006 Bo Taylor, Newport Harbor

Pos	Name	Year	School	Sec	Seed	Mark
Flight 1 of 1 Prelims						
1	Armand Shyne	11	Skyline	OK	127	09
2	Jerry Johnson	12	Lincoln	SF	137	08
3	Griffin DeFlores	11	Heritage	NC	153	03
4	Wyatt Doughty	11	Bella Vista	SJ	153	05
5	Darrion Savage	12	Morse	SD	156	07
6	Frankie Kerstetter	12	Livermore	NC	159	02
7	Charles Lenford	10	Oceanside	SD	161	01
8	Christopher Delaney	12	Anderson	NO	164	10
9	Marshall Godsil	11	Bellarmine	CC	166	08
10	Luke Wattenberg	10	JSerra	SS	168	07
11	Mario Gonzalez	12	North Salinas	CC	168	11
12	Luis Maciel	12	Willow Glen	CC	171	04
13	Matt Thomas	12	Acalanes	NC	171	05
14	Jeremy Franklin	12	Serra	SS	172	00
15	Darrin Paulo	11	Grant	SJ	173	06
16	Troy Bacon	12	Oak Hills	SS	174	11
17	Kyle Peterson	12	Oakdale	SJ	176	00
18	Tyler Merkle	11	Los Osos	SS	176	02
19	Nicholas Hudson	11	Kings Christian	CE	178	04
20	Colton Foster	12	Frontier	CE	178	06
21	Rocky Fenton	12	San Clemente	SS	181	11
22	Eric Loomis	12	Sierra Pacific	CE	183	10
23	Malik McMorris	11	Mater Dei	SS	192	11
24	Dotun Ogundeji	12	Madison	SD	194	05



Matt Katnik (St. John Bosco)



Dotun Ogundeji (Madison)



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All-Time CIF Boys Track & Field Top Times/Marks

BOYS 100 METERS

10.25 Henry Thomas (Hawthorne) 1985
10.30 Riley Washington (Southwest, San Diego) 1992
10.30 Randall Carroll (Cathedral, Los Angeles) 2009
10.31 Jahvid Best (Salesian, Richmond) 2007
10.32 Bryan Howard (Canyon Springs, Moreno Valley) 1994
10.32 Rodney Glass (Notre Dame, Sherman Oaks) 2006
10.32 Remontay McClain (Covina) 2011

State Championship Record

10.30 Riley Washington (Southwest, S.D.) 1992

BOYS 200 METERS

20.43 Bryshon Nellum (Poly, Long Beach) 2007
20.53 Brian Bridgewater (Washington, Los Angeles) 1988
20.62 Sultan McCullough (Muir, Pasadena) 1997
20.65 Jahvid Best (Salesian, Richmond) 2007
20.67 Quincy Watts (Taft, Woodland Hills) 1987

State Championship Record

20.43 Bryshon Nellum (Poly, Long Beach) 2007

BOYS 400 METERS

45.25 Calvin Harrison (North Salinas) 1993
45.54 Bryshon Nellum (Poly, Long Beach) 2007
45.81 Obea Moore (Muir, Pasadena) 1996
45.84 David Gettis (Dorsey, Los Angeles) 2005
45.7h Chip Rish (Marina, Huntington Beach) 1985

State Championship Record

45.25 Calvin Harrison (North Salinas, Salinas) 1993

BOYS 800 METERS

1:46.45 Michael Granville (Bell Gardens) 1996
1:47.31 Pete Richardson (Berkeley) 1981
1:48.20 Sean Krinik (Valencia, Placentia) 2010
1:48.8yh Richard Joyce (Sierra, Whittier) 1965
1:48.40 Aaron Richberg (James Logan, Union City) 1995

State Championship Record

1:46.45 Michael Granville (Bell Gardens) 1996

BOYS 1600 METERS

4:00.29 German Fernandez (Riverbank) 2008
4:00.83 Jantzen Oshier (Trabuco Hills, Mission Viejo) 2011
4:02.4yh Rich Kimball (De La Salle, Concord) 1974
4:02.62 Ryan Hall (Big Bear) 2001
4:05.4yh Mark Schilling (Garden Grove) 1972
4:04.00 Mike Stember (Jesusuit, Carmichael) 1995

State Championship Record

4:00.29 German Fernandez (Riverbank) 2008

BOYS 3200 METERS

8:34.23 German Fernandez (Riverbank) 2008
8:44.6yh Eric Hulst (Laguna Beach) 1976
8:45.2yh Thom Hunt (Patrick Henry, San Diego) 1976
8:45.9yh Ralph Serna (Loara, Anaheim) 1975
8:46.5yh Rich Kimball (De La Salle, Concord) 1974

State Championship Record

8:34.23 German Fernandez (Riverbank) 2008

BOYS 110-METER HIGH HURDLES

13.39 Kevin Craddock (James Logan, Union City) 2004
13.41 Steve Kerho (Mission Viejo) 1982
13.43 Jonathan Cabral (Agoura) 2011
13.48 Dominique DeGrammont (Tustin) 1997
13.54 Marcel Allmond (St. Paul, Santa Fe Springs) 1999

State Championship Record

13.39 Kevin Craddock (J. Logan, Union City) 2004

BOYS 300-METER INTERMEDIATE HURDLES

35.02 Reggie Wyatt (La Sierra, Riverside) 2009
35.28 Jeshua Anderson (Taft, Woodland Hills) 2007
35.32 George Porter (Cabrillo, Lompoc) 1985
35.45 David Klech (California, San Ramon) 2006
35.93 Kevin Craddock (James Logan, Union City) 2004

State Championship Record

35.02 Reggie Wyatt (La Sierra, Riverside) 2009

BOYS 400-METER RELAY

40.14 Poly, Long Beach 1999
40.24 Hawthorne 1989
40.28 Muir, Pasadena 1997
40.39 Poly, Long Beach 1998
40.49 Serra, Gardena 2013

State Championship Record

40.24 Hawthorne 1989

BOYS 1600-METER RELAY

3:07.40 Hawthorne 1985
3:08.42 Serra, Gardena 2010
3:08.66 Muir, Pasadena 1996
3:08.72 Muir, Pasadena 1997
3:08.94 Berkeley 1981

State Championship Record

3:08.42 Serra, Gardena 2010

BOYS HIGH JUMP

7-04.50 Maurice Crumby (Balboa, San Francisco) 1983
7-04.25 Teak Wilburn (Chico) 2002
7-04.00 Jeremy Fischer (Camarillo) 1994
7-03.25 Lee Balkin (Glendale) 1979

7-03.00 Tim Polti (Alemany, Mission Hills) 1979
7-03.00 Jeff Rogers (Overfelt, San Jose) 1985
7-03.00 Nick Ross (Vista Murrieta, Murrieta) 2009

State Championship Record

7-03.25 Lee Balkin (Glendale) 1979

BOYS POLE VAULT

17-06.25 Nico Weliler (Los Gatos) 2007
17-06.00 Michael Woepse (Mater Dei, Santa Ana) 2010
17-05.50 Brent Burns (Acalanes, Lafayette) 1987
17-05.00 Scott Roth (Granite Bay) 2006
17-04.25 Anthony Curran (Crespi, Encino) 1978

State Championship Record

17-03 Nico Weiler (Los Gatos) 2008

BOYS LONG JUMP

26-04.75 James Stallworth (Tulare) 1989
25-10.75 Heulon Hewitt (Merced) 1968
25-09.50 Gerald Hardeman (Edison, Fresno) 1972
25-07.00 Jerry Proctor (Muir, Pasadena) 1967
25-07.00 James McAlister (Blair, Pasadena) 1970

State Championship Record

26-04.75 James Stallworth (Tulare) 1989

BOYS TRIPLE JUMP

52-10.50 Charles Mayfield (Muir, Pasadena) 1980
52-06.25 Dave Tucker (San Joaquin Memorial, Fresno) 1970
52-05.75 Marcus Hooks (Lakewood) 1986
52-04.75 Ken Frazier (Mission, San Francisco) 1981
52-03.50 Randy Williams (Edison, Fresno) 1971

State Championship Record

52-05.75 Marcus Hooks (Lakewood) 1986

BOYS SHOT PUT

76-02.00 Brent Noon (Fallbrook) 1990
69-06.50 Brian Blutreich (Capistrano Valley) 1985
69-03.50 Van Mounts (Bakersfield) 1998
68-05.00 Dave Kurrasch (Newport Harbor, Newport Beach) 1975
68-00.00 Steve Montgomery (Lassen, Susanville) 1976

State Championship Record

74-04.75 Brent Noon (Fallbrook) 1990

BOYS DISCUS THROW

213-07 Bo Taylor (Newport Harbor, Newport Beach) 2006
212-01 Darius Savage (Morse, San Diego) 2006
210-08 Brian Blutreich (Capistrano Valley) 1985
210-01 Jeff Buckley (Bakersfield) 1991
209-09 Sean Shields (Arroyo Grande) 2001

State Championship Record

213-07 Bo Taylor (Newport Harbor, Newport Beach) 2006

y = yards

h = hand timed

All-Time CIF Girls Track & Field Top Times/Marks

GIRLS 100 METERS

11.14 Marion Jones (Thousand Oaks) 1992
11.15 Angela Williams (Chino) 1997
11.17 Ashton Purvis (St. Elizabeth, Oakland) 2010
11.27 Jeneba Tarmoh (Mt. Pleasant, San Jose) 2007
11.29 Allyson Felix (L.A. Baptist, North Hills) 2003

State Championship Record

11.14 Marion Jones (Thousand Oaks) 1992

GIRLS 200 METERS

22.52 Allyson Felix (LA Baptist, North Hills) 2003
22.67 Marion Jones (Thousand Oaks) 1992
22.86 Jasmine Baldwin (Bishop Amat, La Puente) 2004
22.88 Tania Woods (Skyline, Oakland) 1999
22.90 Kinshasa Davis (Wilson, Long Beach) 1997
22.90 Ashton Purvis (St. Elizabeth, Oakland) 2010

State Championship Record

22.52 Allyson Felix (Los Angeles Baptist, North Hills) 2003

GIRLS 400 METERS

50.74 Monique Henderson (Morse, San Diego) 2000
52.18 Angel Perkins (Gahr, Cerritos) 2001
52.26 Allyson Felix (LA Baptist, North Hills) 2003
52.35 Sade Williams (Rancho Cucamonga) 2005
52.39 Denean Howard (Kennedy, Granada Hills) 1982

State Championship Record

50.74 Monique Henderson (Morse, San Diego) 2000

GIRLS 800 METERS

2:02.04 Amy Weissenbach (Harvard-West. N. Hllywd) 2011
2:04.91 Trena Hull (Compton) 1984
2:05.70 Amy Weissenbach (Harvard-West. N. Hllywd) 2012
2:05.87 Kerri Zaleski (Millikan, Long Beach) 1985
2:06.01 Donna Curtis (Culver City) 1981
2:06.09 Dominique Jackson (Fairfield) 2007

State Championship Record

2:02.04 Amy Weissenbach (Harvard-Westlake) 2011

GIRLS 1600 METERS

4:33.82 Christine Babcock (Woodbridge, Irvine) 2008
4:38.15 Alex Kosinski (Oak Ridge, El Dorado Hills) 2007
4:39.13 Jordan Hasay (Mission Prep, San Luis Obispo) 2007
4:39.92 Polly Plumer (University, Irvine) 1982
4:40.88 Cami Chapus (Harvard-Westlake, N. Hollywood) 2011

State Championship Record

4:33.82 Christine Babcock (Woodbridge, Irvine) 2008

GIRLS 3200 METERS

9:48.59 Kim Mortensen (Thousand Oaks) 1996
9:52.13 Jordan Hasay (Mission Prep, San Luis Obispo) 2008
9:52.51 Laurynne Chetelat (Davis) 2008

10:04.03 Christine Babcock (Woodbridge, Irvine) 2008
10:04.20yh Cory Schubert (Del Mar, San Jose) 1983

State Championship Record

9:52.13 Jordan Hasay (Mission Prep, San Luis Obispo) 2008

GIRLS 100-METER HIGH HURDLES

13.03 Vashti Thomas (Mt. Pleasant, San Jose) 2007
13.20 Nichole Denby (J.W. North, Riverside) 2000
13:32 Julian Purvis (St. Elizabeth, Oakland) 2007
13:32 Ke'Nyia Richardson (Holy Names, Oakland) 2007
13.33 Kori Carter (Claremont) 2010
13.33 Sasha Wallace (Holy Names, Oakland) 2012

State Championship Record

13.03 Vashti Thomas (Mt. Pleasant, San Jose) 2007

GIRLS 300-METER LOW HURDLES

39.98 Lashinda Demus (Wilson, Long Beach) 2001
40.10 Ebony Collins (Wilson, Long Beach) 2005
40.18 Leslie Maxie (Mills, Millbrae) 1984
40.26 Janeene Vickers (Pomona) 1987
40.44 Kori Carter (Claremont) 2010

State Championship Record

40.10 Ebony Collins (Wilson, Long Beach) 2005

GIRLS 400-METER RELAY

44.50 Poly, Long Beach 2004
44.70 St. Bernard, Playa del Rey 1997
44.84 Wilson, Long Beach 2005
44.90 Poly, Long Beach 2003
44.93 Wilson, Long Beach 2004

State Championship Record

44.70 St. Bernard (Playa Del Rey) 1997

GIRLS 1600-METER RELAY

3:35.49 Poly, Long Beach 2004
3:35.55 Poly, Long Beach 2003
3:35.72 Wilson, Long Beach 2001
3:35.99 Poly, Long Beach 2002
3:36.32 Wilson, Long Beach 1998

State Championship Record

3:35.49 Poly, Long Beach 2004

GIRLS HIGH JUMP

6-02.75 Latrese Johnson (Clovis) 1985
6-02.25 Wendy Brown (Woodside) 1984
6-02.25 Julieann Broughton (Woodland) 1989
6-02.00 Sharon Day (Costa Mesa) 2003
6-01.00 Tonya Mendonica (Mt. Whitney, Visalia) 1983

State Championship Record

6-02.00 Latrese Johnson (Clovis) 1985

GIRLS POLE VAULT

14-01.00 Tori Anthony (Castilleja, Palo Alto) 2007
13-08.00 Shayla Balentine (Morro Bay) 2001
13-07.00 Allison Stokke (Newport Harbor, Newport Beach) 2007
13-06.00 Chelsea Johnson (Atascadero) 2002
13-06.00 Kortney Ross (Westview, San Diego) 2010
13-06.00 Anginae Monteverde (Clovis West, Clovis) 2011

State Championship Record

14-01.00 Tori Anthony (Castilleja, Palo Alto) 2007

GIRLS LONG JUMP

22-00.50 Marion Jones (Thousand Oaks) 1993
20.11.50 Juliana Yendork (Walnut) 1990
20-11.25 Ke'Nyia Richardson (Holy Names, Oakland) 2007
20-09.75 Wendy Brown (Woodside) 1984
20-09.25 Courtney Corrin (Harvard-Westlake) 2013

State Championship Record

22-00.50 Marion Jones (Thousand Oaks) 1993

GIRLS TRIPLE JUMP

44-00.50 Juliana Yendork (Walnut) 1991
44-00.00 Brittany Daniels (Merrill West, Tracy) 2004
43-03.25 Ke'Nyia Richardson (Holy Names, Oakland) 2006
43-01.50 Vashti Thomas (Mt. Pleasant, San Jose) 2008
42-10.50 Wendy Brown (Woodside) 1984

State Championship Record

44-00.50 Juliana Yendork (Walnut) 1991

GIRLS SHOT PUT

54-04.75 Anna Jelmini (Shafter) 2009
53-07.75 Natalie Kaaiawahia (Fullerton) 1983
53-07.50 Karen Freberg (San Luis Obispo) 2001
52-11.50 Kristin Heaston (Ygnacio Valley, Concord) 1993
51-11.00 Stamatia Scarvelis (Dos Pueblo) 2013

State Championship Record

53-08.00 Anna Jelmini (Shafter) 2009

GIRLS DISCUS THROW

190-03 Anna Jelmini (Shafter) 2009
188-04 Suzy Powell (Downey, Modesto) 1994
182-06 Billie Jo Grant (Arroyo Grande) 2003
181-03 Stephanie Brown (Arroyo Grande) 1998
180-09 Alex Collatz (Stockdale) 2010

State Championship Record


186-09 Anna Jelmini (Shafter) 2009

y = yards

h = hand timed

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2014 CIF Top Track and Field Top Times/Marks

BOYS 100 METERS

10.36	Curtis Godin	12 Mater Dei	SS
10.54	Myles Valentine	11 Upland	SS
10.59	Kevin Nutt Jr.	12 Edison	CS
10.61	TJ Brock	10 Chaminade	SS
10.63	2 tied		

BOYS 200 METERS

20.82	Michael Norman	10 Vista Murrieta	SS
20.90	Curtis Godin	12 Mater Dei	SS
21.07	Obed Ahmed	12 Camarillo	SS
21.13	TJ Brock	10 Chaminade	SS
21.18	Brandon Lucas	12 Poway	SDS

BOYS 400 METERS

46.99	Cameron Stone	11 Sheldon	SJS
47.01	Michael Norman	10 Vista Murrieta	SS
47.01	Jeremy Wright	12 Terra Nova	CCS
47.11	Mary'ea Harris	11 Long Beach Poly	SS
47.20	Aspyn Walton	11 Woodcreek	SJS

BOYS 800 METERS

1:51.86	Ellis Newton	12 Mayfair	SS
1:51.93	Arturo Sotomayor	11 Roseville	SJS
1:51.97	Blake Haney	12 Stockdale	CS
1:52.19	Jeremiah Bias	11 Vista del Lago	SS
1:52.33	Adrian Mangoba	12 Vista	SDS

BOYS 1600 METERS

4:06.00	Garrett Corcoran	12 Villa Park	SS
4:06.71	Ellis Newton	12 Mayfair	SS
4:06.93	Austin Tamagno	10 Brea Olinda	SS
4:07.99	Tyler Olson	12 Livermore	NCS
4:08.33	Blair Hurlock	12 De La Salle	NCS

BOYS 3200 METERS

8:46.80	Blake Haney	12 Stockdale	CS
8:52.18	Garrett Corcoran	12 Villa Park	SS
8:53.95	Steven Fahy	12 La Costa Canyon	SDS
8:55.03	Fred Huxham	12 Redwood	NCS
8:56.55	Estevan De La Rosa	12 Arcadia	SS

BOYS 110-METER HIGH HURDLES

13.71	Misana Viltz	12 Millikan	SS
13.92	Bayron Manuel	12 Wilson (LB)	SS
13.93	Marquis Morris	12 De La Salle	NCS
14.04	Juan Ward	12 Long Beach Poly	SS
14.15	3 tied		

BOYS 300-METER INTERMEDIATE HURDLES

36.94	Marquis Morris	12 De La Salle	NCS
37.14	Austin Carter	12 Folsom	SJS
37.25	Austin Tinsley	12 Santa Margarita	SS
37.53	Justin Collins	11 Carson	LACS
37.60	Diego Courbis	12 Mission Viejo	SS

BOYS 400 METER RELAY

40.93	Woodcreek		SJS
41.13	Great Oak		SS
41.21	Notre Dame (SO)		SS
41.37	Edison		CS
41.40	Poway		SDS

BOYS 1600 METER RELAY

3:14.79	Long Beach Poly		SS
3:15.00	Dorsey		LACS
3:15.50	Hercules		NCS
3:15.68	Sheldon		SJS
3:16.46	Upland		SS

BOYS HIGH JUMP

7-00.00	Eric Moore	12 Carter	SS
6-10.00	David Chukwu	12 American	NCS
6-10.00	Michael Burke	11 Lemoore	CS
6-09.00	13 tied		

BOYS LONG JUMP

25-05.25	Adoree Jackson	12 Serra	SS
24-10.00	Joey Souza	11 Kingsburg	CS
24-08.00	Nate Moore	12 Castro Valley	NCS
24-07.00	Dante Pettis	12 JSerra	SS
24-06.00	Gregory Vann	11 Rio Mesa	SS

BOYS TRIPLE JUMP

50-04.50	Nate Moore	12 Castro Valley	NCS
50-01.25	CJ Alumbres	11 Vista Murrieta	SS
49-04.50	Karsten Wethington	12 James Logan	NCS
49-01.25	Matt Bowen	12 Buchanan	CS
49-01.00	Scotty Newton	12 Bakersfield	CS

BOYS POLE VAULT

17-01.00	Jake David	12 Ventura	SS
17-00.75	Luigi Colella	12 Thousand Oaks	SS
16-09.50	Carl Johansson	12 Orange Lutheran	SS
16-05.00	Ryan Pust	12 Golden Valley	SJS
16-01.00	Mark Nicholas	12 Mt. Pleasant	CCS

BOYS DISCUS THROW

194-05.00	Dotun Ogundeji	12 Madison	SDS
192-11.00	Malik McMorris	11 Mater Dei	SS
188-07.00	Nicholas Hudson	11 Kings Christian	CS
186-02.00	Armando Gauger	12 Atwater	SJS
185-01.00	Kelsey Benoit	12 San Clemente	SS

BOYS SHOT PUT

65-05.50	Dotun Ogundeji	12 Madison	SDS
65-04.00	Matt Katnik	11 St. John Bosco	SS
63-00.50	Michael Titherington	11 Jesuit	SJS
62-04.00	Nathan Bultman	11 West Ranch	SS
62-03.00	Kelsey Benoit	12 San Clemente	SS

GIRLS 100 METERS

11.49	Ariana Washington	12 Long Beach Poly	SS
11.59	Suzie Acolatse	11 Mission Hills	SDS
11.61	Jazmen Bunch	12 Edison	CS
11.67	Destiny Smith-Barnett	12 Skyline	OS
11.73	Kayla Wilson	12 La Quinta (LQ)	SS

GIRLS 200 METERS

23.40	Ariana Washington	12 Long Beach Poly	SS
23.47	Kaelin Roberts	9 Long Beach Poly	SS
23.87	Jade Lewis	12 Long Beach Poly	SS
23.97	2 tied		

GIRLS 400 METERS

53.37	Kaelin Roberts	9 Long Beach Poly	SS
53.43	Madeline Price	12 Menlo	CCS
54.46	Sarah Johnson	11 Oaks Christian	SS
54.57	Hannah Waller	10 Buchanan	CS
54.90	Reonna Collier	9 Piedmont Hills	CCS

GIRLS 800 METERS

2:08.75	Ashlyn Rambo	12 Mater Dei	SS
2:08.84	Anna Maxwell	12 San Lorenzo Valley	CCS
2:09.19	Anevay Hiehle	11 Redondo Union	SS
2:09.72	Sarah Robinson	12 Gunn	CCS
2:10.06	Mikaela Smith	11 Clovis North	CS

GIRLS 1600 METERS

4:41.63c	Anna Maxwell	12 San Lorenzo Valley	CCS
4:42.29	Bethan Knights	12 Northwood	SS
4:44.07	Sarah Robinson	12 Gunn	CCS
4:44.60	Haley Dorris	12 Great Oak	SS
4:45.26	Destiny Collins	10 Great Oak	SS

GIRLS 3200 METERS

9:54.89	Bethan Knights	12 Northwood	SS
10:04.81	Anna Maxwell	12 San Lorenzo Valley	CCS
10:07.52	Sarah Baxter	12 Simi Valley	SS
10:14.33	Destiny Collins	10 Great Oak	SS
10:14.60	Fiona O'Keefe	10 Davis	SJS

GIRLS 100 METER HIGH HURDLES

13.61	Pattriana Perry	12 Vacaville	SJS
13.66	Jasmyne Graham	11 Roosevelt	SS
13.78	Jaela Williams	11 Roosevelt	SS
13.85	Ebony Crear	12 Long Beach Poly	SS
13.87	Mecca Mcglaston	10 Dublin	NCS

GIRLS 300M LOW HURDLES

41.35	KyMBER Payne	12 Long Beach Poly	SS
41.46	Ebony Crear	12 Long Beach Poly	SS
41.54	Jeanette Paul	10 Serra	SS
41.79	Skylin Harbin	12 Alemamy	SS
41.12	Reonna Collier	9 Piedmont Hills	CCS

GIRLS 400M RELAY

45.25	Long Beach Poly		SS
46.25	Vista Murrieta		SS
46.59	Edison		CS
46.60	Serra		SS
46.66	St. Mary's Academy		SS

GIRLS 1600M RELAY

3:41.31	Long Beach Poly		SS
3:46.47	Oaks Christian		SS
3:46.92	Vacaville		SJS
3:47.04	St. Mary's		NCS
3:47.54	Sheldon		SJS

GIRLS HIGH JUMP

6-00.00	Claire Kieffer-Wright	12 South Pasadena	SS
5-11.00	Savannah Miller	12 Redlands	SS
5-10.00	Asia Chesley	12 Stockdale	CS
5-10.00	Erinn Beattie	11 Buena	SS
5-09.00	2 tied		

GIRLS LONG JUMP

20-08.25	Courtney Corrin	10 Harvard-Westlake	SS
20-08.00	Margaux Jones	11 Redlands	SS
19-11.00	Mackenzie Arnold	11 River Valley	SJS
19-10.50	Michelle Norman	12 Vista Murrieta	SS
19-08.00	Meghan Tucker	12 Placer	SJS

GIRLS TRIPLE JUMP

41-02.50	Ashley Anderson	12 Carson	LACS
41-00.00	Rian Young-Werner	12 Citrus Valley	SS
40-07.75	Jasmine Bass	12 North Torrance	SS
40-07.50	Marisa Kwiatkowski	12 Wilcox	CCS
40-02.25	Michelle Norman	12 Vista Murrieta	SS

GIRLS POLE VAULT

13-09.00	Kaitlyn Merritt	11 Santa Margarita	SS
12-10.00	Greta Wagner	12 Los Gatos	CCS
12-09.00	McKenna Caskey	9 Mater Dei	SS
12-06.00	Melissa Maneatis	11 Del Oro	SJS
12-05.50	Nicole Trenchard	Pacific Collegiate	CCS

GIRLS DISCUS THROW

172-07.00	Stamatia Scarvelis	12 Dos Pueblos	SS
149-06.00	Hannah Chappell	10 Oakdale	SJS
149-03.00	Rae Blansett	Liberty	CS
148-04.00	Kendall Mader	11 Newbury Park	SS
147-01.00	2 tied		

GIRLS SHOT PUT

53-09.25	Stamatia Scarvelis	12 Dos Pueblos	SS
50-02.50	Mackenna Howard	12 Los Alamitos	SS
49-05.00	Ginika lwuchukwu	12 Notre Dame (SO)	SS
46-04.00	Destiny Parker	12 Summit	SS
46-01.50	Elana Bruckner	10 Valley Christian	CCS

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CIF State Track and Field Championship Records

BOYS

100 METERS	
10.30	Riley Washington (Southwest, San Diego) 1992
200 METERS	
20.43	Bryshon Nellum (Poly, Long Beach)..... 2007
400 METERS	
45.25	Calvin Harrison (North Salinas)..... 1993
800 METERS	
1:46.45	Michael Granville (Bell Gardens) 1996
1600 METERS	
4:00.29	German Fernandez (Riverbank) 2008
3200 METERS	
8:34.23	German Fernandez (Riverbank) 2008
110-METER HIGH HURDLES	
13.39	Kevin Craddock (James Logan, Union City) 2004
300-METER INTERMEDIATE HURDLES	
35.02	Reggie Wyatt, La Sierra (Riverside, CA)..... 2009
400-METER RELAY	
40.24	Hawthorne..... 1989
1600-METER RELAY	
3:08.42	Serra (Gardena) 2010
DISCUS THROW	
213-07	Bo Taylor (Newport Harbor, Newport Beach) 2006
HIGH JUMP	
7-03.25	Lee Balkin (Glendale)..... 1979
LONG JUMP	
26-04.75	James Stallworth (Tulare Union, Tulare) 1989
POLE VAULT	
17-03	Nico Weiler (Los Gatos) 2008
SHOT PUT	
74-04.75	Brent Noon (Fallbrook)..... 1990
TRIPLE JUMP	
52-05.75	Marcus Hooks (Lakewood) 1986

GIRLS

100 METERS	
11.14	Marion Jones (Thousand Oaks) 1992
200 METERS	
22.52	Allyson Felix (Los Angeles Baptist, North Hills) 2003
400 METERS	
50.74	Monique Henderson (Morse, San Diego)..... 2000
800 METERS	
2:02.04	Amy Weissenbach (Harvard-Westlake, N. Hollywood)..... 2011
1600 METERS	
4:33.82	Christine Babcock (Woodbridge, Irvine)..... 2008
3200 METERS	
9:52.13	Jordan Hasay (Mission Prep, San Luis Obispo) 2008
100-METER HIGH HURDLES	
13.03	Vashti Thomas (Mt. Pleasant, San Jose) 2007
300-METER LOW HURDLES	
40.10	Ebony Collins (Wilson, Long Beach)..... 2005
400-METER RELAY	
44.70	St. Bernard, Playa del Rey 1997
1600-METER RELAY	
3:35.49	Poly, Long Beach 2004
DISCUS THROW	
186-09	Anna Jelmini (Shafter)..... 2009
HIGH JUMP	
6-02.00	Latrese Johnson (Clovis) 1985
LONG JUMP	
22-00.50	Marion Jones (Thousand Oaks) 1993
POLE VAULT	
14-01	Tori Anthony (Castilleja, Palo Anthony) 2007
SHOT PUT	
53-08.00	Anna Jelmini (Shafter)..... 2009
TRIPLE JUMP	
44-00.50	Juliana Yendork (Walnut) 1991

U.S. National High School Records

BOYS

100 METERS	
10.15	Henry Neal (Greenville, TX) 1990
200 METERS	
20.13	Roy Martin, Roosevelt (Dallas, TX) 1985
400 METERS	
45.19	Aldrich Bailey, Mansfield Timberview (Arlington, TX) .. 2012
800 METERS	
1:46.45	Michael Granville (Bell Gardens, CA) 1996
1600 METERS	
3:59.51	Alan Webb, South Lakes (Reston, VA) 2001
3200 METERS	
8:34.23	German Fernandez (Riverbank, CA) 2008
110-METER HIGH HURDLES	
13.10	Dennis Brantley, Worthing (Houston, TX) (manual) 1980
13.30	Chris Nelloms, Dunbar (Dayton, OH) (FAT time) 1990
300-METER INTERMEDIATE HURDLES	
35.02	Reggie Wyatt, La Sierra (Riverside, CA)..... 2009
400-METER RELAY	
39.76	Wyatt (Fort Worth, TX) 1998
1600-METER RELAY	
3:07.40	Hawthorne (Hawthorne, CA) 1985
DISCUS	
236-06	Mason Finely (Buena Vista, CO)..... 2009
HIGH JUMP	
7-05.75	James White (Grandview, MO) 2009
LONG JUMP	
26-04.75	James Stallworth, Tulare Union (Tulare, CA) 1989
POLE VAULT	
18-02.25	Eric Eshbach (Orangefield, TX)..... 1999
SHOT PUT	
77-00	Michael Carter, Jefferson (Dallas, TX) 1979
TRIPLE JUMP	
52-10.50	Charles Mayfield, John Muir (Pasadena, CA) 1980

GIRLS

100 METERS	
11.14	Marion Jones (Thousand Oaks, CA) 1992
200 METERS	
22.52	Allyson Felix, LA Baptist (North Hills, CA) 2003
400 METERS	
50.74	Monique Henderson, Morse (San Diego, CA)..... 2000
800 METERS	
2:02.04	Amy Wessienbach, Harvard-Westlake, (N. Hollywood, CA) 2011
1600 METERS	
4:33.82	Christine Babcock, Woodbridge (Irvine, CA)..... 2008
3200 METERS	
9:48.59	Kim Mortensen (Thousand Oaks, CA) 1996
100-METER HIGH HURDLES	
13.03	Vashti Thomas, Mt. Pleasant (San Jose, CA) 2007
300-METER LOW HURDLES	
39.98	Lashinda Demus, Wilson (Long Beach, CA) 2001
400-METER RELAY	
44.50	Poly (Long Beach, CA)..... 2004
1600-METER RELAY	
3:35.49	Poly (Long Beach, CA)..... 2004
DISCUS THROW	
191-06	Shelbi Vaughan, Mansfield Legacy (Mansfield, TX).... 2012
HIGH JUMP	
6-04	Toni Young (Del City, OK)..... 2009
LONG JUMP	
22-01.75	Kathy McMillan, Hoke County (Raeford, NC)..... 1976
POLE VAULT	
14-02.75	Morgan LeLeux, New Iberia Catholic (New Iberia, LA) 2011
SHOT PUT	
54-10.75	Michelle Carter (Red Oak, TX) 2003
TRIPLE JUMP	
44-02.25	Ychindria Spears (Luling, TX)..... 2001

CIF State Track and Field Team Champions

BOYS TEAM CHAMPIONS

<i>School</i>	<i>Points</i>	<i>Coach</i>	<i>Location</i>	<i>Dates</i>
Manual Arts, Los Angeles	25	Otto Fritsch	Fresno High	April 3, 1915
Manual Arts, Los Angeles	37.5	Otto Fritsch	YMCA Field, Los Angeles	April 8, 1916
Coalinga	25	Charles Geer	Berkeley	April 28, 1917
Pasadena	25	George Main	Sacramento Fair	April 27, 1918
Manual Arts, Los Angeles	21	Sid Foster	San Bernardino High	April 26, 1919
Los Angeles	18	Glenn Whittle	Bakersfield Fair	April 24, 1920
Lincoln, Los Angeles	17	Tommy Davis	Berkeley	April 30, 1921
Huntington Beach	16	Ray Walker	Stockton Fair	May 6, 1922
Hollywood	17.5	William Paige	Occidental College, Los Angeles	May 12, 1923
Manual Arts, Los Angeles	26	Sid Foster	Taft High	May 10, 1924
Manual Arts, Los Angeles	16	Sid Foster	Stanford Stadium	May 9, 1925
Poly, Los Angeles	17	Edward Leahy	Los Angeles Coliseum	May 8, 1926
Glendale	35	Norman Hayhurst	Modesto High	May 7, 1927
Poly, Long Beach	21	Norman Baker	Selma High	May 5, 1928
San Diego	22.75	Glenn Broderick	Los Angeles Coliseum	May 11, 1929
Sacramento (tie)	11	Lawrence Janssen	Berkeley	May 10, 1930
San Diego (tie)	11	Glenn Broderick	Berkeley	May 10, 1930
Santa Ana (tie)	11	G.A. "Tex" Oliver	Berkeley	May 10, 1930
Poly, Los Angeles	19.5	Edward Leahy	Visalia	May 23, 1931
Poly, Long Beach	22.5	Norman Baker	Modesto Junior College	May 2, 1932
Central, El Centro	18	J.H. Armstrong	Los Angeles Coliseum	May 20, 1933
Muir, Pasadena	15.5	Albion Walton	Edwards Stadium, Berkeley	May 26, 1934
Fullerton	14	Harold Lang	Ratcliffe Stadium, Fresno	May 25, 1935
Muir, Pasadena	18	Albion Walton	Gridley High	May 23, 1936
Jefferson, Los Angeles	23.5	Harold Edelson	Wilson High, Long Beach	May 22, 1937
San Diego	18.5	Glenn Broderick	San Benito High, Hollister	May 28, 1938
Bakersfield	16	"Cap" Haralson	Los Angeles Coliseum	May 27, 1939
Bakersfield	18.5	"Cap" Haralson	Visalia High	May 25, 1940
Edison, Fresno	22	Harold Bicknell	Spartan Stadium, San Jose	May 24, 1941
Redondo	21	Harold Grant	Compton College	May 25, 1946*
Washington, Los Angeles	24	Gail Wyatt	Visalia High	May 31, 1947
Jordan, Los Angeles	22	Bill Zazueta	Edwards Stadium, Berkeley	May 29, 1948
Jefferson, Los Angeles	28.5	Estel Johnson	Los Angeles Coliseum	May 28, 1949
Jefferson, Los Angeles	40	Estel Johnson	Hughes Stadium, Sacramento	May 27, 1950
Jefferson, Los Angeles	16.5	Estel Johnson	Edwards Stadium, Berkeley	May 26, 1951
Jefferson, Los Angeles	30.5	Estel Johnson	Los Angeles Coliseum	May 24, 1952
Manual Arts, Los Angeles	16.6	Charles Toney	Ratcliffe Stadium, Fresno	May 29, 1953
Alameda	19	Lewis Jolley	Edwards Stadium, Berkeley	May 29, 1954
Centennial, Compton	29	Bill Gill	Los Angeles Coliseum	May 28, 1955
Jefferson, Los Angeles	24.67	Estel Johnson	Chico State College	June 2, 1956
Berkeley	23	Rich Hacker	Edwards Stadium, Berkeley	June 1, 1957
Compton (tie)	11	Ernest Hartman	Veterans Stadium, Long Beach	May 31, 1958
Manual Arts, Los Angeles (tie)	11	Charles Toney	Veterans Stadium, Long Beach	May 31, 1958
Poly, Long Beach	14	Leon Forman	Memorial Stadium, Bakersfield	May 29, 1959
Jordan, Los Angeles	15	Jesse Flores	Stanford Stadium, Palo Alto	June 4, 1960
Centennial, Compton	11	Bill Gill	East Los Angeles College	June 3, 1961
Jefferson, Los Angeles	14	John Childress	Modesto Junior College	June 2, 1962
Edison, Fresno	15	Frank Fletcher	Edwards Stadium, Berkeley	May 31-June 1, 1963
Jefferson, Los Angeles (tie)	13	Andy Bakjian	Los Angeles Coliseum	June 5-6, 1964
Poly, Long Beach (tie)	13	Leon Forman	Los Angeles Coliseum	June 5-6, 1964
Poly, Long Beach	19	Leon Forman	Memorial Stadium, Bakersfield	June 4-5, 1965
Dorsey, Los Angeles	22	Rod Richard	Edwards Stadium, Berkeley	June 3-4, 1966
Muir, Pasadena	26	Walter Opp	Balboa Stadium, San Diego	June 2-3, 1967
Centennial, Compton	26	Bill Gill	Edwards Stadium, Berkeley	June 1-2, 1968

CIF State Track and Field Team Champions

BOYS TEAM CHAMPIONS

<i>School</i>	<i>Points</i>	<i>Coach</i>	<i>Location</i>	<i>Dates</i>
Los Angeles	22	E. Bravo	UCLA Track Stadium, Westwood	June 6-7, 1969
Los Altos	29	Leo Long	Edwards Stadium, Berkeley	June 5-6, 1970
Lompoc	13	Frank Hiatt	UCLA Track Stadium, Westwood	June 4-5, 1971
Sacramento	**18	Scotty Bingham	Mitchell Field, Oroville	June 1-2, 1972
Wilson, San Francisco	20	Adam Banks	Woodland High School	June 1-2, 1973
Muir, Pasadena	**23	Walter Opp	Memorial Stadium, Bakersfield	June 1-2, 1974
Harry Elis, Richmond	22	Silvester Greenwood	Balboa Stadium, San Diego	June 6-7, 1975
Hamilton, Los Angeles (tie)	12	Gene Broadwater	Edwards Stadium, Berkeley	June 4-5, 1976
San Fernando, Los Angeles (tie)	12	John Wachtler	Edwards Stadium, Berkeley	June 4-5, 1976
Pasadena	26	Bob Pruitt	Drake Stadium, Westwood	June 3-4, 1977
El Camino, Oceanside	16	Nill Kovacevich	Memorial Stadium, Bakersfield	June 2-3, 1978
Pasadena	16	Art Large	Hughes Stadium, Sacramento	June 1-2, 1979
Berkeley	41	Willie White	Edwards Stadium, Berkeley	June 6-7, 1980
Berkeley	58	Willie White	Cerritos College, Norwalk	June 5-6, 1981
Crenshaw, Los Angeles (tie)	20	Bob Volles	Hughes Stadium, Sacramento	June 4-5, 1982
Mission Viejo (tie)	20	Gene Gurule	Hughes Stadium, Sacramento	June 4-5, 1982
Hawthorne	**40	Kye Courtney	Memorial Stadium, Bakersfield	June 4, 1983
Hawthorne	52	Kye Courtney	Los Angeles Coliseum	June 2, 1984
Hawthorne	29	Kye Courtney	Hughes Stadium, Sacramento	May 31, 1985
Taft, Woodland Hills	26	Tom Stevenson	Cerritos College, Norwalk	June 6, 1986
Hawthorne	34	Kye Courtney	Hughes Stadium, Sacramento	June 5, 1987
Hawthorne	34	Kye Courtney	Cerritos College, Norwalk	June 3, 1988
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	June 2-3, 1989
Muir, Pasadena	24	Clyde Turner	Cerritos College, Norwalk	June 1-2, 1990
Compton	30	Alonzo Simmons	Cerritos College, Norwalk	May 31-June 1, 1991
Bakersfield	25	Art Dalzell	Cerritos College, Norwalk	June 5-6, 1992
Merced (tie)	36	Greg McKinstry	Cerritos College, Norwalk	June 19, 1993***
North Salinas (tie)	36	Ed Barber	Cerritos College, Norwalk	June 19, 1993***
Muir, Pasadena	36	Clyde Turner	Cerritos College, Norwalk	June 3-4, 1994
Muir, Pasadena	38	Clyde Turner	Cerritos College, Norwalk	June 2-3, 1995
Muir, Pasadena	57	Clyde Turner	Cerritos College, Norwalk	May 31-June 1, 1996
Poly, Long Beach	39	Don Norford	Hughes Stadium, Sacramento	June 6-7, 1997
Poly, Long Beach	42	Don Norford	Cerritos College, Norwalk	June 5-6, 1998
Vallejo	35	Mike Wilson	Hughes Stadium, Sacramento	June 4-5, 1999
Serra, Gardena	38	Richard Gatlin	Cerritos College, Norwalk	June 2-3, 2000
Arroyo Grande	28	James Brown	Hughes Stadium, Sacramento	June 1-2, 2001
Bakersfield	32	Bobby Gridiron	Cerritos College, Norwalk	May 31-June 1, 2002
Helix, La Mesa	23.5	Ray Mounts	Cerritos College, Norwalk	June 6-7, 2003
James Logan, Union City	46	Lee Webb	Hughes Stadium, Sacramento	June 4-5, 2004
Dorsey, Los Angeles	38.5	Ralph Tilley	Hughes Stadium, Sacramento	June 3-4, 2005
Poly, Long Beach	42	Don Norford	Cerritos College, Norwalk	June 2-3, 2006
Poly, Long Beach	46	Don Norford	Hughes Stadium, Sacramento	June 1-2, 2007
Dominguez, Compton	36	Darryl Smith	Cerritos College, Norwalk	May 30-31, 2008
Frontier, La Sierra, Cathedral, Clovis East 20 (Tied for 1st)			VM Stadium, Clovis	June 5-6, 2009
Jesuit, Sacramento	36	Tom McGuire	VM Stadium, Clovis	June 5-4, 2010
Poly, Long Beach	35	Don Norford	VM Stadium, Clovis	June 3-4, 2011
Notre Dame, Sherman Oaks	36	Joe McNab	VM Stadium, Clovis	June 1-2, 2012
Serra, Gardena	47	Lori Smith-Thompson	VM Stadium, Clovis	May 31-June 1, 2013

* No meets held during the World War II period (1942-45).

** Reported figures for finals.

*** Meet rescheduled due to rain.

Scoring system was 5-3-2-1 from 1915 to 1928; 5-3-2-1.5 from 1929 to 1965; 6-4-3-2-1 from 1966-1979; and 10-8-6-5-4-3 since 1980-2009; 10-8-6-5-4-3-2-1 since 2010.



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CIF State Track and Field Team Champions

GIRLS TEAM CHAMPIONS

School	Points	Coach	Location	Dates
Berkeley	13	Willie White	Memorial Stadium, Bakersfield	May 31-June 1, 1974
Washington, Los Angeles	22	Arnice Reddick	Balboa Stadium, San Diego	June 6-7, 1975
Berkeley	20	Willie White	Edwards Stadium, Berkeley	June 4-5, 1976
Locke, Los Angeles	14	Cherie Muller-Williams	Drake Stadium, Westwood	June 3-4, 1977
Hill, San Jose	16	John Johnigan	Memorial Stadium, Bakersfield	June 2-3, 1978
Westchester	24	Pat Nordell	Hughes Stadium, Sacramento	June 1-2, 1979
Kennedy, Granada Hills	48	Dixie Griffen	Edwards Stadium, Berkeley	June 6-7, 1980
Berkeley	64	Willie White	Cerritos College, Norwalk	June 5-6, 1981
Berkeley	48	Willie White	Hughes Stadium, Sacramento	June 4-5, 1982
Berkeley	29	Willie White	Memorial Stadium, Bakersfield	June 4, 1983
Woodside	38	Susie Wilson	Los Angeles Coliseum	June 2, 1984
Muir, Pasadena	55	Jim Brownfield	Hughes Stadium, Sacramento	May 31, 1985
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	June 6, 1986
Pomona	30	Isaiah Sanders	Hughes Stadium, Sacramento	June 5, 1987
Bakersfield (tie)	28	Scott Semar	Cerritos College, Norwalk	June 3, 1988
Rio Mesa (tie)	28	Brian Fitzgerald/Rick Torres	Cerritos College, Norwalk	June 3, 1988
Muir, Pasadena	36	Jim Brownfield	Cerritos College, Norwalk	June 2-3, 1989
Bakersfield	61	Scott Semar	Cerritos College, Norwalk	June 1-2, 1990
Morningside	28	Ron Tatum	Cerritos College, Norwalk	May 31-June 1, 1991
Poly, Long Beach	39	Don Norford	Cerritos College, Norwalk	June 5-6, 1992
Poly, Long Beach	56	Don Norford	Cerritos College, Norwalk	June 19, 1993***
Skyline, Oakland	36	Darrell Hampton	Cerritos College, Norwalk	June 3-4, 1994
Poly, Long Beach	52	Don Norford	Cerritos College, Norwalk	June 2-3, 1995
Wilson, Long Beach	43	Terry Kennedy	Cerritos College, Norwalk	May 31-June 1, 1996
Poly, Long Beach	49	Don Norford	Hughes Stadium, Sacramento	June 6-7, 1997
Poly, Long Beach (tie)	42	Don Norford	Cerritos College, Norwalk	June 5-6, 1998
Wilson, Long Beach (tie)	42	Terry Kennedy	Cerritos College, Norwalk	June 5-6, 1998
J.W. North, Riverside	42	Charles Leathers	Hughes Stadium, Sacramento	June 4-5, 1999
J.W. North, Riverside	45	Charles Leathers	Cerritos College, Norwalk	June 2-3, 2000
Poly, Long Beach	59	Don Norford	Hughes Stadium, Sacramento	June 1-2, 2001
J.W. North, Riverside	57	Charles Leathers	Cerritos College, Norwalk	May 31-June 1, 2002
Poly, Long Beach	62	Don Norford	Cerritos College, Norwalk	June 6-7, 2003
Poly, Long Beach	80	Don Norford	Hughes Stadium, Sacramento	June 4-5, 2004
Merrill West, Tracy	48	John Harvey	Hughes Stadium, Sacramento	June 3-4, 2005
James Logan, Union City (tie)	37	Lee Webb	Cerritos College, Norwalk	June 2-3, 2006
Wilson, Long Beach (tie)	37	Terry Kennedy	Cerritos College, Norwalk	June 2-3, 2006
Mt. Pleasant, San Jose	44	Steve Nelson	Hughes Stadium, Sacramento	June 1-2, 2007
Poly, Long Beach	39	Don Norford	Cerritos College, Norwalk	May 30-31, 2008
Poly, Long Beach	45	Don Norford	VM Stadium, Clovis	June 5-6, 2009
Poly, Long Beach	51.33	Don Norford	VM Stadium, Clovis	June 4-5, 2010
Poly, Long Beach	72	Don Norford	VM Stadium, Clovis	June 3-4, 2011
Serra, Gardena	60	Lori Smith-Thompson	VM Stadium, Clovis	June 1-2, 2012
Poly, Long Beach	49	Don Norford	VM Stadium, Clovis	May 31-June 1, 2013

*** Meet rescheduled due to rain.

Scoring system used was 5-3-1 in 1974; 5-4-3-2-1 from 1976 to 1979; and 10-8-6-4-2-1 since 1980-2009; 10-8-6-5-4-3-2-1 since 2010

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CIF State Track and Field Individual Champions

BOYS CHAMPIONS 100-Meter Dash (Boys)

1915	Roy Brown (Sacramento).....	10.2
1916	Charley Paddock (Pasadena).....	10.4
1917	Jack Melville (Berkeley).....	10.0
1918	Charley Paddock (Pasadena).....	10.2
1919	Al Wright (Lincoln, Los Angeles).....	10.4
1920	Eddie Sutton (Lick-Wilmerding, SF).....	10.0
1921	Vernon Blenkiron (Compton).....	10.2
1922	Herschel Smith (San Fernando).....	10.4
1923	Eddie Pollock (Pasadena).....	10.0
1924	Vic Klein (Hollywood).....	10.1
1925	Vernon Hanford (Manual Arts, Los Angeles) ...	10.1
1926	Dick Werner (Brawley).....	9.8
1927	Frank Wycoff (Glendale).....	9.8
1928	Frank Lombardi (Los Angeles).....	9.6
1929	Jim Wilson (San Diego).....	9.8
1930	Al Koenig (Huntington Beach).....	10.1
1931	Foy Draper (Huntington Park).....	9.9
1932	Milton Holt (Hoover, Glendale).....	9.8
1933	Dave Seigel (Poly, Los Angeles).....	10.0
1934	Mack Robinson (Muir, Pasadena).....	10.0
1935	Bob Frick (San Ramon).....	9.6
1936	Mickey Anderson (Muir, Pasadena).....	9.7
1937	Bryant Allen (Jefferson).....	9.8
1938	Bill Van Leuven (Wilson, Long Beach).....	9.8
1939	Jack Trout (Bakersfield).....	9.9
1940	Eddie Morris (Huntington Beach).....	9.7
1941	Al Jackson (Edison, Fresno).....	9.8
1942-45	(No meet held)	
1946	Art Williams (Riverside).....	10.0
1947	John Bradley (Hoover, Glendale).....	9.9
1948	Bill Fell (Compton).....	9.7
1949	Erbie Schopper (Lincoln, Los Angeles).....	9.9
1950	Gary Green (Jefferson, Los Angeles).....	9.9
1951	Bob Cunning (Hoover, Glendale).....	9.7
1952	Herb Turner (Alameda).....	9.9
1953	Leamon King (Delano).....	9.6
1954	James Jackson (Alameda).....	9.6
1955	Ken Dennis (Centennial, Compton).....	10.0
1956	Willie White (Jefferson, Los Angeles).....	9.5
1957	Preston Griffin (Centennial, Compton).....	9.6
1958	Hubie Watson (Jordan, Los Angeles).....	9.6
1959	Hubie Watson (Jordan, Los Angeles).....	9.8
1960	Bill Cowings (Fowler).....	9.7
1961	Forrest Beaty (Hoover, Glendale).....	9.5
1962	Forrest Beaty (Hoover, Glendale).....	9.5
1963	Alvin Mann (Edison, Fresno).....	9.6
1964	Jim Hines (McClymonds, Oakland).....	9.7
1965	Harold Busby (Muir, Pasadena).....	9.5
1966	Phil Underwood (Dorsey, Los Angeles).....	9.6
1967	Mel Gray (Montgomery, Santa Rosa).....	9.4
1968	Bob Ballard (Bellflower).....	9.6
1969	Willie Robinson (Central, El Centro).....	9.6
1970	Allen Carter (Bonita, La Verne).....	9.8
1971	George Reddick (Hamilton, Los Angeles).....	9.6
1972	Carl McCullough (Sacramento).....	9.5
1973	Elijah Jefferson (Crawford, San Diego).....	9.6w
1974	Elijah Jefferson (Crawford, San Diego).....	9.8
1975	Kevin Williams (San Fernando).....	9.4
1976	Billy Mullins (Hamilton, Los Angeles).....	10.0
1977	David Russell (Patrick Henry, San Diego).....	9.91
1978	Michael Sanford (Pasadena).....	9.85
1979	Bill Green (Cubberly, Palo Alto).....	9.59
1980	Howard Hawkins (Warren, Downey).....	10.55
1981	Ken Robinson (Berkeley).....	10.60
1982	Lew Dunn (J.W. North, Riverside).....	10.53
1983	Steve Jones (Burbank, Sacramento).....	10.64
1984	Henry Thomas (Hawthorne).....	10.44
1985	Ron McCree (Madera).....	10.49w
1986	Ron McCree (Madera).....	10.57
1987	Quincy Watts (Taft, Woodland Hills).....	10.49
1988	Darren Stringer (Vacaville).....	10.78
1989	Curtis Conway (Hawthorne).....	10.42
1990	Napolean Kaufman (Lompoc).....	10.57
1991	Ricky Carrigan (Compton).....	10.33w
1992	Riley Washington (Southwest, San Diego)....	10.30
1993	Bryan Howard (Canyon Springs, Moreno Valley).....	10.43
1994	Pat Johnson (Redlands).....	10.43
1995	Marques Holiwell (West Bakersfield).....	10.43w
1996	Jim McGee (Sacramento).....	10.52
1997	Justin Fargas (Notre Dame, Sherman Oaks)....	10.52w
1998	Darrell Rideaux (Poly, Long Beach).....	10.43
1999	Kareem Kelly (Poly, Long Beach).....	10.47
2000	Warren Rogers (Serra, Gardena).....	10.42
2001	Phillip Francis (Fairfax, Los Angeles).....	10.53
2002	Matt Bruno (Trabuco Hills, Mission Viejo).....	10.55

2003	Chris Henry (Edison, Stockton).....	10.56
2004	Kenny O'Neal (Skyline, Oakland).....	10.34
2005	Jamere Holland (Taft, Woodland Hills).....	10.54
2006	Rodney Glass (Notre Dame, Sherman Oaks).....	10.52
2007	Jahvid Best (Salesian, Oakland).....	10.31
2008	Randall Carroll (Cathedral, Los Angeles).....	10.42
2009	Randall Carroll (Cathedral, Los Angeles).....	10.38
2010	Remontay McClain (Covina).....	10.45
2011	Remontay McClain (Covina).....	10.39
2012	Khalfani Muhammad (Notre Dame, Sherman Oaks)...	10.52w
2013	Khalfani Muhammad (Notre Dame, Sherman Oaks).....	10.33

200-Meter Dash (Boys)

1915	Les Wark (Poly, Long Beach).....	22.0
1916	Charley Paddock (Pasadena).....	22.4
1917	Charley Paddock (Pasadena).....	22.4
1918	Charley Paddock (Pasadena).....	22.4
1919	Bob Allen (Redlands).....	23.8
1920	Eddie Sudden (Lick-Wilmerding, San Francisco).....	21.8
1921	Bob Allen (Redlands).....	22.6
1922	Walter Wickersham (Bakersfield).....	24.2
1923	Bob Lee (Franklin).....	22.2
1924	Archie Woodyard (Jefferson, Los Angeles).....	22.5
1925	Walter Floyd (Lincoln, Los Angeles).....	22.6
1926	Elam Kirk (El Monte).....	22.1
1927	Frank Wycoff (Glendale).....	21.0
1928	Frank Lombardi (Los Angeles).....	21.4
1929	Jim Wilson (San Diego).....	21.4
1930	Ashley Burch (Jordan, Los Angeles).....	21.8
1931	Ashley Burch (Jordan, Los Angeles).....	21.5
1932	George Anderson (Muir, Pasadena).....	21.8
1933	George Anderson (Muir, Pasadena).....	21.2
1934	Bainard Worrill (Muir, Pasadena).....	21.8
1935	Burt Pierce (Excelsior).....	21.2
1936	Burt Brady (Gridley).....	21.6
1937	Bryant Allen (Jefferson, Los Angeles).....	21.2
1938	Eddie Morris (Huntington Beach).....	21.6
1939	Eddie Morris (Huntington Beach).....	21.4
1940	Eddie Morris (Huntington Beach).....	21.3
1941	Glen Willis (San Diego).....	21.7
1942-45	(No meet held)	
1946	Ray Gregg (El Monte).....	21.9
1947	John Bradley (Hoover, Glendale).....	21.5
1948	John Bradley (Hoover, Glendale).....	21.5
1949	Erbie Schopper (Lincoln, Los Angeles).....	21.6
1950	Guy Blackburn (Jefferson, Los Angeles).....	21.3
1951	Leamon King (Delano).....	21.4
1952	Herb Turner (Alameda).....	21.6
1953	Leamon King (Delano).....	21.4
1954	James Jackson (Alameda).....	21.2
1955	Bob Poynter (Pasadena).....	21.6
1956	Bob Poynter (Pasadena).....	21.0
1957	Preston Griffin (Centennial, Compton).....	21.3
1958	Mel Clipper (Muir, Pasadena).....	20.7
1959	Hubie Watson (Jordan, Los Angeles).....	21.6
1960	Bill Cowings (Fowler).....	21.0
1961	Forrest Beaty (Hoover, Glendale).....	21.5
1962	Richard Stebbins (Fremont, Los Angeles).....	20.9
1963	John House (Muir, Pasadena).....	21.3
1964	Jim Hines (McClymonds, Oakland).....	21.5
1965	Harold Busby (Muir, Pasadena).....	21.0
1966	Phil Underwood (Dorsey, Los Angeles).....	21.2
1967*	Mel Gray (Montgomery, Santa Rosa).....	20.7
1968	Willie Deckard (Dorsey, Los Angeles).....	21.7
1969	Willie Robinson (Central, El Centro).....	21.7
1970	Jackie White (Santa Ana).....	21.5
1971	Chuck Bommarito (Crestmoor, San Bruno).....	21.2w
1972	Mike Shavers (Albany).....	21.0
1973	Clancy Edwards (Santa Ana).....	21.2w
1974	Millard Hampton (Silver Creek, San Jose).....	21.1
1975	Billy Mullins (Hamilton, Los Angeles).....	21.2
1976	Billy Mullins (Hamilton, Los Angeles).....	21.6
1977	David Russell (Patrick Henry, San Diego)....	20.97w
1978	Michael Sanford (Pasadena).....	21.42
1979	Michael Sanford (Pasadena).....	21.00
1980	Ken Robinson (Berkeley).....	21.21
1981	Kevin Wilhite (Cordova, Rancho Cordova).....	20.81
1982	Antonio Manning (Hamilton, Los Angeles) ...	21.05w
1983	Henry Thomas (Hawthorne).....	21.02
1984	Henry Thomas (Hawthorne).....	20.77
1985	Michael Marsh (Hawthorne).....	20.83w
1986	Quincy Watts (Taft, Woodland Hills).....	21.03
1987	Quincy Watts (Taft, Woodland Hills).....	20.99
1988	Bryan Bridgewater (Washington, Los Angeles)....	21.00
1989	Barry Smith (Mission, San Francisco).....	20.82
1990	Napolean Kaufman (Lompoc).....	21.15
1991	Ricky Carrigan (Compton).....	20.84w

1992	Gentry Bradley (Pius X, Downey).....	20.97w
1993	Calvin Harrison (North Salinas, Salinas).....	21.12
1994	Pat Johnson (Redlands).....	21.01
1995	Bryan Harrison (Dana Hills, Dana Point).....	20.82w
1996	Obea Moore (Muir, Pasadena).....	20.91
1997	Andrea Ammons (Skyline, Oakland).....	20.91w
1998	Kareem Kelly (Poly, Long Beach).....	20.76
1999	Kareem Kelly (Poly, Long Beach).....	20.76w
2000	Bennie Robinson (Poly, Long Beach).....	20.96
2001	Seth Amoo (Highland, Palmdale).....	21.05
2002	Matt Bruno (Trabuco Hills, Mission Viejo).....	20.82
2003	Lionel Larry (Dominguez, Compton).....	20.97
2004	Derrick Jones (Poly, Long Beach).....	21.10
2005	Jamere Holland (Taft, Woodland Hills).....	20.88w
2006	Bryshon Nellum (Poly, Long Beach).....	20.96
2007	Bryshon Nellum (Poly, Long Beach).....	20.43
2008	Randall Carroll (Cathedral, Los Angeles).....	20.91
2009	Randall Carroll (Cathedral, Los Angeles).....	21.08
2010	Remontay McClain (Covina).....	20.85
2011	Remontay McClain (Covina).....	20.95
2012	Khalfani Muhammad (Notre Dame, Sherman Oaks)....	21.15w
2013	Khalfani Muhammad (Notre Dame, Sherman Oaks)....	20.86

*(since 1967, the 220 yards and then 200 Meters were run exclusively around one turn.)

400-Meter Dash (Boys)

1915	George Conn (Pasadena).....	50.0
1916	Mark Kellog (Fresno).....	51.4
1917	Dick Seltzer (Redlands).....	53.0
1918	George Schiller (Poly, Los Angeles).....	49.6
1919	Jeff Wilcox (Harvard).....	54.2
1920	Thurmond Clarke (Los Angeles).....	50.2
1921	Ed Shaw (Monrovia).....	52.2
1922	Ed Shaw (Monrovia).....	54.4
1923	Vernon Hanford (Manual Arts, Los Angeles) ...	52.6
1924	Wilburn Talbot (Analy, Sebastopol).....	51.6
1925	Walter Hanson (Concord, Mt. Diablo).....	51.0
1926	Cliff Gantt (Poly, Los Angeles).....	50.0
1927	Percy McArthur (Huntington Park).....	51.0
1928	Carl Childreth (Poly, Long Beach).....	50.2
1929	Irvine Warburton (San Diego).....	49.6
1930	Carl Satterfield (Manual Arts, Los Angeles).....	50.3
1931	John McCarthy (Fairfax).....	48.7
1932	John Rott (Jefferson, Los Angeles).....	50.1
1933	Murel Gillett (Central, El Centro).....	48.4
1934	Doug Hampton (Hollywood).....	50.3
1935	Howard Union (Turlock).....	48.9
1936	George Gray (Wilson, Long Beach).....	49.9
1937	Wilbur Miller (Jefferson, Los Angeles).....	49.7
1938	Bob Hogan (Piedmont).....	50.4
1939	Ken Horn (Fowler).....	50.5
1940	Duane Lewis (Compton).....	48.8
1941	O.B. Hughes (Whittier).....	49.9
1942-45	(No meet held)	
1946	Norm Stocks (San Diego).....	49.3
1947	Luther Butler (Jefferson, Los Angeles).....	49.4
1948	Fred Thompson (Jordan, Los Angeles).....	49.2
	Luther Butler (Jefferson, Los Angeles).....	49.2
1949	George Adrian (Hollywood).....	49.3
1950	Sherman Miller (Napa).....	48.8
1951	Jack North (Jordan, Long Beach).....	49.7
1952	Lanny Carter (Orange).....	48.8
1953	X.L. Emerson (Richmond).....	49.2
1954	Bruce Kitchen (Riverside).....	48.7
1955	Jerry White (Corcoran).....	48.7
1956	Jerry White (Corcoran).....	46.7
1957	Fred DeWitt (Berkeley).....	47.9
1958	Dixon Farmer (Miramonte, Orinda).....	48.6
1959	Dixon Farmer (Miramonte, Orinda).....	48.6
1960	Ulis Williams (Compton).....	47.2
1961	Ulis Williams (Compton).....	47.8
1962	Manual Diaz (Keppel, Alhambra).....	48.1
1963	Tommie Smith (Lemoore).....	47.3
1964	Fred Banks (Jefferson, Los Angeles).....	47.5
1965	Randy Julian (Bolsa Grande, Garden Grove)....	47.4
1966	Wayne Collett (Gardena).....	47.8
1967	Mike Newton (Whittier).....	47.2
1968	Edesal Garrison (Centennial, Compton).....	46.7
1969	Larance Jones (Lemoore).....	46.6
1970	Rick Brown (Los Altos).....	47.8
1971	Tony Krzyzosiak (Garden Grove).....	46.7
1972	Robert Harrell (Santa Ana).....	47.4
1973	Ron Whitaker (Wilson, San Francisco).....	47.0
1974	Rod Connors (Cordova, Rancho Cordova).....	47.7
1975	John Ware (Sacramento).....	47.2
1976	Darold Harris (Pittsburg).....	47.6
1977	James Sanford (Pasadena).....	46.60

CIF State Track and Field Individual Champions

1992	Angel Martinez (San Gabriel).....	8:56.34
1993	Matt Farley (Jesuit, Carmichael).....	9:04.39
1994	Mebrahton Keflezighi (San Diego).....	8:58.11
1995	Jason Balkman (Lynbrook, San Jose).....	9:05.31
1996	Aaron Gillen (Yreka).....	9:03.96
1997	Isaiah Festa (Morro Bay).....	9:06.06
1998	Gary Passanisi (Aptos).....	9:05.74
1999	Josh Spiker (Ventura).....	9:02.00
2000	Ryan Hall (Big Bear, Big Bear Lake).....	8:55.12
2001	Yong-Sung Leal (Arroyo, San Lorenzo).....	9:00.49
2002	Kyle Alcorn (Buchanan, Clovis).....	9:00.46
2003	Tim Nelson (Liberty Christian, Redding).....	8:53.59
2004	Yosef Ghebray (James Logan, Union City).....	9:04.20
2005	Michael Cybulski (Royal, Simi Valley).....	9:02.57
2006	Michael Cybulski (Royal, Simi Valley).....	8:53.77
2007	Eric Avila (Bonita Vista, Chula Vista).....	9:01.77
2008	German Fernandez (Riverbank).....	8:34.23
2009	Chris Schwartz (Foothill).....	8:51.60
2010	Sam Pons (South Pasadena).....	8:55.40
2011	Elias Gedyon (Loyola, Los Angeles).....	8:50.03
2012	Darren Fahy (La Costa Canyon, Carlsbad).....	9:03.29
2013	Blake Haney (Stockdale, Bakersfield).....	9:01.65



German Fernandez from Riverbank shattered the previous national record in the 3200 meters by nearly eight seconds with a time of 8:34.23 at the 2008 State meet. This performance followed his near-national record showing earlier in the day in the 1600.

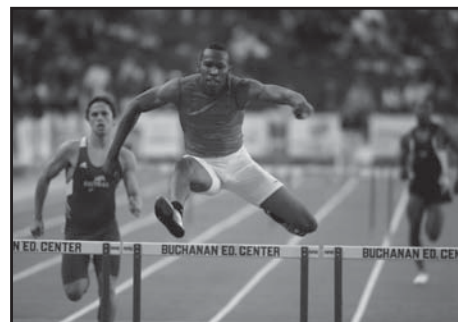
110-Meter High Hurdles (Boys)

1915	Earl Thomson (Poly, Long Beach).....	15.2
1916	Harry Lamport (Manual Arts, Los Angeles).....	16.4
1917	Earl Johnston (Fullerton).....	16.2
1918	Larry Rice (Fresno).....	16.0
1919	Charley Daggs (Claremont).....	16.6
1920	Otto Anderson (Pomona).....	15.8
1921	Jack Houston (Lincoln, Los Angeles).....	16.0
1922	Richard Bleet (Manual Arts, Los Angeles).....	16.6
1923	Ross Nichols (Huntington Beach).....	15.4
1924	Ross Nichols (Huntington Beach).....	15.3
1925	Les Eade (Hollywood).....	15.4
1926	Jim Meeks (Hollywood).....	15.1
1927	Jeddy Welsh (Pasadena).....	14.8
1928	Joe Bills (Poly, Long Beach).....	15.6
1929	Bernie Miller (Hollywood).....	15.4
1930	Bill DuPuy (Inglewood).....	15.4
1931	Art Fisher (Redlands).....	15.5
1932	Jack Ward (Selma).....	15.0
1933	Roy Staley (Santa Monica).....	15.2
1934	Roy Kirpatrick (Central, El Cerrito).....	14.7
1935	Johnny Lindell (Monrovia).....	15.0
1936	Doug Busby (Sacramento).....	15.7
1937	Ray Seares (Wilson, Long Beach).....	15.5
1938	John Biewener (San Diego).....	15.3
1939	Don Diez (Lincoln, Los Angeles).....	14.9
	Sam Johnson (Fillmore).....	14.9

1940	Keith Hale (Bakersfield).....	14.7
	Don Reiss (Burlingame).....	14.7
1941	Omar Cowles (Palo Alto).....	14.3
1942-45	(No meet held)	
1946	Bob Bacon (Redondo).....	14.5
1947	Hugh McElhenny (Washington, Los Angeles).....	14.5
1948	Bob Mathias (Tulare).....	14.5
1949	Jack Davis (Hoover, Glendale).....	14.4
1950	Steve Turner (Glendale).....	14.1
1951	Don Brinker (Fresno).....	14.5
1952	Ancel Robinson (Selma).....	14.7
1953	Harry Healey (Keppel).....	14.4
1954	Rafer Johnson (Kingsburg).....	14.3
1955	Ken Thompson (Centennial, Compton).....	14.1
1956	Dale Messer (Lemoore).....	14.2
1957	Ken Overholser (Glendale).....	14.3
1958	Floyd James (Centennial, Compton).....	14.1
1959	Bob Pierce (Burbank).....	14.3
1960	Robert Bonds (Poly, Riverside).....	13.9
1961	Abe Johnson (McClymonds, Oakland).....	14.2w
1962	Ron White (Dorsey, Los Angeles).....	14.0
1963	Carl Davis (Compton).....	13.9
1964	Earl McCullough (Poly, Long Beach).....	14.1
1965	Bill Persons (San Francisco).....	13.8
	Rich Miller (Monrovia).....	13.8
1966	Donald Parish (Dorsey, Los Angeles).....	13.9
1967	Jerry Proctor (Muir, Pasadena).....	13.7
1968	Kerry Hampton (Poly, San Francisco).....	14.0
1969	Jerry Wilson (Roosevelt, Fresno).....	13.7
1970	Alfonzo Hall (Morningside, Inglewood).....	13.9
1971	Charles Jackson (Lompoc).....	13.6w
1972	Daniel Jones (Palo Verde, Blythe).....	13.6
1973	Mike Johnson (Pasadena).....	13.6w
1974	Fred Shaw (Muir, Pasadena).....	13.7
1975	Robert Gains (Kennedy, Richmond).....	13.3
1976	Lloyd Jones (Ganesha, Pomona).....	14.5
1977	Phillip Johnson (Gardena).....	13.66
1978	Milan Stewart (West Covina).....	13.97
1979	Jim Scannella (San Ramon, Danville).....	13.87
1980	Don Ward (St. Mary's, Berkeley).....	13.73
1981	David Ashford (West Covina).....	13.67
1982	Steve Kerho (Mission Viejo).....	13.41
1983	Mark Boyd (St. Mary's, Berkeley).....	13.93
1984	Raymond Young (Hawthorne).....	14.32
1985	Robert Reading (St. Mary's, Berkeley).....	13.88
1986	Terry Johnson (Katella, Anaheim).....	13.88
1987	Dana Hall (Ganesha, Pomona).....	13.98
1988	Darrell Thompson (Cerritos).....	14.25
1989	William Henry (Arroyo Grande).....	14.05
1990	Curtis Hawkins (Carson).....	14.41
1991	Issac Carson (Jefferson, Los Angeles).....	13.67
1992	Charlie Davidson (Saddleback, Santa Ana).....	13.94w
1993	Drue Powell (Reseda).....	13.87
1994	Geremi Bureleigh (Upland).....	13.93w
1995	Joe Naivalu (Fremont, San Jose).....	14.33
1996	Joe Naivalu (Fremont, San Jose).....	13.68
1997	Dominique DeGrammont (Tustin).....	13.48
1998	Marcell Allmond (St. Paul, Santa Fe Springs).....	13.83
1999	Marcell Allmond (St. Paul, Santa Fe Springs).....	13.54
2000	Christopher Morgan (Taft, Woodland Hills).....	13.95
2001	Christopher Morgan (Taft, Woodland Hills).....	13.59w
2002	Thomas Mack (Bakersfield).....	14.34
2003	Kevin Craddock (James Logan, Union City).....	14.09
2004	Kevin Craddock (James Logan, Union City).....	13.39
2005	Robert Williams (Ramona).....	13.97
2006	Terry Prentice (Diamond Ranch, Pomona).....	14.11
2007	Terry Prentice (Diamond Ranch, Pomona).....	13.53
2008	Devron Walker (Dominguez, Compton).....	13.96
2009	Dale Morgan (Taft, Woodland Hills).....	13.76
2010	Johnathan Cabral (Agoura, Agoura Hills).....	13.54
2011	Johnathan Cabral (Agoura, Agoura Hills).....	13.79
2012	Lloyd Sicard (Serra, Gardena).....	14.09
2013	Marquis Morris (De La Salle, Concord).....	13.90

300-Meter Intermediate Hurdles (Boys)

1975	Dedy Cooper (Ells, Richmond).....	36.5
1976	Charles White (San Fernando).....	36.7
1977	Andre Phillips (Silver Creek, San Jose).....	36.43
1978	Gary Lee (Poly, Long Beach).....	36.58
1979	Gary Lee (Poly, Long Beach).....	36.22
1980	Don Ward (St. Mary's, Berkeley).....	36.57
1981	Walter Murray (Berkeley).....	36.26
1982	Steve Kerho (Mission Viejo).....	35.85
1983	Danny Harris (Perris).....	35.52
1984	George Porter (Cabrillo, Lompoc).....	36.10
1985	George Porter (Cabrillo, Lompoc).....	35.50
1986	Rodney Bradshaw (Saugus, Santa Clarita).....	37.30



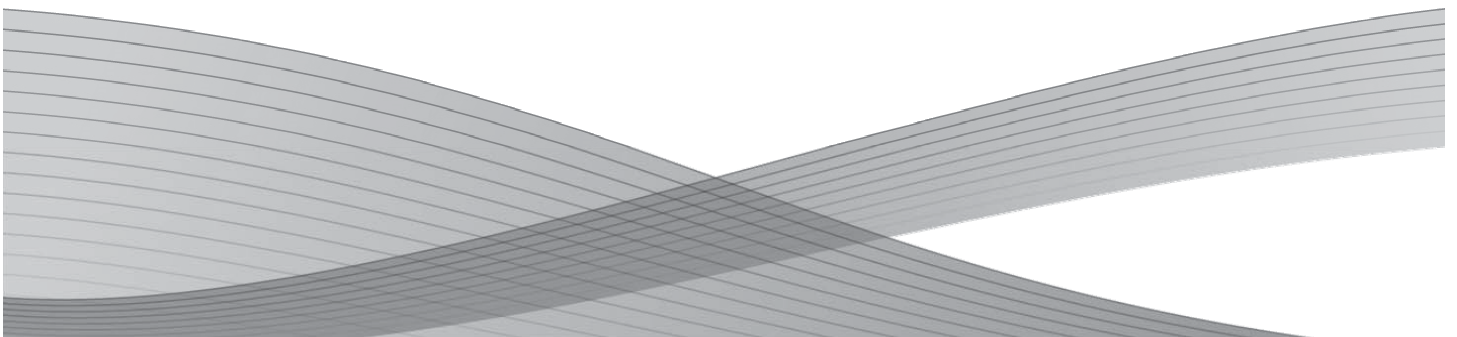
Reggie Wyatt's 35.02 in the 300-meter intermediate hurdles at the 2009 State meet bettered the national record set by Jeshua Anderson (35.28) at the 2007 State meet.

1987	Yki Vallery (Hawthorne).....	37.14
1988	John Montgomery (Independence, San Jose).....	36.43
1989	John Prudenti (Siena, Napa).....	37.28
1990	Rocky Morris (Andrew Hill, San Jose).....	37.46
1991	Keith Williams (Escondido).....	37.28
1992	Demond Smith (Hawthorne).....	37.34
1993	Kenny Haslip (Muir, Pasadena).....	37.80
1994	Kenny Haslip (Muir, Pasadena).....	37.14
1995	Mickey Grimes (Canyon Springs, Moreno Valley).....	36.83
1996	Makio Haywood (Muir, Pasadena).....	36.18
1997	Kenyon Rambo (Poly, Long Beach).....	36.57
1998	Al Williams (Irvine).....	37.17
1999	Rico Hatter (Vallejo).....	36.53
2000	Trevor Jones (Newport Harbor).....	36.60
2001	Jeffrey Hunter (Granite Hills, El Cajon).....	36.25
2002	Thomas Mack (Bakersfield).....	37.45
2003	Brandon Bornes (Rancho Buena Vista, Vista).....	38.00
2004	Kevin Craddock (James Logan, Union City).....	35.93
2005	David Klech (California, San Ramon).....	36.06
2006	David Klech (California, San Ramon).....	35.87
2007	Jeshua Anderson (Taft, Woodland Hills).....	35.28
2008	Brian Baucham (West Torrance).....	37.26
2009	Reggie Wyatt (La Sierra).....	36.71
2010	R.J. Frasier (Jesuit, Sacramento).....	36.90
2011	Johnathan Cabral (Agoura, Agoura Hills).....	36.20
2012	Jarrett Gonzales (Damien, La Verne).....	37.30
2013	Lloyd Sicard (Serra, Gardena).....	37.06

400-Meter Relay (Boys)

1968	Centennial (Compton).....	41.5
1969	Castlemont (Oakland).....	41.4
1970	Santa Ana.....	41.6
1971	El Cerrito.....	41.0
1972	Wilson (San Francisco).....	41.3
1973	Wilson (San Francisco).....	41.5
1974	Kennedy (Richmond).....	41.2
1975	Ells (Richmond).....	41.2
1976	Kennedy (Barstow).....	41.4
1977	Pasadena.....	41.61
1978	El Cerrito.....	41.55
1979	Pasadena.....	41.45
1980	Washington (Los Angeles).....	41.51
1981	Berkeley.....	40.86
1982	Oakland.....	41.09
1983	Edison (Fresno).....	40.83
1984	Berkeley.....	40.93
1985	Muir (Pasadena).....	41.32
1986	Hiram Johnson (Sacramento).....	41.30
1987	Muir (Pasadena).....	40.78
1988	Oakland.....	41.33
1989	Poly (Long Beach).....	41.82
1990	San Bernardino.....	41.05
1991	Compton.....	41.68
1992	Morningside (Inglewood).....	42.04
1993	Merced.....	41.42
1994	El Camino (Oceanside).....	41.16
1995	Skyline (Oakland).....	40.78
1996	Serra (Gardena).....	40.63
1997	Muir (Pasadena).....	40.35
1998	Poly (Long Beach).....	40.45
1999	Vallejo.....	40.94
2000	Serra (Gardena).....	40.97
2001	Helix (La Mesa).....	41.17
2002	Poly (Long Beach).....	40.63
2003	Carson (Los Angeles).....	41.53
2004	Skyline (Oakland).....	40.95
2005	Dorsey (Los Angeles).....	40.92

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CIF State Track and Field Individual Champions

2006	Notre Dame (Sherman Oaks)	41:27
2007	Poly (Long Beach)	40:81
2008	Poly (Long Beach)	41:26
2009	Serra (Gardena)	40:67
2010	Poly (Long Beach)	41:13
2011	Oaks Christian (Westlake Village)	41:19
2012	Notre Dame (Sherman Oaks)	41:13
2013	Serra (Gardena)	40:49

1600-Meter Relay (Boys)

1968	Centennial (Compton)	3:14.3
1969	Los Angeles	3:15.2
1970	Los Altos (Los Altos)	3:15.6
1971	Castlemont (Oakland)	3:13.2
1972	El Cerrito	3:17.6
1973	Cordova (Rancho Cordova)	3:17.4
1974	Muir (Pasadena)	3:13.8
1975	Ells (Richmond)	3:15.7
1976	Pasadena	3:18.2
1977	Pasadena	3:13.7
1978	Banning (Wilmington)	3:11.57
1979	Locke (Los Angeles)	3:14.04
1980	Centennial (Compton)	3:10.37
1981	Berkeley	3:08.94
1982	Compton	3:14.45
1983	Hawthorne	3:10.11
1984	Hawthorne	3:09.45
1985	Hawthorne	3:14.13
1986	Hawthorne	3:14.79
1987	Hawthorne	3:11.77
1988	Hawthorne	3:10.46
1989	Dorsey (Los Angeles)	3:12.21
1990	Muir (Pasadena)	3:14.00
1991	Morningside (Inglewood)	3:15.01
1992	Morningside (Inglewood)	3:15.37
1993	North Salinas (Salinas)	3:14.19
1994	Muir (Pasadena)	3:12.54
1995	Muir (Pasadena)	3:13.08
1996	Muir (Pasadena)	3:08.66
1997	Dominguez (Compton)	3:12.51
1998	Dominguez (Compton)	3:12.64
1999	Dorsey (Los Angeles)	3:13.01
2000	Serra (Gardena)	3:12.94
2001	Poly (Long Beach)	3:15.11
2002	Poly (Long Beach)	3:12.90
2003	Poly (Long Beach)	3:14.35
2004	Poly (Long Beach)	3:13.74
2005	Dorsey (Los Angeles)	3:12.12
2006	J.W. North (Riverside)	3:10.36
2007	Poly (Long Beach)	3:10.92
2008	Dominguez (Compton)	3:09.59
2009	Lutheran (Orange)	3:14.53
2010	Serra (Gardena)	3:08.42
2011	Poly (Long Beach)	3:12.44
2012	Rio Mesa (Oxnard)	3:16.21
2013	Serra (Gardena)	3:10.59

Discus Throw (Boys)

1915	Cifford Merritt (Santa Rosa)	113-00
1916	Wayne Weeks (Santa Rosa)	117-00
1917	Roy Evans (Chaffey)	122-11
1918	Johnny Boyle (Los Angeles)	114-02.75
1919	Johnny Boyle (Los Angeles)	120-06
1920	Clarence Houser (Oxnard)	123-08
1921	Clarence Houser (Oxnard)	135-00.50
1922	Clarence Houser (Oxnard)	144-03.20
1923	Eric Krenz (Stockton)	128-04.25
1924	Robert Patton (Poly, Riverside)	124-06.50
1925	Eddie Moeller (San Diego)	126-00.62
1926	Eddie Moeller (San Diego)	141-00
1927	Fred Steiner (Chaffey)	135-08
1928	Dudley Stephens (Woodland)	135-00.37
1929	Dudley Stephens (Woodland)	134-09
1930	Gordon Dunn (Fresno)	130-05.12
1931	George Theodoratus (Sacramento)	132-01.50
1932	Arlo Munch (Poly, Long Beach)	130-11.50
1949	John Henry Johnson (Pittsburg)	145-02
1950	Louie Irigara (Lemoore)	145-01.25
1951	Leon Patterson (Taft)	165-02
1954	Jack Egan (Balboa, San Francisco)	159-01.50
1955	Wayne Crow (Corcoran)	160-07
1956	Wayne Crow (Corcoran)	171-05.25
1957	Don Bell (Alameda)	172-03.75
1958	Bill Hook (Ukiah)	166-08
1959	Ron Sindow (San Rafael)	176-01
1960	Alex Darnes (Poly, San Francisco)	178-08
1961	Bob Stoecker (Los Altos)	188-06.50

1962	Bob Stoecker (Los Altos)	185-11.50
1963	Stan McDonald (Edison, Fresno)	178-01
1964	Bill Staley (Las Lomas, Walnut Creek)	181-02
1965	Bruce Naglee (Baltimore, San Jose)	172-03.50
1966	Jim Peters (Piedmont)	189-01
1967	Fred DeBernardi (Hart, Newhall)	178-02
1968	Rory Kenward (San Marcos, Santa Barbara)	183-11
1969	Chris Adams (Los Altos)	188-00
1970	Chris Adams (Los Altos)	201-03
1971	Bob Otto (Porterville)	184-09
1972	Scott Overton (Los Altos)	185-10
1973	Lennie Shelton (Foothill, Bakersfield)	195-05
1974	Ray Burton (Vacaville)	193-00
1975	Mike Alberg (Lodi)	171-11
1976	Scott Ender (Hoover, Fresno)	192-10
1977	David Thompson (Santa Ynez)	190-00
1978	David Porath (Atwater)	199-05
1979	Hank Kraychir (San Jacinto)	192-09
1980	Paul Bender (Shafter)	192-09
1981	Antonio Dobbins (Burrroughs, Ridgecrest)	180-10
1982	Antonio Dobbins (Burrroughs, Ridgecrest)	191-01
1983	Barry Estes (Clovis)	183-04
1984	Tambi Wenj (Fountain Valley)	185-11
1985	Brian Blutreich (Capistrano Valley, Mission Viejo)	203-04
1986	Jeff Hooper (Del Campo, Fair Oaks)	187-04
1987	Dave Bultman (Royal, Simi Valley)	193-06
1988	John Wirth (Leland, San Jose)	192-10
1989	Derrick Stevens (Bakersfield)	188-02
1990	Rob Powell (Redwood, Visalia)	203-04
1991	Jeff Buckley (Bakersfield)	182-05
1992	Jeff Buckley (Bakersfield)	186-10
1993	Chad Peare (Trabuco Hills, Mission Viejo)	182-02
1994	Jeremy Staat (Bakersfield)	183-08
1995	Chad Jones (Arroyo Grande)	183-09
1996	Scott Moser (Huntington Beach)	185-07
1997	Scott Moser (Huntington Beach)	203-02
1998	Reedus Thurman (Serra, Gardena)	202-01
1999	Dan Ames (El Capitan, Lakeside)	199-09
2000	Travis Pendleton (Esperanza, Anaheim)	203-05
2001	Sean Shields (Arroyo Grande)	189-01
2002	Jarred Morgan (La Quinta)	194-01
2003	Nik Kay (Los Gatos)	203-03
2004	Daniel Schaeer (The Bishop's School, La Jolla)	206-05
2005	Darius Savage (Morse, San Diego)	194-08
2006	Darius Savage (Morse, San Diego)	205-06
2007	Derek Johnson (Agoura, Agoura Hills)	203-06
2008	Dayshan Ragans (Foothill, Bakersfield)	202-06
2009	Matt Darr (Frontier, Bakersfield)	192-00
2010	Willy Irwin (Clovis East)	207-08
2011	Ethan Cochran (Newport Harbor, Newport)	185-09
2012	Ethan Cochran (Newport Harbor, Newport)	196-04
2013	Brenden Song (West Hills, Santee)	188-08

High Jump (Boys)

1915	Millard Webster (Santa Paula)	5-09.50
1916	Titus Moore (Pasadena)	5-08.50
1917	Lloyd Hill (Coalinga)	5-09.25
1918	Harold Muller (San Diego)	5-01.75
1919	Harold Muller (Oakland Technical)	5-06
1920	Oliver Corey (Chaffey)	6-00
1921	Al Fisher (Lincoln, Los Angeles)	6-00.37
1922	Ed Shaw (Monrovia)	5-10.75
1923	Henry Coggeshall (Poly, Los Angeles)	5-11
1924	Henry Coggeshall (Poly, Los Angeles)	6-01.25
1925	Al Bowen (Santa Monica)	6-01.50
1926	Olympus Carter (Jordan, Los Angeles)	5-11
1927	Bob Van Osdel (Compton)	5-11
1927	Lynford Scott (Eureka)	6-00.75
1928	Henry Lassalette (La Puente)	6-02.12
1928	Bob Van Osdel (Compton)	6-02.12
1929	Walter Marty (Fresno)	6-04.25
1930	Kermit Plowman (Sequoia)	6-00.50
1931	Paul Jacques (Santa Ana)	6-04.12
1932	Cornelius Johnson (Los Angeles)	6-03
1933	Cornelius Johnson (Los Angeles)	6-04.75
1934	Delos Thurber (Glendale)	6-05.87
1935	Les Steers (Palo Alto)	6-02
1936	Les Steers (Palo Alto)	6-00.75
1937	Les Steers (Palo Alto)	6-04
1938	Gil La Cava (Beverly Hills)	6-07.12
1939	Bill Stewart (Torrance)	6-04
1940	Jack Newman (Poly, Long Beach)	6-04.12
1941	Henry Caldwell (Edison, Fresno)	6-01
1942-45	(No meet held)	
1946	Wilfred Schlange (Citrus)	6-02
1947	Daryl Butts (Excelsior, Norwalk)	6-00

1948	Walter Kirk (Porterville)	6-00
1948	Dick Brombach (Poly, Long Beach)	6-03
	Ed Wood (Jefferson, Los Angeles)	6-03
1949	Norman Woods (Jefferson, Los Angeles)	6-03
1950	Ralph Bonham (Pomona)	6-02.50
1951	Vern Wilson (San Jose)	6-02
1952	Bernie Allard (Fresno)	6-05.50
1953	Bernie Nelson (Hoover, San Diego)	6-04
1954	Dick Daily (Hayward)	6-05.50
1955	Charlie Dumas (Centennial, Compton)	6-08.87
1956	Curtis Chappel (Jefferson, Los Angeles)	6-03.25
1957	Robert Avant (Hart, Newhall)	6-08
1958	Ray Nickleberry (Oxnard)	6-08
	Paul Stuber (Bellflower)	6-08
1959	Paul Stuber (Bellflower)	6-07.25
1960	Archie Green (Oakland)	6-06.25
	Roger Olsen (Willow Glen, San Jose)	6-06.25
1961	Richard Jones (Bakersfield)	6-08.25
1962	Richard Jones (Bakersfield)	6-07.50
	Otis Burrell (Jefferson, Los Angeles)	6-07.50
	Bob Channell (McLane, Fresno)	6-07.50
1963	Ed Caruthers (Santa Ana Valley, Santa Ana)	6-08
1964	Greg Heet (Lowell, Whittier)	6-07.75
1965	Ken Brown (Castlemont, Oakland)	6-08.50
1966	Tom Clyburn (Balboa, San Francisco)	6-10
1967	Reynaldo Brown (Compton)	6-09.25
1968	Reynaldo Brown (Compton)	7-00
1969	Reynaldo Brown (Compton)	7-00
1970	Jerry Culp (Oceanside)	7-00.25
1971	Dwight Staines (Glendale)	7-01.50
1972	Carl Miles (Poly, Long Beach)	6-10
1973	Randy Turner (Wilson, San Francisco)	6-06
1974	Charles Hatch (Wilson, San Francisco)	7-00
1975	Johnny Washington (Fremont, Los Angeles)	7-00
1976	John Lane (American, Fremont)	6-11
1977	Dennis Smith (Santa Monica)	7-02
1978	Brad Harris (Los Alamitos)	6-11
1979	Lee Balkin (Glendale)	7-03.25
1980	Greg Denby (Crenshaw, Los Angeles)	6-10
1981	Anthony Caire (Pius X, Downey)	7-01
1982	Maurice Crumby (Balboa, San Francisco)	7-00
1983	Maurice Crumby (Balboa, San Francisco)	7-02
1984	Kenny Burke (Westlake, Westlake Village)	7-00
1985	Mark Webster (Homestead, Cupertino)	6-09
1986	Derrick Moore (Millikan, Long Beach)	6-10
1987	Luis Juico (Piedmont Hills, San Jose)	7-01
1988	Reggie Bettor (Antelope Valley)	7-00
1989	Mark Wilson (Charter Oak, Covina)	7-00
1990	Kevin Carlson (Katella, Anaheim)	7-00
1991	Avery Anderson (J.W. North, Riverside)	7-02
1992	Griffin Childers (Woodland)	6-11
1993	Jeff Nadeau (Monroe, North Hills)	7-02
1994	Jeremy Fischer (Camarillo)	7-00
1995	Michael Wilkins (Red Bluff)	7-00
1996	Elliott Parks (El Toro, Lake Forest)	6-10
1997	Jason Howard (Ridgeview, Bakersfield)	7-01
1998	Darren Marble (Los Altos)	6-08
1999	Gabe Zarete (Parlier)	6-11
2000	Ebon Glenn (St. Mary's, Berkeley)	7-00
2001	Teak Wilburn (Chico)	6-10
2002	Cole Herron (Sanger)	6-11
2003	Cole Herron (Sanger)	6-10
2004	Ed Wright (St. Mary's, Berkeley)	6-10.25
2005	Fletcher Carlyle (Vintage, Napa)	6-09
2006	Casey Ryan (Argonaut, Jackson)	6-09
2007	Daniel Kirkpatrick (Trabuco Hills, Mission Viejo)	6-11
2008	Harrison Steed (J Serra, San Juan Capistrano)	7-01
2009	Nick Ross (Vista Murrieta, Murrieta)	7-01
2010	Tyler Jordan (Romona)	6-11
2011	Crampton Cody (Canyon, Anaheim)	6-11
2012	Noel Frazier (California, San Ramon)	6-10.25
2013	Eric Moore (Carter, Rialto)	6-11

Long Jump (Boys)

1915	Ernest Plavan (Santa Ana)	21-02.00
1916	Harry Lamport (Manual Arts, Los Angeles)	21-05.25
1917	Gene Davis (Poly, Los Angeles)	21-10.50
1918	Roy Hasselbach (Fresno)	21-10.50
1919	Harold Miller (Oakland Technical)	20-11.25
1920	Verden Nash (Chino)	21-00.50
1921	Verden Nash (Chino)	21-10.50
1922	Verden Nash (Huntington Beach)	21-05.25
1923	Mort Kaer (Red Bluff)	23-02.75
1924	Virgil Elliot (Huntington Beach)	22-03.50
1925	Fred Osborne (Fullerton)	21-08.50
1926	Walker Rehwald (Lincoln, Los Angeles)	21-08.50
1927	Frank Wycoff (Glendale)	22-05.00

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CIF State Track and Field Individual Champions

1995	Kristie Johnson (Central, Fresno)	2:08.86
1996	Lindsay Hyatt (Placer, Auburn)	2:11.24
1997	Lindsay Hyatt (Placer, Auburn)	2:09.16
1998	Lindsay Hyatt (Placer, Auburn)	2:07.90
1999	Lindsay Hyatt (Placer, Auburn)	2:06.74
2000	Liz Morse (Corona del Mar)	2:08.16
2001	Shannon Rowbury (Sacred Heart Cathedral, SF)	2:10.31
2002	Jamilah Titus (Vintage, Napa)	2:08.62
2003	Ashley Freeman (Wilson, Long Beach)	2:08.86
2004	Alysia Johnson (Canyon, Canyon Country)	2:08.97
2005	Libby Jenke (Menlo, Atherton)	2:10.39
2006	Haley Lawrence (Aliso Niguel, Aliso Viejo)	2:10.57
2007	Dominique Jackson (Fairfield)	2:06.09
2008	Anniya Louis (Culver City)	2:10.29
2009	Aly Drake (Valencia)	2:07.45
2010	Amy Weissenbach (Harvard Westlake, N.Hollywood)	2:07.52
2011	Amy Weissenbach (Harvard Westlake, N.Hollywood)	2:02.04
2012	Amy Weissenbach (Harvard Westlake, N.Hollywood)	2:05.70
2013	Mikaela Smith (Clovis North, Clovis)	2:08.39

1600-Meter Run (Girls)

1974	Jill Caldwell (Westminster)	5:02.2
1975	Kathy Costello (Pleasant Hill)	4:53.5
1976	Linda Broderick (Tamalpais, Mill Valley)	4:56.8
1977	Linda Goen (North, Bakersfield)	4:47.8
1978	Cheri Williams (Livermore)	4:44.95
1979	Linda Goen (North, Bakersfield)	4:51.09
1980	Polly Plumer (University, Irvine)	4:46.71
1981	Polly Plumer (University, Irvine)	4:42.43
1982	Polly Plumer (University, Irvine)	4:39.92
1983	Cory Schubert (Del Mar, San Jose)	4:44.93
1984	Shannon Clark (Mountain View)	4:47.52
1985	Shannon Clark (Mountain View)	4:49.14
1986	Darcy Arreola (Grossmont, La Mesa)	4:45.13
1987	Kira Jorgensen (Vista)	4:45.98
1988	Kira Jorgensen (Vista)	4:49.54
1989	Kira Jorgensen (Vista)	4:49.55
1990	Becky Spies (Livermore)	4:48.74
1991	Becky Spies (Livermore)	4:45.11
1992	Shelley Taylor (Edison, Huntington Beach)	4:48.52
1993	Milena Glusac (Fallbrook)	4:50.83
1994	Elissa Riedy (Mission San Jose, Fremont)	4:54.28
1995	Elissa Riedy (Mission San Jose, Fremont)	4:45.35
1996	Annie Ebinger (St. Lucy's Prep, Glendora)	4:48.72
1997	Julia Stamps (Santa Rosa)	4:44.78
1998	Sara Bei (Montgomery, Santa Rosa)	4:49.21
1999	Alejandra Barrientos (San Lorenzo)	4:45.02
2000	Jenny Aldridge (Maria Carillo, Santa Rosa)	4:49.63
2001	Alejandra Barrientos (San Lorenzo Valley)	4:43.24
2002	Shannon Rowbury (Sacred Heart Cathedral, SF)	4:52.77
2003	Alicia Follmar (Saratoga)	4:51.47
2004	Alicia Follmar (Saratoga)	4:46.47
2005	Annie St. Geme (Corona del Mar, Newport Beach)	4:50.40
2006	Christine Babcock (Woodbridge, Irvine)	4:41.29
2007	Christine Babcock (Woodbridge, Irvine)	4:38.85
2008	Christine Babcock (Woodbridge, Irvine)	4:33.82
2009	Sammy Silva (Academy OLP, San Diego)	4:47.67
2010	Chloe Curtis (Redondo)	4:46.63
2011	Cami Chapus (Harvard Westlake, N. Hollywood)	4:40.88
2012	Nikki Hiltz (Aptos)	4:42.45
2013	Anna Maxwell (San Lorenzo Valley, Felton)	4:47.33

3200-Meter Run (Girls)

1977	Roxanne Bier (Independence, San Jose)	10:39.7
1978	Cheri Williams (Livermore)	10:17.71
1979	Lisa Scaduto (Santa Monica)	10:34.94
1980	Vicki Cook (Alemany, Mission Hills)	10:14.78
1981	Vicki Cook (Alemany, Mission Hills)	10:12.31
1982	Vicki Cook (Alemany, Mission Hills)	10:16.27
1983	Cory Schubert (Del Mar, San Jose)	10:08.14
1984	Kristen O'Hara (Palos Verde)	10:11.82
1985	Rebecca Chamberlain (Leigh, San Jose)	10:23.85
1986	Laurie Chapman (Gunderson, San Jose)	10:12.86
1987	Mary Mendoza (Presentation, San Jose)	10:33.04
1988	Karen Hecox (South Hills, West Covina)	10:16.14
1989	Rayna Cervantes (Montebello)	10:32.95
1990	Deena Drossin (Agoura)	10:29.60
1991	Deena Drossin (Agoura)	10:30.71
1992	Milena Glusac (Fallbrook)	10:28.62
1993	Milena Glusac (Fallbrook)	10:42.68
1994	Julia Stamps (Rincon Valley Christian, Santa Rosa)	10:26.51
1995	Julia Stamps (Santa Rosa)	10:15.27
1996	Kim Mortenson (Thousand Oaks)	9:52.80
1997	Julia Stamps (Santa Rosa)	10:15.17
1998	Sara Bei (Montgomery, Santa Rosa)	10:31.06
1999	Lauren Fleshman (Canyon, Canyon Country)	10:18.81
2000	Anita Siraki (Hoover, Glendale)	10:18.50

2001	Sara Bei (Montgomery, Santa Rosa)	10:11.11
2002	Clara Horowitz, (Head Royce, Oakland)	10:31.01
2003	Claire Rethmeier (San Pasqual, Escondido)	10:27.32
2004	Lindsay Flacks (Harvard Westlake, N.Hollywood)	10:26.25
2005	Tori Tyler (Gunn, Palo Alto)	10:38.90
2006	Jordan Hasay (Mission Prep, San Luis Obispo)	10:13.55
2007	Jordan Hasay (Mission Prep, San Luis Obispo)	10:06.76
2008	Jordan Hasay (Mission Prep, San Luis Obispo)	9:52.13
2009	Jordan Hasay (Mission Prep, San Luis Obispo)	10:05.29
2010	Molly Grabill (Rancho Bernardo, San Diego)	10:20.25
2011	Sarah Baxter (Simi Valley)	10:13.00
2012	Sarah Baxter (Simi Valley)	10:12.00
2013	Sarah Baxter (Simi Valley)	10:10.71

100-Meter Low Hurdles (Girls)

1974*	Yvonne Boone (Fremont, Oakland)	11.1
1975*	Yvonne Boone (Fremont, Oakland)	10.1
1976*	Tuti Lee (Merced)	10.7
1977	Kris Costello (Lynbrook, San Jose)	13.97
1978	Kris Costello (Lynbrook, San Jose)	13.83
1979	Janet Yarborough (Clovis)	14.01
1980	Judy Young (Berkeley)	13.52w
1981	Sherifa Sanders (Berkeley)	13.74
1982	Natalie Spinks (Skyline, Oakland)	13.88w
1983	Chewaukii Knightsen (Locke, Los Angeles)	13.88
1984	Gail Devers (Sweetwater, National City)	13.41
1985	Lana Cantrell (Muir, Pasadena)	13.57
1986	Janeene Vickers (Pomona)	13.74
1987	Janeene Vickers (Pomona)	13.34
1988	Michelle Decoux (Bishop O'Dowd, Oakland)	13.91
1989	Felice Lipscomb (Santa Monica)	13.69
1990	Felice Lipscomb (Santa Monica)	13.58
1991	Phetima Woods (Duarte)	14.08
1992	Twila Sims (Lompoc)	13.83

* from 1974-76, race was 80 Meters

100-Meter High Hurdles (Girls)

1993	Bisa Grant (Bishop O'Dowd, Oakland)	14.11
1994	Davetta Shepard (Kennedy, Sacramento)	13.73w
1995	Joanna Hayes (J.W. North, Riverside)	13.45
1996	Nicole Hoxie (J.W. North, Riverside)	13.87
1997	Nicole Hoxie (J.W. North, Riverside)	13.35
1998	Natasha Neal (James Logan, Union City)	13.57
1999	Nichole Denby (J.W. North, Riverside)	13.42w
2000	Nichole Denby (J.W. North, Riverside)	13.20
2001	Lashinda Demus (Wilson, Long Beach)	13.39w
2002	Talia Stewart (James Logan, Union City)	14.03
2003	Ashlee Brown (J.W. North, Riverside)	13.58
2004	Talia Stewart (James Logan, Union City)	13.31
2005	Leslie Mercado (Diamond Ranch, Pomona)	13.58w
2006	Julian Purvis (St. Elizabeth, Oakland)	13.93
2007	Vashti Thomas (Mt. Pleasant, San Jose)	13.03
2008	Vashti Thomas (Mt. Pleasant, San Jose)	13.44
2009	Kori Carter (Claremont)	13.59
2010	Kori Carter (Claremont)	13.33
2011	Trinity Wilson (St. Mary's, Berkeley)	13.41
2012	Sasha Wallace (Holy Names, Oakland)	13.33
2013	Sasha Wallace (Castro Valley)	13.43

300-Meter Low Hurdles (Girls)

1981	Audrey Williams (Saugus)	42.26
1982	Gayle Kellon (Walnut)	41.09
1983	Gayle Kellon (Walnut)	41.71
1984	Leslie Maxie (Mills, Millbrae)	40.90
1985	Leslie Maxie (Mills, Millbrae)	41.80
1986	Janeene Vickers (Pomona)	41.32
1987	Janeene Vickers (Pomona)	40.96
1988	Michelle Decoux (Bishop O'Dowd, Oakland)	42.16
1989	Twila Sims (Lompoc)	42.54
1990	Felice Lipscomb (Santa Monica)	41.69
1991	Erin Blunt (San Pasqual, Escondido)	43.02
1992	Twila Sims (Lompoc)	42.75
1993	Angela Harris (Skyline, Oakland)	42.78
1994	Angela Harris (Skyline, Oakland)	42.78
1995	Joanna Hayes (J.W. North, Riverside)	41.20
1996	Tisha Ponder (Del Mar, San Jose)	42.22
1997	Ryan Peters (Skyline, Oakland)	41.47
1998	Natasha Neal (James Logan, Union City)	40.86
1999	Lashinda Demus (Wilson, Long Beach)	40.44
2000	Lashinda Demus (Wilson, Long Beach)	40.41
2001	Ashlee Brown (J.W. North, Riverside)	41.81
2002	Ashlee Brown (J.W. North, Riverside)	41.67
2003	McKenzie Hill (Wilson, Long Beach)	41.31
2004	Talia Stewart (James Logan, Union City)	41.31
2005	Ebony Collins (Wilson, Long Beach)	40.10
2006	Ebony Collins (Wilson, Long Beach)	40.13
2007	Jamesha Youngblood (Hercules)	41.08

2008	Kori Carter (Claremont)	41.28
2009	Kori Carter (Claremont)	41.26
2010	Kori Carter (Claremont)	40.44
2011	Melia Cox (Poly, Long Beach)	41.80
2012	Daje Pugh (Fairfield)	40.57
2013	Jade Miller (Great Oak, Temecula)	41.02

400-Meter Relay (Girls)

1974	Berkeley	47.5
1975	Muir (Pasadena)	48.0
1976	Muir (Pasadena)	47.6
1977	Crawford (San Diego)	46.14
1978	Jordan (Los Angeles)	47.14
1979	Westchester	47.95
1980	Kennedy (Granada Hills)	45.81
1981	Berkeley	45.13
1982	Dorsey (Los Angeles)	45.42
1983	Hawthorne	46.56
1984	Hawthorne	45.99
1985	Hawthorne	45.95
1986	Hawthorne	45.54
1987	St. Francis (Mountain View)	45.95
1988	Hawthorne	47.10
1989	Muir (Pasadena)	46.46
1990	Bakersfield	46.49
1991	Morningside (Inglewood)	46.38
1992	Morningside (Inglewood)	46.34
1993	Poly (Long Beach)	45.74
1994	Wilson (Long Beach)	46.17
1995	Poly (Long Beach)	45.1h
1996	James Logan (Union City)	45.20
1997	St. Bernard (Playa del Rey)	44.70
1998	St. Bernard (Playa del Rey)	46.00
1999	San Lorenzo Valley	45.90
2000	Berkeley	45.96
2001	Wilson (Long Beach)	45.40
2002	Poly (Long Beach)	45.50
2003	Poly (Long Beach)	45.04
2004	Poly (Long Beach)	45.11
2005	Wilson (Long Beach)	44.84
2006	Wilson (Long Beach)	45.19
2007	Rancho Verde (Moreno Valley)	45.74
2008	St. Mary's Academy (Inglewood)	46.41
2009	Poly (Long Beach)	45.88
2010	Rancho Verde (Moreno Valley)	45.74
2011	Poly (Long Beach)	45.70
2012	Serra (Gardena)	45.92
2013	Poly (Long Beach)	44.93

1600-Meter Relay (Girls)

1974	Berkeley	3:46.4
1975	Washington (Los Angeles)	3:44.5
1976	Fremont (Los Angeles)	3:55.9
1977	Locke (Los Angeles)	3:52.1
1978	Fremont (Los Angeles)	3:51.3
1979	San Geronio (San Bernardino)	3:44.05
1980	Kennedy (Granada Hills)	3:37.98
1981	Kennedy (Granada Hills)	3:37.71
1982	Dorsey (Los Angeles)	3:41.72
1983	Dorsey (Los Angeles)	3:46.24
1984	Locke (Los Angeles)	3:38.65
1985	Muir (Pasadena)	3:43.30
1986	Compton	3:42.31
1987	Poly (Long Beach)	3:45.20
1988	Hawthorne	3:47.32
1989	Hawthorne	3:46.59
1990	Morningside (Inglewood)	3:44.16
1991	Poly (Long Beach)	3:48.85
1992	Poly (Long Beach)	3:45.91
1993	Poly (Long Beach)	3:42.75
1994	Skyline (Oakland)	3:41.90
1995	Poly (Long Beach)	3:39.53
1996	Wilson (Long Beach)	3:38.50
1997	St. Bernard (Playa del Rey)	3:39.43
1998	Wilson (Long Beach)	3:36.32
1999	Wilson (Long Beach)	3:39.01
2000	J.W. North (Riverside)	3:41.11
2001	Wilson (Long Beach)	3:35.72
2002	Poly (Long Beach)	3:35.99
2003	Poly (Long Beach)	3:35.78
2004	Poly (Long Beach)	3:35.49
2005	Wilson (Long Beach)	3:39.27
2006	Wilson (Long Beach)	3:37.14
2007	Bishop O'Dowd (Oakland)	3:47.42
2008	Poly (Long Beach)	3:40.87
2009	Serra (Gardena)	3:42.91
2010	Poly (Long Beach)	3:39.15



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CIF State Track and Field Individual Champions

2011	Serra (Gardena)	3:43.21
2012	Serra (Gardena)	3:46.45
2013	Piedmont Hills (San Jose)	3:41.14

Discus Throw (Girls)

1976	Kathy Middleton (Poway)	134-05
1977	Karen Stampfil (Lassen, Susanville)	137-08
1978	Christi Pyle (Hoover, Glendale)	149-03
1979	Leslie Deniz (Gridley)	167-01
1980	Leslie Deniz (Gridley)	172-11
1981	Natalie Kaaiawahia (Fullerton)	162-10
1982	Jacque Norton (Mission Viejo)	160-02
1983	Natalie Kaaiawahia (Fullerton)	170-01
1984	Stacy Horn (Cordova, Rancho Cordova)	159-01
1985	Lil Ili (Nogales, La Puente)	162-02
1986	Tracy Crawford (Southwest, San Diego)	156-02
1987	Dawn Dumble (Bakersfield)	144-10
1988	Melissa Weis (Bakersfield)	159-07
1989	Melissa Weis (Bakersfield)	168-00
1990	Melissa Weis (Bakersfield)	169-11
1991	Celeste McVey (Redlands)	160-11
1992	Suzy Powell (Downey, Modesto)	169-08
1993	Suzy Powell (Downey, Modesto)	168-11
1994	Suzy Powell (Downey, Modesto)	174-02
1995	Nadia Lopez (Arroyo Grande)	152-06
1996	Chaniqua Ross (Laguna Creek, Elk Grove)	158-04
1997	Chaniqua Ross (Laguna Creek, Elk Grove)	177-01
1998	Stephanie Brown (Arroyo Grande)	181-03
1999	April Burton (Bakersfield)	153-10
2000	Jill Camarena (Woodland)	151-01
2001	Rachel Varner (Bakersfield)	162-09
2002	Billie Jo Grant (Arroyo Grande)	174-00
2003	Billie Jo Grant (Arroyo Grande)	174-04
2004	Missy Faubus (Centennial, Bakersfield)	166-09
2005	Alexaraee Toeaina (Pittsburg)	158-03
2006	Sarah Robles (San Jacinto)	158-00
2007	Hilary Fraser (El Toro, Lake Forest)	159-07
2008	Anna Jelmini (Shafter)	169-04
2009	Anna Jelmini (Shafter)	186-09
2010	Alex Collatz (Stockdale, Bakersfield)	170-09
2011	Alex Morgan (Ventura)	153-08
2012	Lissette Mendivil (Redwood, Visalia)	155-10
2013	Nikki Okwelogu (Clovis West, Clovis)	173-09

High Jump (Girls)

1974	Pam Blackburn (Cubberley, Palo Alto)	5-08
1975	Kim Maddox (Los Angeles)	5-08
1976	Kari Gosswiller (Upland)	5-10
1977	Kari Gosswiller (Upland)	5-09
1978	Sue McNeal (Carlsbad)	5-10.25
1979	Tonya Alston (Chico)	5-09
1980	Karen Lysaght (St. Francis, Sacramento)	6-00
1981	Katrina Johnson (Marshall Fundamental, Pasadena)	5-10
1982	Katrina Johnson (Marshall Fundamental, Pasadena)	5-11
1983	Tonya Mendonca, Mt. Whitney, Visalia	6-01
1984	Wendy Brown (Woodside)	6-01.25
1985	Latrese Johnson (Clovis)	6-02
1986	Yleana Carrasco (Anaheim)	5-10
1987	Lynn Patrick (Serra, San Diego)	5-10
1988	Crissy Mills (Campbell Hall, North Hollywood)	5-10
1989	Crissy Mills (Campbell Hall, North Hollywood)	6-00
1990	Chi Johnson (Menlo-Atherton, Atherton)	5-08
1991	Tanya Smith (Cordova, Rancho Cordova)	5-11
1992	Kristy Kieruff (Esperanza, Anaheim)	5-10
1993	Tracye Lawyer (Cate, Carpinteria)	5-10
1994	Kristy Kieruff (Esperanza, Anaheim)	5-10
1995	Tara Fleming (Immanuel, Reedley)	6-00
1996	Liz Giltner (Chaminade, Canoga Park)	5-10
1997	Tayyiba Haneef (Laguna Hills)	5-09
1998	Tia Hanson (El Cajon)	5-08
1999	Kim Stone (York, Monterey)	5-09
2000	Schquay Brignac (Taft, Los Angeles)	5-09
2001	Chaunte Howard (J.W. North, Riverside)	5-10
2002	Sharon Day (Costa Mesa)	5-11
2003	Sharon Day (Costa Mesa)	5-10
2004	Allie Miller (Los Altos)	5-09.25
2005	Desiraee Gonder (Stockdale)	5-09
2006	Jasmine Day (Costa Mesa)	5-09
2007	Whitney Sisler (La Costa Canyon, Carlsbad)	5-10
2008	Tara Richmond (Poly, Long Beach)	5-11
2009	Adrienne Johnson (Carondelet, Concord)	5-08
2010	Lydia French (Thousand Oaks)	5-10
2011	Rachel McCoy (A.B. Miller, Fontana)	5-08
2012	Claire Kieffer-Wright (South Pasadena)	5-10
2013	Rachel McCoy (Miller, Fontana)	6-00.75

Long Jump (Girls)

1974	Jodi Anderson (Washington, Los Angeles)	19-07.00
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1975	Jodi Anderson (Washington, Los Angeles)	19-06.50w
1976	Jodi Anderson (Washington, Los Angeles)	20-00.25
1977	Lisa Gourdine (El Toro, Lake Forest)	19-01.00
1978	Kathy Hayes (Madera)	19-03.00
1979	Gwen Loud (Westchester)	20-04.50
1980	Marlene Harmon (Thousand Oaks)	20-08.75
1981	Chris Mose (El Cajon)	18-10.25
1982	Wendy Brown (Woodside)	19-10.50
1983	Gail Devers (Sweetwater, National City)	19-06.00
1984	Wendy Brown (Woodside)	20-09.75
1985	Yvette Roberts (Washington Union, Fresno)	19-01.00
1986	Madette Smith (Quartz Hill)	20-04.75
1987	Karen Lawson (St. Francis, Mountain View)	19-01.50
1988	Tonya Conner (Barstow)	19-05.75
1989	Juliana Yendork (Walnut)	20-02.50w
1990	Juliana Yendork (Walnut)	20-01.50
1991	Juliana Yendork (Walnut)	20-07.50w
1992	Kam Warner (West, Bakersfield)	20-06.25
1993	Marion Jones (Thousand Oaks)	22-00.50
1994	Tara Oettinger (Foothill, Santa Ana)	19-07.50
1995	Jernae Wright (James Logan, Union City)	20-08.00w
1996	Jernae Wright (James Logan, Union City)	20-03.00
1997	Bunmi Ogunleye (Poly, Long Beach)	20-00.75w
1998	Angela Williams (Chino)	19-07.75w
1999	Sani Roseby (Monterey)	19-08.75w
2000	Michelle Sanford (Woodbridge, Irvine)	19-07.25
2001	Elzunia Wojcicka (Hollister)	20-05.50w
2002	Lena Bettis (J.W. North, Riverside)	19-08.25
2003	Rene Williams (Skyline, Oakland)	20-08.25
2004	Shana Woods (Poly, Long Beach)	20-07.75
2005	Brittany Daniels (Merrill West, Tracy)	20-08.25w
2006	Amber Purvis (Benicia)	19-10.25
2007	Jamesha Youngblood (Hercules)	20-11.75w
2008	Vashti Thomas (Mt. Pleasant, San Jose)	20-00.25
2009	Karynn Dunn (Diamond Ranch, Pomona)	20-03.25w
2010	Jenna Prandini (Clovis)	20-05.75
2011	Jenna Prandini (Clovis)	19-11.75
2012	Alexis Faulknor (Serra, Gardena)	20-03.00w
2013	Courtney Corrin (Harv. Westlk. N. Holywd)	20-09.25

Pole Vault (Girls)

1995	Melissa Price (Kingsburg)	12-06
1996	Alexa Harz (Peninsula, Rolling Hills Estates)	12-01.25
1997	Bridget Pearson (Hoover, Glendale)	12-00
1998	Tracy O'Hara (Rancho Bernardo, San Diego)	12-08
1999	Kathleen Donoghue (Rancho Bernardo, San Diego)	12-08.25
2000	Lara Chen (Temple City)	12-04
2001	Shayla Ballentine (Morro Bay)	13-08
2002	Chelsea Johnson (Atascadero)	13-03
2003	Kira Costa (San Joaquin Memorial, Fresno)	13-05
2004	Allison Stokke (Newport Harbor, Newport Beach)	12-08
2005	Brysun Stately (Cordova, Rancho Cordova)	13-04
2006	Tori Anthony (Castilleja, Palo Alto)	13-03
2007	Tori Anthony (Castilleja, Palo Alto)	14-01
2008	Emily Mattoon (Rancho Bernardo, San Diego)	12-06
2009	Kortney Ross (Westview, San Diego)	13-04
2010	Kortney Ross (Westview, San Diego)	13-06
2011	Anginae Monteverde (Clovis West, Fresno)	13-06
2012	Taylor Jaques (Presentation, San Jose)	13-04.25
2013	Kaitlyn Merritt (Santa Margarita, Rancho SM)	13-03.75

Shot Put (Girls)

1974	Kathy Devine (Mission Bay, San Diego)	47-04.50
1975	Kathy Devine (Mission Bay, San Diego)	42-03.25
1976	Becky Daniel (Newport Harbor)	42-09.75
1977	Debra Thornton (Sacramento)	43-09.00
1978	Kerry Zwart (Crescenta Valley, La Crescenta)	45-11.50
1979	Susie Ray (Villa Park)	49-06.50
1980	Natalie Kaaiawahia (Fullerton)	48-04.50
1981	Natalie Kaaiawahia (Fullerton)	51-08.50
1982	Natalie Kaaiawahia (Fullerton)	50-03.00
1983	Natalie Kaaiawahia (Fullerton)	52-07.50
1984	Pam Alexander (Arlington, Riverside)	46-03.50
1985	Elaína Oden (Irvine)	46-11.75
1986	Brandi Gail (Rowland, Rowland Heights)	45-02.50
1987	Kim Lassar (Northgate, Walnut Creek)	39-06.25
1988	Dawn Dumble (Bakersfield)	48-02.50
1989	Melissa Weis (Bakersfield)	44-01.00
1990	Dawn Dumble (Bakersfield)	49-03.50
1991	Kika Hilaire (Pittsburg)	45-04.25
1992	Kristin Heaston (Ygnacio Valley, Concord)	45-03.50
1993	Kristin Heaston (Ygnacio Valley, Concord)	52-11.50
1994	Delores Tuimoloau (Channel Islands, Oxnard)	46-10.00
1995	Rebecca Morrison (Presentation, San Jose)	47-06.75
1996	Stephanie Brown (Arroyo Grande)	43-00.25
1997	Cynthia Ademiluyi (Poly, Long Beach)	47-05.25
1998	Althea Moses (Morningside)	40-09.75
1999	Jill Camarena (Woodland)	48-06.00



Tori Anthony became the first high school girl to pole vault higher than 14 feet when she jumped 14-01 at the 2007 state meet, for a new national record which has yet to be overturned.

2000	Karen Freberg (San Luis Obispo)	50-07.25
2001	Karen Freberg (San Luis Obispo)	50-02.25
2002	Rachel Varner (Bakersfield)	47-00.50
2003	Jessica Pressley (Laguna Creek, Elk Grove)	50-05.00
2004	Megan Howard (Arroyo Grande)	49-11.75
2005	Julie Dufresne (Harbor, Santa Cruz)	47-07.50
2006	Erin Delaney (Paso Robles)	45-05.25
2007	Rosario Sanchez (Selma)	47-10
2008	Anna Jelmini (Shafter)	48-03.50
2009	Anna Jelmini (Shafter)	50-05.75
2010	Jasmine Burrell (North Torrance)	47-06.50
2011	Breana Jemison (Carlsbad)	43-01.25
2012	Stamatia Scarvelis (Dos Pueblos, Goleta)	47-03.25
2013	Stamatia Scarvelis (Dos Pueblos, Goleta)	50-07.75

Triple Jump (Girls)

1982	Wendy Brown (Woodside)	39-08.75
1983	Wendy Brown (Woodside)	40-03.00
1984	Wendy Brown (Woodside)	42-10.50
1985	Sheila Hudson (Rio Linda)	41-10.00w
1986	Felicia Harris (San Lorenzo)	40-02.00
1987	Kim Lassar (Northgate, Walnut Creek)	39-06.25
*1988	Althea Moses (Morningside)	40-09.75
1989	Juliana Yendork (Walnut)	41-10.00
1990	Juliana Yendork (Walnut)	42-00.25
1991	Juliana Yendork (Walnut)	43-06.50
1992	Kayla Montgomery (Clovis West, Fresno)	39-11.25
1993	Cheaza Figueroa (Quartz Hill)	40-01.25
1994	Tamieka Porter (Orange Glen, Escondido)	38-11.50
1995	Kelly O'Connor (Esperanza, Anaheim)	40-06.50
1996	Kelly O'Connor (Esperanza, Anaheim)	40-02.50
1997	Andrea Booker (El Camino, Oceanside)	40-00.00w
1998	Andrea Booker (El Camino, Oceanside)	40-00.25w
1999	Heather Contreras (Sutter)	40-03.75
2000	Blessing Ufodiama (Poly, Long Beach)	40-08.75
2001	Candace Bauchman (Poly, Long Beach)	42-04.50
2002	Michelle Sanford (Woodbridge, Irvine)	41-05.25
2003	Brittany Daniels (Merrill West, Tracy)	42-04.75
2004	Brittany Daniels (Merrill West, Tracy)	42-08.00
2005	Brittany Daniels (Merrill West, Tracy)	44-05.50w
2006	Ke'Nyia Richardson (Holy Names, Oakland)	43-03.25
2007	Ke'Nyia Richardson (Holy Names, Oakland)	45-04.25w
2008	Vashti Thomas (Mt. Pleasant, San Jose)	42-00.50
2009	Ciarra Brewer (James Logan, Union City)	42-11.50
2010	Jenna Prandini (Clovis)	42-07.25
2011	Ciarra Brewer (James Logan, Union City)	41-11.00
2012	Sasha Wallace (Holy Names, Oakland)	41-05.75
2013	Sasha Wallace (Castro Valley)	41-09.50

In 1980, running event distances transitioned from yards to meters.

w -- wind aided result

h -- hand timed

*Corrected: A. Moses, 1988 Girls Triple Jump Champion

CIF State Track and Field Multiple Championships

BOYS RECORDS

Most Team State Championships

- 10 Poly, Long Beach.....(1928, 1932, 1959, 1964-65, 1997-98, 2006-07, 2011)
- 8 Jefferson, Los Angeles (1938, 1949-52, 1956, 1962, 1964)
- 8 Muir, Pasadena (1934, 1936, 1967, 1974, 1990, 1994-96)
- 7 Manual Arts, Los Angeles(1915-16, 1919, 1924-25, 1953, 1958)
- 6 Hawthorne.....(1983-85, 1987-89)

Most Consecutive Team State Championships

- 4 Jefferson, Los Angeles (1949-52)
- 3 Hawthorne, twice(1983-85, 1987-89)
- 3 Muir, Pasadena (1994-96)

Most Individual State Championships

- 6 Clarence "Bud" Houser (Oxnard)Discus (1920-22); Shot (1920-22)
- 5 Charley Paddock (Pasadena)100yd (1916, 1918); 220yd (1916-18)
- 4 Randall Carroll (Cathedral, Los Angeles) 100m (2008-09); 200m (2008-09)
- 4 Roman Gomez (Belmont, Los Angeles).. 1600m (1984-85); 3200m (1984-85)
- 4 Remontay McClain (Covina) 100m (2010-11); 200m (2010-11)
- 4 Eddie Morris (Huntington Beach)100yd (1940); 220yd (1938-40)
- 4 Khalfani Muhammad (Notre Dame, Sherman Oaks)..100m (2012-13); 200m (2012-13)
- 4 Bryshon Nellum (Poly, Long Beach).....200m (2006-07); 400m (2006-07)
- 4 Terry Prentice (Diamond Ranch, Pomona) 110HH (2006-07); LJ (2006-07)
- 4 Frank Wykoff (Glendale).....100yd (1927); 220yd (1927-28); LJ (1927)
- 3 Forrest Beaty (Hoover, Glendale)100yd (1961-62); 200yd (1961)
- 3 Brian Bluetreich (Capistrano Valley, Mission Viejo)..... Shot (1984-85); Discus (1985)
- 3 John Bradley (Hoover, Glendale) 100yd (1947); 220yd (1947-48)
- 3 Reynaldo Brown (Compton).....HJ (1967-69)
- 3 Johnathan Cabral (Agoura, Agoura Hills) 110HH (2010-11); 300IH (2011)
- 3 Bill Cowings (Fowler).....100yd (1959-60); 200yd (1960)
- 3 Kevin Craddock (James Logan, Union City)... 110HH (2003-04); 300IH (2004)
- 3 Matt Darr (Frontier, Bakersfield) Discus (2009); Shot (2009-10)
- 3 David Gettis (Dorsey, Los Angeles)400m (2003-05)
- 3 Lincoln Hall (Santa Paula)PV (1914-16)
- 3 Mort Kaer (Red Bluff) 220LH (1922-23); LJ (1923)
- 3 Leamon King (Delano)..... 220yd (1951, 1953); 100yd (1953)
- 3 Roy Kirpatrick (Entral, El Centro) 220LH (1933-34); 120HH (1934)
- 3 Harry Lamport (Manual Arts, LA)..... 120HH (1916); 220LH (1916); LJ (1916)
- 3 Hugh McElhenny (Washington, LA) .. 120HH (1947); 180LH (1947); LJ (1947)
- 3 Bill Miller (San Diego).....PV (1927-29)
- 3 Obea Moore (Muir, Pasadena) 200m (1996); 400m (1995-96)
- 3 Billy Mullins (Hamilton, Los Angeles)100yd (1976); 200yd (1975-76)
- 3 Verden Nash (Chino 1920-21); Huntington Beach (1922) LJ (1920-22)
- 3 Leon Patterson (Taft)..... Discus (1951); Shot (1951-52)
- 3 Jerry Proctor (Muir, Pasadena)..... 110HH (1967); 300IH (1967); LJ (1967)
- 3 Scott Roth (Granite Bay).....PV (2004-06)
- 3 Darius Savage (Morse, San Diego) Discus (2005-06), Shot (2006)
- 3 Les Steers (Palo Alto)HJ (1935-37)
- 3 Monte Upshaw (Piedmont) LJ (1953-54); 180 LH (1954)
- 3 Hubie Watson (Jordan, Los Angeles)..... 100yd (1958-59); 220yd (1959)
- 3 Quincy Watts (Taft) 100m (1987); 200m (1986-87)
- 3 Wayne Weeks (Santa Rosa) Shot (1915-16); Discus (1916)
- 3 Ethan Cochran (Newport Harbor, Newport)..... Discus (2011-12); Shot (2012)

Boys CIF State Track and Field Championships began in 1915 and have since been held annually, excluding the World War II years (1942-45).

Assistance with compilation of individual titles provided by Nelson Tennis, Founder Cal-Hi Sports

GIRLS RECORDS

Most Team State Championships

- 13 Poly, Long Beach..... (1992-93, 1995, 1997-98, 2001, 2003-04, 2008-11, 2013)
- 5 Berkeley (1974, 1976, 1981-83)
- 3 J.W. North, Riverside..... (1999-00, 2002)
- 3 Wilson, Long Beach (1996, 1998, 2006)
- 2 Bakersfield(1988, 1990)
- 2 Muir, Pasadena(1985, 1989)

Most Consecutive Team State Championships

- 4 Poly, Long Beach (2008-11)
- 3 Berkeley (1981-83)
- 2 J.W. North, Riverside (1999-2000)
- 2 Poly, Long Beach, three times (1992-93, 1997-98, 2003-04)

Most Individual State Championships

- 9 Marion Jones.....(Rio Mesa, Oxnard 1990-91); (Thousand Oaks 1992-93)
100m (1990-93); 200m (1990-93); LJ (1993)
- 6 Natalie Kaaiawahia (Fullerton)..... Shot (1980-83); Discus (1981, 1983)
- 6 Wendy Brown (Woodside) LJ (1982-84); TJ (1982-84); HJ (1984)
- 6 Juliana Yendork (Walnut)..... LJ (1989-91); TJ (1989-91)
- 5 Angela Burnham (Rio Mesa, Oxnard)100m (1986, 1988-89); 200m (1988-89)
- 5 Kori Carter (Claremont) 100HH (2009-10); 300LH (2008-10)
- 5 Allyson Felix (Los Angeles Baptist, No. Hills) ... 100m (2001-03); 200m (2002-03)
- 5 Monique Henderson (Morse, San Diego) 200m (2000); 400m (1998-2001)
- 5 Jenna Prandini (Clovis) LJ (2010-11); TJ (2010); 100m (2011); 200m (2011)
- 5 Angela Williams (Chino)..100m (1997-98); 200m (1998); 400m (1995); LJ (1998)
- 4 Brittany Daniels (Merrill West, Tracy) TJ (2003-05); LJ (2005)
- 4 Jordan Hasay (Mission Prep, San Luis Obispo)..... 3200m (2006-09)
- 4 Denean Howard (Kennedy, Granada Hills). 200m (1981-82); 400m (1980, 1982)
- 4 Lindsay Hyatt (Placer, Auburn)800m (1996-99)
- 4 Anna Jelmini (Shafter)Discus (2008-09); Shot (2008-09)
- 4 Ashton Purvis (St. Elizabeth, Oakland)... 100m (2008, 2010); 200m (2009-10)
- 4 Julia Stamps (Rincon Valley Christian, Santa Rosa 1994); (Santa Rosa 1995-97)
3200m (1994-95, 1997); 1600m (1997)
- 4 Jeneba Tarmoh (Mt. Pleasant, San Jose) 100m (2006-07); 200m (2006-07)
- 4 Vashti Thomas (Mt. Pleasant, San Jose)100HH (2007-08); LJ (2008); TJ (2008)
- 4 Janeene Vickers (Pomona) 300LH (1986-87); 100LH (1986-87)
- 4 Ariana Washington (Poly, Long Beach)..... 100m (2012-13); 200m (2012-13)
- 4 Melissa Weis (Bakersfield)..... Discus (1988-90); Shot (1989)
- 3 Jodi Anderson (Washington, Los Angeles)LJ (1974-76)
- 3 Christine Babcock (Woodbridge, Irvine)..... 1600m (2006-08)
- 3 Lakeisha Backus (Wilson, Long Beach) 100m (1995); 200m (1994-95)
- 3 Sarah Baxter (Simi Valley) 3200m (2011-13)
- 3 Sara Bei (Montgomery, Santa Rosa)..... 1600m (1998); 3200m (1998, 2001)
- 3 Ashlee Brown (J.W. North, Riverside) 100HH (2003); 300LH (2001-02)
- 3 Stephanie Brown (Arroyo Grande).....Shot (1996, 1998); Discus (1998)
- 3 Ebony Collins (Wilson, Long Beach) 300LH (2005-06); 100m (2005)
- 3 Vicki Cook (Alemany, Mission Hills) 3200m (1980-82)
- 3 Kathy Costello (Pleasant Hill)800m (1974-75); 1600m (1975)
- 3 Kinshasa Davis (Wilson, Long Beach)..... 400m (1996-97); 200m (1997)
- 3 Dawn Dumble (Bakersfield)..... Discus (1988-90); Shot (1989)
- 3 Milena Glusac (Fallbrook) 1600m (1993); 3200m (1992-93)
- 3 Kira Jorgensen (Vista) 1600m (1987-89)
- 3 Felice Lipscomb (Santa Monica)100LH (1989-90); 300LH (1990)
- 3 Janice Nichols (Bakersfield)400m (1990-92)
- 3 Polly Plumer (University, Irvine) 1600m (1980-82)
- 3 Suzy Powell (Downey, Modesto) Discus (1992-94)
- 3 Ann Regan (Camden, San Jose)800yd (1977-79)
- 3 Angela Rolfe (Dorsey, Los Angeles)400m (1987-89)
- 3 Twila Sims (Lompoc) 300LH (1989, 1992); 100LH (1992)
- 3 Talia Stewart (James Logan, Union City).. 100HH (2002, 2004); 300LH (2004)
- 3 Pam Waters (Bell)..... 200m (1975-76); 100m (1976)
- 3 Amy Weissenbach (Harvard-Westlake, N. Hollywood).....800m (2010-12)

Girls CIF State Track and Field Championships were initiated in 1974 and have since been held annually.

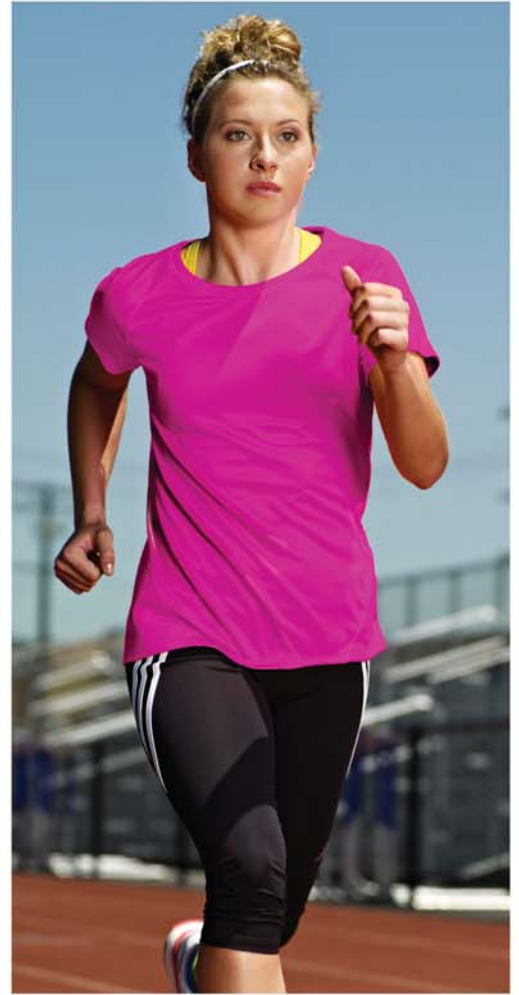


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