

2014 WCAL Track & Field Championships
St. Francis High School - 5/13/2014 to 5/16/2014
Meet Program - Finals

Event 1 Girls 4x100 Meter Relay Varsity

Friday 5/16/2014 - 5:00 PM

Meet: 48.05 2005 Valley Christian

Carter, Marshall, Apgar, Houp

CCS: 46.05 2007 Mt. Pleasant

V. Thomas, J. Tarmoh, M. Brown, D. Pettigru

State: 44.50 2004 Poly, Long Beach

National: 44.50 2004 Poly, Long Beach

CCS Qual: 49.78

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

2	Notre Dame (52.98
	1) Halton, Hannah 11	2) Thompson, Kristen 11	
	3) Earley, Mara 11	4) Arquero, Claudia 12	
3	St. Francis		49.78
	1) Drucker, Natalie 10	2) Cheeks, Brianna 11	
	3) Cutler, Angela 10	4) Fitzpatrick, Emma 11	
4	St. Ignatius		48.59
	1) Smith, Fiona 12	2) Whiting, Raquel 10	
	3) Bugtong, Karla 12	4) Fenton, Skylar 12	
5	Archbishop M		49.70
	1) Tan, Mikayla 12	2) Paxton, Te'Mesha 09	
	3) Travis, Tiana 10	4) Love, Marquel 12	
6	Valley Chris		49.88
	1) Johnson, Taylor 10	2) Smallwood, Shelby 12	
	3) Sum, Lydia 11	4) Padalkar, Sonjali 10	

Event 2 Girls 4x100 Meter Relay Junior Varsity

Friday 5/16/2014 - 5:00 PM

Meet: 50.85 2010 Archbishop Mitty

T Santos, M Duterte, D De Rossi, C Agu

Lane	Team	Relay	Seed Time
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Section 1 of 1 Finals

1	Valley Chris		53.66
	1) Li, Kiko 09	2) Johnson, Tiffani 09	
	3) Cong, Allison 09	4) Clark, Sydney 10	
2	St. Ignatius		53.45
	1) Marquez, Analiese 10	2) Sirianni, Maddy 10	
	3) Cox, Emily 09	4) Lee, Kaela 09	
3	Archbishop M		53.15
	1) Pestana, Fiona 09	2) Javangula, Pranavi 09	
	3) Jo, Somin 09	4) O'Hara, Shannon 10	
4	Notre Dame (52.84
	1) Amarandos, Nina 10	2) Doyle, Caitlin 10	
	3) Baillie, Ashley 09	4) McNab, Cam 09	
5	St. Francis		52.93
	1) McConnell, Emily 10	2) Ling, Angela 11	
	3) Hinz, Cecelia 10	4) Whilbraham, Whitney 09	
6	Sacred Heart		53.19
	1) Castro, Marisol 09	2) Daly, Victoria 10	
	3) Gonzalez, isabel 10	4) Williams, Brandi 10	
7	Presentation		54.46
	1) Bigelow, Gretchen 09	2) Botkin, Julia 09	
	3) Menne, Mallory 09	4) Wang, Julie 10	

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Event 3 Boys 4x100 Meter Relay Varsity

Friday 5/16/2014 - 5:00 PM

Meet: 42.08 2013 **Bellarmino College Prep**
T Njaka, A Chapman, N Makarov, J Sanfilippo
CCS: 41.15 1992 **Mt. Pleasant**
Pennywell, Turner, Rice, DuPree
State: 40.14 1999 **Poly, Long Beach**
National: 39.76 1998 **Wyatt, Fort Worth (TX)**
CCS Qual: 43.49

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Archbishop M		44.90
	1) Evans, Kyle 12	2) Ho, Alex 12	
	3) Breunling, Kyle 11	4) Acevado, Adam 11	
2	Archbishop R		44.80
	1) Ellington, Tristan 11	2) Gamboa, Adam 12	
	3) Novello, Angelo 11	4) Wilson, Jahque 11	
3	St. Francis		43.55
	1) Fizer, Kevin 11	2) Baty, Landon 12	
	3) Cassady, Cole 11	4) Korpontinos, Matthew 10	
4	Bellarmino C		43.07
	1) Bush, Grant 12	2) Macauley, Kyle 10	
	3) Vong, Ryan 12	4) Silva, James 11	
5	St. Ignatius		43.45
	1) Becerra, Spencer 10	2) Buenventura-Smith, Jacob 11	
	3) Ford, Anthony 11	4) Tramontozzi, Vince 12	
6	Junipero Ser		44.40
	1) Plummer, Armon 10	2) Orloff, Kyle 12	
	3) Bennett, Talon 10	4) Lataimua, Kelepi 10	
7	Sacred Heart		45.11
	1) San Buenaventura, Troy 12	2) Hong, Alex 12	
	3) Escobar, Roberto 12	4) Brady, Chad 12	

Event 4 Boys 4x100 Meter Relay Frosh Soph

Friday 5/16/2014 - 5:00 PM

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Valley Chris		47.32
	1) Fiest, Christian 10	2) Sturns, Javan 09	
	3) Morris, Garret 09	4) Leipelt, Owen 09	
2	Junipero Ser		46.98
	1) Moffett, Noriega 10	2) Kilmartin, Nicholas 09	
	3) Fuller, Orlando 09	4) Despanie, Jovon 09	
3	Archbishop M		45.30
	1) Geredes, Jared 09	2) Siu, Justin 10	
	3) Tsai, Jonathan 11	4) Rose, Blake 09	
4	Archbishop R		44.39
	1) Verba-Hamilton, Aiden 10	2) Levine, Charles 10	
	3) Boone, Josh 09	4) Sanders, Raymone 10	
5	Bellarmino C		44.51
	1) Gonzalez, Cayo 10	2) Fernandez, Vince 10	
	3) Martig, Troy 10	4) Buenrostro, Devon 10	
6	St. Francis		45.96
	1) Bishop, Tre'Sean 09	2) Bains, Brandon 09	
	3) Case, Trevor 10	4) Habibi, Cyrus 09	
7	Sacred Heart		47.53
	1) Fernandez, Emmanuel 09	2) Toliver, Milan 10	
	3) Lee, Matthew 10	4) Clairborne, Kailan 10	

2014 WCAL Track & Field Championships
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Event 5 Girls 1600 Meter Run Varsity

Friday 5/16/2014 - 5:10 PM

Meet: 4:53.65 2003	Amanda Thornberry
CCS: 4:43.24 2001	Ale Barrientos
State: 4:33.82 2008	Christine Babcock
National: 4:33.82 2008	Christine Babcock
CCS Qual: 5:13.03	

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Casey, Emily	12	Notre Dame (5:49.13
2	Sweeney, Kelly	12	Archbishop M	5:37.64
3	Weiner, Haley	12	Archbishop M	5:36.82
4	Campbell, Lyndsey	09	St. Francis	5:30.32
5	Fondario, Gabriella	09	St. Francis	5:28.96
6	Smith, Erin	12	St. Ignatius	5:18.71
7	Xu, Jessica	12	Valley Chris	5:18.14
8	Skahill, Emily	09	St. Francis	5:17.02
9	Bilter, Brianna	09	St. Ignatius	5:09.97
10	Bounds, Julia	09	St. Francis	5:08.95
11	Lemak, Julia	10	Archbishop M	5:07.15
12	Wood, Hannah	12	Presentation	5:02.00
13	McGlinchey, Riley	10	Notre Dame (5:49.47
14	Jacobo, Olivia	12	Sacred Heart	5:49.91

Section 2 of 2 Finals

1	Mantovani, Chiara	11	Presentation	6:40.00
2	Carlyle, Marissa	12	Valley Chris	6:27.32
3	Santosuosso, Sierra	12	Archbishop M	6:26.58
4	Listana, Precious	11	Sacred Heart	6:19.19
5	Wong, Blossom	11	Sacred Heart	6:19.00
6	Gillespie, Megan	12	Valley Chris	6:16.61
7	Gau, Janice	12	St. Francis	6:02.67
8	Nash, Caleece	11	St. Francis	6:00.02
9	Jay, Emily	12	Sacred Heart	5:55.59
10	Gill, Kristin	11	Presentation	5:55.00
11	McDonell, Megan	11	Notre Dame (5:55.00
12	Osborne, Ashley	10	Presentation	5:50.00
13	Foreman, Allison	11	Presentation	6:50.00

2014 WCAL Track & Field Championships
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Event 7 Boys 1600 Meter Run Varsity

Friday 5/16/2014 - 5:25 PM

Meet: 4:15.38 1987	Scott Robinson
CCS: 4:05.47 1977	Mark Stillman
State: 4:00.29 2008	German Fernandez
National: 3:59.51 2001	Alan Webb
CCS Qual: 4:25.18	

Lane	Name	Yr	School	Seed Time
Section 1 of 2 Finals				
1	Suarez, Antonio	12	Sacred Heart	4:44.80
2	Schulte, Grant	12	Junipero Ser	4:44.66
3	Rouhani, Gabe	11	Archbishop R	4:43.00
4	Herrera, Matthew	10	Junipero Ser	4:40.93
5	Lacomble, Robert	12	St. Francis	4:36.53
6	Madrid, Isaac	12	Bellarmino C	4:35.95
7	Filip-Sanchez, Nico	11	Bellarmino C	4:31.69
8	Osipow, Ben	11	St. Ignatius	4:26.70
9	Meijer, Miles	11	Bellarmino C	4:26.47
10	Lehr, Kevin	10	St. Ignatius	4:26.28
11	Avila, Ricardo	11	Bellarmino C	4:25.23
12	Avila, Marcus	10	Bellarmino C	4:22.18
13	Doyle, Connor	11	St. Francis	4:45.00
14	Fan, Jordan	11	Sacred Heart	4:46.67
15	Schwarz, Austin	11	St. Francis	4:47.00
16	Pang, Eric	12	St. Ignatius	4:47.55

Section 2 of 2 Finals

1	Archbold, Brandon	12	Junipero Ser	5:10.58
2	Patel, Yash	09	Valley Chris	5:05.65
3	Lundy, Matt	11	Valley Chris	5:02.66
4	Lockhard, Cameron	09	Valley Chris	5:02.01
5	McDonnell, Glenn	11	Junipero Ser	5:01.93
6	Remaker, Matthew	11	Archbishop M	4:59.00
7	Sisley, Tyler	12	Archbishop M	4:56.25
8	Livy, Tyler	12	St. Ignatius	4:55.20
9	Mussman, Nick	11	Sacred Heart	4:53.34
10	Wilkerson, James	12	Archbishop M	4:51.00
11	Powell, Roy	12	Archbishop M	4:49.86
12	Li, Jason	11	Valley Chris	4:48.52
13	Aragon, Tomas	11	Sacred Heart	5:12.74
14	Kumar, Rohit	10	Archbishop M	5:15.28
15	DeGraw, Ryan	11	St. Ignatius	5:17.68
16	DeWitt, Niall	11	Junipero Ser	5:34.34

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Event 9 Girls 100 Meter Hurdles Varsity

Friday 5/16/2014 - 5:40 PM

Meet:	13.72	2010	Hannah Goranson
CCS:	13.03	2007	Vashti Thomas
State:	13.03	2007	Vashti Thomas
National:	13.03	2007	Vashti Thomas
CCS Qual:	15.84		

Lane	Name	Yr	School	Seed Time	
Section 1 of 1 Finals					
1	Wigant, Kirsten	10	Presentation	20.00	_____
2	Chizanskos, Julia	10	Archbishop M	18.21	_____
3	Judas, Liesel	11	Archbishop M	18.06	_____
4	Opulencia, Caitlyn	11	Presentation	17.44	_____
5	Sum, Lydia	11	Valley Chris	15.34	_____
6	Ngbemeneh, Marisa	10	St. Francis	16.97	_____
7	Zadel, Hayley	10	Archbishop M	18.05	_____
8	Kadah, Senna	10	Presentation	18.11	_____
9	Menzel, Lizzie	12	Notre Dame (19.94	_____

Event 10 Girls 100 Meter Hurdles Junior Varsity

Friday 5/16/2014 - 5:40 PM

Meet:	16.30	2007	Hannah Goranson
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Lane	Name	Yr	School	Prelims	
Section 1 of 1 Finals					
1	Cueto, Lauren	09	St. Ignatius	19.08	_____
2	Bruckner, Rebekah	11	Valley Chris	18.37	_____
3	Jo, Somin	09	Archbishop M	17.83	_____
4	Shak, Nicole	09	Valley Chris	17.63	_____
5	Leong, Kirsten	10	St. Francis	17.51	_____
6	Kohli, Anisha	10	St. Ignatius	17.58	_____
7	Augustin, Andrea	11	St. Francis	17.76	_____
8	Tynan, Katelyn	10	St. Ignatius	17.87	_____
9	Walsh, Erin	09	St. Francis	18.48	_____

Event 11 Boys 110 Meter Hurdles Varsity

Friday 5/16/2014 - 5:40 PM

Meet:	14.08	2013	Jalen Wright
CCS:	13.65	1993	Erik Montgomery
State:	13.39	2004	Kevin Craddock
National:	13.30	1990	Chris Nelloms
CCS Qual:	15.44		

Lane	Name	Yr	School	Prelims	
Section 1 of 1 Finals					
1	Hendrickson, Matthew	11	Archbishop M	17.63	_____
2	Sevilla, Sean	11	Bellarmino C	17.11	_____
3	Power, David	11	Archbishop M	16.72	_____
4	Fizer, Kevin	11	St. Francis	16.40	_____
5	Jobson, Noah	11	Bellarmino C	16.11	_____
6	Plummer, Armon	10	Junipero Ser	16.14	_____
7	Staub, Ben	11	Valley Chris	16.43	_____
8	Chow, Chris	11	Bellarmino C	16.72	_____
9	Paolini, Tre	11	St. Ignatius	17.51	_____

Event 12 Boys 65 Meter Hurdles Frosh Soph

Friday 5/16/2014 - 5:40 PM

Meet:	9.21	2004	Joe Mirabeau
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Lane	Name	Yr	School	Prelims	
Section 1 of 1 Finals					
1	Alessandria, Anthony	09	St. Ignatius	10.79	_____
2	Rose, Blake	09	Archbishop M	10.48	_____
3	Lopretto, Matthew	10	Bellarmino C	10.08	_____
4	Bebba, Pauldin	10	Bellarmino C	9.75	_____
5	Jones, Kwami	10	Junipero Ser	9.71	_____
6	Campbell, Brendon	10	St. Francis	9.74	_____
7	Tucker, Kevin	10	Bellarmino C	9.92	_____
8	Miller, Kyle	10	Bellarmino C	10.18	_____
9	Allara, Jack	09	Junipero Ser	10.68	_____

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Event 13 Girls 400 Meter Dash Varsity

Friday 5/16/2014 - 5:55 PM

Meet: 56.20 2008 Kristen Houp
 CCS: 52.83 1984 Leslie Maxie
 State: 50.74 2000 Monique Henderson
 National: 50.74 2000 Monique Henderson
 CCS Qual: 58.40

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Tramontozzi, Claire	12	St. Ignatius	1:02.18 _____
2	Urrabazo-Torres, Katalina	11	St. Francis	1:01.67 _____
3	Smith, Fiona	12	St. Ignatius	1:01.24 _____
4	Drucker, Natalie	10	St. Francis	59.58 _____
5	Cutler, Angela	10	St. Francis	1:00.80 _____
6	Sola, Christine	11	Archbishop M	1:01.48 _____
7	Arquero, Claudia	12	Notre Dame (1:03.38 _____

Event 14 Girls 400 Meter Dash Junior Varsity

Friday 5/16/2014 - 5:55 PM

Meet: 1:01.53 2010 Nicole Fairley

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Bigelow, Gretchen	09	Presentation	1:06.74 _____
2	Gonzalez, isabel	10	Sacred Heart	1:06.41 _____
3	Marquez, Analiese	10	St. Ignatius	1:05.31 _____
4	Doyle, Caitlin	10	Notre Dame (1:04.44 _____
5	Jimenez, Erin	10	Archbishop M	1:04.81 _____
6	Castro, Marisol	09	Sacred Heart	1:06.34 _____
7	Bhargava, Meera	09	St. Francis	1:07.94 _____

Event 15 Boys 400 Meter Dash Varsity

Friday 5/16/2014 - 5:55 PM

Meet: 48.35 2003 Angelo Fobbs-Valentino
 CCS: 45.25 1993 Calvin Harrison
 State: 45.25 1993 Calvin Harrison
 National: 45.25 1993 Calvin Harrison
 CCS Qual: 49.77

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Jones, Nicolas	11	Junipero Ser	52.98 _____
2	Testa, Jeremiah	10	Junipero Ser	52.55 _____
3	Ellington, Tristan	11	Archbishop R	52.21 _____
4	Orloff, Kyle	12	Junipero Ser	49.64 _____
5	Dalton, David	12	Bellarmino C	51.79 _____
6	Cassady, Cole	11	St. Francis	52.28 _____
7	Mathews, Kenan	11	Bellarmino C	52.99 _____

Event 16 Boys 400 Meter Dash Frosh Soph

Friday 5/16/2014 - 5:55 PM

Meet: 51.41 2009 Jalen Davidon

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Moffett, Noriega	10	Junipero Ser	53.67 _____
2	Micallef, Ben	09	Bellarmino C	53.19 _____
3	davys, Jacob	10	Archbishop M	52.89 _____
4	Bains, Brandon	09	St. Francis	52.81 _____
5	Moysov, Alec	10	Archbishop R	52.88 _____
6	Verba-Hamilton, Aiden	10	Archbishop R	52.97 _____
7	Case, Trevor	10	St. Francis	53.94 _____

2014 WCAL Track & Field Championships
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Event 17 Girls 100 Meter Dash Varsity**Friday 5/16/2014 - 6:10 PM**

Meet: 11.62 2005 Khrystal Carter
 CCS: 11.24 2006 Jeneba Tarmoh
 State: 11.14 1992 Marion Jones
 National: 11.14 1992 Marion Jones
 CCS Qual: 12.62

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Sanfilippo, Gabriela	11	Presentation	13.16 _____
2	Bugtong, Karla	12	St. Ignatius	13.01 _____
3	Fitzpatrick, Emma	11	St. Francis	12.72 _____
4	Fenton, Skylar	12	St. Ignatius	12.70 _____
5	Paxton, Te'Mesha	09	Archbishop M	12.60 _____
6	Smallwood, Shelby	12	Valley Chris	12.61 _____
7	Whiting, Raquel	10	St. Ignatius	12.72 _____
8	Johnson, Taylor	10	Valley Chris	12.94 _____
9	Cheeks, Brianna	11	St. Francis	13.11 _____

Event 18 Girls 100 Meter Dash Junior Varsity**Friday 5/16/2014 - 6:10 PM**

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Javangula, Pranavi	09	Archbishop M	13.76 _____
2	Ling, Angela	11	St. Francis	13.64 _____
3	Johnson, Tiffani	09	Valley Chris	13.61 _____
4	Sirianni, Maddy	10	St. Ignatius	13.46 _____
5	Attard, Siena	10	Sacred Heart	13.36 _____
6	Mayfield, Daija	10	Sacred Heart	13.39 _____
7	Clark, Sydney	10	Valley Chris	13.60 _____
8	Jo, Somin	09	Archbishop M	13.62 _____
9	Williams, Brandi	10	Sacred Heart	13.68 _____

Event 19 Boys 100 Meter Dash Varsity**Friday 5/16/2014 - 6:10 PM**

Meet: 10.70 1961 Steve Firenze
 CCS: 10.41 1987 Tony Miller
 State: 10.25 1985 Henry Thomas
 National: 10.15 1990 Henry Neal
 CCS Qual: 11.17

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Becerra, Spencer	10	St. Ignatius	11.39 _____
2	Bush, Grant	12	Bellarmino C	11.21 _____
3	Tramontozzi, Vince	12	St. Ignatius	11.20 _____
4	Silva, James	11	Bellarmino C	11.10 _____
5	Macauley, Kyle	10	Bellarmino C	10.97 _____
6	Lataimua, Kelepi	10	Junipero Ser	11.07 _____
7	Korpontinos, Matthew	10	St. Francis	11.12 _____
8	Jones, Akil	10	Valley Chris	11.20 _____
9	Baty, Landon	12	St. Francis	11.33 _____

Event 20 Boys 100 Meter Dash Frosh Soph**Friday 5/16/2014 - 6:10 PM**

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Fernandez, Vince	10	Bellarmino C	11.88 _____
2	Geredes, Jared	09	Archbishop M	11.55 _____
3	Martig, Troy	10	Bellarmino C	11.49 _____
4	DaSilva, Earvin	09	Bellarmino C	11.43 _____
5	Sanders, Raymone	10	Archbishop R	11.32 _____
6	Levine, Charles	10	Archbishop R	11.40 _____
7	Buenrostro, Devon	10	Bellarmino C	11.45 _____
8	Gonzalez, Cayo	10	Bellarmino C	11.50 _____
9	Wetzul, Evan	09	Archbishop M	11.74 _____

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Event 21 Girls 800 Meter Run Varsity

Friday 5/16/2014 - 6:20 PM

Meet: 2:08.97 2005 Christine Whalen
 CCS: 2:04.37 1977 Ann Reagan
 State: 2:04.91 1984 Trena Hull
 National: 2:02.90 2008 Chanelle Price
 CCS Qual: 2:18.47

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Asbun, Nicole	11	Archbishop M	2:37.84 _____
2	Cech, Lauren	12	Archbishop M	2:35.80 _____
3	McDonell, Megan	11	Notre Dame (2:35.60 _____
4	Weiner, Haley	12	Archbishop M	2:34.33 _____
5	Spence, Katie	12	St. Ignatius	2:34.06 _____
6	Sweeney, Kelly	12	Archbishop M	2:32.22 _____
7	Lara, Ashley	11	Valley Chris	2:31.30 _____
8	Jacobo, Olivia	12	Sacred Heart	2:30.89 _____
9	Mac, Karen	12	Valley Chris	2:30.50 _____
10	Kim, Gia	10	St. Francis	2:29.22 _____
11	Bilter, Brianna	09	St. Ignatius	2:25.73 _____
12	Bounds, Julia	09	St. Francis	2:23.82 _____

Event 22 Girls 800 Meter Run Junior Varsity

Friday 5/16/2014 - 6:25 PM

Meet: 2:27.07 2013 Gia Kim

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Watson, Erin	11	St. Francis	2:48.65 _____
2	Favre, Nicole	10	Valley Chris	2:46.35 _____
3	Hinz, Cecelia	10	St. Francis	2:43.68 _____
4	De Pierola, Francesca	09	Archbishop M	2:42.65 _____
5	Janiczek, Emilia	09	St. Ignatius	2:41.71 _____
6	Vaca, Cristina	10	Presentation	2:41.60 _____
7	Scott, Carolyn	09	Sacred Heart	2:41.46 _____
8	Li, Kiko	09	Valley Chris	2:40.98 _____
9	Vokt, Kayla	09	Archbishop M	2:40.45 _____
10	Horta, Calista	11	Archbishop M	2:39.04 _____
11	Kim, Hannah	11	St. Francis	2:38.86 _____
12	Weiner, Erin	10	Archbishop M	2:35.25 _____

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Event 23 Boys 800 Meter Run Varsity

Friday 5/16/2014 - 6:30 PM

Meet: 1:53.20 1977 Stan Ross
 CCS: 1:50.10 1970 Rick Brown
 State: 1:46.45 1996 Michael Granville
 National: 1:46.45 1996 Michael Granville
 CCS Qual: 1:57.40

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Kato, Leland	12	Archbishop R	2:04.96 _____
2	Doyle, Tommy	11	Bellarmino C	2:04.40 _____
3	Greenlow, Adam	12	Bellarmino C	2:04.16 _____
4	Kumar, Dhruv	11	St. Francis	2:03.95 _____
5	Powell, Roy	12	Archbishop M	2:03.60 _____
6	Pang, Eric	12	St. Ignatius	2:03.31 _____
7	Osipow, Ben	11	St. Ignatius	2:02.59 _____
8	Fan, Jordan	11	Sacred Heart	2:02.41 _____
9	Avila, Marcus	10	Bellarmino C	2:02.25 _____
10	Pleva, Josh	12	Bellarmino C	2:01.14 _____
11	Lehr, Kevin	10	St. Ignatius	2:00.57 _____
12	McLarnan, Gabriel	12	St. Francis	1:58.99 _____

Event 24 Boys 800 Meter Run Frosh Soph

Friday 5/16/2014 - 6:35 PM

Meet: 1:58.90 2010 Ciaran Murphy

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Gurza, Daniel	10	Bellarmino C	2:11.85 _____
2	Kurpjuweit, Andy	10	Junipero Ser	2:11.70 _____
3	Claudio, Edelbert	09	Sacred Heart	2:11.44 _____
4	Arora, Samir	10	St. Francis	2:11.31 _____
5	Meimban, Tycho	10	Archbishop R	2:11.16 _____
6	Toliver, Milan	10	Sacred Heart	2:10.63 _____
7	George, Andrew	09	St. Francis	2:09.91 _____
8	Richardson, Matt	09	Bellarmino C	2:09.78 _____
9	Shiu, Derek	10	Bellarmino C	2:09.43 _____
10	Raman, Narun	10	St. Francis	2:08.88 _____
11	Archbold, Ara	09	Junipero Ser	2:08.56 _____
12	Mohan, Aditya	10	St. Francis	2:08.05 _____

Event 25 Girls 300 Meter Hurdles Varsity

Friday 5/16/2014 - 6:55 PM

Meet: 45.40 2010 Brittney Wright
 CCS: 40.18 1984 Leslie Maxie
 State: 39.98 2001 Lashinda Demus
 National: 39.98 2001 Lashinda Demus
 CCS Qual: 47.19

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Jaeb, Megan	10	Presentation	51.71 _____
2	Berring, Jessi	10	Notre Dame (50.02 _____
3	Adams, Jenna	10	St. Francis	49.14 _____
4	Chizanskos, Julia	10	Archbishop M	48.40 _____
5	Sum, Lydia	11	Valley Chris	49.00 _____
6	Judas, Liesel	11	Archbishop M	49.85 _____
7	Wigant, Kirsten	10	Presentation	54.65 _____

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Event 26 Girls 300 Meter Hurdles Junior Varsity**Friday 5/16/2014 - 6:55 PM**

Meet: 49.02 2013 Siddartha Kreaden

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Leong, Kirsten	10	St. Francis	53.34 _____
2	Daly, Victoria	10	Sacred Heart	53.00 _____
3	Bruckner, Rebekah	11	Valley Chris	52.15 _____
4	Rowland, Caitlyn	09	Valley Chris	51.18 _____
5	Walsh, Erin	09	St. Francis	51.58 _____
6	Shak, Nicole	09	Valley Chris	52.47 _____
7	Gutierrez, Andrea	09	St. Francis	53.45 _____

Event 27 Boys 300 Meter Hurdles Varsity**Friday 5/16/2014 - 6:55 PM**

Meet: 38.31 2006 Napoleon Greene
 CCS: 36.26 1996 Joe Naivalu
 State: 35.28 2007 Jeshua Anderson
 National: 35.02 2009 Reggie Wyatt
 CCS Qual: 40.48

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Arechiga, Tommy	12	Valley Chris	44.18 _____
2	Chow, Chris	11	Bellarmino C	43.53 _____
3	Fizer, Kevin	11	St. Francis	43.02 _____
4	Jobson, Noah	11	Bellarmino C	40.60 _____
5	Plummer, Armon	10	Junipero Ser	42.82 _____
6	Hendrickson, Matthew	11	Archbishop M	43.38 _____
7	Sevilla, Sean	11	Bellarmino C	44.55 _____

Event 28 Boys 300 Meter Hurdles Frosh Soph**Friday 5/16/2014 - 6:55 PM**

Meet: 40.30 1977 Carl Broussard

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Wadsworth, Sam	10	St. Ignatius	45.71 _____
2	Nguyen, James	10	Bellarmino C	45.58 _____
3	Jones, Kwami	10	Junipero Ser	45.13 _____
4	Campbell, Brendon	10	St. Francis	43.67 _____
5	Weeks, Matthew	09	Valley Chris	44.91 _____
6	Rose, Blake	09	Archbishop M	45.44 _____
7	Wendland, Derek	10	Archbishop R	46.04 _____

Event 29 Girls 200 Meter Dash Varsity**Friday 5/16/2014 - 6:55 PM**

Meet: 23.97 2005 Khrystal Carter
 CCS: 23.14 2006 Jeneba Tarmoh
 State: 22.52 2003 Allyson Felix
 National: 22.52 2003 Allyson Felix
 CCS Qual: 25.70

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Drucker, Natalie	10	St. Francis	26.57 _____
2	Fitzpatrick, Emma	11	St. Francis	26.19 _____
3	Whiting, Raquel	10	St. Ignatius	26.07 _____
4	Fenton, Skylar	12	St. Ignatius	25.76 _____
5	Paxton, Te'Mesha	09	Archbishop M	26.03 _____
6	Smallwood, Shelby	12	Valley Chris	26.07 _____
7	Travis, Tiana	10	Archbishop M	26.76 _____

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Event 30 Girls 200 Meter Dash Junior Varsity**Friday 5/16/2014 - 6:55 PM**

Meet: 26.75 2010 Cecily Agu

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Marquez, Analiese	10	St. Ignatius	29.06 _____
2	Sirianni, Maddy	10	St. Ignatius	28.79 _____
3	Javangula, Pranavi	09	Archbishop M	28.46 _____
4	Mayfield, Daija	10	Sacred Heart	27.58 _____
5	McNab, Cam	09	Notre Dame (27.68 _____
6	Pestana, Fiona	09	Archbishop M	28.71 _____
7	Andriatta, Gina	09	Notre Dame (29.41 _____

Event 31 Boys 200 Meter Dash Varsity**Friday 5/16/2014 - 6:55 PM**

Meet: 21.60 1987 Tony Miller
 CCS: 20.57 1993 Calvin Harrison
 State: 20.73 1984 Henry Thomas
 National: 20.13 1985 Rory Martin
 CCS Qual: 22.50

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Jones, Akil	10	Valley Chris	22.93 _____
2	Tramontozzi, Vince	12	St. Ignatius	22.82 _____
3	Dalton, David	12	Bellarmino C	22.78 _____
4	Orloff, Kyle	12	Junipero Ser	22.09 _____
5	Macauley, Kyle	10	Bellarmino C	22.42 _____
6	KorPontinos, Matthew	10	St. Francis	22.80 _____
7	Hall, Chris	12	Archbishop R	23.49 _____

Event 32 Boys 200 Meter Dash Frosh Soph**Friday 5/16/2014 - 6:55 PM**

Meet: 22.50 1977 Gilbert Pacaldo

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Sanders, Raymone	10	Archbishop R	23.83 _____
2	Gonzalez, Cayo	10	Bellarmino C	23.56 _____
3	Martig, Troy	10	Bellarmino C	23.41 _____
4	Bains, Brandon	09	St. Francis	23.33 _____
5	Levine, Charles	10	Archbishop R	23.34 _____
6	Verba-Hamilton, Aiden	10	Archbishop R	23.52 _____
7	davys, Jacob	10	Archbishop M	23.85 _____

Event 33 Girls 3200 Meter Run Varsity**Friday 5/16/2014 - 7:10 PM**

Meet: 10:49.11 2003 Michelle Gallagher
 CCS: 10:04.2h 1983 Cory Shubert
 State: 9:48.59 1996 Kim Mortensen
 National: 9:48.59 1996 Kimberly Mortensen
 CCS Qual: 11:40.03

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
2	Santosuosso, Sierra	12	Archbishop M	14:08.91 _____
3	Moura, Julianna	12	Presentation	13:26.00 _____
4	Nash, Caleece	11	St. Francis	13:14.67 _____
5	Jacobo, Olivia	12	Sacred Heart	12:38.91 _____
6	Xu, Jessica	12	Valley Chris	12:04.85 _____
7	Le, Allison	11	Archbishop M	11:56.19 _____
8	Brobst, Olivia	12	Archbishop M	11:53.30 _____
9	Fondario, Gabriella	09	St. Francis	11:47.84 _____
10	Lemak, Julia	10	Archbishop M	11:11.90 _____
11	Skahill, Emily	09	St. Francis	11:10.07 _____
12	Bounds, Julia	09	St. Francis	11:00.01 _____

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Event 34 Girls 3200 Meter Run Junior Varsity**Friday 5/16/2014 - 7:25 PM**

Meet: 12:16.31 2013

Leancia Jones

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Estavillo, Lydia	09	Presentation	13:40.00
2	Mar, Jodi	09	Sacred Heart	13:27.22
3	Nguyen, Christine	09	St. Francis	13:19.13
4	Nguyen, Sabrina	11	Archbishop M	13:09.92
5	Gao, Catherine	09	Archbishop M	12:56.84
6	Giacalone, Vanessa	10	Valley Chris	12:55.62
7	van Besouw, Anne	10	Archbishop M	12:55.28
8	Phelps, Emma	11	St. Francis	12:50.30
9	Zhao, Barbara	10	St. Francis	12:33.86
10	Eddy, Kailey	10	Valley Chris	12:32.54
11	Mangilog, Abigail	09	Archbishop M	12:07.72
12	Jones, Leancia	10	Archbishop M	12:06.15
13	Lee, Jenelle	10	Sacred Heart	13:48.25
14	Ira, Kimberly	10	Sacred Heart	14:28.84
15	Blouin, Miyuki	10	Presentation	15:00.00
16	Larson, Catriana	09	Sacred Heart	15:42.00
17	Duffy, Marie	09	Presentation	17:40.00
18	Wang, Leia	10	Valley Chris	NT
19	Alberts, Barbara	11	St. Ignatius	NT
20	Ledesma, Francesca	11	St. Ignatius	NT
21	Gomez, Lauren	10	St. Ignatius	NT
22	Grady, Danielle	10	St. Ignatius	NT
23	Hoopes, Marie	10	St. Ignatius	NT

Event 35 Boys 3200 Meter Run Varsity**Friday 5/16/2014 - 7:40 PM**

Meet: 9:14.60 1981

Chris Paredes

CCS: 8:52.11 1981

Jessie Torres

State: 8:34.23 2008

German Fernandez

National: 8:34.23 2008

German Fernandez

CCS Qual: 9:39.55

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Montalvo, Lucas	11	Junipero Ser	10:25.16
2	Suarez, Antonio	12	Sacred Heart	10:18.48
3	Flynn, Gabe	12	Junipero Ser	10:06.35
4	Herrera, Matthew	10	Junipero Ser	10:02.49
5	Garcia, Jonathan	10	Junipero Ser	9:58.26
6	Olivero, Xander	10	St. Francis	9:57.00
7	Sasser, Alex	11	Bellarmino C	9:41.67
8	Begur, Gaurav	12	St. Francis	9:41.00
9	Barry, Justin	12	Bellarmino C	9:40.55
10	Meijer, Tucker	11	Bellarmino C	9:39.87
11	Seidel, Matt	12	Bellarmino C	9:35.03
12	Meijer, Miles	11	Bellarmino C	9:32.46
13	Rouhani, Gabe	11	Archbishop R	10:27.00
14	Lynch, Nathan	11	Valley Chris	10:33.31
15	Barton, Andrew	11	Junipero Ser	10:43.30
16	Livy, Tyler	12	St. Ignatius	10:47.16
17	Wilkerson, James	12	Archbishop M	10:50.00
18	Remaker, Matthew	11	Archbishop M	11:00.00
19	Sisley, Tyler	12	Archbishop M	11:01.00
20	Aragon, Tomas	11	Sacred Heart	11:09.68
21	Han, Sam	11	Valley Chris	11:38.54
22	Lockhard, Cameron	09	Valley Chris	NT

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Event 36 Boys 3200 Meter Run Frosh Soph

Friday 5/16/2014 - 7:50 PM

Meet: 9:45.80 1981 Shawn Ayers

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Mohan, Aditya	10	St. Francis	10:30.00
2	Burton-Wright, Bryce	09	Archbishop R	10:29.00
3	Deck, Joseph	09	Bellarmino C	10:23.30
4	Kosewic, Brian	10	Archbishop R	10:22.00
5	Ott, Johnny	10	St. Francis	10:15.00
6	Coyle, Eric	09	Archbishop M	10:14.70
7	Hacker, Krey	10	St. Ignatius	10:13.88
8	Breault, Raymond	10	St. Ignatius	10:10.12
9	Doblar, Dylan	09	Bellarmino C	10:07.45
10	Ghadiali, Aziz	10	Bellarmino C	10:06.77
11	Welsh, Donald	10	Bellarmino C	10:02.19
12	Ward, Alex	10	St. Francis	10:00.00
13	Cranfield, Ian	09	Archbishop R	10:35.00
14	Ndili, Nedu	09	Valley Chris	10:36.78
15	Meimban, Tycho	10	Archbishop R	10:39.00
16	Kang, Harmen	10	Archbishop M	10:47.20
17	Siu, Justin	10	Archbishop M	10:55.00
18	Hollister, Nick	09	St. Ignatius	10:55.74
19	McDonald, Esteban	10	Archbishop M	10:57.00
20	Oliva, Kevin	09	Archbishop R	11:00.00
21	Archbold, Ara	09	Junipero Ser	11:00.00
22	Sedayao, Chris	09	Bellarmino C	11:04.66
23	Gschwind, Matthew	10	St. Francis	11:07.00
24	Baraona, Justin	09	Valley Chris	11:08.43
25	O'Brien, Andrew	10	Junipero Ser	11:15.20
26	Enfantino, Peter	10	Valley Chris	11:18.41
27	Leuzze, Vincent	10	Archbishop M	11:25.94
28	DeMoss, Dean	10	Valley Chris	11:26.00

29	Saligumba, Justin	10	Sacred Heart	11:27.21
30	Sweileh, Nizar	09	St. Ignatius	11:29.81
31	Furrer, Lucas	10	Junipero Ser	11:30.10
32	Arms, Michael	10	Junipero Ser	11:35.00
33	Ramos, Sean	09	Sacred Heart	11:39.47
34	Savageaux, Cole	10	St. Ignatius	11:42.08
35	Bramlett, Maxwell	10	Sacred Heart	11:42.19
36	Lara, Nathaniel	09	Sacred Heart	11:42.48
37	Cuevas, Samuel	09	Valley Chris	11:42.77
38	Tran, Brandon	09	Sacred Heart	11:51.10
39	Penner, Matthew	10	Junipero Ser	12:10.00

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Event 37 Girls 4x400 Meter Relay Junior Varsity

Friday 5/16/2014 - 8:00 PM

Meet: 4:12.54 2009 Saint Francis

Marinovich, Stelling, West, Baker

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
Section 1 of 1 Finals			
1	St. Francis		4:32.99
	1) Watson, Erin 11	2) Hinz, Cecelia 10	
	3) Campbell, Lyndsey 09	4) Walsh, Erin 09	
2	Valley Chris		4:29.54
	1) Li, Kiko 09	2) Cong, Allison 09	
	3) Favre, Nicole 10	4) Rowland, Caitlyn 09	
3	St. Ignatius		4:28.59
	1) Marquez, Analiese 10	2) Lee, Kaela 09	
	3) Janiczek, Emilia 09	4) Sirianni, Maddy 10	
4	Notre Dame (4:21.33
	1) Amarandos, Nina 10	2) Doyle, Caitlin 10	
	3) Andriatta, Gina 09	4) McNab, Cam 09	
5	Sacred Heart		4:24.31
	1) Castro, Marisol 09	2) Gonzalez, isabel 10	
	3) Scott, Carolyn 09	4) Daly, Victoria 10	
6	Archbishop M		4:28.60
	1) Jimenez, Erin 10	2) Hoefler, Sophie 09	
	3) Horta, Calista 11	4) Weiner, Erin 10	

Event 38 Girls 4x400 Meter Relay Varsity

Friday 5/16/2014 - 8:00 PM

Meet: 3:53.28 2005 Archbishop Mitty

English, Owena, Robinson, Whalen

<u>Lane</u>	<u>Team</u>	<u>Relay</u>	<u>Seed Time</u>
Section 1 of 1 Finals			
3	Archbishop M		4:08.62
	1) Travis, Tiana 10	2) Paxton, Te'Mesha 09	
	3) Sola, Christine 11	4) Chizanskos, Julia 10	
4	St. Ignatius		4:00.19
	1) Smith, Fiona 12	2) Tramontozzi, Claire 12	
	3) Whiting, Raquel 10	4) Fenton, Skylar 12	
5	St. Francis		4:05.11
	1) Urrabazo-Torres, Katalina 11	2) Adams, Jenna 10	
	3) Opsasnick, Annika 09	4) Drucker, Natalie 10	
6	Valley Chris		4:15.43
	1) Reese, Melissa 11	2) Ma, Elaine 11	
	3) Mac, Karen 12	4) Lara, Ashley 11	

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Event 39 Boys 4x400 Meter Relay Frosh Soph**Friday 5/16/2014 - 8:00 PM****Meet: 3:32.00 1981 Saint Francis****Regimbal, Durkin, Awender, Guntley**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Sacred Heart		3:46.56
	1) Clairborne, Kailan 10	2) Claudio, Edelbert 09	
	3) Lee, Matthew 10	4) Toliver, Milan 10	
2	Archbishop M		3:39.78
	1) Wetzul, Evan 09	2) Sanchez, Felix 09	
	3) davys, Jacob 10	4) Kang, Harmen 10	
3	Bellarmino C		3:31.72
	1) Martinez, Michael 10	2) Micallef, Ben 09	
	3) Rocha, Tommy 09	4) Tucker, Kevin 10	
4	Archbishop R		3:30.00
	1) Levine, Charles 10	2) Moysov, Alec 10	
	3) Boone, Josh 09	4) Verba-Hamilton, Aiden 10	
5	Junipero Ser		3:30.25
	1) La Rosa, Alec 10	2) Christmas, Dominic 10	
	3) Kurpuweit, Andy 10	4) Moffett, Noriega 10	
6	St. Francis		3:35.74
	1) Case, Trevor 10	2) Bains, Brandon 09	
	3) Kappeler, Ryan 10	4) Arora, Samir 10	

Event 40 Boys 4x400 Meter Relay Varsity**Friday 5/16/2014 - 8:00 PM****Meet: 3:21.88 2003 Bellarmine****Savor, Johnson, Guney, Bordoni**

CCS:	3:14.14 1988	Independence
McKelvey, Siqueros, Burroughs, Montgomery		
State:	3:07.40 1985	Hawthorne
National:	3:07.40 1985	Hawthorne
CCS Qual:	3:27.21	

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	St. Ignatius		3:41.23
	1) Lehr, Kevin 10	2) Osipow, Ben 11	
	3) Ford, Anthony 11	4) Tramontozzi, Vince 12	
2	Valley Chris		3:40.82
	1) Rhoads, Trenton 12	2) Jones, Akil 10	
	3) Li, Jason 11	4) Lundy, Matt 11	
3	St. Francis		3:30.79
	1) Korpontinos, Matthew 10	2) Cassady, Cole 11	
	3) Fizer, Kevin 11	4) McLarnan, Gabriel 12	
4	Bellarmino C		3:27.60
	1) Greenlow, Adam 12	2) Avila, Marcus 10	
	3) Macauley, Kyle 10	4) Dalton, David 12	
5	Junipero Ser		3:28.93
	1) Jones, Nicolas 11	2) Testa, Jeremiah 10	
	3) Plummer, Armon 10	4) Orloff, Kyle 12	
6	Archbishop R		3:34.00
	1) Kato, Leland 12	2) Ellington, Tristan 11	
	3) Hall, Chris 12	4) Wilson, Jahque 11	
7	Sacred Heart		3:43.54
	1) Fan, Jordan 11	2) Mussman, Nick 11	
	3) Escobar, Roberto 12	4) Brady, Chad 12	

Alternates

1	Archbishop Mitty		3:50.05D
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Event 41 Boys Shot Put Varsity

Friday 5/16/2014 - 3:30 PM

Meet: 59-11.50 1975 Gian Rossini
 CCS: 65-10 1967 Steve Wilhelm
 State: 76-02 1990 Brent Noon
 National: 77-00 1979 Michael Carter
 CCS Qual: 48-07.75

Pos	Name	Yr	School	Prelims
Flight 1 of 1 Finals				
1	Lee, Alex	12	St. Francis	45-05.00 _____
2	Pena, Adan	11	Archbishop R	46-00.00 _____
3	Hurrell, Albert	12	Junipero Ser	46-05.00 _____
4	Gaoteote, Fa'auli	12	Valley Chris	46-07.50 _____
5	Riley, Lloyd	12	St. Francis	47-04.50 _____
6	Sapp, Billy	12	Junipero Ser	48-06.00 _____
7	Lee, Justin	12	St. Francis	50-02.25 _____
8	Maumalanga, David	12	Valley Chris	50-05.00 _____
9	Godsil, Marshall	11	Bellarmino C	51-08.00 _____

Event 42 Boys Shot Put Frosh Soph

Friday 5/16/2014 - 4:45 PM

Meet: 60-06.50 1973 Craig Watkins

Pos	Name	Yr	School	Prelims
Flight 1 of 1 Finals				
1	Poltrack, Adam	10	St. Francis	41-04.50 _____
2	Casten, Jamarion	10	Archbishop R	41-09.00 _____
3	Gilbert, Michael	10	Junipero Ser	42-03.00 _____
4	Villanueva, Jorge	10	Junipero Ser	43-00.00 _____
5	Guisto, Mario	09	Archbishop R	45-02.00 _____
6	Nijmeh, Charles	10	Valley Chris	45-09.00 _____
7	Ray, Kevin	09	Archbishop M	47-11.00 _____
8	Strong, Isaiah	10	Junipero Ser	48-11.00 _____

Event 43 Girls Shot Put Varsity

Friday 5/16/2014 - 6:00 PM

Meet: 42-11 2012 Tyyhana Cooper
 CCS: 50-07.25 2005 Julie Dufresne
 State: 53-07.75 1983 Natale Kaaiawahia
 National: 54-10.75 2003 Michelle Carter
 CCS Qual: 36-11.50

Pos	Name	Yr	School	Prelims
Flight 1 of 1 Finals				
1	Chen, Lindsey	11	St. Ignatius	30-00.50 _____
2	Kapoor, Sonia	12	Presentation	30-00.75 _____
3	Jackson, Cappi	11	Notre Dame (30-05.00 _____
4	D' Costa, Samantha	10	St. Francis	30-05.50 _____
5	Waters, Paige	11	St. Ignatius	31-06.75 _____
6	Monarrez, Ailyn	10	Archbishop M	32-01.00 _____
7	Stone, Ronna	11	Valley Chris	40-00.25 _____
8	Bruckner, Elena	10	Valley Chris	42-10.00 _____

Event 44 Girls Shot Put Junior Varsity

Friday 5/16/2014 - 7:15 PM

Meet: 36-02 2012 Ronna Stone

Pos	Name	Yr	School	Prelims
Flight 1 of 1 Finals				
1	Smith, Shelby	09	St. Francis	23-09.00 _____
2	Clark, Sabrina	11	St. Francis	23-10.50 _____
3	Canales, Alexa	10	Archbishop M	23-10.75 _____
4	Sellars, Emily	10	Sacred Heart	24-08.50 _____
5	Koen, Nadine	10	St. Francis	25-08.00 _____
6	rice, victoria	10	Archbishop M	26-01.00 _____
7	Foti, Jackie	10	Sacred Heart	28-02.00 _____
8	Messer, Anna	10	Archbishop M	29-09.25 _____

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Event 45 Boys Discus Throw Varsity

Friday 5/16/2014 - 6:00 PM

Meet: 180-06 2010 Cody Bickham
 CCS: 204-10 2003 Nik Kay
 State: 213-11 1997 Scott Moser
 National: 234-03 2001 Niklas Arrhenius
 CCS Qual: 141-03
 Meet: 180-06 5/7/2013 Cody Bickham

Pos	Name	Yr	School	Prelims
Flight 1 of 1 Finals				
1	Zoumot, Yousef	12	Junipero Ser	116-04 _____
2	Gaoteote, Fa'auli	12	Valley Chris	120-07 _____
3	Sapp, Billy	12	Junipero Ser	124-00 _____
4	Claudio, Justin	11	St. Ignatius	124-10 _____
5	Vega, Eddie	12	Archbishop R	127-05 _____
6	Seul, Stefan	11	Junipero Ser	136-00 _____
7	Riley, Lloyd	12	St. Francis	142-10 _____
8	Godsil, Marshall	11	Bellarmino C	152-09 _____

Event 46 Boys Discus Throw Frosh Soph

Friday 5/16/2014 - 7:15 PM

Meet: 155-05 1973 Craig Watkins

Pos	Name	Yr	School	Prelims
Flight 1 of 1 Finals				
1	Hayes, Andrew	09	St. Francis	100-01 _____
2	Evans, Aidan	10	St. Ignatius	100-07 _____
3	Poltrack, Adam	10	St. Francis	100-09 _____
4	Niland, Eric	09	Junipero Ser	101-08 _____
5	Ray, Kevin	09	Archbishop M	103-07 _____
6	Lofton, Joe	09	St. Ignatius	108-02 _____
7	Malone, Justin	09	Bellarmino C	114-01 _____
8	Nijmeh, Charles	10	Valley Chris	120-07 _____

Event 47 Girls Discus Throw Varsity

Friday 5/16/2014 - 3:30 PM

Meet: 132-09 2006 Sela Painsi
 CCS: 165-10 1996 Darlene Tulua
 State: 188-04 1994 Suzy Powell
 National: 190-03 2009 Ana Jelmini
 CCS Qual: 109-00

Pos	Name	Yr	School	Prelims
Flight 1 of 1 Finals				
1	D' Costa, Samantha	10	St. Francis	96-04 _____
2	Gowans, Norma	11	Archbishop M	97-06 _____
3	Descalso, Mary	11	St. Francis	98-11 _____
4	Chizankos, Jessica	12	Archbishop M	100-11 _____
5	Waters, Paige	11	St. Ignatius	102-07 _____
6	Stone, Ronna	11	Valley Chris	105-05 _____
7	Dickerson, Megan	12	St. Ignatius	109-02 _____
8	Bruckner, Elena	10	Valley Chris	119-08 _____

Event 48 Girls Discus Throw Junior Varsity

Friday 5/16/2014 - 4:45 PM

Meet: 117-05 2003 Christina Kidd

Pos	Name	Yr	School	Prelims
Flight 1 of 1 Finals				
1	Foti, Jackie	10	Sacred Heart	70-07 _____
2	Li, Athena	09	St. Francis	71-07 _____
3	Willis, Arianna	11	Presentation	71-11 _____
4	Koen, Nadine	10	St. Francis	78-00 _____
5	Sellers, Emily	10	Sacred Heart	80-06 _____
6	Messer, Anna	10	Archbishop M	80-08 _____
7	Barrios-Crockett, Molly	10	St. Ignatius	82-08 _____
8	rice, victoria	10	Archbishop M	91-00 _____

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Event 49 Boys Long Jump Varsity**Friday 5/16/2014 - 3:30 PM**

Meet: 23-08 1959 Jim Fregosi
 CCS: 26-00 1984 Johnny Cleveland
 State: 26-04.75 1989 James Stallworth
 National: 26-04.75 1989 James Stallworth
 CCS Qual: 21-04

Pos	Name	Yr	School	Prelims
Flight 1 of 1 Finals				
1	San Buenaventura, Troy	12	Sacred Heart	20-01.50 _____
2	Hall, Chris	12	Archbishop R	20-01.50 _____
3	Laughlin, Connor	11	Archbishop R	20-02.00 _____
4	Aronce-Camp, Nick	12	St. Ignatius	20-02.00 _____
5	Quesada, Sean	11	St. Ignatius	20-07.75 _____
6	Wheaton, Michael	12	St. Ignatius	20-08.00 _____
7	O'Brien, Michael	11	Archbishop M	21-00.00 _____
8	Vong, Ryan	12	Bellarmino C	21-04.25 _____

Event 50 Boys Long Jump Frosh Soph**Friday 5/16/2014 - 4:45 PM**

Meet: 21-09.50 2005 Michael Borg

Pos	Name	Yr	School	Prelims
Flight 1 of 1 Finals				
1	Scott, Daniel	10	Archbishop M	18-01.00 _____
2	Zolezzi, Dominic	10	Junipero Ser	18-01.50 _____
3	Bagamspad, Christian	10	Bellarmino C	18-03.00 _____
4	Nofal, Sammy	09	Junipero Ser	18-03.50 _____
5	Surafel, Brook	09	Bellarmino C	18-09.00 _____
6	Geredes, Jared	09	Archbishop M	18-11.00 _____
7	Sison, Enzo	09	Bellarmino C	19-00.00 _____
8	Norman, Daniel	10	Archbishop R	19-02.50 _____

Event 51 Girls Long Jump Varsity**Friday 5/16/2014 - 7:15 PM**

Meet: 18-01.25 2005 Danielle Robinson
 CCS: 20-09.75 1984 Wendy Brown
 State: 22-00.50 1993 Marion Jones
 National: 22-01.75 1976 Kathy McMillan
 CCS Qual: 16-10.25

Pos	Name	Yr	School	Prelims
Flight 1 of 1 Finals				
1	Wong, Blossom	11	Sacred Heart	15-01.00 _____
2	Chan, Josie	11	St. Ignatius	15-01.00 _____
3	Jaques, Taylore	12	Presentation	15-04.75 _____
4	Tom, Kiana	10	St. Francis	15-08.75 _____
5	Johnson, Taylor	10	Valley Chris	16-01.00 _____
6	Opsasnick, Annika	09	St. Francis	16-06.50 _____
7	Ma, Elaine	11	Valley Chris	16-09.75 _____
8	Janachowski, Candy	12	St. Ignatius	17-05.75 _____

Event 52 Girls Long Jump Junior Varsity**Friday 5/16/2014 - 6:00 PM**

Meet: 16-00 2010 Therese Santos

Pos	Name	Yr	School	Prelims
Flight 1 of 1 Finals				
1	Jimenez, Erin	10	Archbishop M	14-05.00 _____
2	Wright, Madeline	09	St. Francis	14-07.00 _____
3	Parsons, Sophie	10	St. Francis	14-09.00 _____
4	Attard, Siena	10	Sacred Heart	14-10.50 _____
5	Richardson, Shayla	11	St. Ignatius	14-11.00 _____
6	McConnell, Emily	10	St. Francis	15-01.00 _____
7	Harrison, Sophie	09	St. Ignatius	15-02.25 _____
8	Lee, Kaela	09	St. Ignatius	15-07.75 _____

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Event 53 Boys Triple Jump Varsity**Friday 5/16/2014 - 6:00 PM**

Meet: 47-11.50 1975 Mike Haynes
 CCS: 50-11.50 1986 Harold Rucker
 State: 52-10.50 1980 Charles Mayfield
 National: 52-10.50 1980 Charles Mayfield
 CCS Qual: 43-09.50

Pos	Name	Yr	School	Prelims
Flight 1 of 1 Finals				
1	Alvarez, Marcus	11	Junipero Ser	41-01.00 _____
2	Underwood, Jonah	11	Bellarmino C	41-08.00 _____
3	Sours, Daniel	12	Bellarmino C	42-00.25 _____
4	Kenison, Jordan	10	Junipero Ser	42-05.75 _____
5	Aronce-Camp, Nick	12	St. Ignatius	42-07.00 _____
6	Vong, Ryan	12	Bellarmino C	42-11.00 _____
7	Obiajulu, VJ	10	Junipero Ser	43-04.75 _____
8	Bush, Grant	12	Bellarmino C	44-04.00 _____

Event 54 Boys Triple Jump Frosh Soph**Friday 5/16/2014 - 7:15 PM**

Meet: 44-03.50 1980 Jeff Rossman

Pos	Name	Yr	School	Prelims
Flight 1 of 1 Finals				
1	Tucker, Kevin	10	Bellarmino C	37-08.50 _____
2	Norman, Daniel	10	Archbishop R	37-10.25 _____
3	Malone, Justin	09	Bellarmino C	38-04.00 _____
4	Habibi, Cyrus	09	St. Francis	39-03.50 _____
5	Weeks, Matthew	09	Valley Chris	39-03.50 _____
6	Ma, Ben	09	Bellarmino C	39-06.00 _____
7	Surafel, Brook	09	Bellarmino C	40-04.75 _____
8	Obilor, Todd	10	Bellarmino C	41-09.00 _____

Event 55 Girls Triple Jump Varsity**Friday 5/16/2014 - 4:45 PM**

Meet: 38-09.25 2005 Caitlin Schields
 CCS: 40-02.50 1984 Wendy Brown
 State: 44-00.50 1991 Juliana Yendork
 National: 44-02.25 2001 Ychlandria Spears
 CCS Qual: 35-02

Pos	Name	Yr	School	Prelims
Flight 1 of 1 Finals				
1	Wilhelm, Rachel	11	St. Francis	29-11.75 _____
2	Sola, Christine	11	Archbishop M	31-04.00 _____
3	Denny, Candice	09	Archbishop M	31-11.00 _____
4	Morris, Casey	11	Presentation	32-09.00 _____
5	Opsasnick, Annika	09	St. Francis	33-09.00 _____
6	Chan, Josie	11	St. Ignatius	34-10.00 _____
7	Janachowski, Candy	12	St. Ignatius	35-03.50 _____
8	Chizanskos, Julia	10	Archbishop M	35-09.75 _____

Event 56 Girls Triple Jump Junior Varsity**Friday 5/16/2014 - 3:30 PM**

Meet: 34-01 2012 Lydia Sum

Pos	Name	Yr	School	Prelims
Flight 1 of 1 Finals				
1	Wu, Alyssa	10	St. Ignatius	28-02.50 _____
2	Miyoshi, Shannon	11	Sacred Heart	28-09.00 _____
3	Pestana, Fiona	09	Archbishop M	29-01.00 _____
4	Velasco, Miranda	11	Presentation	29-02.00 _____
5	Clark, Sydney	10	Valley Chris	29-02.00 _____
6	Rubio, Livia	10	St. Francis	29-03.50 _____
7	Kohli, Anisha	10	St. Ignatius	31-03.00 _____
8	Jimenez, Erin	10	Archbishop M	32-05.00 _____

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Event 57 Boys High Jump Varsity

Friday 5/16/2014 - 3:30 PM

Meet:	6-10 1990	Matt Rice
CCS:	7-03 1985	Jeff Rogers
State:	7-03.25 1979	Lee Balkin
National:	7-05.75 2009	James White
CCS Qual:	6-01	

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Ocampo, Matt	12	St. Ignatius	5-00.00	_____
2	Hall, Christian	12	St. Ignatius	5-02.00	_____
3	Chan, Kyle	12	St. Ignatius	5-08.00	_____
4	Aronce-Camp, Nick	12	St. Ignatius	5-08.00	_____
5	Fontana, Adam	12	St. Ignatius	5-08.00	_____
6	O'Brien, Michael	11	Archbishop M	5-08.00	_____
7	Alvarez, Marcus	11	Junipero Ser	5-08.00	_____
8	Carbonel, Brycen	11	St. Francis	5-10.00	_____
9	Knowles, Milo	11	Bellarmino C	6-00.00	_____
10	Peters, Cameron	12	Bellarmino C	6-00.00	_____
11	Forchette, AJ	11	Bellarmino C	6-00.00	_____
12	Kelly, Adam	12	Bellarmino C	6-00.00	_____
13	Hunt, Matt	10	St. Francis	6-00.00	_____
14	Underwood, Jonah	11	Bellarmino C	6-02.00	_____
15	Thomas, Darius	10	St. Francis	6-04.00	_____

Event 59 Girls High Jump Varsity

Friday 5/16/2014 - 6:00 PM

Meet:	5-06 2011	Michellie McDonald-O'Brien
CCS:	6-02.25 1984	Wendy Brown
State:	6-02.75 1985	Latrese Johnson
National:	6-04 2009	Toni Young
CCS Qual:	5-00	

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Say, Hannah	12	Notre Dame (4-04.00	_____
2	Descalso, Mary	11	St. Francis	4-04.00	_____
3	Welsh, Catherine	12	St. Ignatius	4-06.00	_____
4	Carlevaris, Rachele	11	Notre Dame (4-08.00	_____
5	Rowles, Premila	10	Archbishop M	4-08.00	_____
6	Teupel, Kristen	11	St. Ignatius	4-08.00	_____
7	Ma, Elaine	11	Valley Chris	4-10.00	_____
8	Wilhelm, Rachel	11	St. Francis	4-10.00	_____
9	Jaques, Sydney	10	Presentation	4-10.00	_____
10	Morris, Casey	11	Presentation	4-10.00	_____
11	Bounds, Julia	09	St. Francis	4-10.00	_____
12	Lewis, Elena	09	St. Ignatius	5-00.00	_____
13	Denny, Candice	09	Archbishop M	5-00.00	_____
14	Florant, Mackenzie	12	St. Francis	5-02.00	_____

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Event 61 Boys Pole Vault Varsity**Friday 5/16/2014 - 5:00 PM**

Meet: 16-01 2013 Marc Toney
 CCS: 17-06.25 2007 Nico Weiler
 State: 18-02 1985 Brandon Richards
 National: 18-02.25 1999 Eric Eshbach
 CCS Qual: 12-08

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Maldonado, Fernando	11	Junipero Ser	9-06.00	_____
2	Clement, Michael	12	St. Francis	10-09.00	_____
3	Kwong, Nick	12	Junipero Ser	11-00.00	_____
4	Kava, Jonathan	12	St. Francis	11-00.00	_____
5	Chun, Austin	12	Bellarmino C	11-00.00	_____
6	Matthews, Ricky	11	St. Ignatius	11-00.00	_____
7	Formosa, Tomas	11	Archbishop M	11-00.00	_____
8	Vargas, Brandon	12	Archbishop M	11-06.00	_____
9	Lopez, Jerrod	11	Archbishop M	11-06.00	_____
10	Williams, Stephen	12	St. Francis	11-09.00	_____
11	Mills, Ashton	11	Junipero Ser	12-00.00	_____
12	Ferrari, Dominic	12	Junipero Ser	12-00.00	_____
13	Lind, Andrew	11	Bellarmino C	12-00.00	_____
14	Borst, Jonathan	11	Archbishop M	12-00.00	_____
15	Power, David	11	Archbishop M	12-06.00	_____
16	Small, Johnny	11	St. Francis	12-08.00	_____
17	Lynch, Nick	12	St. Ignatius	12-09.00	_____
18	Gaul, Jack	12	St. Ignatius	13-00.00	_____
19	Hunt, Matt	10	St. Francis	13-06.00	_____
20	Bennett, Talon	10	Junipero Ser	13-06.00	_____
21	Stofer, Jon	12	Bellarmino C	14-07.00	_____

Event 63 Girls Pole Vault Varsity**Friday 5/16/2014 - 2:30 PM**

Meet: 12-10 2006 Natasha Barthel
 CCS: 14-02.50 2007 Tori Anthony
 State: 14-01 2007 Tori Anthony
 National: 14-01 2007 Tori Anthony
 CCS Qual: 10-08

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Abad, Joy	11	St. Ignatius	7-09.00	_____
2	Schumacher, Lexi	12	St. Francis	8-06.00	_____
3	Shroyer, Elizabeth	10	Archbishop M	8-06.00	_____
4	Teupel, Kristen	11	St. Ignatius	9-03.00	_____
5	Welsh, Catherine	12	St. Ignatius	9-06.00	_____
6	Wilhelm, Rachel	11	St. Francis	10-04.00	_____
7	Jaques, Sydney	10	Presentation	11-06.00	_____
8	Jaques, Taylore	12	Presentation	12-04.00	_____