

JUMP CAMP

FROM GETTING YOUR MEASUREMENT TO LEARNING THE BEST TRAINING METHODS,
JUMP CAMP TEACHES YOU EVERYTHING BEHIND THE JUMP

<http://www.bcp.org/summer-programs/>

Join the six week camp to work on your high jumps, triple jumps, and long jumps.



Middle School Track camp runs from: **6/16-19, 7/13-17, 7/ 20-23 times are 1-3pm**

Middle School Jump camp runs from: **6-16 to 7-23, time are 3-5pm**

High School Jump camp runs from: **6-16 to 7-23 times are 5-7pm**

7 TIME CCS CHAMPIONS

13 TIME WCAL F/S CHAMPIONS

STATE CHAMPION IN GIRLS HIGH JUMP

12 TIME WCAL VARSITY CHAMPIONS

LEARN ALL ASPECTS OF THE JUMPS