

JUNIPERO SERRA THROWERS' MEET

MARCH 28, 2015

Junipero Serra High School will host the 5th annual Throwers' Meet on Saturday, March 28, 2015 on the campus of the College of San Mateo. There will be Varsity and Frosh-Soph divisions for boys and girls.

All interested coaches need to enter athletes at: <http://tinyurl.com/serrathrowersmeet2015> by Monday, *March 23* at 9:00 p.m..

No meet day entries will be accepted, INCLUDING SUBSTITUTIONS.

Coaches are asked to limit entries to 5 or 6 throwers per division per gender to prevent large flights. The entry fee is \$10.00 per athlete regardless if the athlete is throwing one or both events. The maximum entry fee for single gender schools is \$100 and co-ed schools is \$200. Please make all checks payable to JUNIPERO SERRA HIGH SCHOOL. All entry fees must be paid on or before the day of the meet. No refunds will be given for no-shows. The meet will be contested, rain or shine.

Implement weigh-ins will take place from 7:50 a.m. until 8:45 a.m. on the lower field near the shot put rings. Weigh-ins will again take place again from 9:45-10:45 for later field events. Athletes are asked to check in 20 minutes prior to the event start so that reasonable fights can be established.

Frosh/Soph throwers will each receive 4 throws. Varsity Athletes will be competing using the Match Play model. Each athlete will receive 3 throws. The top 8 athletes will then be re-ordered and receive a fourth throw. The top 6 athletes will be re-ordered and receive a fifth throw. The top 5 athletes will be re-ordered and receive a sixth throw. The top 4 athletes will be re-ordered and receive a seventh throw. The top 2 athletes will be re-ordered and receive an eighth and final throw. Simply put, the top 5 throwers will each receive 6 throws.

The top 3 throwers in each division will receive a medal and team awards will be given to the top overall school for boys and top overall school for girls (divisions combined). The top 8 in each division will score team points.

Please observe all parking rules on the CSM campus and be respectful to the facilities. Use the attached map for appropriate parking areas. There is no parking next to the track or next to the throwing facilities.

Results will be posted during the meet and also available after the meet on the internet (www.serrahs.com, www.prepcaltrack.com, www.lynbrooksports.com, www.crosscountryexpress.com).

Thank you and we look forward to seeing you on March 28!

Jim Marheineke
Head Track and Field Coach/Throws Coach
Phone: (650) 345-8207 x527
e-mail: jmarheineke@serrahs.com
Junipero Serra High School
451 West 20th Ave.
San Mateo, CA 94403
Fax: (650) 345-2407

JUNIPERO SERRA THROWERS' MEET

MARCH 28, 2015

TIME SCHEDULE

9:00 AM

Boys Varsity Shot Put
Boys FS Discus
Girls Varsity Shot Put
Girls FS Discus

11:00 AM

Boys Varsity Discus
Boys FS Shot Put
Girls Varsity Discus
Girls FS Shot Put

Implement Weigh-In's

7:45-8:45

9:45-10:45

Campus Map

One-day Permits
 \$2 per day. Valid only during class hours from 7:00 am to 10:00 pm.
 Permit machines indicated by **D** on the map: Hillsdale (Lot 1), Beethoven (Lot 2),
 Galileo (Lot 6), and Stadium (Lot 11)

Visitor Parking
 Visitors to campus may park in PayBySpace visitor parking in Beethoven Lot 2A
 and 2D between 7:00 am and 5:00 pm. Visitors must purchase a visitor permit
 (\$1 per hour) at the PayBySpace permit machines located in both lots (indicated
 by **V** on the map).

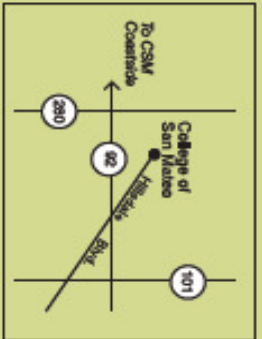
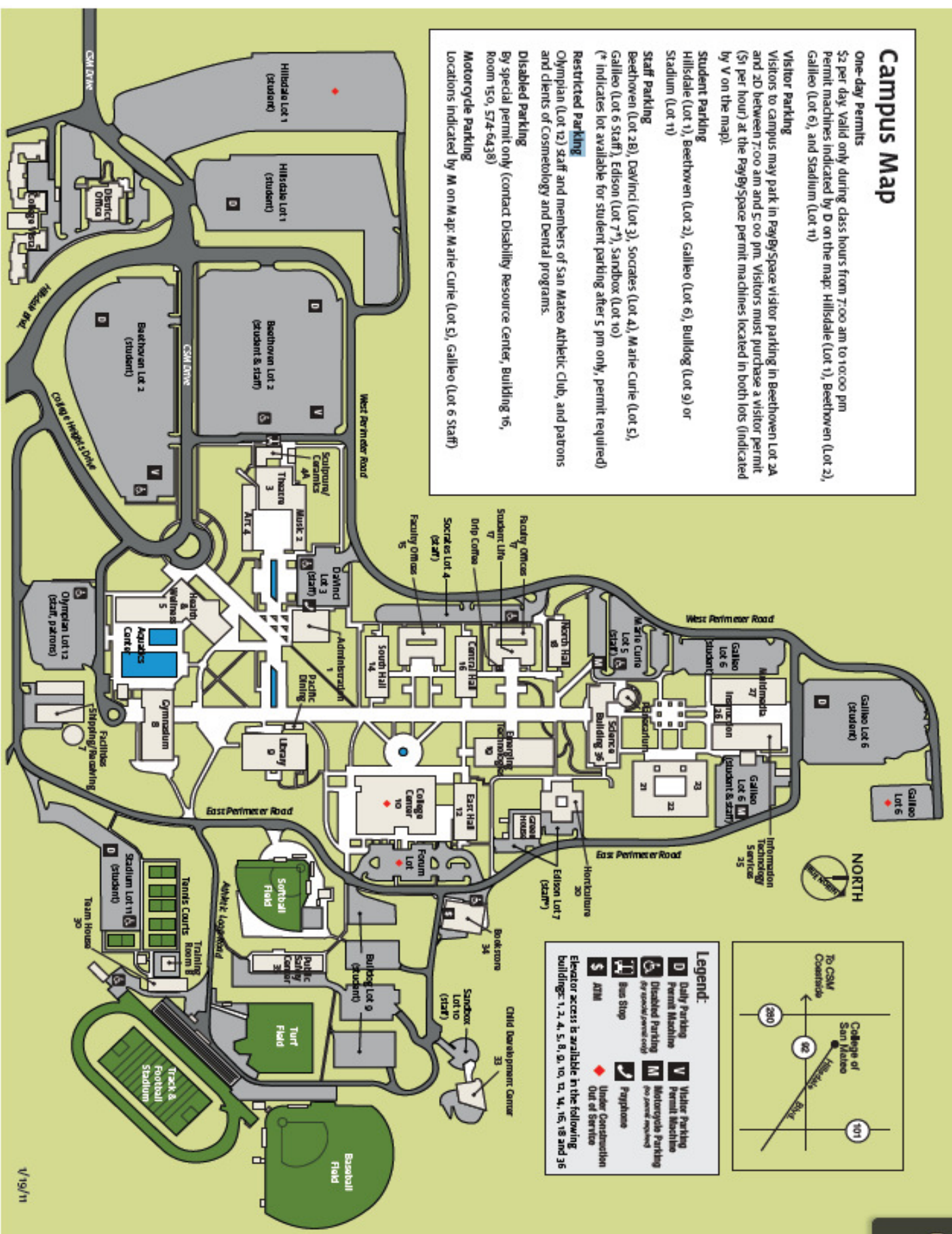
Student Parking
 Hillsdale (Lot 1), Beethoven (Lot 2), Galileo (Lot 6), Building (Lot 9) or
 Stadium (Lot 11)

Staff Parking
 Beethoven (Lot 2B), Davinci (Lot 3), Socrates (Lot 4), Marie Curie (Lot 5),
 Galileo (Lot 6 Staff), Edison (Lot 7*), Sandbox (Lot 10)
 (* indicates lot available for student parking after 5 pm only, permit required)

Restricted Parking
 Olympian (Lot 12) staff and members of San Mateo Athletic Club, and patrons
 and clients of cosmetology and Dental programs.

Disabled Parking
 By special permit only (contact Disability Resource Center, Building 16,
 Room 150, 574-6438)

Motorcycle Parking
 Locations indicated by **M** on Map: Marie Curie (Lot 5), Galileo (Lot 6 Staff)



Legend:

D Daily Parking Permit Machine	V Visitor Parking Permit Machine
M Disabled Parking (by special permit only)	M Motorcycle Parking (no permit required)
S Bus Stop	☎ Payphone
ATM ATM	🚧 Under Construction
🚗 Elevator access is available in the following buildings: 1, 2, 4, 5, 8, 9, 10, 11, 14, 15, 18 and 36	