

**ENTRY DEADLINE: 4/12/16**



# 7th Annual (CCS sanctioned) SMHS BEARCAT INVITATIONAL

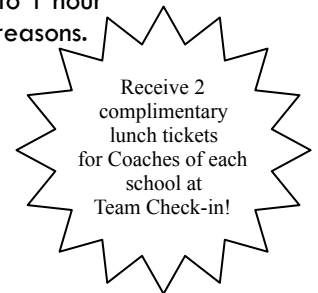
Saturday, April 16, 2016



You are invited to join us for SMHS Bearcat Invitational held at San Mateo High School located at 506 N. Delaware Street, San Mateo, CA, featuring our all-weather 8-lane track and runways on Saturday, April 16, 2016.

## GENERAL MEET INFORMATION:

- 4 Divisions: F/S Girls, F/S Boys, Varsity Girls and Varsity Boys
- Finish Lynx timing system on the finish line
- Access to LIVE official results via your Smartphone on site
- Lane assignments will be seeded by best times and marks (Slow to Fast Heats) on Meet Day
- An athlete may NOT compete in both Varsity and Frosh/Soph events; limit 4 events per athlete; limit 3 athletes per event per division; limit 1 relay team per event per division.
- FIELD EVENTS: Pole Vault minimum requirements: F/S G 5', F/S B 7', VG 6', VB 8'  
3 attempts allowed for Long & Triple Jumps with time allowance up to 1 hour
- Meet will be held rain or shine. If it rains, some events may be cancelled for safety reasons.
- Athletic Trainer will be on-site
- Concessions, programs, caps and T-shirts.
- Admission: Adult \$5 Students \$2



## AWARDS:

- Awards to top 6 places for individual events; 3 deep for relays

## REGISTRATION, DEADLINE & ENTRY FEES:

- Registration **MUST BE ENTERED** on [www.directathletics.com](http://www.directathletics.com); deadline is 11:59 p.m. **Tues., April 12, 2016**
- Individuals: \$7 per person per event; Relays: \$25 per team entered; \$400 maximum per team
- No refunds for no-show at meet, athletes scratched after entry deadline, event cancellation due to safety reasons
- Official entries and entry fees will be posted on [www.smhsrunners.com](http://www.smhsrunners.com) on April 13, 2016
- Meet Director may cap meet acceptance based on numbers of schools/athletes registered prior to deadline

**PAYMENT:** On 4/13/16, an invoice will be sent via PayPal to Coaches' Email listed on DirectAthletics. Please prepay electronically with VISA/Mastercard. Pre-payment is highly recommended. Check, cash or credit card will also be accepted at Team Check-In on the day of the Invitational. Checks should be made payable to: **SMHS Track & Field. DO NOT MAIL.**

## SCRATCHES:

To scratch an athlete before the entry deadline, edit online at [www.DirectAthletics.com](http://www.DirectAthletics.com). For scratches after entry deadline, please report to Athlete Check-In table upon arrival on Meet Day.

## SCHEDULE:

- Field Events will start at 8:30 a.m. on a rolling schedule. All field event athletes must check-in with Event Official directly at their event site 30 minutes prior to start of their event.
- Running events will start at 9:00 a.m. on a rolling schedule after 1<sup>st</sup> gunshot. Athletes can check in anytime up to 30 minutes prior to start of their event, or they will be scratched.

## MEET DIRECTOR

Ed Riley, SMHS T&F Head Coach

Email: [tcoach@speakeasy.net](mailto:tcoach@speakeasy.net)

Contact number: (650) 766-7541

Go to: [www.SMHSRunners.com](http://www.SMHSRunners.com) (or scan QR code above) for easy access to registration, and results.

*Thank you for your support!*