



**CALIFORNIA  
TRACK & FIELD**

**2016 STATE CHAMPIONSHIPS**

**VETERANS MEMORIAL STADIUM, CLOVIS**  
**JUNE 3 - 4, 2016**



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# 2016 CIF STATE TRACK & FIELD CHAMPIONSHIPS

Veterans Memorial Stadium,  
Buchanan HS, Clovis ■ June 3-4, 2016

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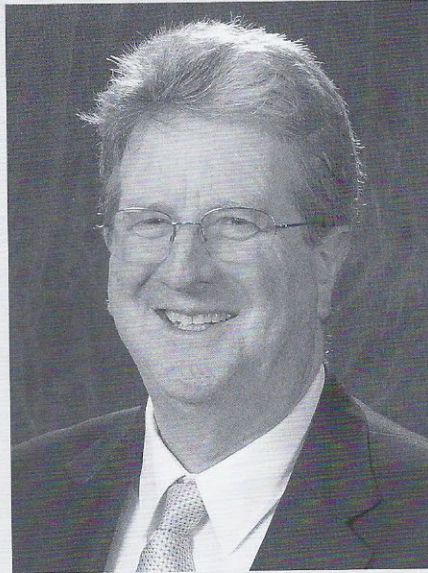
Photos courtesy of Kirby Lee

# Pursuing Victory With Honor<sup>sm</sup>

The CIF was formed, and had its humble beginning, during the 1914-1915 school year with only 65,927 high school students in California and it has been estimated that less than 8,000 boys were participating on their high school athletic teams. Today, California high schools boast over 1.8 million students and this past school year nearly 800,000 students participated in sports on our high school campuses in California.

During the past century, high school sports has transformed from an important local community event to one that is commonly seen on broadcast television and the Internet with full-time websites dedicated to recruiting and blogging about teams, student-athletes and coaches. Most however, still refer to education-based athletics as the last "true amateur sport" venue in America, because our mission and value system is based upon the core foundation of student participation, sportsmanship and fair play. While professional sports, collegiate athletics and even most youth programs have moved toward a business model where finances, positive income and winning is the sole mission, high school sports still remains dedicated to providing opportunities for kids to compete in a safe and fair environment.

Sports add richness to a school culture by providing opportunities for any student who wants them. It is the largest "elective" program on any high school campus. Nationally, and here in California, participation by students in high school sports programs is at its highest level



**Roger L. Blake**  
CIF Executive Director

in history proving the desire and need is vast. In the process of deriving enjoyment from participation in athletics (Number one reason kids play sports: Fun), our students are learning life-long skills that help them develop into healthy adults and productive citizens. National research continues to validate that students involved in extracurricular activities attend more days of school, perform better in the classroom, and have less behavioral issues at school; lower dropout rates and lower alcohol and drug abuse rates, than students who do not participate. The data and the lists of participation benefits are endless.

It is true that we occasionally see acts of poor sportsmanship and behavior by a player or a coach, but the overwhelming majority of school contests reflect the positive elements of Pursuing Victory with Honor<sup>sm</sup>. True, the goal is always to win the contest, but high school sports, when done correctly, places the value of life lessons, character and

sportsmanship ahead of winning. It is this ability of education-based sports leaders to keep athletics in its proper perspective that helps separate us from the rest.

It is vital that as sports leaders, parents and fans that we must remember that less than 2% of our participating students will go on and compete in athletics in college. Kids participate in sports because it's fun and the athletic fields and gymnasium classrooms our schools provide gives adults the opportunity to teach valuable lessons that might not be learned in any other environment. Creating life-long skills and helping create better citizens through participation in education-based athletics is the greatest gift we can give to the future.

Help us create an atmosphere where the students of California can gain a love of competition and personal growth that will help them mature into productive and caring citizens through their participation in sports. As you enjoy these Championship contests, please help by teaching and demonstrating respect. Displays of good sportsmanship will say positive things about you and your school community, and hopefully remind us all that in the end, sports are meant to be fun and enjoyed by not only those participating, but those in attendance.

Sincerely,

A handwritten signature in black ink that reads "Roger L. Blake". The signature is fluid and cursive.

**Roger L. Blake**  
CIF Executive Director

## CIF EXECUTIVE COMMITTEE



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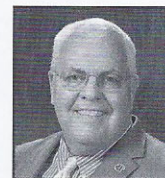
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Teacher/Coach  
Kingsburg H.S.



Chris Heller  
Principal  
Analy H.S.



James V. Monico  
Liaison Director of Athletics  
Paramount U.S.D.



James Perry  
Calif. Assn. for Health PE,  
Rec. & Dance

### CIF STATE OFFICE STAFF

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**916.239.4477 phone | 916.239.4478 fax**



Roger L. Blake  
Executive Director

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Ron Nocetti, Associate Executive Director  
Brian Seymour, Senior Director  
Erin Davenport, Director  
Bobbi Madsen, Director  
Al Goldberg, Assistant Director

Chris Fahey, Director of Corporate Sponsorships  
Rebecca Brutlag, Media Relations Officer  
Jade Chin, Assistant to Executive Director  
Jennifer Stephens, Administrative Assistant  
Diane Marshall-Freeman, General Counsel  
Richard Nelson, Foreign Exchange Coordinator

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Duane Morgan - 6830 Via Del Oro, Suite 103, San Jose, Calif. 95119  
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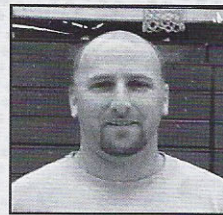
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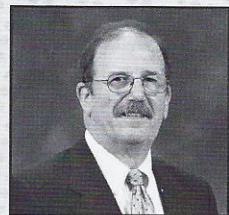
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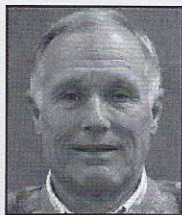
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CIF Los Angeles Section



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Principal, Early Education  
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Amber Lassetter  
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Cosumnes Oak H.S.



Dustin Marzolf  
Cross Country Meet Director,  
Clovis East H.S.



Meredith Smith  
Teacher/CC & TF Coach,  
Orville Wright Middle School

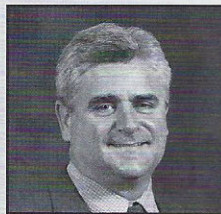


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Track Meet Director,  
Buchanan H.S.

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Executive Director



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Associate Executive  
Director



Brian Seymour  
Senior Director



Erin Davenport  
Director



Bobbi Madsen  
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Al Goldberg,  
Assistant Director



Chris Fahey  
Director of Corporate  
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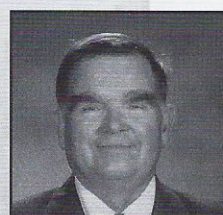
Jade Chin  
Assistant to Executive  
Director



Jennifer Stephens  
Administrative Assistant



Diane Marshall-Freeman  
General Counsel



Richard Nelson  
Foreign Exchange  
Coordinator

# 2016 State Track and Field Championships

## Schedule

### FIELD EVENTS

#### Friday, June 3 Qualifying Events

EVENT	STARTING TIME
Wheelchair/Ambulatory Shot Put Final	3:00 p.m.
Girls' Discus	3:00 p.m.
Girls' Long Jump	3:00 p.m.
Boys' Triple Jump	3:00 p.m.
Girls' High Jump	3:00 p.m.
Boys' Discus	5:30 p.m.
Girls' Shot Put	5:30 p.m.
Girls' Pole Vault	6:00 p.m.
Boys' Pole Vault	6:00 p.m.
Boys' Long Jump	6:00 p.m.
Girls' Triple Jump	6:00 p.m.
Boys' High Jump	7:00 p.m.
Boys' Shot Put	8:00 p.m.

#### Saturday, June 4 Championships Events

EVENT	STARTING TIME
Girls' Discus	4:30 p.m.
Girls' High Jump	5:00 p.m.
Girls' Long Jump	5:00 p.m.
Boys' Triple Jump	5:00 p.m.
Girls' Pole Vault	5:15 p.m.
Boys' Discus	6:30 p.m.
Girls' Shot Put	6:30 p.m.
Boys' High Jump	7:00 p.m.
Boys' Long Jump	7:00 p.m.
Girls' Triple Jump	7:00 p.m.
Boys' Pole Vault	7:15 p.m.
Boys' Shot Put	8:30 p.m.

### TRACK EVENTS

#### Friday, June 3 Track Qualifying Events

*This schedule may be lengthened if four heats are necessary in any event(s)*

<b>Girls 4x100 Relay</b> Heat 1 5:00 Heat 2 5:05 Heat 3 5:10	<b>Girls 400 Meter Dash</b> Heat 1 6:35 Heat 2 6:40 Heat 3 6:45	<b>Boys 300 Meter Hurdles</b> Heat 1 8:23 Heat 2 8:28 Heat 3 8:33
<b>Boys 4x100 Relay</b> Heat 1 5:15 Heat 2 5:20 Heat 3 5:25	<b>Boys 400 Meter Dash</b> Heat 1 6:50 Heat 2 6:55 Heat 3 7:00	<b>Girls 200 Meter Dash</b> Heat 1 8:38 Heat 2 8:43 Heat 3 8:48
<b>Girls 1600 Meter Run</b> Heat 1 5:30 Heat 2 5:38	<b>Girls 100 Meter Dash</b> Heat 1 7:07 Heat 2 7:12 Heat 3 7:17	<b>Boys 200 Meter Dash</b> Heat 1 8:53 Heat 2 8:58 Heat 3 9:03
<b>Boys 1600 Meter Run</b> Heat 1 5:45 Heat 2 5:53	<b>Boys 100 Meter Dash</b> Heat 1 7:22 Heat 2 7:27 Heat 3 7:32	<b>60 Meter Dash (Traditional)</b> Final 9:10
<b>Girls 100 Meter Hurdles</b> Heat 1 6:00 Heat 2 6:04 Heat 3 6:08	<b>Girls 800 Meter Run</b> Heat 1 7:38 Heat 2 7:43 Heat 3 7:48	<b>60 Meter Dash (Unified)</b> Final 9:17
<b>Boys 110 Meter Hurdles</b> Heat 1 6:14 Heat 2 6:18 Heat 3 6:22	<b>Boys 800 Meter Run</b> Heat 1 7:53 Heat 2 7:58 Heat 3 8:03	<b>Girls 4x400 Relay</b> Heat 1 9:24 Heat 2 9:30 Heat 3 9:36
<b>Combined 400m Dash Final</b> Final 6:30	<b>Girls 300 Meter Hurdles</b> Heat 1 8:08 Heat 2 8:13 Heat 3 8:18	<b>Boys 4x400 Relay</b> Heat 1 9:42 Heat 2 9:48 Heat 3 9:54

#### Saturday, June 4 Championships Events

6:00	Girls' 400m Relay
6:10	Boys' 400m Relay
6:20	Girls' 1600m Run
6:30	Boys' 1600m Run
6:45	Girls' 100m High Hurdles
6:55	Boys' 110m High Hurdles
7:05	Girls' 400m Dash
7:15	Boys' 400m Dash
7:25	Wheelchair/Ambulatory 100 Meter Dash Final
7:35	Girls' 100m Dash
7:45	Boys' 100m Dash
7:55	Girls' 800m Run
8:05	Boys' 800m Run
8:15	Girls' 300m LH
8:25	Boys' 300m IH
8:35	Wheelchair/Ambulatory 200 Meter Dash Final
8:45	Girls' 200m Dash
8:55	Boys' 200m Dash
9:10	Girls' 3200m Run
9:25	Boys' 3200m Run
9:40	Girls' 1600m Relay
9:50	Boys' 1600m Relay





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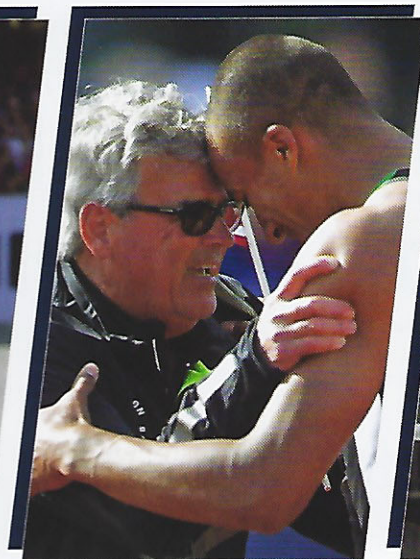
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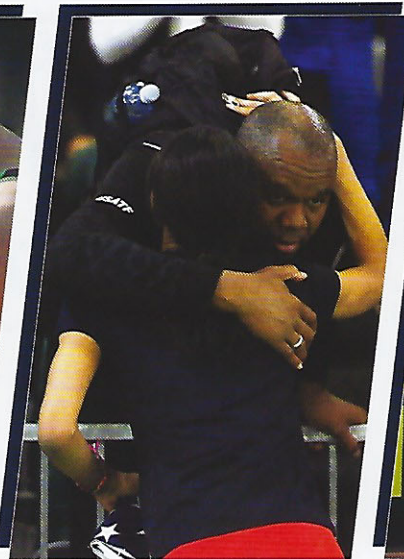
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Central High School  
Buchanan High School

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Dale Campbell

## Head Finish Line Judge

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Jim Nau (Running)

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Conner Laughlin  
Bob Rush  
Jim Hume

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James Soares

## Press Box

Amy Olenchalk

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Billie Childes

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Gary Farrell  
Sam Tharpe  
JR Heberle  
Mike Payseno

## Marshal

Clay Manning

## Inspector of Implements

Ned Rogers  
Bob Seaman

## Clerks

Dori Cirricione  
Don Chapin  
Shelby Little

## Honest Effort

Tiffany Farmer  
Jim Farmer

## Results Inspector

Ron Blackwood

## Athlete Line-Up

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Ali Bartosch  
Mark Groves

## Announcers

Tim Orouke  
Carl Bryan

## Awards Announcer

Kevin Morning

## Live Interviews

Dixon Farmer

## Expeditors

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Haley Bennett

## Results

Anita Dodson

## Pole Vault Inspectors

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Terri Renwick

## Hurdles

Peter Lango  
Sierra Pearson

## Jury of Appeals

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Vicky Lagos  
Steve Filios

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Carol Johnson

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Joe Herzog  
Bill Beauchamp  
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Curt Elia  
Ed Savage  
Lisa Marie Moore  
Brian Rodriguez  
Bryce Frazier  
Red Estes  
Rich Parris  
Hugh Adams  
John Krueger  
David Olsen  
Jack Wilkinson  
David Brown  
Mark Youmans

## Long Jump

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Richard Thaxton  
Lupe Solis  
Don Collins  
Michelle Brunetti  
Allen Shelby  
Amanda Burnetti  
Janice Beauchamp

## Triple Jump

Teddy Hayes  
Mike Runge  
Robert Benoy  
Adam Ahtye  
Steve Martin  
Anna Decker  
Diane Runge  
Melinda Pate  
Kerry Caleb Teraoka

## Shot Put

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Ken Dose  
Oscar Dragon  
Regina Dragon  
Monica Brewer  
Matt Karsevar  
Linda Stubbs  
Lynn Paape

## Discus

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Mike Guidry  
Don Crow  
Bob Loggins  
Jeff Budwig  
Jayleen Budwig  
Dave Sutherland

## Pole Vault Boys

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Vince Gagliardi  
Layne Ogle  
Jackson Hadden

## Pole Vault Girls

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Jackie Allen  
Mackenzie Teevens  
Matt Klinchuch

## High Jump

Kris Lung  
Larry Lung  
Cozet Gahan  
Marianne Holmes  
Justin Newquist

# 2016 State Track & Field Championships Preview

## Olympian-Level Speed, Herculean Strength

### Headline 98th Annual CIF-State Championships

By Rich Gonzalez  
Editor, PrepCalTrack.com

It's an Olympic year! Track and field fans once again will have their enthusiasm levels reach a fevered pitch for the upcoming quadrennial blockbuster this summer.

But well before the Olympic Trials and Olympic Games take place, you'll have the special treat of witnessing several of the sport's biggest future stars on full display at this weekend's 98th annual CIF-State Track and Field Championships!

Already recognized as the premier state meet in the land, thanks to its wealth of talent across all event areas, this year's showcase could emerge as one of the very best ever.

How good is the set of entries? Check out this delicious Olympic-year appetizer:

- Vista Murrieta senior Michael Norman courts the greatest sprint range in national prep history. The plan is to see him in four events this weekend. He has met the qualifying standard for the U.S. Olympic Trials in two events!
- Rio Mesa's Zaria Francis and Oaks Christian's Lauren Williams renew their rivalry for national supremacy, with sprint records hanging in the balance. Each of these two have also met the Olympic Trials qualifying standard in at least one event.
- Agoura's Tara Davis seeks to single-handedly capture the girls team title, in search of three event titles; she's ranked among the top 10 in state history in all three, joining Allyson Felix, Marion Jones and Wendy Brown as the only Golden State females to rank so highly in three separate non-relay events.
- Valley Christian's Elena Bruckner seeks to improve upon her newly minted state record in the shot put while having state meet records in both throws events within reach.
- Canyon of Anaheim pole vaulter Rachel Baxter seeks to cap an unbeaten season, the proverbial 'cherry on top' after already smashing the state record in the event twice this season!

Get the picture? Yep, this is going to be good – really, really, really good. The running surface will be lightning fast, the field event areas will be pristinely manicured, and the weather will be very hot, but the action will be even hotter! Here's our crystal ball assessment on what to look for...

#### BOYS SPRINTS

The Golden State has been loaded with headlining boys' dash talents over the years, with the likes of Quincy Watts, Henry "The Heat" Thomas and William "Obea" Moore thrilling crowds with electrifying performances.

Now, the greatest of them all appears to be upon us. Vista Murrieta senior Michael Norman holds a set of lifetime bests (10.27, 20.23 and 45.19) never before seen from a single prep. Those three marks rank 2nd, 1st, and 3rd, respectively, in state history – the latter two sit at 5th and 7th in national history. But from 100m through to 400m, no one has ever courted that range.

His remarkable 20.23 clocking last weekend came against a headwind (!), now the second-fastest time in the world this year in such conditions (trailing only Olympic relay gold medalist LaShawn Merritt in that category). That's Norman's best event, and he'll essentially be untouchable there. To be quite honest, no one this weekend is close to his class in the one-lapper either. "Mr. Norman" is set to also see duty in the relays (but skipping the 4x100 prelims on Friday, and perhaps the 4x400 final on Saturday) as ultra-careful coach Coley Candaele strives to keep the two-legged Ferrari healthy and fresh for the big summertime challenge at the Trials.

While Norman is the hands-down favorite in the longer sprints, the likely heir to the state's dash mantle will be on display as Antelope's Myles Ellis has racked up impressive marks in recent weeks, punctuated by a 46.78 sizzler over the full lap. Santa Monica's Marcel Espinoza has also turned the corner in brisk fashion of late. In the deuce, Gardena Serra's (SS) Isaiah Diego-Williams has purred into the spotlight in postseason, leading the pursuit pack against Norman.

In the "century" dash, Chaminade's T.J. Brock clearly carries the top career credentials, his mind-blowing, wind-aided 10.20 performance from 2015 ranking as second-best (to eventual Olympic gold medalist Quincy Watts) on the state's all-time, all-conditions list! In a perfect storm – high temperatures and the Mondo track surface here are a good start – Riley Washington's state meet record (10.30) should come under attack! That said, the Vista Murrieta tandem of Antonio Mitchell and Cole Dubots have hit a faster career gear of late, putting serious pressure on the Chaminade star while vying for valuable team points for the Broncos' title cause in the process.

#### GIRLS SHORT SPRINTS

The most anticipated girls' sprints showdown in state meet history takes center stage yet again this weekend as double defending champ (100/200) Zaria Francis of Rio Mesa (SS) re-engages with neighborhood rival Lauren Rain Williams of Oaks Christian (SS), with Marion Jones' state meet record (11.14) and Angela Williams' all-time state record (11.11) potentially in the crosshairs! Francis has pristine form and an

*continued on next page*

# 2016 State Track & Field Championships Preview

occasionally lethal start, but nailed the combination to perfection last June in pulling off a stunning double – the 200 being a clear breakthrough performance. Williams has been jaw-dropping ever since last year’s showdown, including a silver medal performance in the 200 at last year’s World Youth Championships in Colombia. Williams has been nothing short of breathtaking in her recent half-lap outings: a wind legal 22.80 last weekend to move to #3 on the state’s all-time legal list (behind Allyson Felix and Marion Jones) and #6 on the all-time national list; also rocketing a 22.44 wind-aided burner a week earlier, the fastest time ever run on American soil by a high schooler! But there’s more! St. Bonaventure junior Celera Barnes placed third across 60 meters at the indoor nationals club meet (to Williams and Francis) in March and has performed well throughout 2016. In the 200, Carson’s Kaelin Roberts and former teammate Ariyonna Augustine of Long Beach Poly (Roberts transferred over from Poly) will lock up and try to keep the mega-stars close!

## GIRLS HORIZONTAL JUMPS

Agoura’s Tara Davis has been nothing short of spectacular over the last 12 months, perhaps using the bitter memory of a clutch final-round triumph by since-graduated state champ Kennedy Jones of Castro Valley to fuel some newfound motivation. Although Davis sparkled to nab a silver (triple jump) and two bronzes (long jump, high hurdles) at last year’s state meet, it sparked a huge summertime breakthrough that included a gold medal-winning performance in the long jump (21-00.50 at altitude) at the 2015 World Youth Championships in Colombia, the third-best mark in state history! Davis enters as the favorite in both jumps this time, with former long jump champ Courtney Corrin of Harvard-Westlake (SS) seeing her hopes dashed by a toe fracture. Davis’ explosiveness down the runway (also owning a nation-leading 43-02.00 in the triple jump this spring) is only matched by her ebullient interaction with the crowd during competition, but her energy stores will be demanded at new levels as the early-June Central Valley heat wave will be in full effect. Great Oak’s Ciynamon Stevenson popped a huge 41-footer at the SS Masters to loom as a newfound nemesis there while Clovis North’s Rhesa Foster (20-02.50) rebounded impressively from a late-season hamstring injury to unleash a clutch performance to qualify here.

## GIRLS HURDLES

Agoura’s Davis not only seeks a pair of gold medals in the horizontal jumps, but also arrives with among the best marks in state history (13.48) in the 100-meter hurdles. However, this year’s assembled field showcases four of the 15 fastest hurdlers in state history and harkens back memories to 2007, when a loaded state meet field yielded Vashti Thomas’ (Mt. Pleasant-CC) still-standing National Federation record (13.03)! 2014 state champ Mecca McGlaston of Dublin (NCS) courts the best career time in the field (13.18 last season), but has yet to flash that same form in 2016. Also up north, the action has been electric; El Cerrito’s (SJ) Kaylah Robinson

and Vacaville’s (SJ) Jurnee Woodward – 13.45 and 13.52, respectively – have been flying across the barriers of late! In the longer hurdles race, 2015 silver medalist Woodward has been the class of the state with her 41.01 effort (U.S. #3) at Arcadia this spring; Cathedral Catholic (SD) senior Dani Johnson (3rd last year) and Mira Costa’s (SS) Shante Robinson (5th) seek to improve their podium positions.

## BOYS DISTANCES

Great Oak arrives armed with the strongest collection of distance runners in prep history and courting grand plans, but its signature calling card (depth) will be severely challenged by exceptional individual racing strength from all directions. Senior Isaac Cortes leads the Wolfpack attack and is favored to claim the four-lap crown thanks to lethal closing speed, while his attempt to double back in the 800 will be tested mightily by San Clemente star Connor Dunne. Dana Hills’ Jake Ogden (4th) medaled here last year in the 1600 and his wealth of experience and tenacity could pose difficulty for Cortes while Madera South’s Eduardo Herrera and M.L King’s (SS) Tyler Janes head up the rest of a California crew with the nation’s best single-state credentials in this event this spring. Dunne has opted to focus on the 800 this weekend and courts the physical tools, the experience, and the intangibles to emerge as the favorite this weekend. He rode those variables to victory at last weekend’s SS Masters, relying on a brazenly aggressive early pace to overburden the opposition, including Cortes. While those two are the leading talents, the race oozes with threats from the likes of Davis’ (SJ) Willie Hall, Notre Dame’s (SS) Anthony Chaidez, Nordhoff’s (SS) Cameron Kunde, Bakersfield North’s Curtis Threlkeld (CE), and Cortes’ own man-in-the-clutch teammate, Nelson Quintana.

The boys’ 3200 lineup features alarming depth as roughly a dozen entrants are well capable of dipping under the fathomed nine-minute barrier! State leader Jack Van Scoter of Flintridge Prep (SS) and his equally talented NorCal counterpart Cooper Teare of St. Joseph Notre Dame (NCS) are two highly focused talents set for another collision course, but San Luis Obispo’s Callum Bolger is a savvy race who will provide problems for all. Madera South’s Eduardo Herrera is the strongest runner in the field, but he’ll be attempting the 1600/3200 double in unforgiving conditions in his bid for state meet lore. Davis’ Michael Vernau, second to Jesuit’s Sean Kurdy at the SJS Masters Meet, is a dangerous dark horse when the planets are properly aligned. Great Oak, harboring team-title aspirations, has vets Spencer Dodds and Cole Spencer carrying the Wolfpack flag.

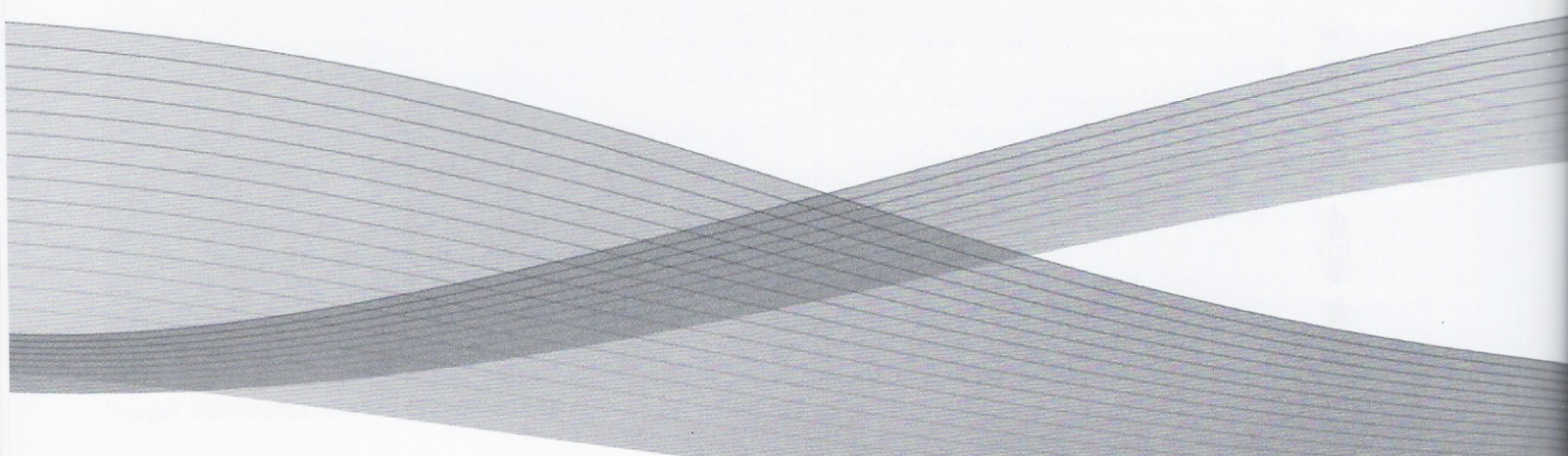
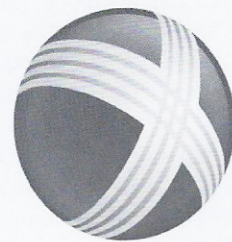
## BOYS HURDLES

One requires pristine technique and the other requires mastery of rhythm. La Quinta’s (SS) Koty Burton has the inside track to sweep the hurdle disciplines, but there are quality challengers aplenty. Burton tops the state wind-legal lists with his 13.81 showing at Arcadia, but top returnee Joseph Anderson of Upland (second last year in the highs) is

*continued on page 13*

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# 2016 State Track & Field Championships Preview

picking up major steam (13.67 wind aided two weeks ago) down the stretch and harbors the skills to claim gold. Kimball (SJ) junior Deion Lightfoot-Shelton surprised with a commanding showing at his section's Masters Meet while Colony's Khalil Dorsey has been very steady throughout. In the longer hurdles race, Burton (36.92) again holds the top time, but Pleasant Grove (SJ) senior MacLean Conner has caught fire of late and won the SJS Masters (37.01) in a career-best showing while Buchanan (CE) senior Paramveer Chohan (the mid-season state leader) courts the advantage of familiar confines while in the thick of the title mix!

## GIRLS DISTANCES

Last year's champions at both 1600 and 3200 meters are back to defend their crowns, but each faces a slew of quality threats. In the four-lap run, 2015 champ Amanda Gehrich of Tesoro has been gradually regaining championship form, further punctuated by her seasonal best 4:41.39 win at SS Masters. Podium returnees Destiny Collins (3rd in the 1600 and the 3200 champ last year) of Great Oak (SS) and Brooke Starn (6th) of Monte Vista (NCS) arrive with a vengeance, the former seeking to close out her stellar career by bolstering her squad's team-title chances and the latter set to upend a pair of Southland-based champions while representing NorCal's hopes. Sonoma Academy (NCS) sophomore Rylee Bowen, well on her way to being one of the Golden State's all-time distance greats, is a solid podium pick and very capable of claiming the top prize. Collins sets out on the daunting task of sweeping the longer races, made all the more formidable by the torrid heat wave in effect. She hails from one of the hotter regions in the state, but the potential for three high-end tests in a 28-hour period creates quite a challenge. So will Davis' Fiona O'Keeffe. The Sac-Joaquin Section star recorded one of the fastest non-winning efforts in prep history (10:01.14 for 2nd) at last year's meet and likely has been pointing toward this rematch for quite some time. Gehrich (6th last year) will double back while Summit's (SS) Jennifer Sandoval has enjoyed multiple breakthroughs of late.

Defending state champion Erica Schroeder of San Marcos (SS) is among a startling list of FIVE podium returnees in the girls' 800, but newcomer Alyssa Brewer of California (NCS) of San Ramon might give everyone more than they bargained for this time around. The sophomore sensation is coming off spectacular 400/800 doubles in recent weeks, including a 55.05/state-leading 2:07.71 performance with just 70 minutes in between two weeks ago followed by a 55.29/2:08.47 showing with just a 40-minute break last week! She'll focus solely on the two-lapper this weekend. Schroeder has been rounding into top form of late, but Palos Verdes senior Morgan Irish has been the big mover down south in recent weeks, punctuated by her lifetime best 2:08.32 in winning the CIF-SS Masters last weekend. Returning silver medalist Rylee Penn of Centennial, Corona (SS) and bronze medalist Jacquelyn Hill of Etiwanda (SS) are joined by dangerous San Diego vets Kiley McCarthy of Carlsbad and Nia Akins of Rancho Bernardo as well as four-time CIF-SS Division 4 champ Bianca Alonzo of Marlborough.

## GIRLS LONG SPRINTS/RELAYS

One of the best matchups of the weekend centers on the one-lap sprint, which pits 2014 state champion Kaelin Roberts against 2015 winner Hannah Waller of host Buchanan. Roberts, who won the title as a freshman in 52.52 while attending Long Beach Poly, has since transferred over to nearby Carson, where she has turned the Colts program into an instant powerhouse. Waller has spent more time this season refining her speed in the shorter events, but lost a thrilling battle between the two in the national spotlight at Arcadia, losing the lead in the last 15 meters. Out-of-sight improvement (from 55.19 to 53.74 in one week) by previously unheralded Maliyah Medley of El Toro (SS) has tossed a wrench into the form charts while Shamaya Flanagan (fourth last year) is quickly regaining her peak form. Carson matched the L.A. City Section record (45.42) in the short relay last week and is the clear pick in that one, with the longer relay being a much more wide-open affair. Mission Viejo (SS), state leader Vacaville (SJ), St Francis of Sacramento (SJ), Carondelet (NCS) and Calabasas (SS) top the form charts there!

## GIRLS THROWS

Although the odds naturally fall in history's favor when it comes to record attempts, it's still exciting when the all-time standards come under attack. We'll have the rare opportunity to witness one athlete legitimately attempt to achieve history twice this weekend as Elena Bruckner of Valley Christian (CCS) enters the throwing circles. Bruckner smashed the state record in the shot put this month with a titanic heave of 54 feet, 7 inches at the West Catholic Athletic League Finals. Three weeks earlier, she fired off the national leader of 186-10 in the discus throw that moved her to #3 in state history in that event. Each mark is superior to the existing state meet records (53-08 and 186-09, both by Shafter's Anna Jelmini in 2009), and she's arguably the best combo thrower in the country this spring. On paper, she projects for two golds, but torpedoing two meet records would be a huge bonus. Both Lauluga Tausaga-Collins of Mt. Miguel and Pamela Amaechi of Lincoln are familiar with breaking records as well. Tausaga flicked the platter to a San Diego Section all-time best 167-03 three weeks ago while Amaechi tossed the disc to a San Francisco Section record 166-05 in mid-March. Stagg's Jasmine Pharms looms as Bruckner's chief threat in the shot put ring; she won the Sacramento Meet of Champions in a career best 48-11.25, the best throw by a Sac-Joaquin Section athlete in 13 years!

## GIRLS VERTICAL JUMPS

California's airspace outshines the rest of the world when it comes to the girls' pole vault, where a trio of aerialists arrives here with stunning credentials! To date, Canyon (SS) of Anaheim junior Rachel Baxter has constructed the most prolific season in California history, riding an unbeaten wave that includes major victories at Arcadia, Mt. SAC, Orange County and SS Masters. Twice

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# 2016 State Track & Field Championships Preview

breaking the state record this spring, her nation-leading 14-03 at OC Champs ranks #1 in the world among 17-year-olds! Pacific Collegiate's Erika Malaspina also is skyrocketing up the charts, with her lifetime-best 13-09 in winning last weekend's CCS Finals catapulting her to a tie for second on this year's national charts and a tie for third on the all-time state lists. Eleventh grader McKenna Caskey, the latest entry from the powerhouse Mater Dei vault program, stands seventh in the world Youth (U-18) lists with her 13-04 best in late April while Santa Margarita's (SS) Kate Thomas owns a career best of 12-09 and captured the bronze medal here last year.

Perhaps no event is trickier to handicap this year than the girls' high jump, where seven of last year's eight scorers have since graduated and no one has established herself as a clear favorite this spring. Co-state leaders Ellie Earle-Rouse of Arcata (NCS) and Hannah Hanson of Academy for Academic Excellence (SS), both seniors, have cleared 5-08.25, with the former's occurring recently in winning the Redwood Empire Area crown. Riverside Poly (SS) sophomore Abigail Burke has been the most consistent of all, with four jumps at 5-07 or better, while sophomore Alexis Vincent-Walker of Clovis captured fifth place at state last year and is fresh off winning the Central Section Grand Masters title on this same apron two weeks ago.

## BOYS THROWS

Esperanza (SS) junior Bronson Osborn opened the season on a tear and hasn't lost momentum since. Under the tutelage of master coach Bill Pendleton, Osborn has powered out to 70-foot-plus performances in the shot put at three meets this season, with the real highlight being his 71-07.25/204-04 shot/discus double at the Mt. SAC Relays in mid-April, one of the greatest single-day doubles in national prep history! Each mark ranks third nationally this spring; the former mark also registers as fourth on the all-time state list. Amador Valley (NC) senior Nathan Esparza created mid-season shock waves up north with a huge toss of 69-03.00 in the shot put to loom as the likely threat to Osborn there. The discus competition is a bit tighter, with senior Kyle Carrillo of Westlake fresh off a career-best 200-01 at the CIF-SS Masters Meet and Great Oak (SS) senior Seth Knowlton going 197-plus at three different meets since mid-April. Competing on his home turf, Buchanan junior Jacob Wilson seeks to draw on home cooking and hometown adrenaline to secure a big finish.

## BOYS VERTICAL JUMPS

The list of "sky walkers" lurking on the high jump apron this weekend is nothing short of spectacular as SIX entrants court lifetime bests in the 7-foot territory! Topping the blockbuster lineup is Mt. Pleasant (CCS) senior Darius Carbin, who shared the silver medal here last year before taking the bronze in mid-summer at the World Youth Championships in Colombia! Carbin, whose best this spring is 7-00, seeks to conjure up another late-season flourish this

time around. Sean Lee of Trabuco Hills (SS) shared the silver position with Carbin last year while only a freshman (!) and has already elevated to a career best 7-00.25 this spring. Senior Isaiah Holmes of Oakmont has been electrifying field event fans with his amazing versatility in recent weeks, including a PR clearance of 7-01 at last weekend's Sac-Joaquin Section Masters, where he also blasted to an all-conditions state-leading 25-11.50 (!!!) in the long jump, skipped 47-11.50 in the triple jump, and also streaked to 14.13 in the high hurdles! The newest member of the 7-foot club is JW North's Elijah Hughes, who sailed over the bar at 7-01 at last weekend's SS Masters Meet; Alemany's Earnest Sears and Mountain View St. Francis' (CCS) Darius Thomas have also hit the mark, the latter doing so in 2015.

Marina (SS) vaulter Jett Gordon emerged with a clutch performance in snaring the silver medal last year, with the Orange County star progressing mightily ever since. The affable teen arrives here with an unblemished ledger during the outdoor season, including a lifetime-best clearance of 17-02 (tied for fifth nationally) at the SS Division 2 Finals and big-meet wins at Arcadia, Mt. SAC, Orange County and SS Masters. But plenty of dangerous challengers are here, including Ventura County champion Shane Peterson (Moorpark-SS), veteran Jacob Bowler of Del Oro (SJ) and consistent standout Kyle Brown of La Costa Canyon (SD). Granite Bay's Travis Kartz (4th) and Lodi's Michael Gonzalez (6th) are both podium returnees.

## BOYS HORIZONTAL JUMPS

Just when it appeared that the Central Section had the upper leg in the horizontal jumps with Lawrence White (long) of Ridgeview and Dennis Hicks (triple) of Liberty, some late-hour runway fireworks put a wrinkle in those plans. The big news came last weekend at the Sac-Joaquin Section Masters Meet as Oakmont's Isaiah Holmes busted out a 25-11.50 wind-aided tape measure job, the best all-conditions jump in the state in 27 years! White has been on a tear of late, with 24-foot-plus jumps in each of his last three meets while San Diego Section champ Tanner Battikha (24-05.00) of St. Augustine recently tacked nearly half a foot onto his prior best. Hicks remains the pick in the triple jump and sailed nearly 50 feet at the South Area Finals while Morrell Osling of Antelope Valley (SS) has caught his own late-season groove. Kingsburg's Seth Brooks, the Central Section Grand Masters champion, captured the bronze medal here last year.

## TEAM SCENARIOS

Vista Murrieta is the title favorite in the boys competition, projecting to benefit from a scoring boon in the dashes and relays; Great Oak, their Southwestern League rival, could score in bunches as well, but uber-clutch efforts will be required in the distances. Notre Dame (SS) of Sherman Oaks can rack up points in several event areas. On the girls' side, several schools are in the title hunt, with Carson (LA City) projecting as a very slight favorite over Agoura (SS), Great Oak (SS) and Vacaville (SJ), with others within a couple of points as well.

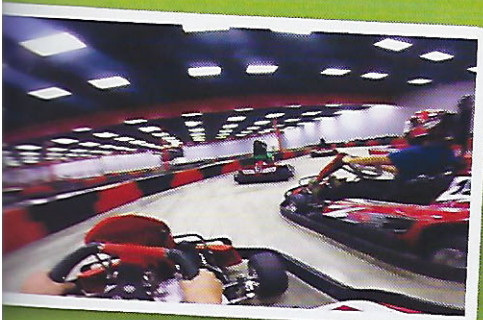




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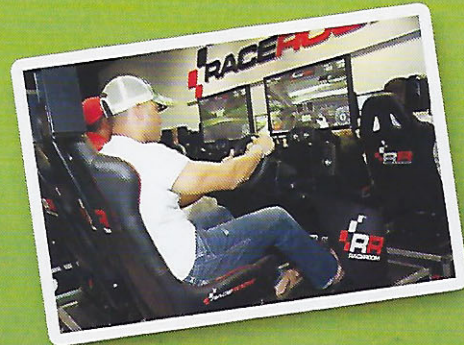
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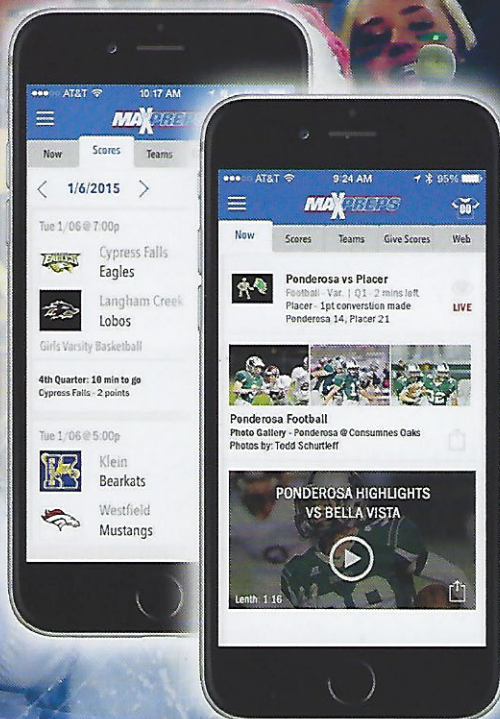


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# 2016 State Track & Field Championships

## BOYS 4X100M RELAY

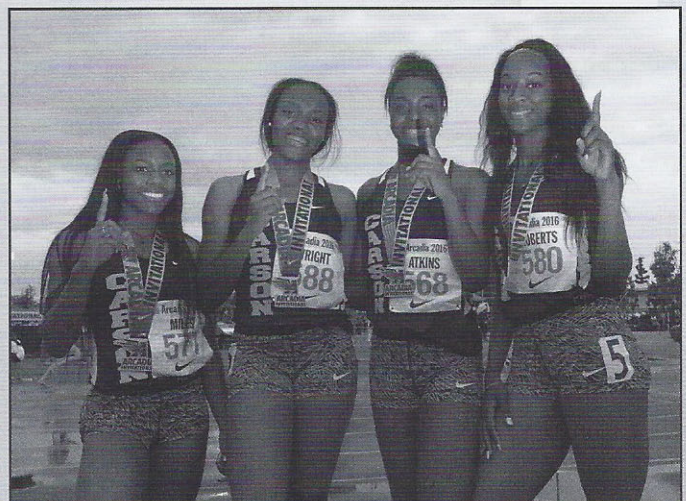
National: 39.76 5/16/1998 Wyatt (Ft. Worth, TX)  
 State Meet: 40.24 6/2/1989 Hawthorne

Lane	Team Relay	Sec	Seed Time
<b>Heat 1 of 3 Prelims</b>			
1	McClymonds	OK	43.18
2	DeLaSalle	NC	42.39
3	Dorsey	LA	42.01
4	Jesuit	SJ	41.73
5	Vista Murrieta	SS	41.29
6	Murrieta Mesa	SS	41.67
7	Kimball	SJ	41.92
8	Clayton Valley	NC	42.29
9	Carson	LA	42.66
<b>Heat 2 of 3 Prelims</b>			
1	West Valley	NO	43.54
2	Del Norte	SD	42.46
3	Rancho Cucamonga	SS	42.03
4	Bullard	CE	41.75
5	Bellarmino	CC	41.37
6	Mt. Carmel	SD	41.65
7	Central	CE	41.83
8	San Leandro	NC	42.23
9	Junipero Serra	CC	42.65
<b>Heat 3 of 3 Prelims</b>			
2	Rancho Bernardo	SD	42.57
3	Merrill West	SJ	42.07
4	Buchanan	CE	41.77
5	King, ML	SS	41.54
6	Notre Dame(SO)	SS	41.65
7	Rancho Verde	SS	41.81
8	Palo Alto	CC	42.19
9	Hamilton	LA	42.62

## GIRLS 4X100M RELAY

National: 44.50 4/23/2004 Poly (Long Beach)  
 State Meet: 44.70 6/7/1997 St. Bernard

Lane	Team Relay	Sec	Seed Time
<b>Heat 1 of 3 Prelims</b>			
1	Pleasant Valley	NO	50.68
2	View Park Prep	LA	48.42
3	Carondelet	NC	47.67
4	Rio Mesa	SS	46.61
5	Carson	LA	45.42
6	Poly (Lb)	SS	46.50
7	St. Francis	SJ	47.58
8	Torrey Pines	SD	48.22
9	El Diamante	CE	48.84
<b>Heat 2 of 3 Prelims</b>			
2	St. Francis	CC	48.43
3	Branham	CC	47.70
4	Santa Margarita	SS	47.02
5	Serra	SS	45.92
6	Upland	SS	46.49
7	Sheldon	SJ	47.41
8	Stockdale	CE	47.98
9	San Diego	SD	48.76
<b>Heat 3 of 3 Prelims</b>			
2	Archbishop Mitty	CC	48.49
3	Edison	SJ	47.76
4	Buchanan	CE	47.08
5	El Camino Real	LA	46.43
6	Rancho Cucamonga	SS	46.47
7	Bishop O'Dowd	NC	47.23
8	St. Mary's	NC	47.90
9	La Costa Cnyn	SD	48.51



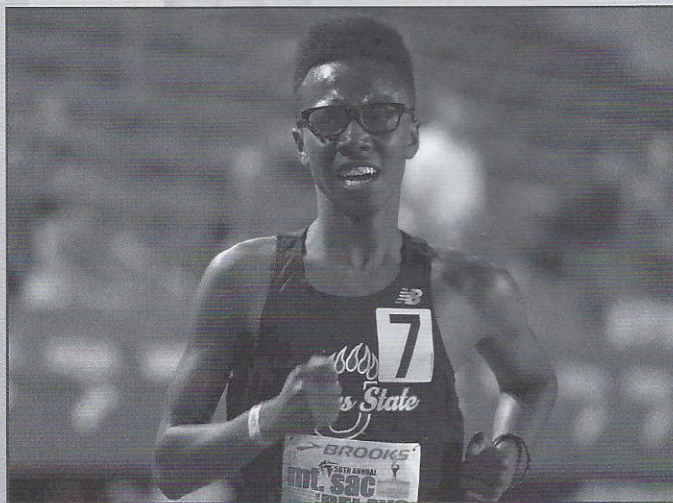
Carson

# 2016 State Track & Field Championships

## BOYS 1600M RUN

National: 3:59.51 4/14/2001 Alan Webb (So Lakes, VA)  
 State Meet: 4:00.29 5/31/2008 German Fernandez (Riverbank)

Lane	Name	Year	School	Sec	Seed Time
<b>Heat 1 of 2 Prelims</b>					
1	Isaac Cortes	12	Great Oak	SS	4:04.01
2	Jake Ogden	12	Dana Hills	SS	4:08.58
3	Tyler Janes	12	KingML	SS	4:08.81
4	Solomon Fountain	11	Great Oak	SS	4:10.28
5	Luis Grijalva	11	Armijo	SJ	4:10.71
6	Elias Opsahl	10	Redlands East Val	SS	4:12.14
7	Eduardo Herrera	12	Madera South	CE	4:12.38
8	Andrew Clusserath	12	Rocklin	SJ	4:15.04
9	Joaquin Martinez de Pinillos	10	Cathedral Catholic	SD	4:15.57
10	De'vyd Lawson	11	Redwood	CE	4:16.03
11	Moises Medrano	10	Highland		4:16.77
12	Stefan Bradley	12	San Ramon Valley	NC	4:17.69
13	Roman Munoz	11	King City	CC	4:17.81
14	Kent Slaney	11	Palo Alto	CC	4:19.95
15	Ben Tiber	11	Granada Hills	LA	4:21.18
<b>Heat 2 of 2 Prelims</b>					
1	Spencer Dodds	12	Great Oak	SS	4:05.47
2	Camden Smith	12	Highland	SS	4:07.98
3	Chance Lamberth	12	Canyon-Ana	SS	4:09.22
4	Ethan Comeaux	11	Redondo	SS	4:09.72
5	Paul Luevano	12	Venice	LA	4:11.18
6	Robert Franklin	12	Palos Verdes	SS	4:11.92
7	David Frisbie	12	Kennedy (Fremont)		4:14.06
8	Carson Bix	11	West Torrance	SS	4:14.23
9	Allen Siegler	12	University City	SD	4:15.72
10	Nick Borowsky	12	Davis	SJ	4:15.98
11	Neil Braganza	11	Dougherty Valley	NC	4:17.01
12	Matthew Richardson	11	Bellarmine	CC	4:17.39
13	Hector Garcia	12	Marshall	LA	4:18.01
14	Bryan Johnson	12	La Costa Cnyn	SD	4:18.71
15	Chris Morzenti	12	Mt. Shasta	NO	4:24.67
16	Salem Bouhassoun	11	Mission	SF	4:28.72



Solomon Fountain (Great Oak)

## GIRLS 1600M RUN

National: 4:33.29 5/29/2014 Alexa Efrainson (Camas, WA)  
 State Meet: 4:33.82 5/31/2008 Christine Babcock (Woodbridge)

Lane	Name	Year	School	Sec	Seed Time
<b>Heat 1 of 2 Prelims</b>					
1	Amanda Gehrich	12	Tesoro	SS	4:41.39
2	Gabby Satterlee	12	Central Valley Christian		4:49.02
3	Samantha Huerta	12	La Mirada	SS	4:49.30
4	Meredith Corda	11	Monte Vista	NC	4:49.99
5	Chloe Berry	12	Mission Viejo	SS	4:50.19
6	Olivia O'Keeffe	10	Davis	SJ	4:50.73
7	Lauren Moffett	12	Clovis North	CE	4:51.44
8	Gillian Meeks	12	Gunn	CC	4:53.13
9	Marisa Villegas	11	San Benito Hol	CC	4:56.47
10	Devianna Salcedo	9	McFarland	CE	4:59.96
11	Claire Bernd	10	Canyon Crest Academy	SD	5:00.16
12	Sarah Chaves	9	El Camino	SJ	5:01.48
13	Kelly Koehnen	11	Hamilton	NO	5:10.70
14	Tayna Larbaoui	10	Granada Hills	LA	5:19.75
15	Caroline Garrett	9	Oakland Tech	OK	5:22.91
<b>Heat 2 of 2 Prelims</b>					
1	Destiny Collins	12	Great Oak	SS	4:45.85
2	Annie Boos	11	Claremont	SS	4:48.95
3	Rylee Bowen	10	Sonoma Academy	NC	4:49.38
4	Brooke Starn	12	Monte Vista	NC	4:49.95
5	Kelli Hines	9	Mission Viejo	SS	4:50.37
6	Megan McCandless	12	Granada	NC	4:50.37
7	Cassy Haskell	09	Miramonte	NC	4:52.29
8	Stefanie Ortega	12	Seegerstrom	SS	4:52.71
9	Emily Skahill	11	St. Francis	CC	4:57.39
10	McKenna Brown	10	La Costa Cnyn	SD	4:58.92
11	Kendall Derry	12	Bella Vista	SJ	5:00.48
12	Meaghan Donnelly	12	Torrey Pines	SD	5:00.57
13	Teresa Castillo	12	Bravo Medical Magnet	LA	5:16.45
14	Patricia Sanchez	10	Santee	LA	5:18.01
15	Natalie Ewe	10	Lowell	SF	5:25.66



Amanda Gehrich (Tesoro)

# 2016 State Track & Field Championships

## BOYS 110M HURDLES

**National:** 13.30 5/26/1990 Chris Nelloms (Dunbar, Dayton, OH)  
**State Meet:** 13.39 6/5/2004 Kevin Craddock (James Logan)

Lane	Name	Year	School	Sec	Seed Time
<b>Heat 1 of 3 Prelims</b>					
1	Brandon Murphy	12	Anderson	NO	15.15
2	Ryan Thomsen	12	Calvin Chr	SD	14.79
3	Adrian Aguirre	11	Antioch	NC	14.40
4	Ben Hibbert	12	Frontier	CE	14.14
5	Deion Lightfoot-Shelton	11	Kimball	SJ	13.87
6	Isaiah Holmes	12	Oakmont	SJ	14.13
7	Alan Tantiwassadakran	12	Walnut	SS	14.39
8	Isaki Wada-Law	11	Los Gatos	CC	14.75
9	Patrick Washington	12	Carson	LA	15.00
<b>Heat 2 of 3 Prelims</b>					
1	Miguel Hernandez	11	Lincoln	SF	15.98
2	Zachary Kleppe	12	Rancho Buena Vista	SD	14.79
3	Devon Alvarado	12	Rancho Buena Vista	SD	14.43
4	Jasher Foster	12	St. Francis	SS	14.16
5	Koty Burton	12	La Quinta (LQ)	SS	14.06
6	Jonathan Harvey	12	DeLaSalle	NC	14.12
7	Khalil Dorsey	12	Colony	SS	14.28
8	Devin Crummie	12	Milpitas	CC	14.70
9	Dakari Douglas	11	Dorsey	LA	14.99
<b>Heat 3 of 3 Prelims</b>					
2	Brandon Hill	12	Buchanan	CE	14.88
3	Charles Kelly	11	Palmdale	SS	14.57
4	Paramveer Chohan	12	Buchanan	CE	14.16
5	Sam Schubert	12	San Lorenzo Valley	CC	14.08
6	Joseph Anderson	11	Upland	SS	14.08
7	Darius Canada	11	Natomas	SJ	14.23
8	Joshua Hall	12	James Logan	NC	14.64
9	Eddie Cooper	11	Cleveland	LA	14.96



Joseph Anderson (Upland)

## GIRLS 100M HURDLES

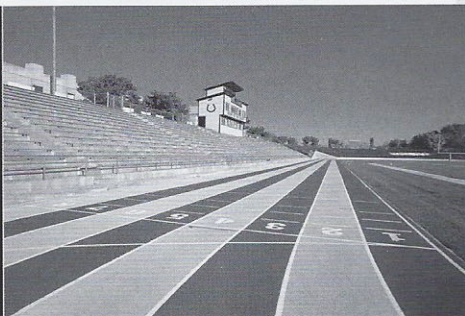
**National:** 13.03 6/2/2007 Vashti Thomas (Mt. Pleasant)  
**State Meet:** 13.03 6/2/2007 Vashti Thomas (Mt. Pleasant)

Lane	Name	Year	School	Sec	Seed Time
<b>Heat 1 of 3 Prelims</b>					
1	Ashlee Brown-Hillard	12	View Park Prep	LA	16.11
2	Melissa Seaman	12	St. Francis	CC	14.93
3	Hannah Nealis	12	Valley Center	SD	14.31
4	Jada Hicks	10	Upland	SS	14.14
5	Kaylah Robinson	11	El Cerrito	NC	13.45
6	Dani Johnson	12	Cathedral Catholic	SD	14.02
7	Jazlynn Shearer	9	Silver Creek	CC	14.29
8	Amanda Baker	12	Del Oro	SJ	14.84
9	Catherine Yu	12	Palo Alto	CC	15.33
<b>Heat 2 of 3 Prelims</b>					
2	Stephanie Cardenas	11	Gridley	NO	14.97
3	Tajanique Bell	12	Steele Canyon	SD	14.39
4	Natasha Feshbach	12	Santa Barbara	SS	14.16
5	Tara Davis	11	Agoura	SS	13.62
6	Mecca Mcglaston	12	Dublin	NC	13.85
7	Emma Kratzberg	12	Newport Harbor	SS	14.28
8	Aaliyah Wilson	10	Stockdale	CE	14.82
9	Iesha Hamm	11	Stockdale	CE	15.18
<b>Heat 3 of 3 Prelims</b>					
2	Tyjai Boyle	11	Carson	LA	14.99
3	Falon Wilson	12	Stockdale	CE	14.66
4	Danae Dyer	10	Temecula Val.	SS	14.18
5	Jurnee Woodward	11	Vacaville	SJ	13.76
6	Kara Awakoaiye	12	Bishop O'Dowd	NC	13.84
7	Breanna Bernard Joseph	10	Roosevelt, E	SS	14.22
8	Ivie Eboigbodin	12	Merrill West	SJ	14.76
9	Caitlin Worline-Thompson	9	Rancho Dominguez	LA	15.01



Kaylah Robinson (El Cerrito)

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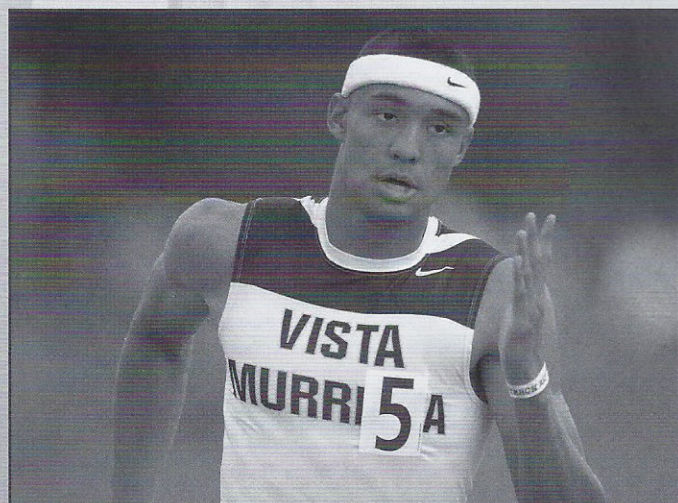
mondo@mondousa.com

# 2016 State Track & Field Championships

## BOYS 400M Dash

National: 45.19 4/24/2012 Aldrich Bailey/Michael Norman  
 State Meet: 45.19 6/6/2015 Michael Norman (Vista Murrieta)

Lane	Name	Year	School	Sec	Seed Time
<b>Heat 1 of 3 Prelims</b>					
1	Khalil Lyday	11	Edison	CE	50.20
2	Jaylin Stamps	12	Dorsey	LA	49.02
3	Jordan Tillis	11	Franklin of Elk Grove	SJ	48.52
4	Alex Perez	12	Damien	SS	47.71
5	Michael Norman	12	Vista Murrieta	SS	46.21
6	Zion Bowns	11	Poly (Lb)	SS	47.68
7	Byron Williams	12	Sunnyside	CE	48.52
8	D'Angelo Gunter	11	Del Norte	SD	48.93
9	Henry Larkin	10	Oakland Tech	OK	50.17
<b>Heat 2 of 3 Prelims</b>					
1	Jacob Avelino	11	Mountain View	CC	50.60
2	Keenan Ellis	11	Bonita Vista	SD	49.03
3	Rashid Shaheed	12	Mt. Carmel	SD	48.62
4	Connor Edwards	12	Chaparral	SS	47.82
5	Myles Ellis	11	Antelope	SJ	46.78
6	Austin Lietz	12	Notre Dame (SO)	SS	47.66
7	Mahmoud Adams	11	Bullard	CE	48.45
8	Mark Nunez	11	Dorsey	LA	48.79
9	Mahkai Husband	12	Palisades	LA	49.92
<b>Heat 3 of 3 Prelims</b>					
1	Adham Rivers	12	Las Plumas	NO	51.02
2	Joe Kull	12	Los Altos	CC	49.63
3	Max Glasser	10	Marin Catholic	NC	48.71
4	Daniel Bessolo	11	Castro Valley	NC	48.06
5	Marcel Espinoza	12	Santa Monica	SS	47.33
6	Logen Casavant	12	Rancho Mirage		47.60
7	Alec Foster	12	Granada	NC	48.10
8	Jacob Sampson	12	Vista del Lago	SJ	48.75
9	Joe Oard	11	San Lorenzo Valley	CC	49.75



Michael Norman (Vista Murrieta)

## GIRLS 400M Dash

National: 50.74 6/3/2000 Monique Henderson (Morse, San Diego)  
 State Meet: 50.74 6/3/2000 Monique Henderson (Morse)

Lane	Name	Year	School	Sec	Seed Time
<b>Heat 1 of 3 Prelims</b>					
1	Kirsten Galwey	10	West Valley	NO	58.49
2	Sarahvaughn King	11	Armijo	SJ	55.98
3	Ashley Willingham	12	Los Alamitos	SS	55.04
4	Jade Harrison	12	Cupertino	CC	54.55
5	Maliyah Medley	10	El Toro	SS	53.74
6	Anaya Alexander	12	Las Lomas	NC	54.54
7	Alexis Surrell	10	Newark Mem	NC	54.91
8	Autumn Wright	11	Carson	LA	55.92
9	Elisha Salazar	10	Rancho Dominguez	LA	57.75
<b>Heat 2 of 3 Prelims</b>					
1	Jamie Penner	11	Garces	CE	58.85
2	Ann Caroline Kaseberg	12	Torrey Pines	SD	56.44
3	Maya Sharp	10	Westlake	SS	55.28
4	Shamaya Flanagan	12	Quartz Hill	SS	54.73
5	Kaelin Roberts	11	Carson	LA	54.03
6	Hannah Waller	12	Buchanan	CE	54.43
7	Kennedy Gillian	12	Mission Viejo	SS	54.89
8	Emily Costello	10	Vista del Lago	SJ	55.82
9	Zion White	11	Valhalla	SD	57.41
<b>Heat 3 of 3 Prelims</b>					
1	Lena O'Grady	10	Lowell	SF	58.96
2	Betsabe Ornelas	11	Olympian	SD	57.31
3	Jalyn Harris	11	Rancho Cucamonga	SS	55.62
4	Maya Miklos	12	Gunn	CC	54.81
5	Carolyn Wilson	11	Oaks Christian	SS	54.33
6	Tierra Robinson-Jones	10	Bishop O'Dowd	NC	54.37
7	Mikayla Revera	11	Santa Catalina	CC	54.86
8	Claire Seymour	11	Enochs	SJ	55.65
9	Daveion Robinson	9	Central	CE	57.36



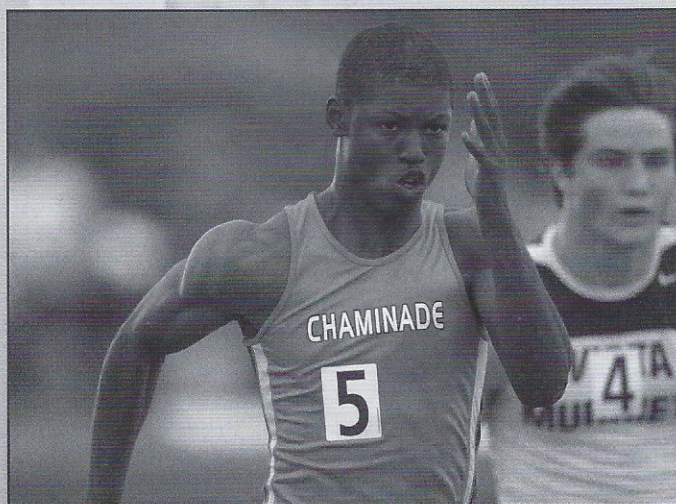
Hannah Waller (Buchanan)

# 2016 State Track & Field Championships

## BOYS 100M DASH

National: 10.15 5/12/1990 Henry Neal (Greenville, TX)  
 State Meet: 10.30 6/6/1992 Riley Washington (Southwest)

Lane	Name	Year	School	Sec	Seed Time
<b>Heat 1 of 3 Prelims</b>					
1	Grant Kingston	12	Anderson	NO	11.03
2	Raymond Marquez	11	Bakersfield East	CE	10.80
3	Asani Hampton	10	Yucaipa	SS	10.76
4	Cole Dubots	11	Vista Murrieta	SS	10.69
5	TJ Brock	12	Chaminade	SS	10.61
6	Antonio Mitchell	12	Vista Murrieta	SS	10.67
7	Jaden Stokes	10	Del Norte	SD	10.74
8	Troy Martig	12	Bellarmine	CC	10.80
9	Anthony Pierce	12	San Leandro	NC	10.99
<b>Heat 2 of 3 Prelims</b>					
1	Simon Shi	12	Washington	SF	11.16
2	Amir Karneh	11	Cleveland	LA	10.90
3	Eli Givens	12	Palo Alto	CC	10.76
4	Isaiah Diego-Williams	12	Serra	SS	10.69
5	Benjamin Goodwin	11	Christian	SD	10.62
6	Daniel Kamulali	10	Chatsworth	LA	10.66
7	Tayvian Cunningham	12	Will C. Wood	SJ	10.74
8	Ryan Morgan	12	Poway	SD	10.79
9	Obasi Dees	12	DeLaSalle	NC	10.99
<b>Heat 3 of 3 Prelims</b>					
2	Jordan Velasquez		Clayton Valley	NC	10.91
3	Clinton Spellman	11	Laguna Creek	SJ	10.77
4	Jared Geredes	11	Los Gatos	CC	10.71
5	Charles Williams	12	Bullard	CE	10.63
6	Dion Collier	12	Merrill West	SJ	10.63
7	Tj Packard	12	Central	CE	10.73
8	Carlos Wedlow	12	Murrieta Mesa	SS	10.78
9	Marquel Angelo	12	Carson	LA	10.92

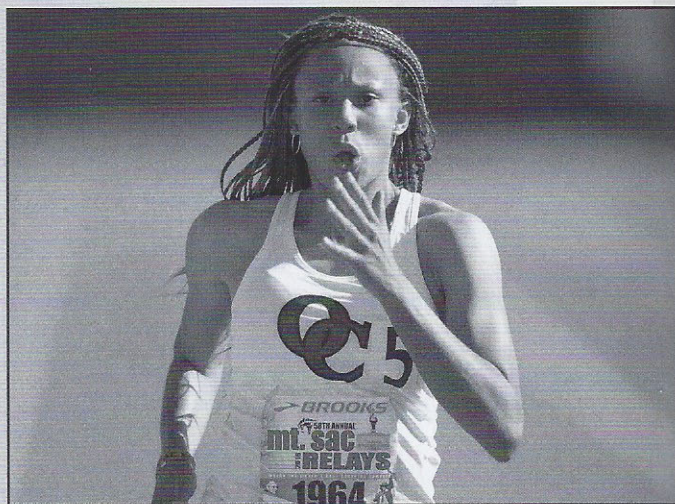


T.J. Brock (Chaminade)

## GIRLS 100M DASH

National: 11.14 6/6/1992 Marion Jones (Thousand Oaks)  
 State Meet: 11.14 6/6/1992 Marion Jones (Thousand Oaks)

Lane	Name	Year	School	Sec	Seed Time
<b>Heat 1 of 3 Prelims</b>					
1	Kennedy Hood	12	Loyalton	NO	12.48
2	Yamilet Biggers	12	Buchanan	CE	12.17
3	Keara Denegal	10	Edison	SJ	12.03
4	Celera Barnes	12	St. Bonaventure	SS	11.88
5	Jackie Patterson	12	Rancho Bernardo	SD	11.59
6	Kenyla Miles	11	Carson	LA	11.86
7	De'Anna Nowling	9	Calabasas	SS	12.00
8	Aaliyah Wilson	10	Stockdale	CE	12.17
9	Shani Reed	9	El Camino Real	LA	12.40
<b>Heat 2 of 3 Prelims</b>					
1	Brittney Jenkins	12	Oakland Tech	OK	12.51
2	Pamela White	12	Granada	NC	12.22
3	Jasmin Reed	11	Serra	SS	12.04
4	Holly Stallman	12	Ramona	SD	11.94
5	Rae'vyn Lawler	11	Sacramento	SJ	11.70
6	Callista Fletcher	11	Scripps Ranch	SD	11.85
7	Tai McDonald	10	Sheldon	SJ	12.00
8	Te'Mesha Paxton	11	Archbishop Mitty	CC	12.17
9	Tenia Landrum	12	Castro Valley	NC	12.33
<b>Heat 3 of 3 Prelims</b>					
1	Precious Amaechi	11	Lincoln	SF	12.64
2	Kimberly Montoya	12	Madera South	CE	12.29
3	Kenady Jackson	12	St. Mary's	NC	12.15
4	Rachael Estell	11	Mountain View	CC	11.94
5	Zaria Francis	12	Rio Mesa	SS	11.83
6	Lauren Rain Williams	11	Oaks Christian	SS	11.84
7	Ariyonna Augustine	10	Poly (Lb)	SS	11.98
8	Naiah Boardingham	12	El Camino Real	LA	12.16
9	Jade Harrison	12	Cupertino	CC	12.30



Lauren Williams (Oaks Christian)

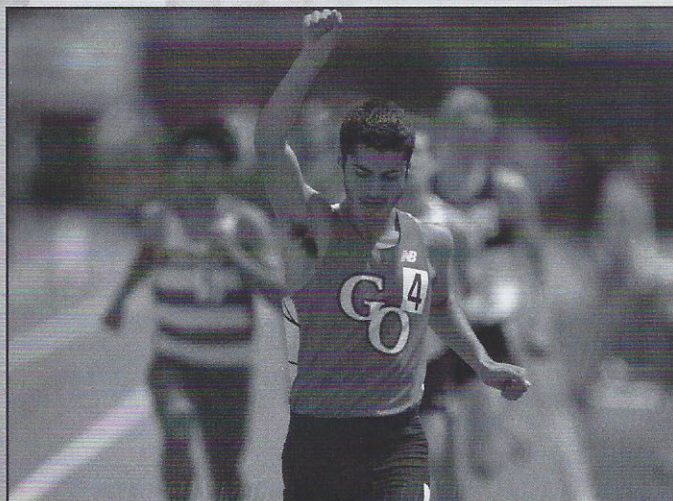


# 2016 State Track & Field Championships

## BOYS 800M RUN

National: 1:46.45 5/31/1996 Michael Granville (Bell Gardens)  
 State Meet: 1:46.45 5/31/1996 Michael Granville (Bell Gardens)

Lane	Name	Year	School	Sec	Seed Time
<b>Heat 1 of 3 Prelims</b>					
1	Connor Dunne	12	San Clemente	SS	1:50.41
2	Cameron Kunde	12	Nordhoff	SS	1:52.54
3	Xolan Brown	12	Redlands	SS	1:52.76
4	Daniel Ambriz	12	Merced	SJ	1:54.21
5	Raul Barraza	12	North Salinas	CC	1:54.25
6	Jeffrey Page	10	Eastlake	SD	1:54.97
7	Christian Gonzales	12	Miramonte	NC	1:54.98
8	Carlos Martin Del Campo	11	Monroe	LA	1:56.71
9	Cristhian Macias	12	Gardena	LA	1:58.43
<b>Heat 2 of 3 Prelims</b>					
1	Isaac Cortes	12	Great Oak	SS	1:51.54
2	Benjamin Micallef	11	Bellarmino	CC	1:52.29
3	Thomas Heib	12	Los Alamitos	SS	1:52.78
4	Jarett Chinn	11	Poway	SD	1:53.78
5	Nolan Sanchez	11	San Benito Hol	CC	1:54.33
6	Donovan Prince	10	High Tech CV	SD	1:54.64
7	Zach Baldwin	12	West Valley	NO	1:55.03
8	Ramon Flores	12	Ridgeview	CE	1:55.35
9	Hunter Parker	11	Palisades	LA	1:58.45
<b>Heat 3 of 3 Prelims</b>					
1	Anthony Chaidez	12	Notre Dame (SO)	SS	1:51.97
2	Nelson Quintana	12	Great Oak	SS	1:52.08
3	Curtis Threlkeld	12	North	CE	1:53.60
4	Willie Hall	12	Davis	SJ	1:53.70
5	Niki Moore	11	Campolindo	NC	1:54.49
6	Jose Cruz	11	McClatchy	SJ	1:54.49
7	Andrew Thomas	11	Redwood	NC	1:55.07
8	Peter Handy	10	Bakersfield	CE	1:55.11
9	Luis Aragon	12	Lowell	SF	1:59.06



Isaac Cortes (Great Oak)

## GIRLS 800M RUN

National: 2:02.04 6/4/2011 Amy Weissenbach (Harvard Westlake)  
 State Meet: 2:02.04 6/4/2011 Amy Weissenbach (Harvard Westlake)

Lane	Name	Year	School	Sec	Seed Time
<b>Heat 1 of 3 Prelims</b>					
1	Morgan Irish	12	Palos Verdes	SS	2:08.32
2	Cassie Durgy	12	Huntington Bch	SS	2:09.56
3	Jacquelyn Hill	11	Etiwanda	SS	2:09.88
4	Avi Wilson-Perteete	11	St. Mary's	NC	2:11.85
5	Mari Friedman	10	Santa Cruz	CC	2:12.72
6	Gabrielle Joffe	10	Mountain View	CC	2:14.07
7	Kara Smith	10	Franklin of Elk Grove	SJ	2:15.08
8	Sierra Brill	11	Lowell	SF	2:20.08
9	Erika Jimenez	12	Eagle Rock	LA	2:22.26
<b>Heat 2 of 3 Prelims</b>					
1	Alyssa Brewer	10	California	NC	2:08.47
2	Bianca Alonzo	12	Marlborough	SS	2:09.40
3	Heidi Fuhriman	12	Monte Vista	NC	2:10.25
4	Cathilyn McIntosh	10	Del Oro	SJ	2:11.82
5	Mikaela Romanini	11	Bakersfield	CE	2:13.22
6	Sakura Roberson	11	La Jolla	SD	2:13.62
7	Tatum Perez	12	Mt. Whitney	CE	2:16.06
8	Teresa Castillo	12	Bravo Medical Magnet	LA	2:19.91
9	Bronwyn Bunnell	12	San Pedro	LA	2:22.37
<b>Heat 3 of 3 Prelims</b>					
1	Erica Schroeder	11	San Marcos	SS	2:08.48
2	Rylee Penn	10	Centennial-Cor	SS	2:09.01
3	Nia Akins	12	Rancho Bernardo	SD	2:11.18
4	Kiley McCarthy	11	Carlsbad	SD	2:11.82
5	Annalisa Crowe	12	Menlo Atherton	CC	2:13.37
6	Ariane Arndt	12	St. Francis	SJ	2:13.46
7	Shelby Rogers	10	Liberty	CE	2:18.36
8	Kelly Koehnen	11	Hamilton	NO	2:19.77



Ariane Arndt (St. Francis)



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# 2016 State Track & Field Championships

## BOYS 300M HURDLES

National: 35.02 6/5/2009 Reggie Wyatt (La Sierra)

State Meet: 35.02 6/5/2009 Reggie Wyatt (La Sierra)

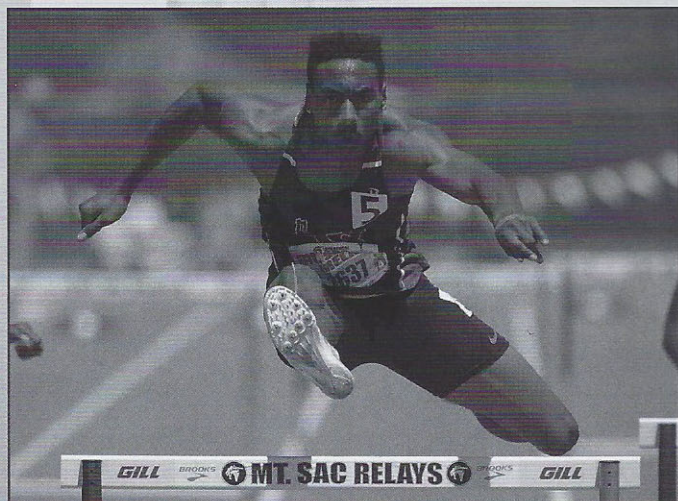
Lane	Name	Year	School	Sec	Seed Time
<b>Heat 1 of 3 Prelims</b>					
1	Dakari Douglas	11	Dorsey	LA	40.60
2	Isaki Wada-Law	11	Los Gatos	CC	38.91
3	Daniel Sun	12	Woodbridge	SS	38.40
4	Derrick Griffith II	12	Cosumnes Oaks	SJ	37.73
5	Koty Burton	12	La Quinta (LQ)	SS	37.00
6	Joseph Anderson	11	Upland	SS	37.72
7	Devon Alvarado	12	Rancho Buena Vista	SD	38.39
8	Champane Hightower	11	Madera	CE	38.89
9	Edward Yuen	12	Lowell	SF	40.16
<b>Heat 2 of 3 Prelims</b>					
1	Veejay Jones	12	Verdugo Hills	LA	40.81
2	Armon Plummer	12	Junipero Serra	CC	38.92
3	Joshua Hall	12	James Logan	NC	38.54
4	Adrian Aguirre	11	Antioch	NC	37.98
5	MacLean Conner	12	Pleasant Grove	SJ	37.01
6	Jasher Foster	12	St. Francis	SS	37.63
7	Austin Lietz	12	Notre Dame (SO)	SS	38.35
8	Wyatt Adams	12	Granite Hills	SD	38.85
9	Jaeden Watson	12	Stockdale	CE	39.90
<b>Heat 3 of 3 Prelims</b>					
2	Griffin Teague	12	Chico	NO	39.19
3	Andrew Cenidoza	12	Mt. Pleasant	CC	38.62
4	Bikram Thiara	11	Sierra	SJ	38.09
5	Cameron Samuel	11	Rancho Verde	SS	37.10
6	Jonathan Harvey	12	DeLaSalle	NC	37.34
7	Paramveer Chohan	12	Buchanan	CE	38.32
8	Patrick Washington	12	Carson	LA	38.84
9	Ethan Carter	12	Torrey Pines	SD	39.37

## GIRLS 300M HURDLES

National: 39.98 5/19/2001 Lashinda Demus (Wilson, Long Beach)

State Meet: 40.10 6/4/2005 Ebony Collins (Wilson, Long Beach)

Lane	Name	Year	School	Sec	Seed Time
<b>Heat 1 of 3 Prelims</b>					
1	Andee Poole	10	Sanger	CE	46.36
2	Paige Johnson	12	El Camino Real	LA	44.71
3	Artearra Coffey	12	Deer Valley	NC	43.85
4	Shante Robinson	11	Mira Costa	SS	43.17
5	Jurnee Woodward	11	Vacaville	SJ	41.43
6	Hannah Davis	12	Vacaville	SJ	42.80
7	Dilini Amarasekara	12	Etiwanda	SS	43.79
8	Brookey Villanueva	12	Amador Valley	NC	44.65
9	Chloe Kimes	10	Soquel	CC	46.31
<b>Heat 2 of 3 Prelims</b>					
2	Treasure Johnson	12	Birmingham	LA	45.08
3	Caice Lanovaz	12	Los Gatos	CC	43.90
4	Cecily Montanez	12	Franklin of Elk Grove	SJ	43.27
5	Breanna Bernard Joseph	10	Roosevelt, E	SS	41.87
6	Malia Avila	11	Walnut	SS	42.56
7	Dani Johnson	12	Cathedral Catholic	SD	43.79
8	Ariel Dunbar	12	San Marin	NC	44.58
9	Carissa Wight	12	Clovis East	CE	46.14
<b>Heat 3 of 3 Prelims</b>					
2	Tyjai Boyle	11	Carson	LA	45.28
3	Hannah Nealis	12	Valley Center	SD	44.03
4	Zoe March	12	Immanuel	CE	43.33
5	Emma Kratzberg	12	Newport Harbor	SS	41.95
6	Tajanique Bell	12	Steele Canyon	SD	41.99
7	Tamia Prince	12	Mayfair	SS	43.72
8	Stephanie Cardenas	11	Gridley	NO	44.48
9	Melissa Seaman	12	St. Francis	CC	45.55



Koty Burton (La Quinta)



Jurnee Woodward (Vacaville)

# 2016 State Track & Field Championships

## BOYS 200M DASH

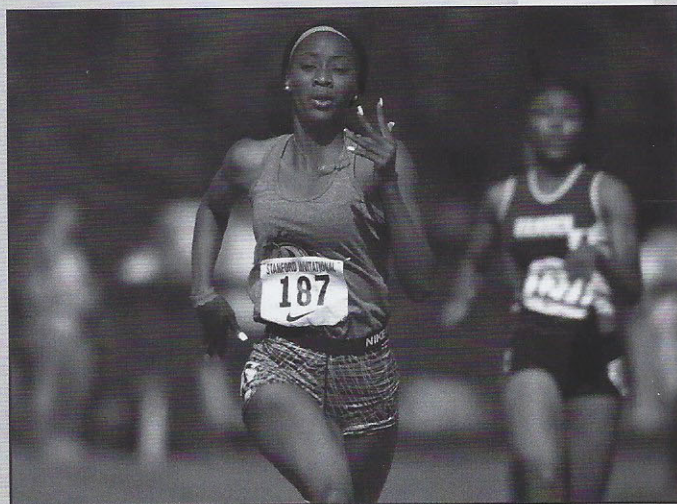
National: 20.13 5/11/1985 Roy Martin (Roosevelt, Dallas, TX)  
 State Meet: 20.30 6/6/2015 Michael Norman (Vista Murrieta)

Lane	Name	Year	School	Sec	Seed	Time
<b>Heat 1 of 3 Prelims</b>						
1	Adham Rivers	12	Las Plumas	NO	22.63	
2	Conor Bruce	11	Garces	CE	21.89	
3	Keenan Ellis	11	Bonita Vista	SD	21.82	
4	Alex Barnum	12	Harvard Westlake	SS	21.63	
5	Michael Norman	12	Vista Murrieta	SS	20.23	
6	Rashid Shaheed	12	Mt. Carmel	SD	21.53	
7	Benjamin Goodwin	11	Christian	SD	21.76	
8	Anthony Pierce	12	San Leandro	NC	21.88	
9	Todderick Gellington	12	Castlemont	OK	22.51	
<b>Heat 2 of 3 Prelims</b>						
1	Mahkai Husband	12	Palisades	LA	23.43	
2	Anthony Richard	12	Yerba Buena	CC	22.07	
3	Dion Collier	12	Merrill West	SJ	21.83	
4	Eli Givens	12	Palo Alto	CC	21.64	
5	Isaiah Diego-Williams	12	Serra	SS	20.96	
6	Nicholas Moore	11	Oaks Christian	SS	21.51	
7	Cahlil Hooper	12	Culver City	SS	21.75	
8	Ryan Moya-Chapron	11	Colony	SS	21.86	
9	Dylan Thomsen	11	El Camino Real	LA	22.50	
<b>Heat 3 of 3 Prelims</b>						
2	Amir Karneh	11	Cleveland	LA	22.10	
3	Troy Martig	12	Bellarmine	CC	21.84	
4	Clinton Spellman	11	Laguna Creek	SJ	21.69	
5	Tayvian Cunningham	12	Will C. Wood	SJ	21.38	
6	Charles Williams	12	Bullard	CE	21.47	
7	Mahmoud Adams	11	Bullard	CE	21.71	
8	Obasi Dees	12	DeLaSalle	NC	21.85	
9	Max Glasser	10	Marin Catholic	NC	22.14	

## GIRLS 200M DASH

National: 22.52 6/7/2003 Allyson Felix (LA Baptist)  
 State Meet: 22.52 6/7/2003 Allyson Felix (LA Baptist)

Lane	Name	Year	School	Sec	Seed	Time
<b>Heat 1 of 3 Prelims</b>						
1	Kennedy Hood	12	Loyalton	NO	25.72	
2	Shanique Simpson	11	Morse	SD	24.66	
3	Rae'vyn Lawler	11	Sacramento	SJ	24.34	
4	Jackie Patterson	12	Rancho Bernardo	SD	24.00	
5	Lauren Rain Williams	11	Oaks Christian	SS	22.80	
6	Jade Harrison	12	Cupertino	CC	23.98	
7	Kaylah Robinson	11	El Cerrito	NC	24.25	
8	Mikayla Revera	11	Santa Catalina	CC	24.64	
9	Kenyla Miles	11	Carson	LA	24.97	
<b>Heat 2 of 3 Prelims</b>						
1	Briana Rivera	9	Castlemont	OK	26.20	
2	Callista Fletcher	11	Scripps Ranch	SD	24.75	
3	Kirsten Carter	10	Santa Rosa	NC	24.39	
4	Kayla Richardson	12	Walnut	SS	24.02	
5	Celera Barnes	12	St. Bonaventure	SS	23.73	
6	Ariyonna Augustine	10	Poly (Lb)	SS	23.93	
7	Tierra Robinson-Jones	10	Bishop O'Dowd	NC	24.18	
8	Autumn Wright	11	Carson	LA	24.63	
9	Yamilet Biggers	12	Buchanan	CE	24.96	
<b>Heat 3 of 3 Prelims</b>						
2	Rachael Estell	11	Mountain View	CC	24.78	
3	Keara Denegal	10	Edison	SJ	24.51	
4	Kaelin Roberts	11	Carson	LA	24.08	
5	Zaria Francis	12	Rio Mesa	SS	23.82	
6	Hannah Waller	12	Buchanan	CE	23.82	
7	Jasmin Reed	11	Serra	SS	24.15	
8	Tai McDonald	10	Sheldon	SJ	24.56	
9	Sayda Taylor	9	Yosemite	CE	24.87	



Kaelin Roberts (Carson)

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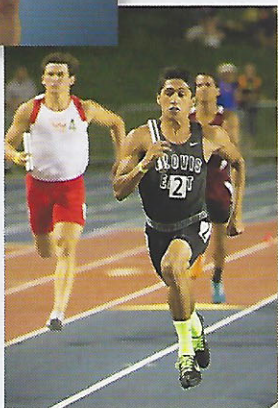
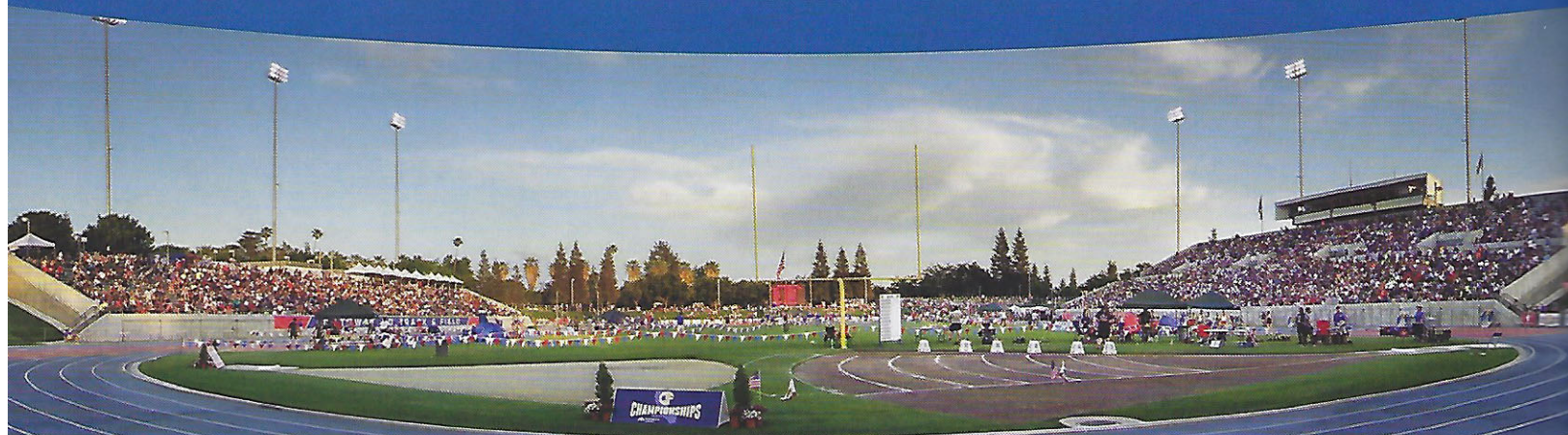


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# 2016 TRACK & FIELD CHAMPIONSHIPS



Clovis Unified welcomes you to the 2016 CIF Track and Field Championships. A special THANK YOU to the hundreds of volunteers from Clovis Unified who made this event possible.

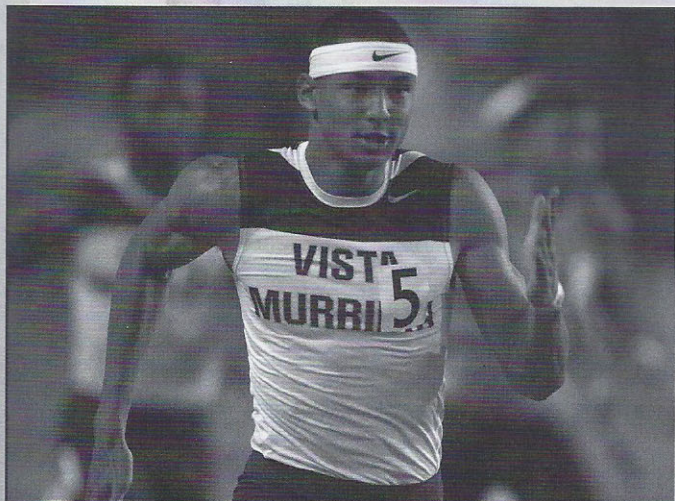
**Enjoy your time in Clovis!**

# 2016 State Track & Field Championships

## BOYS 4X400M RELAY

National: 3:07.40 4/6/1985 Hawthorne  
 State Meet: 3:08.42 6/4/2010 Serra, Gardena

Lane	Team Relay	Sec	Seed Time
<b>Heat 1 of 3 Prelims</b>			
1	Central	CE	3:24.93
2	California	NC	3:21.51
3	Bellarmino	CC	3:20.22
4	Chaminade	SS	3:18.45
5	Vista Murrieta	SS	3:14.83
6	Cathedral	SS	3:17.38
7	St. Mary's	NC	3:20.15
8	Dorsey	LA	3:21.50
9	Paradise	NO	3:24.51
<b>Heat 2 of 3 Prelims</b>			
2	Palisades	LA	3:23.59
3	Mt. Carmel	SD	3:20.44
4	Agoura	SS	3:19.00
5	Notre Dame(SO)	SS	3:16.01
6	Laguna Creek	SJ	3:17.05
7	Rancho Verde	SS	3:20.09
8	Los Gatos	CC	3:21.16
9	Frontier	CE	3:24.51
<b>Heat 3 of 3 Prelims</b>			
2	Bullard	CE	3:24.22
3	Rancho Buena Vista	SD	3:20.59
4	Junipero Serra	CC	3:19.45
5	Cosumnes Oaks	SJ	3:16.39
6	Vanden	SJ	3:16.79
7	Mira Mesa	SD	3:19.79
8	James Logan	NC	3:20.95
9	Monroe	LA	3:24.29

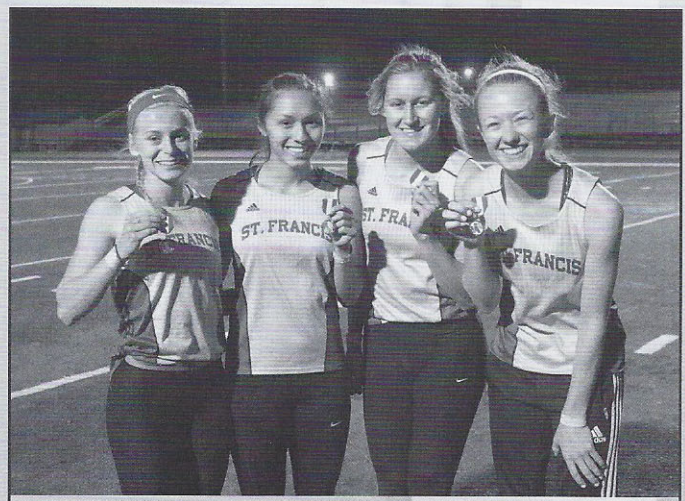


Michael Norman (Vista Murrieta)

## GIRLS 4X400M RELAY

National: 3:35.49 6/5/2004 Poly, Long Beach  
 State Meet: 3:35.49 6/5/2004 Poly, Long Beach

Lane	Team Relay	Sec	Seed Time
<b>Heat 1 of 3 Prelims</b>			
1	West Valley	NO	4:07.43
2	St. Ignatius	CC	3:57.49
3	Buchanan	CE	3:54.08
4	Franklin of Elk Grove	SJ	3:49.19
5	Vacaville	SJ	3:44.59
6	Bishop O'Dowd	NC	3:48.31
7	San Marcos	SS	3:51.76
8	Santa Cruz	CC	3:57.22
9	View Park Prep	LA	4:03.80
<b>Heat 2 of 3 Prelims</b>			
2	Bakersfield	CE	3:57.79
3	Olympian	SD	3:55.27
4	Rancho Cucamonga	SS	3:49.66
5	St. Francis	SJ	3:45.49
6	Calabasas	SS	3:47.87
7	St. Mary's	NC	3:51.19
8	Liberty	CE	3:56.45
9	Palisades	LA	4:02.61
<b>Heat 3 of 3 Prelims</b>			
2	Carson	LA	3:58.95
3	Los Gatos	CC	3:56.16
4	Westlake	SS	3:49.70
5	Carondelet	NC	3:47.00
6	Mission Viejo	SS	3:47.31
7	Santa Margarita	SS	3:49.91
8	La Jolla	SD	3:56.42
9	Torrey Pines	SD	3:59.44



St. Francis

# 2016 State Track & Field Championships

## BOYS 3200M RUN

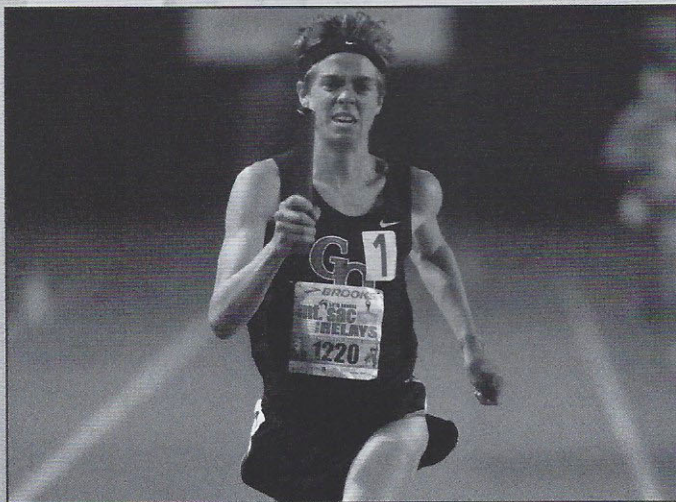
National: 8:34.23 5/31/2008 German Fernandez (Riverbank)  
 State Meet: 8:34.23 5/31/2008 German Fernandez (Riverbank)

Lane	Name	Year	School	SEC	Seed Time
<b>Section I of I Timed Finals</b>					
1	Bolger, Callum	11	San Luis Obispo	SS	8:52.40
2	Van Scoter, Jack	12	Flintridge Prep	SS	8:52.88
3	Dodds, Spencer	12	Great Oak	SS	8:55.20
4	Coppi, Mason	12	Dana Hills	SS	8:55.53
5	Kurdy, Sean	12	Jesuit	SJ	8:59.15
6	Spencer, Cole	12	Great Oak	SS	9:00.48
7	Reynolds, Garrett	12	Ventura	SS	9:01.33
8	Vernau, Michael	11	Davis	SJ	9:02.41
9	Renken, Ryan	11	Claremont	SS	9:02.59
10	Capetillo, Salvador	12	Baldwin Park	SS	9:03.50
11	Landgraf, Jack	10	Dana Hills	SS	9:04.92
12	Janes, Tyler	12	King, ML	SS	9:06.20
13	Teare, Cooper		St. Joseph-Nd	NC	9:06.76
14	Herrera, Eduardo	12	Madera South	CE	9:09.58
15	Luevano, Paul	12	Venice	LA	9:10.11
16	Robison, Justin	12	Lynbrook	CC	9:12.41
17	Chrisman, Timothy	12	Monte Vista	NC	9:12.64
18	Dozier, Nolan	12	Sobrato	CC	9:15.23
19	Pope, Charlie	12	Torrey Pines	SD	9:16.13
20	Boone, Samuel	10	Mt. Carmel	SD	9:16.49
21	Olivero, Alexander	12	St. Francis	CC	9:16.64
22	Surapaneni, Anirudh	11	Dublin	NC	9:16.81
23	Prince, Beau	11	Sage Creek	SD	9:16.98
24	Silva, Evert	11	Fresno	CE	9:18.10
25	Grijalva, Luis	11	Armijo	SJ	9:23.18
26	Villar, Miguel	11	Madera South	CE	9:24.51
27	Hazell, Justin	10	El Camino Real	LA	9:27.62
28	Katzman, Zachary	12	Skyline	OK	9:33.28
29	Garcia, Hector	12	Marshall	LA	9:34.14
30	Skoy, Andrew	11	Shasta	NO	9:41.02
31	Bouhassoun, Salem	11	Mission	SF	9:59.11

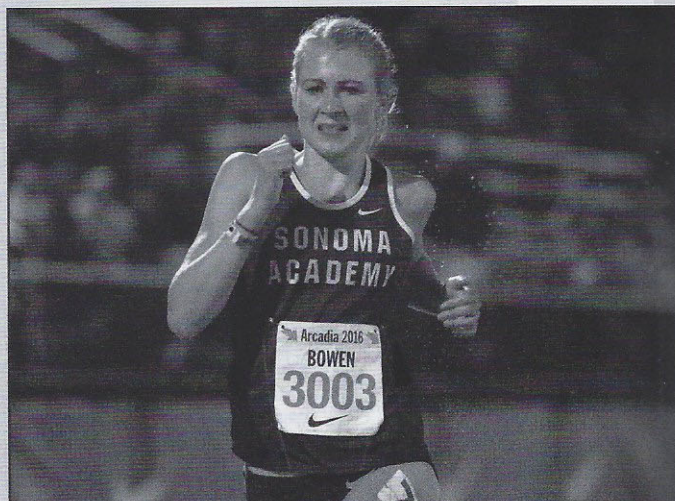
## GIRLS 3200M RUN

National: 9:48.59 5/24/1996 Kim Mortensen (Thousand Oaks)  
 State Meet: 9:52.13 5/31/2008 Jordan Hassay (Mission College Prep)

Lane	Name	Year	School	SEC	Seed Time
<b>Section I of I Timed Finals</b>					
1	O'Keeffe, Fiona	12	Davis	SJ	10:08.65
2	Collins, Destiny	12	Great Oak	SS	10:18.35
3	Sandoval, Jennifer	12	Summit	SS	10:20.90
4	Coonfield, Morgin	12	McKinleyville	NC	10:25.43
5	Gehrich, Amanda	12	Tesoro	SS	10:25.71
6	McCandless, Megan	12	Granada	NC	10:28.09
7	Zielinski, Nicole	12	Canyon-Ana	SS	10:28.60
8	Scoville, Katie	10	La Canada	SS	10:28.92
9	Cruz-Albrecht, Sylvia	9	Oak Park	SS	10:29.45
10	Iyer, Niki	11	Harker	CC	10:29.52
11	Almanza, Valerie	11	Channel Islands	SS	10:30.71
12	Ratliff, Cate	12	Santa Cruz	CC	10:31.91
13	Chittenden, Elizabeth	11	Mira Costa	SS	10:32.91
14	Gaskell, Stefani	12	Sultana	SS	10:34.72
15	White, Delaney	12	Santa Rosa	NC	10:41.82
16	Vandegrift, Sydney	10	St. Francis	SJ	10:42.19
17	Castiglioni, Sofia	11	Davis	SJ	10:43.25
18	Barrett, Erica	11	Westview	SD	10:44.34
19	Meeks, Gillian	12	Gunn	CC	10:45.16
20	Moran, Laura	11	Mt. Carmel	SD	10:46.01
21	Loren, Kira	11	Canyon Crest Academy	SD	10:46.04
22	Lowe, Meagen	9	Buchanan	CE	11:01.54
23	Mora, Mackenzie	11	Buchanan	CE	11:06.39
24	Leung, Kristen	12	Lowell	SF	11:06.45
25	Manoogian, Pari	11	Clovis North	CE	11:08.66
26	Koehnen, Kelly	11	Hamilton	NO	11:16.10
27	Ross, Johanna	11	Oakland Tech	OK	11:20.37
28	Perez, Jennifer	11	Santee	LA	11:32.75
29	Sanchez, Patricia	10	Santee	LA	11:32.76
30	Larbaoui, Tayna	10	Granada Hills	LA	11:38.08



Spencer Dodds (Great Oak)



Rylee Bowen (Sonoma Academy)





# Kiwanis Club OLD TOWN CLOVIS

## Community Service Projects

Sponsor of the Annual Clovis Children's Electric Christmas Parade  
Clovis Unified Elementary Football Carnival Snack Bar  
at Buchanan High School

Buchanan High School Girl's New Year's Basketball Tournament

Special Olympics Basketball Tournament – Provide Lunches

Special Olympics Swim Meet – Provide Lunches

Special Olympics Softball Tournament – Provide Lunches

Special Olympics Fishing Derby – Provide Lunches

Clovis Senior Center Jolly Times – Provide Lunches

Tree Fresno – Memorial Tree Planting

Hope of America Awards for CUSD Intermediate Schools

Provide Scholarships for CUSD High Schools, Gateway, Enterprise and Clovis Adult School

Clovis High School and Buchanan High School Key Clubs

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Classic Catering – 625 Fourth St., Clovis



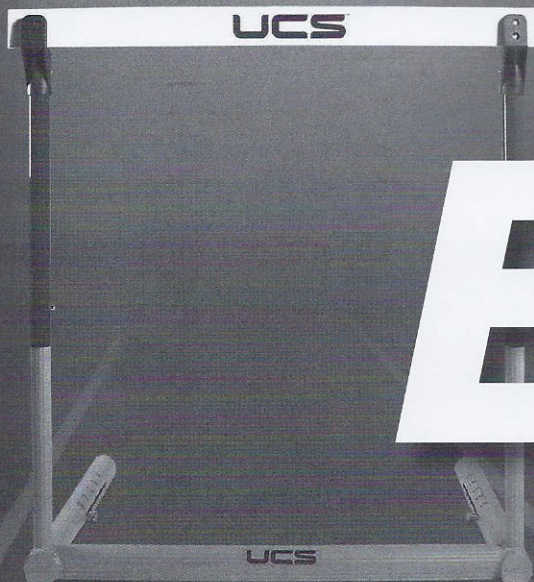
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# 2016 State Track & Field Championships

## GIRLS HIGH JUMP

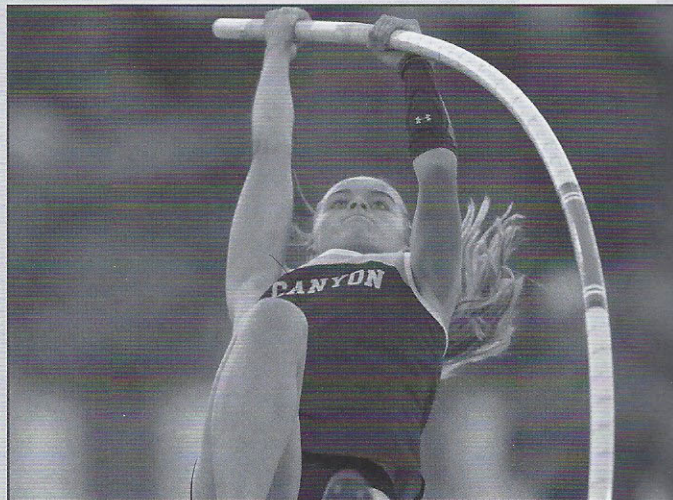
National: 6-04 4/25/2009 Toni Young (Del City, OK)  
 State Meet: 6-02 6/1/1985 Latrese Johnson (Clovis)

Pos	Name	Year	School	Sec	Seed Time
<b>Flight 1 of 1 Prelims</b>					
1	Berruto, Chiara	11	No. Hollywood	LA	4-10.00
2	Dixon, Denicia	11	Morse	SD	5-01.00
3	Porzio, Kira	9	Foothill	NC	5-02.00
4	Stuart, Anne	11	Downey	SJ	5-03.00
5	Johnson, Paige	12	El Camino Real	LA	5-04.00
6	Dozier, Shelby	12	Bella Vista	SJ	5-05.00
7	Agina, Chinenye	10	Sanger	CE	5-05.00
8	Harvard, Nicole	11	Silverado	SS	5-05.00
9	Nance, Hannah	12	San Dimas	SS	5-05.00
10	Ruotolo, Julianna	12	Carondelet	NC	5-05.00
11	Brooks, Amanda	12	Franklin of Elk Grove	SJ	5-05.00
12	Palka, Cassidy	11	Oaks Christian	SS	5-05.00
13	Wellington, Brenae	12	Buchanan	CE	5-05.00
14	Hickey, Alysah	9	Coronado	SD	5-05.00
15	Ibekwe, EmEm	12	North, JW	SS	5-05.00
16	Van Horn, Brenner	12	Ventura	SS	5-05.00
17	Given, Kallie	11	Los Alamitos	SS	5-05.00
18	Snow, Alana	11	Carlsbad	SD	5-05.00
19	Edwards, Alisha	12	Redlands	SS	5-05.00
20	Hanson, Hannah	12	Academy/Excel	SS	5-05.00
21	Hurst, Katy	9	Fortuna	NC	5-05.00
22	Vincent-walker, Alexis	10	Clovis	CE	5-06.00
23	Ackemann, Cassie	11	San Lorenzo Valley	CC	5-07.00
24	Baryshnikova, Olga	11	Prospect	CC	5-07.00
25	McNulty, Aine	12	Los Gatos	CC	5-07.00
26	Earle-Rouse, Ellie	12	Arcata	NC	5-07.00

## GIRLS POLE VAULT

National: 14-02.75 4/27/2011 Morgan LeLeux (Lafayette, La)  
 State Meet: 14-01 6/2/2007 Tori Anthony (Castilleja)

Pos	Name	Year	School	Sec	Seed Time
<b>Flight 1 of 1 Prelims</b>					
1	Yale, Jocelyn	12	Marshall	LA	9-00.00
2	Ruiz, Matteya	9	Foothill	NC	10-00.00
3	Woo, Alicia	12	Tracy	SJ	11-01.00
4	Fereira, Megan	12	Roseville	SJ	11-04.00
5	Engel, Samantha	11	El Dorado	SJ	11-04.00
6	DeBruin, Isabella	12	Justin-Siena	NC	11-04.00
7	Lark, Mariah	11	Moreau Cath	NC	11-04.00
8	Wang, Julia	11	Las Lomas	NC	11-07.00
9	Wilshusen, Codie	11	Paso Robles	SS	11-07.00
10	Becker, Bianca	12	Canyon Crest Academy	SD	11-07.00
11	Wong, Laurel	9	Santa Catalina	CC	11-07.00
12	Sexton, Alexandra	11	Los Gatos	CC	11-07.00
13	Mahlum, Remington	12	Buchanan	CE	11-07.00
14	Myers, Kayla	11	Poway	SD	11-07.00
15	Prystupa, Sarah	12	Burroughs(Bur)	SS	11-07.00
16	Wagenveld, Sara	12	Calvin Chr	SD	11-07.00
17	Craft, Rachel	12	Thousand Oaks	SS	11-07.00
18	Heri, Kaitlin	11	Redondo	SS	11-07.00
19	Crouch, Nikki	11	Clovis East	CE	11-07.00
20	Coombs, Emily	11	Lutheran (Orange)	SS	11-07.00
21	Gerardo, Erin	11	Santa Margarita	SS	12-01.00
22	Mohr, Kathryn	12	Menlo Atherton	CC	12-01.00
23	Jaques, Sydney	12	Presentation	CC	12-01.00
24	Block, Amanda	12	Beverly Hills	SS	12-01.00
25	Tjerrild, Brooke	11	Clovis North	CE	12-01.00
26	Friedenbach, Corey	10	Pacific Collegiate School		12-01.00
27	Finch, Julianne	12	Garces	CE	12-01.00
28	Ahrens, Jacqueline	11	Peninsula	SS	12-07.00
29	Noble, Shelby	12	Clovis West	CE	12-07.00
30	Thomas, Kate	11	Santa Margarita	SS	12-07.00
31	Oxford, Samantha	12	Santa Teresa	CC	12-09.00
32	Caskey, McKenna	11	Mater Dei	SS	13-01.00
33	Baxter, Rachel	11	Canyon-Ana	SS	13-07.00
34	Malaspina, Erika	12	Pacific Collegiate School		13-09.00



Rachel Baxter (Canyon, Anaheim)

# 2016 State Track & Field Championships

## GIRLS LONG JUMP

National: 22-01.75 5/24/1976 Kathy McMillan (Raeford, NC)

State Meet: 22-00.50 6/19/1993 Marion Jones (Thousand Oaks)

Pos	Name	Year	School	Sec	Seed Time
<b>Flight I of I Prelims</b>					
1	Amaechi, Precious	11	Lincoln	SF	16-04.50
2	Walker, Jaylen	10	Carson	LA	16-07.50
3	Lyons, Julia	12	Acalanes	NC	17-02.00
4	Rivers, Chava	10	Las Plumas	NO	17-04.25
5	Rivera, Briona	9	Castlemont	OK	17-05.00
6	Wilbekin, Ariel	12	Castro Valley	NC	17-05.25
7	Landrum, Tenia	12	Castro Valley	NC	17-07.50
8	Campbell, Aliyah	11	Mt. Carmel	SD	17-09.25
9	Young, Jonon	10	Carson	LA	18-00.00
10	Romero, Haley	12	Christopher	CC	18-01.00
11	Schiller, Noelle	11	Westlake	SS	18-01.75
12	Barnes, Sydney	12	Olympian	SD	18-02.00
13	Fisher, Arianna	10	Silver Creek	CC	18-02.00
14	Parsons, Alison	12	Los Alamitos	SS	18-02.25
15	Souza, Elle	10	Kimball	SJ	18-02.50
16	Seaton, Samantha	11	Westlake	SS	18-03.50
17	Covington, Breanna	12	Central	CE	18-03.50
18	Terry, Nicole	11	Cosumnes Oaks	SJ	18-03.50
19	Daniels, Mia	12	Pleasant Grove	SJ	18-04.00
20	Downes, Jaala	10	Lincoln, Stoc	SJ	18-04.75
21	Feshbach, Natasha	12	Santa Barbara	SS	18-05.00
22	Johnson, Taylor	12	The Kings Acad	CC	18-05.25
23	Lee, Kaela	11	St. Ignatius	CC	18-05.75
24	John, Joseena	12	Davis	SJ	18-06.50
25	Forbus, Micheletta	11	Indian Springs		18-08.50
26	Boardingham, Naiah	12	El Camino Real	LA	18-09.00
27	Ebert, Daizhiana	12	Ridgeview	CE	18-10.00
28	Stallman, Holly	12	Ramona	SD	18-10.00
29	Estell, Rachael	11	Mountain View	CC	19-01.25
30	Warwick, Nicole	11	Modesto Chr	SJ	19-01.50
31	Lanovaz, Caice	12	Los Gatos	CC	19-02.50
32	Jackson, Katherine	11	Rodriguez	SJ	19-06.50
33	Foster, Rhesa	12	Clovis North	CE	19-07.25
34	Longmire, Destiny	12	Rancho Verde	SS	19-08.25
35	Davis, Tara	11	Agoura	SS	19-10.50

## GIRLS TRIPLE JUMP

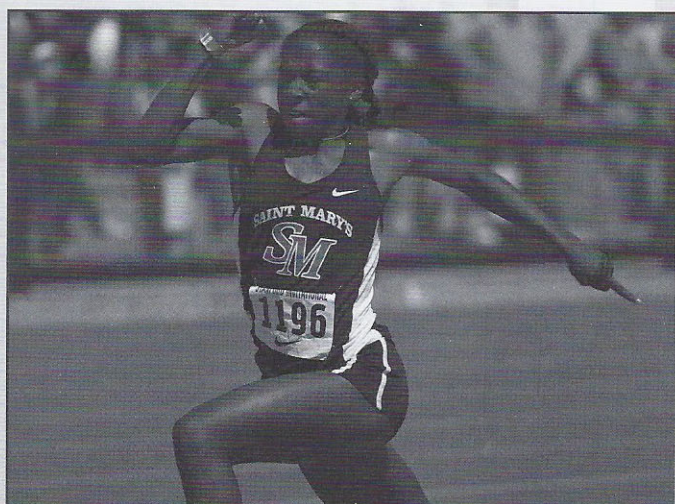
National: 44-02.25 5/11/2001 Ychindria Spears (Lubing, TX)

State Meet: 44-00.50 5/31/1991 Juliana Yendork (Walnut)

Pos	Name	Year	School	Sec	Seed Time
<b>Flight I of I Prelims</b>					
1	Chen, Jialin	12	Galileo	SF	34-06.75
2	Hannan, Kilee	12	Anderson	NO	36-04.00
3	Walker, Jaylen	10	Carson	LA	37-02.50
4	Joseph, Sharik	11	San Diego	SD	37-03.00
5	Esterlechner, Camille	10	St. Francis	CC	37-07.00
6	Wong, Lauren	11	Vista del Lago	SJ	37-09.75
7	Opsasnick, Annika	11	St. Francis	CC	37-11.50
8	Nance, Lorrane	10	Temescal Cyn	SS	37-11.75
9	Johnson, Hana	11	Bishop O'Dowd	NC	38-00.00
10	Pastrana, Sela	10	Charter Oak	SS	38-00.00
11	Smith, Justice	11	Highland		38-00.75
12	Barnes, Sydney	12	Olympian	SD	38-02.75
13	Wallace, Ty	12	Liberty	CE	38-05.50
14	Iriafe, Abi	12	Los Osos	SS	38-06.00
15	Washington, Crystal	11	Carson	LA	38-06.00
16	Garner, Emily	9	Woodbridge	SS	38-09.50
17	Hatcher, Kali	10	St. Mary's	NC	39-00.00
18	Nash, Olivia	12	Calvin Chr	SD	39-01.00
19	Malone, Tessa	11	Davis	SJ	39-01.00
20	Lengtat, Alyssa	11	Davis	SJ	39-01.00
21	Mahlum, Remington	12	Buchanan	CE	39-01.50
22	Young, Jonon	10	Carson	LA	39-02.50
23	Fisher, Arianna	10	Silver Creek	CC	39-04.00
24	Lee, Allanah	10	Castro Valley	NC	40-00.25
25	Stevenson, Ciynamon	12	Great Oak	SS	41-00.50
26	Davis, Tara	11	Agoura	SS	41-04.50

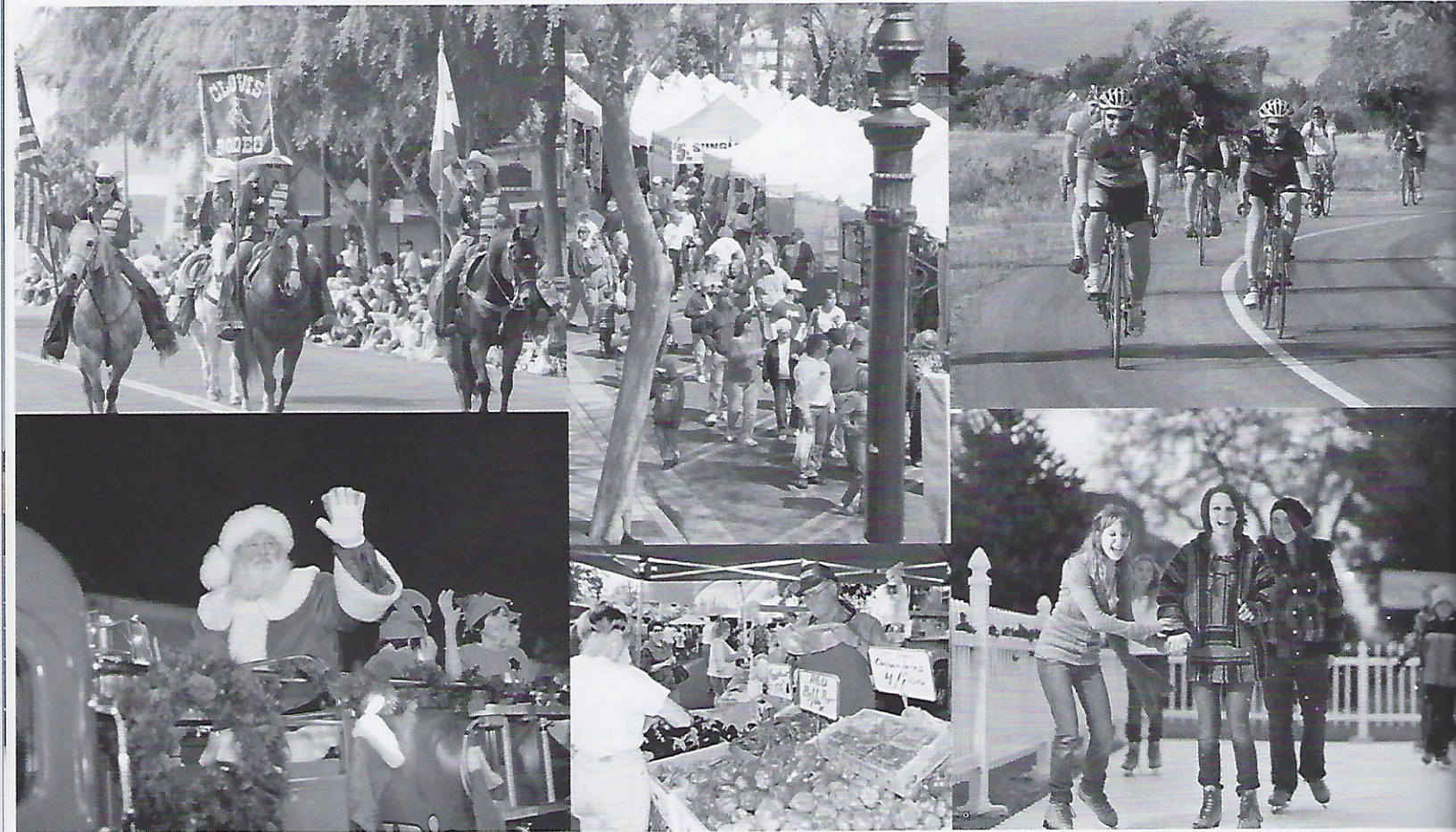


Tara Davis (Agoura)



Kali Hatcher (St. Mary's)

# The good thing about Clovis is that there are so many good things.



Every season of the year, there's something happening in Clovis. From Big Hat Days to the Rodeo, from Farmer's Market to the Children's Electric Christmas Parade, Clovis is alive with activities, shopping, dining and fun for all.

Go to [VisitClovis.com](http://VisitClovis.com), and check out a complete calendar of events, choose a restaurant, see where to shop, plan a bike ride, and discover all that Clovis has to offer.



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# 2016 State Track & Field Championships

## GIRLS SHOT PUT

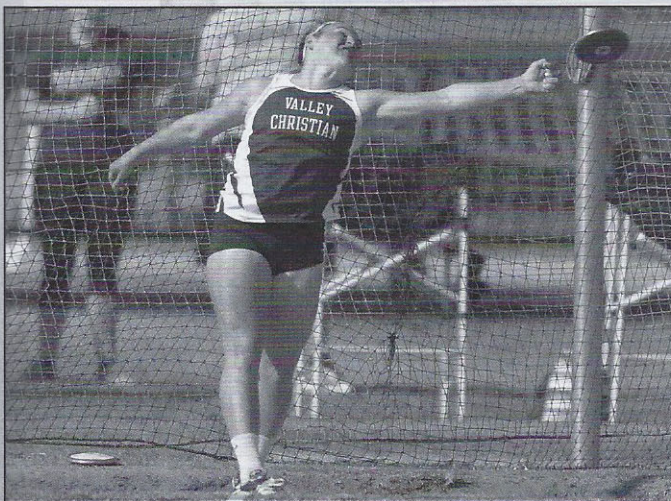
National: 54-10.75 5/9/2003 Michelle Carter (Red Oak, TX)  
 State Meet: 53-08 6/6/2009 Anna Jelmini (Shafter)

Pos	Name	Year	School	Sec	Seed Time
<b>Flight 1 of 1 Prelims</b>					
1	Johnson, Miracle	9	Dorsey	LA	36-03.50
2	Simmons-Price, Dem	10	James Logan	NC	36-09.50
3	Mitchell, Natalie	12	Bishop O'Dowd	NC	37-10.75
4	Gonzalez, Leslie	11	Banning	LA	38-02.00
5	Grotegeer, Erica	10	Wheatland	NO	39-03.50
6	Norris-Dow, Christy	12	Exeter	CE	39-05.25
7	Budwig, Jocelynn	9	Fowler	CE	39-11.75
8	Stocker, Camay	12	Monterey Trail	SJ	40-06.75
9	Garcia, China	12	Big Bear	SS	40-07.75
10	Iese, Athiya	10	Valley Christian SJose	CC	40-09.00
11	Hart, Amber	12	Narbonne	LA	40-11.00
12	Fatafehi, Sinai	11	Mountain View	CC	41-05.00
13	Smith, Addyson	11	Madera	CE	41-05.50
14	Moses, Janessa	12	Sheldon	SJ	41-09.00
15	Tuilefano, Nu'u	10	El Camino	SD	41-09.75
16	Hall, Hannah-Sophia	10	James Logan	NC	42-02.00
17	Anumba, Ashley	11	Los Osos	SS	42-03.00
18	Sale, Faimalie	10	Los Alamitos	SS	42-05.50
19	Green, Alaysha	11	El Toro	SS	42-06.25
20	Patterson, Alladia	11	Louisville	SS	42-11.00
21	Crockem, Taylor	11	Chino	SS	45-01.25
22	Amaechi, Pamela	11	Lincoln	SF	46-01.50
23	Altice, Michelle	12	Del Norte	SD	46-06.25
24	Tausaga-Collins, Laulauga	12	Mt. Miguel	SD	46-10.25
25	Pharms, Jasmine	12	Stagg	SJ	46-11.75
26	Bruckner, Elena	12	Valley Christian SJose	CC	53-08.25

## GIRLS DISCUS THROW

National: 191-06 5/19/2012 Shelbi Vaughn (Mansfield, TX)  
 State Meet: 186-09 6/6/2009 Anna Jelmini (Shafter)

Pos	Name	Year	School	Sec	Seed Time
<b>Flight 1 of 1 Prelims</b>					
1	Arriola, Trinity	12	El Dorado	SJ	121-09
2	Johnson, Morgan	9	Buchach Colony	SJ	129-04
3	Norris-Dow, Christy	12	Exeter	CE	131-10
4	DiPaola, Amelia	10	American	NC	132-03
5	Brown, D'Vina	12	Salinas	CC	133-01
6	Thompson, Kristen	12	Paso Robles	SS	133-07
7	Iese, Athiya	10	Valley Christian SJose	CC	133-09
8	Truong, Amanda	12	Esperanza	SS	133-10
9	Anderson, Lauren	11	California	SS	134-10
10	Wagenveld, Sara	12	Calvin Chr	SD	135-08
11	Williams, Ailini	12	Paramount	SS	137-00
12	Hall, Hannah-Sophia	10	James Logan	NC	137-03
13	Crenshaw, Felicia	10	Costa Mesa	SS	137-07
14	Chappell, Hannah	12	Oakdale	SJ	142-05
15	Acosta, Cari	11	Buchanan	CE	143-07
16	Anumba, Ashley	11	Los Osos	SS	144-09
17	DeSilva, Emma	12	Mission Viejo	SS	144-10
18	Altice, Michelle	12	Del Norte	SD	145-01
19	Lousi, Vai	12	Washington	NC	145-03
20	Sola, Bertha	12	Morse	SD	145-05
21	Budwig, Jocelynn	9	Fowler	CE	146-05
22	Grotegeer, Erica	10	Wheatland	NO	149-01
23	Amaechi, Pamela	11	Lincoln	SF	156-05
24	Bruckner, Elena	12	Valley Christian SJose	CC	165-11
25	Tausaga-Collins, Laulauga	12	Mt. Miguel	SD	166-04



Elena Bruckner (Valley Christian)



# 2016 State Track & Field Championships

## BOYS HIGH JUMP

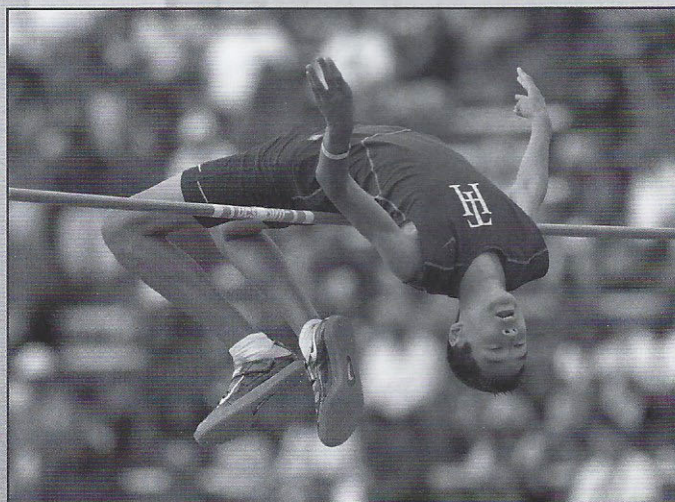
National: 7-05.75 4/22/2009 James White (Grandeville, MD)  
 State Meet: 7-03.25 6/2/1979 Lee Balkin (Glendale)

Pos	Name	Year	School	Sec	Seed Time
<b>Flight 1 of 1 Prelims</b>					
1	Gehret, Bradley	11	Monte Vista	NC	6-03.00
2	Veres, Jacob	11	Clovis North	CE	6-05.00
3	Foster, Jeremiah	11	Bakersfield Christian	CE	6-05.00
4	McGlasson, Cameron	11	Stockdale	CE	6-05.00
5	Lee-Heidenreich, Jeffrey	11	Gunn	CC	6-05.00
6	Gross, Tommy	12	Dorsey	LA	6-06.00
7	Frazier, Joshua	12	California	NC	6-06.00
8	Grimsman, Jake	10	Vista del Lago	SJ	6-06.00
9	Kitchen, Jevin	11	Fortuna	NC	6-06.00
10	Thomas, Darius	12	St. Francis	CC	6-07.00
11	Rokach, Yaniv	12	Rancho Bernardo	SD	6-07.00
12	Lee, Sean	10	Trabuco Hills	SS	6-07.00
13	Heid, Nick	12	St. Augustine	SD	6-07.00
14	Nelson, Conner	12	Del Norte	SD	6-07.00
15	Carbin, Darius	12	Mt. Pleasant	CC	6-07.00
16	Sears, Earnest	11	Alemany	SS	6-07.00
17	Kuehnel, Chance	12	Sage Hill	SS	6-07.00
18	Laudermilk, Ryan	12	King, ML	SS	6-07.00
19	Miller, Sethan	11	Pleasant Valley	NO	6-07.00
20	Fausset, Bryce	12	Ventura	SS	6-07.00
21	Hunter, Isaiahs	11	Lathrop	SJ	6-08.00
22	Holmes, Isaiah	12	Oakmont	SJ	7-01.00
23	Hughes, Elijah	12	North, JW	SS	7-01.00

## BOYS POLE VAULT

National: 18-02.25 5/14/1999 Eric Eshbach (Orangefield, TX)  
 State Meet: 17-03 5/31/2008 Nico Weiler (Los Gatos)

Pos	Name	Year	School	Sec	Seed Time
<b>Flight 1 of 1 Prelims</b>					
1	Gramajo, Allan	11	Birmingham	LA	13-00.00
2	Orange, Chris	11	Sierra	CE	14-00.00
3	Hong, Mario	12	Marshall	LA	14-00.00
4	Scaletta, Kyle	11	Sierra	CE	14-00.00
5	Johnstone, Thomas	11	Los Gatos	CC	14-00.00
6	Hernandez, Deven	11	West Valley	NO	14-03.00
7	Silver, Nathaniel	11	Liberty	NC	14-04.00
8	Carter, Griffin	12	Buchanan	CE	14-06.00
9	Galvez-Bennett, Talon	12	Junipero Serra	CC	14-06.00
10	Navarro, Justin	12	Mt. Pleasant	CC	14-06.00
11	Suarez, Esteban	12	South Pasadena	SS	15-00.00
12	Wilmoth, Seth	11	Ponderosa	SJ	15-00.00
13	Lawry, Chris	12	Ventura	SS	15-00.00
14	Kartz, Travis	12	Granite Bay	SJ	15-00.00
15	Gonzalez, Michael	12	Lodi	SJ	15-00.00
16	Wright, Samuel	9	Lodi	SJ	15-00.00
17	Shank, Landon	12	Servite	SS	15-00.00
18	Thomsen, Ryan	12	Calvin Chr	SD	15-00.00
19	Martin, Asa	12	Great Oak	SS	15-00.00
20	Doerr, Chris	12	Trabuco Hills	SS	15-00.00
21	Hurley, Noah		College Park	NC	15-00.00
22	Chow, Jeremiah	12	Canyon-CC	SS	15-00.00
23	Alexander, Patrick	11	Washington	NC	15-00.00
24	Huber, Lance	11	Del Oro	SJ	15-06.00
25	Escalera, Alex	11	Sage Hill	SS	15-06.00
26	Peterson, Shane	12	Moorpark	SS	15-06.00
27	Bowler, Jacob	12	Del Oro	SJ	15-06.00
28	Brown, Kyle	12	La Costa Cnyn	SD	16-00.00
29	Hamson, Eli	12	Poway	SD	16-00.00
30	Gordon, Jett	12	Marina	SS	16-06.00

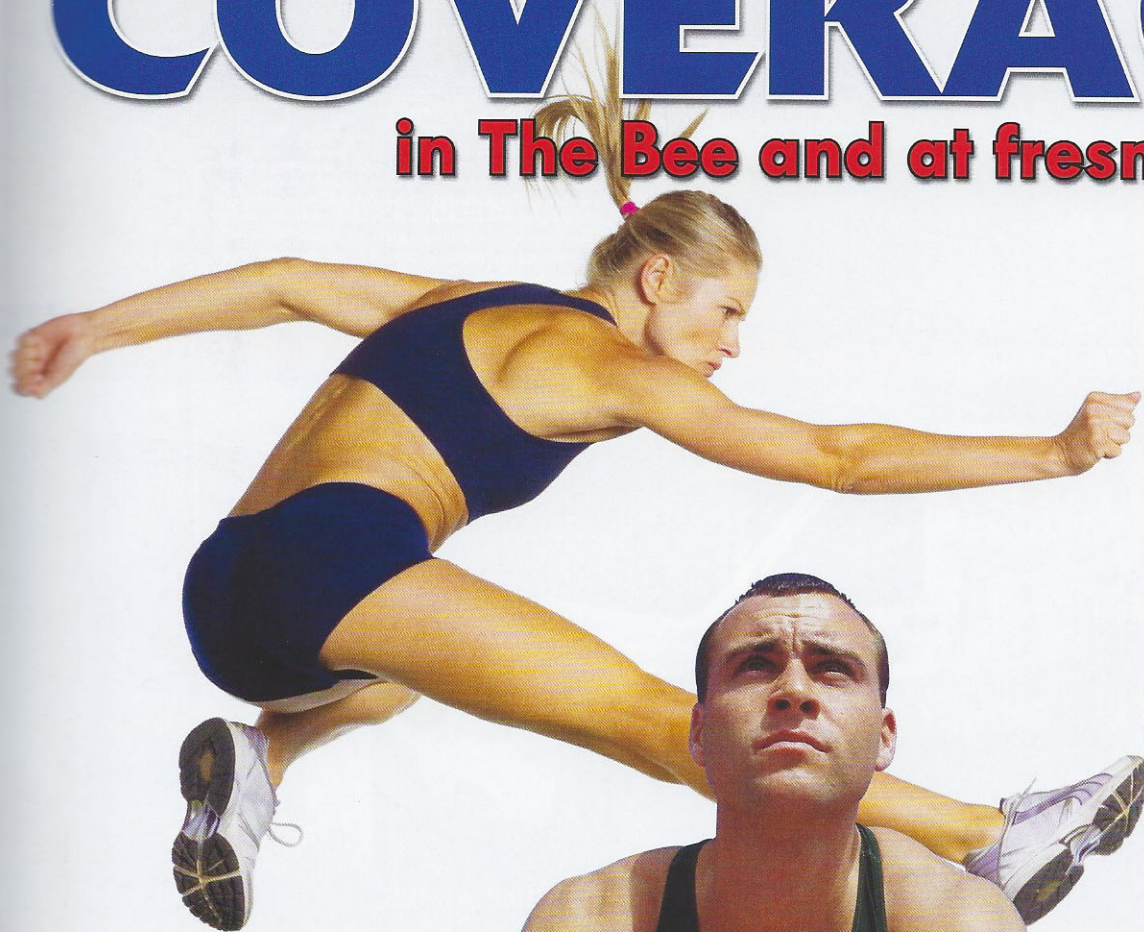


Sean Lee (Trabuco Hills)



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in **The Bee** and at [fresnobee.com](http://fresnobee.com)

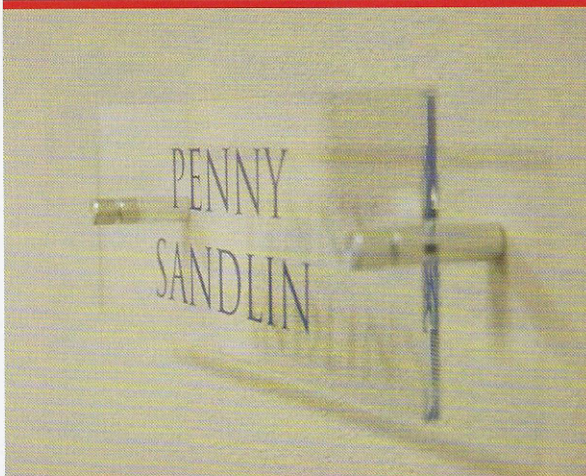


When it comes to local events from sports to entertainment to news, we've got it covered from start to finish.

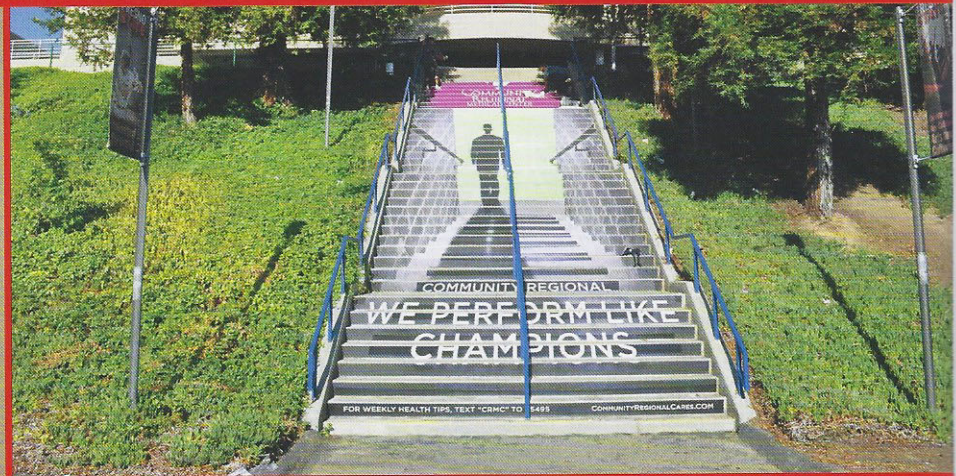
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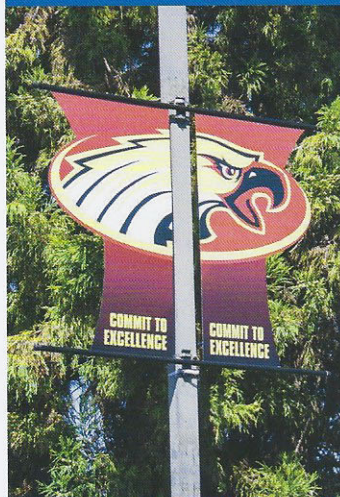
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RIGID POLE SIGNS



VEHICLE WRAPS



POLE BANNERS



STORE FRONT GRAPHICS



IMPACT WALL LOGOS

# EVERYTHING!



# 2016 State Track & Field Championships

## BOYS LONG JUMP

National: 26-04.75 6/3/1989 James Stallworth (Tulare)

State Meet: 26-04.75 6/3/1989 James Stallworth (Tulare)

Pos	Name	Year	School	Sec	Seed Time
<b>Flight I of I Prelims</b>					
1	Ye, Jianhao	10	Washington	SF	20-06.75
2	Sacks, Ryan	11	Tamalpais	NC	21-00.75
3	Garrett, Angelo	11	McClymonds	OK	21-01.00
4	Kouyate, Malik	12	Albany	NC	21-02.00
5	Anaya, Raul	12	Garfield	LA	21-02.00
6	Dorsey, Lafayette	12	Dorsey	LA	21-02.50
7	Presleigh, Wilson	11	Shasta	NO	21-03.25
8	Grant, Niel		Hercules	NC	21-08.50
9	Obodozie, Obinna	11	Junipero Serra	CC	21-11.00
10	Navarette, Christian	12	Oak Hills	SS	22-05.00
11	Testerman, Jordan	12	Vista Murrieta	SS	22-05.75
12	Brooks, Emmett	12	Kingsburg	CE	22-06.25
13	Schooler, Brenden	12	Mission Viejo	SS	22-06.25
14	McDowell, Elijah	12	Lodi	SJ	22-06.50
15	Lily, Elijah	12	Cajon	SS	22-06.50
16	Trachuk, Vadim	11	Antelope	SJ	22-06.75
17	Pena, Stephen	12	Vacaville	SJ	22-07.00
18	Dean, Micheal	12	Chaffey	SS	22-08.25
19	Packard, Tj	12	Central	CE	22-08.25
20	Dorsey, Khalil	12	Colony	SS	22-09.50
21	Allison, Chineme	12	Clovis	CE	22-11.25
22	Thomsen, Ryan	12	Calvin Chr	SD	22-11.50
23	Williams, Marquis	12	Garfield	LA	23-00.50
24	Geredes, Jared	11	Los Gatos	CC	23-00.75
25	Smith, Jason	12	Archbishop Riordan	CC	23-00.75
26	Kelley, Ian	10	Golden West	CE	23-00.75
27	Battikha, Tanner	12	St. Augustine	SD	23-02.00
28	Roe, Matthew	12	Merrill West	SJ	23-03.00
29	Hicks, Dennis	12	Liberty	CE	23-05.25
30	Adamo, Felix Cooper	12	Bakersfield	CE	23-08.00
31	DeRoos, Matthew	11	Tri-City Chr	SD	23-10.00
32	Cable, Anthony	12	Rodriguez	SJ	23-10.50
33	White, Lawrence	12	Ridgeview	CE	24-00.50
34	Holmes, Isaiah	12	Oakmont	SJ	25-11.50

## BOYS TRIPLE JUMP

National: 52-10.50 5/6/1980 Charles Mayfield (Muir, Pasadena)

State Meet: 52-05.75 6/6/1986 Marcus Hooks (Lakewood)

Pos	Name	Year	School	Sec	Seed Time
<b>Flight I of I Prelims</b>					
1	Anaya, Raul	12	Garfield	LA	43-07.50
2	Presleigh, Wilson	11	Shasta	NO	44-00.50
3	Garrett, Angelo	11	McClymonds	OK	44-02.00
4	Siaba, Michel-Ange	11	Palo Alto	CC	44-02.50
5	Williams, Isaiah	12	Piedmont Hills	CC	44-03.50
6	Palacio, Arrum	11	Dorsey	LA	44-07.75
7	Floyd-Stinson, Malik		St. Mary's	NC	44-11.75
8	Shaw, Johnathan	11	Dublin	NC	45-04.75
9	Kouyate, Malik	12	Albany	NC	45-04.75
10	Lambey, Jojo	12	Dorsey	LA	45-08.25
11	Jountti, Quincy	12	Liberty	CE	46-00.00
12	Grimes, Isaac	12	Rancho Verde	SS	46-03.75
13	Stevenson, CJ	10	Great Oak	SS	46-04.00
14	Battikha, Tanner	12	St. Augustine	SD	46-06.00
15	DeRoos, Matthew	11	Tri-City Chr	SD	<b>46-07.00</b>
16	McLaurin, BJ	12	Bonita	SS	46-07.25
17	Attiogbe, Semanu	12	Woodside	CC	46-08.00
18	Trachuk, Vadim	11	Antelope	SJ	46-08.00
19	Thompson, Michael	12	Stagg	SJ	46-08.00
20	Wright, Micquwan	12	Paramount	SS	46-10.50
21	Higgins, Antonio	12	Olympian	SD	47-04.00
22	Strange, Jah	12	Xavier Prep	SS	47-04.75
23	Holmes, Isaiah	12	Oakmont	SJ	47-11.50
24	Hicks, Dennis	12	Liberty	CE	48-03.25
25	Osling, Morrell	11	Antelope Vally	SS	48-08.00
26	Brooks, Seth	12	Kingsburg	CE	48-11.50



# 2016 State Track & Field Championships

## BOYS SHOT PUT

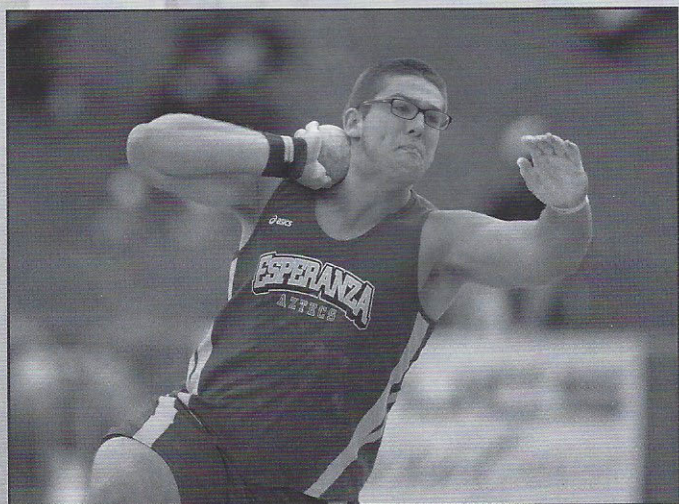
National: 77-00 5/5/1976 Michael Carter (Jefferson, Dallas, TX)  
 State Meet: 74-04.75 6/2/1990 Brent Noon (Fallbrook)

Pos	Name	Year	School	Sec	Seed Time
<b>Flight I of I Prelims</b>					
1	Phelps, Ronald	11	Lincoln	SF	47-11.00
2	Orisarayi, Tobi	10	El Camino Real	LA	48-02.00
3	Smith, Justin	12	Birmingham	LA	49-04.25
4	Soremekun, Adebayo	12	Dorsey	LA	50-00.50
5	Hardgrave, Ethan	12	Bellarmine	CC	50-02.25
6	Samuelson, Jacob	12	Red Bluff	NO	50-10.25
7	McCreery, Dylan	11	Valley Christian SJose	CC	51-00.00
8	Togia, Sepirini	12	Hayward	NC	51-08.75
9	March, Terrance	12	Natomas	SJ	52-00.25
10	Joyner, Iffy	11	Pittsburg	NC	52-07.50
11	Hopson, Anthony	12	Vanden	SJ	52-08.50
12	Mapa, Ngahe	12	Mills	CC	52-09.50
13	Gabbard, Jack	12	Vacaville	SJ	54-01.00
14	Gonzalez, Jorge	12	Ventura	SS	55-11.75
15	Smith, Cole	11	Newport Harbor	SS	56-00.25
16	Miller, Tanner	12	El Camino	SD	57-00.25
17	Clark, Colton	12	Poway	SD	58-02.00
18	Arnold, Jake	11	Marina	SS	58-02.25
19	Wilson, Jonah	11	Clovis	CE	58-05.25
20	Lenford, Charles	12	Oceanside	SD	58-09.50
21	Meyer, Clint	12	Esperanza	SS	59-05.00
22	Wilborn, Kylan	11	Notre Dame(SO)	SS	61-08.00
23	Wilson, Jacob	11	Buchanan	CE	63-03.75
24	Johnson, Mckay	12	Clovis North	CE	63-06.75
25	Esparza, Nathan	12	Amador Valley	NC	66-04.00
26	Osborn, Bronson	11	Esperanza	SS	68-01.50

## BOYS DISCUS THROW

National: 236-06 4/26/2009 Mason Finley (Buena Vista, CO)  
 State Meet: 213-07 6/2/2006 Bo Taylor (Newport Harbor)

Pos	Name	Year	School	Sec	Seed Time
<b>Flight I of I Prelims</b>					
1	Brooks, Khalil		Skyline	OK	119-05
2	Root, Jack	12	Oak Ridge	SJ	151-09
3	Mountford, Owen	11	Mountain View	CC	154-04
4	Hunkin, Fabian	11	North Salinas	CC	154-07
5	Kenney, Jake	12	Wilcox	CC	157-10
6	Clark, Colton	12	Poway	SD	160-02
7	Hearn, Cody	12	Kimball	SJ	162-11
8	Cornelio, Jacob	12	Elk Grove	SJ	163-07
9	Miller, Tanner	12	El Camino	SD	165-09
10	Switalski, Donovan	12	East Nicolaus	NO	166-01
11	Anderson, Connor	12	Ramona	SD	170-11
12	Moulton, Tyler	12	Burrough(Rid)	SS	172-10
13	Smith, Cole	11	Newport Harbor	SS	173-09
14	Otal, Robbie	11	Oak Park	SS	173-11
15	Ammann, Jordan	12	Esperanza	SS	176-03
16	Kocab, Garrett	11	Serrano	SS	178-00
17	Grisby, Namontte	12	Pittsburg	NC	178-09
18	Johnson, Mckay	12	Clovis North	CE	181-10
19	Osborn, Bronson	11	Esperanza	SS	184-09
20	Chronister, Corbin	11	Liberty	CE	187-09
21	Joyner, Iffy	11	Pittsburg	NC	188-01
22	Esparza, Nathan	12	Amador Valley	NC	188-02
23	Wilson, Jonah	11	Clovis	CE	188-04
24	Knowlton, Seth	12	Great Oak	SS	192-10
25	Wilson, Jacob	11	Buchanan	CE	195-01
26	Carrillo, Kyle	12	Westlake	SS	200-01



Bronson Osborne (Esperanza)



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# GOOD LUCK

to all athletes & coaches!

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We are proud to support  
Clovis Unified School District  
and the 2016 CIF State  
Track & Field Championships.

# Wheelchair/Ambulatory Events

## EVENT 35 MIXED 60 METER DASH SPECIAL OLYMPICS

Lane	Name	Year	School	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
1	Andrew, Danielle	W	Special Olympics	NT
2	Contreras, Hanna	W	Special Olympics	NT
3	Martinez, Noah	M	Special Olympics	NT
4	Willey, JoAnna	W	Special Olympics	NT
5	Gale, Nathan	M	Special Olympics	NT
6	Scheffler, Christian	M	Special Olympics	NT
7	Silva, Mario	M	Special Olympics	NT
8	Martin, John	M	Special Olympics	NT
9	Singh, Kanwalbir	M	Special Olympics	NT

## EVENT 36 MIXED 60 METER DASH SPECIAL OLYMPICS

Lane	Name	Year	School	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
1	Gruen, Cody	M	Special Olympics	NT
2	Casteneda, Riana	W	Special Olympics	NT
3	Benigno, Jonathan	M	Special Olympics	NT
4	Olsen, Rachel	W	Special Olympics	NT
5	Camarillo, Ruben	M	Special Olympics	NT
6	Abajian, Adam	M	Special Olympics	NT
7	Galvey, Amiel	M	Special Olympics	NT
8	Lienau, Lauren	W	Special Olympics	NT
9	Tefferer, Matt	M	Special Olympics	NT

## EVENT 40 MIXED 100 METER DASH

Lane	Name	Year	School	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
3	Pena, Mauricio	M10	Southwest(SD)	SD 23.04
4	Lazo, Michael	M11	San Fernando	LA 18.78
5	Morales, Joshua	M10	O'Connell	14.40
6	Kading, Cameron	M10	Claremont	SS 16.92
7	Seo, Michael	M10	Escondido Charter	SD 21.62

## EVENT 41 MIXED 100 METER DASH

Lane	Name	Year	School	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
2	Liang, Liuyi	W11	San Francisco International	23.28
3	Pozil, Kelly	W12	Woodbridge	SS 19.33
4	Cross, Michelle	W10	Trabuco Hills	SS 16.66
5	Watt, Amy	W12	Gunn	CC 13.38
6	Becher, Teylor	W10	Lakewood	SS 16.09
7	Arnold, Suzanne	W11	Corona Del Mar	SS 17.54
8	Cabrera, Kimberly	W11	Grant	LA 22.21

## EVENT 42 MIXED 200 METER DASH

Lane	Name	Year	School	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
1	Pena, Mauricio	M10	Southwest(SD)	SD 47.24
2	Pozil, Kelly	W12	Woodbridge	SS 42.58
3	Arnold, Suzanne	W11	Corona Del Mar	SS 37.65
4	Becher, Teylor	W10	Lakewood	SS 33.74
5	Watt, Amy	W12	Gunn	CC 27.69
6	Morales, Joshua	M10	O'Connell	29.03
7	Cross, Michelle	W10	Trabuco Hills	SS 34.61
8	Gallegos, Justin	M12	Hart	SS 39.60
9	Seo, Michael	M10	Escondido Charter	SD 43.18

## EVENT 43 MIXED 400 METER DASH

Lane	Name	Year	School	Seed Time
<b>Section 1 of 1 Timed Finals</b>				
3	Gallegos, Justin	M12	Hart	SS 1:26.80
4	Cross, Michelle	W10	Trabuco Hills	SS 1:19.40
5	Watt, Amy	W12	Gunn	CC 1:02.92
6	Becher, Teylor	W10	Lakewood	SS 1:13.80
7	Arnold, Suzanne	W11	Corona Del Mar	SS 1:21.06
8	Seo, Michael	M10	Escondido Charter	SD 1:30.70

## EVENT 44 MIXED SHOT PUT

Pos	Name	Year	School	Seed Mark
<b>Flight 1 of 1 Timed Finals</b>				
1	Diaz, Javier	M10	Grant	LA 10-11.00
2	Stier, Kendall	W09	Saddleback	SS 12-04.00
3	Cabrera, Kimberly	W11	Grant	LA 15-09.00
4	Lazo, Michael	M11	San Fernando	LA 18-10.00
5	Watt, Amy	W12	Gunn	CC 18-11.00
6	Morales, Joshua	M10	O'Connell	27-01.25
7	Axene, Kurt	M12	Woodbridge	SS 33-06.00



# Top 2016 California High School Times/Marks

## BOYS 100 METERS

10.27	Michael Norman	12	Vista Murrieta	SS
10.35	Isaiah Cunningham	11	Rancho Verde	SS
10.39	TJ Brock	12	Chaminade	SS
10.53	Zachary Shinnick	11	Damien	SS
10.56	Cole Dubots	11	Vista Murrieta	SS

## BOYS 200 METERS

20.23	Michael Norman	12	Vista Murrieta	SS
20.96	Isaiah Diego-Williams	12	Serra	SS
21.19	TJ Brock	12	Chaminade	SS
21.21	Isaiah Cunningham	11	Rancho Verde	SS
21.38	Tayvian Cunningham	12	Will C. Wood	SJS

## BOYS 400 METERS

45.51	Michael Norman	12	Vista Murrieta	SS
46.78	Myles Ellis	11	Antelope	SJS
47.33	Marcel Espinoza	12	Santa Monica	SS
47.58	Connor Edwards	12	Chaparral	SS
47.60	Logen Casavant	12	Rancho Mirage	SS

## BOYS 800 METERS

1:50.41	Connor Dunne	12	San Clemente	SS
1:50.55	Isaac Cortes	12	Great Oak	SS
1:50.75	Austin Tamagno	12	Brea Olinda	SS
1:51.51	Nelson Quintana	12	Great Oak	SS
1:51.59	Willie Hall	12	Davis	SJS

## BOYS 1600 METERS

3:59.65c	Austin Tamagno	12	Brea Olinda	SS
4:03.13	Connor Dunne	12	San Clemente	SS
4:03.56	Eduardo Herrera	12	Madera South	CS
4:04.01	Isaac Cortes	12	Great Oak	SS
4:04.33	Tyler Janes	12	Martin Luther King	SS

## BOYS 3200 METERS

8:51.32	Jack Van Scotter	12	Flintridge Prep	SS
8:51.58	Callum Bolger	11	San Luis Obispo	SS
8:54.14	Cooper Teare	11	St. Joseph ND	NCS
8:55.01	Eduardo Herrera	12	Madera South	CS
8:55.20	Spencer Dodds	12	Great Oak	SS

## BOYS 110-METER HIGH HURDLES

13.81	Koty Burton	12	La Quinta (LQ)	SS
13.87	Deon Lightfoot-Shelton	11	Kimball	SJS
13.94	Joseph Anderson	11	Upland	SS
14.05	Khalil Dorsey	12	Colony	SS
14.12	Jonathan Harvey	12	De La Salle	NCS

## BOYS 300-METER INTERMEDIATE HURDLES

36.92	Koty Burton	12	La Quinta (LQ)	SS
37.01	Maclean Conner	12	Pleasant Grove	SJS
37.05	Paramveer Chohan	12	Buchanan	CS
37.07	Cameron Samuel	11	Rancho Verde	SS
37.26	Cameron Hurd	12	Trabuco Hills	SS

## BOYS 400 METER RELAY

40.63	Vista Murrieta	SS
41.30	Damien	SS
41.37	Rancho Verde	SS
41.37	Bellarmino	CCS
41.40	Upland	SS

## BOYS 1600 METER RELAY

3:14.02	Rancho Verde	SS
3:14.83	Vista Murrieta	SS
3:15.50	Cathedral	SS
3:16.01	Notre Dame (SO)	SS
3:16.39	Cosumnes Oaks	SJS

## BOYS HIGH JUMP

7' 1"	Elijah Hughes	12	JW North	SS
7' 1"	Isaiah Holmes	12	Oakmont	SJS
7' 2.5"	Sean Lee	10	Trabuco Hills	SS
7' 0"	Earnest Sears	11	Alemany	SS
7' 0"	Darius Carbin	12	Mt. Pleasant	CCS

## BOYS LONG JUMP

24' 8.25"	Lawrence White	12	Ridgeview	CS
24' 5"	Tanner Battikha	12	St. Augustine	SD
24' 2.75"	Isaiah Holmes	12	Oakmont	SJS
24' 1"	Dennis Hicks	12	Liberty	CS
23' 10.50"	Anthony Cable	12	Rodriguez	SJS

## BOYS TRIPLE JUMP

49' 10.50"	Dennis Hicks	12	Liberty	CS
48' 0"	Morrell Osling	11	Antelope Valley	SS
48' 1.75"	Darius Carbin	12	Mt. Pleasant	CCS
47' 11.5"	Isaiah Holmes	12	Oakmont	SJS
47' 10"	Micqwan Wright	12	Paramount	SS

## BOYS POLE VAULT

17' 2"	Jett Gordon	12	Marina	SS
16' 8"	Shane Peterson	12	Moorpark	SS
16' 8"	Jacob Bowler	12	Del Oro	SJS
16' 5"	Kyle Brown	12	La Costa Canyon	SDS
16' 5"	Tate Curran	11	Redondo Union	SS

## BOYS DISCUS THROW

204' 4"	Bronson Osborn	11	Esperanza	SS
200' 1"	Kyle Carrillo	12	Westlake	SS
198' 6"	Seth Knowlton	12	Great Oak	SS
195' 1"	Jacob Wilson	11	Buchanan	CS
192' 0"	Charles Lenford	12	Oceanside	SDS

## BOYS SHOT PUT

71' 7.25"	Bronson Osborn	11	Esperanza	SS
69' 3"	Nathan Esparza	12	Amador Valley	NCS
63' 9"	McKay Johnson	12	Clovis North	CS
63' 5.50"	Jacob Wilson	11	Buchanan	CS
62' 11.75"	Kylan Wilborn	11	Notre Dame (SO)	SS

## GIRLS 100 METERS

11.49	Lauren Rain Williams	11	Oaks Christian	SS
11.50	Zaria Francis	12	Rio Mesa	SS
11.57	Kaelin Roberts	11	Carson	LACS
11.64	Ariyonna Augustine	10	Poly (LB)	SS
11.67	Celera Barnes	12	St. Bonaventure	SS

## GIRLS 200 METERS

22.80	Lauren Rain Williams	11	Oaks Christian	SS
23.47	Ariyonna Augustine	10	Poly (LB)	SS
23.68	Kayla Richardson	12	Walnut	SS
23.73	Celera Barnes	12	St. Bonaventure	SS
23.82	Zaria Francis	12	Rio Mesa	SS

## GIRLS 400 METERS

53.47	Kaelin Roberts	11	Carson	LACS
53.62	Hannah Waller	12	Buchanan	CS
53.74	Maliyah Medley	10	El Toro	SS
53.84	Carolyn Wilson	11	Oaks Christian	SS
54.37	Tierra Robinson-Jones	10	Bishop O'Dowd	NCS

## GIRLS 800 METERS

2:07.71	Alyssa Brewer	10	California	NCS
2:08.32	Morgan Irish	12	Palos Verdes	SS
2:08.48	Erica Schroeder	11	San Marcos	SS
2:09.01	Rylee Penn	10	Centennial	SS
2:09.35	Cassie Durgy	12	Huntington Beach	SS

## GIRLS 1600 METERS

4:41.39	Amanda Gehrich	12	Tesoro	SS
4:45.60c	Rylee Bowen	10	Sonoma Academy	NCS
4:45.85	Destiny Collins	12	Great Oak	SS
4:46.82	Fiona O'Keefe	12	Davis	SJS
4:47.45c	Brooke Starn	12	Monte Vista	NCS

## GIRLS 3200 METERS

10:08.65	Fiona O'Keefe	12	Davis	SJS
10:13.20	Rylee Bowen	10	Sonoma Academy	NCS
10:18.35	Destiny Collins	12	Great Oak	SS
10:19.97	Brooke Starn	12	Monte Vista	NCS
10:20.58	Morgin Coonfield	12	McKinleyville	NCS

## GIRLS 100 METER HIGH HURDLES

13.45	Kaylah Robinson	11	El Cerrito	NCS
13.52	Jurnee Woodward	11	Vacaville	SJS
13.62	Tara Davis	11	Agoura	SS
13.84	Kara Awakoaiye	12	Bishop O'Dowd	NC
13.85	Mecca McGlaston	12	Dublin	NC

## GIRLS 300M LOW HURDLES

41.01	Jurnee Woodward	11	Vacaville	SJS
41.87	Breanna Bernard-Joseph	10	Roosevelt	SS
41.95	Emma Kratzberg	12	Newport Harbor	SS
41.99	Tajanique Bell	12	Steele Canyon	SDS
42.12	Breanna Bernard Joseph	10	Roosevelt	SS

## GIRLS 400M RELAY

45.42	Carson	LACS
45.92	Serra	SS
46.43	El Camino Real	LACS
46.45	Rio Mesa	SS
46.47	Rancho Cucamonga	SS

## GIRLS 1600M RELAY

3:44.59	Vacaville	SJS
3:45.49	St. Francis	SJS
3:47.00	Carondelet	NCS
3:47.31	Mission Viejo	SS
3:47.87	Calabasas	SS

## GIRLS HIGH JUMP

5' 8.25"	Hannah Hanson	12	AAE	SS
5' 8"	Chianne Warner	11	Knight	SS
5' 8"	Abigail Burke	10	Poly (Riverside)	SS
5' 8"	Ellie Earle-Rouse	12	Arcata	NCS
5' 7"			5 tied	

## GIRLS LONG JUMP

20' 3.75"	Tara Davis	11	Agoura	SS
20' 3.50"	Courtney Corrin	12	Harvard-Westlake	SS
20' 2.50"	Rhesa Foster	12	Clovis North	CS
19' 10"	Naijah Boardingham	12	El Camino Real	LACS
19' 9.50"	Katherine Jackson	11	Rodriguez	SJS

## GIRLS TRIPLE JUMP

43' 2"	Tara Davis	11	Agoura	SS
41' 0.50"	Ciyannah Stevenson	12	Great Oak	SS
39' 8"	Kali Hatcher	10	St. Mary's	NCS
39' 2.50"	Jonon Young	10	Carson	LACS
39' 1"	Olivia Nash	12	Calvin Christian	SDS

## GIRLS POLE VAULT

14' 3"	Rachel Baxter	11	Canyon (Anaheim)	SS
13' 9"	Erika Malaspina	12	Pacific Collegiate	CCS
13' 4"	McKenna Caskey	11	Mater Dei	SS
13' 0"	Jacqueline Ahrens	11	Peninsula	SS
12' 9"	Brooke Tjerrild	11	Clovis North	CS
12' 9"	Samantha Oxford	12	Santa Tersa	CCS

## GIRLS DISCUS THROW

186' 10"	Elena Bruckner	12	Valley Christian	CCS
166' 5"	Pamela Amaechi	11	Lincoln	SFS
160' 4"	Laulauga Tausaga-Collins	12	Mt. Miguel	SDS
156' 6"	Hannah Chappell	12	Oakdale	SJS
151' 3"	Jocelynn Budwig	9	Fowler	CS

## GIRLS SHOT PUT

54' 7"	Elena Bruckner	12	Valley Christian	CCS
48' 11.25"	Jasmine Pharms	12	Stagg	SJS
47' 1"	Pamela Amaechi	11	Lincoln	SFS
47' 0"	Michelle Altice	12	Del Norte	SDS
46' 10.25"	Laulauga Tausaga-Collins	12	Mt. Miguel	SDS

# CIF State Track and Field Championship Records

## BOYS

<b>100 METERS</b>		
10.30	Riley Washington (Southwest, San Diego)	1992
<b>200 METERS</b>		
20.30	Michael Norman (Vista Murrieta)	2015
<b>400 METERS</b>		
45.19	Michael Norman (Visa Murrieta)	2015
<b>800 METERS</b>		
1:46.45	Michael Granville (Bell Gardens)	1996
<b>1600 METERS</b>		
4:00.29	German Fernandez (Riverbank)	2008
<b>3200 METERS</b>		
8:34.23	German Fernandez (Riverbank)	2008
<b>110-METER HIGH HURDLES</b>		
13.39	Kevin Craddock (James Logan, Union City)	2004
<b>300-METER INTERMEDIATE HURDLES</b>		
35.02	Reggie Wyatt, La Sierra (Riverside, CA)	2009
<b>400-METER RELAY</b>		
40.24	Hawthorne	1989
<b>1600-METER RELAY</b>		
3:08.42	Serra (Gardena)	2010
<b>DISCUS THROW</b>		
213-07	Bo Taylor (Newport Harbor, Newport Beach)	2006
<b>HIGH JUMP</b>		
7-03.25	Lee Balkin (Glendale)	1979
<b>LONG JUMP</b>		
26-04.75	James Stallworth (Tulare Union, Tulare)	1989
<b>POLE VAULT</b>		
17-03	Nico Weiler (Los Gatos)	2008
<b>SHOT PUT</b>		
74-04.75	Brent Noon (Fallbrook)	1990
<b>TRIPLE JUMP</b>		
52-05.75	Marcus Hooks (Lakewood)	1986

## GIRLS

<b>100 METERS</b>		
11.14	Marion Jones (Thousand Oaks)	1992
<b>200 METERS</b>		
22.52	Allyson Felix (Los Angeles Baptist, North Hills)	2003
<b>400 METERS</b>		
50.74	Monique Henderson (Morse, San Diego)	2000
<b>800 METERS</b>		
2:02.04	Amy Weissenbach (Harvard-Westlake, N. Hollywood)	2011
<b>1600 METERS</b>		
4:33.82	Christine Babcock (Woodbridge, Irvine)	2008
<b>3200 METERS</b>		
9:52.13	Jordan Hasay (Mission Prep, San Luis Obispo)	2008
<b>100-METER HIGH HURDLES</b>		
13.03	Vashti Thomas (Mt. Pleasant, San Jose)	2007
<b>300-METER LOW HURDLES</b>		
40.10	Ebony Collins (Wilson, Long Beach)	2005
<b>400-METER RELAY</b>		
44.70	St. Bernard, Playa del Rey	1997
<b>1600-METER RELAY</b>		
3:35.49	Poly, Long Beach	2004
<b>DISCUS THROW</b>		
186-09	Anna Jelmini (Shafter)	2009
<b>HIGH JUMP</b>		
6-02.00	Latrese Johnson (Clovis)	1985
<b>LONG JUMP</b>		
22-00.50	Marion Jones (Thousand Oaks)	1993
<b>POLE VAULT</b>		
14-01	Tori Anthony (Castilleja, Palo Anthony)	2007
<b>SHOT PUT</b>		
53-08.00	Anna Jelmini (Shafter)	2009
<b>TRIPLE JUMP</b>		
44-00.50	Juliana Yendork (Walnut)	1991

# U.S. National High School Records

## BOYS

<b>100 METERS</b>		
10.15	Recorded by four individuals	
<b>200 METERS</b>		
20.13	Roy Martin, Roosevelt (Dallas, TX)	1985
<b>400 METERS</b>		
45.19	Aldrich Bailey, Mansfield Timberview (Arlington, TX)	2012
45.19	Michael Norman (Visa Murrieta, CA)	2015
<b>800 METERS</b>		
1:46.45	Michael Granville (Bell Gardens, CA)	1996
<b>1600 METERS</b>		
3:59.51	Alan Webb, South Lakes (Reston, VA)	2001
<b>3200 METERS</b>		
8:34.23	German Fernandez (Riverbank, CA)	2008
<b>110-METER HIGH HURDLES</b>		
13.10	Dennis Brantley, Worthing (Houston, TX) (manual)	1980
13.30	Chris Nelloms, Dunbar (Dayton, OH) (FAT time)	1990
<b>300-METER INTERMEDIATE HURDLES</b>		
35.02	Reggie Wyatt, La Sierra (Riverside, CA)	2009
<b>400-METER RELAY</b>		
39.76	Wyatt (Fort Worth, TX)	1998
<b>1600-METER RELAY</b>		
3:07.40	Hawthorne (Hawthorne, CA)	1985
<b>DISCUS</b>		
236-06	Mason Finely (Buena Vista, CO)	2009
<b>HIGH JUMP</b>		
7-05.75	James White (Grandview, MO)	2009
<b>LONG JUMP</b>		
26-04.75	James Stallworth, Tulare Union (Tulare, CA)	1989
<b>POLE VAULT</b>		
18-02.25	Eric Eshbach (Orangefield, TX)	1999
<b>SHOT PUT</b>		
77-00	Michael Carter, Jefferson (Dallas, TX)	1979
<b>TRIPLE JUMP</b>		
52-10.50	Charles Mayfield, John Muir (Pasadena, CA)	1980

## GIRLS

<b>100 METERS</b>		
11.14	Marion Jones (Thousand Oaks, CA)	1992
<b>200 METERS</b>		
22.52	Allyson Felix, LA Baptist (North Hills, CA)	2003
<b>400 METERS</b>		
50.74	Monique Henderson, Morse (San Diego, CA)	2000
<b>800 METERS</b>		
2:02.04	Amy Wessienbach, Harvard-Westlake, (N. Hollywood, CA)	2011
<b>1600 METERS</b>		
4:33.29	Alexa Efraimson, Camas (Tacoma, WA)	2014
<b>3200 METERS</b>		
9:48.59	Kim Mortensen (Thousand Oaks, CA)	1996
<b>100-METER HIGH HURDLES</b>		
13.03	Vashti Thomas, Mt. Pleasant (San Jose, CA)	2007
<b>300-METER LOW HURDLES</b>		
39.98	Lashinda Demus, Wilson (Long Beach, CA)	2001
<b>400-METER RELAY</b>		
44.50	Poly (Long Beach, CA)	2004
<b>1600-METER RELAY</b>		
3:35.49	Poly (Long Beach, CA)	2004
<b>DISCUS THROW</b>		
191-06	Shelbi Vaughan, Mansfield Legacy (Mansfield, TX)	2012
<b>HIGH JUMP</b>		
6-04	Toni Young (Del City, OK)	2009
6-04	Vashti Cunningham, Bishop Gorman (Nevada)	2015
<b>LONG JUMP</b>		
22-01.75	Kathy McMillan, Hoke County (Raeford, NC)	1976
<b>POLE VAULT</b>		
14-02.75	Morgan LeLeux, New Iberia Catholic (New Iberia, LA)	2011
<b>SHOT PUT</b>		
54-10.75	Michelle Carter (Red Oak, TX)	2003
<b>TRIPLE JUMP</b>		
44-02.25	Ychindria Spears (Luling, TX)	2001

# CIF State Track and Field Team Champions

## BOYS TEAM CHAMPIONS

<i>School</i>	<i>Points</i>	<i>Coach</i>	<i>Location</i>	<i>Dates</i>
Manual Arts, Los Angeles	25	Otto Fritsch	Fresno High	April 3, 1915
Manual Arts, Los Angeles	37.5	Otto Fritsch	YMCA Field, Los Angeles	April 8, 1916
Coalinga	25	Charles Geer	Berkeley	April 28, 1917
Pasadena	25	George Main	Sacramento Fair	April 27, 1918
Manual Arts, Los Angeles	21	Sid Foster	San Bernardino High	April 26, 1919
Los Angeles	18	Glenn Whittle	Bakersfield Fair	April 24, 1920
Lincoln, Los Angeles	17	Tommy Davis	Berkeley	April 30, 1921
Huntington Beach	16	Ray Walker	Stockton Fair	May 6, 1922
Hollywood	17.5	William Paige	Occidental College, Los Angeles	May 12, 1923
Manual Arts, Los Angeles	26	Sid Foster	Taft High	May 10, 1924
Manual Arts, Los Angeles	16	Sid Foster	Stanford Stadium	May 9, 1925
Poly, Los Angeles	17	Edward Leahy	Los Angeles Coliseum	May 8, 1926
Glendale	35	Norman Hayhurst	Modesto High	May 7, 1927
Poly, Long Beach	21	Norman Baker	Selma High	May 5, 1928
San Diego	22.75	Glenn Broderick	Los Angeles Coliseum	May 11, 1929
Sacramento (tie)	11	Lawrence Janssen	Berkeley	May 10, 1930
San Diego (tie)	11	Glenn Broderick	Berkeley	May 10, 1930
Santa Ana (tie)	11	G.A. "Tex" Oliver	Berkeley	May 10, 1930
Poly, Los Angeles	19.5	Edward Leahy	Visalia	May 23, 1931
Poly, Long Beach	22.5	Norman Baker	Modesto Junior College	May 2, 1932
Central, El Centro	18	J.H. Armstrong	Los Angeles Coliseum	May 20, 1933
Muir, Pasadena	15.5	Albion Walton	Edwards Stadium, Berkeley	May 26, 1934
Fullerton	14	Harold Lang	Ratcliffe Stadium, Fresno	May 25, 1935
Muir, Pasadena	18	Albion Walton	Gridley High	May 23, 1936
Jefferson, Los Angeles	23.5	Harold Edelson	Wilson High, Long Beach	May 22, 1937
San Diego	18.5	Glenn Broderick	San Benito High, Hollister	May 28, 1938
Bakersfield	16	"Cap" Haralson	Los Angeles Coliseum	May 27, 1939
Bakersfield	18.5	"Cap" Haralson	Visalia High	May 25, 1940
Edison, Fresno	22	Harold Bicknell	Spartan Stadium, San Jose	May 24, 1941
Redondo	21	Harold Grant	Compton College	May 25, 1946*
Washington, Los Angeles	24	Gail Wyatt	Visalia High	May 31, 1947
Jordan, Los Angeles	22	Bill Zazueta	Edwards Stadium, Berkeley	May 29, 1948
Jefferson, Los Angeles	28.5	Estel Johnson	Los Angeles Coliseum	May 28, 1949
Jefferson, Los Angeles	40	Estel Johnson	Hughes Stadium, Sacramento	May 27, 1950
Jefferson, Los Angeles	16.5	Estel Johnson	Edwards Stadium, Berkeley	May 26, 1951
Jefferson, Los Angeles	30.5	Estel Johnson	Los Angeles Coliseum	May 24, 1952
Manual Arts, Los Angeles	16.6	Charles Toney	Ratcliffe Stadium, Fresno	May 29, 1953
Alameda	19	Lewis Jolley	Edwards Stadium, Berkeley	May 29, 1954
Centennial, Compton	29	Bill Gill	Los Angeles Coliseum	May 28, 1955
Jefferson, Los Angeles	24.67	Estel Johnson	Chico State College	June 2, 1956
Berkeley	23	Rich Hacker	Edwards Stadium, Berkeley	June 1, 1957
Compton (tie)	11	Ernest Hartman	Veterans Stadium, Long Beach	May 31, 1958
Manual Arts, Los Angeles (tie)	11	Charles Toney	Veterans Stadium, Long Beach	May 31, 1958
Poly, Long Beach	14	Leon Forman	Memorial Stadium, Bakersfield	May 29, 1959
Jordan, Los Angeles	15	Jesse Flores	Stanford Stadium, Palo Alto	June 4, 1960
Centennial, Compton	11	Bill Gill	East Los Angeles College	June 3, 1961
Jefferson, Los Angeles	14	John Childress	Modesto Junior College	June 2, 1962
Edison, Fresno	15	Frank Fletcher	Edwards Stadium, Berkeley	May 31-June 1, 1963
Jefferson, Los Angeles (tie)	13	Andy Bakjian	Los Angeles Coliseum	June 5-6, 1964
Poly, Long Beach (tie)	13	Leon Forman	Los Angeles Coliseum	June 5-6, 1964
Poly, Long Beach	19	Leon Forman	Memorial Stadium, Bakersfield	June 4-5, 1965
Dorsey, Los Angeles	22	Rod Richard	Edwards Stadium, Berkeley	June 3-4, 1966
Muir, Pasadena	26	Walter Opp	Balboa Stadium, San Diego	June 2-3, 1967
Centennial, Compton	26	Bill Gill	Edwards Stadium, Berkeley	June 1-2, 1968
Los Angeles	22	E. Bravo	UCLA Track Stadium, Westwood	June 6-7, 1969



# CIF State Track and Field Team Champions

## BOYS TEAM CHAMPIONS

<i>School</i>	<i>Points</i>	<i>Coach</i>	<i>Location</i>	<i>Dates</i>
Los Altos	29	Leo Long	Edwards Stadium, Berkeley	June 5-6, 1970
Lompoc	13	Frank Hiatt	UCLA Track Stadium, Westwood	June 4-5, 1971
Sacramento	**18	Scotty Bingham	Mitchell Field, Oroville	June 1-2, 1972
Wilson, San Francisco	20	Adam Banks	Woodland High School	June 1-2, 1973
Muir, Pasadena	**23	Walter Opp	Memorial Stadium, Bakersfield	June 1-2, 1974
Harry Elis, Richmond	22	Silvester Greenwood	Balboa Stadium, San Diego	June 6-7, 1975
Hamilton, Los Angeles (tie)	12	Gene Broadwater	Edwards Stadium, Berkeley	June 4-5, 1976
San Fernando, Los Angeles (tie)	12	John Wachtler	Edwards Stadium, Berkeley	June 4-5, 1976
Pasadena	26	Bob Pruitt	Drake Stadium, Westwood	June 3-4, 1977
El Camino, Oceanside	16	Nill Kovacevich	Memorial Stadium, Bakersfield	June 2-3, 1978
Pasadena	16	Art Large	Hughes Stadium, Sacramento	June 1-2, 1979
Berkeley	41	Willie White	Edwards Stadium, Berkeley	June 6-7, 1980
Berkeley	58	Willie White	Cerritos College, Norwalk	June 5-6, 1981
Crenshaw, Los Angeles (tie)	20	Bob Volles	Hughes Stadium, Sacramento	June 4-5, 1982
Mission Viejo (tie)	20	Gene Gurule	Hughes Stadium, Sacramento	June 4-5, 1982
Hawthorne	**40	Kye Courtney	Memorial Stadium, Bakersfield	June 4, 1983
Hawthorne	52	Kye Courtney	Los Angeles Coliseum	June 2, 1984
Hawthorne	29	Kye Courtney	Hughes Stadium, Sacramento	May 31, 1985
Taft, Woodland Hills	26	Tom Stevenson	Cerritos College, Norwalk	June 6, 1986
Hawthorne	34	Kye Courtney	Hughes Stadium, Sacramento	June 5, 1987
Hawthorne	34	Kye Courtney	Cerritos College, Norwalk	June 3, 1988
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	June 2-3, 1989
Muir, Pasadena	24	Clyde Turner	Cerritos College, Norwalk	June 1-2, 1990
Compton	30	Alonzo Simmons	Cerritos College, Norwalk	May 31-June 1, 1991
Bakersfield	25	Art Dalzell	Cerritos College, Norwalk	June 5-6, 1992
Merced (tie)	36	Greg McKinstry	Cerritos College, Norwalk	June 19, 1993***
North Salinas (tie)	36	Ed Barber	Cerritos College, Norwalk	June 19, 1993***
Muir, Pasadena	36	Clyde Turner	Cerritos College, Norwalk	June 3-4, 1994
Muir, Pasadena	38	Clyde Turner	Cerritos College, Norwalk	June 2-3, 1995
Muir, Pasadena	57	Clyde Turner	Cerritos College, Norwalk	May 31-June 1, 1996
Poly, Long Beach	39	Don Norford	Hughes Stadium, Sacramento	June 6-7, 1997
Poly, Long Beach	42	Don Norford	Cerritos College, Norwalk	June 5-6, 1998
Vallejo	35	Mike Wilson	Hughes Stadium, Sacramento	June 4-5, 1999
Serra, Gardena	38	Richard Gatlin	Cerritos College, Norwalk	June 2-3, 2000
Arroyo Grande	28	James Brown	Hughes Stadium, Sacramento	June 1-2, 2001
Bakersfield	32	Bobby Gridiron	Cerritos College, Norwalk	May 31-June 1, 2002
Helix, La Mesa	23.5	Ray Mounts	Cerritos College, Norwalk	June 6-7, 2003
James Logan, Union City	46	Lee Webb	Hughes Stadium, Sacramento	June 4-5, 2004
Dorsey, Los Angeles	38.5	Ralph Tilley	Hughes Stadium, Sacramento	June 3-4, 2005
Poly, Long Beach	42	Don Norford	Cerritos College, Norwalk	June 2-3, 2006
Poly, Long Beach	46	Don Norford	Hughes Stadium, Sacramento	June 1-2, 2007
Dominguez, Compton	36	Darryl Smith	Cerritos College, Norwalk	May 30-31, 2008
Frontier, La Sierra, Cathedral, Clovis East	20	(Tied for 1st)	VM Stadium, Clovis	June 5-6, 2009
Jesuit, Sacramento	36	Tom McGuire	VM Stadium, Clovis	June 5-4, 2010
Poly, Long Beach	35	Don Norford	VM Stadium, Clovis	June 3-4, 2011
Notre Dame, Shermom Oaks	36	Joe McNab	VM Stadium, Clovis	June 1-2, 2012
Serra, Gardena	47	Lori Smith-Thompson	VM Stadium, Clovis	May 31-June 1, 2013
Mater Dei, Santa Ana	30	Rick Martinez	VM Stadium, Clovis	June 6-7, 2014
Vista Murrieta	37	Coley Candaele	VM Stadium, Clovis	June 5-6, 2015

\* No meets held during the World War II period (1942-45).

\*\* Reported figures for finals.

\*\*\* Meet rescheduled due to rain.

Scoring system was 5-3-2-1 from 1915 to 1928; 5-3-2-1.5 from 1929 to 1965; 6-4-3-2-1 from 1966-1979; and 10-8-6-5-4-3 since 1980-2009; 10-8-6-5-4-3-2-1 since 2010.

# CIF State Track and Field Team Champions

## GIRLS TEAM CHAMPIONS

<b>School</b>	<b>Points</b>	<b>Coach</b>	<b>Location</b>	<b>Dates</b>
Berkeley	13	Willie White	Memorial Stadium, Bakersfield	May 31-June 1, 1974
Washington, Los Angeles	22	Arnice Reddick	Balboa Stadium, San Diego	June 6-7, 1975
Berkeley	20	Willie White	Edwards Stadium, Berkeley	June 4-5, 1976
Locke, Los Angeles	14	Cherie Muller-Williams	Drake Stadium, Westwood	June 3-4, 1977
Hill, San Jose	16	John Johnigan	Memorial Stadium, Bakersfield	June 2-3, 1978
Westchester	24	Pat Nordell	Hughes Stadium, Sacramento	June 1-2, 1979
Kennedy, Granada Hills	48	Dixie Griffen	Edwards Stadium, Berkeley	June 6-7, 1980
Berkeley	64	Willie White	Cerritos College, Norwalk	June 5-6, 1981
Berkeley	48	Willie White	Hughes Stadium, Sacramento	June 4-5, 1982
Berkeley	29	Willie White	Memorial Stadium, Bakersfield	June 4, 1983
Woodside	38	Susie Wilson	Los Angeles Coliseum	June 2, 1984
Muir, Pasadena	55	Jim Brownfield	Hughes Stadium, Sacramento	May 31, 1985
Hawthorne	40	Kye Courtney	Cerritos College, Norwalk	June 6, 1986
Pomona	30	Isaiah Sanders	Hughes Stadium, Sacramento	June 5, 1987
Bakersfield (tie)	28	Scott Semar	Cerritos College, Norwalk	June 3, 1988
Rio Mesa (tie)	28	Brian Fitzgerald/Rick Torres	Cerritos College, Norwalk	June 3, 1988
Muir, Pasadena	36	Jim Brownfield	Cerritos College, Norwalk	June 2-3, 1989
Bakersfield	61	Scott Semar	Cerritos College, Norwalk	June 1-2, 1990
Morningside	28	Ron Tatum	Cerritos College, Norwalk	May 31-June 1, 1991
Poly, Long Beach	39	Don Norford	Cerritos College, Norwalk	June 5-6, 1992
Poly, Long Beach	56	Don Norford	Cerritos College, Norwalk	June 19, 1993***
Skyline, Oakland	36	Darrell Hampton	Cerritos College, Norwalk	June 3-4, 1994
Poly, Long Beach	52	Don Norford	Cerritos College, Norwalk	June 2-3, 1995
Wilson, Long Beach	43	Terry Kennedy	Cerritos College, Norwalk	May 31-June 1, 1996
Poly, Long Beach	49	Don Norford	Hughes Stadium, Sacramento	June 6-7, 1997
Poly, Long Beach (tie)	42	Don Norford	Cerritos College, Norwalk	June 5-6, 1998
Wilson, Long Beach (tie)	42	Terry Kennedy	Cerritos College, Norwalk	June 5-6, 1998
J.W. North, Riverside	42	Charles Leathers	Hughes Stadium, Sacramento	June 4-5, 1999
J.W. North, Riverside	45	Charles Leathers	Cerritos College, Norwalk	June 2-3, 2000
Poly, Long Beach	59	Don Norford	Hughes Stadium, Sacramento	June 1-2, 2001
J.W. North, Riverside	57	Charles Leathers	Cerritos College, Norwalk	May 31-June 1, 2002
Poly, Long Beach	62	Don Norford	Cerritos College, Norwalk	June 6-7, 2003
Poly, Long Beach	80	Don Norford	Hughes Stadium, Sacramento	June 4-5, 2004
Merrill West, Tracy	48	John Harvey	Hughes Stadium, Sacramento	June 3-4, 2005
James Logan, Union City (tie)	37	Lee Webb	Cerritos College, Norwalk	June 2-3, 2006
Wilson, Long Beach (tie)	37	Terry Kennedy	Cerritos College, Norwalk	June 2-3, 2006
Mt. Pleasant, San Jose	44	Steve Nelson	Hughes Stadium, Sacramento	June 1-2, 2007
Poly, Long Beach	39	Don Norford	Cerritos College, Norwalk	May 30-31, 2008
Poly, Long Beach	45	Don Norford	VM Stadium, Clovis	June 5-6, 2009
Poly, Long Beach	51.33	Don Norford	VM Stadium, Clovis	June 4-5, 2010
Poly, Long Beach	72	Don Norford	VM Stadium, Clovis	June 3-4, 2011
Serra, Gardena	60	Lori Smith-Thompson	VM Stadium, Clovis	June 1-2, 2012
Poly, Long Beach	49	Don Norford	VM Stadium, Clovis	May 31-June 1, 2013
Poly, Long Beach	70	Don Norford	VM Stadium, Clovis	June 6-7, 2014
Oaks Christian, Westlake Village	34	Wesley Smith	VM Stadium, Clovis	June 5-6, 2015

\*\*\* Meet rescheduled due to rain.

Scoring system used was 5-3-1 in 1974; 5-4-3-2-1 from 1976 to 1979; and 10-8-6-4-2-1 since 1980-2009; 10-8-6-5-4-3-2-1 since 2010



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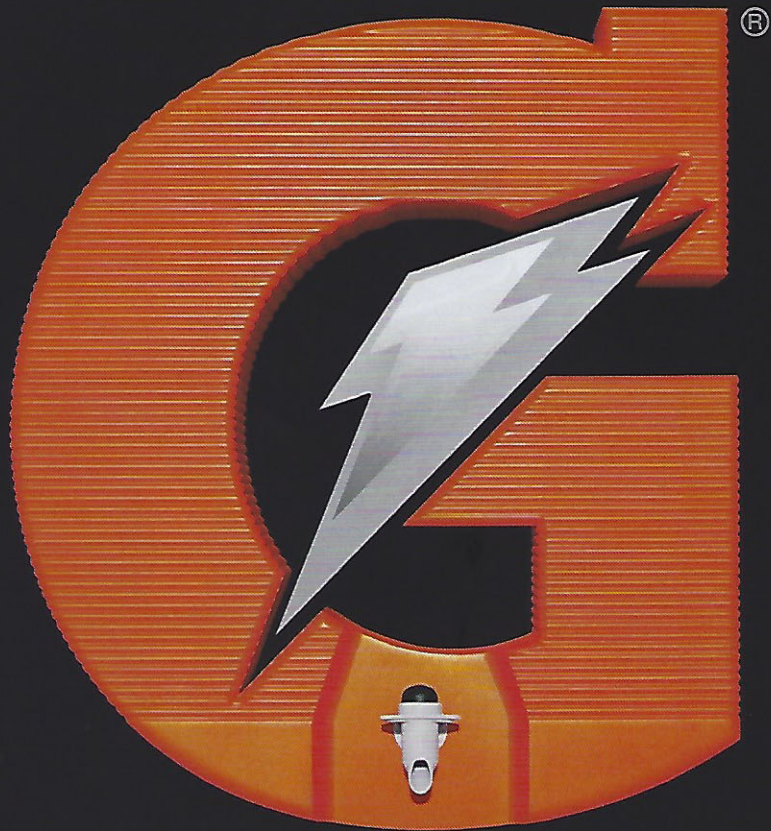
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# CIF State Track and Field Individual Champions

## BOYS CHAMPIONS 100-Meter Dash (Boys)

1915	Roy Brown (Sacramento).....	10.2
1916	Charley Paddock (Pasadena).....	10.4
1917	Jack Melville (Berkeley).....	10.0
1918	Charley Paddock (Pasadena).....	10.2
1919	Al Wright (Lincoln, Los Angeles).....	10.4
1920	Eddie Sutton (Lick-Wilmerding, SF).....	10.0
1921	Vernon Blenkiron (Compton).....	10.2
1922	Herschel Smith (San Fernando).....	10.4
1923	Eddie Pollock (Pasadena).....	10.0
1924	Vic Klein (Hollywood).....	10.1
1925	Vernon Hanford (Manual Arts, Los Angeles).....	10.1
1926	Dick Werner (Brawley).....	9.8
1927	Frank Wycoff (Glendale).....	9.8
1928	Frank Lombardi (Los Angeles).....	9.6
1929	Jim Wilson (San Diego).....	9.8
1930	Al Koenig (Huntington Beach).....	10.1
1931	Foy Draper (Huntington Park).....	9.9
1932	Milton Holt (Hoover, Glendale).....	9.8
1933	Dave Seigel (Poly, Los Angeles).....	10.0
1934	Mack Robinson (Muir, Pasadena).....	10.0
1935	Bob Frick (San Ramon).....	9.6
1936	Mickey Anderson (Muir, Pasadena).....	9.7
1937	Bryant Allen (Jefferson).....	9.8
1938	Bill Van Leuven (Wilson, Long Beach).....	9.8
1939	Jack Trout (Bakersfield).....	9.9
1940	Eddie Morris (Huntington Beach).....	9.7
1941	Al Jackson (Edison, Fresno).....	9.8
1942-45	(No meet held)	
1946	Art Williams (Riverside).....	10.0
1947	John Bradley (Hoover, Glendale).....	9.9
1948	Bill Fell (Compton).....	9.7
1949	Ernie Schopper (Lincoln, Los Angeles).....	9.9
1950	Gary Green (Jefferson, Los Angeles).....	9.9
1951	Bob Cunning (Hoover, Glendale).....	9.7
1952	Herb Turner (Alameda).....	9.9
1953	Leamon King (Delano).....	9.6
1954	James Jackson (Alameda).....	9.6
1955	Ken Dennis (Centennial, Compton).....	10.0
1956	Willie White (Jefferson, Los Angeles).....	9.5
1957	Preston Griffin (Centennial, Compton).....	9.6
1958	Hubie Watson (Jordan, Los Angeles).....	9.6
1959	Hubie Watson (Jordan, Los Angeles).....	9.8
1960	Bill Cowings (Fowler).....	9.7
1961	Forrest Beaty (Hoover, Glendale).....	9.5
1962	Forrest Beaty (Hoover, Glendale).....	9.5
1963	Alvin Mann (Edison, Fresno).....	9.6
1964	Jim Hines (McClymonds, Oakland).....	9.7
1965	Harold Busby (Muir, Pasadena).....	9.5
1966	Phil Underwood (Dorsey, Los Angeles).....	9.6
1967	Mel Gray (Montgomery, Santa Rosa).....	9.4
1968	Bob Ballard (Bellflower).....	9.6
1969	Willie Robinson (Central, El Centro).....	9.6
1970	Allen Carter (Bonita, La Verne).....	9.8
1971	George Reddick (Hamilton, Los Angeles).....	9.6
1972	Carl McCullough (Sacramento).....	9.5
1973	Elijah Jefferson (Crawford, San Diego).....	9.6w
1974	Elijah Jefferson (Crawford, San Diego).....	9.8
1975	Kevin Williams (San Fernando).....	9.4
1976	Billy Mullins (Hamilton, Los Angeles).....	10.0
1977	David Russell (Patrick Henry, San Diego).....	9.91
1978	Michael Sanford (Pasadena).....	9.85
1979	Bill Green (Cubberly, Palo Alto).....	9.59
1980	Howard Hawkins (Warren, Downey).....	10.55
1981	Ken Robinson (Berkeley).....	10.60
1982	Low Dunn (J.W. North, Riverside).....	10.53
1983	Steve Jones (Burbank, Sacramento).....	10.64
1984	Henry Thomas (Hawthorne).....	10.44
1985	Ron McCree (Madera).....	10.49w
1986	Ron McCree (Madera).....	10.57
1987	Quincy Watts (Taft, Woodland Hills).....	10.49
1988	Darren Stringer (Vacaville).....	10.78
1989	Curtis Conway (Hawthorne).....	10.42
1990	Napoleon Kaufman (Lompoc).....	10.57
1991	Ricky Carrigan (Compton).....	10.33w
1992	Riley Washington (Southwest, San Diego).....	10.30
1993	Bryan Howard (Canyon Springs, Moreno Valley).....	10.43
1994	Pat Johnson (Redlands).....	10.43
1995	Marques Holiwell (West Bakersfield).....	10.43w

1996	Jim McGee (Sacramento).....	10.52
1997	Justin Fargas (Notre Dame, Sherman Oaks).....	10.52w
1998	Darrell Rideaux (Poly, Long Beach).....	10.43
1999	Kareem Kelly (Poly, Long Beach).....	10.47
2000	Warren Rogers (Serra, Gardena).....	10.42
2001	Phillip Francis (Fairfax, Los Angeles).....	10.53
2002	Matt Bruno (Trabuco Hills, Mission Viejo).....	10.55
2003	Chris Henry (Edison, Stockton).....	10.56
2004	Kenny O'Neal (Skyline, Oakland).....	10.34
2005	Jamere Holland (Taft, Woodland Hills).....	10.54
2006	Rodney Glass (Notre Dame, Sherman Oaks).....	10.52
2007	Jahvid Best (Salesian, Oakland).....	10.31
2008	Randall Carroll (Cathedral, Los Angeles).....	10.42
2009	Randall Carroll (Cathedral, Los Angeles).....	10.38
2010	Remontay McClain (Covina).....	10.45
2011	Remontay McClain (Covina).....	10.39
2012	Khalifani Muhammad (Notre Dame, Sherman Oaks).....	10.52w
2013	Khalifani Muhammad (Notre Dame, Sherman Oaks).....	10.33
2014	Curtis Godin (Mater Dei, Santa Ana).....	10.31
2015	TJ Brock (Chaminade, West Hills).....	10.34

## 200-Meter Dash (Boys)

1915	Les Wark (Poly, Long Beach).....	22.0
1916	Charley Paddock (Pasadena).....	22.4
1917	Charley Paddock (Pasadena).....	22.4
1918	Charley Paddock (Pasadena).....	22.4
1919	Bob Allen (Redlands).....	23.8
1920	Eddie Sudden (Lick-Wilmerding, San Francisco).....	21.8
1921	Bob Allen (Redlands).....	22.6
1922	Walter Wickersham (Bakersfield).....	24.2
1923	Bob Lee (Franklin).....	22.2
1924	Archie Woodyard (Jefferson, Los Angeles).....	22.5
1925	Walter Floyd (Lincoln, Los Angeles).....	22.6
1926	Elam Kirk (El Monte).....	22.1
1927	Frank Wycoff (Glendale).....	21.0
1928	Frank Lombardi (Los Angeles).....	21.4
1929	Jim Wilson (San Diego).....	21.4
1930	Ashley Burch (Jordan, Los Angeles).....	21.8
1931	Ashley Burch (Jordan, Los Angeles).....	21.5
1932	George Anderson (Muir, Pasadena).....	21.8
1933	George Anderson (Muir, Pasadena).....	21.2
1934	Bainard Worrell (Muir, Pasadena).....	21.8
1935	Burt Pierce (Excelsior).....	21.2
1936	Burt Brady (Gridley).....	21.6
1937	Bryant Allen (Jefferson, Los Angeles).....	21.2
1938	Eddie Morris (Huntington Beach).....	21.6
1939	Eddie Morris (Huntington Beach).....	21.4
1940	Eddie Morris (Huntington Beach).....	21.3
1941	Glen Willis (San Diego).....	21.7
1942-45	(No meet held)	
1946	Ray Gregg (El Monte).....	21.9
1947	John Bradley (Hoover, Glendale).....	21.5
1948	John Bradley (Hoover, Glendale).....	21.5
1949	Ernie Schopper (Lincoln, Los Angeles).....	21.6
1950	Guy Blackburn (Jefferson, Los Angeles).....	21.3
1951	Leamon King (Delano).....	21.4
1952	Herb Turner (Alameda).....	21.6
1953	Leamon King (Delano).....	21.4
1954	James Jackson (Alameda).....	21.2
1955	Bob Poynter (Pasadena).....	21.6
1956	Bob Poynter (Pasadena).....	21.0
1957	Preston Griffin (Centennial, Compton).....	21.3
1958	Mel Clipper (Muir, Pasadena).....	20.7
1959	Hubie Watson (Jordan, Los Angeles).....	21.6
1960	Bill Cowings (Fowler).....	21.0
1961	Forrest Beaty (Hoover, Glendale).....	21.5
1962	Richard Stebbins (Fremont, Los Angeles).....	20.9
1963	John House (Muir, Pasadena).....	21.3
1964	Jim Hines (McClymonds, Oakland).....	21.5
1965	Harold Busby (Muir, Pasadena).....	21.0
1966	Phil Underwood (Dorsey, Los Angeles).....	21.2
1967*	Mel Gray (Montgomery, Santa Rosa).....	20.7
1968	Willie Deckard (Dorsey, Los Angeles).....	21.7
1969	Willie Robinson (Central, El Centro).....	21.7
1970	Jackie White (Santa Ana).....	21.5
1971	Chuck Bommarito (Crestmoor, San Bruno).....	21.2w
1972	Mike Shavers (Albany).....	21.0
1973	Clancy Edwards (Santa Ana).....	21.2w
1974	Millard Hampton (Silver Creek, San Jose).....	21.1
1975	Billy Mullins (Hamilton, Los Angeles).....	21.2

1976	Billy Mullins (Hamilton, Los Angeles).....	21.6
1977	David Russell (Patrick Henry, San Diego).....	20.97w
1978	Michael Sanford (Pasadena).....	21.42
1979	Michael Sanford (Pasadena).....	21.00
1980	Ken Robinson (Berkeley).....	21.21
1981	Kevin Wilhite (Cordova, Rancho Cordova).....	20.81
1982	Antonio Manning (Hamilton, Los Angeles).....	21.05w
1983	Henry Thomas (Hawthorne).....	21.02
1984	Henry Thomas (Hawthorne).....	20.77
1985	Michael Marsh (Hawthorne).....	20.83w
1986	Quincy Watts (Taft, Woodland Hills).....	21.03
1987	Quincy Watts (Taft, Woodland Hills).....	20.99
1988	Bryan Bridgewater (Washington, Los Angeles).....	21.00
1989	Barry Smith (Mission, San Francisco).....	20.82
1990	Napoleon Kaufman (Lompoc).....	21.15
1991	Ricky Carrigan (Compton).....	20.84w
1992	Gentry Bradley (Pius X, Downey).....	20.97w
1993	Calvin Harrison (North Salinas, Salinas).....	21.12
1994	Pat Johnson (Redlands).....	21.01
1995	Bryan Harrison (Dana Hills, Dana Point).....	20.82w
1996	Obea Moore (Muir, Pasadena).....	20.91
1997	Andrea Ammons (Skyline, Oakland).....	20.91w
1998	Kareem Kelly (Poly, Long Beach).....	20.76
1999	Kareem Kelly (Poly, Long Beach).....	20.76w
2000	Bennie Robinson (Poly, Long Beach).....	20.96
2001	Seth Amoo (Highland, Palmdale).....	21.05
2002	Matt Bruno (Trabuco Hills, Mission Viejo).....	20.82
2003	Lionel Larry (Dominguez, Compton).....	20.97
2004	Derrick Jones (Poly, Long Beach).....	21.10
2005	Jamere Holland (Taft, Woodland Hills).....	20.88w
2006	Bryshon Nellum (Poly, Long Beach).....	20.96
2007	Bryshon Nellum (Poly, Long Beach).....	20.43
2008	Randall Carroll (Cathedral, Los Angeles).....	20.91
2009	Randall Carroll (Cathedral, Los Angeles).....	21.08
2010	Remontay McClain (Covina).....	20.85
2011	Remontay McClain (Covina).....	20.95
2012	Khalifani Muhammad (Notre Dame, Sherman Oaks).....	21.15w
2013	Khalifani Muhammad (Notre Dame, Sherman Oaks).....	20.86
2014	Curtis Godin (Mater Dei, Santa Ana).....	20.87
2015	Michael Norman (Vista Murrieta).....	20.30

\*(since 1967, the 220 yards and then 200 Meters were run exclusively around one turn.)



Michael Norman set new State meet records in 2015 in the 200 meter dash (20.30) and 400 meter dash (45.19), which also tied the national record.

## 400-Meter Dash (Boys)

1915	George Conn (Pasadena).....	50.0
1916	Mark Kellog (Fresno).....	51.4
1917	Dick Seltzer (Redlands).....	53.0
1918	George Schiller (Poly, Los Angeles).....	49.6
1919	Jeff Wilcox (Harvard).....	54.2
1920	Thurmond Clarke (Los Angeles).....	50.2
1921	Ed Shaw (Monrovia).....	52.2
1922	Ed Shaw (Monrovia).....	54.4
1923	Vernon Hanford (Manual Arts, Los Angeles).....	52.6
1924	Wilburn Talbot (Analy, Sebastopol).....	51.6
1925	Walter Hanson (Concord, Mt. Diablo).....	51.0
1926	Cliff Gantt (Poly, Los Angeles).....	50.0
1927	Percy McArthur (Huntington Park).....	51.0
1928	Carl Childreth (Poly, Long Beach).....	50.2
1929	Irvine Warburton (San Diego).....	49.6
1930	Carl Satterfield (Manual Arts, Los Angeles).....	50.3
1931	John McCarthy (Fairfax).....	48.7

# CIF State Track and Field Individual Champions

1932	John Rutt (Jefferson, Los Angeles)	50.1
1933	Murel Gillett (Central, El Centro)	48.4
1934	Doug Hammond (Hollywood)	50.3
1935	Howard Upton (Turlock)	48.9
1936	George Gray (Wilson, Long Beach)	49.9
1937	Wilbur Miller (Jefferson, Los Angeles)	49.7
1938	Bob Hogan (Piedmont)	50.4
1939	Ken Horn (Fowler)	50.5
1940	Duane Lewis (Compton)	48.8
1941	O.B. Hughes (Whittier)	49.9
1942-45	(No meet held)	
1946	Norm Stocks (San Diego)	49.3
1947	Luther Butler (Jefferson, Los Angeles)	49.4
1948	Fred Thompson (Jordan, Los Angeles)	49.2
	Luther Butler (Jefferson, Los Angeles)	49.2
1949	George Adrian (Hollywood)	49.3
1950	Sherman Miller (Napa)	48.8
1951	Jack North (Jordan, Long Beach)	49.7
1952	Lanny Carter (Orange)	48.8
1953	X.L. Emerson (Richmond)	49.2
1954	Bruce Kitchen (Riverside)	48.7
1955	Jerry White (Corcoran)	48.7
1956	Jerry White (Corcoran)	46.7
1957	Fred DeWitt (Berkeley)	47.9
1958	Dixon Farmer (Miramonte, Orinda)	48.6
1959	Dixon Farmer (Miramonte, Orinda)	48.6
1960	Ulis Williams (Compton)	47.2
1961	Ulis Williams (Compton)	47.8
1962	Manual Diaz (Keppel, Alhambra)	48.1
1963	Tommie Smith (Lemoore)	47.3
1964	Fred Banks (Jefferson, Los Angeles)	47.5
1965	Randy Julian (Bolsa Grande, Garden Grove)	47.4
1966	Wayne Collett (Gardena)	47.8
1967	Mike Newton (Whittier)	47.2
1968	Edsel Garrison (Centennial, Compton)	46.7
1969	Larance Jones (Lemoore)	46.6
1970	Rick Brown (Los Altos)	47.8
1971	Tony Krzyzosiak (Garden Grove)	46.7
1972	Robert Harrell (Santa Ana)	47.4
1973	Ron Whitaker (Wilson, San Francisco)	47.0
1974	Rod Connors (Cordova, Rancho Cordova)	47.7
1975	John Ware (Sacramento)	47.2
1976	Darold Harris (Pittsburg)	47.6
1977	James Sanford (Pasadena)	46.60
1978	Bill Greene (Cubberly, Palo Alto)	46.77
1979	Tony Banks (Morse, San Diego)	47.28
1980	Mike Turner (Centennial, Compton)	47.51
1981	David Timmons (Oakland)	47.09
1982	Fabian Cooper (Washington, Los Angeles)	46.38
1983	Larry Walker (Edison, Fresno)	47.03
1984	Chip Rish (Marina, Huntington Beach)	46.82
1985	Chip Rish (Marina, Huntington Beach)	45.7h
1986	Steve Lewis (American, Fremont)	46.59
1987	Steve Lewis (American, Fremont)	46.7h
1988	Travis Hannah (Hawthorne)	47.02
1989	Beno Bryant (Dorsey, Los Angeles)	47.52
1990	Mike Sulcer (Muir, Pasadena)	47.54
1991	Richard Dupree (Roosevelt, Fresno)	47.21
1992	Derek Shepard (Lincoln, San Francisco)	46.95
1993	Calvin Harrison (North Salinas, Salinas)	45.25
1994	James Davis (Will C. Wood, Vacaville)	46.96
1995	Obea Moore (Muir, Pasadena)	46.08
1996	Obea Moore (Muir, Pasadena)	45.81
1997	Eddie Levine (Golden Valley, Merced)	46.77
1998	Mike Ryan (Beverly Hills)	47.62
1999	Blaine Bussey (Taft, Los Angeles)	46.94
2000	Brandon Matlock (Stockdale, Bakersfield)	47.63
2001	Jason Lovell (Cleveland, Los Angeles)	47.51
2002	Blake Mackey (Bakersfield)	47.93
2003	David Gettis (Dorsey, Los Angeles)	47.41
2004	David Gettis (Dorsey, Los Angeles)	46.69
2005	David Gettis (Dorsey, Los Angeles)	45.84
2006	Bryshon Nellum (Poly, Long Beach)	46.38
2007	Bryshon Nellum (Poly, Long Beach)	45.54
2008	Joey Hughes (Poly, Long Beach)	46.28
2009	Reggie Wyatt (La Sierra)	46.13
2010	Josh Mance (Don Lugo, Chino)	45.90
2011	Shaquille Howard (Poly, Long Beach)	47.49
2012	Alex Rohani (Beverly Hills)	47.34
2013	Mile Parish (Etiwanda)	46.53

2014	Kemonie Briggs (Wilson, Long Beach)	46.92
2015	Michael Norman (Vista Murrieta)	45.19

## 800-Meter Run (Boys)

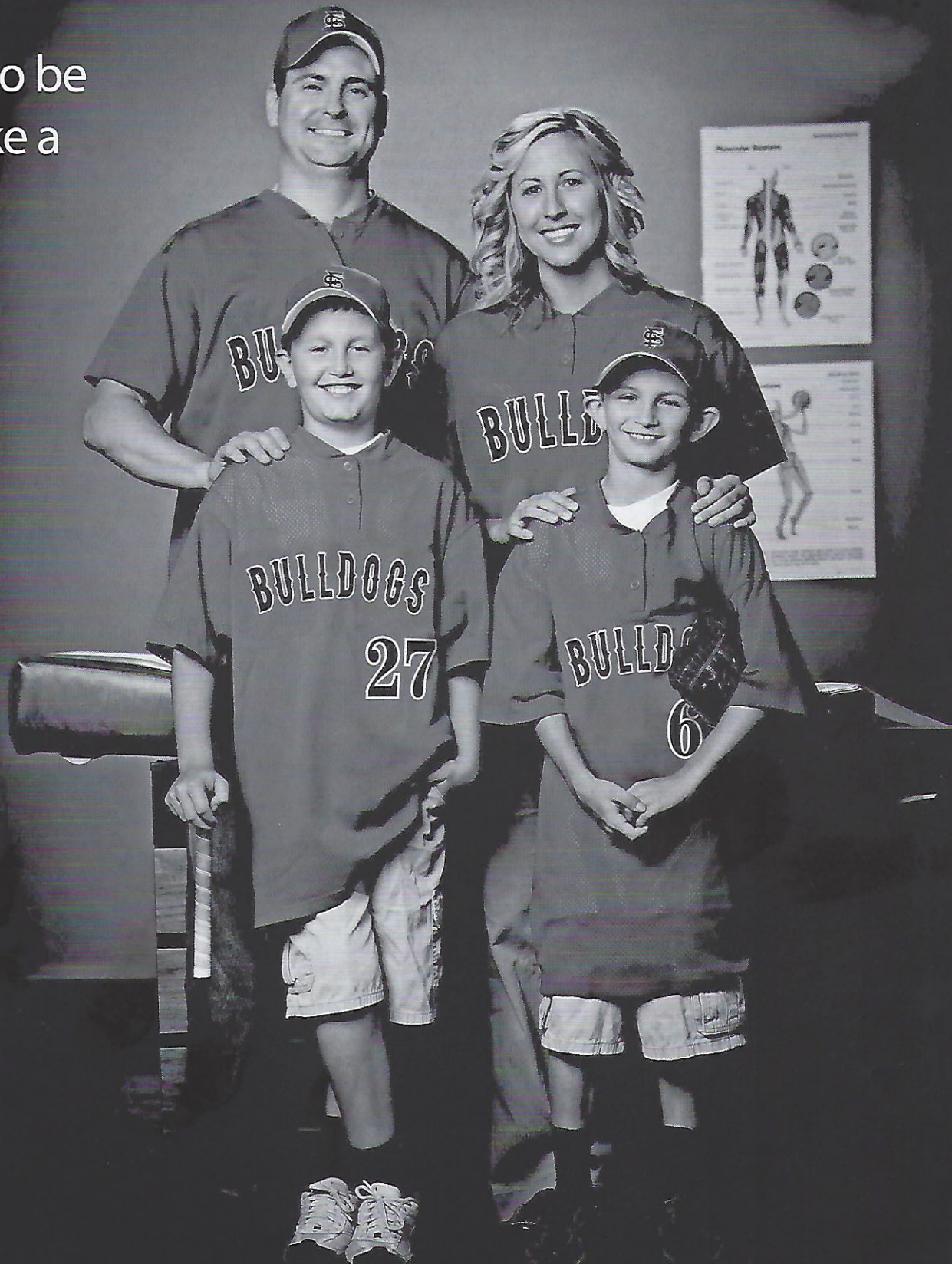
1915	Gerald Blankenship (Visalia)	1:59.8
1916	Colin Kilby (Coalinga)	2:02.8
1917	Harleigh Baker (Fillmore)	2:02.0
1918	Ken Saunders (Pasadena)	2:02.8
1919	Jerry Pearce (Berkeley)	2:08.2
1920	Paul Stroud (Perris)	1:59.4
1921	Elmer Boyden (Vallejo)	1:59.2
1922	Irving Thomas (Manual Arts, Los Angeles)	2:04.6
1923	Earl Lockhart (Sacramento)	1:59.0
1924	Ed Cloege (Covina)	1:59.1
1925	Alex McKinnon (Poly, Los Angeles)	1:59.8
1926	Doug Knowles (Bakersfield)	2:01.2
1927	Bill McGeagh (Poly, Los Angeles)	2:02.8
1928	Herb Welch (Visalia)	2:01.2
1929	Herb Welch (Visalia)	1:58.4
1930	Al Hassan (Jefferson, Los Angeles)	2:00.1
1931	Carl Satterfield (Manual Arts, Los Angeles)	1:57.6
1932	Ray Cartwright (Santa Ana)	2:00.6
1933	Bill McCurdy (Tamalpais)	2:00.1
1934	Mel Nickerson (Poly, Los Angeles)	1:58.4
1935	Ralph Wood (Carpinteria)	1:57.6
1936	Jerry Lopez (Placer, Auburn)	1:57.1
1937	Jim Lawson (Jordan, Los Angeles)	1:59.7
1938	Leroy Weed (Coachella Valley)	1:58.8
1939	Paul Christensen (Beverly Hills)	2:01.3
1940	Roger Lane (San Rafael)	1:57.7
1941	Thelmo Knowles (Santa Monica)	1:55.6
1942-45	(No meet held)	
1946	Dan Guest (Santa Monica)	2:00.5
1947	Jerome Walters (Compton)	1:57.6
1948	Wilbur Firestone (Compton)	1:57.8
1949	Wilbur Firestone (Compton)	1:58.1
1950	Lang Stanley (Jefferson, Los Angeles)	1:53.9
1951	Gene Jones (Oakland Technical)	1:58.9
1952	Jim Briggs (Pittsburg)	1:57.2
1953	Don Bowden (Lincoln, San Jose)	1:57.1
1954	Don Bowden (Lincoln, San Jose)	1:52.9
1955	Leonard Havens (Avenal)	1:57.0
1956	Jerry Siebert (Willits)	1:53.8
1957	Jim Cerveny (Mission Bay, San Diego)	1:52.7
1958	Alfred Gentry (Fremont, Los Angeles)	1:55.4
1959	Dave Dunbar (Westmoor, Daly City)	1:53.2
1960	Ray VanAsten (Bonita, La Verne)	1:51.9
1961	Mike Gibeau (Lincoln, San Francisco)	1:53.1
1962	Doug Parker (Chico)	1:52.2
1963	Dennis Carr (Lowell, Whittier)	1:50.9
1964	Bob Hose (Madison, San Diego)	1:51.7
1965	Richard Joyce (Sierra, Whittier)	1:48.8
1966	Terry Rogers (Hilltop, Chula Vista)	1:51.5
1967	Lawrence Banks (Dorsey, Los Angeles)	1:51.2
1968	George Alfaro (Pittsburg)	1:52.3
1969	Ricco Sanchez (Canoga Park)	1:51.6
1970	Rick Brown (Los Altos)	1:50.6
1971	Percell Keeling (Morningside, Inglewood)	1:51.8
1972	Dale Scott (El Cerrito)	1:49.7
1973	Randy Lopez (Alhambra)	1:52.4
1974	John Musich (Burbank)	1:51.0
1975	Conrad Suhr (Leigh, San Jose)	1:51.0
1976	Wyatt Bishop (Carlmont, Belmont)	1:54.4
1977	Jim Walters (Estancia, Costa Mesa)	1:49.4
1978	David Mack (Locke, Los Angeles)	1:51.83
1979	David Mack (Locke, Los Angeles)	1:50.18
1980	Peter Quinonez (Tulare)	1:50.13
1981	Pete Richardson (Berkeley)	1:47.31
1982	John Phillips (Los Altos)	1:49.99
1983	Kimmie James (Richmond)	1:50.63
1984	Eric Schermerhorn (Woodbridge, Irvine)	1:49.61
1985	Sean Langer (Bakersfield)	1:51.75
1986	Vincent Thompson (Locke, Los Angeles)	1:50.25
1987	Don Gabor (Amador Valley, Pleasanton)	1:52.3h
1988	Mark Senior (Mt. Miguel, Spring Valley)	1:51.37
1989	Gordon Johnson (Piedmont)	1:51.88
1990	Craig Magres (Santa Teresa, San Jose)	1:51.66
1991	Mike Terry (El Modena, Orange)	1:53.99
1992	Mike Katri (Fortuna)	1:49.56
1993	Vondre Armour (Bakersfield)	1:50.13

1994	Michael Granville (Bell Gardens)	1:49.82
1995	Aaron Richburg (James Logan, Union City)	1:48.40
1996	Michael Granville (Bell Gardens)	1:50.68
1997	James Levine (Golden Valley, Merced)	1:50.62
1998	Jon Stevens (Mission San Jose, San Jose)	1:52.07
1999	Brandon Shaw (Rancho Verde, Moreno Valley)	1:53.98
2000	Mike Serratos (Don Lugo, Chino)	1:51.75
2001	Tykie Harris (San Geronio)	1:53.80
2002	Michael Haddan (Woodbridge, Irvine)	1:51.41
2003	Duane Solomon (Cabrillo, Lompoc)	1:49.79
2004	Bryan Rodie (Royal, Simi Valley)	1:52.04
2005	Jesse O'Brien (San Pasqual, Escondido)	1:53.71
2006	Cory Primm (Westlake, Westlake Village)	1:50.53
2007	Cory Primm (Westlake, Westlake Village)	1:50.95
2008	Charles Jock (Mission Bay, San Diego)	1:51.64
2009	Sean Krinik (Valencia, Placentia)	1:51.83
2010	Sean Krinik (Valencia, Placentia)	1:48.20
2011	Immanuel Hutchinson (San Jacinto)	1:49.63
2012	Alexander Monsivaiz (Army & Navy)	1:51.34
2013	Ivan Gonzalez (Ridgeview, Bakersfield)	1:50.71
2014	David Manahan (Harv-Wst, N. Hllywd.)	1:51.04
2015	Isaac Trevino (Centennial, Bakersfield)	1:51.55

## 1600-Meter Run (Boys)

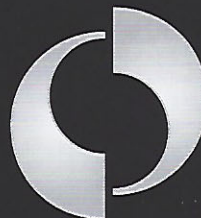
1915	Gerald Blankenship (Visalia)	4:30.0
1916	Andy Silvas (Oakland Technical)	4:40.6
1917	Whitney Reeves (Pasadena)	4:37.4
1918	Jerry Pearce (Berkeley)	4:44.4
1919	Atwood Scovel (San Bernardino)	4:47.0
1920	Charlie Watts (Berkeley)	4:36.2
1921	Bill Kerr (Huntington Beach)	4:30.4
1922	Les Schwoeboda (Petaluma)	4:40.0
1923	Earl Lockhart (Sacramento)	4:31.6
1924	Lee Hansen (Manual Arts, Los Angeles)	4:37.1
1925	Charles Unruh (El Monte)	4:35.2
1926	Jack Ferguson (Inglewood)	4:35.7
1927	Cliff Halstead (Sacramento)	4:33.6
1928	Dick Brooks (Redlands)	4:39.0
1929	John Baker (Huntington Beach)	4:31.1
1930	Phil Morentin (Visalia)	4:31.0
1931	Phil Morentin (Visalia)	4:32.8
1932	Virgil Hooper (Antelope Valley)	4:32.3
1933	Virgil Hooper (Antelope Valley)	4:29.2
1934	Louis Zamperini (Torrance)	4:27.8
1935	Elmer Bayer (Paso Robles)	4:30.4
1936	Simon Scott (Tamalpais)	4:31.2
1937	Bruce Hammack (Yreka)	4:30.4
1938	Jack Moore (Stockton)	4:26.9
1939	John Hall (Torrance)	4:26.8
1940	Kellen Ramirez (Edison, Fresno)	4:31.5
1941	Bob Ingram (San Jose)	4:32.8
1942-45	(No meet held)	
1946	Bob McMillen (Cathedral, Los Angeles)	4:24.0
1947	Chuck Kohl (Compton, Los Angeles)	4:29.2
1948	John Woolley (Marshall Fundamental)	4:29.1
1949	Ellwyn Stribling (Commerce, San Francisco)	4:25.1
1950	Ron Bauer (Washington, San Francisco)	4:23.7
1951	Allie Cage (McClymonds, Oakland)	4:30.7
1952	Fernando Ledesma (Compton)	4:23.2
1953	Bob Seaman (Reedley)	4:21.0
1954	Ty Hadley (Bellflower)	4:25.8
1955	Tod White (Newport Harbor)	4:20.0
1956	Ron Larrieu (Palo Alto)	4:20.1
1957	Tim Roelen (San Fernando)	4:20.2
1958	Woody Covington (Compton)	4:23.7
1959	Dale Storey (Orange)	4:11.0
1960	Ben Tucker (Poly, San Francisco)	4:14.3
1961	Bruce Bess (La Habra)	4:18.8
1962	Dennis Carr (Lowell, Whittier)	4:08.7
1963	Tracy Smith (Arcadia)	4:14.4
1964	Mike Ryan (Wilcox, Santa Clara)	4:11.2
1965	Tim Danielson (Chula Vista)	4:08.0
1966	Tim Danielson (Chula Vista)	4:07.0
1967	Mike Solomon (Westminster)	4:11.4
1968	Clifton West (Kennedy, Sacramento)	4:09.0
1969	Decker Underwood (South Torrance, Torrance)	4:12.1
1970	Brent Tubb (Cleveland, Reseda)	4:12.9
1971	Brent Tubb (Cleveland, Reseda)	4:09.6
1972	Mark Schilling (Garden Grove)	4:05.4
1973	Alvin Gilmore (Lompoc)	4:11.4

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# CIF State Track and Field Individual Champions

## 1600-Meter Run (Boys) - continued

1974	Rick Kimball (De La Salle, Concord).....	4:06.6
1975	John Johnson (Skyline, Oakland).....	4:09.5
1976	Jim Arriola (Gahr, Cerritos).....	4:14.6
1977	Mark Stillman (Willow Glen, San Jose).....	4:06.9
1978	Paul Medvin (University, Los Angeles).....	4:08.91
1979	Paul Medvin (University, Los Angeles).....	4:12.9
1980	Larry Guinne (Castro Valley).....	4:06.18
1981	Jeff Scott (El Camino, Sacramento).....	4:10.06
1982	Tom Grewe (Carpinteria).....	4:08.05
1983	Jim Frey (Yreka).....	4:08.82
1984	Roman Gomez (Belmont, Los Angeles).....	4:09.05
1985	Roman Gomez (Belmont, Los Angeles).....	4:15.93
1986	Mark Mastalir (Jesuit, Carmichael).....	4:07.81
1987	Scott Robinson (Bellarmine, San Jose).....	4:07.95
1988	Reggie Williams (River City, West Sacramento).....	4:08.78
1989	Francis O'Neil (San Pasqual, Escondido).....	4:08.67
1990	Coley Candaele (Carpinteria).....	4:06.26
1991	Daniel DasNeves (Helix, La Mesa).....	4:12.22
1992	Daniel DasNeves (Helix, La Mesa).....	4:09.54
1993	Brian Wilkinson (Merced).....	4:08.13
1994	Mebrahton Keflezighi (San Diego).....	4:07.67
1995	Michael Stember (Jesuit, Carmichael).....	4:04.00
1996	Michael Stember (Jesuit, Carmichael).....	4:06.72
1997	Jon Stevens (Mission, San Jose).....	4:10.08
1998	Jon Stevens (Mission, San Jose).....	4:12.58
1999	Marcus Chandler (Serra, San Diego).....	4:10.44
2000	Evan Fox (West Hills, Santee).....	4:09.44
2001	Ryan Hall (Big Bear, Big Bear Lake).....	4:02.62
2002	Matt Johnsrud (Woodcreek, Roseville).....	4:11.89
2003	Phillip Reid (Rio Mesa, Oxnard).....	4:08.49
2004	Mark Matusak (Loyola, Los Angeles).....	4:15.89
2005	Mark Matusak (Loyola, Los Angeles).....	4:10.72
2006	AJ Acosta (El Camino, Oceanside).....	4:04.95
2007	Hudson Andrews (Royal, Simi Valley).....	4:07.59
2008	German Fernandez (Riverbank).....	4:00.29
2009	Mac Fleet (University City, San Diego).....	4:05.33
2010	Elias Gedyon (Loyola, Los Angeles).....	4:21.12
2011	Jantzen Oshier (Trabucco Hills, Mission Viejo).....	4:00.83
2012	Darren Fahy (La Costa Canyon, Carlsbad).....	4:08.78
2013	Blake Haney (Stockdale, Bakersfield).....	4:06.91
2014	Blake Haney (Stockdale, Bakersfield).....	4:08.52
2015	Austin Tamagno (Brea Olinda).....	4:09.13

## 3200-Meter Run (Boys)

1965	Ralph Gamez (Berkeley).....	9:12.9
1966	Ralph Gamez (Berkeley).....	9:01.6
1967	Pete Romero (Reedley).....	9:00.5
1968	Ruben Chappins (Excelsior, Norwalk).....	9:05.7
1969	Ruben Chappins (Excelsior, Norwalk).....	8:57.0
1970	Ron Johnson (West Torrance, Torrance).....	8:55.6
1971	Dale Fleet (Clairemont, San Diego).....	8:53.8
1972	Curtis Beck (Santa Monica).....	8:52.3
1973	Terry Williams (Lompoc).....	8:54.8
1974	Rick Kimball (De La Salle, Concord).....	8:46.5
1975	Eric Hulst (Laguna Beach).....	8:44.9
1976	Eric Hulst (Laguna Beach).....	8:57.4
1977	Frank Assuma (Eisenhower, Rialto).....	8:52.9
1978	Jeff Nelson (Burbank).....	8:59.28
1979	Jeff Nelson (Burbank).....	8:47.35
1980	Andy DiConti (La Canada).....	8:55.79
1981	Jon Butler (Edison, Huntington Beach).....	8:46.78
1982	Harold Kuphaldt (Bella Vista, Fair Oaks).....	8:51.99
1983	Eric Reynolds (Camarillo).....	8:54.75
1984	Roman Gomez (Belmont, Los Angeles).....	8:58.91
1985	Roman Gomez (Belmont, Los Angeles).....	9:03.05
1986	Eric Mastalir (Jesuit, Carmichael).....	8:44.95
1987	Paul Thomas (Jesuit, Carmichael).....	9:02.82
1988	Reggie Williams (River City, West Sacramento).....	8:59.61
1989	David Welsh (Jesuit, Carmichael).....	8:58.08
1990	Bryan Dameworth (Agoura).....	8:53.26
1991	Dave Hartman (Canyon, Canyon Country).....	8:58.38
1992	Angel Martinez (San Gabriel).....	8:56.34
1993	Matt Farley (Jesuit, Carmichael).....	9:04.39
1994	Mebrahton Keflezighi (San Diego).....	8:58.11
1995	Jason Balkman (Lynbrook, San Jose).....	9:05.31
1996	Aaron Gillen (Yreka).....	9:03.96
1997	Isaiah Festa (Morro Bay).....	9:06.06
1998	Gary Passanisi (Aptos).....	9:05.74
1999	Josh Spiker (Ventura).....	9:02.00

2000	Ryan Hall (Big Bear, Big Bear Lake).....	8:55.12
2001	Yong-Sung Leal (Arroyo, San Lorenzo).....	9:00.49
2002	Kyle Alcorn (Buchanan, Clovis).....	9:00.46
2003	Tim Nelson (Liberty Christian, Redding).....	8:53.59
2004	Yosef Ghebray (James Logan, Union City).....	9:04.20
2005	Michael Cybulski (Royal, Simi Valley).....	9:02.57
2006	Michael Cybulski (Royal, Simi Valley).....	8:53.77
2007	Eric Avila (Bonita Vista, Chula Vista).....	9:01.77
2008	German Fernandez (Riverbank).....	8:34.23
2009	Chris Schwartz (Foothill).....	8:51.60
2010	Sam Pons (South Pasadena).....	8:55.40
2011	Elias Gedyon (Loyola, Los Angeles).....	8:50.03
2012	Darren Fahy (La Costa Canyon, Carlsbad).....	9:03.29
2013	Blake Haney (Stockdale, Bakersfield).....	9:01.65
2014	Fred Huxham (Redwood, Larkspur).....	8:54.24
2015	Caleb Webb (Big Bear).....	8:47.30



German Fernandez from Riverbank shattered the previous national record in the 3200 meters by nearly eight seconds with a time of 8:34.23 at the 2008 State meet. This performance followed his near-national record showing earlier in the day in the 1600.

## 110-Meter High Hurdles (Boys)

1915	Earl Thomson (Poly, Long Beach).....	15.2
1916	Harry Lamport (Manual Arts, Los Angeles).....	16.4
1917	Earl Johnston (Fullerton).....	16.2
1918	Larry Rice (Fresno).....	16.0
1919	Charley Dagg (Claremont).....	16.6
1920	Otto Anderson (Pomona).....	15.8
1921	Jack Houston (Lincoln, Los Angeles).....	16.0
1922	Richard Bleet (Manual Arts, Los Angeles).....	16.6
1923	Ross Nichols (Huntington Beach).....	15.4
1924	Ross Nichols (Huntington Beach).....	15.3
1925	Les Eade (Hollywood).....	15.4
1926	Jim Meeks (Hollywood).....	15.1
1927	Jeddy Welsh (Pasadena).....	14.8
1928	Joe Bills (Poly, Long Beach).....	15.6
1929	Bernie Miller (Hollywood).....	15.4
1930	Bill DuPuy (Inglewood).....	15.4
1931	Art Fisher (Redlands).....	15.5
1932	Jack Ward (Selma).....	15.0
1933	Roy Staley (Santa Monica).....	15.2
1934	Roy Kirpatrick (Central, El Cerrito).....	14.7
1935	Johnny Lindell (Monrovia).....	15.0
1936	Doug Busby (Sacramento).....	15.7
1937	Ray Seares (Wilson, Long Beach).....	15.5
1938	John Biewener (San Diego).....	15.3
1939	Don Diez (Lincoln, Los Angeles).....	14.9
	Sam Johnson (Fillmore).....	14.9
1940	Keith Hale (Bakersfield).....	14.7
	Don Reiss (Burlingame).....	14.7
1941	Omar Cowles (Palo Alto).....	14.3
1942-45	(No meet held)	

1946	Bob Bacon (Redondo).....	14.5
1947	Hugh McElhenry (Washington, Los Angeles).....	14.5
1948	Bob Mathias (Tulare).....	14.5
1949	Jack Davis (Hoover, Glendale).....	14.4
1950	Steve Turner (Glendale).....	14.1
1951	Don Brinker (Fresno).....	14.5
1952	Ancel Robinson (Selma).....	14.7
1953	Harry Healey (Keppel).....	14.4
1954	Rafer Johnson (Kingsburg).....	14.3
1955	Ken Thompson (Centennial, Compton).....	14.1
1956	Dale Messer (Lemoore).....	14.2
1957	Ken Overholser (Glendale).....	14.3
1958	Floyd James (Centennial, Compton).....	14.1
1959	Bob Pierce (Burbank).....	14.3
1960	Robert Bonds (Poly, Riverside).....	13.9
1961	Abe Johnson (McClymonds, Oakland).....	14.2w
1962	Ron White (Dorsey, Los Angeles).....	14.0
1963	Carl Davis (Compton).....	13.9
1964	Earl McCullough (Poly, Long Beach).....	14.1
1965	Bill Persons (San Francisco).....	13.8
	Rich Miller (Monrovia).....	13.8
1966	Donald Parish (Dorsey, Los Angeles).....	13.9
1967	Jerry Proctor (Muir, Pasadena).....	13.7
1968	Kerry Hampton (Poly, San Francisco).....	14.0
1969	Jerry Wilson (Roosevelt, Fresno).....	13.7
1970	Alfonzo Hall (Morningside, Inglewood).....	13.9
1971	Charles Jackson (Lompoc).....	13.6w
1972	Daniel Jones (Palo Verde, Blythe).....	13.6
1973	Mike Johnson (Pasadena).....	13.6w
1974	Fred Shaw (Muir, Pasadena).....	13.7
1975	Robert Gains (Kennedy, Richmond).....	13.3
1976	Lloyd Jones (Ganesha, Pomona).....	14.5
1977	Phillip Johnson (Gardena).....	13.66
1978	Milan Stewart (West Covina).....	13.97
1979	Jim Scannella (San Ramon, Danville).....	13.87
1980	Don Ward (St. Mary's, Berkeley).....	13.73
1981	David Ashford (West Covina).....	13.67
1982	Steve Kerho (Mission Viejo).....	13.41
1983	Mark Boyd (St. Mary's, Berkeley).....	13.93
1984	Raymond Young (Hawthorne).....	14.32
1985	Robert Reading (St. Mary's, Berkeley).....	13.88
1986	Terry Johnson (Katella, Anaheim).....	13.88
1987	Dana Hall (Ganesha, Pomona).....	13.98
1988	Darrell Thompson (Cerritos).....	14.25
1989	William Henry (Arroyo Grande).....	14.05
1990	Curtis Hawkins (Carson).....	14.41
1991	Issac Carson (Jefferson, Los Angeles).....	13.67
1992	Charlie Davidson (Saddleback, Santa Ana).....	13.94w
1993	Drue Powell (Reseda).....	13.87
1994	Gerimi Burrell (Upland).....	13.93w
1995	Joe Naivalu (Fremont, San Jose).....	14.33
1996	Joe Naivalu (Fremont, San Jose).....	13.68
1997	Dominique DeGrammont (Tustin).....	13.48
1998	Marcell Allmond (St. Paul, Santa Fe Springs).....	13.83
1999	Marcell Allmond (St. Paul, Santa Fe Springs).....	13.54
2000	Christopher Morgan (Taft, Woodland Hills).....	13.95
2001	Christopher Morgan (Taft, Woodland Hills).....	13.59w
2002	Thomas Mack (Bakersfield).....	14.34
2003	Kevin Craddock (James Logan, Union City).....	14.09
2004	Kevin Craddock (James Logan, Union City).....	13.39
2005	Robert Williams (Ramona).....	13.97
2006	Terry Prentice (Diamond Ranch, Pomona).....	14.11
2007	Terry Prentice (Diamond Ranch, Pomona).....	13.53
2008	Devron Walker (Dominguez, Compton).....	13.96
2009	Dale Morgan (Taft, Woodland Hills).....	13.76
2010	Johnathan Cabral (Agoura, Agoura Hills).....	13.54
2011	Johnathan Cabral (Agoura, Agoura Hills).....	13.79
2012	Lloyd Sicard (Serra, Gardena).....	14.09
2013	Marquis Morris (De La Salle, Concord).....	13.90
2014	Misana Viltz (Millikan, Long Beach).....	13.47
2015	Alexander Billing (Simi Valley).....	13.68

## 300-Meter Intermediate Hurdles (Boys)

1975	Dedy Cooper (Ells, Richmond).....	36.5
1976	Charles White (San Fernando).....	36.7
1977	Andre Phillips (Silver Creek, San Jose).....	36.43
1978	Gary Lee (Poly, Long Beach).....	36.58
1979	Gary Lee (Poly, Long Beach).....	36.22
1980	Don Ward (St. Mary's, Berkeley).....	36.57
1981	Walter Murray (Berkeley).....	36.26



# CIF State Track and Field Individual Champions

1982	Steve Kerho (Mission Viejo)	35.85
1983	Danny Harris (Perris)	35.52
1984	George Porter (Cabrillo, Lompoc)	36.10
1985	George Porter (Cabrillo, Lompoc)	35.50
1986	Rodney Bradshaw (Saugus, Santa Clarita)	37.30
1987	Yki Vallery (Hawthorne)	37.14
1988	John Montgomery (Independence, San Jose)	36.43
1989	John Prudenti (Siena, Napa)	37.28
1990	Rocky Morris (Andrew Hill, San Jose)	37.46
1991	Keith Williams (Escondido)	37.28
1992	Demond Smith (Hawthorne)	37.34
1993	Kenny Haslip (Muir, Pasadena)	37.80
1994	Kenny Haslip (Muir, Pasadena)	37.14
1995	Mickey Grimes (Canyon Springs, Moreno Valley)	36.83
1996	Makio Haywood (Muir, Pasadena)	36.18
1997	Kenyon Rambo (Poly, Long Beach)	36.57
1998	Al Williams (Irvine)	37.17
1999	Rico Hatter (Vallejo)	36.53
2000	Trevor Jones (Newport Harbor)	36.60
2001	Jeffrey Hunter (Granite Hills, El Cajon)	36.25
2002	Thomas Mack (Bakersfield)	37.45
2003	Brandon Bornes (Rancho Buena Vista, Vista)	38.00
2004	Kevin Craddock (James Logan, Union City)	35.93
2005	David Klech (California, San Ramon)	36.06
2006	David Klech (California, San Ramon)	35.87
2007	Jeshua Anderson (Taft, Woodland Hills)	35.28
2008	Brian Baucham (West Torrance)	37.26
2009	Reggie Wyatt (La Sierra)	36.71
2010	R.J. Frasier (Jesuit, Sacramento)	36.90
2011	Johnathan Cabral (Agoura, Agoura Hills)	36.20
2012	Jarrett Gonzales (Damien, La Verne)	37.30
2013	Lloyd Sicard (Serra, Gardena)	37.06
2014	Marquis Morris (De La Salle, Concord)	36.86
2015	Justin Collins (Carson)	36.67



Reggie Wyatt's 35.02 in the 300-meter intermediate hurdles at the 2009 State meet bettered the national record set by Jeshua Anderson (35.28) at the 2007 State meet.

## 400-Meter Relay (Boys)

1968	Centennial (Compton)	41.5
1969	Castlemont (Oakland)	41.4
1970	Santa Ana	41.6
1971	El Cerrito	41.0
1972	Wilson (San Francisco)	41.3
1973	Wilson (San Francisco)	41.5
1974	Kennedy (Richmond)	41.2
1975	Ells (Richmond)	41.2
1976	Kennedy (Barstow)	41.4
1977	Pasadena	41.61
1978	El Cerrito	41.55
1979	Pasadena	41.45
1980	Washington (Los Angeles)	41.51
1981	Berkeley	40.86
1982	Oakland	41.09
1983	Edison (Fresno)	40.83
1984	Berkeley	40.93
1985	Muir (Pasadena)	41.32
1986	Hiram Johnson (Sacramento)	41.30
1987	Muir (Pasadena)	40.78
1988	Oakland	41.33
1989	Poly (Long Beach)	41.82
1990	San Bernardino	41.05
1991	Compton	41.68
1992	Morningside (Inglewood)	42.04

1993	Merced	41.42
1994	El Camino (Oceanside)	41.16
1995	Skyline (Oakland)	40.78
1996	Serra (Gardena)	40.63
1997	Muir (Pasadena)	40.35
1998	Poly (Long Beach)	40.45
1999	Vallejo	40.94
2000	Serra (Gardena)	40.97
2001	Helix (La Mesa)	41.17
2002	Poly (Long Beach)	40.63
2003	Carson (Los Angeles)	41.53
2004	Skyline (Oakland)	40.95
2005	Dorsey (Los Angeles)	40.92
2006	Notre Dame (Sherman Oaks)	41.27
2007	Poly (Long Beach)	40.81
2008	Poly (Long Beach)	41.26
2009	Serra (Gardena)	40.67
2010	Poly (Long Beach)	41.13
2011	Oaks Christian (Westlake Village)	41.19
2012	Notre Dame (Sherman Oaks)	41.13
2013	Serra (Gardena)	40.49
2014	Woodcreek (Roseville)	41.20
2015	Chaminade (West Hills)	40.75

## 1600-Meter Relay (Boys)

1968	Centennial (Compton)	3:14.3
1969	Los Angeles	3:15.2
1970	Los Altos (Los Altos)	3:15.6
1971	Castlemont (Oakland)	3:13.2
1972	El Cerrito	3:17.6
1973	Cordova (Rancho Cordova)	3:17.4
1974	Muir (Pasadena)	3:13.8
1975	Ells (Richmond)	3:15.7
1976	Pasadena	3:18.2
1977	Pasadena	3:13.7
1978	Banning (Wilmington)	3:11.57
1979	Locke (Los Angeles)	3:14.04
1980	Centennial (Compton)	3:10.37
1981	Berkeley	3:08.94
1982	Compton	3:14.45
1983	Hawthorne	3:10.11
1984	Hawthorne	3:09.45
1985	Hawthorne	3:14.13
1986	Hawthorne	3:14.79
1987	Hawthorne	3:11.77
1988	Hawthorne	3:10.46
1989	Dorsey (Los Angeles)	3:12.21
1990	Muir (Pasadena)	3:14.00
1991	Morningside (Inglewood)	3:15.01
1992	Morningside (Inglewood)	3:15.37
1993	North Salinas (Salinas)	3:14.19
1994	Muir (Pasadena)	3:12.54
1995	Muir (Pasadena)	3:13.08
1996	Muir (Pasadena)	3:08.66
1997	Dominguez (Compton)	3:12.51
1998	Dominguez (Compton)	3:12.64
1999	Dorsey (Los Angeles)	3:13.01
2000	Serra (Gardena)	3:12.94
2001	Poly (Long Beach)	3:15.11
2002	Poly (Long Beach)	3:12.90
2003	Poly (Long Beach)	3:14.35
2004	Poly (Long Beach)	3:13.74
2005	Dorsey (Los Angeles)	3:12.12
2006	J.W. North (Riverside)	3:10.36
2007	Poly (Long Beach)	3:10.92
2008	Dominguez (Compton)	3:09.59
2009	Lutheran (Orange)	3:14.53
2010	Serra (Gardena)	3:08.42
2011	Poly (Long Beach)	3:12.44
2012	Rio Mesa (Oxnard)	3:16.21
2013	Serra (Gardena)	3:10.59
2014	Poly (Long Beach)	3:11.86
2015	Wilson (Long Beach)	3:13.46

## Discus Throw (Boys)

1915	Cifford Merritt (Santa Rosa)	113-00
1916	Wayne Weeks (Santa Rosa)	117-00
1917	Roy Evans (Chaffey)	122-11
1918	Johnny Boyle (Los Angeles)	114-02.75
1919	Johnny Boyle (Los Angeles)	120-06

1920	Clarence Houser (Oxnard)	123-08
1921	Clarence Houser (Oxnard)	135-00.50
1922	Clarence Houser (Oxnard)	144-03.20
1923	Eric Krenz (Stockton)	128-04.25
1924	Robert Patton (Poly, Riverside)	124-06.50
1925	Eddie Moeller (San Diego)	126-00.62
1926	Eddie Moeller (San Diego)	141-00
1927	Fred Steiner (Chaffey)	135-08
1928	Dudley Stephens (Woodland)	135-00.37
1929	Dudley Stephens (Woodland)	134-09
1930	Gordon Dunn (Fresno)	130-05.12
1931	George Theodoratus (Sacramento)	132-01.50
1932	Arlo Munch (Poly, Long Beach)	130-11.50
1949	John Henry Johnson (Pittsburg)	145-02
1950	Louie Irigara (Lemoore)	145-01.25
1951	Leon Pattersonb (Taft)	165-02
1954	Jack Egan (Balboa, San Francisco)	159-01.50
1955	Wayne Crow (Corcoran)	160-07
1956	Wayne Crow (Corcoran)	171-05.25
1957	Don Bell (Alameda)	172-03.75
1958	Bill Hook (Ukiah)	166-08
1959	Ron Sindow (San Rafael)	176-01
1960	Alex Darnes (Poly, San Francisco)	178-08
1961	Bob Stoecker (Los Altos)	188-06.50
1962	Bob Stoecker (Los Altos)	185-11.50
1963	Stan McDonald (Edison, Fresno)	178-01
1964	Bill Staley (Las Lomas, Walnut Creek)	181-02
1965	Bruce Naglee (Baltimore, San Jose)	172-03.50
1966	Jim Peters (Piedmont)	189-01
1967	Fred DeBernardi (Hart, Newhall)	178-02
1968	Rory Kenward (San Marcos, Santa Barbara)	183-11
1969	Chris Adams (Los Altos)	188-00
1970	Chris Adams (Los Altos)	201-03
1971	Bob Otto (Porterville)	184-09
1972	Scott Overton (Los Altos)	185-10
1973	Lonnie Shelton (Foothill, Bakersfield)	195-05
1974	Ray Burton (Vacaville)	193-00
1975	Mike Alberg (Lodi)	171-11
1976	Scott Endler (Hoover, Fresno)	192-10
1977	David Thompson (Santa Ynez)	190-00
1978	David Porath (Atwater)	199-05
1979	Hank Kraychir (San Jacinto)	192-09
1980	Paul Bender (Shafter)	192-09
1981	Antonio Dobbins (Burroughs, Ridgecrest)	180-10
1982	Antonio Dobbins (Burroughs, Ridgecrest)	191-01
1983	Barry Estes (Clovis)	183-04
1984	Tambi Wenj (Fountain Valley)	185-11
1985	Brian Bluetreich (Capistrano Valley, Mission Viejo)	203-04
1986	Jeff Hooper (Del Campo, Fair Oaks)	187-04
1987	Dave Bultman (Royal, Simi Valley)	193-06
1988	John Wirtz (Leland, San Jose)	192-10
1989	Derrick Stevens (Bakersfield)	188-02
1990	Rob Powell (Redwood, Visalia)	203-04
1991	Jeff Buckley (Bakersfield)	182-05
1992	Jeff Buckley (Bakersfield)	186-10
1993	Chad Peare (Trabuco Hills, Mission Viejo)	182-02
1994	Jeremy Staat (Bakersfield)	183-08
1995	Chad Jones (Arroyo Grande)	183-09
1996	Scott Moser (Huntington Beach)	185-07
1997	Scott Moser (Huntington Beach)	203-02
1998	Reedus Thurman (Serra, Gardena)	202-01
1999	Dan Ames (El Capitan, Lakeside)	199-09
2000	Travis Pendleton (Esperanza, Anaheim)	203-05
2001	Sean Shields (Arroyo Grande)	189-01
2002	Jarered Morgan (La Quinta)	194-01
2003	Nik Kay (Los Gatos)	203-03
2004	Daniel Schaerer (The Bishop's School, La Jolla)	206-05
2005	Darius Savage (Morse, San Diego)	194-08
2006	Darius Savage (Morse, San Diego)	205-06
2007	Derek Johnson (Agoura, Agoura Hills)	203-06
2008	Dayshan Ragans (Foothill, Bakersfield)	202-06
2009	Matt Darr (Frontier, Bakersfield)	192-00
2010	Willy Irwin (Clovis East)	207-08
2011	Ethan Cochran (Newport Harbor, Newport)	185-09
2012	Ethan Cochran (Newport Harbor, Newport)	196-04
2013	Brenden Song (West Hills, Santee)	188-08
2014	Rocky Fenton (San Clemente)	184-10
2015	Charles Lenford (Oceanside)	195-04

# CIF State Track and Field Individual Champions

## High Jump (Boys)

1915	Millard Webster (Santa Paula).....	5-09.50
1916	Titus Moore (Pasadena).....	5-08.50
1917	Lloyd Hill (Coalinga).....	5-09.25
1918	Harold Muller (San Diego).....	5-01.75
1919	Harold Muller (Oakland Technical).....	5-06
1920	Oliver Corey (Chaffey).....	6-00
1921	Al Fisher (Lincoln, Los Angeles).....	6-00.37
1922	Ed Shaw (Monrovia).....	5-10.75
1923	Henry Coggeshall (Poly, Los Angeles).....	5-11
1924	Henry Coggeshall (Poly, Los Angeles).....	6-01.25
1925	Al Bowen (Santa Monica).....	6-01.50
1926	Olympus Carter (Jordan, Los Angeles).....	5-11
	Bob Van Osdel (Compton).....	5-11
1927	Lynford Scott (Eureka).....	6-00.75
1928	Henry Lassalette (La Puente).....	6-02.12
	Bob Van Osdel (Compton).....	6-02.12
1929	Walter Marty (Fresno).....	6-04.25
1930	Kermit Plowman (Sequoia).....	6-00.50
1931	Paul Jacques (Santa Ana).....	6-04.12
1932	Cornelius Johnson (Los Angeles).....	6-03
1933	Cornelius Johnson (Los Angeles).....	6-04.75
1934	Delos Thurber (Glendale).....	6-05.87
1935	Les Steers (Palo Alto).....	6-02
1936	Les Steers (Palo Alto).....	6-00.75
1937	Les Steers (Palo Alto).....	6-04
1938	Gil La Cava (Beverly Hills).....	6-07.12
1939	Bill Stewart (Torrance).....	6-04
1940	Jack Newman (Poly, Long Beach).....	6-04.12
1941	Henry Caldwell (Edison, Fresno).....	6-01
1942-45	(No meet held)	
1946	Wilfred Schlange (Citrus).....	6-02
	Dick Smith (Roosevelt, Fresno).....	6-02
1947	Daryl Butts (Excelsior, Norwalk).....	6-00
	Walter Kirk (Porterville).....	6-00
1948	Dick Brombach (Poly, Long Beach).....	6-03
	Ed Young (Jefferson, Los Angeles).....	6-03
1949	Norman Woods (Jefferson, Los Angeles).....	6-03
1950	Ralph Bonham (Pomona).....	6-02.50
1951	Vern Wilson (San Jose).....	6-02
1952	Bernie Allard (Fresno).....	6-05.50
1953	Bernie Nelson (Hoover, San Diego).....	6-04
1954	Dick Daily (Hayward).....	6-05.50
1955	Charlie Dumas (Centennial, Compton).....	6-08.87
1956	Curtis Chappel (Jefferson, Los Angeles).....	6-03.25
1957	Robert Avant (Hart, Newhall).....	6-08
1958	Ray Nickleberry (Oxnard).....	6-08
	Paul Stuber (Bellflower).....	6-08
1959	Paul Stuber (Bellflower).....	6-07.25
1960	Archie Green (Oakland).....	6-06.25
	Roger Olsen (Willow Glen, San Jose).....	6-06.25
1961	Richard Jones (Bakersfield).....	6-08.25
1962	Richard Jones (Bakersfield).....	6-07.50
	Otis Burrell (Jefferson, Los Angeles).....	6-07.50
	Bob Channell (McLane, Fresno).....	6-07.50
1963	Ed Caruthers (Santa Ana Valley, Santa Ana).....	6-08
1964	Greg Heet (Lowell, Whittier).....	6-07.75
1965	Ken Brown (Castlemont, Oakland).....	6-08.50
1966	Tom Clyburn (Balboa, San Francisco).....	6-10
1967	Reynaldo Brown (Compton).....	6-09.25
1968	Reynaldo Brown (Compton).....	7-00
1969	Reynaldo Brown (Compton).....	7-00
1970	Jerry Culp (Oceanside).....	7-00.25
1971	Dwight Stones (Glendale).....	7-01.50
1972	Carl Miles (Poly, Long Beach).....	6-10
1973	Randy Turner (Wilson, San Francisco).....	6-06
1974	Charles Hatch (Wilson, San Francisco).....	7-00
1975	Johnny Washington (Fremont, Los Angeles).....	7-00
1976	John Lane (American, Fremont).....	6-11
1977	Dennis Smith (Santa Monica).....	7-02
1978	Brad Harris (Los Alamitos).....	6-11
1979	Lee Balkin (Glendale).....	7-03.25
1980	Greg Denby (Crenshaw, Los Angeles).....	6-10
1981	Anthony Caire (Pius X, Downey).....	7-01
1982	Maurice Crumby (Balboa, San Francisco).....	7-00
1983	Maurice Crumby (Balboa, San Francisco).....	7-02
1984	Kenny Burke (Westlake, Westlake Village).....	7-00
1985	Mark Webster (Homestead, Cupertino).....	6-09
1986	Derrick Moore (Millikan, Long Beach).....	6-10
1987	Luis Juico (Piedmont Hills, San Jose).....	7-01

1988	Reggie Bettor (Antelope Valley).....	7-00
1989	Mark Wilson (Charter Oak, Covina).....	7-00
1990	Kevin Carlson (Katella, Anaheim).....	7-00
1991	Avery Anderson (J.W. North, Riverside).....	7-02
1992	Griffin Childers (Woodland).....	6-11
1993	Jeff Nadeau (Monroe, North Hills).....	7-02
1994	Jeremy Fischer (Camarillo).....	7-00
1995	Michael Wilkins (Red Bluff).....	7-00
1996	Elliott Parks (El Toro, Lake Forest).....	6-10
1997	Jason Howard (Ridgeview, Bakersfield).....	7-01
1998	Darren Marble (Los Altos).....	6-08
1999	Gabe Zarete (Parlier).....	6-11
2000	Ebon Glenn (St. Mary's, Berkeley).....	7-00
2001	Teak Wilburn (Chico).....	6-10
2002	Cole Herron (Sanger).....	6-11
2003	Cole Herron (Sanger).....	6-10
2004	Ed Wright (St. Mary's, Berkeley).....	6-10.25
2005	Fletcher Carlyle (Vintage, Napa).....	6-09
2006	Casey Ryan (Argonaut, Jackson).....	6-09
2007	Daniel Kirkpatrick (Trabuco Hills, Mission Viejo).....	6-11
2008	Harrison Steed (J Serra, San Juan Capistrano).....	7-01
2009	Nick Ross (Vista Murrieta, Murrieta).....	7-01
2010	Tyler Jordan (Romona).....	6-11
2011	Crampton Cody (Canyon, Anaheim).....	6-11
2012	Noel Frazier (California, San Ramon).....	6-10.25
2013	Eric Moore (Carter, Rialto).....	6-11
2014	Eric Moore (Carter, Rialto).....	7-00.25
2015	Michael Burke (Lemoore).....	6-11

## Long Jump (Boys)

1915	Ernest Plavan (Santa Ana).....	21-02.00
1916	Harry Lamport (Manual Arts, Los Angeles).....	21-05.25
1917	Gene Davis (Poly, Los Angeles).....	21-10.50
1918	Roy Hasselbach (Fresno).....	21-10.50
1919	Harold Miller (Oakland Technical).....	20-11.25
1920	Verden Nash (Chino).....	21-00.50
1921	Verden Nash (Chino).....	21-10.50
1922	Verden Nash (Huntington Beach).....	21-05.25
1923	Mort Kaer (Red Bluff).....	23-02.75
1924	Virgil Elliot (Huntington Beach).....	22-03.50
1925	Fred Osborne (Fullerton).....	21-08.50
1926	Walter Rehwald (Lincoln, Los Angeles).....	21-08.50
1927	Frank Wycoff (Glendale).....	22-05.00
1928	Dick Barber (Poly, Long Beach).....	23-05.75
1929	Wells Ruby (Hollywood).....	22-07.25
1930	George Shehtanian (Tulare).....	22-02.62
1931	Floyd Wilson (Riverside).....	23-02.62
1932	Tom White (Poly, Long Beach).....	22-10.50
1933	Don Skinner (Manual Arts).....	22-08.00
1934	Don Skinner (Manual Arts).....	23-08.50
1935	Jimmy Montgomery (El Monte).....	23-00.25
1936	Eddie Arnold (Muir).....	23-01.75
1937	Bill Bugbee (Montebello).....	23-01.00
1938	Bill Bugbee (Montebello).....	23-07.12
1939	Jim Jurkovich (Fresno).....	24-00.50
1940	Glenn Shoop (Long Beach, Jordan).....	22-02.50
1941	Ray Meagher (Bakersfield).....	23-05.75
1942-45	(No meet held)	
1946	Carl Mosner (Alameda).....	22-02.25
1947	Hugh McElhenny (Washington, Los Angeles).....	22-10.50
1948	George Brown (Jordan, Los Angeles).....	23-02.25
1949	George Brown (Jordan, Los Angeles).....	24-06.25
1950	William Johnson (Jefferson, Los Angeles).....	24-02.75
1951	Bill Holland (Jefferson, Los Angeles).....	22-05.75
1952	Rollin Garrison (Compton).....	23-05.25
1953	Monte Upshaw (Piedmont).....	23-05.00
1954	Monte Upshaw (Piedmont).....	25-04.25
1955	Bobby Baines (Jordan, Los Angeles).....	23-03.50
1956	Oscar Bean (Jefferson, Los Angeles).....	24-09.00
1957	Luther Hayes (Lincoln, San Diego).....	23-08.50
1958	Steve Rogers (Brawley).....	24-06.00
1959	Eftten Jones (Delano).....	23-05.75
1960	Walt Roberts (Compton).....	24-07.25
1961	Robert McKeever (Fremont, Los Angeles).....	24-03.00
1962	James Kennedy (Lincoln, San Diego).....	24-05.75
1963	Jerry Williams (Berkeley).....	24-03.50
1964	Bobby Bonds (Poly, Riverside).....	25-03.00
1965	Manuel Murrell (Poly, Long Beach).....	24-09.75
1966	Doyle Steel (San Diego).....	25-03.25
1967	Jerry Proctor (Muir, Pasadena).....	25-04.50

1968	Heulon Hewitt (Merced).....	24-07.00
1969	James McAllister (Blair, Pasadena).....	24-02.25
1970	Lynn Swann (Serra, San Mateo).....	24-02.75
1971	Randy Williams (Edison, Fresno).....	26-03.25w
1972	Carl McCullough (Sacramento).....	24-07.00
1973	Jerry Herndon (Cajon, San Bernardino).....	25-04.50w
1974	James Lofton (Washington, Los Angeles).....	24-03.50
1975	Paul Wilson (Fontana).....	24-08.50
1976	Larry Doubly (Manual Arts, Los Angeles).....	25-03.75w
1977	Kurt Durham (Oakland).....	25-00.75
1978	Dokie Williams (El Camino, Oceanside).....	25-01.25
1979	George Gaffney (Lemoore).....	24-01.75
1980	Charles Mayfield (Muir, Pasadena).....	23-04.75
1981	Ed Tave (Muir, Pasadena).....	25-00.50
1982	Eric Thomas (Norte Del Rio, Sacramento).....	24-04.75
1983	Johnny Cleveland (Soquel).....	24-06.50
1984	Joe Richardson (Pasadena).....	24-11.00
1985	Larry Nelson (Simi Valley).....	24-03.25
1986	Curtis Rodgers (Hiram Johnson, Sacramento).....	23-10.00
1987	Percy Knox (Antelope Valley, Lancaster).....	24-06.50
1988	Diatory Gildersleeve (Grant, Sacramento).....	24-05.50w
1989	James Stallworth (Tulare Union, Tulare).....	26-04.75
1990	Jerome Price (University City, San Diego).....	25-03.25
1991	Steve Stanley (Gardena).....	25-01.25w
1992	Eugene Dreher (Antelope Valley, Lancaster).....	24-01.50w
1993	LeAndrew Childs (Inglewood).....	24-00.00w
1994	Tyree Washington (La Sierra, Riverside).....	23-09.25w
1995	Clarence Scott (Fremont, Los Angeles).....	24-07.75
1996	Gerald Williams (Lynwood).....	24-10.50
1997	Marvin Brown (Will C. Wood, Vacaville).....	24-05.25
1998	BB Malone (Redwood, Visalia).....	24-01.00w
1999	Robert Kennedy (El Camino, Sacramento).....	25-02.00
2000	Oliver Jackson (Royal, Simi Valley).....	24-04.25
2001	Trevell Quinley (Merrill West, Tracy).....	24-05.75w
2002	Ronald Hill (Walnut).....	23-09.50
2003	Derrrell Hutsona (Helix, La Mesa).....	25-05.75
2004	Demetri Mosby (Gahr, Cerritos).....	24-03.75
2005	Andre Crenshaw (Antelope Valley, Lancaster).....	22-08.00
2006	Terry Prentice (Diamond Ranch, Pomona).....	23-10.50
2007	Terry Prentice (Diamond Ranch, Pomona).....	23-08.50w
2008	Cameron Gillette (La Mirada).....	24-01.75w
2009	Chase Wheeler (De La Salle, Concord).....	25-02.25
2010	Niko DiMartino (Oaks Christian, Westlake Village).....	23-10.50
2011	Jovante Slater (Vista Murrieta, Murrieta).....	24-10.50
2012	Adoree Jackson (Serra, Gardena).....	25-00.50
2013	Nate Moore (Castro Valley).....	24-11.75
2014	Nate Moore (Castro Valley).....	25-08.75
2015	Gregory Vann (Rio Mesa, Oxnard).....	24-06.00

## Pole Vault (Boys)

1915	Lincoln Hall (Santa Paula).....	11-06
1916	Lincoln Hall (Santa Paula).....	11-09
1917	Vance Wilbur (Sacramento).....	11-00
1918	Eric Richardson (Oakiah).....	11-06
1919	Dick Emmons (Manual Arts, Los Angeles).....	10-06
1920	Leroy Goodenough (Fillmore).....	11-10
1921	Harold Shoebridge (Anaheim).....	12-00
1922	Harry Smith (San Diego).....	11-11.50
1923	Leo Barnes (Hollywood).....	12-03.37
	Harry Smith (San Diego).....	12-03.62
1924	Leo Barnes (Hollywood).....	12-11.50
1925	Jack Williams (Inglewood).....	12-09.62
1926	Marshall Beeman (Armijo Fairfield).....	12-04
	Conrad Boyle (Manual Arts, Los Angeles).....	12-04
	Bill Hubbard (San Diego).....	12-04
	Jerry Stewart (Los Angeles).....	12-04
1927	Bill Miller (San Diego).....	12-00
1928	Bill Miller (San Diego).....	12-09.50
1929	Bill Miller (San Diego).....	12-06
1930	Dave Crow (Poly, Long Beach).....	12-06
1931	Joe Ramsey (Inglewood).....	12-08.25
	Matt Stankovich (Poly, Los Angeles).....	12-08.25
1932	Bill Sefton (Poly, Los Angeles).....	13-00
1933	Ed Harrison (Santa Monica).....	12-07
1934	Dick Clark (Hoover, Glendale).....	12-10
	Rich Rodriguez (Poly, Los Angeles).....	12-10
1935	Dick Clark (Hoover, Glendale).....	12-10.50
1936	Dave Bodkins (Inglewood).....	12-11
1937	Baylor Maynard (Belmont, Los Angeles).....	13-01.25
1938	Floyd Doty (Lodi).....	12-10.75
	Lawrence McLanahan (Sacramento).....	12-10.75



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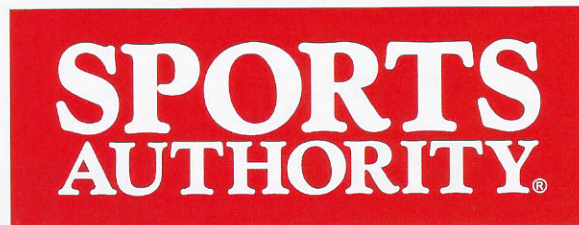
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# CIF State Track and Field Individual Champions

## Pole Vault (Boys) - continued

1939	Frank Ferguson (Inglewood).....	13-03.75
	Clarence Humberger (Glendale).....	13-03.75
1940	Frank Ferguson (Inglewood).....	13-00
	Irving Moore (Piedmont).....	13-00
1941	Chet Hartmann (San Benito).....	12-06
	Irving Moore (Piedmont).....	12-06
	Ernie Sontag (Taft, Fresno).....	12-06
1942-45	(No meet held)	
1946	Bill Mays (Oxnard).....	12-06.50
	Phil Quilter (Pasadena).....	12-06.50
1947	George Mattos (Pacific Grove).....	12-06
1948	Don Barnes (Fullerton).....	12-06
1949	Jack Widman (Lomita Narbonne).....	13-04.50
1950	Dick McDonald (Wilson, Long Beach).....	13-00.50
	Harold Red (Lemoore).....	13-00.50
1951	Clarke Merrill (Belmont, Los Angeles).....	13-00
1952	Ron Morris (Burroughs, Burbank).....	13-03.75
1953	Rob Morris (Burroughs, Burbank).....	13-09.12
1954	Bob McKay (Inglewood).....	13-00
	Joe Rose (Hoover, Glendale).....	13-00
	Stan Gaunt (Mt. Diablo).....	13-00
1955	Nathaniel Finney (Jordan, Los Angeles).....	13-04
1956	Bill Logan (El Cajon).....	13-06
	Tim Helms (Shingle Springs, El Dorado).....	13-06
1957	Voyce Hendrix (Riverside).....	13-06
1958	John Rose (Hoover, Glendale).....	14-01
1959	Bob Looney (Santa Barbara).....	13-08.75
1960	Mike Flanagan (Ganesh, Pomona).....	13-03
	Gary Down (Anaheim).....	13-03
1961	Mike Graves (El Cajon).....	14-02.50
1962	Eric Berge (Costa Mesa).....	14-03
	Bob Richardson (Ganesh, Pomona).....	14-03
1963	Bill Fosdick (Andrew Hill, San Jose).....	14-08.75
1964	Paul Wilson (Warren, Downey).....	15-04.25
1965	Paul Wilson (Warren, Downey).....	15-06.50
1966	Wayne Meyers (Foothill, Sacramento).....	15-00.75
1967	Tom Reynolds (Morningside, Inglewood).....	14-10
1968	Steve Smith (South Torrance, Torrance).....	15-03.50
1969	Steve Smith (South Torrance, Torrance).....	16-00
1970	Tom Lindsay (La Sierra, Carmichael).....	14-10.50
1971	Tim Quinn (Monroe, Sepulveda).....	15-02
1972	Hubert Black (Fremont, Los Angeles).....	15-02
1973	Tim Curran (Crespi, Encino).....	16-02.75
1974	Jim Knaub (Lakewood).....	15-06
1975	Keith Schimmel (Villa Park).....	15-06
1976	Tim Hintnaus (Aviation, Redondo Beach).....	15-02
1977	Anthony Curran (Crespi, Encino).....	16-00
1978	Anthony Curran (Crespi, Encino).....	17-00.25
1979	Clark Elliot (Bellflower).....	15-06
1980	Greg Stull (Troy, Fullerton).....	15-10
1981	Doug Wicks (South Bakersfield, Bakersfield).....	15-02
1982	Scott Christensen (Acalanes, Lafayette).....	15-06
1983	Mike Kibort (Saratoga).....	15-06
1984	Ivar Moen (Los Gatos).....	16-02
1985	Brent Burns (Acalanes, Lafayette).....	16-02
1986	Steve Toney (Menlo-Atherton, Atherton).....	16-02
1987	Steve Slocum (Foothill, Santa Ana).....	15-06
1988	Tom Richards (San Marcos).....	16-00
1989	Jim Lawrence (Del Mar, San Jose).....	15-06
1990	Ed Lasquette (Mt. Pleasant, San Jose).....	15-10
1991	David Cox (Foothill, Fresno).....	16-06
1992	Clarence Phelps (Christian Brothers, Sacramento).....	16-00
1993	Scott Slover (Leland, San Jose).....	16-02
1994	Scott Slover (Leland, San Jose).....	16-10
1995	Mike Brown (Torrey Pines, Encinitas).....	16-04
1996	Steve Michels (Brethren Christian, Cypress).....	16-02
1997	David Gritz (Bear Creek, Stockton).....	16-07
1998	Mark Unzueta (Lemoore).....	16-02
1999	Brandon Braunstein (Newark Memorial, Newark).....	16-02
2000	Shane Hackett (Verdugo Hills, Tujunga).....	16-04
2001	Mike Landers (Golden Valley, Merced).....	16-03
2002	David Moore (Miramonte, Orinda).....	16-06
2003	Ryan Shuler (Granite Bay).....	16-00
2004	Scott Roth (Granite Bay).....	16-04
2005	Scott Roth (Granite Bay).....	17-01
2006	Scott Roth (Granite Bay).....	16-11
2007	Nico Weiler (Los Gatos).....	17-02
2008	Nico Weiler (Los Gatos).....	17-03
2009	Michael Woеспе (Mater Dei, Santa Ana).....	16-05
2010	Scott Cook (Mater Dei, Santa Ana).....	16-03

2011	Ian Rock (Davis).....	16-02
2012	Peter Chapman (Murrieta Valley, Murrieta).....	16-04
2013	Luigi Colella (Thousand Oaks).....	16-04
2014	Carl Johansson (Lutheran, Orange).....	17-00
2015	Austin Laut (Oak Ridge, El Dorado Hills).....	15-09

## Shot Put (Boys)

1915	Wayne Weeks (Santa Rosa).....	46-02.37
1916	Wayne Weeks (Santa Rosa).....	47-04.25
1917	Jim Blewett (Manual Arts, Los Angeles).....	47-09.25
1918	Jennings Robertson (Sutter).....	44-06.00
1919	Ernst Hartmann (Poly, Los Angeles).....	42-03.00
1920	Clarence Houser (Oxnard).....	49-09.00
1921	Clarence Houser (Oxnard).....	52-00.00
1922	Clarence Houser (Oxnard).....	55-04.75
1923	Cecil White (Modesto).....	48-00.50
1924	Cecil White (Modesto).....	49-07.37
1925	Herb Fleishhacker (Menlo Park).....	49-02.00
1926	Maurey Lauterman (Poly, Los Angeles).....	49-00.25
1927	Harold Falter (Glendale).....	49-09.62
1928	Garrett Arbelbide (Huntington Park).....	48-10.50
1929	Nelson Gray (Chaffey).....	53-05.50
1930	Don Carter (Franklin, Los Angeles).....	52-08.25
1931	Don Carter (Franklin, Los Angeles).....	52-10.00
1932	Bob Pyle (Pasadena).....	53-06.00
1933	Jim Donaldson (Hollywood).....	53-03.00
1934	Ray Young (Riis, Los Angeles).....	55-10.00
1935	John Raitt (Fullerton).....	55-05.25
1936	Joe Hill (CSD, Berkeley).....	54-05.25
1937	Wilbur Thompson (Modesto).....	55-08.75
1938	Mario Russo (Pittsburg).....	55-05.75
1939	Frank Minini (Paso Robles).....	54-01.00
1940	Ben Steele (Santa Rosa).....	54-04.12
1941	George Souza (Vallejo).....	52-04.25
1942-45	(No meet held)	
1946	John Helwig (Mt. Carmel, Los Angeles).....	59-05.12
1947	Bob Cameron (Washington, Los Angeles).....	53-10.87
1948	Bob Cameron (Washington, Los Angeles).....	59-07.25
1949	Elmer Willhoite (Merced).....	57-03.23
1950	Hal Norris (Grossmont, San Diego).....	56-05.50
1951	Leon Patterson (Taft).....	59-02.50
1952	Leon Patterson (Taft).....	60-09.87
1953	Don Vick (Chaffey).....	60-07.75
1954	Dick Bronson (Grossmont, San Diego).....	59-07.12
1955	Duncan Ward (Santa Monica).....	59-04.50
1956	Homer Robertson (Pacific, San Bernadino).....	63-09.50
1957	Clark Slocum (Pasadena).....	64-00.75
1958	Jack Slacombe (Millikan, Long Beach).....	61-04.50
1959	Mike Parker (Turlock).....	57-08.00
1960	Matthew Baggett (Berkeley).....	60-07.00
1961	Bill Pace (El Rancho, Pico Rivera).....	64-03.50
1962	Jim O'Brien (DeAnza, Richmond).....	62-02.25
1963	Bruce Wilhelm (Fremont, Sunnyvale).....	63-04.75
1964	Bob Brannan (Los Gatos).....	62-07.25
1965	Steve Marcus (Palisades, Pacific Palisades).....	63-11.25
1966	John Hubbell (Poly, Long Beach).....	66-11.00
1967	John Buehler (Whittier).....	65-03.25
1968	Pete Schmock (San Dieguito, Encinitas).....	63-11.00
1969	Sam Cunningham (Santa Barbara).....	61-02.00
1970	Randy Withrow (Pasadena).....	63-08.75
1971	Mark Stevens (Newport Harbor).....	67-02.25
1972	Randy Cross (Crespi, Encino).....	65-07.25
1973	Jim Niedhart (Newport Harbor).....	67-03.25
1974	David Kurrasch (Santa Ana).....	63-10.50
1975	David Kurrasch (Santa Ana).....	65-09.50
1976	Steve Montgomery (Lassen, Susanville).....	68-00.00
1977	Craig Polley (Sunny Hills, Fullerton).....	62-04.25
1978	Dave Porath (Atwater).....	65-10.75
1979	Don Mosebar (Mt. Whitney, Visalia).....	62-06.75
1980	Scott Garnett (Muir, Pasadena).....	64-04.25
1981	John Frazier (Antelope Valley, Lancaster).....	63-08.75
1982	Pat Kyle (Buena Park).....	60-04.00
1983	Curt Sissel (Vacaville).....	63-09.50
1984	Brian Blutreich (Capistrano Valley, Mission Viejo).....	64-07.25
1985	Brian Blutreich (Capistrano Valley, Mission Viejo).....	68-04.00
1986	Brian Boggess (El Capitan, Lakeside).....	61-04.00
1987	Dave Bultman (Royal, Simi Valley).....	67-00.00
1988	Kaleaph Carter (Edison, Huntington Beach).....	64-00.25
1989	Brent Noon (Fallbrook).....	66-01.50
1990	Brent Noon (Fallbrook).....	74-04.75
1991	Mark Parlin (Esperanza, Anaheim).....	61-05.50

1992	Pete Swanson (San Benito, Hollister).....	61-03.25
1993	Tyson Lingenfelter (Upland).....	60-09.50
1994	Chris DeMartine (St. Ignatius, San Francisco).....	58-11.50
1995	Matt Pentecost (Loyola, Los Angeles).....	62-03.75
1996	Jason Hammond (Fowler).....	64-04.00
1997	Van Mounts (Bakersfield).....	67-00.75
1998	Van Mounts (Bakersfield).....	66-07.00
1999	Rhuben Williams (Eagle Rock, Los Angeles).....	62-08.50
2000	Rhuben Williams (Eagle Rock, Los Angeles).....	63-02.50
2001	David Guerin (Leuzinger, Lawndale).....	62-10.75
2002	Noah Bryant (Carpinteria).....	65-07.75
2003	Jared Bray (Mission Bay, San Diego).....	63-03.25
2004	Mark Lewis (Arroyo Grande).....	63-05.50
2005	Danny Rohr (Arroyo Grande).....	60-06.25
2006	Darius Savage (Morse, San Diego).....	66-03.25
2007	Joe Canavan (Palm Desert).....	67-01.50
2008	Dayshan Ragans (Foothill, Bakersfield).....	62-10.00
2009	Matt Darr (Frontier, Bakersfield).....	62-01.25
2010	Matt Darr (Frontier, Bakersfield).....	63-09.75
2011	Nicholas Scarvelis (Dos Pueblos, Goleta).....	64-00.00
2012	Ethan Cochran (Newport Harbor, Newport).....	62-04.25
2013	Nick Pozzio (Great Oak, Temecula).....	66-02.50
2014	Dotun Ogundejji (Madison, San Diego).....	65-05.50
2015	Matt Katnik (St. John Bosco, Bellflower).....	72-00.00

## Triple Jump (Boys)

1939	Jack Laughner (Wilson, Long Beach).....	44-08.50
1973	Willie Banks (Oceanside).....	49-07.25
1974	Willie Banks (Oceanside).....	50-09.00
1975	Mike Dobbins (Merced).....	49-03.00
1976	Greg Caldwell (Fremont, Los Angeles).....	51-08.50w
1977	Dokie Williams (El Camino, Oceanside).....	51-00.50
1978	Dokie Williams (El Camino, Oceanside).....	50-04.25
1979	Henry Ellard (Hoover, Fresno).....	49-02.50
1980	Freeman Miller (Fremont, Los Angeles).....	50-08.00
1981	Ken Frazier (Mission, San Francisco).....	50-10.75
1982	Archie Cornell (Fresno).....	50-03.75
1983	Torrey Barr (McLane, Fresno).....	50-02.50
1984	Joe Richardson (Pasadena).....	51-08.25
1985	Terrence Strong (Bakersfield).....	51-09.50w
1986	Marcus Hooks (Lakewood).....	51-04.25
1987	Joel Smith (Cordova, Rancho Cordova).....	50-10.00
1988	Tyrone Scott (Mesa Verde, Citrus Heights).....	50-06.00
1989	Lenny McGill (Orange Glen, Escondido).....	51-01.25
1990	Pouphet Singbandith (Magnolia, Anaheim).....	51-07.75
1991	Offord Rollins (Wasco).....	51-04.75
1992	Tony Parrish (Marina, Huntington Beach).....	49-01.00w
1993	Tony Parrish (Marina, Huntington Beach).....	50-11.75
1994	Von Ware (Rancho Buena Vista, Vista).....	50-06.00
1995	Michael Turner (Morningside, Inglewood).....	49-02.00w
1996	Tye Anderson (Poly, Long Beach).....	49-11.75
1997	Anthony Colson (Center, Antelope).....	49-11.25w
1998	Benson Jones (Clayton Valley, Concord).....	51-01.50w
1999	Kyle Carano (Hoover, Fresno).....	52-02.50w
2000	Jamil Smith (Palmdale).....	49-04.25
2001	Jamil Smith (Palmdale).....	49-08.00
2002	Nathan Atkins (Cerritos).....	49-07.75
2003	Rudy Burgess (Desert, Edwards AFB).....	50-04.25
2004	Nkosinza Balumbu (James Logan, Union City).....	50-06.00
2005	Nkosinza Balumbu (James Logan, Union City).....	49-07.50
2006	Richard Sherman (Dominguez, Compton).....	50-08.00
2007	Jonathan Clark (Loyola, Los Angeles).....	49-00.25w
2008	Johnny Carter (Ridgeview, Bakersfield).....	49-00.75w
2009	Hammed Suleman (Deer Valley, Antioch).....	49-07.50
2010	Jovon Cunningham (Enterprise, Redding).....	50-08.25
2011	Marques Roberts (Otay Ranch, Chula Vista).....	49-06.50
2012	Klyvens Delunay (Claremont).....	51-07.00w
2013	Nate Moore (Castro Valley).....	50-11.75
2014	Nate Moore (Castro Valley).....	51-04.00
2015	Ron Smith (St. Mary's College, Berkeley).....	49-00.25

## GIRLS CHAMPIONS 100-Meter Dash (Girls)

1974	Janice Wiser (La Jolla).....	10.8
1975	Sandi Howard (Manual Arts, Los Angeles).....	10.7
1976	Pam Waters (Bell, Los Angeles).....	11.0
1977	Jeanette Bolden (Centennial, Compton).....	10.48w
1978	Kelia Bolton (Andrew Hill, San Jose).....	10.92
1979	Gwen Loud (Westchester, Los Angeles).....	10.62
1980	Sharon Ware (Berkeley).....	11.42
1981	Sharon Ware (Berkeley).....	11.66

# CIF State Track and Field Individual Champions

1982	Gervaise McCraw (Ganeshia, Pomona).....	11.69
1983	Lisa Winston (Jordan, Long Beach).....	11.73
1984	Gail Devers (Sweetwater, National City).....	11.51
1985	Tesha Giddens (Locke, Los Angeles).....	11.58
1986	Angela Burnham (Rio Mesa, Oxnard).....	11.78
1987	Janeene Vickers (Pomona).....	11.76
1988	Angela Burnham (Rio Mesa, Oxnard).....	11.52
1989	Angela Burnham (Rio Mesa, Oxnard).....	11.31w
1990	Marion Jones (Rio Mesa, Oxnard).....	11.67w
1991	Marion Jones (Rio Mesa, Oxnard).....	11.17
1992	Marion Jones (Thousand Oaks).....	11.14
1993	Marion Jones (Thousand Oaks).....	11.61
1994	Heather Sumpter (Muir, Pasadena).....	11.69
1995	Lakeisha Backus (Wilson, Long Beach).....	11.39w
1996	Malika Edmonson (St. Bernard, Marina del Rey).....	11.82w
1997	Angela Williams (Chino).....	11.15
1998	Angela Williams (Chino).....	11.10w
1999	Tania Woods (Skyline, Oakland).....	11.41
2000	Sani Roseby (Monterey).....	11.90
2001	Allyson Felix (Los Angeles Baptist, North Hills).....	11.61
2002	Allyson Felix (Los Angeles Baptist, North Hills).....	11.55
2003	Allyson Felix (Los Angeles Baptist, North Hills).....	11.29
2004	Jasmin Baldwin (Bishop Amat, La Puente).....	11.33
2005	Ebony Collins (Wilson, Long Beach).....	11.50
2006	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	11.59
2007	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	11.27
2008	Ashton Purvis (St. Elizabeth, Oakland).....	11.92
2009	Valexia Droughn (Rio Mesa, Oxnard).....	11.54
2010	Ashton Purvis (St. Elizabeth, Oakland).....	11.17
2011	Jenna Prandini (Clovis).....	11.69
2012	Ariana Washington (Poly, Long Beach).....	11.47
2013	Ariana Washington (Poly, Long Beach).....	11.39
2014	Ariana Washington (Poly, Long Beach).....	11.22
2015	Zaria Francis (Rio Mesa, Oxnard).....	11.31

## 200-Meter Dash (Girls)

1974	Janice Wiser (La Jolla).....	24.2
1975	Pam Waters (Bell, Los Angeles).....	24.4
1976	Pam Waters (Bell, Los Angeles).....	24.8
1977	Kim Robinson (Westchester, Los Angeles).....	23.97
1978	Kelia Bolton (Andrew Hill, San Jose).....	23.99
1979	Gwen Loud (Westchester, Los Angeles).....	23.54
1980	Sherri Howard (Kennedy, Granada Hills).....	23.19
1981	Denean Howard (Kennedy, Granada Hills).....	23.73
1982	Denean Howard (Kennedy, Granada Hills).....	23.59w
1983	Lisa Winston (Jordan, Long Beach).....	23.83
1984	Paulette Blalock (Compton).....	23.59
1985	Tami Stiles (Hawthorne).....	23.45
1986	Tami Stiles (Hawthorne).....	24.02
1987	Maddette Smith (Quartz Hill).....	24.12
1988	Angela Burnham (Rio Mesa, Oxnard).....	23.45
1989	Angela Burnham (Rio Mesa, Oxnard).....	23.56
1990	Marion Jones (Rio Mesa, Oxnard).....	23.71
1991	Marion Jones (Rio Mesa, Oxnard).....	22.91w
1992	Marion Jones (Thousand Oaks).....	22.83
1993	Marion Jones (Thousand Oaks).....	23.14
1994	Lakeisha Backus (Wilson, Long Beach).....	23.21
1995	Lakeisha Backus (Wilson, Long Beach).....	23.01w
1996	Malika Edmonson (St. Bernard, Marina del Rey).....	23.47
1997	Kinshasa Davis (Wilson, Long Beach).....	22.90
1998	Angela Williams (Chino).....	23.02
1999	Tania Woods (Skyline, Oakland).....	22.88
2000	Monique Henderson (Morse, San Diego).....	23.19
2001	Angel Perkins (Gahr, Cerritos).....	22.85w
2002	Allyson Felix (Los Angeles Baptist, North Hills).....	22.83
2003	Allyson Felix (Los Angeles Baptist, North Hills).....	22.82
2004	Jasmin Baldwin (Bishop Amat, La Puente).....	22.86
2005	Khrystal Carter (Valley Christian, San Jose).....	23.44w
2006	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	23.29
2007	Jeneba Tarmoh (Mt. Pleasant, San Jose).....	23.20
2008	Jessica Davis (Highland, Palmdale).....	23.46
2009	Ashton Purvis (St. Elizabeth, Oakland).....	23.46
2010	Ashton Purvis (St. Elizabeth, Oakland).....	22.90
2011	Jenna Prandini (Clovis).....	23.81
2012	Ariana Washington (Poly, Long Beach).....	23.41
2013	Ariana Washington (Poly, Long Beach).....	23.22
2014	Ariana Washington (Poly, Long Beach).....	22.96
2015	Zaria Francis (Rio Mesa, Oxnard).....	23.09

## 400-Meter Dash (Girls)

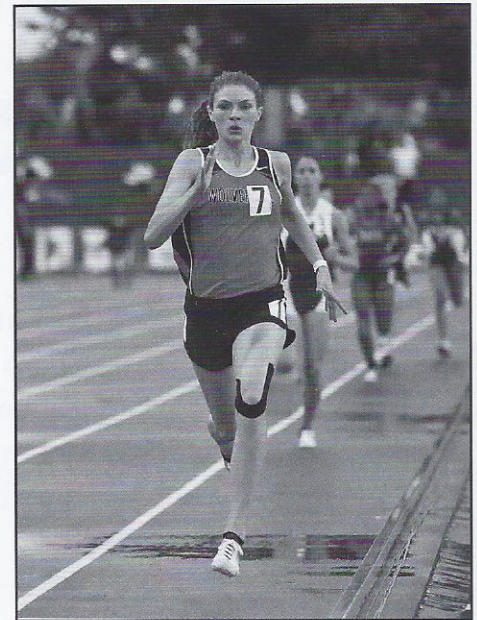
1974	Veronica Venezia (Terra Linda, San Rafael).....	56.4
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1975	Jodi Anderson (Washington, Los Angeles).....	55.3
1976	Marquita Belk (Silver Creek, San Jose).....	55.2
1977	Valerie Brisco (Locke, Los Angeles).....	55.14
1978	Arlise Emerson (Westminster).....	54.3
1979	Sherri Howard (San Geronio, San Bernardino).....	53.65
1980	Denean Howard (Kennedy, Granada Hills).....	53.04
1981	Gervaise McCraw (Ganeshia, Pomona).....	54.15
1982	Denean Howard (Kennedy, Granada Hills).....	52.39
1983	Leslie Maxie (Mills, Millbrae).....	53.19
1984	Chewaukii Knighten (Locke, Los Angeles).....	52.67
1985	Chewaukii Knighten (Locke, Los Angeles).....	52.72
1986	Princess Bennett (Compton).....	53.56
1987	Angela Rolfe (Dorsey, Los Angeles).....	53.55
1988	Angela Rolfe (Dorsey, Los Angeles).....	54.26
1989	Angela Rolfe (Dorsey, Los Angeles).....	53.97
1990	Janice Nichols (Bakersfield).....	53.89
1991	Janice Nichols (Bakersfield).....	54.19
1992	Janice Nichols (Bakersfield).....	54.46
1993	Asha Jaysinghe (Arcadia).....	55.45
1994	Latasha Gilliam (Pittsburg).....	53.93
1995	Angela Williams (Chino).....	53.40
1996	Kinshasa Davis (Wilson, Long Beach).....	52.67
1997	Kinshasa Davis (Wilson, Long Beach).....	52.66
1998	Monique Henderson (Morse, San Diego).....	53.41
1999	Monique Henderson (Morse, San Diego).....	52.87
2000	Monique Henderson (Morse, San Diego).....	50.74
2001	Monique Henderson (Morse, San Diego).....	51.34
2002	Christina Hardeman (Wilcox, Santa Clara).....	54.09
2003	Jasmine Lee (Poly, Long Beach).....	53.17
2004	Jasmine Lee (Poly, Long Beach).....	52.93
2005	Sa'de Williams (Rancho Cucamonga).....	52.35
2006	Sa'de Williams (Rancho Cucamonga).....	53.21
2007	Jasmine Joseph (Poly, Long Beach).....	53.15
2008	Akawkaw Ndiapagbor (Poly, Long Beach).....	53.35
2009	Turquoise Thompson (Serra, Gardena).....	53.10
2010	Chimere Ezumah (Serra, Gardena).....	52.97
2011	Akawkaw Ndiapagbor (Poly, Long Beach).....	53.38
2012	Renetia James (Serra, Gardena).....	53.98
2013	Nia Dornier (Cordova, Rancho Cordova).....	53.00
2014	Kaelin Roberts (Poly, Long Beach).....	52.52
2015	Hannah Waller (Buchanan, Clovis).....	53.13

## 800-Meter Run (Girls)

1974	Kathy Costello (Pleasant Hill).....	2:10.4
1975	Kathy Costello (Pleasant Hill).....	2:09.2
1976	Alice Trumbley (Coalinga).....	2:13.3
1977	Ann Regan (Camden, San Jose).....	2:08.0
1978	Ann Regan (Camden, San Jose).....	2:07.93
1979	Ann Regan (Camden, San Jose).....	2:10.22
1980	Marilyn Davis (Miramonte, Orinda).....	2:09.73
1981	Donna Curtis (Culver City).....	2:06.08
1982	Rennie Durrand (Laguna Beach).....	2:06.36
1983	Kerri Zaleski (Millikan, Long Beach).....	2:06.41
1984	Trena Hull (Compton).....	2:04.91
1985	Kristen Dowell (Santa Teresa, San Jose).....	2:10.07
1986	Laura Chapel (University City, San Diego).....	2:08.66
1987	Kimberly McAllister (Locke, Los Angeles).....	2:12.92
1988	Kathy Roldan (Mt. Whitney, Visalia).....	2:12.11
1989	Kim Toney (Atascadero).....	2:09.33
1990	Kim Toney (Atascadero).....	2:06.13
1991	Nicole Teter (West Valley, Cottonwood).....	2:08.14
1992	Miesha Marzell (Bishop O'Dowd, Oakland).....	2:10.29
1993	Miesha Marzell (Bishop O'Dowd, Oakland).....	2:09.13
1994	Kristie Johnson (Central, Fresno).....	2:09.98
1995	Kristie Johnson (Central, Fresno).....	2:08.86
1996	Lindsay Hyatt (Placer, Auburn).....	2:11.24
1997	Lindsay Hyatt (Placer, Auburn).....	2:09.16
1998	Lindsay Hyatt (Placer, Auburn).....	2:07.90
1999	Lindsay Hyatt (Placer, Auburn).....	2:06.74
2000	Liz Morse (Corona del Mar).....	2:08.16
2001	Shannon Rowbury (Sacred Heart Cathedral, SF).....	2:10.31
2002	Jamillah Titus (Vintage, Napa).....	2:08.62
2003	Ashley Freeman (Wilson, Long Beach).....	2:08.86
2004	Alysia Johnson (Canyon, Canyon Country).....	2:08.97
2005	Libby Jenke (Menlo, Atherton).....	2:10.39
2006	Haley Lawrence (Aliso Niguel, Aliso Viejo).....	2:10.57
2007	Dominique Jackson (Fairfield).....	2:06.09
2008	Anniya Louis (Culver City).....	2:10.29
2009	Aly Drake (Valencia).....	2:07.45
2010	Amy Weissenbach (Harvard Westlake, N. Hlywd).....	2:07.52
2011	Amy Weissenbach (Harvard Westlake, N. Hlywd).....	2:02.04

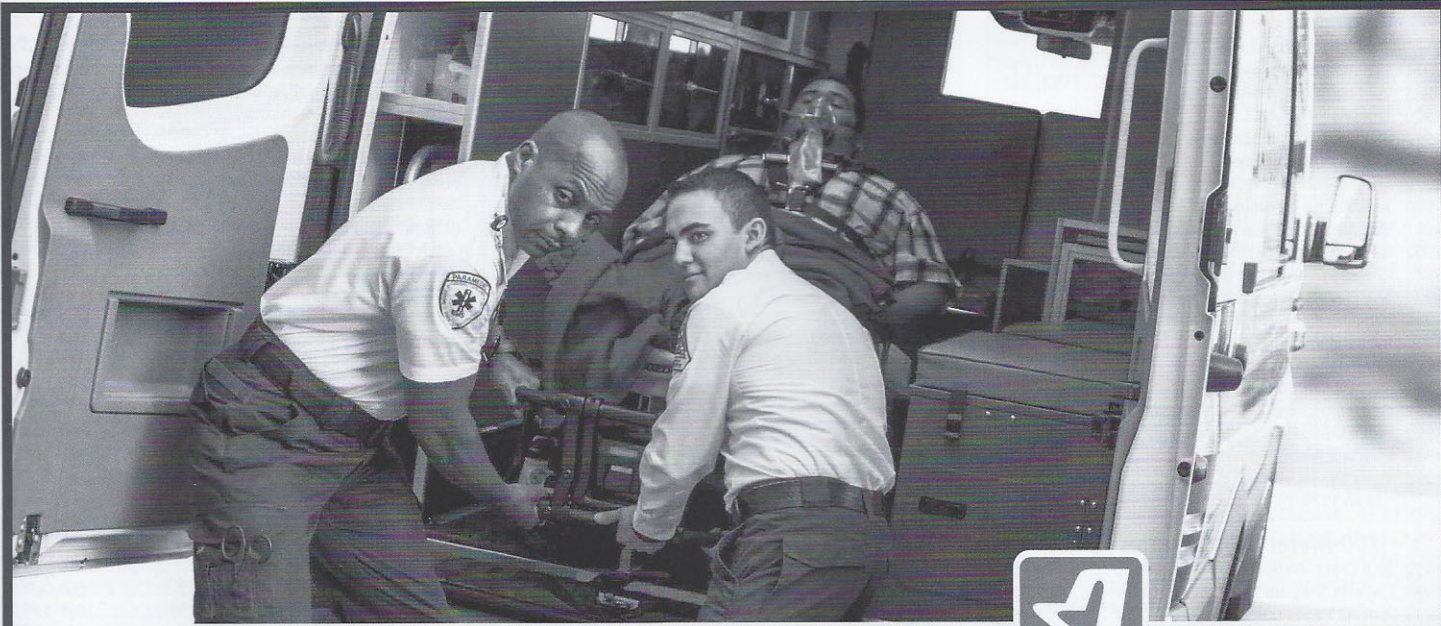
2012	Amy Weissenbach (Harvard Westlake, N. Hlywd).....	2:05.70
2013	Mikaela Smith (Clovis North, Clovis).....	2:08.39
2014	Mikaela Smith (Clovis North, Clovis).....	2:06.85
2015	Erica Schroeder (San Marcos, Santa Barbara).....	2:07.08



Amy Weissenbach broke the national record by 0.86 seconds with her time of 2:02.04 in the 800 meters during the 2011 State Championships. Her time also bested the previous State meet record set in 1984.

## 1600-Meter Run (Girls)

1974	Jill Caldwell (Westminster).....	5:02.2
1975	Kathy Costello (Pleasant Hill).....	4:53.5
1976	Linda Broderick (Tamalpais, Mill Valley).....	4:56.8
1977	Linda Goen (North, Bakersfield).....	4:47.8
1978	Cheri Williams (Livermore).....	4:44.95
1979	Linda Goen (North, Bakersfield).....	4:51.09
1980	Polly Plumer (University, Irvine).....	4:46.71
1981	Polly Plumer (University, Irvine).....	4:42.43
1982	Polly Plumer (University, Irvine).....	4:39.92
1983	Cory Schubert (Del Mar, San Jose).....	4:44.93
1984	Shannon Clark (Mountain View).....	4:47.52
1985	Shannon Clark (Mountain View).....	4:49.14
1986	Darcy Arreola (Grossmont, La Mesa).....	4:45.13
1987	Kira Jorgensen (Vista).....	4:45.98
1988	Kira Jorgensen (Vista).....	4:49.54
1989	Kira Jorgensen (Vista).....	4:49.55
1990	Becky Spies (Livermore).....	4:48.74
1991	Becky Spies (Livermore).....	4:45.11
1992	Shelley Taylor (Edison, Huntington Beach).....	4:48.52
1993	Milena Glusac (Fallbrook).....	4:50.83
1994	Elissa Riedy (Mission San Jose, Fremont).....	4:54.28
1995	Elissa Riedy (Mission San Jose, Fremont).....	4:45.35
1996	Annie Ebner (St. Lucy's Prep, Glendora).....	4:48.72
1997	Julia Stamps (Santa Rosa).....	4:44.78
1998	Sara Bei (Montgomery, Santa Rosa).....	4:49.21
1999	Alejandra Barrientos (San Lorenzo).....	4:45.02
2000	Jenny Aldridge (Maria Carillo, Santa Rosa).....	4:49.63
2001	Alejandra Barrientos (San Lorenzo Valley).....	4:43.24
2002	Shannon Rowbury (Sacred Heart Cathedral, SF).....	4:52.77
2003	Alicia Follmar (Saratoga).....	4:51.47
2004	Alicia Follmar (Saratoga).....	4:46.47
2005	Annie St. Geme (Corona del Mar, Newport Beach).....	4:50.40
2006	Christine Babcock (Woodbridge, Irvine).....	4:41.29
2007	Christine Babcock (Woodbridge, Irvine).....	4:38.85
2008	Christine Babcock (Woodbridge, Irvine).....	4:33.82
2009	Sammy Silva (Academy OLP, San Diego).....	4:47.67
2010	Chloe Curtis (Redondo).....	4:46.63
2011	Cami Chapus (Harvard Westlake, N. Hollywood).....	4:40.88
2012	Nikki Hiltz (Aptos).....	4:42.45
2013	Anna Maxwell (San Lorenzo Valley, Felton).....	4:47.33
2014	Sarah Robinson (Gunn, Palo Alto).....	4:44.25
2015	Armanda Gehrich (Tesoro, Rancho Santa Margarita).....	4:39.33



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**AMERICAN**  
A M B U L A N C E

# CIF State Track and Field Individual Champions

## 3200-Meter Run (Girls)

1977	Roxanne Bier (Independence, San Jose).....	10:39.37
1978	Cheri Williams (Livermore).....	10:17.71
1979	Lisa Scaduto (Santa Monica).....	10:34.94
1980	Vicki Cook (Alemany, Mission Hills).....	10:14.78
1981	Vicki Cook (Alemany, Mission Hills).....	10:12.31
1982	Vicki Cook (Alemany, Mission Hills).....	10:16.27
1983	Cory Schubert (Del Mar, San Jose).....	10:08.14
1984	Kristen O'Hara (Palos Verde).....	10:11.82
1985	Rebecca Chamberlain (Leigh, San Jose) ..	10:23.85
1986	Laurie Chapman (Gunderson, San Jose) ..	10:12.86
1987	Mary Mendoza (Presentation, San Jose) ..	10:33.04
1988	Karen Hecox (South Hills, West Covina) ..	10:16.14
1989	Rayna Cervantes (Montebello).....	10:32.95
1990	Deena Drossin (Agoura).....	10:29.60
1991	Deena Drossin (Agoura).....	10:30.71
1992	Milena Glusac (Fallbrook).....	10:28.62
1993	Milena Glusac (Fallbrook).....	10:42.68
1994	Julia Stamps (Rincon Valley Christian, Santa Rosa) ..	10:26.51
1995	Julia Stamps (Santa Rosa).....	10:15.27
1996	Kim Mortensen (Thousand Oaks).....	9:52.80
1997	Julia Stamps (Santa Rosa).....	10:15.17
1998	Sara Bei (Montgomery, Santa Rosa).....	10:31.06
1999	Lauren Fleshman (Canyon, Canyon County).....	10:18.81
2000	Anita Siraki (Hoover, Glendale).....	10:18.50
2001	Sara Bei (Montgomery, Santa Rosa).....	10:11.11
2002	Clara Horowitz, (Head Royce, Oakland).....	10:31.01
2003	Claire Rethmeier (San Pasqual, Escondido).....	10:27.32
2004	Lindsay Flacks (Harvard Westlake, N.Hollywood).....	10:26.25
2005	Tori Tyler (Gunn, Palo Alto).....	10:38.90
2006	Jordan Hasay (Mission Prep, San Luis Obispo).....	10:13.55
2007	Jordan Hasay (Mission Prep, San Luis Obispo).....	10:06.76
2008	Jordan Hasay (Mission Prep, San Luis Obispo).....	9:52.13
2009	Jordan Hasay (Mission Prep, San Luis Obispo).....	10:05.29
2010	Molly Grabill (Rancho Bernardo, San Diego) ..	10:20.25
2011	Sarah Baxter (Simi Valley).....	10:13.00
2012	Sarah Baxter (Simi Valley).....	10:12.00
2013	Sarah Baxter (Simi Valley).....	10:10.71
2014	Bethan Knights (Northwood, Irvine).....	10:00.19
2015	Destiny Collins (Great Oak, Temecula).....	9:53.79

## 100-Meter Low Hurdles (Girls)

1974*	Yvonne Boone (Fremont, Oakland).....	11.1
1975*	Yvonne Boone (Fremont, Oakland).....	10.1
1976*	Tuti Lee (Merced).....	10.7
1977	Kris Costello (Lynbrook, San Jose).....	13.97
1978	Kris Costello (Lynbrook, San Jose).....	13.83
1979	Janet Yarborough (Clovis).....	14.01
1980	Judy Young (Berkeley).....	13.52w
1981	Sherifa Sanders (Berkeley).....	13.74
1982	Natalie Spinks (Skyline, Oakland).....	13.88w
1983	Chewaukii Knighten (Locke, Los Angeles).....	13.88
1984	Gail Devers (Sweetwater, National City).....	13.41
1985	Lana Cantrell (Muir, Pasadena).....	13.57
1986	Janeene Vickers (Pomona).....	13.74
1987	Janeene Vickers (Pomona).....	13.34
1988	Michelle Decoux (Bishop O'Dowd, Oakland).....	13.91
1989	Felice Lipscomb (Santa Monica).....	13.69
1990	Felice Lipscomb (Santa Monica).....	13.58
1991	Phetima Woods (Duarte).....	14.08
1992	Twila Sims (Lompoc).....	13.83

\* from 1974-76, race was 80 Meters

## 100-Meter High Hurdles (Girls)

1993	Bisa Grant (Bishop O'Dowd, Oakland).....	14.11
1994	Davetta Shepard (Kennedy, Sacramento) ..	13.73w
1995	Joanna Hayes (J.W. North, Riverside).....	13.45
1996	Nicole Hoxie (J.W. North, Riverside).....	13.87
1997	Nicole Hoxie (J.W. North, Riverside).....	13.35
1998	Natasha Neal (James Logan, Union City).....	13.57
1999	Nichole Denby (J.W. North, Riverside).....	13.42w
2000	Nichole Denby (J.W. North, Riverside).....	13.20
2001	Lashinda Demus (Wilson, Long Beach).....	13.39w
2002	Talia Stewart (James Logan, Union City).....	14.03
2003	Ashlee Brown (J.W. North, Riverside).....	13.58
2004	Talia Stewart (James Logan, Union City).....	13.31
2005	Leslie Mercado (Diamond Ranch, Pomona) ..	13.58w
2006	Julian Purvis (St. Elizabeth, Oakland).....	13.93
2007	Vashti Thomas (Mt. Pleasant, San Jose).....	13.03
2008	Vashti Thomas (Mt. Pleasant, San Jose).....	13.44
2009	Kori Carter (Claremont).....	13.59

2010	Kori Carter (Claremont).....	13.33
2011	Trinity Wilson (St. Mary's, Berkeley).....	13.41
2012	Sasha Wallace (Holy Names, Oakland).....	13.33
2013	Sasha Wallace (Castro Valley).....	13.43
2014	Mecca McGlaston (Dublin).....	13.54
2015	Jasmyne Graham (Eleanor Roosevelt, Corona).....	13.17

## 300-Meter Low Hurdles (Girls)

1981	Audrey Williams (Saugus).....	42.26
1982	Gayle Kellon (Walnut).....	41.09
1983	Gayle Kellon (Walnut).....	41.71
1984	Leslie Maxie (Mills, Millbrae).....	40.90
1985	Leslie Maxie (Mills, Millbrae).....	41.80
1986	Janeene Vickers (Pomona).....	41.32
1987	Janeene Vickers (Pomona).....	40.96
1988	Michelle Decoux (Bishop O'Dowd, Oakland).....	42.16
1989	Twila Sims (Lompoc).....	42.54
1990	Felice Lipscomb (Santa Monica).....	41.69
1991	Erin Blunt (San Pasqual, Escondido).....	43.02
1992	Twila Sims (Lompoc).....	42.75
1993	Angela Harris (Skyline, Oakland).....	42.78
1994	Angela Harris (Skyline, Oakland).....	42.78
1995	Joanna Hayes (J.W. North, Riverside).....	41.20
1996	Tisha Ponder (Del Mar, San Jose).....	42.22
1997	Ryan Peters (Skyline, Oakland).....	41.47
1998	Natasha Neal (James Logan, Union City).....	40.86
1999	Lashinda Demus (Wilson, Long Beach).....	40.44
2000	Lashinda Demus (Wilson, Long Beach).....	40.41
2001	Ashlee Brown (J.W. North, Riverside).....	41.81
2002	Ashlee Brown (J.W. North, Riverside).....	41.67
2003	McKenzie Hill (Wilson, Long Beach).....	41.31
2004	Talia Stewart (James Logan, Union City).....	41.31
2005	Ebony Collins (Wilson, Long Beach).....	40.10
2006	Ebony Collins (Wilson, Long Beach).....	40.13
2007	Jamesha Youngblood (Hercules).....	41.08
2008	Kori Carter (Claremont).....	41.28
2009	Kori Carter (Claremont).....	41.26
2010	Kori Carter (Claremont).....	40.44
2011	Melia Cox (Poly, Long Beach).....	41.80
2012	Daje Pugh (Fairfield).....	40.57
2013	Jade Miller (Great Oak, Temecula).....	41.02
2014	Hannah Labrie-Smith (Cathedral Catholic, San Diego).....	41.67
2015	Jasmyne Graham (Eleanor Roosevelt, Corona).....	40.73

## 400-Meter Relay (Girls)

1974	Berkeley.....	47.5
1975	Muir (Pasadena).....	48.0
1976	Muir (Pasadena).....	47.6
1977	Crawford (San Diego).....	46.14
1978	Jordan (Los Angeles).....	47.14
1979	Westchester.....	47.95
1980	Kennedy (Granada Hills).....	45.81
1981	Berkeley.....	45.13
1982	Dorsey (Los Angeles).....	45.42
1983	Hawthorne.....	46.56
1984	Hawthorne.....	45.99
1985	Hawthorne.....	45.95
1986	Hawthorne.....	45.54
1987	St. Francis (Mountain View).....	45.95
1988	Hawthorne.....	47.10
1989	Muir (Pasadena).....	46.46
1990	Bakersfield.....	46.49
1991	Morningside (Inglewood).....	46.38
1992	Morningside (Inglewood).....	46.34
1993	Poly (Long Beach).....	45.74
1994	Wilson (Long Beach).....	46.17
1995	Poly (Long Beach).....	45.1h
1996	James Logan (Union City).....	45.20
1997	St. Bernard (Playa del Rey).....	44.70
1998	St. Bernard (Playa del Rey).....	46.00
1999	San Lorenzo Valley.....	45.90
2000	Berkeley.....	45.96
2001	Wilson (Long Beach).....	45.40
2002	Poly (Long Beach).....	45.50
2003	Poly (Long Beach).....	45.04
2004	Poly (Long Beach).....	45.11
2005	Wilson (Long Beach).....	44.84
2006	Wilson (Long Beach).....	45.19
2007	Rancho Verde (Moreno Valley).....	45.74
2008	St. Mary's Academy (Inglewood).....	46.41
2009	Poly (Long Beach).....	45.88

2010	Rancho Verde (Moreno Valley).....	45.74
2011	Poly (Long Beach).....	45.70
2012	Serra (Gardena).....	45.92
2013	Poly (Long Beach).....	44.93
2014	Poly (Long Beach).....	45.19
2015	Oaks Christian (Westlake Village).....	45.66

## 1600-Meter Relay (Girls)

1974	Berkeley.....	3:46.4
1975	Washington (Los Angeles).....	3:44.5
1976	Fremont (Los Angeles).....	3:55.9
1977	Locke (Los Angeles).....	3:52.1
1978	Fremont (Los Angeles).....	3:51.3
1979	San Geronio (San Bernardino).....	3:44.05
1980	Kennedy (Granada Hills).....	3:37.98
1981	Kennedy (Granada Hills).....	3:37.71
1982	Dorsey (Los Angeles).....	3:41.72
1983	Dorsey (Los Angeles).....	3:46.24
1984	Locke (Los Angeles).....	3:38.65
1985	Muir (Pasadena).....	3:43.30
1986	Compton.....	3:42.31
1987	Poly (Long Beach).....	3:45.20
1988	Hawthorne.....	3:47.32
1989	Hawthorne.....	3:46.59
1990	Morningside (Inglewood).....	3:44.16
1991	Poly (Long Beach).....	3:48.85
1992	Poly (Long Beach).....	3:45.91
1993	Poly (Long Beach).....	3:42.75
1994	Skyline (Oakland).....	3:41.90
1995	Poly (Long Beach).....	3:39.53
1996	Wilson (Long Beach).....	3:38.50
1997	St. Bernard (Playa del Rey).....	3:39.43
1998	Wilson (Long Beach).....	3:36.32
1999	Wilson (Long Beach).....	3:39.01
2000	J.W. North (Riverside).....	3:41.11
2001	Wilson (Long Beach).....	3:35.72
2002	Poly (Long Beach).....	3:35.99
2003	Poly (Long Beach).....	3:35.78
2004	Poly (Long Beach).....	3:35.49
2005	Wilson (Long Beach).....	3:39.27
2006	Wilson (Long Beach).....	3:37.14
2007	Bishop O'Dowd (Oakland).....	3:47.42
2008	Poly (Long Beach).....	3:40.87
2009	Serra (Gardena).....	3:42.91
2010	Poly (Long Beach).....	3:39.15
2011	Serra (Gardena).....	3:43.21
2012	Serra (Gardena).....	3:46.45
2013	Piedmont Hills (San Jose).....	3:41.14
2014	Poly (Long Beach).....	3:38.05
2015	St. Mary's College (Berkeley).....	3:43.33

## Discus Throw (Girls)

1976	Kathy Middleton (Poway).....	134-05
1977	Karen Stampfil (Lassen, Susanville).....	137-08
1978	Christi Pyle (Hoover, Glendale).....	149-03
1979	Leslie Deniz (Gridley).....	167-01
1980	Leslie Deniz (Gridley).....	172-11
1981	Natalie Kaaiawahia (Fullerton).....	162-10
1982	Jacque Norton (Mission Viejo).....	160-02
1983	Natalie Kaaiawahia (Fullerton).....	170-01
1984	Stacy Horn (Cordova, Rancho Cordova).....	159-01
1985	Lil Ili (Nogales, La Puente).....	162-02
1986	Tracy Crawford (Southwest, San Diego).....	156-02
1987	Dawn Dumble (Bakersfield).....	144-10
1988	Melissa Weis (Bakersfield).....	159-07
1989	Melissa Weis (Bakersfield).....	168-00
1990	Melissa Weis (Bakersfield).....	169-11
1991	Celeste McVey (Redlands).....	160-11
1992	Suzy Powell (Downey, Modesto).....	169-08
1993	Suzy Powell (Downey, Modesto).....	168-11
1994	Suzy Powell (Downey, Modesto).....	174-02
1995	Nadia Lopez (Arroyo Grande).....	152-06
1996	Chaniqua Ross (Laguna Creek, Elk Grove).....	158-04
1997	Chaniqua Ross (Laguna Creek, Elk Grove).....	177-01
1998	Stephanie Brown (Arroyo Grande).....	181-03
1999	April Burton (Bakersfield).....	153-10
2000	Jill Camarena (Woodland).....	151-01
2001	Rachel Varner (Bakersfield).....	162-09
2002	Billie Jo Grant (Arroyo Grande).....	174-00
2003	Billie Jo Grant (Arroyo Grande).....	174-04
2004	Missy Faubus (Centennial, Bakersfield).....	166-09



# CIF State Track and Field Individual Champions

2005	Alexaraee Toaina (Pittsburg).....	158-03
2006	Sarah Robles (San Jacinto).....	158-00
2007	Hilary Fraser (El Toro, Lake Forest).....	159-07
2008	Anna Jelmini (Shafter).....	169-04
2009	Anna Jelmini (Shafter).....	186-09
2010	Alex Collatz (Stockdale, Bakersfield).....	170-09
2011	Alex Morgan (Ventura).....	153-08
2012	Lisette Mendivil (Redwood, Visalia).....	155-10
2013	Nikki Okwelogu (Clovis West, Clovis).....	173-09
2014	Stamatia Scarvelis (Dos Pueblos, Goleta).....	163-07
2015	Ronna Stone (Valley Christian, San Jose).....	161-09

## High Jump (Girls)

1974	Pam Blackburn (Cubberley, Palo Alto).....	5-08
1975	Kim Maddox (Los Angeles).....	5-08
1976	Kari Gosswiller (Upland).....	5-10
1977	Kari Gosswiller (Upland).....	5-09
1978	Sue McNeal (Carlsbad).....	5-10.25
1979	Tonya Alston (Chico).....	5-09
1980	Karen Lysaght (St. Francis, Sacramento).....	6-00
1981	Katrina Johnson (Marshall Fundamental, Pasadena).....	5-10
1982	Katrina Johnson (Marshall Fundamental, Pasadena).....	5-11
1983	Tonya Mendonca, Mt. Whitney, Visalia).....	6-01
1984	Wendy Brown (Woodside).....	6-01.25
1985	Latrese Johnson (Clovis).....	6-02
1986	Yleana Carrasco (Anaheim).....	5-10
1987	Lynn Patrick (Serra, San Diego).....	5-10
1988	Crissy Mills (Campbell Hall, North Hollywood).....	5-10
1989	Crissy Mills (Campbell Hall, North Hollywood).....	6-00
1990	Chi Johnson (Menlo-Atherton, Atherton).....	5-08
1991	Tanya Smith (Cordova, Rancho Cordova).....	5-11
1992	Kristy Kieruff (Esperanza, Anaheim).....	5-10
1993	Tracye Lawyer (Cate, Carpinteria).....	5-10
1994	Kristy Kieruff (Esperanza, Anaheim).....	5-10
1995	Tara Fleming (Immanuel, Reedley).....	6-00
1996	Liz Giltner (Chaminade, Canoga Park).....	5-10
1997	Tayyiba Haneef (Laguna Hills).....	5-09
1998	Tia Hanson (El Cajon).....	5-08
1999	Kim Stone (York, Monterey).....	5-09
2000	Schquay Brignac (Taft, Los Angeles).....	5-09
2001	Chaunte Howard (J.W. North, Riverside).....	5-10
2002	Sharon Day (Costa Mesa).....	5-11
2003	Sharon Day (Costa Mesa).....	5-10
2004	Allie Miller (Los Altos).....	5-09.25
2005	Desirae Gonder (Stockdale).....	5-09
2006	Jasmine Day (Costa Mesa).....	5-09
2007	Whitney Sisler (La Costa Canyon, Carlsbad).....	5-10
2008	Tara Richmond (Poly, Long Beach).....	5-11
2009	Adrienne Johnson (Carondelet, Concord).....	5-08
2010	Lydia French (Thousand Oaks).....	5-10
2011	Rachel McCoy (A.B. Miller, Fontana).....	5-08
2012	Claire Kieffer-Wright (South Pasadena).....	5-10
2013	Rachel McCoy (Miller, Fontana).....	6-00.75
2014	Asia Chesley (Stockdale, Bakersfield).....	5-10
2015	Erinn Beattie (Buena, Ventura).....	5-09

## Long Jump (Girls)

1974	Jodi Anderson (Washington, Los Angeles).....	19-07.00
1975	Jodi Anderson (Washington, Los Angeles).....	19-06.50w
1976	Jodi Anderson (Washington, Los Angeles).....	20-00.25
1977	Lisa Gourdine (El Toro, Lake Forest).....	19-01.00
1978	Kathy Hayes (Madera).....	19-03.00
1979	Gwen Loud (Westchester).....	20-04.50
1980	Marlene Harmon (Thousand Oaks).....	20-08.75
1981	Chris Mose (El Cajon).....	18-10.25
1982	Wendy Brown (Woodside).....	19-10.50
1983	Gail Devers (Sweetwater, National City).....	19-06.00
1984	Wendy Brown (Woodside).....	20-09.75
1985	Yvette Roberts (Washington Union, Fresno).....	19-01.00
1986	Madette Smith (Quartz Hill).....	20-04.75
1987	Karen Lawson (St. Francis, Mountain View).....	19-01.50
1988	Tonya Conner (Barstow).....	19-05.75
1989	Juliana Yendork (Walnut).....	20-02.50w
1990	Juliana Yendork (Walnut).....	20-01.50
1991	Juliana Yendork (Walnut).....	20-07.50w
1992	Kam Warner (West, Bakersfield).....	20-06.25
1993	Marion Jones (Thousand Oaks).....	22-00.50
1994	Tara Oettinger (Foothill, Santa Ana).....	19-07.50
1995	Jernae Wright (James Logan, Union City).....	20-08.00w
1996	Jernae Wright (James Logan, Union City).....	20-03.00
1997	Bunmi Ogunleye (Poly, Long Beach).....	20-00.75w

1998	Angela Williams (Chino).....	19-07.75w
1999	Sani Roseby (Monterey).....	19-08.75w
2000	Michelle Sanford (Woodbridge, Irvine).....	19-07.25
2001	Elzunia Wojcicka (Hollister).....	20-05.50w
2002	Lena Bettis (J.W. North, Riverside).....	19-08.25
2003	Rene Williams (Skyline, Oakland).....	20-08.25
2004	Shana Woods (Poly, Long Beach).....	20-07.75
2005	Brittany Daniels (Merrill West, Tracy).....	20-08.25w
2006	Amber Purvis (Benicia).....	19-10.25
2007	Jamesha Youngblood (Hercules).....	20-11.75w
2008	Vashti Thomas (Mt. Pleasant, San Jose).....	20-00.25
2009	Karynn Dunn (Diamond Ranch, Pomona).....	20-03.25w
2010	Jenna Prandini (Clovis).....	20-05.75
2011	Jenna Prandini (Clovis).....	19-11.75
2012	Alexis Faulknor (Serra, Gardena).....	20-03.00w
2013	Courtney Corrin (Harv.Westlk. N. Holywd).....	20-09.25
2014	Margaux Jones (Redlands).....	20-04.75
2015	Courtney Corrin, (Harv.Westlk. N. Holywd).....	20-10.25

## Pole Vault (Girls)

1995	Melissa Price (Kingsburg).....	12-06
1996	Alexa Harz (Peninsula, Rolling Hills Estates).....	12-01.25
1997	Bridget Pearson (Hoover, Glendale).....	12-00
1998	Tracy O'Hara (Rancho Bernardo, San Diego).....	12-08
1999	Kathleen Donoghue (Rancho Bernardo, San Diego).....	12-08.25
2000	Lara Chen (Temple City).....	12-04
2001	Shayla Ballentine (Morro Bay).....	13-08
2002	Chelsea Johnson (Atascadero).....	13-03
2003	Kira Costa (San Joaquin Memorial, Fresno).....	13-05
2004	Allison Stokke (Newport Harbor, Newport Beach).....	12-08
2005	Bryson Stately (Cordova, Rancho Cordova).....	13-04
2006	Tori Anthony (Castilleja, Palo Alto).....	13-03
2007	Tori Anthony (Castilleja, Palo Alto).....	14-01
2008	Emily Mattoon (Rancho Bernardo, San Diego).....	12-06
2009	Kortney Ross (Westview, San Diego).....	13-04
2010	Kortney Ross (Westview, San Diego).....	13-06
2011	Anginae Monteverde (Clovis West, Fresno).....	13-06
2012	Taylor Jaques (Presentation, San Jose).....	13-04.25
2013	Kaitlyn Merritt (Santa Margarita, Rancho SM).....	13-03.75
2014	Greta Wagner (Los Gatos).....	13-00.25
2015	Kaitlyn Merritt (Santa Margarita, Rancho SM).....	13-03



Tori Anthony became the first high school girl to pole vault higher than 14 feet when she jumped 14-01 at the 2007 state meet. She held the national record until 2011.

## Shot Put (Girls)

1974	Kathy Devine (Mission Bay, San Diego).....	47-04.50
1975	Kathy Devine (Mission Bay, San Diego).....	42-03.25
1976	Becky Daniel (Newport Harbor).....	42-09.75
1977	Debra Thorntana (Sacramento).....	43-09.00
1978	Kerry Zwart (Crescenta Valley, La Crescenta).....	45-11.50
1979	Susie Ray (Villa Park).....	49-06.50

1980	Natalie Kaaiawahia (Fullerton).....	48-04.50
1981	Natalie Kaaiawahia (Fullerton).....	51-08.50
1982	Natalie Kaaiawahia (Fullerton).....	50-03.00
1983	Natalie Kaaiawahia (Fullerton).....	52-07.50
1984	Pam Alexander (Arlington, Riverside).....	46-03.50
1985	Elaina Oden (Irvine).....	46-11.75
1986	Brandi Gail (Rowland, Rowland Heights).....	45-02.50
1987	Kim Lassair (Northgate, Walnut Creek).....	39-06.25
1988	Dawn Dunble (Bakersfield).....	48-02.50
1989	Melissa Weis (Bakersfield).....	44-01.00
1990	Dawn Dunble (Bakersfield).....	49-03.50
1991	Mika Hilaire (Pittsburg).....	45-04.25
1992	Kristin Heaston (Ygnacio Valley, Concord).....	45-03.50
1993	Kristin Heaston (Ygnacio Valley, Concord).....	52-11.50
1994	Delores Tuimolou (Channel Islands, Oxnard).....	46-10.00
1995	Rebecca Morrison (Presentation, San Jose).....	47-06.75
1996	Stephanie Brown (Arroyo Grande).....	43-00.25
1997	Cynthia Ademiluyi (Poly, Long Beach).....	47-05.25
1998	Althea Moses (Morningside).....	40-09.75
1999	Jill Camarena (Woodland).....	48-06.00
2000	Karen Freberg (San Luis Obispo).....	50-07.25
2001	Karen Freberg (San Luis Obispo).....	50-02.25
2002	Rachel Varner (Bakersfield).....	47-00.50
2003	Jessica Pressley (Laguna Creek, Elk Grove).....	50-05.00
2004	Megan Howard (Arroyo Grande).....	49-11.75
2005	Julie Dufresne (Harbor, Santa Cruz).....	47-07.50
2006	Erin Delaney (Paso Robles).....	45-05.25
2007	Rosario Sanchez (Selma).....	47-10
2008	Anna Jelmini (Shafter).....	48-03.50
2009	Anna Jelmini (Shafter).....	50-05.75
2010	Jasmine Burrell (North Torrance).....	47-06.50
2011	Breana Jemison (Carlsbad).....	43-01.25
2012	Stamatia Scarvelis (Dos Pueblos, Goleta).....	47-03.25
2013	Stamatia Scarvelis (Dos Pueblos, Goleta).....	50-07.75
2014	Stamatia Scarvelis (Dos Pueblos, Goleta).....	52-02.00
2015	Elena Bruckner (Valley Christian, San Jose).....	50-02.50

## Triple Jump (Girls)

1982	Wendy Brown (Woodside).....	39-08.75
1983	Wendy Brown (Woodside).....	40-03.00
1984	Wendy Brown (Woodside).....	42-10.50
1985	Sheila Hudson (Rio Linda).....	41-10.00w
1986	Felicia Harris (San Lorenzo).....	40-02.00
1987	Kim Lassair (Northgate, Walnut Creek).....	39-06.25
1988	Althea Moses (Morningside).....	40-09.75
1989	Juliana Yendork (Walnut).....	41-10.00
1990	Juliana Yendork (Walnut).....	42-00.25
1991	Juliana Yendork (Walnut).....	43-06.50
1992	Kayla Montgomery (Clovis West, Fresno).....	39-11.25
1993	Cheaza Figueroa (Quartz Hill).....	40-01.25
1994	Tamiaka Porter (Orange Glen, Escondido).....	38-11.50
1995	Kelly O'Connor (Esperanza, Anaheim).....	40-06.50
1996	Kelly O'Connor (Esperanza, Anaheim).....	40-02.50
1997	Andrea Booker (El Camino, Oceanside).....	40-00.00w
1998	Andrea Booker (El Camino, Oceanside).....	40-00.25w
1999	Heather Contreras (Sutter).....	40-03.75
2000	Blessing Ufodiama (Poly, Long Beach).....	40-08.75
2001	Candace Baughman (Poly, Long Beach).....	42-04.50
2002	Michelle Sanford (Woodbridge, Irvine).....	41-05.25
2003	Brittany Daniels (Merrill West, Tracy).....	42-04.75
2004	Brittany Daniels (Merrill West, Tracy).....	42-08.00
2005	Brittany Daniels (Merrill West, Tracy).....	44-05.50w
2006	Ke'Nyia Richardson (Holy Names, Oakland).....	43-03.25
2007	Ke'Nyia Richardson (Holy Names, Oakland).....	45-04.25w
2008	Vashti Thomas (Mt. Pleasant, San Jose).....	42-00.50
2009	Ciarra Brewer (James Logan, Union City).....	42-11.50
2010	Jenna Prandini (Clovis).....	42-07.25
2011	Ciarra Brewer (James Logan, Union City).....	41-11.00
2012	Sasha Wallace (Holy Names, Oakland).....	41-05.75
2013	Sasha Wallace (Castro Valley).....	41-09.50
2014	Ashley Anderson (Carson).....	41-03.00
2015	Kennedy Jones (Castro Valley).....	42-05.25

In 1980, running event distances transitioned from yards to meters.

w -- wind aided result  
h -- hand timed

# CIF State Track and Field Multiple Championships

## BOYS RECORDS

### Most Team State Championships

- 10 Poly, Long Beach.....(1928, 1932, 1959, 1964-65, 1997-98, 2006-07, 2011)
- 8 Jefferson, Los Angeles.....(1938, 1949-52, 1956, 1962, 1964)
- 8 Muir, Pasadena.....(1934, 1936, 1967, 1974, 1990, 1994-96)
- 7 Manual Arts, Los Angeles.....(1915-16, 1919, 1924-25, 1953, 1958)
- 6 Hawthorne.....(1983-85, 1987-89)

### Most Consecutive Team State Championships

- 4 Jefferson, Los Angeles.....(1949-52)
- 3 Hawthorne, twice.....(1983-85, 1987-89)
- 3 Muir, Pasadena.....(1994-96)

### Most Individual State Championships

- 6 Clarence "Bud" Houser (Oxnard).....Discus (1920-22); Shot (1920-22)
- 5 Charley Paddock (Pasadena).....100yd (1916, 1918); 220yd (1916-18)
- 4 Randall Carroll (Cathedral, Los Angeles).....100m (2008-09); 200m (2008-09)
- 4 Roman Gomez (Belmont, Los Angeles).....1600m (1984-85); 3200m (1984-85)
- 4 Remontay McClain (Covina).....100m (2010-11); 200m (2010-11)
- 4 Eddie Morris (Huntington Beach).....100yd (1940); 220yd (1938-40)
- 4 Khalfani Muhammad (Notre Dame, Sherman Oaks).....100m (2012-13); 200m (2012-13)
- 4 Bryshon Nellum (Poly, Long Beach).....200m (2006-07); 400m (2006-07)
- 4 Terry Prentice (Diamond Ranch, Pomona).....110HH (2006-07); LJ (2006-07)
- 4 Frank Wykoff (Glendale).....100yd (1927); 220yd (1927-28); LJ (1927)
- 4 Nate Moore (Castro Valley).....TJ (2013-2014); LJ (2013-2014)
- 3 Forrest Beaty (Hoover, Glendale).....100yd (1961-62); 200yd (1961)
- 3 Brian Bluetreich (Capistrano Valley, Mission Viejo).....Shot (1984-85); Discus (1985)
- 3 John Bradley (Hoover, Glendale).....100yd (1947); 220yd (1947-48)
- 3 Reynaldo Brown (Compton).....HJ (1967-69)
- 3 Johnathan Cabral (Agoura, Agoura Hills).....110HH (2010-11); 300IH (2011)
- 3 Ethan Cochran (Newport Harbor, Newport).....Discus (2011-12); Shot (2012)
- 3 Bill Cowings (Fowler).....100yd (1959-60); 200yd (1960)
- 3 Kevin Craddock (James Logan, Union City).....110HH (2003-04); 300IH (2004)
- 3 Matt Darr (Frontier, Bakersfield).....Discus (2009); Shot (2009-10)
- 3 Dixon Farmer (Miramonte).....440yd (1958); 440yd; 180LH (1959)
- 3 David Gettis (Dorsey, Los Angeles).....400m (2003-05)
- 3 Lincoln Hall (Santa Paula).....PV (1914-16)
- 3 Blake Haney (Stockdale, Bakersfield).....1600m (2013-14); 3200m (2013)
- 3 Mort Kaer (Red Bluff).....220LH (1922-23); LJ (1923)
- 3 Leamon King (Delano).....220yd (1951, 1953); 100yd (1953)
- 3 Roy Kirpatrick (Entral, El Centro).....220LH (1933-34); 120HH (1934)
- 3 Harry Lampont (Manual Arts, LA).....120HH (1916); 220LH (1916); LJ (1916)
- 3 Hugh McElhenny (Washington, LA).....120HH (1947); 180LH (1947); LJ (1947)
- 3 Bill Miller (San Diego).....PV (1927-29)
- 3 Obea Moore (Muir, Pasadena).....200m (1996); 400m (1995-96)
- 3 Billy Mullins (Hamilton, Los Angeles).....100yd (1976); 200yd (1975-76)
- 3 Verden Nash (Chino 1920-21); Huntington Beach (1922).....LJ (1920-22)
- 3 Leon Patterson (Taft).....Discus (1951); Shot (1951-52)
- 3 Jerry Proctor (Muir, Pasadena).....110HH (1967); 300IH (1967); LJ (1967)
- 3 Scott Roth (Granite Bay).....PV (2004-06)
- 3 Darius Savage (Morse, San Diego).....Discus (2005-06), Shot (2006)
- 3 Les Steves (Palo Alto).....HJ (1935-37)
- 3 Monte Upshaw (Piedmont).....LJ (1953-54); 180 LH (1954)
- 3 Hubie Watson (Jordan, Los Angeles).....100yd (1958-59); 220yd (1959)
- 3 Quincy Watts (Taft).....100m (1987); 200m (1986-87)
- 3 Wayne Weeks (Santa Rosa).....Shot (1915-16); Discus (1916)

Boys CIF State Track and Field Championships began in 1915 and have since been held annually, excluding the World War II years (1942-45).

Assistance with compilation of individual titles provided by Nelson Tennis, Founder Cal-Hi Sports

## GIRLS RECORDS

### Most Team State Championships

- 14 Poly, Long Beach(1992-93, 1995, 1997-98, 2001, 2003-04, 2008-11, 2013-14)
- 5 Berkeley.....(1974, 1976, 1981-83)
- 3 J.W. North, Riverside.....(1999-00, 2002)
- 3 Wilson, Long Beach.....(1996, 1998, 2006)
- 2 Bakersfield.....(1988, 1990)
- 2 Muir, Pasadena.....(1985, 1989)

### Most Consecutive Team State Championships

- 4 Poly, Long Beach.....(2008-11)
- 3 Berkeley.....(1981-83)
- 2 J.W. North, Riverside.....(1999-2000)
- 2 Poly, Long Beach, three times.....(1992-93, 1997-98, 2003-04, 2013-14)

### Most Individual State Championships

- 9 Marion Jones.....(Rio Mesa, Oxnard 1990-91); (Thousand Oaks 1992-93)  
.....100m (1990-93); 200m (1990-93); LJ (1993)
- 6 Natalie Kaaiawahia (Fullerton).....Shot (1980-83); Discus (1981, 1983)
- 6 Wendy Brown (Woodside).....LJ (1982-84); TJ (1982-84); HJ (1984)
- 6 Juliana Yendork (Walnut).....LJ (1989-91); TJ (1989-91)
- 6 Ariana Washington (Poly, Long Beach).....100m (2012-14); 200m (2012-14)
- 5 Angela Burnham (Rio Mesa, Oxnard)100m (1986, 1988-89); 200m (1988-89)
- 5 Kori Carter (Claremont).....100HH (2009-10); 300LH (2008-10)
- 5 Allyson Felix (Los Angeles Baptist, No. Hills) ... 100m (2001-03); 200m (2002-03)
- 5 Monique Henderson (Morse, San Diego) ... 200m (2000); 400m (1998-2001)
- 5 Jenna Prandini (Clovis) ... LJ (2010-11); TJ (2010); 100m (2011); 200m (2011)
- 5 Angela Williams (Chino) .100m (1997-98); 200m (1998); 400m (1995); LJ (1998)
- 4 Brittany Daniels (Merrill West, Tracy)..... TJ (2003-05); LJ (2005)
- 4 Jordan Hasay (Mission Prep, San Luis Obispo).....3200m (2006-09)
- 4 Denean Howard (Kennedy, Granada Hills) . 200m (1981-82); 400m (1980, 1982)
- 4 Lindsay Hyatt (Placer, Auburn) .....800m (1996-99)
- 4 Anna Jelmini (Shafter) .....Discus (2008-09); Shot (2008-09)
- 4 Ashton Purvis (St. Elizabeth, Oakland)... 100m (2008, 2010); 200m (2009-10)
- 4 Julia Stamps (Rincon Valley Christian, Santa Rosa 1994); (Santa Rosa 1995-97)  
.....3200m (1994-95, 1997); 1600m (1997)
- 4 Jeneba Tarmoh (Mt. Pleasant, San Jose) ..... 100m (2006-07); 200m (2006-07)
- 4 Vashti Thomas (Mt. Pleasant, San Jose)100HH (2007-08); LJ (2008); TJ (2008)
- 4 Janeene Vickers (Pomona) ..... 300LH (1986-87); 100LH (1986-87)
- 4 Melisa Weis (Bakersfield).....Discus (1988-90); Shot (1989)
- 4 Stamatia Scarvelis (Dos Pueblos, Goleta)..... Shot (2012-2014); Discus (2014)
- 3 Jodi Anderson (Washington, Los Angeles) .....LJ (1974-76)
- 3 Christine Babcock (Woodbridge, Irvine)..... 1600m (2006-08)
- 3 Lakeisha Backus (Wilson, Long Beach)..... 100m (1995); 200m (1994-95)
- 3 Sarah Baxter (Simi Valley) ..... 3200m (2011-13)
- 3 Sara Bei (Montgomery, Santa Rosa)..... 1600m (1998); 3200m (1998, 2001)
- 3 Ashlee Brown (J.W. North, Riverside) ..... 100HH (2003); 300LH (2001-02)
- 3 Stephanie Brown (Arroyo Grande).....Shot (1996, 1998); Discus (1998)
- 3 Ebony Collins (Wilson, Long Beach)..... 300LH (2005-06); 100m (2005)
- 3 Vicki Cook (Alemany, Mission Hills) ..... 3200m (1980-82)
- 3 Kathy Costello (Pleasant Hill) .....800m (1974-75); 1600m (1975)
- 3 Kinshasa Davis (Wilson, Long Beach)..... 400m (1996-97); 200m (1997)
- 3 Dawn Dumble (Bakersfield)..... Discus (1988-90); Shot (1989)
- 3 Milena Glusac (Fallbrook)..... 1600m (1993); 3200m (1992-93)
- 3 Kira Jorgensen (Vista) ..... 1600m (1987-89)
- 3 Felice Lipscomb (Santa Monica) .....100LH (1989-90); 300LH (1990)
- 3 Janice Nichols (Bakersfield) .....400m (1990-92)
- 3 Polly Plumer (University, Irvine)..... 1600m (1980-82)
- 3 Suzy Powell (Downey, Modesto) .....Discus (1992-94)
- 3 Ann Regan (Camden, San Jose) .....800yd (1977-79)
- 3 Angela Rolfe (Dorsey, Los Angeles) .....400m (1987-89)
- 3 Twila Sims (Lompoc) ..... 300LH (1989, 1992); 100LH (1992)
- 3 Talia Stewart (James Logan, Union City).. 100HH (2002, 2004); 300LH (2004)
- 3 Pam Waters (Bell)..... 200m (1975-76); 100m (1976)
- 3 Angela Williams (Chino)..... 100m (1997-98); 200m (1998)
- 3 Amy Weissenbach (Harvard Westlake, N. Hollywood) .....800m (2010-12)

Girls CIF State Track and Field Championships were initiated in 1974 and have since been held annually.



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