

**California State Track and Field Championships 2016 "At-Large"
Standards**

	Boys	Girls
100	10.73	11.91
200	21.68	24.18
400	48.25	55.74
800	1:53.31	2:11.47
1600	4:15.36	4:54.91
3200	9:07.63	10:35.25
110/100 Hurdles	14.32	14.11
300 Hurdles	38.37	42.95
4x100 Relay	41.95	47.32
4x400 Relay	3:18.01	3:50.34
High Jump	6-07.00	5-05.00
Pole Vault	15-00.00	11-07.00
Long Jump	22-06.00	18-01.00
Triple Jump	46-05.00	38-04.00
Shot Put	56-00.00	41-09.00
Discus	168.09	133-06.00