



Watsonville High School

Winter Time Trials 2016

Friday, March 4th

Coaches,

Watsonville High School would like to invite you to the Winter Time Trials to be held at Geiser Field on the campus of Watsonville High School. This meet offers you the opportunity to get early season times and marks for upcoming invitationals.

This meet is dedicated to Coach Lloyd "Bud" Winter who was one of the most influential track coaches America has ever known. He was the renowned coach of "Speed City" San Jose State University and coached the 1964 United States Olympic Track and Field team that competed in Rome. He began his coaching career assisting Emmett Geiser at Watsonville Union High School where he met his wife and moved on to bigger and greater things. Some of his Hall of Fame athletes included Harold Davis, Lee Evans, John Carlos, and Tommy Smith.

Geiser Field has been host to the MBL Trials/Finals and is an all-weather facility. We are using **FinishLynx timing system** for all races.

Entries will be on Athletic.net website where you can enter your athletes before the meet. If you cannot do so, please do not fear, as we can accommodate your athletes on the meet day.

Entry Information:

www.athletic.net

or bring your entries to the meet.

Fees: Entry fees are \$2.00 per event/per athlete...Relays are also \$2.00

Make Checks Payable to: **WHS ASB Track and Field**

Winter Time Trials

Event/Time Schedule

Est. Time	Level	Event
3:30	VG/JVG	400m Relay
3:35	VB/FSB	400m Relay
3:40	VG/JVG	1600m or Mile
3:50	VB/FSB	1600m or Mile
4:00	VG/JVG	100m HH
4:10	VB	110m HH
4:20	FSB	65m HH
4:30	VG	400m
4:35	VB	400m
4:40	JVG	400m (may combine w/VG)
4:45	FSB	400m (may combine w/VB)
4:50	VG	100m
4:55	VB	100m
5:00	JVG	100m
5:05	FSB	100m
5:10	VG/JVG	800m
5:15	VB/FSB	800m
5:20	VG/JVG	300m LH
5:30	VB/FSB	300m IH
5:40	VG/JV	Distance Medley Relay
6:00	VB/FS	Distance Medley Relay
6:20	VG	200m
6:25	VB	200m
6:30	JVG	200m (may combine w/VG)
6:35	FSB	200m (may combine w/VB)
6:40	VAR G/B/FSB/JVG	3200m
7:00	VG/JVG	1600m Relay
7:10	VB/FSB	1600m Relay

Field Events:

Time	Level	Event
3:45	VG/JVG	High Jump
4:45	FSB, VB	High Jump
3:30	ALL	Shot Put (open pit)
5:30	ALL	Discus (open pit following SP)
3:30	ALL	Long Jump (open pit)
5:30	ALL	Triple Jump (open pit following LJ)
3:45	ALL	Pole Vault (open pit w/ low starting height)

*Time Schedule is approximate so please arrive early for your events. We will attempt to finish the meet early.