

Bellarmino's First All Comers Meet

On our newly resurfaced track

Saturday, Dec 10 2016: 9am

- Fully automatic times will be posted at **FastTimes.Me** during the meet
- No trainers/medical help will be available
- Events for Middle School, High School and Masters
- Pricing per athlete: \$5 for one event, \$10 for 2+ events
 - Cash due at day of event. Please have exact change.
 - Bellarmine students get one event free if they pre-register
 - Save \$1 if you pre-register on or before Wednesday Dec 7th
- Enter your personal best mark for online registration
- Rolling start for track events (after times posted below)
- Online entries will be posted on Friday Dec 9
- Individual heats may have entries from several divisions, but each division will be scored separately.
- Registration at FastTimes.me opens soon and closes Wednesday Dec 7th

Preliminary Schedule of Events

Rolling start for track events

Track	Field
9 am	9 am
3200M	High Jump
10 am	Long Jump
Hurdles: 100M/ 110M/ 65M	Pole Vault
60/100	11 am
300/400	Triple Jump
1 mile	Shot put / Ball Toss
150/200	

Waiver For Bellarmine's All Comers Track and Field Meet

All participants in these events must sign and turn in this waiver of liability prior to competing. Athletes under age 18 must have the signature of a parent or legal guardian.

I agree to waive and release any and all claims I may have against all sponsors, officials, volunteers, assistants and employees of this meet including Bellarmine College Preparatory and USA Track and Field, for any damages or injuries I may suffer as a result of my participation in this meet.

I understand that there will be no medical services or training staff available at this meet. I affirm that my physical condition and fitness are adequate for me to participate safely in this meet. I agree to release my name, photo and/or video for publicity purposes. I understand that my name, division, likeness and results may be published online.

Name of Athlete (printed: First Last): _____

Age (optional): _____ Grade (if in school): _____

Signature _____ Date _____
(Parent or Guardian if under 18)