

De Anza League Meet 2017 – Schedule, Rules and Duty Reminders

Coaches:

The De Anza League Meet is Tuesday, May 2nd and Thursday May 4th at Milpitas High School. The following is the time schedule, duties for each school and miscellaneous information for the meet.

Entries for the league meet are due April 28th at 10 pm. Hank Lawson will set up 1 meet date for entries on Athletic.net

The meet is set to start both days at 2:00pm field events, 3:00pm running events

Questions? Email me at Bhall@musd.org

Duties:

Starter: Scott Chisam

Timing and Scoring: Hank Lawson

Meet Director: Bridget Hall

Head Field Judge/Weigh-in: Los Altos

Jury of Appeals: Ernesto- Los Gatos, Curtis – Gunn, Kenrick - Homestead

Clerk of the Course: Curtis – Gunn (THANK YOU!)

Block Crew: Milpitas

Events:

Hurdles - Milpitas

Shot - Gunn

Discus - Shot

TJ – Palo Alto

LJ - Lynbrook

HJ – Los Gatos

Chief Finish Line Judge: Curtis (Gunn)

Finish Line: Los Gatos

Turn Judges:

First Half (Turn): (1) Lynbrook, (2) Palo Alto,

Second Half: (2) Los Altos, (1) Homestead

Driving and Bus Arrival:

Milpitas High School

1285 Escuela Parkway, Milpitas, CA 95035

Milpitas High School has a large parking lot where the buses can drop the athletes off. Athletes will come through the main gate.

Please put tents at the top of the bleachers on both sides to not obstruct any views of the track.

Warm-Up Information:

The Warm-up field is the main field so please limit your warm up to just before you event.

Concessions:

Milpitas High will have a concession put on by their boosters. Please support Milpitas High Athletic Booster Club by purchasing food/snacks/drinks!

Athlete Check-In for Both Days:

PLEASE TELL YOUR ATHLETES TO CHECK IN A MINIMUM OF 30 MINUTES BEFORE THEIR RESPECTIVE EVENT. If we have less than 8 athletes in an event, we will cancel the trials and go straight to finals. We will not reseed for scratches. Non-laned races (800, 1600, 3200 & 4x400MR) – will all have hip numbers.

Schedules

Trials Schedule – Tuesday, May 2nd

2:30 pm – Coaches' Scratch meeting

3 pm – Trials begin

ROLLING SCHEDULE

Running Events:

100 HH – VG, JVG

110 HH – VB

65 HH – FSB

400 M – VG, VB, JVG, FSB

100 M – VG, VB, JVG, FSB

3200 M – JVG (Final)

300 IH – VG, JVG, VB, FSB

3200 M – FSB (Final)

200 M – VG, VB, JVG, FSB

Field Events (All are final) (4 attempts only, except HJ):

3:00 pm – JVG HJ, JVG DT, JVG LJ, FSB TJ, FSB SP

5:00 pm – FSB HJ, FSB DT, FSB LJ, JVG TJ, JVG SP

Finals Schedule – Thursday, May 4th

2:30 pm – Coaches' Scratch Meeting. Bring alternates; alternates will be inserted into lanes.

If we get ahead of schedule we will not run more than 10 minutes early

3 pm – 4x100 MR – VG, VB, JVG, FSB

3:20 pm – 1600 M – VG, VB, JVG, FSB
4:00 pm – 100 HH – VG, JVG
4:10 pm – 110 HH – VB
4:15 pm – 65 HH – FSB
4:25 pm – 400 M – VG, VB, JVG, FSB
4:45 pm – 100 M – VG, VB, JVG, FSB
5:05 pm – 800 M – VG, VB, JVG, FSB
5:30 pm – 300 IH – VG, JVG, VB, FSB
5:50 pm – 200 M – VG, VB, JVG, FSB
6:10 pm – 3200 M – VG, VB
6:40 pm – 4x400 MR – JVG, FSB, VG, VB

Field Events (LJ, TJ, SP, DT, 3 attempts, then top 8 have 3 more attempts):

3:00 pm: VB TJ, VG HJ, VG DT, VB SP, VG LJ
5:00 pm: VB HJ, VG TJ, VB DT, VG SP, VB LJ

Proposed Rules for the League Meet

Trials Day (Tuesday, May 2nd)

Seeding for the trials will be based on upon entered marks and keeping all of a school's entrants from being in the same heat to the extent possible.

Trials will be held in the 100 m, 200m, 400m, and All hurdles events ONLY if more than 8 competitors check in. We will not reseed due to scratches.

Only heat winners will be automatic qualifiers. The rest of the finalists will be determined by time. For example, if there are 3 heats: the winner of each heat and the next 5 fastest times will qualify for the finals. If there are 4 heats: then the next 4 fastest times will qualify for the finals.

Seeding for the finals will be based on time only.

Finals for the FSB and JVG 3200 M will be held on Tuesday.

All F/S boys and JV girls' field events will compete on Tuesday. They are allowed only 4 attempts. If the field for any event is greater than 12, the field will be split into 2 flights with the top competitors competing in the second flight.

In the Shot, Discus, Long and Triple jumps, each attempt will be measured. A maximum of 12 athletes can compete in each flight. Four throws will be allowed per competitor. This method will only be used for the Boys F/S and Girls JV competition.

Starting height for the high jump will be set 2 inches below lowest entered height of athletes who check in. The bar will move up in 2-inch increments.

Finals Day (Thursday, May 4th)

If there are more than 16 entrants in the 800 and 1600, we will split the field evenly with the slow group running first and the fast group running second. The combined times from both heats will be used to determine the overall places. If there are an odd number of runners in the 800 or 1600 when two heats are being run, the additional runner will be placed in the fast heat. Please note that this may change the schedule; we will know after the entries have been made and totaled, and if necessary the schedule will be updated.

Running Events Start

We will use the same starting rules as will be used at CCS:

800m, 1600m, 3200m – alley start

1600m Relay – 3 turn stagger

Field Events

The Varsity boys' and Varsity girls' field events will compete on Thursday. They will be allowed 3 attempts (LJ, TJ, SP and Discus) with the top 8 receiving an additional 3 attempts. The top 8 will compete in reverse order of their place. Therefore, the competitor with the highest mark will compete last. If any field is greater than 12 athletes, flights will be used with the top competitors in the second flight.

In the Discus and Shot, every legal throw will be measured. Starting height for the high jump will be set 2 inches below lowest entered height of athletes who check in. The bar will move up in 2-inch increments.

Rules for both days

- The high jump bar should not be moved up more than one increment above the height that an athlete has cleared while he/she is away competing in another event.
- All field event athletes may check out no earlier than 10 minutes prior to the start of a track event in which they are entered and must report back within 10 minutes of the end of the track event. They must notify the event official when they check out and when they report back. The event official should allow them multiple attempts prior to the athlete checking out of the event if the athlete desires to make multiple attempts.
- If an athlete is participating in two field events at the same time, he/she should go back and forth between the two events as quickly as possible.
- All discus and shots will be weighed before competition. Shot and Discus officials should verify that all implements have been weighed and approved.

All athletes are limited to four events. Entries are determined as of 10:00pm on April 30, 2016 (with the exception that some additional entries may be allowed if a school is allowed more than three entries in an event).

No competitor may be added to an event after 6pm on 5/1/16 without the agreement of a majority of the schools competing in the meet, except for at-large qualifiers. The additions should be made only under unusual circumstances.

Appeals regarding misapplication of the rules shall be filed within 30 minutes after the results have been announced or the results are made official in that event. The head coach will first protest to the starter. The decision of starter is appealable if the coach still feels that the terms and conditions of competition or the application of the rules have been misapplied or misinterpreted. The Jury of Appeals shall review any further appeal. A final written appeal can be made to the League Commissioner as an avenue of last resort for the head coach.