

King City Invitational Track Meet April 1, 2017

The 73rd King City Invitational Track Meet will be held on Saturday, April 1, 2017 at King City High School on our Nine Lane All Weather Track and Field Event Areas; which includes a brand new pole vault, and high jump venue!

Custom medals will be awarded for 1st – 5th place. Trophies will be awarded to the top two teams in each division and there will be three high point awards. There are three divisions: varsity boys, varsity girls and frosh-soph boys. Entry limit is three athletes per event.

Starters will be from the Central Coast Section Officials Association. Fees are \$5 per event and \$10 per relay team. Maximum fee for team is \$300. Register at www.athletic.net. All entries must be received no later than Tuesday, March 28, 2017 by 7:00 P.M. Make checks payable to Mustang Bench King City HS Track. Mail to Mustang Bench, c/o King City Invitational, 720 Broadway, King City CA 93930. In the case of a rainout, the meet will not be rescheduled and all fees will be returned.

The stadium will be open at 8:00 a.m. The meet begins at 9:30 a.m. The time schedule of events is included with this flyer.

In order to keep the meet within reasonable time and safety standards the following will apply:

1. Announcers will notify athletes when they need to check in. It is the athlete's responsibility to report at that time. Runners report to the Clerk of the Course who is stationed near the shot put area.
2. There is a three-athlete limit per school, per event.
3. Athletes can only compete in one division.

A **complimentary lunch** will be provided for coaches only. There will be a snack bar at the track. There are also various food establishments near the school for athletes and others.

Feel free to contact the Meet Directors for additional information or with any questions.

Meet Directors: David Daines & Christopher Burton
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KING CITY INVITATIONAL TIME SCHEDULE - 2015 - 2017

**SOME EVENTS ARE RUN OUT OF NORMAL ORDER
ROLLING START FOR ALL RUNNING EVENTS**

TIME	RUNNING EVENT
9:30 AM	Varsity 110 Meter High Hurdles *
	Frosh Soph 65 Meter High Hurdles *
	Girls 100 Meter High Hurdles *
	Varsity 400 Meter Relay
	Girls 400 Meter Relay
	Frosh Soph 400 Meter Relay
	Varsity 1600 Meters
	Girls 1600 Meters
	Frosh Soph 1600 Meters
	Varsity 400 Meters
	Girls 400 Meters
	Frosh Soph 400 Meters
	Varsity 100 Meters
	Girls 100 Meters
	Frosh Soph 100 Meters
	Lunch Break
	Varsity 800 Meters
	Girls 800 Meters
	Frosh Soph 800 Meters
	Girls 300 Meter Hurdles *
	Varsity 300 Meter Hurdles
	Frosh Soph 300 Meter Hurdles
	Varsity 200 Meters
	Girls 200 Meters
	Frosh Soph 200 Meters
	Varsity 3200 Meters
	Girls 3200 Meters
	Frosh Soph 3200 Meters
	Frosh Soph Mile Relay
	Girls Mile Relay
	Varsity Mile Relay

**SOME EVENTS ARE RUN OUT OF NORMAL ORDER
ALL TIMES ARE APPROXIMATE**

TIME	FIELD EVENTS
9:30 AM	Frosh Soph Triple Jump Trials
	Girls Long Jump Trials
	Frosh Soph Discus
	Varsity Shot Put
	Varsity Pole Vault
	Girls High Jump
10:45 AM	Frosh Soph Triple Jump Finals (Top 7)
	Girls Long Jump Finals (Top 7)
11:00 AM	Varsity Triple Jump
	Frosh Soph Long Jump
	Frosh Soph High Jump
12:30 PM	Varsity Triple Jump Finals (Top 7)
	Frosh Soph Long Jump Finals (Top 7)
	Girls Discus
1:00 PM	Frosh Soph Shot Put
	Frosh Soph Pole Vault
	Varsity High Jump
2:00 PM	Girls Triple Jump Trials
	Varsity Long Jump Trials
2:30 PM	Varsity Discus
	Girls Shot Put
	Girls Pole Vault
3:30 PM	Girls Triple Jump Finals (Top 7)
	Varsity Long Jump Finals (Top 7)

* Change in Order