

## SCVAL Time Schedule\*

Location: Los Gatos High School

### Running Events:

5:30 400 Meter Relay  
5:50 1600 Meter Run  
6:10 100 Meter Hurdles  
6:25 110 High Hurdles  
6:35 400 Meters  
6:55 100 Meters  
7:15 800 Meters  
7:35 300M Hurdles  
7:55 200 Meters  
8:15 3200 Meter Run  
8:45 1600 Meter Relay

### Field Events:

5:00 First Set of Field Events  
VB Discus  
VB Long Jump  
VG Long Jump  
VG Shot Put  
VB High Jump  
VB Pole Vault  
6:30 Second Set of Field Events  
VG Discus  
VG Triple Jump  
VB Triple Jump  
VB Shot Put  
VG High Jump  
VG Pole Vault

\*Will not run more than 5 minutes ahead of schedule