

CALIFORNIA INTERSCHOLASTIC FEDERATION

CIF STATE OFFICE - 4658 DUCKHORN DRIVE - SACRAMENTO, CA 95834 · PH: 916-239-4477 · FX: 916-239-4478 · WWW.CIFSTATE.ORG

California State Track and Field Championships 2017 "At-Large" Standards

	Boys	Girls
100	10.77	11.97
200	21.76	24.21
400	48.29	55.53
800	1:53.61	2:11.17
1600	4:14.83	4:55.96
3200	9:07.17	10:35.62
110/100 Hurdles	14.35	14.14
300 Hurdles	38.29	42.91
4x100 Relay	41.82	47.28
4x400 Relay	3:18.74	3:50.20
High Jump	6-07.00	5-05.00
Pole Vault	15-00.00	11-10.00
Long Jump	22-04.00	18-01.00
Triple Jump	46-02.00	38-01.00
Shot Put	55-00.00	41-04.00
Discus	168.02	132-03