

SCVAL Championship Meet
Friday, May 11th, 2018 Santa Clara H.S.

Running Events*:

5:30pm VG 400 Meter Relay
5:37pm VB 400 Meter Relay
5:44pm VG 1600 Meter Run
5:53pm VB 1600 Meter Run
6:02pm VG 100 Meter Hurdles
6:10pm VB 110 High Hurdles
6:18pm VG 400 Meters
6:24pm VB 400 Meters
6:30pm VG 100 Meters
6:36pm VB 100 Meters
6:42pm VG 800 Meters
6:52pm VB 800 Meters
7:02pm VG 300M Hurdles
7:10pm VB 300M Hurdles
7:17pm VG 200 Meters
7:23pm VB 200 Meters
7:30pm VG 3200 Meter Run
7:45pm VB 3200 Meter Run
8:00pm VG 1600 Meter Relay
8:15pm VB 1600 Meter Relay

Field Events:

4:30pm Check in/Warm ups
5:00pm Girls Discus
Boys Shot Put
Girls Long Jump
Boys Long Jump
Girls High Jump

Pole Vault- TBD

6:00pm**Check-in/Warm ups
6:30pm Girls Shot Put
Boys Discus
Girls Triple Jump
Boys Triple Jump
Boys High Jump

*Will run up to 10 minutes early

**Or immediately following completion of previous event

Coaches Scratch Meeting
Implement Weigh-ins for:

4:00pm @Clerks Tent
5:00 events ~ 4:15-4:30
6:30 events ~ 5:45-6:00