

SCVAL Track & Field Pre-Season Meeting 2018

Agenda

Handouts: Schedules, NFHS Major Rule Changes, Sanctioned Tournaments, CCS Track Bylaws, SCVAL By-laws, Shot Put Instructions

- 1) Introductions
 - a) Athletic Director Liaison, Curt Johansen (Gunn)
 - b) New League Rep. for De Anza Division *Curtis (Gunn)*
 - c) Phone and email updates
 - d) 2017 Minutes
 - e) Update on Steve Filios

- 2) League Schedules
 - a) Start date - Jan. 29
 - b) First Scrimmage - Feb. 12, allowed 2
 - c) Roster submission - ~~date?~~ - athletic.net (Hank)
March 2nd

- 3) By-Laws Update
 - a) By-Laws Status - current version: May 2017
 - b) Article III - Section 1 & 1.1 combined, Section 2.6 - Adult Supervision added
 - c) Article IV - Section 1 - start time changed, Section 1.1 - change of schedule submittal
 - d) Article V - Section 1 - clarification, Section 13 - added start times for Divisional meets
 - e) Article VI - Section 6 & 7 added start times/locations
 - f) Article VII - Section 4&6 - follow CCS/State order

- 4) SCVAL Constitution
 - a) Charge gate at Division & SCVAL Meets \$6 general, \$3 other, 5 & under free

- 5) CCS Meeting
 - a) Semifinals - Sat., May 19 early start - Tentative Time 11am Running, 10am Field Events
Finals - Fri., May 25 - 4pm - Field Events, 6pm Running Events, official times will be posted in participation bulletin in April
 - b) Site - Gilroy High School
 - c) SCVAL - 6 entries boys, 6 entries girls
 - d) Entrance charge for CCS - \$10 general, \$5 other and parking fee - \$5
 - e) Free admission for athletes and 5 coaches per school, also officials can get on officials' list for entrance and free parking
 - f) Participation Certificates for coaches & athletes on CCS website
 - g) T-shirts available at least 5 days before Semifinals, patches/pins - anytime, other souvenirs at meet, will take credit cards at meet.

- h) Officials - field events - at least 30 minutes before start for warm ups, officials must be present for safety during warm ups, red cone in circle - throws
- i) Should (female) athletes do the HJ/LJ double?
- j) Job Assignments for CCS Semifinals and Finals
Should schools switch assignments in finals if team is in it? Schools should provide a coach and not parent, must stay until shift is over.

Trials

<u>Events</u>	<u>School</u>	<u>School</u>
400m relay - 110m HH	Cupertino	Milp Baly
400m - 300m IH	Fre	
200m - 1600m relay	Lyn	Saratoga
High Jump (2-3 workers)	Santa Clara	
Head Official - SC		

Finals

<u>Events</u>	<u>School</u>	<u>School</u>
400m relay - 110m HH	Gunn	Mt View
400m - 300m IH	LA	Wilcox
200m - 1600m relay	LG	Home
High Jump (2-3 workers)	Monta Vista	
Head Official - SC		

Workers should arrive ready to work 45 minutes before the start of the event. Flags and paperwork will be provided for turn judges. HJ official should bring measuring tape and pencils. A \$100 fine or loss of entry for next year's meet could be levied if a league does not provide personnel for their events on time.

- k) CCS Evaluation Meeting - Tues., June 4 at 4pm if needed
- l) Coach accompanying athletes (CIF rule)
- m) MBL and MTAL combing leagues
- n) Liability (lawsuits)/SP Instrustions or Discus
- o) Sanctioned Meets - Implement Certification, Wind gauges - Big Meets, League/Championship Meets
Mt. Sac, Arcadia - marks with wind gauge, implement checked.

- 6) State Meet
 - a) Trials, Fri., June 1, Finals, Sat., June 2
 - b) Buchanan High School, Clovis
 - c) Both long jumps will compete first then TJ, CCS will mimic field event order

- 7) NFHS Rule Changes
 - a) Should have a copy of NFHS Track Book, received from your AD, should also have a copy of NFHS Track Officiating Book and a Case Book - \$10.00 each, also available for kindle on Amazon -\$6.99 each
 - b) Review CCS handout for rule changes

- 8)
 - a) 2018-2019 CIF Calendar is changing, State meet will move up 1 week, so CCS Trials & Finals will move up 1 week, Winter sports will move up 1 week -start dual meets 1 week early
 - b) May 4, 2019 - last SCVAL event

- 9) Post Season Meeting - May 21
 - a) Time - 6pm, location - FUHSD office with commissioner

- 10) Other
 - a) Andy Anderson Relays - Tues., Feb. 27
Rainout Dates - Feb. 28 or March 1, Participating schools? are Santa Clara, Wilcox (Discus), Lynbrook (Shot), Cupertino (TJ), Fremont (LJ) and Homestead (HJ).
 - b) Start times for Leagues/SCVAL
AP Test Dates
Start Mon., May 7
Fri., May 11 AP Computer Science Principles

Any conflicts - notify SCVAL Meet Director, Julie.
Also, see if athlete can arrange to take test at SCVAL meet site.

- d) Time schedule - Set by the By-laws
Division Trials and Finals - Field - 3pm, Running - 3:30pm
- e) Alternates for sprints & hurdles to League finals - show up or not be eligible for SCVAL?
- f) Field events- Officials: should be experienced.
Per CCS: no warming up at field events until officials are in place and opens up the warm up area. Official needs to stay vigilante during warm ups and competition, keep competitors and spectators in safe area.
- g) Dual meets - prior to meet day, coaches should discuss any changes in meet set up: start time, field event order, etc. Both coaches should agree

with changes. Change of start time requires a Change of Schedule form.

10) A few reminders for future meet directors:

- a) All job assignments should be filled, preferable with experienced workers, especially for the throws. There should be a starting line clerk if there is only 1 starter assigned to the meet. The starting line clerk will assist the starter with insuring the athletes are in the appropriate lanes and give last minute race instructions.
- b) Turn Judges should be assigned for the whole meet.
- c) There should be a Field Result Checker to verify the results and make sure that they are entered correctly into the computer.
- d) The Field Event Officials need to review the rules for checking out of an event and competing out of order. Athletes should only compete out of order if they have a conflict with another event.
- e) For tracks with no curb, cones should be placed on the inner edge of the track. It is best to have as many cones as possible. Check NFHS rules for distance between cones.
- f) Check for uniform violations at both running and field events.
- g) Discus is measured to the inch.
- h) Meet Director should only direct the meet.
- i) All coaches need to help with meet management; unfortunately we can't just coach our athletes.
- j) Starters have been requested from scheduler - Mark Greenough - send him contact info, location, time
- k) Hank Lawson is timing Leagues, SCVAL - keep him in the loop.
- l) Wind gauges should be used, implements weighed and checked.

11) SCVAL Championship Meet

- a) Fri. night, May 11
- b) Hank Lawson should send DAL & ECL results at conclusion of DAL meet to Julie L'Heureux, Walt Van Zant and ?. They will determine Top 16.
Remember: goal is to get best athletes to the meet.
- c) Please send scratches by Wed., May 19 at 8:00pm to ~~Hank Lawson~~ and Julie L'Heureux
- d) Lane Assignments will be done Wed. Night
- e) Location - Santa Clara H.S.
- f) Meet Director: Julie L'Heureux @ Santa Clara
- g) Starter: Jim Springer, ?
- h) Jury of Appeals (3 + 2 alt.):
Bernie, Bridget, Mark (Gerri, Armstrong)
- i) Job Assignments:
Timer: Hank Lawson
Results: Hank Lawson
Field Event Result Checker: Julie, Colette ?

Clerk of Course: Margaret ?, *Curtis*
Starting Clerk: ~~Smith~~
Finish Line: *Curtis*
Block Crew:
Implement Weigh In: *LA*
Events: experienced official for field events (CCS)
Pole Vault: SC/LG
Hurdles: Monta Vista
Shot: *Not View*
Discus: *Homestead*
LJ/TJ Girls - Cupertino
HJ: *Los Gatos*
LJ/TJ Boys: *Paly*
Finish Line Judges:

Turn Judges:
1st half (400m relay - 100m) 8 judges *Milp, LA, Wilcox, Gunn*

2nd half (800m - 1600m relay) 8 judge *Saratoga(2), Lyn, Frez, Home/L*

Qualifier Meet Results

Results must be submitted electronically to the CCS office and CCS meet director (Mark McConnell), using Meet Manager (the preferred program) or Excel by 9:00am on the Tuesday (May 15) following their league meet or qualification meet. No changes are allowed after the deadline.

Reminder: No alternates are allowed for the CCS Semis. Please scratch any athletes ASAP, preferably before leaving the Championship meet. Otherwise, notify the league reps. ASAP or no later than Sun. morning, May 13 so that alternates may be notified. Keep checking your emails during this time period.

12) League Meets

a) League Host DAL - Palo Alto
EC - Homestead

- b) Location
- d) Days and time
- d) Meet director
- e) Duties

Starter: Jim Springer (EC), John Wise (DA)
EC has requested a 2nd starter for Finals
Timing: Hank Lawson
Scoring: Hank Lawson
Head Field Judge (check field results):
Jury of Appeals (3 + 2 alt.):
Clerk of the Course:
Block Crew:

Events:

Hurdles -
Shot -
Discus -
LJ/TJ Boys - Saratoga
LJ/TJ Girls - Cupertino
HJ -

Chief Finish Line Judge:
Finish Line/Turn Judges:

g) League Entries are due April 27

13) Meeting adjourned