

Postseason 2018 SCVAL Track Meeting

Mon., May 21, 6pm FUHSD

1) All schools present except for Saratoga, Los Altos. Coaches present: Julie L'Heureux (SC), Ri-Chee Chou (H), Mark Shields (F), Bridget Hall (M), Paul Armstrong (C), Kirk Flatow (MV), Walt Van Zant (W), Michael Davidson (PA), Scott Ishizaki (Mt.V), Gunn Asst. Coach, Jake White (L), Bernie Ramos (L), John Rembao (LG), Curt Johansen (AD) and Brad Metheany (LC).

The league is charging schools \$100 fee for not showing up to meetings. All schools should send a rep. to the meetings.

2) League Reps. – Bridget Hall (M) – DA Rep., Julie L'Heureux (SC) – EC Rep.

3) League Championships

	De Anza League	El Camino League
VB	Los Gatos	Homestead
VG	Los Altos	Santa Clara
F/S	Lynbrook	Monta Vista
JVG	Lynbrook	Homestead

Certificates were handed out by the League Commissioner.

4) League Finals Evaluations

Host Schools - Palo Alto, Homestead/SC

A) Experienced Field Officials for the big meets

5) Past and Future League Meets

League Meet	Host School	Host School
	DeAnza	El Camino
Past		
Year	DAL	ECL
2009	Milpitas	Homestead/SC
2010	Palo Alto	Saratoga/SC
2011	Gunn	Santa Clara
2012	Los Altos	Fremont
2013	Lynbrook	Cupertino
2014	Gunn	Wilcox
2015	Mt. View/Lyn.	Monta Vista
2016	Los Gatos	Saratoga/Santa Clara
2017	Milpitas	Santa Clara
2018	Palo Alto	Homestead/SC
Future		
2019	Los Altos	Fremont
2020	Lynbrook	Cupertino
2021	Gunn	Wilcox
2022	Mt. View	Monta Vista
2023	Los Gatos Palo Alto	Saratoga
2024	Milpitas	Santa Clara Homestead

The new By-laws will list the future meet host. The meet host for 2023 and 2024 were changed so that Los Gatos and Santa Clara are not responsible for both the league meet and the SCVAL meet.

6) New Dates - League Meets – next year

A) El Camino – April 22 & 24, De Anza – April 23 & 25

B) AP Testing – Starts May 6 – no longer a factor for league meets

The El Camino would like to see if Mark McConnell can time the League Trials/Finals on April 23 & 25 so that our trials is not the first day back from spring break.

7) SCVAL Championship Meet Evaluation

Site: Santa Clara, Meet Director – Julie L’Heureux

A) The coaches would like padding on the fences in the long and triple jump area for SCVAL.

8) SCVAL Championship Meet – May 3, 2018

Site – Los Gatos

Co-Meet Directors – John Rembao, Julie L’Heureux

AP Testing - not a factor

9) League Realignment – see chart at end of minutes.

1st year – no realignment

10) League Schedules

A) Preliminary schedules must be approved by the BOM.

B) Note new calendar for CCS & State, League Schedule: the dates are listed as week of – No change of date forms needed. If you change the start time, you should fill out a Change of Time Form.

C) 2019 Preseason Meeting: Jan. 15, time 4pm, location SC

2019 Postseason Meeting date: Monday, May 13 at SC at 6pm

11) Honor Coaches

Requirements: 5 Years of Coaching

12) CCS Jobs

Finals

<u>Events</u>	<u>School</u>	<u>School</u>
400m relay - 110m HH	Mt. View	Gunn
400m - 300m IH	Los Altos	Wilcox
200m - 1600m relay	Homestead	Los Gatos
High Jump	Monta Vista (2-3 workers total) Head Official - SC/LG	

I need workers’ names for Mt. View, Gunn, Homestead, Los Gatos, Monta Vista (2) The following names will be sent to Steve Filios to be placed on the Officials list at CCS Finals: Scott I., Paul L. Rick Bloomquist and son.

13) CCS Meet Evaluations

A) Trials?, Finals – send to me. PattiSue was concerned about the quality of the warm up field. Also, the portions of the facility was in poor shape due to construction. The coaches would like to go back to SJCC.

B) Next year – AP testing on Finals Day – Field Athletes could be impacted
Computer Science A, Latin – afternoon sessions

14) By-Law Changes

A) Article VI, Section 6 – change start time for SCVAL Meet – field events 4:30pm, running stays at 5:30pm – keep it similar to CCS – Trials – 1 hour difference, Finals has 2 hour difference - Also lighting concerns at SC. Kirk (MV) proposed, it was seconded and approved 12-0.

B) Include somewhere – A pole vaulter may compete in 4 events at their Division meet, since the PV is not contested at the Division meet. If they qualify in all 4 events to SCVAL, they must scratch 1 event to enter the PV at SCVAL. Approved and added to the By-laws, Article III, Section 2.8.1.

C) Kirk Flatow proposed qualifying Article IV, Section 3.1 with the number of athletes (12) per school per division that may competed in the races from 400m and down. It was added to Section 3.1. It was seconded and approved 12-0.

D) Article IV, Section 3.1.2 was proposed by Bernie Ramos, seconded by Julie L'Heureux. For Tri and quad meets, the first 2 heats of an event would be used for scoring purposes. It was approved 12-0.

E) The order of the short hurdles was discussed. It was proposed that the girls' hurdles go first and then the boys' hurdles. It was seconded and approved.

15) Hank Lawson's timing service – If Hank's times your meets next year, you need to observe the following: if you have open pits, long jump should go first and close by the 800m, then triple jump. He likes to get the marks in for the long jumps during the 800m and 330H. Athletes need to know the order of events so they are at the starting line on time for their events. The meets should not take longer than 3.25 hours.

16) All Scrimmages should be held before your first league meet. If it is held after your first league dual meet, it will count towards the number of contests for the season.

17) Adjourned at 8:07pm.

2018-2019 SCVAL Track & Field De Anza League Realignment Points

SCHOOL	2018 Points*	2018 Place	2019 Points*	2019 Place	'18 +'19 Points	PLACE
Gunn	15.5	4	0	-	15.5	4
Los Altos	21.5	2	0	-	21.5	2
Los Gatos	15	5	0	-	15	5
Lynbrook	22	1	0	-	22	1
Milpitas	14.5	6	0	-	14.5	6
Mountain View	6.5	7	0	-	6.5	7
Palo Alto	17	3	0	-	17	3

* Sum of the Realignment Points of the 4 teams (VB,VG,FSB,JVG) for the respective year.

REALIGNMENT STANDINGS

PLACE	SCHOOL	POINTS
1	Lynbrook	22
2	Los Altos	21.5
3	Palo Alto	17
4	Gunn	15.5
5	Los Gatos	15
6	Milpitas	14.5
7	Mountain View	6.5

Last place DAL team relegates to ECL in 2020

VARSITY BOYS	2018							2019						
	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realignment Points	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realignment Points
Gunn	6	2	6	2	4	6	2	-	0	-	0	0	-	0
Los Altos	2	6	2	6	12	2	6	-	0	-	0	0	-	0
Los Gatos	1	7	1	7	14	1	7	-	0	-	0	0	-	0
Lynbrook	4	4	4	4	8	4	4	-	0	-	0	0	-	0
Milpitas	5	3	5	3	6	5	3	-	0	-	0	0	-	0
Mountain View	7	1	7	1	2	7	1	-	0	-	0	0	-	0
Palo Alto	3	5	3	5	10	3	5	-	0	-	0	0	-	0

VARSITY GIRLS	2018							2019						
	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realignment Points	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realignment Points
Gunn	5	3	4	4	7	5	3	-	0	-	0	0	-	0
Los Altos	1	7	1	7	14	1	7	-	0	-	0	0	-	0
Los Gatos	2	6	2	6	12	2	6	-	0	-	0	0	-	0
Lynbrook	3	5	5	3	8	4	4	-	0	-	0	0	-	0
Milpitas	6	2	6	2	4	6	2	-	0	-	0	0	-	0
Mountain View	7	1	7	1	2	7	1	-	0	-	0	0	-	0
Palo Alto	4	4	3	5	9	3	5	-	0	-	0	0	-	0

FROSH-SOPH BOYS	2018							2019						
	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realignment Points	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realignment Points
Gunn	2	6	5	3	9	3	4.5	-	0	-	0	0	-	0
Los Altos	3	5	2	6	11	2	6	-	0	-	0	0	-	0
Los Gatos	7	1	7	1	2	7	1	-	0	-	0	0	-	0
Lynbrook	1	7	1	7	14	1	7	-	0	-	0	0	-	0
Milpitas	4	4	3	5	9	3	4.5	-	0	-	0	0	-	0
Mountain View	6	2	6	2	4	6	2	-	0	-	0	0	-	0
Palo Alto	5	3	4	4	7	5	3	-	0	-	0	0	-	0

JV GIRLS	2018							2019						
	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realignment Points	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realignment Points
Gunn	2	6	2	6	12	2	6	-	0	-	0	0	-	0
Los Altos	5	3	6	2	5	5	2.5	-	0	-	0	0	-	0
Los Gatos	7	1	7	1	2	7	1	-	0	-	0	0	-	0
Lynbrook	1	7	1	7	14	1	7	-	0	-	0	0	-	0
Milpitas	3	5	3	5	10	3	5	-	0	-	0	0	-	0
Mountain View	6	2	5	3	5	5	2.5	-	0	-	0	0	-	0
Palo Alto	4	4	4	4	8	4	4	-	0	-	0	0	-	0

2018-2019 SCVAL Track & Field El Camino League Realignment Points

SCHOOL	2018 Points*	2018 Place	2019 Points*	2019 Place	'18 +'19 Points	PLACE
Cupertino	11	5	0	-	11	5
Fremont	11	5	0	-	11	5
Homestead	26	1	0	-	26	1
Monta Vista	16.5	3	0	-	16.5	3
Santa Clara	23	2	0	-	23	2
Saratoga	11	5	0	-	11	5
Wilcox	13.5	4	0	-	13.5	4

* Sum of the Realignment Points of the 4 teams (VB,VG,FSB,JVG) for the respective year.

REALIGNMENT STANDINGS

PLACE	SCHOOL	POINTS
1	Homestead	26
2	Santa Clara	23
3	Monta Vista	16.5
4	Wilcox	13.5
5	Cupertino	11
5	Fremont	11
5	Saratoga	11

1st place ECL team promotes to DAL in 2020

VARSITY BOYS	2018							2019						
	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realignment Points	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realignment Points
Cupertino	2	6	3	5	11	2	5.5	-	0	-	0	0	-	0
Fremont	7	1	6	2	3	6	1.5	-	0	-	0	0	-	0
Homestead	1	7	1	7	14	1	7	-	0	-	0	0	-	0
Monta Vista	6	2	7	1	3	6	1.5	-	0	-	0	0	-	0
Santa Clara	3	5	2	6	11	2	5.5	-	0	-	0	0	-	0
Saratoga	5	3	5	3	6	5	3	-	0	-	0	0	-	0
Wilcox	4	4	4	4	8	4	4	-	0	-	0	0	-	0
VARSITY GIRLS	2018							2019						
	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realignment Points	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realignment Points
Cupertino	5	2.5	4	4	6.5	5	3	-	0	-	0	0	-	0
Fremont	3	5	5	3	8	4	4	-	0	-	0	0	-	0
Homestead	2	6	3	5	11	2	6	-	0	-	0	0	-	0
Monta Vista	4	4	2	6	10	3	5	-	0	-	0	0	-	0
Santa Clara	1	7	1	7	14	1	7	-	0	-	0	0	-	0
Saratoga	5	2.5	6	2	4.5	6	2	-	0	-	0	0	-	0
Wilcox	7	1	7	1	2	7	1	-	0	-	0	0	-	0
FROSH-SOPH BOYS	2018							2019						
	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realignment Points	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realignment Points
Cupertino	7	1	6	2	3	7	1	-	0	-	0	0	-	0
Fremont	3	4.5	5	3	7.5	4	4	-	0	-	0	0	-	0
Homestead	2	6	2	6	12	2	6	-	0	-	0	0	-	0
Monta Vista	1	7	1	7	14	1	7	-	0	-	0	0	-	0
Santa Clara	3	4.5	3	5	9.5	3	5	-	0	-	0	0	-	0
Saratoga	5	2.5	7	1	3.5	6	2	-	0	-	0	0	-	0
Wilcox	5	2.5	4	4	6.5	5	3	-	0	-	0	0	-	0
JV GIRLS	2018							2019						
	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realignment Points	Dual Meet Place	Dual Meet Points	League Finals Place	League Finals Points	DM+LF Points	DM+LF Place	Realignment Points
Cupertino	7	1	6	2	3	6	1.5	-	0	-	0	0	-	0
Fremont	6	2	7	1	3	6	1.5	-	0	-	0	0	-	0
Homestead	1	7	1	7	14	1	7	-	0	-	0	0	-	0
Monta Vista	3	4	4	4	8	5	3	-	0	-	0	0	-	0
Santa Clara	3	4	2	5.5	9.5	2	5.5	-	0	-	0	0	-	0
Saratoga	2	6	5	3	9	4	4	-	0	-	0	0	-	0
Wilcox	3	4	2	5.5	9.5	2	5.5	-	0	-	0	0	-	0