

VAL Track & Field League Finals 2018

Schedule & Order of Events

Start time: 3:00pm

Tuesday, May 15th

(No Coaches Meeting. If you have questions, ask Jeff Harter)

Field Events:

Boy's Shot Put	6 th 3:00-4:00 / 7 th 4:00-5:00 / 8 th 5:00-6:00
Boy's Discus	7 th 3:00-4:00 / 8 th 4:00-5:00 / 6 th 5:00-6:00
Girl's Long Jump	7 th 3:00-4:00 / 8 th 4:00-5:00 / 6 th 5:00-6:00
Girl's Triple Jump	6 th 3:00-4:00 / 7 th 4:00-5:00 / 8 th 5:00-6:00
Boy's High Jump	HJ #1 6 th /7 th HJ #2 8 th

Running Events:

65m Hurdle Trials	6G / 7G / 8G / 6B / 7B / 8B	3:00-3:45
100m Trials	6G / 7G / 8G / 6B / 7B / 8B	3:45-4:30
1600m Run Final	6G / 7G / 8G / 6B / 7B / 8B	4:30-5:15

Wednesday, May 16th

Field Events:

Girl's Shot Put	6 th 3:00-4:00 / 7 th 4:00-5:00 / 8 th 5:00-6:00
Girl's Discus	7 th 3:00-4:00 / 8 th 4:00-5:00 / 6 th 5:00-6:00
Boy's Long Jump	7 th 3:00-4:00 / 8 th 4:00-5:00 / 6 th 5:00-6:00
Boy's Triple Jump	6 th 3:00-4:00 / 7 th 4:00-5:00 / 8 th 5:00-6:00
Girl's High Jump	HJ #1 6/7 th HJ #2 8 th

Running Events:

65m Hurdle Final	6G / 7G / 8G / 6B / 7B / 8B	3:00-3:30
400m Relay Final	6G / 7G / 8G / 6B / 7B / 8B	3:30-4:00
800m Run Final	6G / 7G / 8G / 6B / 7B / 8B	4:00-4:30
100m Final	6G / 7G / 8G / 6B / 7B / 8B	4:30-5:00
1600m Relay Final	6G / 7G / 8G / 6B / 7B / 8B	5:00-5:30