

**30<sup>th</sup> Annual Bill Kearney Invitational**  
**Hosted by Salinas High Track & Field**  
**Hartnell College**  
**April 13, 2019**

- Host:** Salinas High Track & Field
- Contact:** Roger Chagnon, Meet Director  
(831) 261-0780 cell; (831) 770-0919 home; [chagnon@ultimanet.com](mailto:chagnon@ultimanet.com)
- Location:** Hartnell College, Salinas, California
- Facilities:** Nine lane all-weather track and runways. Spikes, 1/4 inch or less, are allowed on the track and runways. All shoes will be checked at the clerk of the course at the time of checking in.
- Time:** Field events will start at **9:00 a.m.** Track events will start at **10:15 a.m.** See attached schedule. **All track events are straight finals.**
- Entries:**
1. Entries shall be completed at <http://www.athletic.net> and must be received by **Tuesday April 9, 2019 at 11:59 p.m.**
  2. Entries:
    - Track events: **3** athletes per division.
    - Field events: **2** athletes per division.
  3. A name, time / distance mark **MUST** accompany each entry. **2019 marks only.**
  4. **NO ADDITIONS** will be accepted after the deadline and **NO ADDITIONS, WILL BE MADE ON MEET DAY!**  
**On meet day, substitutions will only be made up to 8:30 a.m. for field events and 9:30 a.m. for running events. Once the meet starts, no substitutions will be allowed.**
- Fees:** Entry fees are as follows: \$4.00 per entry (per individual event) and \$10.00 per relay team. **MAXIMUM \$400 PER SCHOOL.** Schools will be charged for the number of **ORIGINAL** entries received. *No refunds will be made for no shows! Entry fees must be paid by the day of the meet or school purchase order must be presented.*
- Please make checks payable to **Salinas High Track & Field**
- Check-in:** **\*IMPORTANT\*** For all track events, athletes must check in at the clerk's table by guidelines established in the attached Check-in Procedures. Runners will be scratched if they have not checked in by the time the check-in sheet leaves the clerk's table. Coaches, please make sure your athletes understand that it is their responsibility to check into an event. **See attached check-in procedures.**
- Field event athletes will check in at the event location prior the start.
- Admission:** Spectator admission will be charged. Adults: \$5, children \$3.
- Warm-up:** All warm-up will be conducted outside the track area. **No warm up allowed on the track or infield.**
- Awards:** Medals will be awarded for 1<sup>st</sup> thru 5<sup>th</sup> place in each event for all four divisions.
- T-shirts:** A limited supply of T-shirts will be available on meet day.
- Weights:** All throwing implements must be weighed prior to competition. A weighing station will be set up near the shot put ring.
- Coaches Meeting** A meeting will be held prior to the start of the track events (approx. 9:15 a.m.).

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**CHECK-IN PROCEDURES**

**Check-in Procedures – Field Events**

All field events will check in at the event site (boys long/ triple jump will be on the outside pit, girls on the infield pit)

Opening Heights and Progressions

**High Jump**

F/S Girls: 3'-10", 4'-1", 4'-4", 4'-6", 4'-8", etc

Var Girls: 4'-0", 4'-3", 4'-6", 4'-8", 4'-10", etc

F/S Boys: 4'-8", 4'-11", 5'-2", 5'-4", 5'-6", etc

Var Boys: 5'-0", 5'-3", 5'-6", 5'-8", 5'-10", etc

**Pole Vault**

F/S Girls: 6'-0", 6'-6", 7'-0", 7'-6", 8'-0", etc

Var Girls: 7'-0", 7'-6", 8'-0", 8'-6", 9'-0", etc

F/S Boys: 7'-6", 8'-0", 8'-6", 9'-0", 9'-6", etc

Var Boys: 9'-0", 9'-6", 10'-0", 10'-6", 11'-0", etc

**Check-in Procedures – Running Events:**

The clerk of the course will be located behind the start of the 100 meters. It is important that your athletes check in early, especially in the lane races. Lane assignments will not be given until prior to the start of the race. The check-in sheets will be pulled at the times designated below. If an athlete has not checked in by the time the sheets are pulled, then they will be dropped from the event, **NO EXCEPTIONS**. Races will then be seeded.

The following procedures will take place for check-in:

- All athletes in the **Frosh/Soph 3200 meters** must be checked in by 9:40 a.m.
- All **4x100 relay teams** must be checked in by end of the F/S Girls 3200.
- All athletes in the **1600 meters** must be checked in by the end of the F/S Boys 3200.
- All athletes in the **High Hurdles** must be checked in by the end of the V Boys 4x100.
- All athletes in the **400 meters** must be checked in by the end of the F/S Boys 1600.
- All athletes in the **100 meters** must be checked in by the end of the F/S Boys 400.
- All athletes in the **800 meters** must be checked in by the start of the F/S Girls 100.
- All athletes in the **300 hurdles** must be checked in by the end of the F/S Girls 800.
- All athletes in the **200 meters** must be checked in by the end of the V Girls 300 hurdles.
- athletes in the **Varsity 3200 meters** must be checked in by the start of the F/S Boys 200.
- All **4x400 relay teams** must be checked in by the start of the Varsity 3200.

If an athlete is not checked in by the time the check-in sheet is pulled, they will be **scratched** from that event. We want to ensure that the middle lanes are filled in the trials so that the fastest people will have the best chance to qualify to the finals. We also want to make sure the fast heats in the finals are as full as possible. We strongly suggest that once the F/S 3200 meters has begun, that you tell your athletes to check in to their other running events.

***\*\*Meet Management will not allow an athlete into the race once the sheets have been pulled from the check-in table and the race has been seeded.\*\****

# 2019 Bill Kearney Invitational

## Salinas High Track Field

### Order of Events

#### 10:15 A.M. - TRACK

##### 3200 Meters

F/S Girls, F/S Boys

##### 4x100 Meter Relay (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

##### 1600 Meters (Fast - Slow)

V Girls, V Boys, F/S Girls, F/S Boys

##### 100 / 110 / 65 Meter Hurdles (Fast - Slow)

F/S Girls, V Girls, V Boys, F/S Boys

##### 400 Meters (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

##### 100 Meters (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

##### 800 Meters (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

##### 300 Meter Hurdles (Fast - Slow)

F/S Girls, V Girls, F/S Boys, V Boys

##### 200 Meters (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

##### 3200 Meters

V Girls, V Boys

##### 4x400 Meter Relay (Fast - Slow)

F/S Girls, F/S Boys, V Girls, V Boys

#### FIELD

##### 9:00 A.M. Group 1

**Discus (3 attempts only)** F/S Girls

**Shot Put** V Girls

**Long Jump** V Boys

**Triple Jump** V Girls

**High Jump** F/S Boys

**Pole Vault** F/S Girls

##### *Immediately Following Group 1*

##### Group 2

**Shot Put** V Boys

**Discus (3 attempts only)** F/S Boys

**Long Jump (3 attempts only)** F/S Girls

**Triple Jump (3 attempts only)** F/S Boys

**High Jump** V Boys

**Pole Vault** V Girls

##### *Immediately Following Group 2*

##### Group 3

**Shot Put (3 attempts only)** F/S Boys

**Discus** V Girls

**Long Jump** V Girls

**Triple Jump** V Boys

**High Jump** V Girls

**Pole Vault** V Boys

##### *Immediately Following Group 3*

##### Group 4

**Shot Put (3 attempts only)** F/S Girls

**Discus** V Boys

**Long Jump (3 attempts only)** F/S Boys

**Triple Jump (3 attempts only)** F/S Girls

**High Jump** F/S Girls

**Pole Vault** F/S Boys