

**CENTRAL COAST SECTION
2019
Track Field At-large Standards**

<u>Boys</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	<u>Avg.</u>	<u>2019</u>						
100	11.22	11.07	11.04	11.110	11.11						
200	22.74	22.79	22.47	22.667	22.67						
400	50.5	50.69	50.44	50.543	50.55						
800	01:58.71	01:59.12	1:58.48	01:58.915	1:58.92						
1600	04:25.00	04:22.35	04:19.21	04:22.187	4:22.19						
3200	09:34.56	09:49.35	09:32.72	09:38.877	9:38.88						
110HH	15.36	15.54	15.52	15.473	15.48						
300IH	40.19	40.99	40.35	40.510	40.51						
400R	43.65	43.26	43.33	43.413	43.42						
1600R	3:26.81	3:27.55	3:27.50	03:27.287	3:27.29						
						<u>2016 in inches</u>	<u>2017 in inches</u>	<u>2018 in inches</u>	<u>avg in inches</u>	<u>avg in feet</u>	<u>avg in ft/in</u>
LJ	21'01.75	21'00.25	21'01.75	<i>see right</i>	21'1	253.75	252.25	253.75	253.250	21.10417	21'1
TJ	43'05	43'07.25	42'10.50	<i>see right</i>	43'3	521	523.25	514.5	519.583	43.29861	43'3
HJ	6'1	5'11	6'0	<i>see right</i>	6'0	73	71	72	72.000	6	6'0
PV	12'6	13'0	12'6	<i>see right</i>	12'8	150	156	150	152.000	12.66667	12'8
Shot	48'7	50'3	49'07	<i>see right</i>	49'5	583	603	595	593.667	49.47222	49'5
Disc	146'02	141'0	139'10	<i>see right</i>	142'4	1754	1692	1678	1708.000	142.3333	142'4

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<u>Girls</u>	<u>2016</u>	<u>2017</u>	<u>2018</u>	<u>Avg.</u>	<u>2019</u>						
100	12.71	12.44	12.45	12.53333333	12.54						
200	25.95	25.64	25.64	25.74333333	25.75						
400	58.46	59.14	60.24	59.28	59.28						
800	02:19.51	2:19.75	2:18.96	02:19.407	02:19.00						
1600	05:08.06	05:08.73	05:08.18	05:08.323	05:08.33						
3200	11:13.24	11:48.48	11:20.87	11:27.530	11:27.53						
100HH	15.79	15.7	16	15.83	15.83						
300LH	47.59	46.96	46.55	47.03333333	47.04						
400R	49.71	49.65	49.44	49.6	49.60						
1600R	04:06.27	04:04.80	04:06.58	04:05.883	04:05.89						
						<u>2016 in inches</u>	<u>2017 in inches</u>	<u>2018 in inches</u>	<u>avg in inches</u>	<u>avg in feet</u>	<u>avg in ft/in</u>
LJ	17'5	17'3	16'9	<i>see right</i>	17'1	209	207	201	205.667	17.13889	17'1
TJ	35'3	36'9	36'11	<i>see right</i>	36'3	423	441	443	435.667	36.30556	36'3
HJ	5'2	5'2	5'0	<i>see right</i>	5'1	62	62	60	61.333	5.111111	5'1
PV	11'6	10'6	10'0	<i>see right</i>	10'8	138	126	120	128.000	10.66667	10'8
Shot	38'03	36'07	36'08	<i>see right</i>	37'2	459	439	440	446.000	37.16667	37'2
Disc	117'02	114'03	110'9	<i>see right</i>	114'0	1406	1371	1329	1368.667	114.0556	114'0