

## **Schedules**

### **Trials Schedule – Tuesday, April 23rd**

2:30 pm – Coaches' Scratch meeting

3 pm – Trials begin

ROLLING SCHEDULE

Running Events:

100 HH – VG, JVG

110 HH – VB

65 HH – FSB

400 M – VG, VB, JVG, FSB

100 M – VG, VB, JVG, FSB

3200 M – JVG (Final)

300 IH – VG, JVG, VB, FSB

3200 M – FSB (Final)

200 M – VG, VB, JVG, FSB

Field Events (All are final) (4 attempts only, except HJ):

3:00 pm – FSB HJ, FSB DT, JVG LJ, FSB LJ, JVG SP

5:00 pm – JVG HJ, JVG DT, FSB TJ, JVG TJ, FSB SP

### **Finals Schedule – Thursday April 25th**

**2:30 pm** – Coaches' Scratch Meeting. Bring alternates; alternates will be inserted into lanes.

**If we get ahead of schedule we will not run more than 10 minutes early**

3:30 pm – 4x100 MR – VG, VB, JVG, FSB

3:50pm – 1600 M – VG, VB, JVG, FSB

4:30 pm – 100 HH – VG, JVG

4:40 pm – 110 HH – VB

4:45 pm – 65 HH – FSB

4:55 pm – 400 M – VG, VB, JVG, FSB

5:15 pm – 100 M – VG, VB, JVG, FSB

5:35 pm – 800 M – VG, VB, JVG, FSB

6:00 pm – 300 IH – VG, JVG, VB, FSB

6:20 pm – 200 M – VG, VB, JVG, FSB

6:40 pm – 3200 M – VG, VB

7:10 pm – 4x400 MR – JVG, FSB, VG, VB

**Field Events (LJ, TJ, SP, DT, 3 attempts, then top 8 have 3 more attempts):**

3:00 pm: VB LJ, VB HJ, VB DT, VG SP, VG LJ

5:00 pm: VG HJ, VG TJ, VG DT, VB SP, VB TJ