

Remember, League Entries are due Friday, April 19th by 10:00pm in Athletic.Net

- Meet schedule and duties listed below

Meet Duties & information

El Camino Division Meet

- a) **League Host** - Fremont
- b) **Location** - Fremont High School, Sunnyvale CA
- c) **Days and times:** Wed, April 24th, Fri April 26th
 - Field events 3pm, running 3:30pm
 - Wednesday:
 - FS Field Event finals and FS 3200m finals
 - Prelims: 400m, 300mH, 200m, 110m/100m Hurdles, 100m

d) **Meet director:** Mark Shields

e) **Duties**

Starter: Jim Manha (both days)
Timing: Hank Lawson
Scoring: Hank Lawson
Head Field Judge (check field results): Julie
Jury of Appeals (3 + 2 alt.): Kirk, Archie, Paul, Kenrick
Clerk of the Course: Jeff Rohrer
Block Crew: Monta Vista

Events:

Hurdles - Fremont
Shot - Saratoga (Fremont has scales)
Discus - Homestead (Fremont has scales)
LJ/TJ Boys - Santa Clara
LJ/TJ Girls - Cupertino
HJ - Wilcox

Chief Finish Line Judge: Monta Vista

Finish Line/Turn Judges: Every school accept meet host

- 2 per turn on 4x1's (please ensure judge knows relay zone/exchange rules)
 - Zone-1, Cupertino/Homestead
 - Zone-2, Monta Vista/Santa Clara
 - Zone-3, Saratoga/Wilcox
- 2-judges per zone 1600m-through-4x400mR (please plan to ensure judges know minimum cut-in rules, lane-line step rules, hurdle-leg and hurdle contact rules).

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g) At-large sent to Meet Director, Mark Shields
(Sylvmarks@yahoo.com)

SCHEDULE OF EVENTS

Wednesday, April 24th, Coaches scratch meeting, 2:15

- Rolling Schedule, **3:30pm** Trials begin
 - 100 HH VG, JVG

- 110 HH VB
 - 65 HH FSB
 - 400M VG, VB, JVG, FSB
 - 100M VG, VB, JVG, FSB
 - 3200M JVG (Final)
 - 300 IH VG, JVG, VB, FSB
 - 3200M FSB (Final)
 - 200M VG, VB, JVG, FSB
- Field Events (Finals) (4 attempts for throws, horizontal jumps)
 - **Weigh in** – 2:30pm-2:45pm, 3:45-4:00pm
 - **3:00pm:** FSB HJ, FSB DT, JVG LJ, FSB LJ, JVG SP
 - **4:15pm:** JVG HJ, JVG DT, FSB TJ, JVG TJ, FSB SP

Friday, April 26th, 2:15pm Coaches scratch meeting

- Preliminary Schedule – may update after entries are received
 - 3:30pm 4x100M VG, VB, JVG, FSB
 - 3:45pm 1600M VG, VB, JVG, FSB
 - 4:20pm 100HH VG, 100HH JVG, 110 HH VB, 65 HH FSB
 - 4:35pm 400M VG, VB, JVG, FSB
 - 4:50pm 100M VG, VB, JVG, FSB
 - 5:05pm 800M VG, VB, JVG, FSB
 - 5:40pm 300 IH VG, JVG, VB, FSB
 - 5:55pm 200M VG, VB, JVG, FSB
 - 6:10pm 3200M VG, VB
 - 6:40pm 4x400M JVG, FSB, VG, VB
- Field Events (LJ, TJ, SP, DT, 3 attempts, then top eight 3 more attempts)
 - **Weigh in** – 2:15-2:30pm, 4:15-4:30pm
 - **3:00pm** VB HJ, VG LJ, VB DT, VG SP, VB LJ
 - **5:00pm** VG HJ, VB TJ, VG DT, VB SP, VG TJ

